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12,793 KM  
**PEARL WHITE**



**2019 COROLLA  
HATCHBACK SE  
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STK# 30737

**GALACTIC AQUA**



**2019 HIGHLANDER  
LIMITED**  
STK# 30433

12,873 KM  
**PEARL WHITE**



**2019 CAMRY XSE**  
STK# 30391

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BLACK ROOF**



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# King Weekly Sentinel

King's Community Newspaper

Weekly Circulation: 10,200

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FREE

Thursday, August 15, 2019

Volume 46, Issue 33

## Rockford's

905-833-0400

Bar & Grill

2124 King Rd, King City www.Rockfords.ca

LIVE MUSIC & DANCING Friday night!

August 16th

LAUREN KNOWLES

## MP Deb Schulte hosts the annual family movie night

King-Vaughan MP Deb Schulte hosted her annual Family Movie Night under the stars in Maple with families from all across the riding. Adults and children alike were able to take part in fun activities and enjoy refreshments, while spending quality time together watching The Lorax.

Local families were joined by surprise guest, The Earth Rangers, and were able to learn about local animals and wildlife initiatives. The event would not have been a success without the help of volunteers and the Maple Lions Club.

Schulte also highlighted key affordability initiatives launched by the Government of Canada, including the Canada Child Benefit, the Middle Class Tax Cut, Canada's first ever National Housing Strategy and an Employment Insurance (EI) Parental Sharing Benefit, to encourage parents in two-parent families to share in the work of raising their children.

"Our Family Movie Night was a great opportunity to give back to the community and provide the hard-working parents of King-Vaughan the chance to enjoy some quality time with family and friends! One of the best parts about being a Member of Parliament is having the opportunity to give back to the people I represent, who put their trust in me to be their voice in Ottawa and deliver for them. Between our summer movie nights and my annual Family Day Skate I always have a wonderful time with the community, meeting old friends and new. Thank you to all of you that continue to make these events such a great success," she said.



King-Vaughan MP Deb Schulte held her annual Family Movie Night recently, giving local families some fun-filled summer activities to enjoy, including a visit from Earth Rangers and their fine-feathered friend.

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**INSIDE**

**REGULAR FEATURES**

Editorial	Page 4
Business	Page 8
Sports	Page 17
Classifieds	Pages 20-21

Fully Belly Kitchen caters to families.

See Page 8

Toddler takes art world by storm.

See Page 10

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**UPCOMING MEETINGS**

**COUNCIL AND COMMITTEE OF THE WHOLE**

Municipal Office, Council Chambers, 2585 King Road

Monday, September 9, 2019

6 pm – Council/Committee of the Whole

To view full Council and Committee of the Whole agendas, visit [king.civicweb.net/filepro/documents](http://king.civicweb.net/filepro/documents)

**COMMITTEES AND BOARDS**

Wednesday, August 21, 2019

6 pm – Committee of Adjustment

Municipal Office, 2585 King Road

Tuesday, September 10, 2019

1 pm – Accessibility Advisory Committee

Municipal Office, 2585 King Road

Tuesday, September 17, 2019

6 pm – King Township Public Library Board Meeting

Schomberg Branch: 77 Main Street

**EMPLOYMENT OPPORTUNITIES**

- Economic Development Coordinator – closes August 16th
- Outdoor Program Facilitator (PT seasonal contract) - closes August 16th
- Aquatics Instructor/ Lifeguard (aquatics, seasonal) - closes when filled
- Camp Counsellor (camps, seasonal) - closes when filled
- Parks Seasonal Worker (seasonal contract) - closes when filled
- Program Instructor (PT seasonal contract) - closes when filled
- Arena Assistant I (casual contract) - closes when filled
- Arena Assistant II (casual contract) – closes when filled
- Crossing Guard (contract) - closes when filled

Please visit the Township website at [www.king.ca](http://www.king.ca) for employment opportunities.



Library Assistant Contract Positions – see [www.kinglibrary.ca](http://www.kinglibrary.ca) for more details

**BID NOTICES**

For all bid opportunities, please visit the Township of King's website [www.king.ca](http://www.king.ca), click **Popular Topics** and click **BID OPPORTUNITIES**.

Or visit on the following link

<https://king.bidsandtenders.ca/Module/Tenders/en>

**REMINDERS**

King's municipal offices will be **closed** for **Labour Day** on **Monday, September 2**, and will re-open at 8:30 a.m. on Tuesday, September 3 for regular office hours.

If you have an urgent matter requiring attention during the closure, please call the Township's answering service at 905-833-5321 and your call will be forwarded to the appropriate personnel.

**RESIDENTS' GUIDE**

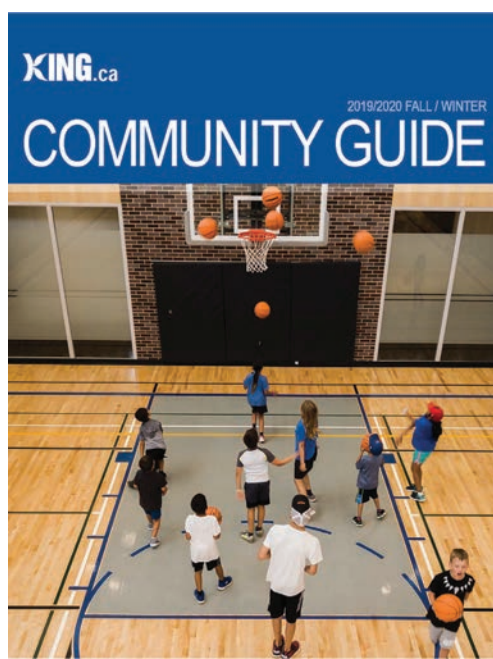
You should have received our new Residents' Guide in last week's paper. If you didn't, there is an online version at [www.king.ca](http://www.king.ca) or you can pick up a printed copy at the Municipal Centre at 2585 King Rd., any branch of the King Township Library as well as the Nobleton Arena or the Trisan Centre in Schomberg. In it you'll find a list of King's programs, services and facilities in an easy-to-use, compact format.



**PARKS, RECREATION & CULTURE**

**COMMUNITY GUIDE**

Look for a copy of our new Fall/Winter Community Guide in the Aug. 15 edition of the King Weekly Sentinel. Copies will also be available at all community centres, libraries and the Township office starting Aug. 15. You can also view it online at [www.king.ca](http://www.king.ca).



**Stay cool in King**

**Splash pads and Outdoor pool**

Looking for a good way to cool off this summer? Visit one of King's three splash pads in the villages of Nobleton (49 Parkheights Trail), Schomberg (21 Summit Ridge) and King City (25 Doctors Lane). The Nobleton Lions Community Outdoor Pool (15 Old King Road, behind the Nobleton Arena) is also open. It will close for the season on Sept. 2. For more information please contact [parcs@king.ca](mailto:parcs@king.ca).



**We are seeking community feedback on a Draft Private Tree By-law!**

**You are invited to participate in our survey to provide input on the Draft Private Property Tree By-law within the village community boundaries of King City, Nobleton, and Schomberg.**

**The survey will be open from Thursday, July 18th to Friday, September 6th.**

**Link to the survey: <https://speaking.king.ca/treebylaw>**

**KING** urgently reminds residents to keep off-road vehicles on private property only. Please **DO NOT** operate these vehicles in public parks, or on public roads and trails.

If you have witnessed off-road vehicles driving on public property, By-law Enforcement Services wants to hear from you.

**Please contact By-law Enforcement at (905)833-4002.**

August 17 9AM-12PM

**SCHOMBERG Farmers Market**

Shop for Locally Grown & Raised

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**251 Western Avenue**  
[schombergfarmersmarket.ca](http://schombergfarmersmarket.ca)

**Having guests over this summer but your driveway is full?**

Get a free On Street Parking Permit!  
Online at: <https://parking.ca>  
Email: [parking@king.ca](mailto:parking@king.ca) Phone: 905-833-4002

**Please do your part & recycle!**

**Please see more King Township notices on page 5**

# King adopts new Parks, Recreation & Culture Plan

By Mark Pavilonis

King's newly adopted Parks, Recreation & Culture Master Plan will allow the Township to keep pace with population growth and meet recreational needs for its residents.

Staff worked tirelessly on the new plans (separated into Parks & Forestry, and Facilities), reaching out to the public for their input. Online surveys, meetings, interviews with council and staff and public consultations all took place prior to this summer.

The posting on the website speaking. king.ca generated many participants. Feedback related to parks identified that 50% of people were generally satisfied with current services, while the remainder felt improvements were needed in both service levels and amenities.

Respondents felt the current amenities were below average.

A meeting was held in May at the municipal centre to gather more input. From that meeting, those in attendance generally supported current parks services, but identified areas where levels could increase, relating to certain demographics, especially youth and seniors.

Respondents wanted to see more money invested in existing facilities and new construction.

Staff will continue to use the plans as a guiding document over the next five years.

"It will become the framework that will guide the Parks, Recreation & Culture Department's future strategic direction for the delivery of parks, forestry and facility services and the allocation of financial resources," according to the report prepared by director Chris Fasciano. He stressed that it may not be possible to implement all of the recommendations over that period, which are dependent on economic conditions and funding.

The new plans emphasize building on existing partnerships in the community. The recreation facility strategy is based on an understanding of community need, in relation to being fiscally responsible.

Financing the direction in the plans are dependent on a number of factors, not the least of which is developing a

fiscally sustainable implementation strategy that aligns with council's defined priorities. The department has to leverage all sources of funding, including taxes, cash-in-lieu of parking contributions, development charges, debentures, etc.

Fasciano stressed the Master Plan will play a key role in identifying annual and long-term priorities. It's a "resource document" to help inform council and staff decisions, not a cast-in-stone strategy.

"It will be a valuable tool for staff in preparing annual business plans, grant applications, general program planning and a vehicle for the integration of the ICSP priorities into day-to-day department operations," Fasciano wrote. "The plan will also serve as a resource document for developers and community partners interested in creating new opportunities in the Township."

"The Plan needs to be viewed as a guide, one which may evolve as needs in the community change and as financial resources fluctuate."

## Charity car wash Aug. 17

The Schomberg Firefighters Association is hosting another charity car wash in partnership with the York Simcoe Express AAA hockey team. Funds raised will be donated to Sick Kids and used in support of creating the Abby Eveson Memorial Park in Schomberg. The car wash will take place on Saturday, Aug. 17 at King Fire Station 36 (91 Proctor Road) from 9 a.m. to 12:30 p.m. All are welcome and there is no set cost – it is donation based. More information is available at [schomberg-firefighters.org](http://schomberg-firefighters.org)

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**Nobleton stunning newly built home, approx. 7000 sf on 80'x200' lot in quiet court! \$2,295,000**



**Stunning custom built bungalow on 3.5 rolling acres close to Nobleton! \$2,399,000**



**King Township estate home on 10 prime acres with pool and shop! \$3,500,000**

## 2021 WATER & WASTEWATER MASTER PLAN UPDATE

**NOTICE OF STUDY COMMENCEMENT**

RELEASE DATE: AUGUST 15, 2019  
Municipal Class Environmental Assessment Study

### Managing our water for the next generation

The Regional Municipality of York is updating its Water and Wastewater Master Plan to ensure drinking water and wastewater services meet community needs now and into the future. The Master Plan Update will help the Region support healthy communities by identifying long-term strategies, initiatives and infrastructure to meet water and wastewater servicing needs to 2041 and beyond.

### The process

Through the Master Plan Update the Region will identify and evaluate options for future water and wastewater programs and infrastructure projects.

### The study will:

- Follow the Municipal Class Environmental Assessment master planning process
- Fulfill the requirements for select Schedule B projects
- Become the basis for select future Schedule C projects

### Get involved

Stakeholder and public engagement, and consultation are key parts of this process. Public engagement opportunities will be promoted in local newspapers, on the Region's social media channels and [york.ca/waterplan](http://york.ca/waterplan)

### Share your feedback for a chance to win a \$100 gift card!

As a first step, we want to better understand what you think about your water and wastewater services and where you see opportunities for improvement.

Take the survey online at [york.ca/waterplan](http://york.ca/waterplan)

Submit questions or comments, receive accommodation or an accessible version of this notice, or join the Master Plan Update mailing list by contacting:

**CURTIS CHING, MANAGER, INFRASTRUCTURE ASSET PLANNING & MANAGEMENT**

The Regional Municipality of York - Environmental Services Department  
17250 Yonge Street, Newmarket, ON L3Y 6Z1  
P: 1-877-464-9675, ext. 75002 | F: 905-830-6927 | [water@york.ca](mailto:water@york.ca)

Personal information submitted (e.g., name, address and phone number) is collected, maintained and disclosed under the authority of the Environmental Assessment Act and the Municipal Freedom of Information and Protection of Privacy Act for transparency and consultation purposes. Personal information you submit will become part of a public record that is available to the general public, unless you request that your personal information remain confidential.



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# Editorial, Letters & Opinion

*"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."*

~ Michael Connelly

## Trying to recognize the 'duck' in the room

Sometimes a duck is just a duck.

By that I mean that sometimes, maybe more often than not, things are just as they appear.

Unlike the message on the passenger side mirror on our vehicles, things can appear just as they are. While it's fun to think about, there are few real conspiracy theories out there. But the key is to identify and recognize that waddling waterfowl.

Like a lit fuse on a stick of dynamite, information, and misinformation, spread very quickly these days. Dig deep and you'll likely find the truth is rather simple.

One morning, an announcement is made by the government. By lunch time, there are messages of support and edicts about pending doom. Isn't it peculiar that the timing of this or that coincides with the other? Maybe. Maybe it's just a coincidence. Maybe it has to do with scheduling and availability. Maybe the final details aren't ready. Maybe the paper shredder is jammed.

There are so many events, even miniscule moments, that take place in any given day, it's a wonder we all make it through a work week!

The provincial government is taking a lot of heat lately on its policies, cutbacks and program changes. They are being accused of getting new policies to the table without thinking them through. They reverse some of their decisions and perhaps are second-guessing themselves from time to time.

But isn't that the beauty of a modern democracy? Most of us are used to change by now, and we're all keenly aware how things can change overnight. What's wrong with reversing a decision to consider options?

"Change is the law of life. And those who look only to the past or present are certain to miss the future," John F. Kennedy once said.

In our society, we elect a group of people to represent us, protect our rights, serve our needs, keep us healthy and provide essential services. The duly



Mark Pavilons

elected politicians and their related bureaucracies work towards all of these things. We place our trust in them to figure things out and find the least disruptive path.

Note my words. There is never a perfect solution, only options, plans, directives and strategies. If it were easy to eliminate the debt and deficit, it would have been done already. If it were painless to improve education and health care to everyone's satisfaction, we'd all be dancing in the streets.

Where people are involved there are bound to be hiccups, successes and failures. There will be mistakes, ill-advised moves and ramifications. It's not only natural, but it's to be expected.

We can't expect perfection and total accuracy from a group of imperfect human beings. None of us are perfect and most of us think we know it all.

In my line of work I absorb tons of information on a daily basis. I'm well informed and I'm aware of all the current issues. But does that make me an expert? Not at all.

I digest government decisions and

policies on a weekly basis, at all levels. And then I review the critiques and opposition to those very decisions. I have learned, many moons ago, that critics have their own vested interests. They pick and choose just what to argue about.

The opponents to the Province's recent move to sever ties with The Beer Store are largely the conglomerates themselves, who actually own The Beer Store. Will sales of beer in corner stores eat into their profits? Maybe, but who cares? Will it result in job losses? Doubtful. If it does, then the greedy conglomerates are to blame, not the government. Will it result in widespread drunkenness and bad behaviour? Only time will tell, but the world didn't end when marijuana became legal.

A can of beer is just a can of beer.

The Toronto District School Board criticized the government for education cuts, and has made many changes to try to mitigate the impacts on their budget. When you examine the "little things," like spending \$6 million to upgrade cell phones, the picture changes. I don't know whether these expenses are justified or not. It's about perspective - juggling necessity with luxury, must-haves with would-likes.

Education is controlled by the Province. Tax dollars are distributed to the school boards who, like municipalities, should spend within their means. They need to keep their own houses in order and yet they don't seem to answer to anyone, and criticize the very body (gov-

ernment) that keeps them afloat.

Sure, costs rise and things get more expensive year after year. Every single working Ontarian knows this, but they can't dump on their boss and protest when they don't get a raise or can't afford the gas to get to work. People don't have ever-expanding budgets year over year.

A smart board is just a smart board, but it's an expensive classroom tool today.

In our liberal, watchdog society, we put everything under the microscope, and blather on about how wrong everything is.

Yes, we feel for parents of autistic children who struggle to accommodate their kids. The government has changed its policy somewhat to reflect the need.

My heart goes out to those who have to choose between food and rent. We are all well aware of the cost of living these days.

In a perfect world, everyone would get what they need, when they need it. It's something I believe we, as a global society, should work towards.

"From each according to his ability, to each according to his needs" was a phrase popularized back in 1875 by none other than Karl Marx.

We've been struggling with the inequities of capitalism for more than 100 years and it seems the divide between rich and poor, the haves and have-nots, remains.

If it walks like a duck, it must be a bureaucrat!

New DVD release

## Avengers: Endgame a must for fans

By Mark Pavilons

All good things come to an end, and Avengers: Endgame is no exception.

One of the top films of all time, this is the culmination of dozens of films and the journey of several main characters in the Marvel universe.

While the universe will continue to unfold as it should from here on in, this movie is an integral part of it.

As expected, it's a special effects masterpiece and the ultimate battle of good vs. evil (Thanos). It brings together every character you know and love, some for the last time.

The bonus in owning the DVD or Blu-Ray is the extra material, which include additional screen time with the cast members, and filmmakers, along with a tribute to the late Stan Lee. There's a bit on Robert Downey Jr. being cast as Iron Man and the evolution of Captain America.

This is definitely one for the collection and the shelf.



### Brainteaser



When is 1500 plus 20 and 1600 minus 40 the same thing?

Last week's answer: How many apples grow on a tree - all of them!

### King Township Trivia

10 1/2 acres of A-1 worked land, plus a very good 6-room home, garage, small cottage, large storage barn, including all equipment located in the village of Ansnorveldt was listed to sell for \$30,000 in 1968.

**KingWeeklySentinel** **WEBPOLL**  
www.kingsentinel.com

Results from last week's poll:  
**Is access to guns the problem with mass shootings?**

a) Yes  **100%**

b) No  **0%**

The results of this poll are in no way considered to be valid or infallible.

**THIS WEEK'S QUESTION**

Are you dreading going back to school?

a) Yes  
b) No

So go to the website and cast a vote!

**KING Weekly Sentinel**

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# Resident suggests changes to new tree bylaw

The following letter, to Mayor Pellegri and council, was submitted to the Sentinel.

This is an open letter to you with regard to the Township draft Tree Preservation bylaw.

In 2014 you proposed the introduction of exactly such a bylaw followed by a public meeting in which you requested feedback. Already then, I wrote an open letter to you with serious objections. I also attended the public meeting at which several residents including myself proposed amendments and changes to this bylaw.

I now find myself looking at essentially the same draft bylaw with none of the recommendations voiced at the public meeting put in place. I find it insulting when you ask for input which you then ignore.

## Letter to the Editor

Again, I question the need for such a bylaw that requires the setting up of yet another new level of bureaucracy. How do you propose to police adherence to this bylaw fairly and consistently in this vast township?

This bylaw is an unprecedented and totally unwarranted intrusion into the management of private property. I surmise that the majority of King Township property owners take great pride in their possession, and exercise great care in maintaining tree and plant life.

Just in the past six years, we have planted over 30 new evergreens at great cost to us. I also find it highly hypocritical that the Township tries to don the cloak of environmental stewardship

while at the same time allowing the conversion of hundreds of acres of prime farm land and woodlands into development lots with backyards so small that they defy responsible tree planting.

If your only motive truly is the preservation of the tree canopy rather than introducing another revenue stream, please steer away from the old and negative approach of more red tape and punitive costs for home owners. Encourage property owners to grow more trees with an incentive program instead.

If you still insist on such a negative bylaw being put in place, please address at least some of its most serious flaws:

1. This bylaw is highly discriminatory and primarily targets private property owners while leaving developers free to cut trees at will under the guise of construction.

2. It simply singles out trees of a minimum size (20 cm. diameter at a height of 1.37 m. from the ground), regardless of species. It makes no distinction between different life spans for hardwoods and softwoods. There are several softwood tree species that grow wild, particularly aspen (poplar) as just one example. They are an attractive, fast growing deciduous tree which we encourage to grow on our property. Unfortunately, they have a rather short lifespan but they can easily grow to within

the bylaw size limit in their lifetime.

Why would I be required to follow the ridiculous process of obtaining a permit (a plan of the location of all trees on the property, really!) and quite possibly an arborist's report on top of removal costs when this tree has reached its end of a relatively short life? Its root system has meanwhile already sprouted dozens of new saplings.

3. The blanket stipulation that the Township can order the replacement of a removed tree with three (3) trees, and furthermore dictate the species and location of the new tree is beyond preposterous. The bylaw does not even provide a credit system for property owners who have planted trees by their own volition within a certain time frame preceding a tree removal.

4. There are especially valuable trees due to age or rarity that may require protection from undue demise. There are mechanisms available to do this without this seriously flawed bylaw.

I very strongly encourage you to send this draft back for major changes if not cancellation altogether, and this time perhaps with due regard to the input from Township residents.

Uli Rentsch  
King City

# Driver charged at drive-thru

York Regional Police officers charged a driver with impaired-related criminal driving offences after she refused to move her vehicle in a drive thru at a restaurant in Vaughan recently.

In one of 26 incidents over the long weekend where drivers were charged with impaired-related criminal driving offences, on Friday, Aug. 2, shortly after midnight, police were called to a restaurant in the area of Highway 7 and Keele Street for a report of a driver refusing to move her vehicle in a drive-thru. The caller advised that the driver hadn't ordered any food, but was stopped at the drive thru window and would not respond to restaurant employees.

When officers arrived they spoke with the driver who was showing signs of impairment. She was placed under arrest for impaired driving and was transported to #2 District Headquarters for a breath test where she blew over the legal limit of alcohol.

More than 5,000 people call 9-1-1 to report impaired driving each year. So far in 2019, more than 3,300 calls to 9-1-1 have helped to safely remove impaired drivers from our roads, which has led to more than 1,000 impaired-related criminal charges being laid.

York Regional Police continues its ongoing efforts to stop impaired driving on our roads through enforcement and education, but the greatest impact in improving road safety comes from the partnership of our citizens and road users in York Region. Safe Roads: Your Call encourages citizens to call 9-1-1 if they suspect an impaired driver. They consider these incidents life-threatening crimes in progress and will continue to respond to these calls.

Together, we can work to make our roads and communities safer.



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### Hot Car Warning - Child Safety



- In the confined space of a car, temperatures can climb so rapidly that they overwhelm a person's ability to regulate his or her internal temperature.
- In a closed environment, the body, especially a small body, can go into shock quickly, and circulation to vital organs can fail.
- Extreme heat affects infants and small children more quickly and dramatically than adults because of their size.
- Their core temperature can increase three to five times faster than that of an adult. Heat-stroke, or hyperthermia, occurs when the body's core temperature reaches 40.5°C (105° F).
- A study funded by General Motors of Canada found that within 20 minutes the air temperature in a previously air-conditioned small car exposed to the sun on a 35°C day (95° F) exceeded 50°C (122° F). Within 40 minutes the temperature soared to 65.5° C (150° F).
- Leaving a window slightly open, or "cracked," does little to prevent the inside of a vehicle from becoming dangerously hot.
- An average of 38 deaths take place per year in the United States (no statistics are available for Canadian cases). \*Source: <https://www.noheatstroke.org/>
- The majority were age three or younger.
- It may come as a surprise that more than half of the children left in hot cars were trapped there unintentionally, forgotten in a moment of absent-mindedness, or trapped after playing unsupervised in an unlocked vehicle.
- **Look twice before locking!** Always keep cars locked while in garages or driveways to prevent children and animals from inadvertently becoming trapped. The Canada Safety Council suggests making a habit of placing your cell phone, purse or wallet in the back seat — a strategy that requires you to turn around and check the back seat whenever you leave the vehicle. If you come across a child or animal in distress that has been left in a hot vehicle, call 9-1-1.

**Never leave a child or pet alone in a vehicle, even for a few minutes**

Source: <https://canadasafetycouncil.org/hot-car-warning/>

**7-Day Weather Outlook**  
From Thursday, August 15 to Wednesday, August 21

THURS 15TH	FRI 16TH	SAT 17TH	SUN 18TH	MON 19TH	TUES 20TH	WED 21ST
Chance of Shower High 22C° Low 14C° 1-3mm Wind E 15k	Mainly Sunny High 24C° Low 16C° - Wind S 12k	Chance of Shower High 26C° Low 18C° ~5mm Wind S 16k	Risk of T'Storm High 28C° Low 18C° <1mm Wind NW 20k	Mainly Sunny High 30C° Low 17C° - Wind SW 7k	Cloudy/Showers High 30C° Low 16C° 10mm Wind SE 14k	Cloudy/Showers High 29C° Low 16C° ~1mm Wind W 18k

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# York police seize more than \$45 million in drugs

Investigators with the York Regional Police Organized Crime Bureau - Guns, Gangs and Drug Enforcement Unit and Major Projects Unit have charged 60 people and seized more than \$45 million dollars in connection with two separate investigations. Project Zen and Project Moon focused on illegal drug production and trafficking by organized crime groups in York Region and the Greater Toronto Area.

Project Zen began in early 2019, when the Organized Crime Bureau - Major Projects Unit, assisted by Guns, Gangs and Drug Enforcement Unit, working in conjunction with the Canada Border Services Agency, continued an investigation into an organized crime drug ring associated to 14 Zenith Avenue, in Vaughan. Some of the members of the drug ring had been previously arrested and charged in 2018 when a suspect in front of a residence was arrested and found to be in possession of more than three kilograms of cocaine.

As the investigation progressed, it was discovered that those previously charged, along with additional suspects, were trafficking high volumes of synthetic drugs. Search warrants were executed during the investigation and police seized five semi-automatic handguns, more than \$270,000 in currency, more than five kilograms of fentanyl, which is the largest seizure of its kind in York Region, 19 kilograms of cocaine,

16.5 kilograms of methamphetamine pills, and more than 56 kilograms of cannabis. They have also charged eight people.

In a separate drug investigation dubbed Project Moon, investigators with the Organized Crime Bureau Guns, Gangs and Drug Enforcement Unit, Major Projects Unit, in a joint forces operation with the Toronto Police Service, the Ontario Provincial Police and Criminal Intelligence Service Ontario (CISO) focused their efforts on dismantling a large-scale synthetic drug network. As the investigation progressed, suspects related to Asian organized crime groups and street gangs were found to be producing and supplying methamphetamine, MDMA, shatter and mushrooms. It was also discovered that the suspects were funding their synthetic drug operations through the production and sale of illicit cannabis by abusing the Health Canada medical cannabis licencing system.

As a result of search warrants that were executed across southern Ontario, more than 20,000 illegally grown cannabis plants were seized, along with more than 560 kilograms of dried cannabis, 23 kilograms of methamphetamine, 15,300 MDMA pills, nine pounds of mushrooms, 400 Viagra pills, \$220,000 in currency, four firearms, including a Tech 9 machine gun with a silencer.

Investigators have also charged 42 people.

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## Spend 30 minutes a day in nature for August

The Ontario Government is encouraging people all across the province to join the Ontario Parks 30x30 Challenge and spend 30 minutes outside in nature every day for the month of August to improve their health and well-being, as part of the Healthy Parks Healthy People movement.

“Spending time in nature has a significant positive impact on our health and happiness,” said Jeff Yurek, Minister of the Environment, Conservation and Parks. “The 30x30 Challenge is an excellent way to kickstart a habit that supports a healthy lifestyle. From taking a walk to going on a bike ride with your family, there are lots of outdoor activities you can take part in this August. I encourage everyone to join me to participate in the challenge and enjoy exploring our many provincial parks and green spaces across Ontario.”

The 30x30 Challenge is part of the Healthy Parks Healthy People movement to inspire individuals to reconnect with nature while improving their health and mental well-being.

The Ontario Parks Blog and YouTube channel have lots of ideas of what you can do for your 30x30 Challenge.

# X CROSSWORD

**PUZZLE NO. 425**

1	2	3	4	5	6	7	8	9	10	11	12	13	14	
15			16				17			18				
19			20				21			22				
23			24				25			26				
		27	28			29	30	31		32				
	33	34			35	36			37		38			
39				40				41			42	43		
44				45			46			47			48	
49			50	51			52			53		54		
55			56	57			58			59	60			
	61			62			63			64				
			65				66			67				
68	69	70		71			72			73				
74			75			76		77	78		79	80	81	82
83				84	85			86		87				
88				89				90				91		
92				93				94					95	

**ACROSS**

- Breach
- Speak imperfectly
- Nail holder
- Frittata fundamentals
- Wood-chopping tool
- Seed protector
- Chalcocite or magnetite, e.g.
- Faction
- Schoolyard fixture
- Furniture item
- Plunged
- Of protuberances
- Swarm
- Dusky cuckoo
- Tag marking
- Condensed moisture
- Belittle
- Pertaining to a time period
- Church dish
- Tuck's partner
- Roof topper
- Stop, matey!
- Eat rapidly
- Lack
- Close friend
- Lifted with effort
- Defraud
- \_\_\_ and forever
- Exchange fee
- Sunday speech
- Spokes
- Rich pastry
- Night before
- Short ape?
- Passing grades
- Hot-air balloon pilot
- Glazed \_\_\_
- Super!
- Hack
- Defendant's excuse
- Hilton rival
- Meadow bird
- Desolate
- Prom attendant
- In the past
- \_\_\_ media
- Cathedral part
- Function
- One who predicts the future
- Do sums
- Jug
- Small gull

**DOWN**

- Handled hook
- Car part
- Toll
- Fold over
- Mocking
- Fodder storage place
- Asked urgently
- Australian marsupial
- Foul up
- Prized stone
- Mountain feedback
- Oversee
- Coast
- Scatter
- Forest clearings
- Chintzy
- First Hebrew letter
- Crucial inning
- Easy chair
- Thin oatmeal
- Plunder
- Type of type
- Cosmos
- Ocean cruiser
- Not high
- Mama's man
- Four-wheeled carriage
- Consecrate with oil
- \_\_\_ and beyond
- Skinny branch
- Basketry material
- Swedish moolah
- Like Mother Hubbard, e.g.
- Full of substance
- Good for farming
- Auspices
- Series of eight
- Nimbi
- How to leave Garbo?
- Chop into tiny pieces
- Leading
- Pilsner or lager
- Teen woe
- Deice
- Calla lily, e.g.
- Red bloom
- Understood
- Future chicks
- At the center of
- A piece

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**Solution on page 21**

Advertorial

# Arthritis:

## New Approach Delivers Remarkable Results

If you suffer from Arthritis you need to be aware of effective advancements that can eliminate years of pain, suffering, immobility and frustration.

You may have told your doctor you suffer with one or more of the following: sore, stiff knees, painful achy hips, low back pain, mid back pain, neck stiffness or pain, hand stiffness, shoulder pain or elbow pain.

You may find that your pain or stiffness affects your work, housekeeping, leisure activities, exercise, sports or other activities. You go to the drug store or to your doctor and get pills to help relieve your pain. But you find the pain keeps returning. Alternatively, the doctor may refer you to a specialist who may tell you that surgery is needed or is an option for you.

However, many people are hesitant to have surgery given its invasive nature. It is important to know that although surgery is sometimes necessary, it is considered a last resort in most cases.

Also, you may have heard that there are serious health risks associated with chronic use (or overuse) of pain pills or anti-inflammatory drugs that include damage to the liver, kidneys and gut.

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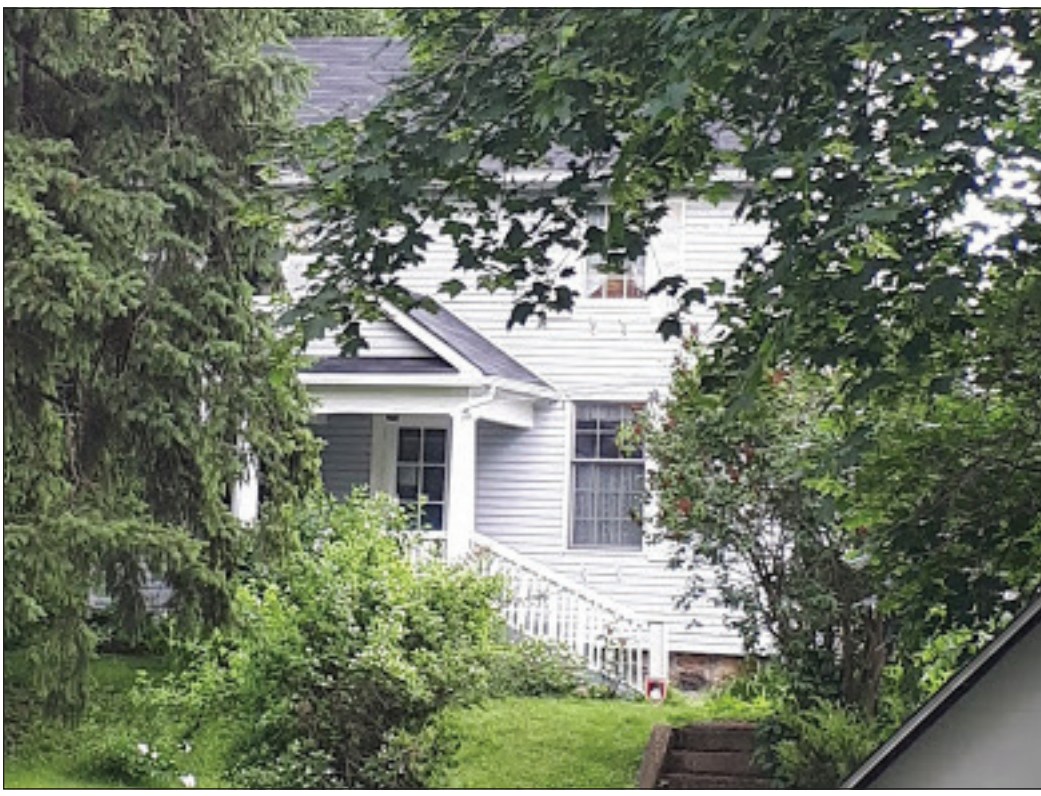
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## Two Main Street Schomberg homes added to heritage register

By Mark Pavilons

Two Schomberg properties have been added to King Township's Heritage Register.

Property owners at 374 and 424 Main Street asked that their homes be added to the register, under the Ontario Heritage Act.

The requests came into the Heritage Committee just one day apart in early June. Under the Act, municipalities are responsible for identifying, evaluating and conserving heritage properties.

Listed properties on the register are not afforded the same amount of protection as "designated" properties. If a property is listed on the municipal register, the owners must give council at least 60 days' notice of any planned demolition.

Staff stressed that simply being listed on the register does not put any restrictions on the homeowners in terms of building permits, alterations or renovations. It allows for the recognition of a property's heritage value and allows staff to consider this value in the land use planning process.

The dwelling at 374 Main Street was built in 1900 and is a 1.5-storey rectangular building with a gable roof. The brick exterior is now covered in siding and a chimney has been added to the east side of the building. The windows have been replaced and decorative shutters added. The building has seen a few alterations over the years, and remains in good repair.

Despite these changes, the "building still continues to complement the historical character established in the Schomberg Main Street area."

The home at 424 Main Street was built in 1910 and is a 2.5-storey rectangular home with a gable roof. A verandah spans the front facade and the window features stone lugsills and lintels. There have been some minor exterior alterations over the year, but they're minimal and don't detract from the historic charm of the home.



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## Filling your belly with plenty of home-made dishes

By Mark Pavilons

The family kitchen is where everything comes together.

We never went hungry growing up at home because our moms always filled our bellies with plenty of TLC.

That's the inspiration of a King City entrepreneur, who wants families to reconnect over a home-cooked meal. Thanks to Fully Belly Kitchen, you can have meals made from scratch delivered right to your door. Full Belly is the brainchild of Mary Taddei, who launched the catering business just 10 months ago.

"I am so proud of how quickly we have grown within the community. The Full Belly team is so grateful to all our customers and for their amazing feedback!"

They operate out of the second floor of the King City Lions' arena on Doctor's Lane. Taddei, armed with passion and supported by her husband and fam-

ily, made the leap.

Mary and her husband Justin have a passion for food and cooking. "We have an appreciation for homemade delicious meals made from fresh high quality ingredients. Enjoying meals with friends and family is how we like to spend our time. Cooking for others and sharing memorable experiences, is what we love to do, hence our tag line 'helping fill the bellies you love.'"

They mainly serve Italian cuisine but they have customized their menus to meet customers' needs. Their menus include hearty fresh soups, delicious pastas, savoury entrees, gourmet sandwiches, fresh vegetable sides and salads and desserts. They recently catered the Township of King Cinco Di Mayo staff lunch and their Mexican cuisine received rave reviews. Justin also manned the booth at the annual Mayor's Golf Tournament, serving up churros and rice balls, mixed berry lemon trifles and cold espresso.

"Our food was a hit," Mary said.

Taddei admitted their fondest childhood memories were of parties in the basement, family picnics and weekend getaways to Sauble beach. "There was always two things that stood out with every memory: an abundance of food



Mary Taddei and baker Agatha add their personal touch to the dishes created by Fully Belly Kitchen. Rice balls and fresh baked goodies are among their specialties.

and good times!"

Both Mary and Jason were raised in Italian households. Every meal consisted of a least three courses, including soup or pasta, followed by an entree and an ending with an espresso, fruit or something sweet. "We left the table feeling full and satisfied."

That feeling and the emotions sparked by great meals is what guides Full Belly.

"We think it's of the utmost importance to share a meal together as a family, to come together and to catch up on each other's day," she said. "It helps to create a strong family unit. At an early age we understood that food is an expression of love in Italian culture."

Full Belly originally started servicing elementary schools with student and staff weekly hot lunches. Full Belly Kitchen makes a donation to the school for every lunch purchased.

The business expanded quickly and Full Belly found itself catering for pri-

ivate events and corporate meetings and functions.

Customers also include busy parents, who are finding it more difficult to shop, prepare and cook healthy meals for their families. Full Belly Kitchen has a dinner program, where customers order and pay for dinners for the upcoming week on the website. Dinners are delivered to your local place of business or picked up at the kitchen every Monday.

Mary said the dinner program proudly supports Second Harvest, a food rescue organization that helps to feed more than 250 food banks here in Ontario. For every order purchased, through the dinner program, Full Belly donates a portion to Second Harvest.

"We believe it is important to give back and help others in our local communities," she said.

For more call 647-286-9678; email [mary.fullbellykitchen@gmail.com](mailto:mary.fullbellykitchen@gmail.com) or visit [fullbellykitchen.ca](http://fullbellykitchen.ca)



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# The sun, our life-giving star

By Gary Boyle

My passion for the night sky began at the tender age of 8 with an elementary school library book entitled "Stars." I learned from that faithful day that the sun is a typical star in the night sky and one of 200 billion stars of our Milky Way Galaxy.

But not all stars are the same. They come in an array of different sizes, ages, colours, temperatures, distances as well as a combination of chemical elements. But how did our sun come to be?

Some 5 billion years ago the sun developed from a shell of gas and dust in an interstellar cloud measuring hundreds of light years across. A light year is about ten trillion kilometres in length. Most likely the shockwave of a nearby exploding star called a supernova sent pockets of material into a spinning motion.

Over time these pockets began to condense and collapse upon itself, with this spinning motion drawing material towards its centre like a giant cosmic blender. The spinning also caused the cloud to flatten out and widen like pizza dough. Our protostar at the centre began getting hotter and larger with gravity pulling in more gas. This "snowball effect" continued until our sun grew to its present size of 1.4 million kilometres across or 109 earths lined up side by side like a string of pearls. There were most likely other sibling stars born from that same interstellar cloud so long ago.

Once the sun reached a critical internal temperature of 15 million degrees Celsius, it lit up by nuclear fusion and the shock wave blew away some of the closer material outwards into the pancake of dust. Over time dust grains began sticking together to produce sand-size particles. As more material stuck together and grew like sticking bits of Play-Doh together, about 100 baby planets called planetesimals came to be. Buzzing in all directions like a cosmic demolition derby, collisions resulted in utter destruction of the two bodies or the soft merger to create new larger worlds. When all was said and done the solar system was now a family of eight main planets, hundreds of moons, tens of thousands of asteroids and billions of comets.

We refer the sun as our daytime star

and we orbit it at an average distance 150 million kilometres or one astronomical unit (AU). An AU is used as a cosmic metre stick when measuring celestial objects close to their parent stars. This is a mere baby step compared to our closest night time star called Proxima Centauri at 4.3 light years (ly) away. This star is located in the southern hemisphere and not seen from Canada. We do however see the bright star Sirius at 8.6 ly from us. Our Sun is considered a little less than average size compared to the rest of the galaxy. Some super massive stars measure 30 or more times the size of the Sun and reside hundreds to thousands of light years away. End to end our Milky Way Galaxy measures 100,000 light years across.

We owe our very existence to the creation of the sun and planets. The Earth was created some 4.5 billion years ago with simple cell organisms emerging a few million years later. About 3.8 billion years ago, cyanobacteria began forming mostly on stromatolites thus beginning the process of photosynthesis that produced oxygen. The sun is not only a heat and light source but grows our food and helps our skin produce vitamin D which is good for our health. Earth is perfectly positioned in the habitable or "Goldie Locks Zone" where oceans remain liquid with water is the key to life. If our planet was closer or farther from the Sun, water would boil away or freeze. So life is a result of the coming together of so many factors.

To date more than 4,000 exoplanets have been found orbiting distance stars with a few thousand more possible candidates. A few exoplanets are believed to lie in habitable zone so if that planet has water, life might also be possible. The same 92 natural elements found on the periodic table are found throughout the entire universe with the recipe of life in the making.

Next time you look up at the night sky, you might be gazing upon distant solar systems with a planet and the possibility of life.

Till next time, clear skies.

*Known as "The Backyard Astronomer," Gary Boyle is an astronomy educator, guest speaker and monthly columnist for the Royal Astronomical Society of Canada. Follow him on Twitter: @astroeducator or his website: www.wondersofastronomy.com*

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KingWeeklySentinel

# Arts & Entertainment

## Young King artist impressing art-lovers

By Mark Pavilons

A young Schomberg artist is being praised for her passionate, colourful abstract paintings.

And she has yet to celebrate her second birthday!

While many toddlers show a liking for artistic endeavours, Gabrielle Wojtiw's creations show something much more than childish scribbles.

Gabrielle first started painting at 5 months when a family friend and artist gave her free reign of her workshop.

"At the time she was mostly squishing paint onto the canvas, however, when she was done we quickly realized she had artistic talent and really quite enjoyed herself. What she created was far from typical baby art," said mom Alexa.

From that point on, Alexa tried to harness Gabrielle's talent by allowing her to paint more often and practice different skills.

By the age of one Gabrielle showed great excitement "when I took out her canvas and acrylics. She started using paint brushes, sponges, painting knives, and other tools to create her artwork."

Once Gabrielle mastered using a brush, mom showed her different strokes, and methods to achieve different looks and textures.

"She grasped these concepts quickly and has developed a love for creating."

Mom saw a Facebook page for Foxx Lounge in Barrie, asking for art submissions from the public.

Artists were encouraged to submit hot dog or rock and roll themed art and



the winners would be featured on the walls of the lounge.

Gabrielle created a condiment inspired painting titled "Ketchup, we mustard be on our way to the relished hotdogery."

"To our surprise the curator was in touch with us almost immediately after the deadline to inform us that Gabrielle was one of the winners and her artwork would be featured.

"Gabrielle's piece is currently being shown at the Foxx Lounge until the end of the summer when they will auction off her print."

Alexa said since the competition Gabrielle's art has increased in popularity. She has had numerous commissions and has been busy creating new art.

While her parents are very proud, they don't push her to paint. It's strictly a passion of hers and mom said Gabrielle has never declined the option to paint and often pulls out her brushes to indicate that she wants to paint more.

Now that she is older she really enjoys choosing the colours she likes to use, changing brushes and sponges for

different effects, and revisiting paintings to add to them.

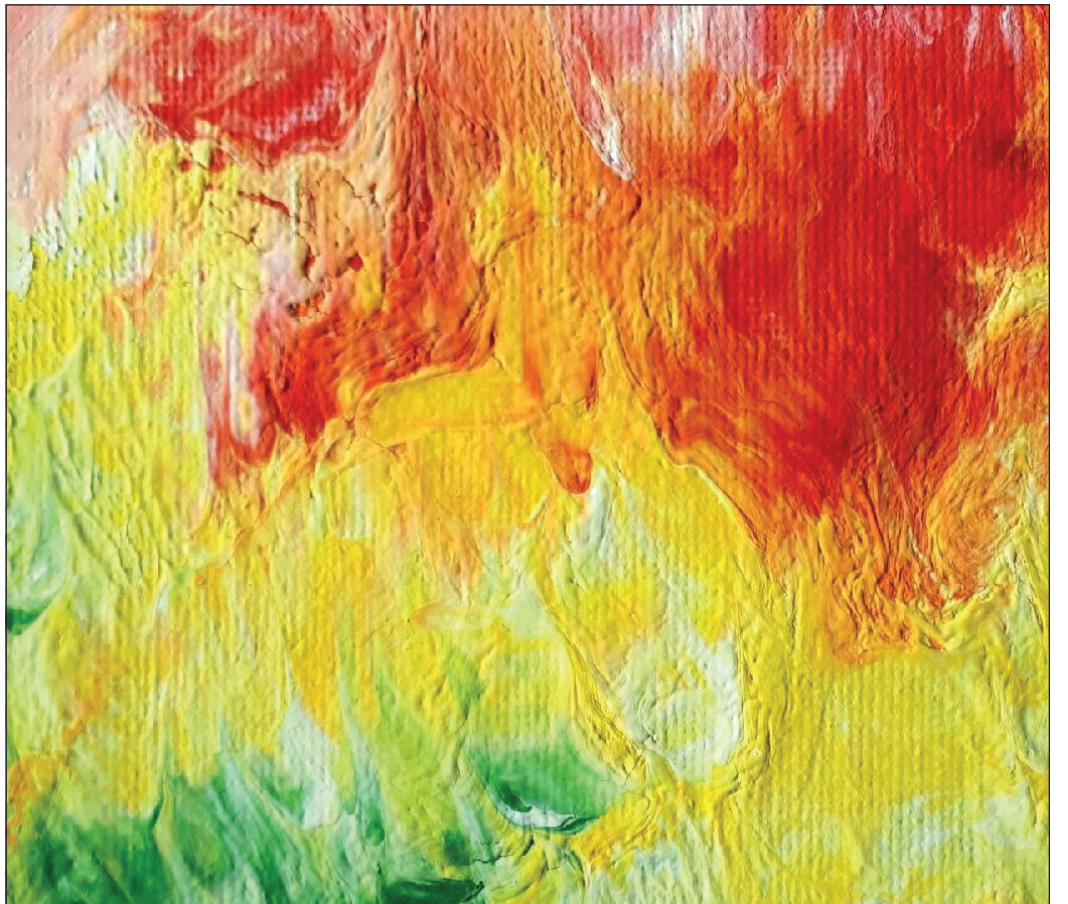
"It is beautiful to see her flourish and grow in her medium."

The interest in her painting has continued to grow, so much so that she now has her own email address and her parents started her own Instagram page - Email: gabrielle.tasse.art@gmail.com or Instagram: gabrielle.tasse.art

"She will be two in September and we don't see her slowing down in the foreseeable future. As long as she continues to show interest we will continue to nourish her talents. It's amazing to see people's faces when I show them her artwork and explain that she created it on her own. People just seem gravitated to what she creates. Her art elicits different emotions from each of the audiences we've heard feedback from."

Gabrielle has pieces of art in Toronto, Mississauga, Schomberg, Ottawa, Barrie and even California.

All of the money collected from sales of Gabrielle's artwork go to purchasing her new paint and tools to create or to her RESP.



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ANGRY BIRDS MOVIE 2 3D (G) FRI-THU 9:40

ANGRY BIRDS MOVIE 2 (G) FRI, MON-THU 1:15, 4:15, 5:20, 7:10; SAT-SUN 10:10AM, 1:15, 4:15, 5:20, 7:10

DORA AND THE LOST CITY OF GOLD (G) FRI, MON-THU 12:15, 2:45, 5:15, 7:45; SAT-SUN 10:20AM, 12:15, 2:45, 5:15, 7:45

FAST & FURIOUS: HOBBS & SHAW (PG) FRI-THU 1:00, 4:05, 7:00, 10:00

GOOD BOYS (14A) FRI-THU 12:45, 3:05, 7:50, 10:10

THE KITCHEN (14A) FRI-THU 12:30, 9:45

THE LION KING (PG) FRI, MON-THU 12:50, 3:45, 6:45, 9:30; SAT-SUN 10:15AM, 12:50, 3:45, 6:45, 9:30

PAW PATYROL READY RACE RESCUE (G) FRI, MON-THU 5:00; SAT-SUN 10:00AM, 5:00

SCARY STORIES TO TELL IN THE DARK (14A) FRI-THU 12:00, 2:30, 7:15, 10:05

LANDMARKCINEMAS.COM

# Sorrento is Bolton's newest luxury retirement living facility

By Julia Lloyd

A new building for retirement living is expected to open in early 2020, in the heart of downtown Bolton.

"I want to do seniors' living right, with an emphasis on ending ageism, valuing seniors and making them an integral part of our society and every day life," said Deena Linehan, VP of retirement operations at Sorrento Retirement Residence.

A presentation centre will be officially open to the public in mid-August, and will give people an idea of what to expect when construction is finished.

There will be floor plans available for people to look at; as well they will have an actual suite built in the centre, identical to one of the suites available for rent once Sorrento retirement is officially open.

The development company, King Station, chose to develop in the area because they feel Bolton is underserved when it comes to senior living. When Sorrento first introduced the idea of a new retirement residence downtown, a lot of people in the town showed interest, stated Linehan.

Construction for the project began in October 2017, shortly after the developers received approval from the Region of Peel.

The location of the development is 10 Station Rd. in Bolton. The facility is expected to have 140 suites available for rent.

Suites can be claimed once the presentation centre is open, according to Linehan, and right now, people are registering their interest.

The president of the development company, Raymond Nicolini, wanted to build Sorrento so that his parents could live the rest of their lives in luxury.

"Raymond's father, Vittorio Nicolini, moved to Canada from Italy many years ago and was a skilled craftsman. He passed along his passion for quality building on to his family and was instrumental in the planning and vision for Sorrento," said Linehan. "You can see his influence in the building's fine millwork, attention to detail and the outdoor dining terraces."

A majority of suites are one bedroom, and there are also studios, one bedroom plus den and two bedrooms

available. Cost of the units will differ depending on the number of bedrooms, the square footage and location.

One of the really cool aspects Sorrento offers that many retirement living residences don't, are programs to stay active in the local community. Sorrento will offer a lifelong learning plan lecture series as one of the developers' new approaches to senior living. A new wellness program will be offered, with a focus on healthy living – which includes, fitness, learning, social and volunteer programs designed for the senior who wants to live a full life filled with purpose.

"The idea behind the volunteer program is to hook seniors up with volunteering on a regular basis so that they have the option of a regular plan of activities, rather than that one or two time a year volunteer activity," said Linehan.

Some of the other amenities offered are a full-service restaurant for lunch and dinner, as well as a pub that will open before and after scheduled dining hours. There will also be a bistro for breakfast. The food offered is mainly Mediterranean and Italian.

There will be a swimming pool with aquatics programs offered as a part of the wellness program, as well, an in-house physician, and registered staff available at all times.

The residence will have beautiful landscaping. There is a full-service salon, and pet-friendly pet services, including a pet wash station, which is a rare feature since many retirement residences frown on pets. However, Sorrento is committed to keeping seniors and their pets together.

Sorrento will run a shuttle bus service for seniors to travel to local stores, attractions, or appointments. As well, Linehan says, the residence will plan trips to downtown Toronto, the casino and other fun locations.

"Retirement is lovely but you need to have purpose in life and we want to make sure our seniors continue to live life to the fullest. If you have purpose, Sorrento is designed to help you continue with that. But if you aren't certain, we can help you find it," stated Linehan.

To find out more or to register your interest visit the website at <http://sorrentoretirement.com/>

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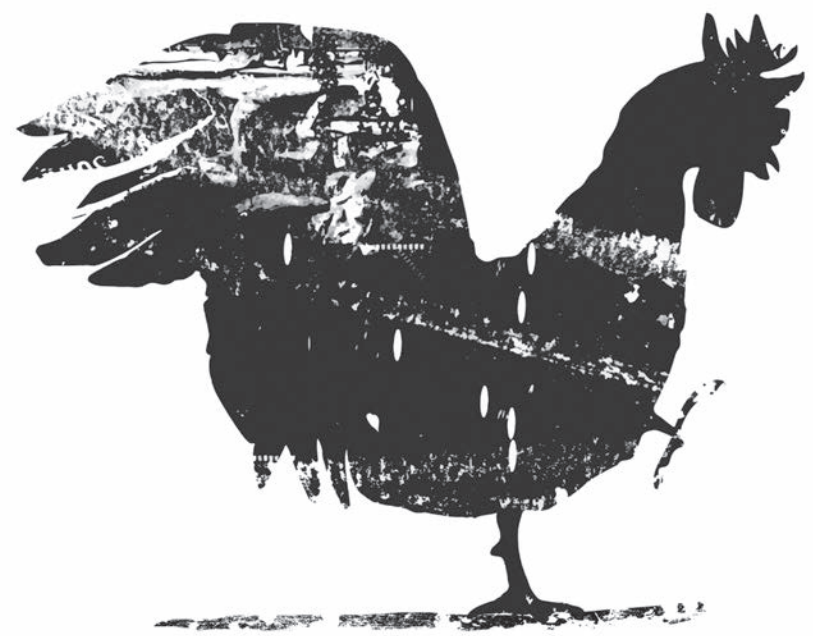


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# King artist pays tribute to legendary Georgia O'Keeffe

By Mark Pavilons

A homage to a famous American painter is drawing rave reviews for an established King artist.

Lynn Wilson, who's work is described as "strong, bold and powerful," has paid tribute to the late Georgia O'Keeffe, with her rendition of an iconic image. O'Keeffe is often referred to as the "mother of American modernism."

Wilson painted her version of O'Keeffe in mixed media, on a 4-foot-square hand-stretched canvas, provided by renowned King artist Helen Lucas.

It was a bit of a luck and perhaps fate that drew Wilson and Lucas together. Lucas made a point of telling Wilson how much she enjoyed her work, at the Schomberg Street Gallery in 2016.

A visit to Lucas's home studio enhanced Lynn's appreciation of her art.

Helen presented her with a large blank canvas, telling her to "paint something on it and show me when it's finished."

"I was at a loss for words," Wilson admitted.

In September 2017 there was an exhibit at the King Heritage and Cultural Centre featuring Helen Lucas along with Ernestine Tahedl.

"I went to hear them speak at the opening reception and Helen remem-

bered me and asked if I'd painted on the canvas yet! I admitted that I had not and that I was bit intimidated by that huge blank canvas. She said 'what are you waiting for? Just do it. I know whatever you'll do it, it will be wonderful!'"

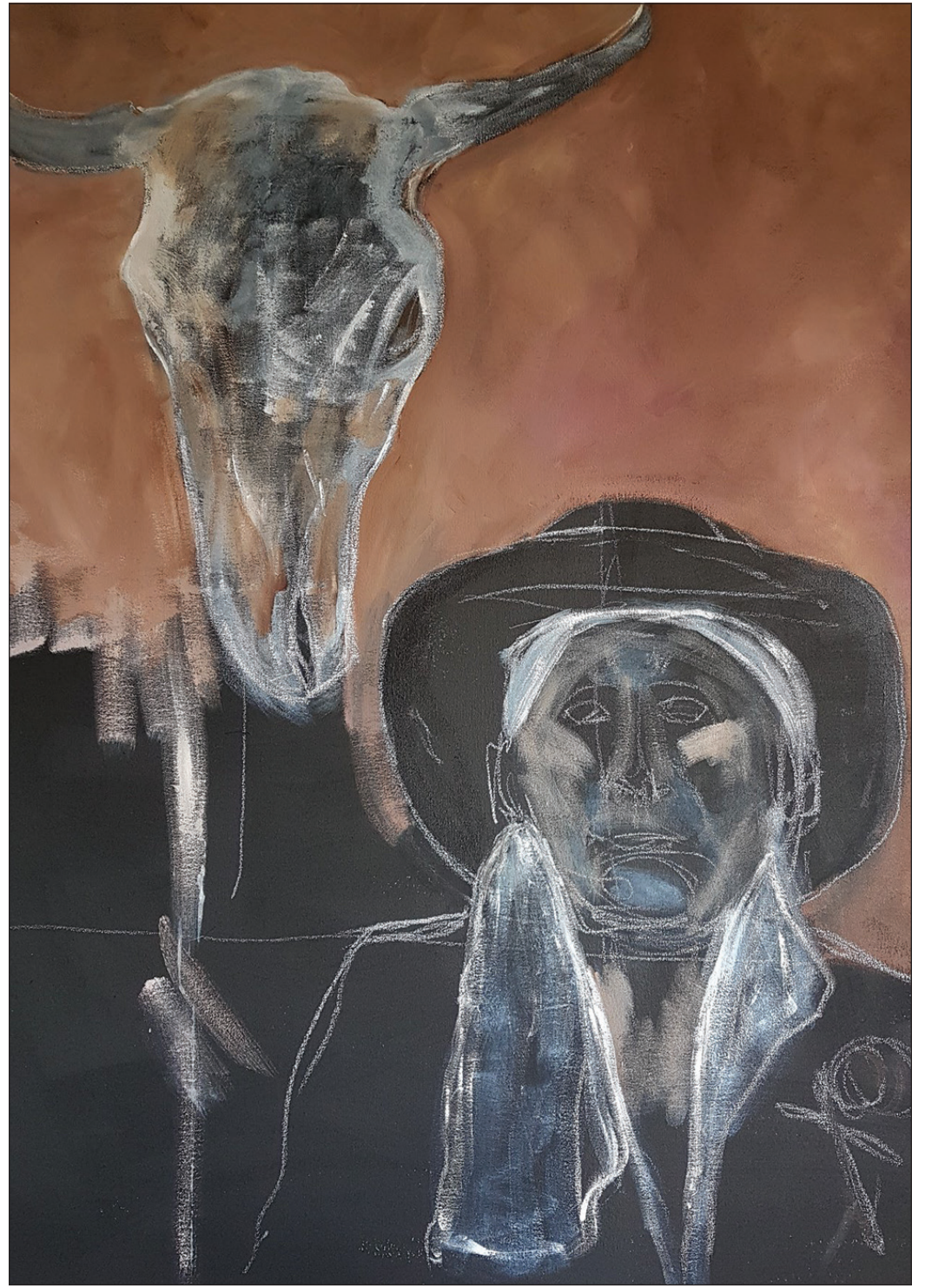
In July 2018, Lynn woke up from a dream thinking about the iconic photo of O'Keeffe. Known for her large florals, O'Keeffe began incorporating animal skulls, and stark cropped landscape images in her paintings in around the 1930s after a visit to New Mexico.

"The photo I had dreamed about shows her in her large black hat, leaning against a stuccoed wall that has an animal skull hanging on the wall. I knew a rendition of this in my style was what I should paint on Helen's canvas. I felt a connection between Georgia O'Keeffe and Helen Lucas through their amazing florals. I was excited!

"I primed the complete raw canvas in black Gesso, then sketched in my lines with a white Stabilo stick and then started to paint. I was approximately half done and something inside of my head yelled 'stop!' I stepped back and said to myself 'that's it!'"

Wilson said she posted a photo of the piece in an online Facebook art group and the compliments came fast and plentiful!

"I was blown away by the response."



About one week later, artist Fonda Clark Haight (who lives in North Carolina) emailed Wilson asking her for permission to include a photo of her piece in a monthly self-published art magazine.

But the best compliment came from Lucas herself.

"She loved it! I am beyond thrilled!"

Lynn has a wide range of inspired creativity including florals, abstracts, streetscapes, intuitive art, Altered Book Journaling and sculptured clay pieces incorporating many media such

as acrylics, metallics, iridescents, inks, graphite, calligraphy, collage and clay.

Having shown her work in many juried art shows, live art events and studio tours since 2002, Lynn now teaches both live (group and private lessons) along with online art classes and is an active participating member of Arts Society King and SOYRA (Society of York Region Artists).

Lynn will be on deck at this year's Schomberg Street Gallery on Sept. 15.

For more, visit <https://www.artbylynnwilson.com/>

## Family Fun at Splash On Water Park

By Mark Pavilons

Summer presents many opportunities for families to beat the heat and have some fun.

Barrie's Splash On is a unique and challenging water park that's a must-see for thrill-seekers. The relatively new addition to Centennial Beach in Barrie will leave you breathless, literally.

Created by B.C. native Brittany Gallagher, Splash On continues to attract strong numbers. The park opened in 2017 and Gallagher said it was an unbelievably successful year with 10,000 participants visiting the park.

The floating obstacle course may look easy, even aimed at children. But it's a tough, wet and wild adventure, unlike any other typical beach-front attraction.

Splash On held its annual donation day, with proceeds going to Hank's Haven and Dog Sanctuary.

Splash On Water Parks operates at Centennial Beach during the summer, and out of season, the inflatable water park is dismantled and stored during the winter. The park opens for the season in June and runs until September.

For more, visit [www.splashon.ca](http://www.splashon.ca).

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# Food Bank centres open Saturday

This Saturday, Aug. 17, the three Distribution Centres are open from 9-11 a.m. to serve Food Bank registrants. If you need help, please call ahead 905-806-1125 or ktfoodbank@gmail.com so food can be shipped to the appropriate centre in the right quantity for you.

Again, the monthly distribution will have donated produce from Hillside Gardens, along with wonderful Italian breads from Dorio's Bakery. Also this Saturday, the Pop Up Clothing Giveaway takes place from noon until 2 p.m. in King City.

Thanks to Charlie Wilson's canvassing, Brochure/Web Sponsorships are rolling in. TACC and Schomberg Sheet Metal again came in at the Gold Level, with JC Landscaping, Fines Ford, and Xtra Mechanical renewing support at the Silver level.

Nobleton Lions have again supported the Back to School Program with a cheque for \$1,500. Distribution of the filled backpacks happens this month. Thanks are offered to King Bible Church for their huge help with the King City registrations. Madeleine Nikmanesh conducted a campaign that supported the Kettleby registrations, and a number of individuals adopted backpacks to help with the Nobleton centre.

This generous support removes the need for fundraising, as the program's target is to be self-sufficient in order to preserve the Food Bank's mandate of providing food and food cards.

Sip & Savour is off to Rio!

Online tickets are now available for Sip & Savour, October 24, at Nobleton Lakes. Find the link at www.ktfb.ca Be prepared for bright



sights, a surprise menu of bites and wonderful entertainment as KTFB transports you to Rio de Janeiro. Tickets are currently only \$40, increasing as the Early Bird expires a month before the event. But bring your wallet and some cash, as the 50/50 draw gets bigger every year, and there will be a Toonie Tombola to win assorted items that are extra to the Silent Auction. You can buy tickets and place one half in the jar associated with the item you want to take home.

Visit www.ktfb.ca for the latest news and updates, including Distribution Dates, that are always the third Saturday of the month. Think about Christmas wishes, as registration happens with September Distribution on Saturday Sept. 21. This year, Christmas in King (CIK) pickup and December Distribution will be Saturday, Dec. 21 for those planning Christmas shopping after receiving cards through CiK.

King Township Food Bank Board would welcome knowledgeable assistance in the form of a Treasurer. This position includes all the book-keeping aspects, including accounts payable, accounts receivable, issuing cheques and making deposits, using the QuickBooks system. Email ktfoodbank@gmail.com or call Carol Ann at 416-559-7898 if you'd like to start a conversation.



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Kick off the weekend's festivities on Friday, Sept. 13 and watch the Magna Hoedown Showdown Finalists perform an amazing variety show of country classics! Check out the Food Trucks & Craft Beer Festival, and party the night away with an incredible Hoedown fan favourite, headliner Alan Doyle.

Event tickets are on sale and available online at [www.hoedown.ca](http://www.hoedown.ca)



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## Schomberg Should Know

By Wendy-Sue Bishop  
905-590-0054  
wsue52@hotmail.com

### York Pines United Church

Please join us this Sunday to welcome Rev. Fran Ota. She will be supporting our congregation until Christmas while we search for permanent ministers in collaboration with the King City and New Hope United Churches.

### Schomberg United Church By Nancy Hopkinson

On Sunday, August 18 at 10:30 a.m., there is a service with St. Mary Magdalene Anglicans, 116 Church St.

The next Seniors' lunch is at St. Mary Magdalene Church on Tuesday, Aug. 20 at 11:30 a.m. with entertainment first, followed by a delicious lunch of sausage & baked beans, corn on the cob, deviled eggs, and a peach dessert.

On Sunday, Aug. 25, 10:30 a.m., there is an ecumenical service with Nobleton United, Schomberg United, Schomberg Presbyterian, & Schomberg Anglican at the Dufferin Marsh. The service will be led this year by our minister, Rev. Carol-Ann Chapman.

Regular Sunday services resume in September at 9:30 a.m. Sunday, Sept. 1 is at the Kitchen Breedon Manor.

Schomberg United meets at St. Mary Magdalene, 116 Church St., at 9:30 a.m. most Sundays, but at the Kitchen Breedon Manor usually on the first Sunday of the month. For more info, visit nobletonunitedchurch.com and click on the Schomberg United link, or call 905-859-3976. Messages are picked up regularly.

### Anglican Parish By John Arnott

This Sunday morning August 18 there will be a combined parish 10:30 a.m. Morning Prayer service at St. Mary Magdalene's Anglican Church 116 Church St. in Schomberg.

On Thursday evening August 22 Schomberg artist hosting an "Evening of Painting" at St. Mary Magdalene's in Schomberg.

On Sunday, Aug. 25 the Anglican Parish of Lloydtown (St. Alban's Anglican community in Nobleton, Christ Church, Kettleby, St. Mary Magdalene's Schomberg) will join with other Schomberg and area church congregations for an outdoor ecumenical service rain or shine in Schomberg's beautiful Dufferin Marsh.

The 9th Annual Schomberg Run hosted by the Anglican Lloydtown Parish and the Anglican Diocese of Toronto to raise funds towards bringing clean, fresh water into more of the 800 homes in the First Nations community of Pikangikum in northwest Ontario goes Saturday, Sept. 28. Sign up get sponsors and run.



The King-Vaughan Federal Green Party Association invites you to the

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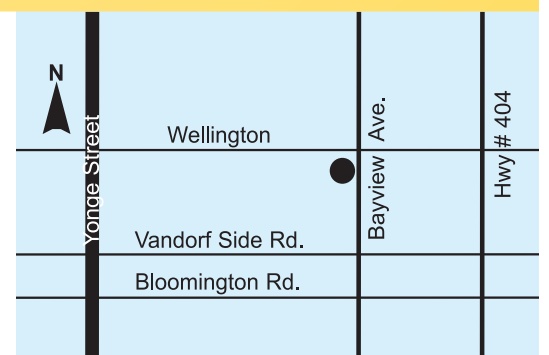
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## CDS graduate finds solace after U20 Pan Am injury

By Jake Courtepatte

There are plenty of highs and lows in the athletic world, and Wilson O'Neill has experienced both extremes this summer.

The Country Day School graduate was named to Team Canada for the Under-20 Pan Am Games in San Jose, Costa Rica, in June, set to compete in the 400-metre hurdles.

"It was an incredible experience," said O'Neill. "It was my first time ever representing my country in an international meet ... I was really just honoured to be there, because it was a sign that all the work that I've put in throughout this year and the past four years has built up to this."

One of just 42 athletes named to Team Canada, O'Neill landed in Costa Rica on July 17 to begin his training. The next morning, at the very first team practice, tragedy struck.

He was focused and "ready for a good training session," said O'Neill's coach, teacher Denise Steadman. "On the second to last hurdle of the final drill, Wilson heard a 'pop' in his knee.

"I asked him a few questions and then decided that it would be best if he saw the team therapist before continuing his workout. The therapist did a quick assessment and said that although Wilson's knee was structurally strong, she advised that we shut down practice. We were all hopeful that with some rest and ice, he would bounce back."

Some light training over the next few days had O'Neill in high spirits,

feeling no pain when running, but yet there were still doubts as to his ability to compete.

"During the final assessment, Wilson acknowledged that his knee felt good while running, but every time he did any hurdle type movement there was pain – not a good sign," said Steadman. "The therapists performed a few more tests and then gave their recommendation ... 'we advise that you not compete, but the final decision is up to you and your coach.' We were both stunned as we left the warm-up area to find a place to discuss the situation."

With a long career ahead of him in the track world at Western University, both O'Neill and Steadman agreed he sit out his event, instead using his time to cheer on his teammate Lee in the hurdles.

"It was really unfortunate that I didn't get to race, but it was a really clear decision that I shouldn't run," said O'Neill. "They said 'this is your first international event, don't make it your last."

"Once I found out I wasn't running, I just sort of took a night for myself, turned off my phone, but then the next day my roommate was running, so I just wanted to be there for him. That's all I could really do, just be there for everyone else."

O'Neill's rise to the height of the hurdles world came rapidly: he happened to fall into the sport when he needed something to do away from the snowboarding team in Grade 9, finishing third in OFSAA competition that



CDS graduate Wilson O'Neill is fresh off an appearance at the 2019 Pan Am U20 Championship in San Jose, Costa Rica.

year before placing first in both long and short hurdles in his grade ten year. After an injury in Grade 11 kept him away from the track, he closed out his high school career with a double silver. I picked it up pretty quick," said O'Neill. "And just ran with it." No pun intended.

## Slezak helps team earn bronze

By Jake Courtepatte

Chock up a podium finish for the Caledon equestrian community.

Karl Slezak was one-fourth of the Canadian team that took home equestrian eventing bronze at the Pan Am Games in Lima, Peru.

Eventing, for those not within equestrian circles, refers to what amounts to be an equestrian triathlon: riders and their steeds compete in three days of a variety of competitions to test the skills of the pair, including dressage, cross country, and show jumping. It holds its roots as a military test to determine the mastery of the rider.

The experienced Slezak took his 10-year-old gelding, Fernhill Wishes, into day one of the competition, where he set his own personal record with a score of 27.7 points to put Canada in good standing after day one.

"It was fantastic," said Slezak in a press release following the day of competition. "I was really focused on the quality today; there were a few little blips in the accuracy, but I was really pleased with it."

"We've got a great team," he added. "They're all super-supportive. We've had a lot of fun the last couple of weeks."

Day two brought about the cross country portion of the event, which Slezak called "the heart of the sport" and "by far the most exciting." Rider and horse navigate a natural terrain course to prove their worth, in the case of the Pan Am track, a 4.5-km test involving 26 obstacles and 35 jumps.

Slezak started out well on day two, once again aboard Fernhill Wishes, yet found trouble later in the track to incur a string of penalties and land in 13th place individually.

"It was riding well," said Slezak. "He was a bit spooky at the beginning, as it was the first time he has seen crowds and was trying to figure out his lanes. There's a lot to do at the beginning. I was a little bit down on the clock; going up to the mound at 23 I thought he jumped around it nicely but he almost slipped and I couldn't make that turn. It was a bummer. Then he was back on it and he felt great to the end; he felt like he had lots of running still."

Canada fell to third place heading into the final day of competition, a spot they held onto on show jumping day to land on the podium.

Slezak finished off the event with a score of 58.9 in the show jumping, good for a twelfth place finish overall.



Photo by Werner Krainbacher, [Puckfans.at](http://Puckfans.at)

## Byfield helps Team Canada to silver

By Jake Courtepatte

Quinton Byfield is nearing his 17th birthday.

Yet the York-Simcoe Express alumnus finds himself overseas in the Czech Republic, in the red and white sweater of Team Canada for the second time in the same number of years.

Byfield found himself on the list for the Hlinka Gretzky Cup after Canadian staff made cuts at selection camp, facing the best in the world at the Under-18 level.

"I know what they want to see now," said Byfield. "They want us to play the Canadian way, they want to see us involved. You have to play a 200-foot game."

"I'll be involved everywhere on the ice. I think I learned a lot from last year. I just want to give it my all, and hopefully be a leader on the team. I'll be one of those guys who they can lean on in the tournament."

Though the event may be the first of his young career to occur overseas, Byfield pulled on the maple leaf last year for the Under-17 team, an experience that he said was "definitely cool."

The selections do not go unwarranted: in just his first year of major junior hockey in the OHL, Byfield proved why he was the number-one selection in the OHL draft to head to Sudbury to play for the Wolves, posting 61 points in his first 64 games.

Expectations will remain high for the young star athlete, who is ranked as high as second in a number of early 2020 NHL Draft rankings, with many praising his six-foot-five frame as well as his speed and power.

Unfortunately for Team Canada, their two-year reign as gold medal champions at the tournament was cut short by the Russians in this year's iteration, a 3-2 game that took place on Saturday. Yet for Byfield individually, he lived up to the hype that he brings into his next OHL season, finishing third in tournament scoring with a five-point effort over five games, behind just teammates Cole Perfetti and Hendrix Lapierre. Byfield was recently named OHL Rookie of the Year for his efforts.

"It all starts from my coaches. Early on in the season, I was getting opportunities, but not defensive opportunities. They told me that I have to change my game a little," said Byfield. "The awards I won, the credit definitely has to go to them because I changed my game from just being an offensive forward to playing a 200-foot (game). They gave me a lot of trust in playing penalty kill, last minute situations both offensively and defensively, (and) going out for defensive zone draws."

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## Canadian Show Jumping Team Tokyo bound after 4th place at Pan Am Games

The Canadian Show Jumping Team is Tokyo bound for the 2020 Olympics after earning fourth place at the Lima 2019 Pan American Games in Peru on Aug. 7.

Team members, Erynn Ballard of Tottenham, ON, Lisa Carlsen of Okotoks, AB, Mario Deslauriers of Bromont, QC and Nicole Walker of Aurora, reached their goal of Tokyo qualification on a team total of 30.21 after two days and three rounds of competition. Brazil won a decisive gold on a score of 12.39. Mexico made a strong move up from their fourth place standing on day one to take silver with 22.97, while the United States lost their leading foothold to land in the bronze medal position (23.09).

Canada was sitting third coming into day two, which honoured the nations cup format with horses and riders negotiating the same track in back-to-back rounds. By the end of the first round, they were holding fourth, securing their place among the top 10 teams invited back for the second round. With Tokyo qualifications only handed out to the top three placed teams, not counting the US who were already qualified, the pressure was on.

Round two saw the four leading teams bounce in and out of the top three spots on the leaderboard, as they waited to see where they landed when all four riders had completed, and the highest score from each team was dropped. Heading into the final rotation of riders, Canada was sitting third once again, and holding their breath to see if Team Mexico anchors, Patricio Pasquel and Babel, would be able to knock off their teammate's 16 faults. A clutch performance by Pasquel put a zero on

the board for Mexico and sealed Canada's fate in fourth, less than two rails away from the podium.

"It would have been nice to have a medal, but really our goal and our priority was coming down here to qualify for the Olympics, so I am extremely happy. Mission accomplished," said Canadian Show Jumping Team Chef d'Équipe, Mark Laskin.

Canada's top performer was Ballard, 38, and her up-and-comer, Fellini S (Vermont x Rash R). They proved to be one of only two horse-rider combinations to achieve back-to-back clear rounds over the exacting 13 obstacles and 16 efforts set by FEI 4\* Course Designer, Guilherme Jorge of Brazil. In fact, the duo haven't touched a single rail in Lima, and finished out the first two days of competition standing in second place individually on a score of 3.26 – sandwiched between Brazilians, Pedro Veniss and Quabri de l'Isle in first (2.06) and Rodrigo Lambre and Chacciana in third (5.26).

"That horse jumped his heart out two rounds in a row today," Ballard said of the nine-year-old Dutch Warmblood gelding owned by Ilan Ferder. "And, he's good on the time, good in the atmosphere, and at the water and the walls. He handled it beautifully. It's a pretty cool feeling jumping double-clear in a place like this, and jumping double-clear for Mark Laskin – that's a pretty big deal for me right now."

Walker, 26, finished out the day in 12th individually on a score of 13.38 penalties aboard her 14-year-old Belgian Warmblood gelding, Falco van Spievelde (Toulon x Lys De Dar-men).



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# Stronger, strategic protections needed in Simcoe County

The Rescue Lake Simcoe Coalition released a report and maps over the recent long weekend which show that only 14% of Simcoe County's natural lands are well protected. And even the strictest land protection policies allow for aggregate activity, which has the potential to remove some of the best protected lands.

Ultimately, the report concludes that Simcoe County does not meet federal habitat protection guidelines, and that much more substantial protections for natural features and linkages are needed.

Anyone can see that forests and wetlands are being lost in Simcoe County. The report asks, are our current policies protecting enough forests and wetlands to buffer the area's water and ecosystems from the impacts of development, climate change, and fragmentation of the natural heritage system? The research indicates, the answer is no.

Simcoe County's Natural Heritage System looks big, but 58% of the county's land is covered by policies that allow for a "death by a thousand

cuts." Development applications often result in the removal of Simcoe County's Environmental Protection designation. The result is the loss of linkages between well protected natural features. This is not helpful for animals on the move, or general ecosystem health.

The silver lining is that same 58% category. Simcoe County and its municipalities are in a position to increase the level of protection for a greater portion of the County by implementing Conservation Authorities' Natural Heritage Systems and strategies, setting ecologically based, local targets, and by getting all wetlands evaluated and protected.

"We are not out to denigrate any agency or actor involved in making land use applications or decisions. But we need to point out that today's policy regime is inadequate at protecting an appropriate amount of greenlands for the long term. If we don't set a higher bar for protecting natural features we will continue to experience a loss of water quality, species, and ecosystem health," said Claire Malcolmson, long-time Lake Simcoe advocate and execu-

tive director of the Rescue Lake Simcoe Coalition. "That is not a legacy we will be proud to leave for our kids. Last I checked, kids did not love algae-strewn beaches."

The Rescue Lake Simcoe Coalition's greenlands mapping project seeks to identify how well protected Simcoe County forests, wetlands and shorelines are by analyzing the strength of the policies applied to the features that make up area greenlands, and mapping the results.

University of Guelph cartographers created four maps for this research, showing the land use mix in Simcoe County, the breakdown of the levels of protection, the locations of aggregate resources that could eat into the best protected greenlands, and the features identified in the RLSC report's "Best Protected" category.

50% forest cover or more at the watershed scale equates to a low-risk approach that is likely to support most of the potential species, and healthy aquatic systems.

Simcoe County has 22%, but is losing forest cover.

The greater of (a) 10% of each major watershed and 6% of each subwatershed, or (b) 40% of the historic watershed wetland coverage, should be protected and restored, and no net loss of wetlands.

Simcoe County has 14% wetland cover based on our analysis, and approximately half of its historic wetland cover.

Margaret Prophet, executive director of the Simcoe County Greenbelt Coalition, was involved in the development of the report.

"This research verifies what we at the Simcoe County Greenbelt Coalition have been saying for over 3 years - our green spaces and waters are not adequately protected or respected," she said. "Each day that goes by that we dig and pave, we threaten our water, our climate, our biodiversity and our very survival. We hope that political leaders recognize the opportunity and need to permanently protect and steward our environment. We can no longer afford dithering and delays."

For more, visit [https://www.simcoe-countygreenbelt.ca/greenlands\\_report](https://www.simcoe-countygreenbelt.ca/greenlands_report)

# Classifieds

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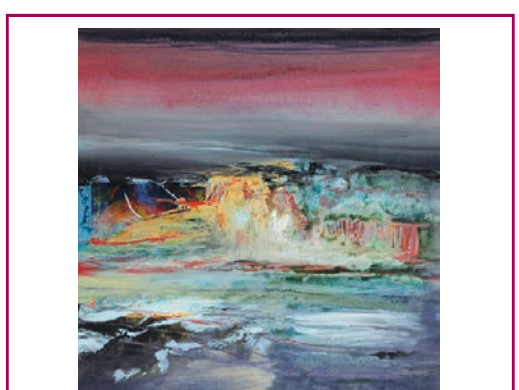
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# Nobleton Notes

By Angie Maccarone  
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## St. Paul's Church

This Sunday, Aug. 18, Jeff will lead us in worship. His message is titled "The Cost of Discipleship," based on Joyn 15.18-16.4. We offer ministry to children aged 0 to 11 during worship. Following the service we always enjoy some delicious refreshments. Come and join us. You will be glad you did!

Jeff's messages are posted at [www.passionatelyhis.com](http://www.passionatelyhis.com) each week. They are also available for viewing on Facebook Live, on the church's Facebook page (@stpaulsnobleton) and its YouTube page (search St. Paul's Church, Nobleton), and our website, [stpaulsnobleton.ca](http://stpaulsnobleton.ca). For more information about ANY of our activities or events, please contact the church office (905-859-0843) or visit [stpaulsnobleton.ca](http://stpaulsnobleton.ca).

It is said that what goes into a mind comes out in a life. What you read, watch and listen to really matters! Our library continues to grow. We are excited to be adding many brand new non-fiction books, as well as new DVDs based

on true life stories. You are welcome to borrow from our church library, which contains many DVDs, books and CDs to help stretch and grow and encourage you.

The first and third Tuesday of the month we have a group that gets together at 1 p.m. to do quilting. The second and fourth Tuesday of the month, the focus is on knitting. All handcrafted items are donated to various mission projects. Please join in if you enjoy handcrafts!

## Nobleton United Church By Nancy Hopkinson

Although in August, Nobleton United will not be having services, there are lots of opportunities for community worship.

On Sunday, August 18 at 10:30 a.m., there is a service with St. Mary Magdalene Anglicans, 116 Church St.

On Tuesday, Aug. 20, 11:15 a.m., Schomberg United hosts a local Seniors' Lunch at St. Mary Magdalene Church, lower level. The guest speaker is Andre Flys of Pioneer Honey. For more details and the contact info, see the news in the Schomberg United section.

On Sunday, Aug. 25, 10:30 a.m., there

is an outdoor ecumenical service with Nobleton United, Schomberg United, Schomberg Presbyterian, & Schomberg Anglican at the Dufferin Marsh. The service will be led by our minister, Rev. Carol-Ann Chapman. Everyone is welcome, no matter your denomination!

Nobleton United resumes regular services in September at 11:15 a.m.

For more info, visit [nobletonunit-edchurch.com](http://nobletonunit-edchurch.com), our Facebook page, or call 905-859-3976. The church office is normally open on Tuesday, Wednesday and Thursday mornings. Messages are picked up regularly. Nobleton United, 6076 King Rd., is north of the King Rd., about 6 buildings west of Hwy. 27. We have a big parking lot at the rear, an accessible ramp, chair lifts and accessible washrooms. We warmly welcome everyone, old and young.

## Anglican Parish By John Arnott

For the month of August summer services in the Anglican Parish of Lloydtown return to St. Mary Magdalene's Anglican Church, 116 Church St. Schomberg Sunday mornings at 10:30 a.m.

For the remainder of the month into

the first week of September lay readers Sarah Ebbs Geoff Peat (both from Christ Church, Kettleby) and Steve Cress (St. Mary Magdalene's) will share leading the combined parish services of morning prayer.

The parish will take part in the outdoor Ecumenical Service with other Schomberg and area churches to be held later this month on the edge of historic Dufferin Marsh in Schomberg.

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### 708 OBITUARIES

*John "Rod" Rodrick Powell*  
1929-2019

We sadly announce the peaceful passing of John "Rod" Powell on July 15th, 2019 at the Muskoka Shores Nursing Home in Gravenhurst at the age of 90 years old. Loyal and devoted husband to the late Marilyn Collette (2013) of Severn Bridge, formerly of Nobleton, Ontario. Beloved father to Randolph "Randy" Neil Powell and Michael John Powell of Gravenhurst. Cherished father in law of Sijtske "Cindy" Atsma-Powell. Dear cousin to Wayne and Sharon Hardy. Affectionately known as Grampa frog to numerous grandchildren, all of whom were very special to him. Rod was a dedicated member of 45 years to the Boy Scouts of Canada where he embodied the scout's values of; kindness, acceptance and to make meaningful contributions to creating a better world. Rod will be remembered for his effortless ability to win over the hearts of strangers and his love and commitment to his family. Friends are welcome to join the family at Washago Centennial Park (3376 Quetton St. Washago, ON), Saturday, August 24th, 2019 from 11:00am to 1:00pm for a Potluck. Please bring your favorite potluck meal, cold beverages, a chair and a memory of Rod to share.

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## King's Corners

**King City United  
By Sheryl Sinka**

We hope that you have a good month of August and while Rev. Bruce is off for study leave and vacation we invite you to visit one of our sister churches, York Pines United (3150 Lloydtown-Aurora Rd, Kettleby,) or New Hope United (9100 Jane St, Concord) if you are home. Our church office will remain open with regular hours.

The women's prayer group continues to meet at the Residences of Springhill at 80 Burns Blvd. on Tuesday mornings. The condo community is on the south side of King Road and meetings are in the small dining room on the main floor. Departure time is optional but please try to arrive just before 9 so as to be let in. Prayer is powerful and whether it is illness, anxiety or life situations for yourself or someone else, consider adding your voice to this ministry. For more information contact Deana 905-833-5375.

Tea and talk meets on Friday mornings at the Sunset Grill (1700 King Rd.) at 10 a.m. All are welcome to come out and join in a cup of coffee or tea and some conversation. If you have any questions please contact the church office at 905-833-5181.

Check out our website at [kcuc.net](http://kcuc.net)  
Worship at King City United will resume on Sept. 8. We hope to see you then.

### King Bible Church

Please join us on Sunday, Aug. 18 as we welcome Steve Bradley from Life 100.3 as our guest speaker.

Please take advantage of our excellent children's ministry. Our Sunday morning "Celebration Zone" provides age-appropriate programs for children aged 4 to Grade 8. Our children's program is staffed by screened volunteers who care about your kids! The children in Grades 1-8 will join their parents for the beginning of the service until they are invited to go downstairs. The children in Kindergarten can go directly to their class at the start of the service.

If you have children aged 0-3 then we invite you to bring them to our beautiful and safe Nursery facilities which are located on the lower level.

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### St. Andrew's By Kathy Patterson

St. Andrew's shares the love of Jesus in the community and beyond!

Sunday worship for the family is at 10:30 a.m. All are welcome.

We are fortunate to have Alison Agnew back with us for consecutive Sundays - all of August and the Labour Day weekend. Alison has prepared a series of three sermons on the disciple Peter from the book of Acts and then will conclude with two sermons from Peter's letters. We hope you can join us as we get to know Peter better. Alison's love for God and His Living Word is so evident!

Sunday evenings Niyazi Bilgen, a pastor with The Greater Grace Fellowship leads a Bible Study starting at 5 p.m. in the lounge. Refreshments follow and all are welcome. Call 416-878-8499.

Tuesday mornings from 9 to 10 a.m. the Women's Prayer Circle continues to meet throughout the summer at 80 Burns Blvd. What a wonderful way to start your day. Take time to meet with Him wherever you find yourself this summer: (Philippians 4: 6 & 7)

While Lynn is on vacation, for pastoral care contact our Interim Moderator, the Rev. Paul Johnston, 705-341-7738 or speak to one of the Elders. (Office: 905-833-2325). We are located at 13190 Keele St., 2 blocks north of the King Rd. [www.standrews-kingcity.ca](http://www.standrews-kingcity.ca)

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### All Saints Anglican Church By Patrick Gossage

Major Muslim festival honours Abraham - This week is the festival of Eid al-Adha "Festival of the Sacrifice." It is the second of two Islamic holidays celebrated worldwide each year. It honours the willingness of Abraham to sacrifice his son as an act of obedience to God's command. We share the same story in the Old Testament as our Muslim brothers and sisters in the Quran. There are many similarities in these two Abrahamic faiths.

Words to live by - Abraham's faith when he obeyed the call to set out for a place not knowing where he was going figured in last week's Epistle reading from Hebrews 11. It states: "Faith is the assurance of things hoped for, the conviction of things not seen."

Rev. Claire said, "This one phrase sums up the whole of our life as Christians" and pointed to the mystery of faith that goes against "seeing is believing."

But artists, those who fall in love, even scientists attest to the fact that if you believe only what you see you won't see very much and you won't believe very much. Life would be difficult without faith, faith when we drive a car, faith in our doctor, faith in what we eat. Faith in God is more difficult to explain. "We explain it by the effect it has on us and others," Rev. Claire said. "We have seen God at work. The examples in Hebrews - Abraham, Moses, Gideon and in our time Martin Luther King ... these people showed that having true faith was far from being soft and cuddly. It is solid scary and inconvenient."

More on Page 23

## King City Senior's Centre activities

By Carol Kanitz

Last call for the Sept. 20 trip. The deadline date for signing is Aug. 18. The trip begins with the Lock 3 Viewing Complex at the Welland Canal. This will be followed by an Italian lunch at Johnny Rocco's and a visit to the Showboat Theatre for a performance of Lunenburg. The cost is \$108/pp. Call Agnes at 905-841-7390 or Jayne at 905-853-1436 immediately to reserve a place.

With summer drawing to a close, it is time to plan ahead for the fall. Registration for membership and other activities will take place at the Centre on Wednesday, Sept. 4 between 9:30 a.m. and noon.

Updated information can be found at our website - [www.kingcityseniors.ca](http://www.kingcityseniors.ca)



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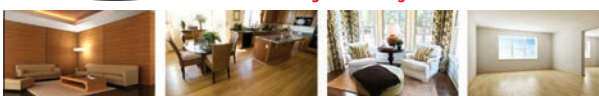
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**From Page 22**

It transforms us as soon as we embrace it. It is not something we achieve but is a gift of God. It may come by being aware of God in all things, by opening our minds and senses to the beyond as an artist does. It may come by knowing in our hearts that God is there. I encourage you to pray for that gift."

**Horticulture  
By John Arnott**

On that mid-August day as Doc Lalonde hitched his horse and buggy to the post outside Asa's rambling, weathered old house, he had no idea why the strong healthy man he'd stop to talk with outside the general store's ramshackle stable was in need of a doctor a couple of days later. But the blacksmith's two sons, still out of breath from riding hard to get him, begged him to "come quick our pa is real sick with a bad belly ache, shakin', pukin' and gaspin' for air."

Both boys rushed straight into the house followed by Doc to find Asa blanket covered on a couch in the summer kitchen, his distraught wife, Mary, holding his limp hand and gently placing a cold cloth on his forehead. At the sight of Asa an alarm bell started ringing in the country doctor's mind and he began to recall a symposium he'd attended a couple of years back in York. He asked Asa's wife what he'd been eating and drinking in the last few days. "Just milk and fresh beef" she tearfully replied adding "We all have! The neighbour from the farm next to us" she said pointing "brought it over as payment for shoeing a horse."

Remembering he'd seen old Nya, the Ojibwa shaman down by the creek near

the village as they rode out, he turned to the Asa's oldest boy telling him to get on his already saddled horse and find her fast. "Tell her about your dad and get her to come back with you bringing that leather satchel of herbals she nearly always carries." Then, getting a large 1 pint mug of water from the kitchen pump, he took a small glass vial from his bag, unstopped it, carefully and put 5 droplets of the evil smelling contents (sulfuric acid), into the fresh water then getting Mary to lift her husband's head, he held the mug to his patient's mouth and let the tart lemony tasting liquid trickle down his throat. An hour or so later after old Nya had administered a particular herbal infusion, and Asa was resting comfortably, she asked the doc and the boys to walk with her to a shaded low area in the bush near a pasture on the next door farm.

In the 1800s some small settlements in southern Ontario were abandoned by settlers because of a mysterious disease which caused people living in them to get seriously ill with, in some places, up to a quarter of the inhabitants dying. The death count was much higher in the nearby American states. And in fact this grim number included, it is thought, Nancy Hanks Lincoln, Abraham Lincoln's mother who contracted it and died at a young 34 in southern Indiana.

This phantom killer was finally identified as milk sickness by Anna Pierce-Hobbs, a country doctor in southern Illinois, who with much help from a now unknown First Nations Shawnee medicine woman discovered this often fatal illness happens when milk or beef from cows, that because of over grazed pasturage have been forced to browse white snakeroot. This plant grows in open shady low lying, constantly damp

areas usually at edge of the woods. Horses, sheep and goats faced with poor pasturage management in this region, could fall victim to this sickness for the same reason.

In animals it's called "the trembles." There is no known cure for milk sickness only the symptoms being treatable.

And yes we have white snakeroot growing in our area, lots of it. I pass it on one of the trails I walk in the nearby conservation bush.

A perennial, in bloom from July until October, this attractive plant grows between 2 ft./60 cm. and 3 ft./1m high. Young plants usually have just 1 stem while mature ones have several growing from a tough fibrous (stringy) root system. These stems can be hairless but more often are covered in tiny crinkled whitish hairs. The undersides of the lance/spearheaded shaped leaves have tiny whitish hairs on their ribbing/veins while the rich green topsides are smooth.

Leaves, larger near the base of the stem and smaller as they ascend, are all coarsely serrated (toothed) along their edges. They are attached to the stems by short slender petioles (leaf stems). The flowering stem is topped by small hairy branching flower petioles each holding a white brush-like disc of curled florets which all together form a flat cluster of flowers. The florets combined with their tiny pollen bearing stamens give a frothy appearance to the whole flowerhead.

Snakeroot is a member of the aster family and related to low growing blue ageratum often used in the front of garden borders and along walkways.

Botanists call white snakeroot ageratina (Latin for aging well, as it blooms a long time), altissima (Latin for high growing).

This easy care, easy to grow, easy to move plant is not suitable for gardens often visited by children or pets as it contains tremetol, a very toxic chemical.

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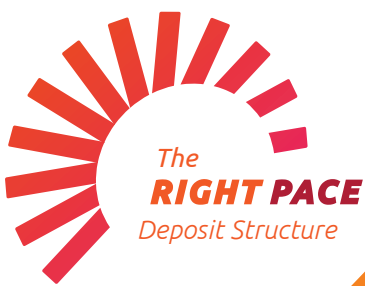
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