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King's Community Newspaper

Weekly Circulation: 10,200

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King residents support Run for Southlake

More than 1,200 participants, many from King Township, came out to support the annual Run for Southlake. King was represented by councillors and Township staff. Turn to Page 7 for more details and photos of the event.

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Committee approves minor variances at Marylake

By Mark Pavilons
Editor

King's Committee of Adjustment approved four minor variances related to a long-term care facility at Marylake.

The committee meeting Wednesday evening only heard from a small number of residents (some of whom spoke the previous week). The committee members were satisfied with answers from staff, and while public opposition is still prevalent, they support staff recommendations on the variances.

The variances only dealt with the facility's size and height, loading dock requirements and parking spots. Committee chair for the night Cleve Mortelliti stressed they were not there to weigh the arguments for or against

the facility. He also noted committee members pressed staff on all the issues, so they were prepared for a decision. This matter, he stressed, was a learning experience for committee members.

The Augustinian Fathers (Ontario), Inc. are proposing a three-storey, 128-unit long term care facility, covering roughly the same area as the current footprint of the buildings on site.

One resident who spoke noted this application is "troubling" and there's no evidence of historic use to justify a LTC on this site.

Another resident said it's unclear whether Council has given its support to the project, and there's no available servicing in the area.

See 'Committee' on Page 3

ST. ANDREW-WINDFIELDS JUST SOLD!

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CDS offers free viewing of movie for parents, teens.
See Page 12

Morning gears up for annual tournament.
See Page 21

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UPCOMING MEETINGS

COUNCIL MEETINGS

Monday, May 15
6 p.m. – In-person at the King Township Municipal Centre at 2585 King Rd and live streamed at king.ca/meetings

COMMITTEES AND BOARDS

Tuesday, May 9
11 a.m. – Accessibility Advisory Committee (In-person at the King Township Municipal Centre at 2585 King Rd. and live streamed). If you wish to participate in the meeting, register by emailing dmoratto@king.ca by 10 am on the day of the meeting.

To view full Council and Committee agendas, visit king.civicweb.net

BID NOTICES

For all bid opportunities, please visit <https://king.bidsandtenders.ca/Module/Tenders/en>

EMPLOYMENT OPPORTUNITIES

Please visit the Township website at www.king.ca for employment opportunities. All applications must be submitted by 4:30 p.m. on the day they close.

REMINDERS

Half-load Restrictions

The annual half-load period to limit vehicle weights to 5,000 kg per axle starts on designated Township roads effective March 1 to May 31 per our By-law 2017-103. For further information call 905-833-5321 or visit or visit www.king.ca/roads.

PUBLIC NOTICES

WATER BILLS

Due Date: May 17, 2023



WATER BILLS have now been mailed. Please contact Service King at serviceking@king.ca or call 905-833-5321 immediately if you have not received your bill.

PAYMENT OPTIONS:

- Pre-Authorized Debit bank withdrawal (PAD)
- Online with your financial institution
- By Credit Card- Visit the Township Online Services Portal at www.king.ca
- By Mail (must be stamped and mailed prior to due date and received on time)
- Drop off box located at Municipal Centre, 2585 King Road, King City

If paying in person at a financial institution, please present the entire water bill.

In the case of a proven water leak or meter malfunction, an adjustment to the most recent bill may be applied, provided the property owner has proof of repair to the equipment in the household that was the direct cause of the leak and there is a notable reduction in consumption. Please see the Township's website for further details.

When making payments electronically, search for "King" and select Water, enter your 10 digit account number with no decimal (i.e. 1234567800).

Pre-Authorized Debit Program (PAD): PAD program is available for Water & Sewer accounts. The enrolment form is available at www.king.ca (search for "PAD").

Please visit our website for details.

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King City Seniors' Centre, 1970 King Rd, King City, ON L7B 1K9

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Building Officials make sure that each new affordable housing unit is safe, sustainable and built to the standards of the Ontario Building Code. Here are elements they look for when doing inspections:

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- Making sure that the exterior building design protects each unit from local climate conditions.
- Ensuring plumbing and septic systems are installed properly.
- Ensure heating, ventilation and air conditioning (HVAC) requirements have been met to ensure a healthy space to live.

Did you know that the Ontario Building Code regulates energy efficiency of affordable homes?

Whether homes are built for luxury or affordable housing, both are required to meet the standards of the building code!

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The best thing about King is its people!

Committee, staff agree variances meet all the tests

From Front Page

She can't "fathom" how municipal services will be extended to the site.

Former MP Deb Schulte noted the proposed expansion is "too big," and it's by no means minor. She urged the matter go back to council for debate.

Mary Muter, of Kingscross Ratepayers Association, said her group has a pending Freedom of Information request about the proposal and any decision should wait until they have those answers.

At the April 19 committee meeting, Susan Walmer pointed out the proposal does not conform to King's Official Plan.

Residents questioned the size of the expansion and even staff's analysis and conclusions.

Debbe Crandall of STORM said data justifying the plan on the Oak Ridges Moraine was lacking.

In February 2021, council received a

report from staff, confirming the property has historically been used for long term care and it be recognized as such, should an application come forward in the future. Staff confirmed it, noting they're "... satisfied that a long term care facility use has historically occurred on the Marylake property and continues and/or has been intended to continue to do so."

That decision was made before an actual application was made by AFOI. Now that one is on the table, staff are reviewing just like any application.

In recommending approval of the variances, staff said: "It is our opinion, the proposal not only meets this test, but it also constitutes good planning and it serves an important community need, providing much needed long term care beds in King Township."

Quinto Annibale, speaking on behalf of the AFOI, pointed out each of the minor variances actually reduce the impacts on the site, not increase them.

The idea to reduce the impact was to go up, not out. In the end, they're also paying less. He said the variances meet the requirements of acceptable use and low impact. The LTC on this large property is a legal non-conforming use.

In responding to arguments of intensity and historic use, Annibale said they don't have to establish continuous use.

The ministry has approved conditional funding for the facility.

He also noted this application is not precedent-setting and it's a one-off, likely the only one King will ever see.

He said Township staff put the applicants through the ringer with a full suite of studies, including environmental reports. They all conclusively show no negative impacts on the natural features or Mary Lake itself.

"This location is as good, if not the best, anywhere in the township," he said. "It's a shame that so many spoke against such a desirable use."

Annibale said those who said the impacts on the Oak Ridges Moraine are "dire" are baseless, creating unsupported apprehension.

The facility will be run as a non-prof-

it organization and will be open to anyone, based on need, established by the ministry.

The current building is in dire need of replacement and the new facility will be a net benefit to the environment.

Annibale said they commissioned Abacus Data to conduct a poll in King. The results show that the majority - 85% - support the plan. There is only a "small vocal minority" that's opposed.

The expansion of the St. Rita at Marylake Long-Term Care Home is a chance to provide modern, quality long-term care for more residents and their families in our community.

The site plan application remains under review by the Township and other agencies. Staff anticipate the review will be completed some time in mid-2023. Sit Plan applications are approved at the staff level, not council.

King Township has one of the lowest ratios of beds per seniors over 85 years of age in Ontario. With only 36 long-term care beds for over 27,000 residents and a long waitlist for these beds, our community requires a modern, accessible long-term care home for our seniors and their families.

King to enforce fireworks bylaw over the Victoria Day weekend

The Township of King will be enforcing its fireworks bylaw on the Victoria Day weekend to help keep residents and property safe.

Instead of setting off private fireworks, residents are being encouraged to attend the Nobleton Victoria Day Fireworks display on Monday, May 22 at the Nobleton Arena. For the best views, attendees are welcome to sit in the field behind the Nobleton Arena at 15 Old King Road. The show starts at dusk.

The day will also feature a parade at 11 a.m. and a fair with live entertainment, food and retail vendors from noon until 4 p.m. A midway with rides runs from noon until 9 p.m. The band The Practically Hip will provide live music starting at 7:30 p.m.

For more information on the events, including the parade route, visit king.ca/nobletonvictoriaday.

Anyone who decides to set off private fireworks must do so under the following guidelines:

- Fireworks can only be set off between dusk and 11 p.m. on the designated days.
- Fireworks can only be set off on the Victoria Day holiday, Canada Day and the third day of the Diwali Festival.
- Vendors will now require a permit to sell fireworks within King Township.
- Fireworks cannot be set off on any public land, including parks, parking lots or roads.

They are potential fire hazards and the loud noises they make can negatively impact pets, livestock, wild animals and people sensitive to loud noises.

Enforcement will take place over the Victoria Day weekend, including stationed officers and officers on general patrol. Enforcement will include any prohibited activity occurring in parks or on roads.

To report a complaint or concern, contact the Bylaw Division directly at 905-833-4002 or by email at by-law@king.ca. Please report any issues as soon as possible.

"Fireworks are beautiful but are also potentially dangerous if not used properly. Instead of setting off your own, plan to attend the fabulous display in Nobleton," said Mayor Steve Pellegrini.



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Editorial, Letters & Opinion

"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."

- Michael Connelly

Trip down memory lane brings mixed emotions

They say we shouldn't dwell on the past.

Nor should we ignore it.

When it comes to family, regular trips down "memory lane" can be both enjoyable and reinvigorating.

The expression is American in origin and the earliest instance that I have found is the title of a piece of music which was advertised for sale in the Wisconsin newspaper The Milwaukee Daily News, October 1876: "Wandering down sweet memory's lane."

My wife was going through the gazillion photos on her iPhone and we stopped, shared, and revisited many family memories.

Most caused us to laugh out loud. I smiled the whole time, then felt a bit melancholy about how quickly time passes.

This is something we humans are all too familiar with.

As a young man, with decades ahead of him, I seldom thought of what life would be like "down the road." Well that road is quickly narrowing, and offering just a few more detours, on-ramps and alternate routes.

"We are what we remember," Erik Pevernagie once said. "If we lose our memory, we lose our identity and our identity is the accumulation of our experiences. When we walk down the memory lane, it can be unconsciously, willingly, selectively, impetuously or sometimes grudgingly."

We humans are a clever lot. We've created many euphemisms and quaint terms to paint a rosy picture of nostalgia. In fact, Merriam-Webster defines nostalgia as "a wistful or excessively sentimental yearning for return to or of some past period or irrecoverable condition."

Wow. Here I thought it was just a recognition of how things used to be.

Of course, our nostalgic tendencies



Mark Pavilons

tend to grow as we age. When gray hair appears in the image looking back at us in the mirror, we begin to look in that rearview mirror more often.

Haruki Murakami said memories not only warm you up from the inside, but "they're also what tear you apart."

Just think about it folks. Every single one of us is made up of thousands of feelings, millions of thoughts and tons of memories. Just how do we process such a massive amount of heartfelt data?

Of course, our experiences in life are important, both good and bad. We can't, and shouldn't, forget them. We learn from them, become stronger because of them. They are part of who we are, there's no denying it.

Some of us remember everything, while others, like myself, need some prompting. My wife can recall special moments like they were yesterday. Her ability to recount every detail is impec-

cable. I would never argue about it.

Memory is our personal diary, filling pages of our lives. It's very personal and sometimes it's difficult to share for a number of reasons.

But most of us, especially as we age, love to share stories, timeless tales of love, life and living.

While some of the messages and innuendo are lost on the current generation, we still like to weave these stories. And, they often become a way of self-healing, filling us with bits and pieces of who we once were, during a time when life was, well, less stressful and filled with hope and dreams.

I hope that one day, technology will present the ultimate gift to mankind - a way of digitally preserving all of our memories. Wouldn't that be the trip of a lifetime? Well, some would be rather shaky amusement park rides to be sure, but others would be joyful splashes of colour and sounds.

As we gain wisdom, which definitely comes with time, we offer up sage-like sentiments to our young. I often quote Yoda in telling my kids, "do or do not, there is no try." They now know who Yoda is.

We try to relay moments of our youth, and itty, bitty tidbits from our parents. More often than not, most are archaic, since that generation was, shall I say, less informed and ill equipped to deal with complex child-related issues.

A swift slap to the back of the head, or "because I told you to," were the most-often referred to pages of my dad's parenting text. Sure, my mom was loving and much more realistic and understanding.

But they came from different worlds,

at times, suffering horrible war-time events. They struggled, as most immigrants did.

Their stories are fading now, as are memories of their faces. They do come and speak to me in my dreams, but my nocturnal meanderings offer little in the way of comfort or enlightenment.

The crappy thing about memory is you always have to say goodbye, and those sad farewells stick with you, like a chill you can't shake. But maybe we should consider ourselves lucky because saying goodbye is so hard!

It's been said that we shouldn't spend our money on things, but rather on ways to generate memories.

Thankfully, we had the opportunity to create a decade-long family tradition of annual treks to the Delawana Inn. All of our kids recall their times there with fondness.

My wife and I aren't in the position to give our kids the world, but we can give them some unforgettable memories.

And I think that's why our days should be spent forming new ones, in a positive, fun way. Sure, our daily chores and burdens tend to douse our enthusiasm, but I think we can all aim a little higher.

I'll be the first to admit, it's not easy, but I am trying to fill the pages with a story our kids will enjoy re-reading, over and over.

As you go through your photo files, on your desktop or mobile device, take a moment to pause and reflect. Create a new folder entitled "best memories" and share them with family and friends.

Make it a point to fill this file completely!

Letter to the Editor

Trust the process; trust staff

Public opposition mounted as King's Committee of Adjustment dealt with some minor variances at Marylake.

The committee approved what was before them - fairly cut and dried variances.

The committee wasn't charged with dealing with the legitimacy of the proposal - a 3-storey Long Term Care facility on the property.

Time and again, opposing residents had to be reminded of that fact.

Fortunately, logic and strict planning won out.

Several residents charged that King's planning staff didn't have all the information, used faulty data and went by "opinion." That's just not true.

Planners follow very black and white rules. They make their recommendations based on those guidelines, along with their expertise, not their opinion.

The process - Committee of Adjustment, planning reviews, council approvals - is in place for a reason. They provide a system of checks and balances to ensure the best decisions can be made.

Sure, you may not like them, but they are made based on sound planning principles.

To suggest otherwise is simply wrong, and disrespectful of staff.

Councillors rely on their staff for their expertise and sound judgement, to make decisions. Staff are trained and experienced.

Staff were quite respectful and polite to members of the public when answering their questions. It's too bad residents weren't equally as cordial.

Regardless, staff don't have an agenda. They examine all proposals with a fine-tooth comb and come up with their recommendations.

You have to trust the process and trust staff.

MP, Editor

KingWeeklySentinel WEBPOLL
www.kingsentinel.com

Results from last week's poll:
Have you volunteered in your community?

a) Yes **50%**

b) No **50%**

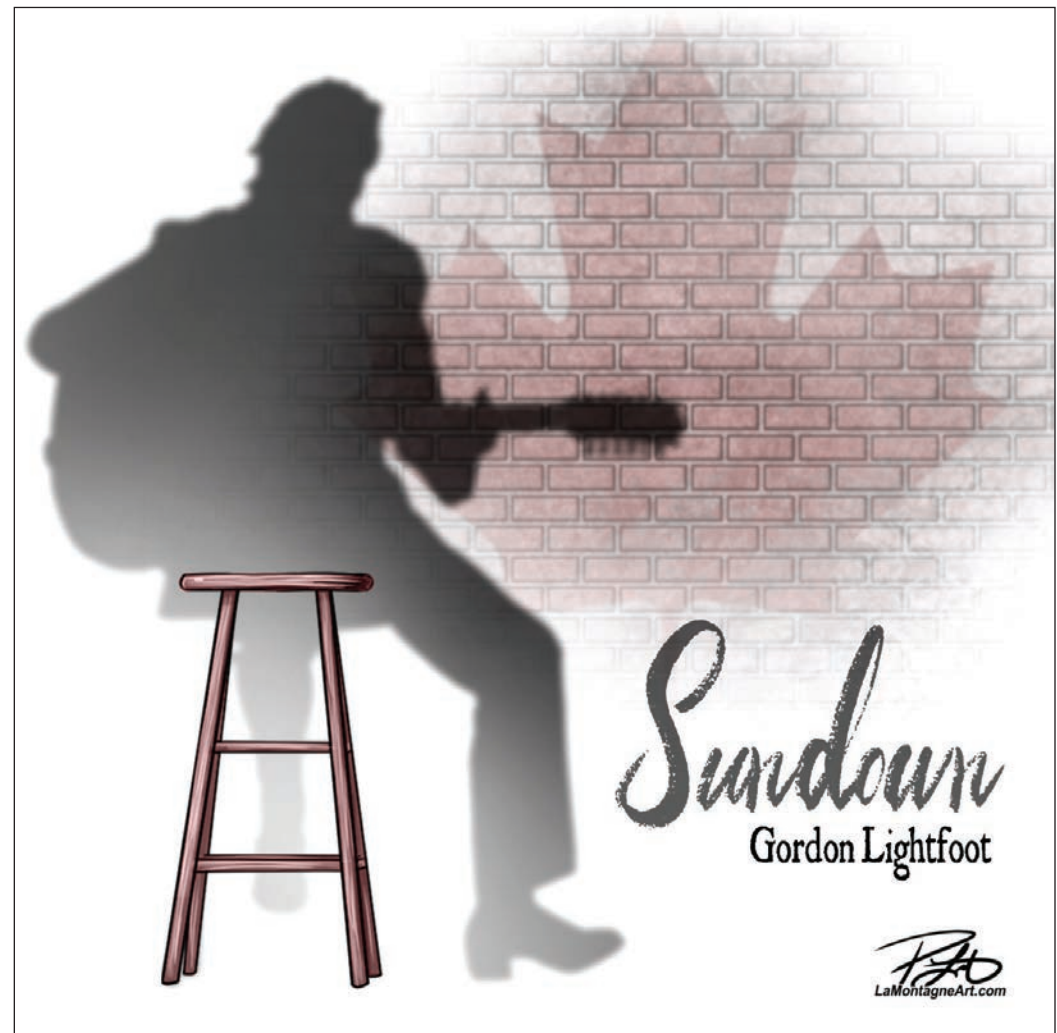
The results of this poll are in no way considered to be valid or infallible.

THIS WEEK'S QUESTION

Will the Maple Leafs win round two?

a) Yes
b) No

Go to our website and cast a vote!



Quote of the Week

"Life is a mountain. Your goal is to find your path, not to reach the top."

- Maxime Lagacé

Trivia Tidbits

Gossip and complaining make up approximately 80% of most people's conversations.

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Time to keep federal advertising dollars in Canada

By Paul Deegan

The Canadian government has supported journalism for generations.

Since the founding of Canada's first newspaper, the Halifax Gazette, which dates to 1752, government advertising has been an important source of revenue for newspapers. Even prior to Confederation, direct supports, like the former Publications Assistance Program, which subsidized the postal delivery of non-daily newspapers, ensured that Canadians have access to high-quality Canadian news.

Twenty years ago, the federal government spent \$110 million on advertising, which was managed by 30 advertising agencies. Print newspapers and magazines accounted for about one-third of federal advertising spending, while internet advertising accounted for less than 1 per cent of the spend.

Last year, the Government of Canada spent a total of \$140 million on advertising, involving one Agency of Record for media planning and placement. While the one Agency of Record model is efficient, we are concerned with where scarce ad dollars are being spent.

Last year, just \$6 million or five per cent of federal advertising dollars went toward print publications. That is a far cry from the roughly one-third of 20 years ago. For comparison, government spending on Facebook/Instagram ads alone accounted for almost double what is spent on all print advertising combined. And the spending on Twitter, Snapchat, and TikTok combined was greater than all print expenditures.

Today, digital advertising accounts for more than 50 per cent of all feder-

al ad spending. According to the U.S. Department of Justice, which is suing Google, the company "pockets on average more than 30 per cent of the advertising dollars that flow through its digital advertising technology products."

Social media companies operating in Canada do not employ journalists and they are shielded from liability by Section 230 of Title 47 of the United States Code. They enjoy all the benefits of being a publisher without any of the obligations.

Digital search and social giants have contributed greatly to connecting people, businesses, and communities. Yet, there have been unintended consequences. While they provide the essential plumbing of our digital age, they have not figured out a way to separate the clean drinking water (e.g., fact-based news and information) from the sewage (e.g., fake news).

Trusted news sources provide an important filter that helps Canadians make informed choices. Real journalism, which is based on editorial judgment and rigorous fact-checking, costs real money, which comes from advertising and/or subscription revenue. Canadian news publishers employ real journalists, who adhere to strict editorial standards, and publishers can be held liable for their content. Yet, federal advertising dollars that once helped fund our newsrooms have shifted largely to Big Tech companies that benefit from our content.

The federal government has recognized that the business of journalism is in trouble. It has taken steps to fill news deserts and areas of news poverty through the Local Journalism Initiative. It has also introduced Bill C-18, the

Online News Act, which will allow publishers to come together to negotiate fair content licensing agreements with web giants and level the digital playing field.

One of the most powerful tools in any government's policy toolkit is procurement. Procurement can help governments advance socio economic policy objectives, including job creation, and deliver better outcomes. Indeed, the federal government's Policy on Social Procurement facilitates and supports the inclusion of socio-economic measures in procurement to support the goal of achieving best value for the Crown and,

in turn, for Canadians.

Isn't it time for the federal government to align its advertising spending with its public policy goal of supporting accountable and trusted sources of information? Isn't it time to support the home team and keep advertising dollars, which support fact-based, fact-checked civic journalism, in Canada? The consequences of inaction are more misinformation and disinformation, a less informed and engaged citizenry, less robust public discourse, and a loss of community.

Paul Deegan is president and chief executive officer of News Media Canada.

Agriculture at stake, group says

The following letter, to Premier Doug Ford, was submitted to the Weekly Sentinel.

I, on behalf of the Ontario Farmland Trust, am writing to you today to express our organization's concern about the future of Ontario's agri-food system.

As you may be aware, Ontario farmland is being lost at a rate of 319 acres per day, a tragic loss given the limited amount of prime farmland in the province. Equally concerning is the projection that 40% of Canadian farmers are going to retire in the next 10 years. These are significant concerns. Not only are we losing the knowledge and expertise of our farmers, but also the next generation of farmers may not have the land base and resources needed to provide a sustainable and prosperous agricultural sector and local food supply.

A robust agricultural sector is the foundation that ensures resiliency of our communities.

It plays a critical role in food supply, economies, and ecological services critical for adapting to impending climate challenges. Food production and a secure society are inextricably linked. However, we are at a critical moment where the future of our agricultural system is at stake.

I am urging you to pay attention to this risk to our society and to take immediate action to protect agriculture and invest in farmers.

Farmland needs better protection. The path of permitting urban sprawl

on farmland should not be taken lightly, as this will have long-lasting impacts on the availability and quality of our food supply.

It is crucial that we protect an agricultural systems approach to land use planning. This means ensuring that farmland is used for agricultural purposes and not converted for other uses. By protecting our farmland, we can ensure that we have a reliable and sustainable source of food for future generations.

The future of agriculture needs you to think and act for the long-term by investing in the next generation of farmers. Food production and equitable distribution is what allows civilizations to remain resilient.

The Ontario Farmland Trust would welcome an opportunity to present how we are uniquely positioned to help. These are big challenges and we must face them in a collaborative manner. There are opportunities and new pathways that can be explored to assist young farmers with education, training, land access, housing, and financial support. Now is the time for innovative solutions from a range of stakeholders willing to collaborate to tackle the complex issues we are facing.

The future of Ontario's agri-food system is at stake, and we cannot afford to delay action any longer. Immediate action is needed to protect our farmland, invest in farmers, and support the next generation of farmers.

Martin Straathof
Executive Director
Ontario Farmland Trust

Letter to the Editor

Former resident misses volunteers

King residents, I wish I knew about the recent Volunteer Appreciation night plus who the awards were being presented to. Bev. Berger, her family are friends of mine. Bob Belcher, Susan Hayhoe, Gino and Susan Difebo are all great friends. Robert Philips, my old Sheardown Drive neighbor. Linda Pabst, all those council meetings!

Last but not least, Mark Pavilons, and all his great articles.

I missed a great party. I will have to move back to King and do some more volunteering. Mark is right, "the spokes of the wheel."

I enjoyed doing it many different ways; it is not work. It is a contribution to your community.

Ron Hingston



Concerned Citizens of King Township Annual General Meeting & Presentation

Tuesday, May 9, 2023 - 7 to 9 PM

King Bible Church, 1555 King Road, King City

(south side of King Road 100 metres west of Dufferin Street)

Accessible. Parking on site.

All members of the King Township community are invited to attend. Please bring a neighbour! This is an in-person meeting in a spacious environment. A recording will be made to share online after May 9th through our website at cckt.ca

The Oak Ridges Moraine: A Legacy to Keep

CCKT welcomes the **Oak Ridges Moraine Land Trust** who will be sharing an informative and inspirational AV presentation focused on the Oak Ridges Moraine.

Come, learn and celebrate the wonderful diversity and beauty of this remarkable provincial landform. Why is the Moraine so important? What challenges does it face today? How can each of us help and play a role in sustaining a healthy ecology and the valuable functions of the Moraine for future generations? There will also be time for Questions & Answers.

Light refreshments will be served



SCREENAGERS UNDER THE INFLUENCE

ADDRESSING VAPING DRUGS & ALCOHOL IN THE DIGITAL AGE

MYDOC PRODUCTIONS AND STARHOUSE MEDIA PRESENT SCREENAGERS UNDER THE INFLUENCE DIRECTED BY DELANEY RUSTON AND LISA TABB
PRODUCED BY LISA TABB AND DELANEY RUSTON CINEMATOGRAPHY BY GEOFF SCHAAF KEVIN GATES AUSTIN MEYER
EXECUTIVE PRODUCERS LISA TABB AND DELANEY RUSTON EDITOR DELANEY RUSTON COSTUME DESIGNER JENNIFER STERNIN STEINMAN AND LISA TABB
WRITER LUCIANO AND BEN PRICE MUSIC BY QUINCY GRIFFIN EXECUTIVE PRODUCERS DAN OLMSTEAD EXECUTIVE PRODUCERS JIM GOLINGO AND ROUGH HOUSE DISTRIBUTION STARHOUSE MEDIA

AT: The Country Day School
WHEN: Monday, May 8 at 7:00 pm
WHERE: Performing Arts Centre, 13415 Dufferin Street in King
TICKETS: Free Admission – Bring a Friend!
RSVP - www.cds.on.ca/events
screenagersmovie.com

Environmental considerations for Marylake project

I noted the King Chamber of Commerce's full-page ad (April 13) in the KWS in support of development at Marylake Monastery.

STORM Coalition and Deb Schulte responded with separate Letters to the Editor (April 20).

The Chamber's ad included a brief reference to the Pope's Laudato Si, which highlights the need to protect farmlands, wetlands, forests, waterways, and other species from private interests.

Page 39 of Laudato Si: "The establishment of a legal framework which can set clear boundaries and ensure the protection of ecosystems has become indispensable, otherwise the new power structures based on the techno-economic paradigm may over-

Letter to the Editor

whelm not only our politics but also freedom and justice."

Page 40: "The alliance between the economy and technology ends up sidelining anything unrelated to its immediate interests. Consequently, the most one can expect is superficial rhetoric, sporadic acts of philanthropy and perfunctory expressions of concern for the environment, whereas any genuine attempt by groups within society to introduce change is viewed as a nuisance based on romantic illusions or an obstacle to be circumvented."

Particularly relevant to the large new development and supportive in-

frastructure proposed for Marylake Monastery, are Page 27 to 28: "Caring for ecosystems demands far-sightedness, since no one looking for quick and easy profit is truly interested in their preservation. But the cost of the damage caused by such selfish lack of concern is much greater than the economic benefits to be obtained. Where certain species are destroyed or seriously harmed, the values involved are incalculable. We can be silent witnesses to terrible injustices if we think that we can obtain significant benefits by making the rest of humanity, present and future, pay the extremely high costs of environmental deterioration."

"In the protection of biodiversity, specialists insist on the need for particular attention to be shown to areas richer both in the number of species and in endemic, rare or less protected species. Certain places need greater protection because of their immense importance for the global ecosystem, or because they represent important water reserves and thus safeguard other forms of life."

I highlighted those last ten words because they are consistent with a biological assessment of the Mary Lake complex, done earlier by the Ministry of Natural Resources.

If I understand the ORMCP and Greenbelt legislation, the AFOI's extensive new project cannot be built on these environmentally sensitive lands. Fortunately, there are other serviced areas in King where this project can be accommodated.

There are far too many environmental repercussions associated with opening this established Provincially Significant Natural Area to such a large new development.

The Ministry of Infrastructure (not the Ministry of Health or Long-Term Care) offered its first prospectus of public lands to private investors in 2020 under the guidance of the CBRE Investment Team, tying land development of LTC homes to more residential development, not stating which should occur first. There were a host of subsidies and sweeteners in this first offering at:

[https://www.ltchomes.net/LTCH-PORTAL/Content/Snippets/LTC%20Development%20Program%20Flyer%20\(EN\).pdf](https://www.ltchomes.net/LTCH-PORTAL/Content/Snippets/LTC%20Development%20Program%20Flyer%20(EN).pdf)

The Ministry of Infrastructure has offered more publicly-owned lands to

private development interests. Check its website. Why is Ontario intent on selling off publicly-owned lands to encourage more land-banking and privatization by development interests? What about the public trust? Such lands should be leased for specific uses (affordable housing, healthcare), as is done in the EU, with control over land use, and lease payments. going to the province to serve the public. Instead, the main driver behind new LTC developments seems to be more private residential development.

Mary Lake forms an essential part of the 259-hectare Eaton Hall-Mary-Hackett Lakes Provincially Significant Wetland Complex, as surveyed from 1997 to 1999, and officially designated as Area ID: 18508 by MNR biologists:

"The Eaton Hall - Mary - Hackett Lakes Wetland Complex is provincially significant with a total score of 839 points (out of a possible 1,000). Its 225 wetlands comprise one of the largest and most diverse wetland complexes on the Oak Ridges Moraine, noteworthy for its high concentration of significant plants, animals, and kettle lakes. Its small spring-flooded wetlands serve as important amphibian breeding ponds and sustain many of the thicket swamp and marsh types in the complex. These wetlands also provide spring flows to the East Humber and serve as recharge areas into the aquifers on the Oak Ridges Moraine. The 51 hectares of lacustrine wetlands around the three larger kettle lakes represent the largest such example on the Oak Ridges Moraine. The conifer/mixed swamps are highly significant discharge zones for the tributaries of the East Humber (OMNR - Aurora District, 1999)."

A more complete summary of this area's biological/ecological significance is provided at:

https://web.archive.org/web/20060320004117/http://nhic.mnr.gov.on.ca/MNR/nhic/areas/areas_report.cfm?areaid=18508

"Its native species assemblage and its irreplaceable ecological contributions to water quality must take precedence over more development, particularly when planning must now factor rapid climate change into new developments."

Vicki Hotte
King

THANK YOU

FOR YOUR SUPPORT AND PATIENCE WITH THE NOBLETON TRACT CONTROLLED BURN



On April 27, 2023, York Region with support from the Township of King Fire and Emergency Services, successfully carried out a controlled burn at the Nobleton Tract of the York Regional Forest.

The controlled burn was an important step in helping maintain a valuable and rare tallgrass prairie, home to many insects and animals, particularly migratory birds and pollinators.

FORESTRY
1-877-464-9675
TTY 1-866-512-6228
york.ca/controlledburn





King


7-Day Weather Outlook

From Thursday, May 4 to Wednesday, May 10

THURS 4TH	FRI 5TH	SAT 6TH	SUN 7TH	MON 8TH	TUES 9TH	WED 10TH
High 11C° Low 5C° ~1mm Wind E 9k	High 12C° Low 4C° <1mm Wind E 8k	High 16C° Low 6C° - Wind N 13k	High 18C° Low 6C° - Wind N 14k	High 20C° Low 10C° 1-3mm Wind N 11k	High 20C° Low 8C° - Wind N 18k	High 18C° Low 8C° <1mm Wind S 12k

The King Weekly Sentinel

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Read us online at www.kingsentinel.com



Council pushes for whistle cessation

By Mark Pavilons
Editor

King is asking Metrolinx to introduce whistle cessation at several locations in the township.

The municipality is asking Metrolinx to implement the move at Station Road, Dufferin Road and the 15th Sideroad crossings.

York Region's policy dictates that a municipality must make a formal request to the Region to support such an anti-whistling bylaw.

Township staff have already coordinated with Region staff on the required safety improvements at the Regional road crossings, Dufferin Street and 15th Sideroad, and works will be completed after the Region's support is received.

Township staff have reached out to Metrolinx staff and are beginning to work together on the required formal agreements for each crossing.

Township staff anticipate returning to council with the formal agreements with Metrolinx and the bylaw to stop whistling at these points before the end of the year.

CROSSWORD

Puzzle No. 235110 • Solution in Classifieds

1	2	3	4	5	6	7	8	9	10	11	12
13					14				15		
16				17				18			
19				20				21			
			22				23			24	
25	26	27		28			29			30	
31			32		33		34				35
36				37		38			39		40
	41				42			43		44	
		45					46		47		48
49	50		51			52				53	
54		55				56				57	58
60					61					62	
63					64				65		
66					67				68		

CLUES ACROSS

1. Dull and flat
6. Baking measurement (abbr.)
9. Education-based groups
13. Not behind
14. Runners run them
15. Japanese ankle sock
16. Grave
17. Japanese industrial city
18. People of southern Ghana
19. Particular designs
21. Device fitted to something
22. Infections
23. Pirates' preferred alcohol
24. Expression of sympathy
25. Rock guitarist's tool
28. Neither
29. Ancient city of Egypt
31. You __ what you sow
33. Ruined

36. Narrations
38. Body art (slang)
39. Fencing sword
41. Apartment buildings
44. Type of missile
45. Fathers
46. Extremely high frequency
48. Type of school
49. Incorrect letters
51. Two-year-old sheep
52. Nasty manner
54. One who accepts a bet
56. Indian prince
60. Asian country
61. Rhythmic patterns in Indian music
62. "Uncle Buck" actress Hoffmann
63. Detailed criteria
64. Son of Shem
65. Talked wildly
66. Discount
67. Not good
68. Growing out

CLUES DOWN

1. Actor Damon
2. A call used to greet someone
3. Part-time employee
4. Emaciation
5. "Westworld" actor Harris
6. Gains possession of
7. Relaxing spaces
8. 23rd star in a constellation
9. Northern grouse
10. Monetary unit of Bangladesh
11. Manila hemp
12. Unites muscle to bone
14. Makes deep cuts in
17. 18-year period between eclipses
20. Member of a people inhabiting southern Benin
21. Synthetic rubbers
23. Unwelcome rodent
25. Expression of creative skill
26. Some is red
27. Seems less in impressive
29. Harry Kane's team
30. Gland secretion
32. Action of feeling sorrow
34. Disallow
35. Deceptive movement
37. More dried-up
40. Crimson
42. Actress Ryan
43. Adherents of a main branch of Islam
47. Accomplished American president
49. Side of a landform facing an advancing glacier
50. Sheep breed
52. Appetizer
53. Broadway actress Daisy
55. Influential film critic
56. NY Giants ownership family
57. Type of script
58. Assist
59. London park
61. Bar bill
65. In reply indicator

No one has more self-confidence than the person who does a crossword puzzle with a pen.

King residents support annual run for Southlake

More than 1,000 participants hit the streets for the 2023 Nature's Emporium Run for Southlake.

According to organizers, it was truly a testament to how much community members dedicate their time, enthusiasm, and fundraising power to support their hospital.

More than 1,200 participants, many from King Township, came out to support leading edge care at Southlake.

King was represented by councillors and Township staff. Councillor Avia Eek has been the local "cheerleader" for many years.

"Southlake Regional Health Centre (formerly York County Hospital) has provided outstanding care to our family for four generations, from births requiring neonatal intensive care for a premature baby, to cancer care, heart care, emergency visits and more which is the reason we support the hospital that has, and continues to support and serve us," Eek said.

"I'd like to thank our staff members, council colleagues, and members of our community who participated either by joining our Team King, or by supporting us through a donation. It is through this collaboration that the Nature's Emporium Run/Walk for Southlake is a success."

Fundraising remains open until May 5.

"Your donations will continue to put tools into the hands of our health care experts. We're 85% of the way towards our goal, and we know we can get to 100% through the generosity of our community," said Jennifer Ritter, President and CEO, Southlake Foundation.



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Business, Finance & Real Estate



Club Well opens wellness facility in King City

By Jim Stewart

More than 250 residents attended Club Well Inc.'s grand opening recently in King City. They contributed mightily to the celebratory vibe that permeated the 4,300-square-foot personal care facility situated on the second floor of the Shoppers Drug Mart at 2140 King Road.

Owners Alexis Tessier and Robert Ciancio welcomed well-wishers, including King Mayor Steve Pellegrini, over the course of the afternoon's festivities. Mayor Pellegrini noted that it was "an honor to congratulate Club Well Inc. on their grand opening." He presided over the ribbon-cutting ceremony, and then presented Ciancio and Tessier with a framed congratulatory letter from the Township to mark the occasion.

Following the ribbon-cutting cere-

mony and the mayor's presentation, co-owner Robert Ciancio described the three core services that are at the heart of Club Well Inc: "We wanted to create a hybrid venue that is a blend of medical, spa, and fitness." The layout of Club Well reflects this blend and range of services and there is a welcoming flow to the second floor setting that stood vacant for almost 15 years. Despite the big crowd, visitors easily navigated the grand yoga room, comfortable massage suites, spacious locker rooms, and a bright reception area.

Ciancio was pleased with the number of attendees who visited on Saturday afternoon and reflected on the best part of the grand opening: "What I like best is it's a family business. I live in King City and I love the idea that Club Well is now part of my home community. We are looking forward to



Owners Robert Ciancio and Alexis Tessier flank Mayor Steve Pellegrini at Club Well Inc.'s grand opening.

Speed limit reductions in King will increase traveller safety

York Regional Council approved reducing speed limits at 10 locations on various Regional roads. Reductions in King include:

Lloydtown-Aurora Road from 1 kilometre east of 8th Concession to 400 metres east of 8th Concession in the Township of King – 80 km/hr to 60 km/hr.

Lloydtown-Aurora Road from 400 metres east of 8th Concession Road to Highway 27 in the Township of King – 80 km/hr to 70 km/hr.

Annual review of speed limits on Regional roads and revisions are recommended and approved based on principles, including industry standards and the Regional Speed Limit Policy, which guides decisions for a consistent approach. The Highway Traffic Act gives Regional Council authority to revise speed limits under 100 km/hr.

To notify travellers of the speed limit changes, speed limit signs are placed at the beginning of each changed speed zone, and for the first 60 to 90 days include a sign on the top with the word "NEW."

providing residents with a variety of services and to give them a place to be spoiled."

Attendees were certainly spoiled by Ciancio and Tessier's hospitality. Amenities included delicious fresh berry sundaes, a popcorn station that created carnival aroma, and a decadent bar that pleased many a palette; free personal care samples were doled out to dozens of well-wishers upon arrival.

Tessier echoed Ciancio's sentiments about Club Well's capacity to "spoil their clients and provide full personal care for the mind, body, and soul." The ebullient businesswoman's tone reflect-

ed the joyous mood that infused the rooms. To the 150 friends, family, and officials who witnessed the ribbon-cutting ceremony, Tessier expressed her gratitude: "I'm just so happy you're all here and I can't thank my family enough for really making this place, especially my father for his support and guidance."

The pleasant April conditions that coincided with the grand opening – brilliant sunshine and temperatures hovering in the mid-20s – were matched by the warmth and sunny dispositions inside Club Well Inc. on that Saturday afternoon.

York Region makes \$377 million investment in roads and transit

York Regional Council approved \$377 million to continue enhancing and maintaining the Regional road and transit system in 2023, contributing to an overall \$3.9 billion in transportation projects over the next 10 years.

This investment is part of the 2023-2033 Public Works 10-Year Capital Plan, which is comprised of a total \$2.15 billion to add capacity to the Regional transportation and transit networks and \$1.75 billion for roads and transit asset management.

To enhance roads and transit, construction work on 92 projects is planned this year. Projects include:

Road widening, rehabilitation and intersection improvements.

Mid-block crossings over 400-series highways.

Bridge and culvert rehabilitation.

Transit terminal and upgrades to operations maintenance facilities.

Transit fleet electrification.

This builds on work completed in 2022, with \$281.9 million invested in road and transit projects across the Region. Projects included road widening, intersection improvements, new cycling lanes and transit facilities.

For more information and a list of construction projects happening across the Region, visit york.ca/roadconstruction

Business insurance: Do you need it?



While not always required, business insurance is useful for any entrepreneur who wants to protect their company's future. Here are a few examples to determine what kind of insurance is right for you.

Limit damage to your commercial property

If your commercial property flooded, could you afford the repairs? If you want to protect your business, equipment and merchandise in case of fire, theft, vandalism or flood, commercial property insurance is a great option.

Minimize the impact of a commercial vehicle accident

Do you transport merchandise with commercial vehicles? Commercial auto insurance could help cover vehicle damage while commercial property insurance could help cover lost merchandise.

Be prepared for equipment breakdown

Does your business rely on specialized equipment? If so, it's a good idea to be prepared for the unexpected as repairs could be costly. The cost to replace materials could be covered by business insurance.

Make sure you have liability coverage

Do you have an emergency fund to cover liability if a fire spreads to neighbouring businesses? If you're held legally liable, business liability insurance may cover your legal fees and any damage suffered by third parties.

Protect yourself from cyber attacks

Could you afford to pay the recovery costs if your computer system was compromised? Without cyber risk insurance coverage, you may have to pay for any operating losses and system restoration fees.

Being a business owner can come with unpredictable events, so being prepared with the right insurance coverage can help protect what you've worked so hard to build.

Interested in learning more about commercial business insurance? Give me a call – and, for more helpful prevention tips, visit desjardinsagents.com/customer-care/blog.



Anna Raeli Insurance and Financial Services Inc.
Anna Raeli, Agent
2946 King Rd
King City
905-833-2662
annaraeli.com



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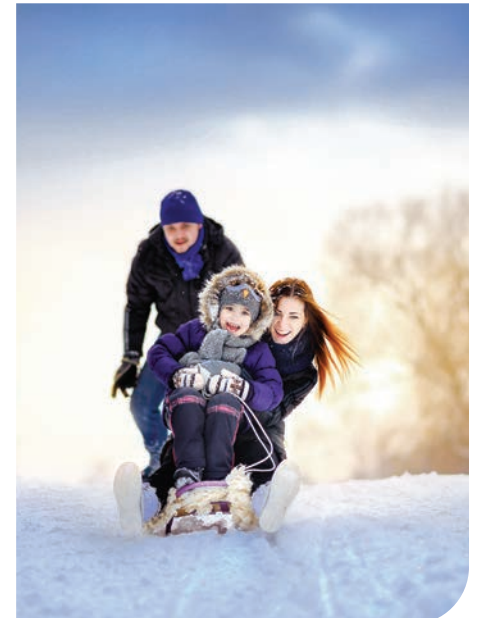
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Groups celebrate win in court case related to Bradford Bypass

Environmental and community groups are celebrating a big win for public participation in a court case related to the Bradford Bypass, a controversial proposed highway in the region.

In a recently released ruling, the federal court found that the federal Minister of Environment and Climate Change Steven Guilbeault's decision to deny a requested federal impact assessment for the project pursuant to the Impact Assessment Act was unreasonable. The court found that, despite the importance of public participation under the Act, the Minister did not explain how, or whether, he had considered key arguments and information included in the request.

Rescue Lake Simcoe Coalition, Ontario Nature, Forbid Roads Over Green Spaces, Environmental Defence, Wilderness Committee, Wildlands League, and Earthroots were represented by lawyers from Ecojustice in the lawsuit.

Concerned groups first requested the Minister designate the embattled highway project for a federal impact assessment in February 2021. That request was denied. Three community groups made a second request in November 2021. The second request highlighted changes to Ontario's regulatory regime, mistakes in the Minister's first assessment, and mounting public concern that the project could proceed without its long-term environmental impacts being studied.

Minister Guilbeault denied the second request, citing no "material change" to the project. The groups challenged this decision in court, stating that the Minister's decision not to designate the highway for assessment undermined the federal government's stated commitments to scientific integrity and meaningful public participation in the assessment of major infrastructure projects.

The court's decision helps rectify what the groups feared would be a dangerous precedent for federal decision making. The groups say the federal government can and must act as a backstop to ensure projects that may have federal environmental effects, like greenhouse gas emissions, undergo meaningful environmental scrutiny before they are allowed to proceed.

Community groups have been at the forefront of the fight to ensure that the environmental and health impacts of

the Bradford Bypass are adequately assessed. This decision opens the door for groups to submit a subsequent request that the project be designated for a federal impact assessment. Forbid Roads Over Green Spaces and Rescue Lake Simcoe Coalition, supported by member residents of the Georgina Island First Nations community, have submitted a request to the Environmental Commissioner to explore requirements under the Fisheries Act to consider impacts of the project on marine ecosystems in Lake Simcoe.

"We are delighted the judge agreed with us that the Minister apparently treated our request for designation in a perfunctory manner. In my view, the Decision does not meet the threshold for transparency, intelligibility and justification and is unreasonable as a result," said Justice Angela Furlanetto, of the federal court.

"This has been a decades-long fight to sound the alarm on the harms this proposed highway will bring. We're pleased the Federal Court has agreed that the Minister should be listening to these concerns," said Bill Foster, Chair, Forbid Roads Over Green Spaces.

Claire Malcolmson, Executive Director, Rescue Lake Simcoe Coalition added: "Given the Federal Environment Commissioner's most recent report, criticizing the government for failing to meet tree planting and carbon reduction targets, we again submit that building an eight-lane highway through forests and wetlands contributes to the problems Canada is trying to wrestle with."

"The Impact Assessment Act includes a mechanism for members of the public to request a federal impact assessment when provincial governments fail to adequately scrutinize the potential long-term environmental, community, and health impacts of large development programs.

"The court's decision in this case helps ensure that this important safety valve remains a meaningful way to give local communities a say in decision making on major infrastructure projects. It also helps ensure that potentially harmful projects won't fall through the cracks and be allowed to proceed without their impacts fully understood and mitigated," noted Ian Miron, lawyer, Ecojustice.

Tim Gray, executive director, Envi-

ronmental Defence said:

"The Ontario government is attacking forests, farms and wetlands and rolling back procedural and legal protections for species at risk, climate change, environmental assessment and other areas of shared jurisdiction with the federal government. As a result, more than ever before, Ontarians need a federal government that acts on its responsibilities to properly review mega highway projects like the Bradford Bypass. This court decision makes it clear that the Ontario government rollbacks to environmental protection must be considered by the federal government when it is deciding whether to require federal impact assessment review."

And Caroline Schultz, executive director, Ontario Nature, added: "In an era of unprecedented and accelerating biodiversity loss, the government must carefully assess the potential negative impacts of large projects, like highways, before granting permissions to proceed. In the case of the Bradford Bypass, we're talking about a freeway that would bisect the provincially significant Holland Marsh, cross several watercourses and damage or destroy the habitat of numerous species at risk. We need full information on the risks. Thankfully, the court's decision

supports such evidence-based decision-making."

Ontario Greens leader and MPP for Guelph Mike Schreiner said building the Bradford Bypass has never been about making life better for the people of Ontario.

"Doug Ford's Bradford Bypass is a risky scheme that threatens our environment and quality of life," he said.

"It's part of the Ford government's sprawl-at-all-costs agenda that will see wealthy land speculators make billions while the rest of us pay the price.

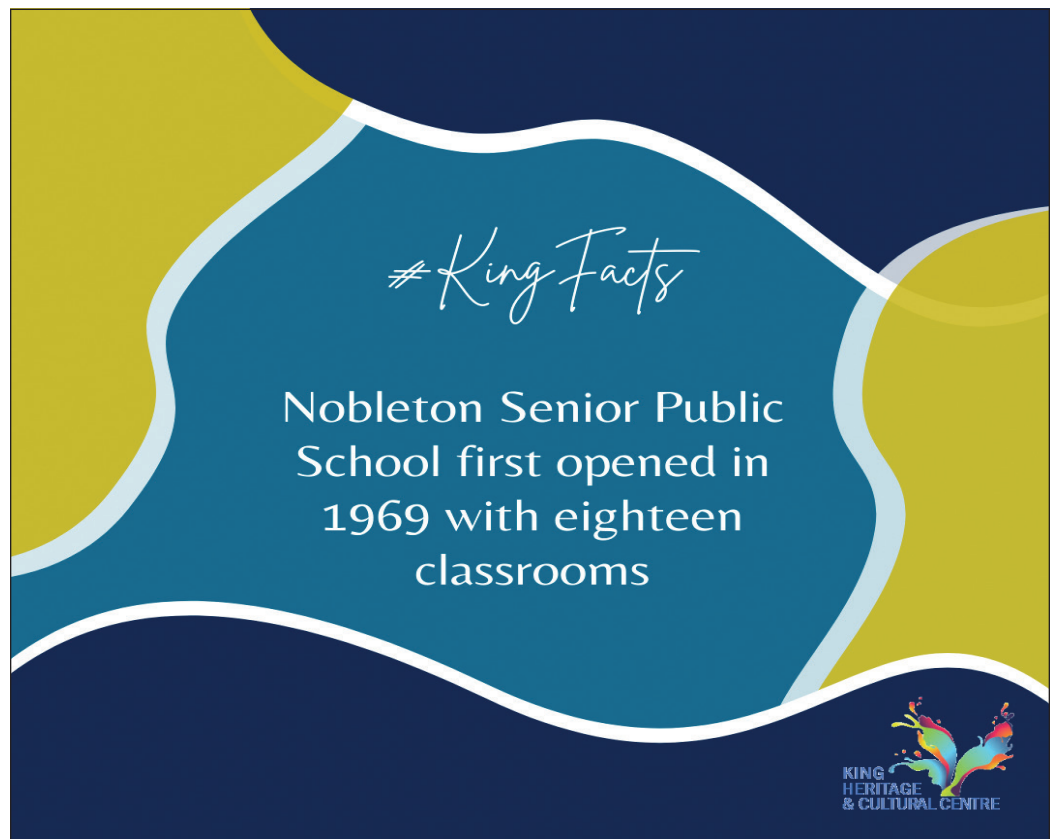
"Fewer than 30 per cent of Lake Simcoe area voters support construction of the highway. And for good reason.

"Locals understand how important protecting Lake Simcoe is to their community. The lake is already at risk, and the highway would further pollute it with salt and phosphorus runoff.

"It would increase climate pollution by 87 million kilograms per year; pave over 42 acres of the Holland Marsh, and slice right through the Greenbelt.

"This court ruling is an important step along the way to stopping Ford's assault on the places we love, our Greenbelt and Lake Simcoe.

"I call on Minister Guilbeault to commit to a full impact assessment of the environmentally destructive Bradford Bypass."



NOTICE OF COMMENCEMENT

Class Environmental Assessment for Minor Transmission Facilities York Battery Energy Storage System Project

York (Battery) LP, a subsidiary of Capital Power Corporation (Capital Power), is initiating a Class Environmental Assessment for Minor Transmission Facilities (Class EA for MTF) for the proposed installation of a Battery Energy Storage System (BESS) (the Project) at 18815 Dufferin Street, Township of King.

The existing York Energy Centre (YEC) is located at 18781 Dufferin Street, Township of King, and the proposed BESS would be located on the adjacent but separate property (owned by an affiliate of Capital Power).

Ontario's Independent Electricity System Operator (IESO) has identified a significant need for new power supply in the province. The proposed BESS would help meet increasing local and provincial electricity demands by providing up to 120 megawatts (MW) of capacity and stored energy that is from the provincial power grid. The BESS will generally be charged during off peak periods and discharged back to the grid during periods of peak demand.

The Project footprint is approximately 1.5 hectares (4 acres) in size and would be located within the former laydown area used during construction of the YEC. In addition to the BESS enclosures, components would include internal graveled access laneways, fencing, stormwater management, and electrical components, including a transformer station. The site perimeter will have newly planted trees.

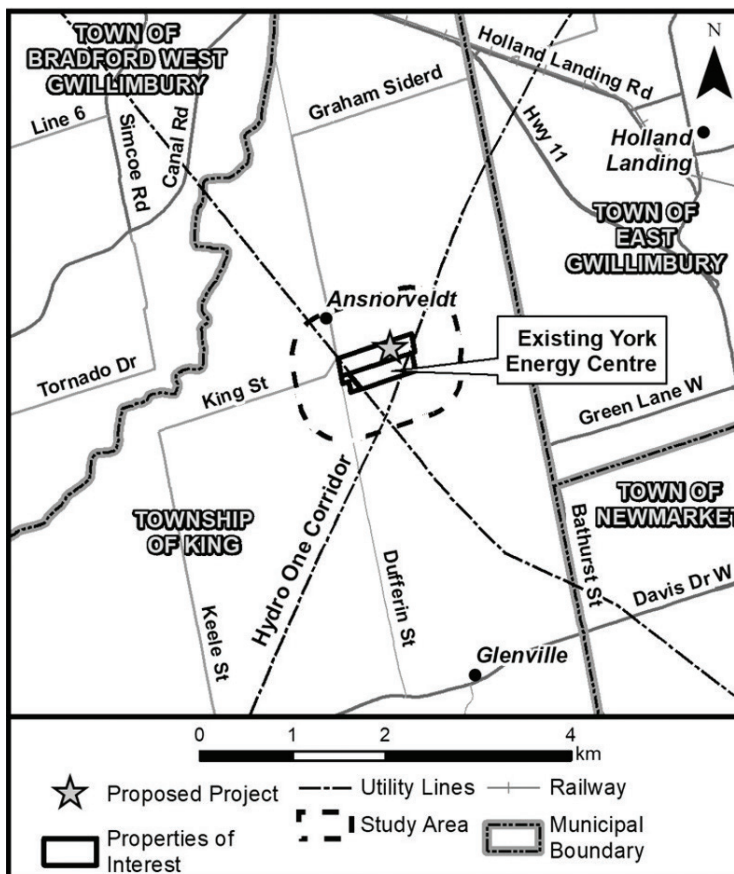
PLANNING PROCESS

The Project is subject to the Class EA for MTF process (www.hydroone.com/classea) in accordance with the Ontario Environmental Assessment Act. This is a process for electricity transmission-related projects that do not generate electricity.

Subject to selection by the IESO, construction is anticipated to begin in spring 2024, upon completion of regulatory permitting and approvals.

INVITATION TO PROVIDE COMMENTS

Your input is important to us. We are interested in hearing any questions or feedback you may have with respect to this Project. Comments received throughout the course of this study will inform the Class EA process.



If you have any comments or questions, or to be added to the Project mailing list, please contact:

Jay Shukin
Manager, Indigenous and Stakeholder Engagement

Capital Power
18781 Dufferin Street
Newmarket, ON L3Y 4V9
Phone: 1-855-703-5005
Fax: 780-392-5927
Email: info@capitalpower.com

For more information, please visit our project webpage at: capitalpower.com/operations/york-energy-centre-bess

All personal information included in your request – such as name, address, telephone number and property location – is collected, under the authority of Section 30 of the Environmental Assessment Act and is collected and maintained for the purpose of creating a record that is available to the general public. As the information is collected for the purpose of a public record, the protection of personal information provided in the Freedom of Information and Protection of Privacy Act (FIPPA) does not apply (s.37). Personal information you submit will become part of the available public record unless you request that your personal information remain confidential.



Smarter home heating and cooling with heat pumps

By Keith Beckley

The modern cold-climate air source heat pump seems to many of us hardened Canadians as nothing short of magic. In winter we need heat, and lots of it.

Isn't burning things the best way to get heat? No, not really! There is no magic in a heat pump just a lot of amazing engineering. Even when the outside temperature is -20 degrees, there is in fact still lots of energy in that air. It just does not feel that way to us warm-blooded people.

Imagine if we had a bunch of air at -20 degrees and we want to make it -25 degrees. To do that, we would have to remove energy from the air. If we could put that energy in our house the inside would be warmer (at the cost of the outside being colder). This is the magic!

But none of this is really new, as most of us have at least two heat pumps in our house already. One is our refrigerator and the other is an air conditioner. The job of these two heat pumps is to remove heat (the refrigerator sends it into the kitchen air and the air conditioner sends heat outside).

New technology has allowed heat pumps to actually work in our cold climate. Fifteen years ago, they could only provide heat down to perhaps 0 degrees, which of course does not suit our cold winters. So burning stuff, or heating directly with electricity, were our only heating options. New refrigerant, com-

pressor and fan technologies now mean that many companies (Mitsubishi, Carrier, etc.) can provide whole home heat pumps that perform amazingly well in our climate.

The new systems can pull heat out of our cold winter air with an efficiency of 3 or 4 times the electrical energy needed to run the unit. So 4 times the heat energy into the home for 1 unit of electrical energy. Amazing performance and no emissions are produced in the process. Companies can also provide a form factor called the mini-split which is suitable for heating an individual room.

The next bit of magic is that your cold-climate heat pump runs in reverse in the summer and "presto" you have air conditioning! One unit doing two jobs.

Heat pumps have been popular in Europe and the southern U.S. for a while, but now they are well suited for us northerners.

They are so effective that the Ontario government is providing huge rebates and the federal government offers interest free loans to encourage their installation. Simply put, there is absolutely no reason not to install a unit in Ontario now.

I have comfortably heated my own home for the last three winters with a cold climate heat pump which replaced an old inefficient gas furnace.

One of the best features of these new heat pumps is improved indoor air



quality and comfort. Instead of cycling on and off like a gas furnace, the heat pump tends to run at a low rate almost continuously. That means the air in the house gets turned over and filtered more often. Indoor air quality is something many of us do not think much

about.

On May 17 at 7 p.m. come to the King City Seniors' Centre to hear about how they work, financing opportunities and get answers to your questions from the experts. Visit www.climateactionking.ca for more details about the event.

Ontario advancing contract for subway extension into York

The Ontario government is one step closer to getting shovels in the ground on the Yonge North Subway Extension. The province issued a Request for Qualifications (RFQ) for the Advance Tunnel Contract, marking a significant milestone in its plan to reduce gridlock, connect people to jobs and make travel between York Region and Toronto faster and easier.

"The Yonge North Subway Extension is a critical project for York Region that will provide much-needed access to reliable public transit and connect more people to major employment centres in Markham, Vaughan and Richmond Hill," said Caroline Mulrone, Minister of Transportation. "Together with our partners in Ottawa, York Region and

the City of Toronto, we're demonstrating real progress to make this project a reality and delivering on our plan to build a strong Ontario."

The Advance Tunnel Contract includes designing the tunnels and building the launch and extraction shafts that will be used for the tunnel boring machines. It also includes the design and construction of headwalls for stations and emergency exit buildings. To deliver the new subway as quickly as possible, tunnelling will begin first, followed by a separate contract to build the stations, rail and systems.

"Partnerships are key to delivering major projects like the Yonge North Subway Extension," said the Honourable Mary Ng, Minister of Small Business,

Export Promotion and International Trade, on behalf of the Honourable Dominic LeBlanc, Minister of Intergovernmental Affairs, Infrastructure and Communities. "Our Government will continue to work collaboratively with the Government of Ontario to get transit built in the GTA and across the province."

Early work on the Yonge North Subway Extension is currently underway at Finch Station, where workers are making upgrades to accommodate the future subway service. Once complete, the approximately eight-kilometre extension will accommodate over 90,000 daily trips, connect more people to jobs, and bring faster transit to more communities across York and Toronto.

"The Yonge North Subway Extension remains the top transportation priority for York Regional Council and we are pleased to be working in partnership with the Province of Ontario to take additional steps to move this project forward," said Wayne Emmerson, York Region Chairman and CEO. "A project of this magnitude has far-reaching benefits for local jobs, the economy, environment and travellers. York Region welcomes the Ontario government's commitment to get shovels into the ground on this critical project and support the growth of our communities today and in the future."

The extension will cut the distance travelled by personal vehicles by 7,700 kilometres during rush hour.

NOTICE OF COMMENCEMENT OF AN ENVIRONMENTAL REVIEW

York Energy Centre Upgrades Project

York Energy Centre LP, a subsidiary of Capital Power Generation Services Inc. (Capital Power) and Manufacturers Life Insurance Company (Manulife), are proposing to undertake equipment upgrades at the existing York Energy Centre (YEC), located at 18781 Dufferin Street, Township of King.

The purpose of this notice is to inform any interested parties that Capital Power is beginning an environmental study to assess the potential environmental effects of the equipment upgrades.

Ontario's Independent Electricity System Operator has identified a significant need for new power supply in the province. The upgrades will provide operational flexibility and approximately 50 megawatts (MW) of additional electricity generating capacity depending on ambient temperature. The upgrades will be limited to the replacement of a variety of gas turbine parts with more advanced technology, upgradable materials, and/or higher performance levels. Upgrades include power augmentation systems in the form of inlet air cooling. To accommodate these modifications, gas turbine controls will be updated accordingly. The upgrades would be completed during a regularly scheduled maintenance outage in 2025.

PLANNING PROCESS

According to Ontario Regulation 116/01 (the Electricity Projects Regulation) and as described in the *Guide to Environmental Assessment Requirements for Electricity Projects (2011)*, modifications to a natural gas-fired generating facility that increase the facility's capacity by 5 MW or more are classified as Category B projects and are subject to review under the Environmental Screening Process (ESP).

The ESP has two tiers of assessment: Screening Stage and Environmental Review Stage. Capital Power intends to voluntarily complete an Environmental Review.

The Environmental Review will assess potential environmental impacts of the equipment upgrades, which are expected to be limited to air and noise emissions that will meet provincial emission requirements. The results of the assessment will be documented in an Environmental Review Report that will be made available for public review. The Environmental Review will assess any potential effects of the equipment upgrades but will not re-evaluate the previously approved, operating YEC facility.

INVITATION TO PROVIDE COMMENTS

Your input is important to us. We are interested in hearing any questions or feedback you may have with respect to this Project. Comments received throughout the course of this study will inform the Environmental Review process.

This notice published: May 2023.



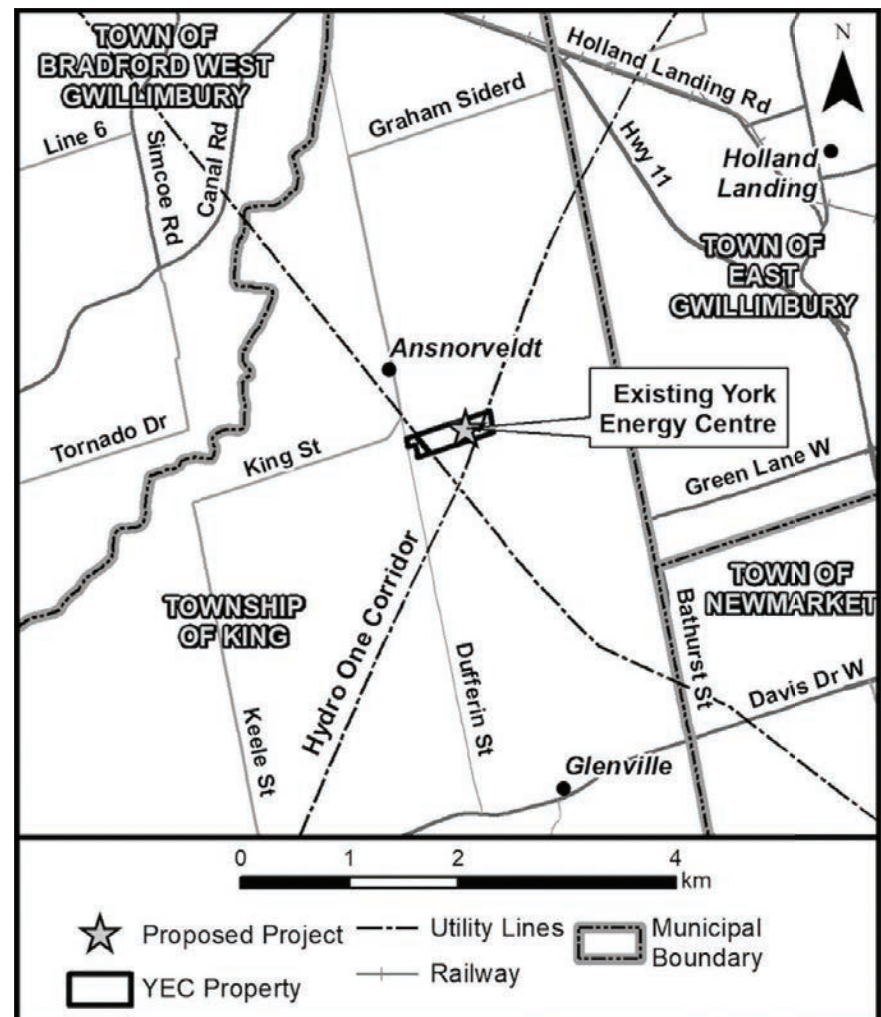
If you have any comments or questions, or to be added to the Project mailing list, please contact:

Jay Shukin
Manager, Indigenous and Stakeholder Engagement

Phone: 1-855-703-5005
Fax: 780-392-5927
Email: info@capitalpower.com

Capital Power
18781 Dufferin Street
Newmarket, ON
L3Y 4V9

For more information, please visit our project webpage at: capitalpower.com/operations/york-energy-centre-upgrade





KingWeeklySentinel

Arts & Entertainment

CDS hosts free viewing of 'Screenagers Under the Influence'

Parents of teens struggle to stay on top of all the things our kids are being exposed to online these days.

As a primary care physician and filmmaker Delaney Ruston addresses these issues head on in her latest film, *Screenagers Under the Influence: Addressing Vaping, Drugs, and Alcohol in the Digital Age*. The Country Day School is hosting a free viewing of this film followed by a Q&A session on Monday, May 8 at 7 p.m., in their Performing Arts Centre.

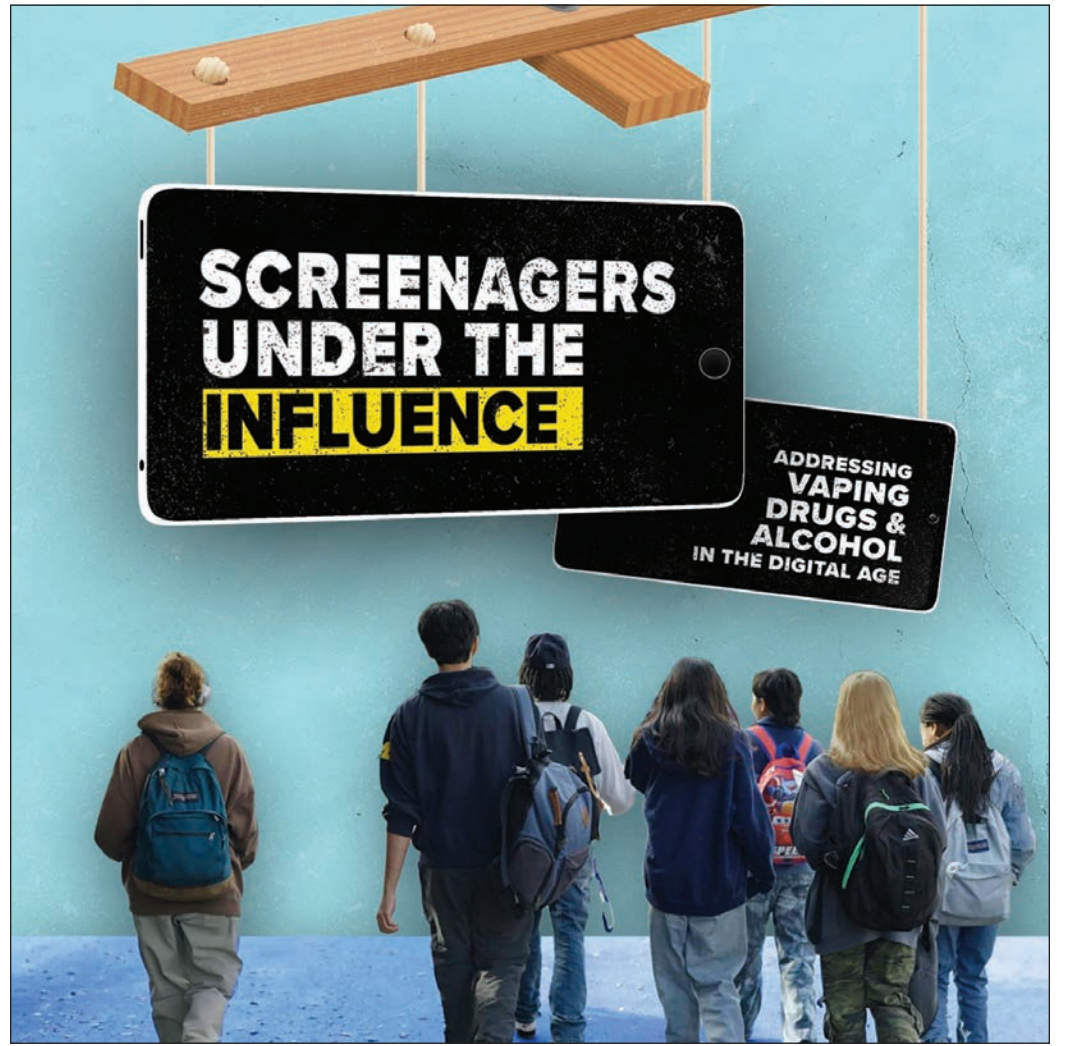
In her third film, Ruston, a leading authority on parenting in the digital age, and filmmaker of the award-winning *Screenagers* movies, delves into how the tech revolution has reshaped adolescence and its effects on substance use. The film debunks myths and depicts strategies parents and schools can use to encourage healthy decision-making, support teen mental health, set limits, and create healthy home environments. The film also includes many ways young people are using their wisdom and strength to help each other and themselves through this complicated terrain around substance use.

Screenagers Under the Influence is 65 minutes in length and will be followed by a Q&A facilitated by members of CDS's Health Advisory Team and Student Services Centre.

"*Screenagers Under the Influence* hits all the points in a non-judgmental, non-threatening, compassionate way and shares practical solutions so the viewer can come away feeling like they have the knowledge and tools to respond in this current environment our youth are navigating with alcohol, drugs, and screens. The timing could not be better or more urgent," said Kelsey Fernandez, Executive Director of Marin, CA Healthy Youth Partnerships.

In terms of age appropriateness, this is what *Screenagers* recommends: "We believe every family and community should make their own decisions around this, considering the film's documentary style, length and content. The children featured in this film are in Middle School and High School."

This event is free and open to all parents and teens who are interested. We ask that you RSVP in advance at www.cds.on.ca/news-and-events/events/screenagers



Pine Tree Potters guild returns

Join the Pine Tree Potters Guild at their annual spring sale and choose from thousands of unique creations of functional and decorative porcelain, stoneware and raku pottery. The annual Pine Tree Potters Guild sale is returning to the Newmarket Old Town Hall on at 460 Botsford Street. The sale features works from more than 30 Pine Tree members and runs from Thursday, May 4 to Sunday, May 7. Please visit www.pinetrepotters.ca for more information!

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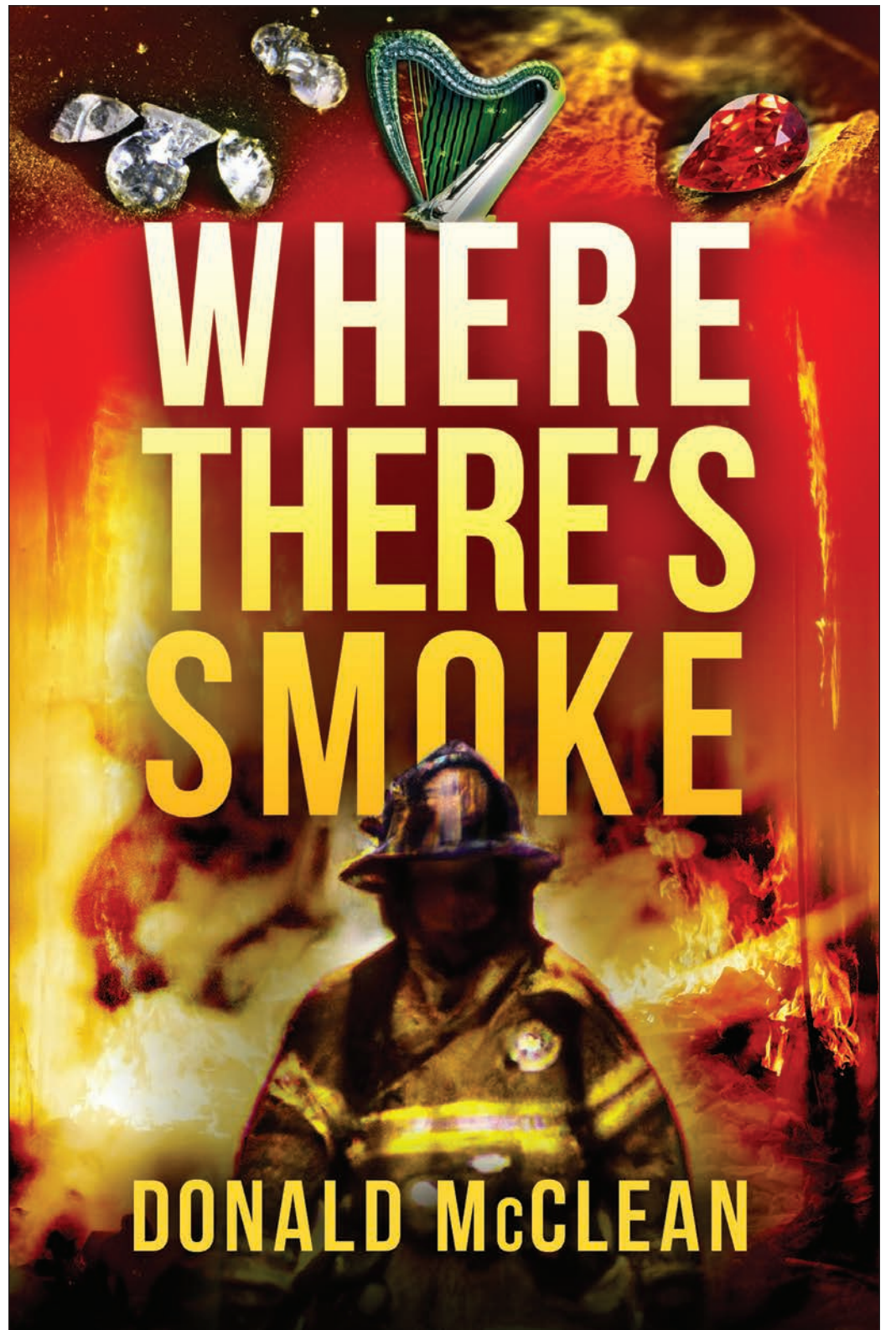
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Former Markham Fire Chief releases novel

Former Markham Fire Chief, Donald McClean, released a new heist novel.

In this debut novel, a group of FDNY firefighters plans a heist to bring some sort of karmic payback to a New York slumlord. Readers will get an inside look at the life of firefighters, and ride along with a thrilling heist story set in New York City. This book will be a great read for fans of New York, thrillers, heists, or firefighters.

Firefighter Pete Carson decides to step outside the familiar role of hero for a chance to get payback against a man he holds responsible for several fire deaths in Manhattan.

The book is available at online book retailers or, by request, from local bookstores.

Donald McClean grew up in Canada where he served as a firefighter for many years. He spent six years as the Fire Chief for the City of Markham. The author currently lives in New York City with his family.

'Where There's Smoke' is his first fiction book.

CHATS' 9th annual 'Better with Age' Scotch tasting

CHATS (Community & Home Assistance to Seniors) is pleased to announce that its "Better with Age" Scotch tasting fundraiser held March 21 was an enormous success! Thank you to the Aurora Whisky Society for its continued support and organization of this amazing event year after year.

With the help of sponsors Bazil Developments, Magna International, Amica Unionville, RC Design, Chartwell Retirement Residences York Region, Metroland Media and 105.9 FM, the total amount raised was \$24,000.

This year marked the ninth year that CHATS, local whisky sommelier Keith Scott and the Aurora Whisky Society led this interactive experience in the world of whisky.

"It was a privilege hosting the CHATS Whisky event for the ninth year in a row," said Keith Scott. "The CHATS Whisky event allows me to share my passion for and knowledge of whisky from around the world. The evening was an enormous success, and it is great seeing so many familiar faces attending for such a great cause."

"We are so thankful to all the sponsors and participants for their support of this event," said CHATS CEO Christina Bisanz. "We especially appreciate the Aurora Whisky Society's dedication for the past nine years. Funds raised enable CHATS to provide older adults and their caregivers with the supports necessary to live their best at home and in their communities."

Rob Clark, from RC Design, was one of the event sponsors and enjoyed the evening.

"Supporting CHATS at their Annual Scotch tasting fundraising event was a no brainer for me. CHATS is a critical resource for the community it supports. Having a family member living with Alzheimer's, I recognize that the programming CHATS provides is

a vital resource for supporting its clients directly and is critical respite for the families supporting them. Thank you for all you do CHATS! Also thank you for the amazing night I was able to share with friends and colleagues. Oh, and the scotch," he said.

Newmarket Mayor John Taylor attended the event and had a great evening supporting CHATS.

"The CHATS scotch nosing event brings members of our community together to support our Region's most important service provider for seniors," he said. "CHATS needs our support so they can do the important work they do to support seniors in our community and Region. If you have not attended this great event before - make sure you join next year!"

"This year's theme Better with Age means aging well and with dignity, a vision CHATS has held for older adults in York Region and South Simcoe for over 40 years," said Kelly Broome, Vice President, Philanthropy and Communications with CHATS. "The Aurora Whisky Society has been a community champion for CHATS," she added, noting in particular the Aurora Whisky Society volunteers Keith Scott, Vern Cunningham, Brian North, Stephen McLeod, and Frans Amelink.

Attendee Jackie Playter commented that she had a thoroughly enjoyable evening with friends and family. "Learning about the different types of whisky was wonderful. I look forward to attending next year."

First time attendee Rachel Gilliland, Aurora Councillor for Ward 2, noted that she was absolutely thrilled to attend and went on a journey sampling from countries around the world including Ireland and Japan. "While I am not much of a whisky enthusiast by any means, I did discover a whole new appreciation for the craft," she said.

"I learned about the history, process in making it, on the nose first impressions, neat or not neat, and the lingering finishes. For a worthy cause and an educational experience, I left yearning for another event! Well done!"

CHATS is a not-for-profit organization, advocating for and delivering high-quality, person-centred home and community services to older adults and caregivers living in York Region and South Simcoe.



Spring Tea



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Keen interest in the paranormal in York and beyond

By Mark Pavilons
Editor

People have always been fascinated by the unexplained.

Interest remains high for everything paranormal and a York group can help guide you through the misty unknown.

The Georgina Paranormal Society began in April of 2012. After executive director Lynda Quirino gave a talk on ghosts and hauntings at the local library in Keswick, she asked the audience whether anyone would be interested if she formed a paranormal society team in Georgina.

The response was great and the group has grown and “morphed” in the past 11 years.

She pointed out all the members need to be of like mind, and have similar perspectives on the paranormal.

“We all have to mesh and we absolutely do.”

Currently, they have 1.9K likes and 2.2K followers on their Facebook page. The group’s bi-monthly public meetings see between 50 to 100 people in attendance.

She pointed out they don’t have a membership protocol, but welcome members of the public to meetings, events and walkabouts throughout the year.

The Georgina Paranormal Society (GPS) primarily investigates residential hauntings and experiences. Sometimes, they’re called upon to investigate businesses or community buildings; however, most of the cases are residential hauntings.

“We also love to explore places either local or otherwise which have reportedly haunted locations/areas, and we will often go on field trips to check them out and investigate the area,” Quirino said.

GPS team members are all interested in the paranormal, have experience with their own paranormal issues, and are enamoured with a certain area of expertise in the field.

Chris Scheder, an investigator, spiritual researcher and guide, is a clairvoyant and very gifted in clearing environmental energy. She has been with the GPS since the very beginning, and members are constantly amazed with her abilities to see/hear/interact with spirit.

Deb Panczuk, another of their investigators, is an excellent researcher, and is passionate about collecting as much

information as possible on a potential case. Her quiet demeanor and wise words are so grounding and so helpful on all of their investigations.

Katelyn Moore, our tech, webmaster and social media “guru,” is passionate about the paranormal, and is an excellent videographer, photographer, and is very learned in all aspects of paranormal investigation. Her interest in the paranormal is epic, and she has a plethora of knowledge of paranormal phenomena after years of reading and study.

Sherry Gray, assistant director, has incredible interview skills, and is unafraid to dig deeper for more information to get to the root of our investigations.

“We are all so grateful for her tenacity and her strength of character, and she has been the team backbone on many an investigation,” Quirino said.

“As the founder/director of the GPS, I have been in the field for 42 years, beginning on my own in Montreal, then freelancing in Ontario, joining the Toronto Ghosts and Hauntings Research Society in the 1990s, and then forming the GPS in 2012. My years of research and investigation have been very interesting, and my experiences in the field have always lead me to a deep interest to learn even more about the incredible world of the paranormal.”

Quirino also spent three seasons on the Travel & Escape Network’s “Paranormal Survivor” TV show as one of their experts. But she’s quick to point out the term “expert” never sat well with her, noting the paranormal field is constantly changing and it’s one that no one can ever really be expert in.

While based in Georgina they do “go where the ghosts are.”

“We will explore wherever we are needed, and wherever we are called to go! We have been to various locations in York Region, Brock, Prince Edward County and beyond.”

Quirino noted the entire team is interested in helping others with their hauntings/experiences. While they do enjoy exploring haunted areas/buildings/etc., their passion is helping others to piece together and explain as best as possible why/how/when hauntings can/do/have taken place, and what they can do to either eradicate the issue or perhaps learn how to co-exist with whatever unseen energy exists within a certain location.



The GPS, she says, has definitely experienced activity in many locations, and “we believe that we have documented some evidence that have helped others to validate their own experiences.”

“In our experience, most people want someone else to validate what they have seen or experienced, since most people feel that others will think that they’re ‘crazy’ or ‘unbalanced.’ We have definitely taken some pictures, captured some voices and have experienced things that we all maintain are paranormal in nature.”

Quirino noted that spirits and ghosts can be the energetic essences of our loved ones, or perhaps other deceased individuals, who have made the deci-

sion to linger here on our level of existence for a myriad of reasons.

“Some of those reasons include the simple fact that some of them are not aware that they have passed – especially if their passing happened very quickly and unexpectedly. They then don’t understand what’s going on, why people cannot see them, why they seem ‘lost,’ and they often want to know if we can see them/hear them/smell them/experience their energy, and they can let us know they are there in so many different ways.

“They can turn our electrical appliances off and on, mess with our electricity and affect our lights, TV, radio, and all of our electrical devices. They can also, depending upon how powerful their energy is, push us or scratch us or show themselves to us by manifesting in certain ways.

“Orb energies, mist energies and apparitions are all ways by which they can let us know they’re there and show their energy to us. Some ghosts or spirits choose to remain here on this plane of existence because they don’t want to leave. They might have some unfinished business to attend to, or they might be attached to a specific item of furniture or some keepsake item, or perhaps even to a home or tract of land they inhabited in life that they don’t want to give up.

See ‘Residual’ on Page 15

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York Region’s population growth is third highest in Ontario in past 5 years

York Region’s 2021 Census data was released in 2022 on topics including population, households and housing, immigration, ethnocultural diversity and many others.

Highlights on York Region’s growth as monitored by the 2021 Census include:

A 5.7% growth rate between 2016 and 2021, third highest growth rate in Ontario.

A diversified housing stock with growth in multi-unit homes outpacing growth in single-detached homes in 2021.

Growth driven by immigration, with 47.8% of York Region residents born outside of Canada.

An increase in residents who live and work in the same municipality, representing 68% of the working population, compared to 52% in 2016.

Statistics Canada’s Census collects information on the demographic and social characteristics of the population which helps inform how the Region plans for services and infrastructure alongside other reports like the Growth and Development Review.

All Census findings can be found at york.ca/census or interactively through this dashboard.

Residual energies abound in our physical world

From Page 14

“That’s why many paranormal investigators will tell you to be very careful when bringing home things from yard sales or antique shops! You may be bringing home more than you bargained for. Sometimes ghosts and spirits come back to visit us – which means that they are not always there, but come in and out of our plane of existence in order to visit us and make sure that things are well.”

She added some spirits are afraid to move on, fearing some sort of “retribution,” especially if they have either committed a crime or feel guilty about something that they are holding on to.

Ghosts and spirits that we are able to communicate with is called “active” spirits, and are often actively involved in their investigations by lighting up equipment or by speaking into recording devices. She pointed out that EVP, or electronic voice phenomena, are ways they can communicate.

“They can speak on our devices without our hearing them with our ‘naked ears,’ since they are able to access a different frequency of sound which we cannot hear (much like a dog whistle!).”

Residual energy is different in that it’s not something that you are able to communicate with. She explained that it’s energy that has imprinted itself on a specific area due to some very emotional or catastrophic or very strong

situation/event such as a crash or a fire or even something happy such as a wedding or a happy celebration. When energy is strong and is concentrated in one specific location, it embeds within the ether of that particular location, creating a vortex of energy which stays there – and which can be experienced by individuals who are sensitive to them.

These energies are not those which we can communicate with because they are not active spirits, she said, but merely energy which has embedded within that location due to a specific event/happening.

Quirino did admit that from time to time, malevolent or “more nasty” entities can present themselves in some environments.

She explained that we are in death what we were in life, which means that if a nasty or “evil” person chooses to remain here on this plane of existence, then they will be an “evil” entity who can be difficult to reason with and deal with for anyone.

“These entities will be more inclined to try to inflict harm on the living such as push them, scratch them, but do so with the intent to harm or hurt. Usually though, when people speak about ‘evil’ entities, they refer to the more ‘demonic,’ ones which popular culture and ghost shows out there are really interested in talking about.

“Not everything is truly demonic in nature, however, when people play with things they are unsure of or cannot explain or control, they can invite entities into their environment that are not easy to get rid of.”

Quirino said they have had people who called them because they have played with divination devices such as a spirit (Ouija) board, and invited something into their home that has wreaked havoc on them.

“When people play with these things, they invite things which I call ‘rogue’ spirits into their homes. Sometimes, these rogue spirits are entities which have never been human – they are the ‘dregs’ of the spirit world which are more mischievous and often mean-spirited. They are able to say things that the person wants to hear, endear themselves to the person, then crumble that person’s spirit. They can often morph themselves into horrible and frightening creatures that truly look demonic



in order to weave their way into the psyche of their chosen victim. Not nice at all!”

To discover more, contact the group members or Quirino herself.

Anyone and everyone is welcome at their bi-monthly public paranormal meetings. They take place at Forrest &

Taylor Funeral Home on Dalton Road in Sutton, every second month from September through to May, on the last Thursday of the month, 7 to 9 p.m.

For more, visit them on Facebook; their website at www.georginapararnormalsociety.weebly.com or email georginapararnormal@gmail.com



UPCOMING EVENTS

RENDEZVOUS

AT RICHMOND HILL RETIREMENT RESIDENCE
COMPLIMENTARY IN-PERSON EVENTS FOR ACTIVE SENIORS WITHIN THE COMMUNITY



Mother's Day Afternoon Tea

Tuesday, May 9, 2023 2:00-3:00 pm

Make the time to enjoy an afternoon with the ladies to celebrate all that motherhood has to offer. Happy Mother's day to all the moms, grandmoms, foster moms, stepmoms, surrogate moms, and mother figures out there.



Senior Health & Wellness Fair OPEN HOUSE

Thursday, May 25, 2023 1:30-4:30 pm

May 25 is national seniors health and fitness day and we're celebrating with a health & wellness open house. **Join us at 1:30 pm for a presentation on Bowel and Bladder conditions by local OT Jasveen Kaur**, visit with our community health vendors, enjoy prizes, refreshments, and take a tour of our residence!



Lianne Harris presents: Royal Scandals

Tuesday, May 30, 2023 2:00-3:00 pm

Gossip, intrigue, love affairs, clandestine meetings, mystery children . . . secrets shared and confidences broken---it's all in a day's work for the royals! Tiptoe around the European courts for 1-hour with Lianne Harris and with chopp-licking anticipation, uncover those true scandals that really did change history.



Soda Pop Shop Piano Jukebox with Dave Toms

Friday, June 2, 2023 2:00-3:00 pm

It's national donut day and we are celebrating with a sweet trip down memory lane with a piano performance from our favourite professional pianist, Dave Toms. Dave will be here to perform classic 50s inspired jukebox tunes while we serve sweet treats. (Don't worry, we have sugar free options available!)

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CDS Health Sciences Club joins forces with SickKids

The Country Day School Senior School students were given an extraordinary opportunity through the school's Health Sciences Club to participate in a Canadian healthcare initiative led by SickKids known as CALIPER. This project was created to establish a database of normal blood test values in children. Previously, there had been a gap in this knowledge, leading to the use of adult reference values in diagnosing children, making evaluating sick children less efficient and more inaccurate. Seventy-three CDS students stepped forward to donate their blood for this wonderful cause.

Victoria Sealey, SickKids' Clinical Research Project Coordinator for Paediatric Molecular Medicine, and eight other SickKids staff and volunteers were onsite to help make the experience as positive as possible for everyone. For their involvement, each student received a \$10 honorarium, 2 community service hours, and a choice of a T-shirt or teddy bear.

"The only way we are able to do this is by having brave students like yours step forward to demonstrate what healthy blood should look like," said Sealey.

As co-coordinators of the Health Sciences Club, Grade 11 student Harkin

Porter and Grade 10 student Alessia Malfara were thrilled when SickKids approached the school about hosting a clinic.

"Through donating a small sample of blood (about one tablespoon), students were able to contribute to the important work done through this project - the improvement of pediatric healthcare across Canada and the world," said Harkin. "I feel absolutely honored to have been involved in a project that is doing such important work. This will surely be an opportunity and experience that I will cherish and remember for years to come, and I look forward to continuing to take part in such initiatives throughout our school in my upcoming final year at The Country Day School."

Malfara agreed. "Participating in CALIPER brought tremendous gratification, knowing that every donation makes a difference in a kid's life. Additionally, volunteering in this clinic was a simple and quick process with guidance from the excellent SickKids staff each step of the way," she said.

Thank you to faculty members Kathleen Griffin and Christelle Ah Sen for helping to coordinate this day-long initiative, and to all the students who participated!



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New policy pushes generic drugs and insulin to save money

By Mark Pavilons
Editor

A new provincial drug policy, encouraging physicians and pharmacists to recommend generic drugs over brand names, is causing some concern.

One of them is life-saving insulin.

Ontario is now mandating the use of biosimilar drug treatments for Ontarians in what appears to be a cost-saving measure.

The Ministry of Health in Ontario recently announced the new drug policy for residents who access medications through the Ontario Drug Benefit (ODB). People who use certain biologic drugs are required to transition to the biosimilar version by Dec. 29, in order to maintain coverage by ODB. For people living with diabetes, this applies to those using insulin aspart (NovoRapid), insulin lispro (Humalog), and insulin glargine (Lantus).

A Ministry of Health spokesperson said the changes affect eight drugs. By switching to generic brands, which is in line with other provinces in Canada, it will save the province money, which can then be used to grow the roster of drugs under the Ontario Benefit Plan.

"This change aligns Ontario with many other jurisdictions across Canada and around the world. To be approved in Canada, a biosimilar must meet Health Canada's rigorous standards for approval as a clinical equivalent," said Hannah Jensen, spokesperson for the Ministry of Health.

"Cost savings through these changes will allow Ontario to invest more in innovative drug treatments and grow the roster for publicly funded lifesaving drugs.

"There are rare cases where medical exemptions may be appropriate. These will be considered on a case-by-case basis through the Exceptional Access Program or through Limited Use (LU) codes for Lantus. Patients should speak with their prescriber to discuss their options."

The move doesn't sit well with physicians and Diabetes Canada.

"Diabetes Canada acknowledges that biosimilar insulins offer additional treatment choices for people living with diabetes, we also believe that the decision to use a biologic drug or biosimilar insulin must be made jointly by people living with diabetes and their health

care providers, not by governments," said Russell Williams, Senior Vice-President of Mission for Diabetes Canada. "Provinces need to establish comprehensive diabetes strategies to address the grim trajectory of increasing prevalence and cost of diabetes rather than developing one-off cost saving policies that do not improve the care of people living with diabetes," says Williams.

Diabetes Canada is committed to helping people with diabetes improve their health outcomes by advocating for their access to evidence-based, personalized diabetes treatments, which can include biologic drugs and biosimilar insulins.

Biosimilars are defined by Health Canada to be a biologic drug that is highly similar to a biologic drug that was already authorized for sale.

Recommendations for governments and private insurers from Diabetes Canada's policy position (published in 2019) include:

Do not implement forced non-medical switching policies that require patients established on treatment to switch from a reference biologic drug to a biosimilar insulin.

Provide sufficient information and support to patients and request informed consent to switch from a biologic drug to a biosimilar insulin.

Allow patients who do not wish to switch, the opportunity to continue on established therapy as per the decision made jointly between a patient and health care provider.

Swiftly and diligently respond to submissions requesting an exceptional Special Authority authorization, as to not delay patients' access to therapy based on their personal circumstances and needs. In the case of a claim rejection letter, an explanatory statement must be provided for an exceptional Special Authority denial.

Perform ongoing post-market surveillance and safety reporting of biosimilar insulins to establish long-term safety and efficacy profiles in the post-marketing phase.

Diabetes Canada is encouraging provincial governments to fund and implement the diabetes framework that will help improve the lives of people with diabetes, reduce the growing burden on the health-care system, and help inform these types of decisions.

The American FDA, in July of 2021,

approved the first interchangeable insulin, Semglee, which can be substituted for the much more expensive brand name Lantus at the pharmacy without the need for a separate prescription.

These types of products, like other generics, may significantly reduce drug costs. The FDA said other biosimilars in the U.S. launched with prices 15% to 35% lower than brand name drugs.



MPP honours volunteer

Stephen Lecce, MPP for King-Vaughan, joined former Senator Con Di Nino in presenting an Ontario Volunteer Service Award to Anthony Fusco Sr., an Italian-Canadian trailblazer who co-founded the Villa Columbo. "I'm proud to join former Senator Con Di Nino in presenting Anthony's family with the Ontario Volunteer Service Award," said Lecce. "Mr. Fusco is an incredible individual, and the Villa Columbo has been the centre of the Italian-Canadian community for generations, including long-term care home in Vaughan."

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Ontario launches new mental health learning, increases funding

Following a motion in the legislature by Natalie Pierre, Member of Provincial Parliament for Burlington, to strengthen mental health learning and supports in the classroom, the Ontario government is updating the Grade 10 Career Studies curriculum and is introducing mandatory resources for teachers and students on mental health literacy in Grades 7 and 8. These resources, developed in consultation with experts, would support students as they achieve and prepare for the next steps in their future.

Stephen Lecce, Minister of Education, and MPP Pierre also announced an additional \$12 million this year and \$14 million next year to provide mental health services over the summer months. This funding will further students' access to school-based mental health professionals and services year-round, with the aim of providing students consistent and reliable support, responding to a key recommendation of families and student trustees.

"We know that strengthening mandatory mental health literacy in the curriculum is the right thing to do. Natalie Pierre is a strong advocate and MPP, but most of all she is a mother driven to ensure we prevent tragedies and save lives," said Lecce, MPP for King-Vaughan. "That is why it is so critical that all students learn healthy coping strategies, stress management and better recognition of the early signs. We want children to have the tools and confidence to succeed in the classroom and to always know that they are not alone."

Announced at the start of National Mental Health Week and proposed for introduction in schools in the next school year, the new mandatory mental health literacy resources will include:

New learning materials for Grade 7 and 8 students that are aligned with the Health and Physical Education curriculum. This includes important tools like student activities, videos and interactive programming and information that will help students learn how to manage stress, understand the relationship between mental health and mental illness, recognize the signs and symptoms of a mental health concern, counteract mental health stigma and know when and how to get help.

Mandatory learning on mental health literacy for Grade 10 students will start in fall 2024 and will include how to recognize signs of being overwhelmed or struggling, as well as where to find help locally when needed. This will be included in the Career Studies course.

"Improving mental health literacy in schools is a critical part of building the resiliency skills that our children and youth need to grow up to be happy and healthy adults," said Michael Tibollo, Associate Minister of Mental Health and Addictions. "There is no health without mental health. By providing schools these resources, we can lower stigma and improve connections to the community sector where students and their families can access Ontario's continuum of care."

The Ontario government is also an-



nouncing an increase in mental health funding in schools to a historic \$114 million in 2023-24, representing an over 500 per cent increase since 2018.

This includes:

\$50.4 million to help school boards meet local needs and priorities related to mental health, including professional development, student engagement, wellness promotion and mental health professionals.

\$26.5 million to hire permanent mental health workers in secondary schools.

\$10.8 million for mental health leaders in school boards who collaborate with community partners to provide integrated student mental health services.

\$6.5 million to School Mental Health Ontario to provide clinical expertise, resources and practical tools for educators, and the delivery of professional learning to school-based mental health clinicians.

\$3.75 million towards mental health supports for racialized and marginalized students.

\$2 million to increase awareness for parents and guardians on student mental health.

\$2 million to support emerging student mental health needs, including initiatives that promote healthy behaviours such as the prevention and awareness of substance use and addiction.

The new learning on mental health aligns with Ontario's nation-leading updated 2019 Health and Physical Education Curriculum that includes learning on mental health literacy in every grade.

To date, over \$525 million in funding has been provided as part of the Roadmap to Wellness to improve the quality and access to mental health supports while shortening wait times and removing gaps in service. This includes over \$130 million for child and youth mental health services and supports. In addition to expanding services and launching the "One Stop Talk" virtual counselling program for youth and their families, our government has also significantly expanded the number of Youth Wellness Hubs across the province to make it faster and easier for youth to connect with primary care, mental health and substance use support, social services and more.

This past fall, the government consulted with parent and student groups, educators, community-based child and youth mental health organizations and school-based mental health professionals to discuss ways to further improve student mental health supports. Ontario will continue to work with community partners to build a stronger continuum of care, so students have access to appropriate mental health services when they need it.

Schomberg United Church news

By Nancy Hopkinson

This Sunday at 9:30 a.m. is the 5th Sunday of Easter. Come and sing with us. Afterwards, we welcome everyone to stay and enjoy some refreshments as we share our own concerns and joys, or just listen to others.

The Community Singing Group has been practicing in our church on Fridays. The group is closing for the summer at the end of May. If you are interested in joining when it restarts in September, call or email me.

Dennis Kowal, our pianist/keyboard player for the past 8 years is retiring at the end of May. He has assisted with the Joyful Spirits, a singing group formed pre-pandemic, which sang Christmas carols outside Seniors' residences during the pandemic. More recently Dennis formed the Community Singing Group. We have enjoyed his music and leadership and will miss him. Anyone know someone who might be interested in leading the music on Sunday mornings at two services, one in Schomberg at 9:30 a.m. and one in Nobleton at 11:15 a.m. This is a paid position. If interested, please contact Linda Olsen at 437-552-0442.

The next Messy Church is on

Wednesday, May 24 at 5-7 p.m. at Nobleton United Church. Theme is Pentecost, when the spirit descended on the disciples with wind and fire. Activities will involve making paper airplanes, windmills, etc. For more info, contact Nancy @ 905-859-0761. Lots of fun.

The next Seniors' lunch and entertainment is on May 16 at St. Mary Magdalene Church, lower level. The Schomberg Public School children will provide the entertainment. The lunch is "Breakfast for Lunch." There will be 2 or 3 different muffins, strata with ham, fresh fruit and orange juice. Please let Sheila Kelly (905-939-2315) know if you are interested in attending. Space is limited. If you prefer, the meal can be delivered in the afternoon in time for dinner.

Our Zoom Coffee hour is Wednesday mornings 10 to 11 a.m. Let me know if you want to be included in the email blast or want to join via phone. Anyone can join. Our topics are wide ranging about community events and our personal activities.

Schomberg United Church meets at 9:30 a.m. at St. Mary Magdalene Church, lower level, 116 Church St., Schomberg. My contact info is 905-859-0761 or nancyhopkinson@gmail.com.

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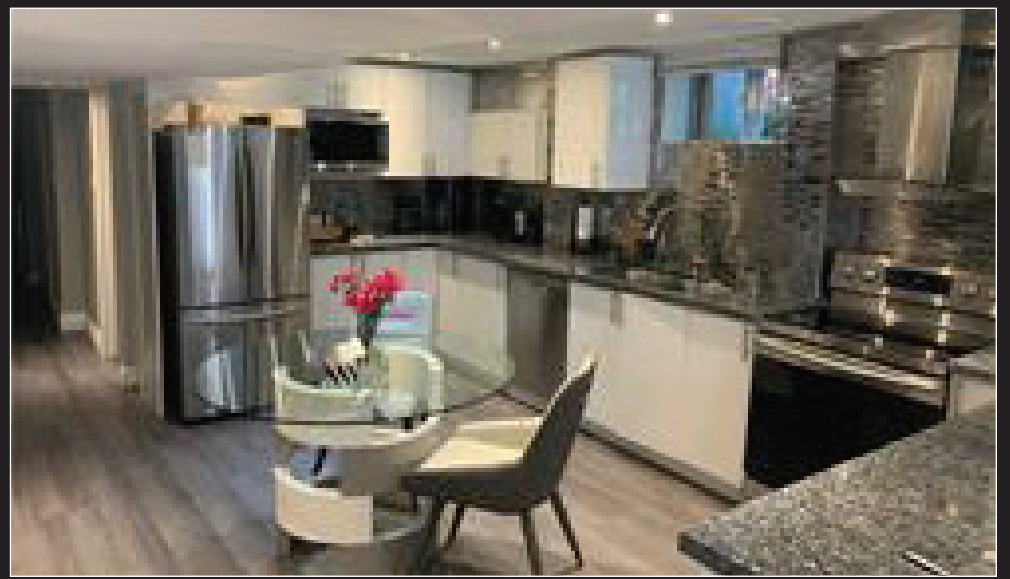
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Brent Morning kick starts his 10th annual golf challenge

By Jim Stewart

Brent Morning's spirit for helping others is indomitable and his 2023 event is irresistible for local golfers.

The Kettleby resident's open invitation to local golfers and philanthropists is a simple proposition: "Purchase your Cardinal E-Vouchers for golf at www.charitygolfchallenge.ca. There are only 152 rounds of golf available so buy now. The cost is only \$100 per person – this includes greens fees, power cart, taxes, and a donation to We Care. Players who purchase E-vouchers by July 1st will be entered into a draw to win a foursome on Cardinal's East Wing course. Golfers must contact Cardinal's pro shop to redeem their E-vouchers and book a tee time at 905-841-7378."

The chairman of the annual We Care Charity Golf Challenge – in partnership with his seven presenting sponsors – GT Green Tractors, HosPall, Kingsdale Animal Hospital, Walkington Insurance, Motive Media, PDI-Priestly Demolition Inc., and James Morning and Sons – is confident that his fundraising goals will be met and participants will have some fun at Cardinal at a convenient time while helping out a worthy cause.

That worthy cause is the Easter Seals Camps for disabled children across Canada, a setting near and dear to Morning's heart. The engaging King Township resident reflected on the indelible impact of his own camp experiences: "When I was 8 and 9, I went to Camp and enjoyed the experience. As it did for me, camps can have an impact tremendously on kids. I have Cerebral Palsy and I want this event to raise awareness for kids with disabilities."

In addition to raising awareness, Chairman Morning explained how the Charity Golf Challenge creates enjoyment for the donors: "This model of giving allows people more flexibility than running a traditional tournament would do – we're not affected by rain, conflicting events, or the busy nature of modern life."

Morning mentioned that he has been "connected as a fundraiser for We Care Easter Seals for over 40 years" and has been "doing event planning since I was 12." He noted that over the years, "we've received donations from every province in Canada. 70% of the people who support the event have supported my charity initiatives for over 30 years. I appreciate their loyalty as annual donors."

As our phone interview drew to a close, Morning thanked the community's generosity of spirit: "Our sponsors and participants do what they can when they can and over the years,

we've raised \$170,600 to provide 480 days of camp for kids. That's the bottom line: Kids go to camp."

Not only is Morning a staunch advocate for kids attending camp, but so is his lifelong friend Brian Stemmler. The world champion skier expressed his support for Morning's initiatives and offered insights into their decades-long friendship that started when they attended school together: "Brent and I have been friends for 45 years, and we love sports. We played baseball and other sports almost every day at school. We even ran a 10k together, even though I carried him the last 2km. It helped build our friendship."

Stemmler recalled a momentous moment that explained how his good friend caught the golfing bug: "Brent made a hole-in-one about 15 years ago at Kettle Creek and realized golf was his new thing. The PGA didn't come calling, but he thought the sport of golf would be a great way to help raise funds for We Care."

Stemmler is impressed with Morning's diligence in getting disabled kids to camp: "Brent put countless hours into organizing and creating a way, through golf, to send special need kids to go to camp. He realizes sports can enhance kids' lives and it gives them opportunities to play just like it did for him when he was growing up. I'm not sure a younger Brent could have imagined raising as much money as he has for charity."

As much as Stemmler is impressed by the funds that Morning has raised for We Care, he also offered personal insights into his good friend's qualities that make the Golf Challenge so successful: "I'm so proud of Brent for his hard work and his ability to connect with people. His commitment to charity and to making a big difference in children's lives is outstanding. It's fun being involved to help raise money with Brent Morning, but it's more fun just being his friend."

Equally impressed with Brent Morning and grateful for his decade of philanthropy is Arroj Hussain, Coordinator of Fundraising and Special Events for We Care, a charitable organization celebrating its 40th year of operation in 2023. Hussain's gratitude towards the Chairman of the Charity Golf Challenge was evident: "We Care would like to thank Brent for his 10 years of running this event and raising money to send kids with disabilities to summer camp. Camps will be fully open this summer, and we are grateful to Brent and his supporters for giving them an experience that will benefit them for a lifetime."

It's evident that Brent Morning has had a profound and positive impact on



young people's lives for decades due to his tireless fundraising. The King Weekly Sentinel wishes him all the best with his 10th annual event that better the lives of others. A noble initiative, indeed.

If you have any further questions about this golf season fundraiser, please call Brent Morning at 905-841-5735 or email him at brent@charitygolfchallenge.ca.

Purchase your Cardinal E-Vouchers for golf at www.charitygolfchallenge.ca. If you would like to make an online donation to We Care, please click Donate to We Care at www.charitygolfchallenge.ca and select campaign 2023 We Care Charity Golf Challenge. You will receive a tax receipt via email upon making your donation.

Cougar Recap

A post-season chat with Schomberg Coach Kondrotas and Captain Kokelj

By Jim Stewart

As April turned to May, Schomberg Cougars' Head Coach reflected on the 2022-23 season with equal amounts of satisfaction and disappointment.

The Cougars bench boss was still feeling the "slings and arrows of outrageous fortune" following his team's heart-breaking Game 7 PJHL divisional semifinal loss to arch-rival Alliston in a contest where Schomberg outshot the Hornets 49-26. He felt his team "should have put Allison away," but also acknowledged the stellar goaltending of the Hornets' Rod Lewis "who stole the series."

Despite the disappointment of this year's comparatively early exit from the playoffs, Coach Kondrotas was pleased that "everyone got better and it was exciting to see some players come into their own on and off the ice." Another highlight of 2022-23 was "Cam Kokelj repeating as MVP of our division and finishing third in scoring in a 60-team league."

A third highlight that occurred to the veteran coach was the "three consecutive shutout streak by Vann Kulba. That was an impressive accomplishment by a young goaltender like Vann and he had a great season."

Kondrotas is looking forward to next season on two fronts: one, as the Head Coach of the AAA 16U North Central Predators – a rep team operating out of Orillia – and two, the Head of Player Personnel and Recruiting as well as Coach of the Schomberg Cougars. Leading the Predators provides Kondrotas with a pipeline of players to supply talent to the Cougars' organization. Kondrotas will still be running the Cougars' Rookie Camp – having just completed a grueling 4-day camp with the Predators to help establish the Orillia-based team's roster for the Fall.

The fall of 2023 is something Kondrotas is looking forward to with an excellent core group committed to playing next season in Schomberg. He noted that "Lycheke, Palazzo, Lioni, Lunghe, O'Hara, Galloway, and Nascimento among others are a good core for next year's team. We'll be missing some scoring punch that was provided by Kokelj and Miehm, but we'll look for scorers at rookie camp. Lioni, for example, made huge strides as a scorer in one season, and O'Hara's play at the end of the season at the front of the net

was great. He gave us a big presence we lacked. That core group is really talented and they'll be great third-year players."

Kondrotas praised the veteran leadership provided all season by graduating players Cam Kokejl, Luke Miehm, Anthony Roberts, and Austin McKibbin. He described this outstanding quartet as "All good quality hockey players and even better dressing room guys. Many of them worked through some significant injuries in the playoffs and played through the bumps and bruises of hockey."

Kondrotas's love of coaching was evident in our post-season telephone interview and said that "the best part of coaching is producing quality players that are good people. I like to do my best at teaching life lessons. I continue to encourage them to listen well and work hard so they become responsible young men on and off the rink."

This vocational zeal is evident in his approach to coaching and the team culture he fosters in the dressing room.

The best manifestation of Kondrotas's recipe for success is the talent and demeanour of his captain and leading scorer Cam Kokelj. The Schomberg Cougars' leader on and off the ice took time from this studies to reflect on his final season in the PJHL and the tough Game 7 loss to Alliston after his team fought back from a 3 games to 1 deficit to knot the series at 3-3: "In the final game, I thought we played really well and I am super proud of the effort by all the guys battling. In the end, their goalie [Rod Lewis] played really well and won the game for them."

Kokelj, an aspiring paramedic currently completing his studies at CTS, could not isolate one event that was most enjoyable in 2022-23: "Honestly, I can't think of one moment, but I think it was a really fun time in the playoffs this year and the bus ride to Huntsville was super fun."

The Cougars' captain expressed some sadness as a graduating player: "I'll definitely miss seeing everyone on the team and organization every week and hanging out with all the guys. It was an unreal last season for me and an even better group of guys."

Undaunted by defeat and classy right into the off-season, Coach Kondrotas and Captain Kokelj hit all the right notes as leaders of the Schomberg Cougars in our closing interview of 2022-23.

EV & Charging Expo 2023 helps prepare for energy transition

EV adoption is accelerating in Canada, with 20% of new car sales expected to be electric within three years. This represents a significant pivot in how and where we fuel our vehicles, with workplaces, condominiums, retailers, universities, fleet depots and municipalities now providing electric vehicle charging alongside traditional fuel retailers.

The challenge is that many of these organizations do not understand how to cost-effectively install or operate this infrastructure, or which suppliers and installers can support them.

The nation's first-ever EV & Charging Expo is coming to Toronto's Enercare Centre, May 17-18. It's intended to help the broader business community make informed decisions when adopting commercial electric vehicles and installing the infrastructure to charge them.

"We're on the brink of an EV revolution that will impact industries across the board – from the way buildings are designed to how fleets are operated and managed," said Nino Di Cara, president of Electric Autonomy, the media company organizing the Expo.

"Fleet operators and building owners need to be aware of the risks of moving too slowly, whether that's losing a logistics contract to a competitor with a zero-emission fleet or declining property values where a condo can't provide EV charging in its parking stalls. There are also opportunities: new revenue streams for commercial property owners from both charging and generating valuable carbon credits, and dramatically reduced operating costs for fleets," noted Di Cara.

Aside from attending insightful seminars featuring over 60 speakers, attendees can expect to test drive and discover the latest commercial charging solutions and electric vehicles like the Lion6 truck, Ford E-Transit and F-150 Lightning, and connect with suppliers who can assist with their organization's EV transformation.

For more information and to register, visit evandchargingexpo.com

Electric Autonomy is the national media platform dedicated to reporting on the transition to electric and autonomous mobility to achieve cleaner, safer and more economical transportation.

Nobleton Notes

By Angie Maccarone

St. Paul's Church By Linda Blydorp

We invite you to join us in person for worship this Sunday at 10 a.m. We welcome Christine Samuel, our former intern pastor, who will share a message entitled, "In Awe of Your Faith!" from Hebrews 11. Following the service, we will enjoy refreshments. We hope you can come! If you can't make it in person, our live-streamed broadcasts are available directly on stpaulsnobleton.ca or on our YouTube channel each Sunday at 10 a.m., or on demand at youtube.com/stpaulschurchnobleton.

We invite you to join us on Friday, May 12 at 7 p.m., as we welcome Brett Ullman, a noted expert in youth and contemporary social issues from a Christian perspective, as he shares with parents and youth on how to deal with social media and discerning truth amid all the lies that exist out there today. This is for everyone who has kids or wants to learn more about this, so please invite your friends, and their youth.

Our "Junction" children's ministry is meeting in person for all children up to Grade 6 during worship. We continue to offer St. Paul's "At Home"

boxes each month to facilitate God-focused family learning. If you would like to engage with this resource, tick the appropriate box on the connection card at stpaulsnobleton.ca/connect

A senior men's Bible study has started meeting every other week. If you would like to join the gents, they will welcome you.

A LifeConnect Group, open to anyone, also meets every Wednesday evening at 7:30 p.m. This group is also a mix of online and in person. These groups go deeper with questions related to the previous Sunday's message. It is a good way to do life together with other followers of Jesus, and inquirers, in a more intimate setting than you can get on a Sunday morning. For details of our LifeConnect groups, be in touch with us via our online connection card, stpaulsnobleton.ca/connect

Quilting continues meeting Tuesdays at 1 p.m. in the lower hall of the church. We will be sewing and tying quilts for people who could really ben-

efit from them. We would love to have you join us, if this might be of interest to you.

St. Mary's Church

LifeTeen Parish Youth Group: We invite all teens (Grades 9-12). Kindly contact our Youth Minister Zephania: 905-830-2644 or zgagl@archtoronto.org to join our events. Hope to see you there! Drop-ins are welcome!

Browse our websites:
St. Patrick's Parish: <https://stpatrickssc.archtoronto.org/>
St. Mary's Mission: <https://stmarys-no.archtoronto.org/>

Nobleton and King City Garden Club

The Nobleton and King City Garden Club's meetings are resuming. Registration is open for renewing your club membership or joining the club! The yearly membership fee entitles you to admittance to all 2023 meetings featuring expert guest speakers, member events, flower shows, and discounts! For those interested in registering as a club member, the fee is \$20 to be e-transferred to nobletonkingcitygardenclub@gmail.com.

Dates and Speakers: Monday, May 29: "Vertical Vegetable Gardening" with Ken Brown.

Nobleton United Church By Nancy Hopkinson

This Sunday at 11:15 a.m. is the 5th Sunday of Easter. Come and sing with us. Afterwards, we welcome everyone to stay and enjoy some refreshments as we share our own concerns and joys, or just listen to others.

The Community Singing Group has been practicing in our church on Fridays. The group is closing for the summer at the end of May. If you are interested in joining when it restarts in September, call or email me.

Dennis Kowal, our pianist/keyboard player for the past 8 years is retiring at the end of May. He has assisted with the Joyful Spirits, a singing group formed pre-pandemic, which sang Christmas carols outside Seniors' residences during the pandemic.

More recently Dennis formed the Community Singing Group. We have enjoyed his music and leadership and will miss him. Anyone know someone who might be interested in leading the

music on Sunday mornings at two services, one in Schomberg at 9:30 a.m. and one in Nobleton at 11:15 a.m., and assisting with the Community Singing Group? This is a paid position. If interested, please contact Linda Olsen at 437-557-0442.

The next Messy Church is on Wednesday, May 24, 5-7 p.m., and will have activities related to the theme of Pentecost, when the spirit descended on the disciples with wind and fire, (we will do paper airplanes, make windmills, etc) an interactive Bible story and song time at 6 p.m., eating together at 6:15 p.m. and then clean-up time. For more info, contact Nancy at 905-859-0761.

The next Seniors' lunch and entertainment is in May at Schomberg United, St. Mary Magdalene Church, lower level, 116 Church St., Schomberg. The Schomberg Public School children will provide the entertainment. The lunch is "Breakfast for Lunch". If you would like to attend, please contact Sheila Kelly at 905-939-2315.

Our Zoom Coffee hour is Wednesday mornings 10 to 11 a.m. Let me know if you want to be included in the email blast or want to join via phone. You do not need to be a member of our church to join this Coffee hour.

We are mourning the loss of Mary Anne Merritt, a faithful long-term member of our church and amazing baker of pies. Her Celebration of Life is Saturday, May 6 at the Nobleton Lakes Golf Club, 1 to 4 p.m.

We are also mourning the loss of Pastor Paul Neary, who served our church 1990-1991 as a minister-in-training. He seemed so youthful that we were surprised to learn that he was born in 1933. His Celebration of Life is also Saturday May 6th at New Hope United Church, visitation 1-2 p.m., service at 2 p.m.

My contact info is 905-859-0761 or nancykhopkinson@gmail.com

Nobleton Lions

Your Nobleton Lions Club has a busy spring calendar of events planned. Watch for our float in the Nobleton Victoria Day Parade on May 22, followed by fun and activities at the arena where we will have a booth. Drop in for a visit.

The Nobleton Pet Valu Walk for Dog Guides will be held Sunday, May 28. Registration 9 a.m. at the Library Gazebo Walk begins at 10 a.m. For online links check out the Club's website by simply Googling "Nobleton Lions," which will bring up the link to the site.

The Club's biggest fund raiser is the 61st anniversary Golf Tournament, Sunday, June 11 at Nobleton Lakes Golf Club. Details are also available on the website, or call Jim at 905-859-5277. Golfers and hole sponsors are invited.

We invite you to follow us on Facebook and Instagram (@nobletonlionclub), on Twitter (@NobletonLions), and on our website as noted above.

In the meantime, we still welcome prospective new members. You may join us as a guest at an upcoming meeting by contacting Lion Andrew at andrew.bevil@sanofi.com We meet on the 2nd and 4th Tuesday each month from Sept to June at the Community Hall, just north of the arena.

Horticulture By John Arnott

As May days begin to crowd our calendars gardeners in our area find themselves between the proverbial rock and a hard place when garden centres, supermarkets and hardware stores start selling garden plants. Shall we buy our annuals now when there is still a very great possibility of frost or shall we wait for safer weather and risk the chance that the plants we want will be all sold out?

If we buy now and plant any reputable seller will warn us there'll be no refunds nor replacements for frost killed or damaged plants. Rushing plants into the garage or tool shed when frost is forecast and bringing them out after the danger has past is something we'd rather not have to do!

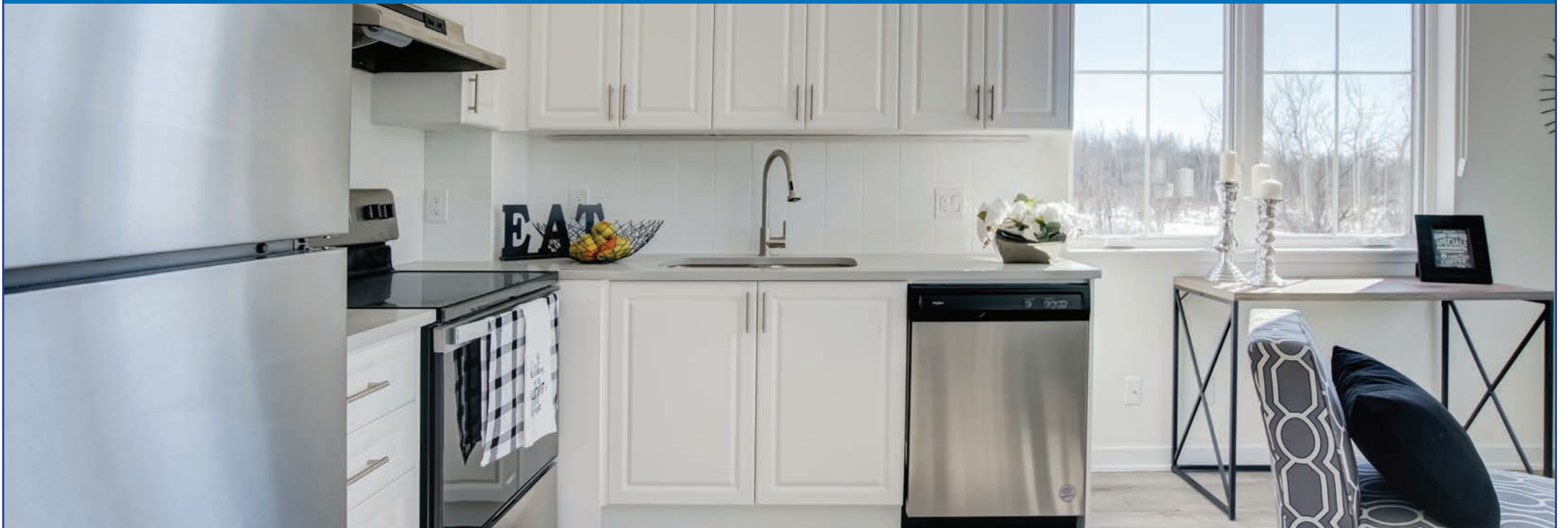
In dense urban areas with heat storing pavement, concrete and brick May frost may not be the concern it is in more rural places. And we here in Dufferin, Vaughan, Caledon, King and New Tecumseth are some of those more rural places. In our regions the rule of thumb has long been don't plant annuals until after May 24th. Oldtimers around Alliston and Orangeville tell us to hold off until the first week in June.

Corn, cucumbers, melons, squash, tomatoes and peppers are vegetables that will be killed off by late spring frosts while geraniums, impatiens, begonias, marigolds, dahlias, cosmos, nasturtiums, gerbera daisies and coleus will succumb to the first hint of spring frost.

Persuading sellers not to have frost sensitive plants especially annuals for sale until the end of May would likely solve the problem.

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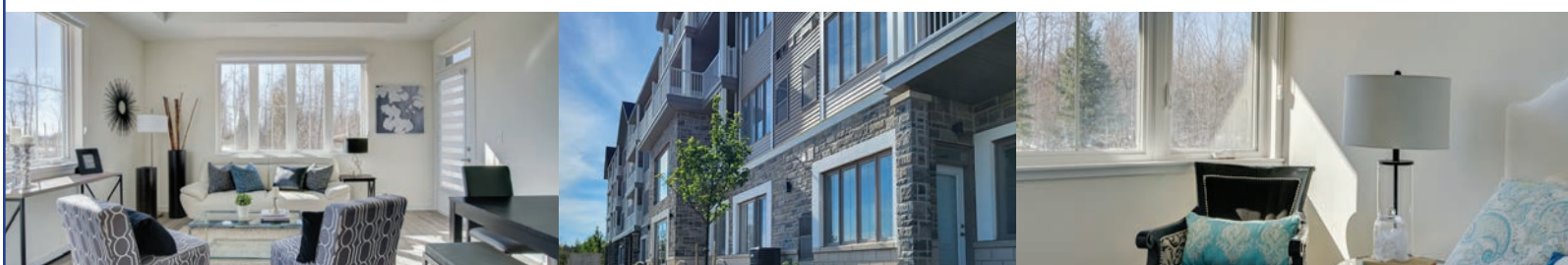


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May 13th

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10 for \$50



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King's Corners

**King City United
By Sheryl Sinka**

Sunday, May 7 we invite you to join with us as Rev. Bruce Roffey leads our worship and King City United Church celebrates our Anniversary Sunday. We will be sharing a light lunch and some refreshments after the worship and all are welcome to join. Last Sunday we had the pleasure of welcoming back Rev Evelyn McLachlan to preside at our worship. If you missed her this Sunday you are in luck as she will be returning on Sunday May 14 to lead us in worship while Rev Andrew is away on study leave.

For the PDF of past messages and recordings please visit our website at kcuc.net

We continue to encourage all to help out with the King Township Food Bank who is experiencing ever growing needs and we encourage you to continue to help with donations of food or financial donations at this time of year which can be most difficult for many needing assistance.

If you have any questions please con-

tact the church office at 905-833-5181.

King Bible Church

Join us on Sundays at 10:30 a.m. as we're in-person for our services. Pastor Mark is speaking on 1st John. We will also be streaming the service online at 10:30 a.m. on Facebook and YouTube.

We are doing a Vacation Bible School this summer! Please join us for Hero Hotline from August 14-18 from 9 a.m. to noon.

We invite you to come and shop at our Open Closet Outlet clothing, toy and shoe giveaway on Saturday, May 6 from 10 a.m. to 1 p.m.

Please visit our website for links and further information. www.kingbiblechurch.com

We also have virtual Bible studies over Zoom. Further information is on our website under "Small Groups." If you have any questions please email Lisa Lethangue at lisa@kingbiblechurch.com.

King City Seniors By Carolyn Kanitz

Mobility Matters is back in session! There will be classes at 9, 10 and 11a.m.

on Monday and Wednesday mornings. The level of intensity is greatest at 9 a.m. The 10 a.m. class is medium intensity and the 11 a.m. class is the same as before.

Join us tomorrow, Friday, May 5, at 10 a.m. for a presentation by Vaughan Community Health Group. The topic is reading and understanding values on food labels.

We are pleased to invite you to High Tea on Friday, May 12 from 2 to 4 p.m. We will watch the coronation of King Charles III while enjoying the appropriate treats for high tea. There is no charge for this event but because food is provided, we need to have final numbers for attendees by next Monday, May 8. Please call the Centre and leave your information. It sounds like a wonderful afternoon so don't miss out!

Friday, June 2 at 10 a.m. we will be having a tasting presentation by Heart to Home. Drop-ins cannot be accommodated for this food-oriented program. Please pre-register by calling the Centre at 905-833-6565 weekdays between 8:30 a.m. and 4:30 p.m.

Our next trip will take place on Wednesday, June 21 leaving from the King City Arena. It sounds like the perfect start to summer with lunch at

the Boathouse Restaurant and then a cruise on Georgian Bay. The coach leaves the arena at 10 a.m. and returns around 6:30 p.m. The cost is \$150/pp which must be paid when booking. This is a very popular trip so make sure you book early by contacting Agnes at 905-841-7390 or Jayne at 905-853-1436 before May 21.

There will only be one art class this month. It will take place on Friday, May 19.

New members are always welcome to join.

Spring tea at Christ Church

Enjoy a traditional Cream Tea, scones with Devonshire Cream & homemade jam, plus a slice of a Coronation cake.

Celebrate spring at Christ Church with this fabulous event, which takes place May 6, from 1:30 to 4 p.m. at the church in Kettleby.

Tickets are \$10 for adults. The event includes a bake table, treasure baskets, quilts, spring wreaths and preserves.

"Chronicles of a Country Church," was recently published, is available for purchase.

More on Page 25

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or email admin@caledoncitizen.com

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505 GENERAL HELP WANTED

WANTED PART TIME: FARM WORKER

We are an equal opportunity family oriented tree farm located in King Township currently seeking a self-motivated, energetic individual for part time farm work. This position could eventually become a full time position.

Experience working with horses is essential, working with draft horses (e.g. Clydesdales) would be preferred, duties to include but not limited to feeding, mucking and exercising the horses as well as various other chores around the farm. Working knowledge of farm machinery, woodworking machinery and lawn care machinery would be an asset. Compensation to be determined based on qualifications. Only selected candidates will be contacted. For more information - 905-796-1315 Please forward your resumes to Rebecca.lildhar@airpatrol.on.ca

602 ARTICLES FOR SALE

For sale: JOHN DEERE garden tractor (used 115 hrs), 42" mower and leaf collector plus cart. Asking \$2300.00. Please call 905-857-1411



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Let's Talk.

EMAIL RESUME FOR CONSIDERATION:

Zach Shoub
416-803-9940
zach@ipcmedia.ca



PLEASE RECYCLE THIS NEWSPAPER!

From Page 24

York Pines United Church

This Sunday, Rev. Bruce is leading the service. On May 7, Rick McKinley will be presiding while Rev. Andrew is on study leave. Everyone is welcome.

May 13 is Arbour Day starting at 9:30 a.m. where we tidy up the church inside and out. Volunteers are welcome. Bring your own rake and clippers or cleaning supplies. We finish by noon or whenever we're done.

Book Club is on May 17 at 10 a.m. both in person and on Zoom. This is a planning meeting for the next session starting in the fall. RSVP to the office at 905-727-8118.

**St. Andrew's
By Kathy Patterson**

St. Andrew's Presbyterian Church, King City is just north of the King Rd at 13190 Keele St. Our Sunday Worship services are at 10:30 a.m. which are posted later in the day on YouTube. Go to the link standrews-kingcity.ca

We welcomed Allison Agnew who led us in worship April 30 and will be leading us in worship again this Sun-

day, May 7. Last week, she delivered the message that Paul wrote to the church in Colossae. This inspiring letter found in Colossians 1 was a perfect segue for our Lunch Meeting where we talked about the church revitalization and its future in King City. Our second lunch meeting led by the Church Revitalization and Future Committee is this Sunday, May 7 at 12:30. Join us as we discuss three options before we vote at our third meeting on May 28.

This Saturday, May 6, weather permitting, is our Spring Yard Clean-up at the church from 9 a.m. to noon. We had to cancel last week due to the weather. Bring your rakes and gloves and we'll provide the snacks!

The "Younger Ladies" Bible Study via ZOOM is enthusiastically continuing, led by Anne Campbell on Tuesday evenings. For more information and the link, please contact the church.

If you wish to share prayer requests or thanksgivings, we'll be happy to pray with you or for you in confidence. For pastoral care, please leave a message at the church at 905-833-2325, call one of the Elders or call our Interim Moderator the Rev. Jonathan Dennis (905-724-1979).

**All Saints Anglican Church
By Patrick Gossage**

Saturday, May 6 we celebrate the coronation of King Charles together and watch the ceremony on our big screens in the main church then enjoy a great potluck lunch. Join us at 10 a.m. All are welcome.

Acting Like Apostles – Sermon by Rev. Erin Martin on the activities of the apostles recounted in Acts 2:

"I was inspired by our reading of Acts. We read the story of how the Church got started; grew, and how people first came to know about Jesus. These readings give me great hope even as almost all Christian churches have seen significant decline. We don't live in Christendom anymore – we live in a world that more resembles the first century after Jesus's resurrection. People didn't know about Jesus then and there was no assumption that you'd be a part of a Christian community.

"The early Christians struggled in the face of opposition and persecution, but they continued to go out with courage to share their experiences of God and the good news of God's love for the whole world. To be successful in carrying out this same ministry, we need

to follow the example of those early apostles. We are facing different obstacles. Christians are not persecuted. But some of the obstacles today are of our own making. Through the generations there came to be people who twisted the bible to become words of control, exclusion, hatred and harm.

"Christianity has become synonymous with hypocrisy and hate and it grieves us all. This does not reflect the God I love and the Jesus I know. But I do see this terrible 'Christian' influence on the news. So, it's not popular to be a Christian these days. We can do work to heal our faith from within, we can help the world to know what being a disciple really means and we can share God's message with a world that desperately needs to hear it. Like the first Christians we need be grounded in the good news of love, healing and mercy. We are called to be the new Apostles and to act accordingly.

"We are truly blessed to have each other, and I hope that we'll continue to be people that love and support each other, and who go out reflecting that love to everyone we meet. It's our love and good works that will point others toward the wonderful things that God is doing in the world."

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708 OBITUARIES

MALTBY, Joseph "Joe" Edward
Passed away peacefully on April 25, 2023, in the house that he built for his family over 60 years ago. Beloved husband of Bernice 'Marie' (née: Doran). Loving father of Marianne, Greg (Anne), Raymond, Edward (Liana), Michele (Howard Versteeg) and Joseph. Fondly remembered by his grandchildren Rosalind, Madeleine, Ashleigh, Matthew (Brienne), Grant, Jillian, Sara, Hannah, Lauren, Jacob and Emily. Beloved Great Grandfather to Scarlett and Leif. Dear brother of Marg, Betty (the late Don Palmer), and brother in law of Catherine Brand (Bob), the late Anne Gilmore and the late David Doran. Joe will be missed by his extended family and friends.
The family would like to thank Dr. Nishikawa, the PSWs, and Matthews House Hospice. If desired, donations in memory of Joe can be made to Our Town Food Bank or Matthews House Hospice would be appreciated by the family.
The family received friends at Rod Abrams Funeral Home, 1666 Tottenham Road, Tottenham 905-936-3477 on Friday, April 28, 2023 from 2:00 p.m. – 4:00 p.m. and 6:00 p.m. – 8:00 p.m. A Funeral Mass was held on Saturday, April 29, 2023 at 11:30 a.m. at St. James Church Colgan. Cremation followed.
Online condolences may be left for the family at www.RodAbramsFuneralHome.com.

709 IN MEMORIAM


IN LOVING MEMORY of
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SCHOMBERG CEMETERY ASSOCIATION to be held at the cemetery. First or second week of May (weather permitting). For info on day and time email: schombergunioncemetery@outlook.com
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The Scoop from Schomberg

By Susan Heslop

As I write this, I'm recovering from a week of high stress watching and hoping that our Leafs can break a 19-year drought to get past round one in the playoffs. They sure know how to keep a girl in suspense, but after spending my husband's pension cheque on two tickets on Wednesday and being disappointed, they finally did it but again.

They kept us on the edge winning in overtime. Nothing is ever easy these days. I was one of those rare individuals who was alive when the Leafs last won the cup, but it's been a long wait. I couldn't help thinking about my Dad last night, who loved his Leafs and how excited he would have been if they'd pulled it out again, but at least he got to see some Stanley Cup wins in his life, many have left this Earth without seeing any. For the second round, I'll be pulling out my Dad's lucky Leafs hat which is signed by his all-time favorite player Dave Keon to wear during.

Go Leafs Go!

This upcoming Sunday, we will be

treated to Jane's walk a "Hidden Histories of Schomberg Main Street." Please meet up at 1 at the Schomberg Community Hall. Walk will begin promptly; refreshments will be served after the walk at 307 Main Street.

"Heart in Home" is hosting an event on May 20, from 10 a.m. to 12 p.m. outside of their shop, "Story Time with Ducklings" where they'll have a local author Carolyn J. Morris with a chance to not only meet her but play with real live baby ducks. Sounds like fun to me.

If ducks aren't your thing, but planting is they are looking for volunteers to plant trees, Saturday, May 13, 9:30 to 12 p.m. You can register online at www.nnetwork.org. Help keep our community growing.

Speaking of growing, the Schomberg Horticultural Society is holding their self guided Garden Tour June 25 10 a.m to 4 p.m. You can purchase tickets online at Eventbrite.ca or at the Schomberg Library the day of.

Our Annual Schomberg Fair is just over 3 weeks away, trust me the weather will be warm by then. If your teen needs hours or you are looking for an opportunity to volunteer, the Fair is looking for help, please email schombergfair.volunteers@gmail.com

Don't forget to be a part of Historia Cantina Confectionals and email your story to chris@historiacantina.com. Grand opening is this weekend and my husband, and I will be there, and I'll give you my review next week so stay tuned (you know it's going to be good though).

For reservations email the restaurant at events@historiacantina.com

The 55+ Group held its meeting this past Monday, new members joining all the time and several events in the planning stages. There is a jewelry making event on May 18 at 10 a.m. at the Community Hall, cost is \$25. If you're interested, please let reach out. Come out see what's happening, our next meeting is Monday, May 15, 10:30 at Schomberg Community Hall.

They are also having an event Thursday, May 25 10:30 a.m. at the Trisan Center (Curling Lounge), Schomberg. The topic will be Trusts and Legacy Planning with Trust and Estate Practitioners from DUCA, Greg Kennedy and Christine Brusden. How we can reduce Probate fees plus other financial planning information of interest to seniors. Registration of attendance is required to Lynn at klbird@hotmail.com before May 21st. No cost to attend

for Schomberg Club 55+ members. Membership fees are \$15 annually for a single resident of King Township, \$20 for a non-resident. Add another \$5 for a couple at the same address.

Euchre night is Thursday nights from 7 to 9 p.m. the Curling Club at Trisan. It's \$10 per night or \$20 a month. We had our awards and our big winner for this session was Liz Loach with three wins, not only will she know as the "Cookie Duchess," we'll have to start calling her the "Euchre Queen." Way to go Liz and all our other winners this session. I'd like to give a shout out to Karen and Caroline for organizing this amazing group. Thank you, ladies.

Emmanuel Presbyterian Church in Schomberg is having a Spring Fling this Saturday, May 6 from 10 a.m. to 3 p.m. There will be a tea room where sandwiches and goodies will be served, they will also offer baked goods for sale, and there will be a garden centre where you can purchase plants as well as a spring decor section where you can purchase baskets for many occasions. The baskets and plants will cost anywhere from \$10 to \$40. We hope to see you there, bring cash because that's the option to pay.

More on Page 27



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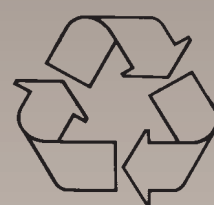
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The Scoop from Schomberg

From Page 26

Spring Indoor Community Yard Sale is back again this year. This Saturday, May 6 from 8 a.m. to noon at the Trisan. Cost is \$20 for one table, \$35 for two tables or \$45 for three tables, attendees are free. To register to go king.ca/communityyardsale.

McDonald's McHappy Day is coming up next week Wednesday, May 10, at our local Schomberg McDonald's. This year 50% of the proceeds will go to Ronald McDonald House, and the other 50% will be split between King Township Food Bank and We Believe in Abby as the local charities in our community. Now that Abby's Memorial Park is finished, We Believe in Abby is switching the focus to grieving children and will be using the funds to organize a meaningful activity for families to do together. As is tradition, McDonalds have invited local Community leaders to participate to serve the community on that day, and I'm honoured to have been asked to participate, so I hope to

see you all there.

Again, If you find a lost dog or cat, please secure it and call Vaughan Animal Control at 905-832-2281, they are responsible for this area.

Please reach out with your events, stories of happenings or anything you'd love to see here porter5952@gmail.com or 416-460-5952.

Spring tea at Christ Church

Enjoy a traditional Cream Tea, scones with Devonshire Cream & homemade jam, plus a slice of a Coronation cake.

Celebrate spring at Christ Church with this fabulous event, which takes place May 6, from 1:30 to 4 p.m. at the church in Kettleby.

Tickets are \$10 for adults. The event includes a bake table, treasure baskets, quilts, spring wreaths and preserves.

"Chronicles of a Country Church," was recently published, is available for purchase.



MPP welcomes visitors

"As a proud son of Italian immigrants, it was an honour to welcome students from "Liceo Giambattista Vico" in Abruzzo, Italy to Queen's Park," said Stephen Lecce, MPP for King-Vaughan. "They shared a book entitled 'Voices of Abruzzo' - outlining their immigrant story and sacrifice to our country and their family."

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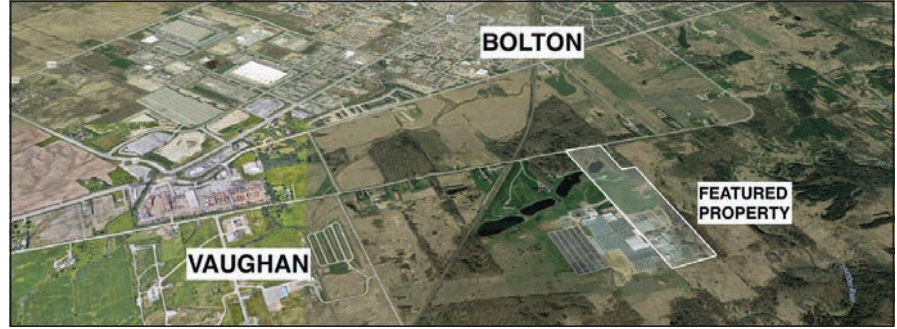
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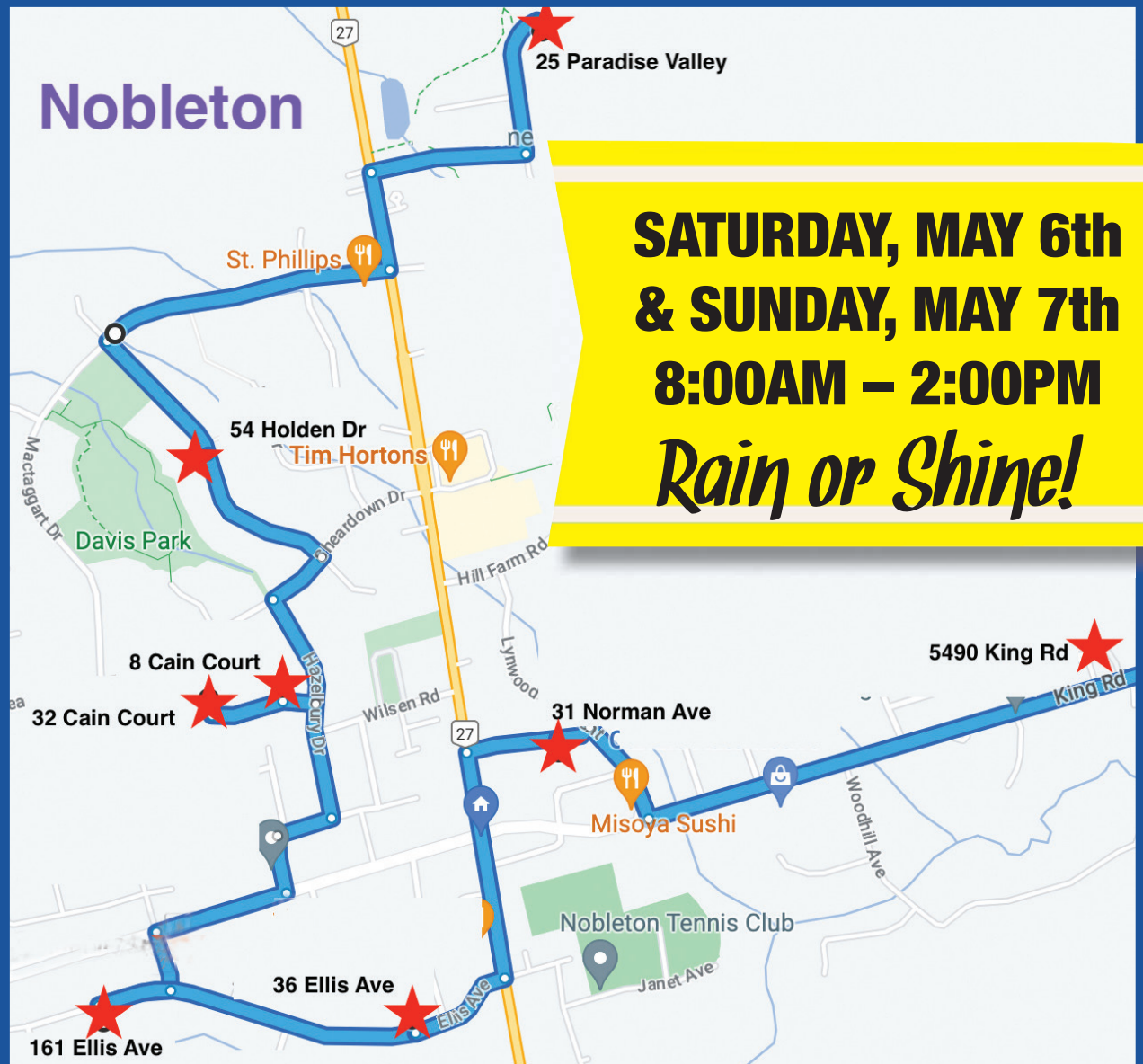
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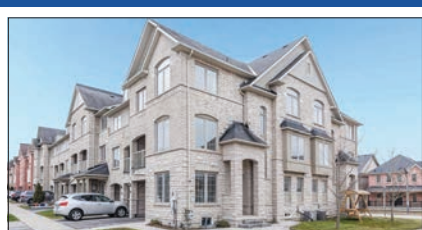


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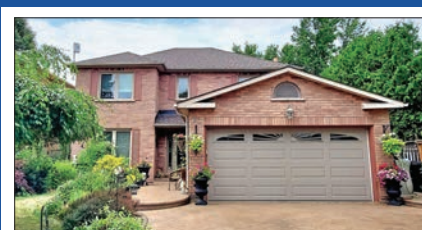


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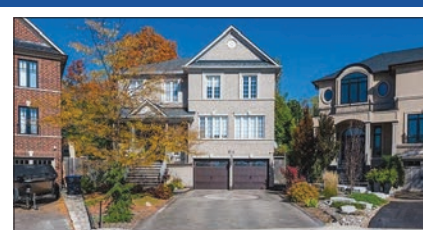
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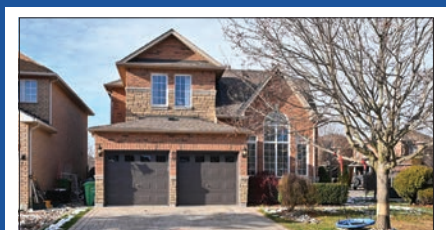
AJAX - SOLD



BEETON - SOLD



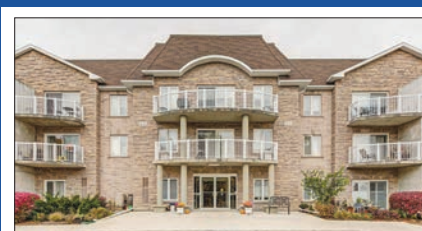
BOLTON - SOLD



BOLTON - SOLD



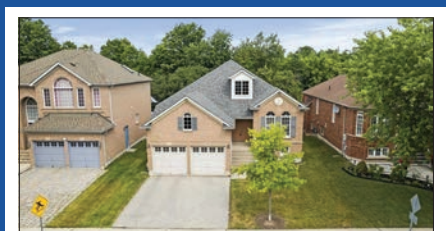
SCHOMBERG - SOLD



SCHOMBERG - SOLD



TORONTO - SOLD



WOODBRIDGE - SOLD