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King's Community Newspaper

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King's new recreation facility will be known as the Zancor Centre. Rendering by MJMA Architecture & Design

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WHO WILL THEY BECOME?



CDS
The Country Day School
EDUCATION WITH BALANCE

Rec. Centre will officially be known as the Zancor Centre

By Mark Pavilons
Editor

King's Township-Wide Recreation Centre, located at 1600 15th Sideroad in King City, now has its official name. Zancor Homes is the new naming rights partner of the multi-use recreation facility, now known as the Zancor Centre.

The developer has a long-standing history of supporting community services and events in King through donations and sponsorship, and paid \$1.5 million for the rights, which will last 15 years.

"I am thrilled to announce that King's new zero-carbon, Township-Wide Recreation Centre has been renamed the Zancor Centre, thanks to a generous contribution from Zancor Homes. This partnership, reflecting Zancor's long-established commitment to our community, symbolizes the collaborative spirit that drives King Township

forward. I extend my deepest gratitude to all the partners, contributors and residents who have made this vision a reality. Together, we are building a stronger, more vibrant King," said Mayor Steve Pellegrini.

"Zancor Homes is proud to partner with King Township in naming the Zancor Centre. Our commitment to community development goes beyond building homes; it's about fostering spaces where families and individuals can thrive. We believe that the Zancor Centre will become a cornerstone of the community, providing invaluable services and amenities that enhance the quality of life for all King residents for many years to come," noted Fabrizio Cortellucci, President, Zancor Homes.

As well, 10-year partnerships have also been secured by four different businesses for the naming rights of the ice pads, aquatic centre and athletic centre, as follows:

See 'Community' on Page 3

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INSIDE

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King City Library wins design award.

See Page 3



Food Bank honours its past-president.

See Page 7

Edward Jones



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KING



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Upcoming Meetings



**SPECIAL COUNCIL
CLOSED SESSION MEETING
Education Session
Wednesday, July 17
9 a.m. - 4:30 p.m.
Eaton Hall Inn and Conference Centre**

**COMMITTEES AND BOARDS
Wednesday, July 17
6 p.m. - Committee of Adjustment**

Hybrid meeting (in-person/virtual participation, live-streamed).
Visit: king.ca/cofameetings for more information.

View full Council and Committee agendas at king.ca/meetings

Community Electronic Recycling Event at the King Heritage & Cultural Centre

Saturday, July 27 at 10 a.m. to 2 p.m.

Do you have old electronics collecting dust at home? Properly dispose of your e-waste for FREE. Bring your unwanted electronics (e.g., TVs, computers, cameras) to ensure they are disposed of safely, recycled and kept out of landfill.



For more information, visit king.ca/EnvironmentalEvents

The Township-Wide Recreation Centre will officially be known as the Zancor Centre



The **new multi-use recreation facility** will now be known as the **Zancor Centre** for the next 15 years, following a generous \$1.5 million contribution from Zancor Homes. Ten-year partnerships have also been secured for the naming rights of the ice pads, aquatic centre, and athletic centre: **JTF Homes Arena**: Ice Pad 1 (home rink of the King Rebellion Junior A Team); the **Country Day School Arena**: Ice Pad 2; **Municipal Maintenance Athletic Centre**, the artificial turf fieldhouse with running track, and a multi-use community space; and **Aqua Tech Solutions Aquatic Centre**: the six-lane lap pool and leisure pool.

Funding from all naming rights totals \$2.7 million, which will go towards future needs and maintenance of the state-of-the-art, zero-carbon facility.

The ice rinks are on-track to open in September, with the athletic centre and aquatic centre both slated to open later this fall.

Learn more at king.ca/ZancorCentre



We're hiring part-time lifeguards, swim instructors & customer service representatives to work at the new Zancor Centre.

View the job postings and application details at king.ca/employment.

Schomberg Main Street

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Property Tax Due Date: July 24

king.ca/PropertyTaxes

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- Deputy Chief Building Official
- Permit Administrator II
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Thursday, August 22
6:30-8 p.m.

For details and direct links to registration, visit king.ca/recreation



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KING

Community steps up to name Centre's rooms

From Front Page

JTF Homes Arena: Ice Pad 1 (home rink of the King Rebellion Junior A Team).

The Country Day School Arena: Ice Pad 2.

Municipal Maintenance Athletic Centre: the artificial turf fieldhouse with running track, and a multi-use community space.

Aqua Tech Solutions Aquatic Centre: the six-lane lap pool and leisure pool.

Funding from all naming rights totals \$2.7 million, which will go towards future needs and maintenance of the facility.

With the opening of the new ice rinks, user groups of the King City Lions Arena will relocate to the Zancor Centre. In recognition of its namesake and the organization's volunteers who have served the King community since 1917, one community room in the Zancor Centre will be named the King City Lions Community Room and another named the Gord Orr Community Room, after a charter member of the club.

The \$86-million facility sits on 25 acres at the southeast corner of the King Campus of Seneca and will be accessible from 15th Sideroad. The Zancor Centre will include an aquatic centre with a six-lane lap pool and leisure pool, two NHL-sized ice rinks, spectator seating, an artificial turf

fieldhouse with running track, and a multi-use community space. Outdoor amenities include a large courtyard with direct access to social and community rooms, with future plans for the site including connections to the Oak Ridges Moraine trail system and outdoor sports fields.

Construction of the multi-partner facility was jointly funded by the Township of King, the Government of Ontario, the Government of Canada through the Investing in Canada Plan, as well as Seneca College and the development community.

In January, the multi-use recreation centre became the first combined aquatic and ice-sports community facility in Canada to achieve Zero Carbon Building Design Certification by the Canada Green Building Council (CaGBC). This certification is awarded for new constructions which demonstrate climate leadership through innovative carbon reduction strategies and optimal building performance. Innovative features designed to reduce carbon emissions include all electrical building systems to recover waste heat, daylight optimization for energy efficiency, minimal dependence on gas-fired equipment and geothermal readiness.

Construction of the recreation facility broke ground in April 2022. The ice rinks are on-track to open in September 2024, with the athletic centre and aquat-

ic centre both slated to open later this fall. The first big event will be the inaugural home opener for the King Rebellion Junior A Team, tentatively scheduled for Sunday, Sept. 22. The official

grand opening event will take place in January 2025.

For a project overview, visit king.ca/ZancorCentre. See regular updates at king.ca/majorprojects.

Traffic and pedestrian enhancements in the Township of King

York Regional Council approved road improvements at the intersection of Keele Street and King Road in the Township of King. Improvements to enhance safety and reduce delays in this core area include:

Adding exclusive north/south left turn lanes.

Implementing a pedestrian signal and crosswalk south of King Road.

Prohibiting on-street parking and stopping on Keele Street and adding parking capacity will be available in designated parking areas nearby.

Earlier this year, Regional Council approved assumption of Keele Street from Lloydtown/Aurora Road to Davis Drive, and 17th Sideroad from Jane Street to Dufferin Street at the Township of King's request.

Planned improvements in this area support York Region's Vision Zero Traveller Safety Plan which focuses on prioritizing the safety of our most vulnerable road users and influencing behaviours at key locations.



King City Public Library and Seniors Centre wins national architecture award

King is proud to announce that the King City Public Library and Seniors Centre is one of 12 recipients of the prestigious Governor General's Medals in Architecture award! Designed by Kongats Architects, this modern gem in King Township was recognized as an outstanding example of a community hub. Read more about this achievement at king.ca/news.



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COSIMO	16.95
Nduja, goat cheese, wild mushrooms, truffle oil, parmigiano cheese, tomato sauce	
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Pepperoni, mushroom, green pepper, mozzarella, tomato sauce	
MARGHERITA	12.95
Mozzarella, fresh basil, tomato sauce	
PRIMAVERA	15.95
Assorted vegetables, mozzarella, roasted garlic cream sauce	
LIGERA	16.95
Bocconcini, Parma Prosciutto, sweet red pepper, pesto base	
PATATA	15.95
Roasted sliced potato, red onion, smoked pancetta, gorgonzola, roasted garlic cream sauce	

TOPPINGS

Meat 3.00 each	Vegetable 1.50 each	Cheese 2.50 each
• Italian sausage	• Basil	• Mozzarella
• Smoked pancetta	• Spinach	• Smoked provolone
• Roasted chicken	• Red onion	• Crumbled goat
• Prosciutto di Parma	• Green peppers	• Parmigiano Reggiano
• Capicola	• Red peppers	• Boscognoni
• Nduja	• Italian mushrooms	
• Pepperoni	• Wild mushrooms	
• Soppressata	• Black olives	
• Anchovies	• Green olives	
	• Hot peppers	
	• Peas	

ADDITIONAL PIZZAS

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One topping included, any additional topping 3.00 extra

CALZONE or PANZEROTTI 9.95
Mozzarella and Tomato Sauce

PIZZA BY THE SLICE 5.00

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Toppings are extra

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CAPPUCCINO - 3.50
TEA ASSORTMENT - 2.00

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TUNA 13.95
Fresh tuna salad with spinach

MEAT MY NONNA 13.95
Meatballs in tomato sauce, mozzarella cheese

PAZZO POLLO 14.95
Roasted chicken, goat cheese, bruschetta olive, aioli to go

SANDWICH 14.95
Thinly sliced capicola, smoked provolone, provolone di parma, soppressata, shredded lettuce, house dressing

VEGETABLE 13.95
Assorted sautéed vegetables with aioli to go

ANTIPASTO

WINGS 16.95/LB
Crispy buttermilk dusted wings
Choice of sauce: mild, medium, hot, sulcide, hot honey, honey garlic, smoky BBQ, dipping sauce

FRIED CALAMARI 16.95
Four pieces stuffed with mozzarella and tomato sauce

ARANCINI 10.95
Four arancini stuffed with mozzarella and tomato sauce

GRILLED FRIES 5.00
With house dressing

GRILLED CALAMARI STICKS 6.95
With house dressing

GRILLED LAMB SPEDUCCI 9.99
Six pieces

FRIED SWEET AND HOT PEPPERS 6.95

MEATBALLS 8.95
Four homemade meatballs in tomato sauce

FOCACCIA 7.95
With rosemary and olive oil

MIXED OLIVES 4.95

PICKLED MELANZANA 4.95

SALAD

CAESAR 8.95
Dried cranberries, candied walnuts, goat cheese, caesar dressing

BABY SPINACH 9.95
House dressing

DRINKS

SOFT DRINKS 1.50

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PEAR NECTAR 2.00

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Roast sauce with fresh basil

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Spicy tomato sauce with fresh basil

PENNE POMODORO 12.95
Tomato sauce with fresh basil

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Chicken, mushrooms, garlic cream sauce

FUSILLI CON POLLO 15.95
Chicken, mushrooms, garlic cream sauce

RIGATONI ALLA VODKA 15.95
Smoked pancetta, onion, vodka roast sauce

RUCATINI ALLA NONNA 15.95
Homemade meatballs in tomato sauce with fresh basil

TORTELLINI NEVICATA 13.95
Ricotta stuffed tortellini in a cream sauce with fresh basil

PANINIS

STEAK 15.95
4 oz grilled New York strip steak with crispy wild mushrooms and aioli to go

GRILLED SAUSAGE 13.95
Fresh hand pressed ground sausage with fresh basil and hot peppers

VEAL 11.95
Breaded grain-fed veal in tomato sauce

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- Sautéed onions
- Sautéed mushrooms
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- Crispy wild mushrooms
- Mozzarella
- Smoked provolone

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Editorial, Letters & Opinion

"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."

- Michael Connelly

Practice does much more than 'make perfect'

"To practice five things under all circumstances constitutes perfect virtue; these five things are gravity, generosity of soul, sincerity, earnestness, and kindness."

Confucius

We all know that the more we practice, the better we get at everything. Whether it's athletic competition, mental agility or composing music, more is always better.

So much so that "an ounce of practice is worth more than tons of preaching," according to Gandhi.

And Deepak Chopra noted "to think is to practice brain chemistry."

He's right.

Our thoughts are chemical and even electrical. Thoughts and emotions are transmitted via neurotransmitters and neurochemicals in our brain. Substances like dopamine and oxytocin flow freely, impacting our feelings, love of music or closeness with others.

Neurons group together and connect and these fire, almost like a car's combustion engine, creating electrical impulses. We have upwards of 100 billion neurons in our heads. The more they fire and connect, the more information and memories we store.

Practice, like learning to ride a bike, makes these connections stronger. These unseen magical things then tell our bodies - muscles - how to react.

We're only aware of a small portion of the information our brain processes, every second of every day. Our senses take in a ton of input and our brains file them away. That's how the smell of coffee may make you think of that special, romantic time at the cafe.

It's all quite fascinating, but even brain scientists admit there's so much left to uncover. Why have humans been given such a supercomputer, when we can't even remember phone numbers?

It's important to constantly challenge our brains, not by watching reality TV, but by reading, doing puzzles and making art. Positive thinking keeps those pleasant connections



Mark Pavilons

bursting with joy.

We don't have to be fully versed in neuroscience to understand the nuances of brain health.

Emotional well being is hugely important and our brains know this. Apparently, we can regulate our brain chemistry by practicing mindfulness - focusing our attention on the present, without distraction.

We can also shift thoughts around, and sideline the bad ones. Negative thoughts, like doom and gloom, don't do any good at all. Replacing them with even a bit of positivity makes our brain smile.

I read that practicing gratitude has a positive impact on the brain, by producing serotonin and dopamine, which regulate mood.

I never thought that being positive and optimistic are actually good for you, and keep that gray matter well oiled.

There are likely dozens, if not hundreds, of things to do to help our brains think happy thoughts.

Not only that, but our true selves are resting in there, perhaps in the recesses of our minds. The best that we can be is there, waiting to be tapped into, uncovered and unveiled.

This is part of the equation, maybe the most important part.

As George Eliot put it: "It's never too late to be what you might have been."

So, how do we become the amazing person we truly are? How do we show the world our inner face?

Well, it combines all of the things I mentioned - brain chemistry, eagerness, and of course, practice.

If we want to be more compassionate, we have to practice compassion. We become gracious when we decide to be gracious.

Those amazing synapses are the key to our personality and great qualities we have in abundance.

Perhaps, along with practice, we need to share these things with others. Keeping it to ourselves may make our brains function better, but we have to let it out. We need to spread these things around, just like fertilizer in our gardens.

I have encountered literally thousands of people over the years in my line of work. I try to learn from them as I pick their brains on the subject at hand. I study them and their mannerisms.

I have found those who are generous, kind and non-judgmental have the best dispositions. Their outlook is amazing and it shows - on their face, in their speech, and in their actions. They have a certain calmness and focus.

I wish I could take samples from all of these people and create the ultimate

concoction of human pleasantness.

We humans have a great capacity to love and learn - it's pretty much endless. Maybe part of our journey here on Earth is one of constant self-improvement. Yes, the self-help industry has spawned a lot of charlatans and greedy gurus. But the bottom line is we need to do better and be better.

Nourishing our minds and bodies seems to be the way to go. It's personal, so we all choose our own method of evolving.

And some of those may involve things like meditation, journaling, spending more time outside, and practicing the best qualities or virtues, as Confucius mentioned.

Having a clear and open mind is necessary and you have to look inward to really know yourself. I think most of us refrain from deep self-examination out of fear and apprehension. What's to be afraid of?

A few people I know have said they simply sit quietly and listen to their inner voice. This may be easier said than done, but again, practice is the key.

I'm not saying all the answers to life will come flooding into our brains, but reflection is always healthy.

Just as we're feeding our bodies, we need to take the time to feed our minds, too. What comes out is tied directly to what goes in, so do yourself a favour - treat yourself with kindness and sincerity.

Letter to the Editor

What happened to Canada Day in King this year?

There was nowhere in King for residents to celebrate Canada Day. Sadly missed was the traditional Kettleby Canada Day event.

A truly wonderful small town, family friendly, non commercial experience.

Excellent local entertainment, a kids zone of activities, a venue for local community groups to share information, a place for residents to gather and much more.

And who could forget the delicious hamburgers and other offerings at the Lions Club food stand and the huge Dorio's Canada Birthday cake shared by all.

Hopefully we don't drop the ball next year, and there will be a Canada Day celebration in King in 2025.

Maybe by then we can even be forward thinking and have a drone display instead of fireworks.

Joanne Hofstetter

KingWeeklySentinel **WEBPOLL**
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THIS WEEK'S QUESTION

Results from last week's poll:

Do you think Canada is the best country in the world?

a) Yes **100%**

b) No **0%**

a) Travelling
b) Staying home

Go to our website and cast a vote!

The results of this poll are in no way considered to be valid or infallible.



Quote of the Week

"Misery might love company, but so does joy. And joy throws much better parties."

- Bill Ivey

Trivia Tidbits

Canada's most recent Territory, Nunavut, was formed in 1999.

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OFA Revive Fund supports local agricultural projects

By Bill Groenheide
Director, Ontario
Federation of Agriculture

Agriculture

Three years ago, many farming and rural communities were struggling under the ongoing impacts of the pandemic. This prompted the Ontario Federation of Agriculture (OFA), the province's largest organization representing farmers, to launch its Revive Fund.

Through this initiative, OFA's 51 county and regional federations were able to apply for matching funding to help plan, develop and launch new projects and initiatives in support of agriculture and their local communities.

The success of the Revive Fund has been tremendous, with approximately \$975,000 invested into the program by the OFA, its county and regional federations and other partners over the past four years – and it's still going strong.

Over the years, Revive Fund projects have been great catalysts of public engagement, as well as ways to strengthen connections between OFA members and their communities in helping to raise awareness and support for the agriculture sector.

This year alone, the OFA approved applications for 34 projects including CPR and First Aid training, mental health workshops, 911 sign campaigns for vacant farmland, slow moving vehi-

cle signage and road safety campaigns, member appreciation breakfasts and lunches, and a wide range of training workshops for local farmers.

My wife and I farm near Thunder Bay together with our sons and their spouses, raising beef and chicken and growing a diverse selection of crops. I also represent farmers from across northern Ontario on the OFA's provincial board, and I'm proud that one of this year's more unusual Revive Fund projects was hosted by our local federation of agriculture in Thunder Bay.

It was an evening learning event for local farmers called Farming: Thriving Behind the Scene that attracted more than 50 participants. The program covered a lot of topics that are important to farmers and farm businesses but that we don't often have a chance to easily learn more about.

Often, for example, farmers are encouraged to "tell their story," but we often feel that we don't know how to go about that. Not all of us are natural story tellers or at ease striking up a conversation whether in person or online, and yet we all know how important the human connection is between those who farm and those who eat.

That's why we invited speakers from the Thunder Bay Community Econom-

ic Development Commission to give a presentation on social media marketing and how to use these channels to communicate with consumers – a topic particularly important in a region as vast as northern Ontario.

Funding and finances always present challenges for farm groups and businesses, and storytelling is also a key part of being successful at applying for grant funding. A presenter from the Northwestern Ontario Innovation Centre discussed finding and choosing grant programs and proposal writing techniques that will help funding applications be more successful.

Also on the financial side, a representative from Scotiabank highlighted farm financial planning options and services.

As rewarding as farming can be, it's also not without its stresses, and statistics show that farm families, their employees and their families often struggle more than most with mental health. Increasingly, there are resources out there to help farmer mental wellness, and a local paramedic from Superior North Emergency Medical Services led the group through a review of both mental health challenges and supports from an agricultural perspective.

Throughout this summer and fall, more Revive Fund projects will be rolling out in communities across Ontario. More information about the Revive Fund initiative and the many successful projects that have already been completed are available at ofa.on.ca.

York Region reduces corporate greenhouse gas emissions, achieves 11% below target in 2023

Regional Council received the 2023 Corporate Energy Update, which shows York Region's total corporate greenhouse gas emissions 11% below target, advancing its goal of net-zero carbon emissions by 2050.

Key achievements in the 2023 Corporate Energy Update demonstrate:

Transit bus emissions increased to meet a 36% increase in ridership demand in 2023.

Non-transit fleet vehicle emissions were lower as the Region implements its Corporate Fleet Electrification Plan.

Natural gas emissions from corporate buildings and facilities decreased in 2023 due to a warmer winter than previous years.

Most corporate emissions are from fossil fuel consumption, such as gasoline, diesel fuel and natural gas. Innovations to electrify vehicles and buildings are one of the fastest growing areas of climate change mitigation technology and are proving to be a dominant path toward net-zero emissions.

York Region's framework of conservation, higher efficiency, renewable alternatives and low emission energy sources will help York Region achieve the target of net-zero emissions by 2050.

Emissions targets are set in the Energy Conservation and Demand Management Plan and supports climate change mitigation priorities in the 2022 Climate Change Action Plan. Learn more at york.ca/Energy



Lecce lauds new citizens

Stephen Lecce, MPP for King-Vaughan, congratulated two Maple residents on officially becoming Canadian citizens. "Just ahead of Canada Day, I handed out a new Canadian flag to Vaughan's newest Canadian citizens – Valentina and Valerio," Lecce said. "Congratulations to this hard-working couple from Italy as they celebrate their first Canada Day as proud citizens in the True North Strong and Free. Auguri!"

Schomberg Main Street

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– Shop & Stroll –



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schombergmainstreet.ca

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Being open to healing personal pain

By Mark Pavilons

Opinion

Some of us have a calling. Others are led by their intuition.

And some have those eureka moments.

We all seek answers to life's mysteries. And some of those are deep within us.

In my line of work, I'm taught to be objective, to ask pointed question to get the truth. In community journalism, much of the coverage is on local people and local accomplishments. It's not what's considered by the age-old misnomer, "investigative journalism." All journalism is based on fact checking and investigation of some sort.

I've always kept an open mind. I'm willing to look into, and write about anything. Today is about spirituality and energy healing.

We all have a spiritual side, whether it's embedded in religion, ancient teachings, yoga, meditation, even astral projection and past-life regression.

I once knew a woman who worked with us at the Caledon Citizen, who had terminal cancer. She wanted to go through a past-life regression session, to give her some light, some eternal optimism if you will. She told us the session revealed that both she and her husband had been through several lives together over the centuries, and will be together again.

Okay, it's not a science and take it for what you will. I don't know what to make of all this, but this story has stuck with me.

I have been to a hypnotist, but unlike those "victims" who fall limp on stage during a group exercise, I felt little from my one-on-one session.

I have enjoyed my Reiki sessions and some of the interesting, and yes, otherworldly things they revealed.

I have met people who are well versed in acupuncture and herbal medicine. I have met naturopaths and self-help gurus. I have seen a ghost, or spirit, of a family member the night he passed.

To me, exposing oneself to such things is a learning experience. And that's what life is sometimes.

Since I'm battling cancer, I thought anything I can do or try is worth it.

I encountered a King resident, Irina Mihaela, who practices energy healing. The trained nuclear engineer had a profound experience, leading her away from the corporate world to explore a totally different realm.

While volunteering at a conference in Toronto she had a "profound spiritual experience and huge epiphany." She was assigned to the room where Denise Linn was leading a past life regression.

"I was not into spirituality at that time and never heard of past lives. I didn't even want to be in that room, but as a volunteer I had to go where I was sent.

"Denise's voice drew me in and put me into a deep meditation where I experienced one of my past lives. My face transformed and heavy tears were streaming down my face knotting under my chin. I saw myself as a brave warrior fighting hard in a battle. When the battle was over, everyone around me – including everyone I cared about – was dead. I lived a long, lonely, and sad life and eventually died alone. The message I received from that life: 'if I fight, I will end up alone.' Then another message came to me from my angels: my name Irina means 'peace' in Greek and my current life needs to be about inner peace and teaching others to find it, too."

She decided to leave her corporate world behind and start her coaching business, while healing her childhood

traumas. Irina says her empathic nature and the past life regression experience inspired her to pursue spiritual development. She said she devoured books, attended events, took courses, and certified as an Angel Communication, Angel Card Reading, and Rainbow Energy Healing Practitioner.

"I worked extensively with several intuitive energy healers in my desire to grow and evolve. I received over 1,000 hours of such sessions in my 12 years of continuously hiring those professionals.

People call what Irina does "Energy Healing," but she uses everything in her arsenal – intuition, a pure heart and feeling the energy to remove blocks. She also does strategic intervention coaching, and uses her engineering problem solving abilities. "I can quickly get messages and solutions. The way I do it is unique to me," she said.

Irina has more than 10,000 hours of practice (which is said one needs to achieve mastery of complex skills) working with clients from around the world.

A client has to be open and sincere, and a team player and work with her and the "Universal Consciousness" (God, Spirit, Higher Intelligence or whatever people relate with). She works with people of different religions and during a typical session, she guides the energy.

So, with an open mind, I paid her a visit for a session. We talked a bit and she tried to find a source of my inner pain, aside from the obvious medical condition. Overall health includes letting go of previous pain and trauma. She believes a lot of our physical and mental ailments stem from childhood trauma.

The session included serene music, and Irina circling me on the treatment table, gathering impressions. She told me about my parents and things I need to absolve myself of.

When working Irina closes her eyes, waves her hands, and "sometimes I use my wand or other tools like feathers, bells, rain stick, crystals, oracle cards, as I feel guided."

I particularly loved the sound of her rain stick. Following the session, we chatted and took notes about some of the more pertinent aspects.

We are not broken, she attests, only wounded.

As she writes in her upcoming memoir: "We must travel back in time, correct the missed turns, and untangle ourselves from the mesh of confusion. When we take the light of spirit with us, to help us see the path, we can discover another perspective. We will then awaken to the perfection of life, to our purpose. And finally, we will be free. Truly free! We will finally walk in peace, sleep in peace and interact with others in peaceful ways."

She pointed out that life throws us curveballs and we need to feel all the emotions, but those emotions are meant to be temporary. The idea is to return to inner peace and not suffer longer than necessary.

Healing is a journey, Irina says. "I dedicated my life to healing from trauma and helping others heal. It is an empowering process. I believe we came on earth to experience various situations, to learn and evolve, and elevate our consciousness. When we accept that everything happens for our growth then we can take the difficult situations and use them to transcend our ego and our limitations."

All very interesting insights.
See 'Tapping' on Page 19

King 7-Day Weather Outlook
From Thursday, July 11 to Wednesday, July 17

THURS 11TH	FRI 12TH	SAT 13TH	SUN 14TH	MON 15TH	TUES 16TH	WED 17TH
Light Rain High 22C° Low 15C° 2-4mm Wind W 26k	Sunny High 27C° Low 16C° <1mm Wind SW 10k	Mainly Sunny High 28C° Low 18C° - Wind W 4k	Chance of Shower High 28C° Low 20C° ~1mm Wind SW 15k	Risk of T'Storm High 28C° Low 20C° ~10mm Wind SW 18k	Mainly Sunny High 26C° Low 17C° - Wind W 14k	Light Rain High 24C° Low 16C° 1-3mm Wind S 23k

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Carol Ann Trabert retires from King Township Food Bank; Geoff Simpson steps in as new president

After two decades of unwavering dedication and service, Carol Ann Trabert, the founding president of the King Township Food Bank (KTFB), is stepping down from her leadership role. Her departure marks the end of an era for the food bank, which she has nurtured from its inception to its current status as a vital community institution.

Carol Ann's journey with the KTFB began in 2004, sparked by a call from the parish priest of The Anglican Parish of Lloydtown. Faced with the challenge of hunger in the community, Carol Ann responded with her characteristic positivity and drive. She made two pivotal phone calls that set the foundation for the food bank. With the support of Cheryl Fisher and Christ Church, Carol Ann transformed an idea into a life-line for those in need.

The early days of the KTFB were marked by ingenuity and resourcefulness. From scrounging for shelving and food to renovating the church hall basement to serve as the depot (to this day), Carol Ann's leadership was in-

strumental. The first distribution took place in January 2005, serving a handful of families from three distribution centres. Over the years, the food bank has expanded its reach, now assisting over 500 individuals monthly.

Carol Ann's commitment to the KTFB is only one facet of her extensive community involvement. She has also served as president of the Carrying Place Property Owners Association, coordinated the Kettleby Fair, founded Christmas in King, is a founding committee member of the Schomberg Country Run (created to raise funds for clean water in Indigenous Communities) and a Church Warden at Christ Church. She was awarded the Order of the Diocese of Toronto in 2018. Her ability to rally people and resources has left an indelible mark on King Township.

As Carol Ann steps down, the board is pleased to announce that Geoff Simpson will assume the role of president. Geoff, a dedicated volunteer, brings a wealth of experience and a strong commitment to the food bank's mission. Over the past several years, Geoff has



Food Bank team members include (l to r) Pat Johnston, Secretary-Treasurer, and Distributor for Kettleby; Meline Beach, Director of Fundraising and Social Media; Carol Ann Trabert, outgoing President; Geoff Simpson, President, Webmaster and Fresh Food Coordinator; Leona Zadoyko, Community Liaison and Distributor for Nobleton, and Gary Vogan, Director of Operations.

significantly contributed to the food bank in an administrative capacity, revamping the website and enhancing the organization's digital presence, as well as providing meaningful support in the month to month operation of the food bank in many ways, from taking a key role in the success of Sip & Savour to coordinating the monthly ordering, purchasing and delivering of produce and eggs, including hands on assistance wherever needed in the course of distribution at any of the 3 centres.

"I am delighted that Geoff is taking on this new role," said Carol Ann Trabert. "In his nearly seven years of volunteering, he has come to know and understand the food bank's every aspect. We are most fortunate to be acquiring a president of Geoff's calibre both professionally and personally. The food bank could not be in better hands."

Geoff's background includes information technology support and training, as well as digital marketing, website design, and development. His extensive volunteer experience includes leadership roles with Arts Society King (ASK) and over a decade on the board of Concerned Citizens of King Township (CCKT), where he has played

numerous supportive roles. In 2018, he was awarded the prestigious Governor General of Canada's Sovereign Medal for Volunteers for his service to the McMichael Canadian Art Collection in Kleinburg.

As the new president of the KTFB, Geoff looks forward to continuing the legacy of service and dedication established by Carol Ann. The King Township Food Bank, an entirely volunteer organization, assists with food needs for over 500 residents monthly by offering a week's worth of non-perishable groceries, fresh produce, eggs, and pet kibble on the third Saturday of every month.

The food bank's continued operation relies entirely on the generosity of the community, including donors, sponsors, and volunteers. They do not receive government funding to help with the costs of food.

As the KTFB moves forward under Geoff's leadership, the board expresses its profound gratitude to Carol Ann Trabert for her twenty years of tireless service. Her vision and dedication have not only alleviated hunger but also strengthened the community's spirit of compassion and generosity.



BE ON THE LOOKOUT

STOP INVASIVE SPECIES IN YORK REGION

Oak Wilt is a fungus that restricts water and nutrient flow through Oak Trees eventually leading to tree death. It has not yet been found in York Region.

Knowing the signs and symptoms of Oak Wilt, and reporting suspected finds to the **Canadian Food Inspection Agency** at OakWiltReportingOntario-Fletrissementduchene@inspection.gc.ca or 647-790-1100, can make a big difference in preventing its introduction and spread.

For more information about what to look for, impacts and what you can do visit InvasiveSpeciesCentre.ca



Leaf of an infected Oak Tree pictured above. Leaves change colour starting at the tip and moving in towards the centre and then down towards the stem.

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REPORT OAK WILT

York Region



Business, Finance & Real Estate



York Region continues to take action amid housing crisis

York Regional Council received several updates on initiatives under way to combat the current housing crisis and support residents experiencing or at risk of homelessness.

This includes the newly approved 2024 to 2027 Homelessness Service System Plan, the 2023 Housing Solutions: A place for everyone progress report and the 2024 Housing Supply and Affordability Update.

York Region is working with partners and all levels of government to address issues arising from the housing crisis. Work is underway to provide a full range of housing options to meet resident needs of all ages, abilities, income levels and stages of life.

“Homelessness and housing affordability are complex and growing issues across York Region,” said York Region Chairman and CEO Wayne Emmerson. “As part of York Regional Council’s commitment to building strong, safe and caring communities, there are several immediate and long-term actions identified to improve housing stability and affordability. We look forward to collaborating with our partners as we continue to work toward innovative solutions to housing affordability.”

Updates received at Regional Council include:

The 2024 to 2027 Homelessness Service System Plan.

More people are at risk of or experiencing homelessness in York Region due to a combination of factors, including limited affordable housing options and rising costs of living. The number of people experiencing homelessness increased from 1,395 in 2019 to 1,784 in 2023 and emergency beds and transitional housing are consistently at or near capacity due to increased demand.

The Homelessness Service System Plan seeks to help address immediate and long-term needs for residents experiencing or at risk of homelessness. The plan outlines goals and priority areas to improve, enhance and align homelessness services and supports, including homelessness prevention, intervention, housing stability and strengthening a coordinated system response with community partners.

Rapid deployment actions beginning in 2024 will support individuals at risk of or experiencing homelessness, including:

Adding 139 new beds in existing emergency and transitional housing, hotel and seasonal shelters.

Adding staff to Community Paramedicine and Outreach Response Team.

Adding outreach workers to support clients living unsheltered or in encampments.

Helping people experiencing chronic homelessness.

Further details about the 2024 to 2027 Homelessness Service System Plan are available online.

Housing Solutions: A Place for Everyone 2023 Progress Report:

York Region has continued to make significant progress towards goals and objectives set in the 2023 Housing Solutions: A place for everyone, including:

Transitioned 1,294 people successfully from emergency housing to long-term housing and 671 people diverted from entering emergency housing to alternative housing options between 2019 to 2023.

Opened a new transitional housing site in both the Town of Georgina and Town of East Gwillimbury, adding 28 new units to the emergency and transitional housing system.

Built almost 460 new community housing units since 2019, including Unionville Commons which opened in 2023, providing 265 market and subsidized rental homes for seniors in the City of Markham; 497 more units are in planning and development stages.

Housed 2,800 households from the subsidized housing wait list since 2019 through community housing, rent supplement and portable housing benefits.

Further details about this progress report are available online.

2024 Housing Supply and Affordability Update:

Annual monitoring on the ever-changing housing affordability

landscape is crucial to understanding where York Region stands and where improvement is needed.

Key findings from the 2023 Measuring and Monitoring report and the 2024 Housing Supply Update include:

As of March 2024, York Region has an approved housing supply of approximately 46,000 units, with 16,000 more under construction.

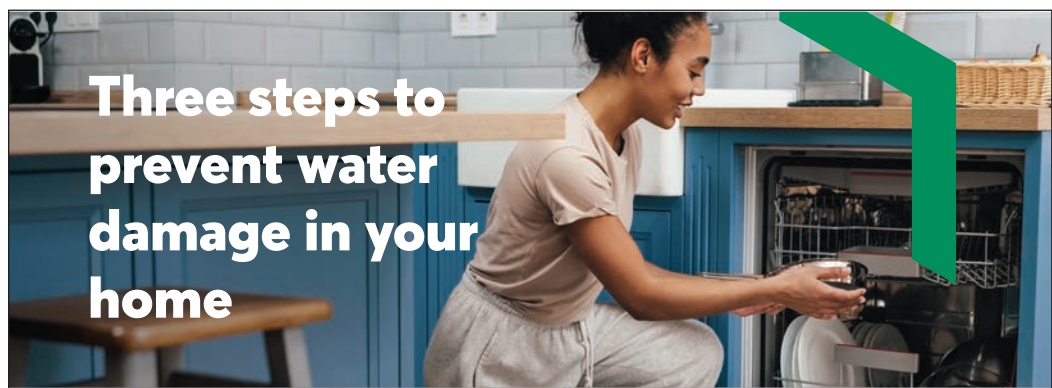
Only 15% of total new housing units were considered affordable and all were purpose-built rental units.

Visit york.ca/HousingAffordability for more details on monitoring housing supply and other housing affordability initiatives.



Customer appreciation

The Nobleton plaza held a family friendly event recently, showcasing local business and thanking customers. Mayor Steve Pellegrini was on hand to show his support and promote the theme “shop local”.



Three steps to prevent water damage in your home

By: Desjardins Agent Anna Raeli

The first signs of water damage can lead to problems. Here are a few ways you can prevent water damage to your home.

Step 1: Find possible culprits indoors

The kitchen

Dishwasher - Check for leaks under the sink.

Refrigerator - If your refrigerator has an icemaker, make sure the hose is securely attached to the water supply.

Kitchen sink - Replace deteriorated caulk around sinks.

The bathroom

Showers and bathtubs - Remove and replace deteriorated or cracked caulk and grout.

Bathroom sinks - Check under the sink for leaks from water supply lines or drainpipes.

Toilets - Clogs from toilet paper, and internal parts corroding, may cause leaks.

The basement, laundry or utility room

Washing machine - Check the ends of the hoses for bulging, cracking, and fraying.

Water heater - Water heaters should be installed on the home’s lowest level, next to a drain.

Sump pump - Backup sump pumps can help protect against power failure or failure of the primary pump.

Be prepared in case of water damage

Items stored in the basement should be kept off the floor and away from drains.

How to stop indoor leaks

The quickest way to stop a leak is to turn off your home’s water. Make sure everyone in your household knows where the water shutoff valve is.

Step 2: Find possible culprits outdoors

The roof - There are several ways for water to get in. Consider these points as you conduct the examination:

- Keep the roof free from leaves, twigs and litter.
- Ensure air can flow through soffits and roof vents.

- Consult a professional to see if a preservative or cleaner can limit the effects of moisture.
- Replace missing or cracked shingles.
- Watch for damage in valley areas of the roof, chimneys, and vents.
- Check your attic for leaks.
- Look for ice dams.
- The gutters and the ground.

Look around the foundation of your home and use these tips to prevent damage:

- Place splash blocks at the end of downspouts.
- Have the air conditioning (A/C) system serviced by a contractor every spring.
- Disconnect garden hoses from spigots and turn off each spigot’s water supply before the winter.
- Replace any damaged caulk around windows or doors.
- Repaint wood sidings.
- Fill in any low spots next to the house.

Step 3: Choose systems that can help

Consider installing a water leak detection system, especially if you’re frequently away from home. Leak detection systems are either active or passive.

Active leak detection systems

These systems generate an alarm, stop the water flow, and feature a shutoff valve.

Passive leak detection systems

These systems alert you when there is a possible water leak.

Individual appliance systems

These systems are installed on a specific appliance and will automatically shut off the water supply.

Whole-house systems

These systems feature a shutoff valve installed on the main water supply pipe.

Interested in learning more about protecting your home against water damage or wish to insure your property? Give me a call – and, for more helpful prevention tips, visit desjardins.com/en/tips.html



Anna Raeli Insurance and Financial Services Inc.
Anna Raeli, Agent
2946 King Rd
King City, ON
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Enjoy parks, picnics and restaurant patios in King

Get ready for some fun in the sun in King Township this July and August. Whether you're a resident or visitor, there's something for everyone to enjoy, from summer camps, recreation and library programs to picturesque parks and trails, and dining al fresco either on a picnic or restaurant patio.

Limited spots are still available in select summer camps. The summer camp season has begun with camps running for one-week sessions until Friday, Aug. 30. With over 40 camps for ages four to 13, children can explore arts and culture, sports, science and technology, the great outdoors, and more. Camps are conveniently located at various recreation facilities in King City, Nobleton, and Schomberg.

Inclusion support staff are provided free of charge to residents for children with disabilities, pending availability.

For details and direct links to registration, visit king.ca/camps.

Residents of all ages can spend their leisure time doing what they love or trying something new in one of the Township's summer recreation programs.

Secure your spot in an outdoor education program at the scenic Cold Creek Conservation Area, featuring archery, climbing, disc golf, low ropes, and Nordic Pole walking, or join one of the fastest-growing sports in the country: pickleball. Beginner pickleball leagues and learn-to-play programs for adults will be held at Nobleton Community Centre & Arena and Trisan Centre all summer long.

Can't commit to a full program? Drop-in sports programming, including badminton, basketball, pickleball, and volleyball, is available at the King Township Municipal Centre, Trisan

Centre and Nobleton Arena throughout the summer. And aspiring artists ages 5-12 are invited to drop by the King Heritage and Cultural Centre on Saturday mornings at 10 a.m. for 'Kids Create Art Club,' where they can explore different artistic techniques.

For details, including schedules and direct links to registration, visit king.ca/recreation.

The King Township Public Library is offering over 170 summer programs for all ages, including parachute clubs, Astronaut Academy, Red Cross Babysitting and Stay Safe courses, Dungeons & Dragons, Robots, Coding, Cardboard Forts, mini-golf, 3D printing, and more!

Children can win prizes throughout July and August by earning a ballot for every book read, helping to prevent the 'summer slide.' A print copy of the Summer Program Guide is available at all branch locations and online at king-library.ca.

Enjoy outdoor play at one of the Township's many parks, featuring soccer fields, baseball diamonds, skate-parks, trails, basketball, tennis, and pickleball courts. Cool off at a splash pad, open daily from 9 a.m. to 9 p.m. at Memorial Park in King City, Tasca Park in Nobleton, and Hickstead Park in Schomberg. For more information, visit king.ca/parks.

With a selection of scenic spots nestled within King Township's stunning landscapes, hosting your event amidst nature has never been easier. Choose from various locations including Cold Creek Conservation Area, Memorial Park in King City, Nobleton Community Sports Park and the newly renovated Pottageville Pavilion. Check availability and complete the facility rental application form online at king.ca/bookafacility.

With a total area of 339 square kilometres, King Township is home to some of the province's most scenic landscapes within the Greenbelt and Oak Ridges Moraine, with over 100 kilometers of trails to explore.

When walking, hiking, or running with your pet on our trails, please be responsible by leashing and cleaning up after your dog; it's the neighbourly thing to do and the law - violations will be fined. Dogs must always be under control and leashed when not on their owner's property, unless visiting a designated off-leash dog park.

Off-leash dog parks are located in King City Park and Tasca Park. Dog waste bags are provided at select locations, including Cold Creek Conservation Area. Discover more including an online, interactive map - featuring photos of parks and facilities - to guide your adventure, at king.ca/trails.

If sitting back under the shade of a patio umbrella while sipping a cool drink is more your style, the 2024 Temporary Public Land Patio Program is up and running. Two restaurants on Main Street in Schomberg - Grackle Coffee and Leonardo's Pizzeria and Smoke House - have had patios installed as part of the Township's Community Improvement Plan. There are many other culinary treasures with outdoor dining options in King. Explore them, from casual fare to fine dining, by visiting king.ca/dining.

For more information about King Township programs and amenities, visit king.ca.

If you require assistance creating an online recreation registration account, call ServiceKING at 905-833-5321 or email serviceking@king.ca.

Anglican Parish of Lloydtown

July Combined Services at Christ Church continue next Sunday at 10:30.

Last Sunday was a said service as the Organist enjoys a well-deserved break. The congregation was treated to a surprise Picnic Continental Breakfast of fruit, yogurts, croissant and of course bagels and cream cheese. Although it was enjoyed inside, it was picnic-style, using paper plates and bamboo cutlery.

This coming Sunday, July 14 Christ Church will again celebrate Holy Eucharist with a said service, followed by cool drinks, coffee and tea and nibbles.

July 21 is the day to celebrate Saint Mary Magdalene at her namesake church in Schomberg with a special service commemorating this remarkable woman and followed by light refreshments that will include the wonderful tiny French cookies called madeleines. They are unique, using a classic recipe and a special madeleine pan that give them their iconic shape.

For August, combined services are held at St. Mary Magdalene in Schomberg.


September 28th brings Schomberg Country Run for its 14th consecutive year. Over the years, tens of thousands of dollars have been raised to support projects that bring and maintain clean water to Indigenous communities. The dedicated committee and fundraising volunteers want to ensure that clean

water is a basic service available to all in Canada. Mark your calendar to walk, run, scooter, skateboard, wheelchair, stiltwalk, or even pogostick the beautiful 5-km. route out to the 10th and back. Details on sponsoring a participant or simply donating to come early in September when registration on Eventbrite opens.

Visit www.anglicanparishoflloyd-town.com Parish phone 905-955-2765.



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Reforms will modernize secondary school diploma

The Ontario government is modernizing the Ontario Secondary School Diploma (OSSD) requirements for the first time in 25 years, and launching consultations with parents, job creators, educators and stakeholders on what skills students need to be better prepared for life beyond the classroom through the reintroduction of modernized home economics education.

The province is introducing a suite of reforms to ensure Ontario's diploma embraces the back-to-basics agenda, including:

A new financial literacy graduation requirement to ensure students exit Ontario's school system with both literacy and practical financial literacy skills.

Consulting on important life skills and the return of home economics education.

Ensuring new teachers hold basic competency in math. Teacher applicants to the Ontario College of Teachers must pass the Math Proficiency Test beginning in February 2025.

For the first time in 13 years, a wholesale revitalization of guidance and career education to support students' understanding of local labour market needs and pathways to good careers.

Up to \$14 million in 2024-25 to launch career coaching for Grade 9 and 10 students and to explore new opportunities into STEM and skilled trades.

Return of the student exit survey to benchmark success and garner feedback on the impact of reforms with an emphasis on guidance.

"Too many parents, employers and students themselves tell me that students are graduating without sufficient financial literacy and basic life skills," said Stephen Lecce, Minister of Education. "As we go back-to-basics in the classroom, we will introduce Ontario's first financial literacy graduation requirement, along with the return of modernized home economics education. By elevating life skills in the classroom, along with better career education and higher math standards on educators, we are setting up every student for life-long success. Our bottom line: ensuring students graduate with practical learning that leads them to better jobs and bigger pay cheques."

Ontario will be introducing a new financial literacy assessment as a graduation requirement to ensure students

have the skills and knowledge to create and manage a household budget, save for a home, learn to invest wisely, and protect themselves from financial fraud. Starting in 2025, students will be required to score 70 per cent or higher to meet the financial literacy graduation requirement in their Grade 10 math course. Furthermore, the province will standardize making EQAO Grade 9 Math scores 10 per cent or more of a student's final mark, a practice already used by the majority of teachers.

Students will also benefit from modernized career education programming in their schools with more exposure to the skilled trades and priority economic sectors. The government is investing up to \$14 million in 2024-25 for career coaching for Grade 9 and 10 students in the publicly funded education system. In partnership with the Ministry of Children, Community and Social Services, this funding will also provide resources and tools to help at-risk youth, individuals in youth justice facilities, and students in other publicly funded educational settings outside of regular classrooms. Through shared agreements with school boards and other existing structures, this career coaching will help young people succeed and become positive members of their communities.

"All children and youth in Ontario deserve to have the resources and supports they need to succeed and thrive," said Michael Parsa, Minister of Children, Community and Social Services. "Today's announcement is an important step as we work to empower youth-at-risk and those involved in the justice system with the tools they need to get their life on the right track. Together, we can help them build a brighter future for themselves and their communities."

New changes will update guidance counsellor qualifications and impose annual training to deliver meaningful value to students. School boards will be required to provide opportunities for guidance counsellors to keep current on labour market trends and work with local employers to support skilled young people to find career opportunities in the communities where they were raised.

Ontario will begin consultations this fall with parents and experts on what practical life skills students should

learn in school to build a strong foundation that sets them up for success. This can include the mandatory inclusion of life skills like nutritious cook-

ing, changing a tire, sewing a button, using first aid, personal responsibility and basic economics, all of which can prove valuable.



Mayor Steve Pellegrini handed out the King Township Council Awards to Samantha Arone and Ethan Brook.



KCSS students honoured

King Chamber of Commerce was thrilled to attend the King City Secondary School graduation on June 27. Vice-president Gus Kokkoros presented the King Chamber of Commerce Youth a business Award to Daniele Vaccher. The award is given to a student pursuing business in post-secondary and living in King Township. Vaccher was selected by the KCSS Business Department.



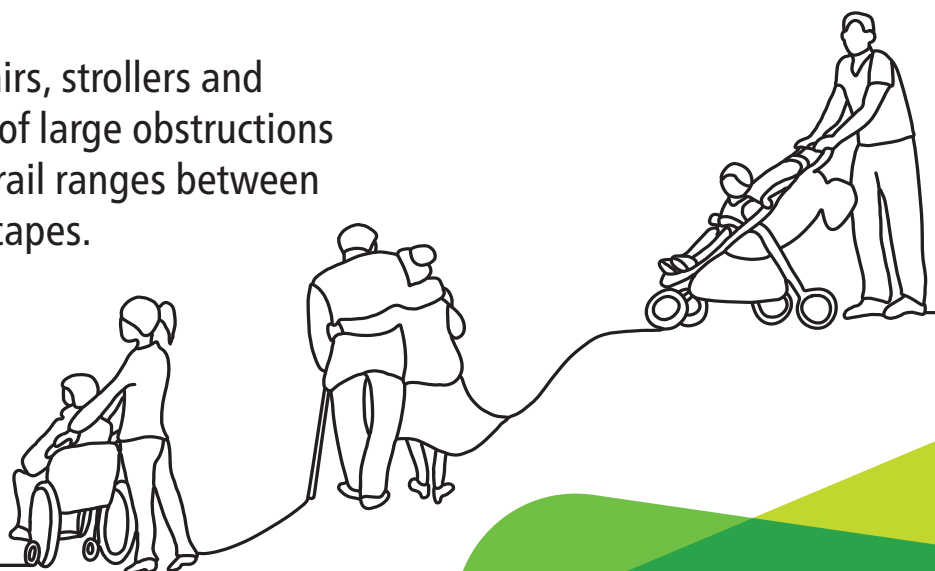
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Visiting the York Regional Forest is a great way to stay active, enjoy fresh air and connect with nature.

York Region maintains four trails accessible to wheelchairs, strollers and other assistive devices. Accessible trails are wider, clear of large obstructions and graded for ease-of-movement for all visitors. Each trail ranges between 1.5 to 2 kilometres and loops through a variety of landscapes.



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KingWeeklySentinel

Arts & Entertainment

McMichael Canadian Art Collection announces summer exhibit

The McMichael Canadian Art Collection announced its 2024 summer exhibition program celebrating the 150th anniversary of Impressionism. River of Dreams: Impressionism on the St. Lawrence presents a survey of more than 150 works by Quebec Impressionists from a century ago, among them William Brymner, Ozias Leduc, James Wilson Morrice, Henrietta Mabel May, Marc-Aurèle de Foy Suzor-Coté, Maurice Cullen, Clarence Gagnon, and others – offering not just a magisterial statement on the legacies of Quebec painting, but a glimpse into the heart and soul of a culture seen through the eyes of its most beloved artists.

An exhibition of Anishinaabe/French artist Caroline Monnet's work explores the concept of the landscape as a carrier of ancestral memory and a site for the transmission of knowledge.

An exhibition of early work by Quebec-born A.Y. Jackson rounds out our understanding of a key member of the Group of Seven, and the art of Quebec and Europe that shaped him.

Finally, as part of the Tom Thomson Shack Artist Residency program, the McMichael welcomes Japanese Canadian artist Alexa Kumiko Hatanaka throughout the month of June. Hatanaka is creating a site-specific work in the Thomson shack that will remain on

view through mid-October.

River of Dreams: Impressionism on the St. Lawrence explores the Quebec iteration of the Impressionist movement on the occasion of its 150th anniversary. Many Quebec artists trained in France, carrying the seed of European modernism back to Canada. These artists became known for their vivid landscapes and lively city scenes, and this show assembles a choice collection of masterworks that trace a journey from the bustling streets of Montreal – then Canada's financial capital – down the St. Lawrence River to Quebec City, Beauport and Charlevoix. River of Dreams gathers the works of William Brymner, Ozias Leduc, James Wilson Morrice, Henrietta Mabel May, Marc-Aurèle de Foy Suzor-Coté, Maurice Cullen, Clarence Gagnon, and others in a broad survey of Quebecois artists rarely seen in Ontario. The exhibition offers an immersive time-travel experience by including archival photography, textiles, and pottery from the region.

River of Dreams: Impressionism on the St. Lawrence is co-curated by Anne-Marie Bouchard and Sarah Milroy and is accompanied by a 256-page catalogue published by Goose Lane Editions.

Pizandawac/The One Who Listens/Celui qui écoute presents a selection

of work by Anishinaabe/French artist Caroline Monnet (b. 1985). The exhibition draws its name from the Anishinaabemowin term for “the one who listens” and is derived from the traditional name of the artist's maternal family, before surnames were changed by Oblate missionaries. The title honours Monnet's great-grandmother, Mani Pizandawac, who was the first member of her family to have her territory divided into reserves.

Pizandawac features a selection of works that extend Monnet's considerations of time, oral histories, knowledge sharing, and the concept of the land as a carrier of memory. Layered woodworks materialize the artist's impulse to preserve language in a durable physical format, while bronze sculptures mimic the shape of wood modified by the weather. Monnet's embroidered textile works, often created from industrial insulation materials, incorporate phrases that recall the connective power of nature and the resilience of Indigenous cultural expressions. This presentation is a modified version of an exhibition curated by Mona Filip for the Art Museum at the University of Toronto.

Jackson's Wars: A.Y. Jackson before the Group of Seven, on view through Feb. 2, 2025, is a rare examination of the work of painter Alexander Young (A.Y.) Jackson (1882–1974), spotlighting the decade leading up to the Group of Seven's formation in 1920. Before his rise to fame, Jackson spent years con-

tending with galleries, art critics, and private collectors in his native Montreal. In his early years, he was greatly influenced by the style of older Quebec artists, including Maurice Cullen, who was working in an Impressionist style at the time.

Jackson's Wars features paintings made during the artist's trips abroad to Italy, Belgium, and France, as well as his evocative depictions of rural Quebec and Ontario made upon his return. Hunter is the author of Jackson's Wars, a historical account of A.Y. Jackson's formative years as a soldier and artist, from which the exhibition takes its name and inspiration.

The exhibition also includes a selection of Jackson's paintings made during the First World War depicting the battlefields in France; his wartime experience would have a lasting impact on his interpretations of the Canadian landscape. This is a rare opportunity to look afresh at the legacy of one of Canada's most significant painters, refocusing attention on his early accomplishments, struggles, and triumphs.

Finally, as part of the Tom Thomson Shack Artist Residency program, the McMichael is pleased to welcome Toronto-based visual artist Alexa Kumiko Hatanaka (b. 1988) throughout the month of June. Hatanaka, who works primarily in time-intensive, historic processes with relief printmaking, textiles, and paper, is creating a site-specific installation that will remain on view at the McMichael until mid-October.



Glorious Gardens showcase local homes

Many homeowners dedicate significant effort to crafting beautiful front gardens, and the Nobleton and King City Garden Club want to celebrate their hard work.

A team from the Garden Club will be exploring your neighborhood to identify these stunning gardens. Selected gardens will be honored with signs, allowing everyone to admire and appreciate the homeowners' dedication and creativity. This initiative recognizes the homeowners' passion and creativity and inspires others to cultivate their own botanical wonders.

This initiative will run through to Aug. 31.

Join them in celebrating the beauty and dedication that make our neighborhoods bloom!

If you have any questions, contact them at nobletonkingcitygardenclub@gmail.com

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\$200 spring special is in effect if agreement is signed on initial visit.

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CLUES ACROSS

1. Book size

8. Indonesian Island

13. “The Sopranos” character

14. Plants often found in stews

15. Stern

19. Atomic #52

20. Often seen after a company name

21. Silk garments

22. Inhibiting hormone (abbr.)

23. Type of beer

24. Margarine

25. Throw lightly

26. Explains again

30. Raccoon-like animal

31. Sneaker parts

32. Platforms

33. Scored perfectly

34. One's essence

35. Strikes with a firm blow

38. Makes tractors

39. Music term

40. Lack of energy

44. Vestments

45. ___ and feathers

46. Total

47. Gobbler

48. One with Japanese immigrant parents

49. Type of braking system (abbr.)

50. Home of Rudy Flyer

51. Manageable

55. Lugged

57. Irritated

58. Sea eagles

59. Warm seasons

CLUES DOWN

1. About visual sense

2. Part of a horse's saddle

3. In a way, interchanged

4. Rocker's accessory

5. Very important person

6. It precedes two

7. Flavored

8. Musical notes

9. String instrument (slang)

10. Mister

11. Fine, light linen

12. Absence of bacteria

16. Discounts

17. Area units

18. A description of one's life

22. Gazelles

25. Plumbing fixture

27. Makes especially happy

28. One side of something many-sided

29. Frosts

30. Defunct monetary unit of Guinea

32. Female animal species

34. School terms

35. Written law

36. Unpleasant aroma

37. Nuclear weapon

38. One who challenges

40. Opposite of first

41. Able to be utilized

42. Less interesting

43. Implants

45. Canister

48. Gestures

51. After B

52. Romanian monetary unit

53. Long-term memory

54. Cash machine

56. The Volunteer State

No one has more self-confidence than the person who does a crossword puzzle with a pen.



Wednesday, September 18th
at Aurora Armoury

We are looking for:

- Gift Cards -> \$20+ in value from any retailer
- Gently loved Handbags
- Volunteers to help us spread the word about our event



For volunteer opportunities, please email us at volunteers@myhospice.ca

Learn more about Handbags for Hospice at
www.myhospice.ca/handbags4hospice/

Mark Your Calendar!
Monday, September 16th
at Mill Run Golf Club



Join us for our Tee Off for Hospice 2024 golf tournament and help us to raise funds in support of Margaret Bahen Hospice and Doane House Hospice!

Get ready to enjoy a fun day with a complimentary breakfast and post-golf BBQ.

Stay tuned for more details.

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King Weekly Sentinel

Sports • News • Community Events
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King Rebellion's Junior A Rookie Camp rolls out

By Jim Stewart

It was a cooling experience to observe the OJHL King Rebellion's Rookie Camp at Trisan Centre on a warm Saturday afternoon in July.

Over 40 skaters – bedecked in the relocated franchise's Brantford 99ers tryout jerseys – took to the Trisan ice surface for a spirited Gray versus Blue exhibition game. Each team featured a blend of signed players and rookie aspirants with the Gray squad pulling out a 4-3 OT win that was filled with summer suspense.

Rebellion Head Coach Mark Joslin, the OJHL's Coach of the Year in 2023-24, discussed the highlight of the afternoon's workout: "For me, it's the enthusiasm of all these players who want to be on the Rebellion. We're a bit late in the game for rookie camps due to the complications and delays caused by the relocation. It's fantastic to have this many skaters and goaltenders available to us as roster choices."

Coach Joslin gazed out to the ice



surface from our mezzanine table and delineated his "shopping list" of players needed for the upcoming OJHL season: "We have seven returning forwards and we'll be rostering fourteen. We have two returning D and we'll be

carrying seven, and we have one goalie returning and we'll be carrying two. The team's final roster heading into September could be augmented by pre-season trades, as well."

Although the team's roster is in flux, two certainties for Coach Joslin and his relocated team are that their inaugural home opener at the newly-named Zancor Centre will be Sunday, Sept. 22 and the team is looking forward to moving into its state-of-the-art home: "Obviously, we are excited to be the first tenant in the new arena with its new score clock, a new dressing room, and new training facilities for the team."

The naming rights to the Rebellion's \$80-M home were purchased by Zancor Homes, a developer who has demonstrated a long history of supporting community services and events in King through donations and sponsorships. Zancor Homes paid \$1.5M for the rights which will last 15 years, according to King's media release.

Newly-appointed Rebellion Assistant Coach Patrick Piacentini was at the Trisan Centre tryouts on Saturday and expressed his enthusiasm at being

hired by the Junior A hockey club in early-June: "For me, it's the start of something new. I'll be providing some fresh eyes for the coaching staff and assist with our roster rebuilding plans."

Coach Piacentini was similarly enthusiastic about moving into the Zancor Centre in eight weeks: "I'm really excited. It sounds like a 5-Star kind of rink. We need to generate excitement in the new arena and make sure it's an entertaining experience for our fans in King."

Also excited about the new rink is Athletic Therapist Jen Mark who most recently kept the Pickering Panthers healthy during the 2023-24 OJHL season: "It'll be my first year on a new team in a new arena. I'm really looking forward to the facilities and to building a team culture with the Rebellion." The veteran therapist knows what great hockey cultures look like – based on her OJHL championship experience with the Panthers during their Buckland Cup-winning season in 2021-22 that was played in front of packed houses in Pickering which "wrapped around the hockey rink."



C3 James Dick Quarry offers the feel of summer camp

By Mark Pavilons

Palgrave resident and C3 head Barrie Shepley has created a gem for families to enjoy in Caledon Village this summer.

The C3 James Dick Quarry is a "true masterpiece for summer fun," he said The facility offers:

Kids and adult swim lessons. A private beach and space for safety and cleanliness. They are open 7 days a week from 6 a.m. to 8 p.m.

You access the space by a modest family summer memberships that gives you 90 hours a week x 7 days a week access.

They have paddle boards, kayaks, beach volleyball, a kids BMX course, walking and running paths, and a weight room.

The Caron Shepley Dog Park has its own private space and beach and water.

Live music is on tap every Sunday from 12:30-3:30 p.m.

All this, all summer long. You can't

go wrong. Become a member.

They have only 2 dozen memberships left. Details are at <https://www.c3recreation.com/c3-membership-info>

You or your kids can get swim lessons without having to join the quarry if you only want swim lessons. Details are at <https://www.c3recreation.com/home>

Finally, you can rent a gazebo for a 3-hour fun party for your kids, family and other friends. Includes park entrance the gazebo for BBQing, paddle boards, a beach volleyball court and much more. Contact Will at cousinwil@gmail.com

While you may not afford a Muskoka cottage, you can have the best of all worlds minutes from home at a cost of less than a day at Canada's Wonderland for most families.

Visitors are welcome to stop in and see the space, but they do not have a day drop in fee. You must be a member or come as a guest of a member.

For any more information contact barrie@personalbest.ca



Canadian Olympian Mac Cone finished runner-up in the \$50,000 Brookstreet Grand Prix riding Ogandros PS for owner Chadburn Holdings Inc.

Photo by Ben Radvanyi Photography

Mac Cone takes 2nd at tournament

Top riders competed in the July 6 Brookstreet Grand Prix, the feature event of the Ottawa Summer Tournament.

King City's Mac Cone finished 2nd to winner David Arcand, who claimed his second victory of the week.

Cone was the first rider to return for the jump-off riding Ogandros PS, a nine-year-old Oldenburg gelding, for owner Chadburn Holdings Inc. The pair were clear over the shortened track, turning in a time of 43.50 seconds to set the early time to beat. They were quickly overtaken when Arcand moved into the lead with a clear round in a time of 39.56 seconds.

Amanda Harris, also of King City, finished 11th on VDL Maverick.

For more information on the Ottawa Equestrian Tournaments, visit www.OttawaEquestrianTournaments.com. All competitor information is available at www.ottawaequestriantournaments.com/calendar and full results can be found at ottawa.showmanagementsystem.com/events.

KING

The best thing about King is its people!

King's Corners

King City United
By Sheryl Sinka

Worship on Sunday mornings is suspended at King City through the month of July. Rotating worship will resume in August with the location moving among York Pines United, New Hope United and King City United Churches. Our first worship will be on Aug. 4 at 10 a.m. at York Pines United Church. We will be back at King City United on Aug. 11 at 10 a.m. Rev Andrew is available for visiting in the month of July so please call the office for a pastoral visit.

Please consider making some extra donations to the King Township Food bank this summer. The community can make a significant difference if it works together to support the Food Bank and the families that access this much needed service.

If you have any questions please contact the church office at 905-833-5181.

King Bible Church

Join us on Sundays at 10:30 a.m. for our Sunday Worship service. Pastor Mark Nowell will be bringing us the message on The Kingdom Of God. We will also be streaming the service online at 10:30 a.m. on Facebook and YouTube.

Camp Firelight Vacation Bible School registration is open! Kids aged 6-13 can come and enjoy a week of games, snacks, Bible stories, crafts and science experiments. Join us the week of Aug. 12-16 from 9 a.m to 12:30 p.m. You can register through our website!

Please visit our website for links and further information: www.kingbiblechurch.com

If you have any questions please email: Lisa Lethangue (lisa@kingbiblechurch.com), Administrative Assistant, King Bible Church, 1555 King Rd, King City, 905-833-5104.

King City Seniors (55+)

By Carolyn Kanitz

We have two presentations planned for the summer. We encourage you to join us in air conditioned comfort for coffee and a snack while gaining insight into eye care and the dangers of radon as outlined below. Please RSVP so we have enough snacks.

Friday, July 19 – 10 a.m. – Do you know, the first 30 minutes after an eye

emergency are crucial for minimizing vision damage? Immediate action can significantly improve the chances of preserving vision. Protect your vision and learn life-saving information that could make the difference between sight and blindness by attending this presentation by Dr. Wendy Ng. RSVP at 905-833-6565.

Friday, August 9 – 10 a.m. – What is radon and what is all the fuss about? Join us for a presentation by Bob Woodward to learn about health issues associated with radon in our homes and how to deal with it. RSVP at 905-833-6565.

Saturday, Sept. 7 is the date for our annual corn roast and BBQ sponsored by the King City Lions. An extra feature this year will be square dancing and line dancing for your enjoyment as either a participant or a spectator after dinner. Tickets are \$10/pp and will soon be available at the King City Seniors' Centre office. 905 833-6565.

Thursday, Sept. 12 – Join us on the Kingston 1000 Islands Cruise. The coach will depart the KC arena parking lot at 8am. Cost is \$150pp. Contact Alicia or Emma at the KCSC office – 905-833-6565. More details to follow.

We are pleased to announce that all activities at the King City Seniors' Centre will continue throughout July and August. If you see something that is of interest, please come out and join the group. All are welcome.

Monday mornings: 10 a.m., 11 a.m. – Mobility Matters. Monday afternoons: 1 p.m. – Music and Movement/Cribbage; 2 p.m. – Knitting/Crochet.

Tuesday mornings: 10 a.m. – Line Dancing. Tuesday afternoons: 1 p.m. – Bid Euchre.

Wednesday mornings: 10 a.m., 11 a.m. – Mobility Matters. Wednesday afternoons: 1 p.m. – Bridge.

Thursday mornings: 9:30 a.m. – Gentle Motion (similar to Tai Chi). Thursday afternoons: 1 p.m. – Carpet Bowling.

Friday mornings: 9:30 a.m. – Art Class (2nd & 4th Friday of the month unless otherwise noted). Friday afternoons: 1 p.m. – Progressive Euchre.

You may contact KCSC at 905-833-6565 or kingcityseniors@gmail.com

York Pines

York Pines is closed for services until Aug. 4, but our good works continue. This Sunday would normally have been Hungry Sunday when donations to the King Township Food Bank are appreci-

ated including empty egg cartons. You can still participate pandemic-style by leaving donations tied to the front door in a plastic bag. York Pines is a distribution site on the third Sunday of each month.

Schomberg AA meetings

Alcoholics Anonymous meetings are held weekly at Suburban North at 116 Church St. They're held every Monday and Thursday in-peron at 7:30 p.m.

Sacred Heart Church

Another warm welcome to Rev. Paul L. O'Brien, O.S.A., (our former Pastor) for coming over from Ireland to celebrate daily masses and other Liturgies with us while Fr. John is away.

Pope Francis has called for the 2025 to be a Jubilee Year, themed "Pilgrims of Hope." On January 21, 2024, Pope Francis inaugurated a Year of Prayer ahead of the 2025 Jubilee, to prepare ourselves through fervent prayer, to live properly this grace-filled event and to experience the power of hope in God. This Year of Prayer is dedicated "to rediscovering the great value and absolute need for prayer, prayer in personal life, in the life of the Church, prayer in the world."

Plans are beginning to develop as the 2nd Annual Carnival & BBQ Picnic Sunday, Sept. 15.

The Organizing Committee is busy preparing for an anticipated large participation. For a minimal fee, we plan again on a BBQ lunch and more family activities. We would be most grateful for donations of any amount and volunteers. Please contact Jeremy Paulus 4jeremypulus@gmail.com or Mary Cazzetta at cazzetta@rogers.com.

During July and August, The Rectory/Office will be open on Monday, Wednesday and Friday from 9 a.m. to 1 p.m. You may leave a message on the answering machine 905-833-1161, and we will return your call as soon as we are able to. For any emergencies, kindly contact Joanne Bozzo, 416-258-0199.

Website: sacredheartki.archtoronto.org. Email: sacredheartki@archtoronto.org. Facebook & Instagram: Sacred Heart Parish King City.

St. Andrew's

By Kathy Patterson

Welcome to St. Andrew's! Our Sunday morning worship service is at 10:30

a.m. and join us for coffee-time following the service.

Alison Agnew, our pastor, is taking a summer break for a few weeks. Last Sunday we welcomed Paul Jones, a 3rd year Knox College student from Maple, who spoke on "Jesus, the Wonder Boy!" as we looked at Luke 2:41-51.

Our Sunday services are recorded: go to standrews-kingcity.ca and click on the YouTube link.

Alison invites you to our July Fellowship Meal, a Summer BBQ at the manse, on July 31 at 6 p.m. We'll keep you posted!

In our anxious times, one of our favourite Bible passages is: "Be not anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6,7.

We encourage all to continue to donate to the King Township Food Bank throughout the summer. The lime green collection bin is in the east hall. Go to kffb.ca to find out what is most needed! Contact the church office for more information.

We are thrilled to share with you that Alison Agnew accepted the call to be our half-time minister of Word and Sacrament. We are looking forward to her Ordination at St. Andrew's on Sunday, Sept. 8, at 3 p.m. More information will be available later in August.

If you are looking for free church pews, we are trying to replace a number of them with chairs. Please call the church office and leave a message for us.

If you need pastoral care, call St. Andrew's, King City at 905-833-2325 to speak with Alison Agnew, or phone one of the Elders. Our Interim Moderator, the Rev. Dr. Jeff Loach can be contacted at St. Paul's, Nobleton at 905-859-0843.

All Saints Anglican Church

By Patrick Gossage

A Prayer for Peace – "Holy One, we seek Your peace in the world today. Help us to turn away from conflict and embrace unity. Guide all governments and leaders to make decisions that are for the good of all people. May any desire for war and violence be overcome by a desire to love and care for our neighbours. Wherever it is needed, we pray Your peace will be found and lived out in our world. Amen."



We are beyond excited to announce the addition of a new member to our dental team at Dawson Dental King City!

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Dr. Sol Weiss, Principal Dentist from



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in Yorkville



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Nobleton Notes

By Angie Maccarone

St. Paul's Church
By Linda Blydorp

Bible Fun Camp is almost ready to begin for all kids age 4 to 12. The theme will be "finding our place in God's Kingdom," and will be held each day, from July 22 to 26, from 9 a.m. to noon. An online fillable Registration Form is posted on our website. As in past years, there is no fee for this event.

We invite you to join us in person for worship this Sunday at 10 a.m. Our Pastor, Jeff Loach, will be leading the service with a message entitled, "Fallen!" based on Genesis 3.1-24 and Matthew 4.1-11. Is Satan real? Is humanity fallen? Come and find out ore as we explore if Satan is real, and whether humanity has fallen.

We offer children's ministry and nursery during the service. If you can't make it in person, our live-streamed broadcasts are available directly on stpaulsnobleton.ca or on our YouTube channel each Sunday at 10 a.m., or on demand at youtube.com/stpaulschurchnobleton.

Our "Junction" children's ministry is meeting in person for all children up to Grade 6 during worship. We continue to offer St. Paul's "At Home" bags each month to facilitate God-focused family learning. If you would like to engage with this resource, tick the appropriate box on the connection card at stpaulsnobleton.ca/connect.

If you know young people who need volunteer hours for school, we would be pleased to have them volunteer to run our audio-visual booth on some Sundays throughout the year. Training is provided. Interested individuals can reach out to our Pastor through the connection card at stpaulsnobleton.ca/connect.

St. Mary's Church

July 8 to 12 – Summer Bible Camp – Holy Heroes, St. Mary's Parish Hall, 9 a.m. to noon.

July 24 – Family Movie Night – 7 p.m., St. Mary's Parish Hall.

July 28 – Emma Pilienci's Retirement Social/St. Mary's & St. Patrick's KofC Family BBQ/Picnic, 12:30 p.m., Heralds of the Gospel Retreat Centre.

Browse our websites:
St. Patrick's Parish:

<https://stpatrickssc.archtoronto.org/>

St. Mary's Mission: <https://stmarysno.archtoronto.org/>

If there is anything we can do to support you, please call the parish office on 905-859-5522 or email us at: stpatandstmarysc@archtoronto.org

Nobleton Seniors (55+) By Joanne Bailey

As a reminder, our Thursday Educational Sessions will not be running in July and August but will start again on Thursday, September 12. Stay tuned for our upcoming events in early August.

We are running Mobility Matters classes in July and August, from 1:00 p.m. to 1:45 p.m. at the Nobleton Arena, (upstairs) at 15 Old King Rd. Nobleton.

We are currently seeking more volunteers for our Nobleton group. If interested please contact Joanne Bailey at 416.706.9375 or email Erin Burford, Coordinator of Recreation Programs at: eburford@king.ca

Be sure to visit the website- king.ca/ seniors for more information on all our programs & workshops.

Have a great summer!

Nobleton Lions

Our next event is the Annual Community Fundraising Draw with the winners being declared at the Library Gazebo on October 26. First prize is \$4,000, 2nd is \$750, 3rd is \$250. Tickets cost \$20 each or 3 for \$50 and are available now from any Lion as well as in some businesses around town like KARS and Nobleton Dental Clinic. Proceeds will go to supporting local organizations such as Lions Camp Dorset, a non-profit organization, which offers a vacation opportunity for dialysis patients and their families. It is recognized by the government as an independent Health Facility and is supported by the Lion, Lioness & Leo Clubs of Ontario.

We continue to welcome new members with a heart to serve, both men and women. You may join us as a guest when regular meetings resume in September by contacting Lion Jerry MacBain at nobletonlionjerry@outlook.com

We meet at 6:30 p.m., with dinner at 7, on the 2nd and 4th Tuesday of each month from September to the end of May at the Old Community Hall, just north of the arena.

Classifieds

Phone 905-857-6626 or 1-888-557-6626
or email admin@caledoncitizen.com

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The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by the portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non-insertions of any advertisement beyond the amount paid for such advertisement. All advertisers are asked to check their advertisements after first insertion. We accept responsibility for only one incorrect insertion unless notified immediately after publication. Errors which do not lessen the value of the advertisement are not eligible for corrections by a make-good advertisement. There shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement. We reserve the right to edit, revise, classify or reject any advertisement.

DEADLINES

Unfortunately deadlines do not allow us to take ads after 5:00 p.m. on Monday. When there is a holiday Monday, the deadlines will be Friday at 5:00 p.m. All ads must be paid in advance by deadline or the ad will not run. WE ACCEPT VISA, MASTERCARD, AND AMERICAN EXPRESS PAYMENTS OVER THE PHONE

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Scoop from Schomberg

By Susan Heslop

This week we have a hot new restaurant opening in the plaza on Dr. Kay, "Si Lo So" which will be serving pizza, pasta, and panini, but looking at their menu they have a few other things as well, including wings and espresso, lattes and cappuccino. They opened this past Monday, but their official grand opening is July 15. Remember to head over, check them out and welcome them to our community. A reminder though, if you're heading there on Dr. Kay there is a new three-way stop sign at Cooper Dive.

I was told that a Schomberg Mug Run has been planned for Sept. 21, and it sounds great. It includes live bands, vendors and apparently lots of beer. Registration is now open at schombergmugrun.com. More details to follow, so stay tuned.

Another reminder that Hwy. 27 is now closed from Lloydtown Aurora Road to the 18th Sideroad. It will open again July 15. This is to replace the cul-

vert, so you'll have to take the long way around if you need to get to Nobleton during that two-week period.

Schomberg Euchre Club

The Euchre group meets on Thursday nights at the Trisan, 7 to 9. The cost is \$10 for the evening or pay monthly for \$20. All welcome, all ages, men, ladies, you just need to know how to play (no beginners please), how to laugh, enjoy an excellent group of people and not take the game or yourself too seriously. We didn't have as many as usual last week, so come on out and join us, we promise a fun time.

Schomberg 55+

We're presently working on the fall line up, to keep you informed and entertained, but always open to any suggestions. The first meeting back is Monday, Sept. 9, so make sure you mark that in your calendar, we'll have entertainment, and the meeting will take place at 10 a.m. at the Schomberg Community Centre.

Tuesday afternoon bridge in Schomberg is cancelled for the summer. Summer bridge continues in the Curl-

ing Lounge of the Trisan Centre from 7 to 9 p.m. If you are interested in joining this group, please contact Kim at klfortin58@gmail.com.

Ukulele Classes "Tightly Wound" Band will begin again on Thursday Sept. 12, from 2-4pm., at Schomberg Community Hall.

Annual fee is \$15 for individuals/\$20 per couple or two people living at the same address for King residents. It's \$20

and \$30 respectively for non-residents. To keep up to date with events, please check online at king.ca/seniors.

Again, if you find a lost dog or cat, please secure it and call Vaughan Animal Control at 905-832-2281, they are responsible for this area.

Please reach out with your events, stories of happenings or anything you would love to see here porter5952@gmail.com or 416-460-5952.

Free day-use of Ontario Parks July 19

The Ontario government is making it easier to explore provincial parks and experience the benefits of spending time in nature by offering free day-use access on Friday, July 19, to mark Healthy Parks Healthy People Day. This annual celebration is part of a global movement to promote the incredible health benefits of getting outside in nature.

"I invite all Ontarians to take advantage of this free pass to Ontario Parks, an opportunity to immerse yourselves in the joy and wonder of exploring the great outdoors," said Andrea Khanjin, Minister of the Environment, Conservation and Parks. "Whether you're looking to get some exercise or seeking a fun and affordable day with your family, I hope this free day will give more people the opportunity to explore everything that their local provincial park has to offer."

As the largest provider of outdoor recreational opportunities in the province, Ontario Parks offers programs and facilities to enjoy nature year-round - in most parks, you can go hiking, cycling, paddling, swimming and more.

The Ontario government is enhancing those recreational opportunities by building 300 new campsites and bringing electrical services to 800 existing campsites at several parks throughout the province.

Classifieds

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Unfortunately deadlines do not allow us to take ads after 5:00 p.m. on Monday. When there is a holiday Monday, the deadlines will be Friday at 5:00 p.m. All ads must be paid in advance by deadline or the ad will not run. WE ACCEPT VISA, MASTERCARD, AND AMERICAN EXPRESS PAYMENTS OVER THE PHONE

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708 OBITUARIES

Gerald Hutchinson

Peacefully passed away surrounded by the love of his family at Stevenson Memorial Hospital in Alliston, on July 4, 2024. Gerald Hutchinson 87, beloved husband of Kathleen "Kay" Hutchinson (née O'Kane). Loving father of Ken (Trudy) and Mark (Mary). Gerald will be deeply missed by his grandchildren Melissa and Stephen. He will be forever in the hearts of his extended family, and friends here and in Ireland.

A Special thank you to the First Responders and the Doctors and Nurses at Stevenson Memorial Hospital for their exceptional care and compassion.

Cremation has taken place and a Celebration of Gerald's Life will be held at the Tottenham Legion, 25 Richmond St. East, Tottenham on Friday, July 26, 2024 from 1-4 pm. In lieu of flowers, donations in memory of Gerald may be made to Stevenson Memorial Hospital. Condolences and memories may be left for the family at www.RodAbramsFuneralHome.com

710 CARDS OF THANKS

To all our friends and acquaintances who sent such lovely notes, cards, food, flowers and support upon the death of our son Rob - The Smilsky Family and Rob's wife Lesley most humbly thank you.

I would like to thank my family and friends for attending and making my Surprise Birthday Party very special for me. It was a wonderful, unexpected event but wonderful seeing everyone that came. Many thanks for the best wishes, cards and gifts. The donations for the food bank were greatly appreciated.

Thanks again,
Sharon Rainey



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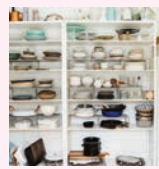
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From Page 6

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Councillor encourages residents to offer feedback on Southlake

By Mark Pavilons
Editor

A King councillor is urging residents to provide important feedback from a recent community meeting on Southlake Regional Health Centre.

Southlake has been holding community engagement sessions in King Township, Georgina, East Gwillimbury, Newmarket, and Aurora, and Bradford West Gwillimbury to obtain feedback from all of these communities about what they see our local healthcare looking like in 10 years, as they move forward with developing their Strategic Plan.

"What I am asking you to do, is provide me with your thoughts, ideas, and comments on what you want to see moving forward, how your experience when attending Southlake can be made better, and what healthcare opportunities would you be willing to support in our community," said Councillor Avia Eek.

Southlake (formerly York County Hospital) is celebrating 100 years servicing our community.

"I was born there, as was my husband, children, granddaughter, and other family members, so, for me, there is a special connection to Southlake. To demonstrate my commitment to Southlake, I continue to be a member of LIPS (Ladies in Philanthropy or Southlake) with a monthly donation, and this is why I form Team King for the Annual Run for Southlake to raise money for equipment."

You can also reach to Eek as well with some thoughts.

"I look forward to hearing from you, and thank you for helping to make our community better."

The following links provide more information:

<https://southlake.ca/about-southlake/planning-for-our-future/>

To review the questions and find more details, visit https://southlake.ca/wp-content/uploads/2024/05/King-strategy-engagement-summary_FINAL.pdf

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EXECUTIVE HOME: \$400K EXTERIOR UPGRADES

Rare executive home in a tranquil cul-de-sac beside a parkette. This 8000 sqft custom-built residence features a 4-car garage, 19ft marble foyer, gourmet kitchen, primary suite with a gas fireplace, and an entertainment basement with a rec room and theater. Outside, enjoy a saltwater pool, cabana, sunroom, mini-golf green, and outdoor bar/kitchenette. Over \$400K in upgrades.



BRAND NEW - DOUBLE LOT SIZE

Brand new custom-built executive home on a premium 96' x 126' lot in Richmond Hill. Open concept layout with high-quality craftsmanship, 10' ceilings, chef's kitchen, spa-like ensuite, and spacious bedrooms. Includes a 38' x 126' easement. Free finished basement if sold by July 5th. Truly a masterpiece!



EXECUTIVE HOME WITH LUXURY UPGRADES

Brand new executive home in Princeton Heights, Aurora Estates! This luxurious Fernbrook Homes property features a 3-car tandem garage, white oak hardwood floors, an elegant living room with coffered ceilings, a chef's dream kitchen by Downsview, a great room with 20ft ceilings, and a finished lower level with an exercise/media room, recreation room, wet bar, and spa-like bathroom.



LUXURY LIVING WITH HIGH-END FINISHES

Welcome to luxurious living in King City. This custom home features a \$500k chef's kitchen, saltwater pool, and outdoor kitchen. Perfect for entertaining with a rec room, cedar cigar room, and 4-car garage. Enjoy solid wood flooring, a spacious primary suite, and proximity to top schools and amenities.



BRAND NEW EXECUTIVE "GREEN" & "SMART" HOME

Experience eco-smart luxury in South Aurora's prestigious Royal Hill. This home features a gourmet kitchen, spa-like master suite, hardwood and porcelain floors, 10' ceilings, and an oak staircase. Highlights include a walk-out lower level, green technology, and serene views. Located close to amenities, nature, and transit for unparalleled sustainable living.



ZONED FOR HOME BUSINESS, SALTWATER POOL

This fully renovated executive home in Richmond Hill boasts a 4-car garage, finished basement, solariums, and a pool with a waterfall. Perfect for remote work, it's near schools, parks, and amenities. Zoned to allow 35% of its space for home business, it also includes a sunroom, indoor hot tub, and fenced backyard.



LUXURIOUS 'FERNBROOK' HOME IN AURORA

Presenting the exquisitely designed 'Fernbrook' executive home in Princeton Heights, Aurora Estates. This expansive lot property boasts premium finishes and a gourmet kitchen, with customization options available. It includes four generously sized bedrooms, each with its own private bathroom.



PRESTIGIOUS HOME WITH PREMIUM FENCED LOT

This executive home boasts a 3-car garage with an EV port on a premium lot in a prestigious community. Enjoy a grand 2-story foyer with a 3-way fireplace, a chef's kitchen, a private deck, a luxurious primary suite, and a finished walk-out lower level with a gym, recreation room, and additional office.



PERSONALIZE YOUR EXECUTIVE DREAM HOME

Explore this magnificent new 'Fernbrook Homes' property in prestigious Princeton Heights, Aurora Estates. Featuring a customizable kitchen with buyer-selected cabinetry and appliances, this executive home offers luxurious finishes, four spacious bedrooms with private bathrooms, and ample natural light.



ALMOST NEW BUNGALOW LIVING

Exceptional 4-bed, 3-bath bungalow featuring an open concept layout with 9ft ceilings and hardwood floors. The chef's kitchen has quartz counters, and the family room opens to a fenced backyard. Enjoy a luxurious primary suite, finished lower level, and convenient access to amenities, schools, parks, water, and highways.



CUSTOMIZE YOUR DREAM LAKE WILCOX HOME

Introducing an opportunity to customize your dream executive home in Lake Wilcox. This to-be-built residence is designed with 4+1 bedrooms, 5 bathrooms, and a chef's kitchen outfitted with high-end JennAir appliances. Envision luxurious finishes throughout, with the chance to select your preferences to truly make it your own.



90 X 200 FT LAKE WILCOX GEM

Discover your secluded paradise in Richmond Hill's prestigious Lake Wilcox community, close to Hwy 404 for easy commuting. This versatile home offers a unique layout, a large front porch for sunsets, and a prime 90 x 200 ft lot. Near Lake Wilcox Park and amenities, it's ideal for renovation or building your dream home.

We Speak Your Language



For a FREE home evaluation or more information on Real Estate, please call or email us. 如需免费房屋评估或更多房地产信息，请致电或发送电子邮件给我们。

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Your Perfect Home Is Just a QR Code Away.

*The Daryl King Team consists of 43 registered Sales Representatives. **All data compiled by Re Stats Inc. from TREB for closed transactions +/-2.5% on volume basis in 2020. *** Based on data collected within Re/Max network in Canada in 2020. Not intended to solicit clients currently under contract with another Brokerage.