

Local entrepreneurs and residents teamed up to donate 175 custom masks and shields to members of King Fire and Emergency Services. Shown are (I to r, back) Mayor Steve Pellegrini, Deputy Fire Chief James Arnold, Captain David Boyd, Assistant Anna Raeli, Agent 2201 King Rd. Ste 2

King City, ON L7B 1G2 905 833-ANNA (2662) annaraeli.com

Desjardins

Insurance

District Chief Kevin Ritson, Captain Ken Atkinson, Firefighter Chris Charitou, Firefighter Carmine Curcio, Firefighter Ryan Poroznik, (front) Susan Zacchigna, Stephanie Zacchigna, Sheila Eckart, Lisa Iafrate, Talia Gattoni, Hollie Dobson, Emily Clausner. Turn to Page 7 for the full story.

King cancels summer camps for kids

King Township has made the difficult decision that, given the current and uncertain health climate related to COVID-19, offering a traditional, in-person camp experience for children and youth will not be a safe or feasible option this summer.

"Summer camps in King Township have been a pillar in our community for over two decades. Last year, King Township welcomed close to 3,000 children in our summer camp programs," said Mayor Steve Pellegrini. "We have weighed all of our options, and we simply cannot allow children to congregate together in the same place without putting the health and safety of our participants and staff at risk. This truly was a difficult decision, but it was the right decision."

Township staff will be contacting each of the families who have registered for this year's summer camp program and full refunds will be processed over the next few weeks.

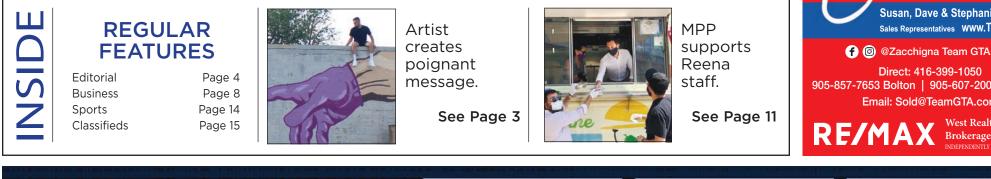
A Modified Summer Camp Experience, as an alternative to King's traditional summer camps offerings, there will be two new options for children to participate in this summer.

Option #1 is King's "Summer Camp in a Box" Program. The Township will be offering a summer camp alternative to bring camp home this summer with King Township's Camp in a Box program. This program is designed to keep kids learning and engaged with small interactive activities and crafts. Each box will be put together with all required supplies and easy-to-follow instructions to help recreate several fun camp activities. The boxes will be available for curbside pickup at several municipal facilities around the Township. Quantities will be limited and preference will be given to residents of King Township.

Option #2 is Virtual Summer Camps.

The Township will work together with several service providers to offer a wide range of virtual summer camps programming options. Topics and themes of these virtual camps will vary and specialty camps will be available to suit the individual interest of each camper.

Registration details for both King's Summer Camp in a Box Program and Virtual Summer Camp programming options will be published later this month.





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King Township 2585 King Road King City, ON Canada L7B 1A1

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UPCOMING MEETINGS

COUNCIL AND COMMITTEE OF THE WHOLE

Municipal Office, Council Chambers, 2585 King Road Monday, June 22, 2020

5 pm – Audit Committee 6 pm - Council/Committee of the Whole

Monday, June 29, 2020

6 pm - Special Council public planning meeting (see separate notices on this page)

Please note these meetings will be held virtually and live streamed at http://meeting.king.ca.

To view full Council and Committee of the Whole agendas, visit king.civicweb.net/filepro/documents

BID NOTICES

For all bid opportunities, please visit the Township of King's website www.king.ca, click Popular Topics and click **BID OPPORTUNITIES.** Or visit on the following link https://king.bidsandtenders.ca/Module/Tenders/en

PUBLIC NOTICES

NOTICE OF SPECIAL COUNCIL PUBLIC PLANNING MEETING

(Electronic Meeting during an Emergency, pursuant to section 238(3.3) of the Municipal Act, 2001)

The Municipal Centre is closed to the public due to the COVID-19 pandemic. This is an electronic meeting held virtually and live streamed at http://meeting.king.ca

A Special Council Public Planning Meeting will be held virtually on: MONDAY, JUNE 29, 2020 - 6:00 p.m.

The purpose of this Special Council Public Planning Meeting is to accommodate a necessary Planning Meeting under the Planning Act regarding the following:

- Planning Department Report (i)
- Official Plan Amendment Application, File No: OP-2019-05 Zoning By-law Amendment Application, File No: Z-2019-13 Site Plan Development Application, File No: SPD-2019-64 ion 3, 1986 King Road, King City

PUBLIC NOTICES



Due to the constantly changing nature of the COVID-19 pandemic and its effects, this information may not be current. Please visit covid19.king.ca for the most up-to-date information.

With guidance from York Region Public Health and in an abundance of caution for both residents and staff around the COVID-19 pandemic, King Township is responding with the following changes in operations:

- · King Township has closed all recreation, library, and cultural facilities until further notice.
- The Municipal Centre at 2585 King Rd. is closed to the public.
- All essential services will continue, including Fire and Emergency Services, water, wastewater, waste collection and roads and sidewalk maintenance.
- Some non-essential services may be impacted. For a list of all services please visit <u>www.king.ca</u>.
- During the closure, council chambers has been set up for King's Emergency Operations Centre.

Citizens can still do business with King on our website at www.king.ca, by phone at 905-833-5321 or by email at serviceking@king.ca.

LATEST UPDATES

King Township has made the difficult decision that, given the current and uncertain health climate related to COVID-19, offering a traditional, in-person camp experience for children and youth will not be a safe or feasible option this summer.

Township staff will be contacting each of the families who have registered for this year's summer camp program and full refunds will be processed over the next few weeks.

A Modified Summer Camp Experience, as an alternative to King's traditional summer camps offerings, are two new options for children to participate in this summer: Summer Camp in a Box and Virtual Summer Camps.

Registration details for both King's Summer Camp in a Box Program and Virtual Summer Camp programming options will be published later this month. King re-opened some outdoor facilities on June 1. You can read the news release with more information at http://bit.ly/kingreopening

The release includes extensive details on what's open and what's not. It's important to note that gatherings are still limited to five people or less and we are requiring people to practice physical distancing, good hygiene and to wear face coverings when appropriate.

These guidelines are critical to maintaining the health and safety of both staff and citizens. As Mayor Steve Pellegrini says in the release, we may have grown tired of life with the virus, but the virus has not grown tired of us.

What's Open - Parks & Recreation www.king.ca 14 NOV 37 Open for casual recreational use only (no team play or organized sports) • No gatherings of more than 5 people (who are not from the same household) • Keep 2 metres away from other people (who are not from the same household) 🖌 Open

Updates (as of June 4th, 2020)

X Closed

Owner: 1986 King Road Developments Inc. Agent: MHBC Planning Limited

Planning Department Report (ii) General Amendments to Zoning By-law 2017-66 (Schomberg and King City Urban Areas)

Owner/Applicant: The Corporation of the Township of King

Information and copies of the staff report(s) will be available for review on the Township web-site at <u>www.king.ca</u> as of Thursday, June 25, 2020.

To comment in writing, please send written comments to the Clerk's Department at clerks@king.ca no later than Monday, June 29 at 12:00 p.m. (noon). Written comments will be circulated to Members of Council prior to the start of the Meeting and will become part of the formal record of the meeting

To speak to Council virtually about this matter, you must register by contacting the Clerks Department at 905-833-4068 or email clerks@king.ca no later than Monday, June 29, 2020 at 12:00 p.m. (noon). When your registration is received, a confirmation message and instructions for participating in the virtual public meeting will be provided.

Please provide your full name, address, contact details and the item you wish to speak to when contacting the Clerks Department. Please note that all comments will become part of the public record.

*Note: Members of Council will be participating in the meeting remotely.

Kathryn Moyle Director, Corporate Services & Township Clerk

Community Services Master Plan



Our Master Plans help to guide the Township's decision making for the next 5-10 years and sets standards and direction for service levels and types of activities (camps, programs and events) that will be offered. These plans also help the Community Services Department identify strategic priorities for all Community Services areas. We want to hear from you! Please visit our online engagement platform Speaking to complete the survey and send us ideas and suggestions!

https://speaking.king.ca/cs-master-plan

Please see more King Township notices on page 5

- Soccer Fields
- **Baseball Diamonds**
- **Tennis Courts**
- **Dog Parks**
- Basketball Courts
- Open Spaces

KING TOWNSHIP PUBLIC

LIBRARY

- Cold Creek
- **Conservation Area**
- Trails



Indoor Facilities (Closed until at least June 30th)

- **Pavillions/Shade**
- Playgrounds

LIBRARY'S CURBSIDE PICKUP

Starting June 8th by appointment only

Return your materials starting June 1

Contact your local branch or email info@kinglibrary.ca

This contactless service is a way for the Library to lend books and materials to the public in a safe manner during a public health emergency like the COVID – 19 Pandemic. Patrons will be able to place holds on most Library materials. Once a hold is placed, Library staff will contact you to schedule an appointment for you to pick up your materials. Items will be available for pickup outside of your Library branch at your scheduled time.

We continue to offer virtual programming and eResources through the Library's website at kinglibrary.ca

COVID-19 information

The risk to York Region residents of acquiring the virus in the community remains low.

Visit york.ca/covid19 for more information or call Health Connection at 1-800-361-5653. You may also contact Telehealth Ontario at 1-866-797-0000 for medical advice.

Telehealth Ontario is a free confidential service you can call to receive health advice or information. A registered nurse will take your call 24 hours a day, seven days a week.





Ontario's broadband program ensures connectivity

By Mark Pavilons

Hot on the heels of a plea by Ontario MPPs asking Ottawa to boost broadband internet, the provincial government announced additional funding.

Queen's Park last week announced an investment of \$150 million to address much needed broadband infrastructure across unserved and underserved regions of the province.

This investment looks to connect more residents and businesses across the province, including in King and Vaughan, to reliable highspeed broadband and cellular service.

The Improving Connectivity in Ontario, or ICON, has the potential to leverage up to \$500 million in total partner funding, including from the telecommunications sector.

"I have heard from many residents who have long raised concern with limited to access to cellular and broadband connectivity," said King-Vaughan MPP Stephen Lecce. "I am proud to see our government announcing this significant investment to bring the people of King-Vaughan one step closer to more reliable connectivity. It's 2020. We need to bring an end to the digital divide and get our community online."

Once the ICON program opens its initial application intake later this month, applicants – telecom companies, municipal governments, Indigenous communities and non-profits – will be invited to submit innovative proposals to lend their investment, expertise and experience to improve connectivity in communities across Ontario. The province will fund a portion of each approved project.

"Now more than ever before, our government recognizes that the people of Ontario need to be connected to learn, work, and run their businesses. This program is an important step toward



King mural speaks volumes about issues

By Mark Pavilons

Current events led a Vaughan man to create something special in King City. Mahyar Amiri painted a large mural near the King City GO station, reflecting both the pandemic and racism – two issues on everyone's mind lately.

He said he wanted to create something to depict what's happening in the world today. The gloved white and black hands are trying to come together, but can't because of COVID-19. The "Creation of Peace" takes some flavour from Michaelangelo's Creation of Adam, from the ceiling of the Sistine Chapel.

connectivity," said King-Vaughan MPP bridging the digital divide," said Infra-Stephen Lecce. "I am proud to see our structure Minister Laurie Scott.

The Improving Connectivity in Ontario program is part of Up to Speed: Ontario's Broadband and Cellular Action Plan, which includes \$315-million to improve and expand cellular service and broadband in rural and remote communities across Ontario. In the span of a year, Ontario has advanced initiatives to improve access to broadband and cellular service across eastern, western and northern Ontario. All of these initiatives are expected to generate more than \$1 billion in investments over five years.

As much as 12 per cent of households in Ontario – mostly in rural, remote or northern areas – are underserved or unserved, according to the Canadian Radio-television and Telecommunications Commission.

In the past several months, Ontario has partnered with the Eastern Ontario Regional Network (EORN) to leverage \$213 million to improve access to cellular and mobile broadband in eastern Ontario

The Province is investing in the \$190 million Southwestern Integrated Fibre Technology (SWIFT) project to bring high-speed broadband to 50,000 more homes and businesses across Southwestern Ontario. Recently, SWIFT Inc. awarded contracts to bring high-speed internet to thousands of homes and businesses in Lambton, Wellington and Norfolk counties. More contracts are expected to be awarded for additional counties across southwestern Ontario.

Ontario has invested in initiatives to improve connectivity in northern Ontario, such as a project that will connect five remote Matawa-member First Nation communities, and investments in broadband projects through the Northern Ontario Heritage Fund Corporation and the Next Generation Network Program.

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JUST LISTED

LUXURY CONDO LIVING



Amiri said he received a lot of praise for the piece, including kind words from King Mayor Steve Pellegini, who called it "beautiful." Many residents stopped by when Amiri was painting the mural, offering their support.

Amiri lived in King City for several years and attended King City Secondary.

He said it's important to stand up for what we believe in. He grew up in a public school system where every kid on the playground was friends with one another and "love was prevalent."

"This pandemic and recent tragedy has taken a huge toll on society and forced up to change once again for the better," he said. "I couldn't think of a better way of participating in this change, so I decided to pain this mural. I will let it speak for itself."

This is his second mural and he just can't wait to do more.

Amiri's style is heavily inspired by contemporary brand culture and design. His works are summarized through a group of collections that each utilize different mediums and consist of different genres of art. Working primarily on canvas, the artist finishes each piece with dynamic gestures in paint, resin and neon, giving each piece its unique and contemporary finish. Carrying his signature, Amiri, meaning "the one who will never die," the works capture what is iconic and eternal in our society today.

You can see his work at @itsmahyar on Instagram and his website, www. notart.ca



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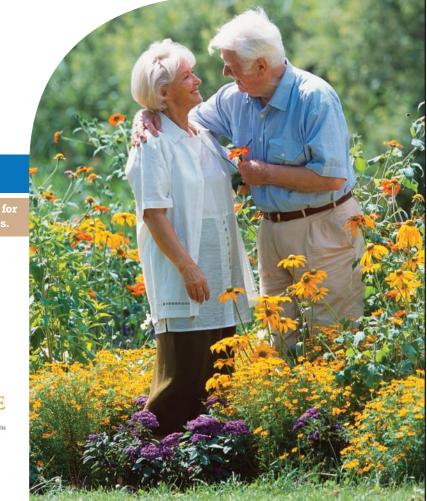
Caring for loved ones can be a full-time job – we recognize it can be exhausting at times. When you need a rest, our team is here to relieve you. Our staff is able to provide 24-hour care in the comfort of our client's own home.

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Editorial, Letters & Opinion

"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."

~ Michael Connelly

How will white collar office jobs transform?

It's difficult to predict the future of our white collar workforce, when every dav has been "casual Friday."

More often than not, those working from home have adopted, shall we say, more leisurely attire.

Some have even been known to look fully presentable, in business attire from the waist up. But the bottom half, well, it's less than ideal.

In a recent survey, 50% of respondents say they wear business attire from the waist up and casual clothing from the waist down when they have a video interview.

Some on-camera correspondents have been literally caught with their pants down.

And a clothing company in Scandinavia is marketing boxers and matching socks, for those "casual" at home work sessions.

Pants aside, I wonder just how many of our newfound habits will find their way into the work places of the near future.

A four-day work week is possible by 2030 without sacrificing income, living standards, according to another study by the Fraser Institute, an independent, years ago) that said a worker can lower non-partisan Canadian public policy think-tank.

"In light of the COVID lockdown, there's been a lot of talk about a possible four-day work week in Canada, but to achieve a four-day work week where we actually work fewer hours while at the same time maintaining our current living standards, we need to be more productive," said Steven Globerman, a Fraser Institute senior fellow and author of Reducing the Workweek found ways to adapt to working from Through Improved Productivity.

ductivity grew by two per cent per ing. year to 2030, Canadians could work four days per week – and not just lon- set" in how we work? Some say the geger work days – with no loss of living nie has already escaped. standards.

"If governments pursue policies that encourage entrepreneurship and innovation, worker productivity will rise expensive office towers. and Canadians will be able to enjoy more leisure time," Globerman said.



Mark Pavilons

There's been talk of a reduced work week for many years. And many office workers do currently enjoy remote work days.

A Dutch law passed in 2000 (yes, 20 jobs, hourly pay and health benefits. Four-day work weeks are common in vice in terms of connectivity. The Netherlands and Denmark.

Some experts say it's a great way to kick-start the economy in a post-COVID economy. The five-day work week arose during the Industrial Revolution and automotive assembly line work. There's never been a huge push to change that.

There's no doubt that many have home during the pandemic. Some may The study finds that if worker pro- love it, while others may find it distract-

Are we experiencing a "great re-

Many analysts see working remotely will be the trend in the years to come. with large companies abandoning their

While some long to return to the office for a sense of "normalcy," others office. Some may be less anxious to head office, will become a reality. back to their cubicle or glass enclosed work space.

Study after study, prior to the panthink.

working from home and it seems to be just fine. It was an almost seamless transition and there have been very held remote meetings and staff have few glitches. I can work from home if I been performing quite efficiently from choose, but I'm a creature of habit and home. prefer to come to work each day. I enjoy the interaction with coworkers and be- face-to-face interactions. ing surrounded by mounds of paper in space. I like wearing pants!

abrasive colleagues.

destined to, even without the pandemic. community.

We've seen the internet expand expo-

PUT YOUR

LEFT LEG IN,

Self-driving cars will become a reali- tancing.

FOLLOW THE YOU MUST ARROWS AND **KEEP A DISTANCE** OK. **KEEP YOUR** CHECK. OF SIX FEET. MASK ON.

WAIT,

have already gotten quite used to the ty in the next decade. Working from the short commute, from kitchen to home car, while en route to a meeting or the

> Virtual conferences and meetings will also become the norm.

Banks have been encouraging online demic, revealed that a five-day, in-office transactions for years and during this work week was obsolete and employees pandemic, a lot of people have come to underperformed in these conditions. embrace making payments and depos-Maintaining offices is expensive and iting cheques via their smart phones it's something large employers may re- or computers. I also quite like the convenience of online transfers and pay-Even in our company, some are ments, but I do miss the tellers at my local branch.

Even local councils like ours have

Of course, nothing will ever replace

Council meetings will resume and a disorganized yet highly efficient work I will once again get to smile, nod and shoot the breeze with our esteemed I can sympathize with those who en- mayor, councillors and staff. We will dure long commutes, office politics and once again gather in wide open spaces to celebrate achievements and local There's no doubt the whole landscape milestones. We will come together, raise will change in the years to come. It was a glass and share a renewed sense of

We can supplement our living with a their hours to part-time, and keep their nentially and service providers offering certain amount of remoteness, but we an incredibly fast, almost limitless ser- shouldn't replace a handshake, pat on the back or presentation with cold dis-



LET ME

SEE THAT

Letter to the Editor

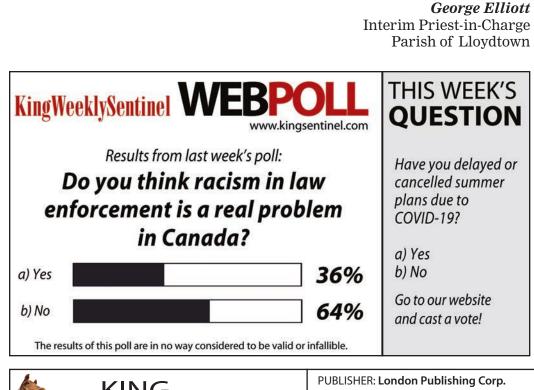
Let's end systemic racism

For much of this week my mind has been filled with thoughts revolving around the death of George Floyd and the ensuing protests that have spread not just across the United States, but around the world.

It is clear in my mind that issues of systemic racism exist and touch all our lives in Canada and have since the day European explorers arrived in the Americas and began their colonial expansion.

The challenges now lie in how our society today addresses systemic racism. In our Anglican Baptismal Covenant we promise that, with God's help, "We will strive for justice and peace among all people and respect the dignity of every human being."

Let us pray that justice will be done, that peace and reconciliation will prevail in the midst of these protests, and that the voices of all who are hated, oppressed, demeaned, ostracized, and marginalized will be heard afresh, as we seek to bring an end to all forms of systemic racism in our midst.





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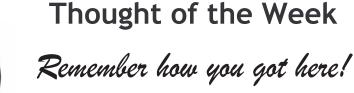
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HOKEY-POKEY PUT YOUR LEFT WHAT? CLIPBOARD AND... LEG OUT.

DO THE



When we reach a level of achievement, it's important to understand where our journey began and who we once were. That's perspective money can't buy!

Trivia Tidbits

The origin of "charley horse" is unclear. One theory is that it originated with a common occupational hazard of constables. Constables were called "Charleys" in 17th century England and aching legs were a part of the job.



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Beyond 65 km and towns with letter carriers - \$67.00 + G.S.T.

Published every Thursday

Thursday, June 11, 2020 - THE WEEKLY SENTINEL - 5 Resident asks ministers to up COVID-19 testing

The following letter, to Education Minister Stephen Lecce and Health Minister Christine Elliott, was submitted to the King Weekly Sentinel.

Dear Ministers,

It is clear that Ontario is underperforming in bringing the spread of COVID-19 under control. Despite the comparative wealth of this province, our rate of increase day-to-day in confirmed cases is the highest of all provinces and territories in Canada and, at a consistent 1.3% over the past 7 days, is higher than the comparable rate across the United States. In an interview with the host of CBC's Metro Morning, epidemiologist Dr. Colin Furness opined that Ontario is 2 months behind in its testing.

When asked what his top suggestion would be for Dr. Eileen de Villa, he rec-

Letter to the Editor

ommended that Toronto's testing centres begin recording the blood oxygen levels of the people tested and then correlating the results with the results of the PCR tests. This testing can be accomplished with a Fingertip Pulse Oximeter, which the Internet tells me is "a small, lightweight device used to monitor the amount of oxygen carried in the body. This noninvasive tool attaches painlessly to your fingertip, sending two wavelengths of light through the finger to measure your pulse rate and how much oxygen is in your system." Dr. Furness identified the one-time cost at about \$40 per unit.

You may ask, Mr. Lecce, why I am directing this letter to you as Minister of Education. Dr. Furness stated that the blood oxygen test has shown

www.king.ca

promising results in New York State ever, we can expect that by September in pre-screening school age children as a quick method to identify youth who may be pre-symptomatic or asymptomatic with COVID-19 and should be further tested for the virus. If I understood correctly, he is strongly recommending that school boards should immediately deploy these pulse oximeters widely through the school system and test every child every morning.

These non-invasive devices do not require health professionals to administer the tests, and the testing could be done by the teaching staff. Dr. Furness's comments were qualified several times with the caveat that the pulse oximeters have shown promise in New York but have not been tested for this COVID-19 purpose in Ontario.

I'm not a health professional, and I don't want to presume to tell the government what decisions to make. Howthere may be a shortage of these devices, too few perhaps to even carry out a decent evaluation of their efficacy.

I respectfully request for the health of our children that the government consider whether, at an absolute minimum, it should immediately begin a controlled study to determine whether our classrooms should be so equipped. As well, please look into the supply chain ramifications to determine whether these devices are available and will continue to be available in Ontario when and if they prove valuable for this use.

As a grandparent of 5, I am naturally concerned for their health and that of all of our youth. Information on the impact of COVID-19 infection on children is incomplete and expanding daily.

See 'Don't' on Page 6



King Township 2585 King Road King City, ON Canada L7B 1A1

Phone: 905.833.5321 Email: serviceking@king.ca

PUBLIC NOTICES

PUBLIC NOTICE PROJECT:





The Clean Yards By-law sets out minimum standards for properties in the Township including some rules on litter, waste and property maintenance to help ensure that properties are safe, clean and attractive in relation to adjacent properties. **Reminder to Owners and Tenants:**

- All properties must be kept free and clear of long grass and weeds.
- All properties are to be free of garbage, litter, yard waste, standing water, storage bins and demolition project material, and construction equipment.
- All properties need to be clear of derelict vehicles, including vehicles that are not currently licensed for operation.

The Clean Yards By-law is the Township's tool for addressing and responding to concerns about property maintenance. By-law Enforcement Officers work with property owners and tenants through education to achieve voluntary compliance, but alternatively orders may be issued to obtain compliance with the by-law standards.

For more information on King's Clean Yards By-law (#2016-68) or to report concerns, please contact By-law Enforcement Services by phone at 905-833-4002 or by e-mail at by-law@king.ca

KING FIRE & EMERGENCY SERVICES



WHEN?

vicinity of Schomberg.

will still be permitted for residents to access their driveways. CONTACT

expected for the duration of the project. Local traffic



Fireworks Safety Information

Questions? 905-833-2800

Safety measures

- Family fireworks permitted to be setoff at your home only on designated days
 - Always read and follow labelled directions. Refer to the fireworks label for minimum distances from spectators
 - Always have a water source such as a garden hose or bucket handy
 - Don't set off fireworks in a strong wind
 - Choose a wide, clear site away from all obstacles

Be mindful...

- Be considerate of your neighbours
- Some children and animals are afraid of
- fireworks
- Please clean up any
- debris when finished
- BY-LAW 2015-114

Remember...

- •Gatherings are limited as per Provincial Orders (5 people max)
- Fireworks cannot be set off on any public land without advance written approval from Council
- There will be zero tolerance for contravention of Provincial Orders and Municipal By-laws
- Staff are patrolling the Township including public property. Complaints or concerns? Contact By-Law directly: 905-833-4002 / by-law@king.ca



Canada Day

Family fireworks can be set off on Canada Day Holiday, as well as the two days immediately before and after

Want to have a fire? King Fire & 905-833-2800 **Emergency Services**



Having a recreational/camp fire

No permit needed so long as:

- There is no Fire Ban in effect. (Check www.king.ca for the latest updates). 1.
- You are burning CLEAN wood ONLY. 2.
- 3. The fire is contained to a chiminea or a pile that is a maximum of 0.75 metres (2 feet) in diameter by 0.75 metres (2 feet) in height.
- 4. The fire is a minimum of 3 metres (10 feet) away from anything combustible.
- 5. A means to extinguish the fire is immediately available (i.e. garden hose).

Cleaning up yard waste

OR

1. Put yard waste out at the curb for bi-weekly pick up.

2. Contact King Fire Administration to find out if you are eligible for a fire permit by phone at 905-833-2800 or email at fire@king.ca.



6 - THE WEEKLY SENTINEL - Thursday, June 11, 2020 We need to plant more trees for a healthier planet

By Rob Keen, RPF

While many of us are at home and keeping proper social distance from our friends and neighbours, life goes on for nature. Trees continue to grow and make their environmental contributions, and we can help by planting more of them.

During the 2020 federal election campaign, Prime Minister Justin Trudeau committed to planting two billion trees over the next decade. He described how trees sequester carbon and cool our planet. That promise came at a different time, but in the wake of COVID-19 we have an opportunity to improve our planet's health and revive our stalled economy. Simply put: this is the time to plant new forests.

Millions of Canadians are out of work. Meanwhile, tree nurseries across Canada are growing millions of seedlings. Job-seekers can be trained to plant these seedlings. This is an opportune time to mobilize the labour force, including our youth, with a national tree-planting strategy.

Commentary

Health professionals have asked us to maintain social distance during this pandemic. Fortunately, tree planters work apart, often keeping a minimum distance of two metres between each other. Planting organizations across Canada prepared procedures identifying sanitation rules and protocols for planting crews to reduce the risk of COVID-19 transmission.

Forests Ontario commissioned a study last year on the economic impact of planting trees. The study indicated that the roughly 2.5 million trees we plant annually creates approximately 300 seasonal rural jobs. It also revealed a 3:1 financial return from a GDP perspective.

Trees provide countless social and environmental benefits. Tree blossoms feed bees that pollinate farm crops. Trees shade our homes, lower heating bills and increase property values. Forests soak up excess water, mitigate flooding, reduce soil erosion, and provide homes for wildlife. A walk in the

Bill Patterson

King City

Don't shortchange our youth's health

From Page 5

We hear that they do not appear to be seriously affected. We hear and see photos of terrible rashes and Kawasaki disease symptoms that may be or may not be related to COVID-19. We hear that COVID, at least in adults, attacks more organs than just the lungs, and its longer term impacts will not be known for years, perhaps decades.

Please do not shortchange the health of our youngest with short-term optics that they will be unaffected.

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forest can strengthen the immune sys- planting trees and strengthen the tem and reduce blood pressure, among other health benefits. And some trees will one day become paper, furniture, art, musical instruments and building material for homes and office buildings - all products that we need for our standard of living and daily wellbeing.

Forests Ontario has the practical experience to assist in a nation-wide tree planting program. Forest Recovery Canada, our national tree planting arm, has planted trees in British Columbia, Alberta, Ontario, Nova Scotia, Quebec, and Newfoundland and Labrador. And we are the only non-profit organization in Canada that oversees all aspects of forest restoration – from seed to forest.

Let's put Canadians back to work

health of our planet. We are ready to be a part of the solution.

Rob Keen, a Registered Professional Forester, is CEO of Forests Ontario and Forest Recovery Canada.

Forests Ontario is a not-for-profit charity dedicated to re-greening the province through the support of forest restoration, stewardship, education and awareness. We promote Canada's greatest natural resource - our forests because healthy forests sustain healthy communities and healthy economies. Forests Ontario is the voice of our forests. Visit www.forestsontario.ca or follow us @Forests_Ontario to find out more.

Mayor urges us to stay upbeat

By Steve Pellegrini Mayor, King Township

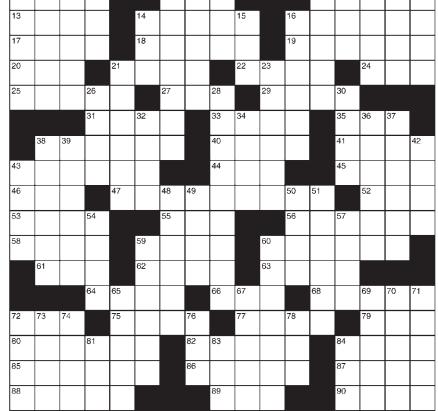
I am always impressed with the great people of King. As we begin week 13 of COVID-19 isolation, the people in our community continously support each other to help make life better, safer and healthier and they are often having a bit of fun, too! Thank you King!

We are not insulated from the rest of the world, however, and with all that is happening. I thought I would share my perspective as the news lately is characterized by negativity around humanity and its existence; evil and terrorism; poor environmental management; COVID -19; body pressure on our youth; and the list of problems goes on. One reads that the doomsday clock is being adjusted closer to destruction, despite the fact that the world is, in many ways, better than ever.

I believe in humanity and the good in all of us. We can all help spread a positive message as the vast majority of this world actually agrees with the basic good values of life. We all have a responsibility for both our own lives and those of the society in which we live, regardless of culture, skin colour, religion, gender, etc. We can each choose to be kind to our fellow human beings and show empathy for one another.

On a lighter note, they say during this pandemic that you either get fat, get fit, get pregnant or get a dog. Well I have made a conscious decision to change my current path, however, my lovely wife is not convinced about a sixth child! Stay safe, stay strong!





ACROSS

1. Bone-dry 5. Health farm 8. Chest 13.Command to a canine 14.Hindu title 16.Supervise 17.Spoken 18.Eat away at 19. Hole for a shoelace 20.Slippery stuff 21.Faction 22.Carpentry joint 24.Golfing device 25.Beat 27.Astronaut's affirmative 29.Make indistinct 31. Gifts of charity 33.Cyrano's feature 35.Arctic abundance 38.Rivulet 40.Comply with 41.Epic tale 43." Weather" 44.____ ton soup 45.Door handle 46.Upper-body limb

47.Long short story 52.Struggle (for)

53.Crowd noise 55.Pub order 56.Struck with sudden horror 58. Toward the center of 59. Wearing clothes 60.Apprehend 61.Obtained 62.Wedding symbol 63. Angler's tool 64.Woeful expression 66.Shapely curve 68.Herring 72. Wayside lodging 75.Concept 77. Untidy situation 79.In the past 80.Trucker's fuel 82.Vine 84.Coyote State: abbr. 85.Make mad 86.Shade of purple 87.Icicle's spot 88.Grasslike marsh plant 89.Under the weather 90.Brown songbird 42.Egg on

DOWN

1. Young sprout 2. Ghostly 3. Domain 4. Pipe joint 5. Cutting remark 6. Slide 7. Benefit 8. Louisiana marsh 9. Dollar bill 10.Shaker's filling 11.S-shaped molding 12.Apportion 14.Realize 15.Bunk or canopy 16. Musical potpourri 21.Long-faced 23.Agreement 26. Young salmon 28.Wisdom 30. Take a chance 32.BLT topping, to a waitress 34. Musical instrument 36.Tent material 37.Self-centered person 38.Mighty 39.Love apple

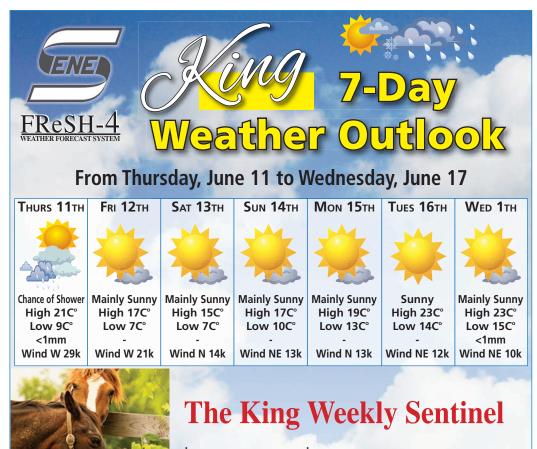
Copyright © 2008, Penny Press 43.Indian outfit 48.Suitcase 49.Spirit 50.Container weight 51.Exit 54.Roster 57.Improve 59.Nursery furniture 60. Munitions depot 65.Loyal subject 67.Dress size 69. Airport device 70.Fiber plant 71.Subway coin 72.Roman date 73.Diamond team number 74.Dull person 76. The total amount 78. Anatomical pouch 81.Hang down 83.Roman three 84.Emulate a tailor

> Solution on page 15

EKing Weekly Sentinel

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Team effort leads to mask donation to King Fire

By Mark Pavilons

The King community never ceases to amaze.

Two local business professionals spearheaded the move to outfit King Fire and Emergency Services with some custom-made masks.

Entrepreneur Lisa Iafrate has been a King Township resident for over 24 years. She is an entrepreneur who designed and manufactured a special microfibre towel through her company, TaLii Towels, named after her daughter Talia.

She had two offers on the hit show Dragons Den that helped promote her business. TaLii Towels attended between 90 to 140 trade shows, festivals, street fairs annually. The CNE was among the biggest, but this year everything changed.

She employs six summer university students who depend on this income for back to school. They are all local King Township kids who attended King City Secondary with Talia. She also employs four local moms who are in-office staff.

Iafrate repurposed her products to create masks, made of the soft TaLii Towel fabric.

Two weeks ago, Lisa met Susan and Stephanie Zacchigna, who fell in love with the idea of supporting Lisa, her team of three local businesses and their seamstresses.

Susan, a 50-year resident, ordered custom masks for her Real Estate Team. That was only the beginning. Seeing the quality and craftsmanship, as well as loving the idea to support local businesses whenever possible, Susan ordered more custom masks for a few of her clients with their own store logos on them.

Susan also presented a mask to her 86-year-old mother Mrs. Sheila Eckart of Nobleton, who also fancied the fit and the feel.

Around this same time, Sheila had been reminiscing about past Victoria Day celebrations and the unfortunate cancellation of the event this year due to COVID-19. Sheila and her late husband John Eckart, had been watching the Victoria Day Parade & Firework displays held in the Nobleton Community for the past 49 years. They had trekked out each year to watch the parade in front of the Station 38 Fire Hall and out to the arena grounds to watch the fireworks each and every year. In more recent times, they would watch the fireworks from their



back porch.

Sheila had only ever missed one year of fireworks - on the evening of Victoria Day 5 years ago when she broke her hip. She had apologized profusely to the Paramedics that they would be "missing the most spectacular fireworks display in the world" during her ambulance ride to the hospital. Laughing back at this memory, Sheila decided then that she would like to do something special for the local firefighters who not only put on "the most spectacular" firework display every year, but watch over our community each and every day and night.

Today, in honour of John Eckart, her husband of 63 years, Sheila donated 175 customized masks to the King Township Fire & Emergency Services. She would like to thank our wonderful men and women who protect the rolling hills of King Township, and with these masks, to help protect those who risk their lives to keep the citizens of the King Township community safe. Susan and Stephanie also donated 175 face shields to the department.

The masks and face shields were presented to volunteer firefighters from the King City, Nobleton & Schomberg stations Monday.

"The Township of King Fire & Emergency Services is very grateful for the generous donation of TaLii Towel masks and face shields. The custom made masks will be used by our staff in non-emergency situations where physical distancing is either not possible

or practical," said Deputy Fire Chief James Arnold. "As an essential service we are required to continue our operations and we follow strict safety precautions. These masks will offer an added level of safety for staff while inside the station and in close proximity to other staff, while in the public or crowded areas, in the apparatus with other staff and during training drills."

Mayor Steve Pelligrini was in attendance and he was presented with a custom King Township "King Strong" version.

Please continue to support all of our support these fine companies.

local businesses. In supporting a local business, you are supporting local families.

These are all the businesses that support our local food banks, sport teams, churches, schools, golf fundraisers, our horticulture society and museum just to name a few.

TaLii Towels is also looking to hire local seamstresses with professional grade sewing machines. Please contact Lisa at info@taliitowels for further inquiries.

Order online www.taliitowels.com to

Friends of We Care holds virtual gala

Join Friends of We Care online as they move their annual gala to YouTube Live for the first time ever. Tune in from the comfort of your home as they celebrate their biggest achievements of the year, award long-time supporters, and bring you entertainment and great prizes for a fun social distancing night!

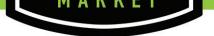
The event will be held Friday, June 12 at 8 p.m.

Connect with your fellow gala guests on the interactive live chat! They are also taking their Best Dressed contest online, too! Wear your best outfit, snap a pic, and post it on Instagram with the hashtag #WECAREVIRTUALGALA.

Dress up in a tux or ballgown, dress down in a onesie, or get crazy with last year's Halloween costume. Viewers at home will get to choose the winner by liking their favourite picture. The one with the most likes by the end of the broadcast will win a great prize!

Check out www.friendsofwecare.org for more.







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Business, Finance & Real Estate



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Local entrepreneur promotes 'King strong' with masks

By Mark Pavilons

In King, everyone works together. That's how a local entrepreneur is keeping her business going strong.

Using local employees from across King, Lisa Iafrate, of TaLii Towels, has repurposed her product line. She now makes good quality face masks, tailor made with images and slogans.

She met up with King Mayor Steve Pellegrini recently to showcase the masks, with a hometown message "King Strong."

The custom masks are made to order and are made to suit everyone. The entire family can be outfitted with their own design, making them stand out from the rest of the pack.

This new idea is something that kids even love to wear.

Iafrate noted it's an example of a "King trifecta" – utilizing resources and people from Nobleton, King City and Schomberg. She's rehired three of her staffers and the new product is providing six seamstresses with work.

The items are all made in Canada,

and TaiLii has been supporting local churches and sports teams.

In her masks, there's a wire on the nose piece to singe together and this helps reduce fogging glasses. There are hair elastics for over the ears, so hair won't get caught, and they don't stretch out over time with constant usage.

Iafrate said these are great for companies with employees slowing going back to work. TaLii can also place your corporate logo on the masks, expanding their impact.

TaLii towels became well known because they are super-absorbent, anti-bacterial, quick-drying, compact and eco-friendly. They are similar in feel to soft suede that doesn't catch on your fingers. TaLii towels are 75% thinner than regular towels; dry 70% faster and hold 500% more water.

She offers a vast array of colours. From corporate promotional items, to must-haves at the beach, pool or in your linen closet. TaLii towels are the new trendsetters.

For more, visit www.taliitowels.com

Group holds virtual job fair in York

The Workforce Planning Board of York Region is a not-for-profit community based organization, funded by the Ministry of Labour, Training & Skill Development. It's collaborating with all Employment Ontario service providers in the Region to provide a Virtual Job Fair for both local employers and our residents who are prospective job seekers as we begin the recovery from the current Covid-19 pandemic. This "Virtual Job Fair" provides employers access to local talent in an efficient way and is a great opportunity for residents to connect with businesses that are seeking local talent. This recruitment technology is free for both employers and job seekers while ensuring a safe alternative for both parties to accomplish successful results. The York Region Virtual Job Fair will take place June 17, from 11 a.m. to 2 p.m. People can register to participate at no cost at the following link: https://app.brazenconnect.com/events/EmKriJ

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Lecce calls for action to confront racism at board

Stephen Lecce, Minister of Educa- families and students continue to feel isolated, victimized, and targeted. "It is clear that we must continue our work to confront racism - specifically anti-Black racism - within our schools across the province. Our Government will continue to drive change, demand improvement, and stand-up for students who face hate and racism." The Review Team conducted an extensive consultation between December 2019 and February 2020 which included interviews, community and student consultation sessions, and written submissions. Based on the Reviewers' Report and Recommendations, the Minister issued 27 binding Directions to the PDSB on March 13. Huggins submitted her report to the Minister on May 18. Under the Education Act the Minister may give directions to the PDSB to address any evidence of non-compliance or potential non-compliance disclosed in the Investigator's report. On June 8, the Minister provided a direction to the PDSB in response to the Investigator's report. The Board is required to demonstrate to the Minister's satisfaction that the members of the Board can sustainably work together, and with the senior management team, to provide good governance in the interests of all students of the PDSB. This direction requires that the Board provide the Minister with a with a plan to address the key findings in Ms. Huggins's report. This direction must be



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tion and King-Vaughan MPP, called for action on racism, following the release of an investigation report on the Peel District School Board, by Arleen Huggins.

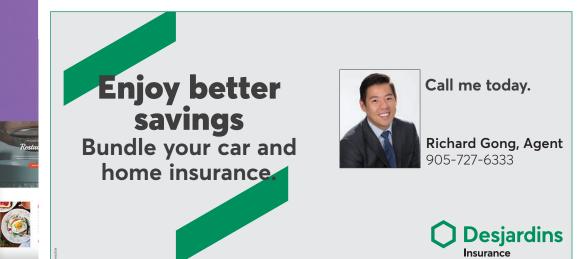
"We are determined to confront all forms of racism, discrimination, and hate, against all minority communities in our province. For too long, too many kids have been left behind due to systemic frameworks that perpetuate racism. This is unacceptable and must change," Lecce said.

In November of 2019, he swiftly ordered an investigation into the PDSB, following serious allegations of racism. On April 27, he appointed Arleen Huggins, a lawyer and human rights advocate, to investigate the PDSB's capacity to comply with ministry directions.

"Her report reveals the need for real change within this board and provides a necessary component to ensuring these issues are addressed immediately and effectively.

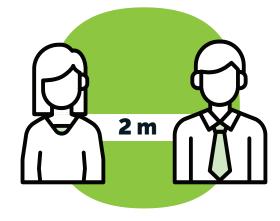
"Most troubling, her report finds that certain directions have not been complied with, and moreover, that the PDSB lacks the capacity to provide good governance in the interests of all students of the board and to effectively carry out its responsibilities to oversee and ensure proper compliance with my directions.

"As outlined in the Education Act, I am required to provide a final opportunity for compliance from the board. My expectation is clear: the board must change, or I will take further action. We cannot and will not sit idle, while met by June 22.



We're Making a Difference to Keep Each Other Safe from COVID-19

As businesses begin to reopen, we all need to continue our efforts to protect each other.



Practice physical distancing. Stay two metres

away from others



Wear a face covering when physical distancing is a challenge



Wash hands thoroughly and often

Inside or out, stay safe. Save lives.

Learn more at **ontario.ca/coronavirus** Paid for by the Government of Ontario





Many health benefits of enjoying our green spaces

you ever considered how our green spaces contribute to our health? Studies show that green space and landscaping contribute to health, happiness, and intellect.

It's natural to long for spring when it's cold outside. But did vou know, there's a good reason why you may pine for green? Living landscapes are an important part of the outdoor lifestyle that Americans enjoy, but the benefits go beyond the barbeque and backyard baseball. Green spaces are necessary for your health.

"The advantages of grass and landscaping surpass the usual physical benefits that result from outdoor activity," said Kris Kiser, president and CEO, Outdoor Power Equipment Institute (OPEI). "Numerous studies have found that people who spend more time outside or are exposed to living landscapes are happier, healthier and smarter. As you get ready to get outside this spring with your lawn mower and other outdoor power equipment, it's great to know being outside is good for you."

Researchers have studied the impact of nature on human well-being for years, but recent studies have found a more direct correlation between human health, particularly related to stress, and the importance of people's access to nature and managed landscapes.

Getting dirty is actually good for you. Soil is the new Prozac, acneuroscientist at the University of Bristol in England. Mycobacterium vaccae in soil mirrors the effect on neurons that Prozac provides. The bacterium stimulates serotonin production, which explains why people who spend time gardening, doing yard work, and have direct contact with soil feel more relaxed and happier.

Children who are raised on farms in a "dirtier" environment than an urban setting not only have a stronger immune system but are also better able to manage social stress, according to the National Academy of Sciences.

Living near living landscapes can improve your mental health. Researchers in England found that people moving to greener areas experienced an immediate improvement in mental health that was sustained for at least three years after they moved. The study also showed that people relocating to a more developed area suffered a drop in mental health.

Greening of vacant urban areas in Philadelphia reduced feelings of depression by 41.5% and reduced poor mental health by 62.8% for those living near the vacant lots, according to a study by a research team.

Green spaces can make you healthier, too. People who live within a half mile of green space (such parks, public gardens, and greenways) were found to have a lower incidence of

As you get outside this spring, have cording to Dr. Christopher Lowry, a 15 diseases by Dutch researchers — a Stanford University study found disease, diabetes, asthma and migraines.

> A 2015 study found that people living on streets with more trees had a boost in heart and metabolic health. Studies show that tasks conducted under the calming influence of nature are performed better and with greater accuracy, yielding a higher quality result. Spending time in gardens, for instance, can improve memory performance and attention span by 20%.

> Living landscapes make you smarter. Children gain attention and working memory benefits when they are exposed to greenery, says a study led by Payam Dadvand of the Centre for Research in Environmental Epidemiology in Barcelona, In addition, exposure to natural settings may be widely effective in reducing attention deficit/hyperactivity disorder symptoms in children.

> This applies to adults as well. Research has also shown that being around plants helps you concentrate better at home and at work. Charlie Hall, Ellison Chair in International Floriculture believes that spending time in gardens can improve attention span and memory performance by as much as 20 per cent.

> A National Institute of Health study found that adults demonstrate significant cognitive gains after going on a nature walk. In addition,

including depression, anxiety, heart that walking in nature, rather than a concrete-oriented, urban environment, resulted in decreased anxiety, rumination, and negative affect, and produced cognitive benefits, such as increased working memory performance.

Living landscapes help you heal faster. Multiple studies have discovered that plants in hospital recovery rooms or views of aesthetically-pleasing gardens help patients heal up to one day faster than those who are in more sterile or austere environments.

Physicians are now prescribing time outdoors for some patients, according to recent reports. Park Rx America is a non-profit with a mission to encourage physicians to prescribe doses of nature.

All of these benefits reinforce the importance of maintaining our yards, parks and other community green spaces. Trees, shrubs, grass, and flowering plants are integral to human health. Not only do they provide a place for kids and pets to play, they directly contribute to our mental and physical well-being.

More information can be found by visiting www.turfmutt.com

Library offers curbside pickup

King Township Public Library branches will be offering curbside pickup service beginning the week of June 8.

KTPL is confident that the necessary safety standards for patrons, staff and community can be met, now that appropriate protocols are in place and personal protective equipment (PPE) for staff has been procured. Curbside pickup will be available at all four branch locations (Schomberg, Nobleton, King City and Ansnorveldt) on a rotating basis until further notice. This contactless service is a way for the Library to lend books and materials to the public in a safe manner during a public health emergency like the COVID-19 pandemic. Patrons will be able to place holds on most Library materials. Once a hold is placed, Library staff will contact you to schedule an appointment for you to pick up your materials. Items will be available for pickup outside of your library branch at your scheduled time. "The Library will begin accepting material returns and fulfilling holds in the month of June. Our staff will be provided with masks and gloves, as well as quarantining all returned materials for 72 hours before being checked back in and re-circulated,' said Rona O'Banion, KTPL's Chief Executive Officer. "The safety of the community and staff is our top priority." KTPL is following the orders of the provincial government and will continue to keep everyone informed regarding changes in service offerings through the media, our social media platforms and of course their website: kinglibrary.ca. As always, they are here to help! If you have any additional questions, please email them at info@kinglibrary.ca. Emails will be answered between the hours of 9 a.m. to 5 p.m. Monday through Friday.





HOURS

Monday - Friday: 9am to 6pm Saturday: 9am to 5pm Sunday: Closed



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Staying clean-shaven with two choices during the pandemic

By Mark Pavilons

If you're a man, there's nothing like a smooth, clean shave.

It almost makes getting up in the morning during a pandemic worth-while.

Men tend to be creatures of habit, but since most of our habits have been broken during the past few weeks, what's one or two more?

I've tried electric razors, but have always been loyal to disposable blades in various forms. Even those relatively inexpensive models can be quite spiffy.

I've kept to my own personal favourites, tried, tested and true.

But that doesn't mean I can't be swayed.

Two products, at both ends of the price spectrum, impressed me lately.

I first caught a glimpse of Supply on an episode of Shark Tank.

Husband and wife team Patrick and Jennifer Coddou designed the Supply from scratch, with what they describe as an "obsessive dedication to quality, durability, and functionality."

The single edge safety razor boasts aerospace-grade engineering. Its appearance is striking, so much so that it attracts attention.

Beyond looks, the company guarantees their razors for 100 years against defects in materials and workmanship.

This razor may seem intimidating at first, but once you get a feel for it, shaving becomes close and almost effortless.

The single edge accepts standard "injector" style blades. These blades have been in production for 100 years and can be easily purchased on the company website or other online retailers. Each razor ships with a magazine of 8 stainless steel, American-made injector blades. A pack of blades typically lasts up to six months and only cost an estimated 75 cent per blade to replace.

The all stainless model is built like a fighter jet and it's seemingly indestructible, sleek and futuristic all at the same time.

It even looks amazing at rest.

Yes, it's a bit pricey but it's an investment and built to last. It may very well be the last razor you will ever buy.

Visit https://supply.co

Consumer Savvy

weighted, rubber-grip razor and those German-engineered 5-blade cartridges (with the ability to receive replacement blades routinely by mail).

In the starter pack, you'll welcome the shaving gel, which feels and smells like a high-end product.

Visit harrys.com





Politicians show support for Reena

In response to the global COVID-19 pandemic, City of Vaughan Ward 3 Councillor Rosanna DeFrancesca, joined by King-Vaughan MPP Stephen Lecce, organized a community-led event in support of the Reena Community Residence and other Reena York region group homes. Roughly 273 meals were donated to help Reena staff and front-line workers.

Established in 1973, Reena has been promoting dignity, individuality, independence, personal growth and community inclusion for people with developmental disabilities within a framework of Jewish culture and values.

Reena has grown to provide housing, community participation programs, respite, employment and other supports to 1,000 individuals, (437 of them in congregate care setting in the GTA) with developmental disabilities and their families.

Reena is funded mainly by the Ontario Ministry of Children, Community and Social Services. Reena is also funded by the community through the Reena Foundation and by the United Jewish Federation of Greater Toronto.

"I was proud to join Councillor DeFrancesca and Raptor Superfan Nav Bhatia to help deliver over 250 meals to our front-line heroes at the Reena Foundation. We are all on one team, a team that represents diverse faiths and ethnicities that are coming together to thank these workers and staff for the amazing work they do at Reena," Lecce said.



Delivering Results for King-Vaughan

A wolf in sheep's clothing

On the other end of the spectrum, Harry's razor and its starter kit deserve much praise.

The low price belies this razor's performance. It's like a sleeper in the muscle car pack, boosted by German engineering.

You have to love everything about this product – from the impressive and cheeky packaging to the fiveblade performance and comfort. This could be your next go-to razor.

It glides easily over your facial terrain and I managed to cover my face with just one pass!

You can get Harry's Truman razor set for roughly \$15, and that includes the foundational razor with its

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www.StephenLecceMPP.ca







AUGUST 1st-31st, 2020

Since COVID-19 forced the cancellation of this year's Hike for Hospice, we are pleased to announce The Great 2020 Hospice Activity Challenge! An event that encourages you to employ physical distancing while doing something that keeps you active!

Whether it's a onetime event, a week long challenge or for the whole month, it's your challenge. Get your friends and family involved by joining your team or making a pledge to help you meet your goals.

We want to see photos, videos and hear stories of the fun you're having during The Great 2020 Hospice Activity Challenge! Be sure to share them on social media using the hashtag **#TG2020HAC.**

So on your marks, get set, and register! Together we can all stay active, while showing support for our local hospices!

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Thursday, June 11, 2020 - THE WEEKLY SENTINEL - 13 In Christianity, there's a season for everything

By John Arnott Anglican Parish

We say in nature as in life there is a season for everything and that holds true for Christianity in that the seasons of the church year observe, mark, honour, or celebrate all the main events in Christ's life from his birth through his death and resurrection to the direction he then gave his few disciples to carry his message out into the world beyond Israel's borders.

At this time of year many Christians are observing the long church season of Pentecost once called Trinity (from tri, Latin for 3), which celebrates the coming of the Holy Spirit, symbolized by the flame that appeared above every disciple's head. It infused each with courage and wisdom as they sat at dinner in fear and trepidation to mark the Jewish festival of Pentecost or Shavuot 50 days after Passover (and Christ's resurrection).

In the early days of Christianity there was no special or separate celebration for the Trinity - God the Father, God the Son and God the Holy Spirit (Ghost) who were seen as inseparable equals and existing from before time began as the church leaders held that every Sunday was a celebration of this basic Christian concept.

But in those early years, once Christianity had spread into the Gentile world, differences in the interpretation of Christian concepts began to surface.

Arius, a well educated Egyptian Christian presbyter (leader) in Alexandria, questioned the concept of the Trinity saying the mainstream belief in the Trinity was flawed. He claimed Jesus wasn't equal to God because he was begotten or fathered by God at a point in time, and therefore hadn't existed from before time began.

He also said that because Jesus was only God's son, he was subordinate to God thus he couldn't be equal with God. Although Arius is the best documented promoter of these beliefs, he didn't originate them. Arius's take on the Trinity gained support and for a while threatened to tear Christianity apart.

In 325 AD Constantine, the first Christian Roman emperor, called Christian leaders including Arians to a council in Nicaea (Iznik in modern Turkey) and the Arian ideas was soundly condemned. Here the Nicene Creed was

SCHOMBE

the Apostles' Creed, affirming the traditional concept of the Trinity is said every Sunday in Anglican churches and many others. All Arius's writings were destroyed and anyone promoting Arian beliefs was considered a heretic and risked being put to death.

But Arianism didn't completely die out reappearing after Constantine's death seemingly stronger than ever. By the time of the church councils held in Sirmium (modern Sremska Mitrovica in Serbia) between 357 and 359 AD this concept was accepted on almost an equal footing with the traditional concept of the Trinity. And Constantius 11 who succeeded his father Constantine as emperor was sympathetic to Arianism. Some very early medieval kings were strong supporters of Arian ideas. The Anglican Parish of Lloydtown notes that Arianism still exists in 2020. 18th century Sir Isaac Newton one of the most influential scientists of all time is considered semi Arian in his ideas on Christianity and some smaller Christian denominations today have Arian-like beliefs.

By the 5th AD century Trinity prayers and hymns were made part of most Sunday services across the now slowly disintegrating western Roman Empire. In the 11th century Pope Alexander 11 refused to designate a special time to celebrate Trinity as he claimed it was celebrated every week and indeed daily when the "Gloria Patri" (Glory be to the Father and to the Son and to the Holy Spirit) was said but didn't forbid the Trinity celebration being held on the Sunday before Advent (in November) in some churches. It was 14th century Pope John XXII that made the Sunday after Pentecost a special permanent time for honouring the Trinity with white the colour for that day. Gradually as the years passed the time between Trinity Sunday and Advent Sunday became the church season of Trinity with its colour green suggestive of life and living. In most mainstream Christian Churches this season has been replaced by Pentecost but with the colour green, a reminder of Trinity, retained.

During this dark time in Lloydtown Parish one way our faith is being strengthened to give us courage to face the days ahead is being connected by a telephone conferencing setup with fellow parishioners under the guidance of teractive Morning Prayer service in the contact bishopgeorge@sympatico.ca

written of which the shorter version, Bishop George Elliott ret'd each Sun- safety of our own homes. June 7 marked day morning for a 10:30 a.m. for an in- Trinity Sunday. For more information

Seneca students connect with seniors

Loneliness is high during the COVID-19 pandemic, especially among seniors in the GTA. But a group of students, graduates and faculty from Seneca's Social Service Worker - Gerontology (SSWG) program at King Campus are hoping to ease those feelings of isolation.

The Social Service Worker Gerontology Response Team was organized by Seneca students and new graduates along with the support of alumni in the field and the guidance of their SSWG professors. The team is lobbying for change and making phone calls to seniors who are isolating at home or living in long-term care facilities.

Team organizers include Elaine Beemer, a new graduate who is part of the sandwich generation in caring for her mother and other older family members.

Alison Drenikow, a current student who lost her parents at a young age and feels driven to reach out to older adults.

Tova Houpt, a new graduate who was feeling powerless and wanted to do something but was unable to join the front lines.

The team is also collecting donations for tablets, CD players and fidget boards for seniors to enhance their ability to communicate with loved ones, provide entertainment and assist those with Alzheimer's Disease and dementia.



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TMS Class of 2020



Abby Marks Head Girl

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- Career Aspirations: Medicine
- Joined TMS at 18 months
- TMS highlights: drama, field hockey, and student council.

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Gauthaman Ramesh Athletics Chair

- Attending Rochester Institute of Technology (RIT), Finance and Varsity Baseball, Fall 2020
- Career Aspirations: Investment Banking
- Joined TMS in Grade 4
- TMS highlights: house captain and athletics chair

"During my time at TMS, I've learned how to be a better leader through my roles on student council as well as in Athletics."



Alisa Faingersh Head of Houses & Valedictorian

- Attending McMaster University, Arts and Science, Fall 2020
- Career Aspirations: Art
- Conservation and Preservation
- Joined TMS in Grade 8
- TMS highlights: TMS band and house council

"TMS has taught me to seek opportunity. I plan to approach university and life with this attitude that TMS nurtured within me."

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Caledon native never expected his season to end

By Robert Belardi

Cancelling a sports league is a rarity. From amateur all the way to professional, it's not something every organization wants to do.

In some cases, it's the most plausible solution. The 1919 Stanley Cup finals between the Montreal Canadiens and the Seattle Metropolitans is the perfect example. After game five, the fight for the cup was cancelled due to the Spanish Flu. Most of the Canadiens' players and coach George Kennedy fell ill.

When the NBA, MLB and NHL suspended their years it was no surprise. Other pro leagues across the globe have done the same, as they continue to seek viable solutions to resume play safely.

The German Bundesliga has resumed play with no fans in the stadiums and coaches must keep their distance between one another.

But for other leagues it was paramount for those organizations to cancel the league outright. At least, they felt it was the right decision.

The International Ice Hockey Federation (IIHF) has cancelled the world junior hockey championships this year. The National League in Switzerland, the Kontinental Hockey League (KHL) and the Austrian Hockey League (EBEL) have done the same.

The American Hockey League (AHL) announced on May 11 their season will also be cancelled.

President and Chief Executive Officer David Andrews, in his final year in the position, made the call.

The league standings will remain the same; without a Calder Cup champion.

> QUARTER VALLEY RIDING SCHOOL

Much to the surprise of all the players, Caledon native and Rochester Americans winger Brett Murray, has never experienced his hockey season to be shut down; especially, right before the playoffs. He says, he never expected this.

"I never expected it to happen. When it did happen it was new, it was a new experience. It was weird for sure, we're in playing city in mid-March. It's when you're about to kick-off playoffs," Murray explained, from his new home in Collingwood, Ontario.

It's his first, pro-season since being drafted by the Buffalo Sabres, 99th overall in the 2016 draft.

The 6'4, left-hander, has been at full throttle all year long, amassing nine goals and 15 assists in 55 games.

It's been quite the adjustment, but for Murray it's another obstacle. He's been living in a hockey family all his life. To be playing the sport at a professional level is all he ever wanted.

His father, played junior in Bolton. He has instilled the passion and excitement in the sport between Murray and his two sisters.

Although growing up watching the Leafs, Murray idolized one of the greats to ever play the game; five-time Stanley Cup champion (twice as a player and three times as an owner) Mario Lemieux.

When Lemieux left the game in 2006, Murray watched his successor along with others, very closely.

"I always loved watching Sidney Crosby. You can't, not love watching him play. Jeff Carter is a similar player. I like to style my game after Jamie Benn. Those are the guys I



looked up to."

Murray, began his playing career with the Schomberg Red Wings and then moved to the Caledon Hawks.

When his bantam year rolled around, Murray found a place in the Toronto Nationals AAA roster. But, a sudden switch the next year to the Brampton 45s Minor Midget AAA side to join Caledon native and forward for Clarkson University Jack Jacome, was a pivotal decision.

"I thought for progression in my hockey career, it was the best move at the time. It turned out it probably was the best move," Murray said.

Turns out Murray wasn't wrong, because the Oshawa Generals selected Murray 236th overall in the minor midget draft that year.

Although it was heavily rewarding, the opportunity to play with the Generals didn't arrive.

Murray moved on to The Hill Academy, a prep school specific to the NCAA

south of the border. He played half a season with the Youngstown Phantoms in the USHL before beginning his life at school at Penn State.

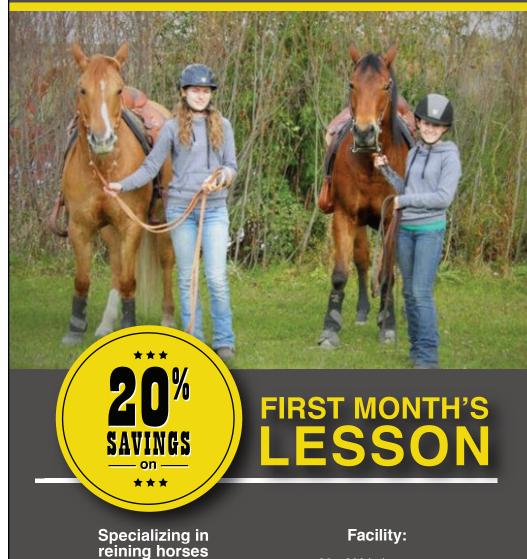
Following two seasons, struggling with the university's hockey team, Murray went back to the Phantoms.

He says consistency was his problem. One of the challenges he faced throughout these three years. In his first full year with the Phantoms, Murray racked in 76 points. Not bad finding your feet again, enough to earn a pro contract as the cherry on top.

With the Americans, Murray says the AHL is a league of maturity. He is no longer competing against younger players. There are athletes of all ages and everybody is fighting for a spot.

"You got to come in day in and day out because someone is gunning for your spot. They're going to be trying no matter what. I think that was a big adjustment."

The nerves have settled from his



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Look for us on Facebook and Instagram route. With The Hill Academy U16 prep, Murray recorded 40 goals and 47 assists.

He was invited to try out for the Carleton Place Canadians the year after in the CCHL. He joined the team and made it all the way to the RBC Cup.

But that year was bigger than just a successful season. That year was when his name, ended up on the central scouting list.

"That was the big moment. When that list first came out and my name was on it, it was a real eye-opener for sure. It was really cool. I think that was the time, I thought, if I really put my head down and work at this eventually, I can possibly have a career," he exclaimed.

And turns out the opportunity presented itself. The Buffalo Sabres selected Murray in the draft.

From there, Murray travelled down he'll see what happens.

first game. The limelight isn't so bright anymore. It's all about playing hockey and enjoying it professionally. Murray says that even his return to Toronto in front of his family against the Marlies was memorable. Playing in the city he idolized from a young age, was a moment he'll never forget, although the Americans suffered a 5-2 defeat.

As of July 1, his contract will expire. He is forever thankful to be a part of the Buffalo Sabres farm team. He says owner Terry Pegula and his family have treated him with the utmost respect.

He wants to be a part of the Sabres. He is a fan of how the organization has built their squad with the likes of Jack Eichel and Rasmus Dahlin leading the way.

Right now, Murray must wait until the free agency market opens up and he'll see what happens.





By Wendy-Sue Bishop 905-590-0054 wsue52@hotmail.com

Schomberg Community Farm

The Schomberg Community Farm is looking for oversized planters and containers so they can increase their herb collection, to produce herbal tea. If anyone has any, that they no longer want, they would love to have them. Contact schombergcommunityfarm@gmail.com

York Pines United

While the church building is closed, York Pines United Church continues to offer Sunday worship services. Services are pre-recorded and released via YouTube Sunday mornings by 10 a.m. Please go to http://www.ypuc.ca

Sheltered among the tall pines is a congregation of creatively faithful

people called the York Pines United Church. Here God's word is proclaimed; community is formed; supportive service happens, and change is embraced. Welcome to our website (www.ypuc.ca) and look under calendars for the URL to the service. Rev. Andrew Lee and Rev. Bruce Roffey, along with Sunny Rakovac, New Hope United Church music director, and volunteers from York Pines, King City and New Hope United Churches prepare a wonderful service each week. Please join us in worship.

Nobleton and Schomberg United Churches

We, like other churches have currently suspended in person services. Each week I do a condensed recorded service that is sent out to my e-mail contacts. If you would like me to send this directly to you please let me know. The service is also available on the Nobleton United Facebook page and the YouTube channel.

I am also sending out links to music as well as a "Happenings" newsletter as other ways to connect with each other. If you don't have computer access and are interested in what is going on, I'm happy to drop off a text copy of the service or newsletter at your home.

You can contact me at ministernobletonschomberg@gmail.com or leave a message at the church at 905-859-3976.

Anglican Parish By John Arnott

May 31 marked Whitsunday, the 50th day after Easter and the descent of the Holy Spirit in the form of tongues flame above the heads of each of Yeshua's followers gathered to celebrate the Jewish festival of Pentecost, held 50 days after Passover. It coincided with the spring harvest and the day hundreds of years earlier when God gave the Torah, first 5 books of the Bible's Old Testament, to the Israelites making their way to the Holy Land.

For many years Christians, who would become Anglicans, Methodists or Roman Catholics, celebrated Ascension and Whitsuntide, the week following. In medieval England peasants who worked on a lord's land were given

a holiday at this time. And up until 1971 Whit Monday was still a holiday in England but it was replaced by the Spring Bank Holiday on the last Monday in May. Still in parts of the Old Country Whit Walks - parades with brass bands and choirs - are held with girls participating all dressed in white.

This gives rise to another meaning for Whitsunday, which be White Sunday and takes us back to early Christian times in northern Europe when adult outdoor baptisms were held during Whitsuntide. In the warmer climates of the Mediterranean region outdoor baptisms were held at Easter but Eastertide could be too cold in the north for this to happen so Whitsuntide was given the nod. And baptismal candidates all dressed in white would parade from church to a nearby pond, river or lake for a full immersion baptism as Yeshua did with John.

Today Whitsuntide if recognized at all falls during the first week of Pentecost.

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It is with a heavy heart that we share that Arthur Ouwendyk passed away at the Eatonville Care Centre in Etobicoke on Monday, June 8, 2020. He was approaching his 83rd birthday. Art was born in Den Hoorn by Delft, Netherlands and is predeceased by his parents Hendrikus and Barbara Ouwendyk, and siblings John (Christine), Pete, and Margaret (Joe). Father to Michaelene (Elmer) and Eric. Loving Grandpa to Courtney, Lauren, and Joshua. Art will be greatly missed by brothers Jack (Patricia), Hank (Gertie), and Tony (Linda) and sisters Dora (Bert), Mary, Rita, Nellie (Phil), Lynne (Don), Ann (David), Bernie (Karl), and Corry. He will be greatly missed by his special friends Cor and Toni and his many nieces and nephews. Art had a love for life and family. All who knew Art would say his name was synonymous with gardening; no matter the plant. Plant life simply flourished under his care. Throughout his last months, he was able to see Michaelene's gardens thrive through the many Skype calls that they lovingly shared. We will miss his great sense of humour and contagious smile. We are grateful for the support of our extended family and friends, and for the wonderful care provided to Art by the staff at Eatonville Care Centre. A celebration of life will be held in the future. In lieu of flowers, donations to Eatonville Care Centre (Resident's Council) or a charity of your choice would be appreciated by the family.

706 GRADUATIONS



Kim Hesketh and Mark Pavilons are proud to announce the graduation of their daughter Alexandria Hesketh Pavilons from Western University. Lexie earned

a Bachelor of Arts, in the faculty of Arts and Humanities with a double major in SASAH (School for Advanced Studies in the Arts and Humanities) and Global Development. She also earned a minor in Transitional Justice and Post-Conflict Reconstruction. She hopes to continue to her humanitarian work around the world.

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Nobleton Notes

By Angie Maccarone 416-917-0406

St. Paul's is online every Sunday via our public Facebook page. At 10 a.m., facebook.com/stpaulsnobleton visit and join us live for a time of worship! If you can't make it at 10, you are welcome to visit stpaulsnobleton.ca/worship to watch later on.

Bible Fun Camp will be an at-home. online experience this year! We understand parents' concerns for kids' safety, so we're taking the physical distancing approach to our summer vacation Bible school for 2020 by putting it on our website. If you're interested in engaging your kids with a fun, Bible-centred online camp experience, send an email to secretary@stpaulsnobleton.ca and we'll get you registered. There will be a nominal cost of \$20 per household to cover activity packs that will be delivered to your front doorstep.

For more information about ANY of our activities or events, please contact the church office (905-859-0843) or visit stpaulsnobleton.ca. Feel free to join in the live Q&A after the service!

Jeff's messages are posted at www. passionatelyhis.com each week. They are also available for viewing on Facebook Live, on the church's Facebook page (@stpaulsnobleton) and its You-Tube page (search St. Paul's Church, Nobleton), and our website, stpaulsnobleton.ca.

Nobleton & King City Garden Club

The Evening Garden will be presented June 22 at Nobleton Community

9 p.m.

Renowned garden designer, Wolfe Bonham, will be enlightening us with innovative and creative garden design for after dark. Come ask questions and see how you might expand the potential and the enjoyment of your garden, longer and later into the evening and nighttime hours.

Contact Nobleton/King City Garden Club at nobletonkingcitygardenclub@ gmail.com. Visit our Facebook page!

Nobleton Lions Club

Your Nobleton Lions Club is alive and well and practicing physical distancing, as mandated by health authorities. Like many other groups, we meet via Zoom at our regular meeting times, and continue to operate to the extent allowed. The Club has proactively reached out to those organizations which we usually support, to offer financial aid in line with what we typically provide.

Events that have had to be cancelled for this year include the Easter Egg hunt in Pottageville, the Golf Tournament (which is the club's main fundraising event, held normally at the start of June), a spring poker night, and Victoria Day Parade and events participation.

The annual Walk for Guide Dogs has been postponed, as we are hopeful of hosting the event later in the year. While we all have learned how to socially distance, our furry friends may not have learned this new trick as yet.

Stay tuned to this space for updates as they become available.

Hopefully events scheduled for the fall and winter may be permitted when the time comes. Updates will be shown on the club's website at https://e-club-

Hall, 19 Old King Rd, Nobleton, 7:30 to house.org/sites/nobleton/ Also located on the homepage of the website is a poster contest for kids between 5 and 19 which runs until June 1, offering a chance to win a \$200 prize.

> Of note is a new service that the club is offering to people in self-isolation and others unable to leave their homes. The Lions are providing a free delivery service for Pharmasave prescriptions. Just call Club president Rick Evans at 1-905-806-9988, and we will drop packages outside your door.

> In the meantime, we still welcome prospective new members. You may join us as a guest via Zoom at an upcoming meeting by contacting our Club president. From all of us to all of you, please respect the guidelines from our health authorities, and Stay Safe! We're in this together!

Anglican Parish By John Arnott

"Ring around the rosies, Pocket full of posies, A-shoo a shoo,

All fall down!"

Could this popular, happy care free nursery rhyme long popular hold a dark meaning? Over the years some researchers, history buffs and writers have connected it to one or more of the pandemic plagues that swept through Europe especially Britain way back when. People sought any protection they could from deadly disease spreading like wildfire across the country and some folk in medieval times stuffed their pockets with medicinal herbs, covered mouths with cloths to contain their sneezes and coughs then holding hands possibly to give comfort to one another. In spite of their best efforts they usually died.

The St. Alban's Anglican community in Nobleton Notes that pandemic plagues have scourged our world for millennia even before the biblical plagues that struck Egypt and beyond. These pandemics, most man made, were and still are fueled by poor or non existent hygienic conditions, contaminated water improper handling of sewage including domestic animal waste and that spectre of modern technology chemical waste.

In 2011 archaeologists discovered a prehistoric village they have since named Hamin Mangha in northeastern China dating back to 3,000 BC and their digging uncovered the ruins of a house which held the skeletal remains of some 97 people teenagers to mid-lifers packed into it. As remains showed no signs of trauma other than from being jammed into this structure which was then set on fire scientists now believe these people died of some fast acting deadly but unknown communicable disease.

Earlier in the '20s another large ancient burial site had been discovered also in northeastern China near Miaozigou and dated to roughly the same period. When closely studied conditions here strongly resembled those found at the older but later discovered site. Most archaeologists and scientists now feel what ever virulent disease decimated these two prehistoric villages going back 5,000 years spread rapidly across northeastern China and beyond taking many lives. Miaozigou recovered but the surviving people of Hamin Mangha never returned.

Parishioners in the Anglican Parish of Lloydtown say thank you so very much to all front line workers. You are ever in our thoughts and prayers. God bless.



King's Corners

King City United By Sheryl Sinka

Last Sunday's worship entitled Our Extravagant God is available on our website at kcuc.net. Worship on Sunday will continue to be provided online and we are monitoring the guidelines from the province as we begin to see our province move into phase 2 of reopening. We will keep you updated as quickly as we can.

The Women's Prayer Circle is still "open for business," and we can still pray together, even if not in person. Although our weekly Tuesday morning meetings at the condo building on Burns Blvd. are still suspended, they will resume as soon as the government rules are relaxed. Meanwhile, if you need prayer, for yourself or a loved one, please call Deana at 905-833-5375 and your request will be shared by phone with other prayer sisters. Surely we all agree that prayer is needed now, more than ever. Be still and be well.

If you are in need of assistance please contact the office at 905-833-5181 and leave a message.

Ministers can also be reached by phone – Rev. Andrew Lee, 416-999-5615; Rev. Bruce Roffey, 647-500-9138. The website is kcuc.net

St. Andrew's **By Kathy Patterson**

How can we bless you during this very trying time? Please contact us at the numbers below.

Lynn Vissers has encouraged all of us to continue to worship in our homes Sunday mornings and suggested that

we tune in to her son, the Rev. Grant Vissers's service from Knox Church, Waterdown on Sundays. He will be live-streaming each Sunday at 10 a.m. There is a link on our website: http:// standrews-kingcity.ca

The Women's Prayer Circle is meeting in spirit! Concerned about COVID-19's impact on you, your family and others? Let's talk and pray. Contact Kathy Patterson, 905-833-0391 or Lynn Vissers, 416-998-4652. May you know God's peace as we cast our burdens upon the Lord, for He does care for us. Philippians 4:6&7. When we're able, Prayer Walks will take place on Tuesday mornings.

Grab a coffee or a cup of tea and meet via Zoom with Lynn Vissers and others on Thursdays at 4:30 p.m. for "Tea and Conversation." Contact Lynn Vissers re topics and how to get set up.

Contact Lynn Vissers if interested in virtual "Art in the Park" classes.

To contact Pastor Niyazi and Irada Bilgen of the Greater Grace Fellowship call 416-878-8499.

For pastoral care please call Lynn Vissers, Director of Congregational Ministries at 416-998-4652 or the Rev. Paul Johnston, our Interim Moderator at 705-341-7738. Our church office phone number is 905-833-2325.

All Saints Anglican Church By Patrick Gossage

Last Sunday was Trinity Sunday marking Christ's commission to his disciples and to us to go out and spread his good news. A message needed now in this tragic time more than ever: Matthew 28:16-20: "Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. When they saw him, they worshiped him; but some doubted. Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me. Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Excerpts from a June 5 letter to the Diocese from The Rt. Rev. Andrew Asbil Bishop of Toronto, on "a week marked by protest:"

"A border between Canada and the United States cannot separate us, nor keep us from the reality that racism and discrimination is part of the fabric of our society too, inherent in our institutions, and expressed by all of us to some degree or another ... On Easter Day, Jesus stood among his disciples and said, Peace be with you, and he breathed on them. In that moment, their eyes were opened to the way they were being called to go – toward reconciliation, toward peace, toward justice. They were being called to love neighbour and even enemy. They were being called to honour the breath in all humanity, a reality that was punctuated by the coming of the Spirit on the Day of Pentecost.

The College of Bishops is committed to walking in the same way. We pledge to continue to wear the mantle of racial reconciliation and healing, to be leaders in this important ministry. We have work to do.

While the Anglican Church of Canada approved a Charter for Racial Justice in March 2004, a policy that supports the Charter has yet to be established. In keeping with the Charter, "Our struggle for racial justice requires new attitudes, new understandings and new relationships, and these must be reflected in the policies, structures, and practices of the Church, as well as in the laws and institutions of society." ... We hope and pray that our efforts might help break old patterns and old ways that keep us from being the love God intended in the first place."

Horticulture **By John Arnott**

For splashes of groundlevel colour in the mid-spring garden you can't go wrong with low growing phlox.

This sun loving, ground cover a native to northeastern into central North America is naturally a bluish mauve but has been hybridized so now comes in shades of pink, magenta, rose, crimson, burgundy, lilac-purple, and white. Subulatae are closely related to phlox-,a wild blue species found growing in damp woods in our area.

Subulatae grow 3 to 4 in./7 to 10 cm high spreading in a mound shape about 18 in./45 cm wide. Each of the myriad of flowers covering every mound sports 5 tiny, wide, flat notched petals that flare out from tiny tube-like bases. The centre of each flower has a dark ring through which the yellow pollen bearing stamens show. The tiny needle like leaves that to the naming botanist resembled miniature awls are actually quite soft and often stay green all year long.

Subulatae, sometimes called rock or ground phlox and sometimes moss phlox or moss pinks, as its thickly soft green needled ground hugging stems have a mossy appearance are not soil fussy. Although it prefers a soil containing some humus it will settle into sandy or gravely quite happily providing it gets some light shade on hot summer afternoons.



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VOLUME 8, ISSUE 6

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Tips to prepare for your next big home project

The planning process is one of the most exciting parts of a home renovation project, and with social distancing keeping us indoors, now is the time to dream big and get ready.

Whether it's a basement makeover, a pool addition or even building a new house from scratch, here are some tips to get started:

Factor in your lifestyle. Think about your priorities and lifestyle – do you work from home without a proper home office? Do you enjoy cooking and entertaining? Is your backyard living up to its potential as an extension of your home? Asking these kinds of questions can help you determine the most beneficial focus for your next project.

Educate yourself. Take advantage of this extra time you have to learn about materials, processes and new innovations. You can make smarter purchasing decisions by finding out the answers to key questions, such as: Is this material mold-resistant? How long will it last? Is this a passing fad or will it stand the test of time? Consider sustainability. Products and materials that reduce your carbon footprint don't just help the planet —they're often better for your wallet, too. When doing your research, look for energy-efficient appliances, windows, walls and more to build a greener home that will last longer and save you money in the long run.

Disaster-proof your design. The pandemic has taught us that sometimes the worst can happen. From natural disasters to fires and flooding, we need our homes to offer as much protection as possible. Whether you're planning an extension to your home, pools and spas for your backyard or a custom-built home, insulated concrete forms from Nudura are a smart invest-



ment.An eco-friendly alternative to traditional materials like wood, ICFs are disaster resilient, designed to withstand wind, fire, tornados, and more.

5 Budget for smart splurges and savings. Budgeting is one of the most important parts of the planning process because you want to spend your hard-earned money wisely. You'll want to splurge on items that will boost your property value, like energy-efficient features, creating more living space and a solid foundation. Upcycling and repurposing furniture, DIY-ing simpler projects like painting, and spending more on nicer hardware but less on cabinets are clever ways to save.

Find more information at nudura.com.



Creating your own backyard oasis

Our backyards are some of the best places to spend the summer months, especially if you're practicing social distancing and are tired of being cooped up indoors. Fortunately, it's possible to transform your outdoor living space into a secluded, open-air retreat.

Bring the indoors out. We often hear about bringing the outdoors inside, but the reverse is also true when designing a luxurious extension of your home. Homey, lived-in touches can take your outdoor space from sterile and unfinished to cozy and inviting. Think patterned throw pillows, fluffy blankets for chilly evenings, outdoor rugs, colourful lanterns, and decorative accessories like painted terracotta pots or metal tins.

Invest in comfy furniture. What's the best part of your living or family room? Chances are it's your comfortable couch or recliner. To recreate the same feeling, splurge on some soft furniture that will make you want to stay outside for hours reading a book or working remotely. It doesn't have to break the bank either — you can DIY a cozy lounging bench with reclaimed wood and hand-sewn cushions with outdoor stuffing and fabric.

Add a relaxing pool or spa. Water has a calming effect and is often linked to our favourite memories at the cottage or on vacation. A pool or spa can help transport you somewhere far away without leaving your home. A pool can help you and the kids get some exercise while swimming laps, while a spa can soothe tired muscles after a long day hunched over your laptop. To reduce energy costs and increase longevity, consider using Nudura insulated concrete forms, which provide superior insulation. ICF pools also can be custom-made to accommodate any design, making them a very versatile and efficient way to build pools.

Go wild with greenery. Live plants can help you feel connected with nature, and tending to them can help you feel relaxed yet productive during isolation. A vertical garden can add visual interest, while trees and shrubs can provide shade and character. Aromatic herbs like lavender or rosemary offer pleasant scents and can spice up your cooking. And don't be afraid to cut some flowers from your garden to place in vases or pots for beautiful finishing touches. Find more information at nudura.com.

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Keep Busy Projects



By Julien Laurion The Big Tuna of Real Estate

BEING COOPED UP IN YOUR HOME during the lockdown has probably given you time to look around and notice little things you can do to improve your home that does not cost a lot but would have an impact on enjoyment. Or, if you are like me, you cannot just sit still. Regardless of the reason, if you are looking for some simple renovation projects you can do yourself, I have a few ideas for you.

A LAUNDRY ROOM UPGRADE.

Typically, washer and dryers are in the basement or in a part of the home that goes unseen. It tends to be the room where we throw a lot of belongings that we have no idea what to do with. However, with minimal investment, you can spruce it up yourself and make your house more appealing when you go to sell. Buying prefabricated countertops and cabinets from the big box stores will save you money and give you a big impact. They are designed with the DIYer in mind, so with a few tools, you can install them yourself. Everyone loves an organized, clean-looking laundry room!

LED LIGHTING.

Switching all your lightbulbs to LED's is an excellent improvement for your home. This is a perfect time to tackle this task, as it does not take a lot of effort and it can help you save some money. I suggest making a list of all the blubs you would need. You can either take a picture of each blub or write down the wattages and style of the lightblub and then head to a big box store and buy the comparable LED replacement. Typically, LEDs are brighter than their incandescent counterpart, so be sure to consider that when buying. LED lights come in various hues, the most common are bright white, sunlight, and warm. The warm hue best resembles the light of an incandescent bulb.

NEW BATHROOM ACCESSORIES.

Replacing some of the fixtures, such as faucets, vanity lighting and even the towel bars, can give a dated bathroom a bit of a lift. Don't let installing a new toilet, faucet or towel rack overwhelm you. You don't need a lot of tools and there are lots of videos online to guide you through it. I remember when I installed a toilet for the first time. I actually was surprised at how simple it was and how fast it can be done! Take your time and find items that you find appealing and not too expensive. There are lots of high-priced fixtures that aren't necessarily better quality but are brand names that have made a name for themselves.

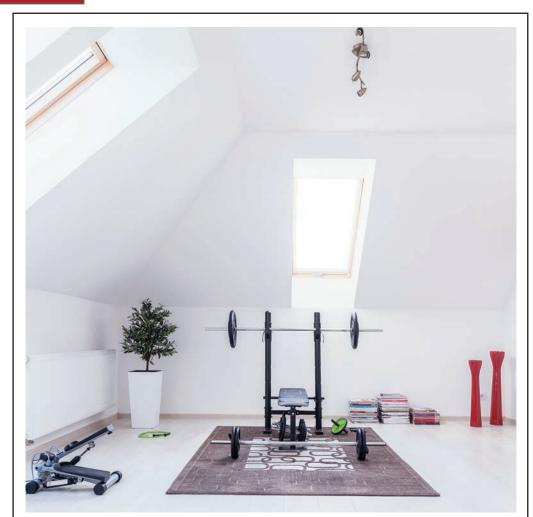
Don't be surprised that you want to keep renovating! A frequent side effect of a small renovation is a bigger one! Be ready to keep on renovating as you will love the new looks you are creating!

This global pandemic has been difficult for a lot of us, however, sometimes just staying busy in our homes can help us feel productive and in turn, may help reduce stress and anxiety levels.

It seems our new normal for a while will be staying in our homes so why not spruce it up a bit and keep busy.

Julien Laurion AKA Big Tuna, is a local Real Estate Sale Representative with Royal LePage Your Community Realty in Aurora. I am a real estate agent who has expertise in both Real Estate and Renovations and have been involved in this community for over 20 years. If you have a question for my monthly article or if you are considering buying, selling or leasing a home please feel free to call or email me directly at (416) 402-5530 or julien@bigtuna.ca or by alternatively visiting my website www.bigtuna.ca or Facebook page @bigtunarealty





How to design a fitness room at home

People exercise for many different reasons. Exercise can improve one's appearance, reduce the risk for illness, alleviate stress or anxiety, and even help pass some time. Exercise is often a social activity, but in the wake of social distancing guidelines issued in response to the COVID-19 outbreak, many people have found themselves looking for ways to exercise at home.

Building a home fitness room has never been a more timely project, and such a project can continue to provide rewards even when life returns to some semblance of normalcy. Here's how to successfully stock a home gym.

FIND A DEDICATED SPACE. A home gym will be limited by the amount of space that can be devoted to workouts. Possible fitness room locations include a spare bedroom, a garage, a basement, or an enclosed patio. Measure the space so you can pick and choose equipment that will fit. Leave some floor space empty for movement exercises or mat activities.

KEEP THE SPACE BRIGHT. Darkness can sap energy levels, so invest in mirrors and adequate overhead lighting to make the space inviting. Natural light can make the exercise area more enjoyable.

CONSIDER THE FLOORING. New flooring can protect against damage and make an area more conductive to working out. Rubber mats can offset echoes and reduce the noise of running on a treadmill or setting down heavy weights.

USE SPACE-SAVING EQUIPMENT. A home gym space will likely not be as expansive as the space inside a traditional fitness centre. Thankfully, many activities do not require a lot of space or equipment. Classic exercises like squats, lunges, push ups, and sit ups require little gear but still produce results. Figure out which equipment you like the most and invest in two or three key pieces. Dumbbells of various weights, a medicine ball and a yoga mat can be all you need to create a versatile, effective workout. A TRX system and a door-mounted pull-up bar also are great space-saving options.

HAVE A TV HOOKUP. A home gym may benefit from a smart TV that you can use to stream workout videos or catch up on the latest news while running the treadmill or using the stationary bike.

A home gym is beneficial year-round, and can be especially valuable when social distancing guidelines are put in place.

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We came across a rural home for sale. It's being sold 'as is' and we have concerns about making the many improvements needed for it. What should we do?



any perfectly imperfect homes sell every year however due diligence on the buyer side is always recommended. Gaining a scope of what may pose an immediate threat, concern or cost would be advisable. Speaking to a REALTOR* who has experience with rural properties is a great start because the conditions and clauses and requirements that would be added to an offer to purchase would be more in depth and detailed for this type of home or recreational use purchase.

Hiring a qualified licensed home inspector to assess the home and provide a comprehensive report would be an important step and worthwhile expense. If there is a septic system the Buyer agent would ask for records but some homes don't have these records for reference. The Seller can obtain septic records if they exist by calling the township and can pass them along to the Buyer. It would be prudent to include a septic inspection and request a representation that the septic has been in working order. Additionally, if the rural property is on a well, water potability or safety will need investigation and testing through the health unit and the home inspector can also test the flow rate of water output. For added assurance UV filter systems are also available to purchase so that water safety is always in check. It would be beneficial to add a note to the offer that the Seller represents the condition of the well listing multiple concerns to ensure it's been in good working order.

If there are improvements required contacting the town in question planning department would also be prudent to understand the ease or process and challenges that come with improvements such as accessibility, expanding the footprint of the home and decks and outbuildings for instance. If the land this rural home is situated on has conservation authorities also noted having a say in improvements, a call to their specific planning department would be advisable for further guidance as it relates to the address in question. There would be specifics also that could be shared with respect to landscaping and what can and cannot be done around waterways. Typically, some improvement proposals are approved by the conservation authority first, then brought forth to the town for a further seal of approval.

Speaking to a lender is important depending on how much financing is required; lending guidelines vary between types of properties and should be understood before placing an offer to purchase. A real estate lawyer will appreciate and prescribe extra steps taken for due diligence so the Buyer(s) are fully aware of the challenges if any that may come with the address in question. Title insurance through a lawyer will not cover all concerns that may come with the 'as is' home described and some lawyers offer home warranty programs which additionally may provide added coverage for heating, electrical and plumbing but may not cover for all concerns. If seeking additional insurance coverage for the home all fine details should be reviewed to eliminate misinterpretation, each insurance coverage provider and policy is different.

Once due diligence has been completed create the action plan for the home and assign the proposed costs and time it would take for upgrades and improvements. How much of the work can be done with sweat equity and how much will need to be purchased and or contracted out? Is the challenge going to increase the equity in the home, will the changes an improvements be affordable? Will this be a fix and flip home or the best start towards a forever home? Proceeding with caution is the best path, discuss the final decision with your REALTOR^{*} if wanting to negotiate for purchase or move on to finding a different opportunity.

- Written by Connie Power

Connie POWER Assistant Manager / Sales Representative CNE® Certified Negotiation Expert, SRS® Seller's Representative Specialist, ABR® Accredited Buyers Representative, SRES® Seniors Real Estate Specialist with RE/MAX Hallmark YORK Group Ltd., Brokerage. Buying or Selling in YORK region or beyond call Connie directly at (905) 726-0856 to book a face to face consultation.

*not intended to solicit anyone under contract.



A buyer's guide to home air conditioning systems



5,7

Few experiences provide as much relief as walking into a cool room on a hot summer day. Air conditioning systems make such experiences possible, and homeowners' decision regarding which one to install in their homes is significant.

Homeowners may not know where to begin when finding the right air conditioning system for their home. According to the Air-Conditioning, Heating, & Refrigeration Institute, the best systems provide steady, dependable performance for many years when sized correctly for the home. Correct installation and routine maintenance also can ensure homeowners' air conditioning systems withstand the test of time.

HOW DO I KNOW WHICH SIZE IS BEST?

When shopping for new air conditioning systems, homeowners must consider a host of factors to ensure they get the best match. The AHRI notes that the home's age, the number and quality of its windows, how well it's insulated, the number of stories it has, and its square footage are among the factors to consider. Homeowners can benefit from working with trained technicians who can investigate each of these factors and recommend the correct system. The AHRI recommends homeowners ask their technicians to perform a Manual J analysis, which is a standardized formula that can help homeowners get the perfect system for their homes.

WHAT ABOUT ENERGY EFFICIENCY?

Energy efficiency is an important consideration when purchasing a new air conditioner for a home. Energy rates vary depending on where a person lives, but rates remain pretty high across the board. The Energy Information Association notes that residential electricity rates increased throughout the United States by about 15 percent between 2009 and 2019. An energy-efficient unit can help homeowners save considerable amounts of money, so homeowners can ask their technicians to recommend energy-efficient units that suit their homes. A unit that adequately cools a home without consuming a lot of costly electricity should be every homeowner's goal. The U.S. Department of Energy employs the Seasonal Energy Efficiency Rating, or SEER, to inform consumers about the efficiency of each air conditioner. This rating is noted on the Energy Guide[®] label on each unit, and the higher the number, the more efficient the unit.

Home air conditioning systems are costly. But the right choice of unit can keep homes cool without costing homeowners a fortune in energy costs.

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Simple ways to prevent dog-related lawn damage



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Dogs love spending time outdoors. Dog owners with yards know that dogs benefit greatly from some exercise in the backyard. While that time might be great for dogs, it can take its toll on lawns.

Dog urine and feces can adversely affect the look and health of a lush green lawn. Nitrogen is essential to healthy soil, but only at certain levels. When those levels are exceeded, the result can be lawn damage. According to The Spruce Pets, an advisory site that offers practical tips and training advice to pet owners, this is what happens when pets frequently urinate on grass. Urine is naturally high in nitrogen, so when pets urinate on lawns, the grass might turn yellow or brown due to the excess nitrogen content. Nitrogen also is present in lawn fertilizers, further exacerbating the problem for pet owners who fertilize their lawns.

In addition to urine damage, dogs can trample frosted grass, contributing to problems that may not become evident until spring, and get into areas like gardens where they wreak additional havoc.

Pet owners who want to let their dogs run free in the yard but don't want damaged grass may be tempted to put their pooches in diapers or confine them to crates when letting them outside. But such an approach isn't necessary. In fact, some simple strategies can be highly effective at preventing dog-related lawn damage.

SPEAK WITH A LANDSCAPER ABOUT PLANTING NEW GRASS

Certain types of grass, such as Bermuda grass, can withstand dog damage better than others. Local climate will dictate which types of grass are likely to thrive in a given area, so speak with a professional landscaper about the viability of planting new grass.

INSTALL FENCING

Pet owners with expansive yards can install fencing that allows dogs to spend time exercising outdoors without granting them access to the entire property. Large dogs will need more room than small ones, but try to build fenced-in areas that allow dogs to run freely and get the exercise they need to stay healthy.

WORK WITH A DOG TRAINER

Dog trainers might be able to work with dogs so they only urinate in certain areas of the yard, greatly reducing the damage they can cause to a lawn. Trainers also might help curb digging and clawing behaviours that can damage lawns as well as gardens.

CONSIDER HARDSCAPING

Hardscaping might be most effective for pet owners with small properties. Hardscaping does not include grass and can add visual appeal to a property while saving pet owners the headaches of dealing with dog-related lawn damage.

Dogs need time outdoors, and homeowners can take various steps to protect their lawns from dog-related damage.







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Tips to successfully grow tomatoes

SLICING INTO THE FIRST TOMATO OF THE SEASON is a much anticipated moment for gardeners. Tomatoes are among the most popular fruit or vegetable plants grown in home gardens. Much of that popularity may be credited to the fact that red, ripe tomatoes have a delicious, juicy flavour that serves as the basis for all sorts of recipes. And since tomatoes can just as easily be grown in a full backyard garden or in a container on a patio or balcony, tomatoes appeal to gardeners regardless of their living situations.

While tomatoes are relatively easy to grow, they are prone to certain problems and pests. Knowledge of what to expect when planting tomatoes and how to start off on the right footing can help produce a season's worth of delicious bounty.

WAIT UNTIL AFTER THE LAST AVERAGE FROST DATE.

Tomatoes can be grown from seeds outdoors in warm areas, but tomato gardeners often find success starting seeds indoors six to eight weeks before the last frost date. Gradually introduce seedlings to the elements for a few hours

each day, increasing the duration of time outside. Then they can be transplanted outdoors when temperatures are consistently over 60 F.

CHOOSE A SUNNY SPOT. Tomatoes love to soak up sunlight, according to The Home Depot. Place the plants in a sunny spot so they can thrive.

SPACE OUT PLANTS. The experts at Better Homes and Gardens say to leave anywhere from 24 to 48 inches between plants to accommodate for growth and ensure the plants will not get stunted.

PLANT DEEPLY. Tomatoes tend to root along their stems. If transplants are long and lean, dig a trench and lay the stem sideways in the dirt, and then bend the top of the plant upward. Snip off the lower branches and cover with soil up to the first set of leaves. This will produce extra root growth and stronger, more vital plants.

Container gardening tips

GARDENING IS BENEFICIAL IN VARIOUS WAYS. The AARP states that some of the health perks associated with gardening include improved mood, increased vitamin D levels (which benefits bones and immune system) and reduced risk of dementia. In addition, if gardening efforts include growing herbs, fruits and vegetables, it can be a cost-effective way to eat healthy.

For gardeners without sufficient space or for those with mobility issues, container gardening can be an ideal way to grow everything from flowers to vegetables. Better Homes & Gardens says most plants are not fussy about the containers in which they grow so long as some of their basic needs are met. This means watering correctly for the type of plant, and ensuring sufficient drainage.

The following are some other ways container gardening efforts can prove successful.

WATCH WATER. Planet Natural Research Center says plants with thin leaves typically need ample water, and plants with thick leaves need less. Use this as a guideline too gauge water needs.

SIZE CORRECTLY. Plants should be sized to the container. Consider dwarf varieties of certain plants if your containers are small.

CHOOSE THE RIGHT SOIL. Fill containers with a commercial potting soil rather than soil from the garden. Garden soil can dry into a solid mass, while commercial mixtures have amendments like peat moss, vermiculite, compost, and other ingredients to help with soil texture and moisture retention.



MIX IT UP. When planting containers of flowers and other greenery, Good Housekeeping says to include "a thriller, a spiller and a filler" as a good rule of thumb. The thriller is the focal point, the spiller a trailing plant, and a filler has smaller leaves or flowers to add bulk and colour.

POKE HOLES. Drainage holes are essential so that soil will not become waterlogged. Holes don't need to be large, but there should be enough of them so that excess water can drain out readily.

SELECT THE RIGHT CONTAINER MATERIAL. Container materials may be affected by gardeners' budgets, personal taste and other factors. For those who live in hot climates, selecting a light-coloured container can help prevent further soil heat absorption.

Container gardening is a healthy and enjoyable activity that can pay dividends in various ways.

GIVE THE PLANTS SUPPORT. Tomato cages or stakes can help keep the leaves and fruit from touching the ground, which can cause rot and, eventually, death to the tomato plant.

LAY DOWN A LAYER OF MULCH. Tomatoes grow best when the soil is consistently moist. Mulch can help retain moisture from watering and rain. Mulch also will help prevent soil and soilborne diseases from splashing on the leaves and plants when it rains. While you amend the soil, make sure that it drains well and is slightly acidic.

PRUNE AWAY SUCKERS. Tomatoes produce "suckers," which are leaves that shoot out from the main stem. Removing these leaves promotes air circulation and keeps the plant's energy focused on growing fruit.

Tomatoes are a rich addition to any garden. A few simple tricks can help even novice gardeners grow delicious tomatoes.

Real Estate Market Update – Aurora

Home Values Strengthen

here continues to be a very low supply of homes for sale in Aurora with only 2.9 months of supply of homes to meet the current demand. The pandemic continues to be a major factor of consideration for sellers wanting their homes to come out on the market as safely as possible and more home owners are considering placing their homes for sale as summer approaches and COVID-19 Restrictions ease.

There were 41 home sales in the month of May throughout Aurora and the average price of a home was \$950,573 and 110 homes were placed on the market for sale. On average it took 29 days for homes to sell taking into account that some of the homes may have been placed on the market more than once. Sellers yielded on average 97 per cent of their asking price.

The bulk of sales in May were for the purchase of detached homes at a median price of \$1,177,500 when you exclude the highest and lowest sale for the month. At the start of June there were 183 homes of all types for sale and of that number 138 were detached homes. The average price for a townhome was \$797,286, semi detached homes average pricing was \$740,967, condo townhouses average price was \$487,000 and one condo apartment sold in May for \$487,000.

When compared to 2019 there was actually an increase in home sale pricing by nearly 8 per cent. Further proof that while this is an unprecedented time in real estate home values held steady in May of 2020. High end home sales continue to be the slowest moving and no sales occurred above \$2 million in May.

Discuss your real estate needs with a REALTOR® today including a review of COVID-19 safety protocols including the use of Personal Protection Equipment in advance of meeting in person.

- Written by Connie Power

Connie Power is a Real Estate Sales Representative CNE® SRS® ABR® SRES®, Assistant Manager, Sales Representative for RE/MAX Hallmark York Group Realty Ltd., Brokerage serving York region and beyond in the Greater Toronto Area (GTA). Empowering you in Real Estate, Call Connie today to make an appointment to discuss your next move at (905) 726-0856.

*The statistics provided herein were obtained from the Toronto Regional Real Estate Board; Regional Housing Market Tables; York Region, Aurora for May of 2019, 2020 and the Summary of Existing Home Transactions of all home types, February 2019, 2020 for all TRREB Areas.

***Not intended to solicit those currently under a real estate contract.



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158 East Humber Dr. King City Sold by Jasmine Smith this March for 102% of asking!



906 Cresswell Rd., Kawartha Lakes Sold by Ana Pronio this March for 99% of asking price!



5180 Yonge St. #710, Toronto Franca Malfara turned over keys to this beauty this May for 98% of asking price! Ana Pronio, Broker of Record C. 416.528.0330 ana@trendsrealtyinc.com



Jasmine Smith, Sales Representative C. 416.993.7173 asmine@trendsrealtyinc.com



Sal Zappulla, Sales Representative C. 416.562.6846



Lucy Brocca, Sales Repres C. 905-833-0111 lucv@trendsrealtvinc.com



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Raffaele Tomasone, Broker C. 416-896-2911



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511 Leacock Drive, Barrie Sold by Sal Zappulla this March for 97% of asking price!



608 Richmond St. W. Unit 910 Toronto Sold by Lucy Brocca this May for 103% of asking in 9 days!

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2087 Fairview St. Unit 1902 Burlington Sold by Felicia Jones this March for 98% of asking!

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