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# King Weekly Sentinel

King's Community Newspaper

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Thursday, July 29, 2021

Volume 48, Issue 30

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On hand for the unveiling of the display honouring Olympian Rosie MacLennan were her parents John and Jane and her husband Nick Snow.

## Installation honours Olympian Rosie MacLennan

By Julia Galt

To celebrate King City's very own Rosie MacLennan, a two-time Olympic gold-medal trampolinist, Canadian Tire has unveiled one of six cross-Canada Celebration Walls at the corner of King Rd. and Keele St., King City.

The interactive, trampoline-themed installation will be on display as MacLennan competes for Team Canada for the fourth consecutive time at the Tokyo 2020 Olympic Games. As the sole Canadian to win back-to-back gold medals in the same event at the Summer Olympics, MacLennan has a chance to bring home an unprecedented third consecutive gold medal.

The installation is 10 feet long by 7 feet tall and 3 feet wide. Secondary signage shows Rosie's stats, previous sport accolades and call-to-action for local residents to share their photos/selfies on social media.

MacLennan's parents, John and Jane MacLennan, and her husband, Nick Snow, were present at the celebration

Wall's unveiling July 21.

"It's awesome to see her community come out, support her, and give her that cheer from home," said Snow. "To have that energy coming from King is really cool."

For Canadians, and, particularly, residents of King Township, MacLennan is a household name.

The King City Secondary School alumnus was one of only two Canadian gold medalists at the 2012 London Olympic Games, and the first Canadian gold medal trampolinist ever.

In addition to her impressive Olympic showings, MacLennan has won three gold medals at the World Championships, two gold medals at the Pan Am Games, and over 30 additional championship medals. As the defending Olympic champion, she was Team Canada's Opening Ceremony flag bearer for Rio 2016.

See 'Residents' on Page 3

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Funding helps Seneca with research.

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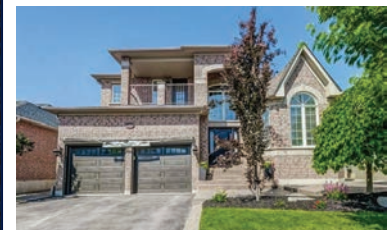


Flato supports Vaughan hospital.

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**UPCOMING MEETINGS**

**COUNCIL AND COMMITTEE OF THE WHOLE**

**Tuesday, September 7**  
6 pm – Public Planning Meeting  
Virtual meeting live streamed at <http://king.ca/meetings>

**Monday, September 13**  
6 pm – Council and Committee of the Whole  
Virtual meeting live streamed at <http://king.ca/meetings>

To view full Council and Committee of the Whole agendas, visit [king.civicweb.net/filepro/documents](http://king.civicweb.net/filepro/documents)

**COMMITTEES AND BOARDS**

**Tuesday, August 10**  
6 pm – King Township Public Library Board meeting (virtual)

**Thursday, August 12**  
7 pm – Holland Marsh Drainage System Joint Municipal Services Board (electronic meeting)

**Wednesday, August 18**  
6 pm – Committee of Adjustment  
Virtual meeting live streamed at <http://king.ca/meetings>

**BID NOTICES**

For all bid opportunities, please visit the Township of King's website [www.king.ca](http://www.king.ca), click **Popular Topics** and click **BID OPPORTUNITIES**.  
Or visit on the following link  
<https://king.bidsandtenders.ca/Module/Tenders/en>

**EMPLOYMENT OPPORTUNITIES**

- **Camp Counsellor (Seasonal) – closes August 6, 2021 at 4:30pm**
  - **Inclusion Program Coordinator (Seasonal) - closes August 6, 2021 at 4:30pm**
  - **Recreation Coordinator – Camps & Integration (Maternity Leave) – closes July 30, 2021 at 4:30pm**
  - **Fitness Floor Monitor (Seasonal) – closes August 20th, 2021 at 4:30pm**
  - **Fitness Instructor (Seasonal) – closes August 20th, 2021 at 4:30pm**
  - **Personal Trainer (Seasonal) – closes August 20th, 2021 at 4:30pm**
  - **Outdoor Program Coordinator (Seasonal) – closes August 20th, 2021 at 4:30pm**
- Please visit the Township website at [www.king.ca](http://www.king.ca) for employment opportunities.

**PUBLIC NOTICES**

**Civic Day remote office closure**

Although our municipal offices remain closed to the public due to COVID-19, all staff continue to work remotely and will be offline on Monday, August 2, 2021 due to the Civic Holiday. Staff will return to normal working hours on Tuesday, August 3, 2021. For urgent matters, please contact our 24/7 after hours service at 905-833-5321.

**WATER BILLS**

**Due Date: August 16, 2021**

**WATER BILLS** have now been mailed. Please contact Service King at [serviceking@king.ca](mailto:serviceking@king.ca) or call 905-833-5321 immediately if you have not received your bill.

**PAYMENT OPTIONS:**

- **Pre-Authorized Debit bank withdrawal (PAD)**
- **Online with your financial institution**
- **By Credit Card- Visit the Township Online Services Portal at [www.king.ca](http://www.king.ca)**
- **By Mail (must be stamped and mailed prior to due date and received on time)**
- **Drop off box located at Municipal Centre, 2585 King Road, King City**

If paying in person at a financial institution, please present the entire water bill.

**Due to COVID:**

- the Municipal office is closed and we are not accepting cash payments and;
- the water department cannot enter homes to check water meters

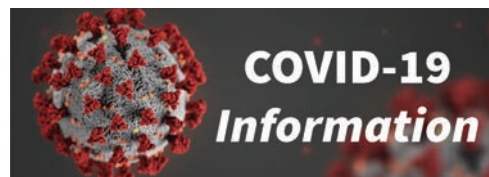
When making payments electronically, search for "King" and select **Water**, enter your 10 digit account number with no decimal (i.e. 1234567800).

**Pre-Authorized Debit Program (PAD):** PAD program is available for **Water & Sewer** accounts. The enrolment form is available at [www.king.ca](http://www.king.ca) (search for "PAD").

Please visit our website for details.



**PUBLIC NOTICES**



**Due to the constantly changing nature of the COVID-19 pandemic and its effects, this information may not be current. Please visit [www.king.ca/covid.19](http://www.king.ca/covid.19) for the most up-to-date information.**

**King Expanding Services in Step Three**

Trisan Vaccination Clinic continues to end of July, some in-person services will gradually resume in August and plans for phased facility re-openings to begin in September

**Step 3 begins July 16th**



**Step Three Update - King Expanding Services in Step Three**

- Limited in-person services will be available by appointment only at the King Township Municipal Centre (2585 King Road) beginning on Wednesday, August 4th, and every Wednesday thereafter for marriage licences and commissioning services only. To schedule an appointment, email [clerks@king.ca](mailto:clerks@king.ca) or contact ServiceKing at 905-833-5321.
- Trisan Centre fitness centre, indoor track and in-person fitness classes will resume beginning on Monday, August 16th. Pre-registration and COVID-19 screening will be required. All bookings and registrations can be completed online by visiting [www.king.ca](http://www.king.ca).
- King Township Public Library are exploring reopening at least one library branch for in-person services, including browsing and borrowing by mid-August. Please visit [www.king.ca](http://www.king.ca) or [www.kinglibrary.ca](http://www.kinglibrary.ca) for further details and locations in the coming weeks.
- The King Heritage and Cultural Centre will resume in-person by appointment visits beginning Monday, August 16th. Additional outdoor programming activities are being planned and will be communicated to the public once finalized.
- Please note that priority for all appointments and services will be given to King residents while non-residents will be accommodated subject to demand and availability.
- All other Township facilities, including their services such as room rentals and ice facilities will remain closed at this time, however staff are working toward a resumption of services in the fall based on availability and demand of these services.
- Visit King's COVID-19 Information Hub for all the latest updates at [www.king.ca/covid19](http://www.king.ca/covid19)

**King Township COVID-19 Vaccination Clinic**

For the most up-to-date information on King Township's vaccination clinic at the Trisan Centre in Schomberg please visit <http://king.ca/covid19clinic>. Walk-ins for both first and second doses are available until the permanent closure of the clinic on July 29.

**King Township Rural Zoning By-law Review Public Open Houses**

King Township is undertaking a review of its zoning for the rural areas of the Township, which are currently regulated by the Township's Comprehensive Zoning By-law 74-53, as amended and the Oak Ridges Moraine Zoning By-law 2005-23 (applying to lands within the Oak Ridges Moraine Area). A **Draft Zoning By-law for the Countryside** has now been prepared and released for the rural areas of King Township. The rural area encompasses the Countryside and Hamlet designations, as well as the Nobleton Village Reserve Lands (shown in yellow, on the map, right). The rural area excludes the urban areas of Nobleton, King City and Schomberg.



All interested persons are invited to **join a Virtual Public Open House** to learn about the proposed Draft Zoning By-law for the Countryside and provide your feedback on the proposed changes.

**What is a Zoning By-law?**

A Zoning By-law is prepared under the requirements of Section 34 of the **Planning Act**. The Zoning By-law regulates the types of land uses and the character, height, location, size and massing of buildings for all lands in the community.

**Why prepare a new Rural Zoning By-law for King Township?**

The review of zoning for the rural area follows updates to zoning in the Township's urban areas (the Villages), through the Nobleton Urban Area Zoning By-law 2016-71 and the King City and Schomberg Urban Area Zoning By-law 2017-66, respectively.

There is a need to review and update the Zoning By-law 74-53 and 2005-23 primarily to ensure that the zoning conforms to local, Regional, and Provincial policy, and addresses the Township's new Official Plan. We are seeking the community's input and feedback on the proposed Draft Zoning By-law for the Countryside.

**When and where are the Virtual Public Open Houses?**

Two Virtual Public Open Houses are being held, each presenting the same material:  
**Tuesday, July 20, 2021 | 6:00 pm – 7:30 pm**  
**Wednesday, August 11, 2021 | 2:00 pm – 3:30 pm**

To **register** for one or both of the Virtual Public Open Houses, please visit <https://speaking.king.ca/rural-area-zoning-by-law-review> to learn more and access the registration page, where you must **sign-up to participate**. You will be able to join the Public Open Houses via a computer or via telephone. The link and phone-in number will be automatically emailed to you following registration.

We will do our best to provide any requested accommodations. Please email or call Kristen Harrison at [kharrison@king.ca](mailto:kharrison@king.ca) or (905) 833-4065 for more information.

**If I can't make it to one of the Virtual Public Open Houses, where can I find more information?**

If you are unable to join a Virtual Public Open House, please visit <https://speaking.king.ca/rural-area-zoning-by-law-review> after July 23 to view a copy of the presentation and recording of a Virtual Public Open House.

We welcome all ideas and input into this project. For more information about this matter, including information about appeal rights, please contact: Kristen Harrison, Policy Planner, Township of King by email at [kharrison@king.ca](mailto:kharrison@king.ca) or (905) 833-4065.

**Nobleton sewer works**

Phase 2, Contract 3 sanitary sewer and concurrent works in Nobleton will take place in and around the following roadways: Sheardown Drive, Dobson Court, Cain Court, Hazelbury Drive, Chamberlain Court, Russell Snider Drive, Witherspoon Way, Mactaggart Drive, Holden Drive, Robb Drive and McCutcheon Avenue affecting approximately 200 homes.

Weather permitting, work is scheduled to take about 27 months to complete.

**LATEST UPDATES**

All mainline sanitary sewer has been installed within the limits of Contract 3. Sanitary services to houses continue to be installed along Russel Snider Drive and MacTaggart Drive. Curb installation on Holden Drive and on McCutcheon Drive Sheardown, Cain Court, Hazelbury, and Dobson have been paved.

Residents who have any questions about the project can visit <https://www.king.ca/majorprojects> or contact ServiceKing at 905-833-5321 or [serviceking@king.ca](mailto:serviceking@king.ca).



**Please see more King Township notices on page 5**

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## Residents encouraged to support Rosie's quest

From Front Page

"Rosie's doing well," said Snow. "She's just outside of Tokyo, training right now. She's pretty focused. It's eat, sleep, train."

Though the 2020 Olympics are different than most, with a 50% cap on domestic spectators and year-long delays due to COVID-19, the MacLennans and Snow are looking forward to showing their support for Rosie from across the pond.

"We'd rather be there," said Jane MacLennan. "But it is what it is, and we certainly support her all the way."

MacLennan's Celebration Wall is

one of six installations commissioned by Canadian Tire to inspire Canadians to rally behind Team Canada during the Olympic and Paralympic Games. Additional walls support sprinter Aaron Brown (Toronto), sport climber Alannah Yip (Vancouver), tennis player Leylah Fernandez (Montreal), para swimmer Nicolas-Guy Turbide (Quebec City), and para cyclist Kate O'Brien (Calgary).

King Township residents are encouraged to support MacLennan as she competes in Tokyo by snapping a photo in front of the Celebration Wall and sharing it on social media with the hashtag #WeAllPlayForCanada.



King Mayor Steve Pellegrini (right) has always been a strong supporter of local accomplishments. He was on hand for the unveiling of the Celebration Wall, along with John and Jane MacLennan.

## York makes excellent vaccine progress

York Region continues to make excellent progress in the distribution of COVID-19 vaccines, with 80.4% of residents age 12+ have received their first dose of a COVID-19 vaccine and 67.8% of residents age 12+ are now fully vaccinated.

To further increase access to vaccinations, York Region is now offering walk-ins for first and second doses at most York Region-led clinics; for a list of clinics and hours, please visit [york.ca/covid19vaccine](http://york.ca/covid19vaccine)

Appointments remain available at these clinics for those who prefer to book in advance; both the Pfizer and Moderna mRNA vaccine is available at these locations

In addition to the many vaccination options already available, York Region is also offering conveniently located, family-friendly school pop-up clinics

These school pop-up clinics will be offering the Pfizer mRNA vaccine; walk-ins will be accepted, however appointments are available for those who prefer to book in advance.

York Region Public Health maintains COVID-19 vaccination records for York Region residents who have been immunized outside of Ontario.

Any York Region resident who received their first and/or second COVID-19 vaccine dose outside of Ontario should complete the COVID-19 Immunization Outside of Ontario Form; this form allows residents to provide information on COVID-19 vaccinations received out-of-province and will help maintain up-to-date proof of vaccination.

Residents who require assistance to complete the COVID-19 Immunization Outside of Ontario Form can contact Access York at 1-877-464-9675.

As always, [york.ca/covid19vaccine](http://york.ca/covid19vaccine) remains the trusted source of information on COVID-19 and vaccinations in York Region.

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# Editorial, Letters & Opinion

*"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."*

- Michael Connelly

## Mental clutter makes us lose our focus

A mind may be a terrible thing to waste, but it's also a mysterious enigma that can drive you crazy.

I was basking in the sunshine the other day during my lunch break.

My mind wandered, as minds often do. I thought to myself that I should give my uncle a call to see how he was doing.

The only problem was, he passed away more than 15 years ago. Wow.

The human mind, next to the universe itself, is likely one of the most complex things in our existence. There's no sense trying to figure it out, we may as well just go with the flow.

I've always had vivid dreams and most involve trying to find a washroom in a busy public place. Like I say, just go with the flow!

Lately, I've been dreaming of a car I once owned, a 1970 Camaro RS. I only had it for maybe two years, during high school and college, before I sold it. Given its rarity today, I should have kept it and had it restored.

My dreams centre around getting the car fixed - it's always in the shop! Dream after dream, I'm told the car was either stolen, trashed, or needs thousands in repairs.

What gives?

Aside from my Camaro and finding a washroom, most of my dreams feature a getaway of some sort. But I'm always rushing to pack up, trying not to leave anything behind in the hotel room. I always miss something, leaving some gems behind for the next tenants.

Again, what gives?

I'm sure a dream analyst would tell me I have unfinished business with the dearly departed or I have some sort of plumbing problem, LOL.

From what I've read, dreams are a way of the brain dusting out the cobwebs, moving thoughts around and finding better spots for our memories, and trashing the insignificant thoughts that fill our heads. It's like clearing your email trash folder at the end of every work day.

In all of my potty problems, I think I've discovered a real world dilemma. Our minds are so filled with garbage, irrelevant material and useless informa-



Mark Pavilons

tion that it's getting in the way of our lives.

I should be dreaming of Caribbean beaches, picnics with my beautiful wife, and seeing my kids perform on some international stage. I should be making more room for love and focus on my family. My brain, heart and soul should all be in sync, concentrating on what's important.

So why isn't it?

"Experts" say many things interfere with our laser-like focus, such as stress, distraction, a lack of motivation, not enough sleep and even burnout.

Okay, so we're overwhelmed and stressed out. But can't our brains handle it?

I read that our blobs of grey matter can process as much as 400 billion bits of information per second. However, even our heads are limited, and we can fully understand only 1% of what we take in.

Still, that's likely a lot of stuff. Why isn't there room for those big hugs?

Others say we're spending too much time in our own heads. That's funny because that's all we can do, confined to these bio shells of ours. We can't leap out of our heads and mentally con-

nect with others, or read each other's thoughts.

But what they're getting at is many factors today are making our heads a busy, annoying place to be.

Working from home, recent solitude and perhaps loneliness, all force us deeper inside. Less small talk, human interaction and more stress push our little buddies back into those dark recesses of our minds.

Sure, it would be great if we could all release all that mental noise and eliminate the useless chatter. Life would be better if we focus on someone else, other than ourselves.

My wife often tries to correct my "bad behaviour." They're really bad habits that we all fall into. Unlike Pavlov's pets, repetition doesn't seem to work on yours truly. I can't seem to figure out what that ringing bell is telling me!

I will stack the Tupperware properly one week, and then totally destroy the cabinet the next. I will put the empty sweetener packets in the trash for a couple of weeks, then totally forget. I can't for the life of me, remember to switch the drain plugs when doing dishes in the sink. It has taken a pandemic to get me to wash my hands regularly!

What she calls a lack of consideration,

I call a mumble jumble of thoughts that plague my overloaded brain. Yes, I respect her wishes, but heck I can't even find a bathroom in my thoughts! How hard is that; they're everywhere!

I don't think my consciousness was so clogged a decade ago. Maybe the current state of our marbles has to do with the mountains of giga-stuff thrown at us day in and day out. From dealing with vaccines and restrictions on our freedoms, to job security and a mine field of financial stressors, it's just too much.

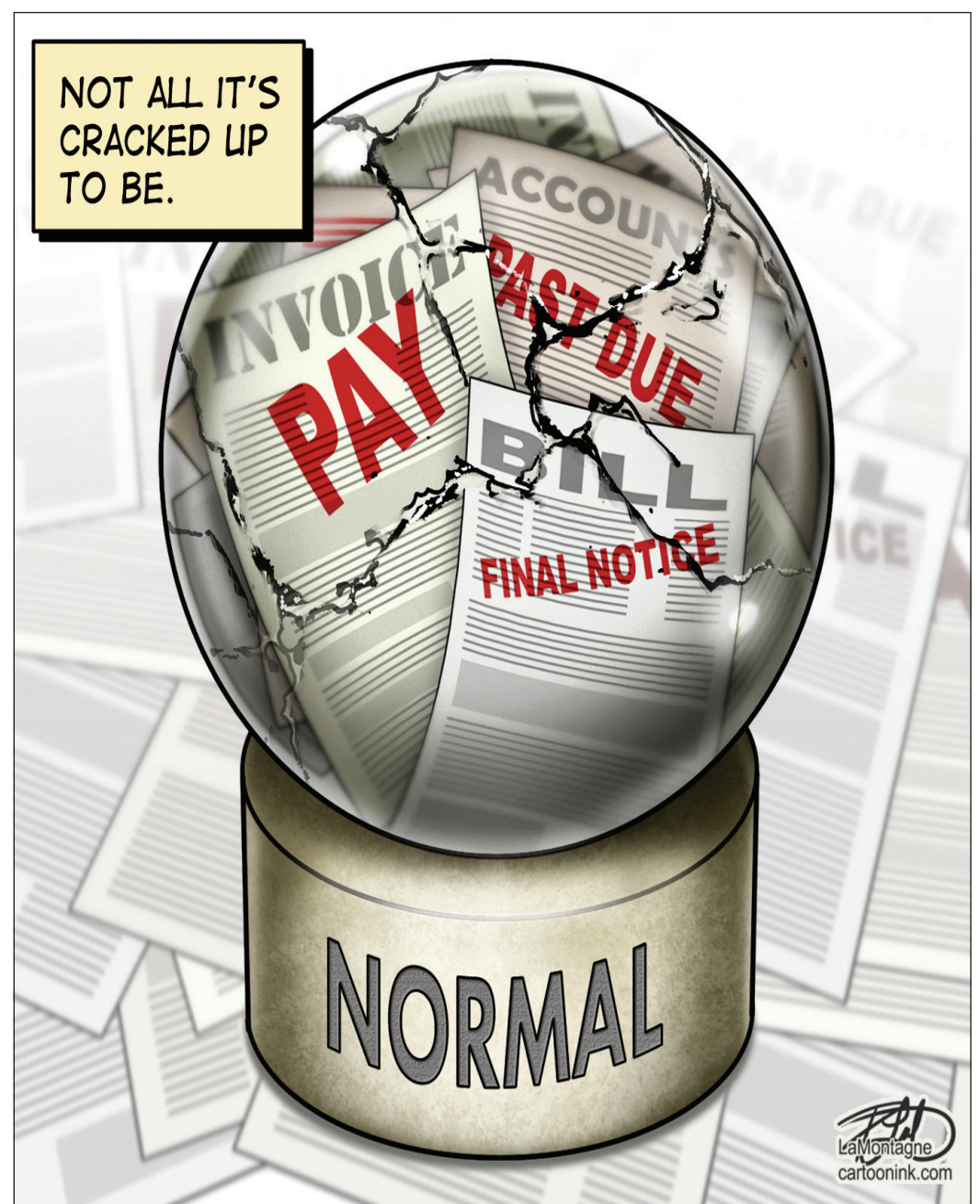
It's far too late for my sanity. My wife comments she's at her wit's end, but we kissed those good-bye a long time ago!

So, along with lost wits, too many bits in our heads, just what are we to do?

I'm not a physician or personal trainer. The only advice I can offer is to try to seek solace and try to separate the chatter from the clutter, savouring the meat next to the bone. Okay, so I have food on my mind, too!

If only we could isolate thoughts of love, joy, togetherness and understanding, we'd be better off. Who doesn't want to be one step closer to being on an even keel, not just with ourselves, but with those closest to us?

Tame the mainsail, second star to the right and straight on 'til morning, I say!



### Editorial

## No free ride from the MTO

Despite the provincial government's seemingly generous approach to fees and licence plate sticker renewals, there's a catch. There's always a catch.

Many motorists believed the sticker fees were being waived during the pandemic. No reminders were mailed out. No licence renewal notices went through the mail.

And now, as life returns to normal, the time has come to pay the piper.

The fees you missed paying last year are now due, and you have to pay them before you can renew your stickers for 2021 or 2022. In many cases, that means your fees will double. If you have more than one car in your name, look out.

While we understand the government has gone into debt during the pandemic, the public has been misled with regards to certain fees. Is it fair to hit consumers with such a burden, just as there's light at the end of the tunnel?

We owe, we owe, it's off to work we go, we pay this tax to drive our cars, we owe, we owe ...

MP, Editor

**KingWeeklySentinel WEBPOLL**  
www.kingsentinel.com

Results from last week's poll:

**Are you eager to visit local stores once again?**

a) Yes  **75%**

b) No  **25%**

The results of this poll are in no way considered to be valid or infallible.

**THIS WEEK'S QUESTION**

*Are you cheering for Canada's athletes at the Olympics?*

a) Yes  
b) No

*Go to our website and cast a vote!*

**Quote of the Week**

*"He most lives who thinks most, feels the noblest, acts the best."*

- Philip James Bailey

**Trivia Tidbits**

*The first vending machine dispensed holy water in the first century AD. The first modern ones in the 1880s dispensed postcards.*

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# Minister provides details on OAS changes

By Deb Schulte  
King-Vaughan MPP  
Minister for Seniors

## Comment

I recently announced that older seniors, born on or before June 30, 1947, who are eligible for Old Age Security (OAS) in June 2021, will receive a one-time payment of \$500 the week of August 16.

This one-time payment will provide immediate support until a permanent 10% increase to the OAS pension for seniors aged 75 and up is implemented in July 2022. That increase will support Canadians with their higher costs later in life. Older seniors often need more support and are more at risk of outliving their savings. As seniors age, their health and home care costs rise, all while they are more likely to be unable to work, have disabilities or be widowed.

The OAS increase builds on the gov-

ernment's work to strengthen retirement income security. We restored the age of eligibility for OAS from 67 to 65, strengthened the Canada Pension Plan for future retirees, increased the Guaranteed Income Supplement (GIS) for single seniors, increased the GIS earning exemption and reduced income taxes for all Canadians. However, there is more work to do. Canadian seniors can always count on us to listen, understand their needs and work hard to deliver for them.

I'll be talking about these issues and more at a live town hall on seniors' issues at facebook.com/SeniorsinCanada on August 11 at 1:30 p.m. (EDT) with the Parliamentary Secretary to the Minister of Seniors, Stéphane Lauzon. We'll be answering your questions in both English and

French. I hope you will be able to join us, ask what's on your mind about seniors and get answers.

In the meantime, here are some details about the \$500 one-time payment. Am I eligible for the one-time payment and when will I receive it?

Seniors eligible for the OAS pension in June 2021 and born on or before June 30, 1947, will receive a one-time payment of \$500 the week of August 16, 2021. Eligible seniors who receive OAS payments by cheque can expect a cheque by mail with a delay based on mail delivery.

How will I receive my payment?

The one-time payment will be separate from regular OAS benefit payments. Eligible seniors can expect to receive the payment by direct deposit or cheque – in the same way they receive their OAS payments.

Do I have to apply for the one-time payment?

No. You do not need to take any action. OAS pensioners will automatically receive the \$500 one-time payment if they meet the eligibility criteria.

Is the one-time payment taxable?

Yes. The one-time payment is taxable. A separate tax slip will be issued to you for this payment.

Will this payment affect my GIS?

No. The one-time payment is exempt from the calculation of income for the GIS.



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### PUBLIC NOTICES

## Every drop COUNTS!

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- Water your lawn only once a week if it hasn't rained
- Add a layer of mulch to your garden to keep soil moist
- Sweep your driveway instead of washing it
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### Yard waste

Yard waste is collected with recycling every second week from April to November.  
\*there are some exceptions due to holidays

There is **no limit** on the amount of yard waste that can be put out for collection, as long as acceptable containers are used.

Place weeds, plant trimmings and leaves in paper yard bags or any rigid open top container that has handles. Bundle branches with twine only, no rope.

**Please note: No grass clippings!**  
These items should not be placed with yard waste: kitchen scraps, rocks, dirt, sod, tree stumps, branches larger than 10cm in diameter, flower pots/trays, painted or treated wood and animal droppings.

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- 2 Grass clippings contain up to 85% water, helping the lawn retain moisture.
- 3 In the landfill, grass clippings account for 75% of yard waste; leaving them on the lawn reduces waste.

### COMMUNITY SERVICES

## THE SCHOMBERG MAIN STREET STREETSCAPING SURVEY RESULTS ARE IN!

An Online Survey was conducted between May 7 and May 20, 2021, to gain input on the Schomberg Main Street Streetscaping Project.

The Survey consisted of 14 questions and resulted in 202 participants. The questions required participants to describe their perception of the Streetscaping Project, elements of interest, and opportunities for the early Streetscape Plan.

The responses have allowed for a greater understanding of the important components to community stakeholders, and how future developments can enhance the Downtown Schomberg experience.

Visit <https://speaking.king.ca/schomberg-main-street-streetscaping> To review the summary on the project webpage under "Documents"

SCAN HERE TO REVIEW THE SURVEY SUMMARY

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# OAS automatically increased by almost \$100 over the coming year

The Old Age Security (OAS) pension provides retirement income security for seniors because it maintains its value over time, even as prices increase.

Canada's Minister of Seniors, and King-Vaughan MP Deb Schulte, announced the highest quarterly adjustment to existing OAS payments since July 2014. She also confirmed that the Government of Canada will deliver the \$500 one-time payment to older seniors, announced in Budget 2021, during the week of August 16, 2021.

This summer's one-time payment of \$500 will support older seniors' higher expenses, and will apply to 3.3 million seniors who are eligible for the OAS pension in June 2021 and were

born on or before June 30, 1947. No action is required by seniors, who will automatically receive the payment if they are eligible.

In July 2021, OAS benefits will automatically increase 1.3%, bringing the maximum monthly OAS pension amount to \$626.49, up from \$618.45. Over the coming year, the increase is worth up to \$96.48. The Guaranteed Income Supplement (GIS) and the Allowances will also be adjusted for inflation.

Budget 2021 also included a permanent increase of 10% to the OAS pension, to be implemented in July 2022 for seniors aged 75 and over. This will provide an additional \$766 to full pen-

sioners over the first year, and will be the first permanent increase to the OAS pension since 1973, other than adjustments due to inflation. It builds on measures to support all seniors, which include restoring the age of eligibility for the OAS pension and the GIS to 65 from 67, strengthening the Canada Pension Plan for future retirees, increasing the GIS for single seniors, raising the GIS earnings exemption and reducing income taxes for all Canadians.

"The government is continuing to improve the financial security of Canadians in retirement after a lifetime of hard work. Increasing Old Age Security for older seniors helps all Canadians with their extra needs later in life. While no single solution can meet every need, step by step our progressive measures are making a real difference in the lives of seniors. Canadian seniors can always count on us to listen, understand their needs and work hard to deliver for them," Schulte said. "Canada's pension system is designed to provide benefits that reflect changes in the cost of living, with payments only ever increasing or staying the same. They will never go down. This helps seniors enjoy the financially secure and dignified retirement they deserve," added Stéphane Lauzon, Parliamentary Secretary to the Minister of Seniors.

Seniors are the fastest-growing demographic age group in Canada. By 2030, the number of seniors is expected to reach 9.4 million, representing close to one quarter of Canada's population.

In 2020 and 2021, the government is providing \$5.5 billion in additional direct financial support to seniors, through a \$1.3 billion one-time GST credit in April 2020, \$2.5 billion for a one-time OAS/GIS payment in July 2020 and \$1.7 billion for the one-time payment to older seniors in August 2021.

Older seniors face higher costs. As seniors age, their health and home care costs rise, all while they are more likely to have disabilities, be widowed or be unable to work.

Most seniors have low and modest incomes. About 84% of OAS pensioners have individual incomes below \$50,000.

The objective of the Old Age Security program is to ensure a minimum income for seniors and help reduce the incidence of low income among Canada's seniors. The OAS benefits include: the OAS pension; which is paid to all individuals aged 65 and older who meet the residence requirements; the GIS for low-income seniors; and the Allowances for low-income Canadians aged 60 to 64 who are the spouses or common-law partners of GIS recipients, or who are widowed or widowers.

The maximum OAS pension is payable to seniors aged 65 and over who lived in Canada for at least 40 years after age 18. Partial pensions are payable if they lived in Canada for at least 10 years or qualified under International Social Security Agreements.

All OAS benefits (the OAS pension, the GIS and the Allowances) are indexed on a quarterly basis in January, April, July and October so benefits don't lose value over time. Increases to OAS benefits are calculated using the Consumer Price Index, which measures changes in prices paid by Canadian consumers for goods and services, and is the most widely used indicator of price changes in Canada. If the cost of goods and services goes down, OAS benefits do not decrease. OAS payment amounts will only increase or stay the same. Historical values are available on the Open Data portal.

As a result of automatic indexation, the annual value of the monthly OAS pension has increased to \$7,516 per year from \$6,404 per year over the past decade.



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## Locals participate in new refugee sponsorship program

The Private Sponsorship of Refugees (PSR) program is a pioneering Canadian refugee resettlement program.

The arrival of Vietnamese refugees on Canadian shores – often referred to as the “Boat People” – in the mid 1970s mobilized Canadians to respond. In 1979, the Canadian government pledged to sponsor one refugee for each refugee that the Canadian public would financially and otherwise support privately.

For the first time, ordinary people across the country became involved in assisting refugees to settle in Canada through private sponsorship. This changed forever the way Canadians would view their role in Canada's refugee resettlement programs.

Canada is the first country in the world to have a refugee sponsorship program where private citizens and the community are directly involved in the resettlement of refugees from abroad. It has become a model for other countries around the world.

Through the PSR program, Canadian citizens and permanent residents can engage in the resettlement of refugees from abroad. As members of organizations, associations and groups, citizens and residents can sponsor refugees coming to Canada as a Group of Five, a Community Sponsor or a Sponsorship Agreement Holder.

The PSR program does not rely on public resources, but rather taps the energy and funds of faith communities, ethnic groups, families, and other benevolent associations. These groups and organizations typically raise funds or use their personal income to provide for and support the sponsored individual or family for their first year in Canada.

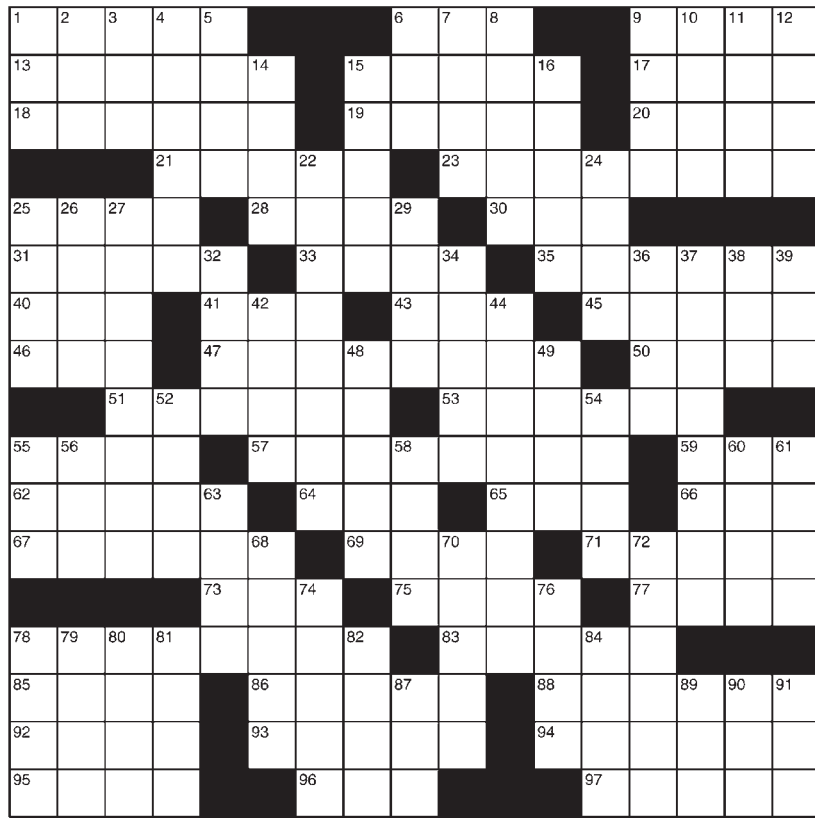
They initiate the process by submitting a refugee sponsorship application package to Immigration, Refugees and Citizenship Canada (IRCC). Their commitment lasts until the end of the sponsorship period, typically 12 months from the date of the sponsored person's arrival in Canada.

Since 1979, Canadians have resettled nearly 300,000 refugees through the PSR program.

King for Refugees (KfR) is a strong supporter of the initiative. For more, email [king4refugees@gmail.com](mailto:king4refugees@gmail.com)

# X CROSSWORD

PUZZLE 457



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**ACROSS**

1. Pertaining to birds
6. Winter bug
9. Disaster
13. Doleful
15. Glide
17. Delayed
18. African nation
19. Madagascar tree-dweller
20. Allied by nature
21. The most
23. Look for gold
25. Wine sediment
28. Rosemary, for one
30. Sound of a punch
31. Should
33. Folk legends
35. Lavender
40. Away
41. Osaka clincher
43. Wood-chopping tool
45. Kind of eel
46. Male turkey
47. Choir director, usually
50. "Same \_\_\_\_, Next Year"
51. Acquire
53. Yell

**DOWN**

1. Shaping tool
2. By way of
55. Mentally healthy
57. Furniture joint
59. Physics measure
62. Cupcake topper
64. Reject
65. Night hours
66. Egg cells
67. Marble figure
69. Former Italian currency
71. Monet's stand
73. Spark
75. Meticulous
77. Dried up
78. Notorious
83. Apportioned
85. Standard
86. Bee bite
88. Furrowing machine
92. Bubbles
93. Creepy
94. Official witness
95. Aware of
96. Steep
97. Indian home


**ACROSS**

3. Belief
4. Take by surprise
5. Fastener
6. Friend or \_\_\_\_?
7. Light source
8. Seize
9. Tab
10. Huron, e.g.
11. Auricular
12. Enclosed
14. Thin slat
15. Cigar type
16. Scout group
22. Faith
24. Dog-paddled
25. Attic
26. Mediterranean currency, e.g.
27. "I" problem?
29. Type of muffin
32. Blow a horn
34. Have being
36. Roster
37. Evening \_\_\_\_
38. Skedaddle
39. Aperture
42. Tack's cousin
44. Lark
48. Blacksmith's tool

**DOWN**

49. Barber's offering
52. Portable shelter
54. Threat's final word
55. Ann, to Abby
56. Perform on stage
58. Highway sign
60. Say it's so
61. Secluded valley
63. Agana's land
68. Notched
70. Line of hills
72. Shrewd
74. Prettier
76. Story
78. Scoop
79. Palindromic hour
80. Campus group, briefly
81. Bullets and bombs
82. Beget
84. Plunder
87. Young bug
89. Dance like Sammy
90. Previous to
91. "A pocket full of \_\_\_\_"








**Solution on page 17**




# King

## 7-Day Weather Outlook

From Thursday, July 29 to Wednesday, August 4

THURS 29TH	FRI 30TH	SAT 31ST	SUN 1ST	MON 2ND	TUES 3RD	WED 4TH
						
Risk of T'storm High 23C° Low 15C° ~5mm	Mainly Sunny High 22C° Low 12C°	Sun/Clouds High 22C° Low 16C° <1mm	Mainly Sunny High 21C° Low 14C°	Sun/Clouds High 20C° Low 12C°	Mainly Sunny High 21C° Low 12C°	Mainly Sunny High 21C° Low 13C°
Wind SW 15k	Wind NW 23k	Wind NW 14k	Wind SW 16k	Wind N 15k	Wind N 9k	Wind SE 8k



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# Seneca awarded \$360,000 for applied agri research

Developing a strong and sustainable business – a challenge for many urban farmers – will be the focus of a new, Seneca-led applied research project, recently awarded \$360,000 by the Natural Sciences and Engineering Research Council of Canada and the Social Sciences and Humanities Research Council.

As agriculture plays an important role in providing ecological services in cities, this program will incorporate training, mentorship and microfinancing specifically for urban farmers in communities across Canada.

“One of our goals is to work with the local community of urban growers and help them turn ideas into businesses,” said Dr. West Suhanic, a professor at Seneca’s School of Accounting & Financial Services. “What makes our project unique is that we’ll be bringing science, business and sustainability together in one package.”

Dr. Suhanic will be collaborating with Dr. Lesley Campbell, an associate professor at Ryerson University and an expert in urban agriculture, plant evolution and global climate change. They will lead a team of 12 to 15 Seneca student research assistants and work with community partners Greenest City and Toronto Urban Growers.

The collective goal is that resulting agricultural businesses will help address food insecurity and increase access to healthy food in urban communi-



ties. Seneca student research assistants will be interviewing current and potential urban farmers to identify gaps and gain a better understanding of what is

needed for successful urban agriculture.

“This project lays the foundation for sustainable urban agriculture businesses,” said Ben Rogers, Dean, Seneca Innovation. “The knowledge base and microfinancing tools developed will also support equity-seeking populations facing barriers to food security and accessing start-up capital.”

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economy, equity and sustainability – while navigating through the pandemic safely. They’re delivering great poly-technic education that combines rigorous academics with practical training.

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## Yonge North Subway Extension moving ahead

The Ontario government, in partnership with the Government of Canada, shared updated plans for the Yonge North Subway Extension, one of the province’s four priority subway projects that will bring better rapid transit to the Greater Toronto Area.

The province is moving ahead with a fourth station at Clark Avenue and pursuing further adjustments to the route that will maximize benefits for residents and minimize community impacts.

“Our government hasn’t stopped working to deliver a world-class transit system the people of Toronto and York Region deserve,” said Caroline Mulroney, Minister of Transportation. “The Yonge North Subway Extension will strengthen connectivity across the region, reduce travel times and greenhouse gas emissions, and provide more people with access to rapid transit. The new Clark Station is the clear choice to support all those key benefits. With this alignment we can deliver the greatest number of stations for the growing communities of York Region while staying within budget, capitalizing on benefits, and providing better regional connectivity, including to GO Rail, York Region Viva and other transit options.”

An updated stations analysis from Metrolinx shows that Clark Station will offer seamless transfers between the Yonge North Subway Extension and the planned branch of York Region Viva Orange bus rapid transit. Clark Station will serve 2,500 riders during the busiest travel times while providing access to rapid transit in key residential and employment growth areas.



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## Funding helps businesses expand digital presence

The Ontario government is investing \$10 million towards the Digital Main Street program for 2021-22 to help over 13,000 small businesses expand their digital presence and market their services online. As businesses enter Step 3 of the Roadmap to Reopen, the renewed program will provide small businesses with \$2,500 grants, technical training, and digital resources to help them reach more customers in person and online, positioning them for a stronger recovery.

“Ontario small businesses are the heart of our neighbourhoods and the economic foundation of our communities,” said Nina Tangri, Associate Minister of Small Business and Red Tape Reduction. “Our government is committed to being there for them as they reopen. This additional support will give these businesses the digital boost they need to raise their profile and rebuild better than ever.”

Small businesses across Ontario with a brick-and-mortar location and one to 50 employees can apply for \$2,500 Digital Transformation Grants, which they can use to purchase new technology and digital services.

With this additional funding, Digital Main Street will continue to support diverse small business owners throughout the province. To date, the program has provided over 20,000 businesses with support for their digital

expansions, while generating jobs for more than 1,600 students and recent graduates.

“Ontario’s small businesses are the backbone of our economy and our communities,” said Vic Fedeli, Minister of Economic Development, Job Creation and Trade. “Through Digital Main Street, we’re giving business owners and operators the tools they need to strengthen their online presence, enhance technical skills and help them recover from the COVID-19 pandemic.”

In addition to Digital Main Street, the government is working to gather information on how to best continue supporting small businesses through a Memorandum of Understanding (MOU) with Ontario-based accounting software company FreshBooks. The MOU will help small businesses and entrepreneurs by using its data to help identify weaknesses and gaps that government programs can address to help more small businesses recover and grow. The extensive FreshBooks database provides information across a variety of sectors and regions in Ontario.

“We’re excited to provide this valuable line of sight for Ontario’s policymakers into what’s happening in the small business sector,” said Paul Cowan, Chief Marketing Officer, FreshBooks. “Access to timely, quality data

makes all the difference when it comes to making good decisions both in government and in business. We’re glad to share our lens and insights and play an important part in this next phase of small business recovery.”

Beyond the grants, Digital Main Street – a partnership between the Ontario and federal governments – equips businesses with ShopHere support for opening online stores and access to Digital Service Squads offering one-on-one help.

Small businesses with a brick-and-mortar location and one to 50 employees, including those in shopping malls, can apply for Digital Transformation Grants on the Digital Main Street portal.

As of March 2021, over 10,000 independent businesses and artists have already received support to create online stores through ShopHere, with 42 per cent outside the GTA and more than 370 in Northern Ontario. About 56 per cent of these businesses are operated by women entrepreneurs. In addition, 54 per cent of the 608 students and recent graduates hired by ShopHere are women, with 75 per cent self-identifying as ethnic minorities.

Small businesses can access resources that offer free test kits to help them stay open and stay safe, mental health supports, financial planning, and personalized advice through the Small Business COVID-19 Recovery Network at [ontario.ca/smallbusiness](http://ontario.ca/smallbusiness).

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## MPP shows support for Nobleton Tandoori

King-Vaughan MPP Stephen Lecce visited Nobleton Tandoori, whom he assisted in accessing the small business grant. MPP Lecce presented a flag to the owner, Mustafa, and enjoyed a brief meal to mark the start of Step Three of the Roadmap to Reopen.

“Supporting local small business is critical as we work to recover from this pandemic and support local jobs. As vaccine rates rise and case counts remain low, I’m pleased that we have entered stage three with a focus on staying safe and getting our local economy back on track,” Lecce said.

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# Officers question health enforcement

By Brittany Grenici

Increased reports of mental health emergencies, domestic abuse, drug abuse, and suicide are just some of the repercussions the lockdowns have catalyzed. The country-wide shutdown has caused thousands of businesses to permanently close, destroying the livelihoods of countless Canadians in a matter of months.

This begs the question; what can be done when policies put in place to protect the public begin to do more harm than good?

A few Canadian police officers asked themselves this question in December of last year. They saw Canadians arrested and fined for exercising their right to peacefully protest, to practice their religion, or to refuse the use of a face mask for medical reasons. It was clear to these officers that the public health orders they were required to enforce, blatantly opposed the Charter of Rights and Freedoms. They concluded that the

mandates and the ones instituting them must be called into question.

Slowly but surely, their message gained traction and motivated more critically thinking individuals to speak out and join the movement. The members called their team Police on Guard for Thee, which is now comprised of about 500 people from across the country.

Within the group are active and retired police officers, military personnel, firefighters, Canadian Borders Service Agents, and Correctional Officers.

One of the group's members, retired Toronto police Inspector, Len Faul, said: "Our Charter of Rights and Freedoms is being ignored at all levels of government."

"Why do we have a charter? We need something to protect the people from federal and provincial governments infringing on our human rights and human responsibilities. It's a very powerful legal tool and that's why it's entrenched in our constitution, meaning

that it can't be arbitrarily changed. Every single law that is passed, whether it be municipal, provincial, or federal, must meet the standard of the Charter. If there's a suggestion that it doesn't, our courts can strike that law down," he went on to say.

Eighteen brave officers from the group, along with Rocco Galati, a leading constitutional lawyer, brought a court application to the Superior Court of Ontario in order to clarify the constitutionality of the COVID-19 public health measures they are being directed to enforce. This is the first constitutional challenge of its kind in Canadian history. Its effects will set a precedent for future cases and shed light on the importance of upholding the Charter.

Amidst all the noise and confusion, there lies one fundamental truth – Canadians are able to live comfortably in a country full of opportunity, where freedom of speech and choice are encouraged, because our Charter of Rights affords us those privileges.

Visit the group's website, [PoliceonGuard.ca](http://PoliceonGuard.ca), and [@policeonguardforthee](https://www.instagram.com/policeonguardforthee) on social media.



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## Xplornet service benefits King residents

By Mark Pavilons  
Editor

More King residents will be able to enjoy enhanced internet service, thanks to improvements made by Xplornet.

Since the spring of 2021, Xplornet Communications Inc., Canada's largest rural-focused broadband service provider, has been rolling out its fast, reliable and affordable Xplore 50/10 Unlimited Internet service across its national network.

The company is now offering download speeds up to 50 megabits per second (Mbps) and upload speeds up to 10 Mbps, with unlimited data, to more than 220,000 homes and businesses in underserved areas across rural Ontario. By this coming Dec. 31, that number will have surpassed 300,000 homes and business across rural Ontario.

In King, Schomberg and Pottageville residents will be able to take advantage of the new service.

"The Xplornet team has been working hard upgrading our fibre and wireless broadband network to bring faster speeds across rural Ontario," said Allison Lenehan, president and CEO of Xplornet. "This is another important step in our continuing commitment to invest and deliver improved high speed Internet to rural homes and businesses across Canada so that people can stay connected to family, friends and work today and in the future, no matter where they choose to live."

This is the result of Xplornet's ongoing private investment to deploy state-of-the-art, scalable hybrid fibre wireless technology in its facilities-based network in order to deliver broadband services to meet the needs of rural Canadians today and for years to come.

The launch of the Xplore 50/10 UNLIMITED service directly contributes to Canada's Connectivity Strategy, which aims to provide all Canadians with access to Internet speeds of at least 50 Mbps download and 10 Mbps upload.



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KingWeeklySentinel

# Arts & Entertainment

## Murals with messages are getting attention

By Mark Pavilons  
Editor

Murals in King City are grabbing the attention, and getting the message across to local youth.

Works by Mahyar Amiri are poignant and topical.

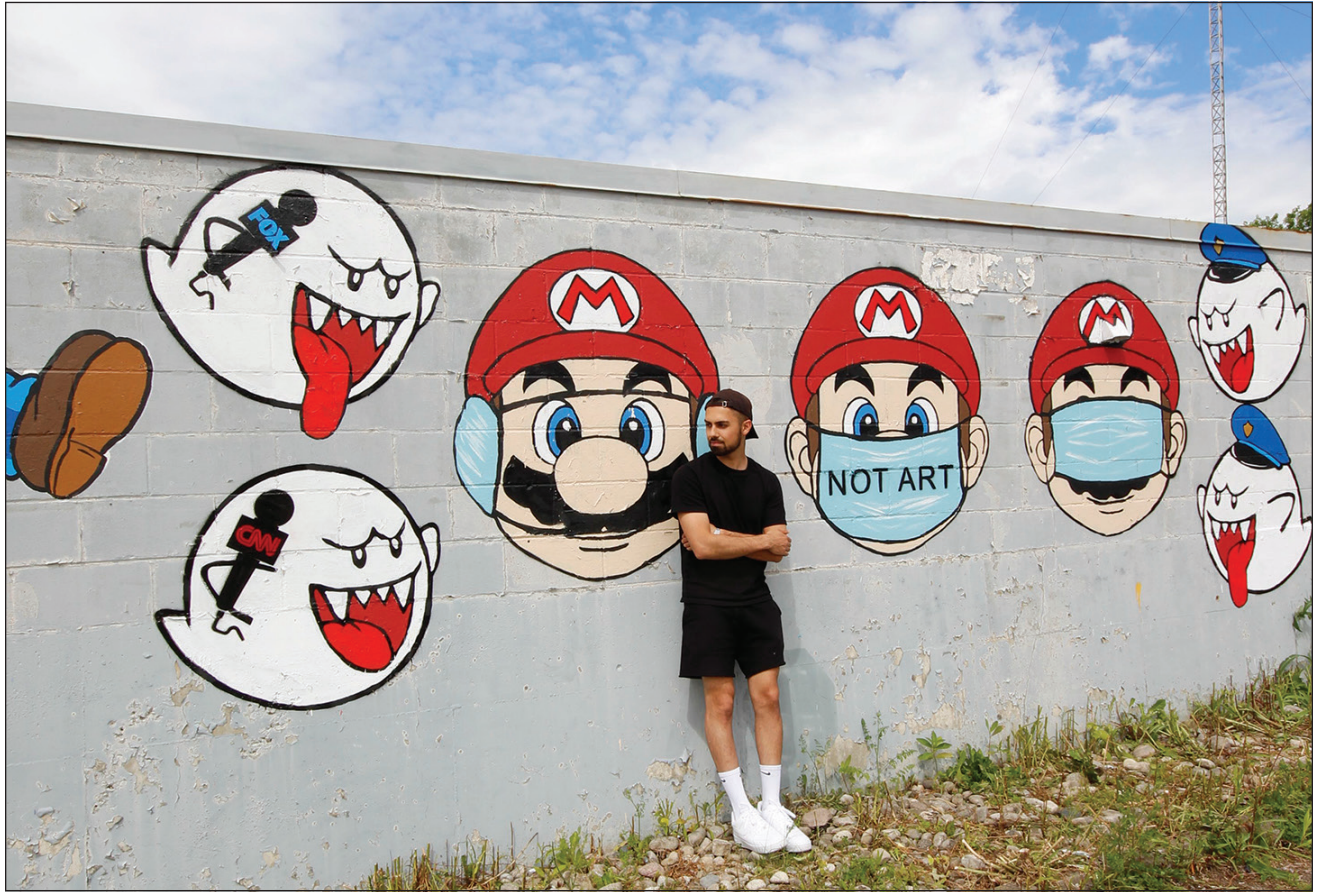
The mural on Keele and Station Road in King City, entitled “hear no evil, speak no evil and see no evil” has a COVID-19 medical mask. On the hear no evil Mario, there are two ghosts (in the Mario game they are called “Boos”) and they are each holding a fox and CNN microphone, which highlights how some media outlets can spread rumours/lies about the pandemic to further frighten the public. Amiri said it can be relating to any subject or censorship matter, not necessarily the pandemic (open to interpretation for the viewer).

On the far right side where you see the “see no evil Mario,” you will find two Boos dressed up as police officers. This was aimed to highlight the fact that sometimes bad cops don’t want us to see and film everything due to the unlawful crimes they may have committed.

“Ever since I have painted this mural, many parents with their kids have posed by this mural and I have received a lot of positive feedback in the king city community! I call this mural “BOO.”

Amiri gained recognition locally for his work “Creation” showing two gloved hands reaching for one another.

For more on his work, visit [www.notart.ca](http://www.notart.ca)



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## ASK is looking for volunteers

Do you love the arts? Arts Society King (ASK) is looking for volunteers and/or interns who would like to be part of a dynamic arts organization that supports and promotes the Arts in King Township.

ASK organized a variety of events this year (2021) including, En Plein Air painting, Photo Contests, Writing Contests, art exhibits and Studio Tour King. ASK also partners with other groups in King Township to plan additional events.

Planning will shortly begin for autumn events for arts aficionados and members of ASK and the community.

Do you have skills like graphic arts,

marketing, etc. to share? Are you looking for an internship or need community hours? Would you like to join one of our Planning Committees or even the Board of Directors? If you are interested in meeting artists, writers, actors, musicians and all who appreciate the arts, and enjoy attending studio tours, art galleries, musical concerts and other similar events, we want to hear from you!

Check out our website at [www.arts-societyking.ca](http://www.arts-societyking.ca) to learn more about ASK and its events and/or send an email or introduction to our Artist Liaison, Kathleen Rodgers ([kathleen.rodgers@sympatico.ca](mailto:kathleen.rodgers@sympatico.ca)). We look forward to working with you!!

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# Ontario launches new Youth Environment Council

The Ontario Government is creating a new youth environment council, to provide young Ontarians in Grades 9 to 12 with more opportunities to share their insights and ideas on climate change and other key environmental issues impacting the province's future. Ontario youth in high school are encouraged to apply to be volunteer members of the council by August 4.

"As the youngest environment minister in Ontario's history I am excited to launch this new youth environment council to ensure our next generation are at the table in helping find solutions to some of the most pressing environmental challenges of our time such as climate change and conservation," said David Piccini, Minister of the Environment, Conservation and Parks. "As the leaders of tomorrow, we want to work together with youth as we look for ways to protect our environment, reduce greenhouse gas emissions and prepare for the impacts of climate change."

Members of the youth council will meet monthly from September to April

to hear from expert guest speakers, discuss a range of environmental and climate change issues and provide input on potential solutions to ministry officials, including the Minister of the Environment, Conservation and Parks.

Eligible youth can apply to be members of the consultation group by completing an application form on [ontario.ca/YEC](http://ontario.ca/YEC) by Aug. 4 at 11:59 p.m. Candidates must currently be in Grades 9 to 12 now, or as of the 2021 fall school year, and should have a passion for the environment, an understanding of key climate-related issues and solutions in their regions, and work or volunteer experience with activities related to climate change and the environment.

The Ministry is collaborating with a wide range of stakeholders that engage with youth to ensure we have applicants with diverse interests. Applicants from across the province, including Indigenous communities, are encouraged to apply. Members of the Ontario Youth Environment Council will be announced later this summer.

Ontario continues to take meaningful action to lower greenhouse gas emissions and meet our 2030 target, while helping communities prepare for the impacts of climate change. Some of our recent accomplishments include:

Finalized and received federal recognition of Ontario's emissions performance standards to ensure large, industrial emitters are accountable for their greenhouse gas emissions.

Created the Cleaner Transportation Fuels regulation to set requirements that increases requirements for renewable content in gasoline while maintaining requirements for diesel. The new regulation requires fuel suppliers to blend renewable content (such as ethanol) in gasoline to 11 per cent in 2025, 13 per cent in 2028 and 15 per cent in 2030.

Released a low-carbon hydrogen discussion paper to inform a low-carbon hydrogen strategy that could create jobs and help the province move towards its greenhouse gas reduction target.

Launched the first-ever broad,

multi-sector provincial climate change impact assessment to identify where the province is vulnerable to climate change. Following a competitive procurement process, Ontario selected a consulting team led by the Climate Risk Institute to conduct the assessment.

Ontario's 2019 greenhouse gas emissions have decreased by 21 per cent since 2005, while at the national level, Canada's 2019 emissions went down by only 1.1 per cent since 2005.

"The environmental choices we make today will have a profound impact on our children's future, which is why they deserve a seat at the table. Providing youth with the opportunity to express their concerns and ideas directly to the Minister and get a better understanding of the inner workings of government and how decisions are made is a powerful experience and wonderful opportunity. I look forward to seeing what the outcomes of the new Ontario Youth Environment Council will be," said Tovah Barocas, president, Earth Rangers.



## Hortons Camp Day success

The annual Camp Day fundraiser by Tim Hortons was another success this year. Local outlets, owned by Len and Rita Mizzoni, were among the highest money raisers in the country. "This shows the amazing generosity and support of our incredible town," said Mayor Steve Pellegrini, a perennial supporter of the cause.

King-Vaughan MPP Stephen Lecce also pitched in, serving at a Vaughan location.

"I commend our local Tim Hortons, York Region Police, and the many residents who stopped by to support kids in need and help send them to camp this summer. Tim's camps provide a great opportunity for youth to learn new skills through a multi-year, leadership development program – empowering them to learn, lead, and continuously grow," said Lecce. "Thanks to our generous community for stepping up in a big way!"

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# Flato Developments donates \$20,000 to annual run

Flato Developments is proud and privileged to make a donation to the 18th annual Run for Vaughan event, in support of the Cortellucci Vaughan Hospital.

Top-notch local health care is essential for any community, especially a fast growing area like Vaughan and York Region.

Flato Developments is committed to not just building homes, but more importantly, in building and supporting the communities they build in.

“This is part of our corporate mandate,” according to the company.

“Flato Developments and the Rehmatullah Family have a long history of philanthropy that span decades in supporting local health care.”

The Skahir Rehmatullah Cancer Clinic at the Markham Stouffville Hospital is a testament to this.

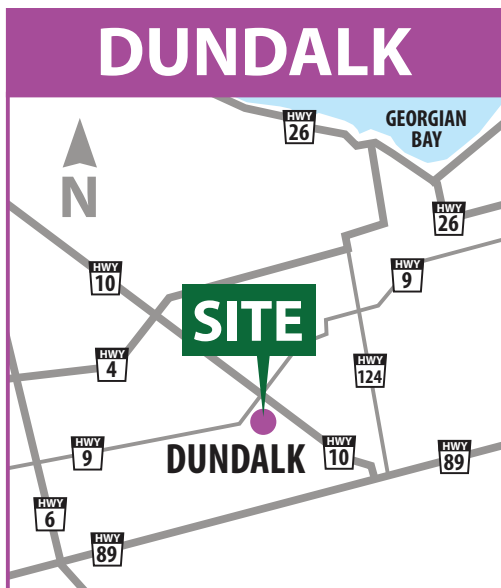
“It has been said that one of the deep secrets of life is that all that is really worth doing is what we do for others. We are honoured to support Mackenzie Health and the people of York Region,” said Shakir Rehmatullah.

King-Vaughan MPP Stephen Lecce was on hand for the presentation.

“First held in 2003, the Run for Vaughan is an exciting local event organized by Ahmadiyya Muslim youth in support of Cortellucci Vaughan Hospital,” said Lecce. “Since its inception, the run has brought our community together and generated more than \$1 million to support our state-of-the-art hospital. We are grateful for the generosity of Flato Developments and Ahmadiyya youth for stepping up to support Vaughan’s hospital and the health of our community.”

The event is being held on Saturday, August 22, 2021, and teams or participants can register for a 10K Run, 5K Run, 1K Fun Walk, 10K Cycling. This year the event is being held virtually and participants are being encourage to track their times through the Run Keeper App.

Minister Lecce has participated in the event for over a decade. At the last in-person run in 2019, #TeamLecce was a top donor team joined by over 25 runners.



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# Southlake's mental health unit gets more funding

As part of its comprehensive plan to build a connected mental health and addictions system centred around the needs of patients, the Ontario government is investing over \$6.5 million to support the expansion of Southlake Regional Health Centre's Adult Inpatient Mental Health Unit.

The expansion will add 12 new mental health beds and support spaces, increasing the total inpatient mental health capacity to 28 beds that will better address the demand for mental health supports and services for patients and families in York Region and Simcoe County.

"Investing in projects like the expansion of Southlake Regional Health Centre's Adult Inpatient Mental Health Unit is just one way our government

is continuing to deliver on its commitment to build a connected and comprehensive mental health and addictions system for all Ontarians," said Christine Elliott, Deputy Premier and Minister of Health. "This investment will ensure patients and families in Newmarket, Aurora and the surrounding communities have access to high-quality care in a safe and modern unit, supporting them in their journey to mental wellness."

On average, 17 patients come to Southlake's Emergency Department every day experiencing a mental health crisis. Amongst other types of services, Southlake's inpatient mental health program provides short-term assessment and stabilization for people who are 18 years of age or older with severe

and acute mental health disorders. This expansion will enable the hospital to care for more than 400 additional patients each year. The newly renovated space will include private rooms, more windows with natural light, and common areas to support recovery, ensuring that individuals who need emergency mental health support receive the care they need.

While work is under way to expand the unit, the inpatient program will continue to offer services and supports at Southlake Regional Health Centre. The new Adult Inpatient Unit is expected to be completed in late 2022.

"Since the release of Roadmap to Wellness last year, our government's top priority has been to continue making critical investments that will fill urgent gaps in mental health and addictions care, reduce waiting lists and address extensive wait times," said Michael Tibollo, Associate Minister of Mental Health and Addictions. "Through the expansion of Southlake's Adult Inpatient Mental Health Unit, clients will have better access to the high-quality mental health supports that meets their unique needs, in a specialized setting where they are cared for and fully supported."

The expansion of Southlake's Inpatient Unit is part of Ontario's capital plan, which will invest \$30.2 billion in hospital infrastructure over the next 10 years, including an additional \$3 billion announced in the 2021 Budget, Ontario's Action Plan: Protecting People's Health and Our Economy. These investments will improve and increase space in hospitals and include grants to support new facilities, including the renewal of existing hospitals and community health centres.

The government is investing more than \$21 billion in capital grants over the next 10 years for hospital projects across Ontario that will lead to \$30 billion in hospital infrastructure.

Ontario's Action Plan: Protecting People's Health and Our Economy, brings total investments to \$16.3 billion to protect people's health and \$23.3 billion to protect our economy. Ontario's COVID-19 action plan supports now total \$51 billion.

Ontario is investing \$3.8 billion over 10 years to fill urgent gaps in mental health and addictions care, create new services and expand programs through Roadmap to Wellness. To support Roadmap, Ontario has invested \$525 million to create a connected, comprehensive and integrated mental health and addictions system since 2019 including an additional \$175 million in 2021-22.

In response to the COVID-19 outbreak, the province invested up to \$194 million in one-time emergency funding for mental health and addictions services, enabling Ontarians to access the services they need during these difficult times, including more than 67,000 Ontarians accessing provincial virtual supports.

Visit COVID-19: Support for People to find information about the many available, confidential and free mental health and addictions services and supports for Ontarians of all ages.

"Southlake Regional Health Centre is an important health hub for the people of York-Simcoe. By increasing the number of beds and support spaces available, this investment will play a vital role in making sure that those who need care, receive it," said York-Simcoe MPP Caroline Mulroney.



## Lecce boosts Chamber program

Stephen Lecce, MPP for King-Vaughan, attended the launch of the Vaughan ChamberSafe Program, along with Brian Shifman, President of the Vaughan Chamber of Commerce and Howard Klerer, owner of Harkel Office Furniture and the regional distribution lead for the testing program.

This new program provides free rapid self-screening test kits to small and mid-sized businesses, that employ up to 150 employees. Small businesses are encouraged to contact Vaughan Chamber for access to free rapid-tests, to protect their employees and keep workplaces safe.

"I am grateful to the Vaughan Chamber – along with local distribution partner Harkel Office Furniture – for working with our government to provide free rapid tests to small businesses across the community," said Lecce. "As we enter stage three of our reopening plan, we must continue to remain vigilant – vaccines and rapid-tests will ensure we can move forward and safely reopen our economy, society, and country."

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# King Weekly Sentinel

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## Local gym owner reaches competition finals

By Julia Galt

A local gym owner has received international recognition after making it to the final few rounds of Muscle & Fitness magazine's Mr. Health & Fitness competition, the world's largest online fitness competition.

Dean MacMurray, owner of Schomberg's LifeDrive Fitness, lasted five rounds of elimination voting before placing second in his group shortly before the event's quarter finals.

Originally entering the competition as a joke – knowing, at 50 years old, he'd be competing in a pool of athletes up to 30 years younger – MacMurray exceeded his own expectations by being hand-picked to compete for the grand prize of \$20,000 and a two-page spread in Muscle & Fitness magazine.

For MacMurray, a former semi-pro boxer, committed athlete since 12, and certified personal trainer, it was a once-in-a-lifetime opportunity to share his passion for fitness with millions of readers and pay off his independent gym.

"People could come in and see the trainer and go 'oh, this guy's actually been on the pages of Muscle & Fitness.' It would have been great for the gym," said MacMurray. "I'll do anything for this place."

MacMurray attributes a great deal of his success to the residents of Schomberg and surrounding areas, who shared links to his voting page, promoted him on Facebook, and always had a supportive word to say. Though the competition required daily voting over a grueling two-month period, MacMurray's supporters more than delivered.

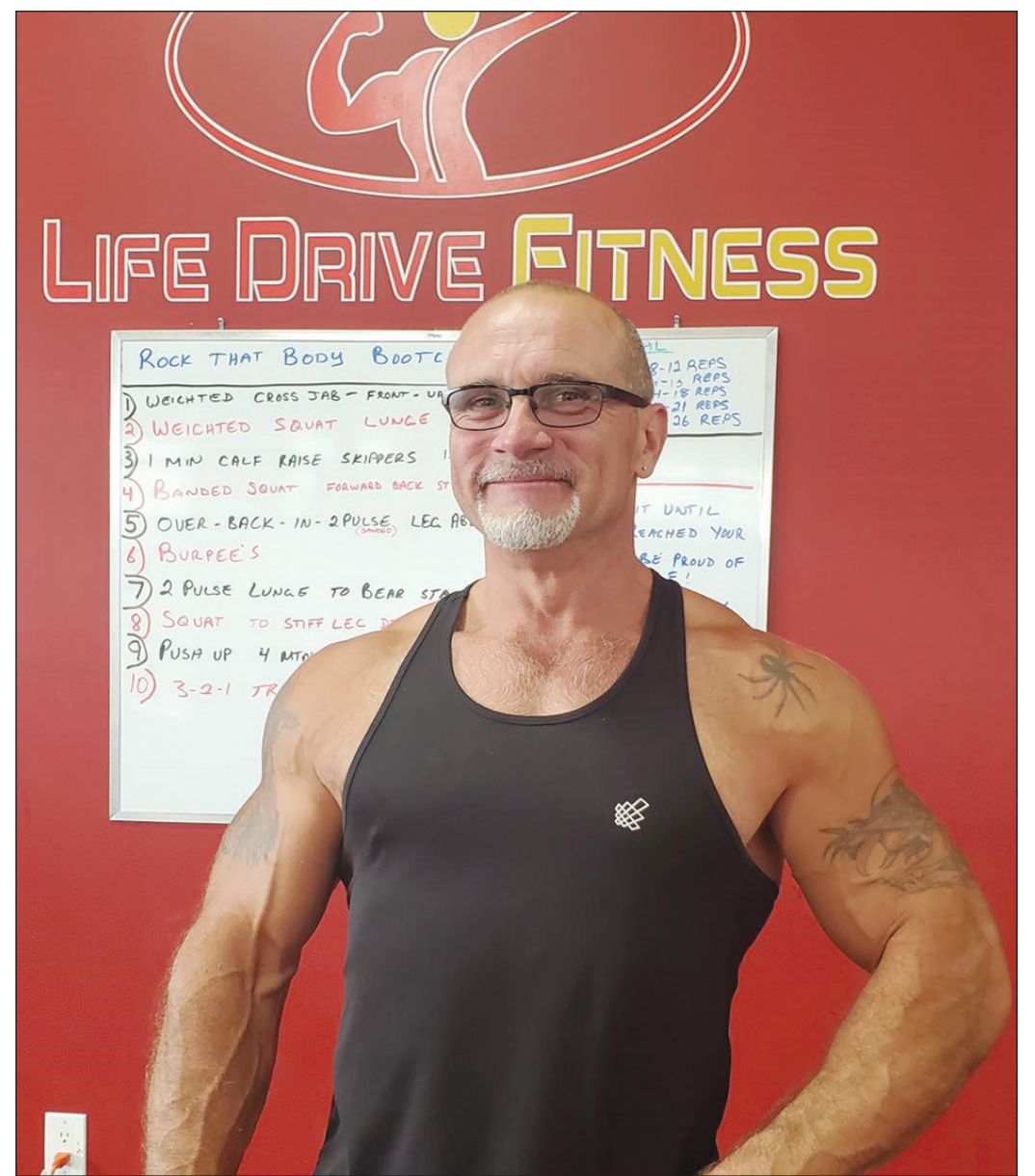
The next time the competition is held, he intends to re-enter in the hope of reaching the top spot.

By that time, the one-time "skinny, geeky kid" hopes to achieve his goal of squatting and deadlifting 500 pounds.

"It's been amazing, how many people have supported me," said MacMurray. "The community, the Schomberg Facebook page, my clients. Everybody was voting for me. I had tons and tons of support."

Until next year's competition, MacMurray will continue doing what he loves most: helping people of all age and experience work towards becoming the best version of themselves. With clients aged 2 to 72, there's something for everyone.

"It's getting in, believing in yourself, and not giving up when it hurts a little bit," said MacMurray. "One thing leads to another, you get stronger, and you start seeing results."



Dean MacMurray, owner of Schomberg's LifeDrive Fitness exceeded expectations in Muscle & Fitness magazine's Mr. Health & Fitness competition.

## Moffatt tops at grand prix, Mac Cone takes two spots

Hyde Moffatt of Brantford continued his winning streak by scoring victory in the \$75,000 RBC Grand Prix held Saturday, July 24, at Wesley Clover Parks in Ottawa.

Hot of his win in Thursday's \$30,000 CI Assante Wealth Management Open Welcome, Moffatt returned to the grass grand prix field at Wesley Clover Parks to claim victory in the \$75,000 RBC Grand Prix. While Grafton had been his winning mount for Thursday's win, this time it was Donjo that carried him into the winner's circle.

Course designer Joey Rycroft of Calgary, AB, set the biggest test of the week for 16 entries. Of those, five jumped clear to advance to the tie-breaking jump-off. The lead changed hands with each new jump-off challenger as no one had a rail down and the times got increasingly faster and faster. As the last to go, Moffatt knew exactly what he had to do to win. Executing tight turn-backs and using his horse's large stride to his advantage, Moffatt was able to stop the clock in 40.98 seconds to take the win over Ali Ramsay of Victoria, BC, who had a jump-off time of 42.45 seconds riding Bonita vh Keizershof Z, a 10-year-old Zangersheide mare (Bustique x For Pleasure) owned by Ramsay Equestrian Inc.

Canadian Olympic team silver medalist Mac Cone, 68, took third with a time of 44.28 seconds riding Zaia di San Giovanni, an 11-year-old grey Italian-bred mare (Cornet Obolensky x Cassini II) owned by Chadburn Holdings Inc.

Susan Horn of Bolton was fourth rid-

ing Dominka van de Lucashoeve while Cone rounded out the top five with his second jump-off contender, Con Couleur.

Moffatt was thrilled to have found himself at the top of the leaderboard for the second time this week.

"It's a nice way to start the season!" said Moffatt, noting that the Ottawa Summer Tournaments was his first competition of the year on Canadian soil. "We came here as the opener for us in Canada to give the horses experience on the grass and it could not have worked out better."

Moffatt emerged victorious in the \$30,000 CI Assante Wealth Management Open Welcome held July 22, at Wesley Clover Parks.

A total of 22 entries challenged the track set for the \$30,000 CI Assante Wealth Management Open Welcome by course designer Joey Rycroft of Calgary.

Mac Cone took 6th place on Zaia di San Giovanni.

The two-week Ottawa Summer Tournaments culminates in the \$10,000 Giant Tiger Modified Grand Prix on Sunday, July 25, beginning at 2 p.m. As access to the competition site is limited to essential persons only, fans can follow the action from the grand prix field via Facebook Live, presented by Terlin Construction.

For more information on the Ottawa Equestrian Tournaments, visit [www.OttawaEquestrianTournaments.com](http://www.OttawaEquestrianTournaments.com). Full results are available at [www.ottawaequestriantournaments.com/results](http://www.ottawaequestriantournaments.com/results).



Canadian Olympian Mac Cone of King City, took third place in the \$75,000 RBC Grand Prix riding Zaia di San Giovanni (pictured).

Photo by Ben Radvanyi Photography

## Semi-final of Gold Cup Thursday

By Robert Belardi

In a time where soccer fans have had the unrelenting pleasure of international tournaments we all should be excited to witness tonight's match.

It might not have the same exhilaration as the European Championships when Italy defeated England on penalties at Wembley. It arguably won't be the same as Argentina defeating Brazil right in The Maracana.

But as Canada continues to rise to the occasion in soccer and continue to seemingly make a name for itself not only as a country but also with international stars such as Alphonso Davies and Jonathan David, tonight is the night to be very stoked about.

Because it's the Gold Cup. It's Canada. And the boys in red and white, have a date with Mexico at 10 p.m. tonight for a chance to make the Gold Cup final on Sunday.

It's been quite the impressive run for Team Canada.

Canada has won the Gold Cup two times in the nation's history. In 2000, Canada defeated Colombia 2-0 in the final and in 1985, took out Honduras 2-1 in the final the year before the nation made its first ever World Cup appearance in 1986.

Tune in tonight. Do not miss this. For this is Canada's time to shine and it's not every day us fans have the pleasure of witnessing Gold Cup ephemera.

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# Schomberg Should Know

By Wendy-Sue Bishop  
905-590-0054  
wsue52@hotmail.com

## Kettleby Co-operative Preschool

The Kettleby Co-Op Preschool will be re-opening this September. They will be open Monday through Friday from 9 a.m. to noon. Please register by August 20 to obtain a secure spot.

Please email the school at kettleby-preschool@gmail.com for your registration packages and for other information you may require.

This school is an organization of parents and teachers who are committed to the healthy development of pre-school kids and to provide a safe environmental opportunity for children and parents to play, learn and grow together.

## Horticultural Society

The Schomberg Horticultural Society is supporting "The Hope is Growing Campaign" by encouraging all

residents, businesses and community groups in King Township to Plant Yellow For Hope! in their flower gardens, planters, boulevards and public spaces.

Plant yellow for a chance to win a \$25 gift card from a local business. Just take a picture of your yellow masterpiece and submit it to SHSHopegarden@gmail.com anytime before Aug. 31.

## Schomberg United Church By Nancy Hopkinson

Pulpit supply, (retired) Rev. Evelyn McLachlan, has been supplying videos and a printed sermon for each Sunday in June and July, except for a Zoom service at 11 a.m. once a month. Evelyn would like different people to do a scripture reading each week, so if you are willing, contact her at 905-859-9077 for a September video. Evelyn and her husband Earle Laycock are willing to record you wherever you feel most comfortable. Both Evelyn and Earle have had two vaccination shots, but they would still come wearing masks.

Last Sunday (July 25), we had a Zoom service. We celebrated communion, so we were each to have our own bread and juice (or wine). At the end of the

service, Kim Campbell, one of the members of the Search Committee, invited us to view the video that was created from lots of pictures of our activities in both of our churches. This video will be available for any new prospective minister to look at to hopefully encourage him, her or them to apply to be our minister.

Lively music accompanied the pictures. We plan to post this video on our Facebook page shortly.

Our churches will be closed for August, so no videos or services will be sent or held then. The Zoom service for the fall will be Sunday Sept. 12, 11 at a.m., if we are still not meeting in person.

Each month during the pandemic, we have been distributing a photo-newsletter. The July one which we have just distributed this week features a guest column by King City's Sandra Kirby. Did you know that Sandra, besides being a talented and professional singer, is also a Licensed Lay Worship Leader (LLWL) within Shining Waters Region of The United Church of Canada?

Her message was about how people may be feeling during this pandemic. Some of us are feeling happy because we are double vaccinated and think

that life may be returning to some semblance of normalcy. On the other hand, some people will have lost a loved one because of COVID-19 and are struggling to cope. She encourages us to go about our lives with care and compassion to those in our community and in turn bring hope and optimism to our own lives, through faith in Jesus Christ. Very timely message.

Also in the newsletter, we have lots of photos of people who donated to the King Township Food Bank on Canada Day, and a picture of Grazie Eaglesham with the special muffins with orange icings that she made as soon as she saw us setting up for the Food Bank. She told us that this was in remembrance of the indigenous children who died in the residential schools. Thank you, Grazie!

We usually have an Affirm Moment in our newsletter. This time, there was mention that Trans Women are the group most likely to be murdered. They need to have safe spaces and it is not always easy for them.

We continue to have a Zoom Coffee hour on Thursday mornings 10 to 11 a.m. Let me know if you want to be included in the email blast or want to join via phone. Contact me, Nancy, at 905-859-0761 or nancy@hopkinson.ca.

# Classifieds

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or email admin@caledoncitizen.com

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The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by the portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non-insertions of any advertisement beyond the amount paid for such advertisement. All advertisers are asked to check their advertisements after first insertion. We accept responsibility for only one incorrect insertion unless notified immediately after publication. Errors which do not lessen the value of the advertisement are not eligible for corrections by a make-good advertisement. There shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement. We reserve the right to edit, revise, classify or reject any advertisement.

**DEADLINES**  
Unfortunately deadlines do not allow us to take ads after 5:00 p.m. on Monday. When there is a holiday Monday, the deadlines will be Friday at 5:00 p.m. All ads must be paid in advance by deadline or the ad will not run. WE ACCEPT VISA, MASTERCARD, AND AMERICAN EXPRESS PAYMENTS OVER THE PHONE

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## 505 GENERAL HELP WANTED

ABATE RABBIT PACKERS meat processing facility from Arthur immediately requires 16 Wholesale and Retail Butchers with a minimum of 2 to 3 years of direct hands on experience in meat cutting and processing. Duties include cutting and sectioning of meat, skinning and removing blemishes, deboning rabbits and chickens, cutting meat into specialized cuts and preparing for wholesale and retail sales. HS diploma or equivalent required. Positions offered are permanent full time and salary is \$16.00/hr for 42.5 hrs a week, OT after 44 hrs a week. Please apply in person at 7597 Jones Baseline in Arthur, via email at joea@abatepackers.com, via fax at 1-519-848-2793 or via phone at 1-519-848-2107.

CLEANING LADY REQUIRED. Looking for a cleaning lady to clean bi-weekly. North of Schomberg area. If interested, please call 905-715-2373

## 505 GENERAL HELP WANTED

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## RELIEF SUPERINTENDENT

Kitchen-Breedon Manor, Seniors Building, Schomberg. Typically working/on-call 24 hours/day every second weekend + some holidays + other. Building Security checks, minor maintenance, snow shovelling/salting. Must have proven reliability, effective communication skills, and a positive, helpful approach to working with seniors. Must pass Criminal Record Check. Compensation to be negotiated. Contact: 905-939-2796 or kbm@bellnet.ca

**STUDENT REQUIRED** for summer work. Yard work etc. Tottenham. Call 647-209-2585

## 602 ARTICLES FOR SALE

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OPEN FRIDAY, SATURDAY, SUNDAY & MONDAY 10 AM TO 5 PM UNTIL LABOUR DAY. OTHER DAYS CALL AHEAD

DIRECTIONS: Hwy 89 W to Airport Rd, N on Airport Rd. about 21 kms, W on 3/4 SR, then follow the signs to the farm, 3757 3rd Conc'n S., Nottawasaga.

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## 612 AUCTIONS/FLEA MARKETS

**KIDD FAMILY AUCTIONS**  
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GOLD AND SILVER COINS COINS, PROOF SETS AND STAMPS. AN ON-LINE AUCTION

DATE: AUG 6TH. LOTS START CLOSING AT 5PM. PREVIEW: AUG 6TH FROM 10 - 4 PM. OR GIVE US A CALL. WE'RE FLEXIBLE.

BID WITH CONFIDENCE VIA WWW.KIDDFAMILYAUCTIONS.COM 438280 4TH LINE, MELANCTHON (NORTH OF SHELBURNE).

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**CONSIGNMENT ONLINE AUCTION SALE**

Sale held at the Shelburne Agricultural Hall in Shelburne.

Location from the Town Hall in Shelburne come north on William St to the fire hall. Turn right and enter fairgrounds gates.

**THURS. AUG. 5TH AT 6 PM**  
**PICK UP SAT. AUG. 7TH 10 AM - 4 PM**

**Sale Offers:** Horse drawn buggy; 4 English saddles; bridles; blankets; buckets; concrete jockey; street light; fire hydrant; 2 cast iron sugar kettles; snow blowers; Cub Cadet 6.5 hp rear tine roto tiller (as new); fishing tackle; fishing rods; butter boxes; tins; toys; antiques; collectibles; large qty. of tools etc.

**TERMS:** Cash or known cheque with proper ID only. Visa, M/C and Interac. All items will have 13% HST as well as 10% Buyers Premium. Neither the Auctioneer nor Fairgrounds will be responsible for accident or property loss. **Preview** Thursday August 5th 1 - 4pm

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## Nobleton Notes

### St. Paul's Church By Linda Blydorp

We welcome you to join us in-person for worship this Sunday. The government has moved up to the third step of the reopening of Ontario. There will be lots of room for everyone in our worship space. Masks still must be worn and households are to be kept two metres apart from each other.

Our Pastor, Jeff Loach, will continue his series on heaven in two weeks time, on August 15. The next two Sundays we welcome our guest preacher, former intern Christine Samuel.

Our live-streamed broadcasts are available directly on [stpaulsnobleton.ca](http://stpaulsnobleton.ca) or on our YouTube channel each Sunday at 10 a.m. You can watch previous services or messages anytime, also on our YouTube channel ([youtube.com/stpaulschurchnobleton](http://youtube.com/stpaulschurchnobleton)).

Is there something we could pray about for you? We will be continuing our "Drive-Thru" prayer event the first and third Wednesdays of the month from 4:30 to 6 p.m. Just drive on in and you will be directed to someone whose

honour it would be to pray for you. You don't even get out of your car for this one.

All our LifeConnect Groups have taken a break for the summer, but will resume once again in September. Stay tuned for more upcoming information on "A Message for All Time." This is a story of redemption and hope as seen through the life and death of Jesus, and what this abundant life of Jesus offers us in our current times.

### St. Mary's Church

We continue to welcome you back to St. Patrick's and St. Mary's Church for our regular Holy Mass Schedule.

We hope to see more parishioners safely returning back to the celebration of the Sacrifice of the Holy Mass as we are now in Step 3 of the Roadmap to Reopen.

For those unable to attend Holy Mass in person, please join us online every Sunday for the livestreamed celebration of the Sunday Holy Mass at 9:30 a.m. from St. Patrick's Church, Schomberg.

Visit us on our Facebook page or YouTube Channel to join us virtually for the celebration of the Sunday liturgy.

Browse our new websites:

St. Patrick's Parish: <https://stpatrikssc.archtoronto.org/>

St. Mary's Mission: <https://stmarys-no.archtoronto.org/>

### Nobleton United Church By Nancy Hopkinson

Pulpit supply, (retired) Rev. Evelyn McLachlan, has been supplying videos and a printed sermon for each Sunday in June and July, except for a Zoom service at 11 a.m. once a month.

Evelyn would like different people to do a scripture reading each week, so if you are willing, contact her at 905-859-9077 for a September video. Evelyn and her husband Earle Laycock are willing to record you wherever you feel most comfortable. Both Evelyn and Earle have had two vaccination shots, but they would still come wearing masks.

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be available for any new prospective minister to look at to hopefully encourage him, her or them to apply to be our minister. Lively music accompanied the pictures. We plan to post this video on our Facebook page shortly.

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Her message was about how people may be feeling during this pandemic. Some of us are feeling happy because we are double vaccinated and think that life may be returning to some semblance of normalcy.

More on Page 19

# Classifieds

Phone 905-857-6626 or 1-888-557-6626  
or email [admin@caledoncitizen.com](mailto:admin@caledoncitizen.com)

### 708 OBITUARIES

#### Lywood: Laura Ruth



Suddenly at Kingston Health Science Centre, on Wednesday, July 21st, 2021. Ruth Lywood (née: Mills) in her 76th year, beloved wife of Wayne. Loving mother of Lori (Tony) Puma, Darryll (Kasia) and Todd. Cherished grandmother of Cameron, Justin and Corey. Dear sister of Marlene Hollefriend (late Dave), Kathy McCallum (late Kenny), and Diane Fitzpatrick (John). Fondly remembered by her sister by choice Sue Dortona and her brother-in-law Gord (Jane) Lywood. Sadly missed by her extended family and friends. Ruth's generous last act of caring and kindness through the Trillium Gift of Life Organ Donor Program, has been shared with many people in need through organ and tissue donation. In her passing she has given others the chance to live. Cremation has taken place. Donations in memory of Ruth to the Heart and Stroke Foundation of Ontario or World Vision would be appreciated by the family. Arrangements entrusted to Rod Abrams Funeral Home, Tottenham, 905-936-3477. Condolences may be left for the family at [www.RodAbramsFuneralHome.com](http://www.RodAbramsFuneralHome.com).

### 809 RESIDENTIAL SERVICES & REPAIRS

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### 505 GENERAL HELP WANTED

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- Works Well with Deadlines and Budgets
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Contact Karen at [karen@lpcmedia.ca](mailto:karen@lpcmedia.ca)  
or Zach at [zach@lpcmedia.ca](mailto:zach@lpcmedia.ca)

**King Weekly Sentinel**

# King's Corners

**King City United**  
By Sheryl Sinka

KCUC has suspended our worship for 5 weeks through the month of July and we will resume on August 8.

Rev. Lee is available through this time for pastoral care needs and for pastoral visitation and needs can be communicated through the office. An online worship option will be available through our website during that month. Previous weeks worships, are available on our YouTube Channel at YorkUnitedMinistries or our website at kcuc.net. We hope everyone stays safe and has a wonderful summer.

If you would like emails with the link to the worship please contact the church at kcuc@bellnet.ca to be put on the list for the worship link.

The Women's Prayer Circle is still "open for business," and we can still pray together, even if not in person. Although our weekly Tuesday morning meetings at the condo building on Burns Blvd. are still suspended, they will resume as soon as the government rules are relaxed.

Meanwhile, if you need prayer, for yourself or a loved one, please call Deana at 905-833-5375 and your request will be shared by phone with other prayer sisters. Surely we all agree that prayer is needed now, more than ever. Be still and be well.

If you are in need of assistance please contact the King City office at 905-833-5181.

**King Bible Church**

Join us on Sundays at 10:30 a.m. as

we're back in-person for our services! We will also be streaming the service online at 10:30 a.m. on Facebook and YouTube.

Please visit our website to register for our services (we require everyone to pre-register for the service). We will be meeting in-person every week while in Phase 3.

Please visit our website for links and further information. [www.kingbiblechurch.com](http://www.kingbiblechurch.com)

We also have virtual Bible studies over Zoom. Further information is on our website under "Small Groups."

If you have any questions please email Lisa Lethangue at [lisa@kingbiblechurch.com](mailto:lisa@kingbiblechurch.com).

**St. Andrew's**  
By Kathy Patterson

Join us this Sunday, Aug. 1 at 10:15 a.m. for our online worship service at [standrews-kingcity.ca](http://standrews-kingcity.ca).

The Rev. Grant Vissers (Knox Presbyterian Church, Waterdown) will provide his last sermon from his series on 5 Big Questions many have about Christianity.

Last Sunday, July 25, his sermon was "What about science? Does it not disprove Christianity?" We've been enjoying this series and if you missed it, the videos can be found either on YouTube (St. Andrew's, King City or by going to our website).

"Coffee Time" following the service is via Zoom. We'd love to see you. Call Kathy Patterson for the link, 905-833-0391.

Tuesday morning Prayer Time will not be meeting regularly over the summer, but know that we are praying for you. If you have a prayer request or want to share something joyful, get in

touch with us. Philippians 4:6,7 says, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Virtual Art for the Soul on Wednesdays at 4 p.m. will be reconvening in August. We are also planning for an Art-in-the-Park program for school-aged children! We're looking at the 4th week of August. More information to follow!

The King Township Food Bank continues with its safe food distribution each month. If you need more information contact [ktfb.ca](mailto:ktfb.ca)

Pastor Niyazi or Irada Bilgen of the Greater Grace Fellowship may be reached at 416-878-8499 regarding their Sunday evening Bible Study at 5 p.m. is now able to be held in the lounge.

For pastoral care while Lynn is on vacation, please call the Rev. Paul Johnston, our Interim Moderator at 705-341-7738 or one of the Elders. Lynn will be back next week.

Remember to keep in touch over the summer, stay safe and If you need support getting your vaccination appointment or need a lift, please let us know.

We are planning our re-opening for September 12, all going well. We'll keep you posted!

**Kingcrafts Studio**  
summer sale

Local artisans have been busy during COVID lockdowns creating beautiful one of a kind items. Our sale this year will include a plant sale from the lovely gardens of many of our members!

Come out and support us. You will not be disappointed.

Visit Saturday and Sunday, Aug. 21 and 22, from 10 a.m. to 6 p.m.

No tax, free parking and admission. We're located at 12936 Keele Street.

**All Saints Anglican Church**  
By Patrick Gossage

We are meeting outside, weather permitting, for our 10:30 service. While Fr. Michael is on holiday in August, we will have a 10:30 morning prayer service only. All are welcome - come as you are.

Fr. Michael preached from the story of Jesus feeding the 5,000 in John "When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself."

"In today's gospel, Jesus is doing many things - he's testing the disciples, feeding a crowd, then evading a crowd, then walking on water, and then somehow rescuing the disciples from the storm. In the midst of all this action, we notice several things about Jesus. The first is that, as we saw in Mark 6 last Sunday, he is always caring for and protecting his people, in the tradition of the shepherd kings of Israel. The second is that he does these things entirely on his own terms, as if refusing to be drawn too far into human affairs.

Let's look at his question to the disciples: 'Where are we to buy bread for these people to eat?' Jesus then dismisses human economics, with its built in scarcities and inequalities, and turns to a boy with a little barley bread, and some dried fish. In the kingdom of heaven there is always more than enough because the economy of the kingdom of heaven works on grace, not on scarcity.

*More on Page 19*

# KING TOWNSHIP

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# Nobleton Notes

From Page 17

On the other hand some people will have lost a loved one because of COVID-19 and are struggling to cope. She encourages us to go about our lives with care and compassion to those in our community and in turn bring hope and optimism to our own lives, through faith in Jesus Christ. Very timely message.

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There are lots of other items (grandchildren, great grandchildren, jokes, photos of lunch supplied to the volunteers in the Trisan Vaccination Clinic, etc. in our newsletter. If you would like to have a copy, let me know.

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## Nobleton Lions

Your Nobleton Lions Club has been

practicing physical distancing, as mandated by health authorities. Like many other groups, we met via Zoom at our regular meeting times, and continue to operate to the extent allowed. The Club has proactively reached out to those organizations which we usually support, to offer financial aid in line with what we typically provide. Updates are shown on the Club's website at [www.nobletonlions.com](http://www.nobletonlions.com)

The Club embarked on a new fundraising initiative this year. An online auction was held, and proved to be very successful. Access to viewing items was via the Lions website, available at [www.nobletonlions.com](http://www.nobletonlions.com). A very warm round of thanks to donors and bidders, you helped us raise funds in a challenging time. A list of winning bidders will be posted on the website. Watch for a repeat of this venture late next fall.

Calling all knitters and crocheters! The Club has become aware of a need for cozy, homemade slippers at various Ronald McDonald Houses. It seems that people sometimes find themselves needing to stay in close proximity to hospitals when their children require hospitalization on an unexpected basis. Ronald McDonald Houses provide what they can, and here is a chance for us to help them. If you have the time and wool, patterns are apparently available on the internet, for slippers of any size or colour. The Nobleton Lions will collect them and forward them to various RMH's in south central Ontario. For followup details please contact Rick Evans at 1-905-806-9988. Support for this project has been very strong, and the Club, and RMH are profoundly grateful.

The Club continues to offer a free service to people in self-isolation and others unable to leave their homes. The

Lions continue to provide a free delivery service for Pharmasave prescriptions. Just call Club president Rick Evans, and we will drop packages outside your door, contact free.

# King's Corners

From Page 18

"Let's turn to the crowds that want to make him a king, Jesus flees to the mountain. The clue here is 'take him by force' (Jn 6.15). Force is the currency of the economy of power and politics. Jesus certainly knew how much force belongs to kings like Herod, who murdered his cousin John the Baptist. By escaping the crowd and then retreating to a mountain, Jesus is again signalling that he's not going to be drawn into human affairs.

"Instead, Jesus comes to us on his own terms, walking mysteriously on the water, or as he does when he feeds the crowds. John tells us that Jesus "distributed (the loaves) to those who were seated; so also the fish, as much as

they wanted" (Jn 6.11). Both these episodes tell us the same thing – that Jesus will come to us, feed us, as in the eucharist, entirely on his own terms, terms that we call "grace."

Grace is undeserved goodness. This is the God who knows exactly who we are, how broken and fallen we can be, Jesus, 'to whom all hearts are open, all desires known, and from whom no secrets are hidden.'

"These last many months, as our lives put on hold, we've probably all felt that this pandemic was one long storm. During Covid the news often reports that we're in 'uncharted waters.' But it was never about having a good boat. It was always about Jesus, who always watched over us, caring, not about what we deserve, but what we need. Jesus comes to us again today, giving himself for us, feeding us, caring for us, saving us.

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Making our Hospice feel like a home is what we're all about. The team at Margaret Bahen Hospice actively make **#HospiceMoments** happen for our residents that include things like: organizing birthday or anniversary celebrations, finding ways for residents to reunite with their pets, having an ice cream sundae party in the summer, and spreading the holiday spirit by carolling at our residents' patio doors.

If you would like to help us create more **#HospiceMoments** for our residents, we would love to hear from you!



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