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# King Weekly Sentinel

King's Community Newspaper

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FREE Thursday, September 13, 2018 Volume 45, Issue 37

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## Schomberg Street Gallery this Sunday

Schomberg's Main Street will radiate with even more charm this Sunday, Sept. 16, than usual, as more than 40 local artists own the street for Art Society King's Schomberg Street Gallery. Admission is free, prices are reasonable, and cradling the Main Street gallery are the village's equally captivating discoveries such as cozy restaurants, coffee shops with gourmet home-baked goods and curated shops with country fare, all housed in meticulously maintained, 1800s-era buildings. The 10th annual Schomberg Street Gallery runs Sept. 16 from 10 a.m. to 5 p.m. and includes 42 acclaimed artists and creators. For more, visit [schombergstreetgallery.ca](http://schombergstreetgallery.ca)

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## King's Terry Fox Run takes place Sunday

By Mark Pavilons

King residents are helping to keep the hope alive by participating in the annual Terry Fox Run for cancer research.

The King Township Terry Fox Run is on Sunday, Sept. 16 at Wellesley Park, King City (northwest corner of Keele Street and King Road). Registration begins at 8:30 a.m. with an open start, any time between 9 a.m. and 1 p.m. There is a 2-km, 5-km and 10-km route that is bicycle, stroller and wheelchair accessible, dogs are also welcome but on leash only.

This year marks the 38th anniversary of Terry Fox's Marathon of Hope.

The longevity of the Run and the cancer research legacy inspired by Terry Fox is a reflection of Canada's respect and dedication to the efforts of Terry and

the Terry Fox Foundation. In all, there are more than 10,000 runs taking place across Canada.

Since the Marathon in 1980, Canadians alone have raised more than \$750 million for cancer research.

The Foundation notes that 82 cents of every dollar raised goes toward cancer research. The TFF has funded 1,314 research projects to date.

The Terry Fox Run has become the largest fundraising event to support cancer research in the world, with more than 32 countries participating.

The Marathon of Hope took place in 1980 and Terry ran an average of 42 kilometres per day for 143 days until he was forced to end his run Sept. 1, 1980. By Feb. 1, 1981, his dream of raising \$1 for every Canadian was realized. He died in June 1981 at the age of 22.

For more, visit <http://www.terryfox.org/>

**Lucy Brookhouser**  
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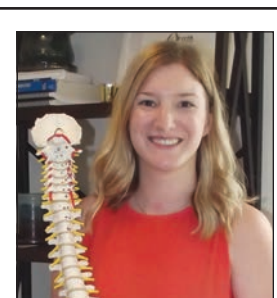
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**INSIDE**

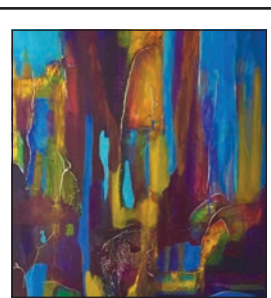
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Dr. McDowell opens NCR in Nobleton.

See Page 8



Local bank and artists hold show.

See Page 10

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**UPCOMING MEETINGS**

**COUNCIL AND COMMITTEE OF THE WHOLE**

Municipal Office, Council Chambers, 2075 King Road

**Monday, September 24, 2018**

6 pm – Council/Committee of the Whole

**Tuesday, October 9, 2018**

6 pm – Council/Committee of the Whole

To view full Council and Committee of the Whole agendas, visit [king.civicweb.net/filepro/documents](http://king.civicweb.net/filepro/documents)

**COMMITTEES AND BOARDS**

**Thursday, September 13, 2018**

7 pm – Heritage Advisory Committee

Municipal Office, Council Chambers, 2075 King Rd.

**Tuesday, September 18, 2018**

7 pm – King Township Public Library Board

**Nobleton Branch**

Municipal Office, Council Chambers, 2075 King Rd.

**Tuesday, September 25, 2018**

7 pm – Sustainability Advisory Committee

Municipal Office, Council Chambers, 2075 King Rd.

**Wednesday, October 17, 2018**

6 pm – Committee of Adjustment

King City Arena, 25 Doctor's Lane

**BID NOTICES**

For all bid opportunities, please visit the Township of King's website [www.king.ca](http://www.king.ca), click **Popular Topics** and click **BID OPPORTUNITIES**.

Or visit on the following link

<https://king.bidsandtenders.ca/Module/Tenders/en>

**2018 MUNICIPAL ELECTION**



**Are you on the voters' list for the Oct. 22 municipal election?**

The October municipal elections are just around the corner. Are you on the list to vote? Find out at [www.kingvotes.ca](http://www.kingvotes.ca).

**Advance voting dates and locations**

- Sat., Oct. 6: Trisan Centre, Schomberg
- Sat., Oct. 13: Dr. William Laceyby Community Centre and Arena, Nobleton
- Mon., Oct. 15 – Fri., Oct. 19: Municipal Office, 2017 King Rd., King City
- Sat., Oct. 20: King City Arena and Community Centre, King City

**Municipal Election Day:  
Mon., Oct. 22 (10 am – 8 pm)**

**Election signs**

Elections signs will be permitted in King Township starting Sept. 24 (28 days prior to Election Day.) No more than two signs per property. Signs must be removed within three days after the election.

**PUBLIC NOTICES**



**Rain barrel and compost bin giveaway!**

King has launched a new online engagement platform. Called SPEAKING, the platform allows residents to engage with the municipality on issues that are important to them.

To be entered into a draw for a compost bin and rain barrel, visit [speaking.king.ca](http://speaking.king.ca) before October 5 and register to receive updates on various projects in King Township. While there, take some time to complete the surveys on the Sustainability Plan refresh page.

The information provided will be utilized to help King make thoughtful, resident-involved decisions concerning issues that are important to sustaining a healthy and thriving community.



**PARKS, RECREATION & CULTURE**



**Dates :** September 22; October 6

**Time :** 9:00am-1:00pm

**Location:** In the parking lot of the Schomberg Agriculture Arena, 251 Western Ave.

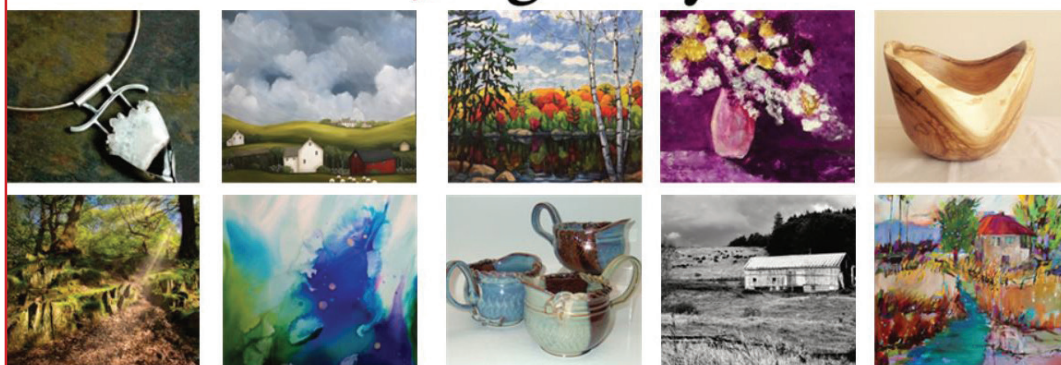


**Holland Marsh Soupfest**

Calling all soup makers! We need your soup!

King is looking for professional and home chefs to come out to the 2018 Holland Marsh Soupfest.

On September 29 show our attendees that your soup is the best. For more information, please visit [www.hollandmarshsoupfest.ca](http://www.hollandmarshsoupfest.ca).



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- Educate children about crossing roads safely and obeying street signs and signals





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## Saturday Night Bash helps fund vital research

By Mark Pavilons

The community is coming together to help fund vital research.

The Saturday Night Bash Sept. 15 is in aid of ground-breaking research conducted through The University Health Network in Toronto. King resident Chris Kenalty, has been part of a study/research group that's looking into the treatment of neurodegenerative diseases, including issues that can arise from a stroke.

Kenalty suffered a stroke in September 2014 while dining out with his partner Miriam in Port Credit. He was rushed to Toronto Western.

Scans showed a blockage in a blood vessel in his brain and physicians administered the standard tPA treatment to open up the artery. That didn't work, and doctors decided to remove the blockage using a new clot retrieval method called endovascular treatment.

Dr. Robert Willinsky inserted a thin tube into the artery in Kenalty's groin, threading through the body and into the brain. The clot was then enclosed in a retrievable stent and pulled out, restoring blood flow to the part of the brain that was being damaged.

Kenalty remained awake during the surgery and became the test subject for what is now a life-saving procedure used worldwide. He left the hospital four days later.

He said he's one of the lucky ones and he's back to full health.

"My recovery has been so complete that people think I'm joking when I tell them I suffered a major stroke," he said.

The hospital approached Kenal-



ty about participating in a study that looked into stroke, Alzheimers and Parkinsons and he readily offered to help. A ministry-funded study was launched but funding fell roughly \$200,000 short.

That's where Kenalty and his team of friends and supporters stepped in, offering to raise the money.

The Saturday Night Bash was born and it promises to be a fun-filled event. It involves five-star food from some major caterers; a steel band, and great entertainment.

Friend and neighbour, renowned jazz artist Michele Mele didn't think twice about participating in the fundraiser. She'll be enchanting guests with her performance.

Mele said Chris and Miriam are wonderful kind hearted people who believe in love! Mele said it's so very important to help spread peace, love and joy to make the world a better place and this event does just that. As well, Mele admits "I do love to make parties with lots of music!"

All proceeds from Saturday Night Bash will go towards Dr. Leanne Casa-

ubon's Stroke research program at the Toronto Western Hospital, UHN. The Ontario Neurodegenerative Disease Research Initiative (ONDRI) is a provincial collaboration studying dementia and how to improve the diagnosis and treatment of neurodegenerative diseases, including issues that can arise from a stroke. Stroke is the third leading cause of death in Canada and the leading cause of adult neurological disability. Dr. Casaubon is a neurologist

and director of the TAMS unit at TWH/ University Health Network, which is also the regional stroke centre for the Toronto West Region.

The Bash will be held this Saturday night at Country Lane Farms - Equestrian Farm in King, starting at 6 p.m. with dinner at 7. Visitors are encouraged to dance until midnight.

People who wish to support/attend should contact Janice Allen at 416-201-9451 or email [janice@evacused.com](mailto:janice@evacused.com)

## Nobleton improvements ahead of schedule

By Mark Pavilons

The road work in Nobleton is ahead of schedule.

The improvements at Highway 27 and King Road are progressing quickly and the estimated completion date has "significantly advanced," according to Councillor David Boyd.

He said the expression "short term pain for long term gain" comes to mind in this instance.

The upgrades to Nobleton's four corners will boast a wider and safer intersection, facilitate more volume and ultimately ease core congestion. The streetscaping will also be completed by the fall. This includes new and improved sidewalks from Ellis Avenue extending north to Sheardown Drive, as well as additional plantings and foliage.

Boyd pointed out that further road enhancements will extend north of No Frills on Highway 27 to improve traffic flow and enable additional safety measures at the No Frills entrance, Hill Farm Road and surrounding areas. The lanes will be reconfigured to incorporate a dual left hand centre turning lane from Norman to Sheardown that will provide a point of refuge for motorists entering the plaza. The short 1.2-kilometre inside lane will be eliminated so that drivers will no longer have to contend with vehicles passing from the inside lane. An extensive traffic study determined that the inside lane was often a contributing factor to accidents at the No Frills entrance. It is evident that there is a need for a safer entrance.

"I am excited that we were able to work with the Region's Traffic Safety experts to provide a researched-based solution," Boyd said. "I look forward to the timely completion of these projects and the many improvements that will enhance our village core."

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# Editorial, Letters & Opinion

*"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."*

- Michael Connelly

## We're lowering the English lingo limbo bar

Our language is our main tool for communication and for many of us, it's our bread and butter.

In our home and native land, our language and our unique colloquialisms make us friends and bring all Canadians together.

When we're travelling, we're speaking the world's most popular language, we're welcomed.

Like our species, our language is constantly maturing.

According to Merriam Webster, the language doesn't take a vacation, and neither does the dictionary.

"The words we use are constantly changing in big ways and small, and we're here to record those changes. Each word has taken its own path in its own time to become part of our language - to be used frequently enough by some in order to be placed in a reference for all. If you're likely to encounter a word in the wild, whether in the news, a restaurant menu, a tech update, or a Twitter meme, that word belongs in the dictionary."

A big batch of new words and new definitions for existing words has just been added to the dictionary at Merriam-Webster.com: 850 terms that come from a cross-section of our linguistic culture.

As a parent, I'm all too familiar with the term "hangry," which combines hungry and angry. If you have children, you know these ankle biters will literally eat anything and everything when it's past their meal time. I'm sure it has something to do with a chemical imbalance or hormones. I've witnessed the wrath and at times, it's like I'm tossing raw steak to the lions at the zoo.

I fully understand the need to recognize words that arise out of technology, terms unique to certain elements of tech.

"Instagramming" as a verb is suspect. If you post something to Insta-



Mark Pavilons

gram, isn't that sufficient? Oh, look at me, I'm "finger-text-agramming!"

One of my new favourites is "time suck," a term that means wasting your free time with something unproductive or meaningless. We're all guilty of this and have been doing so since the dawn of time.

But this term is more relevant today, especially with our smart gadgets sucking so much of our time, often with useless endeavours.

I am still amazed, and somewhat disappointed, when I see young people - children and teens - milling about, with heads down, buried in their cell phones. If you've ever seen a gaggle of gadget-gawkers, you know what I mean.

I've also seen couples, young men and women, in cars together, both on their phones!

Also, you might think that it's "adorbs" that some "rando" likes "zuke" along with "avo" in his "guac."

Years ago, a sentence like that would get you a stint in the stockade!

I think abbreviations and portmanteaus (two words smashed together to make a new one) are abominations. What do you think about "bromance, chillax, frenemy, mansplaining?" They're all shirt!

Our amazing English language is actually a West German language, influenced by Norse, Latin and French.

The earliest forms of English were spoken more than 1,400 years ago, in Great Britain in the 5th century. Middle English became vogue in the 11th century and early modern English took shape in the 15th century.

It's the third most spoken lingo in the world.

While early published reports indicated women talk three times more than men, there were no concrete studies. One done in 2014 indicates women speak 16,215 words per day, and men belt out 15,669 words per day.

If you consider all the common conjunctions, pronouns, prepositions, we likely only utter maybe 500 unique words per day, or words that articulate meaning.

The Second Edition of the 20-volume Oxford English Dictionary contains entries for 171,476 words in current use, and 47,156 obsolete words. There are also around 10,000 "derivative words."

The average adult has a vocabulary of upwards of 35,000 words and it's estimated that anyone can get by with an arsenal of only 3,000 words.

Try to explain the word "the" to someone learning English. It's the most frequent word we use and abuse.

Words are my life. In my line of work, they are my friends and as with most relationships, we have our ups and downs. They can be elusive, mean and ornery. They can be smooth, silky and oh, so descriptive. I may be a veteran newsman, but I still make use of thesaurus.com!

It's estimated we learn a couple of new words per day and I think that's marvellous. Maybe I've introduced my readers to one or two over the years.

I'll never forget a mistake I made while reading out loud in my Grade 10 English class. The first time I came across the word "epitome" I read it "epa-tone." My teacher corrected me of course, in front of everyone, and that one faux pas is burned into my brain to this very day.

While our language is a beautiful thing, it presents many challenges, for foreigners and English-speakers alike. Just try to define a word without using the word!

Technology has also changed our use and knowledge of the language.

I came from the "pen and paper" generation, and I still take notes daily. Some journalists today record interviews electronically, but I always found that very time-consuming when writing an article. I rely on my notes and my memory and I have a pretty good track record.

But I know many who take "notes" on their phone and view their schedules on their tablets. They dictate their musings to a device, which auto-writes and auto-corrects, often with hilarious results.

We are born story-tellers and let's keep telling them. Don't be lazy with our precious vocabulary and give in to the vernacular.

Letter to the Editor

## Solution to pond water woes

There are lots of private "ground water source" ponds on properties in King. We have witnessed a steady decline in the quality of ours over the past five years.

There have been less frogs and turtles, and a huge increase in bottom weed growth (mostly tangle weed) and duck weed. The water was quite murky and smelled very bad, especially in the spring when the ice broke.

I used to swim in the pond regularly, but in the last few years you'd have to shower off the pond smell. We tried a wind driven aerator and even purchased an electric fountain aerator, and both had little effect.

After checking various Internet sites, we discovered that ground water ponds with "no natural water flow" have a life span of about 25 years, and ours had surpassed this. Dredging is no longer an option. We elected to buy a 'pond and aquarium deep water air pump, which pumps over 9,000 cubic inches of air into the pond per minute. First, we removed as much tangle weed as we could, then trapped and removed about 95% of the duck weed using a simple rope system attached to swimming noodles. We then installed a long weighted plastic air tube with small holes drilled into about two metres of the pipe, connected it to the air pump and turned it on. In only a week we noticed a difference and now, into the third month, we have noticed a significant change in the quality of our pond.

The tangle weed and duck weed has not returned, the water is clear smells clean and there is far less muck on the bottom. I just went swimming! The total cost of the unit and line was around \$400. It has been well worth the money.

Anyone with similar issues might want to investigate this relatively simple system. It will increase the value of your property also!

Brad Abernethy  
King

**KingWeeklySentinel WEBPOLL**  
www.kingweekly.com

Results from last week's poll:  
**Are you glad to see the start of another school year?**

a) Yes  **88%**

b) No  **13%**

The results of this poll are in no way considered to be valid or infallible.

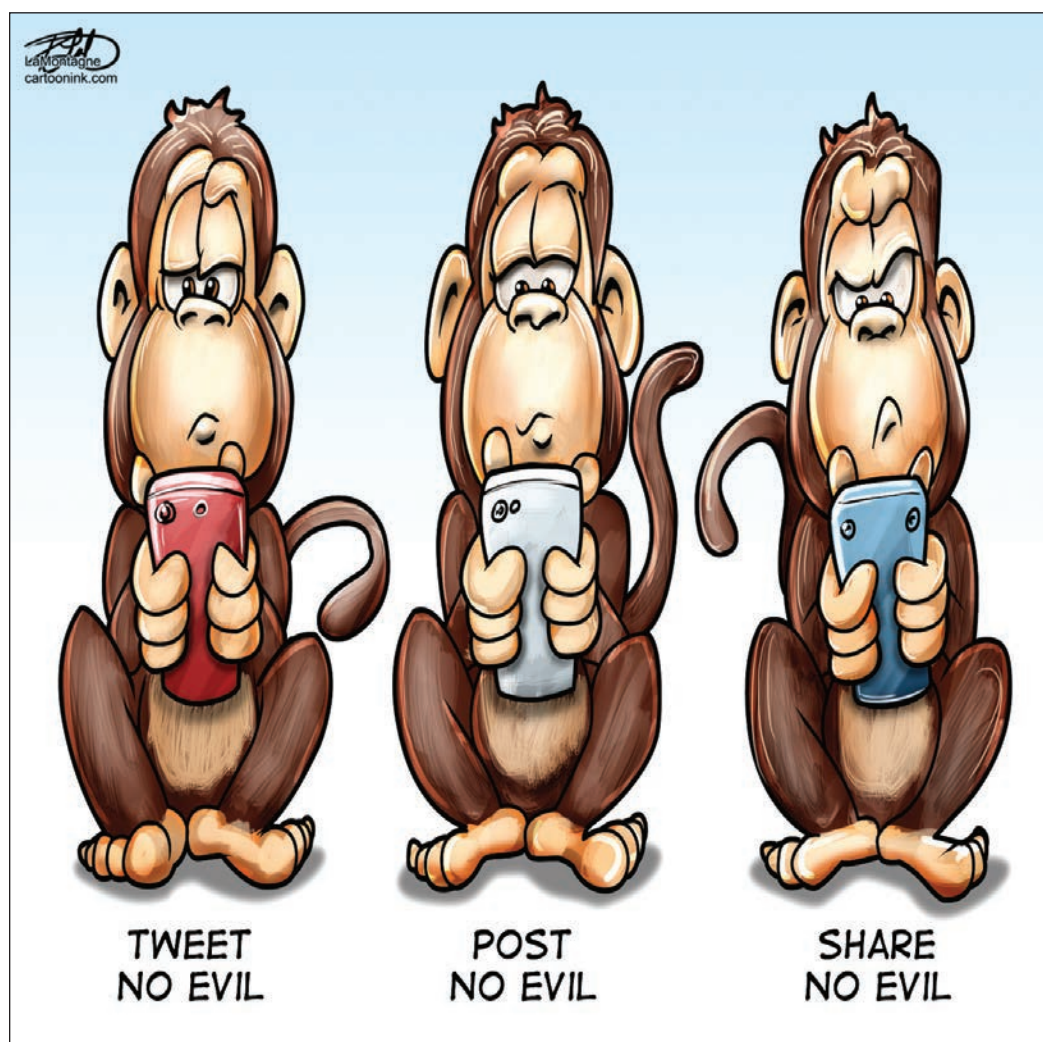
**THIS WEEK'S QUESTION**

*Has the Ford government gone too far in invoking the Notwithstanding Clause to pass Bill 5?*

a) Yes

b) No

*So go to the website and cast a vote!*



### Brain teaser



What has arms but no hands, and helps you to see?

Last week's answer: A bank, family tree or a river has branches but no leaves.

### King Township Trivia

*Lloydtown was named after Jesse and Phoebe Lloyd. Jesse's parents were non-militant Quakers from Bucks County, Pennsylvania.*

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<p>Simcoe-York Printing &amp; Publishing Limited, publisher of the King Weekly Sentinel and the New Tecumseth Times.</p>		<p>Published every Thursday</p>	



# Eek seeks another term, cites community support

By Mark Pavilons

Avia Eek's desire to serve, reinforced by positive support from the community, has led her to seek re-election as Ward 6 councillor.

Eek has served the community since 2010 and she's embraced the role and responsibilities with passion, dedication and collaboration.

Eek and her husband Bill own and operate Eek Farms in the Holland Marsh. Eek has embraced not only agriculture across King, but the traditions established in the Marsh generations ago. In fact, Bill is a third generation Holland Marsh farmer and his great-uncle was one of the first settlers in Ansnorveldt in 1934.

Eek admits that when she first became a councillor, agriculture did not have a high profile in King and "our community needed a fresh perspective at the council table."

While her first term in office involved a learning curve, the skills required in running a successful farm business have served her well. Eek won her second term in 2014, garnering an impressive 80% of the vote.

She wasted no time in rolling up her sleeves and shortly into her second term, she continued her active participation in numerous boards and committees.

"I am proud to state that together we have accomplished much for our small community, and King Township, as a whole," she said. The list of accomplishments is long, indeed. Eek pointed out King is currently at the design stage for how the former Holland Marsh District Christian School will be transformed into a community hub, with a view to implementing programming for chil-

dren and seniors, which will include the expansion of the existing Ansnorveldt library. As well new playground equipment will be installed, together with a shelter, at the Ansnorveldt neighbourhood Park. Major repairs were also made to the baseball diamond in the Ansnorveldt Park. The Township is also finalizing its updated Official Plan, which will guide the municipality in the years to come. Working with Canada Post, Eek helped re-instate a mailbox for residents. Posted speed limit signs were also installed on the service road parallel to Highway 9.

Agriculture is never far from her mind, and Eek said she's particularly excited about implementing some tasks in York Region's first-ever Agriculture and Agri-Food Strategy. This, she said, is a major accomplishment for the York Region Agricultural Advisory Liaison Group, on which she's served since 2011. She's worked with the University of Guelph to garner support for the pollinator project, with 5 sites around the Holland Marsh.

Eek pointed out that local councillors not only represent their wards, but the entire municipality. Being effective is all about being on deck, all the time.

"Being the elected municipal representative is about showing up," she said, pointing out that her attendance at council and committee meetings is exemplary. "It's about being there to help residents when you come to me with an issue; it is about listening to your concerns, and helping to facilitate solutions to those concerns."

To her, being the Ward 6 councillor means building relationships, and credibility with other levels of government (York Region, provincial and federal), including agencies like the Lake Sim-

coe Region Conservation Authority, York Regional Police, Canada Post, etc. The public's priorities are her priorities.

"Doing the job of municipal councillor is not a job one does alone," she stressed. "Your choice to provide me with your input, makes me more effective for our community!"

Aside from her agriculture related appointments in York and beyond, Eek has worked with the Women of Influence Giving Circle which supports Seneca College; the King Chamber of Commerce; Ladies in Philanthropy for Southlake; and the annual fundraising Run/Walk for Southlake.

"I have always said, 'Ward 6 has it all' - food, beverages, farming, recreation, nature, healthy environment, trails, access to water for agricultural uses, water activities, and more. Together we will continue to share ideas for the betterment of our community of Ward 6."

To learn more about Eek's contributions, contact her at 905-955-0800; e-mail her at avia.eek@gmail.com or visit her on Facebook or Twitter.



## Free estate executor workshop

Residents are invited to take part in a free workshop to learn about issues of being an estate executor.

This workshop is for people who have not yet named their executor; are thinking of changing their executor; will have this role in the future or are currently in this role.

The workshop will take place Saturday, Sept. 29, from 9:30 a.m. to 3:15 p.m. at the King City Seniors' Centre, 30 Fisher St.

For more, visit <https://caregivingmatters.ca/special-projects/estate-planning-project/> To RSVP or for questions, contact Mary Bart at 905-939-2931. The workshop is presented by Caregiving Matters, a registered Canadian charity that offers education and support to family caregivers.

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# Adams-Luchowski seeks re-election as board trustee

By Mark Pavilons

A 12-year trustee of the York Regional School Board wants to keep serving his constituents.

Pete Adams-Luchowski, has served as a YRSB trustee for nearly 12 years, first representing Richmond Hill in 2007 and Aurora and King since 2012.

While serving on numerous board committees "I contributed to the development of long-term strategies and plans. I would like to oversee to completion the successful implementation of those plans and continue working to ensure the board reaches its overall goals."

Change is a certainty in life and Adams-Luchowski said his business experience has taught him to overcome emerging challenges while maintaining focus on outcomes.

There are many important issues facing the board, and his experience will be a key factor in addressing them in the coming term.

The quest for immediate solutions for emerging issues often results in lost focus on long-term, sustainable results, he noted.

"I will continue to employ balanced approaches to maintain sustainable, quality programs accessible to students throughout the region."

The success of individual students has always been paramount in guiding the board through its decision making and planning processes.

"I will continue to ensure that every student has an opportunity to succeed. I continually advocate for the development and growth of workplace related education streams such as SHSM, Co-Op, and OYAP. My own company currently employs five graduates who



worked with us as CO-OP students, and I will continue to work on providing more choices for students of all abilities."

Perhaps one of the biggest responsibilities of the board of trustees is looking after a massive budget and tax dollars.

"I always maintain a common sense, balanced approach to spending and investment, while focussing on our ultimate goal – student success!"

Adams-Luchowski cited his experience and track record in his role as trustee.

He's been a school council member for 10 years; a high school football coach for 15 years; life-long volunteer assisting veterans and seniors; business owner for more than 30 years and of course, trustee.

"Through my dedicated service as a school board trustee, I've always put students and families first, ahead of any personal notoriety or political gain."

## Scottish Country Dancing starts again!

South Simcoe Scottish Country Dancing will be held every Friday from now until Dec. 7 at 7:30 p.m. at Knox Presbyterian Church, 160 King St. South, Alliston. Cost is \$7 per person per evening. The first evening is free! Scottish Country Dance is lively, multi-generational and rollicking good fun! They dance jigs, reels and the distinctively Scottish, slower paced Strathspey. Guests and new members (all levels) welcome. Partners are not required. Free snacks and juice are provided. Every Friday evening you will learn something new and share good company too! For more information please contact Lyn Barsevskis at 705-458-1006 or check out the South Simcoe Scottish Country Dancing Facebook page.

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# X CROSSWORD

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**ACROSS**

1. I give!	59. Heredity factor	9. Waste allowance	55. Athenian letter
6. Scamper	60. Eavesdrop, in a way	10. High voice	56. A Bobbsey twin
10. Make hay	61. Japanese entree	11. Came down	57. Major hwy.
14. Take leisure time	63. Bygone time	12. True-to-life	59. Lubricant
15. Harsh	65. Descended	13. Insignificant	60. Author
17. Calmer direction, nautically	66. Increase, archaically	15. Safe	62. Island instrument, shortly
18. Emulate Etna	67. Snap	16. Improve	64. Spotted wildcat
19. Football side	69. Distribute cards incorrectly	23. Attribute	68. Period
20. Phony	73. Picayune	25. Old French coin	69. Marina sight
21. Citrus refresher	74. Service point	26. Smirk	70. Math term
22. Kitchen gadget	77. Opposer	28. Reporter's question	71. Emanate
24. Railroad bridge	78. Sly as a fox, e.g.	29. Desert garment	72. Codlike food fish
26. Range	80. Punctuation mark	30. Home sick	73. Strong cotton
27. Drink cubes	82. Editor's word	32. Garnish	74. Oh, woe!
28. Head growth	83. Charm	33. Adventure story	75. Roadway marker
31. Type of school	84. Treeless plain	34. "___ lords a-leaping"	76. Chemical compound
33. Coal bucket	85. Heavy book	35. Natural resin	79. Boy, someday
37. Indirect	86. Tiny pest	36. Before, in poems	81. Coinage suffix
39. Asian nanny	87. "Lust for Life" prop	38. Pier	
41. Go fast		40. Brood	
42. Cashew relative	<b>DOWN</b>	43. Thug	
43. Salt's beverage	1. Fertilizer component	44. Advance upon	
44. Immediate occasion	2. Geek	46. Ratite bird	
45. Shuttle's domain	3. Columbo's tidbit	47. Patron	
48. Golf term	4. Indy circuit	48. Flying fox, e.g.	
52. Bagel feature	5. More than usual	49. Unlatched, in verse	
53. Grieve	6. Cancel	50. Ruby or emerald	
58. Highest point	7. State strongly	51. Facilitate	
	8. Vroom the engine	54. Screen	

**Solution on page 25**

# The word around King

Are you glad to see the start of a new school year?

<b>Marcus LeBlanc</b> "Of course."	<b>Shelley Quinteros</b> "Somewhat."
<b>Allesandra Advincula</b> "Yes."	<b>Julia Towler</b> "Yes."



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Santa Lucia Provolone **2.42** /100g



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Arla Dofino Creamy Havarti Jalapeno **2.64** /100g



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Your Voice for Business in King



## Chiropractor helps fine-tune bodies to optimum levels

By Mark Pavilons

You are stronger than you think.

Our bodies are designed to move, and when everything works in unison it results in a very resilient machine.

A new Nobleton chiropractor wants to give people the tools they need to make their bodies work efficiently.

Dr. Kirstie McDowell, of Nobleton Chiropractic and Rehabilitation (NCR), uses her training, experience and modalities to help patients of all ages.

The new practice, in a beautifully renovated home on King Road in Nobleton, is now open. Residents are invited to a grand opening this Saturday, Sept. 15 from 11 a.m. to 4 p.m. to see first-hand what services Dr. Kirstie has to offer.

And the list is extensive.

First and foremost, NCR offers chiropractic care, adjustments and manipulation of the spine and extremities – literally from the fingers to the toes. It's a diversified practice and Dr. McDowell provides many different techniques.

Patients first receive an initial evaluation which includes a health history, physical examination and an ergonomic assessment. Treating symptoms is one thing, but Dr. McDowell wants to get to the root cause through an examination and discussion of the person's lifestyle, work habits and physical activities.

Dr. McDowell not only treats her patients, but gives them the knowledge they need to manage their own conditions.

NCR also provides contemporary

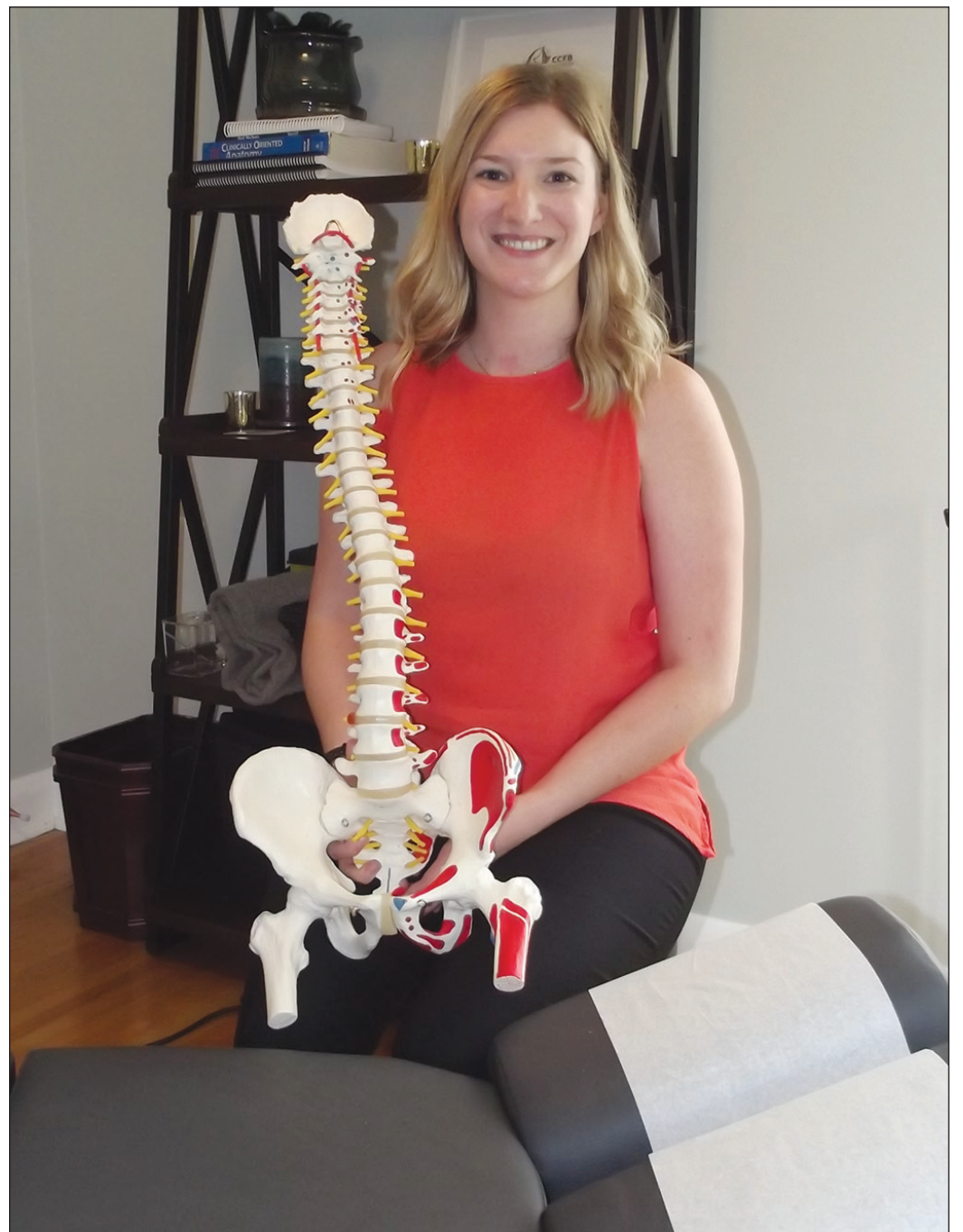
medical acupuncture, which Dr. McDowell says focuses on the nervous system. The treatment targets tight muscles to reduce pain and dysfunction. Her laser therapy is an accelerated form of healing, acting as a catalyst to help the body heal itself from within.

These are all tools that “help the body do what it's supposed to do,” she pointed out. “I try to give people control over their own health care and help them understand what to do on an ongoing basis.”

People have busy lives and Dr. McDowell encourages them to thwart potential injuries.

She grew up in Stouffville, where she participated in various sports growing up. She was heavily involved in competitive dance which led her to chiropractic. She was able to experience first-hand as a dancer and a teacher how chiropractic care can help with injury management as well as positively enhance athletic performance. The exceptional care she received, combined with her passion for the human body, influenced her on her journey to become a chiropractor.

Dr. McDowell is the Wellness Coordinator of the GTHL Toronto Titans organization. She has been involved with the AAA Titans organization for four years as a side-line trainer and now has a role overseeing all aspects of athletes care both on and off the ice. She holds her certification as an Emergency First Responder as well as a Level 2 Hockey Canada Trainer. When she is not in the clinic she can be found at the rink help-



ing players optimize their performance and manage injuries.

She points out that everyone, not just athletes, can benefit from rehabilitation and exercise. Helping improve physical performance allows people to keep doing what they love, whether it's golf or gardening or competitive sports.

Many people don't think about their health until they suffer an injury, or experience a chronic condition resulting from repetitive strain.

Chiropractic, she observed, is also preventive and she can help us break out of bad habits and be cognizant of how to treat our bodies. Just subtle changes in our daily routines can make a huge difference in our lives, she said.

Her vision is to help patients optimize their health and performance with individualized treatment plans so that they may excel in all aspects of their life. Her goal is to educate patients

of the underlying causes of their condition and to provide them with the tools to take control of their own health and wellness.

Dr. McDowell graduated from McMaster University with an Honours Bachelor of Science degree in Kinesiology. During her time at McMaster, she was a rehab therapist with MacWheeler's, an outstanding Spinal Cord Rehab Centre. She gained an appreciation for patient-focused care and the extraordinary impact exercise can have on recovery. She continued her education at Canadian Memorial Chiropractic College where she obtained her Doctorate of Chiropractic Degree. During her clinical placements she gained experience treating individuals of all ages for acute, chronic and sports-related injuries.

For more, visit [www.nobletonchiropractic.com](http://www.nobletonchiropractic.com) or call 905-558-2111.



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## Telecommunication contract for new office

By Mark Pavilons

The new municipal facility on King Road will be outfitted with the latest in telecommunication equipment. King councillors voted Monday to award a \$112,831 contract to Unity Connection Solutions Inc., to provide the services.

The current Nortel system in place at the municipal offices in King City have been running since 2007 and staff indicated they're nearing the end of life without potential for upgrades. Also, it's no longer adequate to serve the needs or capacity of the Township.

As the construction of the new municipal offices enters the final leg, staff looked into the new technology to see if can be accommodated in the overall approved budget. Over the past 6-8 weeks, staff received presentations and quotes from three telecom vendors. Prices ranged from \$78,405 to \$296,374. Staff unanimously chose Unity, noting their proposal was “superior” on the basis of functionality relative to price.

“Although the Unity proposal is not the lowest quotation received, the evaluation by staff of the proposed alternatives clearly determined that the functional benefits of the proposed system, combined with a proven track record of the provider, warranted award of the contract as a modest premium.”

Staff noted the Project MOVE budget does have the capacity to absorb the cost of the telecommunication system.

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KingWeeklySentinel

# Arts & Entertainment

## BMO and local artists present art exhibit and sale

By Mark Pavilons

A community minded bank and a pair of local artists are teaming up for an art exhibit and sale.

Mark your calendars for The Urban/Modern 2018 Art Exhibit and Sale, taking place Sept. 28 and 29 at the King Cultural and Heritage Centre.

Margarida Ramos D'Alfonsi, branch manager, said they're proud to support local initiatives and the branch has been actively involved in many over the last four years in King Township. BMO is a big supporter of the arts and is very excited to present two of King's abstract artists – Liina Peacock and Deborah Jolly – as they bring an exciting new collection of original, edgy, and

energy-filled artworks.

A special reception will be held the Friday evening to kick off the event and the exhibit and sale continues through Saturday at the Museum.

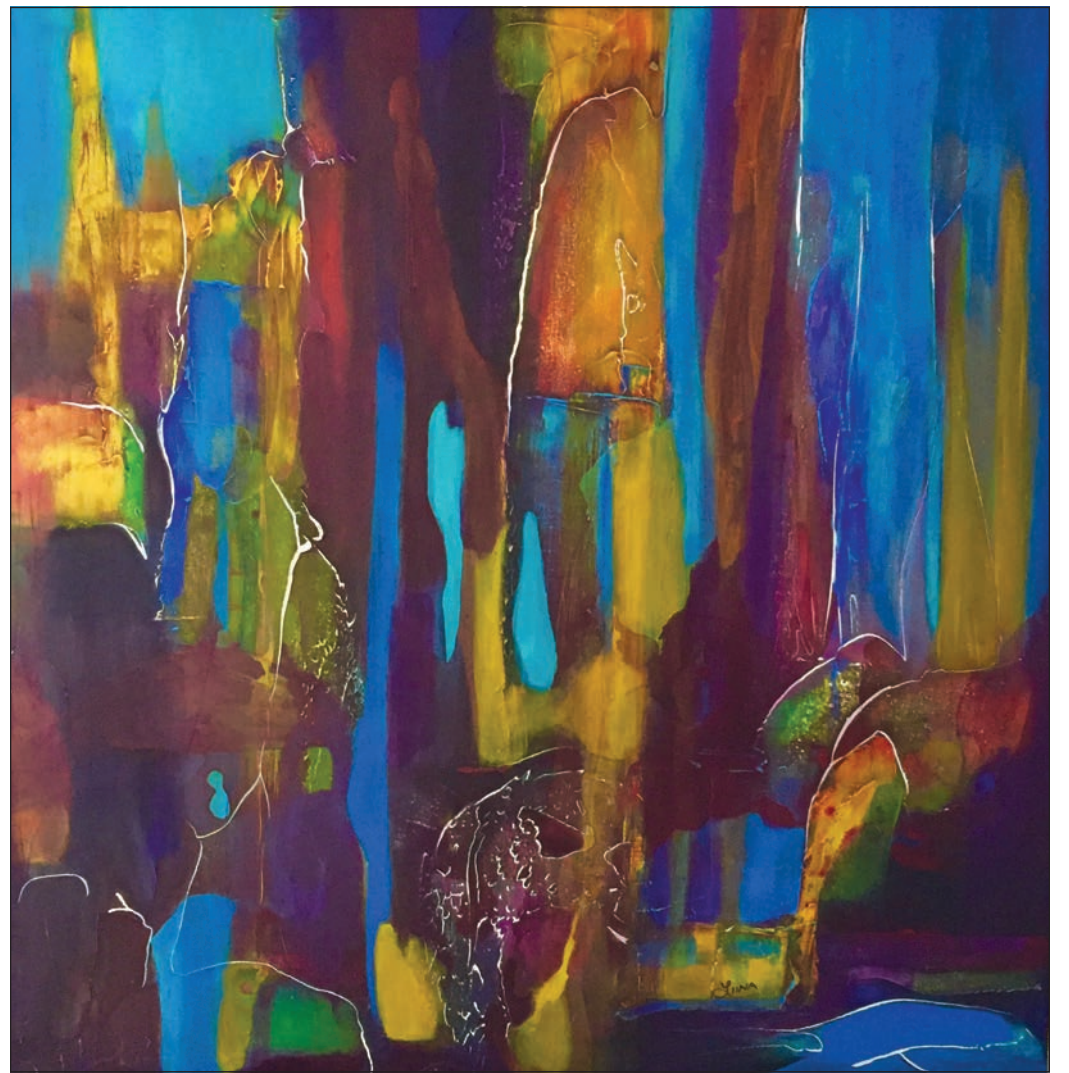
King City artist Liina Peacock has been an art consultant, buyer and collector, who has always had an affinity toward visual arts.

Over the past 10 years she has become well known in the art world as a multi-discipline abstract artist. Her creative energy has been inspired by her love of contemporary living, combined with her passion for discovering new areas of inventive expression. Through her well honed artistic judgement, she continues to produce dramatic compositions with her balanced arrangement of texture, silhouette, and form.

Peacock loves the journey of discovering new areas of expression, and as such her works of art are not always consistent, or recognized as being in any one particular style, instead there is an emphasis on spontaneity and great intensity. Her hope is that the viewer will be drawn into the painting, where they can make new and unexpected insights for themselves.

Peacock has served on several art boards and councils, and is currently a member with three respected art initiatives, each promoting art, art culture and artist recognition. Assured and focused, she consistently produces fresh, imaginative, original artworks for juried shows, society exhibits, galleries and online auctions. Her works are found in both private and corporate collections throughout North America.

Caledon's Deborah Jolly uses al-



la-prima techniques, intense colour, and existential philosophies to create high-energy abstract artworks in oil and acrylic. Using fingers, palette knives, and the occasional brush, Jolly denies structure and deliberation to expose texture and movement as her signature. A relentless creator, Jolly embraces her instinctive, frenetic process, knowing that time is never truly on her side.

Jolly's works are held in Private Collections in Montreal, Toronto, Vancouver, Glasgow, New York, and Tokyo, as well as Commercial Collection, held in Montreal.



Deborah Jolly



Liina Peacock

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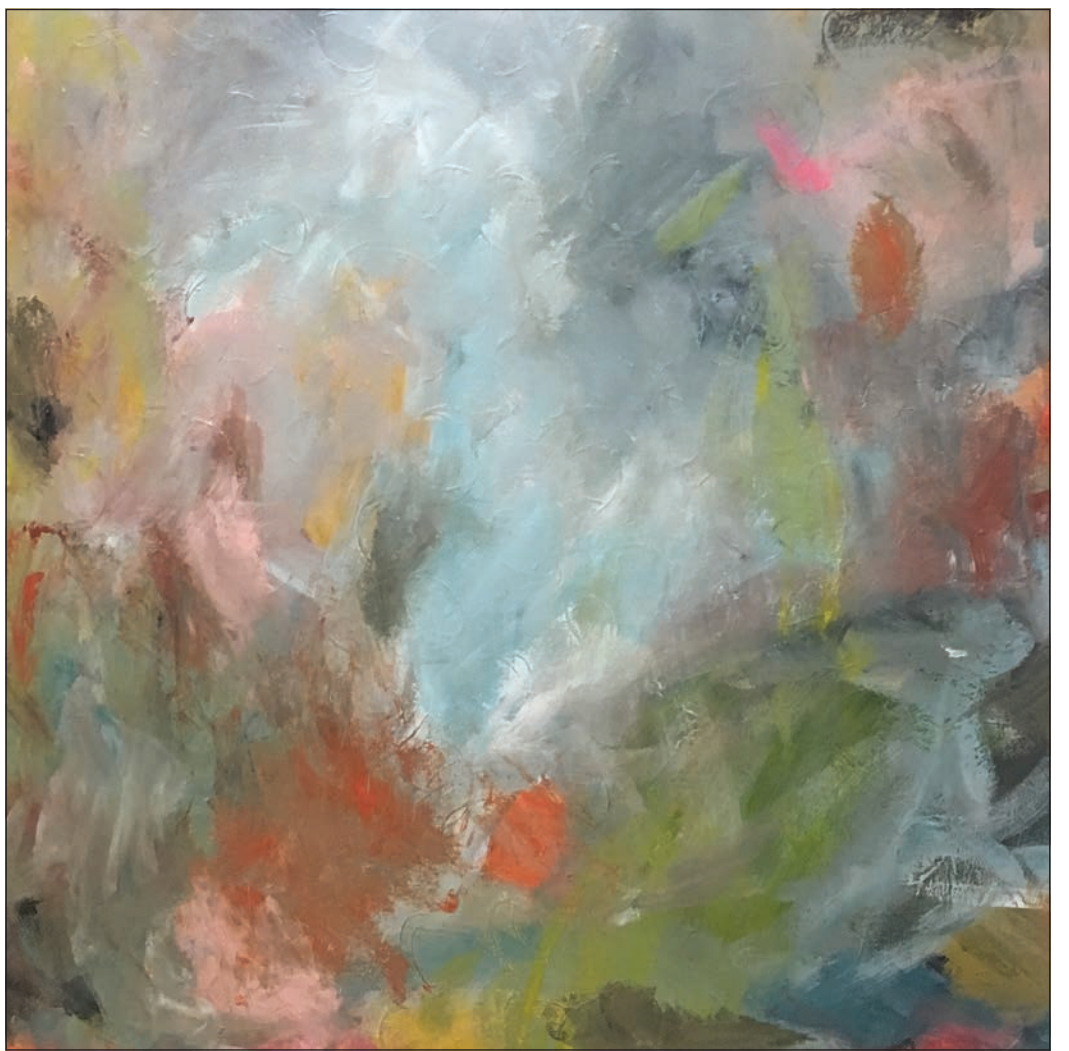
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**THE NUN** (14A) FRI, MON-THUR 7:10, 10:10; SAT-SUN 1:10, 4:10, 7:10, 10:10

**PEPPERMINT** (14A) FRI, MON-THUR 7:05, 10:05; SAT-SUN 1:05, 4:05, 7:05, 10:05

**THE PREDATOR** (18A) FRI, MON-THUR 7:15, 10:15; SAT-SUN 1:15, 4:15, 7:15, 10:15

**SEARCHING** (PG) FRI, MON-THUR 7:20, 10:20; SAT-SUN 1:20, 4:20, 7:20, 10:20

**A SIMPLE FAVOR** (14A) FRI, MON-THUR 7:00, 10:00; SAT-SUN 1:00, 4:00, 7:00, 10:00

**WHITE BOY RICK** (14A) FRI, MON-THUR 6:30, 9:30; SAT-SUN 12:30, 3:30, 6:30, 9:30

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King's Joan Kelley Walker served as MC and host of the first "To Serve & Savour," a benefit that raised more than \$500,000 for Wounded Warriors Canada's PTSD support programs.

## To Serve & Savour raises more than half a million for Wounded Warriors

By Brock Weir

They will know exactly what to say, exactly what to do, and now things are going to get a lot better for first responders living with the impacts of Post Traumatic Stress Disorder (PTSD), according to York Regional Police Constable Chris Price.

Constable Price is a long-time member of the York Regional Police. Through his work, he focused on the difficult and disturbing file related to child exploitation and bringing those involved to justice. Over the years, he developed PTSD and, for various reasons, took quite a while to summon up the courage to seek help.

He shared his story with over 1,000 people on Friday night at the inaugural To Serve & Savour, a fundraiser benefiting Wounded Warriors Canada's PTSD-support programs. The event brought together five celebrity chefs who each brought their expertise to the table in preparing a small dish paired with a beer or wine.

The event raised over \$500,000 for the cause, the largest single fundraiser in Wounded Warriors Canada's history.

"Everything was handed to me on a silver platter to tell me I had PTSD and I still didn't come to that conclusion," Constable Price shared, speaking to Joan Kelley Walker, who co-hosted the event with York Regional Police Constable Andy Pattenden. "Don't make the mistake I did: if you think there is something wrong, come forward. There is literally nothing wrong with doing that. I did not miss a day of work, I went to see my psychiatrist on shift, got better without missing work, there's no stigma and coming forward I felt no stigma from anybody. If you're questioning it, talk to the peer support team and come and get help. Maybe you're okay, maybe you're not, but, either way, it is not going to effect you at all."

He thanked everyone for coming out to the fundraiser in support of Wounded Warriors and said all money raised will have an immediately positive impact on those experiencing what he lived with.

"The next time a young officer comes forward and asks for their superintendent or inspector for help, they're going to know exactly what to say and they're going to know exactly what to do, and things are going to get better a lot faster than it was for me."

To Serve & Savour was the brainchild of Jonathan Goodyear, executive chef at the Magna Golf Course, who batted around a number of ideas with York Regional Police Chief Eric Jolliffe, Steve Hinder of Magna for the Community, and five celebrity chefs, including Cory Vietello, Victor Barry, Rory White, Afrim Pristine and Jason Bangerter.

Their savoury dishes, the beer and wine pairings, live and silent auctions, and music from the likes of police band Unknown Trouble, stage star Robert Pilon, and George St. Kitts, left the crowd satisfied on all fronts, including satisfaction in the knowledge that their sup-

port was going to have an immediate impact on those who need it the most.

"I think it is important to add onto what Chris was saying, that the struggle that some first responders have coming forward with thinking they might have an operational stress injury," said Scott Maxwell of Wounded Warriors Canada. "We raise funds and awareness to provide our mental health programs, which are saving lives across the country thanks to events like this."

"This is everything. Without an event like this, there is no Wounded Warriors Canada. We're 100 per cent privately funded. We're in this together, and that is the mandate of Wounded Warriors Canada. This is about raising funds and awareness to provide direct programming, life-changing programs that would not be possible in this country were it not for events like this. Let's face it; the need is real, it is across the country, it is for individuals, it's for couples, families. When it comes to mental health, it is a complex issue. It is very individualistic and there is not one solution. Our view is to provide a spectrum of care that touches both individuals and helps the families and try to get as much funding into those areas as we can. When it comes to an event like this, you're talking about significant contributions that will help."

"We're hoping this will continue going in some fashion. You hope that something like this carries forward. This is what we need and, most importantly, this is what the country needs because occupational stress, suicide and loss for veterans and first responders is not a York Regional issue. It is not an Ontario issue. It is a national issue. We need all the help in the world that we can get. What we have here is an example of people getting in this together for mental health and setting the stage."

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<b>SUNDAY</b> Ultimate Nachos \$13.99 Three Olives Caesars \$4.50 16oz Goose Island IPA \$5.00	Wings \$.99 Monday-Thursday 3-6pm (minimum order of 6)

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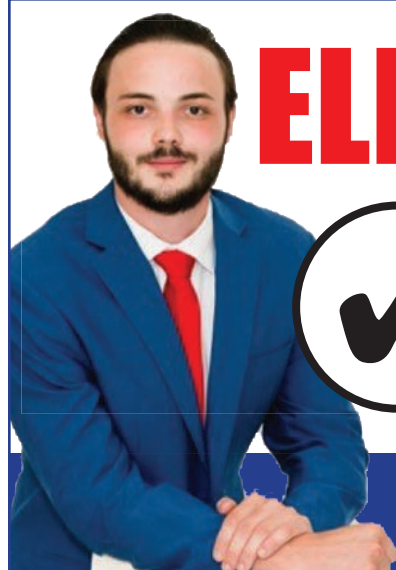
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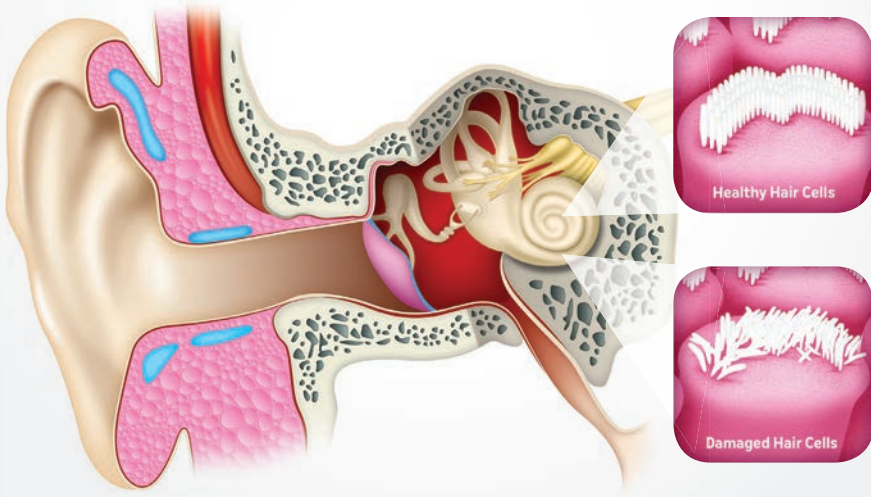
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## Residents came out to catch 'The Buzz'

King staff organized "The Buzz," a day promoting pollinator habitat in King. The family friendly event was held at Cold Creek Conservation Area and included interactive activities, workshops and vendors.



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# 'What in the World is Going on with Dementia' conference Sept. 21

September 21 is World Alzheimer's Day. Memory Lane Home Living Inc., a not-for-profit dementia initiative, in collaboration with King Township and Seneca's Social Service Worker Gerontology program, is hosting a half-day conference to explore developments in Canada and around the world that allow people to live well with dementia.

Dementia expert Caroline Grammer, MSW, from Seneca College King Campus, and Don Fenn, President and CEO of Caregiver Omnimedia (recipient of the Queen Elizabeth II Jubilee Medal and Executive Member for the Community Advisory Committee of AGE-WELL) will be the keynote speakers.

There will also be short presentations from the Alzheimer's Society of York Region on Dementia Friendly Communities, York Regional Police will share their use of technology to run "Project Lifesaver." Memory Lane Home Living Inc. will explore the concept of spirituality on the dementia journey and its successes

Sharon McCleave, PhD, faculty in Seneca's therapeutic recreation, will present on a unique mode of music therapy and Sharron Spencer, from Hospice Georgina, and a graduate from the Seneca Social Service Worker Gerontology program will present on caregiver burnout. Students will also

demonstrate activities to help improve memory, reduce agitation and increase participation in family life, and show you how to create an IPOD playlists, memory boxes, and sensory stimulation activities.

The purpose of this conference is to provide caregivers, health professionals, businesses, church leaders, and politicians with ideas and solutions as to how we can live better with dementia at home, in facilities and in our communities.

There will also be exhibitors demon-

strating their dementia services/products (for profit and not-for-profit) to share with the public. The net proceeds raised from the exhibitors will be donated to the Alzheimer's Society of York Region.

This is an event not to be missed. There is no charge for this half day conference on Friday, Sept. 21 from 9 a.m. to 1 p.m. in King City. A light lunch is included. Registration is required due to limited seating. To register call (905) 237-1419 or email [mlliving14@gmail.com](mailto:mlliving14@gmail.com).




Lions donate to Township

Construction on the playground and pavilion at the Nobleton Lions Community Park began just after the Victoria Day weekend, with the playground opened for play on Aug. 8. The Lions donated \$25,000 to the construction of the new pavilion adjacent to the park, a concrete and wood structure complete with places to sit and a shady roof.


## WHAT IN THE WORLD IS GOING ON WITH DEMENTIA?

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September is  
**World Alzheimer Month**



**Memory Lane Home Living Inc.**

Memory Lane Home Living Inc., a not-for-profit dementia initiative, in collaboration with King Township and Seneca's Social Service Worker Gerontology program, is hosting a half-day conference to explore developments in Canada and around the world that allow people to live well with dementia.

In addition to distinguished guest speakers, exhibitors from King Township and York Region will provide information on the various resources and care services offered for caregivers and their loved ones to live well with dementia.

**REGISTRATION:** No charge for this event. Lunch included. Registration is required due to limited seating.

**CONTACT:** To register call (905) 237-1419 or e-mail [mlliving14@gmail.com](mailto:mlliving14@gmail.com)

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# Hats off to community support for Food Bank

By Carol Ann Trabert

Hats off to the Golf Tournament Team at Sacred Heart. Registration is sold out for this Sunday's event to benefit the Food Bank.

And hats off to the community for their generous response to the KD and Condensed Soup Call to Action. The Food Bank now has enough KD to last

until well into 2019, most of which was donated.

Special thanks go to KCPS student Madeleine Nikmanesh for rounding up 300 boxes and 300 tins by canvassing her contacts in King and beyond.

"Back To School" was a great success, due largely to the donation by Nobleton Lions, while back-to-school haircuts were offered free of charge by stylists

Cristina Monopoli and Dylan Twigg at Hairport Salon, Kleinburg on a Sunday in August. Through the generosity of Villaggio Restaurant also at Nashville Road and Highway 27, a delicious lunch was provided to all the volunteers.

The Smile Cookie Campaign runs Sept. 17-23. Buy your Smile Cookie (\$1 plus tax, no tax with 6 or more) at the King City Tim Hortons restaurant and your dollar will be awarded to the King Township Food Bank. The other Hortons restaurants have named others as beneficiaries. Buy a sweet treat for all your friends and family.

Rona in Schomberg is holding its Rona Heroes campaign for the month of September, with funds raised for KTFB and being matched 50% by Rona. Toonies, fins and sawbucks are filling the cash register daily!

King West Chiropractic and Wellness Centre (141 King Road) is hosting a drive for food and funds Oct. 1-6. There is a need for tinned vegetables (not corn or potatoes) and 6 packs of juice for lunchboxes. Cheques made payable to King Township Food Bank will also be accepted. The Centre has been operating for 23 years offering an array of preventative and restorative health services. Visit them!

As the news gets around, tickets are being purchased on line for Sip & Savour Ciao Roma! coming Oct. 25. The Early Bird price of \$40 is available on line at outlets until Oct. 1. Tickets are available at Sugar & Spice Bakeshop and Café, Schomberg, Nobleton Pharmasave, Humber Valet Cleaners, the Roost Cafe and Guardian Pharmacy in King City, and Dorio's Kettleby Italian Bakery.

### Distribution this Saturday

This Saturday, Sept. 15, the three Distribution Centres are open from 9-11 a.m. to receive those registered with the Food Bank, as well a completing Christmas in King registration. If you need help, please call ahead 905-806-1125 or ktfoodbank@gmail.com so food can be shipped to the appropriate centre in the right quantity for you.

Hillside Gardens is increasing its monthly offering to include celery and cauliflower; recipients continue to receive English cucumbers in generous amounts from a grower. And thanks always to Tim Hortons in Schomberg and Dorio's Bakery for their wonderful baked goods.

The next Distribution Day is Saturday, Oct. 20 and the same day there will be another Pop-Up Clothing Give Away. Clothing is accepted hand to hand, as we have no storage facility and a small set up time line, being pop up.

For more, visit [www.kingtowshipfoodbank.ca](http://www.kingtowshipfoodbank.ca)

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Dylan Twigg and Cristina Monopoli volunteered their time, along with MP Deb Schulte and owner of Hairport Salon, Aldo Catracchia, who donated use of the salon and its supplies. Several students had an extra reason to look forward to the start of school with a brand new hair style, courtesy the skills of the talented stylists. Villaggio donated lunch for all to round out the project.

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Rising to the KD challenge, Susan Beharriell is seen unloading her car stuffed full with her donation of mac and cheese as the King Township Food Bank declared an emergency need. Through donations and low price purchases by volunteers, the shelves are full again. Thanks go to those who stepped up so quickly.

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# Aurora man runs for trustee seat

By Mark Pavilons

A community activist from Aurora is running for a seat on the York Region Catholic District School Board.

Paul de Roos is a long-time community volunteer and activist in Aurora. Paul moved to Aurora with his family from London, Ontario in 1997 and has been a resident of Aurora for over 20 years.

He graduated from York University with a Bachelor of Arts degree majoring in political science.

From 2012 to 2018, Paul worked in Aurora in health care management and previously managed logistics for the organic food company Greenbelt Microgreens in Whitchurch-Stouffville for four years.

He currently works as a professional Millwright. In 2014, Paul married his wife Melissa at Mary Lake Monastery in King and they became parents in 2018. Paul attends mass regularly at Our Lady of Grace Catholic Church in Aurora.

“With your support, I will bring fresh new perspectives and a strong Catholic voice to the board. I will work towards fiscal responsibility for Catholic education, a safe learning environment, openness and transparency, protection of Catholic education, and needed curriculum changes.”

De Roos said he supports introducing a high school course on personal finance, which would educate students about budgeting, the basics of the banking system in Canada, and the basics of taxes. He also strongly supports introducing First Aid and CPR training to all high schools.

“I support ending the practice of



closed door and secret board meetings at the Catholic School Board. In my view, every meeting and every decision should be open and transparent to the taxpaying supporters who provide the funding for the school board. Our school board should be an example to the community of how a transparent school board operates in Ontario. Let's create the board we want to see.

“Please, talk to your neighbours and friends about the need for change and transparency at the Catholic School Board.”

For more, you can contact him at paulderoos1@gmail.com; 416-358-4158, or visit his website at www.paulderoos.ca

## York Region reports first case of West Nile

The Regional Municipality of York received laboratory confirmation that an individual from The City of Vaughan has tested positive for West Nile virus, marking York Region's first human case of 2018. The individual has recovered from the illness.

“The end of summer does not mark the end of mosquito and West Nile virus season,” said Dr. Karim Kurji, York Region's Medical Officer of Health. “This case of West Nile virus is an important reminder to stay vigilant and protect ourselves and loved ones from potential infection when outdoors.”

Mosquito activity varies from year to year. It is important to know not all mosquitos are West Nile virus carriers. To date, 12 mosquito traps in York Region have tested positive for the virus this year. These are located in The Town of East Gwillimbury, Town of Georgina, Township of King, City of Markham, Town of Richmond Hill and City of Vaughan.



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on Thursday, Sept. 27, 6:30-8:30

**Re-elect Debbie Schaefer Ward 5**  
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# Bill Cober seeking re-election in Ward 4

Bill Cober of Schomberg is seeking re-election for Ward 4 Councillor of King Township.

He is an experienced, dedicated member of council who was first elected in 2003 to represent Ward 4. Cober is widely recognized as a sensible voice of reason and collaboration.

Bill is a life-long resident of Schomberg and is committed to continuing to work on improving services and enhancing the community for the people of King Township.

"Bill is an exceptional councillor," said resident, community volunteer and business owner Gord Dobson. "He has lived in this community all of his life and he understands local issues and how to get things done."

Like most citizens of King Township, Bill believes that the tax base needs to welcome more industrial/commercial partners.

"Business growth will create employment, support our township finances while helping to improve the services to meet the needs of the residents," said Cober

Bill Cober has a great deal to continue to offer the people of Ward 4 and King Township.

"Bill has what it takes to keep the Township working and moving forward," said Kristina Walsh, a long-time resident and active community volunteer. "His work is about continuing to make King a better place to live for his young family and all the people of the Township."

"I love this community, I grew up here and it has been my home for 46 years and I intend to spend the rest of my life here," declared Cober. "I want our daughters to continue to grow up in the same safe, vibrant community that



we all love. I look forward to continuing my work as a member of council to ensure that King Township prospers and remains a great place to live, work and play."

Bill Cober is married to wife Julie. They have two daughters, Taylor and Kennedy. After graduating from university he began his career in public education and is now a Principal with the York Region District School Board.

For more information about Bill you can visit [www.billcober.ca](http://www.billcober.ca).

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## Doug Ford announces action to uphold Better Local Government Act

Ontario Premier Doug Ford announced Monday that his government will take immediate action to ensure the Better Local Government Act remains in effect as passed by Ontario's democratically elected legislature.

"Canada's Constitution makes it clear. The province has exclusive responsibility over municipalities," said Ford in announcing his government's action. "The Better Local Government Act will reduce the size and cost of government while reducing dysfunction at City Hall. The people who are most vocal and fighting this move are a small group of left-wing councillors looking to continue their free ride on the taxpayers' dollar and a network of activist groups who have entrenched their power under the status quo."

Ford announced that his government will immediately recall Ontario's Legislature and introduce legislation that, if passed, will invoke Section 33 of the Constitution and ensure the Better Local Government Act is preserved in time for the Oct. 22 municipal election.

Ford also announced that his government will immediately appeal Judge Belobaba's decision to the Ontario Court of Appeal.

"I believe this decision is deeply concerning and wrong and the result is unacceptable to the people of Ontario," concluded Ford. "If you want to make new laws in Ontario - or in Canada - you first must seek a mandate from the people."

Justice Edward Belobaba ruled Monday that Ford's government "clearly crossed the line" with the Better Local Government Act, which re-aligns municipal ward boundaries with provincial ridings, cutting the potential number of councillors from 47 to 25 after the Oct. 22 election.

"Passing a law that changes the city's electoral districts in the middle of its election and undermines the overall fairness of the election is antithetical to the core principles of our democracy," Belobaba wrote in his statement.

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## King City couple marks 60th

Along with good friends and family, long-time King City residents, Maria and Bernardo Cianchetti, recently celebrated their 60th wedding anniversary at Hogan's Restaurant. The staff at Hogan's did an outstanding job in making the celebration both very special and memorable. Maria and Bernardo were married on August 23, 1958.

This year, they renewed their wedding vows at Sacred Heart Church, where Father John also blessed their wedding rings and their marriage. They have lived in King City since 1975 and are proud to be part of such a wonderful community, where they've lovingly raised their children, Cathy, Vince and Mario. They enjoy the love and admiration of their friends and family, including their two grandsons, Nicholas and Ryan.

Maria and Bernardo's devotion to each other, to their marriage and to family and friends is truly inspiring, and they are admired and adored by all who are grateful to know them.

Mayor Steve Pellegrini was delighted to offer warm congratulations to this wonderful couple, Maria and Bernardo Cianchetti, on behalf of the Township of King.



ROB PAYNE  
**COMMITTED TO KING**  
CANDIDATE FOR WARD 5

robpayne2018@gmail.com



- 
**Controlled & Sustainable Development** – Rob is committed to controlled & environmentally sustainable development that meets the needs of today's community without compromising future generations and our natural resources. This includes protecting and preserving our mature, established hamlets and neighbourhoods such as Kingscross Estates and King Heights from inappropriate intensification (land severances).
- 
**Environment** – Rob will promote the conservation and preservation of our environment, taking a hands-on local approach while understanding the impact globally. This includes defending the Ontario Government's Oak Ridges Moraine Conservation Plan, Greenbelt Plan and protecting and preserving our mature trees.
- 
**Speeding & Traffic Calming** – Building on traditional methods of speed deterrence such as enforcement by York Regional Police and education, mitigate speeding with the use of chevron line markings, radar speed display signs, roadway design, speed humps, neighbourhood awareness campaigns and roundabouts just to name a few. Areas of concern include the Lloydtown Aurora Road and King Road.
- 
**Revitalization of our village cores** – Expanding and promoting our existing King Township Community Improvement Plan (financial incentive grant program for businesses), promoting beautification, property improvements, streetscape improvements and the economic development of our village cores and support local business in addressing parking and access issues to facilitate retail sales and our local economy.
- 
**Property Taxes** – Maintaining the highest standards in financial reporting and transparency, Rob will ensure the financial integrity of the municipalities finances and actively engage the community in understanding how their tax dollars are being spent. Potential cost efficiencies include tax and water bills distributed electronically versus traditional mail, reducing costs and increasing engagement, in support of our recreational and other government programs.
- 
**Governance** – In consultation with the community, Council and other key stakeholders, Rob will lead the conversation to revisit King Township municipal ward boundaries to ensure equal & fair representation, reflecting current population growth and demands.

**On October 22nd, Elect ROB PAYNE  
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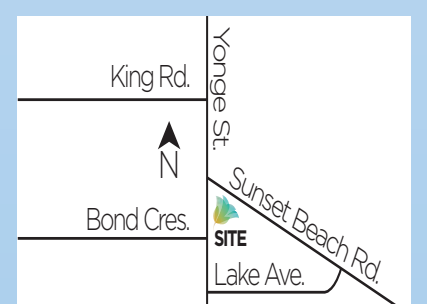


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# Schomberg Should Know

By Wendy-Sue Bishop  
905-590-0054  
wsue52@hotmail.com

## Dufferin Marsh Connection

On Sunday, Sept. 16 from 10 a.m. to noon you can learn to "Build A Bird Feeder." Meet at the learning shelter in Dufferin Marsh on the south side of Dr Kay Drive. This is a free program.

## King Public Library

KTPL is presenting Sunny McGaw Whitehead sharing her family's epic trip around the world - 9 months, 19 countries, 5 continents and 5 small backpacks!

This is a free event at Schomberg Library on Thursday, Sept. 20 at 7 p.m.

## Winterize your property

This workshop is on Wednesday, Sept. 26 from 7 to 8:30 p.m. at Nobleton Library.

From lawn care and leaf clean-up to preparing for next year's garden beds-learn what to do this fall to give your lawn and garden a head start next spring. You will leave this workshop with a plan for a healthy, beautiful yard!

## Kettleby Co-op Nursery School

The Kettleby Co-Op Nursery School operates out of the York Pines United Church and its hours of operation are Monday through Thursday, 9:15 a.m. to 12:15 p.m.

This is a truly exceptional program and social environment waiting for your child to discover, and a teacher who delights in seeing each child bloom, each in their special way. We also have a friendly, fun group of parents happy to trade parenting tips and laughs with you. We welcome you and your family to Come Grow With Us!

## Seniors Club 55

Seniors club meeting at the Trisan Center, 25 Dillane Dr., Schomberg, Sept. 25, in the Curling Lounge upstairs from 11 a.m. to noon.

Special speaker regarding the wellness of your feet from Voxx Stasis Socks and insoles. Test have shown these socks and insoles can help with foot pain, balance,

strength and range of motion as well as circulation issues. There is no charge for this event. Come and join the senior club members for coffee, tea and valuable information on foot care.

## Schomberg Lions Club

The Schomberg Lions Club is once again participating in the annual Street Gallery on Sunday, Sept. 16 by providing delicious BBQ items for sale. Freshly grilled hamburgers and hotdogs are favourites for young and old. As well, they will be selling 50/50 raffle tickets at \$5 each, with the big draw to take place at the end of "A Main Street Christmas" on Dec. 1.

## Schomberg United Church By Nancy Hopkinson

Schomberg United's worship service is at St. Mary's Magdalene Church, 116 Church St. at 9:30 a.m. and is led by Rev. Carol-Ann Chapman.

On Tuesday, Sept. 18, families with young children are invited to Messy Church, 5 to 7 p.m. at Nobleton United, 6076 King Rd. More info is under "Nobleton Notes."

The Schomberg Youth Club is looking at revamping its program this year. Stay tuned for more details.

Coffee with the Minister will be held the last Thursday of the month. The next one is on Thursday, Sept. 27, at the Kitchen Breendon Manor, at 2-3 p.m., in the main floor lounge.

For the Wine and Beer tasting event (Sept. 21) or the Harvest Dinner (Sept. 28) at Nobleton United, please read "Nobleton Notes."

Schomberg United meets at St. Mary Magdalene, 116 Church St., at 9:30 a.m. most Sundays, but at the Kitchen Breendon Manor usually on the first Sunday of the month. For more info, visit nobletonunitedchurch.com and click on the Schomberg United link, or call 905-859-3976. Messages are picked up regularly.

## Christ Church St. Mary Magdalene

Please keep in mind the annual Schomberg Run Saturday, Sept. 29, to raise much needed funds to pipe fresh clean water into more of the homes in the northern Ontario First Nations community of Pikangikum. Sponsor a runner/walker or come and be one, all for a good cause.

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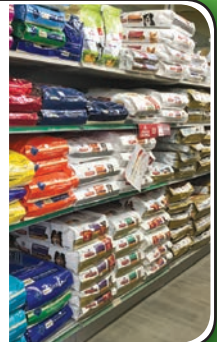
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## Cougars roar over Penetang in PJHL pre-season

By Jake Courtepatte

A trio of familiar faces brought all the offence needed to start the 2018-19 Provincial Junior Hockey League season off right for the Schomberg Cougars.

Visiting the New Tecumseh Rec Complex in Alliston for the Hornets' annual pre-season showcase, the Cougars faced down a division rival in the Penetang Kings on Friday, topping them 5-2 in a game they dominated from the opening faceoff.

Veteran forward Lucas Brockie had his team out to a 2-0 lead late in the first with a pair of goals, before Brandon Cohen added Schomberg's third before the first intermission.

Spencer Ripley blasted home his first of the pre-season mid-way through the second to make it 4-0, before Penetang cut the lead in half with two straight goals.

Brockie completed the hat trick late in the third period to close out a strong first impression by this season's den of Cougars.

This year's 42-game schedule will see the Cougars face off against the Kings, Alliston Hornets, Midland Flyers, Orillia Terriers, Caledon Golden Hawks, Stayner Siskins, and Huntsville Otters a total of six times each, all as members of the North Conference's Carruthers division.

An extended interdivisional schedule has also been implemented into this year's plan, with four games against Pollock division opponents.

The puck officially drops on the Cougars 2018-19 season on Sept. 15, the first of a three-game home stand to open the schedule. The Saturday matinee promises action both on and off the ice, with pre-game presentations as well as a memorabilia room filled with relics of Cougars past.

The competition promises to be a fierce kickoff to the regular season:

Schomberg hosts the Alliston Hornets on the ice, last year's division champions. Though for new head coach Tyler Perry, the keys to his team's success lies simply within coming to the rink "with the right frame of mind."

"We can be as good as any team in this league if we work hard, be good teammates, and take this opportunity seriously," said Perry, whose decades of hockey experience linked him up with the Cougars shortly after last season.

Perry will be looking to bring his extensive junior hockey experience, including playing time with the Aurora Tigers and Newmarket Hurricanes as well as coaching with the Toronto Jr. Canadiens, to a team that finished with its highest point total in three years in the 2017-18 season.

"The off-season has been good," said Perry. "Some new faces on the ice. We as a staff have been working hard to recruit the right people."

Long-time fans will recognize plenty of faces that have been mainstays on the Cougars bench for a number of years, including sophomore forwards Spencer Ripley and Owen Heileman, who finished second and third respectively in team scoring as rookies last season.

Perry hopes they, along with Brockie and a handful of other veteran skaters, can bring strong leadership to a turned-over roster from seventh months prior.

"I put high expectations on myself to be a good teacher, good listener, and effective leader," said Perry. "I believe if we have good work habits, and collectively address the areas of our game where we are weak, and execute at a high level in the areas of our game where we are strong ... we will have success."

The puck drops on the season opener at 3:30 p.m on Sept. 15.

For stats, schedules, and more information, visit [www.schombergcougars.com](http://www.schombergcougars.com).



Schomberg's Owen Heileman (left) battles a Port Dover defenceman in the Cougars' 3-1 loss to the Sailors in PJHL pre-season action on Saturday.

## Cougars looking for artifacts for their season home opener

By Jake Courtepatte

Looking ahead to their landmark 50th season, the Schomberg Cougars are also looking to the past.

The Junior C club is asking anyone from the franchise's storied past with items to loan for the 2018-19 season opener to come forward.

"We have rented the multi-purpose room (at Trisan Centre), and have a collection of 'artifacts' if you will," said Nicki Sellers, the sponsorship director of the club. "Of Cougars items from the past, since the inception of the team. We are still looking to collect any items people are willing to lend us."

Longtime Schomberg residents may already be aware of the Cougars' long history: the club began as a member of the Eastern Junior D League in 1969, spending two years at the level before advancing to the South Central Junior D League in 1971.

It was founder Len Crane, along with John Archibald, George Crane, and Geoff Hogan that convinced teams from Orangeville, Keswick, Alliston, and Bradford to come on board in 1971, with Crane acting as both head coach and team president at the time.

The league's expansion played a role in its promotion in 1973, advancing to the junior C ranks as part of the Mid-Ontario Junior C Hockey League for close to two decades.

It was as the Georgian Mid-Ontario Hockey League that the Cougars tasted their first and only championship victory in 2002-03, defeating the Stayner Siskins in six games in the final series.

The team is looking for anything from jerseys, to photos, to equipment, and beyond to take a look into the half a century history.

Anyone with memorabilia to contribute to the opener can reach Nicki at [schombergcougars@post.com](mailto:schombergcougars@post.com). Fans are also reminded to follow along on Twitter (@Sch\_Cougars) and Facebook for frequent team updates.

The season opening date has been announced as a Saturday matinee, on Sept. 15 at 3:30 p.m. at Trisan Centre against a familiar foe, the Alliston Hornets. Light eats and refreshments will be available, along with the memorabilia room on display.

## Frosh week and broomstacking launch season at King Curling Club

"Frosh Week" kicks off the season at King Curling Club (KCC) Sept. 24-29. And, what a kick-off it will be!

The "Frosh" moniker is intended to announce the fun aspect of the sport of curling. So, the first event will be NUDE (Never Underestimate Delivery Execution) curling! Last year's members will have the opportunity to bring their friends to this light-hearted bonspiel on Tuesday, Sept. 25.

It includes broomstacking, food, drinks; and on- and off-ice activities. Caledon Hills Brewery is providing a taste testing opportunity between 6 and 8 p.m. What is broomstacking, you ask? Gotta be there to find out!

On Thursday, the Youth of KCC will have their Bring-a-Friend event after school. Then, in the evening, new curlers will be on the ice to learn, from trained coaches, the nuances of throwing, sweeping and strategy of the game.

The week wraps up with the Homecoming Spiel. Curlers registered by then will play two games separated by an exhibition match between two elite curling teams. The elite curling teams include three alumni of the former curling program in Nobleton.

Those alumni, Kaitlyn Wasilkiw, Lauren Wasilkiw and Danielle Inglis learned the sport, when curling was once a week at Nobleton Arena. Within the two teams, players hold gold and silver medals in international competitions, a current 2018 Canadian championship title and have won a total of six provincial championship titles. Katrina Sale, a Stouffville resident, is one of those provincial champions and a member of Team Wasilkiw. The two teams will be vying for the 2019 provincial championship. The match may be exhibition, but its result may be a forerunner of future championship games!

The rest of the week will have practice ice time and a lounge for our alumni and students of the game. Campus activities may erupt throughout the week.

You can join KCC at by emailing [registration@kingcurling.com](mailto:registration@kingcurling.com). As a curler at KCC, you can sign up for the Frosh Week's events at [kingcurling.com](http://kingcurling.com). The exhibition match is open to the public at 10 a.m. to noon, Saturday, Sept. 29, Trisan Centre, Schomberg. Arrive early!

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## Canada takes 2nd in BMO Nations' Cup

Lisa Carlsen and Kara Chad of Alberta, Eric Lamaze of Wellington, FL, and Ian Millar of Perth, formed the Canadian Show Jumping Team that finished second in the \$460,000 BMO Nations' Cup held Saturday, Sept. 8, at the CSIO5\* Spruce Meadows 'Masters' tournament in Calgary, AB.

A total of nine teams battled it out in the International Ring with Germany coming out on top with a final score of six faults. Canada held its own on home soil, fighting back in the second round to finish as the runner-up with a total of 13 faults.

Ireland finished third with 15 faults, the United States was fourth with 20 faults, and Mexico placed fifth with 31 faults. France finished sixth after failing to complete the second round. Based on their first round scores, Belgium, Switzerland, and Brazil failed to be among the top six teams that moved forward to round two.

Carlsen, 53, was the lead-off rider for Team Canada, delivering an opening score of eight faults riding Parette, her 12-year-old bay Brandenburg mare (Passoa VDL x Barinello). In the second round, they rallied and left all the rails in place only picking up one time fault for exceeding the tight time allowed of 74 seconds set by two-time Olympic course designer Leopoldo Palacios of Venezuela.

Hometown favourite Chad had celebrated a win on Thursday and returned to the International Ring full of confidence for the BMO Nations' Cup. Riding Carona, an 11-year-old grey Dutch Warmblood mare (Untouchable x Silverstone) owned by Lamaze's Torrey Pines Stable, Chad had a rail in the first round at fence 10 before returning to post an all-important clear for Canada in the second round.

Millar, 71, and Dixon, a 14-year-old bay Belgian Warmblood gelding (Vigo d'Arsouilles x Olisco) owned by Ariel Grange, incurred an uncharacteristic score of eight faults in both rounds with the challenging triple combination proving to be a trouble spot for the pair.

Canadian hopes were riding on anchor rider Lamaze, 50, and Coco Bongo, a 13-year-old Rheinlander gelding (Caretino x Calido) owned by Artisan Farms and Torrey Pines Stable. For the

fourth consecutive time in Nations' Cup competition, the pair jumped double clear, cheered on by more than 62,000 spectators who flocked to Spruce Meadows to support their favourite teams.

Lamaze's second clear round allowed Canada to drop the eight faults incurred by Millar and only count Carlsen's single time fault. With 12 faults in the first round and one in the second, Canada finished on a two-round total of 13 faults to pull ahead of the Irish and claim \$95,000 in prize money.

"Coco Bongo is a fantastic Nations' Cup horse; he's really careful and he always comes back for the second round even better than the first round, which gives you a lot of security," said Lamaze of his 2015 Pan American Games team gold medal partner. "He's a great horse for competitions with a two-round format like the Nations' Cups. He only has one weakness, and that's that he doesn't like to go fast! We listened to him and keep him for events where he can jump big fences without having to run in a jump-off."

Lamaze was also proud of his 22-year-old student, Chad, and her performance in the BMO Nations' Cup saying, "Kara proved that she belongs on the Canadian team. Not only does she deserve to be on the World Equestrian Games (WEG) team, but she's proved that she's a real player. For her, it was important to do this Nations' Cup and have a little more experience under her belt before attacking WEG."

Lamaze and Chad will be joined by Erynn Ballard of Tottenham, and Mario Deslauriers of New York, in representing Canada from Sept. 19 to 23 at the WEG, held every four years and serving as the world championships of show jumping. Carlsen will be the travelling alternate with Parette.

"I'm really happy with the results," said Canadian Show Jumping Team chef d'equipe Mark Laskin of his team's performance in the BMO Nations' Cup.

"As for Eric and Coco Bongo, they have now jumped double-clear for Canada in four consecutive five-star Nations' Cup competitions, which is an incredible record. You can count on them to jump clean, and that's an ace in the hole for us."

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## Brittney DeSantis Fundraiser - Thursday, September 20th

# GOLF TOURNAMENT

### Brittney DeSantis Fundraiser

This is a fundraising event on behalf of Brittney DeSantis, who has gone through a life changing circumstance that has left her paralyzed from the waist down. This event will help fund her ongoing need for physical therapy and accommodate her so that Brittney's home is more accessible. All proceeds will go directly to Brittney so that she can improve her standard of living.



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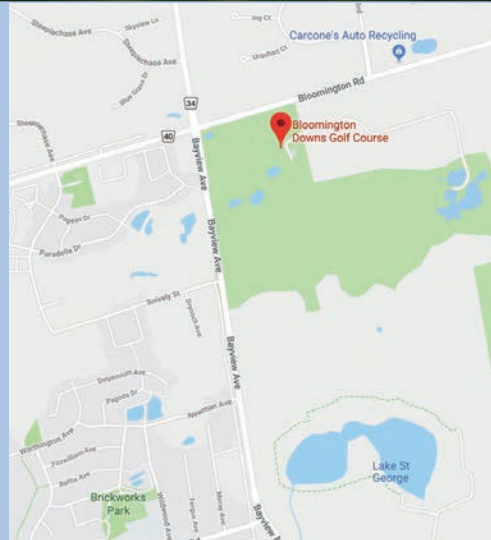
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# An open letter and appeal to King-Vaughan MPP Stephen Lecce

Dear Stephen,

Please vote no!

As our newly minted MPP in this riding of King-Vaughan, I want to encourage you, with all the emotional, physical and spiritual energy and integrity I can muster, to say NO at tomorrow's emergency Parliamentary session, called at your party leader's behest, to use the Notwithstanding Clause of our Canadian Constitution to force through his late-blossomed and I'll-conceived plan to cut the number of Toronto councillors by half.

On behalf of myself, a previous 2-time municipal candidate in King Township, and a one-time provincial candidate in the last Provincial election; my family; virtually anyone I call "friend," and certainly anyone who respects the rule of law and our constitutional democracy in Canada, I suggest your Party is showing its true intent, which is to dismantle and abuse our most fundamental of institutions to seek its own political ends.

The Notwithstanding Clause is one I learned about in detail from renowned constitutional law professor and author, Peter Hogg, at Osgoode Hall Law School in the 1980s, not long after our

Constitution was repatriated from Britain.

It was a compromise made by then Prime Minister Pierre Trudeau to bring the Western Provinces, Alberta in particular, in order to gain their agreement. It is meant to be used ONLY in only the most extreme circumstances where fundamental rights and freedoms are threatened, and generally, in a forward-looking manner. It has never before been used in Ontario, and never by the federal government. It is quite clear to me that your party leader's intent does not come close to meeting either of these criteria.

If you and your party vote to enact this clause to force Toronto to go to the polls with this few councillors, I suggest you and your party will not stop there. You will continue to violate our fundamental democratic rights, that prior generations fought so hard to protect and grow.

You can still get what your party wants in this instance, Mr. Lecce. Just do it with patience, transparency, significant consultation, and AFTER this election.

**Greg Locke**  
Schomberg

## Nobleton Notes

By **Angie Maccarone**  
416-917-0406

### St. Paul's Church

The Community Youth Group meets regularly; contact our church office at 905-859-0843 for details.

LifeConnect Groups are small gatherings for friendship, study and prayer. We have a LifeConnect Group for men that meets every Thursday morning at 9:30 a.m. They will be doing a study on the Apostles. A2J, our program for kids in Grades 3 to 6, will be starting up again in the next few weeks. Keep watching here for further information.

This Sunday Jeff continues his series on the Gospel of John. Jeff's message this week, "Cannibalism," will focus on John 6.52-59. Ministry for children of all ages takes place at the same time. Following the service all are invited to spend time together over refreshments.

We are blessed at St. Paul's to have diligent librarians that have worked for years on creating an amazing library with new books being added weekly. You're welcome to borrow from it anytime!

Jeff's messages are posted at [www.passionatelyhis.com](http://www.passionatelyhis.com) each week. They are also on Facebook Live and are available on the church's Facebook page (@stpaulsnobleton) and YouTube page (search St. Paul's Church, Nobleton) for viewing.

For more information about ANY of our activities or events, please contact the church office or visit our new and improved website at [www.stpaulsnobleton.ca](http://www.stpaulsnobleton.ca).

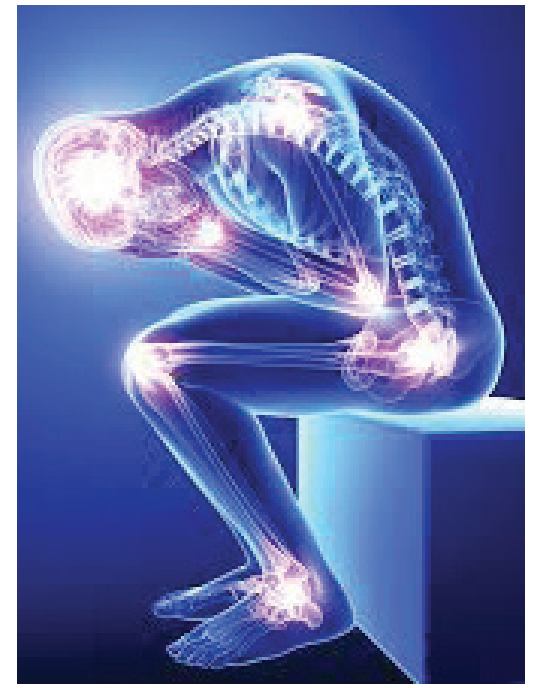
### St. Mary's CWL sale

St. Mary's CWL will be hosting a yard sale fundraiser on Sept. 29, from 8 a.m. to 2 p.m. They are selling the table at \$50 and tables are limited.

More on Page 26

# Arthritis:

New Approach  
Delivers  
Remarkable  
Results



If you suffer from Arthritis you need to be aware of effective advancements that can eliminate years of pain, suffering, immobility and frustration.

You may have told your doctor you suffer with one or more of the following: sore, stiff knees, painful achy hips, low back pain, mid back pain, neck stiffness or pain, hand stiffness, shoulder pain or elbow pain.

You may find that your pain or stiffness affects your work, housekeeping, leisure activities, exercise, sports or other activities. You go to the drug store or to your doctor and get pills to help relieve your pain. But you find the pain keeps returning. Alternatively, the doctor may refer you to a specialist who may tell you that surgery is needed or is an option for you.

However, many people are hesitant to have surgery given its invasive nature. It is important to know that although surgery is sometimes necessary, it is considered a last resort in most cases.

Also, you may have heard that there are serious health risks associated with chronic use (or overuse) of pain pills or anti-inflammatory drugs that include damage to the liver, kidneys and gut.

There is a new, natural, safe and highly effective approach that has helped many sufferers improve their

lives dramatically: Laser therapy uses light to favor and accelerate the body's natural healing processes. The innovative Multiwave Locked System (MLS) Laser produces a safe, efficient and simultaneous effect on pain, inflammation, swelling and water retention, exceeding the limits of traditional LLLT (Low power) and concerns of HP (High power) laser therapy.

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Our patients have reported a 90-95% relief of their symptoms, more mobility, increased flexibility and vastly improved function!

It is the very latest in medical technology, with years of clinical studies supporting its safety and efficacy and we are very proud to offer our patients effective solutions to their recent or chronic conditions.

"This new, natural, safe and highly effective approach has helped many sufferers improve their lives dramatically".

*Come in and allow us to help you achieve the results you deserve! Call (905) 773-2225 to book your FREE consultation and examination at King West Wellness Centre 141 King Rd., Unit 10, Richmond Hill (In the Home Hardware Plaza)*



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# King's Corners

**King City United  
By Sheryl Sinka**

A warm welcome back to all from King City United Church. Worship services have resumed on Sundays at 10 a.m. and Sunday school is running at the same time.

This Sunday past we were delighted with a powerful solo by our own John Kell "Holy, Holy, Holy is the Lord" and Rev. Bruce Roffey's message encouraged us to seek out ways to be helpful and make a difference in the world around us.

For those looking for some conversation and company, Tea and Talk takes place on Friday mornings at the Sunset Grill (1700 King Rd) at 10 a.m. All are welcome to come out and join in a cup of coffee or tea and some conversation.

If you have any questions please contact the church office, 905-833-5181.

**King Bible Church**

Please join us on Sunday, Sept. 16 as Pastor Mark will be continuing our journey on "The Guaranteed Places to

Encounter God" with "What is the Gospel?"

"Every day is full of various encounters, encounters with our families, encounters with our neighbours, encounters with those we work with or go to school with. Each one of those encounters in varying degrees has had a part in shaping who we are and who we will become. This coming year we as a church are going to focus on another encounter, the encounter to meet with God. We are going to walk through 8 different places that God has said through his Word he will meet us and transform us. We would like to invite you to join us on this life changing journey."

Please take advantage of our excellent children's ministry. Our Sunday morning "Celebration Zone" provides age-appropriate programs for children aged 4 to Grade 8. Our children's program is staffed by screened volunteers who care about your kids! The children in Grade 1-8 will join their parents for the beginning of the service until they are invited to go downstairs. The children in Kindergarten can go directly to their class at the start of the service.

If you have children aged 0-3 then we invite you to bring them to our beautiful and safe Nursery facilities which

are located on the lower level. Caregivers will meet you there.

Our "Legacy" nights are our family Bible Study nights. We chose the theme of "Legacy" because we believe that's what families are looking for; both to be a part of as well as leave a lasting "Legacy."

Our program runs from 6:45 to 8 p.m. Our adults will be studying "Everybody Always" by Bob Goff. It's a five-session study about Becoming Love in a World Full of Setbacks and Difficult People.

The children are doing the study "The Travel Guide to the Beatitudes." And our junior highs (Grade 6-8) are doing the study "Freedom Ride."

You can find us at King Bible Church, 1555 King Rd. King City (at King Rd. & Dufferin), 905-833-5104 [www.king-biblechurch.com](http://www.king-biblechurch.com) or [info@kingbiblechurch.com](mailto:info@kingbiblechurch.com)

**St. Andrew's  
By Kathy Patterson**

New in the community? St. Andrew's welcomes you! Our Sunday morning worship is at 10:30 a.m. with Sunday school for school-aged children up to 12 years, running concurrently. A nursery

is also available. Join us after the service for refreshments in the lounge and a chance to get to know each other better.

Last Sunday we welcomed Pastor Doug Harkness from Ethnos Canada Ministries. This ministry really takes the Great Commission seriously, reaching many nations, including hard-to-reach areas in Canada, with the Gospel of Jesus Christ.

The "Welcome Back BBQ" is this week, Sept. 16, following the morning service in which Lynn Vissers will preach. We hope to see you there! Bring your lawn chairs!

Messy Church starts up again the following week and we're excited! There will be a Corn Roast for our communal supper following our special family time doing crafts, singing and learning about God's love for us. Tell your neighbours and friends to join us! Messy Church is a once a month intergenerational program from 5 to 6 p.m., usually the 3rd Sunday of the month, with a communal meal at the end of the hour. There's no charge and the community is welcome!

*More on Page 25*

# Classifieds

Phone 905-857-6626 or 1-888-557-6626  
or email [admin@caledoncitizen.com](mailto:admin@caledoncitizen.com)

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The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by the portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non-insertions of any advertisement beyond the amount paid for such advertisement. All advertisers are asked to check their advertisements after first insertion. We accept responsibility for only one incorrect insertion unless notified immediately after publication. Errors which do not lessen the value of the advertisement are not eligible for corrections by a make-good advertisement. There shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement. We reserve the right to edit, revise, classify or reject any advertisement.

**DEADLINES**  
Unfortunately deadlines do not allow us to take ads after 5:00 p.m. on Monday. When there is a holiday Monday, the deadlines will be Friday at 5:00 p.m. All ads must be paid in advance by deadline or the ad will not run. WE ACCEPT VISA, MASTERCARD, AND AMERICAN EXPRESS PAYMENTS OVER THE PHONE

**113 LAND FOR SALE**

**LAND RENTAL - UP TO \$175/ACRE**  
We have been raising livestock in the area since 1982 and wish to rent Agricultural land (40 to 100 acres). We plant non GMO feed and hay for our own livestock program without the use of pesticides or chemicals. Payments up to \$175/acre in advance for the 2019 planting season, depending on useable acreage size, location and length of agreement. **416-892-0664**

**202 HOUSES FOR RENT**



**HOUSE FOR RENT**  
3 BR/2 WR Bungalow in Desired Nobleton Area w/Finished Bsmnt. Included is some furniture. 2 Car Grge and X-lrge Driveway. Lovely Yard. \$2,350.00 + Util. Close to Schools and Amenities. Ready for Occup. Oct. 1, 2018

**NEW HOUSE /SUBDIVISION** in Tottenham for rent. Available October 1st, 2018. 2,000 sq. ft., 3 bedrooms, 2.5 baths, 1 car garage, 2 parking spaces outside. Monthly rent - \$1600.00. Tenant to pay utilities. No pets/no smoking. Mature applicants only. Please call 905-652-7908 or email: [myinterest@rogers.com](mailto:myinterest@rogers.com)

**505 GENERAL HELP WANTED**

**ABATE RABBIT PACKERS** meat processing facility from Arthur immediately requires 16 Wholesale and Retail Butchers with a minimum of 2 to 3 years of direct hands on experience in meat cutting and processing. Duties include cutting and sectioning of meat, skinning and removing blemishes, deboning rabbits and chickens, cutting meat into specialized cuts and preparing for wholesale and retail sales. HS diploma or equivalent required. Positions offered are permanent full time and salary is \$16.00/hr for 42.5 hrs a week, OT after 44 hrs a week. Please apply in person at 7597 Jones Baseline in Arthur, via email at [joea@abatepackers.com](mailto:joea@abatepackers.com), via fax at 1-519-848-2793 or via phone at 1-519-848-2107.

**FULL TIME FARM HELP** needed for a grain farm located in Caledon. Applicant must be capable of operating and maintaining farm equipment. Farm experience is an asset, but we are willing to train. Valid driver's license is required. Please call 905-880-0369 or email your resume to [humberview-farms@gmail.com](mailto:humberview-farms@gmail.com)


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**505 GENERAL HELP WANTED**



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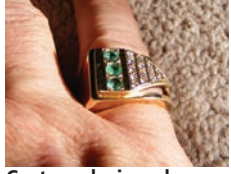
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**WILLING TO EDUCATE:** Highly motivated individual for rewarding career in financial services. Call Amanda at 416.873.9998

**602 ARTICLES FOR SALE**



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**610 FIREWOOD/TREES**



**Art sale aids volunteer mission to Rwanda**  
For sale is "Greenland Memories," an original acrylic on canvas painting by Austrian-Canadian artist Ernestine Tahedl. The internationally renowned artist painted this as part of a small series in 2008, after a trip to Greenland. Measures 56 x 51 cm. Valued at \$2,300. One of a kind by a sought-after artist. Proceeds from the sale help support University of Western student Alexandria Hesketh-Pavilons, who will be doing volunteer mission work in Kigali, Rwanda through the university's interdisciplinary experiential learning course offered at Western. She will engage in 5 weeks of active and interactive community service. She will be an "ambassador" of not only Western University, but of Canada. Contact me at [mpavilons@rogers.com](mailto:mpavilons@rogers.com) if interested in the painting.

**610 FIREWOOD/TREES**




**QUALITY FIREWOOD FOR SALE:**  
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**611 GARAGE SALES**



**LLOYDTOWN SCHOMBERG:** Garage Sale, 20 Victoria Street. September 15th & 16th, 10 am to 4 pm. Check us out: [yourclassifieds.ca](http://yourclassifieds.ca)

**YARD SALE/BBQ** in Nobleton. Fundraiser for St. Mary's Catholic Church. Saturday, Sept. 29th from 8 am to 2 pm at St. Mary's Church grounds in Nobleton. 190 McTaggart Drive. Nobleton. If you have anything to sell? Limited tables for rent for \$50.00. Call Linda @ 905-859-4958 for further details.

**708 OBITUARIES**



**Robert Leon Pozdrowski**  
Rob passed away peacefully after a long and courageous battle with heart failure at 69 years of age on September 2, 2018, at Toronto General Hospital, surrounded by his family. He was dearly loved and will be missed by his wife Murdene, sons Matthew and Alexander, sister Bernice (Brian), brothers in law Lindsay (Jane), Sandy, grandsons Jacob and Marcus and nieces and nephew Leslie, Stephen, Heidi, Melinda and Jackie. Rob attended Brebeuf College and spent his last year of high school at Bayview Secondary School. He attended the University of Toronto graduating with an honours degree in English Literature and Philosophy, acquiring an M.Ed along the way. Rob went on to a long and successful teaching career at Bayview SS, Thornlea SS and was for many years Head of the English Department at Richmond Hill High School. Rob loved life in the country and lived for many years with his family on a small hobby farm in King Township caring for horses, donkeys, dogs and cats. He was devoted to his family and never missed a horse show or hockey game with his sons. After retirement, he involved himself in volunteer work in King Township and Toronto. He will be remembered as a wonderful husband, father, grandfather, brother, friend, mentor, and gentle soul. We would like to thank the caring doctors, nurses and staff of the heart failure team at the Toronto General Hospital, Peter Munk Cardiac Centre. If you wish, a donation in Rob's name to the PMCC would be appreciated. A private family burial service was held on September 7th. Friends are invited to share their memories in a Celebration of Rob's Life on October 6 from 2-5 pm at the King Heritage and Cultural Centre, 2920 King Rd, King City, Ontario.





From Page 24

We'll be celebrating our 60th anniversary of St. Andrew's King City, Sunday, Oct. 23. Mark your calendars and plan on joining us. Alison Agnew will be our guest preacher and all are invited for lunch following the service.

How wonderful to be able to talk with God anytime and anyplace. God is there with us! Call Kathy Patterson if you would like to go on a prayer walk or meet for prayer over coffee. Call 905-833-0391. Hoping you'll be able to join us.

For pastoral care needs contact Lynn Vissers, Director of Congregational Ministries at the office, 905-833-2325 or contact our Interim Moderator, the Rev. Paul Johnston, 705-341-7738.

We are located at 13190 Keele St., 2 blocks north of the King Rd. www.standrews-kingcity.ca

**Terry Fox Run**

King Township Terry Fox Run is on Sunday, Sept. 16 at Wellesley Park, King City (northwest corner of Keele Street and King Road). Registration begins at 8:30 a.m. with an open start, any time between 9 a.m. and 1 p.m. There is a 2km, 5km and 10km route that is bicy-

cle, stroller and wheelchair accessible, dogs are also welcome but on leash only.

**All Saints Anglican Church  
By Patrick Gossage**

A Christian Message for Students – A dozen young people came up to the front of the church at the beginning of the 10:30 service last Sunday for a special blessing as they begin their school year.

Rev. Dr. Elizabeth gave them prayer tokens – one said “Dream Big.” She reminded them that disciple means student and that we were all students Christ. “God is alive in our hearts and dreams and in the things that test us,” she said. “That’s how we grow. God is with us every day so that we can dream big.” Then she blessed them and the backpacks.

Words to live by – The Bible passage last Sunday was the story of Jesus healing the daughter of a gentile woman from Syrian Phoenicia. Jesus was stressed having just met with scribes and pharisees and went to Tyre to get away and rest. Uncharacteristically, he insulted the woman calling her a “dog.” She pushes back saying even dogs under the table get crumbs. Jesus is im-

pressed, and realizing he was here for everyone even a woman from an enemy region, he says her daughter is healed.

He shows us we must be open to the needs of others, whoever they are. He then goes on to heal a deaf and mute man.

“Faith is more than trust,” Rev. Dr. Elizabeth said, referring to the Epistle from James that “Faith by itself, if it has no works, is dead.” She said faith is a connection that shows we are grounded in God. “God is the breath inside our breath,” she said. “We must be open to our presence in God breathing through us. The greatest thing we can do for others is to err on the side of love. We must be open to be agents of God.”

**Kingscrafts show**

Kingscrafts show returns in September – Saturday, Sept. 22 and Sunday, Sept. 23, 10 a.m. to 4 p.m.

The highly-acclaimed “Fine Art by Nine” show is on again. If you have a wall that needs some beautiful new art this is the sale to attend. Starting at as little as \$50, these oil and acrylic works are the latest by this gifted group. Book the date and bring an art-loving friend.

Works by Geri Adam, Shirley Binns, Svea Frantila, Maryam MKhani, Janice Kobold, Heather Miller, Evangeline Munns, Karola Steinbrecher and Dorothy Tomaszewski.

*King Township History*

Lloydtown became famous as “Rebel Town”, a centre of unrest leading up to the Rebellion of Upper Canada in 1837. Jesse Lloyd was one of William Lyon Mackenzie’s chief associates and meetings of the rebels were held in Jesse’s house. In December 1837, men from Lloydtown, armed with pikes, marched down Yonge Street to Montgomery’s Tavern (two blocks north of Eglinton Avenue today). The rebels were defeated and Jesse fled to the United States, where he died just one year later. A cairn and plaque honouring Jesse Lloyd was built in the centre of Lloydtown in 1972.

**708 OBITUARIES**

**Bachly: Marilyn Ann (nee Cook)**

Surrounded by the love of her family on September 8, 2018 in Orillia in her 81st year. Beloved wife of David. Loving mother of Scott (Jackie), Kelly (Mike) Foley, Tracy (Dan) McNulty and the late Dean (Anna). Cherished grandmother of 13 grandchildren and 13 great grandchildren. Dear sister of the late Murray (Doris) Cook. Fondly remembered by her nieces, nephews and extended family. Per Marilyn’s wishes a private family funeral service has taken place. A Celebration of Marilyn’s Life will be held at a later date. Please check Rod Abrams Funeral Home, 905-936-3477 www.RodAbramsFuneralHome.com for service details as they become available. In lieu of flowers, donations to Smilezone Foundation, https://www.smilezone.com/, 557 Chartwell Rd, Oakville, ON L6J 4A8 would be appreciated by the family.

**708 OBITUARIES**

**Mitchell: Dorothy Cunningham**

At Southlake Regional Health Centre, Newmarket on Monday July 23rd, 2018. Dorothy (Earl), in her 80th year, beloved wife of Andrew Mitchell. Loving mother of Ian (Jacqueline) and step mother of Anne (Ian) Finch. Sadly missed by her grandchildren Keagan, Morag, and Helen. Fondly remembered by her niece Diane (Ron) Blanchard and nephews Larry Gough, and Andrew Gough. Predeceased by her nephew Billy and her sister Margaret Gough and brother-in-law William Gough. A Memorial Celebration of Dorothy’s life will be held in the Club House of Tecumseh Pines (8270 Hwy #9, Tottenham, Ontario), on Saturday September 29, 2018 from 1-4 pm. Arrangements entrusted to Rod Abrams Funeral Home Tottenham. www.RodAbramsFuneralHome.com

**708 OBITUARIES**

**Lippett, Lorraine**

On Thursday, September 6, 2018 at Southlake Village, Newmarket, after a lengthy illness with Alzheimer’s at the age of 81. Daughter of the late Christina and Clement Dobbin. Loving wife of the late Neale. Mother of Maureen (Kevin), Janice (Howard), Susan (Tony), and David (Krista). Will be deeply missed by her grandchildren Benjamin, Dana, Alexander (Svetlana), Zachary, Olivia, Julia, Austin and Eveleena. She also leaves behind a brother Fred Dobbin, many nieces and nephews. Predeceased by sister Mary Esson. Many thanks to the caring staff at Southlake Village for the years of compassionate care. Friends called at the MARSHALL FUNERAL HOME, 10366 Yonge Street, Richmond Hill on Monday September 10 from 6-8 pm. Service was in the funeral home Chapel on Tuesday at 11 am. In lieu of flowers, kindly make a donation to the Alzheimer Society of York Region or the Toronto Memory Clinic.

**709 IN MEMORIAM**

**HOLLINGSHEAD, Garnet Stanley**

passed away September 16, 2017

**HOLLINGSHEAD, Norval Edgar**

passed away September 16, 2004

*Gone, dear brothers, gone to rest, Away from sorrow, care and pain. May you rest in peace, dear brothers, Until we meet again. Thinking of you always, Your sister, Linda and Bob*

**712 LEGAL/PUBLIC NOTICES**

**Notice to Affordable Transportation Systems Inc.**

A legal proceeding has been commenced against Affordable Transportation Systems Inc. as action number 17-62621 with Seema Rani Vasudeva as plaintiff and Affordable Transportation Systems Inc. as defendant. And this notice shall constitute service upon Affordable Transportation Systems Inc. pursuant to the Order of Justice M. J. Donohue, issued on August 7, 2018, and entered on August 8, 2018, at Hamilton, Ontario.

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**712 LEGAL/PUBLIC NOTICES**

**NOTICE TO CREDITORS AND OTHERS**

All claims against the Estate of Dorothy Thomsett, a.k.a. Dorothy Hulse, who died on or about the 7th day of June, 2018, must be filed with the undersigned on or before the 5th day of October, 2018, after which date the estate will be distributed having regard only to the claims of which the Estate Trustee shall then have notice. ANYONE WITH KNOWLEDGE OF A WILL FOR THE DECEASED IS ASKED TO CONTACT THE UNDERSIGNED.

DATED at Oshawa this 7th day of September, 2018.

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# Nobleton Notes

From Page 23

They are also having a bake sale and jar goods sale. If you have extra jam, pickled veggies or tomato sauce or any baked goods it would be greatly appreciated. The Knights also generously volunteered their time in doing hot dogs, hamburgers and corn. Apple pies will be on sale Sept. 29, 30 and Oct. 6, 7 after 5 p.m. and 9.45 a.m. mass. People can pre-order by calling Linda at 905-859-4958.

## Nobleton United By Nancy Hopkinson

This Sunday, Sept. 9, at 11:15 a.m.,

the worship service will be led by Rev. Carol-Ann Chapman. Our new Moderator, Right Rev. Dr. Richard Bott, states "I believe that worship is the heart of the church- that we express our connection with God, with each other, and with the wider world through the act of coming together in prayer, in celebration, in penance and in joyful relation with God. It is central to our ability, as Christians, to go and be agents of positive change."

Do you like to sing? You are welcome to join the Joyful Spirits on Wednesdays from 7:15 p.m. at Nobleton United. We are currently learning an interesting syncopated piece called "Rise, Shine, Little Light" in preparation for Nobleton's anniversary on Sunday, Oct. 14. Contact Dennis Kowal at 905-857-4033. On Tuesday, Sept. 18, from 5 to 7 p.m.,

Messy Church starts again for children ages 2 to early teens with their parents. This month we focus on the story of Esther. There are always choices of activities for the first hour. One of the activities will be to make a "Throne Room" with a throne, gold coloured tables for holding the scrolls and the wine. There will be signs put up saying "No entry except with the King's Permission."

Esther was married to King Xerxes, but even she was not allowed to enter without permission. If she did, she might be sentenced to death! She bravely entered and invited the King and his evil Prime Minister to a lavish feast, so that she could talk with the King. We have story time at 6 p.m. and dinner at 6:15 p.m. There is no charge, but donations are welcome. For more info, please contact Nancy at 905-859-0761.

On Friday, Sept. 21 at 7 p.m., there is a Wine and Beer tasting evening at our church. Alyson Douglas is the hostess to introduce you to various wines and beers as you nibble on tasty snacks. Contact Sharon at the church office 905-859-3976 or email nobletonunited-church@bellnet.ca to reserve a \$30 ticket.

The Church Ladies have delicious chicken, beef and turkey pies now for sale at \$5 each. Call Fran at 905-859-3819 or Linda at 905-859-0442.

Our Harvest Dinner is on Friday, Sept. 28. This is a chicken dinner with all the fixings and the dessert is homemade harvest pies (lemon, pumpkin

and apple). The cost is \$22 for adults and children under 12 are \$10. Call Helen at 905-859-3924 to reserve your seats.

For more info, visit nobletonunitedchurch.com, our Facebook page, or call 905-859-3976. The church office is normally open on Tuesday, Wednesday and Thursday mornings. Messages are picked up regularly. Nobleton United, 6076 King Rd., is north of the King Rd., about 6 buildings west of Hwy 27. We have a big parking lot at the rear, an accessible ramp, chair lifts and accessible washrooms. We warmly welcome everyone, old and young.

## Nobleton Lions

The Lions annual Fund Raising Cash Draw will be held on Saturday, Oct. 27 at the Nobleton Library Gazebo. Selling will ramp up significantly starting in September, but all Lions members have tickets available now, in case you just can't wait!

Watch this space for further details as the events get closer, and why not check out our website at www.nobleton-lions.com

Free advertising is available to non profit groups in and around Nobleton via the electronic sign at the library. Contact the Township of King for details on how to get your message up there at no charge.

Your support is greatly appreciated by the Lions and those who we support.

More on Page 27

## King City Senior's Centre activities

By Carol Kanitz

Friday, Sept. 21 at 4 p.m. we will hold our annual corn roast - good food and great entertainment - please join us.

On Friday, Sept. 28 from 2 to 4 p.m. we will be hosting a fashion show sponsored by Tanjay/Alia of UCM. Time to spruce up the winter wardrobe with a few new pieces.

Movie night will be held on Wednesday, Oct. 3. Doors open at 6:30 p.m. with show time at 7 p.m. Admission by donation. Featured movie is Book Club starring Diane Keeton, Jane Fonda, Candice Bergen, Mary Steenburgen.

Art classes will be available on Fridays from 9:30 a.m. starting Oct. 5. All skill levels are welcome to join artist Denise Flies at this time.

Updated information can be found at our website - www.kingcityseniors.ca



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From Page 26

**Guide registration**

Fall registration is here! We are planning another exciting year of Girl Guiding in Nobleton and all girls and women are welcome. Guiding is a dynamic organization for girls and women that teaches and promotes leadership and respect of self, others, community and the environment through games, crafts, songs, excursions and camping. Guiding is a uniformed organization where Sparks (ages 5 & 6) Brownies (ages 7 & 8) Guides (ages 9-11) Pathfinders (ages 12-14) meet weekly. All meetings take place locally in Nobleton on Tuesday nights from Sept. to June.

We are actively recruiting adult women volunteers so please share this opportunity if you know someone who might be interested. You do not need to have a daughter to be involved. For more information and to register visit online at [girlguide.ca/jointoday](http://girlguide.ca/jointoday)

**Nobleton Skating Club**

It's that time of year again. Summer has come and gone, so we head back to the rink! The Nobleton Skating Club offers Canskate, a learn to skate program. Canskate is offered on Mondays, Wednesdays and Saturdays mornings. Sessions begin on Sept. 24. For the full schedule and pricing details, please visit our website [nobletonskatingclub.com](http://nobletonskatingclub.com).

com. Should you have any questions, you can leave a message and one of our volunteers will get back to you - 905-859-4943.

**Anglican Parish  
By John Arnott**

On the 4th day of the long trip north to bring Christianity to the small Anglo-Saxon kingdoms that now made up the former province of Britannia in the fast crumbling western Roman Empire the small group of monk missionaries were about to start their noon meal when a locust landed on their leader's Bible as he was about to say grace.

"Locusta," he muttered but moments later after brief reflection exclaimed "Loco asta," meaning remain in this location and he believed it was a sign from God telling him go no farther! Within an hour a messenger arrived telling him that the pope wanted him to return to Rome immediately. Thus the plans Gregorius had to reintroduce Christianity to England were abruptly cancelled and the man and future pope we know as St. Gregory the Great with his small group of companions turned back.

Once in Rome the wealthy, well educated Gregorius was persuaded by Pope Benedict I to leave the monastery he had founded on his vast estate on Caelian, one Rome's famous 7 hills, and appointed him one of the 7 deacons of Rome with the responsibility of helping

with all things secular including management the Church's finances, properties, care and feeding of the poor and legal matters. Within a short time he was ordained a priest. Then in 579 AD Benedict's successor Pelagius II made him ambassador to the still powerful eastern branch of the Roman Empire centred in Constantinople and because it had been built around ancient Greek town of Byzantium this eastern branch of Empire would become known as the Byzantine Empire. Although over 6 years he had provided distinguished service in this position he was never able, in spite of much pleading, to convince the Byzantine emperor to send military help to push back the pagan Lombards, a Germanic tribe, who were invading northern Italy. He returned to Rome to find Italy wracked by famine, floods, war and plague and when this latter claimed the pope's life a very unwilling Gregorius was chosen the next pope, the first from a monastic background.

Though faced by huge problems and tough decisions nevertheless Gregorius weighed right in taking on the worsening situations with insight, perseverance and help he believed from above. He put trusted governors in charge of major Italian cities where civil administration had ceased to exist. He took personal control of the Church's wealth and vast holdings. Using his own personal wealth along with that readily available from the Church he helped to

feed, clothe, house and provide medical help to the poor.

He negotiated a peace with the invading Lombards without Byzantine help with result that a significant number of them became Christian. Throughout all Gregorius had never forgotten the Angle children he had many years before rescued from a slave market in Rome. He'd promise himself then to travel England and help reintroduce Christianity back into their home, He now had time and resources to fulfil this long held desire but was not able to go himself. Thus in 596 AD he persuaded Augustine, prior of his Caelian monastery, to go with 30 missionary monks taking up where he'd left off so long ago and make the long dangerous overland journey to England

The St. Alban's Anglican community in Nobleton notes that not only was Gregorius the pope who faced squarely the bleak realities of his day and handled them successfully with prudence, justice and diplomacy often taking on the duties of a secular civic leader when grossly ineffectual imperial authorities failed to do so. As well he reformed church liturgy, worked to abolish slavery, wrote prolifically invented and introduced the Gregorian chants into worship and tried to keep to channels of communication open and strong with the Empire and its Church.

Gregory the Great can be credited with keeping Christianity from completely disappearing in Europe!



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