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Open houses coming to King City, Nobleton

King Township is hosting a pair of in-person Community Open Houses on the Doctors Lane and Old King Road Neighbourhood Plans to seek input from the community on the draft plans.

These open houses are the opportunity for residents and other stakeholders to engage directly with the project team, see how the study has evolved and to offer input on the draft concepts that will shape the future of the Study Areas. Public participation is crucial in ensuring that these plans reflect the vibrant, sustainable growth that King Township envisions for these key areas.

Through the open houses the community will have the ability to come together to provide input and feedback on the draft conceptual Neighbourhood Plans that have been prepared for each Study Area based on what the project team heard at the past engagement sessions. The Open Houses will include:

- A presentation to introduce the draft Neighbourhood Plans.
- A chance to review the Storymap that provides a breakdown of the Neighbourhood Plans.
- Engagement activities to seek additional feedback on

land uses and community priorities.

An online web map, to provide an opportunity to pin comments to specific locations in the Study Areas.

These Neighbourhood Plans are vital to the future of these priority areas, focusing on sustainable growth and the enhancement of essential community amenities. They will guide the development and redevelopment of these areas, including the integration of cultural heritage resources and new land uses.

The Doctors Lane Neighbourhood Open House will be held Tuesday, Sept. 10 between 6 and 8 p.m. with a presentation at 6:30 p.m. It takes place at Laskay Hall on King Road.

The Old King Road Neighbourhood Open House takes place Thursday, Sept. 12 in the Arena Hall at Dr. William Laceyby Nobleton Community Centre & Arena, 15 Old King Road, Nobleton. It also runs 6-8 p.m. with a presentation at 6:30.

Presentation materials and an online interactive mapping activity will be available after the open houses for anyone unable to attend in person. To stay informed, visit the Project Page on SpeaKING, or contact the project team at policyplanning@king.ca.

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Making life better in King

Upcoming Meetings



COUNCIL MEETINGS
Monday, September 9
6 p.m. - Council

Monday, September 23
6 p.m. - Council

In-person at the King Township Municipal Centre and live streamed at king.ca/meetings

COMMITTEES AND BOARDS
Tuesday, September 10
11 a.m. - Accessibility Advisory Committee

View full Council and Committee agendas at king.ca/meetings



Kingtoberfest

Cold Creek Conservation Area
 Saturday, October 19 at 5-10:30pm

Calling all local chefs, beverage makers and restaurants!

Apply to be a vendor by September 10

Presented by **ZANCOR HOMES**

king.ca/kingtoberfest

Watch. Snap. Win. Calling all nature photographers (and birders)!

Email your photos to environment@king.ca for a chance to win 1 of 3 bird-friendly prizes courtesy of Re/Max Experts The Diener Team.

The **King Bird Team** will select their top five favourite photos and then the top 3 photos will be voted on by the residents of King.

One photo per entrant and entrants must be a resident of King Township. Open to any age.

Deadline: The contest runs now through September 22.

Winners will be announced on **October 12** (world migratory bird day!).

For more information, visit king.ca/BirdFriendlyCity



Growth Management & Employment Lands Strategies

Have your say! The future of King's Population Growth Management and Employment Land Strategies will be on the table at a Public Open House on **Monday, Sept. 16**. Running from 6-8 p.m., with a presentation starting at 6:30 p.m., the Open House will be held in Council Chambers at the King Township Municipal Centre.

This is your chance to learn about:

- King's growth context and local trends
- Population, housing and employment forecasts to 2051
- Employment and community land needs through 2051

These strategies are vital for shaping our future and will play a key role in the Township's Official Plan Review.

For details, visit King Township's Official Plan Review at speaking.king.ca.

Public Notice

A licensed pesticide applicator will be applying pesticide HABITAT AQUA (PCP No. 32374, Ontario Class B) registered under the Pest Control Products Act (Canada) to control the invasive plant, Phragmites. The pesticide application will take place along Dr. Kay and Cooper Drive in Schomberg.

Pesticide application is scheduled to begin the week of **September 9, 2024 and end prior to September 27, 2024**. The commencement date is approximate and weather permitting.

Questions can be emailed to environmentalstewardship@king.ca

SLOW DOWN!

Safe Streets Start Here




king.ca/SafeStreets


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View job postings at king.ca/employment



 policyplanning@king.ca

 speaking.king.ca/neighbourhoodplans

Doctors Lane & Old King Road Neighbourhood Plans

Upcoming Community Open Houses

Drop-in to engage with the project team, learn about the project, and contribute towards the future of your community.

 **Doctors Lane Open House**
 Tuesday, September 10
 Drop-in between 6 p.m. and 8 p.m.
 Presentation at 6:30 p.m.
 Laskay Community Hall
 2920 King Road, King City

 **Old King Road Open House**
 Thursday, September 12
 Drop-in between 6 p.m. and 8 p.m.
 Presentation at 6:30 p.m.
 Dr. William Lacey Nobleton Community Centre & Arena
 15 Old King Road, Nobleton

Police report increase in violent crime in York Region

While York Region remains one of the safest communities in Canada, the region is experiencing an increase in violent crime in 2024. York Regional Police is reassuring residents that we are responding to the community's concerns by taking action and working closely with our neighbouring police services and national partner agencies to fight these crimes.

As of Aug. 27, the region has experienced an increase in violent crime including:

- A 92 per cent annual increase in gun crime from August 2023.
- A 106 per cent increase in carjackings from August 2023.

The spike in gun violence can be attributed to organized crime groups, which are responsible for the nationwide increases in auto thefts since 2020. The ongoing conflicts within the tow truck industry have also led to an increase in gun violence and arson, as some groups have used these tactics as a means of threatening and intimidating their business rivals.

Access to illegal firearms also remains a major concern for York Regional Police. The organization is advocating the government for bail reform and stricter sentencing for firearms offences.

"This trend in violent gun crime is a major concern. My top priority is to

invest as many resources as we have available to us to combat this trend, to ensure the residents of York Region are not only kept safe, but they also feel safe," said Chief Jim MacSween.

While violent gun crime remains an ongoing concern, auto thefts have declined by approximately 33 per cent in 2024. This is a result of the many large-scale initiatives that York Regional Police has managed within the region. York Regional Police has also taken a leading role in multiple joint-task force operations conducted throughout the country to combat auto theft.

Next month, York Regional Police will be launching two major operational initiatives. A dedicated carjacking unit is being formed to focus on the investigation into carjackings. York Regional Police will also be launching a wide-scale auto theft prevention campaign, Autoguard 2.0, outlining the steps community members can take to protect their vehicles.

Additionally, residents can expect to see more officers throughout the region, as the police service has deployed increased patrols.

2024 YTD Homicides

During the last two months, there have been a number of highly publicized homicides in the region. As of Aug. 27 there have been 15 homicides in York Region, with five taking place since July 25.

The majority of this year's homicide cases were targeted and arrests were made within a week of the occurrence. Despite this, York Regional Police recognizes this trend is frightening and may jeopardize the community's feeling of safety and well-being. 2024 YTD Hate Crime Trends

In 2024, hate crimes also rose by four per cent year over year.

The growing levels of hate crime and

hate-motivated incidents continue to be an area of concern to police.

York Regional Police would like to remind the community that the diversity within the region is what makes it a desirable place to live.

"Our members have been in regular, ongoing contact with faith leaders and members of all of our community groups.

"I am asking people across the region to work with police to ensure our community remains one of the safest in the country," said Chief MacSween.

"These are simple, everyday actions to be an ambassador for your community. Pay attention to your surroundings, chat with your neighbours and if you see something out of the ordinary, don't hesitate to report it to York Regional Police immediately."

"Shootings are up 92%, and carjackings are up 106% this year alone as violent criminals are let out of jail thanks to nine years of Justin Trudeau's catch-and-release policies," said King-Vaughan MP Anna Roberts. "Common sense Conservatives will stop the crime and bring home safe streets by replacing Justin Trudeau's reckless policies with jail and not bail for repeat violent offenders."

Anyone with information is asked to contact York Regional Police at 1-866-876-5423, or call Crime Stoppers at 1-800-222-8477 (TIPS), or leave an anonymous tip online at www.1800222tips.com.

They encourage residents to visit the York Regional Police Community Safety Data Portal to keep up-to-date on crime statistics and trends. Detailed crime prevention strategies and information regarding current incidents can be found at yrp.ca. Anyone with concerns about incidents in their area is encouraged to contact their local police district to learn about the crime prevention and enforcement programs currently taking place.

Month-long awareness efforts in King focus on pedestrians, cyclists, impaired and speeding

King Township is revving up for its "Safe Streets Start Here" traffic safety campaign, kicking off today with a four-week drive to make King's roads safer.

Each week in September, a critical safety issue will be spotlighted, from pedestrian awareness and bike safety to tackling impaired and distracted driving and curbing speeding. The campaign was strategically launched to align with the return of children to school, emphasizing the increased need for safety on busier roads and sidewalks. This initiative will be an annual, month-long campaign in support of Complete Communities, a priority area of King Township's Corporate Strategic Plan, with the objective to enrich community well-being and make King the ideal place to live, work and play.

A website featuring information, resources and traffic safety tips has been created at king.ca/SafeStreets.

The community is encouraged to participate in the campaign to help spread key messages around road safety awareness. There are several ways to do this, including:

Follow @kingtownship on the official corporate social media channels on X, Facebook and Instagram to like, comment and share photo and video content. Followers are invited to tag @kingtownship on their own road safety awareness posts using the hashtag #SafeStreets; and the Township will consider sharing content if deemed appropriate.

Lawn signs: Pick up a free "Safe Streets Start Here" lawn sign to install on your property throughout September, which will serve as a visual reminder to drive, walk and bike safely through local neighbourhoods. Signs are available at the King Township Municipal Centre, all three library branches in King City, Nobleton and Schomberg and the Trisan Centre in Schomberg, while quantities last.

Art exhibit: Stop by the King Township Municipal Centre (Monday to Friday, from 8:30a.m. to 4:30 p.m.) to view a road safety art installation created by King's summer campers.

Weekly themes of the Safe Streets Start Here campaign are as follows:

Week 1: Pedestrian Safety. The key message is pedestrian safety and a two-way street for drivers and walkers.

In 2023, York Region recorded 298 pedestrian collisions, with 94% resulting in injuries or fatalities. This week, we emphasize the importance of vigilance and visibility. Key tips include staying alert while crossing streets, avoiding distractions like phone use and being aware of crosswalks and train crossings.

Week 2: Bike Safety. Pedal with purpose: our shared journey to safety.

Cyclists are particularly vulnerable on our roads. Statistics show that over 80% of cyclist collisions result in injuries or fatalities, especially at intersections. Motorists are advised to give cyclists ample space, be patient, and watch for lateral movement. Cyclists should ride close to the right side, use lights, and be prepared to stop at intersections.

Week 3: Impaired and Distracted Driving. Drive safe and don't risk it.

Impaired driving continues to be a significant issue, with 1,885 traffic offences recorded in 2023. This week's focus will address the dangers of texting, driving under the influence, and driving while fatigued. We encourage all drivers to stay focused and avoid distractions to ensure safer roads.

Week 4: Speeding. Life is not a race, it's worth more than time.

Speeding remains a top traffic violation, with over 18,000 speeding charges issued in York Region last year. This final week will highlight the severe consequences of speeding, including its role in approximately 30% of fatal collisions over the past two years. Emphasis will be placed on the importance of adhering to speed limits, especially in construction zones.

In collaboration with York Regional Police, King Township will host a radar speed enforcement event this week to further support the campaign's goals.

For more information on the "Safe Streets Start Here" campaign, visit king.ca/SafeStreets.

"The Safe Streets Starts Here campaign is more than just an initiative - it's a commitment to protecting our community. By focusing on key traffic safety issues each week, we aim to foster a culture of awareness and responsibility on our roads. Together with York Regional Police, we are working to make our streets safer for everyone," said Mayor Steve Pellegrini.

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Editorial, Letters & Opinion

"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."

- Michael Connelly

Paperwork, protocols accompany treatment

It's funny how human beings have the ability to cut to the chase, and look at the very nuts and bolts of things.

We are emotional, spontaneous, spiritual creatures, and yet so much in our lives is cut and dried, and revolves around straightforward forms, documents, calls and emails.

In our world of connectivity, I've also become accustomed to many online forms, Docusign, PDF fillable pages, consent forms, the list goes on.

Yes, it's all very convenient and time-saving, but all so cold.

I'm half-way through my chemo treatment at Southlake and between referrals, appointments and drug authorizations, I've been inundated with pages and pages of forms to fill. Yes, it's all necessary and I suppose it makes things much easier than in-person visits and driving all over southern Ontario.

That's the gift technology has given us.

I'm astonished that forms actually exist for unique and individual applications. I suppose I'm by no means alone in all of this, and there are countless souls going through the same.

And dealing with insurance companies, patient support agencies, and pharmacies is all part of the process.

And yet, I don't think all of the burden should be placed on the patient, who's often not at their best, and can't really handle such added stress.

Being on hold, especially when the call is regarding important medication, is also frustrating. "Your call is important to us ..." Or maybe it isn't, judging by the run-around and choice of musak.

Going for treatment, especially cancer treatment, should be fairly simple, orderly, efficient.

Sure, today's technology affords us



Mark Pavilons

"patient portals" that contain all of our records, appointments and reminders. Great if you are tech savvy, but I can't help but think of the seniors (who make up a large portion of cancer patients) who may not be able to access and understand the information.

Also, getting test and bloodwork results are also great, if you're versed in bio-chemistry and understand what the numbers mean.

Once, when I received some test results, I went on Google to decipher what they meant, and I went down a very depressing and misleading rabbit hole. Not useful at all - the opposite in fact.

That's why I always left such things to my physicians, and in-person consultations.

I had a bit of a not-so-merry-go-round with one of my medications. It seems

the cancer centre's protocol is to issue a prescription the day I see the physician, often two days prior to my chemo treatment. Alas, that turned out to be too short notice for Shoppers Specialty Pharmacy to process it, get it to a courier and shipped to my house. Once it was two days late. In my case, this wasn't life-saving medication, but it was part of my treatment routine. I can't see why, after all the mounds of paperwork and approvals, this can't be done more efficiently.

Then it dawned on me. The pharmacy wants the prescription so it can get paid (even though the insurance company said it was covered for an extended period). And the courier wants payment, too. Why no one trusts one another, or can't do a regular run on good faith, is beyond me. OMG in the "good, old days," pharmacists would front you the pills and go out of their way to help.

Again, what if you're a senior who can't wait for important meds, and don't know who to call or email when the chips are down? I harassed everyone on my list of contacts for two days, and while they all received my pointed messages, the end result was the same.

Just when my faith in the medical and pharmaceutical systems rose, it fell again.

From physicians, cancer centres, hospital administrators, patient support services and drug suppliers, the system is multi-pronged. It's great when all these moving parts come together and work in harmony. It's disappointing (to say the least) when something, somewhere breaks down.

And there are few apologies, only the standard "we'll look into it" response. If you're at the top of the managerial food chain, shouldn't you know the reason?

I'm just a lowly journalist and newspaper editor and when someone calls me with a question that I don't know the answer to, I get it, often within the hour.

And I'm not in the business of saving lives.

There are, of course, upsides to the modern medical network.

I am still being monitored by physicians at Princess Margaret, who share info with staff at Southlake. How cool is that?

While there have been glitches and calls and emails, this networking, boosted by technology is just amazing. There are times when I feel a "village" is actually taking interest in little, old me.

Staff at Southlake always respond to my concerns and work hard to solve my issues. I am impressed with their dedication.

The care at the Cancer Centre is also top-notch, and runs like a Swiss watch.

The nurses, nurse practitioners and doctors are well versed and up to speed on the latest developments in care.

You really can't ask for more.

I can't remember just how many times I repeated my name and date of birth in the past year or so.

I'm confident new systems and technology will make everything from treatment, scheduling and securing medications run perfectly.

And if that ends up saving lives, all the better.

Education

New Fraser Institute rankings of Ontario elementary schools

The Fraser Institute released its annual rankings of Ontario elementary schools, allowing parents to compare the academic performance of schools across the province.

"Our Report Cards offer parents information they can't easily get anywhere else, about how their child's school performs and how it compares to other schools in Ontario," said Peter Cowley, a Fraser Institute senior fellow.

This year, the Report Card on Ontario's Elementary Schools ranks 3021 public, Catholic, and independent schools based on nine academic indicators derived from provincewide test results.

Schomberg P.S. was too-notch, with a score of 8.4/10 and a rank of 209/3021.

Nobleton Public School was a strong 6.7/10, with a ranking of 1101/3021. King City Public School earned a score of 4/10 with a rank of 2564/3021. St. Patrick in Schomberg had a solid 7.3/10 and a rank of 687/3021.

Holy Name in King City was also strong, with a score of 7.3/10 and a rank of 687/3021.

"It doesn't matter where a school is ranked, or what challenges its students may face. The evidence is clear - all types of schools, located all over the province with different types of students, are all capable of improvement," Cowley said.

For the complete results on all ranked schools and to compare the performance of different schools, visit www.compareschoolrankings.org



Quote of the Week

"I'd rather regret the risks that didn't work out than the chances I didn't take at all."

- Simone Biles

Trivia Tidbits

New Brunswick is Canada's only official bilingual province.

KingWeeklySentinel WEBPOLL
www.kingsentinel.com

Results from last week's poll:
Have you found preparing for school has become more costly this year?

a) Yes **67%**

b) No **33%**

The results of this poll are in no way considered to be valid or infallible.

THIS WEEK'S QUESTION

Was the first week of school stressful?

a) Yes
b) No

Go to our website and cast a vote!

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Mental health supports are ready to help students adjust

By Brock Weir

As many Ontario students gear up for the start of the school year on Tuesday, they might be doing so while experiencing some invisible challenges.

Last week, the Centre for Addiction and Mental Health (CAMH) released findings from their Ontario Student Drug Use and Health Survey, which was conducted last year.

The findings paint a grim picture of how Ontario students are faring when it comes to mental health and addictions.

“Key findings show that 38 per cent of students rate their mental health as fair or poor, while a similar number (37 per cent) reported experiencing elevated stress levels,” said CAMH in their report. “In addition, more than half of students indicate a moderate to serious

level of psychological distress, a figure that has doubled over the past decade.”

The study also found that one in five students report they have engaged in self-harm in the past year, while one-in-six had “serious thoughts about suicide in the past year.”

“These results paint a concerning picture of youth mental health in Ontario,” said survey lead Dr. Hayley Hamilton. “Currently, more than half of Ontario students report symptoms of depression and anxiety and a third of students rate their ability to cope as fair to poor. This trend points to a generation under increasing stress and the need for continued and increased investments in youth mental health.”

While schools are in the final crunch to make everything ready for the return to the books, mental health resources

are mobilizing to make sure they’re there for when students need them.

Kylee Goldman, Director of Services – Youth, Innovation, and Interprofessional Practice for the Canadian Mental Health Association of York Region and South Simcoe (CMHA-YRSS) says this is a time of year where they are hearing “a lot from youth and their families” as oftentimes there’s a feeling of stress and overwhelm as Back-to-School season dawns.

“Oftentimes it is the youth who are in transition to a new environmental setting – those who are going from public school into secondary school, transitioning from Grade 9 into High School,” says Goldman. “We get individuals reaching out who are nervous, they’re not sure what they’re going to experience in high school, they may be separated from a lot of the peer groups they once were connected to in their primary school, so they are just feeling really anxious.”

They also hear from families, particularly parents, whose youth or teens are struggling and they don’t know how to support them.

CMHA-YRSS offers many services for youth and their families.

One such initiative is their mobile mental health bus, dubbed MOBYSS, where community outreach workers are out in public, going to places where youth tend to gather, such as schools and parks, “really getting on the ground to interact with youth and hear what their needs are.”

“More young people are starting to get more comfortable talking about mental health, not keeping it bottled up, not keeping it hidden, not thinking about it as a secret or something to be ashamed of; they’re starting to share with each other, sharing with their peers, with their family, and with professionals asking for support,” says Goldman. “One of the really great things we’re seeing in the community is more youth are coming forward looking for supports, and we continue to encourage youth to involve their support systems: getting families involved so they can walk this journey together and get the supports they need as a family.”

MOBYSS, Goldman notes, is not for mental health alone. Youth can also access free and confidential medical support.

“If they have questions about their physical health and they’re not really sure where to go, maybe they don’t have a good relationship with their family doctor or maybe they don’t have one, they can come hop on the bus and they can get some really great, accurate information from our nurse practitioner which is also free of charge.”

While the stats from CAMH’s study might be disheartening, the CMHA-YRSS say a silver lining is that comfortability factor in talking about what might be wrong.

“We have youth and families who are starting to share their experience of maybe using substances or alcohol to cope with their mental health, and there are also more youth coming forward sharing about their mental health journey and experiences and asking questions about things like using substances to cope,” says Goldman. “They are looking for information and we’re able to provide them with accurate, up to date information that can help them in making healthier choices for themselves. In many cases we are seeing youth who maybe were either using things like alcohol or substances to cope or were just thinking about using those mechanisms to cope. They were able to collect the information they really needed to make an informed decision, and many of those youth have shared with us that they have chosen to go in another direction. They have chosen not to use alcohol as a coping mechanism; they decided to join a group, or talk to their parents or talk to their school’s social worker to get them some help. I think the really great thing we’re seeing is the more people are talking about and it is giving people more accurate information then to be able to make those informed choices.”

“Going through transitions and going through stress, anxiety, and maybe symptoms of depression, it’s normal, it’s okay, it can feel very overwhelming and there are so many supports and resources available. Always remember you are not alone out there. This is a really tough time of year with return to school, but we are all in this community together and we will all navigate whatever comes to us in this community.”

For more information about the CMHA, visit cmha-yr.ca. For services provided by CAMH, visit camh.ca.

Stewardship program supports sustainable nutrient use on farms

By Mark Reusser
Director, Ontario
Federation of Agriculture

Agriculture

Fertilizer is one of the most important tools on the farm, providing crops with the nutrients they need to grow but can’t get from the soil alone.

It’s also an expensive resource that requires careful management to ensure nutrients are available to crops when needed, and not lost to the environment.

Farmers are doing their best to manage nutrients effectively to limit emissions from fertilizer that can be lost to the atmosphere in the form of greenhouse gases that can impact the environment. Nutrient losses can also have a negative impact on water quality and aquatic species.

That’s why it’s important that nutrients on the farm, whether fertilizer or livestock manure, are managed sustainably – and this is a responsibility that farmers take seriously.

My family and I farm in Waterloo Region where we grow crops, and we follow the principles of an initiative called 4R Nutrient Stewardship.

It lets us improve the economics of farming, crop productivity and fertilizer efficiency while also benefitting the environment by ensuring we use the Right Source of fertilizer at the Right Rate applied at the Right Time and in the Right Place.

This is a formula that many farmers have long followed already; after all, using too much fertilizer or applying it in a way that wastes the nutrients instead of making them available to the crops to use just doesn’t make sense. Participating in the program means we’re not just following sustainable practices but can also prove what we’re doing.

One of the most important 4R Best Management Practices for farmers is testing their soil at least once every four years and using those results to develop farm or even field-specific recommendations for nutrient use so we’re only giving the crop what it actually needs.

Other activities include working fertilizer into the soil as soon as possible after application to minimize losses, not applying nutrients on frozen or snow-covered ground, respecting minimum setbacks to protect environmentally sensitive areas, keeping detailed records and more.

Losses also cost farmers money, as nutrients lost are not available for crop growth. 4R is also known as ‘nutrient use efficiency’, as it allows farmers to use a suite of best management practices

to ensure nutrients are applied at a time and place and in a form and at a rate that can be best used by crops. This also minimizes losses, to the environment and economic losses to the farmer.

Nationally, 4R is coordinated by Fertilizer Canada. Here in Ontario, it is agricultural retailers – businesses who sell seed and fertilizer and provide agronomic services to farmers like soil sampling or crop growing advice – who achieve a 4R certification and deliver the program to farmers.

I also serve as a board member of the Ontario Federation of Agriculture and one of my roles is to represent farmers on the provincial 4R Steering Committee.

Through this committee, OFA works with other farm and commodity organizations and the Ontario Ministry of Agriculture, Food and Agribusiness to enhance and expand the certification program, develop resources for farmers and agricultural retailers, work on the Fertilizer Use Survey for Ontario and raise awareness of the benefits of 4R nutrient stewardship in the agricultural community.

I’m proud of the progress that’s being made to advance sustainable practices – approximately one million acres of cropland in Ontario are currently 4R certified.

Many other farmers are using those practices even without certification. According to the 2023 Fertilizer Use Survey results, for example, more than two thirds of Ontario corn growers are following basic 4R principles on their farms – an increase of 3.5 per cent from 2020.

There is more work to be done, however, to encourage and support more of Ontario’s agricultural retailers become 4R certified so they can offer the program to their customers, and that more farmers are aware of its benefits and principles.

Our Steering Committee is working on activities like reviewing and updating audit standards, reducing the record-keeping burden of the program for retailers and completing an economic analysis of 4R practices.

As farmers, we have a responsibility to future generations to farm sustainably, minimize climate impacts, and look after our air, soil, and water. At the same time, we must ensure our farms remain profitable and productive and 4R Nutrient Stewardship is an approach that lets us do that.

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Echo Water sets the industry standard in hydrogen water technology

By Mark Pavilonis
Editor

Health & Wellness

We are all looking at ways to improve our lifestyles and adopt a healthier way of living.

Staying hydrated is a must and the old adage of drinking plenty of water has never been more accurate.

One of our newest allies in the battle against toxins is hydrogenated water.

Hydration water delivers powerful antioxidants that optimize cellular health, improve focus, and increase longevity.

It's time to really say goodbye to ordinary water and embrace a healthier lifestyle with hydrogen-enriched water.

Leading the pack is Echo Water, the epitome of game-changing hydrogenated water brands.

Hydrogen water is regular water (H₂O) that they infuse with extra hydrogen molecules (H₂). This might sound simple, but adding these tiny atoms of hydrogen can have a huge impact on your health and wellness.

Research shows that hydrogen, being the smallest and lightest molecule,

can easily penetrate into cells, offering unique health benefits that regular water can't. It can help reduce oxidative stress (a big factor in aging and disease), boost energy, and even enhance athletic performance.

Water (H₂O) is zapped with an extremely precise electrical current. The electricity breaks the atomic bond and splits the water molecules into their basic elements – hydrogen and oxygen. The hydrogen gas (H₂) produced is what we infuse back into the water.

This process isn't just fascinating; it's a game changer. It ensures that the hydrogen in our water is pure and ready to work its wonders in your body.

The process doesn't add anything unnatural, it just gives our drinking water a boost.

And that boost helps our bodies improve immunity, increase energy, heighten brain function and maybe even ultimately live longer.

Hydrogen water neutralizes harmful free radicals and can actually help regulate heart disease, diabetes, reduce wrinkles and skin issue and even speed up wound healing.

Hydrogen has proven to improve mental clarity, reduce inflammation and boost mental focus.

Echo does all these things.

Okay, so we know the benefits, what separates Echo Water from the rest of the pack?

They've set the bar really, really high and others are just scrambling to try to catch up. But many other brands and models are just cheap imitations.

Echo Water is the real deal.

Their system infuses more hydrogen molecules per tablespoon than anything else on the market. It also maintains that level, and never loses its umph of efficacy. It also doesn't alter the pH of the water. Their 5-year warranty is unmatched.

The Echo Go+ unit is light years ahead in both design and function. Churning out 10 ounces at a time, this small but mighty bottle is a powerhouse. It's also a work of art.

The bottle comes with a USB charging block and cord, a quick start guide and 5-year warranty.

Echo Water goes as far as offering a money-back guarantee and a 60-day



trial. All they ask is that you drink 3 bottles daily for 60 consecutive days and if you don't feel any health benefits, you can get your money back. A breeze for anyone who enjoys their water and knows the benefits.

While more research is needed, hydrogen water has showed anti-cancer properties in some studies. There is increased interest in how hydrogen-rich water can help in physical endurance, exercise capacity, cardiovascular disease, liver function, mental health, anti-aging research and oxidative stress.

If you ask me, anything that can "hedge our bets" en route to better living is definitely worth it.

The Echo Go+™, the number 1 selling hydrogen water bottle by Echo Water, uses safe, high-quality, platinum-coated titanium electrode plates to produce hydrogen-enriched water. It also uses state-of-the-art Solid Polymer Electrolysis (SPE) and Proton Exchange Membrane (PEM) technologies. As a result, the Echo Go+™ produces above the

therapeutic level of 0.5 ppm of molecular hydrogen, providing 2-3 ppm of molecular hydrogen in a 5-minute cycle and up to 4.5 ppm in a 10-minute cycle. It also produces an oxidation-reduction potential (ORP) of -600mV or more.

It's made from food grade polycarbonate plastic, a truly BPA- and all bisphenol-free product. It's lab-test materials are high quality, non-toxic and FDA compliant. It is also much lighter and impact-resistant than glass, making it easier for you to handle without the fear of it breaking or cracking.

I find myself reaching for the bottle constantly, even if it's not perched on the side table next to me. In a very short time, it has become almost second nature. I find myself offering it to every family member and even guests who stop by.

It really is a "game-changer," and has become an integral part of my life, my journey to wellness.




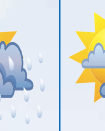

For more, visit <https://echowater.com/>



King

7-Day Weather Outlook

From Thursday, September 5 to Wednesday, September 11

THURS 5TH	FRI 6TH	SAT 7TH	SUN 8TH	MON 9TH	TUES 10TH	WED 11TH
						
Sunny High 24C° Low 15C° - Wind S 15k	Chance of Shower High 25C° Low 16C° ~1mm Wind S 19k	Light Rain High 16C° Low 9C° 1-3mm Wind W 20k	Chance of Shower High 15C° Low 9C° <1mm Wind SW 21k	A Few Showers High 17C° Low 10C° ~1mm Wind W 14k	Sun/Clouds High 19C° Low 12C° - Wind NW 16k	Sunny High 23C° Low 13C° - Wind S 13k




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From the Archives



**J. Foran Barber Shop and Billiard Hall,
Schomberg, circa 1970s**



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Energy procurement will ensure long-term affordability

The Ontario government is launching the largest competitive energy procurement in the province's history, focused on generating affordable electricity for families and businesses. This builds on the province's plan to procure up to 5,000 megawatts (MW) of energy through a series of procurements to help foster economic prosperity and meet the growing demand for clean and reliable energy.

Making the announcement in King last week, Minister of Energy and Electrification Stephen Lecce noted the plan of action calls for more affordable energy, supporting Ontario's diverse supply mix including nuclear, hydroelectric, renewables, natural gas, and biomass.

"With energy demand growing rapidly, our government is stepping up by advancing our largest energy procurement in our history. Our 'all-of-the-above' energy resource approach will expand access to affordable electricity to families and businesses across Ontario while opposing the regressive carbon tax," said Stephen Lecce, Minister of Energy and Electrification. "Unlike the former government who imposed energy projects on unwilling communities, we are putting municipalities in the driver's seat as we expand energy generation. We are delivering more affordable and reliable energy while protecting prime agricultural areas."

The Minister's letter to the Independent Electricity System Operator (IESO) outlines that the procurement should be transparent, competitive, and cost-effective to secure technology-agnostic energy resources, including wind and solar. This includes explicit directions to protect prime agricultural areas. The Minister is also requesting that the IESO bring options to expedite delivery of the procurement to help meet growing demand.

"I was pleased to attend Minister Lecce's announcement at Kinghaven Farms, where the province unveiled plans for Ontario's largest-ever competitive energy procurement. Kinghaven Farms is a true renewable energy champion, leading the way right here in Ward 2, King Township. I was fortunate to tour their state-of-the-art greenhouse under construction and was blown away by the sustainable energy innovations they've integrated into their operations," said Councillor

David Boyd.

The Second Long-Term Procurement (LT2) will plan future energy initiatives in communities that provide consent while protecting prime agricultural areas, including:

Requiring energy project developers to receive municipal support resolutions to ensure local support and consent for new projects.

Prohibiting all projects in specialty crop areas and ground-mounted solar in prime agricultural areas to prevent solar farms.

Incentivizing projects located in northern Ontario and those which avoid prime agricultural areas, along with a plan to unlock Crown Lands for renewable energy.

Incentivizing economic opportunities for projects with or by Indigenous communities on whose traditional territory the projects are proposed.

Requiring Agricultural Impact Assessments for projects that are permitted on all prime agricultural areas.

"This historic plan will deliver the new electricity our dynamic province and growing agricultural sector will need while protecting farmland," said Rob Flack, Minister of Agriculture, Food, and Agribusiness. "By requiring municipal support resolutions and Agricultural Impact Assessments for new energy projects, banning solar farms on prime farmland and crop areas, and promoting new projects in the North, we've secured a four-tier lock to ensure a balance between our energy needs and the needs of our farmers."

To advance Ontario's expanded electricity needs, the IESO is expected to report back with a procurement design framework by September 20, 2024, and consider how to conclude energy and capacity procurements by February 28, 2026. The accelerated timelines will ensure that Ontario can continue to support large-scale investments that require a clean and reliable energy supply to create well-paying jobs across the province.

By launching a competitive procurement framework, the government is ensuring long-term affordability for Ontario's ratepayers and businesses. This procurement also builds on the government's recent procurement of nearly 3,000 MW of new battery storage projects ranging from five to over 400 MW in capacity.



Energy and Electrification Minister Stephen Lecce (centre) was joined by officials for the announcement last week. On hand were Michelle Frauley, King Chamber of Commerce, MPP Caroline Mulroney, MPP Rob Flack (Minister of Agriculture, Food and Agribusiness), Jay Willmot of Kinghaven Farm, and King Councillors Jennifer Anstey and David Boyd.

"Our forecasts show that Ontario will need more resources to meet demand as our population and economy grows and continues to electrify," said Lesley Gallinger, Chief Executive Officer of the Independent Electricity System Operator. "We've been engaging with the sector and communities, and with this accelerated timeline, we are ready to move quickly to secure supply from all eligible technologies."

Advancing the largest energy procurement is just one part of the government's plan to meet growing energy demand and reduce emissions by expanding Ontario's clean, reliable, and affordable energy grid, including:

Nuclear Energy – Advancing clean, reliable, and affordable nuclear power through the largest pre-development work at Bruce Power in 30 years, four small modular reactors at Darlington and supporting Ontario Power Generation's plan for refurbishing the Pickering Nuclear Generation Station

New Transmission Infrastructure – Designating and prioritizing transmission lines in Southwestern, North-eastern and Eastern Ontario that will power job creators, including EV and EV battery manufacturing and clean steel production.

Keeping Costs Down – Launching new energy efficiency programs on

January 1, 2025, and building on the government's \$342 million expansion of existing energy efficiency programs which are helping families and businesses reduce their electricity usage and save money on their energy bills.

Additional Competitive Procurements – Successfully re-contracting existing capacity resources at about a 30 per cent discount and plans for additional competitive procurements to re-secure both existing capacity and energy resources.

The IESO has forecast that by 2050, Ontario's electricity consumption will rise by 60 per cent. This demand stems primarily from Ontario's rapid increase in population, new manufacturing facilities, advanced technologies like artificial intelligence (AI) data centres, the electrification of industry, and the charging energy required for electric vehicles.

The IESO has recommended caded procurements of approximately 5,000 MW of new electricity resources to be procured by 2034.



Together, we can make a difference.

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To register, please email jananey.charles-kennedy@edwardjones.com.

Space is limited and reservations are required.



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Business, Finance & Real Estate



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Your Voice for Business in King

Grant gives young entrepreneurs head start in business

By Mark Pavilons
Editor

Several local young entrepreneurs have been given a head-start in their business careers.

The King Chamber of Commerce, and the Morning Youth Grant presented seven recipients with \$500 in seed money for their endeavours recently.

The Morning Youth Grant is an initiative inspired by the remarkable legacy of the late James Morning and his unwavering spirit for entrepreneurship in his home community of King Township. Founded by Brent Morning in honour of his father's dedication, and in partnership with the King Chamber of Commerce, this grant is a tribute to the past and a beacon of hope for the future.

"By empowering young entrepreneurs today, we pave the way for the leaders of tomorrow," Brent Morning said.

James Morning was an esteemed figure in the community who served on the Town Council for two decades and embodied the true essence of entrepreneurship. From humble beginnings in 1969, he tirelessly built his company, James Morning & Sons Ltd, into a thriving business.

"My dad was a young entrepreneur who started out with \$1,000 so hopefully the grant can help kick-start a future career," Brent said.

The first group of recipients included Leila Loach-Morra, Crochelia; James De Carvalho, Illuminated Essentials; Jadelyne DeSouza, Jady Balloon Twister; Dillan Cook, Cook's Cut & Care; Daniele Vacchero, Dignity For the Streets; Jake Porter, Lawn Maintenance, and Marlis Lloyd, Performance Volleyball Gear.

Additionally, a young entrepreneur, Kion Tavangari, applied for the grant to start his lemonade stand business. Although he wasn't eligible for the grant, the Chamber still wanted to encourage his entrepreneurial spirit.

The Chamber collaborated with Overall Home and Art Spot to build a lemonade stand for him. While he didn't receive a cheque, the Chamber was happy to support him in this way.

Marlis Lloyd, Performance Volleyball Gear creates and sells performance volleyball gear directly to volleyball players across Ontario and eventually across Canada.

"My first product will be fabric arm sleeves called Magic Bands that will help players pass more consistently, as well as a spray that my brother has created to increase shoe grip on the court."

Marlis Lloyd said she plans to sell my products through a website as well as in-person at volleyball tournaments and events throughout our playing region.

The funds will be used for buying supplies to make the first products, getting her started to create some good quality products.

2) Leila Loach-Morra of Crochelia is dedicated to creating charming, handcrafted amigurumi. Each piece is thoughtfully designed and lovingly crafted, making them perfect gifts or collectible items. The business focuses on a variety of cute and whimsical characters, catering to different themes and occasions.

The funds will be used to buy high-quality yarn, crochet tools, and packaging materials essential for crafting amigurumi. These funds will help increase production capacity, improve

product quality, and ensure appealing presentation. By investing in these resources, Crochelia can better meet customer demand and expand its range of unique, crochet creations.

"This grant will help me achieve my goal by providing essential resources such as high-quality yarn, tools, and packaging materials for Crochelia. With these investments, I can expand my product range, enhance the quality of my amigurumi creations, and meet customer demand more effectively. Ultimately, this support will enable me to grow my small business and reach a broader audience with my unique handmade offerings," she said.

James De Carvalho created Illuminated Essentials, a candle company that sells affordable all natural candles. Nowadays most candles out there are toxic, made with cheap ingredients that can cause health concerns due to toxic fragrances, dyes and ingredients, such as parabens.

"My company's products appeal to environmentally aware and health-conscious consumers on a budget. I would also expand into corporate gifts or custom orders for weddings, office events, birthdays and other occasions. From the scent (using pure essential oils), la-

bel and size, my candles are fully customizable for total client satisfaction."

The grant will help buy supplies and resources to enhance the candle making process, improving efficiency.

"This grant will allow me to allocate resources to brand development, production, sales and overall better organization."

Jadelyne DeSouza and Jady Balloon Twister will boost the entertainment industry.

She's been a professional balloon twister since the age of 8 and she's turned her passion into an entertainment business of 10 years that offers multiple services for events.

"My idea is to turn my business that is known by many in York Region (jadyballontwister.com) into an app that allows families and mothers to plan parties and events efficiently (jaboogle). My goal is to create an app (with a similar format to a dating app) that allows artists and entertainers to publish and market themselves. This app will be simple as you search for the entertainment you are looking for and are able to swipe right and left until you find what you are looking for for the party."

More on Page 9

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MPP congratulates Schomberg business on 20-year anniversary

Stephen Lecce, MPP for King-Vaughan, congratulated De Rose Designs in Schomberg on their 20-year anniversary with a certificate and an Ontario flag from Queen's Park. "Congratulations to Lisa and her family on 20 years in the King-Vaughan community," said Lecce.

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Bolton aerospace firm forging ahead, signs MOU

By Mark Pavilons
Editor

A Bolton aerospace firm is reaching new heights in space exploration.

Canadensys Aerospace Corporation has been busy working on several important projects, firmly establishing Canada as a major player.

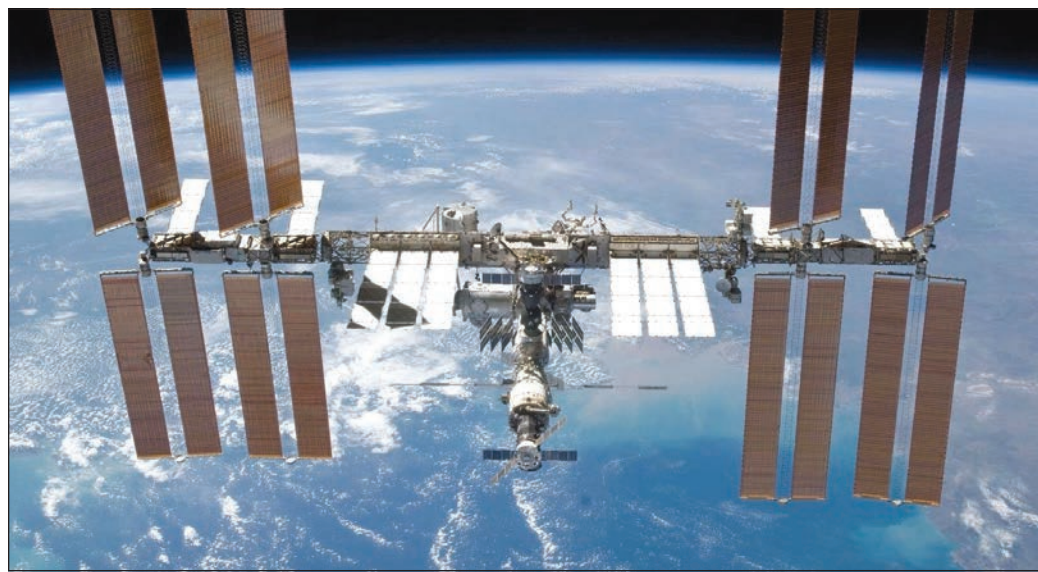
The company's various lunar vehicle programs are in full swing – they are building prototypes of lunar agriculture systems, and has a lunar science instrument on the launch pad for a NASA mission. The company now has 9 of its NISA cameras on the lunar surface, delivered by U.S. and Japanese missions, with another 25 cameras manifested on various other upcoming lunar missions.

Canadensys signed a Memorandum of Understanding (MoU) with Consoli-

dated Safety Services (CSS) to collaborate on CSS's NASA Research, Engineering, Mission Integration Services (REMIS-2) contract. This strategic partnership marks a significant milestone in enhancing the support for NASA's critical space station operations.

"We are thrilled to join forces with Consolidated Safety Services, Inc.," said Dr. Christian Sallaberger, CEO and president of Canadensys. "We perfectly complement CSS's commitment to excellence in space missions. Together, we will drive advancements that contribute to the success of NASA's programs and further our shared goal of enhancing space exploration."

CSS, known for its exceptional safety and operational support in space missions, will benefit from Canadensys' advanced engineering design and operational support expertise. This part-



nership will focus on providing top-tier solutions to ensure the reliability and efficiency of exploration systems and missions, supporting NASA's objec-

tives for research, innovation, and long-term human presence in space.

"This MoU represents a key development in our mission to provide superior support for NASA's space programs," stated Dr. Alain Berinstain, Chief Strategy Officer of CSS. "Canadensys' capabilities and experience are invaluable assets to our team, and we are confident that this collaboration will lead to outstanding results for NASA and the broader space community."

The MoU signifies a commitment from both organizations to work closely together, combining their strengths to deliver exceptional services and solutions. The partnership underscores Canadensys' dedication to contributing to pioneering space exploration efforts and supporting NASA's critical missions.

Canadensys Aerospace Corporation, headquartered in Toronto, Canada, is an innovative space systems and advanced vehicle development company serving customers around the world. They blend our advanced space hardware capabilities with smart, rugged designs to develop unique solutions for planetary, orbital and terrestrial environments. Their modern, commercial business approach enables effective space program and mission development for both commercial and government customers.

CSS is an employee-owned, science-based solutions company supporting the U.S. government and commercial clients. Since the 1980s, the company has supported more than 28 federal agencies and numerous administrations, providing scientific expertise in a myriad of disciplines.

Funds help boost local businesses

From Page 8

This, she says, will be easily accessible and reduce the stress of having to search online and contact many different individuals to be able to plan your party. Furthermore it will be an app that does not charge and take fees from the artists like most other gig booking websites.

"This is an idea that I will be able to bring to life and this grant will help turn these ideas into a reality."

The funds will go towards marketing and programming for the app.

Dillan Cook, through Cook's Cut & Care, specializes in professional lawn maintenance services.

"I provide a range of services including lawn cutting, edging, fertilization, weed control, trimming, pruning, seasonal cleanup, mulching, and basic landscaping. With a strong focus on personalized service and attention to detail, Cook's Cut & Care aims to cater to both residential and commercial clients in our local community. My goal is to establish a reputation for reliability and quality, ensuring every customer's lawn is well-maintained and aesthetically pleasing."

As a sole proprietor, he's committed to expanding his customer base through targeted marketing strategies and building strong relationships

with clients.

"My future plans include adding additional services based on customer feedback and needs, while maintaining the personalized touch that sets Cook's Cut & Care apart in the lawn care industry."

He will use the funds to improve his equipment to quality landscape equipment such as Stihl leaf blower, trimmer, and mower. The grant will help make his jobs go faster and smoother, so that he can take on more clients and hire more student employees.

Daniele Vacchero created Dignity For The Streets Alliance, a clothing company supporting the homeless.

People experiencing homelessness may not have an address to put on a résumé, a phone number for job call backs, and a safe place to prepare for job interviews. He wanted to start a clothing company called "Dignity For The Streets" with a simple, elegant logo in the corner. People could purchase apparel not only because it would look stylish, but also for a good cause. 50% of the profits would be used to find a way to help these homeless people find jobs and ways to work because the majority of employers won't hire these people. Even if the work consists of laborious or tedious jobs, it would be a great start in combating the crisis within the region.

Funds will be used for product sourcing, organizing and understanding finances.

"I would love some connections with certain employers, willing to take a chance and hire members of our society that most don't care about," he said.

Jake Porter and his Mowtown lawn care and maintenance business offers grass cutting and maintenance to local residents who may not want to sign contracts for an entire season but needed help on a regular or just occasional basis.

"I started last summer with one client and this season I have 10-15 depending on the time frame. Some are regular weekly clients some are away on vacation and just need a few weeks and others are due to health issues such as surgery recovery. I make myself available to just service someone just once or ongoing."

The funds will go towards buying equipment and he hopes to hire a helper so he can expand once school has finished.

The King community can help grow this fund for a second intake by either purchasing King Proud merchandise or by making a donation online or via cheque, mailed to the King Chamber of Commerce – Morning Youth Grant, PO Box 381, Schomberg, Ont.



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Province limits cell phone use in class, bans vaping

The Ontario government is investing \$47.5 million to support safe and healthy learning, along with implementing the most comprehensive plan in Canada to restrict student use of cell phones and ban vaping in schools. By removing distractions, students can focus their attention on academic achievement, which will include modernized courses in business and career studies, and technological education.

“With their constant stream of notifications and pings, it’s no surprise to anyone that cell phones constantly grab our attention. This is why it was necessary to restrict cellphones in the classroom and enable students to restore focus on learning so they can achieve better academic outcomes,” said Jill Dunlop, Minister of Education, making the announcement from Caledon last week. “This school year is shaping up to be the first in years without the threat of pandemic disruptions or negotiations with teachers’ unions. We’re excited for the year ahead where students can look forward to uninterrupted learning, extra-curriculars and a back-to-basics, modernized curriculum that will set them up for success.”

The new province-wide measures are in effect to directly counter the alarming rise of vaping and cellphone distractions in schools. The new rules will help combat the negative impact mobile devices, social media and vaping are having on academic achievement, mental health and physical well-being.

The government is investing \$47.5 million to support the implementation of the new rules, including:

\$15 million to support the expansion of programs that offer direct supports for students who are at risk of substance use and addictive behaviours.

\$1 million to School Mental Health Ontario to develop webinars and resources for parents and students to learn how to talk about the adverse effects of vaping and excessive cellphone

usage.

\$1.5 million for school boards to work with their parent involvement committees to enable parents and community partners to run grassroots campaigns to deter vaping and cellphone distractions

Further, as announced in Budget 2024, \$30 million to school boards for vape detectors and other security upgrades in schools.

“By banning vaping in schools, our government is setting students up for success and prioritizing their health and well-being inside and outside the classroom,” said Sylvia Jones, Deputy Premier, Minister of Health and MPP for Dufferin-Caledon. “We are also reminding parents to keep their kids up to date on all routine vaccinations this school year to ensure our schools and communities remain safe for everyone.”

There will be a new graduation requirement and several new courses for Grade 9 and 10 students as the government continues to modernize the curriculum:

Grade 9 students will be required to earn a Grade 9 or 10 Technological Education credit as part of their Ontario Secondary School Diploma. These courses will allow students to explore and apply fundamental technological concepts as well as the engineering design process.

Two experiential courses in Business Studies for students in Grades 9 and 10 will help students to develop an entrepreneurial mind set, learn the importance of taking initiative, find creative solutions to issues as well as learn how to start and run a business.

For Grade 10 students, mandatory learning on mental health literacy has been expanded in the Career Studies course. Students will learn how to recognize the signs of being overwhelmed as well as where to find help locally when needed.

The government has also made a historic \$16 billion investment to support school construction, renewal and improvement over 10 years. Since 2018, the Ontario government has invested more than \$3.6 billion in capital construction projects in education, including 139 new schools, 109 additions and renovations to existing facilities, creating more than 98,000 student spaces and over 8,000 new licensed child care spaces.

In April 2024, Ontario revised the provincial Code of Conduct to update the rules on the use of personal mobile devices and vaping and tobacco products in schools. These tough new measures are designed to remove dis-

tractions, improve student outcomes and promote healthy decision-making among students.

In addition to explicitly banning e-cigarettes in schools and school-related settings, Ontario is responding to the popularity of vaping among students by strengthening existing mandatory learning on cannabis and vaping and digital citizenship, with an emphasis on the elementary curriculum.

To increase awareness among Ontario parents about new cellphone and vaping rules in classrooms impacting their children this fall, the government has launched an advertising campaign. Visit Ontario.ca/SchoolRules for more information.



Annual Airport Day Sept. 8

By Zachary Roman

Aviation enthusiasts will want to check out an upcoming event in Caledon.

On Sept. 8, the Brampton Flight Centre (BFC) will host its annual Airport Day celebration at the Brampton-Caledon Airport (13691 McLaughlin Road).

The event will feature \$50 sightseeing flights, a classic aircraft and automobile show, a chance to try out a flight simulator, a live band, and barbeque lunch. There will be a birds of prey demonstration, and guests can also visit the Great War Flying Museum.

For kids there will be bouncy castles and face painting.

All sorts of planes will be taking to the sky and flying by throughout the day. Airport Day attendees will be able to talk to pilots, some of whom have even built their own planes.

Sam Meandro, a pilot who’s helping to promote this year’s Airport Day event, said Airport Day is sure to satisfy anyone’s curiosity about flight and Canada’s role in aviation. He said the Great War Flying Museum is a must-

see that’s home to many impressive warplanes and fascinating artifacts.

“This year, we are excited to support Caledon Community Services and encourage all visitors to bring along a non-perishable food item, baby essentials or make a financial contribution,” said Meandro.

The BFC is owned and operated by the Brampton Flying Club, which is a not-for-profit organization and the only flight school in Canada that owns and operates an airport. The Brampton Flying Club was founded in 1946 and relocated to Caledon in 1969.

“The Flight Centre is an internationally recognized flight-training school and produces many of Canada’s top pilots,” said Meandro. “It also strives to build community spirit and civic pride by hosting events like Airport Day and supporting local initiatives and other like-minded organizations.”

Airport Day runs from 10 a.m. to 4 p.m. this year and more information about it can be found online at the following link: bramptonflightcentre.com/airport-day-sunday-september-8-2024/

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Arts & Entertainment

Local artist Bretschneider hosts solo show in Aurora

By Mark Pavilons
Editor

In what's heralded as 20 years in the making, a King artist is hosting a solo exhibit in Aurora.

Anni Bretschneider and her exhibit "Twenty Years in the Making," runs Sept. 7-14 at the Royal Rose Art Gallery on Yonge Street.

Bretschneider said the positive response from people of her early work as "very unexpected," earning her some top spots at the Schomberg Spring Fair.

This helped spark her own passion, following a lifelong captivation with watercolour. She took weekly classes and painted in her living room 4 or 5 days a week.

"I couldn't get enough. It felt relaxing and quiet inside a busy life," she says.

She was asked to teach and that sent her in another creative direction. She said teaching helped her practice and understand more about her craft and she taught exclusively in watercolour until 2016. She now also teaches acrylic and mixed media.

"The most profound discovery I made over these 20 years is how deeply our art and creativity is integral to our being. There is more depth, meaning and connection in the creative process than we know."

That realization happened in 2017 when she took a full-time Expressive Arts Certification at the Haliburton School of Art & Design.

"The experience changed me, deepened my intuitive voice, expanded things artistically and adjusted the emphasis in how I teach art to include our inner creative voice. This new show is partly born from that time."

Bretschneider started a new business called Creative Act Art in 2019, an "umbrella" connecting people to making art. This new direction included wanting to show new work in a new way.

The "Jill-of-many-trades" considers herself to be a creative soul, artist, gardener, lifelong learner, upholsterer, 'Heart Warrior,' painter, walker, ocean adorer, hockey player, nature lover, and more.

She noted through her art, she doesn't tell the classic story of painting since childhood.

"The thread of my story is having a lifelong passion for watercolour art and instead soaking in and deeply admiring the creative expression and work of others from afar."

In 2004, she immersed herself in painting. Humble beginnings with

references grew into a completely open-ended intuitive approach with an emphasis on play, experimentation and exploration.

"I brought this philosophy to teaching art classes. Beginning in 2015, mixed media, art journaling, nature earthing, meditation and writing drew me."

She noted that a full-time expressive arts program, completed in 2017, was a game-changer.

"My creative experience underscored the vital potency and healing aspects of expressed art, poetry and movement as dynamic aspects of the core Self. Creative Act Art is a multi-platform creative endeavour and the next iteration of a creative life. I work in community with like-minded business owners offering opportunities to create, play or heal with art. We bridge creativity by offering retreats, art classes, art healing events, social art/paint nights and original art.

Watercolour is her first love, but over that past eight years, her media and artistic expression have grown. Since 2016, nature, meditation, art journaling, mixed media, acrylic and collage have become part of her artistic repertoire.

"Working with these mediums allows me to be much more open-ended and intuitive during the creative process. If I can stay curious and get into a good flow, even the sky isn't a limit," she says.

She began with painting mostly flowers and still life, as well as landscapes and old buildings. People seem to recognize her florals, use of colour and texture. Flowers are part of this Series, all created without references. Her new work is acrylic and some mixed media.

"Really, I'll paint anything." In her new series, she relies completely on her own intuition or sense of things.

Bretschneider noted that around 2014-2015 when she stopped teaching regularly, something began to change.

"Art has taught me to stay fluid. It truly is a journey with ups and downs, ebb and flow, getting filled with inspiration and resting. I never imagined that I would do anything but watercolour. There are periods of growth and then consolidation. The creative path is like life, dynamic, ever evolving, shifting and morphing. We need to stay adaptable and receptive and to just keep going."

She uses journals to create in and has too many to count. I use many different media such as acrylic, inks, collage, image transfer and mixed media



and anything to mark a mark. She enjoys the freedom of working intuitively and being in a creative flow.

Bretschneider is also a big believer in experimenting, to try new things and see where it goes.

"You can have fun playing during the learning process. It's the best way to do it. To enjoy the process and try to let go of the outcome a little."

Visitors will also see some abstract pieces in her exhibit, something the artist points out may look like child's play. "It's anything but. It isn't as easy as it looks. For all the challenge many painters face with watercolour, abstract work is that plus some. It's a growing edge for me and I love a challenge."

Bretschneider said interest is running high for her exhibit, which is "really amazing."

Bretschneider hasn't shown her work in more than a decade, so this promises to be treat, for followers and newcomers alike. She recalls her first solo show as in 2008 at the Grackle Coffee Shop in Schomberg.

She has participated in Arts Society King's Studio Tour and the Schomberg Street Gallery, as well as Art Aurora and SOYRA.

"Twenty Years in the Making" features acrylic and some mixed media. It is a culmination of many hours of creative work over the past five years.

"I dove head first into acrylic, mixed media, staying with the learning curve of new approaches, tools, colour combinations and texture. It's been very interesting. It's humbling and gives you new fuel to move forward."

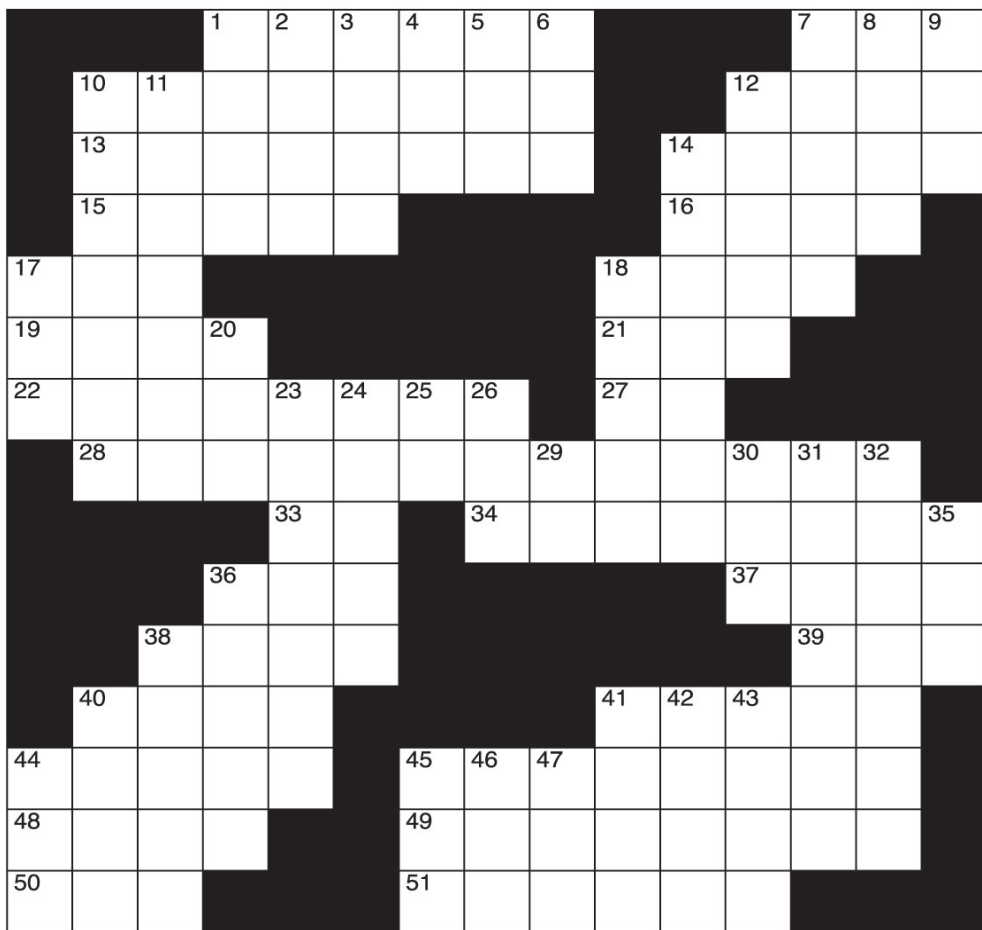
This is a completely new body of work in acrylic with a little collage and other media. There are many florals, which people know me for. Some pieces are the largest she's ever worked on.

"The art seems to be made right out of thin air. It feels like there's an aliveness to this series of artwork."

More on Page 13

CROSSWORD

Puzzle No. 249110 • Solution in Classifieds



CLUES ACROSS

- 1. Current unit
- 7. Reciprocal of an ohm
- 10. God of the sea
- 12. A way to disfigure
- 13. Positioned
- 14. Tall tropical American tree
- 15. Large deciduous trees
- 16. ___ and ends
- 17. Part of a machine
- 18. Brews
- 19. One who leads prayers in a mosque
- 21. Indian state
- 22. Partisans
- 27. Top lawyer in the land
- 28. Former Dodgers MVP
- 33. Title for women

- 34. Heated and allowed to slowly cool
- 36. Copycat
- 37. Sounds
- 38. One-time Israeli diplomat Abba
- 39. Part of (abbr.)
- 40. Hateful
- 41. Collide
- 44. European football heavyweight
- 45. One who works for you
- 48. Song
- 49. Ancient marvels
- 50. Bridge building degree
- 51. Delivery boys
- CLUES DOWN**
- 1. Continent
- 2. Submissive
- 3. There's a lot in a bowling alley

- 4. Sun up in New York
- 5. Court decision ___ v. Wade
- 6. Finish line
- 7. Young women
- 8. Hives of activity
- 9. Hyman Roth's right-hand man Johnny
- 10. Eastern U.S. river
- 11. Popular cooking ingredient
- 12. Greek mythological princess
- 14. Scent for men
- 17. Cost, insurance and freight (abbr.)
- 18. Once more
- 20. Irate
- 23. Triangular spaces above a door
- 24. Norwegian playwright and poet Henrik
- 25. Atomic #58
- 26. Patti Hearst's captors
- 29. Natural logarithm
- 30. Talk incessantly
- 31. Went by
- 32. Strives
- 35. Fall back
- 36. Manila hemp
- 38. Not easily explained
- 40. Former "Double Dare" host Summers
- 41. Mollusk
- 42. Capital of Togo
- 43. Letter of Semitic scripts
- 44. Founder of Babism
- 45. Indicates near
- 46. Family of regulator genes
- 47. Indicates before

No one has more self-confidence than the person who does a crossword puzzle with a pen.



Works In Process

Art is a perfect metaphor for life

From Page 12

Texture, light and warmer colours. It all came from inside, like memories and impressions bubbling up. Each piece of art seems to have its own story. Many florals, but also some which are abstract, some landscapes. They show up as a feeling in the shape or colour or how my imagination sees a transition between some texture, random shape or colour.”

Bretschneider believes art is a perfect metaphor for life. It teaches you about flow, adaptability and redirection, focus, sensitivity, being more carefree, open and playful.

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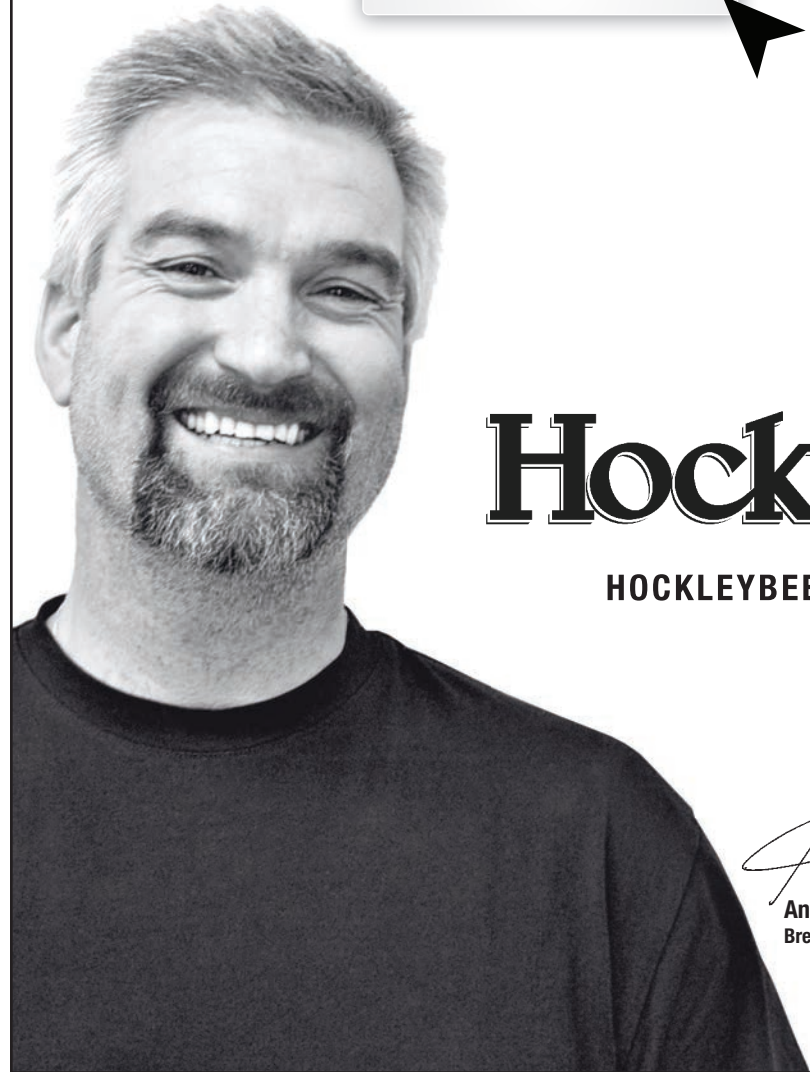
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Ontario expanding diagnostic services at LTC homes in York

The Ontario government is investing in two programs in York Region that will expand diagnostic services in long-term care homes and help reduce hospital and emergency room visits.

The new Community Paramedicine for Long-Term Care Plus (CPLTC+) program builds off the existing Community Paramedicine for Long-Term Care program and allows community paramedics to deliver diagnostic services like bloodwork, ultrasound and urinalysis for long-term care residents.

The government is also providing funding to long-term care homes to receive equipment and training for diag-

nostic services within existing long-term care homes.

"We are investing in diagnostic care so seniors can receive the right care in the right place," said Natalia Kusendova-Bashta, Minister of Long-Term Care. "This funding will help long-term care residents access care in their own homes and help reduce avoidable hospital visits and 911 calls."

The CPLTC+ program in York Region will be administered in nine homes by York Region Paramedic Services.

"As we work to increase the availability of hospital beds, it is imperative we limit hospital visits to those that

are absolutely necessary. In addition to building two new long-term care homes at Mary Lake and beside the Cortellucci Vaughan Hospital, these diagnostic tools will help our seniors stay out of the hospital and get the care they need, closer to home," noted Stephen Lecce, MPP for King-Vaughan.

"Our government continues to prioritize the well-being of long-term care residents, which includes expanding more convenient diagnostic services for seniors where they live. The \$3 million investment for the new Paramedicine pilot program will allow community paramedics to begin delivering diag-

nostic services to long-term care homes, ensuring residents have better services faster," added York-Simcoe MPP Caroline Mulroney.

"York Regional Council is incredibly proud to see Newmarket Health Centre leading the way as the first long-term care home to participate in the Community Paramedicine for Long-Term Care + pilot program. This innovative initiative is a significant step forward in enhancing the quality care our residents receive, providing them with timely and convenient access to essential diagnostic services within their long-term care home," said Chair Wayne Emmerson.



Chinese exhibit launches in King

"Standing in the Doorway: Lived Histories and Experiences of the Chinese Community" is a new exhibition on display at the King Heritage & Cultural Centre until November 2.

An opening celebration for this exhibition was held at the King Heritage & Cultural Centre. Highlights include a drumming demonstration by Fengcai

Alumni Drum Troupe, a dance demonstration by Lisa's Chinese Dance Group (who also offers weekly classes at the King Township Municipal Centre), craft activities and traditional refreshments.

This award-winning exhibition was created by the Markham Museum and YRDSB Museum & Archives with input

King Mayor Steve Pellegrini was on hand to help welcome the new exhibit. Joining him were (l to r) Cheng Zou, leader of Fengcai Alumni Drum Troupe; Liza Mallyon, Coordinator, Collections & Exhibitions at the KHCC; dancers Lisa Li, Tina Zhao & Jean Zhu; Ron Lynn, YRDSB Board Chair & Trustee of Markham Wards 2 and 6; dance teacher Linhong Zhang of Lisa's Chinese Dance Group; dancer Julie Zheng, and Councillor Debbie Schaefer.

from countless institutions, organizations, families and individuals from across York Region.



Standing in the Doorway is on display until Saturday, Nov. 2 and is open

Tuesday to Saturday, 10 a.m. to 4 p.m. Included with regular admission. For school programs, please contact the KHCC at 905-833-2331 or kingmuseum@king.ca.


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Kotyk catalyzes Cougars in 3-2 win over Midland Flyers

By Jim Stewart

Henry Kotyk tallied a goal and an assist to lead the Schomberg Cougars past the Midland Flyers 3-2 in PJHL preseason action on Saturday at the North Simcoe SRC.

The Flyers – long-time divisional rivals of the Cougars – took a 1-0 lead when Dylan Craddock-Beckett scored 13 minutes into the first period.

However, the Cougars evened the contest with forty-two seconds left in the opening period when Kotyk, with an assist from Grady Duggan, beat former Schomberg goaltender Jack Pinder.

Cougars' Head Coach Stan Kondrotas was pleased with Kotyk's performance versus the Flyers: "Henry was an AP for us last year and he was excellent against Midland. He's ready to make the step up to Junior hockey. He has great vision and showed some nifty moves."

The Cougars took the lead at 14:46 of the second period on Hayden Anderson's marker.

Three newly-signed players combined for Schomberg's game-winning goal. Andrew Watt gave his new club a two-goal cushion five minutes into the third period with Kotyk and Jarod Sparrow drawing assists.

Cole Warrion's goal with eight minutes left pulled Midland to within one,

but the Cougars protected their slim lead to open the PJHL preseason with a W.

Coach Kondrotas was satisfied with the team's first outing of the preseason during a week when management is spending much time completing the Cougars' 2024-25 roster: "It was nice to see newer players stepping up. So many players are making it difficult for us in terms of our decision-making for the coming season."

The Cougars announced a slew of signings this week on their Facebook page including PJHL stalwarts Anthony Nascimento, Matthew Lychek, Jordyn Palazzo, and Joey Furlano. Schomberg also issued signing alerts on Facebook for four of their newly-arrived players--Kotyk, Sparrow, Watt, and Duggan – who all hit the score-sheet versus the Flyers in Midland.

The Flyers and Cougars will complete their home-and-home exhibition series on Thursday, Sept. 5 at the Trisan Centre at 7:30 p.m. The Cougars' first home game of the regular season is Thursday, Sept. 12 when they host the Caledon Golden Hawks at the Trisan Centre. Puck drop will be 7:30.

Both Caledon and Schomberg will have to re-orient their respective franchises geographically in 2024-25. The Golden Hawks and Cougars were transferred by the PJHL from their long-time home in the North Car-



Cougars' Head Coach Stan Kondrotas (seen here presenting the '23-24 MVP award to Andrew Hrinco) was pleased "to see newer players stepping up" during the 2024/25 PJHL preseason.

ruthers Division to the East Orr Division for the upcoming season. They will battle five new teams – the Georgina Ice, Uxbridge Bruins, Little Britain Merchants, Clarington Eagles, and

Port Perry Lumberjacks – and some challenging travel logistics as the westernmost franchises in the East Orr division. The 63-team PJHL is the largest junior hockey league in the world.



MP boosts walk

King-Vaughan MP Anna Roberts joined the Lupus Ontario Vaughan Beach Volleyball and Walk for Lupus recently. "It was great to see our community come together to support this important cause by raising awareness and funds for those living with Lupus," she said.

King Junior A Rebellion sets up home base at the Nobleton Arena while Zancor Centre is repaired

By Jim Stewart

The King Rebellion of the OJHL will set up their hockey operations at the Nobleton Arena until the Zancor Centre is ready for occupancy. The state of the art sports facility was damaged heavily by vandals four weeks ago.

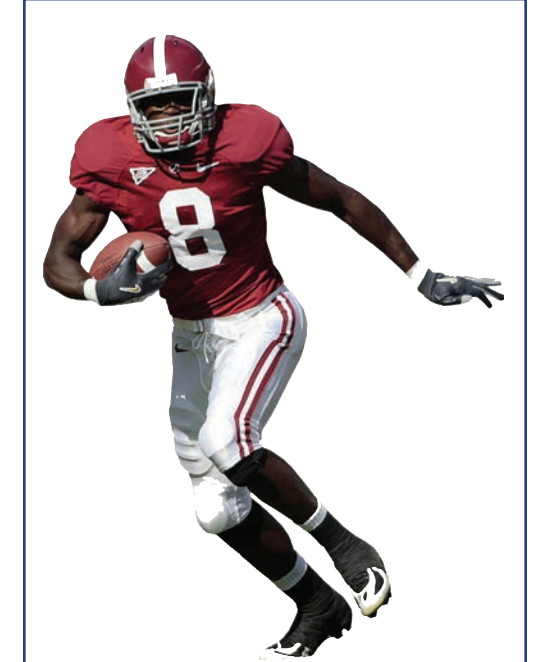
The sociopaths' destruction of cherished public property has had consequences for thousands of residents in King Township in terms of program delays, including ice time for hockey teams like the Rebellion. The vandals' wanton acts delayed the Zancor Centre's major tenant – the transplanted Brantford 99ers franchise renamed the King Rebellion – from commencing operations at the \$100M recreation facility in September.

The Rebellion's first regular season home game – and the first Junior A game in almost 40 years in King Township – is Sunday, Sept. 22 when they host the Aurora Tigers at the Nobleton Arena.



MPP Lecce boosts team's fundraiser

Stephen Lecce, MPP for King-Vaughan, brought his car for a wash at the Vaughan Rangers' Car Wash that raises funds for the team. "The Ranger moms and dads couldn't have been more proud of their sons as they worked as a team to raise funds for the Vaughan Rangers," Lecce said. "From a former Vaughan Ranger, I say well done boys!"



Coaches:

We want to hear from you! Send us your game reports, tournament results, etc. for Hockey, Football, Equestrian, Basketball, Volleyball, Gymnastics, Martial Arts, and anything else sports-related that's going on in your community.

Email Mark at editor@kingsentinel.com

King's Corners

King City United By Sheryl Sinka

We hope everyone had a safe and enjoyable Labour Day weekend and wish all who are back to school a wonderful return. This Sunday Sept. 8 we will resume our regular time and location at King City United Church on Sundays at 10 a.m. and look forward to seeing you there. Sunday School will resume on that date as well.

Please consider making some extra donations to the King Township Food bank this summer. The community can make a significant difference if it works together to support the Food Bank and the families that access this much needed service.

If you have any questions please contact the church office at 905-833-5181.

King Bible Church

Join us on Sundays at 10:30 a.m. for our Sunday Worship service. Pastor Mark Nowell will be bringing us the message on The Kingdom Of God. We will also be streaming the service on-line at 10:30 a.m. on Facebook and YouTube.

Join us on Saturday, Sept. 14 for a free outdoor movie night! Snacks are provided and we'll be watching "Up."

Please visit our website for links and further information: www.kingbiblechurch.com

If you have any questions please email: Lisa Lethangue (lisa@kingbiblechurch.com), Administrative Assistant, King Bible Church, 1555 King Rd, King City, 905-833-5104.

King City Seniors (55+) By Carolyn Kanitz

Saturday, Sept. 7 is the date for our annual corn roast and BBQ sponsored by the King City Lions. An extra feature this year will be square dancing and line dancing for your enjoyment as either a participant or a spectator after dinner. Tickets are \$10/pp and are now available at the King City Seniors' Centre office: 905-833-6565.

Friday, Sept. 20 at 10 a.m. there will be a presentation by Heart to Home. This is an opportunity to learn about the meal service provided as well as to taste test their menu. The tasting begins with treats on arrival and con-

tinues throughout the presentation. Spaces are limited so pre-registration is necessary. Call the office at 905-833-6565.

The following activities are offered at the King City Seniors' Centre. If you see something that is of interest, please come out and join the group. All are welcome.

Monday mornings: 10 a.m., 11 a.m. – Mobility Matters. Monday afternoons: 1 p.m. – Music and Movement/Cribbage; 2 p.m. – Knitting/Crochet.

Tuesday mornings: 10 a.m. – Line Dancing. Tuesday afternoons: 1 p.m. – Bid Euchre.

Wednesday mornings: 10 a.m., 11 a.m. – Mobility Matters. Wednesday afternoons: 1 p.m. – Bridge.

Thursday mornings: 9:30 a.m. – Gentle Motion (similar to Tai Chi). Thursday afternoons: 1 p.m. – Carpet Bowling.

Friday mornings: 9:30 a.m. – Art Class (2nd & 4th Friday of the month unless otherwise noted). Friday afternoons: 1 p.m. – Progressive Euchre.

You may contact KCSC at 905-833-6565 or kingcityseniors@gmail.com

Kingcrafts art show

Kingcraft Studio is once again hosting its very popular Art Show and Sale 2024. Our fine artists have been hard at work! Drop by the Fine Artists Art Show to shop & browse a variety of unique pieces that have been locally painted in the heart of King City. It will be held Saturday, Sept. 28 and Sunday, Sept. 29, from 10 a.m. to 4 p.m. Kingcraft is located at 12936 Keele Street, King City.

Check the website for many of our popular workshops and our upcoming Holiday Craft Sale – www.kingcrafts.ca

York Pines

Last Sunday, our joint service returned to New Hope United with Rev. Andrew presiding. He led us through the colourful church year. This Sunday, we return to our normal Sunday services at York Pines at 11 a.m. A continental breakfast will be served in the Narthex starting at 10:15 a.m. Bring your favorite breakfast finger food to share. It is also Hungry Sunday when donations to the food bank are appreciated including empty egg cartons. York Pines is a distribution point for the King Township Food Bank. Next

Sunday, Doug Reid leads the service which will include a Prayer Shawl Blessing.

Schomberg AA meetings

Alcoholics Anonymous meetings are held weekly at Suburban North at 116 Church St. They're held every Monday and Thursday in-peron at 7:30 p.m.

Sacred Heart Church

Sister Mary Kay Homan, OP sent a thank you for a lovely visit, our prayers and generosity. Contact at 517-266-3480; website adriaindominicans.org. A grateful Thank You also to the Albo Family for their generous landscaping donation to the Bell Garden.

Looking forward to both Coffee Sunday restart on September 8 and our 2nd annual Carnival & BBQ Picnic on September 15th. Both events are gathering places for family and friends, good food, laughter and fun. Tickets for the BBQ are \$10.00. Contact Mary at cazzetta@rogers.com

Faith And Family Gathering: This is open to families who want to further their children's faith life and Catholic education. Join us on Friday, Sept. 27 from 10 a.m. to 1 p.m. in the Parish Hall for fun family-oriented activities, crafts, sharing stories, praying the rosary and studying the Bible. Recommended for children ages 12 and under. Parents MUST accompany their children. Please bring snacks and a lunch. For information contact Nadia at npacuzzo@archtoronto.org.

Website: sacredheartki.archtoronto.org. Email: sacredheartki@archtoronto.org. Facebook & Instagram: Sacred Heart Parish King City. Contact Rectory office at 905-833-1161.

St. Andrew's By Kathy Patterson

St. Andrew's welcomes you! Our Sunday morning worship service is at 10:30 a.m. Join us afterwards for coffee-time. Alison Agnew is continuing her sermon series on God's Grace which is truly amazing and offered for all. Last Sunday, we looked at Exodus 20:1-21 and God's amazing grace, providing Jesus for us and His spirit to help us live the abundant life the way He intended.

The Sunday services are recorded each week and posted. Go to our website: standrews-kingcity.ca and click on

the YouTube link.

The Edict of the Ordination and Induction of Alison Agnew was read by Kathy Patterson, the Clerk of Session who will read it again September 8. The Service is Sunday, Sept. 8, at St. Andrew's, King City at 3 p.m. The Oak Ridges Presbytery will meet at 2:45 p.m. We hope you can join us for this very happy occasion and stay afterwards for light refreshments.

Since we are replacing a number of church pews with chairs for further ministries, they are available. They are FREE, not attached to the floor, but the taker is responsible for moving them to their new locale. Please call the church office and leave a message for us. Thank you for the calls we've received, but remember, the last pick-up for them will be September 5.

One of our favourite Bible passages is: "Be not anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6,7.

We encourage all to continue to donate to the King Township Food Bank throughout the summer. The lime green collection bin is in the east hall. Go to ktfb.ca to find out what is most needed! Contact the church office for more information.

If you are looking for free church pews, we are trying to replace a number of them with chairs. Please call the church office and leave a message for us.

If you need pastoral care, call St. Andrew's, King City at 905-833-2325 to speak with Alison Agnew, or phone one of the Elders. Our Interim Moderator, the Rev. Dr. Jeff Loach can be contacted at St. Paul's, Nobleton at 905-859-0843.

All Saints Anglican Church By Patrick Gossage

Welcome Sunday - Sept. 22 at 10:30 am – We want to welcome those who were away for the summer, people who may have stepped away for a time, even years, and also welcome those who have never stepped foot in the church before. We would like to warmly welcome you to our service and our community. We will have a great band playing that day and a reception following the service. We hope you will come and have a joy-filled time!

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Nobleton Notes

By Angie Maccarone

St. Paul's Church
By Linda Blydorp

We invite you to join us in person for worship this Sunday at 10 a.m. Our Pastor, Jeff Loach, will bring a message entitled, "Walking Icebergs," from John 4. How can we understand our emotional health, and how does that relate to our spiritual health? Join us and find out!

We offer children's ministry and nursery during the service. If you can't make it in person, our live-streamed broadcasts are available directly on stpaulsnobleton.ca or on our YouTube channel each Sunday at 10 a.m., or on demand at youtube.com/stpaulschurchnobleton.

Our Junction Ministries serve our children's and families each Sunday. FirstLink is our staffed ministry time with our youngest attendees, and Junction is an age appropriate time of teaching with our elementary aged children.

If you know young people who need volunteer hours for school, we would be pleased to have them volunteer to run our audio-visual booth on some Sundays throughout the year. Training is provided. Interested individuals can reach out to our Pastor through the connection card at stpaulsnobleton.ca/connect.

St. Mary's Church

Bible Study: Genesis Part 1: Creation. This takes place Monday 7:30 to 9:30 p.m. Oct. 21 to Dec. 9 and break Jan 13 - Feb 24 (inclusive). It will be held at St. Mary's Catholic Church (basement classroom). The cost is \$50.

Topics include the six days of creation, the Garden of Eden, and marriage.

Please contact Gillian Vivona at 416-671-1540 or gillianvivona@gmail.com for registration and inquiries.

Browse our websites:
St. Patrick's Parish:
<https://stpatrikssc.archtoronto.org/>

St. Mary's Mission: <https://stmarys-no.archtoronto.org/>

If there is anything we can do to support you, please call the parish office on 905-859-5522 or email us at: stpatandstmarysc@archtoronto.org

The Parish Office will remain open from Monday to Thursday, 9 a.m. to 4:30 p.m.

Nobleton Seniors (55+)
By Joanne Bailey

We welcome all Nobleton Seniors (55+) to the Nobleton Arena to participate in meaningful activities, create new friendships and to share ideas. We are located at 15 Old King Rd, (upstairs).

Our current schedule is as follows:
Mobility Matters classes Monday and Friday - 1 to 1:45 p.m.

Educational Thursdays - from 10 a.m. to noon unless otherwise indicated.

Please continue to register for each program. All events are \$1 for members & \$2 for non members unless otherwise indicated.

Sept. 12 Chair Yoga (virtual) -

Enjoy this physical, mental & spiritual practice followed by a Pizza Social. (Pizza will be supplied by Vivo Pizza in Nobleton. Registration required to order the pizza.

Sept. 19 - Colours by Gillian. Everyone has a colour pattern, does your colour interact better with others? Come & find out.

Sept. 26 - Art with Angela- Create a unique centerpiece for Thanksgiving. Sponsored by Lesley Thompson, Community Relations Director, Amica Aurora Promenade. Cost per person \$5, which includes all materials. Please registered since materials need to be purchased. Snacks will be provided by Amica.

Oct. 3 - Fashion & more with Frank. Be in style with Fall Fashion & learn how to layer your clothing.

Oct. 10 - Nobleton Physiotherapy - Simple exercises to relieve joint pain. Presented by Giacomo Fabrizio.

Oct. 17 - Guest speaker Anna Roberts MP. Shadow Minister for Seniors. We will be at the Municipal Centre on King Rd with guest speaker Dena from the Older Elder Centres' Association of Ontario, Snacks provided.

Oct. 24 - Nobleton Optometry - General Eye Care for Seniors. Presented by Melisa Siragusa OD.

Oct. 31 - Halloween Party. "Witchful Thinking, Ghostly Gathering" and more. Prize for the best costume. Treats will be provided.

We are currently seeking more volunteers for our Nobleton group. If interested please contact Joanne Bailey at 416.706.9375 or email Erin Burford, Coordinator of Recreation Programs at: eburford@king.ca

Nobleton Lions

Our next event is the Annual Community Fundraising Draw with the winners being declared at the Library Gazebo on October 26. First prize is \$4,000, 2nd is \$750, 3rd is \$250. Tickets cost \$20 each or 3 for \$50 and are available now from any Lion as well as in some businesses around town like KARS and Nobleton Dental Clinic.

Proceeds from the Draw go to various organizations such as the York Region branch of Autism Ontario which states as its main goal: "The work we do helps all autistic individuals and families in their communities have access to meaningful supports, information, and connections so they are equitably and seamlessly supported across their life course."

The Lions continue to welcome new members with a heart to serve, both men and women. You may join us as a guest when regular meetings resume in September by contacting Lion Jerry MacBain at nobletonlionjerry@outlook.com

We meet at 6:30 p.m., with dinner at 7, on the 2nd and 4th Tuesday of each month from September to the end of May at the Old Community Hall, just north of the arena.

Kingcrafts art show

Kingscraft Studio is once again hosting its very popular Art Show and Sale 2024. Our fine artists have been hard at work! Drop by the Fine Artists Art

Show to shop & browse a variety of unique pieces that have been locally painted in the heart of King City. It will be held Saturday, Sept. 28 and Sunday, Sept. 29, from 10 a.m. to 4 p.m. Kingscraft is located at 12936 Keele Street, King City.

Check the website for many of our popular workshops and our upcoming Holiday Craft Sale - www.kingcrafts.ca

Book club

The Nobleton Book Club is resuming its, in person, monthly discussions of books at the Nobleton Library, located on 8 Sheardown Drive. Our schedule of meetings is on the second Wednesday of the month at 6:30 pm. in the program room.

The Nobleton Book Club has been meeting regularly for over the past 12 years; new members are always welcome to join! Whether you have read the book or not, come by and check out these very interesting, lively and entertaining discussions. All these titles are available to borrow, for free, through the Nobleton library and other King

Township libraries. If you have any questions, call Heather, our facilitator, at the Nobleton Library at 905-859-4188. Come and join this group of Nobleton readers!!

Here is the reading list for the Nobleton Branch Book Club for 2024-2025.

Meet at 6:30 to 8 p.m. at the Nobleton Library on the second Wednesday of each month.

Wednesday, Sept. 11, The Whispers by Ashely Audrain.

Wednesday, Oct. 9, Lady Tan's Circle of Women by Lisa See.

Wednesday, Nov. 13, Becoming a Matriarch by Helen Knott.

Wednesday, Jan. 8, 2025, Mother-Daughter Murder Night by Nina Simon.

Wednesday, Feb. 12, 2025, Forager by Michelle Dowd.

Wednesday, March 12, 2025, Tom Lake by Ann Patchett.

Wednesday, April 9, 2025, Crow by Mary Kathleen Grissom.

Wednesday, May 14, 2025, Yellow Face by R.F. Kuang.

Wednesday, June 11, 2025, Someone You Know by Catherine Fogarty.

Let's Plant 400 TREES!

Join us at **Cold Creek Conservation Area** to improve habitat!

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- 5 for \$30
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Advertising generously donated by an anonymous donor. Charitable registration #896696804 RR0001

Nobleton & Schomberg United Churches

By Nancy Hopkinson

The next Seniors' Luncheon is Tuesday, Sept. 10 at 11:30 a.m.. Please be at St. Mary Magdalene by 11:15 a.m. The entertainment is David Pilkey, accompanied by Steve Falk. They will provide piano playing and a sing along with a video show of movie and TV themes."

The meal is BBQ sausage, corn on the cob, baked beans, buns & butter, and ice cream or gelato with cookies. Please let Sheila Kelly (905-939-2315) know if you are interested in attending. Space is limited. If you prefer, the meal can be delivered. Although the meal & entertainment are free, we do appreciate any donations you are able to make to offset some of our costs.

Messy Church starts again on Tuesday, Sept. 18. Please note that Messy Church is changing to the third Tuesday of most months. Please contact me at 416-316-5064 or (nancykhopkinson@gmail.com) to register or for more info.

On Wednesday mornings, we have a Zoom Coffee chat (10 to 11 a.m.). The quilters join us! We talk on a huge variety of topics, mainly current events. You are welcome to join us. Just send me a message nancykhopkinson@gmail.com to request the link.

Schomberg United Church meets at St. Mary Magdalene Church, lower level, 116 Church St., Schomberg. It is accessible. Nobleton United Church meets 6076 King Rd., Nobleton. It has a wheelchair ramp and a chair lift to go up the 7 steps to the Sanctuary. The phone number for Rev. Richard and for our secretary Sharon is 905-859-3976.

The Open Closet Outlet

**Saturday Sept 7
9:30am-11:30am**

at King Bible Church

We are giving away clothes, shoes, books, games, toys and household items!
Items are for personal use only and limits apply. Not for resale.

Find us at
1555 King Rd. King City, ON L7B 1L4
905-833-5104
kingbiblechurch.com

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EXPERIENCED Pressman/Presswoman
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Please email resumes to: antonina@masterwebinc.ca

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Think you can sell?

Come join a dynamic, fast paced, growing entrepreneurial company looking for driven, enthusiastic sales representatives. A rewarding, lucrative opportunity for the right candidate.

201 APARTMENTS FOR RENT

Alliston Basement Studio apartment for rent.
Eat in kitchen w/stove, fridge. Newly painted & new flooring. \$900 a month including hydro/water. Equifax credit report required. 905-936-4216 ex 1161.

WE PAY CASH for scrap vehicles - any size. We also buy construction and farm equipment. Open 7 days a week. Call 905-859-0817 (Peter)

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WE PAY FOR GOLF BALLS
Pay \$0.15 to \$0.40 per ball
Year Round! Pick-up available!
416-889-9365. Peter
NO MIN QTY OR NO MAX!!

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SEASONED FIREWOOD
647-237-5537
Face Cord \$170
Bush Cord \$500
Smaller amounts also available. We deliver.
1153 Canal Rd, Bradford, ON L3Z 4E2

505 GENERAL HELP WANTED

ABATE RABBIT PACKERS meat processing facility from Arthur immediately requires 16 Wholesale and Retail Butchers with a minimum of 2 to 3 years of direct hands on experience in meat cutting and processing. Duties include cutting and sectioning of meat, skinning and removing blemishes, deboning rabbits and chickens, cutting meat into specialized cuts and preparing for wholesale and retail sales. HS diploma or equivalent required. Positions offered are permanent full time and salary is \$16.00/hr for 42.5 hrs a week, OT after 44 hrs a week. Please apply in person at 7597 Jones Baseline in Arthur, via email at joea@abatepackers.com, via fax at 1-519-848-2793 or via phone at 1-519-848-2107.

602 ARTICLES FOR SALE

Grass fed/finished Angus freezer beef for sale. Sides, quarters and bundles.

Valleybrook Farm
905-460-4662,
blackcow@sympatico.ca

MOVING/DOWNSIZING:

Items for free:
- Rockwell Beaver 10" radial arm saw, Cat No 1550-P, needs on/off switch wiring.
- Delta 12" radial arm saw, Cat No 33-892, 240 volts.
- Beveled glass table with metal sawhorse style base, 43"x64"
- Beveled glass table with wood X style base, 48" square
- 2 oval glass top end tables, 23"x26" and 25"x33", heavy brass bases
For sale: Delta floor model drill press in working order - asking \$40.00
For more information call 519-404-8723 (Cookstown)

QUALITY FIREWOOD
Seasoned Firewood \$395/Bush Cord. Fresh cut \$325/Bush Cord. Call 905-729-2303 or 705-440-6450
Truckloads of firewood logs now available

510 CLEANING/DOMESTIC SERVICES

Reliable Home Cleaning Service for the town of Nobleton. Weekly, bi-monthly, monthly service at good rates. Call Kim 647-739-2481 for an appointment. Eleven years experience.

610 FIREWOOD/TREES

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Zach Shoub
416-803-9940
zach@lpcmedia.ca

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Cancer Society urges hospice construction close to home

The Canadian Cancer Society (CCS) is launching the Bring Care Closer campaign to urge Ontario and other provincial governments to build new hospice residences, so more families have the option to choose hospice care closer to home.

An October 2023 report by CCS found that governments across Canada are falling short of delivering quality palliative care for people with progressive illnesses like cancer. Every region should have seven hospice beds per 100,000 people according to the Auditor General of Ontario. But Canada only has 3.97 hospice beds per 100,000 people as of 2022 with only British Columbia and Yukon surpassing the seven-bed threshold.

Ontario is not even half way towards the target seven hospice beds per 100,000 people, with only 3.47 per 100,000 people.

The Bring Care Closer campaign is placing billboards and digital ads in underserved communities where there is local community momentum for building a hospice. Each ad will mark the extreme distance to the nearest hos-

pice residence. In Ontario that includes Kemptville, the Kawartha Lakes and Georgina.

Daniel Nowoselski, Advocacy Manager - Hospice Palliative Care for CCS, said everyone should have access to hospice residence close to home.

"Everyone facing a life-limiting illness like cancer deserves to have meaningful choices when it comes to where they receive care. But for too many people in Ontario, the nearest hospice residence is far away from home. I've met with families who had the heart-wrenching options of a loved one spending their final weeks in a place where they aren't comfortable, or sending them far away and getting on the highway again and again to be at their side in their final weeks," said Nowoselski. "That's why we're partnering with community groups across the province to urge the government to build hospice residences where they are greatly needed. Hospice residences are an important part of Canada's health care system, and we should all have access to them."

Nowoselski said palliative care is about life, helping people live as well as they can in the time they have left – so they can focus on what matters when it matters most, like spending time with family. Hospice residences are home-like settings that deliver pain control and symptom control as well as psychosocial and spiritual support during end-of-life care. Hospice residences also help families navigate grief and bereavement.

Without access to a hospice residence, people are more likely to spend their final days in a setting they didn't choose, which may include a hospital or repeatedly rushing to a crowded and

hectic emergency room.

Ontarians can support CCS's calls for better hospice care by sending a letter to their elected official at cancer.ca/hospice.

The Canadian Cancer Society works tirelessly to save and improve lives. We raise funds to fuel the brightest minds in cancer research. We provide a compassionate support system for all those affected by cancer, across Canada and for all types of cancer. Together with patients, supporters, donors and volunteers, we work to create a healthier future for everyone. Because to take on cancer, it takes all of us. It takes a society.



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LIVE AUCTION SALE
for Jeff Begg
FRIDAY September 6th, at 6:00pm
554447 Mono-Amaranth TLine, Mono

Go west through Orangeville on Hwy 9 to County Rd 16 (Veterans Way at Greenwood Cemetery), turn north 5 miles to farm on East side. OR from Shelburne go east on Hwy 89 for 2 miles to Mono-Amaranth Townline, turn south & go 5 miles to farm on East side.
****PARKING ON SITE****

Lawn Tractors: JD X580 lawn tractor, 54" cut, 554hrs, well maint; JD LA115 lawn tractor, 42" cut, 167hrs, new deck belt, runs good. **Mach & Equip:** Wallenstein MX130 T PTO manure spreader; 3pth fertilizer spreader; 10ft chain harrows with drawbar; 1986 Freuhauf 48ft van trailer -for storage; and more! **Farm Rel/Shop/Misc:** Stihl FS100RX gas trimmer; misc tools; Makita 355mm chop saw; qty ladders; rakes, forks, shovels; steel tube gates (8ft,6ft,4ft); misc hand & power tools; 200gal diesel tank; qty chains; Yardworks log splitter; T-bar steel stakes; battery cables; ext cords; qty rubber water troughs; Generac XP-10000E generator, elec start, gas, 10,000W; Red Rock 40ton gas log splitter; hand tools & smalls; (2) pcs stone ledge or mantle; sm stainless fridge; cedar outdoor furniture; misc lumber; misc horse tack & equip; floor bottle jack; Stihl leaf blower; Stihl MS180C chainsaw; Stihl tree trimmer; Garant axe; (2)rototillers; plus additional items. Lots to see here!

Lunch Booth & Washroom Available
Order of Sale: Wagonload; Shop/Farm Rel; Equipment & Lawn Tractor
****NOTE: Smaller sale, please be on time. Preview: Day of sale.**

Terms & Conditions: Cash or Cheque with proper I.D. on day of sale. Owner and/or Auctioneer will not be held responsible for accident or loss on day of sale. All items are sold "As Is". All verbal announcements on day of sale take precedence over written ads.

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Scoop from Schomberg

By Susan Heslop

Welcome to September – it's back to school, the unofficial end of summer and on the upside, new beginnings. I hope everyone had a wonderful Labour Day and didn't work too hard. The weather took a huge dip on Monday so personally I'm hoping for an upswing in the temperatures and a warm and colourful fall. Lots of fun events coming up in Schomberg this fall, so if you have an event, please send it my way. I'm happy to add them here.

Back to school means back to routine and routine and that means back to sports. To help you navigate that, King Township has a drop-in sports program at various public schools, and it includes pickleball, volleyball, basketball, or badminton, it's \$5 each for ages 13 and up, and for us 55+ crew the cost is only \$3. Please check the website at king.ca/dropinprograms.

There have been a few accidents these past few weeks on our sideroads and as we know the driving lately around town has been questionable, to say the least. To that end if you're concerned about an area you have till Sept. 15 to submit a traffic calming request at king.ca/trafficcalming.

King is also partnering with Ontario Streams for a tree-mendous afternoon of planting 400 native trees and shrubs at Cold Creek Conservation area on Saturday, Sept. 14, from 11 a.m. to 1 p.m.

You can pre-register at king.ca/environmentalevents, all ages, and drop ins are welcome.

This year King Township is inviting the best food and beverage vendors in the area to participate in Kingtoberfest on Saturday, Oct. 19 from 5 to 10 p.m. at Cold Creek Conservation Area in Nobleton. They are currently looking taking applications, so if you're interested head over to king.ca/kingtoberfest.

The Schomberg Mug Run has been planned for Sept. 21, and it sounds great. It includes live bands, vendors and apparently lots of beer. Registration is now open at schombergmugrun.com. More details to follow, so stay tuned.

The next day The Grackle Coffee Company on Main Street is inviting you to enjoy "Jazz on the Patio" featuring Ataraxia, grab your coffee and enjoy some Jass at 208 Main Street from 12:00 till 2:00 PM.

Anglican Parish of Lloydtown

September 28 brings Schomberg Country Run for its 14th consecutive year. Over the years, tens of thousands of dollars have been raised to support projects that bring and maintain clean water to Indigenous communities. The dedicated committee and fundraising volunteers want to ensure that clean water is a basic service available to all in Canada. Mark your calendar to walk, run, scooter, skateboard, wheelchair, still walk, or even pogo stick the beautiful 5 km route out to the 10th and back. Details on sponsoring a participant or simply donating to come early in September when registration on

Eventbrite opens.

Schomberg Euchre Club

The Euchre group meets on Thursday nights at the Trisan, 7 to 9. The cost is \$10 for the evening or pay monthly for \$20. All welcome, all ages, men, ladies, you just need to know how to play (no beginners please), how to laugh, enjoy an excellent group of people and not take the game or yourself too seriously. I'm also happy to report that Bill Duggan came through surgery and is now on the road to recovery, we will miss you Bill, come back soon,

Schomberg 55+

Our first meeting is scheduled for September 9 at 10:30 a.m. at the Schomberg Community Hall, we will be entertained by Sean Derraugh, who will share the history of the clarinet, show us his collection and perform, this meeting is generously sponsored by "Schomberg Eye Care."

The following Monday, Sept. 16, Dr. Jessica Sgro, optometrist and owner of Schomberg Eye Care, will be giving a presentation on geriatric eye diseases and how to prevent them, which will also take place at the Schomberg Community Hall.

Tuesday, September 10th, Bridge resumes at 1:00 PM at Schomberg Community Hall

Wednesday, Sept. 18 at 10 a.m. – Workshop. Lisa Cole Painting class. \$30/pp. Registration to klbird@hotmail.com by September 12.

Monday, Sept. 23 – 10 a.m. – Speaker: Gillian Vivona will present a show and tell on rocks and minerals.

Summer bridge will take place every Wednesday in the Curling Lounge of the Trisan Centre from 7 to 9 p.m. If you are interested in joining this group, please contact Kim at klfortin58@gmail.com.

Ukulele Classes "Tightly Wound" Band will begin again on Thursday, Sept. 12, from 2 to 4 p.m. at Schomberg Community Hall.

Annual fee is \$15 for individuals/\$20 per couple or two people living at the same address for King residents. It's \$20 and \$30 respectively for non-residents. To keep up to date with events, please check online at king.ca/seniors.

Again, if you find a lost dog or cat, please secure it and call Vaughan Animal Control at 905-832-2281, they are responsible for this area.

Please reach out with your events, stories of happenings or anything you would love to see here porter5952@gmail.com or 416-460-5952.

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BRAND NEW HOME ON SPACIOUS DOUBLE LOT

Brand new custom-built executive home on a premium 96' x 126' lot in Richmond Hill. This masterpiece boasts an open concept layout, high-quality craftsmanship, 10' ceilings, chef's kitchen with quartz counters and Bosch appliances, spa-like ensuite, spacious bedrooms with walk-in closets, and a 38' x 126' easement. Perfect for luxury living.



PERSONALIZE YOUR EXECUTIVE DREAM HOME

Explore this magnificent new 'Fernbrook Homes' property in prestigious Princeton Heights, Aurora Estates. Featuring a customizable kitchen with buyer-selected cabinetry and appliances, this executive home offers luxurious finishes, four spacious bedrooms with private bathrooms, and ample natural light.



EXECUTIVE HOME: \$400K EXTERIOR UPGRADES

Rare executive home in a tranquil cul-de-sac beside a parkette. This 8000 sqft custom-built residence features a 4-car garage, 19ft marble foyer, gourmet kitchen, primary suite with a gas fireplace, and an entertainment basement with a rec room and theater. Outside, enjoy a saltwater pool, cabana, sunroom, mini-golf green, and outdoor bar/kitchenette. Over \$400K in upgrades.



LAKE WILCOX LUXURY HOME HAVEN

Brand new custom executive home being built on a 150' lot in Lake Wilcox. This 4+1 bedroom, 5 bath home boasts upgraded features perfect for family living and entertaining. Chef's kitchen with JennAir appliances, open concept living areas, luxurious primary suite, and a finished lower level. Close to Lake Wilcox Park and trails.



BRAND NEW EXECUTIVE "GREEN" & "SMART" HOME

Experience eco-smart luxury in South Aurora's prestigious Royal Hill. This home features a gourmet kitchen, spa-like master suite, hardwood and porcelain floors, 10' ceilings, and an oak staircase. Highlights include a walk-out lower level, green technology, and serene views. Located close to amenities, nature, and transit for unparalleled sustainable living.



PEACEFUL BUNGALOW RETREAT NEAR LAKE

Discover this upgraded walkout bungalow on a serene cul-de-sac near Little Lake. Enjoy modern living with three upgraded bathrooms, a spacious kitchen with stainless steel appliances, a private backyard with a waterfall, an oversized garage, and direct access to nature. Close to schools, parks, and amenities.



SOPHISTICATED BUNGALOTT IN VAUGHAN

Sophisticated stone and brick Bungalow in sought-after Vellore Village! Nestled on a landscaped lot, this stunning home features a chef's kitchen, soaring family room, formal living with fireplace, main floor primary suite, and a fully finished lower level with separate entrance. Perfect for families seeking luxury and comfort.



PRESTIGIOUS HOME WITH PREMIUM FENCED LOT

This executive home boasts a 3-car garage with an EV port on a premium lot in a prestigious community. Enjoy a grand 2-story foyer with a 3-way fireplace, a chef's kitchen, a private deck, a luxurious primary suite, and a finished walk-out lower level with a gym, recreation room, and additional office.



LUXURIOUS 'FERNBROOK' HOME IN AURORA

Presenting the exquisitely designed 'Fernbrook' executive home in Princeton Heights, Aurora Estates. This expansive lot property boasts premium finishes and a gourmet kitchen, with customization options available. It includes four generously sized bedrooms, each with its own private bathroom.



ELITE LUXURY MANSION IN AURORA

Brand new luxury mansion in the exclusive Royal Hill Community, South Aurora. Features include a 3-car garage, finished basement with separate entrance and elevator, upgraded finishes, 10ft and 9ft ceilings, chef's kitchen, spa-like primary suite, smart and green features, and more. Assignment sale. High-end appliances included.



SPACIOUS NORTH RICHVALE FAMILY RESIDENCE

Discover this inviting family home in North Richvale. Features 4+1 bedrooms, 3 bathrooms, and a private 85ft x 142.05ft lot. Highlights include hardwood floors, floor-to-ceiling windows, a well-appointed kitchen with French doors, a spacious dining room, finished basement with separate entrance, and expansive front and backyards. Perfect for any buyer.

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