

## Local Food Bank support recognized

As King Township Food Bank enters its 10th year of helping others make ends meet, we celebrate the significant community support that allows us continued existence, while we are dismayed that in this land of plenty so many cannot rely on having enough food to nourish themselves and their families.

We are thankful that so many contact us, and worry that there are many out there who do not. If only they would call 905-806-1125 or email ([ktfoodbank@gmail.com](mailto:ktfoodbank@gmail.com)) so we could work on removing the barriers to their receiving the much needed food. Email is a very confidential way to communicate, and we even work through a third party to ensure an even higher level of confidentiality. Our website [www.kingtowshipfoodbank.ca](http://www.kingtowshipfoodbank.ca) is always open.

We give thanks for the generosity of individuals who include a donation to the Food Bank in their personal budgets.

We give thanks for individuals and families who decide that the best Christmas, birthday or anniversary gift they could receive is a gift to the Food Bank in their name.

We celebrate the spirit of the churches and their congregations that consider the Food Bank part of their community outreach activities, incorporating donations either monthly or by the intentional holding of an event.

We celebrate the Lions, St. Vincent de Paul, Rotary Club, Knights of Columbus, and firefighter associations that have incorporated donations to the Food Bank as part of their mandate to serve the community and the world around us.

We salute the businesses that make room for the Food Bank in their budget in spite of the bottom line pressure that comes from rising costs and increasing competition.

And today we offer a special tip of the hat to the King Weekly Sentinel, whose generosity in making room for monthly announcements, feature articles, and pictures of Food Bank activities knows no bounds, and whose willingness to make advertising space available (for us to say thank you to everyone else) a matter of never saying no!

**Carol Ann Trabert**