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King Weekly Sentinel

King's Community Newspaper

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FREE

Thursday, July 23, 2020

Volume 47, Issue 30

Rockford's
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Ministers tour local business

MPP for King-Vaughan Stephen Lecce was joined by Lisa MacLeod, Minister of Heritage, Sport, Tourism and Culture for a tour of Pine Orchard Farms in King Township last week. The purpose of this visit was to highlight an investment of \$500,000 in the regional tourism organization to deliver locally driven marketing programs, as well as an additional \$100,000 in local festivals and events through the Celebrate Ontario program.

"Today is an exciting day for tourism in King Township and the entire York Region community," said Lecce. "This investment signifies a strong commitment to our local economy, our workers and small businesses as they recover from this downturn. I was proud to join the mayor to promote the beauty, history, and entrepreneurial spirit of our Township at Pine Orchard Farms."

The duo also ventured to Schomberg Pub & Patio and Kleinburg's McMichael Gallery to spread the news.

"We will continue to stand by Vaughan and King Township tourism, hospitality, businesses and culture sector as they recover," said Lecce.



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INSIDE
REGULAR FEATURES
Editorial Page 4
Business Page 8
Sports Page 16
Classifieds Page 16

COOL TO CONNECT?
Resident makes it 'cool' to connect.
See Page 7

Brothers create online experience.
See Page 8

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www.king.ca



King Township
2585 King Road King City,
ON Canada L7B 1A1
Phone: 905.833.5321 Email: serviceking@king.ca



UPCOMING MEETINGS

COUNCIL AND COMMITTEE OF THE WHOLE

Municipal Office, Council Chambers, 2585 King Road
Monday, August 10th
6:00 pm - Special Council and Committee of the Whole
Virtual meeting at <http://meeting.king.ca>
To view full Council and Committee of the Whole agendas, visit king.civicweb.net/filepro/documents

COMMITTEES AND BOARDS

Wednesday, July 29th
6:00 pm - Committee of Adjustment
Virtual Meeting at <http://cofameetings.king.ca>
Email cofa@king.ca for more information

BID NOTICES

For all bid opportunities, please visit the Township of King's website www.king.ca, click **Popular Topics** and click **BID OPPORTUNITIES**.
Or visit on the following link
<https://king.bidsandtenders.ca/Module/Tenders/en>

EMPLOYMENT OPPORTUNITIES

• **IT Desktop Support – closes July 23 at 4:30 pm**
• **Supervisor of IT Business Systems – closes July 23 at 4:30 pm**
Please visit the Township website at www.king.ca for employment opportunities.

PUBLIC NOTICES

August Civic Holiday

Our online and telephone ServiceKing services will be closed for the Civic Holiday on Mon., August 3, resuming regular hours Tues., Aug. 4. If you have an urgent municipal issue on the holiday, please call 905-833-5321.

REMINDERS

PROPERTY TAX NOTICE

Due Dates: July 29, 2020 and September 25, 2020



PROPERTY TAX NOTICES were sent in the mail. Please contact the ServiceKing immediately if you have not received your tax notice.

PAYMENT OPTIONS:

Tax	Payment Options
X	By pre-authorized debit bank withdrawal (PAD)
X	At most financial institutions, including via personal on-line banking
X	By cheque

If paying in person at a financial institution, please present the entire tax notice.

When making payments electronically, search for "King" and select Tax, enter your 15 digit roll number with no decimal (i.e. 000123456780000)

Pre-Authorized Debit Program (PAD): PAD program is available for property tax accounts. The enrolment form is available at www.king.ca (search for "PAD")

To ensure the PAD enrolment takes effect on the next billing cycle **2021 Interim**, the enrolment form must be received by **December 1st, 2020**.

Please visit our website for details.

King and consultant WSP are Working For You!

The Township is preparing its 10 Year Road Paving Strategy and consultant WSP has been hired to prepare it. Part of developing the strategy is for WSP to conduct field investigations during the course of the project, which is anticipated to last until the end of August. WSP will be in neighbourhoods across the Township digitally recording the existing roadway conditions and visually inspecting them – so you may see them on your street in a car with a camera. Their vehicles are clearly marked with the red WSP logo on them. WSP will present its findings in a report for Council's consideration later this year.

If you have any questions regarding the fieldwork portion of this project, please contact ServiceKing at 905-833-5321 or email serviceking@king.ca.



Please see more King Township notices on page 5

PUBLIC NOTICES



With guidance from York Region Public Health and in an abundance of caution for both residents and staff around the COVID-19 pandemic, King Township is responding with the following changes in operations:

- King Township has closed all indoor facilities until Labour Day. Some outdoor recreational amenities are reopening - see notice below.
- King Township Public Library remains closed but is offering curbside pickup service. Visit www.kinglibrary.ca for more information.
- The Municipal Centre at 2585 King Rd. is closed to the public.
- All essential services will continue, including Fire and Emergency Services, water, wastewater, waste collection and roads and sidewalk maintenance.
- Some non-essential services may be impacted. For a list of all services please visit www.king.ca.

Citizens can still do business with King on our website at www.king.ca, by phone at 905-833-5321 or by email at serviceking@king.ca.

LATEST UPDATES

King is taking a cautious and gradual approach to ensure outdoor recreational areas are safe for use and that proper procedures and signage are in place.

At this time, King Township is focusing its efforts on reopening some of its outdoor recreational amenities only. Please review the infographic below or visit covid19.king.ca for more details.

Due to the constantly changing nature of the COVID-19 pandemic and its effects, this information may not be current. Please visit covid19.king.ca for the most up-to-date information.

MASK OR FACE COVERING REQUIRED



Exceptions include people who cannot wear a mask for medical reasons, children under the age of five or those who require accommodation in accordance with the Ontario Human Rights Code.

Stay safe. Stay informed.
york.ca/covid19

What's Open - Parks & Recreation



- Open for casual recreational use only (some exceptions)
- No gatherings of more than 10 people (who are not from the same household)
- Keep 2 metres away from other people (who are not from the same household)

Open

- Baseball Diamonds
- Tennis Courts
- Dog Parks
- Basketball Courts
- Open Spaces
- Cold Creek Conservation Area
- Trails
- Splashpads
- Skateparks
- Shade Structures
- Soccer Fields

Updates (as of July 10th, 2020)

- Camp in a Box #2**
Registration opens Monday July 20th!
- In place until Labour Day:**
No summer ice or indoor facility rentals
Indoor facilities closed
- Summer Camps - CANCELLED**
Full refunds to be processed.
- All Municipal Events - CANCELLED**
Cancelled up to and including Labour Day.

Closed

- Nobleton Pool (Closed for the 2020 season)
- Indoor Facilities (Closed until Labour Day)
- Playgrounds
- Washrooms
- Outdoor Fitness Equipment
- Washrooms (Under evaluation)

COVID-19 information: The risk to York Region residents of acquiring the virus in the community remains low. Visit york.ca/covid19 for more information or call Health Connection at 1-800-361-5653. You may also contact Telehealth Ontario at 1-866-797-0000 for medical advice. Telehealth Ontario is a free confidential service you can call to receive health advice or information. A registered nurse will take your call 24 hours a day, seven days a week.

KING FIRE & EMERGENCY SERVICES

Barbecue Safety
Grilled to Perfection Every Time!



USE BBQS OUTDOORS ONLY! They produce **carbon monoxide**, a poisonous gas that can lead to unconsciousness and even death. Never use or store propane cylinders inside any structure, including garages.

Take these steps when starting a BBQ:

- Open the hood.
- Turn on the gas release valve on the tank.
- Turn on the grill controls or heat settings.
- Take a step back.
- Push the igniter button.
- If there is no igniter button, insert a long match or BBQ lighter through the side burner hole first, then turn on the heat control knob.
- If the burner does not ignite right away, turn the gas off and wait five minutes, keeping the hood open, before repeating the procedure.

At the start of the BBQ season, do this THREE-STEP SAFETY CHECK of your BBQ:

- 1 CLEAN** Use a pipe cleaner or wire to ensure burner ports are free of rust, dirt, spider webs or other debris.
- 2 CHECK** Examine the hose leading from the tank to the burners. Replace it if cracked or damaged.
- 3 TEST** Find leaks by applying a 50/50 solution of water and dish soap to propane cylinder connections and hoses. If bubbles appear, tighten the connection and/or replace the damaged parts and retest.

Stay Fire Safe!

Never leave the BBQ unattended when in use. Make sure grease does not build up on the burners or at the base of the BBQ. This could cause a grease fire.

Never throw water on a grease fire – this will only spread the flame.

DO NOT place the BBQ close to wooden fences or walls, vinyl siding, or anything that can burn. The area behind your BBQ must be free of anything that can ignite – this is where hot gases escape.

Keep loose clothing away from a hot BBQ.

Keep children and pets at least one metre (three feet) away from a hot BBQ.

When finished barbecuing, turn the gas valve off first, then turn off the burner controls so no gas is left in the connecting hose.

Allow the BBQ to cool completely before closing the cover.

If you live in an apartment or condo building, check with the building owner or property manager, or the Condominium Act of your building, regarding the use of BBQs on your building's balconies.

* SAFETY TIPS COURTESY OF THE TECHNICAL STANDARDS AND SAFETY AUTHORITY / WWW.SAFETYINFO.CA

King Fire & Emergency Services
905-833-2800

Office of the Fire Marshal and Emergency Management
ontario.ca/firemarshal

MTO updates the EA for the GTA West corridor

By Mark Pavilons

The Ministry of Transportation is proposing a regulation to update the existing environmental assessment process for the Greater Toronto Area (GTA) West Transportation Corridor. The regulation would create a new streamlined process for assessing potential environmental impacts of the project, as well as consulting on it.

And the public has a chance to submit its comments and concerns.

As part of the government's Made-in-Ontario Plan commitment to modernize the 50-year old environmental assessment program, the Ministry of the Environment, Conservation and Parks is proposing a regulation to update the existing environmental assessment process for corridor.

The proposed regulation would create a new streamlined process for assessing potential environmental impacts of the project, as well as consulting on it.

The new process would eliminate duplication while maintaining environmental protection. For example, it would include a requirement to complete field investigations and collect technical information for documentation in the Environmental Conditions report, an Environmental Impact Assessment report, and an Early Works report.

Stage 1 of the GTA West environmental assessment study (Systems Planning) recommended a Transportation Development Strategy (TDS), which was completed in November 2012. This strategy identified the need for more road capacity beyond optimizing the existing transportation network, widening existing highways, and the tran-

sit expansion projects identified by Metrolinx.

Stage 2 of the environmental assessment study (Route Planning and Preliminary Design) is currently underway. Building on the recommendations from Stage 1, the GTA West environmental assessment study will identify the route, determine interchange locations, and complete the preliminary design for a new transportation corridor within the Route Planning Study Area. The new multimodal transportation corridor will include:

- * A 400-series highway.

- * Transitway and potential goods movement priority features extending from Highway 400 (between Kirby Road and King-Vaughan Road) in the east to the Highway 401/407 ETR interchange area in the west.

Shortened timelines would speed up completion of the preliminary design phase of the project, providing earlier confirmation of the transportation corridor to local communities, municipalities, and Indigenous communities. More broadly, this could allow construction to start earlier, which would ease congestion in the study area more quickly from its intersection with Highway 400 west to its intersection with Highway 401/407 ETR.

Modifying the existing environmental assessment process for the GTA West Transportation Corridor project would lead to more efficient design and construction phases and provide flexibility for the delivery model selected in the future.

Under the proposed regulation, the MTO would still be required to complete preliminary/detail design and consultation as a requirement of conditions outlined in the regulation. This

streamlined process would require the MTO to prepare an Environmental Conditions report. This report would be documentation of all work completed from the start of the project up until the completion of the preliminary design phase. The report would help expedite timelines and provide certainty in the process, which in turn would support selection of the future delivery model.

The realigned GTA West Corridor proposal is welcomed by King councillors.

Councillors lauded the new route alignment, which protects lands for a further multimodal transportation corridor. The new route swings further north into Caledon before dipping south through Vaughan, connecting with Highway 427 near Nashville Road. It then continues east south of the King-Vaughan Road, connecting to Highway 400 north of Kirby Road.

Certain parts of the GTA West

Transportation Corridor project are expected to be ready for construction earlier than other parts of the highway. This streamlined environmental assessment process would shorten the project schedule by completing the preliminary design study in 2022 instead of 2023 or beyond. It would also remove duplication between Environmental Assessment Act requirements and other specific legislation, as well as the MTO standards and practices, while maintaining environmental considerations.

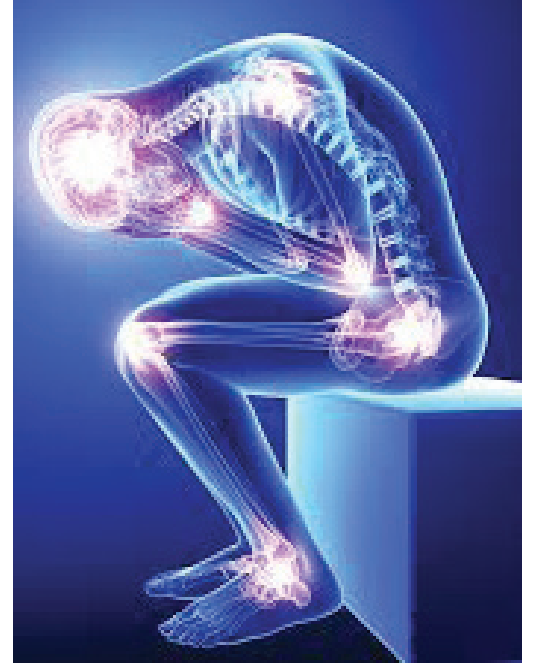
The proposed regulation would save time by allowing the ministry to apply for, and obtain permits and approvals required for construction. These approvals would be subject to consultation or other requirements associated with those processes, and to meeting the requirements set out in the regulation.

Visit <https://ero.ontario.ca/notice/019-1882> to submit comments.

Advertisorial

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You may find that your pain or stiffness affects your work, housekeeping, leisure activities, exercise, sports or other activities. You go to the drug store or to your doctor and get pills to help relieve your pain. But you find the pain keeps returning. Alternatively, the doctor may refer you to a specialist who may tell you that surgery is needed or is an option for you.

However, many people are hesitant to have surgery given its invasive nature. It is important to know that although surgery is sometimes necessary, it is considered a last resort in most cases.

Also, you may have heard that there are serious health risks associated with chronic use (or overuse) of pain pills or anti-inflammatory drugs that include damage to the liver, kidneys and gut.

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Our patients have reported a 90-95% relief of their symptoms, more mobility, increased flexibility and vastly improved function!

It is the very latest in medical technology, with years of clinical studies supporting its safety and efficacy and we are very proud to offer our patients effective solutions to their recent or chronic conditions.

"This new, natural, safe and highly effective approach has helped many sufferers improve their lives dramatically".

Come in and allow us to help you achieve the results you deserve! Call (905) 773-2225 to book your FREE consultation and examination at King West Wellness Centre 141 King Rd., Unit 10, Richmond Hill (In the Home Hardware Plaza)

King staff monitoring local gypsy moth problem

By Mark Pavilons

It may be too late to mitigate this year's infestation of gypsy moths, but King Township staff are keeping an eye on the pest.

The Township has received a number of inquiries about the Gypsy moth this month.

Staff have been in touch with other municipalities/conservation authorities on the matter.

The infestation is anticipated to end in the coming weeks (end of July at the latest). Staff are aware of the problem in other parts of the province, too.

Due to the short time frame on the infestation, how quickly it came about, the lack of advance warning and the limited resources currently available due to COVID-10, the Township will not be exploring pesticide use at this time.

"Staff will continue to monitor the health of the trees over the remainder of the year and into next spring when we are hopeful with some extra care, they will thrive again," said a statement from the Township.

Residents are encouraged to report sightings of invasive species to the Invading Species Awareness Program, Invading Species Hotline at 1-800-563-7711, email info@invadingspecies.com or online at <http://www.invadingspecies.com>.

Residents are encouraged to learn more about the Gypsy moth by visiting online at <http://www.invadingspecies.com/gypsy-moth/>

The gypsy moth is an insect native to Europe and Asia that has been severely weakening trees across North America. Gypsy moth was introduced to North America in the late 1860s near Boston and has spread over the past century. Despite the successful use of insect predators, as well as fungal and viral controls, gypsy moth populations do occasionally reach outbreak levels and continue to expand their range.

Gypsy moth caterpillars defoliate host trees, mostly hardwood species, such as: oak, birch, poplar, willow, maple and others. During outbreak years, nearly all broadleaf trees may be completely defoliated, caterpillars appear everywhere, and "frass" (caterpillar droppings) appear to rain from the trees. Adult gypsy moths are only seen in mid-summer when temperatures are above freezing. This species is known to infest trees in woodland or suburban areas.

Gypsy moths can be found throughout southern Canada. Populations have been found in southern Ontario, New Brunswick, Nova Scotia and British Columbia. Each population varies annually and fluctuates with local conditions.

Caterpillars are 5-6 centimetres long with five pairs of blue dots and six pairs of bright red dots along their back. Female moths are white with dark markings and cannot fly. Male moths are brown and can fly. Females are larger than males with a 5 cm wing span, males only span 2.5 centimetres.




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Editorial, Letters & Opinion

"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."

- Michael Connelly

'Simplifying' is more important than ever

How many times have we heard the expression "less is more?"

How many times have we given it any heed?

We've had ample opportunity to let this concept sink in over the past few months.

Every day that goes by, and every day that COVID-19 remains part of the big picture, we need to pause and reflect. We need to seriously take stock of what's important in our lives.

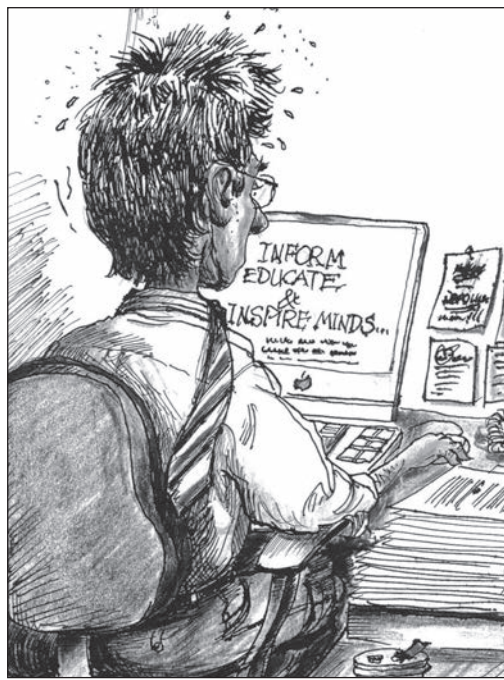
A new poll by Simplii Financial finds that the majority (81 per cent) of Canadians want to simplify their lives, and many (67 per cent) have already started. For Canadians, the three areas they want to simplify most are their home organization (55 per cent), finances (34 per cent) and their daily schedule (29 per cent).

"One of the unexpected impacts of COVID-19 is the opportunity for many to re-evaluate what's important to them," said Vineet Malhotra, head, Simplii Financial. "We asked Canadians how their habits have been changing, and we've found they're keen to simplify, with technology playing a key role in accomplishing this."

The key takeaway from the survey, Malhotra says, is that "the effects of the pandemic have created a larger appreciation for what Canadians have, but there's still a need to simplify, with 76 per cent of Canadians believing simplifying their lives is more important than ever. Our team knows firsthand how simplifying finances can help everyday life feel less complicated."

According to the data, it is clear that Canadians are relying more on technology than ever before (68 per cent) vs only 31 per cent of Canadians who said they were using more technology in 2019. In recent months, they have started using technology for seeing friends/family (47 per cent), shopping (33 per cent) and groceries/cooking/meal prep (27 per cent).

With use of technology at an all-time



Mark Pavilons

high, 47 per cent say that a household budget is more important now. Canadians are looking to better manage: food takeout/delivery (44 per cent), household technology (34 per cent) and clothing (25 per cent) expenses.

The pandemic has given Canadians an appreciation for the things they have (52%), a slower daily pace (34%) and spending time with immediate family (29%).

The drawback, verified by the poll, indicates we're spending the time watching more television/movies (53%), news (37%), cooking (32%) and decluttering/organizing (32%).

I admit that during the past few months, my butt has made quite a dent in our sofa. Being a bit of a TV and movie buff, this has only compounded my "addiction".

My wife recently pointed out that other studies indicate that increased screen time - TV, iPad, iPhone - actually increased belly fat! Just what I needed!

I can understand the desire to "declutter" our surroundings. We have a few

areas of our home that urgently require our attention. My wife sometimes finds tasks like this daunting - she looks at a pile of boxes and gets overwhelmed. She doesn't know where to start, so goes somewhere else!

I get it, in the early stages of what's turning out to be a very hot summer, who wants to reorganize the basement, or clean out the jungle-like bedroom closet? Who wants to spend a weekend in the garage where all kinds of nasty awaits?

I grew up doing chores and we weren't given an option. When our parents told us to do something, we did it. Sure, we mumbled under our breaths, but we knew we had to pitch in.

Our kids have been given rather long leashes (I wish this was literal, not figurative). I can't even count the number of times my requests for household chores met with odd, perplexed stares, faces void of comprehension. Either my kids are great actors or they're simply playing possum.

Ok, I know that complaining about a few simple chores is silly given the state of the world today. I often tell my kids to count their blessings and that they should take comfort in the fact we take care of them, and we live in this great country of ours. I've stopped giving them the "knee-deep in snow" scenario. I've tried some other creative ways to give them some perspective, but they

just don't get the concept of selling coconuts or braiding hair on the street.

When they complain about a lack of food, I tell them my mom made me marmalade sandwiches for my entire Grade 9 year! I hate the stuff. My threats just don't carry any weight. Maybe my material needs to be updated.

Being on keto, my dietary choices are limited, but my wife has been very creative in the kitchen. Luckily, I've found several coolers that are carb-free and sugar-free. There is a God!

Even though my kids all have part-time jobs, they still don't always get some of today's economic realities.

My son's car was written off recently, after an encounter with a deer. He was quite upset about the deductible, claiming it's draconian. I agree, but that's the system.

My youngest is enjoying the benefits of her job, but she can be frivolous with her money. She desperately wants to grow up, travel the world and experience life. Who doesn't?

There's no question many of us have accumulated way too much stuff and surround ourselves with material things.

Okay, the age-old necessities of getting plenty of rest, drinking water and getting exercise aren't enough for today's millennials. They (we) want more.

But at one point we all have to come to the realization that "less is more."

Letter to the Editor

Vision is about collaboration

A few weeks ago there was a lively discussion on Facebook about development on Main Street, Schomberg.

One contributor's opinion really stuck with me and after careful consideration I felt compelled to respond. The contributor provided a caution to would-be complainers that read (and I paraphrase here): "Developers are willing to give to the community, except when you force them to waste time and money (and presumably good will) fighting to get approvals."

I found this statement somewhat alarming. It reflects a process that pits developers against the community. Rather than thinking of the development process as a fight for approval, we are better off thinking of it as a collaborative and cooperative process to protect and enhance our community vision.

We have a community vision that was created through extensive consultation, and that vision is our Official Plan. If that vision is to be modified, rather than community members stepping aside, and rather than wasting time, money and community resources, community members, Township planners and developers alike need to work together. Otherwise our community vision will be lost.

Mary Asselstine

KingWeeklySentinel **WEBPOLL**
www.kingsentinel.com

Results from last week's poll:

Will you travel to any public beaches this summer?

a) Yes **14%**

b) No **86%**

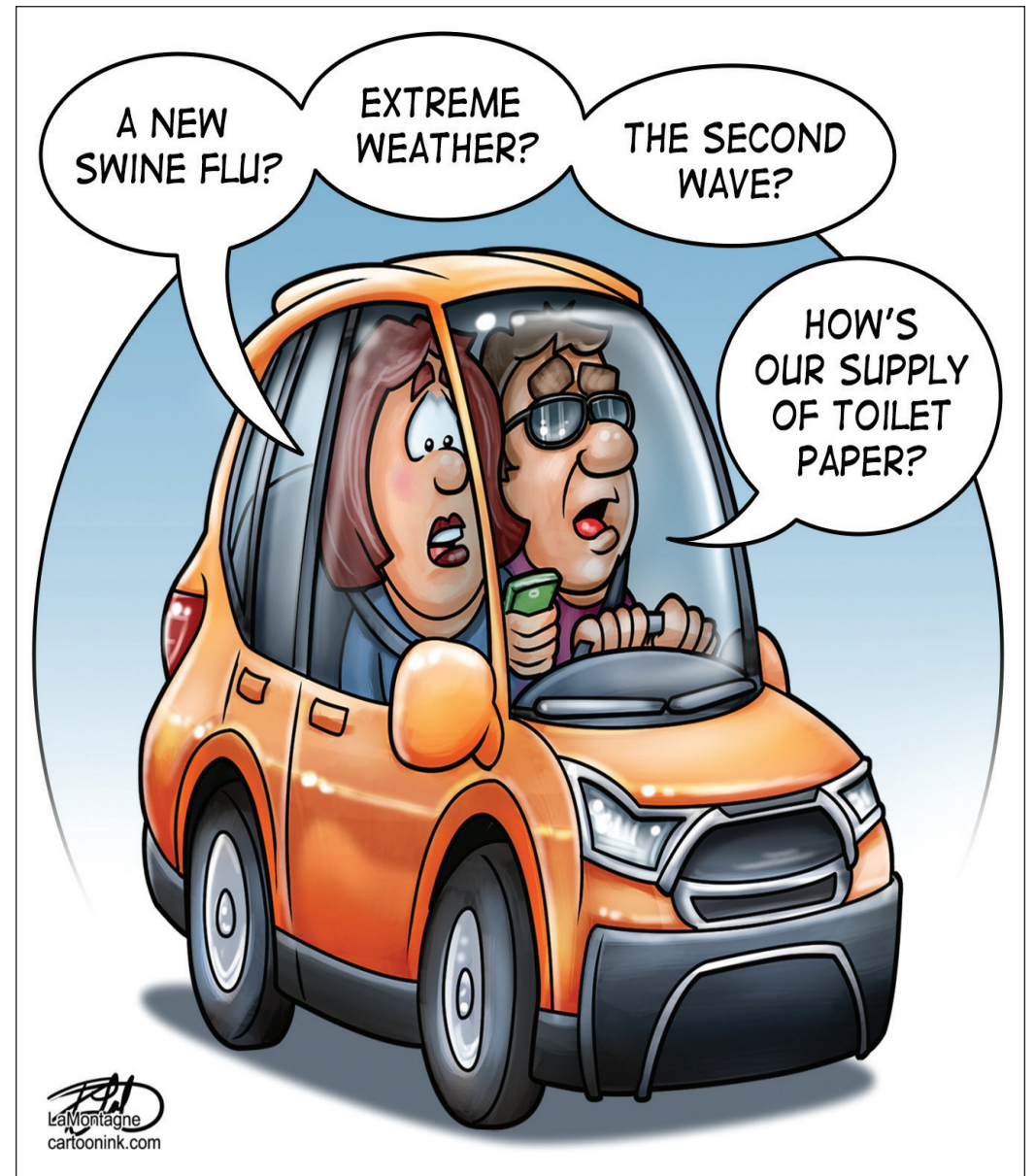
The results of this poll are in no way considered to be valid or infallible.

THIS WEEK'S QUESTION

Are you in favour of making masks mandatory?

a) Yes
b) No

Go to our website and cast a vote!



Thought of the Week



The Brazil nut is the exception to the rule!

The sentiment "a tough nut to crack" must have referred to the iron-clad Brazil nut!

Trivia Tidbits

When buttons were first introduced, they were used primarily by women of means with servants. It was more convenient to place the buttons where a right-handed lady's maid, who helped dress her mistress, could manipulate them. The practice stuck, but only in women's clothes.

<p>30 Martha St., Suite 205, Bolton ON L7E 5V1 Toll Free: 1-888-557-6626 905-857-6626 Fax: 905-857-6363 www.kingsentinel.com</p>	<p>PUBLISHER: London Publishing Corp. GENERAL MANAGER: Zach Shoub EDITOR: Mark Pavilons editor@kingsentinel.com PRODUCTION: Lisa Clendening ADVERTISING: Doug Sherritt doug@pcmedia.ca DISTRIBUTION: Cephise Cuming cc@cephisecuming.com OFFICE: Mary Cephise CREDIT DEPT.: Al Lord CLASSIFIEDS: admin@caledoncitizen.com</p>	<p>Advertising & Administration Head Office 30 Martha St., Suite 205, Bolton L7E 5V1 Tel: 905-857-6626 Fax: 905-857-6363</p> <p><small>The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non insertion of any advertisement beyond the amount paid for such advertisement.</small> Copyright King Weekly Sentinel 2020</p>	<p>Subscription rates: Within 65 km except towns with letter carriers - \$39.00 + G.S.T. Beyond 65 km and towns with letter carriers - \$67.00 + G.S.T. Single copies 94¢ + G.S.T. or \$1.00 (includes G.S.T.)</p> <p></p>
<p>Simcoe-York Printing & Publishing Limited, publisher of the King Weekly Sentinel and the New Tecumseth Times.</p>		<p>Published every Thursday</p>	

Employee safety is key to re-opening economy

By Drew Sousa
Executive Director, OOHNA

The role of occupational health nursing is not well understood. We are healthcare providers working in several different work settings including organizations deemed an essential service. We deal with complex health issues and play a key role in keeping the essential services that we all count on going.

As we move into the next phase of the pandemic and allow more people return to work, occupational health nurses will play a vital role in keeping us all safe and minimizing a second wave.

Our risk of exposure is already greater than most, but that will only increase as restrictions are lifted and occupational health nurses begin doing more health assessments, including

temperature checks.

As industries open back up, this will be the new frontline in the fight against this horrible pandemic. We will continue to be the entry point for anyone requiring COVID screening or follow-up, and those numbers, and the potential hazard, will increase exponentially.

As a profession, we have a critical role to play in our response to the pandemic. Our practice is very similar to that of a public health nurse in the community, only our work happens within the environment of an employer. We assess risk, identify how to reduce it, and put in place programs that ultimately maximize the health of our employee population.

Our mantra is keeping workers well. And because we are working outside of a hospital setting, we are actually at greater risk because we aren't afforded

the same level of protection as those in a traditional health care setting.

In the crisis gripping the province, we are the forgotten frontline. Whether it is helping employees manage exposure to COVID-19, treating injury or managing infectious diseases, we are dealing with risk every day.

We wear many different hats, managing scenarios and applying the same critical thinking as our nursing colleagues in a hospital setting do. We put similar controls in place for COVID-19 from points of entry, to hand sanitizers, to Personal Protective Equipment (PPE), to how best to adhere to physical distancing.

As we prepare to open up our economy and move into next phase of bringing people back to the work, the level of complexity for all of us will increase as we make sure we have the right pro-

cesses in place to make it happen seamlessly and without increased risk.

We are fundamentally nurses, regardless of where we work. And we have a strong role to play in facilitating proactive strategies to promote and maintain health and safety in the workplace.

Our interventions are far reaching, and don't just end at the door of the workplace. We impact the health and wellness of our employees even when they go home and interact with their families.

As we enter the next phase, occupational health nurses are going to have an important role to play in bringing Ontarians back to work in a healthy and safe way. We welcome this opportunity to showcase our value to the community and to the organizations we work within.



www.king.ca



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ON Canada L7B 1A1

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PUBLIC NOTICES

PUBLIC NOTICE

PAVING Project
by Public Works coming soon...

WORKING FOR YOU
Engineering and Public Works

DETAILS @ King.ca

PROJECT:
PAVING 11th CONCESSION
(From 15th Sideroad to 16th Sideroad)

LOCATION:



PUBLIC NOTICE

PAVING Project
by Public Works coming soon...

WORKING FOR YOU
Engineering and Public Works

DETAILS @ King.ca

PROJECT:
PAVING 16th SIDEROAD
(From Highway 27 to 10th Concession)

LOCATION:



WHY?

11th Concession will be paved to extend the service life of the pavement structure.

WHEN?

Start: Late July 2020
Expected Completion: Early August 2020

IMPACTS?

Lane restrictions will be in place during paving and some delays to the normal flow of traffic can be expected for the duration of the project. Local traffic will still be permitted for residents to access their driveways.

CONTACT

Township of King Robert Arcaro Construction Inspector (416) 559-5088 rarcaro@king.ca	Lisbon Paving Arlindo Araujo Site Supervisor (905) 775-4866 aaraujo@lisbonpaving.com
--	--

WHY?

16th Sideroad will be pulverized and paved because the existing asphalt is at the end of its surface life and is in very poor condition.

WHEN?

Start: Late July 2020
Expected Completion: Early August 2020

IMPACTS?

Lane restrictions will be in place during paving and some delays to the normal flow of traffic can be expected for the duration of the project. Local traffic will still be permitted for residents to access their driveways.

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Take the survey



speaking.king.ca/atactionplan



Active Transportation Action Plan

King Township is currently developing an action plan to strategically implement the Transportation Master Plan's recommended active transportation network including sidewalk upgrades and new sidewalks, multi-use pathways, off-road trails, signed on-road cycling routes and mid-block crossings.

To prioritize these projects, we are inviting members of the public to share their feedback and opinions on how projects should be prioritized. Your input will help inform when and where the Township's active transportation projects get built, create a more comfortable environment for residents to walk and cycle to their destinations.

<https://speaking.king.ca/atactionplan>

ONLINE SUMMER FUN AT THE LIBRARY!



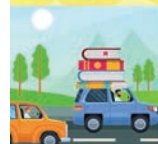
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Province helps improve the health of Lake Simcoe

The Ontario government announced that it is investing \$581,000 in four new projects to help find better ways to reduce the amount of pollutants, such as phosphorus, from entering Lake Simcoe. Local projects like these are key to restoring and protecting Lake Simcoe and its watershed and support the province's commitment to protect our air, land and water, as outlined in the Made-in-Ontario Environment Plan.

These projects will build on the significant progress already made. A report released by the Ontario government shows the health of Lake Simcoe is improving as a result of actions taken to protect and restore the lake and its watershed.

"Ten years ago, local environmental and conservation organizations, advocates and all levels of government came together as a community to restore the Lake Simcoe watershed, resulting in the Lake Simcoe Protection Plan," said Jeff Yurek, Minister of the Environment, Conservation and Parks. "Today, we are celebrating the progress we have made together to protect and preserve this vital region, and I look forward to continuing this work."

Lake Simcoe Watch, Simcoe County Greenbelt Coalition and the Rescue Lake Simcoe Coalition and their member groups have been campaigning together to engage the public in this significant policy review.

"The province's timeline on the Lake Simcoe Protection Plan policy review allows interested members of the public to analyze the province's reports, and to collaborate in order to provide the best advice possible about the LSPP review. We appreciate that. It also gives the province time to hear the expert advice of two provincial Lake Simcoe multi-stakeholder committees which have not met since 2018," said Rescue Lake Simcoe Coalition Executive Director Claire Malcolmson.

Lake Simcoe's health is still struggling and it can not afford any weakening of its protection policies, the groups maintain. In addition to the protections in place in the Lake Simcoe Protection Plan, this policy review now planned for the fall affords the province a chance to further strengthen the Plan by:

- Bringing down phosphorus loads to the lake to achieve or beat the tar-

gets of the Lake Simcoe Protection Plan through a renewed Phosphorus Reduction Strategy.

- Increasing protections for natural heritage features like forests, wetlands and shorelines to help support biodiversity, and to address phosphorus loading, warming water temperatures, and climate change.

"We are pleased that the province is spending money on research and monitoring in areas that we agree are important to the lake's health," said the Simcoe County Greenbelt Coalition's Executive Director Margaret Prophet. "Sound science, evidence and climate change projections need to form the basis of improvements to the Lake Simcoe Protection Plan. It is a science-based plan; it needs to stay that way."

The 10-year report on Lake Simcoe shows the restoration of more than 15 kilometres of degraded shorelines, the planting of more than 55,000 trees and shrubs, and the creation and restoration of 120 hectares of wetlands have resulted in encouraging signs of recovery including:

- A 50 per cent reduction in phosphorus loads from sewage treatment plants entering the watershed.
- Decreased amounts of algae over time.
- The successful reproduction of cold water fish such as lake trout, lake whitefish and cisco.

"The results of the 10-year report are very encouraging, but there is more work to be done," said Andrea Khanjin, Parliamentary Assistant to the Minister of the Environment, Conservation and Parks and MPP for Barrie-Innisfil. "We all have a role to play to restore and protect the lake and I am proud Ontario will continue working to keep Lake Simcoe clean."

Protecting and restoring the health of Lake Simcoe requires collaboration with key partners, including local conservation authorities, Indigenous communities, municipalities, agricultural and commercial sectors and residents. This fall, the government is inviting all its partners, including the general public, to participate in a 10-year review of the Lake Simcoe Protection Plan to see if it needs to be updated.

The restoration of Lake Simcoe and its watershed is a key commitment of the Ontario Government's Made-in-Ontario Environment Plan.

Since 2009, the province's actions to protect and restore Lake Simcoe have been guided by the Lake Simcoe Protection Plan, which focuses on the lake's water quality, reducing phosphorus levels, caring for natural heritage, and addressing the impacts of invasive species and other emerging threats.

In the lake, total spring and ice-free (May through October) phosphorus concentrations have been consistently low since the 2015 Five-Year Report and have dropped significantly from 1980 to 2018.

Over the long term, the amount of algae in the lake has decreased, and deep water dissolved oxygen has improved, supporting the potential recovery of cold water fish.

Cisco, a cold water fish whose population was once in steep decline, are continuing to show positive signs of recovery. After a 13-year closure, the cisco winter fishery was reopened in 2015, and cisco continues.

Over 450,000 people living in 22 municipalities depend on the Lake Simcoe watershed every day.



MPP Lecce, Deputy Premier Elliott, Executive Vice-President of Southlake Regional Health Centre Barb Steed, and a representative from the Taipei Economic and Cultural Office in Toronto holding a box of medical grade PPE delivered to the hospital.

Ministers donate PPE to Southlake

MPP for King-Vaughan Stephen Lecce joined the Deputy Premier, Minister of Health and MPP for Newmarket-Aurora Christine Elliott at the Southlake Regional Health Centre in Newmarket last week.

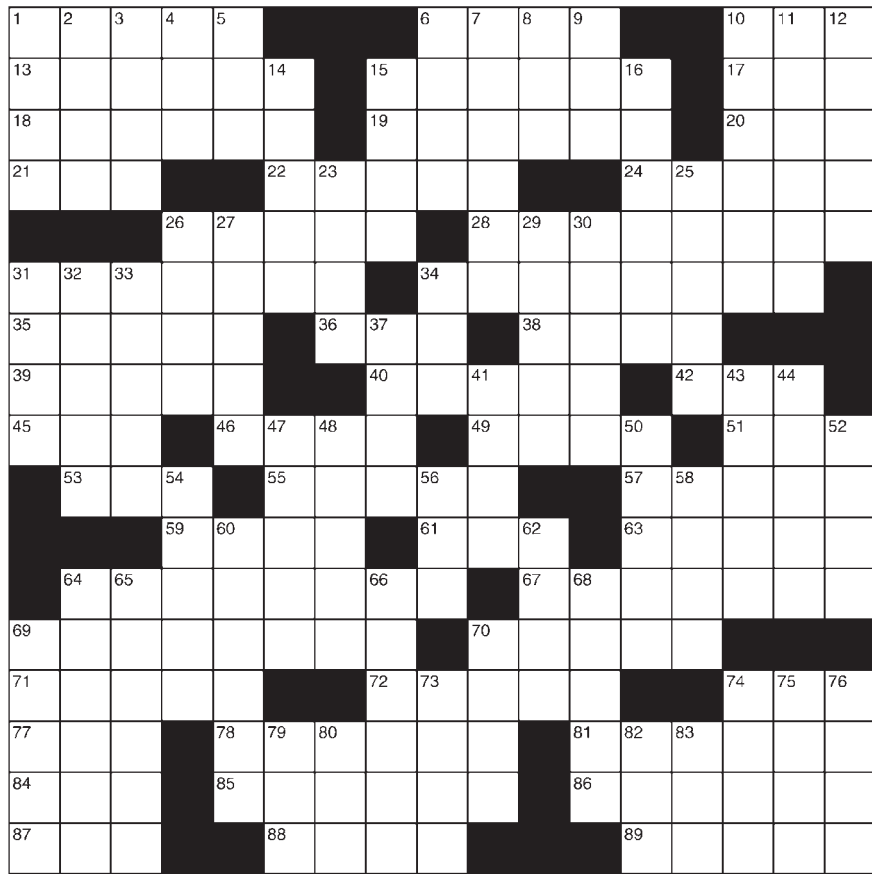
They delivered Personal Protective Equipment (PPE) generously donated by members of the Taiwanese Community.

Southlake hospital services a critical mass of King Township residents and thus was selected as a location by MPP Lecce to deliver the medical grade goggles and reusable gowns.

"We are working hard to ensure our front-line healthcare workers are protected and safe, as they rise to the challenge and respond to COVID-19," said Minister Lecce. "I was grateful to connect Southlake Hospital to our friends from Taiwan who generously donated high-quality PPE to our community. We stand shoulder to shoulder with our friends and allies who continue to demonstrate what true friendship is."

X CROSSWORD

PUZZLE NO. 477



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ACROSS

- Slapping noise
- Top
- Tattered cloth
- Educated
- Batting order
- Holiday night
- Dry creek bed
- Esoteric
- Diaper fastener
- Command to oxen
- Zoo creature
- Pledge an oath
- Facial expression
- Gradual
- Pudding
- Desire for food
- Glorify
- Fa's follower
- "Yes ____" (Sammy Davis, Jr. autobiography)
- Seat request
- Treelless plain
- Shoot the breeze
- Scatter rug
- Burden
- Active word
- Kind of feeling

- Lass's counterpart
- Type of chisel
- Alpine ridge
- Cartridge-box contents
- Unit of energy
- Busybody
- Bugle call
- Hen's mate
- Demean
- Entire range
- Chalcedony
- Notwithstanding
- Sketch ____
- Brief doze
- Asian wild ass
- Grating
- Some sons: abbr.
- Plump
- Supply with oxygen
- "The Bard," e.g.
- Bamboo, e.g.
- High male voice

- Old pronoun
- Tweety, for one
- Set up tents
- Mediterranean or Caspian
- Large wine cask
- Parrot
- Fly a plane
- Category
- Theme
- Rural road
- Former Spanish coin
- Sad cry
- Twist
- Window part
- Lodging place
- Give a view
- Ornamentation
- Jazz or Magic
- Along the middle
- Spaghetti or linguine
- Entirely
- Dairy-case selection
- Declare
- Go-between
- Mesa
- Own up to
- Wry
- "Blue ____"

- Sign of crying
- Ship's crane
- Neckline style
- Sit a spell
- Shooting star
- Alum
- Consider
- Pass by
- Alliance
- Last Greek letter
- Guitar's relative
- Brace
- Relay
- Design
- Singing voice
- "The ____ Hunter"
- Likewise not
- Had a snack
- Steep flax
- Strong rage

- DOWN**
- Buck
 - Whittle
 - Fishing implement
 - Back in time

Solution on page 17

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From Thursday, July 23 to Wednesday, July 29

THURS 23RD	FRI 24TH	SAT 25TH	SUN 26TH	MON 27TH	TUES 28TH	WED 29TH
Risk of T'storm High 25C° Low 16C° ~1mm Wind N 10k	Sun/Clouds High 28C° Low 16C° - Wind E 7k	Mainly Sunny High 30C° Low 29C° <1mm Wind SW 13k	Risk of T'storm High 31C° Low 23C° 5-10mm Wind W 19k	Risk of T'storm High 30C° Low 21C° ~1mm Wind W 17k	Risk of T'storm High 28C° Low 19C° 2-4mm Wind NW 14k	Risk of T'storm High 27C° Low 19C° 1-3mm Wind NW 12k

The King Weekly Sentinel is your community newspaper. Read us online at www.kingsentinel.com

Resident Dana Clark helps people reconnect with unique cards

By Mark Pavilons

A Kingscross native has found an innovative way to help people reconnect.

Dana Clark created "Cool To Connect," an interactive card game of sorts.

Connection Cards, made by Cool To Connect, are an interactive and innovative set of 52 cards that will give you the tools to enhance your human-to-human experiences and connections. These cards will take you on an inspiring and awakening journey that will help you further your relationship with yourself and others. All you need to do is pull a card and feel your connections unfold.

Clark said Cool to Connect "encourages people that it's cool to have deep conversations, and have emotional and real connections with people, sometimes we just need a prompt to do so!"

It's especially relevant now with social distancing and isolation.

She explained that all you do is pull a card and answer the question. There are unlimited players and it can even be used by yourself, to prompt you to

keep a journal. The 52 questions are all "PG" and they can be used online (zoom, FaceTime etc. and socially distant situations to enhance connection).

"After running Heroic Humans for nearly three years now, it was becoming more and more common of a theme throughout my interviews and interactions with people in the community and online about how much we all craved and depended on connection. I wanted to create a product that people would feel 'cool' to use to connect further with themselves and others.

Clark is the founder and creator of Heroic Humans, a global social impact movement with a mission to inspire, celebrate and empower Heroic members of our communities.

Heroic Humans touches thousands of lives daily from across the globe. With global ambassadors that support the mission, Heroic Humans also hosts events and most recently launched a podcast to elevate the stories, voices and personal journeys of everyday heroes.

For more, visit <https://heroichumans.com/>



This Old **NEWSPAPER**?! King Weekly Sentinel Reader Contest

WE CHALLENGE YOU TO RECYCLE NEWSPAPERS INTO SOMETHING NEW

Send submissions to editorskingweekly.com. Entries will also be submitted to the Ontario Community Newspapers Association for consideration in a provincial contest.

RULES:

- Participants must repurpose newspaper into something creative and/or functional (anything goes - ballgown, basket, lampshade) and submit it to the King Weekly Sentinel.
Note: While a piece created 100% of newspaper is ideal, we recognize that other materials may be necessary for framework and stability. Therefore, a piece **MUST** consist of at least 70% recycled newspaper. Of course, it must also be appropriate for the public to admire.
- In addition to a brief description about the participant's creation, a series of photos or videos taken during the construction process must also be submitted.

CATEGORIES INCLUDE:

- Open
- Junior under 12
- Family

ocna
\$1,000
Provincial Prize

Public Virtual Gallery Showcase

Ida Williams, a 12-year-old Standard Newspaper carrier in Uxbridge used leftover newspapers to design a custom dress.

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Valid Thursday July 23 - Wednesday July 29



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 <p>Cousin's Store Made Hot or Mild Italian Sausage Gluten free! Locally raised pork free from antibiotics & added hormones. \$5.99 /lb \$13.21 /kg SAVE \$2.00/lb</p>	 <p>Cousin's Pork Back Ribs Locally raised pork free from antibiotics & added hormones. \$5.99 /lb \$13.21 /kg SAVE \$2.00/lb</p>	 <p>Fresh Chicken Kebobs Plain or Marinated with fresh crisp vegetables! \$9.99 /lb \$22.20 /kg</p>	 <p>Beyond Beef 340g \$5.99 SAVE \$3.00</p>
Cousin's In-House Kitchen			
 <p>Cousin's Premium Oven Roasted Turkey \$3.69 per 100g</p>	 <p>Brandt Honey Maple Ham \$1.49 per 100g</p>	 <p>Kiju Fit Organic Juice 4 x 200ml 2 / \$5.00</p>	 <p>Blue Diamond Almond Milk 1.89 Litre \$2.99 SAVE \$2.00</p>
 <p>Cousin's Couscous Stuffed Tomatoes Chef prepared in house \$1.99 / 100g Reg Price: \$2.19/100g SAVE \$2/kg</p>		 <p>Cousin's Store-Made Focaccia Available in Classic Pomodoro or Barese Style with Black Olives. \$3.99/loaf Reg Price: \$4.99 SAVE \$1</p>	
 <p>Cousin's Grab & Go Platters Available in: Fruit, Veggies with dip, Cheese &/or Charcuterie From \$1.39 /100g</p>			

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Business, Finance & Real Estate



King duo climbing the stairway to success, literally!

By Mark Pavilons

From the basement to the top floor, a King City duo are working their way to the top with their new business.

Ben and Mark McLean created Benji Sleep, an online business with one simple mission – to provide the softest bed sheets, at a fair and reasonable price, directly to your door.

The brothers grew up in King City and started the online e-commerce company two years ago and over the last three months (since COVID) their sales have increased 200%, with so many people looking to revamp their home decor.

“Over the last year we have lugged 26 tons of bed sheets up the stairs and out the door to the Canada Post location in King City,” Ben said.

Something as simple as buying new bedding can be a pain, and some of us underestimated how inconvenient it would be to purchase items like bedding at a big-box store.

“With the overwhelming options to choose from, we knew there had to be a better way to do this. The main inspiration behind Benji Sleep was our sheer motivation to break the status quo when it came to buying bedding products.”

Mark added they listened to countless sales people selling them on high thread count, and the fact that quality came with a premium price.

“We set out to simplify the entire process by eliminating your trip to the big-box store, debunking the myths around thread count and offering high-quality, versatile and affordable bedding ALL online.”

Reaching the right combination of materials involved a lot of trial and error.

“We tried absolutely every type of sheet fabric out on the market. Traditional cotton (percale and sateen), bamboo, silk, and even linen! We tried and tested every single fabric to find which was not only the softest, but also the best bang for your buck. We finally decided to work with a manufacturer to produce a double brushed, high performance microfiber that is designed to be extremely soft, hypoallergenic, wrinkle resistant, and temperature regulating.”

The McLeans noted the process meets environmental industry standards “Oeko-Tex Standard 100” which ensures no harmful chemicals or contaminants are used.

Benji Sleep offers free shipping when customers order just two products.

Realizing that some people are hesitant to order online, they offer a 100-night free trial. If you are not a fan of the sheets, send them back and they will refund you in full. Any returns are washed, and then donated to local charities/shelters in our community.

“We keep things simple and love when we hear from our customers about how easy the process was from start to finish.”

The entrepreneurs are very customer oriented and have built Benji based on what customers are looking for.

“We listen to our customers, and when we are launching new colours, patterns and products, we turn to them for valuable feedback.”

The brothers admit they “dove head first into this, and have learned so many things along the way.”

They explained the leap taught them about supplier relationships, packaging design, branding, digital advertising, website design and user experience.



“We had to start somewhere, and we were lucky enough that our parents gave up their basement for our new makeshift storage warehouse. We knew it wasn’t going to evolve over night, so we steadily worked at making our process more efficient.

“When COVID-19 swept the nation, many people were putting more of a focus on their home decor and personal needs. At that point, we were ready and we were able to support the demand that came our way.

“We have come a long way, getting to know the ladies at the King City post office when we brought them our first order to ship out, to seeing their facial expressions when we would back up to their loading dock with our new ‘daily shipment,’ to having a fully functional warehouse! It takes a team to operate a business, and it’s important that every facet is providing value to the customer.”

Ben said they believe that consumer buying habits have changed since the pandemic. People are more likely to purchase online, especially when they have 100 nights to try their sheets.

Benji Sleep’s prices are all below \$100.

“As we dug around and scoped out the competition, we found that the majority of companies were listing their sheets for \$150+ with added shipping fees. It was important to us to have a target of \$100 with the option for free shipping. Our quality speaks for itself in the reviews that we have received.”

No one is perfect and that’s why they

provide a customer service chat line on the website that they monitor every single day.

“It has allowed us to be in direct contact with our customers to see what it is that they want, and how we can improve from a quality standpoint. Continuous improvement is very important to us,” Mark said.

While slugging boxes is hard, they admit they have fun working together and bouncing ideas off one another.

“Speaking with happy customers on a daily basis, and listening to their experience with our bedding product is what makes it all worth it to us.”

There’s still work to be done. They know they can improve on the product and create efficiencies. But a good night’s sleep is vitally important.

“Everyone knows the feeling of an incredible sleep, however more often than not it’s a terrible sleep that stands out the most. We want to change that. It all starts with a good sleep and we want to ensure everyone starts their day off the right way. We started Benji with a few important things in mind; simplicity, affordability, and quality bedding available with just a few clicks,” Ben said. “Benji’s future will be dependent on our customers as they will steer us in a direction that makes sense from both a product point of view while allowing us to be ourselves and help our customers improve on their sleep every night.”

For more, visit www.benjislleep.com or email them at info@benjislleep.com



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Veteran walking 100 km for medical research

By Julia Galt

He's walked over 80 kilometres of his 100-km goal so far, but there's no slowing down Newmarket's George Markow.

For the past four months, 99-year-old Markow has been steadfastly circling the grounds of his retirement home, unperturbed by poor weather and the blazing summer heat. By walking around the Roxborough Retirement Residence over 1,500 times (15 times per kilometre), Markow hopes to reach his fundraising goal, \$100,000, before his 100th birthday in April of 2021. All money raised over the course of his walk will be donated to medical research organizations, with 25% going to Southlake Regional Hospital Foundation's COVID-19 Action Fund and 75% to the Sunnybrook Research Institute.

Having already raised \$33,000, Markow is hopeful he'll get to see his goal reached.

"I'll just keep putting one foot in front of the other, and keep on going until I'm there," said Markow.

Inspired by England's Captain Tom Moore, who raised over \$40 million for the NHS by walking 100 laps of his garden, and his grandson Cameron, a front-line paramedic, Markow decided to begin his walk early April.

Sylvia Perkins, Markow's daughter, set up the campaign's GoFundMe shortly afterwards, blasting the fundraiser into the public eye. By June, Markow had walked 50 kilometres, half of his goal, and had his walk promoted by national news sites including CTV News, 680 News, and Breakfast Television. He had, as Perkins put it, "hit the big time."

"My father loves making puzzles, and framing them, and giving them to family members as gifts. He always says, 'this is what you're going to remember me by'." said Perkins. "But I don't think the puzzles are going to be what's remembered anymore! This walk is his legacy."

Markow is certainly no stranger to persevering through difficulty. Born in Russia in 1921, Markow was, at 19,

forcibly conscripted into the Russian Army. Captured by German soldiers on the battlefield, Markow was interred into a concentration camp where he endured starvation, beatings, and other tortures for three years. The end of the war meant his freedom from the camp, but Markow's difficulties were far from over. After witnessing the execution of wartime "traitors" by the Russian Army, and being interrogated on why he didn't fight for "Mother Russia" (despite his imprisonment), Markow knew it was time to flee. He escaped to Germany and immigrated to Canada, where he has lived for the past 70 years.

"I'm a happy old Canadian," said Markow. "And I'm happy to help other Canadians."

The hospitals Markow is fundraising for hold special importance to him. Several years ago, he received life-saving surgery for a brain bleed at Sunnybrook Hospital. Markow's late wife, Lydia, spent three years at Southlake's Residential Care Village, and Markow himself continues to have appointments there.

With the last of his 100 kilometres in sight, Markow says he intends to continue walking as long as the donations continue to come in. He finds strength to continue, he says, by being read notes of encouragement left by donors on his GoFundMe page.

"I'm very thankful they're on my side for a very good cause," said Markow. "I'd like to thank everyone that has given me support."

As of June, all donations made to Markow's GoFundMe will be matched by the Galt Family Foundation. To donate to Markow's fundraiser, and to have your contributions doubled, please visit <https://www.gofundme.com/f/99-yr-old-walking-100-km-for-medical-research/>.



Partners join to provide virtual vet care

The Ontario SPCA and Humane Society has partnered with Smart.Vet telehealth to give animal centre staff and volunteer foster families virtual access to veterinarians to ensure animals always have the best care possible, without the stress of travelling, regardless of their location, or the time of day when a health concern arises.

Through the Smart.Vet website, reaching a veterinarian is just a click or phone call away when health concerns arise after hours or on weekends. The telehealth veterinary service is designed to complement routine veterinary care.

The telehealth service will be used in Ontario SPCA animal centres across the province, and will also be accessible to volunteer foster families who care for animals in their own homes. Should a foster animal become ill, or if there is a concern for the animal's health after hours when veterinary clinics are closed, Ontario SPCA foster parents can access Smart.Vet and consult with a veterinarian without having to leave their home.

For more on the Ontario SPCA and Humane Society, visit ontariospca.ca



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King Weekly Sentinel

Arts & Entertainment

Art auction in support of Lake Simcoe Coalition

In support of the Rescue Lake Simcoe Coalition, one of Canada's leading contemporary artists, Charles Pachter, has generously donated his most popular work, signed and framed for auction.

The decision is easy – join the online auction at www.charityauctionstoday.com/auctions/rescue-lake-simcoe-auction-12505

Bidding ends Monday, Aug. 3.

“As the Rescue Lake Simcoe Coalition works to protect Lake Simcoe, we are delighted to have a friend and champion in Charlie Pachter,” says executive director Claire Malcolmson.

“Not surprisingly, my Ontario is about Lake Simcoe where I painted in a shoreline studio converted from an ice storage depot for 12 magnificent summers,” said Charles Pachter. “From my diary:

“July 20 Twilight. I just came out of the lake after a second swim. Water so pleasant, soothing, swirling waves lapping noisily on the shore. I waded into the water for comfort and peaceful solitary pleasure. Dove in, eyes wide open, went straight down through the clear amber water to within a foot of the pebbles, stones, rocks at the bottom, surfaced near a loon who hollered before plunging down deep. I surveyed my domain with great glee.

“I lay on my back, watching clouds float by over the swaying treetops. The sounds were mesmerising - a faint roar, an echoing ebb and flow. Then a palette of whitecaps, moving, roiling, then calm and still. At the shoreline gorgeous daisies swayed in the wind alongside tall grasses, raspberry bushes, mulleins, and monarch butterflies. I was feeling blissful, At Home In My Lake.”

Pachter is a painter, printmaker, sculptor, designer, historian, and lecturer. Pachter's contributions to Canadian culture have been recognized with honorary doctorates from Brock University, OCAD University, the University of Toronto, and Lakehead University. He is an Officer of the Order of Canada, a member of the Order of Ontario, a Chevalier of France's Order of Arts and Letters and a recipient of the Queen's Golden and Diamond Jubilee medals. Visit: www.cpachter.com

The Rescue Lake Simcoe Coalition and its 26 member groups advocate for a healthy future for Lake Simcoe. The Coalition initiated the campaign which resulted in the Lake Simcoe Protection Act in 2008 and Plan in 2009. This best-in-class legislation is up for review by the Ontario government, and the Coalition is here to defend the Lake Simcoe Protection Plan. Proceeds of the auc-



tion will support outreach and communications so the Coalition can continue to help people who care connect with the governments we elect to make sure they protect our lake.

The Coalition is very concerned that Lake Simcoe is at a tipping point and

will not get healthier without a concerted effort from all levels of government to reduce phosphorus loads, limit the impacts of development, and protect forests and wetlands. Get involved or make a charitable donation at www.rescuelakesimcoe.org.

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'This Old Newspaper' reader contest

Is this newspaper headed for the recycling bin once you have finished reading it with your morning cup of coffee? Chances are you have answered “yes,” totally unaware that these folded sheets of community news are useful beyond your leisurely reading. The King Weekly Sentinel is a surprisingly versatile material that has the potential to be repurposed into something amazing. Clothing, art, furniture – the possibilities are endless!

The King Weekly Sentinel and the Ontario Community Newspapers Association encourage you to participate in the “This Old Newspaper” reader contest and recycle leftover newspaper into something new. Are you up for the challenge? Put your creativity hat on and enter for your chance to win the OCNA provincial price of \$1,000.

There are three categories – Open,

Junior under 12 and Family.

The rules are simple: Participants must repurpose newspaper into something creative and/or functional (anything goes – ballgown, basket, lampshade) and submit it to their local community newspaper.

While a piece created 100% of newspaper is ideal, we recognize that other materials may be necessary for framework and stability. Therefore, a piece MUST consist of at least 70% recycled newspaper. Of course, it must also be appropriate for the public to admire.

In addition to a brief description about the participant's creation, they must submit a series of photos or videos taken during the construction process to show how the piece was developed.

We at the King Weekly Sentinel will submit each participant's work to the OCNA for consideration in the provincial contest.

The provincial contest will then go live virtually for readers across Ontario to view and vote for their favourite. The piece with the most votes will win.

Getting creative with leftover newspapers is a great activity for families to do with kids while spending more time at home this summer, and a challenge for adults who find themselves (as the viral Tik Tok song says) “bored in the house.”

So, stop tossing those newspapers in the recycling bin and repurpose them so you can proudly say “This Old Newspaper” when showing your creation off to others.



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New math curriculum for Ontario's elementary students

The Ontario government released the new elementary math curriculum to better prepare students for work in a rapidly changing world, strengthen math competence and improve grades.

The curriculum was developed over two years in consultation with parents, math educators, academics and math education experts, and is designed to reverse a decade of declining math scores. It will be available to students across the province beginning in September 2020.

Details were released by Premier Doug Ford, Christine Elliott, Deputy Premier and Minister of Health, and Stephen Lecce, Minister of Education.

"I made a promise to parents that we would fix the broken education system we inherited, get back to basics, and teach our children the math fundamentals they need for lifelong success," said Premier Ford. "... our government is delivering on that promise with the first-ever math curriculum in Canada for Grades 1-8 that includes the teaching of coding and financial literacy, both critical skills that will help our students prepare for and succeed in the

modern world and in the modern workforce."

The new math curriculum for Grades 1-8 will:

- Build understanding of the value and use of money through mandatory financial literacy concepts.
- For the first time, teach coding or computer programming skills starting in Grade 1 to improve problem solving and fluency with technology, to prepare students for jobs of the future.
- Use relevant, current, and practical examples so students can connect math to everyday life.
- Put a focus on fundamental math concepts and skills, such as learning and recalling number facts.

"For over a decade, too many students were lacking everyday math, financial literacy, and numeracy skills," said Minister Lecce. "The new curriculum will help students solve everyday math problems, enshrine financial literacy in the early grades, and better prepare students for the jobs of tomorrow by ensuring every student learns how to code."

The Ministry of Education is also

changing how it makes curriculum available to better reflect how Ontarians consume information. The new math curriculum will be the first uploaded to the new Curriculum and Resources website, a digital space where anyone can access curriculum and learning resources. This platform will help parents, students, and teachers see connections between learning in different grades and subjects.

"Our research team provided an extensive background research report giving the Ministry of Education the most up-to-date research and analysis of other curricula," said Dr. Christine Suurtamm, Vice Dean Research, and Professor of Mathematics Education, Faculty of Education, University of Ottawa. "Ontario's new mathematics curriculum builds on what we know about student learning and how students develop an understanding of mathematics. It supports all students to be math learners with opportunities to learn foundational mathematics and engage in current topics. The goal is to support how students use math in the world

today, and how they will use math to make informed decisions in the world ahead of them."

The last update to Ontario's elementary math curriculum was in 2005.

The new elementary math curriculum is part of the government's four-year math strategy to ensure that students can build the confidence and skills they need to excel in math.

The elementary report card will be updated to align with the new curriculum and provide an overall mark in math, along with comments on the different strands of the curriculum to give parents a better overall assessment of how their child is doing.

Grade 3 and 6 students will not participate in Education Quality and Accountability Office (EQAO) assessments during the 2020-21 school year, as the ministry works to align the assessments with the new curriculum. Students in Grade 9 and Grade 10 will continue to take the mathematics assessment and Ontario Secondary School Literacy Test (OSSLT), respectively.

York highlights impacts of COVID-19

York Regional Council received a number of updates on York Region's current response to the COVID-19 global pandemic and the on-going impacts on The Regional Municipality of York.

Analysis of financial information suggests unexpected costs and reduced revenues have had a cumulative impact of \$50.02 million, or approximately \$4.2 million per week on average.

If the current situation and recovery period continues for another six months, trends suggest the total impacts could be approximately \$129 million in 2020.

Included in the COVID-19 update is an analysis on the impact on travel in York Region.

With the closure of non-essential businesses, typical weekday traffic volumes reduced by almost 50% and weekend traffic volumes decreased approximately 42%. Daily heavy truck volumes did not change significantly and increased from approximately 3% to 8%.

York Region Transit (YRT) has also seen a significant decrease in ridership, up to 80%. To address physical distancing requirements, temporary traveller boarding standards have been implemented allowing 30% of available capacity to be used at any one time.

With the reduction of traffic volumes, construction projects have been working extended hours, allowing work to be completed faster and reducing the need for delays when traffic volumes increase.

The COVID-19 situation also presents internal and external risks and resourcing factors related to the implementation of the Housing Services Act. In an effort to minimize impacts on tenants, co-operative members and housing wait list applicants, changes related to subsidized housing refusals have been deferred to Jan. 1, 2021, while changes to the rent-geared-to-income program will not come into effect until July 1, 2021 as permitted by provincial regulation.

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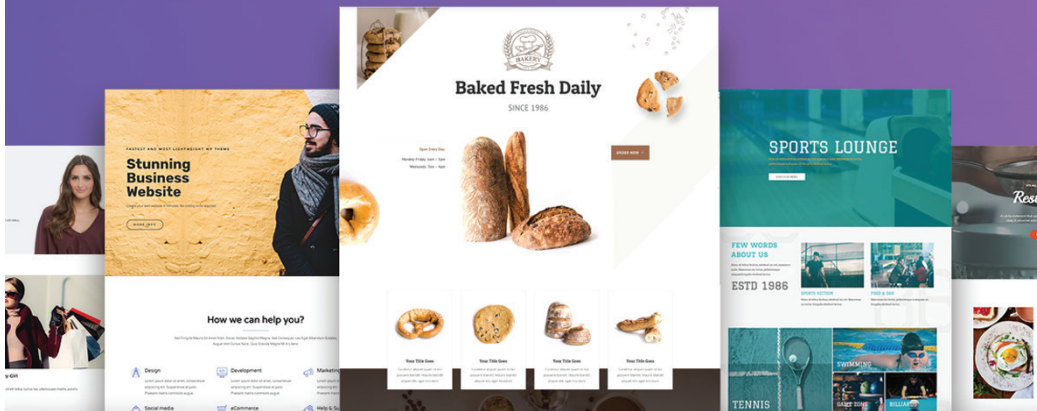
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MADE IN CANADA

Nobleton student graduates with a 100% average

By Mark Pavilons

A Nobleton student is among three York Catholic District School Board (YCDSB) students graduated with a perfect 100 per cent average this past June.

The board extended its congratulations to Nobleton's Nicolas Palmar of St. Robert Catholic High School; Adrian Li-How-Cheong of St. Brother André Catholic High School; Jitae (Savas) Kim of St. Augustine Catholic High School and on their remarkable accomplish-

ments. Adrian, Jitae and Nicolas each earned perfect grades in their top six Grade 12 courses, earning them a three-way tie for the title of top graduating student at YCDSB in 2020.

Nicolas Palmar was enrolled at St. Robert CHS in Markham and will pursue a degree in Systems Design Engineering at the University of Waterloo in September.

Throughout high school, Nicolas was able to personalize his education through elective courses in music, com-

puter science, fitness and more. He says his ability to branch out kept him motivated and complemented his broad range of interests.

Outside of the classroom, Nicolas also acted as lead tenor in the senior jazz band and senior concert band, and was a programmer for his school's Grade 12 robotics team. Nicolas credits his academic success to his parents who inspired him with their sacrifices and support, to ensure he could pursue his passions. He also acknowledges his teachers and classmates that pushed him to do better.

"I want to start my own technology company, with a focus on helping people through my creations," said Nicolas. "I have lived in Canada for most of my life, but I was born in Colombia. I have seen that there are so many things that need to be better in this world, and I want to make an impact on the lives of others."

"On behalf of the board of Trustees, I offer my heartfelt congratulations to all our top scholars. Their success is a testament to the hard work and determination that contributes to our legacy of success," said Maria Marchese, Chair of the Board of Trustees. "We wish all our graduates God's blessings as they pursue higher education and work to achieve their goals as faith-filled, caring and responsible global citizens."

"On behalf of the York Catholic District School Board, I congratulate Adrian, Jitae and Nicolas, along with all our YCDSB top scholars," said Ab Falconi, director of Education. "I know this year was not easy due to COVID-19, but these students persevered, embraced distance learning, and never faltered in their determination to make this year another successful one. I wish all of our graduating students continued success in their future endeavors."

YCDSB is proud to have the top 4-year graduation rate among both English and French school boards in the province, as well as the top 5-year graduation rate among English school boards in Ontario.

The York Catholic District School Board is one of the top-performing



school boards in Ontario. It delivers educational programming to approximately 53,000 students in 101 schools throughout York Region. For more information, visit www.ycdsb.ca or follow us on Twitter at @YCDSB.

York Region recognized as one of Canada's Greenest employers

The Regional Municipality of York has been named one of Canada's Greenest Employers for 2020 by MediCorp Canada Inc. – the country's largest publisher of employment-related periodicals.

This is the first time York Region has received this recognition.

"On behalf of York Regional Council and during these challenging times, I am thrilled to know York Region has been selected as one of the country's most environmentally conscientious organizations," said York Region chairman and CEO Wayne Emmerson. "Building sustainable communities and protecting the environment is a key priority of our 2019 to 2023 Strategic Plan. Through this recognition, we are continuing to deliver on that promise."

Canada's Greenest Employers is administered through the annual Canada's Top 100 Employers project. In its 13th year, it recognizes employers leading the nation in creating a culture of environmental awareness in their organizations. According to the competition requirements, award recipients have demonstrated the development of exceptional sustainability initiatives – and are attracting people to their organizations because of their environmental leadership.

"After three awards celebrating York Region as an employer of choice this year, I congratulate our 4,500 employees for yet another amazing accomplishment this year," said York Region CAO Bruce Macgregor. "Environmental sustainability remains a key priority for us – both within our workplace and the communities we serve."

For more information about working at York Region, visit york.ca/careers

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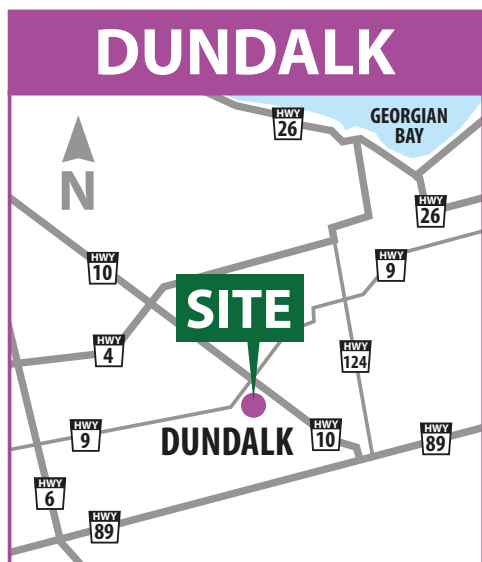
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York joins regions moving into Stage 3 this Friday

The Ontario government is allowing seven more regions to enter Stage 3 on Friday, increasing the number of businesses and public spaces that will reopen across the province.

This decision was made in consultation with the Chief Medical Officer of Health and is based on positive local trends of key public health indicators, including lower or low transmission of COVID-19, ongoing hospital capacity, public health capacity to conduct rapid case and contact management, and a significant increase in testing.

York, along with Durham, Halton-Norfolk, Halton, Hamilton,

Lambton and Niagara will move forward. These regions will join the 24 public health regions that entered into Stage 3 on July 17. For more information on the restrictions that will remain in place during Stage 3, as well as the public health and workplace safety restrictions necessary to keep people safe, visit Ontario.ca/reopen.

Peel (nearby Caledon) will remain in Stage 2 at this time.

The details were provided Monday afternoon by Premier Doug Ford, Christine Elliott, Deputy Premier and Minister of Health, and Rod Phillips, Minister of Finance.

“We’re working with communities across the province to reduce the spread of COVID-19 and help more businesses safely and responsibly hang up their ‘Open for Business’ sign,” said Premier Ford. “While we want as many people back to work and taking home a paycheque again as possible, it’s important for everyone no matter what stage your community is in to remain on guard and keep following the public health advice. By working together, we can keep new case numbers down and ensure all of Ontario can enter Stage 3 when it’s safe to do so.”

Ontario will continue to assess trends in the public health indicators to determine when these final public health unit regions can progress to Stage 3. The Chief Medical Officer of Health and public health experts also continue to closely monitor the evolving situation to advise when public health restrictions can be further loosened or if they need to be tightened.

“Building on the success of the regional approach in the previous two stages and based on the positive public health trends we are seeing, we are ready to move more regions across the province into Stage 3,” said Minister Elliott. “Entering Stage 3 does not mean the fight against COVID-19 is over. We all must remain vigilant and continue following public health advice to ensure the progress we have made so far in stopping the spread will not be undone.”

Businesses not able to open or re-

sume full activities due to Stage 3 restrictions, or businesses that have ideas to safely amend Stage 3 restrictions or requirements, can visit Ontario.ca/reopen to submit a reopening proposal. Government and public health officials will review proposals and contact businesses for feedback or clarifications. Proposals may inform the potential loosening of restrictions as Stage 3 progresses. Proposals will receive initial feedback within 10 days of submission. A sector could be allowed to reopen or resume Stage 3 activities based on proposals submitted by businesses.

“I’m impressed by how seriously business owners are taking the public health advice and how easy they made it for their customers to take precautions,” said Minister Phillips. “By providing plenty of space to physically distance, keeping hand sanitizer by the door, and maintaining records for contact tracing, they’re playing a vital role helping fight COVID-19. We’re all doing our part and making it easy for others to do the same.”

As the province carefully reopens, the health and well-being of Ontarians remains a top priority. The government is strongly recommending everyone to continue following public health advice, including practising physical distancing with those outside your household or social circle, wearing a face covering when physical distancing is a challenge or where it is mandatory to do so, staying home when ill, and washing your hands frequently and

thoroughly. These measures are critical as more Ontarians return to work and access more businesses and services.

For regions in Stage 3, gathering limits will increase to a maximum of 50 people indoors and a maximum of 100 people outdoors, with physical distancing in place. Gathering limits apply to all social gatherings and events, as well as some higher risk activities and venues. Gathering limits do not apply to settings such as beaches, parks, restaurants and bars, but measures to enable physical distancing may limit capacity at any given time.

Some municipalities have implemented additional restrictions or requirements, such as mandatory face coverings in commercial establishments and all indoor public places. Check your local public health unit’s or local municipality’s website.

For questions on restrictions that will remain in place during Stage 3, review the Stage 3 Emergency Order on the emergency information portal or call the Stop the Spread Business Information Line at 1-888-444-3659.

The province has set up a Workplace PPE Supplier Directory, where employers can find suppliers who sell personal protective equipment (PPE) and other supplies to support a safe reopening of their workplaces.

Testing is available at any of the province’s 144 assessment centres currently open. To find your closest assessment centre, please visit Ontario.ca/coronavirus.

York Region earns the 2020 President’s Award

The Regional Municipality of York is the recipient of the 2020 President’s Award from Esri, the global leader in location intelligence. The President’s Award is the highest honour given by Esri, recognizing one organization annually for making a positive impact by using data-informed decision-making.

“On behalf of York Regional Council I am proud the Region has received such high recognition for its use of data to support better decisions and deliver more effective services,” said York Region chairman and CEO Wayne Emmerson. “Our approach makes it easier for residents, businesses and municipal partners to interact with trusted data. This contributes toward our mission of working together to serve our thriving communities, today and tomorrow.”

The award recognizes York Region’s commitment to continuous improvement and using trusted data to inform decisions. It is the result of a 25-year focus on working collaboratively with partners and using data to solve problems and make a difference within our communities.

Recipients of this award are personally chosen by Esri’s Founder and President, Jack Dangermond.

“York Region’s work represents a pattern that’s worth repeating across Canada as well as the world,” said Dangermond. “Their innovations exemplify how geospatial data can be shared and integrated, help improve communities and serve as important milestones for GIS users globally.”

“I’m thrilled York Region has been given this award because it’s a reflection of how they are ahead of the rest of the world – ahead of the rest of the country – in a level of collaboration that is not easy to do,” said Alex Miller, President, Esri Canada.

GIS is a framework for gathering, managing and analyzing data. GIS technology uses geography to organize and integrate data, revealing patterns and relationships to help users make smarter decisions, develop partnerships and communicate more effectively. York Region is a pioneer in the use of GIS to support Regional planning and development and GIS is now used widely to support all Regional service areas.

Find out more about how York Region is working closely with its partners to help build data capacity and capability across the Region, visit york.ca/puttingdatatowork

For more information on Esri, visit esri.com and visit esri.ca for more information on Esri Canada.

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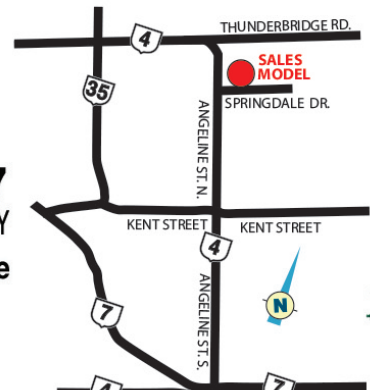
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Nobleton student named Schulich Leadership Scholar

The York Catholic District School Board (YCDSB) congratulates Nobleton resident, and Cardinal Carter Catholic High School student, Emanuel Piccininni, on receiving the prestigious Schulich Leadership Scholarship worth \$100,000 for demonstrating academic excellence in science, technology, engineering and mathematics (STEM). Piccininni will study engineering at Queen's University in September.

Schulich Leadership Scholarships Canada presents its prestigious entrance scholarships to top students across Canada enrolling in a STEM undergraduate program, to encourage Canada's "best and brightest students to become the next generation of entrepreneurial-minded, technology innovators."

"I am excited to join the network of past and present Schulich Leaders. It's an opportunity to learn and collaborate with like-minded individuals who share similar goals. I would like to contribute to the innovation of positive changes in the future. Throughout my years of education, from St. Mary's Catholic Elementary School to Cardinal Carter, I have been blessed with support and encouragement from my teachers. I look forward to continuing my journey at Queen's University," said Piccininni.

The YCDSB offers an enhanced focus on science, technology, religion, en-

gineering, arts and math (STREAM), recognizing the importance of preparing its students for a future influenced by technology and innovation.

"On behalf of the board of trustees, I would like to congratulate Emanuel on his remarkable achievement. This high honour is reflective of the culture of academic excellence at YCDSB," said Maria Marchese, chair of the board of trustees. "Our students receive world-class education while being guided by our Catholic virtues and core values. This, coupled with our students' determination and hard work, is what ensures they are equipped with the knowledge and skills necessary to become successful lifelong learners."

"We are so proud of our students as they continue their pursuit of STREAM in an ever changing world. On behalf of the YCDSB, I offer my sincerest congratulations to Cardinal Carter Catholic High School's very own, Emanuel Piccininni, on receiving this prestigious scholarship. We wish him well as he pursues higher education at Queen's University," said Ab Falconi, director of education. "I would also like to say a special thank you to all YCDSB staff for their guidance and leadership to ensure every student has the opportunity to reach their full potential. This is one of the many reasons why the YCDSB continues to be one of the top performing school boards in Ontario."



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Transit plan will accelerate delivery of priority projects

Ontario is building a modern, reliable and sustainable transit system for the 21st century that will get people moving, reduce congestion, and drive economic growth and job creation. Bill 171, the Building Transit Faster Act, 2020, was passed into law.

The legislation enables the province to expedite the process of building Ontario's four priority transit projects, which will get people to where they want to go, reduce congestion, and drive economic growth and job creation. The projects include the all-new Ontario Line, the Yonge North Subway Extension to Markham and Richmond Hill, the improved three-stop Scarborough Subway Extension, and the Eglinton Crosstown West Extension to Pearson airport.

"Getting more transit built faster will help reduce gridlock, deliver a modern rapid transit system for the province and become a major contributor to our economic recovery," said Premier Doug Ford. "These four priority transit projects will create thousands of jobs, provide more housing options for people, and open up countless opportunities for businesses throughout the Greater Toronto Area and beyond."

"During consultations and throughout debate, we heard a common theme from a wide range of people who reinforced how important it is to not only build transit quickly, but to also get it right," said Caroline Mulroney, Minister of Transportation and York-Simcoe MPP. "That is why we've focused solely on eliminating the roadblocks that cause unnecessary delays, so we can deliver these major transit projects as quickly and cost effectively as possible."

The Act will expedite the planning, design and construction process for the four priority subway projects by:

- Enabling relocation of utilities more efficiently, while treating businesses fairly, and ensuring costs are not passed on to consumers.
- Better enabling the assembly of land required to construct stations, conduct tunneling and prepare sites, while treating property owners fairly.
- Ensuring timely access to municipal services and rights-of-way;
- Allowing the province to conduct due diligence work and remove physical barriers with appropriate notification to property owners.
- Ensuring nearby developments or construction projects are coordinated so they do not cause delays.

"Now that legislation has passed, we continue to call on the federal government to come to the table and fund at least 40 per cent of these nationally-significant subway projects that will provide a modern, efficient rapid transit

system, benefiting all transit riders and taxpayers," said Kinga Surma, Associate Minister of Transportation (GTA). "With the passage of this bill, we can get shovels in the ground sooner and get skilled people back to work as we restart the economy and recover from COVID-19."

"The passage of this legislation gets us closer to building much-needed transit infrastructure to reduce congestion and contribute to the economic recovery and renewal of our province," said Laurie Scott, Minister of Infrastructure. "We are committed to fulfilling our promise to get people where they want to go when they want to get there."

Ontario signed preliminary agreements with the City of Toronto and the

Region of York, laying the foundation for continued collaboration towards the shared goal of the accelerated delivery of the four priority transit projects.

The Business Cases for the four priority transit projects, published by Metrolinx, demonstrate how, once complete, the subway plan will provide improved connections with other transit systems across the network, congestion relief on roadways, and better connections to jobs.

For example, the 15.5-kilometre Ontario Line will provide 154,000 more people with walking distance access to rapid transit and see 389,000 daily boardings, with 53,000 more jobs accessible within a 45-minute transit commute for Toronto residents.

The Scarborough Subway Extension, an approximately 8 km long extension of the Toronto Transit Commission's Bloor Danforth Line 2 from the existing terminus Kennedy Station, will provide 38,000 more people with walking distance access to rapid transit and see 105,000 daily boardings.

The Eglinton Crosstown West Extension will extend the Eglinton Crosstown Light Rail Transit (LRT) project by 9.2 km from Mount Dennis Station to Renforth Drive, and will see a 23 per cent increase in weekday boardings on the Mississauga Transitway and eastward section of the Crosstown LRT, with 31,000 more jobs within a 10-minute walk to a station and a total of 37,000 daily boardings expected.

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**WE CHALLENGE YOU TO RECYCLE
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Send submissions to editorekingsentinel.com. Entries will also be submitted to the Ontario Community Newspapers Association for consideration in a provincial contest.

RULES:

- 1 Participants must repurpose newspaper into something creative and/or functional (anything goes - ballgown, basket, lampshade) and submit it to the King Weekly Sentinel.

Note: While a piece created 100% of newspaper is ideal, we recognize that other materials may be necessary for framework and stability. Therefore, a piece **MUST** consist of at least 70% recycled newspaper. Of course, it must also be appropriate for the public to admire.

- 2 In addition to a brief description about the participant's creation, a series of photos or videos taken during the construction process must also be submitted.

CATEGORIES INCLUDE:

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- Family



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Isla Williams, a 12-year-old Standard Newspaper carrier in Uxbridge used leftover newspapers to design a custom dress

Public Virtual
Gallery Showcase

YRP offering tips for cyclists

York Regional Police is reminding cyclists and motorists to stay safe as the use of bicycles has increased across the region.

Since the start of the COVID-19 pandemic, there has been an increase in the number of people using bicycles on York Region roads and trails. As a cyclist, you must share the road with others. Under the Highway Traffic Act, a bicycle is a vehicle, just like a car, therefore cyclists must obey all traffic laws, including stopping at stop signs and red lights, as well as signaling turns. Some other important laws cyclists need to be aware of include:

- Cyclists should wear reflective clothing and must have a white light on the front and a red light on the rear of their bicycle when riding at dawn, dusk and at night. Failure to do so can result in a \$110 fine. All bicycle riders under the age of 18 are required to wear an approved bicycle helmet when travelling on any public road. Failure to do so can result in a \$75 fine. Wearing a helmet is highly recommended for cyclists of all ages.

• Drivers must also be mindful that they must share the roadway with cyclists. Extra care should be used including checking blind spots. Drivers must also:

Leave a minimum of one metre of distance when passing a cyclist. If you are unable to give one metre of distance then you are not allowed to pass. Failure to give space can result in a fine of \$110. Drivers who contest their ticket by going to court may face a fine of up to \$500 if found guilty. Upon conviction, two demerit points will also be assigned against the individual's driver record. Use caution when opening your vehicle doors to ensure they don't strike a cyclist. The penalty for improper opening of a vehicle door (for driver or passenger) is a fine of \$365 upon conviction and three demerit points.



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Barbarians fly-half is off to British Columbia

By Robert Belardi

Chloe Daniels works at Briars Golf Course in maintenance. She's been working here for the past few summers. It's a fun summer job as she finishes up her high school career.

Her rugby career on the other hand – the one she adores and where she feels completely ensconced in utter joy – is the part of her life currently on pause. Much like plenty of other athletes seemingly grabbing a hold of hope as if it has never once been held before, Daniels is heading off to Langford, British Columbia in August.

It isn't for vacation. The 17-year-old fly-half is joining Team Canada Rugby 7s.

"It's an awesome opportunity. I'm super excited for the challenge. Just to move out to Langford will be super fun and a great experience within itself. The rugby will be great. I'm excited to learn a lot and learn from the older girls that are far more experienced," Daniels said.

When asked if she expected this, Daniels says this is what she has always wanted. She has always aspired to move out to B.C to join the program and accomplish, a life-long dream of Olympic glory. Long story short, she never expected this; she always wanted this.

The Sutton native says her father played rugby growing up in his adolescence. Her sister, Hannah began playing in high school, earning a place on U-18 Canada 7s roster and U-20 Canada 15s roster respectively.

When asked if she wanted to play, Daniels was emboldened by family success and joined the Aurora Barbarians at the age of 12.

"After playing rugby when I was in Grade six, I really love the game has a place for everyone. It has different skill sets. I really like that aspect of it and just the contact and speed of it is super fun and exciting. It's super exciting to watch and to play."

In particular, she loves the space on the field. With only seven players on either side of the pitch, as a fly-half, Daniels is able to take control of the game. She is able to make decisions and facilitate the ball. But she knows how challenging it can be as well. It's a lot faster. It's a lot more physically demanding.

In what has been a huge part of her life, Daniels praises the Barbarians organization for everything members, staff and players have provided for her.

"The Aurora Barbarians have done a lot for me to get to where I am. Especially, Khalil Ajram, he was a big part in that and he helped to get people involved in the game."

It's a tightly knit, supportive family. She has made her closest friends through the sport.

Daniels is ready to prudently train and pick the brains of Canadian veteran players. It's a stepping stone in further developing her game. While doing so, she'll also develop further as a person, living with a billet family recommended by a teammate. She isn't totally nervous. Well, it's a fusion of nervousness and pure excitement.

Daniels says the 2021 Olympics don't seem to be in her sights. As much as she would want them to.

She looks into the future at the 2024 Olympic games with the efficacy of representing her country on the biggest stage.



Fly-half Chloe Daniels thanks the Aurora Barbarians and senior women's head coach Khalil Ajram for everything the organization has taught her. She says everyone is family and all of her best friends now are from rugby.

York9 FC hires Gregory as director of on-field analytics

By Robert Belardi

York9 FC bolsters their office staff, hiring 27-year-old Kingston native Sam Gregory as the new Director of On-Field Analytics with the club.

Gregory will be reporting to Angus McNab directly as well as the coaching staff.

"Sam is a great addition to the team. This will be the third time I've worked with him, having worked with him very briefly at Opta and much more extensively during my time at Sport Logiq. His primary remit will be to support me and supply opposition analysis and then turn his attention to recruitment later in the year," McNab said, in the club's press release on July 13.

In an area that seemingly has a lot of work to be done, Gregory is most excited to be a part of the groundwork of data analysts within the club and with the Canadian Premier League.

"To be at a club in this league and set the groundwork for how the analytics department should look like or how analytics should affect on-field performance is really exciting to me. We're at such a ground stage at York9 and around the league in general. I'm really excited to build things and take analytics within York9 and within the Canadian Premier League overall."

Gregory took to Twitter to announce his arrival with the Nine Stripes. He tweeted, he was most thrilled to join one of the most forward-thinking clubs in the league.

Gregory praised York9 FC's personable approach, commending the club for changing home matches to Friday nights avoiding Toronto FC and York9 FC's effective use of social media, connecting with patrons and fans.

A life-time football fan, Gregory has avidly loved the sport since a young age. He has played the sport, coached and refereed, all while closely following Canadian soccer and his boyhood club, Manchester United.

With a Masters in Economics from the London School of Economics, Gregory first began an analytics role with Sportsnet while in school, as a consultant, blogger and co-host on the Analytics FC Podcast.

Further stapling his profound interest, Gregory ventured out to London to join Opta once he finished school, working with McNab for the first time and earning most of his experience with youth clubs and coaches.

In 2018, Gregory returned to Canada to work with Sportlogiq based out of Montreal.

Having recently left Sportlogiq, Gregory is currently enrolled at Victoria University, pursuing his Masters in Sports Science while also now, working with York9 FC.

What might come as a surprise to many, Gregory says data is fairly new in soccer. It will require a learning curve on both ends.

"As a data analyst, my job is to learn as much about the sport as possible and take what coaches say and transfer that into a data problem. Talking to a coach and talking to a video analyst, how can I use data to better answer those questions? There's a lot of learning I think on both sides," Gregory explained.

Coaches with tactical enquires might have an answer using data. For instance, Gregory explains one of the most prominent findings in his data analysis is looking at shot locations.

"In the past few years there's been a lot of data on where teams shoot from and where teams score from. And this data has been reflected in a drastic change on how team's play," Gregory explained.

"If you look at where teams are shooting from, they shoot from much higher percentage positions now than they did three or four years ago."

In developing a working relationship with the front office and the coaching staff, Gregory will also be studying York9 FC's players and others in the league.

He says in some cases, numbers can be misleading, depending on the player's role within a match and what the coach requested.

Further examining those numbers with the coach's requests, would clarify if the player has completed his task.

Gregory is excited to join York9 FC and the Canadian Premier League. His blogs and recent academic journals, can be found on his website <https://www.samgregory.me/>.

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St. Patrick Parish

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York Pines United

York Pines United Church has been offering online services since the end of March as a safe alternative to gathering together in person. Sunday, July 19 will again be an online service. The ministers will be taking a much deserved holiday from July 24 to August 24. There will be no services during this time. Online services will resume Sunday, Aug. 30.

Anglican Parish By John Arnott

Although mentioned only briefly in each of the Gospels, this woman receives actually more coverage than some of the 12 apostles. But these same biblical accounts seem to confuse rather than clarify who she really was and her role in early Christianity.

This week many in the Christian Church honour this woman whom we know as Mary Magdalene. Over the centuries she has been portrayed as a bad woman gone good.

In 591 AD Pope Gregory 1 lent strong support to this idea when in a sermon he identified as Mary Magdalene the unnamed woman who poured sard extremely expensive perfume on Christ's feet then wiped it off with her long hair. In most medieval paintings of this saint she has long hair. And more recently in music play, novel and film she is seen as the secret wife Jesus who bore his child.

Interestingly, a stained-glass window in St Mary Magdalene's Schomberg shows Jesus tenderly touching the naked shoulder of a woman with long hair who some parishioners past and present see as Mary Magdalene the saint who is the patron of St. Mary Magda-

lene's Anglican Church in Schomberg, oldest and largest of the churches in the Anglican Parish of Lloydtown.

This woman, one of the Marys in the Gospels, is thought to have come from Magdala a town on the Sea of Galilee often visited by Yeshua. She first appears in Mark the earliest written Gospel as one of the women who witnesses Christ's crucifixion and later go to his tomb to anoint his body with oils and spices. This Gospel also tells that Mary Magdalene was the first person to see Jesus after his resurrection. The later written Matthew Gospel tells a similar story adding that having been greeted by an angel at the tomb, that first Easter morning, with the news that Christ had risen Mary and another woman also called Mary were then greeted, as they rushed back to tell his disciples, by the risen Jesus himself.

Luke's Gospel reiterates this same story after saying that Mary of Magdala was one of the women who accompanied Jesus on at least one of his teaching journeys after having had 7 demons cast out of her. However, Pope Gregory 1 claimed these were the 7 deadly sins that included lust, greed and pride! John in his Gospel relates the most dramatic of Mary Magdalene's biblical ap-

pearances in which a weeping Mary believing Yeshua's body has been stolen from his now empty tomb turns at the approach of someone she takes to be the grounds keeper and begs him, if he knows, to tell her where the body is so she can go and properly prepare it for burial. Only when this stranger calls her by name does she realize he is the risen Yeshua and her joy is unbounded. Mary becomes the first person to whom Jesus shows himself after his resurrection fueling persistent rumours at the beginning of the Christian era that there was indeed more to their relationship than a teacher and follower.

There is no recorded evidence that Mary was a repentant prostitute, an adulteress about to be stoned or the mysterious woman who dried Yeshua's feet with her long hair after anointing them.

This past Tuesday evening (July 21) St. Mary Magdalene's Schomberg participated in the International St. Mary Magdalene's Zoom Conference along with many other churches named for this saint in Canada, New Zealand, Australia, Britain and the U.S.A. as they held their Patronal Festivals which honour and celebrate the life and work of Mary of Magdala.

Classifieds

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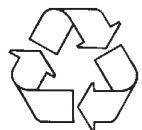
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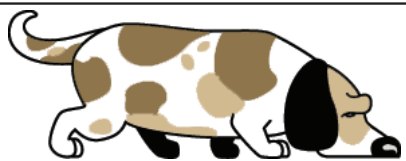
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708 OBITUARIES

Sunnerton: Walter Edward
Peacefully with his son at his side, at his home in Riverwood Senior Living Alliston, on July 14, 2020. Walt Sunnerton at the age of 93 years, Beloved husband of the late Ruth Sunnerton (nee: Holt). Loving father of Robert "Bob" Sunnerton and his wife Darlene. Dear grandfather of Ted, and Jennifer (Syd Trefiak). Sadly missed by his great grandchildren Ruby, Wren, and Finley. Predeceased by his siblings Helen Lisk, Eileen Stewart, Harold, John, Dorothea Rutherford, and Violetta McCullough. Forever in the hearts of his nieces, nephews, extended family and friends. Following government COVID limitations, a private Funeral Service was held at Rod Abrams Funeral Home Tottenham 905-936-3477, with interment in Trinity Cemetery Beeton. The service will be placed on to the funeral home facebook page for public viewing. For those who wish, donations to Matthew's House Hospice or Habitat for Humanity would be appreciated by the family. Online condolences for the family may be left at www.RodAbramsFuneralHome.com

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King's Corners

King City United
By Sheryl Sinka

We will reopen our worship on Aug. 30 and look forward to being able to gather in person, however, we are still under discussions on how that will happen. The office will remain open on Tuesday, Wednesday and Thursday, from 1 to 5:30 p.m. if you have a concern.

The Women's Prayer Circle is still "open for business," and we can still pray together, even if not in person. Although our weekly Tuesday morning meetings at the condo building on Burns Blvd. are still suspended, they will resume as soon as the government rules are relaxed. Meanwhile, if you need prayer, for yourself or a loved one, please call Deana at 905-833-5375 and your request will be shared by phone with other prayer sisters. Surely we all agree that prayer is needed now, more than ever. Be still and be well.

The Virtual Coffee hour has been rescheduled to 10 on Friday through Zoom. If you are interested in participating please send an email to Kristen at the office at kcuc@bellnet.ca.

The opportunity to worship with us online is possible through our website or through an email link provided to those who receive the emails. If you are not receiving emails and would like to, please contact the office so that we can add you to the contact list. Bulletins, news and sermons in hard copy will continue to be updated via the website.

If you are in need of assistance please contact the office at 905-833-5181 and leave a message.

Ministers can also be reached by

phone - Rev. Andrew Lee, 416-999-5615; Rev. Bruce Roffey, 647-500-9138. The website is kcuc.net

King Bible Church

This summer we will be holding three in-person Sunday services on Aug. 9 and Aug. 30. Why just these services you might ask? Firstly, this gives us both the opportunity we have been waiting months for to gather together in community for a time of worship. But it also gives us the opportunity to take some time in between our in-person gatherings to review and learn from our times together so that as we move forward towards regular gatherings they will be an impactful and safe experience.

Preparations are well under way to ensure that when you return in a few weeks, we can provide a safe place for you and your family to worship. You can read about the specifics in our Re-Opening Plan which you will on our website (www.kingbiblechurch.com).

During the weeks we are not gathering in person, we will continue to meet online Sundays at 11 a.m. available through our Facebook page.

St. Andrew's By Kathy Patterson

St. Andrew's is looking forward to reopening in September! Our first worship service will be held Sept. 13 at 10:30 a.m. Over the summer, the church building will remain closed, however, the King Township Food Bank will continue with monthly food distribution, following their new directive.

Calls can also be made to our Interim Moderator, the Rev. Paul Johnston at (705) 341-7738 or the Clerk of Session,

Kathy Patterson at 905-833-0391.

Have a safe, healthy and enjoyable summer.

All Saints Anglican Church By Patrick Gossage

Join us on Facebook (AllSaints King) where Rev. Michael Peterson posts a Wednesday Morning Prayer service every week. Also, every Friday at 11 we offer Zoom prayer time. We spend some time in quiet contemplative prayer with music, some scripture, and then there is an opportunity for prayer - silent or out loud. Phone church office at 905-833-5432 for log in information. Everyone is welcome to these virtual services.

Words to Live by - Rev. Michael Peterson used Sunday's reading from genesis 28 for his sermon: "Then Jacob woke from his sleep and said, 'Surely the Lord is in this place - and I did not know it!'"

"Today's first lesson from Genesis, in which Jacob has an unexpected encounter with God, invites us to think about those places and times where we find God in our own lives. The "house of God" was our local church, where we could take our place in the community of disciples and be nourished by word and sacrament.

When we all have our vaccines and we can travel without masks or fear, is there a special place where you will go to be near God, some personal shrine or place of pilgrimage? Sometimes I find myself thinking fondly of my own such place, an Anglican monastery in Boston which is my favourite place to go on retreat, a place where it's easy to think that you might, like Jacob, bump into an angel going about its business.

When I think about going back to the monastery, if I'm honest, it's from a

desire to escape. I want to run from the fear, the stasis, the spiritual dryness of this time of waiting that we're all stuck in, like so many ships waiting for spiritual wind to fill their sails.

It came as a bit of a shock to get the monastery newsletter and read that one of the monks, Brother Geoffrey, was himself wrestling with this same sense of stasis and desire to escape. He wrote that the now familiar pandemic feeling of confinement can lead to deep spiritual distraction and unhappiness when we focus on the things we can't have. His advice is to go 'back to the 'present moment', which is where Christ is.' Geoffrey's point is that God may be where we least expect God to be, and much closer than we think.

With this insight, I think the situation of Jacob in our first reading is helpful to our present, because while Jacob is in motion in this story, he's also trapped. A fugitive in a wasteland, the last thing Jacob expects is to find is God, but his vision of the angels ascending and descending from heaven suggests how profoundly God as Creator and protector of Israel is invested in Jacob's story, a story about how God finds a people, Israel, to bear his image and look after the world God has created, and that story is our story as Christians.

For we the church in this doldrum time, seemingly cut off from our familiar places of spiritual rest and refreshment, surely we have the same opportunity that God gave to Jacob.

We can look around with fresh eyes and see just how deeply God is invested in the world God created and loves. Our calling as Christians is to be hopeful, to trust that God is not done with the world, even when God might seem silent or far away.

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Nobleton Notes

By Angie Maccarone
416-917-0406

St. Paul's is open again. Limited seating will be available. York Region will be implementing a policy that requires the use of face masks while in indoor public spaces. That means that if you wish to come to the church building to participate in the live-to-air worship gathering, you will need to wear a mask.

We will continue to be online every Sunday on our public Facebook page. Just visit facebook.com/stpaulsnobleton at 10 and join us live for a time of worship. If you are not able to join us on Sunday via live or through facebook, you are welcome to visit stpaulsnobleton.ca/worship to watch later at your convenience.

Jeff's messages are also posted at www.passionatelyhis.com each week in addition to the above links. For more information about ANY of our activities or events, please contact the church office (905-859-0843) or visit stpaulsnobleton.ca

Bible Fun Camp will be an at-home, online experience this year! We understand parents' concerns for kids' safety, so we're taking the physical distancing approach to our summer vacation Bible school for 2020 by putting it on our website. If you're interested in engaging your kids with a fun, Bible-centred online camp experience, send an email to secretary@stpaulsnobleton.ca and we'll get you registered. There will be a nominal cost of \$20 per household to cover activity packs that will be delivered to your front doorstep.

St. Mary's and St. Patrick's open

We are pleased to announce that both St. Mary's in Nobleton and St. Patrick's in Schomberg have reopened with certain restrictions implemented by public health and the Archdiocese of Toronto. We welcome our parishioners for our regular mass schedule on a first come, first served basis. The church capacity is 42 at St. Mary's Church and 22 at St. Patrick's.

We ask that you kindly wear a mask or face covering. Please maintain physical distancing guidelines in church and on church property.

For parish updates, events, and much more, go to: <https://www.facebook.com/stpstmchurch/>

Please visit www.archtoronto.org for COVID-19 updates, daily TV mass, recitation of the Holy Rosary and other devotions.

For more information please call the parish office at 905-859-5522 or go to our website, www.spmchurch.ca.

Nobleton and Schomberg United Churches

By Rev. Carol-Ann Chapman

Nobleton and Schomberg United have decided to postpone in person services until September.

We continue to have recorded reflections each Sunday that can be found on the Nobleton Facebook page or can be sent via e-mail by contacting Rev. Carol-Ann.

Carol-Ann continues to send out regular newsletters and is available for outdoor social distance visits. Please let us know if there is anything we can do to serve you during this time.

You can contact Carol-Ann at minis-

ternobletonschomberg@gmail.com or leave a message at (picked up weekly) at 905-859-3976.

Nobleton Lions Club

Your Nobleton Lions Club is alive and well and practicing physical distancing, as mandated by health authorities. Like many other groups, we meet via Zoom at our regular meeting times, and continue to operate to the extent allowed. The Club has proactively reached out to those organizations which we usually support, to offer financial aid in line with what we typically provide. The local version of the annual Walk for Guide Dogs has been postponed, as we are hopeful of hosting the event later in the year. Stay tuned to this space for updates as they become available.

Hopefully events scheduled for the fall and winter may be permitted when the time comes. Updates will be shown on the club's website at <https://e-clubhouse.org/sites/nobleton/> Also located on the homepage of the website are links with options for anyone wishing to donate funds.

Of note is a new service that the Club is offering to people in self-isolation and others unable to leave their homes. The Lions are providing a free delivery service for Pharmasave prescriptions. Just call Club president Rick Evans at 1-905-806-9988, and we will drop packages outside your door.

In the meantime, we still welcome prospective new members. You may join us as a guest via Zoom at an upcoming meeting by contacting our Club president. From all of us to all of you, please respect the guidelines from our health authorities, and Stay Safe! We're in this together!

Horticulture

By John Arnott

During this hot weather soil in planted containers, large and small, dries out quickly and shrinks away from the container walls so when watered casually much of the water runs down the sides and out the container bottom probably unnoticed. Members of the Nobleton-King City Horticultural Society/garden club suggest you check to see if the soil in your planters has shrunk back and if so using your hand or a trowel dig carefully into the soil gently pushing it about hand deep or more back against the walls of large planters, Use middle finger deep in smaller ones.

When watered, the soil particles will swell and press against the sides allowing much of the water to penetrate down through the centre where the majority of the roots are. Cold water can shrink root surfaces in dry soil preventing them from absorbing all the water they need thus lukewarm water is best when first watering dry soil. Soil already damp tends to somewhat warm cold water before it can shock the plants' root systems.

As well, when the foliage and flowers of container plants over hang the containers casual watering will result in much water running off of them onto the ground. Society members suggest you gently part the flowers and leaves and slowly water so the water comes in direct contact with as much of the surface soil as possible.

If you push into the soil of bigger containers middle finger deep [smaller containers little finger deep] and it feels dry it's time to water.



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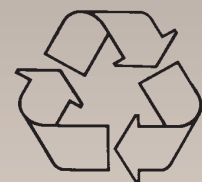
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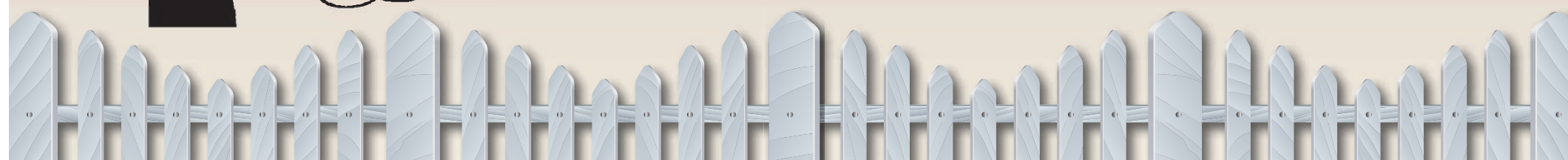


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HOSPICE MOMENTS

Margaret Bahen Hospice for York Region is the final home for hundreds of community members every year. Being admitted to a hospice is difficult for families in any circumstance, but the onset of COVID-19 has added a new level of concern. The pandemic has meant increased safety protocols for family members and temporary changes to our visitor policy.



Margaret Bahen Residential Hospice staff are committed to making the time spent at the hospice as comfortable and as *'home-like'* as possible.

Some of the things that remind us of being at home are freshly baked goods, a warm cup of tea, the comfort of being with loved ones, and snuggles from a family pet. The pandemic forced a lot of changes at our hospice, however the staff have worked hard to keep that sense of 'home' by providing as much as possible during this time; we didn't want to exclude the important companionship that a family pet can provide. Our staff did some research and found a safe way to reunite some very excited furry family members with their beloved humans during the pandemic.



his is what true hospice moments are all about. Pets are a significant and constant part of daily life and are a source of comfort while offering unconditional love that can enrich a family's life.

Margaret Bahen Hospice for York Region is here for you, for your family (*including your fur baby!*) and for all of the York Region community.

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