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King's Community Newspaper

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## Chamber, Morning boost programs

The King Chamber of Commerce, together with the King Proud Merchandise program and the The Morning Youth Grant, are encouraging local momentum. The Youth Grant, bolstered by the sale of Proud items, supports young entrepreneurs. For more information visit [king-chamber.ca/mygapplicanton](http://king-chamber.ca/mygapplicanton). The deadline for applications is July 7. Here, Chamber President Michelle Frauley and Brent Morning show off the t-shirts.

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## Council solidifies train whistle cessation

By Mark Pavilons  
Editor

Things will be a little quieter in three spots in King, thanks to a whistle cessation agreement between the Township and Metrolinx.

King council okayed the bylaw to stop train whistling at crossings on Station Road, Dufferin Street and the 15th Sideroad.

This rather lengthy process includes assessments, consultations and approval from Transport Canada.

Staff noted since the crossings at 15th Sideroad and Dufferin St are within the Region of York's (Region) jurisdiction, the Township is subject to the Region's Anti-Whistling Warrant Criteria Policy (Policy). In accordance with the Policy, Regional Council, back in September of 2023, authorized whistle cessation at the crossings and authorized the Commissioner of Public Works to execute the required supporting Memoranda of Understanding and

Indemnity Agreements.

Other MOUs were required, and under these agreements, King must implement an Education and Enforcement Program (Program). The draft Program includes the following but is currently under review by Metrolinx and may be revised to include additional requirements. The final Program will be uploaded to the Township's website and other public information will include:

A community outreach flyer would be mailed to neighbouring postal codes with a five (5) km. radius of Station Road, 15th Sideroad and Dufferin St crossing. The flyer will outline what can be expected with whistle cessation and what the safety implications are.

Mobile signage will be posted at main intersections near the three crossings.

Staff noted a lot of work has been done on this and they will continue to push Metrolinx for a speedy implementation.

INSIDE	REGULAR FEATURES		
	Editorial Page 4 Business Page 8 Sports Page 14 Classifieds Page 16	 <p>Dr. Randall praised for his years of service.</p> <p>See Page 3</p>	 <p>Food Bank says thanks for spring food drive.</p> <p>See Page 7</p>

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**Upcoming Meetings**



**COMMITTEES AND BOARDS**  
**Wednesday, July 17**  
**6 p.m. - Committee of Adjustment**

Hybrid meeting (in-person/virtual participation, live-streamed).  
 Visit: [king.ca/cofameetings](http://king.ca/cofameetings) for more information.

View full Council and Committee agendas at [king.ca/meetings](http://king.ca/meetings)

**FoodCycler Pilot Program**

Recycle your food waste into a reusable resource for gardening. **King Township** has partnered with **Food Cycle Science** to establish a pilot program that offers King residents a discounted rate on the **FC-30 Model: \$150 plus HST** (retail value \$500).



Reserve your FoodCycler at [king.ca/FoodCyclerPilot](http://king.ca/FoodCyclerPilot)




**FREE Disc Golf sessions at Cold Creek Conservation Area**

Our trained staff will take you through the fundamentals and then the group will head out on Cold Creek Conservation Area's new 18-hole course to put what you have learned to the test.

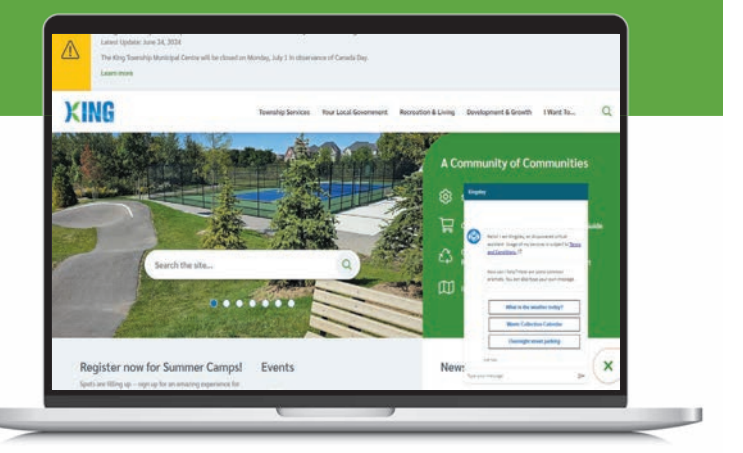
**Ace Academy** for ages 15+  
 Monday, July 8 & 15  
 6:30-7:30 p.m.

For details and direct links to registration, visit [king.ca/recreation](http://king.ca/recreation)

**Questions about Township services**



King Township's AI virtual assistant, **Kingsley**, is available 24/7 to enhance your web-browsing experience on [king.ca](http://king.ca).



- The perks of interacting with Kingsley:**
- seamless first point-of-contact assistance
  - instant responses to queries
  - simplified & streamlined information searches
  - interactive features, such as real-time weather updates
  - reduced wait times
- Simply click Kingsley's launcher icon—located discreetly in the bottom right corner of every webpage—and start a conversation as if chatting with a friend.

**Property Tax Due Date: July 24**

[king.ca/PropertyTaxes](http://king.ca/PropertyTaxes)

**Ask Kingsley anything at king.ca**

**We're HIRING**



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- View job postings at [king.ca/employment](http://king.ca/employment)



**New outdoor yoga class at the Trisan Centre this summer!**

Every Thursday, **from 9-10 a.m.** enjoy a low-impact class, designed for the wellness of mind and body. Poses are practiced to improve strength, balance, flexibility, mobility and alignment. This class is included with an Unlimited Trisan Fitness membership. **Not a member?** Join today or drop-in and pay a single-use fee.

For more information, visit [king.ca/TrisanCentre](http://king.ca/TrisanCentre)

# Meet Kingsley, Township's 24/7 virtual assistant

King Township is revolutionizing service delivery and embracing the future with the official unveiling of Kingsley, a virtual assistant that transforms how users access information on the Township's website at king.ca. Kingsley is powered by cutting-edge Artificial Intelligence (AI) from Microsoft Copilot Studio and works by using a type of AI called a neural network that is trained on a large amount of data, such as text or images, to learn patterns and relationships within the data to generate responses.

Located discreetly in the bottom right corner of every webpage, Kingsley is available 24/7 to enhance users' web-browsing experience. Users can simply click the launcher icon and start a conversation as if they're chatting with a friend. Kingsley is designed to understand and respond to natural language, ensuring a smooth and intuitive experience.

The perks of interacting with Kingsley: Seamless first point-of-contact assistance.

Instant responses to queries. Simplified and streamlined information searches.

Interactive features, such as real-time weather updates. Reduced wait times.

Frees up staff time to focus on more complex tasks and interactions.

## AI tool revolutionizes online access to King's municipal information

Kingsley has handled approximately 500 community interactions since being piloted in May. User feedback was collected over a one month pilot, which included a consultation with King's Accessibility Advisory Committee, and refinements were made to improve the user experience.

Improvements included adding new topics into Kingsley's knowledge capacity, such as information regarding Traffic Calming Studies, and a feature to help residents find out who their ward Councillor is.

King Township website users have taken advantage of Kingsley's real-time weather forecasts and also submitted a wide range of inquiries, from rules for raising chickens to permitting questions. When a query exceeds its capabilities, Kingsley can escalate it to ServiceKING via email. When a human connection is preferred, ServiceKING associates remain available during regular hours of operation via phone at 905-833-5321 and email at serviceking@king.ca.

King Township is one of the first municipalities in Ontario to adopt this technology to digitally empower our

community. The launch of Kingsley supports the Township's new Digital Transformation Framework, a roadmap to leveraging technology and data to drive innovation, streamline pro-

cesses, increase productivity, and elevate service delivery and the citizen experience.

Learn more at king.ca/DigitalTransformation.



## Marker unveiled for Bill Davis

As vice-chair of the Ontario Heritage Trust, King Mayor Steve Pellegrini said it was his honour to attend the unveiling of a gravesite marker commemorating The Honourable William Grenville Davis. The ceremony was held at Peel Art Gallery, Museum and Archive (PANA) in the old court house. On hand at the event were OHT member Zyg Janecki, OHT chair John Ecker, Premier Harris, Premier Eves, Pellegrini (OHT Vice-chair) and OHT member Tricia Hellingman.



## Council lauds Dr. Randall for community service

By Mark Pavilons  
Editor

King councillors gathered to honour and celebrate a local physician recently. Councillors marked the remarkable career of Dr. Paul Randall, who has dedicated over 50 years of his life to the health and well-being of our community.

Dr. Randall, a proud alumnus of the University of Toronto, began his journey into medicine in 1972 and became a member of the College of Physicians and Surgeons of Ontario in 1973. Furthering his commitment to family medicine, he earned his specialty from the College of Family Physicians of Canada in 1981.

From his practice at 20 Doctors Lane, Dr. Randall has provided comprehensive care to generations of families in King Township and beyond. His expertise spans the entire spectrum of life, from treating newborns to caring for the elderly, and everyone in between. For Dr. Randall, it has been a profound privilege to watch the children in his practice grow up, and many of them become parents themselves.

Small-town family doctors like Dr. Randall are not just healthcare providers but trusted friends and confidants, often forming deep, personal connections with their patients. Dr. Randall's unwavering dedication, compassion and skill have made a lasting impact on countless lives, and his presence will be greatly missed.

As Dr. Randall steps into a well-deserved retirement, "we extend our heartfelt gratitude for his many years of service and dedication," noted Mayor Steve Pellegrini. "We wish him all the best in this new chapter of his life."

Dr. Randall said he has been very lucky to have had good people and great staff to work with over the years.

"It's been a pleasure living and working here," he said.

He added he's fortunate to have found a replacement, so residents still have a local family physician to rely on.

"I was blessed to be part of your journey for 16 years as one of your colleagues," said Michelle Frauley, of HosPall Private Homecare.

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# Editorial, Letters & Opinion

*"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."*

- Michael Connelly

## Connecting with nature is literally at your feet

*"Look deep into nature, and then you will understand everything better."*

- Albert Einstein

Well, Albert wasn't just a scientist, but a pretty wise man.

It seems this connection with nature - with the Earth and everything it contains - is a two-way street.

Khalil Gibran said the Earth itself "delights to feel your bare feet and the winds long to play with your hair."

Research has confirmed what nature lovers have always known - connecting with nature is good for your health, and your soul. Research has also shown that walking barefoot - on the grass, ground or beach - provides our bodies with an abundant supply of antioxidant and free-radical busting electrons. It's natural energy that's all around us, if we know just how to plug in.

According to Dr. James Oschman, an energy medicine expert: "Our main hypothesis is that connecting the body to the Earth enables free electrons from the Earth's surface to spread over and into the body, where they can have antioxidant effects."

So my friends, my advice - toss the shoes and sandals and go free!

I remember the days when the family ventured annually to the venerable Delawana Inn. While I brought plenty of socks, I don't think I wore a single pair the whole time I was there. Liberating.

Walking barefoot, given the fancy name of "grounding" or "earthing," offers many benefits like reduced inflammation, improved sleep and even improved tissue and cell repair. It releases endorphins which can improve our mood, anxiety and even depression.

Some researchers believe that the Earth connects all living cells through a living matrix held together by elec-



Mark Pavilons

trical conductivity. This behaves similarly to antioxidants as an immune defence system that restores the body's natural immunity by connecting to the matrix.

We have roughly 8,000 nerves in our feet and if you've ever delved into reflexology, you will soon discover the feet are the gateway to well, everything.

I'm not going to get into all the details here, but we all know that being constricted in closed-toe shoes for most of our days has led to a multitude of current ailments. Our ancestors connected with the Earth for hundreds of thousands of years before footwear was invented.

Can a key to good health really be that simple?

We all require Qi (chee) to live and many Indigenous peoples have spoken about the Mother's healing power.

I recently heard that we North Americans spend roughly 93% of our lives indoors. That right there should sound alarm bells. Can you imagine spending

only 7% of our lives outside, enjoying the Creator's bounty?

Of course, there are many who work outdoors and others who embrace nature every chance they get. They understand. They are likely the most "grounded" people of all.

I know I'm not alone when I say that every time I look at photos of cottage rentals or vacation ads, my thoughts turn to ditching the flip-flops and getting dirty! I want to be in that photo, right in the middle of nature's beauty. I don't know if it's as much an escape, or the fact nature calls us.

For me, the deeper the better. I love the idea of visiting a cabin in the woods, remote island or even abandoned castle. Oh, the stories these could tell.

A revolution of sorts has been taking place in the scientific understanding of trees. Some studies confirm that trees are far more alert, social, sophisticated, and intelligent, than we thought.

Trees of the same species are communal, and will often form alliances with trees of other species in what can be described as the "wood-wide web."

The fine, hair-like root tips of trees join together with microscopic fungal filaments to form this network. It appears to operate as a symbiotic relationship between trees and fungi. The fungi consume roughly 30 per cent of the sugar that trees photosynthesize from sunlight. The sugar is fuel for fungi, as they scavenge the soil for nitrogen, phosphorus and other mineral nutrients, which are then absorbed and consumed by the trees.

This resembles the neural networks in the brain and trees actually share information. They can also help one another defend against disease.

I had an inkling that nature was much more than a bunch of flora and fauna, but this is incredible.

This furthers the idea that all living things on our home world are connected in some way. Indigenous Peoples have long known this and only recently have we "westerners" begun to realize the splendor that is Turtle Island.

What took us so long? Can we harvest the power of flora, too, as our toes dig into Mother Earth? Is the concept of life much more elaborate and intricately in tune than we ever thought?

It makes me wonder about this universe of ours and creation itself.

Our odds - yours and mine - of being here are literally astronomical. For you and I to have been born and lived, our family lineage would have to have been unbroken for thousands of years. Our ancestors survived plagues, droughts, famine, war in order to continue the family lines.

For our planet to have emerged the way it did is also quite impressive.

"The possibility that intelligence is extremely rare and Earth 'lucked out' remains quite viable," according to astronomer David Kipping.

If we are so lucky, we should never waste a second exploring this world.

William Shakespeare once wrote that "one touch of nature makes the whole world kin."

Indeed, Bill, indeed.

### Health

## York Health stresses dangers of vaping

Youth trying and regularly using vapes (also known as electronic cigarettes or e-cigarettes) has been on the rise in York Region, especially among those in senior high school grades. In fact, the amount of York Region high school students who reported using vapes in the previous 12 months more than doubled from 11% in 2017 to 24% in 2019.

Vaping is not just harmless water vapour. The e-liquid which produces the vapour cloud in e-cigarettes is a mixture of particles and chemicals, none of which have been proven safe to inhale into the lungs. Most e-liquids also contain nicotine, a highly addictive substance that poses significant risk to youth health. Studies have shown that nicotine addiction is stronger when youth start vaping or smoking at a young age.

Nicotine changes how the teenage brain develops, affecting learning and memory. The nicotine levels found in the e-liquid can be significantly higher than what is found in cigarettes. Some e-liquid contains as much nicotine as one pack of cigarettes. Evidence is now showing that youth who vape are more likely to begin smoking cigarettes.

In Ontario, it is illegal to sell or supply vape products to anyone under 19 years of age. It is also illegal to vape anywhere you can't smoke cigarettes.

To report someone selling or supplying vape products to anyone under 19 years of age, or to report someone vaping in a prohibited place, call York Region Health Connection at 1-800-361-5653; TTY 1-866-516-6228 or Email: Health.Inspectors@york.ca

York Region Tobacco and E-cigarette Control Officers will investigate complaints and take appropriate action.



### Quote of the Week

*"How we look after each other, not how we look after ourselves, that's all that really matters."*

- Tommy Douglas

### Trivia Tidbits

*The border between Canada and the U.S. is 8,891 kilometres long.*

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Results from last week's poll:  
**Do you love or hate the hot weather?**

a) Love  100%  
b) Hate  0%

The results of this poll are in no way considered to be valid or infallible.

**THIS WEEK'S QUESTION**

Do you think Canada is the best country in the world?

a) Love  
b) Hate

Go to our website and cast a vote!

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# The undeniable economic case for climate action

By David Suzuki

## Environment

Working to resolve the climate crisis is a tremendous economic opportunity. Even normally conservative organizations such as the International Monetary Fund agree that the benefits far outweigh the costs.

Of course, the global consumer-based capitalist system encourages waste and destructive practices in the name of financial gain, so the necessary transformational change really requires a shift in economic paradigms. But even under the current system, or a similar one modified to remove the worst elements of greedy profiteering, the economic advantages of acting are clear.

It's true that not adequately addressing the crisis is already causing untold misery and death, threatening the survival of human and other life, rendering any human-invented "economy" irrelevant. Still, there's no valid economic reason to avoid or even delay implementing every climate solution available.

IMF research shows that green development and innovation can boost gross domestic product by at least 1.7 percent after five years compared with a baseline scenario, and "other estimates show up to four times the effect."

The IMF also reports that cheaper energy and expanding energy-efficient production processes increase the benefits, adding, "Most importantly, they come from less global warming and less frequent (and less costly) climate disasters."

A study in Cell Reports Sustainability found increasing renewable energy in the U.S. substantially reduced sulphur dioxide and nitrogen dioxides in the atmosphere from 2019 to 2022, providing \$249 billion in climate and health benefits.

In terms of coal, oil and gas versus renewable energy, the economic advantages of the latter are undeniable and multiplying. Renewable energy costs less, offers greater energy security, is subject to far less market volatility, is reliable and doesn't pollute as much.

Russia's invasion of Ukraine illustrates the issue of energy security. With gas supplies cut, energy shortages led to price spikes and impacts on global markets — along with more avariciousness from fossil fuel companies. That's been cushioned by a rapid transition to renewable energy from sources such as wind and solar with energy storage. Costs for wind and solar also continue to drop, making them more affordable

overall than fossil fuels — especially when the high costs of fossil fuel pollution and damage are taken into account.

An abundance of research and examples shows that investing in measures to combat climate change reduces energy costs and makes energy markets less volatile, spurs technological development, cuts health care expenses, avoids costly impacts on everything from agriculture to urban infrastructure and creates greater economic opportunities for a wider range of people.

Meanwhile, the price of inaction accelerates daily: increasing extreme weather events, greater numbers of people fleeing overheating areas, growing pollution- and climate-related health impacts, and worsening water shortages and agricultural losses.

One recent study in Nature conservatively estimates damages from climate change will cost six times as much as limiting global heating to 2 C within the next 26 years — with average incomes falling by 19 per cent.

Another study in Nature estimates the annual cost of climate-related extreme weather damages alone from 2000 to 2019 "average around \$143 billion, which breaks down to around \$16.3 million per hour," and that "Over the past 20 years, extreme weather events globally, like hurricanes, floods and heat waves, have cost an estimated \$2.8 trillion." Those figures are rising rapidly.

We've seen the costly devastation in Canada: heat domes, floods, drought, rising insurance rates and cost-of-living increases. As the Canadian Climate Institute says, "Between 2010 and 2019, insured losses for catastrophic weather events totalled over \$18 billion, and the number of catastrophic events was over three times higher than in the 1980s."

The fossil fuel industry has provided jobs and economic benefits to many in Canada and around the world, as did other harmful industries like tobacco — but at what price? We've long known about the pollution and damage, but industry has worked to downplay or cover up negative consequences. It's important that those affected by the necessary transition are provided opportunities for better, healthier employment — especially as increasing industry automation kills more jobs. But the only ones really benefiting now from fossil fuels are those profiting from the damage.

There are no valid economic argu-

ments against rapidly shifting from burning polluting fossil fuels to cleaner energy sources. It's past time to choose a wiser path.

David Suzuki is a scientist, broad-

caster, author and co-founder of the David Suzuki Foundation. Written with David Suzuki Foundation Senior Writer and Editor Ian Hanington. Learn more at [david Suzuki.org](http://david Suzuki.org).

## Enjoy nature in York Regional Forest

Visiting the York Regional Forest this summer is the perfect way to stay active, enjoy fresh air and connect with nature.

With more than 150 kilometres of scenic trails, including almost seven kilometres of trails accessible to wheelchairs, strollers and other assistive devices, there's something for everyone to enjoy. Accessible trails are wider, clear of large obstructions and graded for ease-of-movement.

They loop through a variety of landscapes and are between 1.5 to 2 kilometres. Dogs are welcome but must remain on-leash at all times. Accessible parking is available.

## From the Archives



McCormick's store & gas station  
Sacred Heart, c. 1950s



## Harmful invasive species targeted in York

The Ontario government is investing \$16 million over three years to protect the economy and environment from the threat of invasive species. The grant funding will help municipalities, conservation authorities and Indigenous communities help stop invasive species from establishing or spreading in the province.

"Invasive species are one of the main threats to biodiversity in Ontario and they also have a negative impact on our economy," said Graydon Smith, Minister of Natural Resources. "This investment is the latest step our government is taking to protect Ontario's critical industries as well as our natural environment to ensure we can continue to enjoy the natural beauty in our province."

The funding will be administered by the Invasive Species Centre and Nature Conservancy of Canada to support a comprehensive, Ontario-wide plan to

fight the invasive plant Phragmites, and for the Invasive Species Action Fund to provide grants to municipalities, conservation authorities and Indigenous communities to manage other harmful invasive species.

"Invasive species pose a serious threat to our environment and can have devastating impacts on community staples such as agriculture businesses and our parks and rivers," said Dawn Gallagher, MPP, Newmarket-Aurora. "By funding organizations to manage and prevent the spread of these species, we are taking crucial steps to preserve the natural beauty and stability of Newmarket-Aurora for future generations."

In 2019, the Invasive Species Centre estimated that the potential impacts of invasive species to agricultural, fisheries, forestry, health care, tourism and the recreation industry may be as high as \$3.6 billion per year in Ontario.

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# Investment will help train thousands of firefighters in Ontario

The Ontario government is investing more than \$10 million to build five new state-of-the-art training facilities and train thousands of firefighters for in-demand careers in fire and rescue services.

"Investments in firefighter training are investments in the safety and resilience of our communities," said Premier Doug Ford. "This new funding will help ensure that our firefighters have the skills and resources they need to protect people and communities and return home safely to their families."

Ontario is investing over \$9 million to build five new training centres through the capital stream of the province's Skills Development Fund (SDF). Once built, the five new training centres will have the capacity to train more than 28,000 firefighters over a five-year

period, helping to meet the emergency response needs of growing communities across Ontario and allowing local firefighters to get the training they need closer to home.

In partnership with the Ontario Professional Fire Fighters Association (OPFFA), the province is also investing approximately \$970,000 in a training project that will provide Fire Ground Survival training to firefighters across the Niagara, Toronto and Kingston regions. As well, the Town of Georgina will receive provincial support to train and upskill its volunteer firefighters.

"Our firefighters are true heroes who face danger head-on and without hesitation to protect our communities," said David Piccini, Minister of Labour, Immigration, Training and Skills Development. "By investing in these proj-

ects, we're helping to ensure our firefighters have the training they need to keep both themselves and others safe. By expanding training capacity, we're opening doors for more people who want to become firefighters and protect our communities."

The new training and infrastructure funding will be allocated to organizations and municipalities as follows:

Town of Georgina: \$550,436 to support the construction of a new Fire & Rescue Training Facility.

Town of Orangeville: \$3,667,650 to support the construction of a new Fire Services Campus to replace the existing building to train members of Orangeville Fire.

Town of Newmarket: \$865,046 to support the construction of a new fire training facility in Aurora.

Municipality of Clarington: \$3,216,384 to support the construction of a new fire training complex to help meet the community's emergency response needs and provides effective training for future leaders in the fire department.

Town of Hanover: \$780,331 to support the construction of a new fire hall to support local training of the Hanover Fire and Rescue.

Ontario Professional Fire Fighters Association Fire Ground Survival Train-the-Trainer Program: \$970,150 to deliver fire ground survival training to career firefighters across the regions of Niagara, Toronto and Kingston.

Town of Georgina - Community Safety Skills Development for Georgina Fire & Rescue Services: \$439,373 to deliver training to its volunteer firefighters in the Town of Georgina.

Ontario invests more than \$1 billion each year in employment services and training programs like Better Jobs Ontario and the Skills Development Fund

Training Stream to help workers train for well-paying and meaningful careers in their communities. These investments are part of the government's ongoing efforts to attract, support and protect workers, making Ontario the best place to work, live and raise a family.

The Skills Development Fund Capital Stream was launched in June 2023 to provide funding to eligible organizations to build new training centres, upgrade existing training centres or convert an existing building into a training centre. These centres will train people for emerging and in-demand jobs in critical sectors of Ontario's economy.

There are roughly 30,000 firefighters in Ontario, including about 12,000 full-time firefighters, nearly 19,000 volunteer firefighters and more than 400 part-time firefighters.

The Skills Development Fund Training Stream is supported through labour market transfer agreements between the Government of Canada and the Government of Ontario.

"Professional development and capacity building are core value propositions the OPFFA offers its members. Historically, the focus for firefighters is on training to extinguish fires and save lives but there hasn't been adequate training on firefighter survival. With the support of government funding, not only will more firefighters be trained on these vital life-saving skills, but they will also be able to bring it back to their local fire services, many of which face financial and geographical barriers in accessing training programs like Fire Ground Survival (FGS). We are incredibly grateful to this government for continuing to support and value the safety of our members," said Greg Horton, President of the Ontario Professional Fire Fighters Association (OPFFA).

## Ontario begins automatic licence plate renewals

The Ontario government is making life easier and more convenient for more than eight million drivers by becoming the first jurisdiction in North America to introduce automatic licence plate renewals. The change takes effect on July 1, 2024 and will save vehicle owners time, amounting to more than 900,000 hours every year.

"Under the leadership of Premier Ford, our government is making life more affordable and convenient for drivers," said Prabmeet Sarkaria, Minister of Transportation. "First, we eliminated licence plate sticker fees for passenger vehicles, saving drivers \$120 a year for every car they own. Now, we're saving drivers valuable time and making their lives easier by automatically renewing licence plates."

Licence plates for passenger vehicles, light-duty trucks, motorcycles and mopeds will renew automatically 90 days before expiry if the vehicle owner has valid insurance and no outstanding fines or tolls. If a licence plate cannot be renewed automatically, the vehicle owner will be notified and required to manually renew online or in person at ServiceOntario.

Until automatic licence plate renewals take effect, vehicle owners are required to manually renew their plates at no cost. Ontarians can check their licence plate status at [ontario.ca/platerenewal](http://ontario.ca/platerenewal).

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# King 7-Day Weather Outlook

From Thursday, July 4 to Wednesday, July 10

THURS 4TH	FRI 5TH	SAT 6TH	SUN 7TH	MON 8TH	TUES 9TH	WED 10TH
Sun/Clouds High 29C° Low 18C° - Wind NW 9k	Sun/Clouds High 28C° Low 19C° ~5mm Wind SE 16k	Chance of Shower High 27C° Low 17C° ~1mm Wind SW 24k	Sun/Clouds High 27C° Low 19C° - Wind NW 12k	Risk of T'Storm High 28C° Low 19C° 2-4mm Wind S 14k	Risk of T'Storm High 27C° Low 18C° 5-10mm Wind NE 11k	Light Rain High 25C° Low 17C° 1-3mm Wind NW 14k

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## Mailboxes damaged in King

York Regional Police are investigating after several community mailboxes were vandalized in King. The incident was reported on June 25 after Canada Post notified YRP that their community mailboxes were damaged. It occurred some time over the weekend.

Police noted that no deliveries of packages occurred during the period of time that the damage was done. No mail or property has been reported stolen.

A similar incident was reported to police on May 15, with the outgoing mail box being targeted. There was no reported stolen property in that incident either.

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# Food Bank extends thanks for Spring Food Drive success

The King Township Food Bank would like to extend our deepest gratitude to the entire King Township community for your tremendous support during our recent Spring Food Drive. The drive, which wrapped up last weekend, was a remarkable success, thanks to the unwavering generosity and involvement of our neighbors.

This year's Spring Food Drive was a collaborative effort involving the local community food banks in York Region, including the Aurora Food Pantry, Georgina Community Food Pantry, Markham Food Bank, Newmarket Food Pantry, Richmond Hill Community Food Bank, and Vaughan Food Bank. The collective spirit of these organizations, along with the King Township Food Bank, showcased the power of unity in addressing food insecurity.

The Food Bank is particularly grateful to the three schools that participated, and to King Fire and Emergency Services for their invaluable help in collecting and delivering donations to our depot on Friday morning. Their dedication and hard work were instrumental in the success of our drive.

On Saturday morning, Schomberg Foodland and Nobleton No Frills joined us, with King Fire and Emergency Ser-

vices and a group of dedicated volunteers informing shoppers of our needs at their entrances. Thanks to their efforts, we received a significant amount of food donations, filling our depot to near capacity. In addition to the food items, we also received generous cash donations, which are greatly appreciated. Moreover, we were able to spread awareness about our cause, needs, and benefits.

Over two weekends, many of our local churches participated, collecting a significant amount. They're grateful for the support of all those in our community who helped make this happen.

This year, volunteers collected over \$5,000 worth of food – over 2,400 needed food items were donated. These contributions are vital in helping us meet the increasing demand for food assistance in our community.

Founded two decades ago, King Township Food Bank is an entirely volunteer-driven organization dedicated to addressing the rising need for food assistance in our community. Since 2020, we have experienced a 100% increase in demand, now serving over 500 people each month. Our mission is to provide a week's supply of non-perishable food items monthly to any resident of King



Township seeking assistance, almost half of whom are seniors and children, the most vulnerable sector of our society. Every month, we have fulfilled that mission.

Despite rising demand, they have expanded services to include fresh vegetables, fruit, and eggs. Each registered family receiving pre-boxed food also receives a grocery card to help with the purchase of perishable items, offering the dignity of choice and addressing dietary needs. They also provide bathroom tissue monthly and pet food for dogs and cats.

King Township Food Bank relies entirely on the generosity of the community, as they do not receive government support, unless for a specific project beyond the normal scope of our efforts. Unlike most food banks, they actively engage in fundraising to ensure the sustainability of our model. The annual Sip & Savour Cocktail Party has become a staple event in the community calendar, professionally presented and entirely volunteer-run to maximize proceeds.

The success of this Spring Food Drive is a testament to the compassion and solidarity of the King Township community. Your support not only helps us meet the immediate needs of those facing food insecurity but also strengthens their ability to continue providing essential services to neighbors in need. Thank you all for your wonderful

dedication to this important cause. They are grateful for your support and look forward to continuing their work together to make a positive impact in our community.



Payton and her mom Jennifer generously donated much-needed items to our local food bank.



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## Grand opening of Unlimited HRM Solutions and HosPall Private Homecare

By Jim Stewart

The ribbon-cutting ceremony for Unlimited HRM Solutions and HosPall Private Homecare took place outside their shared office space at 2174 King Road in King City last week.

HosPall Private Homecare owner Michelle Frauley and Unlimited HRM Solutions owner Carmelinda Galota offered warm greetings to over 75 revellers who enjoyed the hospitality and breezy setting featuring DJ-delivered music, a sumptuous spread of food and drink, and a stage area festooned in blue and white balloons.

Dignitaries present to officiate the ribbon-cutting ceremony included MP Anna Roberts as well as Mayor Steve Pellegrini and Ward 3 Councillor Jennifer Anstey who presented congratulatory certificates from the federal and municipal governments, respectively.

Emcee Bruce Frauley welcomed the dozens of well-wishers and introduced Carmelinda Galota who was clearly moved by the moment and, in breaking voice, noted that her "definition of success is giving back." The CEO and Principal Consultant of Unlimited HRM Solutions thanked her husband, children, and family "for their patience with my long hours at work" and acknowledged "her rock, Michelle Frauley – someone whom I aspire to."

The affable Emcee then introduced his wife and long-time business partner to those assembled in the ideal June conditions. Michelle Frauley – a registered nurse, business owner, and President of the King Chamber of Commerce – was previously honored at the



15th annual Portraits of Giving reception for her significant contributions to the King social fabric.

The charming and compassionate owner of HosPall Private Homecare thanked her KCOC colleagues in attendance, her mom and sister, and acknowledged how much she missed her dad "who was looking down on the ceremony in some capacity." Frauley noted that her business has responded to the needs of King Township's families and "has grown over the years from 4 to 55 employees. We help people with end-

of-life challenges, families with babies, and people who are post-surgical and in need of home-care assistance. HosPall Private Homecare will continue to give back to the community."

The inspirational entrepreneurial spirit and generous hospitality of Car-

melinda Galota and Michelle Frauley were on full display outside their respective businesses on Thursday afternoon as King Township celebrated two more Grand Openings this year, much to the delight of the dignitaries and guests in attendance.







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**BRAND NEW - DOUBLE LOT SIZE**

Brand new custom-built executive home on a premium 96' x 126' lot in Richmond Hill. Open concept layout with high-quality craftsmanship, 10' ceilings, chef's kitchen, spa-like ensuite, and spacious bedrooms. Includes a 38' x 126' easement. Free finished basement if sold by July 5th. Truly a masterpiece!



**EXECUTIVE HOME WITH LUXURY UPGRADES**

Brand new executive home in Princeton Heights, Aurora Estates! This luxurious Fernbrook Homes property features a 3-car tandem garage, white oak hardwood floors, an elegant living room with coffered ceilings, a chef's dream kitchen by Downsview, a great room with 20ft ceilings, and a finished lower level with an exercise/media room, recreation room, wet bar, and spa-like bathroom.



**LUXURY LIVING WITH HIGH-END FINISHES**

Welcome to luxurious living in King City. This custom home features a \$500k chef's kitchen, saltwater pool, and outdoor kitchen. Perfect for entertaining with a rec room, cedar cigar room, and 4-car garage. Enjoy solid wood flooring, a spacious primary suite, and proximity to top schools and amenities.



**ZONED FOR HOME BUSINESS, SALTWATER POOL**

This fully renovated executive home in Richmond Hill boasts a 4-car garage, finished basement, solariums, and a pool with a waterfall. Perfect for remote work, it's near schools, parks, and amenities. Zoned to allow 35% of its space for home business, it also includes a sunroom, indoor hot tub, and fenced backyard.



**BRAND NEW EXECUTIVE "GREEN" & "SMART" HOME**

Experience eco-smart luxury in South Aurora's prestigious Royal Hill. This home features a gourmet kitchen, spa-like master suite, hardwood and porcelain floors, 10' ceilings, and an oak staircase. Highlights include a walk-out lower level, green technology, and serene views. Located close to amenities, nature, and transit for unparalleled sustainable living.



**LUXURIOUS 'FERNBROOK' HOME IN AURORA**

Presenting the exquisitely designed 'Fernbrook' executive home in Princeton Heights, Aurora Estates. This expansive lot property boasts premium finishes and a gourmet kitchen, with customization options available. It includes four generously sized bedrooms, each with its own private bathroom.



**PRESTIGIOUS HOME WITH PREMIUM FENCED LOT**

This executive home boasts a 3-car garage with an EV port on a premium lot in a prestigious community. Enjoy a grand 2-story foyer with a 3-way fireplace, a chef's kitchen, a private deck, a luxurious primary suite, and a finished walk-out lower level with a gym, recreation room, and additional office.



**PERSONALIZE YOUR EXECUTIVE DREAM HOME**

Explore this magnificent new 'Fernbrook Homes' property in prestigious Princeton Heights, Aurora Estates. Featuring a customizable kitchen with buyer-selected cabinetry and appliances, this executive home offers luxurious finishes, four spacious bedrooms with private bathrooms, and ample natural light.



**ALMOST NEW BUNGALOW LIVING**

Exceptional 4-bed, 3-bath bungalow featuring an open concept layout with 9ft ceilings and hardwood floors. The chef's kitchen has quartz counters, and the family room opens to a fenced backyard. Enjoy a luxurious primary suite, finished lower level, and convenient access to amenities, schools, parks, water, and highways.



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**CUSTOMIZE YOUR DREAM LAKE WILCOX HOME**

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# Equine program lauded by community partners

By Jim Stewart

Eight graduates of the equine therapy program “Saddle Up for Success” – sponsored by the York Regional Police, Horses at Heart, and the Reena Foundation – performed a climactic musical ride performance recently at the WaterStone Estate and Farms.

More than 75 spectators enjoyed the presentation from the overhead viewing area. Program graduates Jordyn, Elyse, Luke, Gabi, Jonathan, Jesse, Daniel, and Anita paraded their horses skillfully and confidently around the spacious facility’s indoor track to appropriate tunes including Elton John’s “The Circle of Life” and John Denver’s “Thank God I’m a Country Boy.”

Program Director Deborah Weiss welcomed well-wishers, families, and dignitaries including Mayor Steve Pellegrini and York Regional Police Deputy Chief Kevin McCloskey.

Weiss, who has run the highly-effective Horses at Heart therapy program for over 23 years, was pleased with the skills learned by the graduates: “Our hearts are full today. We’ve seen the benefits of the course including confidence-building. The rocking motion of riding a horse stimulates a ‘feel good sensation’ – one that is truly relaxing and invigorating. Our graduates experienced this joy of riding and learned to work as team. They’ve supported and cared for one another. The musical ride was the best part of the day, but so was seeing their journals on display.”

Mayor Steve Pellegrini praised the cooperative spirit and the fine contributions made to the King community by the York Regional Police and the WaterStone Estate and Farms: “It’s a partnership between a great business, the YRP, and the Reena Foundation. Deborah has an incredible facility here to offer the equine therapy program and this is



truly her passion.”

YRP Deputy Chief of Support Kevin McCloskey praised the dynamics of community partnership and the goals of the “Saddle Up for Success” program: “It’s especially important that the York Regional Police continues to build and create partnerships to benefit the communities in the region. Our officers look forward to creating a positive experience for the participants in the program. The best part of today’s performance was the look of joy on the graduates’ faces during the musical ride. This is the side of policing that isn’t published as much, but it’s such an enjoyable aspect of policing and a great way to contribute to the communities we serve.”

For Deborah Weiss, Mayor Pellegrini,

Deputy Chief McCloskey, the on-field police officers and WaterStone staff, the eight graduates, and their families and friends in attendance, it was a celebratory event that demonstrated not only the nobility of the gentle steeds on parade, but the comfort and confidence of the riders who not only bonded with the horses and officers in the program, but journalled extensively about their experiences throughout the eight-week program. Red ribbons and certificates were distributed to the graduates in an on-field ceremony and a reception followed in the overhead viewing area where the graduates’ journals were displayed for spectators to read while enjoying a buffet lunch to top off an afternoon of achievement at the WaterStone Estate and Farms.



## Keep dogs on leash and pick up pet waste, local fines apply

Having a pet as part of your family is rewarding, but it comes with many responsibilities – including keeping them on a leash and cleaning up after them when you are out for a walk. It’s the responsibility of every pet owner to keep their pet (and neighbours) safe by abiding by the rules found in King Township’s Animal Control Bylaw #2016-85. Violations are subject to fines.

Here are some tips on how to be a responsible pet owner:

Keep your dog on a leash.

Leashing is the neighbourly thing to do to and it also helps keep your pets safe in the event you encounter urban wildlife on your walk – including coyotes. King Township’s Animal Control Bylaw #2016-85, section 4.9, mandates all dogs must always be under full control by being leashed and lead by leash when not on their owner’s property, unless visiting a designated off-leash dog park. The fine for having a dog off leash anywhere outside of an off-leash dog park is \$360.

The Township’s two off-leash dog areas are secured, fenced-in spaces where dogs and their families can get exercise outdoors, socialize and roam free safely, and are separated from playgrounds and other park facilities. The off-leash dog parks are located at the southwest corner of King Road and Keele Street (at the end of Hogan Court) in King City and at Tasca Park located at 49 Park Heights Trail in Nobleton. For more information on designated off-leash dog parks, visit [king.ca/parks](http://king.ca/parks).

Stoop and scoop: pick up after your pets.

Stooping and scooping dog waste is an easy way to keep King Township clean and ensures a pleasant experi-

ence for everyone on footpaths and in parks. It’s also the law. King Township’s Animal Control Bylaw #2016-85, section 4.12, mandates that individuals must collect their pets’ waste.

As part of an ongoing partnership with Vaughan Animal Services, officers routinely patrol King’s parks, municipal roadways and sidewalks for animal control issues, including those relating to stoop and scoop offences. The fine for not picking up after your pet is \$200.

King Township provides dog waste bags at select locations including Cold Creek Conservation Area, some locations on the municipality’s 100 kilometres of trails and dog parks. To ensure easy access, attach doggy bags to your pet’s lead or use a collar-clipped doggy bag holder. The bags then need to be disposed either in a green bin at home or a garbage bin when out in the community.

To report pet waste on public property, contact Service King at 905-833-5321 or [serviceking@king.ca](mailto:serviceking@king.ca). For more information on how to properly dispose of pet waste, visit [king.ca/pets](http://king.ca/pets).

Having your pet microchipped helps to easily identify and safely reunite you with them if they are lost. Getting your pet vaccinated against rabies helps with medical follow-ups for people or animals potentially exposed to infected animals and supplements and manages the costs of sheltering animals and providing education, outreach and compliance measures.

Book an appointment to bring your pets to a microchip and rabies clinic at the Vaughan Animal Shelter (located at 70 Tigi Crt., Unit 47) on Sunday, June 23 from 10 a.m. to 3 p.m. Call the City of Vaughan at 905-832-2281 to schedule your time slot. Walk-ins will not be accepted.

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# Frauley honored at 15th annual 'Portraits of Giving' reception

By Jim Stewart

Karen Merk, founder of Portraits of Giving, welcomed over 100 guests to the 15th Annual recognition reception at the King Municipal building recently.

Merk, a specialist in fine art photography, family photography, and executive portraits, presented Michelle Frauley as the 2024 honoree on "the Crystal Anniversary Year of the awards."

Merk's Portraits of Giving is an inspirational celebration and honors members of the community who have contributed mightily to a "Legacy of Social Responsibility" in King Township. Merk noted that Frauley has been a beacon of social responsibility in King for decades. In her second year as president of the King Chamber of Commerce and in her 35th year as a registered nurse, Frauley's work in end-of-life care was acknowledged and applauded by dignitaries including King Mayor Steve Pellegrini and Member of Parliament Anna Roberts who presented the business leader and nurse with congratulatory certificates from the municipal and federal governments, respectively.

King Township Fire Chief and Community Emergency Management Coordinator Jim Wall provided attendees with insights into Frauley's career and noted that she is "a woman who leads

with her heart." Chief Wall delineated Frauley's "life-saving work as Nurse Coordinator of the King Vaccination Clinic during COVID as well as a Volunteer at the King Food Bank for the last four years." Wall also noted that Frauley was "King's Citizen of the Year in 2022 for inspiring engagement in her community."

Chief Wall extolled Frauley's compassionate assistance in helping families manage with loved ones stricken with Alzheimers and face the challenges of end-of-life care for terminally-ill patients. Wall concluded his appreciation of Frauley's own legacy of social responsibility by saying that "Michelle is powered by the success of others."

As part of the celebration of Frauley's legacy, Merk presented a stylized commemorative photo of her subject with a cutline that read "Helping people is who I am." MP Roberts presented a heartfelt and moving speech praising Frauley's "power and accomplishment as a female business leader" and brought words of congratulations from the federal government.

Mayor Pellegrini – flanked by Ward 5 Councillor Debbie Schaeffer and Ward 4 Councillor Mary Asselstine – offered poignant insights including how Frauley provided compassionate end-of-life care for his mother and thanked her personally "for giving back to our com-



munity."

Michelle Frauley sparked much levity when she acknowledged that "We didn't know that we would be sharing the same night as Game 7 of the Stanley Cup Finals, but I promise to get every one home in time for the start of the game." The 2024 Honoree added that "I am very humbled and very grateful for this recognition tonight." She expressed her thanks to those assembled for their kind words and support and implored all gathered in the Municipal chamber to "follow their dreams and to carry out easy acts of kindness."

Frauley mentioned how "giving myself as a volunteer brings me peace" and she invited attendees to "give one hour of volunteer work per week because it makes such a difference."

For making such a difference and to wrap up the 15th annual 'Portraits of Giving' reception, Karen Merk present-

ed the honoree with a \$100 cheque for Frauley's charity of choice: the Alzheimer Society of Ontario.



We are beyond excited to announce the addition of a new member to our dental team at Dawson Dental King City!

Please join us in welcoming Dr. Sol Weiss, Principal Dentist from



The Art of Dentistry in Yorkville



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KingWeeklySentinel

# Arts & Entertainment

## Local writers showcased in writing contest

By Dorita Peer

Timeless Tales IV: The Haunts proved irresistible to 32 writers of all ages who entered their stories in the 2024 contest organized by Arts Society King in cahoots with the King Heritage & Cultural Centre.

This year's theme offered five notable, historically interesting edifices in King Township as writing prompts: Eaton Hall, Hogan's Inn, The Kettleby Deadhouse, the old King Railway Station and Schomberg Community Hall.

A haunt is any place you visit frequently, but most writers chose the other, more spooky meaning and visited their inner daemon. The stories ranged from touching to shocking. The judging panel that pored through them was made up of Kelley England, Bibliophile Extraordinary, of King Libraries. Then Roderick D. Turner, engineer-turned-professor-turned-author of sci-fi, fantasy and

space opera, who happily mentors authors-to-be. And returning judge, Toronto poet, author and educator known for his perceptive eye on human relations, Domenico Capilongo. And here are the judges' picks for 2024:

Best in Grades 1 - 4: Abigail Chase, Rose of Eaton Hall. Honourable Mention: Grace Oxner, The Tale of Christopher Brewster.

Best in Grades 5 - 8: Lydia Chai, Gone like a Ghost. Honorable Mention: Elise Li, 22nd of August.

Best in Grades 9 - 12: Eva Graf, The Widow's Vigil. Honourable Mentions: Kiera McCue, Moving Inn and Aroush Bilal, Secrets of Eaton Hall.

Best in Ages 18 -101: Shelby Molyneux, The Girl in Red. Honourable Mentions: Kay Carbe, Waiting, and Christine Paige, Dead Wrong.

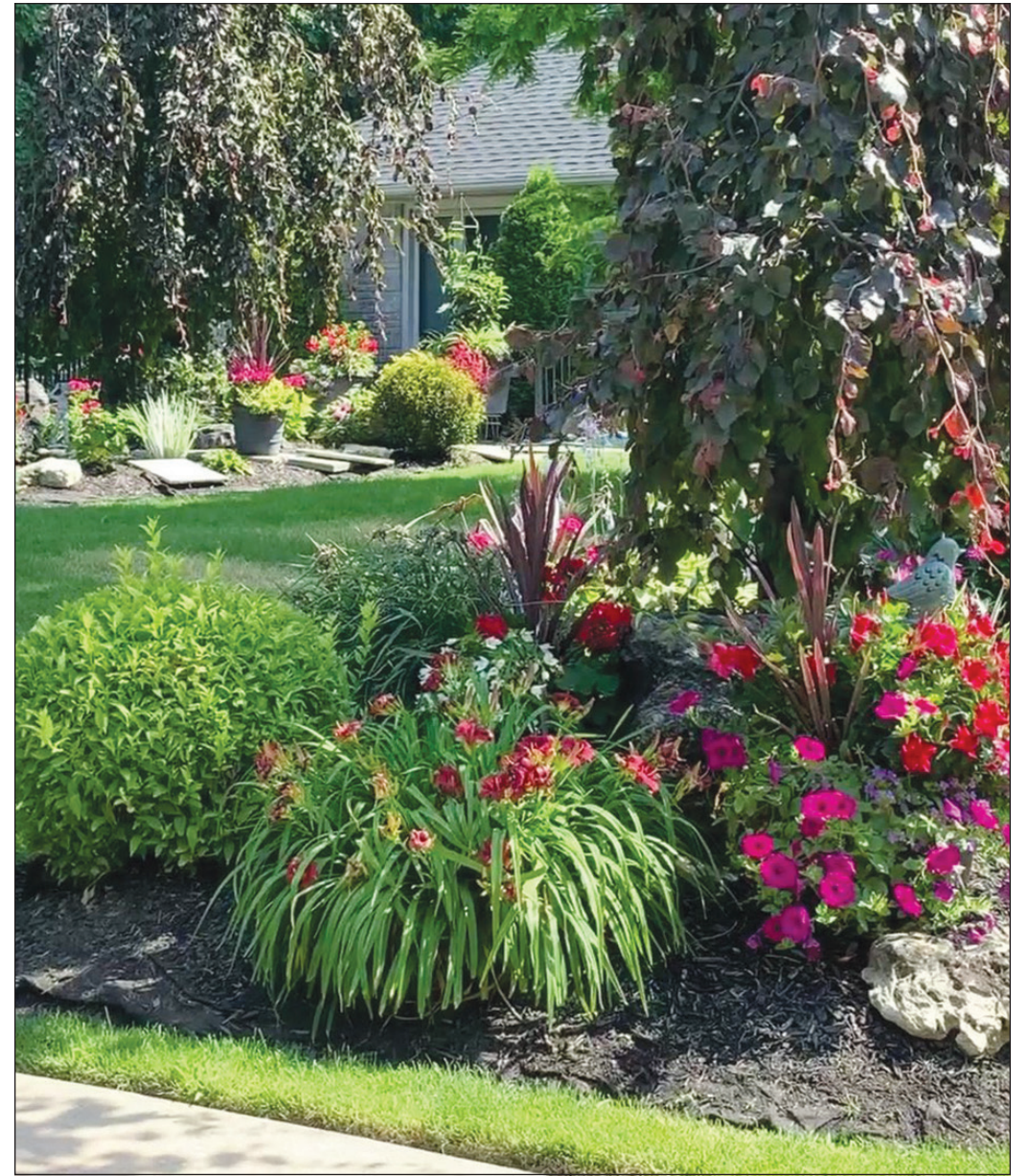
It was gratifying to see the names of returning authors, several of whom were awarded in previous years, such as

four-time recipient, Shelby Molyneux! The judges' favourites and honourable mention stories can be found on the Arts Society King website (see below). Best wishes to everyone so promising and perhaps headed for publication in the future.

Their fans, family and the public are invited for Tale Tellers Authors' Night live readings and book signings on Thursday, Sept. 19 beginning at 6 p.m. at

Laskay Hall. A Collection of Timeless Tales IV: The Haunts, an anthology containing all of the stories, will be arriving hot off the presses soon. Visit arts-societyking.ca for more information.

Thank you to generous sponsor Robert Payne of Edward Jones. Also to Surge Activewear in Schomberg, the King Township Public Library and the King Heritage & Cultural Centre for prizes.



Glorious Gardens showcase local homes

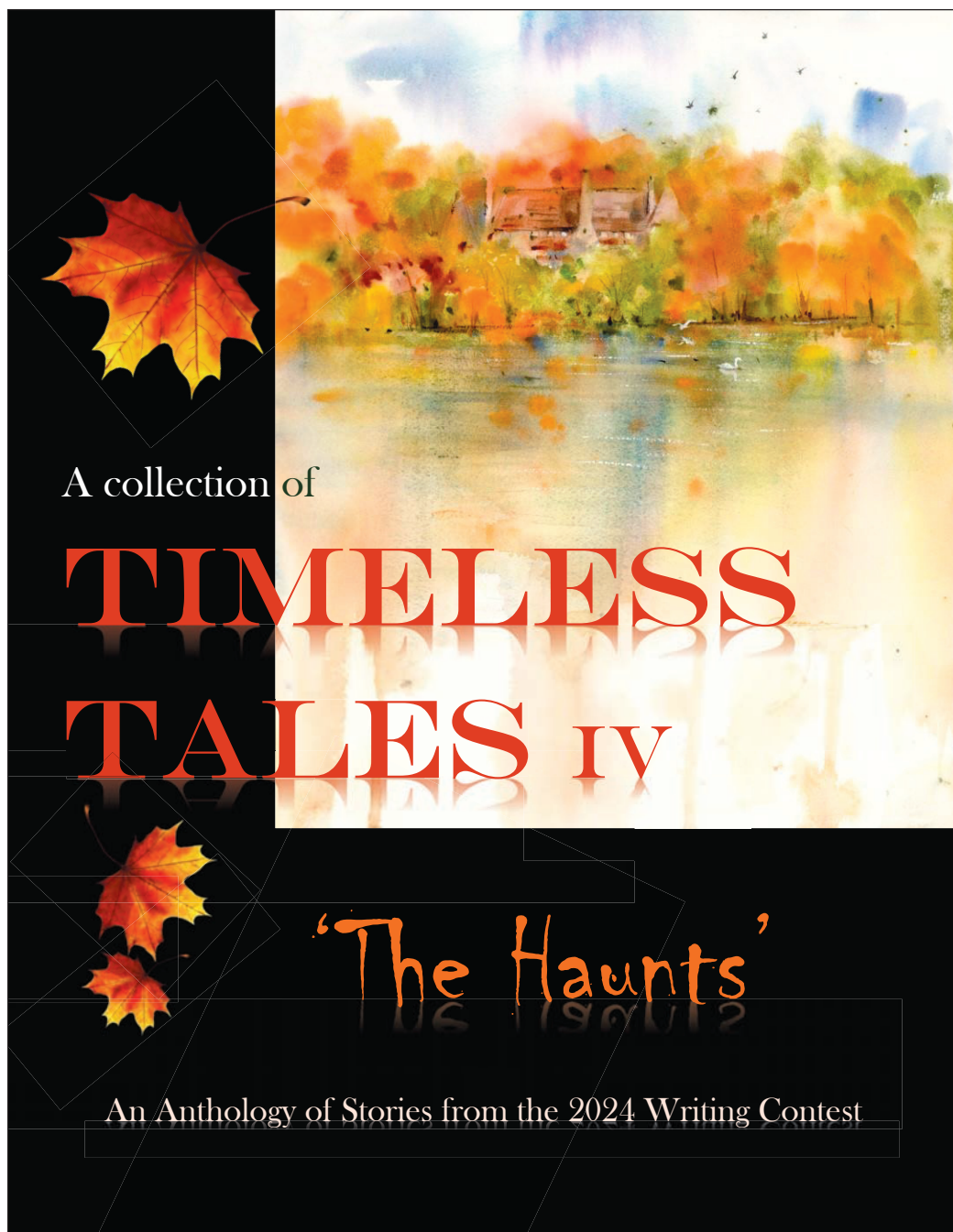
Many homeowners dedicate significant effort to crafting beautiful front gardens, and the Nobleton and King City Garden Club want to celebrate their hard work.

A team from the Garden Club will be exploring your neighborhood to identify these stunning gardens. Selected gardens will be honored with signs, allowing everyone to admire and appreciate the homeowners' dedication and creativity. This initiative recognizes the homeowners' passion and creativity and inspires others to cultivate their own botanical wonders.

This initiative will run through to Aug. 31.

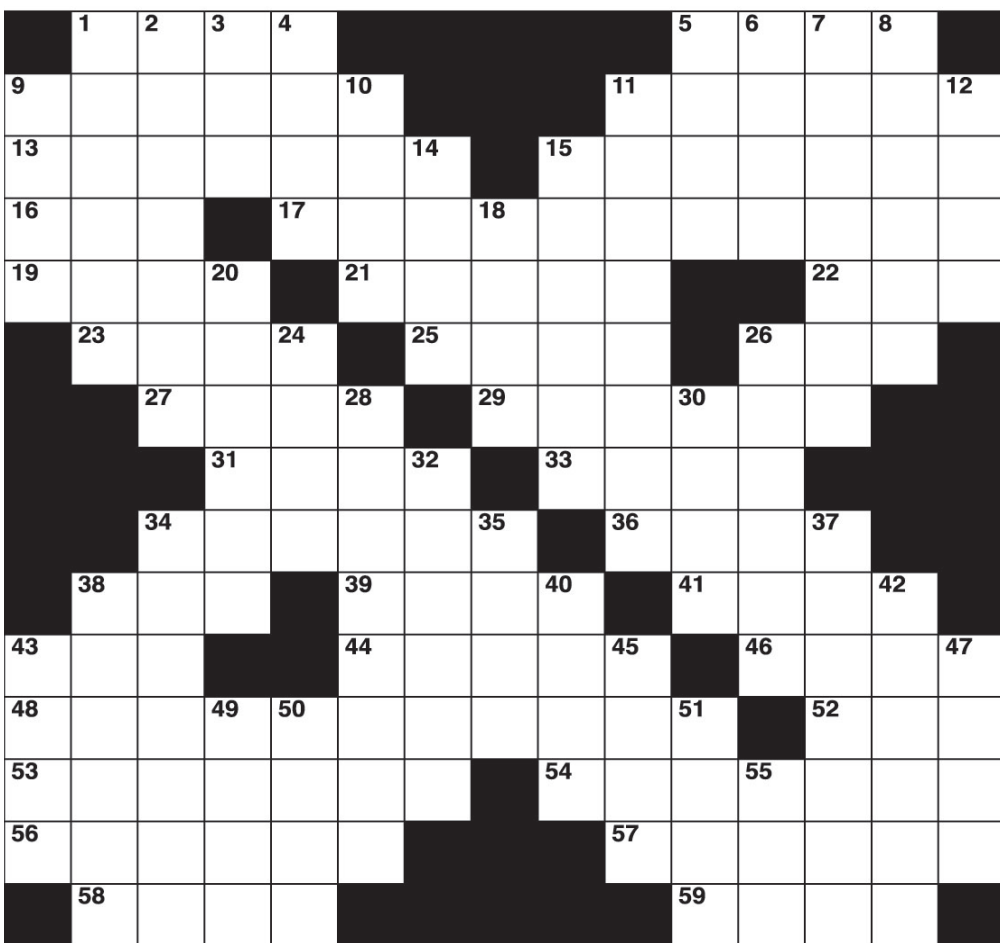
Join them in celebrating the beauty and dedication that make our neighborhoods bloom!

If you have any questions, contact them at nobletonkingcitygardenclub@gmail.com



## CROSSWORD

Puzzle No. 247110 • Solution in Classifieds



### CLUES ACROSS

- 1. Six (Spanish)
- 5. Invests in little enterprises
- 9. Large dung beetle
- 11. Gored
- 13. Partially paralyzed
- 15. Still a little wet
- 16. Legal field media company
- 17. Not working
- 19. 500 sheets of paper
- 21. Church structure
- 22. Sheep disease
- 23. Small drink of whiskey
- 25. Weaving tradition
- 26. Pestilence
- 27. Body part
- 29. Nabs
- 31. Places to stay
- 33. Witnesses

### CLUES DOWN

- 34. Looked for
- 36. Arranges
- 38. Political action committee
- 39. Middle eastern nation (alt. sp.)
- 41. Hair-like structure
- 43. Parts producer
- 44. Greek city
- 46. Subway dwellers
- 48. Norm from "Cheers"
- 52. Clean a floor
- 53. Vied for
- 54. Canned fish
- 56. Inspire with love
- 57. Sent down moisture
- 58. Wrest
- 59. Partner to carrots
- 1. Mounted
- 2. Assign

### CLUES DOWN

- 3. Wrath offerings
- 4. Self-immolation by fire ritual
- 5. Parts of an organism
- 6. Person from England
- 7. Tropical plants of the pea family
- 8. Body part
- 9. Practice boxing
- 10. Containers
- 11. Contrary beliefs
- 12. Bleached
- 14. Pre-Islamic Egyptian
- 15. A group of similar things ordered one after another
- 18. Innermost spinal cord membranes
- 20. Cassava
- 24. A restaurant's list of offerings
- 26. Annoy constantly
- 28. Orchestrate
- 30. Z Z Z
- 32. Astute
- 34. Highly decorated tea urn
- 35. Teach to behave
- 37. Endurance
- 38. Urinating
- 40. Barbie friend dolls
- 42. Repents
- 43. Man-eating giant
- 45. Jewish calendar month
- 47. Accelerated
- 49. Husband of Sita in Hindu
- 50. Lump of semiliquid substance
- 51. Lying in wait
- 55. Cease to exist

No one has more self-confidence than the person who does a crossword puzzle with a pen.

# King Township is well served by York Regional Police

By Mark Pavilons  
Editor

With consistent patrols and officers working out of the King sub-station, the Township is well served by York Regional Police.

Superintendent Russ Bellman provided an overview of policing in King to councillors recently.

King takes up roughly half of Number 1 District, with stretches more than 700 square kilometres and home to some 200,000 residents. It also includes Newmarket, Aurora and East Gwillimbury.

YRP has three patrol cars in King and some 25 officers rotating out of the King sub-station in the municipal building (5 per platoon).

YRP received roughly 3,527 calls from King residents in 2023. The top 10 calls include motor vehicle collisions (400+), impaired driving (400+), welfare checks, suspicious vehicles, vehicle thefts, suspicious

person, silent 911 calls, driving hazards, disputes and ambulance assists.

Sup. Bellman noted resident calls do work, and often lead to arrests, particularly in impaired reports.

There are some 8-12 stolen vehicles per month in King, an issue that's widespread across the province.

Sup. Bellman added YRP does have a residential security camera registry, so homeowners with cameras are on a list, and called upon if and when needed by police.

YRP are responding with investigative projects, increased uniform patrols and its COR Unit targeting specific areas. Police have also undertaken large-scale investigative and community awareness projects, such as Operation Autoguard.

Along with the police presence, local officers are backed by many support resources offered by YRP. These include air support, BI technology, road safety, canine and tactical units, as well as



mental health support.

Mayor Steve Pellegrini added that

residents can always send in complaints or issues online at [yrp.ca](http://yrp.ca).

## Police urge motorists to help prevent opportunity' thefts from vehicles

After a re-emergence of opportunity thefts, York Regional Police is reminding citizens to be cautious when leaving valuables in unattended vehicles.

In recent incidents, suspects follow the victims from banking institutions, automated teller machines or currency exchange locations until an opportunity presents itself for suspects to break into the victim's vehicle or to approach and distract the victim before stealing valuables.

On Wednesday, June 19, at approximately 1:15 p.m. police responded to the area of Yonge Street and Jefferson Forest Drive in the City of Richmond Hill for the reports of a theft. The victim's vehicle had been broken into and a quantity of cash had been stolen. Prior to parking his vehicle, the victim had attended a currency exchange location and had hidden cash in the vehicle, out of plain sight. It believed that the victim was followed from the currency exchange.

If you believe you are being followed after attending a money exchange location or financial institution, contact police for assistance.

York Regional Police would like to remind citizens to be cautious and protect themselves by following these tips:

Be wary of strangers approaching you in public to engage in conversation. Be aware of your surroundings and any vehicles or person that may be following you. Consider not leaving currency or valuables in unattended vehicles.

Keep your valuables in a safe and secure place that would be difficult for someone to access. If you witness any suspicious people or activity, or are a victim, contact police immediately.

Criminals are opportunists. Do not give them the opportunity to make you a victim of crime.

Anyone with information is asked to contact the York Regional Police #2 District Criminal Investigations Bureau at 1-866-876-5423, ext. 7244, or call Crime Stoppers at 1-800-222-TIPS, or leave an anonymous tip online at [www.1800222tips.com](http://www.1800222tips.com).

Visit the YRP Community Safety Data Portal for complete stats and crime data within York Region. Crime prevention is our shared responsibility. Learn more about Operation Streetview.

## Scoop from Schomberg

By Susan Heslop

I hope everyone had a wonderful Canada Day long weekend, while the weather wasn't what we'd expect to typically see on this long weekend, I'm sure that many people still got to enjoy the company of friends and family, maybe around a campfire, listening to The Hip, eating smores and celebrating this great country we live in and the freedom we enjoy.

Construction season here in King includes the closure of Highway 27 from July 5-15, from the 18th Sideroad to Lloydtown-Aurora Road. This is to replace the culvert, so you'll have to take the long way around if you need to get to Nobleton during that two-week period.

One of our local businesses has opened a new location in Prince Edward County, Cottage and Crown is expanding, so if you're down that way this summer make sure to stop in and show them some Schomberg love. The address is 1606 County Road 10, Cherry Valley.

Sunday service at Christ Church Kettleby and 11:15 at St. Mary Magdalene, for July and August, all services are combined and take place at 10:30. In July they will be at Christ Church except for July 21st when we celebrate Saint Mary Magdalene at her namesake church in Schomberg with a special ser-

vice commemorating this remarkable woman and followed by light refreshments that will include the wonderful tiny French cookies called madeleines. They are unique, using a classic recipe and a special madeleine pan that give them their particular shape.

For August, combined services are held at St. Mary Magdalene in Schomberg. For the three weeks of August 11, 18 and 25 the customary Holy Eucharist will become Morning Prayer with lay leaders and/or a guest celebrant.

### Schomberg Euchre Club

The Euchre group meets on Thursday nights at the Trisan, 7 to 9. The cost is \$10 for the evening or pay monthly for \$20. All welcome, all ages, men, ladies, you just need to know how to play (no beginners please), how to laugh, enjoy an excellent group of people and not take the game or yourself too seriously.

### Schomberg 55+

The fall line-up is looking great, plays to attend, flower and glass workshops, lunch outings, tours, and wonderful speakers, including some of our own members. The "Tightly Wound" club is set to perform, so make sure you get lots of practice in this summer, Ukulele players.

Summer bridge will take place in the Curling Lounge of the Trisan Centre from 7 to 9 p.m. If you are interested in joining this group, please contact Kim at [klfortin58@gmail.com](mailto:klfortin58@gmail.com).

## SCHOMBERG TRU COUNTRY & GARDEN

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REG. \$25.99 + HST  
SALE \$23.99 + HST

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**THIS WEEKEND!**  
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**RIBFEST**  
CALEDON

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**KIDS ENTERTAINMENT | CALEDON EAST COMMUNITY COMPLEX**  
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The Hogfather | DINO SAUR SMOKEHOUSE | WELCOME TO FABULOUS RIBS ROYALE BBQ

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HOURS: Monday-Friday 8:00am - 5:30pm;  
Saturday 8:30am - 5:00pm; Sunday 10:00am - 4:00pm

# King Weekly Sentinel

Sports • News • Community Events  
Classifieds • At Your Service



## Globetrotting ski jumper Mitchell Penning leaps in Lillehammer and Lake Placid en route to Slovenia

By Jim Stewart

Pottageville's Mitchell Penning has aspirations to be an Olympic ski jumper and he has the passport stamps to prove it.

The 16 year old, who attended King City Secondary School for Grades 9 and 10, transferred to Northwood School in Lake Placid in 2023 to attend an excellent preparatory school, enjoy a more flexible curriculum delivery, and take advantage of the local training facilities.

Lake Placid hosted the 1932 and 1980 Winter Olympics and is home to the New York Ski Educational Foundation at the Olympic Jumping Complex. Penning loves his student-athlete life in the picturesque burgh in upper state New York: "I really like the hills here. They have a 90-meter and a 120-meter jump. I really like the coaching, too. Working with Colin Delaney has been great – he's an American coach here who looks after all the jumpers in the program at the Complex."

Penning also acknowledged the athletic and academic advantages of attending Northwood School: "I really like living so close to the jumps. The school also has some really good academic classes that adapt well to my skiing and travelling schedule. There's lots of support for athletes."

In addition to re-establishing himself in Lake Placid during the 2023-24 school year, Penning's summer ski jumping schedule has featured stops in Norway and the USA and will include a competition in Slovenia and prospec-

tive tour stops in Germany and Estonia.

The well-travelled Penning attended Kettleby Public School from Junior Kindergarten until the completion of Grade 8. As a child, he was inspired by "my mom who took me to Lake Placid to look at the jumps. We went to the top of the 120-metre jump when I was five years old and I told my mom I wanted to do this."

Flashforward to 2024 and the Grade 11 Honor Roll student at Northwood is firmly set on studying to be an ophthalmologist in an Ontario or New York university: "I've visited two schools so far: Queen's University in Kingston or St. Lawrence University in Canton, New York. Both of them have great Science programs and are within a three-hour drive to the training facility in Lake Placid."

The advantages of attending Northwood and training in world class facilities in Lake Placid manifested themselves in a significant podium placement in February when Penning placed second at the USA Junior Nationals. It was the highlight of his ski jumping season: "I went to the American Junior Nationals last winter in Anchorage, Alaska, and got second place. I was pretty happy to get such a good result on Day 1, but I thought I could have done even better and was feeling confident going into Day 2. The organizers had to cancel the second day of jumping due to high winds there were like a tornado. I had such great results in the practice run and first round, and really thought I could have finished



first."

The Junior Nationals competition in Alaska included all North American-qualifying ski jumpers and was a significant international breakthrough for Penning. He carried the momentum built in Anchorage to ensuing competitions and placed third in the Team Event at the Canadian Junior Nationals. Penning had "some of the longest jumps of the entire competition." He noted the significance of his third-place finish in the Canadian championships in terms of setting goals for the upcoming competition in Planica, Slovenia in July: "I want to be jumping well enough in Slovenia to qualify for some big events in Europe and impress my National Team coach enough to make me a part of the team. I want to make the Top 30 at the events in Estonia and Germany to qualify for the next level of competition."

To prepare for Slovenia, Penning's summer season has been intense. He resumed his regimen this week in Lake Placid after returning last week from Lillehammer, Norway where he trained for one month. The prep school student from Northwood outlined the highlights of ski jumping and living in Norway in June: "I loved it in Lillehammer. It was very beautiful. Being on the top of a hill, I could see this great fjord – so many beautiful valleys to see during the jumps. It was also the first time living away from home so I had to do my own cooking and grocery shopping. My mom had to give me enough Kroners so I could do my shopping in Lillehammer."

When we chatted about the old adage of 'Travel being the best educator' and discussed the positive impact international travel has had on him, Pen-

ning reflected on the benefits: "I feel like it has made me more independent. I've been cooking for myself and learning to get by in countries where the first language isn't English. It's been a cool experience and the more I've travelled, the more I've realized the people are pretty much the same everywhere."

In addition to making discoveries about the world and his place in it, Penning's love of ski jumping was evident throughout our conversation. He noted the best part of his sport is "The feeling of the air pressure under your skis and under your body especially on a 120-metre jump."

This sensation of flying through the air at speeds of 87 km/h while battling crosswinds and tailwinds is not for the faint of heart, but for Pottageville's Mitchell Penning, it's clearly been a place for him to thrive since the age of five.



### Annual tourney aids Sick Kids

The annual Andrew Mizzoni Charity Golf Classic June 19 raised money to support cancer research at SickKids Hospital. More than 170 people were on hand including King councillors and Mayor Steve Pellegrini, sports alumni and many local supporters who helped raise more than \$20,000 for this worthy cause.



## King's Corners

### King City United By Sheryl Sinka

Worship on Sunday mornings is suspended at King City through the month of July. Rotating worship will resume in August with the location moving among York Pines United, New Hope United and King City United Churches. Our first worship will be on Aug. 4 at 10 a.m. at York Pines United Church. We will be back at King City United on Aug. 11 at 10 a.m. Rev. Andrew is available for visiting in the month of July.

Please consider making some extra donations to the King Township Food bank this summer. The Foodbank just held a drive on July 21-23 as the need at the Food Bank is up and the donations are needed in greater quantities than ever before. The community can make a significant difference if it works together to support the FoodBank and the families that access this much needed service.

If you have any questions please contact the church office at 905-833-5181.

### King Bible Church

Join us on Sundays at 10:30 a.m. for our Sunday Worship service. Pastor Mark Nowell will be bringing us the message on The Kingdom Of God. We will also be streaming the service online at 10:30 a.m. on Facebook and YouTube.

Camp Firelight Vacation Bible School registration is open! Kids aged 6-13 can come and enjoy a week of games, snacks, Bible stories, crafts and science experiments. Join us the week of Aug. 12-16 from 9 a.m. to 12:30 p.m. You can register through our website!

Please visit our website for links and further information: [www.kingbiblechurch.com](http://www.kingbiblechurch.com)

If you have any questions please email: Lisa Lethangue ([lisa@kingbiblechurch.com](mailto:lisa@kingbiblechurch.com)), Administrative Assistant, King Bible Church, 1555 King Rd, King City, 905-833-5104.

### King City Seniors (55+) By Carolyn Kanitz

We have two presentations planned for the summer. We encourage you to join us in air conditioned comfort for coffee and a snack while gaining insight into eye care and the dangers of

radon as outlined below. Please RSVP so we have enough snacks.

Friday, July 19 – 10 a.m. – Do you know, the first 30 minutes after an eye emergency are crucial for minimizing vision damage? Immediate action can significantly improve the chances of preserving vision. Protect your vision and learn life-saving information that could make the difference between sight and blindness by attending this presentation by Dr. Wendy Ng. RSVP at 905-833-6565.

Friday, August 9 – 10 a.m. – What is radon and what is all the fuss about? Join us for a presentation by Bob Woodward to learn about health issues associated with radon in our homes and how to deal with it. RSVP at 905-833-6565.

Monday, August 12 - King City Seniors will host a free hearing assessment clinic on Monday, August 12 with Dr. Aliak of HearCanada. The sessions run every half hour with the first session at 9:30am and the last for the morning at 11:30am. The first afternoon session will be at 1pm and the last will be at 3:00pm. If this is something you are interested in doing, please call the Centre to book a space. There are only a few spaces left so RSVP at 905-833-6565.

Saturday, Sept. 7 is the date for our annual corn roast and BBQ sponsored by the King City Lions. An extra feature this year will be square dancing and line dancing for your enjoyment as either a participant or a spectator after dinner. Tickets are \$10/pp and will soon be available at the King City Seniors' Centre office. 905 833-6565.

Thursday, Sept. 12 – Join us on the Kingston 1000 Islands Cruise. The coach will depart the KC arena parking lot at 8am. Cost is \$150pp. Contact Alicia or Emma at the KCSC office – 905-833-6565. More details to follow.

We are pleased to announce that all activities at the King City Seniors' Centre will continue throughout July and August. If you see something that is of interest, please come out and join the group. All are welcome.

Monday mornings: 10 a.m., 11 a.m. – Mobility Matters. Monday afternoons: 1 p.m. – Music and Movement/Cribbage; 2 p.m. – Knitting/Crochet.

Tuesday mornings: 9:30 a.m. – Line Dancing. Tuesday afternoons: 1 p.m. – Bid Euchre.

Wednesday mornings: 10 a.m., 11 a.m. – Mobility Matters. Wednesday afternoons: 1 p.m. – Bridge.

Thursday mornings: 9:30 a.m. – Gentle Motion (similar to Tai Chi). Thurs-

day afternoons: 1 p.m. – Carpet Bowling.

Friday mornings: 9:30 a.m. – Art Class (2nd & 4th Friday of the month unless otherwise noted). Friday afternoons: 1 p.m. – Progressive Euchre.

### Sacred Heart Church

Rev. John Arulthas M., O.S.A., our Pastor will be away on a "Roman Curia Study" through July 20, followed by a long-awaited and well-deserved vacation visiting his family in Sri Lanka returning Aug. 6. In his absence, Rev. Paul L. O'Brien, O.S.A., (our former Pastor) will be residing at the Rectory and celebrating weekday and weekend masses and other Liturgies. We thank and extend a warm welcome to Fr. Paul during his stay with us at Sacred Heart.

A heartfelt thank you from CWL for all donations to the King Township Foodbank Spring Food Drive. It was much appreciated! You can bring your non-perishable foods (no glass jars accepted) at any time and place them in the designated bins located underneath the stairs as you go to the meeting rooms in the Parish Hall.

Knights Of Columbus - King City Council 10364: Thank you to all the members who attended the general meeting. The evening began with a delicious meal, thanks to Tony Spataro, followed by an introduction of new members and an election. Congratulations to newly elected members. Our thanks to Joe Cartagine (Grand Knight) and to Frank Miceli (Treasurer) for their commitment in previous years.

Thank you to Julie Pham for the decorated cake provided after the Mass of The Solemnity Of Saint John The Baptist, the Patron Saint of Godparents, love, loyalty, friendships, and authors.

During July and August, The Rectory/Office will be open on Monday, Wednesday and Friday from 9 a.m. to 1 p.m. You may leave a message on the answering machine 905-833-1161, and we will return your call as soon as we are able to. For any emergencies, kindly contact Joanne Bozzo, 416-258-0199.

Website: [sacredheartki.archtoronto.org](http://sacredheartki.archtoronto.org). Email: [sacredheartki@archtoronto.org](mailto:sacredheartki@archtoronto.org). Facebook & Instagram: Sacred Heart Parish King City. Contact Rectory office at 905-833-1161.

### St. Andrew's By Kathy Patterson

We are so blessed to live in Canada!

Hope you had a wonderful Canada Day weekend!

Welcome to St. Andrew's! Our Sunday morning worship service is at 10:30 a.m. and join us for coffee-time following the service. This Sunday we will welcome Paul Jones, a Knox College student from Maple who will be with us July 7 while Alison is on vacation. Last Sunday we looked at Mark 9:2-12 with Alison wrapping up her sermon series on the Gospel according to Mark. We learned so much! What a blessing!

If you missed our service on Sunday, check out [standrews-kingcity.ca](http://standrews-kingcity.ca) and click on the YouTube link for our recorded services.

In our anxious times, one of our favourite Bible passages is: "Be not anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6,7.

We encourage all to continue to donate to the King Township Food Bank throughout the summer. The lime green collection bin is in the east hall. Go to [ktfb.ca](http://ktfb.ca) to find out what is most needed! Contact the church office for more information.

We are thrilled to share with you that Alison Agnew accepted the call to be our half-time minister of Word and Sacrament. We are looking forward to her Ordination at St. Andrew's on Sunday, Sept. 8, at 3 p.m. More information will be available later in August.

If you are looking for free church pews, we are trying to replace a number of them with chairs. Please call the church office and leave a message for us.

If you need pastoral care, call St. Andrew's, King City at 905-833-2325 to speak with Alison Agnew, or phone one of the Elders. Our Interim Moderator, the Rev. Dr. Jeff Loach can be contacted at St. Paul's, Nobleton at 905-859-0843.

### All Saints Anglican Church By Diana Armitage

Strawberry Social this Saturday, July 6, seated event 2-4 p.m., tickets \$15. Pick-up from 4-5 p.m. by donation.

Canon Erin's sermon last Sunday was The Power of Names Mark 5: 21-43 "In an episode of The Big Bang Theory, Howard Wolowitz was training to be an astronaut and trying to cultivate

*More on Page 19*

# WE DON'T BREW OUR BEER FOR THE AWARDS.



# BUT HE DOES!

Our brewmaster, Andrew Kohnen, threw away a successful career in logistics to pursue his dream of reconnecting with the brewing roots of his family. This carried him to the UK's prestigious Brewlab in Sunderland, England, where he procured the alchemy that would drive his signature brewing style.

He took what he could from there and ventured to Scotland, Cornwall, and ultimately to Krefeld, Germany, working in the same brewery that had belonged to his ancestors. He came home to Canada for Hockley.

*You could call it dumb, but we call it destiny.*

Andrew Kohnen  
Brewmaster

# Hockley

HOCKLEYBEER.CA

# Nobleton Notes

By Angie Maccarone

St. Paul's Church  
By Linda Blydorp

We are excited to be inviting all kids ages 4 to 12 to this year's Bible Fun Camp. The theme will be "Finding our place in God's Kingdom," and will be held each day, from July 22 to 26, from 9 a.m. to noon. An online fillable Registration Form is posted on our website. As in past years, there is no fee for this event.

We invite you to join us in person for worship this Sunday at 10 a.m. Our Pastor, Jeff Loach, will be leading the service with a message entitled, "Inspired!" based on 2 Timothy 3.10-17. Is the Bible trustworthy in all it teaches and is it the foundation of our faith? Come join us to hear more on this important message.

We offer children's ministry and nursery during the service. If you can't make it in person, our live-streamed broadcasts are available directly on stpaulsnobleton.ca or on our YouTube channel each Sunday at 10 a.m., or on demand at youtube.com/stpaul-

schurchnobleton.

Our "Junction" children's ministry is meeting in person for all children up to Grade 6 during worship. We continue to offer St. Paul's "At Home" bags each month to facilitate God-focused family learning. If you would like to engage with this resource, tick the appropriate box on the connection card at stpaulsnobleton.ca/connect.

If you know young people who need volunteer hours for school, we would be pleased to have them volunteer to run our audio-visual booth on some Sundays throughout the year. Training is provided. Interested individuals can reach out to our Pastor through the connection card at stpaulsnobleton.ca/connect.

### St. Mary's Church

We are very excited to announce that we still have limited space for campers for our Summer Bible Camp 2024. The half-day camp will run Monday, July 8 to Friday, July 12 from 9 a.m. to 12 noon. Activities include moments of prayer, praise and worship, fun indoor and outdoor games and crafts. It is an excellent option for kids in Grades JK to 5. Invite your friends! The cost for the

week is \$75 per child. Email Zephania to receive the link for the registration form. Don't miss out!

Browse our websites:  
St. Patrick's Parish: <https://stpatrickssc.archtoronto.org/>  
St. Mary's Mission: <https://stmarysno.archtoronto.org/>

If there is anything we can do to support you, please call the parish office on 905-859-5522 or email us at: stpatandstmarysc@archtoronto.org

The Parish Office will remain open from Monday to Thursday, 9 a.m. to 4:30 p.m.

### Nobleton Seniors (55+) By Joanne Bailey

We welcome all Nobleton Seniors (55+) to the Nobleton Arena to participate in meaningful activities, create new friendships and to share ideas. We are located at 15 Old King Rd. (upstairs).

Our current schedule is as follows: Mobility Matters classes Monday and Friday - 1 to 1:45 p.m. & will continue in July & August.

Our Educational sessions will resume on Sept. 12. Stay tuned for upcoming events.

All weekly Thursday programs in Nobleton will be \$1 for members and \$2 for non-members unless otherwise indicated. Please call the Township or Joanne to sign up for any programs listed.

We are currently seeking more volunteers for our Nobleton group. If interested please contact Joanne Bailey at 416.706.9375 or email Erin Burford, Coordinator of Recreation Programs at: eburford@king.ca

Be sure to visit the website - king.ca/seniors for more information on all our programs & workshops.

### Nobleton Lions

Our next event is the Annual Community Fundraising Draw with the winners being declared at the Library Gazebo on October 26. First prize is \$4,000, 2nd is \$750, 3rd is \$250. Tickets cost \$20 each or 3 for \$50 and are available now from any Lion as well as in some businesses around town like KARS. Proceeds will go to supporting local organizations such as the Nobleton Skating Club (NSC) which is dedicated to enabling life-long participation to provide quality, affordable skating instructions to all club members that promotes personal achievement.

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# King's Corners

From Page 15

He set the song Rocket Man as his ringtone and told his friends to call him during training. However, he lost his breakfast during a gravity simulator and gained the name 'Fruitloops.'

"Names given by others to describe something about us, can be pretty hard to shake. Whether they're accurate or not, flattering or not, the descriptors we put on each other have significant power. They can reduce all we are to one dimension.

"Jesus found himself in a crowd of people seeking healing and blessings. He was stopped by a woman and in that moment her name was changed and her future was restored.

"For a long time that woman had no name other than 'the one who'd been bleeding for so many years.' There is an assumption that it was menstrual bleeding and if so, the condition would have isolated her from her community because she would have been considered unclean in religious circles. She probably couldn't bear children, so

perhaps was unmarried. In her desperation just to get close enough to touch Jesus, all she could do was hope.

"When she touched Jesus, he knew that something big had happened. She stepped forward and admitted what she'd done. She told him she was nothing and no one, just 'the woman who had bled for twelve years.' And Jesus gave her a new name. He named her 'daughter,' called her a person of great faith and proclaimed her healed.

"Names, whether nicknames, or descriptors, have the power to summarize ourselves, our worth, and can be dangerous, because they strip us of our uniqueness, and label us according to what someone else sees.

"With all the world's conflicts and divisions, it's not difficult to think of the ways we label those who differ from us whether in skin color, ethnicity, belief, ability or orientation. We hurl names to reduce and objectify others.

"Yet we see that Jesus Christ is exactly the opposite. Jesus is constantly crossing the geographic borders, social borders, economic borders and any other borders we draw that keep us from seeing people for who they are. That's why the woman who interrupted Jesus

was no longer just 'woman' or 'the one who'd been bleeding for twelve years.' She became 'daughter,' one restored to family and community, health and life.

"This is Jesus's charge to us, to see people for who they really are, unique and beautifully made, each of us created in the image of God and worthy of our attention and care, our love and respect.

"Deep down, we know that it's not God's will for us to name others cruelly, in hate and fear. We know that reducing and limiting people is not what Jesus would do. But we still go on doing it. So,

we need to think about our own names as well. All of us have been labelled, reduced to one attribute or incident that doesn't really capture who we are but has shaped our behaviour and future in unhealthy ways.

"The woman who bled, the failure, the angry kid, the addict, the family with no home, the person with mental health issues, the outcast, the sinner. These are not the names God calls us by. This week, it's our privilege to name ourselves and others anew and to set people free to walk into a future of hope and promise."



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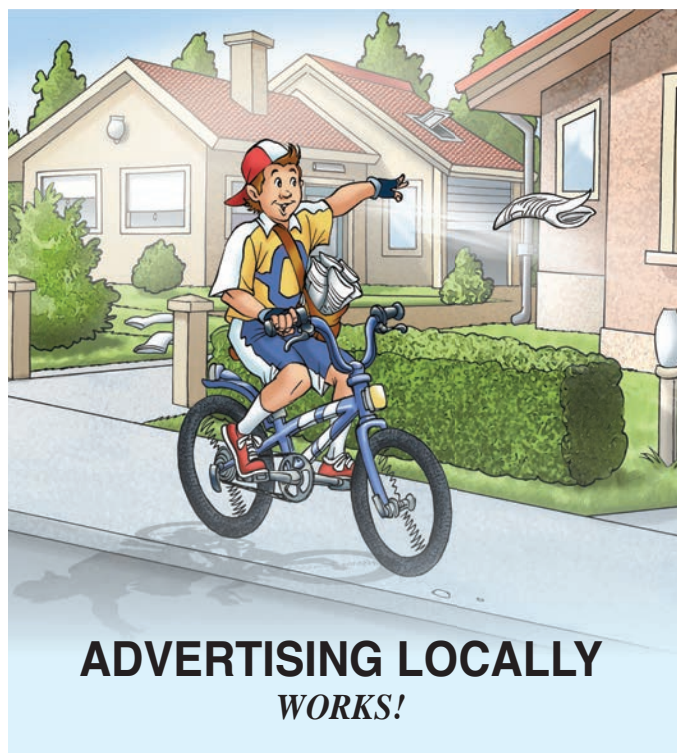
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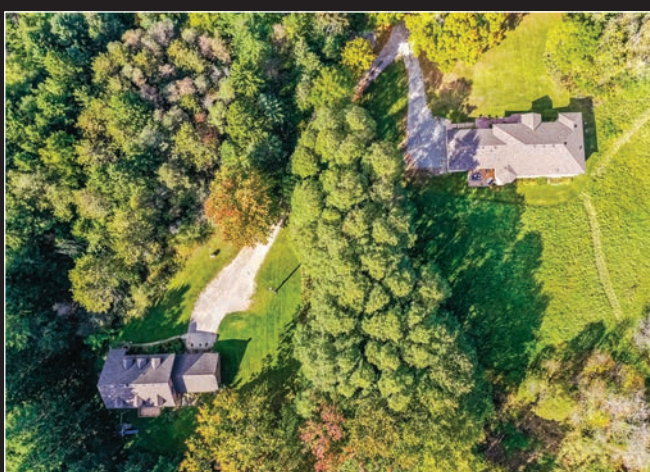
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