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# King Weekly Sentinel

*King's Community Newspaper*

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FREE Thursday, January 24, 2019 Volume 46, Issue 4

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## Lions kick off 2019 mayor's levee breakfast

The Schomberg Lions Club kicked off 2019 with The Mayor's Pancake Breakfast Saturday at the Trisan Centre. Club members Ilya Dagenais, Ruth MacDonald, Angela Rose, Tim Harkness, Claire Murphy, Amanda Sawyers, Bill Hanlon, and Colin Walker worked like a well-oiled machine, cooking up more than 600 pancakes and sausages and serving over 200 people. Also on hand was Town Crier Steve Travers. Cooking up the meals were Ruth MacDonald, Claire Murphy Angela Rose, Amanda Sawyers, Colin Walker and Tim Harkness. Councillors Debbie Schaefer, David Boyd, Avia Eek, Jordan Cescolini and Jakob Schneider helped serve up the meals.

*Submitted Photos*



**Lucy Brookhouser**  
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**INSIDE**

**REGULAR FEATURES**

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**Life Drive Fitness opens in Schomberg.**



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**King home top prize in lottery.**



See Page 7

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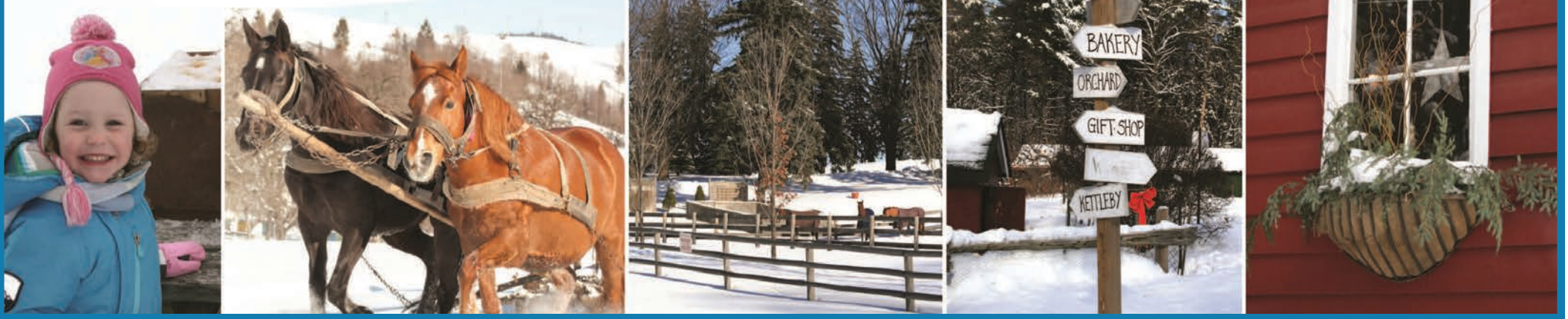
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**UPCOMING MEETINGS**

**COUNCIL AND COMMITTEE OF THE WHOLE**

Municipal Office, Council Chambers, 2585 King Road

**Monday, January 28, 2019**

6 pm – Council/Committee of the Whole

**Wednesday, January 30, 2019**

9:30 am – Special Council Closed Session re: Council orientation/education session, Laskay Hall

**Monday, February 11, 2019**

6 pm – Council/Committee of the Whole

To view full Council and Committee of the Whole agendas, visit [king.civicweb.net/filepro/documents](http://king.civicweb.net/filepro/documents)

**EMPLOYMENT OPPORTUNITIES**

- Engineering Technician – Utility Coordination – closes January 25
- Construction Inspector (6-month contract) – closes January 25
- Project Manager – Municipal Infrastructure & Waste Management – closes January 25
- Lead Hand – Arenas – closes January 25
- Arena/Facility Operator I (maternity leave contract) – closes January 25
- Summer Students – various positions available
- Summer Camp Positions (various) – closes Feb. 15
- Outdoor Program Facilitator (PT seasonal) – closes Feb. 15
- Summer Aquatics Positions (various) – closes February 15
- Arena/Facility Operator I (contract) – closes when filled
- Stand-by Equipment Operator (seasonal contract) – closes when filled
- Program Instructor (PT seasonal) – closes when filled
- Crossing Guard (contract) – closes when filled

Please visit the Township website at [www.king.ca](http://www.king.ca) for employment opportunities.

**BID NOTICES**

For all bid opportunities, please visit the Township of King's website [www.king.ca](http://www.king.ca), click **Popular Topics** and click **BID OPPORTUNITIES**.

Or visit on the following link <https://king.bidsandtenders.ca/Module/Tenders/en>

**REMINDERS**

**Winter Parking Restrictions**

**REMINDER!** Help us keep your streets clear of snow and safe for passage. To ensure effective snow removal, Winter Parking Restrictions are in effect from **November 1st to April 15th**. On-street parking is prohibited on any roadway from 2 a.m. to 6 a.m. during this period.

**KING FIRE & EMERGENCY SERVICES**

**Stay Warm & SAFE**

**PREVENT HEATING EQUIPMENT FIRES**

**WHAT'S THE RISK?**

Heating equipment fires account for **1 in 10** home fires.

Heating equipment is the **second leading** cause of home fires.

In 29% of home heating fires, the cause is **lack of routine maintenance** of heating equipment.

The average dollar loss per heating equipment fire is **\$53,000**.

The leading causes of heating equipment fires are:

1. woodstoves
2. fireplace/fireplace inserts
3. chimneys.

**How do I prevent a heating fire?**

- ❖ Have your heating system and chimneys inspected and cleaned annually by a qualified service technician.
- ❖ Ensure all outside heating vents are not blocked.
- ❖ Ensure woodstoves, fireplaces and fireplace inserts are installed by a qualified technician according to manufacturer's instructions.
- ❖ Always use a fire screen around the fireplace.
- ❖ Allow ashes from your woodstove or fireplace to cool before emptying them into a metal container with a tight-fitting lid. Keep the container outside.



All homes with a fuel-burning appliance, fireplace or attached garage must have a working carbon monoxide alarm installed outside all sleeping areas.

Statistics for Ontario between 2010-2014. Provided by the Office of the Fire Marshal and Emergency Management

Office of the Fire Marshal & Emergency Management [www.ontario.ca/firemarshal](http://www.ontario.ca/firemarshal)

**PUBLIC NOTICES**



**Meet the Mayor & Ward Councillors**

All are welcome!

**Tuesday, February 5**

Schomberg Library  
77 Main St.  
6:30pm - 8:00pm  
**Councillor Bill Cober**

**Wednesday, March 20**

Nobleton Library  
8 Sheardown Dr.  
6:30pm - 8:00pm  
**Councillors David Boyd & Jakob Schneider**

**Thursday, April 4**

Ansnerveidt Library  
18997 Dufferin St.  
6:30pm - 8:00pm  
**Councillor Avia Eek**

**Tuesday, April 16**

Township of King Municipal Centre  
2585 King Rd.  
6:30pm - 8:00pm  
**Councillors Debbie Schaefer & Jordan Cescolini**

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January 14 - February 28, 2019 | King Heritage & Cultural Centre

**REMINDERS**



We are REFRESHING our Community Sustainability Plan that was created in back 2012. We'd love to know what you love about King, what changes you would most like to see and which priorities we should focus on as we undertake the REFRESH!

Please visit <https://speaking.king.ca/ICSP> to participate in the surveys, post a comment in the forum or to ask a question.

For more information on the Sustainable King REFRESH contact Sara Olivieri, Sustainability Coordinator: (905)833-4080 or [sustainability@king.ca](mailto:sustainability@king.ca)

**@SUSTAINABLEKING**  
**SUSTAINABLE KING**

# Township also concerned with impacts of Bill 66

By Mark Pavilonis

King Township has joined the throng of concerned citizens, voicing trepidation over Bill 66.

Critics charge that the legislation, while intended to streamline the planning process, actually circumvents that very process.

King councillors endorsed staff recommendations to voice their concerns to the Province on several aspects of the bill. It represents a "significant departure" from typical planning framework and the approvals process. Staff and councillors are uneasy about the "all or nothing" approach to invoking definitive "open for business bylaws (OfBs)," which not only curtail public input, but provide binding decisions with no avenue for appeal.

Staff will forward their comments, along with those of council and members of the public who appeared at the Jan. 14 council meeting. The provincial government is due back in the Legislature Feb. 19 and staff believe Bill 66 will be pushed ahead at that time.

The intent of the Bill, according to the Province, is to reduce barriers to businesses seeking development sites, thereby enabling municipalities to act quickly to attract business. This is all aimed towards the government's goal of a one-year standard for provincial approvals.

The use of "open for business" bylaws is at the discretion of the municipality and they can choose not to follow suit. One criteria set out by under the Act is that the proposed development bring with it a minimum of 50 jobs. It also suggests that OfBs are used for manufacturing and R&D proposals, and not residential, commercial or retail.

If a municipality passes an OfB bylaw, it then requires authorization from the ministry. It is then exempt from several policies and protection plans, including the local Official Plan, zoning bylaws, Greenbelt Plan, Oak Ridges Moraine Conservation Plan, and others. As well, there are no requirements for public notice or hearings prior to the passing of an OfB.

And this is where the alarms bells have sounded for various organizations, citizen's groups and environmental groups.

Township staff noted the blanket ex-

emptions from many policy documents and plans could "disrupt comprehensively planned municipal urban structures, land needs projections and infrastructure." King staff recommended that the Province adopt a "hybrid approach" where a municipality can determine which policy areas could be "reasonably exempted" and which ones need to be considered on a "site-specific basis."

Further, planning staff is concerned that the proposed "all or nothing approach" is not necessary in most circumstances and would not be desirable to the municipality.

"Discretion should be provided to enable municipalities to assess which exemptions from policy sections or plans may be appropriate as part of the OfB process on a case-by-case to reduce barriers to attracting business." This, staff said, would seem to be consistent with the spirit of Bill 66.

Staff will continue to review updates to the Bill and inform council on any more details that come to light.

In a companion report passed by council, staff were given the go-ahead to develop criteria to assist in determining whether a request for an OfB bylaw should even be considered or not. The criteria would assist staff in determining if specific requests from landowners should be considered by council and it will help council decide if an OfB bylaw should be sent to the Province.

Staff are recommending a two-stage process which includes "consideration criteria" and "information required" to review an application.

Staff did admit that this municipal tool "may help King to proactively attract and strategically plan for new business that are compatible with the community's values and priorities, and achieve financial sustainability."

Staff will provide a more detailed report including this information at an upcoming meeting.

## Public opposition abounds

Several residents took to the podium to voice their concerns, even outrage, at the potential impacts of Bill 66.

Representatives from the York Region Environmental Alliance and Oak Ridges Moraine Land Trust urged council to oppose the legislation, not-

ing public input and water protection are not negotiable.

Schomberg's Mary Asselstine said Schedule 10 of Bill 66 is "regressive" and threatens our natural areas. It's not a job creation tool, but rather it undermines communities. She urged council to reject it outright.

Mary Muter, on behalf of the Georgian Bay Great Lakes Foundation, pointed out the importance of the Lake Simcoe watershed and warned against the potential impacts Bill 66 may have on the water supply in York and King.

Resident Kelly Colasanti said King already has dedicated employment lands and doesn't need the boost offered by Bill 66. King has always been "open for business."

Judith Tenenbaum said she's not against business development, but also stressed there are plenty of employment lands in York and King. She fears it will give developers carte blanche and she encouraged council not to entertain passing any OfB bylaws. She said Bill 66 is shortsighted and she, too, is worried about impacts to the Greenbelt and Oak Ridges Moraine. She wants King to send a clear message to Queen's Park that we won't follow Bill 66 mandates.

Resident Charles Cooper said Bill 66 isn't just about the environment, but it's an omnibus piece of legislation that introduces changes to many ministries. The bill, he said, severely restricts and overrides local planning and public consultation. "It ties your hands in so many ways," he told councillors.

Claire Malcolmson, executive director of Rescue Lake Simcoe Coalition, said many things are not fully defined in Bill 66. She pointed out we can carry out sound planning "without putting

the environment at risk."

All aspects of the planning process should be transparent and accountable, according to CCKT member Tom Butt.

Mayor Steve Pellegrini said council has always been about public consultation and that will never change.

Councillor Avia Eek said he was "shocked" by the bill and its lack of substance.

Planning Director Stephen Naylor noted Bill 66 will likely be approved and the municipality will receive OfB requests. Residential development is not included in the bill so it has no impact on subdivision applications. The municipality, he said, can build in its own consultation process and OfB bylaws can be rescinded by the Township at any time.

Support for provisions in Bill 66 came from the King Chamber of Commerce and its president Tom Allen.

He said he trusts King councillors and staff as being "stewards of sustainability" and all of its components. King has a significant job deficit and this needs to be addressed. Bill 66 provides an opportunity for King to take back control of its sustainability and provide an economic boost. There are strategic employment lands, including those near Highway 400 corridors, that need to be pursued.

Mayor Pellegrini addressed the elephant in the room, and offered a bottom line take on the matter.

Every municipality is subservient to the Province – they have the power.

King has always abided by environmental policies, but the mayor was quite honest in pointing out that being "green is extremely expensive."

See 'It's' on Page 6

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# Editorial, Letters & Opinion

*"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."*

- Michael Connelly

## How many people are suffering in silence?

Human beings are the chameleons at the top of the food chain. We are experts at putting on a face and hiding – from one another and from ourselves.

We are the consummate actors, players on the world's stage as Shakespeare put it. We play many roles during our "careers" and don many masks.

We come together to recognize and discuss mental health Jan. 30 for the annual Bell Let's Talk Day. It's meant as a reminder for us all to understand one another's issues, and raise money for mental health programs.

According to CMHA, by the time Canadians reach 40 years of age, 1 in 2 have, or have had, a mental illness. And 34% of Ontario high-school students indicate a moderate-to-serious level of psychological distress (symptoms of anxiety and depression). Surprisingly, 14% indicate a serious level of psychological distress.

I'm no expert in mental health, but I do believe that one of the most common ailments is depression. But this, too, comes in many forms and degrees.

Depression is much more than simple unhappiness and clinical depression, sometimes called major depression, is a complex mood disorder caused by various factors. Depression is not something that people can "get over" on their own.

Depression is more common in women, though the gender difference diminishes with age in Canada. Men with depression typically have a higher rate



Mark Pavilons

of feeling irritable, angry and discouraged. This can make it harder to recognize depression in men.

Some people have the mistaken idea that it is normal for older adults to feel depressed. Older adults often don't want to talk about feeling hopeless, sad, losing interest in normally pleasurable activities, or experiencing prolonged grief after a loss.

Apparently, depression among children and teens is on the rise and that's something we can't ignore. In this case, it's more than just the typical teen angst

and I've seen this among my kids' peers. It makes me sad that young people with such great potential, suffer needlessly.

The main symptom of depression is a sad, despairing mood that is present most days and lasts for more than two weeks. For more severe cases, it impairs the person's performance at work, at school or in social relationships.

It can lead to changes in weight, sleep problems, loss of interest and withdrawal from friends and family.

I have mild depression and I take my "happy pill" daily. This may come as a surprise to many, given my outgoing nature and sense of humour.

My depression started when I suddenly lost my job, after the newspaper I worked at closed its doors. There I was, in my late 40s, scurrying for a job. I leveraged every last one of my contacts and connections, but nothing of substance materialized. I worked part-time at odd jobs and contract positions for almost two years.

To me, feeling depressed about my situation was a "normal" response to external circumstances. Wouldn't anyone become irritated, frustrated, worried and experience feelings of "hopelessness" in my situation?

I still believe stress affects everyone and it's okay to become a little "sad" now and then.

It's funny though, my job loss was more devastating than losing my parents and sister. But I do carry some feelings of guilt and pain that I try to bury.

My youngest often asks me why I don't talk much about my mom, who passed away in 2010. I think it relates to her debilitating stroke which left her paralyzed. I know it has a lot to do with putting her in a long-term care facility. Seeing her there in her condition, getting very little real care, literally broke my heart. I visited her almost every day

and I can't fully explain the dread I felt.

In the end she died of late-stage lung and pancreatic cancer, conditions that went undiagnosed during her nursing home stay.

I thought these were reasons enough to feel depressed.

My sister's death in 2001 was a bit tough as well. She was only in her mid-40s when she suffered massive organ failure, brought on by diabetes and kidney failure. She went blind just before her first kidney transplant, which she received from her ex-husband. Part of my weekly responsibility back then was driving her to the hospital for dialysis.

My dad's passing in 1998 was less traumatic. He was diagnosed with lymphoma and was only given months to live. He managed to live for three years with the disease and died somewhat peacefully at home.

I'm not looking for sympathy here. Many people have stories like mine. Humans suffer a lot during their lives, but we are quite resilient.

I think what I'm trying to impart is that we should try to be cognizant of others. We shoot the breeze with our bank tellers, co-workers and acquaintances. But how much do we know about their circumstances? What tragedies have they suffered?

My guess is that most of us have experienced loss, death, financial and job related stress.

I believe we should treat others like human beings with similar hopes, desires, dreams and yes, problems. We are more alike than we'd like to think.

For that reason alone, we should support our fellow men, women and children, in whatever predicament they find themselves in. There's strength in numbers.

Mental health is everyone's concern.

### Editorial

## No need to panic over Bill 66 just yet

Nothing has generated more opposition than the provincial government's Bill 66, Restoring Ontario's Competitiveness Act.

The intent of Bill 66 is to cut red tape, expedite business growth and create jobs in Ontario.

The premier and PC MPPs all campaigned on making Ontario more competitive and "open for business," so it shouldn't come as a surprise that they are bringing this to the table.

Opponents say that provisions in the Act allow for municipalities to pass "open for business bylaws," that fast track commercial applications and supercede certain planning requirements. It also allows municipalities to forgo public discussion on these applications.

The main concern is that provisions in the bill allow for blanket exemptions from a variety of policies such as official plans, bylaws and environmental laws. It also indicates public notice and consultation are not required.

On the surface these sound almost draconian in nature.

But we have to have faith in our municipal councillors and Township staff to continue to follow sound planning practices. It's unlikely, especially given public concern, that councils will hand out approvals like candy, without due process.

Mayor Steve Pellegrini noted this is a tool, and townships like King do need to improve their commercial/industrial to residential ratio, to lessen the tax burden on homeowners. If council believes a project, for example Magna's office expansion in King City, should move ahead quickly, then Bill 66 may come into play.

As the King Chamber of Commerce pointed out, the proposed provisions do not require council to act, nor can an OfB bylaw be enacted without ministerial approval. Rather, Bill 66 empowers local council, "acting reasonably," with an important planning tool to attract, secure and facilitate significant economic development opportunities and much needed job growth in King.

Township staff also pointed out that this municipal tool "may help King to proactively attract and strategically plan for new business that are compatible with the community's values and priorities, and achieve financial sustainability."

As the "government for the people," it's unlikely Ford's first order of business would be to curtail democratic rights.

Sound planning practises, coupled with strong local leadership, and common sense, will prevent the sky from falling.

MP, Editor

**King Weekly Sentinel** **WEBPOLL**  
www.kingweekly.com

**THIS WEEK'S QUESTION**

*Results from last week's poll:*  
**Do you think the shutdown of the U.S. federal government is justified?**

a) Yes	<div style="background-color: black; width: 14%;"></div>	<b>14%</b>
b) No	<div style="background-color: black; width: 86%;"></div>	<b>86%</b>

The results of this poll are in no way considered to be valid or infallible.

*Are you concerned about provisions in Bill 66?*

a) Yes  
b) No

*So go to the website and cast a vote!*

### Brainteaser

**Who is richer - the richest among the poor or the poorest among the rich?**

**Last week's answer: Today is January 1st!**

### King Township Trivia

*In 1849, Snowball Corners was originally called Coat's Corners named after blacksmith shop owner James Coats.*

<p><b>30 Martha St., Suite 205, Bolton ON L7E 5V1</b> Toll Free: 1-888-557-6626 905-857-6626 Fax: 905-857-6363 www.kingsentinel.com</p>	<p><b>PUBLISHER:</b> London Publishing Corp. <b>GENERAL MANAGER:</b> Zach Shoub <b>EDITOR:</b> Mark Pavilons <a href="mailto:editor@kingsentinel.com">editor@kingsentinel.com</a> <b>PRODUCTION:</b> Lisa Clendening <b>ADVERTISING:</b> Doug Sherritt <a href="mailto:doug@pcmedia.ca">doug@pcmedia.ca</a> <b>DISTRIBUTION:</b> Cephise Cuming <a href="mailto:cc@cephisecuming.com">cc@cephisecuming.com</a> <b>OFFICE:</b> Mary Cephise <b>CREDIT DEPT.:</b> Al Lord <b>CLASSIFIEDS:</b> <a href="mailto:admin@caledoncitizen.com">admin@caledoncitizen.com</a></p>	<p><b>Advertising &amp; Administration</b> <b>Head Office</b> 30 Martha St., Suite 205, Bolton L7E 5V1 Tel: 905-857-6626 Fax: 905-857-6363</p> <p style="font-size: x-small;">The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non insertion of any advertisement beyond the amount paid for such advertisement. Copyright King Weekly Sentinel 2019</p>	<p><b>Subscription rates:</b> Within 65 km except towns with letter carriers – \$39.00 + G.S.T. Beyond 65 km and towns with letter carriers – \$67.00 + G.S.T. Single copies 94¢ + G.S.T. or \$1.00 (includes G.S.T.)</p> <div style="display: flex; justify-content: space-around; font-size: x-small;"> </div>
<p>Simcoe-York Printing &amp; Publishing Limited, publisher of the King Weekly Sentinel and the New Tecumseth Times.</p>		<p>Published every Thursday</p>	

# Bill provides much-needed economic boost

In December of 2018 the Ontario provincial government introduced draft legislation, the Restoring Ontario's Competitiveness Act, 2018 ("Bill 66"). This omnibus legislation is being proposed for the express purpose of reducing regulatory burdens and cutting "red-tape" for businesses seeking to enter or expand in Ontario, creating new jobs and much needed economic development of Ontario's industrial base.

One key facet of the proposed legislation is an amendment to the Planning Act that, if passed, will allow local municipalities to enact "Open for Business" ("OfB") bylaws. Any such proposed by-law is to be subject to approval by the Minister of Municipal Affairs. Essentially, where a local

municipality can establish that there is significant potential for relatively large-scale commercial/industrial development creating a significant number of new jobs in the community, it can use its own bylaws and planning processes to fast-track the project approval process by bypassing certain existing regulatory requirements.

The King Chamber of Commerce (KCC) is the "voice of business" in King Township. The KCC represents over 150 small, medium and large sized businesses in King Township, and has done so as the united voice of businesses in King Township for over a decade.

The KCC supports the OfB bylaw provisions be-

## Letters to the Editor

ing proposed in Bill 66. The proposed provisions do not require council to act, nor can an OfB bylaw be enacted without ministerial approval. Rather, Bill 66 empowers local council, acting reasonably, with an important planning tool to attract, secure and facilitate significant economic development opportunities and much needed job growth in King.

It is also important to emphasize that the Planning Act amendments proposed in Bill 66 apply exclusively to commercial/industrial, and not to residential development opportunities. All of the existing rules and regulations, municipal, regional and provincial, pertaining to proposed residential development, will continue to apply.

As many are aware, King Township faces a significant existing "jobs deficit" and is definitely not on track to meet the preferred growth scenario of 16,000 jobs (i.e. 8,755 new jobs representing a 120% increase in total employment) in King by 2041, contained in King's approved Economic Development Strategy Plan.

In King Township, opportunities for relatively large-scale industrial and economic development and the creation of new well-paying jobs for King already exist, in both the near term and foreseeable future. For example, in the near term there may be an opportunity to attract Toromont to develop the strategically located land it presently owns at Highway 400 and King Road. In future, there may also be opportunities to develop the strategically located lands at both Highway 400 and Au-

rora Road and Highway 400 and Davis Drive.

The strategic location of these employment lands contiguous to interchanges on Hwy. 400 provides King Township with a unique opportunity take advantage of infrastructure investments being made by higher levels of government. Further, development of the employment lands at the 400 interchanges would not, in our view, impair the movement of goods and people through our municipality in any material way and such development aligns closely with the recommendations contained in King Township's Economic Development Strategy Update (2018-22).

If Bill 66 is enacted, all three of these land parcels could potentially be the subject of a request by council to the Province for approval of an OfB bylaw. We are confident that council would only do so after public consultation and after carefully balancing the potential for economic development and jobs creation with the potential impacts on issues like the environment, character of the community and quality of life (e.g. increased traffic) in King.

In summary, the King Chamber's view is that the OfB bylaws envisioned by the Bill 66 proposals enhance the potential for future economic development and quality jobs creation in King Township while ensuring that Council maintains local control over all important issues surrounding economic development, land use planning and environmental stewardship.

What, we say, is wrong with that?

**Tom Allen**  
President, King Chamber of Commerce

## Ford Nation is a train wreck

What's missing from the Bill 66 discussion and outrage, is how it's only the latest example of Ford Nation's destructive, knee-jerk, "play to the base" plan to address apparent wrongs with the previous Liberal government.

The latter was due to be thrown out over its excessive and misguided spending. The response from the electorate to vote Ford Nation into power has produced a dangerous climate for change I believe we will regret for decades to come. Bill 66 is a significant example, but should be seen in recent context.

The election of Ford Nation in Ontario is a recent wave of right-wing populism that has produced a toxic, what I term "hyper politicization," of the powers and institutions we trust. We'll not look back on this era positively, and as one of many community leaders who are here for the long-term, there's much work for us ahead to correct these wrongs.

Ford Nation has:

- Forced Toronto council, with the threat of using the Notwithstanding Clause in our Constitution, to reduce its elected members by half.
- Cancelled Cap and Trade in Ontario, and is currently challenging Federal C&T plans on constitutional grounds.
- Scrapped Ontario's Basic Income Pilot.
- Cancelled all pre-construction Green Energy Projects.
- Dissolved the Office of the Ontario Environmental Commissioner.
- Dissolved the Office of the Ontario Public Guardian and Trustee.
- Cancelled Ontario's updated sex-ed curriculum.

Do you see a pattern here? Ford Nation is making large, sweeping decisions based on little to no consultation or analysis, clearly fulfilling a hyper right-wing agenda, including the personal agenda of its leader and Ford Nation allies and most importantly, funders. Think developers, speculators and right-wing religious groups. Any of these policy changes require significant consultation and analysis, and would properly be formulated over the course of a 4-year mandate to govern. We've seen just this in a mere 6 months. This train is just getting going! Look out folks!

We come to the latest Ford Nation train wreck: Bill 66, Section 10. On Dec. 6, right before the Christmas parliamentary recess, a significant change to planning legislation for in Ontario, affecting several critical Acts crucial to our well being (and hard fought for) including Greenbelt Act, Moraine Act, Places to Grow, and Clean Water Act. There are more but these are most critical affecting life for us in King.

There is much to be criticized in Bill 66, Section 10, which would allow councils to pass bylaws to approve development projects fundamentally bypassing our normal planning processes. Why? To speed economic development and employment projects. Not a bad idea, but severely flawed using this means. Think blanket approval of our Highway 400 corridors for industrial and commercial development, protected as Greenbelt and Moraine lands, with no infrastructure currently serving them. Development in these zones could proceed with no consideration of the impacts on these valuable protected lands, not to mention impacts on ground water sourcing, a vital consideration in this new era of global climate change.

Sadly, I think Bill 66 will be quickly passed in the next session of Parliament. It's shameful. I believe there are a number of developers and speculators just waiting to pressure local councils to approve developments that could not previously, and for good reasons. I wouldn't be surprised if the Minister himself got involved to pressure Municipalities to support Open for Business (OfB) bylaws. I don't admire municipal planners' upcoming burdens with this.

Bill 66 shockingly removes the accountabilities and transparencies of our long-established planning process in Ontario. A council can pass an OfB bylaw without any public consultation or notice. This alone is an insult to residents and taxpayers: significant decisions regarding employment land development (and conversions TO employment lands) can be made behind closed doors. And they will be, you can bet on it. Some Municipalities have passed motions to commit themselves to not using OfB bylaws; this is great. Others are watching to see whether there'll be more coming out of Ford Nation to properly explain the full ramifications of enacting this kind of planning tool (there are many questions the staff reports explore).

Like most municipalities across Ontario, I don't see King council enacting such a motion, even though I am crossing my fingers one will be presented soon for council's consideration. I saw several faces who don't seem concerned about this, and I'm sad to say they are those of councillors I know are Ford Nation supporters. I believe this is more widespread than we might link to think: Ford Nation is pushing down powers from the provincial level to municipal, to achieve "locally" what it could not provincially.

Bill 66 and OfB bylaws will seriously harm the protections we have so vigorously fought to enact to protect our water, our environment, and our communities.

We need to stop this train wreck from further harming our communities. Kill Bill 66 for starters!

**Greg Locke**  
Schomberg

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### ONTARIO ENERGY BOARD NOTICE TO CUSTOMERS OF ENBRIDGE GAS INC. (FORMERLY ENBRIDGE GAS DISTRIBUTION INC. AND UNION GAS LIMITED)

**Enbridge Gas Inc. has applied to raise its natural gas rates effective January 1, 2019.**

**Learn more. Have your say.**

The Ontario Energy Board approved the amalgamation of Enbridge Gas Distribution Inc. and Union Gas Limited in August 2018. The companies have amalgamated to form Enbridge Gas Inc.

Enbridge Gas Inc. has applied to the Ontario Energy Board to raise its natural gas rates effective January 1, 2019. If the application is approved as filed, the yearly bill of a typical residential customer within the former Enbridge Gas Distribution Inc. and Union Gas Limited rate zones will increase by the following amounts:

Rate Zones	Residential Annual Bill Increase
Enbridge Gas	\$ 5.74
Union South	\$ 9.98
Union North East	\$ 4.88
Union North West	\$ 6.81

The rates are based on a rate-setting framework and other adjustments previously approved by the Ontario Energy Board for the period 2019-2023. The rates are set using a formula that is tied to inflation and other factors intended to promote efficiency.

Enbridge Gas Inc. is also asking the Ontario Energy Board to approve its rate design proposal and the costs of certain capital projects that are not part of their regular capital expenditures.

Other customers of Enbridge Gas Inc. may be affected. It is important to review the application carefully to determine whether you will be affected by the changes.

#### THE ONTARIO ENERGY BOARD IS HOLDING A PUBLIC HEARING

The Ontario Energy Board (OEB) will hold a public hearing to consider the application filed by Enbridge Gas Inc. We will question Enbridge Gas Inc. on the case. We will also hear questions and arguments from individual customers and from groups that represent the customers of Enbridge Gas Inc. At the end of this hearing, the OEB will decide whether the rate increase requested in the application will be approved.

The OEB is an independent and impartial public agency. We make decisions that serve the public interest. Our goal is to promote a financially viable and efficient energy sector that provides you with reliable energy services at a reasonable cost.

#### BE INFORMED AND HAVE YOUR SAY

You have the right to information regarding this application and to be involved in the process.

- You can review the application filed by Enbridge Gas Inc. on the OEB's website now.
- You can file a letter with your comments, which will be considered during the hearing.
- You can become an active participant (called an intervenor). Apply by **February 5, 2019** or the hearing will go ahead without you and you will not receive any further notice of the proceeding.
- At the end of the process, you can review the OEB's decision and its reasons on our website.

#### LEARN MORE

Our file number for this case is **EB-2018-0305**. To learn more about this hearing, find instructions on how to file letters or become an intervenor, or to access any document related to this case, please enter the file number **EB-2018-0305** on the OEB website: [www.oeb.ca/participate](http://www.oeb.ca/participate). You can also phone our Consumer Relations Centre at 1-877-632-2727 with any questions.

#### ORAL VS. WRITTEN HEARINGS

There are two types of OEB hearings – oral and written. The OEB will determine at a later date whether to proceed by way of a written or oral hearing. If you think an oral hearing is needed, you can write to the OEB to explain why by **February 5, 2019**.

#### PRIVACY

If you write a letter of comment, your name and the content of your letter will be put on the public record and the OEB website. However, your personal telephone number, home address and e-mail address will be removed. If you are a business, all your information will remain public. If you apply to become an intervenor, all information will be public.

This hearing will be held under section 36 of the Ontario Energy Board Act, S.O. 1998 c.15 (Schedule B).



Ontario Energy Board / Commission de l'énergie de l'Ontario

**ENE**  
FReSH-4 WEATHER FORECAST SYSTEM

# The King 7-Day Weather Outlook

From Thursday, January 24 to Wednesday, January 30

THURS 24TH	FRI 25TH	SAT 26TH	SUN 27TH	MON 28TH	TUES 29TH	WED 30TH
Sun/Clouds High -3C° Low -12C° ~1cm Wind W 18k	A Few Flurries High -11C° Low -17C° <1cm Wind W 24k	Mainly Sunny High -12C° Low -18C° - Wind W 16k	Scattered Flurries High -7C° Low -16C° ~1cm Wind S 23k	Flurries High -8C° Low -14C° ~5cm Wind NE 15k	Snow High -10C° Low -20C° 2-4cm Wind N 17k	Sun/Clouds High -14C° Low -23C° - Wind NW 15k

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PUZZLE NO. 464

1	2	3	4	5	6	7	8	9	10	11	12	13	14				
15				16			17			18							
19				20			21			22							
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56				57		58			59			60	61				
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70	71	72		73					74				75		76	77	78
79				80					81				82	83			84
85									86				87				88
89									90				91				92
93									94				95				96

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**ACROSS**

- Brush's kin
- On the \_\_\_\_ (in flight)
- Grassy field
- Truism
- Wings
- "\_\_\_\_ Which Way You Can"
- Stale
- Grimm heavy
- Grain
- Came in first
- Purge
- \_\_\_\_ Bator
- Reproductive cells
- Energetic
- Hand warmer
- Watch out!
- Apart
- Dripping
- Just
- Mind
- Punctuation mark
- Pokes
- Parasite
- Common phrase
- Sneaker feature
- Make tea
- Spasm
- Mexican entree
- Of a historic time
- Acress Merkel
- Mongolian dwelling
- Artist's workplace
- Fix
- Cowboy's ride
- Clothes
- Bristles
- Simmer
- One-deity believer
- 23rd Greek letter
- Gush
- Cut one's choppers
- Historical record
- Useful legume
- Kind of room, shortly
- Beguile
- That thing's
- Bird that gives a hoot
- Type of pickle
- Bald eagle's kin
- Legal thing
- Bloomin' necklace
- Earthen vessel
- Prod's companion
- Previous to, in verse
- Parabola
- Curdle
- Vinegar container
- Hair dye
- Eaten away
- Walk in water
- Lively
- Drop off
- Bathroom feature
- Eccentric
- Dispense
- Holiday tune
- Shine
- Type of type
- Harness-racing horse
- Van Winkle's sound
- Wacky
- Mario Van Peebles film
- Warble
- Word of greeting
- Showy display
- Figure-skating maneuver
- South American weapon
- Water jug
- Great wrath
- Physician, briefly

**DOWN**

- St. John's-bread
- Oil source
- Tropical bird
- Quilter's gathering
- Attorney
- Before long
- Talking bird
- Lemur's cousin
- Call forth
- Do sums
- Disgusting
- Aflame
- Desire
- Principle
- Had aspirations
- Perhaps
- Chromosome component
- Cartridge-box contents
- Alluvial deposit
- Throw out
- Sketch
- Young society woman
- Salt Lake \_\_\_\_
- Antipathy
- Extremely small
- Toboggan

**Solution on page 17**

## Group says Bill 66 bows to development pressure

Changes to Ontario's Growth Plan, as well as Bill 66, will loosen the regulations in place that encourage building within our existing town and cities, and instead favouring sprawl.

"Given that government data shows that there is more than enough land designated for development within existing cities and towns to accommodate the expected population growth until 2041, we see this move as another example of the Ontario government bowing to the pressure of sprawl developers," said Tim Gray, Environmental Defence's executive director. "These changes, combined with those proposed in Bill 66, mark an end to provincial rules that support smartly planned, transit friendly communities, and the protection of farmland, natural heritage areas, and clean water."

The proposed Growth Plan changes will weaken provincial Land Needs Assessment rules and allow urban boundary expansion without strong evidence of need.

Requirements for using land efficiently will be weakened to allow more low density sprawl.

"Urban boundaries will be allowed to expand onto farmland at the behest of developers instead of only

during periodic municipal planning reviews," Gray observed.

Employment lands, he said, will be allowed to be converted to residential and other uses. This change underscores the fact that there are currently, in place, employment lands in excess of demand. "This contradicts the government's assertions in Bill 66 that more employment land is needed."

The province will allow precious farmland to be converted to employment lands, despite the absence of demonstrated need and Gray said there is nothing to address affordable housing.

Increased density, he said, will be allowed within 800 metres of existing and future transit stations. The current zone is 500 metres so this will increase the area where greater density can be developed. This may be beneficial in some areas.

"Overall, the proposed changes fail to address the GGH's affordable housing problem and favour costly low density sprawl. What the region needs are more housing options for renters and owners, within our cities, close to where people want to live, work and play. Not sprawling subdivisions on farmland, forests and the source of our drinking water."

## It's wait and see on Bill 66 details

From Page 3

Over the past two years, he's heard from many residents who simply can't afford to live here, and remain in King. The burden of high house prices and property taxes keep him awake at night.

The municipality can't afford to ignore certain aspects of Bill 66 and he prefers to proceed with caution. The key to lowering taxes is to increase the level of industrial and commercial development in King, and create jobs.

No other municipality has what King has in terms of green space. It's also the most restrictive area in York in terms of environmental plans.

"I need to understand more and see more before I say no," he said. He recommends the Township explores what tools the bill provides in terms of attracting business.

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# King Weekly Sentinel

# King show home is part of biggest lottery prize ever

By Mark Pavilons

A nearly \$5 million home in King City is part of the biggest prize package ever offered through the Princess Margaret Home Lottery.

The King City show home, located at 81 Cairns Gate, boasts 7,810 square feet of luxury living space. It's awarded fully furnished, professionally decorated and landscaped.

"This year's show home is a reflection of a casual yet elegant lifestyle with diverse design elements," said Jack Celli, interior design director with the Greenpark Group.

This home will be open for public viewing starting Saturday, Feb. 16, from 4-8 p.m. Tuesdays to Fridays, and noon to 5 p.m. on weekends.

The prize package also includes a Muskoka lake-front cottage. It's 1,697

square feet of luxury on Ril Lake. Awarded fully furnished and professionally decorated, complete with dock. It's valued at just over \$1 million.

Also, the winner gets \$500,000 in cash, making this prize package worth a whopping \$6.45 million.

The Early Bird Prize includes a 3,081-square-foot custom-built lake-front cottage on picturesque White Lake in The Kawartha Lakes valued at \$1.3 million. The winner also receives \$50,000 in cash.

Proceeds from the spring 2019 Princess Margaret Cancer Centre's Home Lottery support this hospital, one of the top 5 cancer research centres in the world!

Check out all the incredible prizes and order your tickets today: [www.princessmargaretlotto.com](http://www.princessmargaretlotto.com)



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## PROTECT King Township

**Ontario Bill 66 threatens our environment!**  
Find out more from our guest speaker:


**Tim Gray**  
Executive Director, Environmental Defence

*Hosted by Concerned Citizens of King Township (CCKT)*

**Tuesday, February 5, 2019 @ 7 pm**  
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15 Old King Rd, Nobleton, ON

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## Life Drive Fitness opens doors in Kingsgate Plaza

By Jake Courtepatte

There's a new way to exercise in Schomberg.

Life Drive Fitness officially opened its doors in the new Kingsgate Plaza with a ribbon-cutting ceremony, introducing its innovative, no-machine workout routines to the public.

"We offer different types of workouts," said Dean MacMurray, who owns the business along with wife Jennifer Bernier and son Steven Anastasakis. "We design programs based on your own individual needs ... we make a case to get to know each of our members personally."

Among the programs offered at Life Drive is an innovative program called Antigym, with Dean and his crew as the only certified facility in the area certified. A body weight-style class, Antigym works to utilize both stretching and breathing to work

muscles that often otherwise go unnoticed.

"It gives you an opportunity to work the whole body," said MacMurray.

"We want to make Life Drive the best gym in York Region," reads the company website. "And help all our members achieve their health and fitness goals through education, coaching, mentorship and innovative programs. We promise to create fun and challenging workouts to push you further than you thought you could ever go. We want you to leave every workout feeling proud, tired, energized, and empowered to take on whatever life throws at you."

The personal training offered up includes everything from a fitness assessment, to life coaching, and even meal options.

To find out more, visit their website at [www.lifedrivefitness.com](http://www.lifedrivefitness.com).



King Mayor Steve Pellegrini and Councillors Jordan Cescolini and Bill Cober joined owner Dean MacMurray (second from left) at the official opening of Life Drive Fitness in Schomberg.

## Essential Oils for Pain, Health and Wellness

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## Province begins review of regional government

By Mark Pavilons

The Ontario government is moving ahead with a review of regional government.

Premier Doug Ford successfully reduced the size of Toronto City council prior to the fall's municipal election. He had also wanted to make the position of regional chair an elected, not appointed position, but this move was put on the back-burner.

By appointing Michael Fenn and Ken Seiling as special advisors, the Province is picking up where it left off in its review of regional governments.

The regional government model has been in place for almost 50 years in Ontario and "we are taking steps to ensure that regional governments are working efficiently and effectively. These advisors will consult broadly over the coming months and provide recommendations to improve governance, decision-making and service delivery," according to a statement from Queen's Park.

The review will examine Ontario's eight regional municipalities (Halton, York, Durham, Waterloo, Niagara, Peel, Muskoka District, and Oxford County), the County of Simcoe, and their lower-tier municipalities.

"Our government committed to improving the way regional government works and we will be looking at ways to make better use of taxpayers' dollars and make it easier for residents and businesses to access important municipal services," said Steve Clark, Minister of Municipal Affairs and Housing.

Local residents and businesses will be consulted this spring. A statement from York Region notes council "appreciates strengthening regional government is a priority for the Ontario government and one they campaigned on last year. This is consistent with our council's commitment to continuous improvement and meeting the changing needs of our growing communities.

"In discussions with the premier and minister, we are supportive of this review. We look forward to the opportunity to work with our provincial partners to explore ways to optimize service delivery and reduce costs. Our input in determining what is working well in our current model and what may be improved will be critical to this process.

"As we too, undergo our own Municipal Comprehensive Review, we have a responsibility to ensure we maintain a clear perspective focused on the priorities that matter most to our communities.

"Our goal remains the same; help ensure we are building healthy and complete neighbourhoods where residents of all abilities and ages can live, work, play and thrive."

York Chair Wayne Emmerson said they knew the review was coming and the premier made it clear. He said it's beneficial, as long as all the partners are at the table.

"It's a good exercise to see how we can do things better," Emmerson said.

York, he pointed out, is considered the "heavy lifter," in terms of the services they provide for residents, including waste disposal, social services and health programs.

Regarding municipalities, Emmerson said most taxpayers want their local councils to remain intact.

Regarding Bill 66, Restoring Ontario's Competitiveness Act, Chair Emmerson said they need time to review it thoroughly. Red tape, he said, really drags the Region, and some applicants down, and he does see some benefits to fast-tracking certain applications. He welcomes the proper planning tools so the region can expand its employment lands. He also stressed, "we're not going to build on sensitive lands," regardless of provisions of Bill 66.

An Act to establish The Regional Municipality of York received Royal Assent on June 26, 1970. The Regional Municipality of York was established in 1971 to replace York County. On Jan. 1, 1971, these villages, towns, townships and police villages were consolidated into nine new municipalities, which exist to this day.

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King Weekly Sentinel

# Arts & Entertainment

## Artists tap into 'Memory' for SOYRA art show

By Brock Weir

They say a picture is worth a thousand words, but images can also help preserve and spur memories.

A painting of an Italian streetscape might be the trigger of a long-forgotten family story. The photo of a beach could bring on a wave of reminiscences a favourite holiday. A quick sketch of a favourite dish could open the floodgates to smells and tastes that stuck with you – and stuck to your ribs – for decades.

For Linda Welch, president of the Society of York Region Artists (SOYRA), it is a dark and mysterious photograph of a weather-beaten rock off the coast of Newfoundland that stirs the soul and is one of her contributions to "From Memory" a juried exhibition of works from SOYRA members now on at the Aurora Cultural Centre through Jan. 26.

This year, the Aurora Cultural Centre invited all SOYRA members to participate in an inaugural juried exhibition built around a theme: memory.

"Our memories are a collection of stored information, sensations and feelings, created from communal stories and fleeting memories," says curator Stephanie Nicolo. "They nurture our traditions, inform daily functions and provide context for our lives. Memories establish where we've been, who we are, and guide us to who we may become."

Ms. Welch's photograph does exactly that.

"I lost a friend and I made a card of that image for his wife," Ms. Welch explains. "Other than it being a nice picture with a lovely colour, it meant nothing, but it was the story I put in-

side. The rock is very ancient. It was unique and unlike anything else on that beach in colour or pattern; the tides come in and out every twelve hours, there are storms, it tumbles and tumbles, there's wear and tear, but the rock stays. It doesn't wear away. I felt that spoke to her husband and how he was unique yet survived. He was caught up in a world with lots of wearing and tearing on him, yet his memory will survive."

Building an exhibition around a specific theme is something relatively new for SOYRA. They built their 2017 exhibition around the broad theme of "Canada" to celebrate the 150th anniversary of Confederation. The idea of "memory" was a "thought-provoking" concept for members, says Ms. Welch, one that allowed SOYRA to "add another layer to their professional shows because it challenged members with a singular focus. But, for some, that challenge proved more than, well, challenging.

"Not all members chose to be part of this inaugural exhibition because some just couldn't grasp the concept, but others thought it through and finally said, 'I'm getting some ideas,'" says Ms. Welch, noting that each participant had to not only submit a work, but also complete a statement to go with each piece explaining their work, rather than a simple artists' statement.

"The subject matter has turned out to be incredibly varied, so it will be the story that goes along with the image. Our artists could paint, take photographs and do all the production steps, but for some of them, it was really tricky to put into words what made that such a special memory. We worked with

our members on both production and their memories."

"From Memory" has been in the works since last March, adds Ms. Nicolo.

"Once the curatorial statement was finessed about what From Memory is about, the steps of how to jury came forward," says Ms. Nicolo. "That was provided to the organization through the executive committee and anyone who had joined SOYRA were eligible to submit. What was asked for submissions were two images, two different pieces of work, any medium. There is consideration of what the artist is saying with their statement. It is a little bit different than the artists' statement because it is about the work specifically and how it reflects upon the theme of From Memory. Those pieces are all in consideration when it comes to the jury process."

To underscore this concept, she points to the vivid wall in the Red Gallery which bears a painting of a simple strawberry shortcake and another of a cook comfortably placed in a kitchen, each of which has the potential to spark

deep sensory memories. Elsewhere, there will be a wall looking at the memories of loss, and memories that evoke joy, friendship and growth.

"I hope there is at least one picture in the exhibition that, for visitors, will speak to a memory of their own and that will create a response," says Ms. Nicolo. "That is really what I, as a curator, always try to aim for, that there is some sort of response from the audience, that it creates something new for them, and that could be a memory. For this particular exhibition, it will be interesting to see what other memories come forward. Does the strawberry shortcake painting bring people into the smells and the joys of maybe a July 1 barbecue? Does it bring sad memories because somebody in their family was the only one who created the best strawberry shortcake and nobody could repeat it? Each painting and each photo and piece in this show I hope at least connects with somebody and brings forward something really special for them."

For more, visit [auroraculturalcentre.ca/events/frommemory](http://auroraculturalcentre.ca/events/frommemory).



### Olde Mill artist inspired by landscapes

Meet Mary Morganelli! Mary is one of the 8 artists who has work on display at the Olde Mill Art Gallery & Shoppe in Schomberg.

Inspired by the natural beauty of Ontario's landscapes, Mary Morganelli has brought together her lifelong passion of painting and love of nature, where secret gems of hidden ponds are discovered within forests, and sunsets leave skies in unbelievable bursts of colour. These stunning moments have been captured on canvas to live on in their glory; this is her "World of Colour."

Mary's paintings tell stories, offering glimpses of peace, serenity, relaxation, inspirational, meaning, and emotional while some were just done for fun. With the use of different mediums oil, acrylic, watercolour, charcoal, ink, oil pastels and imagination, bright colours, texture along with an extra touch of expression, her paintings are created. Mary is a versatile artist, painting different subjects - landscape, portrait, still life, flowers,

Come and see Mary and all the artists who are displaying their work at the Olde Mill Art Gallery & Shoppe at 357 Main Street, Schomberg. Open Thursdays to Sundays 12 to 6 p.m.

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**GREEN BOOK** (PG) FRI, TUE 4:10, 7:10, 10:10; SAT-SUN 1:10, 4:10, 7:10, 10:10; MON, WED, THUR 6:50, 10:10

**A DOG'S WAY HOME** (G) FRI, TUE 3:40; SAT-SUN 12:05, 2:30, 4:55

**ESCAPE ROOM** (PG) FRI-THUR 7:20, 10:20

**GLASS** (PG) FRI, TUE 4:00, 7:00, 10:00; SAT-SUN 1:00, 4:00, 7:00, 10:00; MON, WED, THUR 7:00, 10:00

**THE UPSIDE** (PG) FRI, TUE 4:15, 7:15, 10:15; SAT-SUN 1:15, 4:15, 7:15, 10:15; MON, WED, THUR 7:15, 10:15

**LEGO MOVIE 2: SECOND PART** (TBC) SAT 2:00

**KID WHO WOULD BE KING** (PG) FRI, TUE 3:50, 6:55, 9:45; SAT-SUN 12:50, 3:50, 6:55, 9:45; MON, WED, THUR 6:55, 9:45

**VICE** (14A) FRI, TUE 4:05, 7:05, 10:05; SAT-SUN 1:05, 4:05, 7:05, 10:05; MON, WED, THUR 6:30, 9:30

LANDMARKCINEMAS.COM

# Bouncing back can be just a phone call away, says the Canadian Mental Health Association

By Brock Weir

Next Wednesday, Jan. 30, thousands of people from across Canada will band together to help erase the stigma surrounding mental health on Bell Let's Talk Day.

But, as much as this initiative from the Canadian telecommunications giant has helped spark a very valuable conversation, the York Region and South Simcoe branch of the Canadian Mental Health Association (CMHA) is urging you to pick up the phone and "Bounce Back."

BounceBack: Reclaim Your Health is a free skill-building program facilitated by the local CMHA designed to help adults and youth aged 15 and over manage symptoms of depression and anxiety.

"BounceBack is really important because it is a free, telephone-based cognitive behaviour therapy coaching program," explained Rebecca Shields, executive director of the CMHA of York Region and South Simcoe. "It is for anyone with mild to moderate depression and anxiety. They can just call, what we refer to as 'self referral,' and it is an evidence-based program to reduce symptoms of depression and anxiety, and it is all over the phone.

"It is for anybody who is dealing with mild to moderate depression and anxiety, if you're feeling down, if you're feeling anxious, and you want to get immediate access to support."

BounceBack is cognitive behavioural therapy, which Shields says is a "modality of helping people deal with that unwanted thinking, or, what we call 'unhelpful' thinking" and the over-the-phone service helps callers manage that - what the CMHA likes to call "good mental hygiene."

"Everybody is hearing about - and thinking about - mental health and maybe feeling like you want to get some support," she continues. "This is one modality that makes it really easy for people to get that support - and there's no wait list!"

The CMHA is currently in the middle of ramping up the BounceBack program across Ontario. They currently have about 35 coaches available with a total of 42 just around the corner. Their goal is to have a full complement of 90 coaches across the Province that could potentially serve up to 40,000 Ontarians each year. The program has been running successfully across Canada for over 12 years, and in this region for four years.

"We know that it works," said Shields.

BounceBack offers two streams for help. Online videos offer practical tips on managing mood, sleeping better, building confidence, increasing activity, problem solving and healthy living. Videos are available in English, French, Mandarin, Cantonese, Punjabi, Arabic and Farsi, reflective of the multicultural makeup of the Region.

Coaching is available over the phone for additional support in managing depression. A referral is required for the service, either from your primary care

provider (family doctor or nurse practitioner) or through self-referral, which can be completed in an online form.

The program involves three to six over-the-phone coaching sessions and your coach is there to help you develop new skills, keep you motivated and monitor how you're doing.

"With our phone program, you will get some books through the mail and you will have a coach to support and help you understand and motivate you to understand the material," added Shields. "Everyone gets the first book, which is about starting out and how to keep going when you're feeling stuck, understand low mood and understand depression. There are over 20 books available and people can then choose the books that are meaningful for them. Maybe it is how they are responding to a chronic illness. One of our most popular books is on disordered sleeping and overcoming sleep problems. Others can be dealing with anxiety, practical problem solving, understanding phobias. There is a whole host of different books depending on what your interests are. You get the books and work with a coach, and then it is all delivered over the phone.

"This is helping understand cognitive behaviour therapy, which works, but to be clear, it is not a counselling program. This is about really supported skill-building."

In the four years since BounceBack was established in York Region and South Simcoe, the CMHA has been working with primary care doctors in supporting their patients in using this program because, in many instances, people reach out first to their primary care provider. Now, they're ramping up in making sure people are getting the support they need through a variety of access points.

"There is data coming out of the Canadian Physicians Association that people will often wait over four to 10 years before they will actually go and seek help or support for a mental health issue because of stigma," Shields said. "People are struggling far more than they need to and it is an issue like any other illness. You wouldn't wait four years if you had a cough, but for some reason people have misunderstood that brain illness is an illness like any other, whether it is cancer, diabetes or a broken arm. Early and effective treatment is the best chance for overall recovery.

"With good mental hygiene, good skills may or may not, in association with a medication, have the ability to turn people around so they can lead the best quality of life possible. We really want people to get the support they need and that recovery is possible, and perhaps people can resume and have a full and healthy, happy life."

For more information on BounceBack, call 1-866-345-0224 or visit bouncebackontario.ca. Hours of operation are Monday through Thursday from 8 a.m. to 8 p.m., Friday from 8 a.m. to 5 p.m., and sessions are also available on Saturday and Sunday.



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# Ambitious agenda to boost Canadian economy

By Deb Schulte  
MP King-Vaughan

As we begin the new year, I would like to take this opportunity to focus on an important aspect of our community; our small businesses. When we reflect on what makes our riding great we think of our natural spaces, our great community spirit, our local shops, our innovative start-ups, our local farms, and all those businesses that provide important services that make our communities great to live in. Most people are not aware how critical small business is to the economic well being of our communities, and to Canada.

Small business is the economic backbone of Canada, employing more than 8 million hard-working Canadians from coast to coast to coast. Providing good, well paying jobs – making up 98% of Canadian businesses. They have helped to propel Canada's economy to be the fastest growing in the G7 and grow the middle class. In the last three years alone, hard-working Canadians have created 800,000 new jobs, pushing the

unemployment rate to a historic low.

It is important to keep up this momentum, not just for the Canadian economy, but also to benefit our local governments. Properties with commercial and industrial assessments carry a higher rate of property taxation and don't use as many services, which ultimately helps with the residential property taxes.

So, what has the federal government done to help small business owners succeed? On Jan. 1, we lowered the small business tax rate again, from 10% to 9%, giving Canada one of the lowest small business tax rates in the world and giving small business owners to up to \$7,500 a year in savings. We also worked with credit card companies to lower the fees they charge businesses. For some small businesses, this could mean thousands of dollars in savings.

Our government knows that it isn't just about savings, but also about opportunity. We have made unprecedented investments in helping small business owners start up, scale up and access new markets through programs

that offer them access to capital, valuable advice and even paid interns.

In the Fall Economic Statement, our government proposed immediate changes to Canada's tax system that will make it easier for small businesses. These changes will allow businesses to immediately write off the full cost of the equipment used for the manufacturing and processing of goods, as well as write off the full cost of certain clean technology equipment, and a provides a new Accelerated Investment Initiative that will allow businesses, across all sectors of the economy, to write off a larger share of the cost of newly acquired assets in the year the investment is made.

These are real actions that will allow Canadian small businesses to become more productive, more competitive and will help them to cope with recent changes impacting payroll, like the increase in minimum wage instituted by the previous provincial government, and the increase in contributions to the CPP implemented by the federal government to improve future pensions.

A big part of remaining competitive means we need to modernize the regulatory environment that businesses operate in. We are undertaking steps to modernize regulators' mandates and keep regulations up-to date to ensure regulatory efficiency and effectiveness, helping to reduce red tape. These changes, in addition to reducing the small business tax rate, will assist our small and medium businesses to compete in a global environment.

Our government has set an ambitious agenda to make Canada the most globally connected economy in the world. Thanks to the recent negotia-

tion of several trade agreements with countries in Europe (CETA), in the Pacific region (CPTPP) and the new United States-Mexico-Canada Agreement (USMCA), Canadian businesses now have access to 62% of the global economy, 51 countries, and 1.5 billion customers. But we're not finished yet, as the Government of Canada has the ambitious goal of growing Canadian overseas exports by 50 per cent by 2025.

I am also proud of the appointment of the new Minister of Small Business and Export Promotion, Mary Ng, who is helping to create an even better environment for small businesses to succeed. Our small businesses work hard every day, serving customers and supporting our community. To make it easier for owners to find funding, advice or just some information, our innovation.canada.ca website is providing small businesses with the help they need, or you can access BizPaL which simplifies getting permits and licences.

We are working hard to make it easier for small businesses to do what they do best: grow and support our amazing communities in King and Vaughan. I truly believe that by working together we can build on our momentum and create a more competitive Canadian business community in an economy that is well positioned for growth now and in the future.

On Jan. 25, I will be hosting Minister Ng at Vaughan City Hall for a Small Business Townhall. I encourage you to join us for a discussion on the changes that the Government of Canada has made to help small businesses, and to share information and ideas on how we can make it even better for businesses in the riding of King-Vaughan.



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## MPP Lecce hosts New Year's reception

Stephen Lecce, Member of Provincial Parliament (MPP) for King-Vaughan, Deputy Government House Leader, and Parliamentary Assistant to the Premier and Minister of Infrastructure, speaks to constituents at his New Year's reception, which was attended by hundreds of local Vaughan and King Township residents, hosted at the Copper Creek Golf Club in Kleinburg.

King-Vaughan's MPP Stephen Lecce hosted what's sure to be an annual New Year's celebration. Lecce welcomed visitors from across Vaughan and King to the weekend celebration.

"Today we celebrate as we look ahead to 2019 and all the opportunities this new year will bring. I am honoured to serve as your representative at Queen's Park and will continue to champion the interests of Vaughan and King Township residents every single day. Together, we will ensure Ontario has a bright future with an abundance of opportunities for our youth, better jobs for the middle-class, and affordability for all," he told the crowd.

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# Schomberg Should Know

By Wendy-Sue Bishop  
905-590-0054  
wsue52@hotmail.com

## Schomberg Lions Club

The Schomberg Lions Club kicked off 2019 with The Mayor's Pancake Breakfast. As you walked into the Trisan Centre last Saturday morning, you were greeted to a beautifully decorated Canadiana themed room, and a wall full of delicious goodies thanks to Teresa Barresi, Mayor Pelligrini's executive assistant, and Josie from Dorio's Kettleby Italian Bakery. Our members, Ilya Dagenais, Ruth MacDonald, Angela Rose, Tim Harkness, Claire Murphy, Amanda Sawyers, Bill Hanlon, and Colin Walker worked like a well-oiled machine, cooking up more than 600 pancakes and sausages and serving over 200 people.

Our next dinner meeting will take place on Monday, Feb. 4, 2019 at 6:30 p.m. in the curling lounge at the Trisan Centre. Check out our website [www.schomberglions.ca](http://www.schomberglions.ca).

We are accepting new members.

## Rich Hill United Church

Rich Hill United Church is a picturesque, rural church located at 1276 Sideroad 10 (at the north-west corner of the 2nd Line and the 10th Sideroad, Tecumseth).

These folks are known for their great church dinners and they have another one coming up on Saturday, Feb. 2 with sittings at 5 and 6:30 p.m.

Tickets are \$20 for adults; children aged 6-10 years are \$6 and under 6 years are free.

Please contact Eileen for tickets at 905-880-0026.

## Dufferin Marsh Connection

The Dufferin Marsh folks are once again planning their annual Community Skate on Saturday, Feb. 9 from 2 to 5 p.m. Please enter the Dufferin Marsh near the corner of Dr Kay Drive and Main Street, in Schomberg.

There will be hot dogs, marshmallows, hot chocolate, coffee and all kinds of outdoor fun.

Any donations to the Dufferin Marsh

Nature connection would be appreciated.

Please visit their web site at [www.dufferinmarsh.ca](http://www.dufferinmarsh.ca)

These folks are also planning a Great Backyard Bird Count on Saturday, Feb. 16 at 9 a.m.

Please meet at the Bulletin Board located on Dr Kay Drive, in Schomberg.

## Schomberg United Church By Reverend Carol-Ann Chapman

Beginning last September we began using the Narrative Lectionary, a 4-year schedule of Biblical readings where each year we are taken through a journey of scripture from the beginning to the end.

In January we began reading through the Gospel of Matthew and this will take us until after Easter. This schedule allows us to see how Creation is connected to the Cross and beyond.

For the past two weeks I have focused on the importance of recognizing that we are God's beloved. In a world that can be filled with negative messages, this, our identity, is something that cannot be taken from us. You are God's and you are loved.

I will be at Kitchen-Breedon Manor

for coffee in the main floor living room, Thursday, Jan. 31 for coffee from 2-3 p.m. All are welcome.

Schomberg United meets at St. Mary Magdalene, 116 Church St. From September to June, services are held at 9:15 a.m. On the first Sunday of the month we meet at Kitchen-Breedon Manor, and all other Sundays at St. Mary's. Information can be found at [nobletonunit-edchurch.com](http://nobletonunit-edchurch.com), click on the Schomberg United link. I can be contacted at 905-859-3976.

## Procyon looking for volunteers

It may be the dead of winter right now, but the better weather will be here before you know it. Each spring, due to no fault of their own, wildlife will become injured or orphaned.

Procyon Wildlife Centre is looking for volunteers. If you would like to learn more about becoming a volunteer, please visit our website at <https://www.procyonwildlife.com/become-a-volunteer/>

Email them at [info@procyonwildlife.com](mailto:info@procyonwildlife.com) and let them know which day you will be attending.

## Climate change adaptation focus for AGM guest speaker

This year's Annual General Meeting of the Lake Simcoe Region Conservation Authority will welcome many new faces to the board of directors as a result of October's municipal election.

"Welcoming a number of new board members to the Conservation Authority this year, we thought it fitting to introduce the topic of climate change adaptation and the role Conservation Authorities play," said LSRCA chief administrative officer Mike Walters.

Well-regarded expert, Dr. Blair Feltmate, is an Associate Professor and Head of the Intact Centre on Climate Adaptation at the University of Waterloo. The Intact Centre is an incubator for research and knowledge on climate change adaptation. Dr. Feltmate is a sought-after speaker and is interviewed regularly both nationally and internationally, on the need to adjust to climate change.

Dr. Feltmate will discuss new flood risk standards that are being created and deployed in Canada, complemented with efforts to retain natural infrastructure. He'll also discuss the practical contributions being made by conservation authorities.

This year's AGM will also welcome a number of new board members to the Conservation Authority and will yield a new chair and vice-chair of the board of directors.

It will be held Friday, Jan. 25, starting at 10 a.m. at the Newmarket Old Town Hall, 460 Botsford Street.



## New board for King City seniors

The newly elected community board for the King City Seniors for 2019 is all set. Leading the group this year are Jane Hepworth, Kay Brooks, Carol Field, Vic Warner, Susan Phillips, Jayne Rector, Laura Campbell, Carolyn Kanitz, Frank Moskoff, Toni Palma, Agnes Carrey, Mary Aldworth Sheila Croker and behind is Jim Curran. Absent was Barry Wallace.



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## NobleKing novice LLs earn gold at tournament

With a snowy drive in the forecast, the NobleKing Novice LL Knights headed to Delhi, Ontario for the 34th annual Hockey Moms Tournament. While the team may have been in the middle of the pack going in, the hard-skating boys didn't see it that way. They wanted to prove to everyone, including themselves, that they would be worthy of a first-place finish.

Knowing already that they were go-

ing to be shorthanded with 3 strong players away, CJ Rotiroti, Taran Steed and Roman Tarantino, the remaining team knew they had their work cut out for them and had to pull together as team.

With Luigi Gerardi, Xavier Manzerra and Daniel Pathan leading the charge with scoring, Joseph Cerqua, Nicolas Mbermberakis, Stefan Niro, Michael Racco and Marco Tucciarone



The Novice Knights of NobleKing Minor Hockey took the championship at the annual Hockey Moms Tournament in Delhi, Ontario.



The LL3 NobleKing Knights took home gold in the Atom division of the annual SMHA Red and White tournament at Trisan Centre.

## Atom Knights, peewee Wings were golden at Red & White

By Jake Courtepatte

Make it a double gold for the NobleKing LL3 Knights.

The atom squad captured their second tournament win of the season last week-end in an all-King final at the Schomberg Red and White Tournament, an annual affair hosting Local League teams from across Ontario.

It was the second gold medal for the team in the span of just a few months, fresh off a win at the AEMHA Dave Taylor Memorial Tournament in Arran-Elferslie in November.

The Knights also took bragging rights into the knockout round of the Al Boone Memorial HL Classic in December, finishing first in their division with strong wins over Grimsby Knights, Niagara Falls Hawks, and Meadowvale Screaming Hawks, before falling to Lorne Park in the tournament semi-finals, something team manager Jasmeet Chaudhry said "didn't keep the Knights down for long."

"Motivated to go for gold, the Knights came out blazing at (the Red and White Tournament)," said Chaudhry.

The Knights allowed just three goals throughout the three-game tournament, cruising past the Clarington Thunder 6-1 in the tournament opener before topping another Clarington squad 10-1 to pave their way to the championship.

"Exciting filled the air" for the purely-local final, where the Knights came out on top 4-1.

The peewee Red Wings were also victorious on home ice, taking a 3-2 win over the Thornton Tigers on Saturday.

A close 5-4 win over Newmarket Saturday morning was capped off by a 5-2 score over the Beeton Stingers to send the Wings to the championship game.

all chipped in with single markers of their own. All 3 lines of forwards were on the scoresheets. Rounding out the 9th forward was Julian Tomada, who must have been waiting for this tournament to have his breakthrough.

With his strong play throughout the tournament, it was his 2 goals and 5-point game that vaulted the Knights through the semis and into the championship game with a 7-2 victory.

Coming into the semi-final game, the Knights finished the round robin games with 16 goals for and 4 goals against. Lambton Shores was the other team to make the final. They finished their round robin play with an impressive 27-0 goals for and against record, and won their semi-final game with another shutout of 5-0. So these Knights knew they had to fill the net, but more importantly, keep the opponents off the scoresheet with a strong defensive play.

That's just what they did! With the defensive group consisting of Joshua Del Vecchio, Patrick Filippo, Luca Mignardi and Christian Volpe, who at some point throughout the tournament all earned a player of the game awards, rose to the challenge. They set the tone early in the game. Their strong checking, powerful stick work and continued strong defensive positioning was evident throughout the entire tournament.

Most importantly, and their last line of defence, was the outstanding play of goaltender Luke DiFonzo. When all else failed, he came up with some un-

believable saves. Not only did he have a great tournament, but a great final game.

Lambton had scored the first goal of the game. With the Knights now trailing for the first time in the tournament, Coach Chris Gerardi, Assistant Coach Orin Del Vecchio and trainers Carlo Manzerra and Danny Tomada called an all important time out. The crowd backing the Knights, between parents and siblings, who had been so loud over the previous 4 games, had started to quiet down for a moment. The coaches told the boys: "We know you are tired and hurting, but it's time to reach down and find that last bit of energy."

And only a moment later it was Stefan Niro who had tied the game with a strong drive to the net. With the crowd once again loud as they were all week-end, the team was ready to bear down and make a final push. With continuous pressure from the visitors, Luigi Gerardi gave the Knights the lead. Daniel Pathan scored only a few minutes later. The crowd was roaring and it was now theirs for the taking. Some more forward pressure, another couple defensive plays, two more big saves, and the final heart-throbbing eight minutes came to an end. There goes the buzzer. Gloves and sticks started flying through the air and everyone ran for the goalie.

The Novice Knights of NobleKing Minor Hockey had done it. After going unbeaten throughout the tournament, they finish it off with a 3-1 victory and a golden prize.

## Cougars move up PJHL standings with win

By Jake Courtepatte

Chock up four crucial points for the Schomberg Cougars.

The Junior C club got back in the win column on Thursday in front of a home crowd at Trisan Centre, using a second period offensive surge to cruise past the Midland Flyers 3-2.

Down 2 - 0 early in the second period, Owen Heilemann, Calum Bett, and Brennan Young all capitalized unanswered before the buzzer to take a 3-2 lead into the final frame.

Schomberg keeper Graham Dynes kept up his end of the bargain in the third, stopping all fifteen Midland shots he faced to pick up Schomberg's first win of 2019.

They followed up Saturday with a shooting match against the Orillia Terriers, throwing a whopping 40 shots on the Orillia net yet coming out on the wrong end of a 4-3 score.

Schomberg held a 3-1 lead mid-way through the game thanks to goals from Heilemann, Josh Morrison, and Lucas Brockie, though Orillia came storming back with three unanswered tallies to take the game on their home ice.

The good fortune returned on Monday when the PJHL announced the results of a Nov. 18 clash between the Cougars and Caledon Golden Hawks, that saw the Cougars up 4-1 late in the third before the game was called due to poor ice conditions. Schomberg was officially awarded the two points, vaulting the team over the Huntsville Otters and into seventh place in the Carruthers division.

## Coaches:

We want to hear from you! Send us your game reports, tournament results, etc. for Hockey, Figure Skating, Basketball, Volleyball, Gymnastics, Skiing, Martial Arts, and anything else sports-related that's going on in your community.

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# 'Men with brooms' take it seriously

By Shellee Morning

The Men with brooms in the King Curling club are nothing like the characters in the hit comedy movie that starred Paul Gross and Leslie Nielsen. No, the burly brushers of King take their game seriously.

Last week during men's action Gerrits, Livingstone, Scott, Sheardown, Stronach, Brodhurst and Brown all found the winner's column. Their wins came equipped with a strategic game plan to out manoeuvre their opponent. Speed of the ice, and the amount of curl dictated each shot as the brooms were put to the test.

There are 18 teams that make up the league's roster and the top 10 are within 10 points of each other. Team Davis leads the pack with team Barber right behind. With Sheardown's win over Barber last week, the Sheardown team has moved an inch closer to sit in 3rd overall with just a few sweeps behind.

Teams Belcher, Brown and Gerrits are tied to fill the mid-section while Stronach, Smith, Sidon and Scott close out the top 10.

In a rural town that harvests as an occupation and promotes growth, the King Curling club nestles in a farming community where many of the club's members are local farmers. Whether it's dairy, beef or crop farming these boys are busy with a tough schedule of early to rise and late to bed almost 7 days of the week. Curling once or twice a week for some can be a bit more than just a social night out. It can also be a stress reliever and or a source of fitness.

No matter what, the sport of curling is a benefactor to us all where you can make it as competitive as you want. The laughter of course is no different than what you can get from watching the movie. And some might say there is a few Paul Gross or Leslie Nielson "act-alikes" in the league, who not only add a bit of comedy and fun to the game but amuse the rest with their curling slapstick for all to enjoy.

Comedy aside, these boys can hit, draw, tap and sweep for a guard. The league consists of a well-rounded calibre of play that entertains and keeps the analysers busy all week, right up to

the next game. There is no doubt that if a sequel to the Men with Brooms were to emerge, the casting could start in King.

## The Windy City

King Curling was well represented this past weekend at the Chicago Curling Club. Two King teams blew into the windy city for the 70th annual event that is host to 40 teams, of which 25 of them were Canadian.

Opening games began on Thursday and the canucks played strong strategic games all leading to victory. Team Barber, that consisted of Vice Dan Steenhoek, 2nd Greg Switzer, Peter Kamstra in Lead and Dave Barber as Skip made it to the quarter finals before losing a game. Team Brad Stronach, who skipped his squad of Fausto Mussato, Stephen Niepage and Rick Yates, pushed out of the hack in their debut appearance well in their opening games but fell out of contention before the quarters. The A division finals will feature teams both from Canada from the Galt and Windsor areas.

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Skip Karl Davis and team hold 1st place in the men's Team Entry League.



Skip Dave Barber currently sits in 2nd place behind Team Davis in the Men's Team Entry League.

Photos by Shellee Morning

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## King Weekly Sentinel

# Nobleton Notes

By **Angie Maccarone**  
416-917-0406

## St. Paul's Church

The Community Youth Group meets most Thursdays at the church from 7-9 p.m. Come join in the fun. Follow our Instagram account, "4.12.youth.group," to stay up to date on current events. Check this space for details, or contact our church office at 905-859-0843. A2J, our program for kids in Grades 3 to 6, will meet on Friday, Jan. 25 at 7 p.m.

LifeConnect Groups are small gatherings for friendship, study and prayer. We have several other LifeConnect Groups that meet throughout the week, including a Men's Life Connect Group that will begin meeting again on Thursday, Jan. 24 at 10.

We are blessed at St. Paul's to have diligent librarians that have worked for years on creating an amazing library with new books being added weekly. This is a true gold mine if you are a reader. You're welcome to borrow from it anytime!

The first and third Tuesday of the month we have a group of people that

get together at 1 p.m. to do quilting. The second and fourth Tuesday of the month, the focus is on knitting. You are welcome to join us.

This Sunday, Jeff continues his way through the book of John. This week's message is entitled "So you think you can see," taking a closer look at John 9.35-41. We offer ministry to children aged 0 to 11 during worship. We'll share a pot luck lunch after worship under the theme, "crock pot cook-off." Bring a dish, and join us!

Jeff's messages are posted at [www.passionatelyhis.com](http://www.passionatelyhis.com) each week. They are also on Facebook Live and are available on the church's Facebook page (@stpaulsnobleton) and YouTube page (search St. Paul's Church, Nobleton), or [stpaulsnobleton.ca](http://stpaulsnobleton.ca) for viewing.

For more information about ANY of our activities or events, please contact the church office or visit our new and improved website at [www.stpaulsnobleton.ca](http://www.stpaulsnobleton.ca).

## St. Mary's Church

New Parishioners - If you wish to be a registered member of St. Mary's or St. Patrick's parish, please take a registration form located in the lobby

of the Church and fill out the required information. You may drop it off at the parish office. Once registered, a box of Collection Envelopes will be assigned to you, which can be picked up the following weekend from the back table in the Church foyer. Income tax receipts \$20 minimum are issued for your financial contributions. Pre-authorized giving plan is also available (form located in the lobby). Call the office to ask us about it!

Visiting the Ailing & Homebound - Parishioners who wish to be visited by our pastor on the 1st Friday of the month for sacraments, please contact the parish office.

Letters of Recommendation - For those being asked to act as godparents for Baptism, sponsors for Confirmation, etc., letters of recommendation are issued only to active parishioners who have been registered for at least 2 years at St. Mary's or St. Patrick's Parish.

Heralds of the Gospel Rosary and Talk - Location: St. Mary's Mission, 190 MacTaggart Dr., Nobleton, Mondays at 7:30 p.m. (except Holidays).

Please check the Schedule of Events for dates set out in the weekly bulletin @ the church.

## Nobleton United Church By Reverend Carol-Ann Chapman

Beginning last September we began using the Narrative Lectionary, a 4-year schedule of Biblical readings where each year we are taken through a journey of scripture from the beginning to the end. In January we began reading through the Gospel of Matthew and this will take us until after Easter. This schedule allows us to see how Creation is connected to the Cross and beyond.

For the past two weeks, I have focused on the importance of recognizing that we are God's beloved. In a world that can be filled with negative messages, this, our identity, is something that cannot be taken from us. You are God's and you are loved.

Each Wednesday mornings, I drop by Tim Hortons for coffee and conversation. If you'd like to chat sometime, please come by or call me. Life in community is the church.

For more information visit [nobleton-unitedchurch.com](http://nobleton-unitedchurch.com), our Facebook page or call 905-859-3976. Nobleton United is west of Hwy 27 on the north side of King Rd.

More on Page 17

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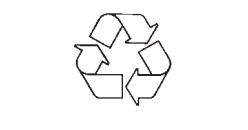
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# Nobleton Notes

From Page 16

## Nobleton Lions Club

The Lions are aware of a wheelchair which is available to anyone with a need, please contact Rick Zuzek at richardzuzek@yahoo.ca for details.

Watch this space for further details as the events get closer, and why not check out our website at www.nobletonlions.com

Free advertising is available to non-profit groups in and around Nobleton via the electronic sign at the library. Contact the Township of King for details on how to get your message up there at no charge.

Your support is greatly appreciated by the Lions and those who we support, in keeping with our motto, "We Serve."

The Lions Club is seeking new members at this time. If you are interested in helping your community become a better place to live while having lots of fun, please call Bob Phillips at 416-522-9675.

## Anglican Parish By John Arnott

As he sat in the work room of his village home the man who had thought long and deeply about his future knew the time had come to make a decision.

It had been over 2 years since that life-altering experience had brought the young Pharisee to this quiet oasis on the edge of the vast, hostile desert that makes up much of Arabia where he now supported himself by making quality tents. It was a skill he'd acquired growing up in the family of a prominent wealthy Jewish tent merchant in the bustling city of Tarsus, capital of the Roman province of Cilicia in southwestern Asia Minor (modern Turkey).

His family including himself, were Roman citizens a privileged status much sought after but sparingly awarded to foreigners, that would serve him well in later years.

He was now clear in his mind what must be done so in the weeks that followed he put his affairs in order, gave his thank-yous, made his goodbyes to the villagers who had unquestioningly

accepted him and with his few possessions joined a caravan of traders headed for the now sorry Syrian city of Damascus already ancient in his day. Here he would begin his Earth-shaking mission of bringing Christianity to Europe.

Shaul (Saul) realized, right from the get-go, the life he had chosen for himself would not be easy. Nor had it been in the days since he, on that very same road he once again traveled, was, in a blaze of brilliant light, challenged by the resurrected Yeshua. And in his subsequent blindness he recognized him as the long promised Messiah.

We first hear of Shaul when as a teenager he took part in the stoning to death of St. Stephen, the first Christian martyr and now the once ruthless persecutor of Christians would soon become their most fervent champion.

The St. Alban's Anglican community in Nobleton notes that make no mistake about it this powerful thinker we know as Paul was well educated having studied at the university in Tarsus and later at rabbinical school in Jerusalem under Gamaliel, one of the greatest teachers of ancient times

who though not a Christian defended their right to teach their faith.

Shaul (possibly after the first Israelite king) is first called Paul on his stay in Cyprus, a large island in the Mediterranean Sea near Turkey. Often the few Jewish men who were also Roman citizens took a Roman second name and Paul, through the Greek Pavlos, is Paulus in Latin, he would never hear himself called by the English Paul!

It is thought by some biblical scholars that Shaul, shortly after his own conversion, first tried out his missionary efforts while staying in the ancient Nabatean city of Petra (now in Jordan), but failed to get any followers thus decided to take time off to prepare himself for his life's work, hence his self imposed exile in pre Muslim Arabia.

Christians see Shaul/Paul as the most important figure in Christianity next to Yeshua himself and mark this Friday, Jan. 25 as the anniversary of his conversion on the road to Damascus to arrest Christians nearly 2,000 years ago, when Januaries and Fridays didn't exist and Christians were almost unknown.

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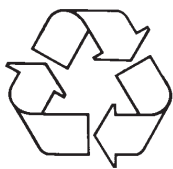
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## King Weekly Sentinel

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### 701 COMING EVENTS

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## King's Corners

**King City United**  
By Sheryl Sinka

Last Sunday we took another look at the story of Johah and the whale. "What if?" is a question all of us have asked ourselves at one time or another. God's will is sometimes difficult for us to discern and we often second guess our choices in life and the paths we take.

We were encouraged by Rev Bruce to look forward and be secure in the knowledge that regardless of the mistakes and missteps along the way, God's love for us is unwavering. We are challenged to extend that love and grace to others, even those we do not consider deserving. God's love is for all.

The women's prayer group has resumed on Tuesday mornings from 9:00-10:00 at the Residences of Springhill, the condo community at 80 Burns Blvd.

on the south side of King Sideroad in the small dining room on the main floor. Departure time is optional but please try to arrive just before 9. Prayer is powerful and whether it is illness, anxiety or life situations for yourself or someone else, consider adding your voice to this ministry. For more information contact Deana 905 833 5375 or Kathy 905 833 0391

Tea and talk meets on Friday mornings at the Sunset Grill (1700 King Rd.) at 10 a.m. All are welcome to come out and join in a cup of coffee or tea and some conversation.

If you have any questions please contact the church office: 905-833-5181

Check out our new website at kcuc.net

Sunday worship at 10 a.m.

### King Bible Church

Please join us on Sunday, Jan. 27 as Pastor Mark continues our series "Encountering God Through Spiritual

Practices" with Inward: Study.

Please take advantage of our excellent children's ministry. Our Sunday morning "Celebration Zone" provides age-appropriate programs for children aged 4 to Grade 8. Our children's program is staffed by screened volunteers who care about your kids! The children in Grades 1-8 will join their parents for the beginning of the service until they are invited to go downstairs. The children in kindergarten can go directly to their class at the start of the service.

If you have children aged 0-3 then we invite you to bring them to our beautiful and safe Nursery facilities which are located on the lower level.

Caregivers will meet you there.

"Legacy" nights are our family Bible Study nights.

We will provide Nursery care for children 0-3. Our children (JK-Grade 5) & Junior High (Grade 6-8) classes will meet downstairs.

Our adults will meet upstairs. We meet every Tuesday from 6:45-8 p.m.

The adults will be starting their new study "Gospel Shaped Mercy."

The junior highs (Grades 6-8) will be completing our "Freedom Ride" series.

You can find us at King Bible Church, 1555 King Rd. King City (at King Rd. & Dufferin), 905-833-5104, www.kingbiblechurch.com, info@kingbiblechurch.com

### St. Andrew's By Kathy Patterson

St. Andrew's shares the love of Jesus in the community and beyond!

We'd love to have you drop in to worship with us. Join us Sunday at 10:30 a.m. when we welcome back Alvin Kim and his family. Sunday school for school-aged children up to 12 years

runs concurrently and a nursery is available. Following the service, everyone is invited to stay for coffee.

Last Sunday we enjoyed having Lynn Vissers back in the pulpit. She finished her series on Ruth with her sermon, "When God Intervenes," based on Ruth 4.

The Women's Prayer Circle continues Tuesday mornings from 9 to 10 a.m. at 80 Burns Blvd. Please call Kathy Patterson, 905-833-0391 for more information and to discuss possible other venues and times. Philippians 4:6

Soup and Conversation for "the after work gals" is having a break until March. Some of the ladies will be on a tour, travelling to the Holy Land.

Messy Church is this Sunday, Jan. 27 from 5 to 7 p.m. This is for families and it's free! It's a time together where we learn more about God's love for us through storytelling, music, being creative making art and then at 6 p.m. enjoying a communal supper together. We hope you can join us. Call Lynn Vissers for more information.

Let's beat those winter blahs! Come out to our Games Night, Friday, Feb. 1 at 7-9 p.m. All are welcome! Bring your favourite board game and enjoy the warmth of the evening among friends. We'll have hot chocolate and apple cider as we munch on snacks. If you have a favourite snack and want to bring it for sharing that would be great! RSVP to Kathy Patterson if you're coming.

Mark your calendars! The annual congregational meeting is Feb. 24 after our church service. A light lunch will be provided.

St. Andrew's is pleased to be able to offer Pastor Niyazi Bilgen and his wife Irada of the Greater Grace Fellowship, a meeting space.

More on Page 19

## King City Senior's Centre activities

By Carol Kanitz

Movie Night returns on Wednesday, Feb. 6. The feature film is a golden oldie - "The Best Exotic Marigold Hotel" (2012). Doors open at 6:30 p.m. and the movie will begin at 7 p.m. Starring in the film: Judi Dench, Maggie Smith, Celia Imrie and Bill Nighly. Admission by donation.

The Travel Club will host its annual Destinations Party on Wednesday, Feb. 13 starting at 2 p.m. More information to follow.

Time to sign up for the next trip - to Fallsview Casino on Thursday, March 28. This is a destination trip with many things to do for those who prefer to shop or explore the area. The cost is \$20 per person. Each person receives a \$10 voucher for the casino. The coach leaves the arena at 8 a.m. To reserve your seat, call Agnes at 905-841-7390 or Jayne at 905-853-1436 now.

Updated information can be found at our website - www.kingcityseniors.ca



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# King's Corners

From Page 18

It will allow them to continue leading their Bible Study on Sunday evenings from 5-7 p.m. All are welcome.

For pastoral care needs contact Lynn Viissers, Director of Congregational Ministries at the office 905-833-2325 or contact our Interim Moderator, the Rev. Paul Johnston, 705-341-7738.

We are located at 13190 Keele St., 2 blocks north of the King Rd. www.standrews-kingcity.ca

## All Saints Anglican Church By Patrick Gossage

Parishioners lead major donation of winter clothing for students on northern reservation – Before Christmas, an All Saints parishioner with a long history of advocating for indigenous issues, Dave Gordon, received a desperate appeal from Jennifer Manitowabi, vice-principal of Eenchokay Birchstick School in the remote northern Ontario First Nations reservation of Pikanigum. She said over 70 students did not have proper winter clothing, which meant they could not even go out to recess in the cold, let alone to go on the land to learn indigenous cultural ways.

Our parish spearheaded a fundraising drive that attracted money and used winter wear from several other parishes. Of the over \$9,000 raised, over \$6,000 came from our parishioners. With the tireless efforts of our Marilyn Cartmill and Leah Springfield, Jennifer's long list of requirements for children and youth needs is now fully met: 72 winter coats, 75 snow pants, 60 winter boots, 60 pair of mitts and 66 ski doo mitts,

plus 25 sets of hoodies and pants. Many merchants and distributors gave us discounts.

Boxes of the clothing are now shrink wrapped on pallets to be picked up by trucks sponsored by Rotary's Honouring Indigenous Peoples through Trucks 4 Change program. Students should be cozy in their new winter clothing in a few weeks.

The community of 3,000 which was infamous for its high rate of youth suicide, is being revitalized with a new hydro connection and more houses getting running water. In the last seven years, All Saints has raised \$15,500 towards the Dioceses' water project in the context of the Advent Conspiracy. We are proud to take these steps towards reconciliation with our indigenous brothers and sisters

## Horticulture By John Arnott

Well you might not get it to live up to its name, this Christmas rose, but you may get it to bloom in late fall (November) or early spring (mid-March) in our area, even through frozen ground covered in snow!

Helleborus niger the most common Christmas rose, gets its botanical name from the Greek helein meaning to injure and bora meaning food – it's poisonous! And niger, Latin for black, refers to its long dark taproots. Early spring hellebores are often called Lent(en) roses as they come into bloom during that Christian season that precedes Easter.

The helleborus niger is the most common of the 22 species of hellebores, most native to south eastern Europe and south western Asia with many of the species found wild in the Bal-

kans (Serbia, Greece, Croatia) and into northern Italy.

This perennial broadleaf evergreen should do well a garden area that gets considerable shade/dappled shade mid spring to early fall. Besides full sun it definitely does not like acid soil thus it should never be planted in the open or under or near needled evergreens (pines, spruces, cedars/junipers, etc.).

Members of Nobleton-King City Horticultural Society recommend a goodly amount of leaf mould and/or composted cattle manure should be dug into the shaded area where hellebores are to be planted. This place should be always damp but never soggy. Dry conditions spell doom for hellebores. Choose carefully where hellebores are to go as like most thick taprooted plants they, once established, do not like to be moved.

The hellebore flower is actually a ring of 5 wide spoon-shaped sepals or bud covers around the tiny insignificant real flower petals that over millennia have been adapted to hold nectar.

The centre of the bloom carries a feathery cluster of pollen bearing yellow stamens. The sepal like petals come in a range of colours from pure white fusing with pink as they age to rose, through mauve, to deep wine. Most blooms are approximately 1in./2.5 cm wide but hybrids will produce larger flowers, many bicoloured with some even double. Helleborus viridis has vivid all green flowers.

Because they're sepals not true petals that soon fall, the flowers stay in bloom for a good length of time.

Most hellebores grow 9 to 12 in./23-30 cm high with blooms held to main stems by short stemlets.

The dark green leaves are palmate (hand like) holding 7 slightly serrated edged, finger like leaflets somewhat resembling cannabis foliage.

The 5 sepals of each bloom strongly resemble the single flowers of wild roses, hence the popular name, however, hellebores are not related to the roses but rather to buttercups.

## YRP charge 20 drivers with impaired

In yet another disappointing week, 20 impaired drivers were removed from York Region roads and charged with criminal driving offences.

YRP is reminding drivers that they conduct RIDE spot checks year-round and that officers are always watching for suspected impaired drivers. They also continue to encourage citizens to call 9-1-1 if you spot a suspected impaired driver.

The legal consequences of an impaired driving charge can include roadside vehicle impoundment and automatic driver's licence suspension, as well as further consequences imposed by the courts, including longer licence suspensions, large fines and in some cases, jail time.

York Regional Police thank members of the community for helping us stop and arrest impaired drivers by calling 9-1-1 through the Safe Roads ... Your Call program. We consider these incidents a life-threatening crime in progress and will continue to respond to these calls.

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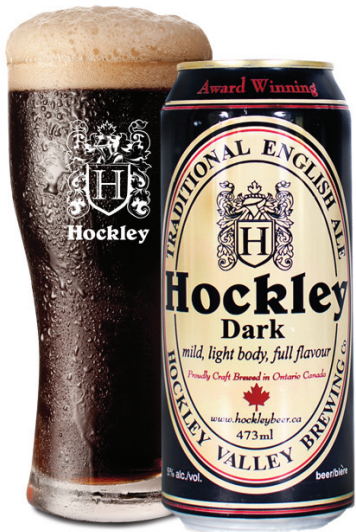
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