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King Weekly Sentinel King's Community Mewspaper

Weekly Circulation: 10,200

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FREE

Thursday, March 18, 2021

Volume 48, Issue 11

Rockford's 905-833-0400 rockfords.ca f O

WE ARE OPEN NOON TO 9PM DAILY - LIMITED SEATING

TAKE OUT AVAILABLE - ORDER ONLINE OR @UBEREATS



Flato Developments supports ASK

Joe Medeiros of Flato Developments presented a cheque to Arts Society King to help promote arts and culture across the township. Also on hand for the presentation were Mayor Steve Pellegrini, Councillor Debbie Schaefer and Michelle McNally. Turn to Page 3 for

York opens 19,000 new vaccine appointments

19,000 appointments for COVID-19 vaccination.

Thos given priority include residents who are 80 years of age and older (born in 1941 or before) and who live in York Region; highest and very high priority health care workers who live or work in York Region.

Appointments can be booked at vork.ca/Covid19Vaccine The additional appointments will be for vaccinations at the

following clinics:

Cortellucci Vaughan Hospital located in the City of Vaughan, operated by Mackenzie Health.

Cornell Community Centre located in the City of Markham. operated by Eastern York Region North Durham (EYRND) Ontario Health Team (OHT).

Georgina Ice Palace located in the Town of Georgina, operated by York Region Public Health.

Maple Community Centre located in the City of Vaughan. operated by York Region Public Health.

Ray Twinney Recreation Complex located in the Town of Newmarket, operated by Southlake Regional Health Centre. Richmond Green Sports Centre located in the City of Rich-

mond Hill, operated by York Region Public Health. Clinic dates and times vary for each location. Please visit turned away.

The Regional Municipality of York has opened a supply of york.ca/Covid19Vaccine for specific clinic details.

The process for clinics operated by York Region Public Health requires two steps. Individuals booking appointments must first create an account and then book an appointment.

Residents age 80+ who are not comfortable booking an online appointment are encouraged to seek out a support person (caregiver, family member or friend) who can assist in booking this appointment on their behalf. Telephone support is also available.

Contact centre information is available at vork.ca/Covid-19Vaccine

Residents may be required to wait outside for a short period of time before their appointment, so it is important to properly prepare for your COVID-19 vaccine before visiting the clinic.

As vaccine supply increases, residents are encouraged to check back often for appointments that may become available. York Region will continue to publicly communicate new online booking opportunities through multiple communication channels, including york.ca, social media and our media and community partners.

Walk-in appointments are not available; please do not visit a vaccination clinic without an appointment – you will be

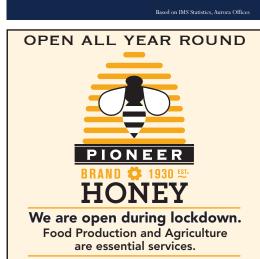


Gypsy moths are a problem locally.

See Page 16







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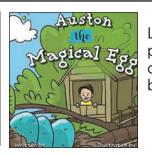
www.laservices.ca

Contact now Brian Porter. Director, Living Assistance Services, for advice and care at home at 416.483.0070



REGULAR **FEATURES** Editorial

Business Page 8 Page 19 Sports Classifieds Page 22



Local couple publishes children's book.

See Page 12

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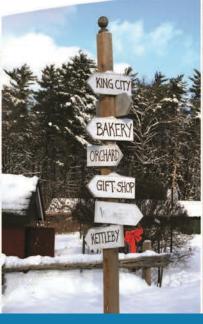
Rare Find!! 2 Houses One Lot In King Township, Exceptional Property & Location! This Might Be The Property You Have Been Looking For, Endless Possibilities, 3 + 2 Bedroom Bungalow Plus Second Two Bedroom House, 2 Houses! 2nd House Could Be Great In-Law Home / Studio / Guest House Or Rental, Which Provides Another Element To This Unique Home / Property, This Property Boasts 2 Large Creek Fed Ponds. Swimming Pool, Very Private Oasis 2.75 Acres Features Towering Maple, Oak, & White Pine, Very Quiet Dead End Street, Truly A One Of A Kind Property In A Beautiful Enclave In King. Call Me For More Information Or To See This Incredible Property.



www.king.ca









King Township

2585 King Road King City, ON Canada L7B 1A1

Phone: 905.833.5321 Email: serviceking@king.ca

UPCOMING MEETINGS

COUNCIL AND COMMITTEE OF THE WHOLE

Wednesday, March 24

1:00 pm - Special Council Meeting Closed Session Re: Council Education and Training purposes

Monday, March 29

6:00 pm - Council and Committee of the Whole Virtual meeting live streamed at http://king.ca/meetings

Tuesday, April 6

6:00 pm – Council Public Planning Meeting Virtual meeting live streamed at http://king.ca/meetings

Monday, April 12

6:00 pm - Council and Committee of the Whole Virtual meeting live streamed at http://king.ca/meetings

To view full Council and Committee of the Whole agendas, visit king.civicweb.net/filepro/documents

COMMITTEES AND BOARDS

Tuesday, March 23

6:00 pm - Committee of Adjustment

Virtual meeting live streamed at http://king.ca/meetings

Wednesday, March 24

6:00 pm - Sustainability Advisory Committee (Virtual Meeting - Not Live-Streamed) If you wish to participate in the meeting virtually, register by emailing jwelch@king.ca by 12pm (noon) on the day of the meeting.

Thursday, April 8

3:00 pm - Holland Marsh Drainage System Joint Municipal

Services Board (electronic meeting)

Tuesday, April 20

6:00 pm – King Township Public Library Board (virtual meeting)

BID NOTICES

For all bid opportunities, please visit the Township of King's website www.king.ca, click Popular Topics and click **BID OPPORTUNITIES.**

Or visit on the following link https://king.bidsandtenders.ca/Module/Tenders/en

EMPLOYMENT OPPORTUNITIES

- Equipment Operator closes March 19 at 4:30 pm
- King Township Public Library CEO / Chief Librarian closes April 12 at 4:30 pm

Please visit the Township website at www.king.ca for employment opportunities.

PUBLIC NOTICES

Pre-Authorized Debit Program (PAD): PAD program is available for

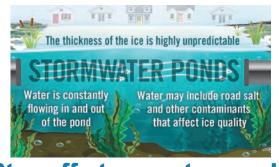
Property Tax accounts. The enrolment form is available at



www.king.ca (search for "PAD")

To ensure enrollment please apply prior to due date. The deadline to enroll for the monthly PAD program is June 1, 2021 In accordance with the Township By-law 2021-074 unpaid balances following the due date, a penalty of one and one quarter per cent (1.25%) per month, shall be levied on the first day of the next calendar month following the due date and each month until paid in full.

Please visit our website for details.



Stay off stormwater ponds

Staff and by-law officers are reminding residents found using stormwater ponds for skating that this is prohibited and unsafe due to possible changing conditions. As indicated by the conservation authorities:

Stormwater ponds are designed to continuously collect stormwater from surrounding roads and neighbourhoods

No matter how deep into the winter or how thick the ice may appear, temperature changes and water flowing in/out can cause major variations in ice thickness

Air pockets are also easily formed under the surface and contaminants like salt weaken the ice

Stormwater ponds are dangerous in winterAll these factors combined, create dangerous and unpredictable conditions that put your safety at risk.

You can book ice and use the four open municipal ice pads (King City, Nobleton, Schomberg & Cold Creek). More details can be found at king.ca/OutdoorRinks and booking can be completed at https://townshipofking.perfectmind.com/

Half-load Restrictions

The annual half-load period to limit vehicle weights to 5,000 kg per starts on designated Township roads effective March 1, 2021 to May 31, 2021 per our By-law 2010-141.

For further information, call 905-833-5321.

Please see more King Township notices on page 5

PUBLIC NOTICES



Due to the constantly changing nature of the COVID-19 pandemic and its effects, this information may not be current. Please visit covid19.king.ca for the most up-to-date information.

With guidance from York Region Public Health and in an abundance of caution for both residents and staff around the COVID-19 pandemic, King Township is responding with the following changes in operations:

- · King Township Public Library remains closed but is offering curbside pickup service. Visit www.kinglibrary.ca for more information.
- The Municipal Centre at 2585 King Rd. is closed to the public until the end of 2020.
- · All essential services will continue, including Fire and Emergency Services, water, wastewater, waste collection and roads and sidewalk maintenance.
- Some non-essential services may be impacted. For a list of all services please visit www.king.ca.

Citizens can still do business with King on our website at www.king.ca, by phone at 905-833-5321 or by email at serviceking@king.ca, by phone at 905-833-5321 or by email at serviceking@king.ca,

LATEST UPDATES

York Region and King Township are currently in the Red -- Control level.

The Township has, since the onset of the COVID-19 pandemic in March, been offering all administrative services to our businesses and residents virtually. King Township remains open for business. Many services—including things like building permits, planning applications, garbage bag tags and the payment of water bills—can all be accessed online. We have also introduced virtual recreation programming and will continue to offer as many outdoor recreation programs as possible in the coming weeks. Learn more at www.king.ca.

All essential services have continued, including Fire and Emergency Services, water, wastewater, waste collection, by-law enforcement and roads. King is encouraging residents to support local businesses during the lockdown as much as possible.

You can visit our website at www.king.ca, call us at 905-833-5321 (Monday to Friday, 8:30 a.m. - 4:30 p.m.) or email us at serviceking@king.ca. For the latest King Township COVID-19 related information, please visit www.covid19.king.ca or http://bit.ly/yorkregioncovid19.

COVID-19 information

The risk to York Region residents of acquiring the virus in the community remains low.

Visit york.ca/covid19 for more information or call Health Connection at 1-800-361-5653. You may also contact Telehealth Ontario at 1-866-797-0000 for medical advice. Telehealth Ontario is a free confidential service you can call to receive health advice or information. A registered nurse will take your call 24 hours a day, seven days a week.

NOTICE OF PUBLIC PLANNING MEETING CONCERNING A PROPOSED OFFICIAL PLAN AMENDMENT AND ZONING BY-LAW AMENDMENT

Tuesday, April 6th, 2021 at 6:00 p.m.

(Electronic Meeting pursuant to Section 238(3.1)(3.3) of the Municipal Act, 2001)

As the Municipal Centre is now closed to the public due to the COVID-19 pandemic, this is an electronic meeting held remotely and live streamed via https://www.king.ca/meetings.

The public are invited to remotely attend the Virtual Public Planning Meeting to receive information and provide comments on the proposed Official Plan Amendment and Zoning By-law Amendment applications to facilitate the development on the property located at 204 Dew Street, submitted to the Township of King in accordance with Sections 17, and 34 of the Planning Act, R.S.O. 1990, Chapter P.13, as amended.

Subject Property

204 Dew Street, King City Location: Registered Plan 337, Lot 37 Owner: Yellow Horizon Homes Ltd. Agent: Weston Consulting

File Numbers: OP-2018-02 & Z-2018-06 Staff Report:

The staff report will be available at www.king.ca on the Thursday prior to the meeting date. The proposed Official Plan Amendment and Zoning By-law Amendment applications were submitted by Weston Consulting, on behalf of the owner, Yellow Horizon Homes Ltd. The applications concern a property located on the north side of Dew Street, east of William Street and south of King Boulevard. The subject property measures approximately 0.86 acres and has 30.45 metres of frontage on Dew Street. The property supports a single detached dwelling with driveway access onto Dew Street. The proposal is to develop four (4) semi-detached dwellings to accommodate a total of eight (8) residential units on the subject property. The residential units will be serviced by a private condominium road. A previous public meeting of Council was held on November 2nd 2020 for the subject applications.

What Are The Proposed Changes

The subject property is designated 'Existing Low Density Residential Area' by the King City Community Plan (OPA 540) and is designated 'Established Neighbourhood' by the Township's New Official Plan, Our King. The subject property is zoned Residential - Single Detached "C" (R1C) by Zoning Bylaw 2017-66, as amended. The purpose of the Official Plan Amendment application is to provide for a 'Medium Density Residential' designation on a site specific basis to permit an eight (8) unit residential development. The purpose of the Zoning By-law Amendment application is to amend the by-law to provide for the four (4) semi-detached dwellings and establish site specific zoning provisions to implement the development.

Any person may attend the virtual public meeting and/or make written or verbal representation either in support of or in opposition to the proposed Official Plan Amendment or Zoning By-law Amendment. Written comments will become part of the public record.

The proposed Official Plan Amendment and Zoning By-law Amendment, including supporting information, are available by contacting Giuliano La Moglie, Lead Planner, between the hours of 8:30 a.m. and 4:30 p.m., with reference to the address or file numbers for more information. Written comments in advance of the staff report being published may be sent to:

Giuliano La Moglie, Planner I glamoglie@king.ca, 905-833-5321 ext. 1018

How to Participate in the Public Meeting

1) VIEW THE MEETING live virtually at https://www.king.ca/meetings. No pre-registration is required.

2) SUBMIT WRITTEN COMMENTS to the Township Clerk at clerks@king.ca by 12:00 p.m. (noon) on the day of the meeting. Comments will form part of the public record and will be circulated to Council and the Planning Division.

3) SPEAK TO COUNCIL remotely (by audio-telephone) by pre-registering with the Clerk's Division at 905-833-4068 or email clerks@king.ca no later than 12:00 p.m. (noon) on Tuesday, April 6th, 2021. Provide your full name, address, telephone number and the item you wish to speak to. Upon receipt of your registration, you will receive a confirmation email with instructions for participating by telephone. All comments addressed to Council will form part of the public record.

How To Stay Informed

If you wish to be notified of the decision of Council of the Township of King regarding the proposed Official Plan and Zoning By-law Amendment, you must make a written request to the Clerk of the Township of King, 2585 King Road, King City, ON L7B 1A1, or by email at clerks@king.ca.

If a person or public body that would otherwise have an ability to appeal the decision of the Council of the Corporation of the Township of King to the Local Planning Appeal Tribunal ("LPAT"), does not make oral submissions at a virtual public meeting or make written submissions to the Township

of King before the Official Plan Amendment is adopted or Zoning By-law Amendment is passed, the person or public body is not entitled to appeal

If a person or public body does not make oral submissions at a virtual public meeting, or make written submissions to the Township of King before the proposed Official Plan Amendment is adopted or Zoning By-law Amendment is passed, the person or public body may not be added as a party to the hearing of an appeal before the Local Planning Appeal Tribunal ("LPAT") unless, in the opinion of the Board, there are reasonable grounds to do so. Dated at the Township of King this 18th day of March, 2021.

Kathryn Moyle Director, Corporate Services Township Clerk Township of King





Patios returning to King this spring and summer

By Mark Pavilons **Editor**

Local Journalism Initiative

Patio dining will return to villages across King this season.

Councillors voted to continue the private and public land patio programs through 2021, in keeping with provincial, York and municipal COVID guidelines.

The program was established last year in response to provisions set out by the provincial Alcohol and Gaming Commission, to support restaurants and food establishments during COVID-19.

The local move will help King restaurants and establishments offer safe, outdoor, physically distant dining options.

King has two programs, one on private lands and the other on public lands.

The private patio program allows restaurants to develop a new, or expand an existing patio. It's designed to allow them to set up on the road right of way in village cores. The municipality helps by coordinating the location of the patio and also pitches in with structures and safety barrier planter boxes.

Seven restaurants applied last June and they included Rockford's Bar and Grill, The Scruffy Duck, Sunset Grill (King City), Spresso, Wild Wing and Raffaele's Catina.

In the public land program, applicants have to provide sketches and proof of insurance to protect the municipality.

In Schomberg, Leonardo's Pizzeria and Smoke House, and the Grackle Coffee set up shop.

Staff reported that Pop-Up Street Patios Inc. offered a 50% discount to support costs through Central Counties Tourism. Other costs were covered through the Economic Development program budget.

Township staff carried out a survey in the summer and fall of 2020 in Schomberg and the results were very

The majority (over 85%) felt the patios should be reinstated this year, and they were beneficial to local businesses. More than 93% enjoyed their Main Street dining experiences.

Staff received strong support for the program, but did note there were some challenges. They included developing an application process that included government guidelines; developing the patio programs quickly, and trying to accommodate the needs of businesses, while balancing government regula-

The AGCO is authorizing the extension of "by the glass" licences, to extend licenced premises.

King isn't asking for any fees associated with the program, but the Township is asking those on public land contribute 10% of the fees, which works out to roughly \$350 per patio.

"These two patio programs will help support one of King's hardest hit sectors as a result fo the COVID-19 pandemic throughout 2021," staff said. As the pandemic continues and regulations also continue to change, the patio programs "would offer safe and viable options for businesses and their patrons."

Flato Developments supports ASK

Flato Developments is proud and privileged to make a donation to the Arts Society King.

The company presented a cheque to ASK for \$2,500 recently.

They look forward to not just building homes, but building and supporting the communities they build in.

"This is part of our corporate mission; we don't just build homes, we build communities," said Shakir Rehmatullah, president of Flato Devel-

It's been said that art brings cultures together and is one fo the highest forms of hope. That's why supporting the arts is important to Flato.

Flato Developments and the Rehmatullah family have a long history of philanthropy that spans decades in supporting the arts. As an ardent art collector of paintings and sculptures, Rehmatullah is also the sponsor of the Flato Markham Theatre – a testament to his support and dedication to the arts.

"Art and culture is important. It matters. It enriches our life and community and gives us joy and tranquility in these difficult times. We are honoured to support the artists of King Township in this way," Rehmatullah emphasized.

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THE BEST MOVE YOU COULD MAKE



Editorial, Letters & Opinion

"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."

~ Michael Connelly

Stigma, access plague mental health sufferers

"There is hope, even when your brain tells you there isn't." – John Green

Our bodies may be our temples, but our minds are our palaces.

Our human CPU holds everything that we are, our very essence if you will.

Not only does our brain control every bodily function, but it lets us imagine, live life and yes, escape.

It's the most important part we have, and it's a crying shame when things go wrong in our grey matter.

It's hard to say whether intellect and logic govern our actions, or whether emotions override our primary func-

It's likely a combination of the two, a perfect balance. When that balance is off, like teetering on a balance beam, all sorts of mishaps are bound to occur.

In the last few years, there's been more of an emphasis on mental health issues in society. And rightly so. From general anxiety and depression, to dewe're all slighty more aware, and hopefully, more compassionate and under- health issues. standing.

health" was not really a "thing." We had to deal with self-esteem and body issues on our own. We had to muddle ment (23%) are the two top barriers Cathrough bouts of "being down." We kept nadians say has prevented them from it bottled up, most of the time.

Today, with the tremendous amount of information, data, studies and re- health crisis. Whether it's a loved one, sources, there's nothing we can't in- a colleague, or yourself, mental health vestigate and delve into. Even in isola- impacts us all," said Chris Denys, setion, we can learn about various mental nior vice-president, Possibilities, Lumihealth concerns and perhaps learn how to cope, or try to lessen the pain.

startling.



Mark Pavilons

A Lumino Health/Sun Life survey bilitating mental health conditions, finds nearly two-thirds (60%) of Canadians are currently experiencing mental

Over half (54%) of those experienc-When I was young, "mental ing mental health issues have not received medical support.

Affordability (25%) and embarrassseeking help.

"Our nation is dealing with a mental no Health. "We must work together to tackle this emergency. From employers But the numbers are still bleak and to individuals, we can all play a role in building a more resilient Canada."

health concerns, followed by stress, de-help. I'm at a loss to affect real change. pression and addiction. When it comes finds differences across groups.

Women (62%) and those aged 18 to 34 planet. (74%) are experiencing the greatest impact of mental health issues.

Gen Z, (Canadians aged 18 to 23) are periencing addiction issues.

Carl Jung, even in his day, said 1/3 of his patients suffered from a "senselessness and emptiness of their lives."

I'm sure we've all had a certain level of anxiety in our lives. I went through a nadians are learning remotely to some job. Anxiety turned into depression, and they are attending classes exclusively while I'm much better equipped today to online. And 45% say that the education deal with it, I still take medication.

We try to keep the peace in our household with our offspring. Our 20-year-old paring them for their desired career. son and 15-year-old daughter tend to go out of their way to get a rise out of each nadians have faced severe job-interrupother. They bicker, fight and swear. We tions (reduced hours, and termination). intervene, and try to calm the nerves. But boy are they headstrong!

I give them credit for expressing themselves and being assertive, but wow, I wish they'd find some kinder, paign that highlights the impacts of gentler adjectives!

on their shoulders. We know there's calls for immediate action by all levels more going on and it's hard to help them of government to reduce wait times for through the trials and tribulations the mental health and addiction services. pandemic has brought down upon them.

Heck, it's hard for us to deal as well. is troubled lately, with thoughts of the of COVID, and press on? afterlife, future career, the fall semester at college, relationships. He's been bers of our village are hurting. Let's bored during the lockdown. He needs tend to them, so we can all move forto get out, go for a walk, take a drive. It ward together.

Anxiety (40%) tops the list of mental may sound simple, but perhaps it could

I think we have to begin tilting our to the likelihood of experiencing menheads a bit, and thinking differently. tal health issues, the Sun Life survey Maybe we should recognize there are 7 billion versions of "normal" on this

> It's never overreacting to ask for what you need, according to Amy Poehler.

An RBC Future Launch study of more than twice as likely (16%) as the more than 1,800 Canadians aged 14-29 national average (7%) to say they are exfound that across every province and major city, youth are significantly less confident when it comes to their job prospects and how prepared they are for the future of work.

Currently, 7-in-10 (70%) young Ca-"spell" a few years back when I lost my extent, with nearly 3-in-10 (28%) saying they are receiving online during the pandemic is doing a worse job of pre-

> More than half of young working Ca-Relatedly, almost half (47%) of those working full-time are doing so from home or at least part-time.

"Everything Is Not OK" is a new cam-COVID-19 on the mental health of chil-They are good kids with good heads dren, youth and adults. The campaign

Our mental health is so vitally important. Without it, how can we keep My son, the proverbial deep thinker, up the fight, emerge from the blanket

It takes a village. Well, many mem-

Anti-Racism

YRDSB strategy to dismantle anti-Black racism

York Region District School Board has launched the Dismantling Anti-Black Racism Strategy: Creating anti-racist and Black-affirming learning and working

The strategy will support the board in its work to address incidents of anti-Black racism in all its forms, and create safer and more equitable environments for stu \cdot dents, staff and community members. There were approximately 1,300 registrants for the March 8 virtual launch event.

The strategy was developed in response to continued evidence of anti-Black racism in schools. The systemic nature of anti-Black racism requires that school boards act proactively to support greater access to education and opportunities for all students and to challenge the marginalization of Black students, staff and families.

"The Dismantling Anti-Black Racism Strategy: Creating anti-racist and Black-affirming learning and working environments, was co-developed by Black community leaders of York Region and Black staff," said Director Louise Sirisko. "The launch of the strategy marks a coordinated effort to address anti-Black racism at the board."

York Region District School Board worked with external consultant Tana Turner and community organizations to develop the strategy that will be formally rolled out from 2020-2025. The Dismantling Anti-Black Racism Strategy contains seven priority areas designed to improve outcomes for Black students, staff and community members.

"YRDSB is committed to doing the necessary work to create safe, equitable and inclusive learning environments where all students, including Black students can achieve to their full potential. To this end, we also commit to continuing our work with community partners, staff and students to reduce instances of anti-Black racism and to ensure that a student's race is not a predictor of their education outcomes," said Superintendent Cecil Roach. "The launch of the strategy demonstrates the Board's commitment to anti-racism, human rights and to dismantling systemic oppression at our board."

WHICH DOOR WILL THE ONE YOU CHOOSE? THAT OPENS FIRST! Moderna Pfizer 0 Johnson AstraZeneca Johnson



Will you get the COVID-19 vaccine when it becomes available to you?

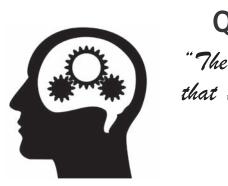
60% a) Yes 40% b) No The results of this poll are in no way considered to be valid or infallible.

THIS WEEK'S **QUESTION**

Have you or a family member received the COVID vaccine?

a) Yes b) No

Go to our website and cast a vote!



Quote of the Week

"The nice thing about standards is that there are so many of them to choose from."

– Andrew S. 7anenbaum

Trivia Tidbits

The only two animals that can see behind themselves without turning their heads are rabbits and parrots.



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PUBLISHER: London Publishing Corp. GENERAL MANAGER: Zach Shoub EDITOR: Mark Pavilons editor@kingsentinel.com PRODUCTION: Lisa Clendening ADVERTISING: Doug Sherritt doug@lpcmedia.ca DISTRIBUTION: Cephise Cuming cc@cephisecuming.com **OFFICE: Mary Speck** CREDIT DEPT.: Al Lord

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Published every Thursday



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PUBLIC NOTICES

Comprehensive Stormwater Master Plan Class Environmental Assessment NOTICE OF VIRTUAL PUBLIC NFORMATION CENTRE (PIC#2)

King invites residents to take part in our 2nd virtual Public Information Centre for our Comprehensive Stormwater Management Master Plan on Thursday April 1, 2021, 12:00pm – 2:30pm.

Following the Municipal Class Environmental Assessment (EA) process, we have conducted an analysis of the alternative solutions using the feedback we received during PIC #1 and we are ready to present and discuss the preferred solution to ensure that the required level-of-service of stormwater infrastructure can be provided throughout the Township.

Please visit https://speaking.king.ca/stormwater-master-plan for more information









Pet Licences

A friendly reminder to get your 2021

pet licence(s) before April 15th. Get

your licence(s) early to save the late

Dog licences are \$20 before April

Service Dogs are free with

Cat licence fees are waived.

Replacement tags are \$10.

3 months requires a licence.

Any cat or dog over the age of

Pet tags must be worn at all times.

Seniors (65+) receive a \$5 discount.

documentation.

Have questions?

Email clerks@king.ca

Virtual Public Information Centre #2 Thursday April 1, 2021 at 12:00 pm - 2:30 pm

How to Participate:

Registration for this PIC can be done by sending your name & email address to: KingStormwaterMasterPlan@civi.ca

Please also feel free to complete a comment sheet which can be found on the project website noted above.

Please note that information related to these studies will be collected in accordance with the Freedom of Information and Protection of Privacy Act. With the exception of personal information, all comments received will become part of the public record. Thank you for your interest in these studies

fee of \$5.

Pricing:

15th.

Nobleton sewer works



Phase 2, Contract 3 sanitary sewer and concurrent works in Nobleton will take place in and around the following roadways: Sheardown Drive, Dobson Court, Cain Court, Hazelbury Drive, Chamberlain Court, Russell

Snider Drive, Witherspoon Way, Mactaggart Drive, Holden Drive, Robb Drive and McCutcheon Avenue affecting approximately 200 homes. Weather permitting, work is scheduled to take about 27 months to complete.

LATEST UPDATES

- Sanitary installation continues on Holden Drive north of Sheardown.
- Sanitary installation continues on Robb Drive then will mobilize to MacTaggart at Sheardown and start heading north.
- Sanitary installation continues on MacTaggart between McCutcheon and Holden. Likely start on MacTaggart west of Holden.

Residents who have any questions about the project can visit http://majorprojects.king.ca/ or contact ServiceKing at 905-833-5321 or serviceking@king.ca.

Gypsy moths What are they?

Gypsy moths are destructive pests. They get their name from their ability to travel by attaching to various objects. They appear in late July or August.

Gypsy moth caterpillars (larvae) change looks as they grow.

Young caterpillars are black or brown and about .6 cm (.24 inches) in length. As they grow, bumps develop along their backs with coarse black hairs. The caterpillar is easily recognizable in the later part of this stage: charcoal grey with a double row of five blue and six red dots on its

back. Feeding ends by early July, and mature caterpillars can be as long as 6.35 cm (2.5 inches).

Should I be concerned?

Gypsy moths are a concern because the larvae feed voraciously, mostly on the leaves of deciduous (leafy) trees, but also on some conifers (evergreens). During the larval stage, a single gypsy moth caterpillar can eat an average of one square metre of leaves.

How can I get rid of gypsy moths?

Egg masses

Gypsy moths spread easily, as the young larvae can be carried by wind currents for a distance of up to one kilometre. More commonly, however, they hitch a ride (mainly egg masses) on objects like vehicles, tents, trailers, and lawn chairs to infest new areas. Vacationers, especially campers, should be aware of this and should check their equipment before moving on.

It is important to be thorough when looking for egg masses as they can be difficult to locate. Common hiding places include:

- the underside of branches
- tree trunks
- fences
- firewoodoutdoor furniture
- swing sets, boats
- trailers
- under the eaves of buildings

When an egg mass is found, it should be scraped off with a knife and dropped into a bucket filled with hot water and household

bleach or ammonia. Remove picnic tables, swing sets, and lawn furniture from around the bases of trees, because these objects provide the insects with protection from the heat of the sun.

There are numerous actions (see links below) that can be taken by homeowners to help protect individual high-value trees, but timing is critical. There is even the potential for aerial spraying with a biological treatment (BTK) for private larger forested areas.

https://www.abca.ca/assets/files/Fact Sheet Gypsy Moth ABCA LR.pdf https://www.ontario.ca/page/gypsy-moth

 $\underline{https://trca.ca/conservation/habitat-protection-regeneration/gypsy-moth/}$

King launches feature-packed recycling app

King Township has partnered with Recycle Coach to launch a mobile app to help residents become expert recyclers and reduce the amount of waste going to landfills.

By using the Recycle Coach app, residents will have instant access to their area's collection sched-



ule, personalized reminders, key event dates (such as bulky item pickup) as well as a powerful search engine that provides information on the proper sorting of waste and recycling.

The app will also allow King Township to communicate directly with the community about waste

management program or scheduling changes.

Citizens are encouraged to visit http://www.king.ca/waste to learn more.

PARKS, RECREATION & CULTURE DEPARTMENT











KING FIRE & EMERGENCY SERVICES

Clothes Dryer Fire Safety Tips



A leading cause of dryer fires in the home is the lack of dryer maintenance.

Install smoke

and carbon

monoxide

alarms on

every storey of

your home.

Test them

every month.

How do I keep **myself** and my loved ones safe?

When Installing...

- Have your dryer installed and serviced by a qualified technician.
- If you install your own dryer, follow the manufacturer's instructions before installing the dryer vent.



Always...

Follow the manufacturer's instructions regarding the safe use of the dryer.

Inspect and clean the lint screen after each load of laundry. The build-up of lint can lead to a fire. Regularly remove lint from ducts and exhaust vents.

- Regularly inspect the outdoor vent to ensure it is unobstructed.
 Turn the dryer off if you leave home or
- when you go to bed.

 Keep the area around the driver clear
- Keep the area around the dryer **clear of items** that can burn.



For more information contact King Township Fire and Emergency Services

Contact Information - 905-833-2800



More municipalities voice opposition to GTA West Corridor

By Mark Pavilons **Editor**

Local Journalism Initiative

More and more municipalities are joining environmental groups in opposing the proposed GTA West Corri-

King Township is being pressured to join the growing opposition. A motion will be presented at an upcoming council meeting that rescinds their support for the route.

The environmental assessment continues into the GTA West Corridor, a transportation route that is designed to improve the flow of goods through the Greater Golden Horseshoe.

Environmental groups and concerned citizens have long seen the route as not only unnecessary, but one that eats up prime natural land along its preferred route.

The Stop the 413 Facebook has been active online recently. The group includes residents of King, Caledon, Vaughan, Kleinburg, King, Caledon, Brampton, Halton & Surrounding Areas against the construction of High-

Environmental Defence is asking the federal government to conduct a "proper" EA of the 413.

The group contends the corridor is "a redundant and unnecessary toll highway that would pave over farm, forests, wetlands and a portion of the Greenbelt and cost taxpayers billions."

The group argues that Highway 407 (another toll highway) is underused. Yet the province is proposing to build another east-west toll highway just 15 kilometres away.

"Building a new highway gets more polluting cars on the road, and usually does nothing to relieve congestion over time. In fact, an expert panel study found the highway would only save drivers 30-60 seconds per trip," they say.

"Building Highway 413 would cost Ontario taxpayers billions. And it would mean less money is available to invest in crucial public transit. Highway 413 would degrade the parts of the Credit River and Humber River watersheds that flow into Lake Ontario – a source of drinking water for millions of GTA residents."

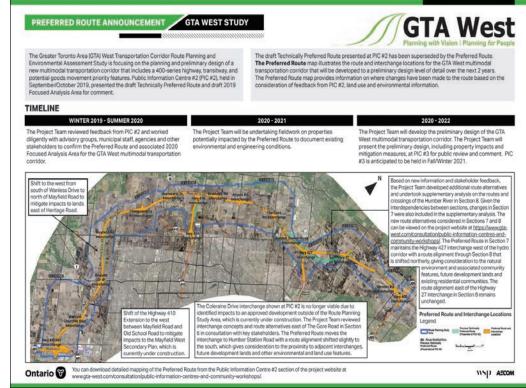
The loss of more than 2,000 acres of class 2 farmland worries many.

King-Vaughan MPP Stephen Lecce said he fully supports the protection of the natural environment. He also "appreciates that gridlock is a long-standing challenge that will only be exacerbated by one million more residents moving into the GTHA over the coming decade.

"While forward planning is necessary, quite obviously there's still a tremendous amount of work that needs to be done to further consult with communities impacted and a rigorous environmental assessment. Once that is comprehensively done, if it makes sense for the highway to proceed, it may; if it doesn't, it won't."

King Township last year lent its support to the corridor swinging south of King-Vaughan municipal boundary.

"First and foremost, any suggestions to move the proposed route further north into King Township would not be supported by council as it would have many negative impacts, including to the environment."



Back in January of this year, King Township council passed a resolution fully supporting the MTO's preferred technical Route S8-3 based on its natural, land use/socio-economic and transportation technical merits.

The Ontario Ministry of Transportation (MTO) is undertaking Stage 2 of the Environmental Assessment (EA) Study for the GTA West multimodal transportation corridor. Building on the recommendations from Stage 1, the EA Study will identify the route, determine interchange locations and complete the preliminary design for a new multimodal transportation corridor within the Route Planning Study Area. The new multimodal transportation corridor will include: a 400-series highway, transitway and potential goods movement priority features. The study continues to follow the GTA West Corridor Environmental Assessment Terms of Reference, which was approved by the Ontario Minister of the Environment on March 4, 2008.

The government contends the GTA West multimodal transportation corridor is vital transportation infrastructure that will help meet the projected growth in both population and employment identified in the Growth Plan for the Greater Golden Horseshoe, and will deliver multiple bene-

Proponents note that even with optimizing the existing transportation network, widening existing highways, and the transit expansion projects identified by Metrolinx, additional road capacity is needed.

In 2019, the Ministry of Municipal Affairs and Housing released A Place to Grow: Growth Plan for the Greater Golden Horseshoe (the Growth Plan). The Growth Plan outlines a set of policies for managing growth and development and guiding planning decisions in the Greater Golden Horse-

The GTA West Transportation Corridor is identified in the Growth Plan as a "Future Transportation Corridor" and represents a strategic link between Urban Growth Centres in the west of the Greater Toronto Area. This study was initiated to further develop this transportation corridor.

The government contends the new highway will relieve traffic on local roads, reduce travel times and provide greater connectivity between urban growth centres, with both transit and highway facilities.

The GTA West Study was resumed in June 2019. The study will protect lands for a future multimodal transportation corridor (with the exception of utilities). With the GTA West Study resuming, the Northwest GTA Corridor Identification Study will be discontinued.

The Project Team reviewed feedback from PIC #2 and worked diligently with advisory groups, municipal staff, regulatory agencies, and other stakeholders to confirm the Preferred Route and associated 2020 Focused Analysis Area for the GTA West multimodal transportation corridor.

In August 2020, the Preferred Route and 2020 Focused Analysis Area for the GTA West multimodal transportation corridor were confirmed.

The Preferred Route has been confirmed following the consideration of feedback from Public Information Centre #2, as well as land use and environmental information. While preliminary design of the corridor will still be required to identify specific property impacts, stakeholders should now have a good indication of where the new transportation corridor will be located at this time. At the third round of Public Information Centres, the Project Team will present the preliminary design of the Preferred Route, which will refine the associated property requirements.

The study is currently in the planning and preliminary design phase, which represents an early stage of the overall process, and is expected to be completed in 2022. The planning and preliminary design phase will culminate in an Environmental Assessment (EA) Report, which will be made available for public review. It is anticipated that the Final EA Report will be submitted to the Ministry of the Environment. Conservation and Parks by the end of 2022.

Following the review of the EA Report, and if EA approval is obtained. the corridor will be protected. There will be a future requirement for additional engineering tasks such as surveying, testing for soil conditions, determining construction material requirements, and developing the design details for the new highway, interchanges, bridges, etc. Currently there is no commitment to a timeline for additional design and construction. The timing and duration of highway construction depends on numerous factors, including size and complexity of the project, funding availability, procurement method and timing of environmental clearances and permits.



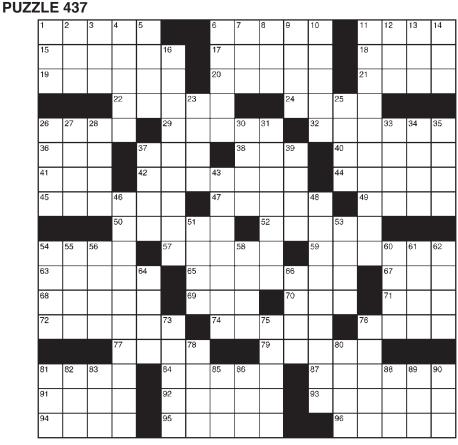
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CROSSWORD



ACROSS

- 1. Desert plants 6. Layered rock
- 11. Sailor's mop 15.Familiarize
- 17. Handrail support 18.Apple
- 19.Explore
- 20.Reform 21.Strong cord
- 22. Bundle of grain
- 24.Big rig
- 26.Loafer, e.g.
- 29.Sag
- 32.Short poem
- 36.____ and again 37.19th Greek letter
- 38. Auction purchase 40. Yawning
- 41. Miner's quest
- 42.Cigar container 44.Less than four
- 45.Burrowing animal
- 47. Sioux dwelling
- 49. Barely makes out
- 50.Harden

57. Army noncom

52. Hair colorant 54. Cereal grain part

- child 63.Guffaw
 - 65.Warn
 - 67. Dory stick 68.Be in accord
 - 69. Naut. units
 - 70. Outstanding 71.Delve
 - 72. Bwana's aide
 - 74.Old anesthetic 76.Crazy
 - 77. Swine's supper
 - 79.Custom 81.Do a household chore
 - 84.Western
 - 87. Ground squirrel

 - 91.Sandwich filler

 - 92. Animal tracks
 - 93.Diner 94.Trickle
 - 95.Golden brown 96.Shirt size
 - **DOWN** 1. Lettuce type 2. ____ you kidding?
 - 3. "Alias" org. 4. Pithy

- 59. Walk like a small 5. Creep 6. Predicament
 - 7. Alter a skirt 8. Flabbergast
 - 9. Eyepiece
 - 10.Influential tribe member
 - 11.Source
 - 12.Pursue
 - 13.Concert equipment 14.Pollinating insect
 - 16.Roget reference work
 - 23. Astringent ingredient 25.Protective ditch
 - 26. Uppity person 27.Israeli circle dance 28.Felt obligated
 - 30.Created 31.Soothsayer
 - 33.Somber 34. "En garde" weapon
 - 35.Bruce and Spike 37.Next 39. Ash or spruce
 - 43.Restate 46.Crisp cookie
 - 48.Escort

51. of lamb

- Copyright © 2008, Penny Press
- 54. Tell a secret 55."A ____ in Harlem"

53. Fourth piggy's portion

- 56.Personal atmosphere
- 58. Meteorologist's word
- 60.Dummy 61.Not clerical
- 62.Hence
- 64.Cad 66."Caesar and
- Cleopatra" time 73. Robin's seat
- 75.Rush 76. Change from a
- drachma 78. Baby's father
- 80. Hockey score 81.Possessive pronoun
- 82.Feel remorse for
- 83.Individual 85.Draw along
- 86. Huge time span 88.Feminine pronoun 89. Work measure

90. Whiskey blend

Solution on page 23



Citizens ask Township to follow ORM planning process

In December 2020 the Augustinian Fathers (Ontario), Inc. (AFOI) had requested endorsement by council for a Ministerial Zoning Order (MZO) on their Mary Lake property to enable establishment of a long-term care facility, a hotel, conference centre and banquet hall to be built within the 120-metre buffer of Natural Core Area of the Oak Ridges Moraine.

This request was firmly rejected by King council. But in February,y council endorsed a recommendation by the director of planning services to allow zoning for a Long Term Care facility based on a letter describing care that had been provided on site for their el-

The lands of the proposed development are of public and provincial interest as they include a kettle lake, Mary Lake, areas of high ecological value including a significant part of the largest Provincially Significant Wetland in southern Ontario and a large Natural Core Area in the Oak Ridges Moraine (ORM) Conservation Plan. The site is also home to the Mary Lake Monastery, the Rosary Path and a heritage barn.

Based on planning reports and ORM requirements the long-term care facility would be situated where the Monastery now stands within the 120-metre buffer of Mary Lake.

The chairs of two local citizen groups in King Township, Concerned Citizens of King Township and Kingscross Ratepayers Association, with signed support from 200 local residents, have significant concerns with the proposed development in this location and have asked King Township for an independent legal and planning review regarding whether the zoning of the property would permit such a facility.

Notwithstanding that the groups recognize that there is a need for additional and better elder care capacity throughout the Greater Toronto Area (including in King Township), the group does not believe that this isolated ecologically sensitive site is appropriate for such a large enterprise. Their Feb. 22 letter to Mayor Pellegrini and council states:

"It is the understanding of the stakeholders that services provided at Mary Lake have been rudimentary in nature at best and have only provided for a small group of occupants from the monastery at any given time, and on an irregular basis. No numbers or dates documenting who were provided care on site, or the time periods were provided in the planning report. To suggest that a modern 188-bed Long Term Care facility is an extension of what existed before challenges section 6(4) of the Oak Ridges Moraine Conservation Plan as well as the planning definition of Long Term Care.'

In a Feb. 8 planning report Township council, and planning staff took the position that the current zoning of the property permits a Long Term Care Facility based on information in a letter provided by the trustees of the Monastery, the Augustinian Fathers (Ontario), Inc. (AFOI). Council was also told that if a site plan application was submitted it would be processed and in parallel with various studies identified by Toronto Regional Conservation Authority (TRCA) that would be conducted. The information on what previous Long Term Care was provided was not included in the planning report.

It is the position of these stakehold-

ers that environmental studies by the TRCA to determine the suitability of the Monastery site for any further development should be conducted prior to the preparation of any site plan agree-

In their Feb. 22 letter to mayor and council, the stakeholders made the following requests:

1. To avoid wasting time and resources of both Staff and AFOI, it would be prudent to seek independent planning and legal opinions.

2. If the zoning is then confirmed and appears to allow a Long Term Care use, then there needs to be a Site Specific Zoning Bylaw application filed by the applicants. Only once that is approved should the applicant then embark on the details of the site plan and conduct all the required studies.

3. We request that the planning and legal reviews be brought back to Council for review and that three weeks public notice be provided by the Clerk so that the stakeholders have time to conduct their own review.

(At press time, the mayor and council had not recognized the Feb. 22 request.)

Valid Thursday Mar 18 - Wednesday Mar 24



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Plain or marinated. Locally raised beef free from antibiotics & added hormones.

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Cheese **\$7.99** per 400g



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Rowe Farms Smoked Ham Deli sliced.

\$1.89 per 100g



Organic Broccoli

2 / \$4.00 Prod of USA No. 1



Wild Caught Pickerel Fillets Product of Ontario.

\$12.99 /lb \$28.63 /kg



O Sole Mio Fresh lasagna \$3.99 per 150g



Water (4 x 200ml) \$4.99



2 for \$4.00



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Hand crafted in small batches by our Chef Simply Heat & Serve.

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Business, Finance & Real Estate



www.KingChamber.ca

Your Voice for Business in King



Majority of Canadians say next vehicle will be electric

Seven in 10 Canadians (68 per cent) who plan to buy a new vehicle within the next five years are likely to buy an electric vehicle (EV), either pure or hybrid, although the lack of a robust charging infrastructure, battery life and range and the purchase price remain persistent concerns, finds a new survey by KPMG in Canada.

"Canada's automotive industry is nearing the tipping point, with nearly 70 per cent of Canadians indicating that they're looking to buy an electric vehicle not in a decade's time but in the next five years," said Peter Hatges, partner, National Sector Leader, Automotive, KPMG in Canada. "Our poll research illustrates huge consumer demand in Canada for EVs, putting the onus on manufacturers and governments alike to shift gears not only to meet the expected surge in EV sales but to invest heavily in the necessary infrastructure."

As many as 70 per cent of Canadians plan to buy a new vehicle within the next decade, of which over three in five (62 per cent) intend to make their purchase in the next one-to-five years.

Of the 62 per cent of Canadians planning to buy a new vehicle in the next one-to-five years:

- 68 per cent are very likely or likely to purchase an EV, pure or hybrid.
- 77 per cent in British Columbia and 75 per cent in Quebec say they are in the market for an EV. By comparison, fewer people in Alberta (54 per cent), the Prairies (48 per cent) or Atlantic Canada (55 per cent) in the market for a new vehicle are likely to buy an EV.
- Men are more inclined to buy an EV than woman (73 per cent vs. 62 per cent, respectively).
 - Nearly four in five (79 per cent) of

those aged 18 to 44 - comprised predom- condo building will install chargers planning to buy a vehicle but not an inantly of Millennials and Generation Z – say they are very likely or likely to buy an EV within the next five years, compared to 58 per cent of those aged 45 years and older.

- 42 per cent in the market for an EV within the next five years are prepared to spend between \$30,000 and \$49,999 and 20 per cent are willing to spend up to \$74,999. About a third (31 per cent) in the market for an EV within the next five years want to spend less than \$30,000.
- 83 per cent of Canadians believe the auto makers should be required to invest in a national charging infrastructure.
- 89 per cent want EV charging stations installed at "every gas station" as well as shopping malls and grocery
- 61 per cent say the pandemic made them realize that they need a vehicle. They said they would rather drive than take public transport.

For those already inclined to buy an EV, they were motivated by environmental concerns, lower operating costs, tax incentives, and the prospect of reduced insurance premiums. For them, tax incentives were much less of an incentive than the environment or lower operating costs. However, when the question of tax incentives was put to all respondents, 70 per cent said they needed tax and/or automotive company incentives to make them change their mind and buy an EV.

Further, 59 per cent of Canadians planning to buy an EV said they will buy their own charger. This jumps to 66 per cent in Quebec and is only 50 per cent in B.C. Just over a quarter (26 per cent) have not figured out where to charge it overnight but are hoping their

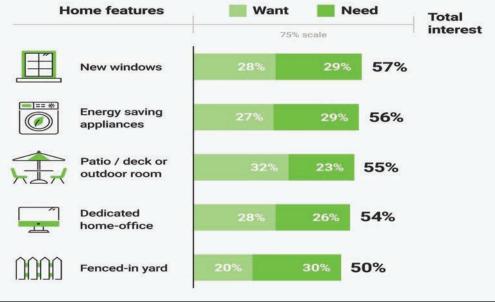
"soon" and another 12 per cent plan to charge it at the mall, shopping centre, or office.

Those surveyed still have some doubts about EVs.

The main reasons cited by those

EV are the high cost (60 per cent); limited driving range (51 per cent); lack of charging infrastructure (50 per cent); dubious battery lifespan (30 per cent), limited model options (24 per cent); and recharging time (24 per cent).





Pandemic is changing home buyers' must-haves

By Mark Pavilons Editor Local Journalism Initiative

The ripple effects of the pandemic have impacted home buying decisions. A

Despite increasing health concerns and ongoing restrictions, property shop-

To better understand these shifting needs 1,369 home buyers were asked about

At first, men and women appeared to be on the same page with a preference for 3-bedroom (40%); 2-bathroom (49%); detached house (73%) with a garage (70%). A

Women wanted updated HVAC (newer furnace and central air conditioning

Men preferred a private outdoor space - 71%; updated kitchen - 67%; energy

According to Joe Saraceni, Broker of Record, Re/Max West Signature Realty, kitchens, baths, floors and high ceilings are always top features that buyers are

Top of buyers minds are more that one office or room for different work stations for adults and kids to have work/school privacy. They are also looking for finished

looking for. With the pandemic and working from home becoming the new trend,

unit) - 73%; patio or deck - 65%; updated kitchen - 64%; walk-in closets - 60%.

new survey by Zolo — one of Canada's most popular national real estate market-

places — shows some interesting wants and needs of today's buyers.

The pandemic did, however, shift the home features most in demand

pers were active in most real estate markets across Canada.

master bedroom that included an en suite (68%) was also high. The most in-demand features differed among the sexes.

saving appliances - 60%; hardwood floors - 57%.

other things have weighed in heavily.

their housing preferences.

WORKING HARD TO DELIVER POSITIVE RESULTS FOR KING-VAUGHAN

BROADBAND TOWNHALL

I invite you to join me on

Thursday March 25th at 7p.m.

to hear about what we are doing to connect high speed internet in King Township

> To register, email deb.schulte@parl.gc.ca or call

905 303-5000

Watch for a live announcement on March 18th at 2:00 pm on facebook.com/DebSchulte82





Hon. Deb Schulte MP King-Vaughan

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basements with home gyms. He also pointed out that private yard spaces and/or large backyards are on people's minds. Of course, high speed internet is also very high on the list. Zolo is one of Canada's most popular national real estate marketplaces. Each

month, over 10 million home shoppers use Zolo to level up the way they buy, sell, rent, finance, and learn about real estate. Canadians gain an advantage with faster listings, real-time market insights, and a more enjoyable digital experience, all while working with Zolo real estate and mortgage professionals.

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Air fryers have become a must-own appliance

KWS Staff - Air fryers have been soaring in popularity.

People like them because they're convenient, easy to use and provide a healthier cooking method.

We found one that checks all the boxes.

Uber Appliance was crafted in 2015 out of a passion for bringing functional yet retro sleek kitchen appliances for the modern home.

"We love helping people create memorable moments around the dinner table and at home with friends and family," according to their website.

Instead of just selling products, Uber offers informative articles to help educate consumers.

Air fryers come in different capacities, shapes, sizes, some have digital displays some come with traditional mechanical knobs, some have more features than others, different price points and there are so many choices, so how do you choose the best air fryer?

Uber has put together a comprehensive guide showing the best features of a variety of models, the different pros and cons for each as well as some feedback from real people who purchased air fryers showcasing what they love, hate and what they wish they had known before taking the plunge of buying an air fryer.

We've used several models and there are a few things for first-time buyers to

shoppe

Be cognizant of capacity, typically

Consumer Savvy

measured in quarts. You should base on your family needs and the size of average meals you create. Since these portable units sit on the counter tops, style is important. Fortunately, you can find them in many colours to match any decor. With basic black, you can't go wrong.

These frvers, by design, are prettv easy to use and clean. That's what makes them quite attractive. Cleaning up is always a chore, but these make life a bit easier.

Fryers come with either a basket or filter, which helps drain fats and oils. This is important for many who are want to lower their fat intake.

Uber excels on all fronts. The stylish Air Fryer XL looks and plays the part. It comes with an easy-to-use digital screen and temperature setting. It's 5-quart basket is spacious, and really easy to clean.

And the bottom line is it's a decent price point

From experience, this product outperforms many other brand name models on the market. You would be hardpressed to find another one like it.

From steaks and burgers, to fish and fries, the XL does it all.

For more, visit www.uberappliance.

Olde Mill gallery open for business

The Olde Mill Art Gallery & Shoppe in Schomberg has opened its doors again.

They are a co-op art gallery that supports local artists and they pride themselves on their unique and beautiful items, and the fact that all items are Canadian made.

Artists have had the time and the energy to tune into their creative spirits for the past couple of months, so the public is invited to come in and vis-

it the gallery to see the many new creations on our wall and in the displays. When you are looking for that special gift of jewellery or scarves, a painting for that empty space on your wall, handcrafted paddles, furniture, wooden bowls and vases, and decorations and greeting cards, stop in.

times when visiting the gallery. days, 11 a.m. to 5 p.m. You can also visit Facebook@oldemillartgallervand-

In keeping with all safety protocols, they ask that you wear a mask at all It's located at 357 Main Street, Schomberg. It's open Thursdays to Sun-





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Studio Tour King 2021 aims to impress again

By Kathleen Rodgers

Visiting the country is a wonderful way to spend a weekend. It offers the opportunity to explore quaint villages and the studios of the local artists and artisans whose artwork often reflects the landscape around them.

Unfortunately due to the pandemic and Public Health restrictions, the annual Studio Tour cannot be in person but will be held virtually. The 16th Studio Tour King has been extended and will take place from April 12 to 25 with the preview from April 5 to 11. The studio tour may include fine paintings (in acrylic, oil, and watercolour), wood working, photography, fibre arts, metal

works, mixed media, etc.

Studio Tour King will feature many artists and artisans in studios around King Township including King City, Nobleton and Schomberg. Their information can be found on the Arts Society King (ASK) website at www.ArtsSocietyKing.ca as of April 5th. Go to the ASK website, click on EVENTS then VIRTUAL STUDIO TOUR 2021 to see the participating artists, their biographies and up to twelve photos of their artwork for sale. There will be a link to his/her website and social media accounts for additional artwork available. If you are interested in purchasing any item, please contact the artist directly for their payment options and to ar-



range for delivery of the item.

Here are a few more artists who will be participating this year:

Evangeline Munns's love of water-color is reflected in her fresh, transparent colors. Her inspirations often come from nature. Evangeline studied at the Creative School of Art in Edmonton, Alberta, at the Ontario College of Art in Toronto, the San Miguel de Allende Institute in Mexico, the Haliburton School of Fine Art in Ontario, and in Kenya.

She has been in numerous solo and juried group shows and has won a number of awards in the Toronto Watercolor shows, Aurora Art shows, Central and East Central Art shows and received a scholarship from the Ontario

Arts Council. Evangeline is a signature member of the Toronto Watercolor Society and a former member of the Arts and Letters Club. Her work is represented in several galleries and in private collections across North America, England, Europe, Japan, and Australia. Evangeline is also an instructor in art. Recently she served as a juror for 2

Evangeline lives with her family in King City, Ontario. Email: efmunns@gmail.com

Ivanka Pipinikova has been an artist since she first started drawing and painting as a child. In school she used to participate in competitions, and won several awards in recognition of her artistic talent. Many years later, Ivanka found herself rediscovering her love of creating art when she signed up for oil painting classes with Vladimir Ribatchok in 2009. She hasn't stopped painting since.

She is an artist member of Willow-dale Group of Artists since 2011. Her paintings were chosen to be on display at the Annual Spring Juried Art Shows every year since 2012. Other shows include Annual Fall shows and Sunny-brook Hospital art show. In 2014 she joined the Kingcraft Studio. She became an artist member of King City ASK in 2014 and she has been taking part in ASK Studio Tour every year since 2014. In 2015 she joined SOYRA and has been participating with her art in the annual shows at the Aurora Cultural Centre.

For the last 3 years her art work has been chosen for the Aurora Town Hall juried shows. In 2018 and 2019 she took part in North York Visual Arts Fall Show. She mainly paints with oils, but she is continuously exploring and experimenting with other mediums. Constantly growing and evolving as an artist, Ivanka aims to create beautiful, impactful art that convey the feeling and mood of a moment in a way that the viewer can become a part of it. Website: https://ivankampblog.wordpress.com/ or Social Media: @ivanka.p.art

Lucy Quin's work is described as Vibrant, realistic, original oil paintings.

"My passion for painting is rooted in nature and the fascination I have for light and shade. That has drawn me to paint through my senses to share what I'm feeling."

See 'Artists' on Page 11







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Artists find inspiration all around in nature

From Page 10

"My passion for painting is rooted in nature and the fascination I have for light and shade. That has drawn me to paint through my senses to share what I'm feeling.'

Lucy Quin finds inspiration in the endless wonder of the seasons and the beautiful scenery that Canada offers.

From Ontario farm fields and provincial parks to the east and west coast, Visual artist Lucy Quin is enchanted by Canadian landscape. Canadian seasons were for her a new road and have had a dramatic impact on the direction she has taken as an artist. She prefers to paint in the classic style used by Tonalist/Luminist artists, with a contemporary approach that combined with the spirituality she finds in nature allows her to create works that are mood evoking and timeless. Website: www. lucyquin.com FACEBOOK: lucy.quintero.562

After exploring traditional quilt blocks for 20+ years, Kathleen Rodgers

became interested in creating fibre art designs based on colour and shape for art quilts, table runners and lap quilts using her own hand dyed and hand painted fabrics and batiks. She has participated in group fibre art exhibits for several years, including the International Women's Day Show (OMAH) and the Fibre Content traveling exhibit.

She had her first solo show at Burr House Gallery and Tearoom in November 2019. Website: www.kathleenrodgersartisan.ca; Instagram - @kathleenrodgersartisan; FACEBOOK.com/ kathleenrodgersartisan.

If you are looking for something to do in April after a long cold winter, visit some art studios virtually to support the local artists and artisans. Some artists offer classes so it may be an opportunity to try something new! Who knows maybe one day you will be participating in a studio tour!

The artists look forward to "seeing" you and sharing their work with you on this year's Studio Tour King 2021. We hope to be an in-person event in 2022!



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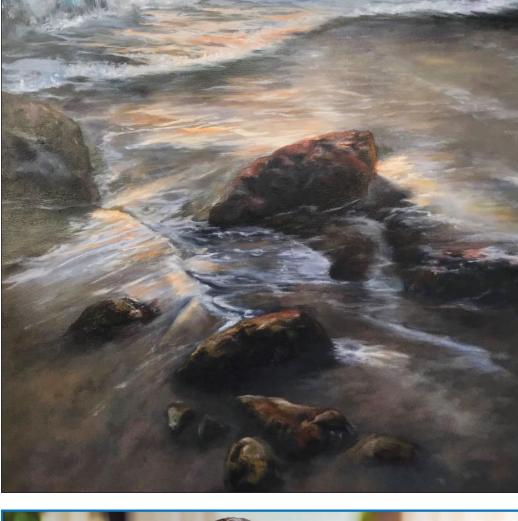
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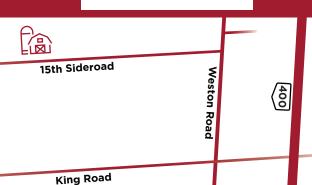
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King couple pens book on infertility for kids

By Mark Pavilons
Editor
Local Journalism Initiative

A King City couple wants to help spread awareness about infertility to youngsters.

Stephanie and Vince Macri are promoting their book, "Auston the Magical Egg," in time for Canadian Infertility Awareness Week (April 18-24).

Stephanie pointed out that 1 in 6 Canadian couples face troubles to conceive children. It is more common now than ever before that children are being conceived through assisted reproductive measures, such as in vitro fertilization (IVF).

"My husband Vince and I struggled to conceive for many years and have faced a large amount of heart ache throughout our journey to parenthood."

The book is admittedly very close to their hearts. It uses simple, light-hearted language and imagery appropriate for young children. It also sticks as close to the truth as possible, explaining how children conceived through assisted reproduction (like IVF) came into this world.

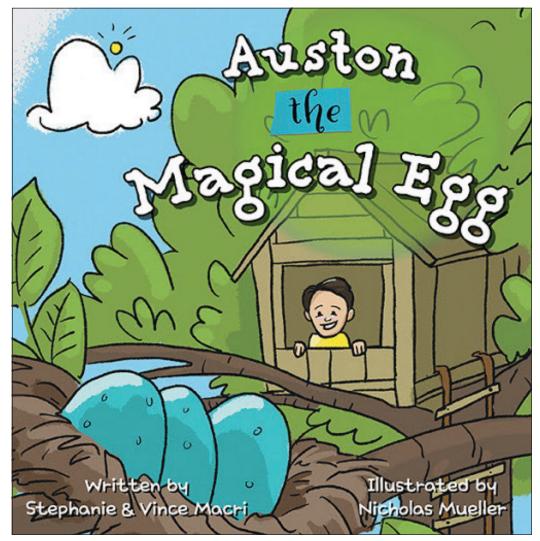
Macri said they feel extremely blessed to have their "miracle baby, Mason," who was conceived via in vitro fertilization.

Once Mason was old enough to start asking questions, the couple began thinking about how common their journey was, and how few resources there are to help parents figure out how, or even if, to share that journey with their kids.

"We hope our story helps families, like our own, communicate about a tricky subject, and help children like Mason understand not only how common this journey has become, but more importantly, how special they are."

The couple had ideas for the book for some time and finally started to put pen to paper last spring, wrapping up the manuscript last summer.

"Publishing our book was a huge and optimal goal for us – we really wanted to have something special not



only for our family, but something to share with families just like ours within the infertility community."

The writing process was new to them and involved a lot of research.

"We researched a lot and met with several publishing companies to fully understand the scope of the business, and understand the full end-to-end process. We finally decided to go ahead with FriesenPress, which is a well known Canadian-based publisher. They were fantastic and held our hands the entire way."

The response from readers has been "overwhelming." Comments like "it gave me goosebumps" and "wow – what a beautiful story" are among the feedback.

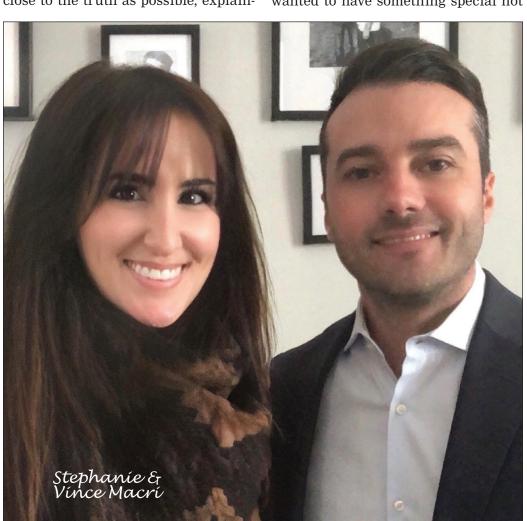
"It has really resonated with our readers, specifically those that have struggled through their journey to parenthood, or even know a loved one who has. Whether you have been directly impacted by infertility or not – the story is truly light-hearted for any child to really understand and know how

loved they really are," Stephanie said.

The main takeaway from the story is they want readers to understand that families come in different shapes and sizes, and sometimes parents need a little help, time, and a bit of magic to become parents. That children who were conceived through assisted reproduction understand how common this has become, but more importantly understand how special and loved they really are.

Stephanie admitted that she's a "huge infertility advocate who shares awareness, support, and ultimately hope to the infertility community." She participates in several podcasts, vlogs, and is current a blogger for Fertility Matters Canada.

The book is available at over 40,000 retailers across the globe. You can visit the website directly at www.austonthemagicalegg.com for purchase, which links out to the following links: directly through our publishes @ Friesen-Press, Amazon, Chapters/Indigo, iTunes Bookstore, etc.



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Engel & Völkers grows its York Region footprint

By Mark Pavilons **Editor** Local Journalism Initiative

A local relator has expanded the Engel & Völkers presence in King City.

Manuela Palermo, under Engel & Völkers York Region, will provide the brand's signature service to home buyers and sellers across Aurora, King City, Kleinburg, Maple, Newmarket, Nobleton, Oak Ridges, Schomberg, Woodbridge, and Thornhill.

"Engel & Völkers' expansion inside York Region builds on our brand's growing presence in Ontario. York Region is home to established communities, new condo and townhome projects, and important estate and rural properties offering secluded living with large acreage," said Anthony Hitt, president & CEO, Engel & Völkers Americas. "Manuela's expertise will be an asset to buyers and sellers inside the region, providing the personalized service Engel & Völkers is known for."

"I am thrilled to be partnering with Engel & Völkers to open shops in Vaughan Metropolitan Centre and King City," said Palermo, license partner, Engel & Völkers York Region. "We now have extended global reach and a full suite of new resources available to deliver unpresented service to home buyers and sellers in the York Region. It's a matter of being the best version of ourselves as real estate professionals to provide the best experience for our clients."

York Region is a booming regional municipality just north of Toronto with a growing downtown core of its own, known as Vaughan Metropolitan Centre. The KPMG Tower anchors Vaughan's growing city centre, home to a new TTC subway station built as part of Toronto's Line 1 subway extension. Under construction is a central park with a grand lawn, large fountain and oversized pergola with curved paths linking together the different elements of this newly rising neighbourhood.

Palermo praised the firm's far-reaching network.

"Its technology suite allows us to offer frictionless service to our clients, whether they're buying or selling.'

Palermo explained she started her brokerage in King City and immediately became acquainted with the residents and participated in community events. Joining the Board of Directors for the King Chamber of Commerce and working with all residents and small businesses helped her establish a strong foundation in this community.

The work with the Chamber is vital.

"Voicing the importance of networking between local businesses is very important and I actively seek to have any business become members of the



Chamber. It helps me to deliver knowledge that I know can increase productivity and exposure for all businesses in King," she said.

King and rural GTA will definitely continue to be popular destinations. The Toronto Regional Real Estate Board just announced it expects the average price of a resale home in the Toronto area to climb 10 per cent this year, surpassing \$1

million for the first time.

"With that, I believe the detached market in King and in rural GTA will continue to be popular options for buyers looking for spacious homes within commuting distance from Toronto. Listings are limited, therefore demand will continue to put pressure on the market."

For more, contact her at 905-539-9511 or visit yorkregion.evrealestate.com

Magna Hoedown cancelled for 2021

At Magna, giving back is a cornerstone of our Fair Enterprise Culture. They invest in people and our communities to make positive social and environmental impacts globally, and right here at home. The Magna Hoedown is part of this legacy of giving and has united York Region residents to support charitable organizations and raise almost \$14 million over three decades.

The planning required to deliver the high calibre, successful Magna Hoedown we all know and love is typically a year-long endeavour by Magna's Neighbourhood Network team. Given the considerable lead time needed for an event of this magnitude, as well as the evolving public health guidelines related to the pandemic, they have made the difficult decision to cancel this year's event.

"As we all continue in the fight against COVID-19, it is more important than ever to support local charities who are providing critical services to our communities. This is what the Magna Hoedown tradition has always been about: neighbours coming together and raising much needed funds for important causes.

"In keeping with this spirit of the Hoedown, I am proud to announce on behalf of Magna and Neighbourhood Network the Magna Hoedown Community Fund benefitting thirty local charities in lieu of this year's event," says Swamy Kotagiri, CEO. "Thank you to our Magna employees and the community for your ongoing support of the Magna Hoedown, and for helping us spread joy, not germs throughout the pandemic."

For more information about the Magna Hoedown Community Fund, including charitable application details and deadlines, visit www.hoedown.ca.



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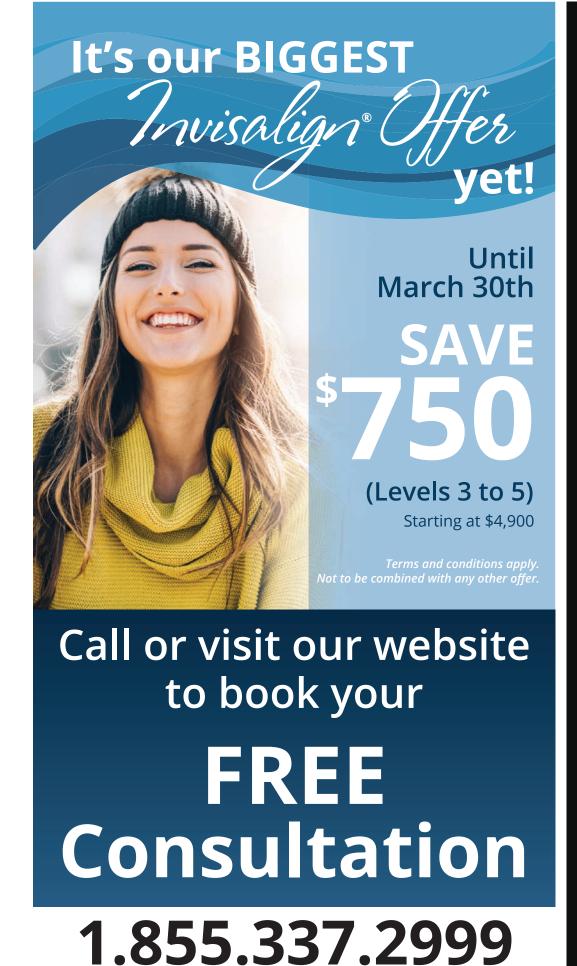
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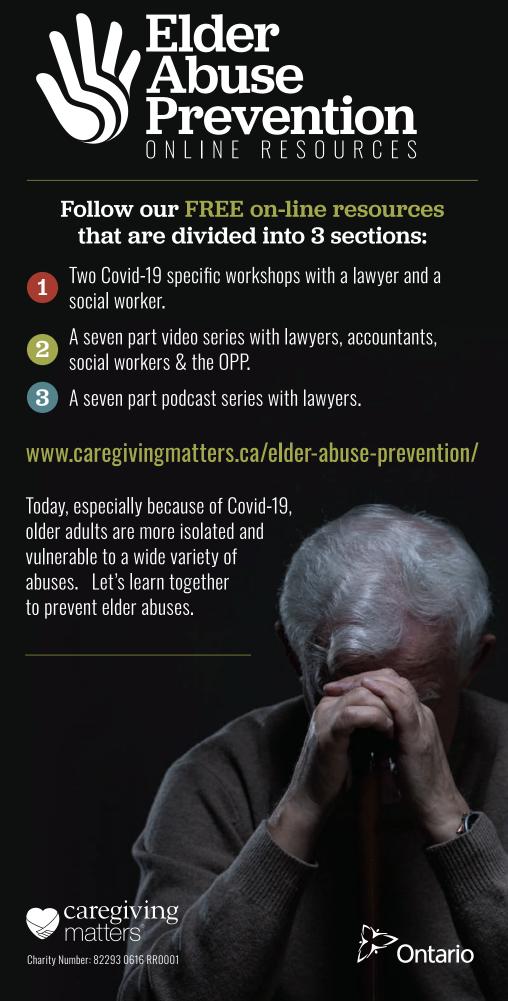
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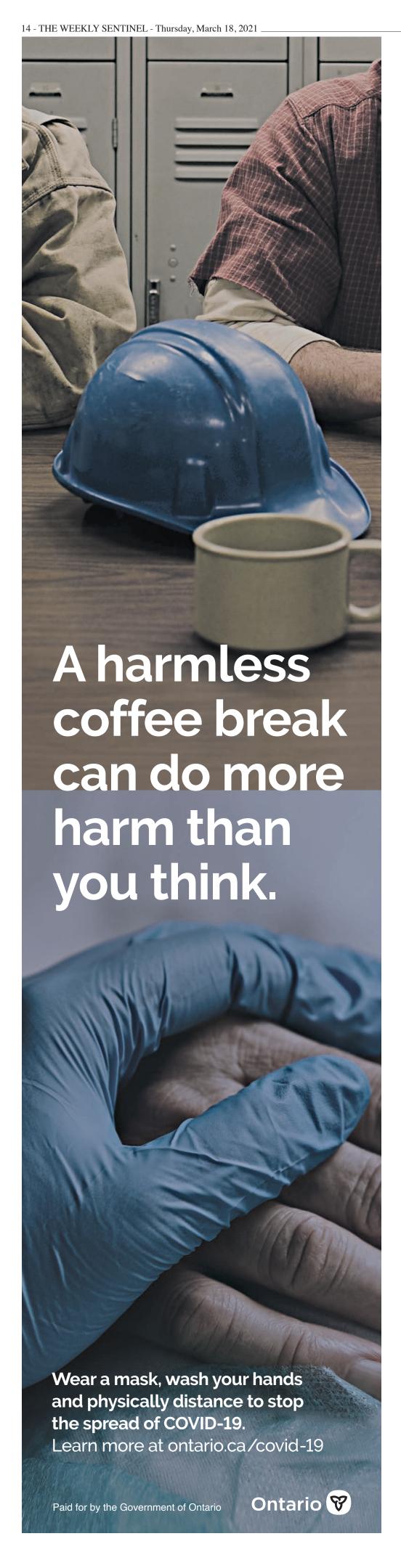
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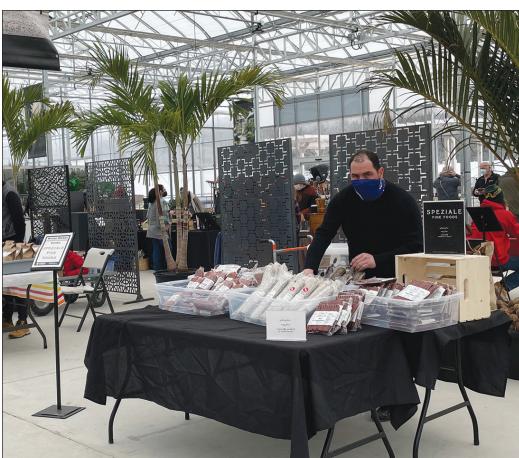


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Connon Nurseries holds farmers' market

Connon Nurseries is counting down the days until spring!

It won't be long before buds begin to break and blooms add much desired colour to the landscape. While awaiting the arrival of the gardening season, it is a great time to enjoy the vitality of indoor plants and all of the benefits that they offer.

Plants are proven to help increase mood, emotions, productivity, and their impact on air quality is another reason to bring plants into the home. Connon Nurseries is a beautiful place to spend some time with houseplants! A selection of sizes, varieties, and all levels of care requirements are offered.

On Saturdays through to April 3, Connon Nurseries is sharing their beautiful space with local farms and food makers during their Winter Farmers' Market. From 10 a.m. to 2 p.m., browse the greenery and shop for locally made products.

Vendors include Banjo Cider, Cheftacular, Circling Hawk Farm, DesBarres Chocolate, Diggin Up Bones Natural Dog care, Esme + Sita, Everything Maple & More, Humbervalley Honey, Hurt Berry Farm Inc., Meats and Treats, Mill Valley Farm, Naomi's Dough, Purple Heather Natural Skincare, So JAM Good, Speziale Fine Foods, Veliotiko Products.

Connon is located on David Drive (Highway 9) in King.



Vaccine expansion will include pharmacies

By Mark Pavilons **Editor**

Local Journalism Initiative

Vaccines are being administered at an accelerated pace, as supply increases across the province.

And pharmacies are joining the system of administer the much-needed shots.

As of Friday, March 12, more than 325 pharmacies are offering the AstraZeneca/COVISHIELD vaccine to eligible Ontarians aged 60-64, by appointment only, as part of the vaccine delivery pilot program in specific regions.

Details were provided by Premier Doug Ford, Christine Elliott, Deputy Premier and Minister of Health, Solicitor General Sylvia Jones, and General Rick Hillier (retired), Chair of the COVID-19 Vaccine Distribution Task Force.

"We just ramping up and mobilizing even more members of Team Ontario in our pharmacies and primary care settings. We have a plan to get vaccines into arms as quickly as possible in order to keep people safe and we will do that as long as we have a steady supply from the federal government," said Premier Doug Ford.

With the arrival of 194,500 doses of the AstraZeneca/COVISHIELD vaccine, select pharmacies began booking appointments last week in Toronto, Windsor-Essex, and Kingston, Frontenac, Lennox & Addington. The vaccine rollout will be expanded to more pharmacies in other regions of the province as supply increases.

All vaccinations available through pharmacies will require an appointment to be made in advance. Eligible adults aged 60-64 (as defined by year of birth between 1957-1961), who are interested in booking an appointment, can visit ontario.ca/pharmacycovidvaccine to find a participating pharmacy and can contact the pharmacy to make an appointment.

At this point the pilot is determined by the Ontario government. Pharmacies have been identified as part of York Region's Vaccine Plan, but of course the drivers are dependent on vaccine supply. According to York staff, as supply increases. York Region expects the vaccine rollout our region. The pharmacy application and well positioned with our public stop the spread of COVID-19. Pharand selection process for AstraZeneca COVID-19 vaccines is managed by the Ministry of Health

York Region Public Health does not provide direction on pharmacy selection or when pharmacies can start administering vaccines.

Nobleton Guardian Drugs applied to get vaccines, but it's not clear yet when it would be available to them. They are waiting on word from health officials.

The local Shoppers is also waiting to see when the program will launch in York.

To ramp up capacity for vaccination, the province is working with primary care professionals to offer vaccinations in primary care settings and community locations, such as physician offices, in collaboration with public health units.

This initiative began in Hamilton, Toronto, Guelph, Peterborough, Simcoe-Muskoka, and Peel March 13. Primary care providers will not be taking appointments by request but will be contacting eligible Ontarians aged 60-64 directly to book an appointment starting today, March 10, 2021. They will only be offering the AstraZeneca/ COVISHIELD vaccine at this time.

The Ontario government is preparing to move into Phase Two of its COVID-19 vaccine distribution plan next month, with a focus on vaccinating populations based on age and risk. Vaccinations continue to be offered to eligible populations at hospitals, mobile clinics and mass immunization clinics. Mass immunization clinics are a significant delivery channel to administer Pfizer and Moderna vac-

More than 120 mass immunization clinics are planned to open this month across Ontario in addition to sites already open, increasing the province's vaccine administration capacity to over 150,000 doses per day, dependent on supply.

"Rolling out the pilot with pharmacy and primary care providers will enable us to prepare and refine our mass vaccine distribution plan for the months ahead," said General (Ret'd) Rick Hillier. "This a significant step in our progress to make vaccines available to all Ontarians.

health partners to open mass vaccination sites and increase our capacity as more and more vaccines arrive each week."

Phase One of Ontario's COVID-19 vaccine rollout is nearing completion, with more than one million doses administered and over 279,000 Ontarians fully immunized. Approximately 88 per cent of long-term care residents are fully immunized and public health units continue to prioritize vaccinating staff and essential caregivers.

Shoppers Drug Mart and Loblaw pharmacies in Loblaws, Real Canadian Superstore, No Frills, Fortinos, and Zehrs locations in Ontario are delivering the first COVID-19 vaccines in community pharmacies, marking a milestone in the ongoing efforts to macies in Toronto, Windsor-Essex and Kingston area started administering the AstraZeneca vaccine to residents over aged 60-64 as part of a provincial

"Pharmacists are among the most trusted healthcare professionals, providing convenient and accessible community-level health services. We commend the Ontario government for allowing pharmacists to join the immunization campaign in the province," said Jeff Leger, President, Shoppers Drug Mart. "Across Canada, there are more than 10,000 pharmacies, in rural areas and urban centres. Based on the most recent flu season, it is expected that community pharmacies could vaccinate up to 3 million Canadians each week."



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The Gypsy Moth problem and the Naked Oak

By Bill Patterson

It was middle summer 2020 when a friend, who lives north of King City in the forested area of the Oak Ridges Moraine, told me that she was dreading her daily walk because of an unrelenting shower of green microbits of leaves and frass. (Frass is the entomologist's term for caterpillar poop.)

Invasive hordes of caterpillars were stripping the trees throughout the forest of their foliage. By late summer/early fall the urban area of King City was host to legions of aerial brown moths (the males) and larger stationary white moths (the females) the latter of which could be seen clinging to tree trunks and branches. The summer of 2021 promises to be worse, and this article is a call to arms to protect our trees.

The invading army is one of European gypsy moths (EGM), Lymantria dispar dispar, a species that was accidentally introduced to Massachusetts in 1869 and arrived in Ontario in 1969. The EGM has been found on approximately 500 species of trees, preferring deciduous, in particular red and white oak, aspen, white birch, willow and apple.

According to the Ministry of Natural Resources and Forestry, defoliation caused by gypsy moth in Ontario increased from 47,203 hectares in 2019 to 586,385 hectares in 2020 (almost 1,250% in one year), with 57,356 hectares (141,730 acres) of that being in the Midhurst and Aurora Districts.

If you progressed through the Ontario school system, you will remember studying the life cycle of the Monarch butterfly, and remember the four-stages: egg, larva, pupa, and adult. The EGM has the same four stages, and it is only the larva or caterpillar stage that eats, causing the defoliation. The male adult is greyish-brown with a wingspan of about 25 mm and a lifespan of about one week. The female moth is whitish with black zig-zag markings and a wingspan of 40-50 mm. Officially she does not fly, although I have observed her flying awkwardly between branch-

In late summer/early fall she lays eggs in the form of a single tan-co-loured fuzzy egg mass that may be found on tree trunks, the underside of branches, the sides of buildings and in protected places such as the underside of eaves, firewood, picnic tables, out-



Gypsy moth 2020

Areas in Ontario where gypsy moth caused defoliation

Light = 17,002 ha Moderate to severe = 569,384 ha

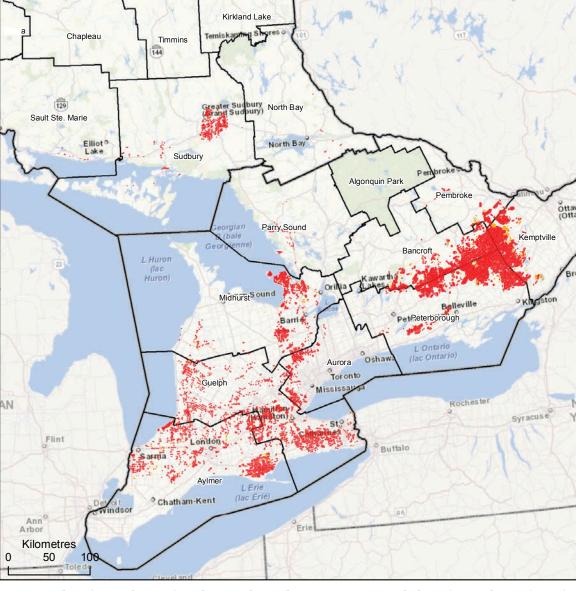
Area of light defoliation

Area of moderate to severe defoliation



Disclaimer:
This map is illustrative only. Do not rely on this map as being a precise indicator of routes, locations of features, nor as a guide to navigation. This map was produced by the Ministry of Natural Resources

Ontario 😯



door benches, RVs, boats, trailers, etc. Each egg mass is about the size of an elongated loonie and may contain 100 to over 1,000 eggs. The egg mass is the over-wintering stage of the moth, and the eggs can withstand temperatures as low as -30°C. During this stage, the tan colour fades to whitish-tan and is clearly visible against most tree barks.

In the spring, as tree buds begin to open, the eggs hatch into caterpillars (larvae), which pass through 5 (male) or 6 (female) moults called instars as they mature. In the 6 to 8 weeks as the larva passes through its instars it consumes one to 1½ square metres (10-15 ft²) of leaves, 80-90% of that during the fourth to sixth instars. The first instar larvae are black and about 5mm in length. They leave the egg mass and climb up and out to the end of a branch or shoot, then extrude a silk strand from which they dangle, waiting to be blown by the wind, a process called bal-

looning. These tiny larvae have long hairs on their bodies that make them buoyant and help them disperse in the wind. Most end up feeding on trees less than 100 to 150 metres from where they hatched, but some may be carried on the wind up to a kilometre.

The first instar moults into the second, and it is in the second and third instar stages that the caterpillars develop their distinctive body markings of five pairs of blue dots followed (spatially) by six pairs of red dots.

Larvae in the first through third instars feed mostly during the day whereas those in the fourth through sixth instars, when the males grow up to 50 mm and the females 75 mm in length, feed mainly at night, moving down the tree during the day to shelter in crevices in the bark, in leaf litter, or in other shaded areas.

After satiating itself on foliage and reaching full size, the larva finds

a protected location where it spins a cocoon and metamorphoses into a reddish-brown pupa (akin to the pale green chrysalis of the Monarch). These protected locations include crevices in thick bark, the underside of branches, or on outdoor items such as picnic tables, firewood, planters, or vehicle wheel wells. The pupa stage hangs from its location until it emerges as an adult moth in 10 to 14 days.

Control of the Gypsy Moth

An excellent guide to the management of gypsy moths may be found at the University of Wisconsin Web site here: https://fyi.extension.wisc.edu/gypsymothinwisconsin/. Once there, click on the "Management guide for homeowners" link under the "Pest Management" drop down menu.

See 'Tips' on Page 17





Are you graduating from a high school in Aurora, King Township, Georgina, or Newmarket?



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Tips on dealing with local gypsy moth infestation

From Page 16

At the risk of offending avian enthusiasts who see the egg masses and/or caterpillars as a food source for birds, my goal is to destroy as many eggs as possible to preserve the trees. It is true that chickadees and nuthatches will peck at the egg masses during the winter to extract the eggs, but few birds dine on the caterpillars because the long hairs irritate the thin skin around their eyes.

Silvaculturalists may employ aerial spraying with insecticides, but for those who want to avoid pesticides or who don't have an aircraft at their disposal less objectionable approaches are available to them.

Remove and destroy the egg masses (most effective August-May, i.e. over winter) by carefully scrapping them into a container of water with soap, bleach or ammonia. Do NOT scrape them off the tree and allow them to land on the ground. There the winter snow will insulate them until spring when they will hatch at the base of the tree and the young instars will climb back whence they came. Leave the eggs in the soapy water for two days before disposing of it in the garbage. Tree care contractors are equipped to remove egg masses higher up the tree

if needed.

A second method to destroy egg masses is to soak them with a horticultural spray oil labelled for gypsy moth control. (Health Canada suggests dormant oil combined with lime sulphur). This must be done at temperatures above 4° C.

One source advises that there are no studies that prove or disprove that destroying egg masses removes enough to make a difference in the moth population, but another source points out that it is not necessary to eliminate the pest to protect your trees from complete defoliation.

If we each do a little, together we can accomplish a lot and the moth population has dramatic explosions and collapses from natural controls such as the small wasp Ooencyrtus kuvanae that attacks the eggs, and a naturally-occurring parasitic fungus Entomophaga maimaiga that kills the caterpillars so we just need to give our trees some TLC for a couple of years to help them through the attack.

Install burlap wrap to catch caterpillars and then remove and kill them (most effective May-September). To make a trap, wrap a 45-cm (roughly 17-inch) wide strip of burlap around the tree trunk at chest height. Tie a string around the centre of the burlap and fold



the upper portion down to form a skirt, with the string acting as a belt.

The caterpillars, especially those in the fourth through sixth instars, will crawl under the burlap to escape the sun and become trapped. Later in the day, lift the burlap. Pick off the caterpillars and dispose of them. The long hairs of the caterpillar can cause skin irritation or allergic reactions in some people. To be safe, wear gloves when handling them.

Unfortunately, although this is a time-honoured control tactic, it becomes less-effective when caterpillar densities become high, as is expected next summer. Under population stress, the caterpillars feed day and night without seeking shelter, and reinfestation from other trees is constant.

Remove caterpillars from tree trunks and branches (wearing protective gloves) (most effective May–July) and crush them or drown them in soapy water.

Apply barrier bands to the trunk of

the tree (May–July). Barrier bands are either sticky or slippery bands that are wrapped around a tree trunk to prevent caterpillars from climbing it. These may be instars that have fallen off the tree or first-phase instars that have ballooned their way to the vicinity of the tree. Some barrier bands may be in the form of double-sided caterpillar barrier tape, or home-made creations such as duct tape coated with Tree Tanglefoot®, available at Home Hardware or Terra Greenhouses.

Caution must be taken to avoid leaving gaps between the barrier and the tree (challenging with rough bark), and to avoid applying anything to the trunk that may damage the tree.

Install pheromone traps to confuse male moths seeking to mate (June–August). Again, this approach is less effective when moth populations are high.

If we put some effort into helping our valuable urban trees through this crisis, they may remain healthy and survive for many more years.







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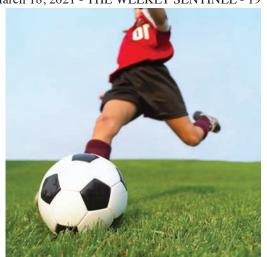
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King Weekly Sentinel

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CYGHA launches 'She Shoots She Saves' campaign

By Robert Belardi

The Central York Girls Hockey Association launched "She Shoots She Saves" March 13 in an effort to raise money to install SaveStations and bring inclusivity in the community.

Last season the Orange Crush Peewee CYGHA Panthers team installed two SaveStations in Newmarket and Aurora respectively. It was in honour of CYGHA alumnus Raychel Gillis, who saved a man's life at her father's weekly hockey game using an AED.

To continue their donation campaigns, former Orange Crush team manager and now a member of the sponsorship committee and a trainer for the U-13 BB club, Patricia Murphy says there are professional female athletes supporting this campaign.

Laura Stacey, she is an Olympic medallist. She is supporting our efforts here she has sent video messages to the girl's which is on our social media and Instagram pages," Murphy said.

"Angela James has gotten behind us to support us in this. The mayor of Aurora, Newmarket and Bradford are all behind us in sending us video messag-

Girls who wished to participate in this initiative signed up on an app called Hockey Share. Originally began by Power Skating and Skill Development coach for the Pittsburgh Penguins Kevin Muller, Hockey Share is used to create drills, practices and sharing content with other players and coaches.

"He has gotten behind us and supported us and put us on his page. The idea is the girls set a goal for them-"We've had amazing athletes like selves. For example, I'm going to shoot



They may be different on the ice, but off of it, they all want the same thing

By Robert Belardi

Caledon Bombers forward Nicholas Rotatore begins petition against Hockey Canada and the Ontario Hockey Federation to permit over-aged players to play next season.

Rotatore started this petition with last year's Jr. B player of the year and Kitchener Dutchmen forward Sean Kawalec. The two competitors have now become friends because of this.

The Greater Ontario Junior Hockey League's proposal, to permit three players above the age of 21 and reduce seven players of the age of 20 to four for the 2021-22, season was denied by the OHF this past week.

"I know for a fact that our league was in favour of the over-agers and that they supported us 100% after they had their meeting on discussing whether or not to have us back," Rotatore said.

According to Mark Bryson from The Record, AYR Centennials general manager Tim Barrie said that more than 75 per cent of GOJHL directors were in favour of bringing back the over-agers.

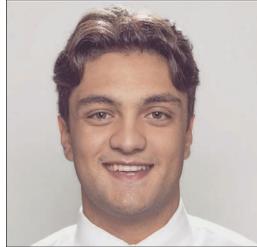
Waterloo Siskins director of hockey operations/general manager Curtis Clairmont was one of those who voted no to this. However, he was compliant and respectful that if the vote was put through he would honour it and believes this league can carry itself.

Rotatore, who has been off the ice for the past year, was knocked out of the playoffs last season by Kawalec and the Dutchmen when in Brampton, he didn't know that was potentially going to be his last game in Jr. B hockey.

Since being off the ice, he said this whole debacle is mentally affecting players. There are a lot of players who are stressed and sad with this entire situation.

Rotatore, has been searching for opportunities to go play hockey in Europe. The Canadian-Italian dual citizen, has been looking in Italy as well as chances to play for professional teams

He says French clubs would have offered an apartment, a car, and a salary per month under normal circumstances. Now, he explained, clubs are not willing to take that much of a risk for a player that has not competed in



Nicholas Rotatore

a year. International clubs might cover the flight and the hotel and the rest is on the player to prove himself.

"It pulls a lot of opportunity from s. It sucks. Another big debate the OHF has is that we're putting younger guys at risk. One thing we're trying to preach is we're getting younger guys to take some videos and explain why they want us here as well."

When a younger player enters the league, they rely on veteran protection and leadership. When Rotatore entered the GOJHL he said he felt safer on the ice. The Caledon native and another teammate of his, currently take care of a 16-year-old on their roster right now who is living with a billet family in Caledon and has yet to make an appearance on the ice.

He argues that one year taken away from someone who is 16 isn't as severe as taking away the final year of playing the sport. Younger players have more opportunity to play for longer while over-agers, are looking for scholarships and opportunities elsewhere.

Of course, scouts from the United States and from other countries internationally cannot travel to Canada to look at players. That will be done next year if all goes well and the players who missed out on this past season will not have a chance to be seen.

Rotatore says the GOJHLPA want to work hand-in-hand with the OHF and the GOJHL.

As of now, the petition has over 1,300 signatures. It will be sent to Premier Doug Ford, the OHF and to Hockey Canada.

200 pucks from the week of the 13 to the 27," Murphy said.

"They would go to their family and friends and say hey, would you pledge me for my goal of shooting 200 pucks?"

Each participant can complete this goal in any which way they choose to

Over the past year, it has been a tough time for all citizens in Ontario. Murphy hopes, this event can show how important sport is in the community and she hopes this will bring positivity for the next week.

nations. The team that raises the most ishymarymurphy@gmail.com.

amount of money will have their picture placed on the next SaveStation installed. Participants will also have a chance to win two, \$500 prizes that will pay for next year's registration.

There is a crowd funding platform online in order to make donations. You may type in this URL into your browser in order to do so.

The link is as follows.

https://crowdfunding.savestation.ca/ fundraisers/trishmurphy/she-shootsshe-saves-cygha

For more information on the event The goal is to reach \$20,000 in do- itself, you may contact Murphy at tr-



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Pain, Posture and Performance, our reprieve from a seated life

By Robert Belardi

In the wake of the COVID-19 pandemic, daily life shifted from being on the go and active to being stuck at

In many ways this could have been beneficial to everyone. No morning traffic. No crowded subways. No com-

But in many ways, this has been a detriment to our bodies. Being seated for many hours on a daily basis is compressing our muscles, tightening our joints and making it quite difficult to presumably move our bodies in ways we moved them before.

In light of these current predicaments, Caledon native Quinton Nurse, who is in the process of receiving his Doctor of Naturopathic Medicine degree at the Canadian College of Naturopathic Medicine, and registered massage therapist and owner of Araya Health Centre in Scarborough, shared three stretches anyone can do on a daily basis that will help improve mobil-

Elite gymnasts, pro athletes and jujitsu fighters use these stretches to continue to enhance their performance. And as the weather continues to get better (and hopefully it doesn't regress back to the cold), these can help your body be ready for when outdoor activities begin.

Collapse Crawl Stretch

Similar to the downward doggy position in yoga class, the collapse crawl stretch (bottom-left of the photo), is a decompression exercise that benefits many areas of the body.

"That one is targeting your centremid-back between the shoulder blades and the side. The real purpose there is to help your T spine for middle spine mobility and the other one is to test what your functionality is," Nurse

In order to perform this stretch, do not fall into the stretch directly. You must ease into it slowly.

"You want to slowly crawl sideways with your fingertips until you feel a stretch," Araya said.

"You crawl out, stretch, and slow-

obliques, lats and rotator cuff."

This stretch that elite gymnasts perform, will enhance your posture and functional range of motion. This position helps to decompress the tightness in your back and in your rotator cuffs. This will relieve your joints and is a very common therapy.

Median Nerve Flossing

Just like tuning the strings of a gui-

Median Nerve Flossing is a technique that frees up this nerve that flows from the back of your neck all the way to your hand.

Nurse says this technique can alleviate the cause of up to 47 per cent of shoulder pain. It can also help elbow and wrist issues moving forward.

In order to do this stretch (diagram is on the right), you must stretch your arm out just below the shoulder. Your opposite hand is positioned on the shoulder of the arm that is extended.

"It's a sensation you cannot pinpoint. It's not like you're stretching one specific point. Nerve Flossing is a general region where you are achieving a bright sensation," Araya said.

With your arm extended outward and with your palm open, bend your hand downward to the floor and turn your neck in the direction of your arm. Following a few seconds, turn your neck the opposite way

ly side-bend sideways. You isolate and turn your hand inward towards stretches and you can email Araya at your body.

Just like flossing your teeth, this is moving the nerve back and forth. When someone has compression syndrome, muscles will compress the nerve. By freeing up the nerve, it will restore its function.

Hip Bridges

Jujitsu fighters use this one.

Hip Bridges are a way to take advantage of the neurological system in your body. It's also known as "reciprocal inhibition."

Our glutes and muscles around our hips are continuously compressed and this will help relieve tension and allow your body to extend the hip area.

"When you flex your glutes behind the hip, the front is relaxed automatically by your nerves which allows you to go through your range of motion and it gives you the activation of the glutes which are basically asleep all

To perform this stretch (top-left), lay on your back with your hands flat on the floor. Lift your hips while flexing your glutes and hold that position for a short time and then come back down. Do this repeatedly a few times and you will see a difference.

To book a free consultation, you can do so on https://www.arayahealth.

For more information on these

arayahealth@gmail.com and Nurse at quintonnurse@gmail.com.

You can also check out Araya's "7 Pressure Points to Manage Soreness" e-book here https://www.arayaservices.com/araya-pressure-point-leadgen1606437731723.

St. Andrew's College officially introduces **Prep Hockey Conference**

By Robert Belardi

When the NHL introduced six original teams to their professional hockey league we fans still vaunt at this initiative until today. There are international leagues around the world because of it. There are plenty of youth leagues and affiliate clubs to NHL teams that provide an essential gateway into the

This past week, St. Andrew's College can say they too have introduced an original six so to speak. The School formally announced it has joined forces with five other private high school's in the United States to create the Prep Hockey Conference.

St. Andrew's College (Aurora, Ontario), Culver Academies (Culver, Indiana), South Kent School (Kent, Connecticut), Rhode Island Shattuck-St. Mary's School (Faribault, Minnesota), Northwood School (Lake Placid, New York) and Shattuck-St. Mary's School (Faribault, Minnesota) will make up

"Four of us have been getting together to host some shared events for the last five or six years. It really grew out of that. We love those weekends and we love the competitions. We're all like-minded in what we want to offer our students and our athletes," said David Manning, head coach of the St. Andrew's College Saints first hockey team.

Each school carries an ambition to offer an excellent academic program while ensuring they are in a competitive hockey environment in order to be successful. The goal was to keep as many options open for players and this route is the best fit.

"I'd say that our players are definitely interested in seeing that the NCAA can be a potential option for them. I think being in U.S places in you know two or three of these weekends is important for our players to showcase themselves," Manning said.

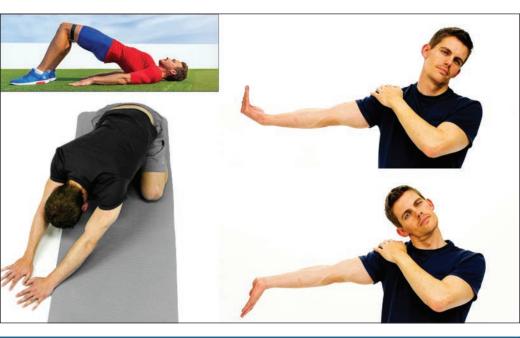
When you get the six best teams around together it's going to put people in the building to watch those teams play."

Manning confirmed NHL, NCAA and many other scouts will be attending these games. He said season preparations will begin at the end of August and the season will begin shortly after. As of now, they are doing what they can with all restrictions in place.

The way the schedule is designed, it will provide plenty of flexibility for the Saints to host their annual MacPherson Tournament and the Gary West tournament.

Manning says everything and anything will be done to ensure travelling is made easy for the team. They will do everything necessary.

The Saints are very excited to be a part of the PHC. Manning hopes this conference continues to grow years down the road.







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King's firefighters were recognized virtually this year

By Mark Pavilons
Editor
Local Journalism Initiative

It's important to recognize front-

line workers more than ever before.

The annual recognition night for King Fire and Emergency Services

took on a new twist this year and was carried out virtually. Fire Chief Jim Wall noted 2020 was the first time in the history of King

the first time in the history of King Fire and Emergency Services the event was cancelled due to an emergency – the pandemic,

"In the past we have come extremely close to 'pausing' one of our Recognition Nights when the pager goes off and it seems like all of our staff members run out the building for an emergency incident, but this one is clearly a first for all of us.

"This crisis has created a single commonality amongst every one of us ... we are all at risk from COVID-19.

"Winston Churchill who served as Britain's Prime Minister during World War II knew a thing or two about managing a crisis.

One of Churchill's most well-known quotes during World War II was "never let a good crisis go to waste."

Wall said what is inspiring about Churchill's quote is it causes us to look for a silver lining during a crisis and to seek opportunities where they might not have been before.

"And for our team of King Township firefighters you did just exactly that. You searched for those opportunities."

There is a silver lining to all of this and it's all because of "our professional team of volunteer firefighters.

"You have stood behind me during this crisis; you have stood to the side of me, and yes many times in front of me. You have continued to go above and beyond the call of duty during this pandemic. What was normal for us is no longer normal. And the new abnormal has become your new normal."

Wall said he recalls a conversation he had with Mayor Pellegrini at last year's Remembrance Day Wall congratulated him on his retirement from the City of Brampton and hold the mayor how fortunate we were to have you as our mayor.

"And you can pretty much anticipate what his response was. Steve said he circles himself with the best people.

These people support him no matter what the cause or circumstances may be."

Wall said he has been fortunate enough to surround himself with the best of the best, "our team of volunteer firefighters.

"As a team you have been there shoulder-to-shoulder through this entire pandemic. And I want to thank you for this. You understand the importance of safeguarding one another from each other; you continually respond and protect the public that we swore to serve, and yes you continue to respect the need to protect our core business so we can respond another day.

"My admiration for all of you continues to run deep and is purely genuine. And it doesn't matter if you have 5 years or 38 years, all of your contributions really count.

"I must say I truly missed having last year's appreciation night. It's a night that pretty much our entire fire department gets together for dinner, a few laughs, as well acknowledge the great men and women who proudly serve our municipality.

"The only way we will ever get back to this is, we all have to do our part and it starts with following public health and provincial guidelines. Trust me ... I like to shake hands and give hugs, but this has become non-existent for all of us."

Mayor Pellegrini offered his praise and heart-felt message on behalf of the Township.

"The jobs that you do each and every day are now that much more stressful due to COVID-19," he said.

"Volunteerism has always been strong in King Township and your selfless service to others is strong evidence of that.

"If you add up the total years of service just from those being honoured tonight, you come up with 223 years. That's more than two centuries worth of experience. If we added up all the years of service from all those on the service you can see exactly how well the community is being served.

"Thank you for leaving in the middle of the night or excusing yourself in the middle of a meal with your family to respond to emergency calls."

The mayor said training may be tedious or very intense at times, but it truly pays off when you use the infor-



mation in real life situations.

"And now you have to contend with added safety protocols due to the COVID-19 pandemic. It adds one more uncertainty when you leave the fire hall on a call.

"I'm proud to report that you have shown leadership during this crisis by being the first department in York Region to offer the COVID-19 screening test to all of staff.

"It also sends a powerful message about the importance of taking this pandemic seriously as you do your part in helping slow the spread of the virus.

"Thank you for helping make King Township a safer place." Service Awards

Receiving their 5-year service pins were Carmine Curcio, Shayne Maglay, Daniel Mitchell, Jakob Schneider, Trevor Storey, Heather Watson, Colin Young and Andrew Zacchigna.

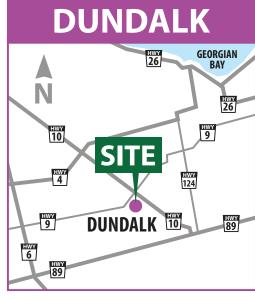
Recognized for 15 years of service were Dan Cullen, Yvette McHugh, Randy Shepherd.

Getting the nod for 20 years, with the Federal Exemplary Medal & Certificate, was David Boyd.

Retired firefighters Gerry Binsfeld (38 years), Ray Fortin (23 years) and Renzo Cescolini (32 years) were also honoured.













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Ontario supporting local fire services during pandemic

viding \$5 million in funding to help municipal fire services address the impacts of the COVID-19 pandemic. The funding will enhance fire safety training across the province and support safety inspection programs to ensure compliance with the Ontario Fire Code.

"Our government has listened to fire services across the province and recognizes the impact that COVID-19 has had on their operations," said Solicitor General Sylvia Jones. "This funding will enhance opportunities for training and support fire safety inspections needed to keep our communities safe. We are grateful to these brave, dedicated individuals for their commitment to protecting Ontarians as the fight against COVID-19 continues."

COVID-19 created risks and unprecedented challenges for fire departments to conduct training and fire safety inspections. This one-

The Ontario government is pro-time funding will enhance in-person and online educational instruction needs by increasing access to additional training. It will also support updates to specialized critical equipment, such as high-speed internet, to enhance virtual training and enable remote options to support fire safety and compliance with Ontario's Fire Code while minimizing exposure to the virus.

> King Fire Chief Jim Wall said the municipality is entitled to roughly \$10,000 in funding.

> Ontario's fire departments vary in size and capacity and serve different communities that each present different levels of risk. There are significant costs to ensure every department has skilled first responders who are adequately trained. Each municipality will be able to submit proposals for an initial \$4,500 base grant plus additional funding dependent on population served.

vices for their dedication to protecting communities during the COVID-19 pandemic," said Jon Pegg, Ontario Fire Marshal. "This grant represents the difference in allowing fire departments to adapt and respond to COVID-19 related impacts that ensures both community and fire personnel safety, especially within small and rural communities."

"The Ontario Association of Fire Chiefs remains steadfast in supporting initiatives aimed at keeping our fire service personnel safe, while protecting the lives of all Ontarians. This funding opportunity will help fire departments target specific local training or inspection needs, and address them based on the requirements of the community," says OAFC President Chief Mark MacDonald. "Our fire service personnel must be properly and safe-

"I want to commend the fire ser- ly trained to provide the levels of emergency response services their communities rely on."

"COVID-19 has created unprecedented challenges for firefighters in their frontline work to provide life-saving services to Ontarians," said president of the Ontario Professional Fire Fighters Association, Carmen Santoro. "This new investment by the government will enhance public safety across Ontario by providing the technology required for training and fire inspections in this ever- changing environment."

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Nobleton Notes

St. Paul's Church By Linda Blydorp

You are welcome to join us in person for worship. Being in the red zone does mean we need to adhere to the numbers allowed, but we encourage you to come out and join us.

This Sunday, March 22 at 10 a.m., our Pastor Jeff, will lead us in worship. His message is entitled, "Reclaim Your Calling" based on Colossians 3.1-17. Our live-streamed broadcasts are available directly on stpaulsnobleton.ca or on our YouTube channel each Sunday at 10 a.m. You can watch previous services or messages anytime, also on our YouTube channel (youtube.com/stpaulschurchnobleton).

A Bible Study for Youth continues via Zoom on Wednesday evenings at 7:30 p.m. Our current Bible study is aimed toward teen girls. If you are interested in joining, or know of someone that might be, please contact Jenna at jkddvm@gmail.com for more information.

Our women's Life Connect Group meets every Tuesday morning on Zoom

at 9:30 a.m. Please contact the church using the connection card found on St. Paul's web page or contact Kim Newediuk at knewediuk@gmail.com.

On Thursday at noon the Women's Good News Fellowship meet every week also via zoom. Please contact the church using the connection card found on St Paul's web page or give Marti Cross a call at 416-399-4536 for the Zoom link. These are safe groups where we can just dig a little deeper into the Word, as well as encourage each other.

We are looking for people to participate in a COVID-friendly presentation of the Easter story which will be done on video from our homes and put together in post-production for showing on our YouTube channel around Easter. If you enjoy being on camera, or would like to help with some off-camera activities that will help bring the story of Jesus's resurrection to people in a new way, go to stpaulsnobleton.ca/connect and let us know.

St. Mary's Church

Please join us in-person on a first come-first serve basis for the celebration of the Holy Mass as per Mass schedule in bulletin. For those who cannot join us, the celebration of the Sunday Holy Mass for this weekend will be livestreamed at 9:30 a.m. please call the please call the 5522 or email the hotmail.com. We will be

Please go to our Facebook page to join us for this virtual celebration of the Sunday liturgy.

Children's Liturgy of the Word: You may also invite your children to join the Children's Liturgy of the Word on Zoom hosted by Rose and Merilena. For more information on how to join, please call Rose: 416-605-6843 or email: rosepallotto@gmail.com

Life Teen Parish Youth Group: Calling all Teens Grades 7-12 to join our Life Teen – Life Night next Saturday at 7:30 p.m. on Zoom. For Zoom link please contact our Youth Minister Zephania at 905-830-2644 or zephaniagangl315@gmail.com. Perfect for teens registered for the Sacrament of Confirmation!

Holy Rosary Group: Don't forget to join us every Monday at 7 p.m. to pray the Holy Rosary on Zoom - details on how to join in the bulletin.

Kindly share this bulletin with your families, friends, fellow parishioners, and councils, especially those who do not receive the bulletin via email.

If there is anything we can do to support you in these uncertain times, please call the parish office on 905-859-5522 or email us at: stp_stm_church@hotmail.com

We will be checking emails and phone messages periodically as the Parish Office has been closed to the public.

For those who are preparing for the Sacraments in 2021, we will continue to

keep advised.

Thank you for your continued support of our parish family during these

uncertain times.
You will continue to be in our prayers,
Rosary and Mass Intentions, especially
those in our community who are sick or

Garden Club's AGM

The Nobleton & King City Garden Club will hold their Annual General Meeting (AGM).

The meeting will take place Monday, March 22 at 7 p.m. in the comfort of your own home as it will be a ZOOM call. Everyone is welcome to attend.

Please RSVP to nobletonkingcitygardenclub@gmail.com and a link will be forwarded to you. Spring is coming. Happy gardening!



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King's Corners

King City United By Sheryl Sinka

One year into the pandemic in Canada and in Ontario we continue to struggle. We thank and pray for the numerous frontline and essential workers, all of those isolating and adhering to stay at home orders and all of those working from home to help our situation improve.

The words Grace and Faith are words to live by to be sure and they surely have been tested this year. Last week, Rev. Andrew reflected on these concepts and on moving forward in these troubling times where God is always at our side. If you missed it, that recorded worship along with others is available on our YouTube Channel at York United Ministries and all on our website. Online worship on Sundays is available at 10 and this Sunday Rev. Andrew Lee is presiding.

Throughout Lent, there is a weekly Lenten reflection offered by Rev Andrew that is broadcast on Thursdays on the York United Ministries YouTube Channel. These are short sessions using music scripture and prayer to help centre us during Lent.

We have also begun a series that addresses questions posed by the youth and young adults to Rev Andrew. This Q-Box series also airs on Thursday evenings.

If you would like emails with the link to the worship please contact the church at kcuc@bellnet.ca to be put on the list for the Sunday morning wor-

The Women's Prayer Circle is still

"open for business," and we can still pray together, even if not in person. Although our weekly Tuesday morning meetings at the condo building on Burns Blvd. are still suspended, they will resume as soon as the government rules are relaxed.

Meanwhile, if you need prayer, for yourself or a loved one, please call Deana at 905-833-5375 and your request will be shared by phone with other prayer sisters. Surely we all agree that prayer is needed now, more than ever. Be still and be well.

If you are in need of assistance or have any question please contact the King City office at 905-833-5181.

King Bible Church

Now that York Region is in the Red Zone we are able to open our doors for 30% capacity on a Sunday morning for our services! We will meet every other week in person.

Join us for our next in-person service on March 21 at 10:30 a.m. Pastor Mark will be continuing our series "The Church Defined" - who we are versus who we should be.

When we are not worshipping in person we are worshipping online! Join us each Sunday at 10:30 a.m.

We have ensured that we can provide a safe place for you and your family to worship. Like the world around us, things are going to look different. You can read about the specifics in our Re-Opening Plan which you will on our website (www.kingbiblechurch.com).

As well, during the weeks we are not gathering in person, we will continue to meet online Sundays at 10:30 a.m. either on Facebook for our "Sunday Conversations" or a pre-recorded message

available through our Facebook page or our You Tube channel. Details will be on our website.

Finally, in order to open safely we need your help.

1) We need you to please be gracious and commit to following the various guidelines that we have had to put in place to ensure everyone's health and safety.

2) We need you to sign-up each week that you plan to attend our in-person services. A link is available on our website for you to reserve seats for you and your family.

Thank-you and we look forward to seeing everyone soon! Please visit our website for further information! www. kingbiblechurch.com

Garden Club's AGM

The Nobleton & King City Garden Club will hold their Annual General Meeting (AGM).

The meeting will take place Monday, March 22 at 7 p.m. in the comfort of your own home as it will be a ZOOM call. Everyone is welcome to attend.

Please RSVP to bletonkingcitygardenclub@gmail.com and a link will be forwarded to you. Spring is coming. Happy gardening!

St. Andrew's By Kathy Patterson

Come with us as we continue our journey through Lent to Easter.

Our Sunday online service starts at 10:15 a.m. at standrews-kingcity.ca, however, the service is available for most of the week. Lynn Vissers continued using the Gospel according to John as we looked at who Jesus is and why

He was crucified for us. In John 8:12 Jesus said. "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

Coffee Fellowship is held after Sunday morning worship. Get in touch with Lynn or Kathy at 905-833-0391 if you need the link or have any questions.

It is a great time to catch up with each other, comment on the worship service, ask questions or share prayer concerns and blessings.

Virtual Bible Study on the book of James takes place Tuesday evenings at 7 p.m. Other virtual Bible Studies are being planned for people who are available during the day using rightnowmedia.org to which St. Andrew's has subscribed.

Virtual Art for the Soul is on Wednesdays at 4 p.m. Contact Lynn for the Zoom link.

The King Township Food Bank continues with its safe food distribution each month. Need more information? ktfb.ca

The Greater Grace Fellowship has been able to resume their Bible Study now on Sundays at 5:00 p.m. in the Lounge, keeping to the Public Health measures. Should you need to contact Pastor Niyazi or Irada Bilgen of the Greater Grace Fellowship, call 416-878-

Should you need to contact Pastor Niyazi or Irada Bilgen of the Greater Grace Fellowship, call 416-878-8499.

May God's presence of hope, peace, joy and love be experienced daily. God is with us!

Do keep in touch and we hope to see you soon.

More on Page 25







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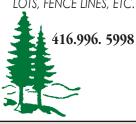
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All Saints Anglican Church By Patrick Gossage

From Page 24

Renewing devotional practices at the dinner table – excerpts from a letter to the Diocese from the Rt. Rev. Andrew Asbil, Bishop of Toronto.

"The origins of the Eucharist come from ancient rituals of the dining table. The Last Supper was an established rite that would have been familiar from the banqueting traditions of their time. Our Eucharist is an evolution of those

that what happens at our dining room tables can and should be a gathering of the people of God, and its own foretaste of the heavenly banquet.

He points out that the family dining together and prayers before this important meal have become rarer.

"How can we renew our rituals of the dinner table to become again for us an opportunity for faith formation? Praying together, especially taking the time to give thanks for and bless the food we share, can become a chance to recollect the actions of the Last Supper.

York Region continues to deliver vaccines identified in Phase One of the Government of Ontario's COVID-19 Vaccine Distribution Plan and is advancing those eligible for vaccine to high priority health care workers.

York delivers vaccines to health care workers

With this new addition, appointments are available for:

Highest, very high and high priority health care workers who live or work in York Region.

Residents who are 80 years of age and older (born in 1941 or before) and who live in York Region.

The high priority health care worker group includes all front-line health care workers who interact with patients or clients in the following settings and sectors:

Community care with lower risk of exposure and serving special populations: developmental services, mental health and addictions services.

Community care with lower risk of exposure and serving general population: campus health, community diagnostic imaging, daycare/school nursing, dietary/ nutrition, independent health facilities (e.g. Opticians/Optometry, Podiatry, Audiology, medical and surgical specialties), Naturopathy/Holistic care, Social work, Sexual health clinics.

Non-acute rehabilitation and therapy: Chiropractic, Chronic pain clinics, Kinesiology, Occupational therapy, Physiotherapy, Psychiatry, Psychology, Psychotherapy, Registered massage therapy / Acupuncture, Other therapy.

Public Health: all other public health.

Eligible residents can visit york.ca/covid19vaccine and select any of the clinic locations to book an appointment.

Walk-in appointments are not available; please do not visit a vaccination clinic without an appointment – you will be turned away.

For more information, visit york.ca/covid19vaccine

of saying grace before meals, why not start again?

> Recollect God's presence in your midst and the saving acts of Christ as you give thanks for your blessings of food and drink. A renewal of dinner table prayer.would still not be the Eucharist, but it could nevertheless be a meal of remembrance. I encourage you this Lent to review your devotional practices around dining."

> Words to live by – Fr. Peterson gave his sermon on the centrality of the cross in our belief as Paul argues in 1 Corinthians 1.

> Paul's letter to the church in Corinth he doesn't open with clever arguments. Paul says that everything he's said and done since he met these people has been about the cross. Paul says bluntly that the cross at the heart of his message doesn't make a lot of sense. The cross, he says repeatedly, is 'foolishness.'

It doesn't make sense to Jews who demand "signs" or proofs from their tra- to join us."

dition and scriptures in order for Jesus to prove his identity. The cross is also 'foolishness' to Greeks who prize philosophy and reason.

If anyone would have asked him, 'Is that all you got,? doubtless Paul would have said "yes." Just this message that 'Jesus voluntarily died on the cross to save us from our sins.' As foolish as it is, as hard to believe as it may be to accept in our scientific age, the cross is the place where God chooses suffering over power for no other reason than for love for us.

"I think the Christian message boils down to this one powerful truth, that the God of love is thoroughly committed to all human flourishing, even to the point of demonstrating that love on the cross. If we live as a people who know that the cross shows us God's love and salvation, then we will make others curious. If we keep our eyes on the cross as we progress towards Good Friday and Easter Sunday, we will see why it is we believe, and why some might come

Lecce, Kurji speak with seniors about vaccine

Stephen Lecce, MPP for King-Vaughan held a virtual event with York Region's Medical Officer of Health and Robin Martin, the Parliamentary Assistant to the Minister of Health, to speak with seniors directly about the vaccine, and to help address any questions they may have about it.

Lecce's office also launched a vaccination distribution notification alert for constituents of King-Vaughan. Residents can sign up at www.stephenleccempp.ca or call the office at 647-560-9700.

"While we await further vaccines from the federal government, and more is on the way, I was proud to partner with York Region's Medical Officer of Health to speak to seniors directly and assure them that the vaccine is safe and that everyone that wants a vaccine will receive one," said Lecce. "With over 1 million vaccine doses administered (as of last week), it gives us a sense of cautious optimism that the end of this pandemic will soon be behind us. I also took the opportunity to encourage seniors who may require assistance to sign-up on my website for vaccine support at www.StephenLecceMPP.ca or call my office. We are here to serve."



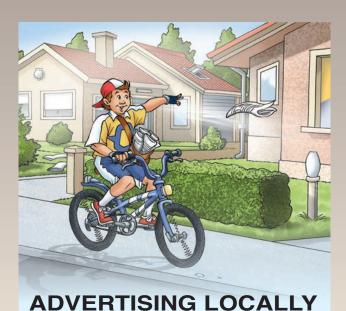
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