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# King Weekly Sentinel King's Community Newspaper

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FREE

Thursday, September 6, 2018

Volume 45, Issue 36

# Rockford's

2124 King Rd, King City www.Rockfords.ca



NFL SUNDAYS! **Pitcher of Bud Light & Nachos** \$34.99 during live games!





Peter and Sue laboni (front centre) were given a well deserved send-off at Seneca College last week. The labonis have been long-time residents and volunteers in the community, exemplifying the very fabric that is King Township.

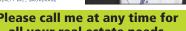
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## Special volunteers given fond farewell

By Mark Pavilons

"Get involved in your community as much as possible. It's so rewarding."

No truer words have been spoken. And they come from Sue and Peter Iaboni, long-time King volunteers. The couple moved away from their cherished community, settling

in closer to family in the Toronto area. Local residents, volunteers, dignitaries and members of Arts Society King (ASK) bid the couple a fond farewell last Wednesday at an event held at Seneca College.

Maria May, dean, Faculty of Applied Arts & Health Sciences at Seneca College, said the Iabonis will long be remembered for their contribution toward "name space" at the college. "Your legacy will carry on," she told the

Councillor Debbie Schaefer worked with Peter on HAC and is grateful for his passion and leadership.

Blair Day, president of the ASK board, said his heart is filled with thanks over what such volunteers have contributed. He said Sue is "one of those volunteers who

doesn't know how to stop" and Peter was someone they could always count on for help.

"Sue has been to me, as I began to volunteer with Arts Society King, a tireless and constant mentor and help."

Mayor Steve Pellegrini pointed to the number of Township councillors and staff who were on hand to pay tribute to the Iabonis.

"This speaks volumes" about the couple's contributions and the mayor was personally "humbled by your generosity of spirit and compassion for your community. You have both given your time, your warmth, your humour and your caring to make King a better place."

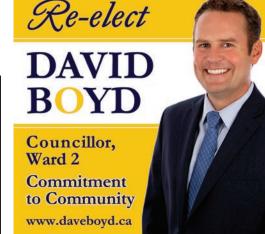
Peter spent the last 33 years in King, raising his family. "I've really loved my time here."

Their departure is bittersweet. Peter noted he's made numerous connections over the years with his church, local sports organizations, neighbours and fellow volun-

See 'Iabonis' on Page 3

Photo by Mark Pavilons





#### REGULAR **FEATURES**

Editorial **Business** Sports Classifieds

Page 8 Page 19 Pages 22-23



Crowe is seeking re-election.

See Page 7



Playground is officially unveiled.

See Page 19

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#### **UPCOMING MEETINGS**

#### **COUNCIL AND COMMITTEE OF THE WHOLE**

Municipal Office, Council Chambers, 2075 King Road Monday, September 10, 2018 6 pm - Council/Committee of the Whole

 Core Area Parking Study presentation Monday, September 24, 2018

6 pm – Council/Committee of the Whole

To view full Council and Committee of the Whole agendas, visit king.civicweb.net/filepro/documents

#### **COMMITTEES AND BOARDS**

Tuesday, September 11, 2018

1 pm - Accessibility Advisory Committee Municipal Office, 2075 King Rd.

Thursday, September 13, 2018

7 pm – Heritage Advisory Committee Municipal Office, Council Chambers, 2075 King Rd.

Tuesday, September 18, 2018

7 pm - King Township Public Library Board Nobleton Branch

Tuesday, September 25, 2018

7 pm – Sustainability Advisory Committee

Municipal Office, Council Chambers, 2075 King Rd.

Wednesday, October 17, 2018

6 pm - Committee of Adjustment King City Arena, 25 Doctor's Lane

#### **EMPLOYMENT OPPORTUNITIES**

Arena Assistant II (casual contract) - closes Sept. 12

 Arena/Facility Operator I (4-month contract) - closes Sept. 12 Please visit the Township website at www.king.ca for employment opportunities.

#### **BID NOTICES**

For all bid opportunities, please visit the Township of King's website www.king.ca, click Popular Topics and click **BID OPPORTUNITIES.** 

Or visit on the following link https://king.bidsandtenders.ca/Module/Tenders/en

#### **PUBLIC NOTICES**

#### **Core Areas Parking Study**

The study results will be presented at the Sept. 10 council meeting



King Township has spent the last several months preparing a study that looks at the current state of parking in the Township. It also looks forward to anticipated future needs. You can hear the results at the Sept. 10 council meeting or you can read them at www.king.ca.

#### Watermain re-lining

Township contract forces will re-line a section of watermain along Western Avenue in Schomberg and a section of watermain along King Road in Nobleton, starting on Aug. 7. The work should be complete by Oct. 5. These works will be taking place along the following sections of wa-

- Approximately 450 metres of watermain along Western Avenue in Schomberg running approximately from 186 Western Avenue to 251 Western Avenue.
- Approximately 500 metres of watermain along King Road in Nobleton running approximately from 6595 King Road to 6381 King Road.

Traffic impacts will be minimal with full access being maintained throughout the works. Impacted residents will be placed on a temporary watermain during the works which will involve a short/minor disruption in water service as the users are switched over to the temporary watermain and again when they are placed back on the newly re-lined

For more information, please contact John Vandenberg, Environmental Project Manager, at 905-833-4059 or by email at <a href="mailto:jvandenberg@king.ca">jvandenberg@king.ca</a>

# Your voice, our community

#### Rain barrel and compost bin giveaway!

King has launched a new online engagement platform. Called SPEAKING, the platform allows residents to engage with the municipality on issues that are important to them.

To be entered into a draw for a compost bin and rain barrel, visit speaking.king.ca before Sept. 8 and register to receive updates on various projects in King Township. While there, take some time to complete the surveys on the Sustainability Plan refresh

The information provided will be utilized to help King make thoughtful, resident-involved decisions concerning issues that are important to sustaining a healthy and thriving community.



#### PARKS, RECREATION & CULTURE

### SCHOMBERG FARMERS MARKET

Dates: September 8, 22; October 6

**Time:** 9:00am-1:00pm

**Location:** In the parking lot of the Schomberg Agriculture Arena, 251 Western Ave.



Please see more King Township notices on page 5



KING TOWNSHIP'S FIRST ANNUAL

AT COLD CREEK CONSERVATION AREA

VENDORS WORKSHOPS ECO-ACTIVITIES ENTERTAINMENT FOOD & BEVERAGE SAMPLING BUTTERFLY RELEASE FOR MORE INFORMATION EMAIL EVENTS@KING.CA

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#### Are you on the voter's list for the October 22nd municipal election?

The October municipal elections are just around the corner. Are you on the list to vote? Find out at www.kingvotes.ca























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## labonis always giving back

From Front Page

Sue has been here for the past 11 years and together, they were fully engaged in many aspects of King's culture and heritage.

Sue recalls that when she moved here she didn't know a soul in King. That changed very quickly and the community welcomed her with open arms. After starting a writing group, she became involved in ASK and her friendships and network grew exponentially.

Her interest in promoting the arts allowed her and ASK to grow and flourish. Her main role was overseeing the quarterly publication Mosaic, a high-calibre magazine that promotes the arts community in King. It has developed to become an outstanding publication that rivals any in other communities.

It's been a work of passion, she said, noting she spent the last few months overseeing the transition of roles in light of her departure.

She has also been involved in King for Refugees, a relatively new organization that has helped settled refugee families in the area. The experience has been both fulfilling and eye-opening, she noted.

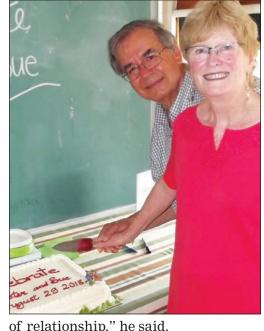
Sue was one of the recipients of special recognition at the 2015 volunteer appreciation event. She was honoured for her work with ASK, the York Region Arts Council, the King Museum Board and the SHIFT Committee.

Peter has been involved in the congregation of Sacred Heart Church. He coached soccer and was involved in Concerned Citizens of King Township (CCKT). He found his niche helping to preserve history and heritage, through the Heritage Advisory Committee. A lot of the group's work has been to encourage residents to get their properties on the Heritage Registry.

Over the years, the Iabonis have been cornerstones of the community and they've formed many bonds. In King, local politicians are keen on not only encouraging public engagement, but establishing long-term friendships. Unlike other municipalities, King councillors and staff are friends and neigh-

The Iabonis were simply amazed that they call the mayor and councillors by their first names.

"It's really amazing to have that king continue their legacy of giving back.



of relationship," he said.

Peter, a retired teacher, always wanted to give back. He took all those lessons his teaches gave him to heart. Sue, a retired principal, pointed out that when people get older, they still want to be productive and volunteering gives them a purpose.

King is growing, but development has given the municipality the opportunity to grow, too, and provide some amazing new facilities. Sue pointed to the new municipal complex, the new library and seniors' centre, and the new recreation centre that will serve all residents long into the future.

One of the highlights during her time with ASK was the car rally, where people drove around King and experienced the bounty we have to offer. The next event is slated for 2020.

The Iabonis are also avid hikers and have explored King on various trails.

Peter said his fondest memories were the neighbourhood street parties and regular pumpkin growing contests that brought residents together.

He also encourages everyone to volunteer and meet like-minded people. Volunteering in any capacity is rewarding and addicting.

Sue said they've already looked into volunteer opportunities in their new neighbourhood.

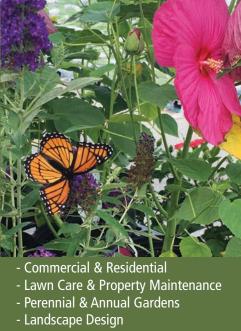
The Iabonis may have physically left their King City community, but not their roots. They will return, they said, for regular community events, fairs and celebrations.

Wherever they go, the Iabonis will



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• respects the best in today's community • plans for a better community for tomorrow

She analyses She listens

Re-elect Debbie Schaefer Ward 5 

She delivers the best results

# Grand Opening!

NOBLETON CHIROPRACTIC AND REHAB

September 15th, 2018 from 11:00 am – 4:00 pm 6069 King Road, Nobleton, ON

Join Dr. Kirstie McDowell at her grand opening of Nobleton Chiropractic and Rehabilitation. Enjoy refreshments and a tour of the beautiful new clinic. Learn about chiropractic and what it can do for you. Stop by next Saturday and receive 25% off your initial exam as well as a chance to win a Fitbit Alta.

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## Editorial, Letters & Opinion

"A newspaper is the center of a community, it's one of the tent poles of the community, and that's not going to be replaced by websites and blogs."

~ Michael Connelly

## Is happiness more elusive than ever?

Each generation has its unique challenges and crosses to bear.

We Baby Boomers have evolved through some remarkable times, from the radical '60s and laid-back '70s to the tension-filled 2000s and current state of weirdness.

We've seen a lot over the years. Heck, in my lifetime, we went from the moon to Mars; from stove-top popcorn to microwaves; rotary dial phones to smart phones. In the theatres, I've seen everything from Jaws to Saws.

I witnessed the Blue Jays winning back-to-back World Series and this is something that may never be repeated in my lifetime. I'm still waiting for the Leafs to follow suit!

We all have a purpose in life, and while it's different for each and every one of us, one thing remains constant the search for happiness.

When I was young, decisions were simple - matching my adidas Americana running shoes with my straight legs or bell bottoms (yes I said bell bot-

I remember when beer switched from stubbies to long necks; roll-up car windows became glorious power units. I remember LED and LCD watches, thinking they were the coolest things on the

Were we happy? By and large, yes. I think when times are simple and stress levels are low, happiness, or at least contentment, comes a bit easier.

I had very few worries until I grad- way? uated college and began working full time in my career.

The progression of one's life was still a bit predictable – you fell in love, got married and had kids.

My wife Kim and I found joy and excitement over the years, on sandy beaches, boat cruises and hotel casinos.

At some point, you grow up, lines blur and you work to live. Responsibilities grow tenfold and when you're raising offspring, reality sinks in.

The road trips, drive-ins and poker nights are all things of the past, an era inside. I began to understand and feel long forgotten and no longer in vogue.

end up in our late 40s or mid-50s with able calm during some recent Reiki ses mortgage payments, hydro bills, RRSPs sions, courtesy of King's own Sue DelPand paying for our children's post-sec-lavignano. It has opened up a whole new ondary studies.



Mark Pavilons

I've gained more than a few pounds and with a touch of gray, I am resembling my late father more and more each day. I'm starting to get cranky and have become a little more skeptical and less tolerant. But I continue to laugh.

I wonder how we let the world get to this point, where marijuana is legal; electric cars are replacing gas-powered vehicles; we can buy beer in grocery stores, and I can shop online for everything from wills to pills.

Has happiness suffered along the

Some deep thinkers view happiness as a lack of unhappiness, which comes down to our reaction to reality versus our very subjective expectations. In today's world, many things are beyond our control. All we can do is modify our expectations, by altering our wants and

My wife introduced me to a saying that if you begin to expect less, you'll be pleasantly surprised more often. Lower the bar, I say!

I think part of happiness lies deep some peaceful contentment when I took We trudge through a few decades and a look at myself. I also felt an unbelievrealm of physical and spiritual serenity.

Letter to the Editor

## Loss of library heart-breaking

It's heart-breaking, I know!

Peeking in behind the black felt curtain, our library is demolished.

The Township planners don't seem to care if the building is near new and only the best materials had gone into building it.

Smash it down, anyway!

This attitude today is partly whey the people of Ontario owe \$348 billion and all the while we just keep on paying more taxes.

The building could have become a seniors centre – it even had an elevator. Or, it could have been sold to a business that needed office space.

The handsome library building we had was good enough for King. Now it's just

What gets knocked down next, the high school?

The Township planners don't realize that at day's end it's the working people of this municipality who pay and are just getting by at that.

Michael Crossley

from within ... Do not seek it without. "

According to Buddha, "peace comes

eliminating desire, wealth and material per than actual buyer, because reality possessions seems to be the way to go. and practicality always sets in. I've had I think most of us know that materi- my eye on this 3,000-year-old dagger However, few of us will give up desire, just over \$400. I showed it to my fami-

ways and timelines. As most of us know, two are entering another school year? life is filled with dead-ends, u-turns and sink holes. I think we have to be more No. Will it make me happy? A little. flexible with ourselves and our goals/ results. Despite our intelligence we can desire, and I'm guilty as charged. inflict a lot of damage on ourselves.

of self-compassion. We have to rid our- kets, some as cheap as \$20, hold literally

I've found myself a bit jealous of those who achieved a certain level of fame and fortune. Most of us would agree that making more money would at the meaning of it all, in my own way. make our lives easier and much more enjoyable. Financial pressures, I find, what you're looking for, when you stop have never been as tough as they are to-

content is another matter. Money may passion. If you want to be happy, pracmake living easier, but it doesn't make tice compassion.' life easier.

There are lots of "things" I'd like to have, and I'm a bit of an obsessive eBay In some religions like Buddhism, visitor. But I'm more of a window shopal things are not the be all and end all. from an archaeologist that's listed at wants or needs in place of enlighten- ly members, saying it would be a nice birthday present. But how can I justify As rational human beings, one of our spending \$400 on a display item when faults is setting goals with strict path- my oldest is in university and my other

Do I deserve it? You bet! Do I need it?

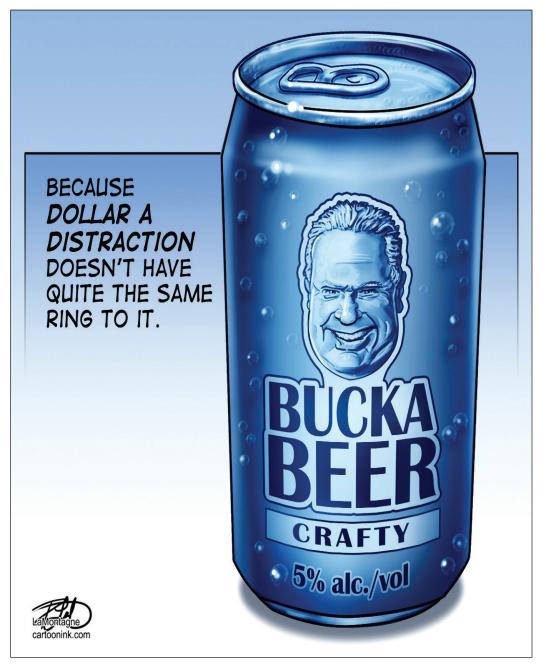
Humans tend to fixate on things they

I make no excuses for my hobby of Experts will tell you the biggest ob- collecting inexpensive ancient and mestacle to our own happiness is our lack dieval bronze crosses. These tiny trinselves of our own barriers to happiness. centuries of faith. Since our society is becoming more secular, such objects become more meaningful, to me at least.

At this stage of my life, I am looking Some people argue that you often find

looking. The Dalai Lama advised that: "If you Whether the wealthy are happy or want others to be happy, practice com-

Enough said.





9% a) Yes

Have you tried one of the

"Buck-a-beers"?

The results of this poll are in no way considered to be valid or infallible.

#### THIS WEEK'S QUESTION

Are you glad to see the start of another school year?

a) Yes b) No

So go to the website and cast a vote!



#### **Brainteaser**

What has branches but no leaves?

Last week's answer: There are 9 years between 5 BC and 5 AD because there is no year zero!

#### King Township Trivia

Crossley Hall was built in 1900 as a centre for social and political events in King City. It was a large pine structure that could seat 280 people.



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**Published every Thursday** 

## How to best support our vital caregivers

**By Mary Bart** Chair **Caregiving Matters** 

Want to be a real friend and support to a family caregiver? Here are a few "dos and don'ts" for you to learn and use to add value to the caregivers in your life.

DO

Keep in touch. Caregiving can be very lonely and isolating. Make sure to keep in regular contact with your caregiving friends. Don't think that they are too busy to hear from you or that you are connecting with them at the wrong time. Phone, send an email or even mailing a funny card will let them know that they are not alone and that there are people who care about them.

Be a good listener. Sometimes caregivers just want to be heard. Listening is a skill and it often requires little conversation. Allow caregivers to vent, babble and let off some steam. Once they have gotten off their chests what has been bothering them or what the current crisis is all about, a final hug is really all that is required.

Have empathy. According Wikipedia, the free encyclopedia, "empathy is the capacity to understand or feel what another person is experiencing from within the other person's frame of reference, i.e., the capacity to place oneself in another's position." Take the time to image what their lives are like, what their challenges are and then imagine how you would deal with these same issues. Put yourself in their shoes whenever you have a conversation. Your comments will be more respectful and kinder.

DON'T

Try and fix the situation. Supporting your caregiving friends does not mean that you are responsible for solving their problems or the situations that they are in. These issues are out of your hands and may actually not be solvable. Be aware that if you try and solve the situations, you may actually be complicated them, thus making things more difficult.

Offer unsolicited advice or be critical. Don't think that you add value to a caregiver by being critical or saying that you have better ways to do things. Keep your comments to yourself about how they are managing care, keeping the household up and in general what kind of job they are doing. You are not their boss or even their peer. Your "know it all" attitude will be met with resistance and will drive a wedge between you and the caregiver that may never be healed. Instead, why not praise the caregiver for something that you genuinely think that they are doing well.

Add to their guilt. Caregivers live with mountains of guilt, don't make it worse by piling on more. Telling or nagging a caregivers that they don't spend enough time with their spouses, kids, friends, not being at work or even commenting that they don't make as many home-made meals or keep the house or car as clean as before is not only unproductive, it is unsupportive, selfish and mean.

Try and incorporate as many of these tips into how you support your friend. They are kind, loving and will help your friend's caregiving journey.

## Scheduled fee increases for September will not go ahead

Ontario's Government for the People took the latest step to provide immediate relief for taxpayers and make life more affordable for Ontarians.

Premier Doug Ford and Minister of Transportation John Yakabuski announced that Ontario is freezing a number of driver fees that were set to increase on Sept. 1.

"People are fed up with paying more and more every time they need to renew their licence or take a driving test," said Premier Ford. "This will make life more affordable for drivers right across the province. This is the latest example of our government putting money back where it belongs — in the pockets of hard-working Ontarians."

The following fees are being frozen to directly benefit Ontario drivers and businesses:

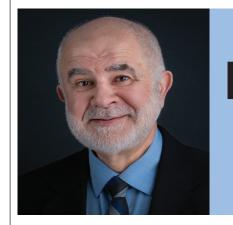
- Road and knowledge tests for all driver's licence classes.
- Fees to get and renew driver's licences.



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#### WHAT IN THE WORLD IS GOING ON WITH DEMENTIA?

FRIDAY, SEPTEMBER 21st, 2018 9 AM - 1 PM KING CITY ARENA, **25 DOCTORS LANE** KING CITY, ONTARIO

A conference for caregivers, health care professionals, church leaders, and those interested in learning about what is going on in the world with dementia including Canada. What must change to "live well with dementia"?

September is World Alzheimer Month

#### **Memory Lane Home Living Inc.**

Memory Lane Home Living Inc., a not-forprofit dementia initiative, in collaboration with King Township and Seneca's Social Service Worker Gerontology program, is hosting a half-day conference to explore developments in Canada and around the world that allow people to live well with dementia

In addition to distinguished guest speakers, exhibitors from King Township and York Region will provide information on the various resources and care services offered for caregivers and their loved ones to live well with dementia.

**REGISTRATION:** No charge for this event. Lunch included. Registration is required due to limited seating.

**CONTACT:** To register call **(905) 237-1419** or e-mail mlliving14@gmail.com

http://memorylanehomeliving.ca/



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#### KING FIRE & EMERGENCY SERVICES



#### School has Started PLEASE REMEMBER



- It's that time of year children are back in School!
- Children will be walking and riding their bikes to schools
- As always—SLOW DOWN, especially in Residential Areas
- Don't rush through traffic signals, stop signs, or pedestrian crossings—your car is bigger than they are!
- Stop for busses when their lights are flashing and the STOP sign is out
- Educate children about crossing roads safely and obeying street signs and signals

#### PARKS, RECREATION & CULTURE

#### **Holland Marsh Soupfest**

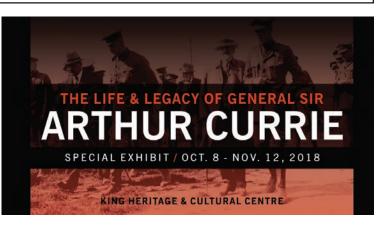
Calling all soup makers! We need your soup!

King is looking for professional and home chefs to come out to the 2018 Holland Marsh Soupfest.

On September 29 show our attendees that your soup is the best. For more information, please visit www.hollandmarshsoupfest.ca.







#### From Thursday, September 6 to Wednesday, September 12 Sun 9th

Thurs 6th Fri 7th



High 22C° Low 15C°









SAT 8TH





Rain

Low 16C°

5-10mm

Wind SE 27k



Mon 10th Tues 11th Wed 12th

Mainly Sunny High 23C° Low 16C° Wind S 7k





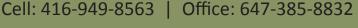
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#### Spring Hill get-together raises money for research

The residences of Spring Hill held its first Community Get Together Aug. 22. Friends and community members gathered to celebrate and raise money to fight cancer. All proceeds of the event went to research for D'Elia GU Robotic Surgery Research Fund. To find out more details and to donate click on http://deliafund.com.

On hand to lend their support were Mayor Steve Pellegrini, MPP Stephen Lecce, Councillor Debbie Schaefer, members of King Fire and Emergency Services, John Coppa of Coppa's Fresh Market, and Franco Giannelli.

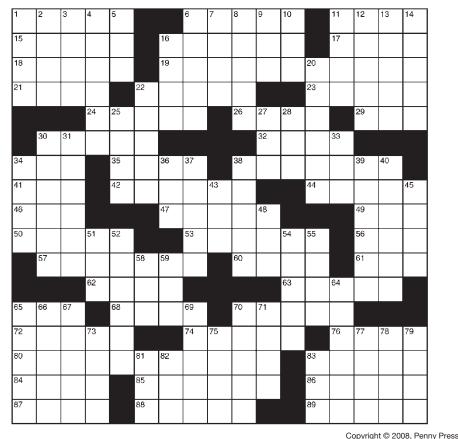
The guest of honour for the evening, courtesy of Coppa's Fresh Market, was comedian and actor Frank Spadone.

A big thank you to Coppa's Fresh Market. Together with the residents of Spring Hill, they raised just over \$1,200 to support the research fund.

Photos courtesy of Giovanni Aprea

## CROSSWORD

**PUZZLE NO. 443** 



#### ACROSS

- 1. Foolish one
- 6. Shell liner 11.Scram!
- 15.Cliff hanger?
- 16.Seafarer 17. Vatican City dweller
- 18. Molten matter 19. The magic word?
- 21. Cheaper spread 22.Dozen dozen
- 23.Inaccuracy 24. Hindu title
- of entry
- 29."... have you
- wool?
- 30. Cigar type 32.Loved one
- 34.Pirouette pivot 35. Speck on a map
- 38.Conference 41.Carpet
- 42.Like some
- submarines
- 44. Nose parts
- 46. Timber tree
- 47. Popular pie
- 49. Barnyard bleat
- 50.Engine 53. Hosiery

- 56.Liable 57. Steno's tablet
  - 60.Bleep out
  - 61. Fourth letter 62.Glut
  - waxwing 63. 65. With it
  - 68. Topic of gossip 70. Vowel sound
  - 72.Bring together 74. Abundant
  - 76.Clutch
  - 80.Fabricate
  - 83. Athenian marketplace
  - 84.Ever and
  - 85.Teeter 86. Minor, in law

  - 87. Hawaiian goose
  - 88.Cheerful
  - 89.Clean of chalk marks
  - **DOWN**
  - 1. Splotchy fabric 2. Make well

  - 3. Compulsion

  - 4. Champagne cocktail 5. Pod inhabitant
  - 6. Powerful person 7. Affected manner

- 8. Fastening device 9. Fabled bird
  - 10. History chapter, perhaps 11.Shadowbox
  - 12.Deadly snake 13. Emeril's garment
  - 14.Dewy-eyed 16. "Gandhi" attire 20.Imprison
  - 22.Phantom 25. Opera highlight
  - 27. Hymn of praise 28. Radiation measure 30.Discount certificate
  - 31.Smooth, in music 33.Genetic letters 34. Mine cart
  - 36.Prune 37.Rectify 38. Fish feature
  - 39.Navy
  - 40.Farm machine 43. Unfriendly
  - 45.Quench 48. Give silent consent
  - 51.No Rx needed 52.Replacement worker 54. Suitable spot

55. Brood

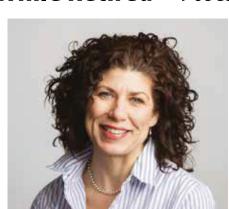
container 59. Senate vote

58. Earthenware

- 64. Sharp weapon
- 65.Mortal 66.Absurd
- 67.Pine nut 69.Mother
- 70.Sprinkle 71.Ball of yarn
- 73. Adjust, as a guitar 75.Perfume base
- 77.Roster 78. Colored eye-part
- 79. Hors d'oeuvre spread
- 81.Cleopatra's snake 82.Bee follower 83.A primate

#### Solution on page 23

### 9 in 10 Seniors Wish to Stay in Their Home While Retired — Poses Risk of Outliving Savings



Sharon King-Todd is a Certified Professional Consultant on Aging and Lifestyle Coach. Founder and Senior Advisor Consultant of The Elder's Advocate

In a recent article from Global News, Ipsos (one of the largest research firms in the world) surveyed Canadian homeowners of all ages. 93 per cent of those aged 65+ felt it was at least somewhat important to stay in their present home throughout retirement. "This may be the best choice for our current aging population and their families, and for good reasons," says Sharon King-Todd, founder of The Elder's Advocate and Certified Professional Consultant on Aging.

Unless planned correctly, retirement living can put a significant strain on cash flow and can pose a risk of outliving retirement savings.

When the average life expectancy was around 75 years of age, private retirement residences were once an achievable option. With the advances of modern medicine and education, the average life expectancy is estimated to increase to 84 by 2030. In Ontario, depending on the individual level of care, the cost for private retirement residences can range between \$4,000 and \$8,000 per month. Living another 9 years may require up to an additional **\$864,000 of savings.** This has prompted many residents to re-evaluate the feasibility of their original financial plan.

Reliance on the public healthcare system may not be a viable option. Sharon states, "The Senior Tsunami is fast approaching and is expected to double from 5 to 10 million in the next twen-

ty years. The healthcare system is already in crisis with the current aging population. It lacks the needed budget, number of qualified physicians and nurses to meet today's senior demands." Ontario has the lowest number of acute care beds in Canada, with more than 4,500 people on waiting lists for publicly funded in-home personal support services, of which many are high-need spatients.

There is great news ahead for this dilemma and local senior residents of King Township are turning the health care deficit into an opportunity for a whole new lifestyle approach. They are freeing up cash in their home to help achieve a comfortable retirement, providing a steady income stream and the ability to stay at home when they retire. Sharon, who is a dedicated activist for Aging-in-Home and a specialist in creating living plans, also states that planning ahead can minimize the emo-

With the current state of public healthcare and additional savings requirements for private retirement residences, "Aging-in-Home" looks to be a better option. It allows seniors to maintain their quality of independence, continue to grow the equity in their home, and ensure a nest egg for their children. The world has changed, and residents are recognizing the need to adapt now to ensure the options initially intended are still realistic and secure.

tional trauma and cost of crisis care.

JOIN US for an educational evening and find out what you can do to safeguard a happy, healthy and financially bright retirement.

**Event details:** 

Date: Tuesday, Oct 2, 2018 at 6:30pm Where: 15140 Yonge Street, Unit 2, Aurora Register Online Today - Limited seating, refreshments will be served. http://retireathome.eventbrite.ca Email: sharon@theeldersadvocate.ca Call: 905-251-6661

## Crowe seeks re-election

By Mark Pavilons

Elizabeth Crowe is counting on her experience to earn her another term on the York Catholic District School Board.

and chair of the board believes her 24 years of experience will provide the board, and her constituents, with the tools they need to tackle issues in the coming term.

Crowe has been a trustee for Aurora, King and Whitchurch Stouffville, and served as board chair from 1998-2015 and re-elected in 2017.

"I have witnessed many changes in pedagogy, funding and Provincial Policy and I believe that I have led the York Catholic DSB through these changes, mitigating negative impacts and taking full advantage of new initiatives, always with the focus on student success through a uniquely Catholic lens," she said.

"This experience is invaluable as the York Catholic DSB establishes a positive working relationship with the newly elected provincial government.

"I pride myself on being an accessible and accountable representative, advocating and serving both my local constituents and the Catholic community of York Region.

"Being a trustee is my only job and my vocation and therefore I am always available to answer questions, provide advice or direction, and most importantly to advocate for those whose concerns have not been heard. I am committed to ensuring that the schools in my community are treated fairly and that parents, students, and staff have a voice."

Crowe and her husband Stephen have been residents of Schomberg for 30 years and members of St. Patrick Parish. Their three children have all graduated through the York Catholic school system.

Crowe has worked at the municipal, regional and provincial level to build partnerships, strengthen support for Catholic education, and advocate for equitable and adequate funding, both as chair of the board and as director on the Board of the Ontario Catholic

Trustees Association. Currently, she represents Ontario's Catholic school boards on the Council of Ministers of Education of Canada (CMEC) Copyright Steering Committee.

Some of the accomplishments she's The long-serving representative proud of include the requirement for all principals to hold a Specialist in Religious Education; the implementation of new Religious Education Curriculum approved by the Assembly of Catholic Bishops of Ontario; the highest graduation rates of all English boards in the province; elementary phys-ed and music specialists and for this September Grade 7/8 Pathways teachers to help students transition to high school, Secondary Exam Review days. She also sees the implementation of anti-bullying and mental health strategies as important milestones.

> In the past term, Crowe helped secure funding for an 8-classroom porta-pak for St. Mary CES in Nobleton. The project cost, of \$700,000 for the relocation of an existing 8-pak plus \$400,000 towards groundworks did not fit predetermined Ministry capital funding criteria and after almost two years of staff applications and rejections, "I managed to get a timely meeting with the Deputy Education Minister in March to get a funding exception just before the deadline due to the provincial election."

> "I will use the same tenacity to get a port-a-pak for Holy Name CES and I will work with my Maple/Kleinburg trustee colleague to get a new high school in the Teston Road area that can serve Nobleton students."

> In the coming term, Crowe hopes to increase chaplaincy to a full-time position in all high schools; advocate for the Advanced Placement (AP) Program at St. Maximilian Kolbe CHS; get a Regional Arts Program to serve the northern part of the board.

> "Being a Catholic trustee is part of who I am because it reflects my commitment to family, faith, and using your God-given talents to serve your community and I ask for your support on Oct. 22."

> For more, visit www.elizabethcrowe.ca



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#### Application for Official Plan Amendment, Janeking Holdings Inc. and Janeking Holdings Inc. South

The application is to amend the Official Plan to re-designate the Lands to "Low Density Residential 5". The amendment will also include permission for semi-detached. townhouse, and senior housing units within the Low Density Residential 5 designation.

An open house will be held at:

#### **King City Seniors' Centre**

30 Fisher Street, King City Wednesday, September 12th 6:00 pm to 8:00 pm

If you are unable to attend and would like to be informed as to the discussion had at the meeting please email your name and address to:

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## Port Soiree offers consistent menu, old world charm

By Mark Pavilons

Alvaro Nascimento doesn't consider himself as an artist.

But he is creative and his passion isn't confined to the canvas, but oozes from the menu of one of the area's best restaurants.

Nascimento has been running Port Soiree Restaurants in Schomberg since 2006 and it's popular among locals and visitors alike. On some weekends, visitors and day-trippers flock to the restaurant, lured by the great reviews and unique authentic dishes.

The menu is tried and true, Nascimento said, noting the dishes have stood the test of time. Ingredients - from the farm fresh garlic and tomatoes to the real cream used in the pasta sauces – are fresh, natural and mouth-watering.

Regular customers rave about Port Soiree and most have their favourites, many of which are unique to the restaurant.

The Portuguese seafood mix is a bounty, containing king crab, sea scallops, mussels, calamari, clams and shrimp. Alvaro's traditional Portuguese cod cakes are a must. If you listen closely enough, you may just hear the ocean! Diners can enjoy main dishes like their penne with sausage, lobster Newburg risotto and veal scaloppini, all for under \$30.

Nascimento supports buying locally, always finding the freshest ingredients. If he disappears for a moment from the restaurant, he's likely in his garden alongside the restaurant, picking up some fresh, off-the-vine tomatoes. He also has a large vegetable garden at his home farm where he grows a wide variety of vegetables, including garlic, sweet peppers and spinach.

You can't get any fresher than that!

While Port Soiree is known for its fine dining, Nascimento pointed out it's the perfect setting for lunch on the spacious patio. The restaurant is also known for catering to groups and parties.

In all the years, the restaurant has had only two chefs, something Nascimento said is a testament to their dedication. It also means the dishes will be consistent and perfect every time. Chef Andrew Prebul has been in the kitchen for several years now, adding his personal flare to the well presented meals.

Available for conferences and gather-

"The Cellar" comes equipped with projector, hidden screen, full serve bar, serving kitchen and its own cappuccino maker.

Port Soiree boasts an extensive selection of award-winning wines from around the world.

Throughout the Restaurant guest can view and/or purchase artwork from local area artists. Nascimento has several of his own paintings and sculptures on display. He said he finds inspiration everywhere.

His creative nature is evident in the restaurant, and its cozy, old-world charm. Like its name, Port Soiree is like a family gathering around the dinner table, with ample food, a selection of quality wines and liquors. Just ask your server for one of their deep, rich ports.

From business lunches to family celebrations, you'll find just what you're looking for at Port Soiree.

It's located on Main Street in Schomberg. For more, visit http://www. portsoiree.com/





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A complimentary seminar

At this event, we'll discuss the state of today's markets as well as time-tested investment principles that can help you on your path to a secure financial future.

#### Thursday,

September 20, 2018

6:30 p.m. - 7:30 p.m.

Refreshments and hors-d'oeuvres will be served.

#### Venue:

**RBC** Dominion Securities 17120 Leslie St., Suite 200 Newmarket, ON

#### Hosted by:

Connor Ryan, MBA

Investment Advisor **RBC Dominion Securities** 

**Guest speaker: Brandon McKinnon** 

Vanguard Investments Canada Inc.

To attend, contact Connor Ryan at connor.ryan@rbc.com or 905-895-4102.



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## **York Regional Police are** improving accident reporting

York Regional Police has expanded ported to the CRC. it collision reporting service to better serve citizens involved in minor collisions and increase the availability of our frontline officers.

The new reporting service is now in effect at the #3 District headquarters in the Town of Georgina and expanding hours at the current reporting centre in Richmond Hill.

"This change will give drivers more options on where and how to report minor collisions," said Chief Eric Jolliffe. "Expanding the hours in the south end and making reporting services available in the north end will make the process faster and more convenient for motorists right across York Region."

The move will result in the clearing of minor collisions more quickly, reducing the time drivers spend reporting the collision to police by more than an hour and is also intended to increase the availability of frontline officers to respond to calls for service – time they may have been spending at the roadside for minor, non-injury collisions.

The Community Resource Centre (CRC), located at 10720 Yonge Street, will expand its hours to seven days a week, including holidays, between 8 a.m. and 8 p.m. Minor collisions that take place in Aurora, King, Markham, Newmarket, Richmond Hill, Vaughan or Whitchurch-Stouffville can be re-

The #3 District Headquarters, located at 3527 Baseline Road in Sutton, will accept collision reporting from drivers involved in minor collisions in the Town of East Gwillimbury and the Town of Georgina between the hours of 7 a.m. and 7 p.m., seven days a week, including holidays.

If you are directed by police, or if combined damage is believed to be more than \$2,000, you must report the collision in person at a collision reporting centre. Before attending, you should call 1-866-876-5423 to be assigned a report number, which will simplify the reporting process.

Collisions requiring a police officer to respond are those that involve: danger to motorists at the scene; personal injury; criminal activity, such as impaired driving or stolen vehicles; government vehicles; a vehicle transporting dangerous goods; damage to third-party property, such as a parked car; damage to private, municipal or highway property; a pedestrian or cyclist, or an uncooperative driver.

"This service improvement will be more convenient for drivers and will allow our organization to find efficiencies on the frontline, which will also improve overall service," said Chief Jolliffe. "We see it as a win-win for our community."

## Procyon collecting clothing

For the month of September, Procyon Wildlife will be collecting any and all textiles – everything from good clothing to ragged and stained clothing (as long as it's clean), towels, sheets, comforters, rags, fabric odds and ends, curtains, stuffed animals, footwear, luggage, handbags (no matter what condition) and sports equipment.

Any items in good condition will go towards charities, and items no longer viable will be shredded and recycled into stuffing for things like cushions and pet

The more stuff collected, the more money Procyon Wildlife will receive, so they are hoping to collect LOTS of stuff.

Collection has begun and will run throughout the month of September. Please place clean, dry and odourless items in a plastic bag and bring to Procyon Wildlife, 6441 7th line, Beeton, through Sept. 30.

Procyon Wildlife is dedicated to working with our communities in an effort to help wild animals in need of care. Their goals are to rescue, rehabilitate and safely release these animals, and to promote public appreciation for wildlife preservation.











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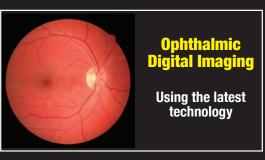
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## Schomberg singers in Hoedown Showdown's top 10

By Anna Cianni

There's no better way to end summer than with a community-wide festival full of ribs, sweet treats, and of course, country music. The Magna Hoedown Showdown semi-finals took place on

Ribfest.

As part of the free entertainment in Machell Park, 20 semi-finalists of the Ontario-wide contest each got a chance to perform on stage in front of judges and an audience who braved the rain.

Aug. 25 at this year's annual Aurora They competed for a finalist spot in the incredibly well performing all over at this year's Magna Hoedown on Sept.

> By mid-afternoon, judges Steve Hinder, Tom Cross, and Joan Kelley Walker – along with the help of MC Beverley Mahood – narrowed down the selection to ten finalists. Their names are Katie Sacco, Dustin Bird, Schomberg's Vicki Biersteker, Patrick James Clark, Dayna Reid, Amir Brandon, Mary Paige St. Onge, Derek Reilly, Schomberg's Zoe Jayne, and Molly McNulty.

> "(Judging) that was exceptionally difficult," said Walker. "It's my third year judging and every year the bar raises." She said this year they were really looking for people who were comfortable on stage and who belonged there. "We want someone who sounds unique and sounds like themselves," said Walker. "I want to close my eyes and hear these songs on the radio!"

> These finalists will compete again at this year's Magna Hoedown on Sept. 14, where the winner of the Hoedown Showdown will be determined. The winner will receive a \$2,500 cash prize, Yamaha guitar and amp package, \$2,500 styling and gift card package from Upper Canada, two full days of recording at Metalworks Studios, "The Ultimate Artist Package" with professional management, coaching, styling, and songwriting by industry professionals, as well as the opportunity to perform again on the second night of the hoe-

> Walker has seen how winning the Hoedown Showdown has changed the lives of the last two winners. Mac Shepherd won in 2016 and John Anderson won in 2017. "(They both) have done

top 10, and the opportunity to perform the place," said Walker. "It's a real leg up, especially now that the Hoedown Showdown has its own momentum. It's really leaving its mark in the Canadian country music scene."

> Anderson, winner of last year's Hoedown Showdown, also performed at the Aurora Ribfest after the semi-finals took place. Since winning the competition, his career has taken off and he is getting ready to release his first album.

> He said he's gotten lots of mentorship, opportunities, and advice from the judges. "Everyone wanted to help me out in some way," said Anderson.

Finalist Patrick James Clark from Mulmur is looking to be the 2018 winner. He made it to the finals last year,

"This year I came with a little more grit. I truly believe winning would help take me to the next step of my career." He said he's played at over 100 shows since last year, but "the opportunities the Hoedown presents are astronomical and something that any indie artist would have a very tough time securing on their own."

Derek Reilly, another one of the finalists, he said he's very excited for the Hoedown. "I'm just speechless!" Reilly's first time performing was around a campfire with friends and family.

Hinder called Reilly's performance at the semi-finals "a great stage debut."

After the show, Reilly said, "I've never been so engaged with a crowd before. It just felt amazing!" His family came out to support him and his mom, Kerri, said, "We are beyond excited for him! I just can't wait to see what happens at the Hoedown. It'll be the best experi-

### Jitter Bug Ball gearing up

By Brock Weir

Hope House is gearing up once again for their Jitterbug Ball, Hope House's largest fundraiser, which is held every two years.

Set to take place Friday, Oct. 12, at Hazelton Manor in Vaughan, the Jitterbug Ball got a welcome financial shot in the arm by RBC, presented by Aurora bank manager Paola Luchenski.

"The Jitterbug Ball supports our events over two years and all of our programs are available at no cost to our clients," said Ms. Bonner. "The Ball is very important for raising funds to cover the cost of programs. Hope House has been in operation for 35 years and we now serve the communities of King Township, Aurora and Richmond Hill, so this event is really important in terms of raising funds to support us – and it is a fun event too!"

Bringing the fun to the dance floor this year is Side 3, a six-member band dedicated to using its collective talent for event fundraising and philanthropy. The entertainment will be emceed by John Derringer and features a live auction with a host of exciting items up for bids ranging from a box at a Blue Jays game, to trip packages to Brazil, Uruguay, Turks & Caicos and more.

Teresa Van Schaik, this year's Jitterbug Ball co-chair, says this event is "not your typical Ball" where people go in, donate their money to the worthy cause of the evening, before leaving at 9 p.m. "It is a fantastic dance, and it is a community thing," said Van Schaik. "It will be quite

fabulous and we also have a few surprises set for the evening." Ms. Van Schaik knows the importance of hospice care all too well. A member of the

Hope House board, she and her family have personally taken care of parents and other loved ones in the last stages of their lives.

"Hospice is really important not only for the person being cared for, but the person who is taking care of them," she says. "It is time consuming and when you have an organization that can come in and just give you a bit of relief and comfort, it makes a huge difference."

The Jitterbug Ball in support of Hope House Community Hospice, takes place Friday, Oct. 12, at Hazelton Manor (99 Peelar Road). Doors open at 6 p.m. Tickets are \$200 each, or \$2,000 for a table of 10. For more information, including tickets and sponsorship opportunities, call 905-727-6815, ext. 22 or visit www.hopehousehospice.com/jitterbug-ball-2018-



Find yourself in the country, lose yourself in the art.

Celebrate the last Sunday of summer at Schomberg's beloved Outdoor Street

Once the pride of towns everywhere, vintage Ontario village centres are dwindling, as are the opportunities to enjoy them outdoors as summer 2018 ebbs to a close. However, on Sunday, Sept. 16, Schomberg's Main Street will radiate with even more charm than usual, as more than 40 local artists own the street for Art Society King's Schomberg Street Gallery.

"Main Street is one the few remaining classic village centres in Ontario, and is a true jewel in King Township's crown," declares King Mayor Steve Pellegrini.

And on Sept. 16, daytrippers will be able to take those jewels home, in the form of paintings, sculptures, photographs and more. Hundreds of treasures will be on display, each joined by its creator, whose work had to win over a jury for the right to be part of the show.

Along closed-off Main Street, a museum's worth of artistic disciplines can be enjoyed in minutes or savoured for hours - oil, acrylic, woodturning, pottery, watercolour, mixed media, photography and jewellery. The subject matter and forms are even more varied – gentle landscapes share the stage with vibrant abstracts; a stroll past whimsical street scenes leads to a corner filed with stark, cinematic black and white photographs. Each piece is immediately ready to find a place in your home, and your heart. Best of all, every booth presents a new opportunity for old-fashioned, small town conversation with the artist, residents and anyone else.

Admission is free, prices are reasonable, and cradling the Main Street gallery are the village's equally captivating discoveries such as cozy restaurants, coffee shops with gourmet home-baked goods and curated shops with country fare, all housed in meticulously maintained, 1800s-era buildings.

The drive up or over winds through graceful farmland and raw Ontario beauty. With fall's paintbrush beginning to dot the tip-tops of trees, your Schomberg September Sunday promises to ease your mind and senses — only to delight them anew when you land on Main Street.

The 10th annual Schomberg Street Gallery runs Sept. 16 from 10 a.m. to 5 p.,m. and includes 42 acclaimed artists and creators.

For more, visit schombergstreetgallery.ca





## See what 'The Buzz' is all about this Saturday

about at an upcoming event at Cold Creek Conservation Area.

King staff have organized The Buzz for Saturday, Sept. 8, from 11 a.m. to 3

King was recently designated as a Bee City Certified Community, and the event is in keeping with King's commitment to helping, promoting and protecting pollinator habitat and pollinators themselves within the Township

They are hoping to raise awareness for pollinators and their connection with natural areas through vendors, workshops, eco activities, food and cider. The Buzz is a fun filled day for the whole family that will leave you buzz-

Drop by The Buzz vendor market and find your favorite treat. The vendor market at The Buzz features various vendors with a focus on the importance of pollinators. The vendor market will offer everything from beeswax food wraps, preserves, beeswax candles, soaps, cider sampling, and of course local honey!

Grab lunch or a snack from one of our delicious food vendors, which among others includes King's very own local café The Roost.

Nothing stirs more of a buzz then live entertainment. Cynthia Tauro and her jazz trio will provide some high-caliber entertainment during the event. Cynthia is a Toronto-born vocalist, pianist and composer who performs in a wide range of solo and collaborative

King residents will have the opportunity to learn what all "The Buzz" is she has performed alongside many inspiring jazz icons. Fly on by to catch Cynthia and her trio from 11:30 a.m. to

> Presentations and workshops at the festival will take place between the Education Centre and Visitors Centre at Cold Creek.

> Presentations include the Lake Simcoe South Master Gardeners with a masonry bee workshop and insect hotel building session from 11:30 a.m. to 12:15

> Oliver Couto from the Bee Shop will be discussing api-therapy-healing with bee products and screening the movie "The Sacred Bee" from 12:15 to 1 p.m.

> Local beekeeper André Flys of Pioneer Brand Honey is hosting a live demonstration and presentation "What's Happening to our Bees?" from

> To end the day, join Laurence Packer from York University, will offer a "Native Bee Presentation" from 2 to 2:30

> Eco activities at The Buzz are crafted to focus on enhancing the natural landscape and pollinator habitats through restoring, enhancing, creating and monitoring natural areas. The activities include Throw & Grow- Seed Ball Launch & Making, Bee hotel making, bird feeder building followed by a guided bird walk and talk in the morning. These will be topped off by an eco butterfly craft followed by guided Monarch monitoring hike in the afternoon.

Contact events@king.ca or check out king.ca for more information.





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## Help preserve migratory birds

Under the Migratory Birds Regulations, it is prohibited to hunt a migratory bird as well as attempt to kill, capture, injure, or harass a migratory bird in any manner. The Regulations also prohibit destruction, removal, or disturbance of migratory bird eggs, nests, and nest shelters without a permit. Permits are available only under specific circumstances.

Environment and Climate Change Canada has created a free subscription service to help Canadians stay current with what the Government of Canada is doing to protect our natural environment.

Call Crime Stoppers at 1-800-222-8477 (TIPS) to anonymously report on wildlife crimes. You may be eligible for a reward of up to \$2,000 from Crime Stoppers.

Over the last 40 years, Canada has lost 98 per cent of its bank swallow

On Nov. 2, 2017, the Bank Swallow was listed in the Species at Risk Act as a threatened species in Canada, likely to become endangered if actions

are not taken to reverse the factors leading to its extinction.

Bank swallows nest in burrows dug into exposed soil banks near ponds, rivers, sand pits, quarries, and some construction sites with these features. To reduce the risk of damaging or destroying a bank swallow nest, it is recommended that persons conducting work near potential nesting areas avoid scheduling excavation or construction activities during the spring and summer nesting season.

The Environmental Damages Fund helps turn environmental harm into environmental good. In the spirit of the "polluter pays" principle, those who cause environmental damage or harm to wildlife are required to take responsibility for their actions. The Fund provides an effective mechanism to respond to environmental damage by directing funds received from fines, court orders, and voluntary payments, from environmental violations, to carry out projects that benefit our natural environment.



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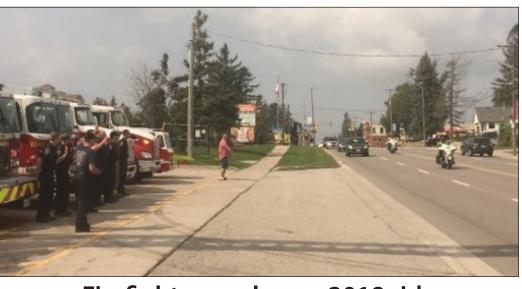


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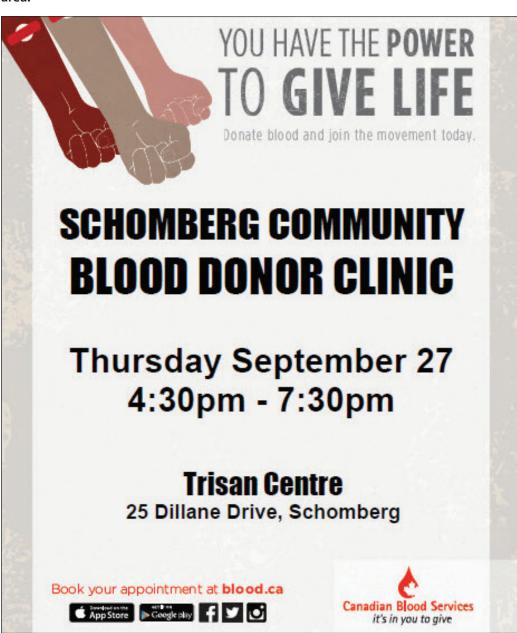






#### Firefighters welcome 2018 ride

The 2018 Canada's 911 Ride travelled through King recently. The annual motorcycle ride raises funds and awareness for fallen emergency personnel and helping victims of crime. King firefighters showed their support as ride participants rolled through the area.





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Space provided through a partnership between industry and Ontario municipalities to support waste diversion programs.





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#### Ontario conducting consultations on retail model for recreational cannabis

As part of Ontario's commitment tions across the province." to consult with municipalities, law enforcement, businesses, Indigenous communities, educators, public health officials and other stakeholders on a private retail model for recreational cannabis, York-Simcoe MPP Mulroney held a round table to gather feedback from community members on what a potential private retail framework might look like.

Discussions on the matter focused

• How to protect youth and children in our communities.

- How to protect against intervention by organized crime and the diversion of product.
- Gathering input on the \$40 million in funding the province is providing to help municipalities handle the impacts of legalization.
- · The role of municipalities and First Nations communities.

 The types of eligible businesses and the rules by which they would operate.

"Our government's top priority when it comes to developing a private retail model for recreational cannabis is ensuring that our children are protected and our roads and communities are kept safe," said Mulroney. "It's why we're taking our time to get this right, and engaging in widespread consulta-

On Oct. 17, anyone 19 or older in Ontario will be able to purchase recreational cannabis legally through the Ontario Cannabis Store (OCS) website, with a private retail model to be launched by April 1, 2019. As part of the rules protecting kids, products cannot be visible or sold to youth, and must be sold from behind the counter. Promotions must be limited to factual information and cannot be appealing to youth. Sponsorships and endorsements are not allowed.

Further rules establish financial penalties for individuals or businesses that allow their premises to be used for the sale or distribution of illegal cannabis, increased penalties for anyone caught driving impaired, and a prohibition on using recreational cannabis outside of private residences.

"Our government wants to work with our partners to build a safe, reliable private retail system that puts the safety of our kids and roads first. Today's conversation is an important part of that work, and I look forward to bringing the participants' thoughts to the attention of the Attorney General and the Minister of Finance," concluded Mulroney.

For further details, please visit www. ontario.ca/cannabis.

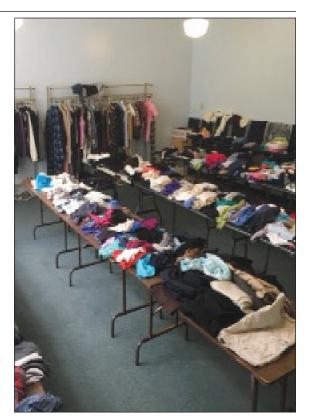
#### **Food Bank hosts Pop** Up clothing give-away

This picture shows some of the clothing that was available at the Pop up Clothing Giveaway held in August and organized by the King Township Food Bank.

The event was well attended and many now have wonderful additions to their wardrobes. There was clothing for all ages, from infants to seniors and a large selection available for men, women, boys and girls.

Thanks to donations from the community, the Food Bank volunteers are able to offer this additional service on a seasonal basis to the community of those needing help to make ends meet.

Visit www.ktfb.ca to learn more about King Township Food Bank.





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rcedes-Benz Canada Inc. Lease and finance offers based on the 2018 CLA 250 4MATIC/2018 C 300 4MATIC/Sedan are available only through Mercedes-Benz Financial Services on approved credit for a limited time. \*Total price of \$40,514/\$47,314 for advertised vehicle includes MSRP plus all applicable dealer fees. \*\*Lease example based on \$529/\$599 per month for 39 months. Down payming the company of t equivalent trade of \$0 plus security deposit of \$600/\$700 and applicable taxes due at lease inception. MSRP starting at \$37,900/\$44,700. Freight/PDI of \$2,075, dealer admin fee of \$399, air-conditioning levy of \$100, EHF tires, filters, batteries of up to \$29.70, PPSA of \$51.15 and OMVIC fee of \$10 are due at signing. Lease APR of 1.9%/2.9% applies for a term of 39 months. 'Cash credit of \$5,300/\$6,650 only





# York Region Arts Council celebrates success of Artist In Residence program

The York Region Arts Council (YRAC) introduced the new Artist In Residence (AIR) program earlier this summer, which provided funding and resources for two York Region-based professional artists to grow their practice and share their creativity with the community by connecting them with local organizations and spaces to collaborate. YRAC has selected the first two artists to participate in this program.

"We were so excited to introduce this new program that gives local artists the opportunity to develop a new body of work inspired by their host space, and even more thrilled to see the outcomes from each of the residencies," said Samantha Wainberg, executive director of the York Region Arts Council.

Jeff Nye and Angela Anne Casullo are both local artists that have been selected to be the first participants in the YRAC Artist In Residence program.

Angela Anne Casullo is a Yorkbased artist working within painting, encaustic, drawing, mixed media, photography and visual poetry. Angela is an OCT certified educator, and at her residency at the Kortright Centre for Conservation, has taught painting workshops for camps and created paintings inspired by the spaces and nature of Kortright. Her work is influenced by the environment around her, her emotions and thought streams, as well as the concept of place, home and the in-between. Angela works with natural elements such as water, dirt and wax extracted from the environment in which she is creating. At Kortright, Angela created encaustic (bees wax) works using locally sourced bees wax from the apiaries on-site.

Angela will be doing a demonstration and some of her work will be shown at the upcoming Honey Harvest Festival on Sept. 15 and 16.

Jeff Nye is an artist, writer, teacher and curator based in Newmarket, Ontario. His paintings and multi-media installations have been shown in galleries across the country. Jeff created work for his residency at NewMakeIt. Jeff has used the AIR opportunity to expand his perspective on art and its intersection with technology. He has worked heavily with the makers at NewMakeIt to develop a motion-sensored rotating canvas. Through the residency, Jeff has provided coaching sessions for numerous artists, and held studio tours and Facebook live streams of his process.

Jeff will be showcasing the Robotic Easel and the 20 paintings that he has created with it at the 10th Annual Newmarket Group of Artists Art Walk and Studio Tour. The dates for that event are Oct. 13 and 14.

For more information about the artists and where to see their work, please visit www.yorkregion-artscouncil.com/artist-in-residence.





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## #hospicemoments



# Question: What brings you joy working at Hospice?

#### Answer:

I feel joy when I'm able to make a difference in a resident's life through compassionate care. We have such a great team to support each other and to fulfill our resident's needs. Helping them and their family to ease their journey through some of life's most difficult moments makes this my best work place experience. Sometimes it can be emotionally draining but at the end of the day, I am happy that I touched someone's life positively.



**Registered Practical Nurse** 

## Question:

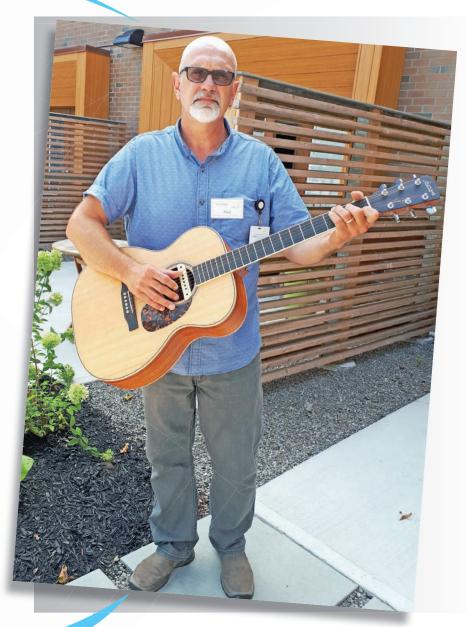
# What is Spiritual Care in Hospice?

#### Answer:

I believe the greatest joy, and challenge of HOSPICE SPIRITUALCARE is EMPOWERMENT.

To offer residents, families, volunteers and staff the opportunities to share questions, stories and feelings is a very important way of sharing our journeys. This happens daily, whether they be one to one, in small groups, through conversation, listening and, not surprisingly, with the sharing of music songs and stories. More often than not, it is the "soundtrack" of people's lives that is inseparable from the rest of their story and lends particular meaning to "their life". Hospice Spiritual care is, for me, a journey of compassion offered; relationship nurtured and life celebrated. Everyone's experience that has brought me to this time and place, I earnestly distill into an approach of SPIRTUAL CARE that is non-evasive, creative and respectful.





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# Schomberg Should Know

By Wendy-Sue Bishop 905-590-0054 wsue52@hotmail.com

All age event, kid friendly, with tons of interactive activities:

The Township of King recently became designated as a Bee City Certified Community making us the 9th Bee City in Canada. With our commitment to helping, promoting and protecting pollinator habitat and pollinators themselves within the Township of King, we are hosting a community pollinator event this September called The Buzz. We are hoping to raise awareness for pollinators and their connection with natural areas through vendors, workshops, eco activities, food and cider. The Buzz is a fun filled day for the whole family that will leave you buzzing.

The Buzz will be held on Saturday, Sept. 8, from 11 a.m. to 3 p.m. at Cold Creek Conservation Area, situated at 14125 11th Concession, Nobleton.

Drop by The Buzz vendor market and find your favorite treat. The vendor market at The Buzz features various vendors with a focus on the importance of pollinators. The vendor market will offer everything from beeswax food wraps, preserves, beeswax candles, soaps, cider sampling, and of course local honey!

Grab lunch or a snack from one of our delicious food vendors, which among others includes King's very own café The Roost.

Nothing stirs more of a buzz then live entertainment, we're proud to present Cynthia Tauro and her jazz trio as entertainment during the event. Cynthia is a Toronto-born vocalist, pianist and composer who performs in a wide range of solo and collaborative projects. Born into a musical family, she has performed alongside many inspiring jazz icons. Catch Cynthia and her trio from 11:30 a.m. to 2:30 p.m.

Presentations and workshops at the festival will take place between the Education Centre and Visitors Centre at Cold Creek.

> **Schomberg United** By Lynda Rogers

Schomberg United, led by Rev. Carol-Ann Chapman, meets at St. Mary Magdalene, 116 Church St. from September to June. Services are held at 9:30 a.m.

On the first Sunday of the month we meet at Kitchen-Breedon Manor. and all other Sundays at St. Mary's. Information can be found at nobletonunitedchurch.com, click on the Schomberg United link. You can contact the Church for more information on services and programming at 905-

Tuesday, Sept. 18 at noon, Schomberg United Church will be hosting a Seniors' Luncheon at St. Mary Magdalene Anglican Church, located on Church Street. On the menu is homemade meatloaf, mashed potatoes, a bean medley, rolls and butter, followed by carrot cake and ice cream, tea and coffee. Food to warm your heart. Bill Foran, our colourful speaker, will regale guests with "Schomberg History Part 2." There is no charge for the meal, but donations are gratefully accepted to offset the cost of the food.

We hope you will join us this fall when we resume regular services each Sunday at 9:30.

#### Christ Church, St. Mary Magdalene

This coming Sunday, Sept. 9 church services in the Anglican Parish of Lloydtown return to their regular times after the July-August holidays with a 9:30 a.m.

Holy Communion being celebrated in Christ Church, Kettleby on Kettleby Rd. mid-way between Keele and Jane Sts. A tea/coffee hour follows the service in the adjacent church hall for those wishing to stay. And there will be an 11:15 a.m. Holy Communion in St. Mary Magdalene's at 116 Church St in Schomberg. All are cordially welcome to attend either of these services.

Sunday School at Christ Church at 9:30 starts this week.

Please keep in mind the annual Schomberg Run on Saturday, Sept. 29, to raise much needed funds to pipe fresh clean water into more of the homes in the northern Ontario First Nations community of Pikangikum. Sponsor a runner/walker or come and be one, all for a good cause.



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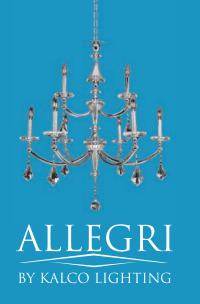








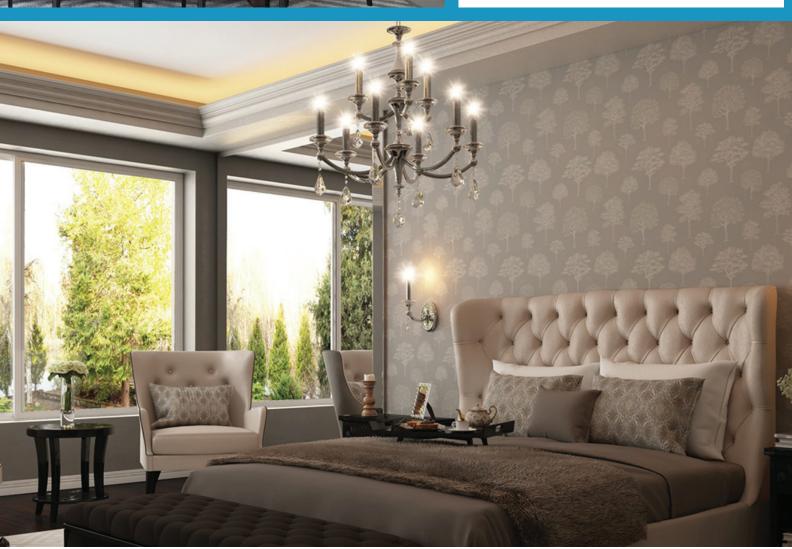
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# King Weekly Sentinel SECTION B

- SportsNews
- Community Events
- Classifieds At Your Service •



## Nobleton facility a 'testament to Lions' commitment'

By Jake Courtepatte

The ongoing renovation of the Nobleton Sports Park officially unveiled the latest completed project on Friday, with the Nobleton Lions Club handing a whopping \$25,000 cheque to the Township of King for the brand new playground in the facility.

"Part of the project was to upgrade the playground to something of a higher standard in the community," said Councilor David Boyd. "So we have added all these great elements, something for the kids to really have fun with and get creative with."

The generosity of the Lions Club does not go unnoticed within the facility: a large, climbable lions head stands as the centerpiece to the playground.

"We're really proud of that," said Boyd. "It's unique, and it signifies the really outstanding contribution that these guys have made to the park."

The Lions also donated \$25,000 to the construction of the new pavilion adjacent to the park, a concrete and wood structure complete with places to sit and a shady roof.

"The Lions have wanted to help build a pavilion for years," said Boyd. "They approached us with their plan, and their contribution, and we were more than happy to partner with them on that."

The first phase of the construction project began in 2016, with the revamping of the pool house and the renovation of the pool itself, followed by the resurfacing of the tennis courts thanks in part to the Nobleton Tennis



The Nobleton Lions Club joined King Mayor Steve Pellegrini and councillors David Boyd and Linda Pabst to officially unveil the Nobleton Lions Community Park on Friday.

Club. Construction on the playground and pavilion began just after the Victoria Day weekend, with the playground opened for play on Aug. 8.

"It's been good to have it open for a good part of the summer," said Boyd.

"The kids have been all over it, the camp kids love it."

The ongoing construction project will also include a renovation of the lower baseball diamond, where wear and tear has made the surface uneven.

Photo by Jake Courtepatte

"The continuation of the project will see the lower field regraded and fixed up," said Boyd. "That part will be completed this fall, with the baseball open for spring of 2019 again, so it doesn't interfere with play."



#### Top wakeboarders hit Spray Lake

By Jake Courtepatte

The best of the best hit the waters of Spray Lake in King recently for the Canadian National Wake Championships, in what has become an annual stop on tour at one of Ontario's top wake destinations.

Hosted in conjunction with the Straightline Wake Park Nationals at the lake's Ranch Park, Wake Canada had over 100 athletes converge on Spray Lake for the Wakeboard Boat Nationals presented by Nautique and Pride Marine.

The siblings of Wyatt, Avery, and Cam Spalding of Peterborough were the big winners of the weekend-long tournament, winning the junior boys, girls, and boys boat championship titles respectively.

Cameron said he had "an amazing time" at the championships.

"I was stoked to win my age category, the wake skate, and I made it to the finals in pro men behind the boat," said Spalding, who also took home the amateur wake skate title with a score of 90.00 even.

Avery Spalding was also successful at taking home the women's title with a score of 73.33, while Billy Allen, a Barrie native and seventh-place finisher at last year's nationals, captured the men's division.

Sunday's straightline competition at The Ranch featured Mississauga's Dary Znebel as the big winner, coming off a first-place finish just one week prior at the Cable Nationals event in Quebec.





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## Lamaze leads our team

By Jake Courtepatte

Schomberg's Eric Lamaze will headline the Canadian squad when he makes his seventh consecutive national appearance at the World Equestrian Games this month.

One of the biggest events on the equestrian calendar, the prestigious tournament held every four years will feature a 50-year-old Lamaze who shows no signs of slowing down.

The third-ranked rider in the world, and the all-time leader in prize money who trains out of Torrey Pines Stables, will be relishing every opportunity to act as a "leader" to a young Canadian squad: including one of his own pupils, Kara Chad, who is making her international debut.

"I'm very proud that Kara made the team," said Lamaze. "She paid her dues and was a very gracious alternate for us at the Rio Olympics. Now, she has the opportunity to be a part of the team."

The highly-decorated Lamaze earned a bronze in individual jumping at the Rio Games, his second podium finish in the discipline after a gold medal performance in Beijing in 2008.

Lamaze's first and only medal at the World Equestrian Games came in 2010 in Lexington, Kentucky, where an individual jump score of 9 fts. was enough North Carolina, from Sept. 11 to 23. to take home the bronze medal.

Yet this year's event sees Lamaze make a marked turn from the other half of his success in recent years, switching his saddle from the triedand-tested Fine Lady, to that of the 12-year-old Chacco Kid.

"We are taking a young horse and giving him a chance," said Lamaze, who acquired the Oldenburg gelding in 2016. "He's a horse that I am very excited about and hope we will see great things from in the future."

The move meant a break in competition from the combination of Lamaze and Fine Lady, who jumped to the bronze medal in Rio.

"Fine Lady had her championships at the Olympics in Rio. I think the world championships would be too much for her at this stage in her career," said Lamaze.

"She is 15 years old this year, and we carefully select our events in order to keep her fit and healthy. It was a tough choice, but the best interest of the horse is our number-one priority."

Lamaze and the rest of the Canadian team will compete against more than 70 countries in front of 500,000 spectators, vying not just for glory, but in some cases, for Olympic and Paralympic qualification.

The 39 Canadians athletes will compete in seven disciplines in Mill Spring,



#### **Brittney DeSantis Fundraiser**

This is a fundraising event on behalf of Brittney DeSantis, who has gone through a life changing circumstance that has left her paralyzed from the waist down. This event will help fund her ongoing need for physical therapy and accommodate her so that Brittney's home is more accessible. All proceeds will go directly to Brittney so that she can improve her standard of living.











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#### Nobleton Notes

By Angie Maccarone 416-917-0406

#### St. Paul's Church

The Community Youth Group meets every Thursday at the church from 7-9 p.m. Come join in the fun. Follow our Instagram account to stay up to date on current events, 4.12.youth.group. Check this space for details, or contact our church office at 905-859-0843.

LifeConnect Groups are gatherings for friendship, study and prayer. We have a LifeConnect Group for men that will meet every Thursday morning at 9:30 a.m. beginning Sept. 13. They will be doing a study on the Apostles. A2J. our program for kids in Grades 3 to 6, will be starting up again in the fall. Keep watching here for further infor-

This Sunday Jeff continues his series on the Gospel of John. Jeff's message this week, "A High-Carb Diet" will focus on John 6.28-40.

Child care (for children 3 years of age and younger) is provided during the gathering. Our KidzKonnection and NextStep programs (for children ages 4 to 11) take place at the same time. Following the service all are invited to spend time together over refreshments.

We are blessed at St. Paul's to have diligent librarians that have worked for years on creating an amazing library with new books being added weekly. You're welcome to borrow from it anytime!

Jeff's messages are posted at www. passionatelyhis.com each week. They are also on Facebook Live and are available on the church's Facebook page (@ stpaulsnobleton) and YouTube page (search St. Paul's Church, Nobleton) for viewing.

For more information about ANY of our activities or events, please contact the church office or visit our new and improved website at www.stpaulsnobleton.ca.

#### St. Mary's Church

St Mary's Church is looking for people to sign up for various ministries, eg senior choir, altar set up, lectures, etc. Signup sheet at the back of the church or call the parish office if interested.

Gruppo Di Padre Pio. Mark your calendars, Sunday, Sept. 23, there will be a lunch in honour of Padre Pio. More details to follow.

#### **Nobleton United** By Lynda Rogers

Welcome back September, I trust life is getting back into the fall routine.

The United Church Canada introduces the new Moderator elected by the 43rd General Council. Reverend Dr. Richard Bott, has a background that covers time in congregations from the west to Ontario. He has been involved with various levels of the church community and has a history of work with the Native Community. His view of the church is: "I deeply love who we are as The United Church – a community of Christ – connected communities, doing our level best to try and figure out what it means to be Jesus's people in this day and age."

Join us for our busy upcoming fall season. Once a month child care at service and Messy Church along with special events the Beer Tasting and Harvest Dinner to bring us together. Sundays at 11:15 are a good time to gather your thoughts and start the week with a feeling of well being.

The fall lineup – The Church Ladies have Chicken. Meat and Turkey pies now for sale. Call Fran at 905-859-3819 or Linda at 905-859-0442.

Tuesday, Sept. 18, Messy Church (5-7) will be starting up again. Fun activities for young children ages 2 to early teens, with their parents. Each month the programs changes to tell a different bible story. Rotating activities and at 6 is Bible Story followed by dinner at 6:15. Contact Nancy 905-859-0761. This program is offered free of charge to all who come.

Friday, Sept. 21, Wine and Beer Tasting Evening with Alyson Douglas, who will introduce you to various wines and beers as you nibble on tasty snacks. The cost is \$30. Contact Sharon at 905-859-3976 or nobletonunitedchurch@ bellnet.ca to reserve your tickets.

Friday, Sept. 28, Harvest Dinner. This is a tasty home cooked chicken dinner with all of the fixings, don't miss the famous church pie, coffee and conversation. Contact Helen at 905-859-3924.

For more information visit nobletonunitedchurch.com, our Facebook page or call 905-859-3976. Nobleton United is west of Hwy 27 on the north side of King Rd.

More on page 22

## **Arthritis:**

New Approach Delivers Remarkable Results



to be aware of effective advancements that can eliminate years of pain, suffering, immobility and frustration.

You may have told your doctor you suffer with one or more of the following: sore, stiff knees, painful achy hips, low back pain, mid back pain, neck stiffness or pain, hand stiffness, shoulder pain or elbow pain.

You may find that your pain or stiffness affects your work, housekeeping, leisure activities, exercise, sports or other activities. You go to the drug store or to your doctor and get pills to help relieve your pain. But you find the pain keeps returning. Alternatively, the doctor may refer you to a specialist who may tell you that surgery is needed or is an option for you.

However, many people are hesitant to have surgery given its invasive nature. It is important to know that although surgery is sometimes necessary, it is considered a last resort in most cases.

Also, you may have heard that there are serious health risks associated with chronic use (or overuse) of pain pills or anti-inflammatory drugs that include damage to the liver, kidneys and gut.

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#### From Page 21

We have plenty of parking, an accessible ramp, chair lifts and accessible washrooms. Join us this fall, when we resume regular services each Sunday at 11:15 a.m. Rev. Carol-Ann Chapman is officiating.

#### **Guide registration**

Fall registration is here! We are planning another exciting year of Girl Guiding in Nobleton and all girls and women are welcome. Guiding is a dynamic organization for girls and women that teaches and promotes leadership and respect of self, others, community and the environment through games, crafts, songs, excursions and camping. Guiding is a uniformed organization where Sparks (ages 5 & 6) Brownies (ages 7 & 8) Guides (ages 9-11) Pathfinders (ages 12-14) meet weekly. All meetings take place locally in Nobleton on Tuesday nights from Sept. to June.

The energetic leadership teams look forward to an exciting year with your daughter! We are looking forward to seeing old friends and making new ones. We are actively recruiting adult women volunteers so please share this

opportunity if you know someone who might be interested. You do not need to have a daughter to be involved. For more information and to register visit online at girlguide.ca/jointoday

#### **Nobleton Men's Hockey**

Looking for men 20 years and older to play pickup hockey. Fridays at 11 p.m. at Nobleton Arena. Starts Sept. 7 and runs through March 29. Cost is \$250. Call Sal 416-706-1181 email: sal.sinopoli@sympatico.ca

#### **Nobleton Skating Club**

Fall & Winter Skating Sessions. Please visit our website for details. Registration is now open STARskate begins Sept. 10; CANSKate offered Mondays, Wednesdays and Saturdays. Please visit our website for schedule and pricing details nobletonskatingclub.com or call 905-859-4943.

#### Anglican Parish By John Arnott

"'Non Angli sed angeli" – not Angels but angels.

They are well named for they have

angelic faces and ought to be co-heirs with the angels in heaven. And finding out they came from Deira, a small kingdom in 6th century AD north eastern Anglo-Saxon England, he said "Di ira- out of wrath" (I will take them) and hearing their king was called Aella he exclaimed "Alleluia."

According to the writings of the Venerable (saint) Bede 8th century AD writer from the same area now part of Christian England these words were spoken by the monk Gregorius whom we know as St. Gregory the Great when he enquired about a group of children he saw for sale in a slave market in Rome. He had the children freed and put in his care.

Within a few weeks after learning that the former Roman province of Britannia (England) was divided up into small often warring pagan Anglo-Saxon and Jutish kingdoms, he had decided with his superiors' blessing to travel to Angland, to teach about Christianity. Soon he, with a small group of followers, began what would have been a long, hard and dangerous journey. On the 4th day of the trip north they had stopped for a meal when a locust (grasshopper like insect) jumped on the bible Gregorius had in his hand while saying grace.

Gregorius, who was born into a wealthy and powerful Roman senatorial family who owned a big estate covering much of the Caelian, one of Rome's 7 hills, with more huge estates in Sicily, had at 30 become a city prefect (magistrate) with wide powers. This was given up when he turned his Caelian villa into a monastery and became a ordinary monk even though his great-great grandfather was Pope Felix III. Priests and even popes could be married up until the 11th century AD.

Now the well educated Gregorius was called away from the austere but quiet life in the monastery and his missionary plans by Pope Benedict I, who then appointed one of the 7 deacons of the church, and had him soon ordained a priest. Benedict's successor, Pelagius II, made him ambassador to Constantinople, capital of eastern Roman Empire, known as the Byzantine Empire to get help to turn back the Lombards.

As well, Gregorius was a prolific writer and author with some 600 of his manuscripts and teaching letters still in existence. Through the efforts of Gregorius and Augustine Christianity was re-introduced into England. September 3 marks the day Gregorius was crowned pope and is his feast day.

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### Art sale aids volunteer mission to Rwanda For sale is "Greenland Memories," an original acrylic on canyas painting by Austrian-Canadian artist Friestine Tabedl.

canvas painting by Austrian-Canadian artist Ernestine Tahedl. The internationally renowned artist painted this as part of a small series in 2008, after a trip to Greenland. Measures 56 x 51 cm. Valued at \$2,300. One of a kind by a sought-after artist. Proceeds from the sale help support University of Western student Alexandria Hesketh-Pavilons, who will be doing volunteer mission work in Kigali, Rwanda through the university's interdisciplinary experiential learning course offered at Western. She will engage in 5 weeks of active and interactive community service. She will be an "ambassador" of not only Western University, but of Canada. Contact me at mpavilons@rogers.com if interested in the painting.

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#### 708 OBITUARIES

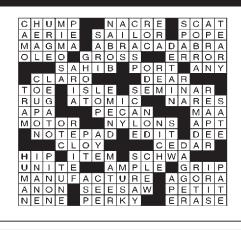


#### John Edward **Morris Clark**

It is with great sadness that the family of John Edward Morris Clark announces his passing on Friday, August 17th, 2018 at the age of

79. John will be dearly missed by Nina, his wife of 51 years, and his beloved daughters, Laura and Natalie. He was predeceased by his father and mother, Edward and Margaret Clark, as well as his dear brother David (Carol Moore-Ede). John was an uncle to Jill Clark (Ulli Schladt), Julia Clark (Tim Joyce), Michael Clark, Tamara and Marina Adam, Sarah Ewashen, and great-uncle to Meghan Johnny. John was a superb craftsman and world renowned maker of flintlock rifles, and hunted with and enjoyed the long-lasting friendship of other "muzzleloaders". He also manufactured wooden propellers for model airplanes, vintage aircraft and hot air balloons, and also produced quarter-scale kits for the WWII Spitfire and Hurricane, for customers all over the world, operating his workshop and business in the Tottenham, Ontario, area. Model trains, another of his lifelong passions, also became one of his business endeavours later in his career. He loved music - jazz, bluegrass, Roy Orbison, and more, and often worked to the sound of classical music. Also close to his heart were the World War II fighter pilots and his association and promotion of the Canadian Fighter Pilots Association earned him the Oueen Elizabeth II Diamond Jubilee Medal in 2012. He was also editor of the Association's newsletter for some years. A memorial service and reception will be held at the Taylor Funeral Home, 524 Davis Drive, Newmarket on Saturday, September 8th, 2018, at 12 p.m, with the reception to follow at 1 p.m. We are so grateful to the doctors and very knowledgeable and compassionate nurses at Southlake Hospital CICU and Palliative Care. If desired, donations in John's honour may be made to the Southlake Regional Health Centre Foundation, Newmarket.

#### CROSSWORD SOLUTION



#### **708 OBITUARIES**



Heslop, Linda Laura (née Piercey)

Passed away peacefully on Monday, August 27, 2018 at Matthews House Hospice in Alliston surrounded by loving family and friend. She leaves behind her loving husband Murray and cherished daughters Carly, Rachel, Laura, Emily (Scott), Rebecca. Loving Grammie of Kaelyn and Alyson. Youngest of four children of Carman and Olive Piercey. Lovingly supported by her family and friends in life, giving her hope and kindness throughout her six year battle with multiple myeloma. Fondly remembered for her fun loving nature, welcoming smile and generosity. A special thanks to the doctors and nurses at Southlake Hospital and Matthews House for their kind care this past week. As per Linda's wishes cremation has taken place and a private interment will follow at Providence Cemetery. A . Celebration of Linda's life will occur at Caledon East Community Complex, 6215 Old Church Road, Caledon East on Saturday, September 29 from 4 to 7 o'clock. Contributions, if desired, may be made in Linda's memory to Stronach Regional Cancer Centre, Matthews House Hospice or Caledon East United Church. Arrangements by Egan Funeral Home, Bolton (905-857-2213). Condolences for the family may be offered at www.EganFuneralHome.com

#### 710 CARDS OF THANKS

THE FAMILY of the late Marilyn Marchant (nee Walker)

of Schomberg wish to convey heartfelt appreciation to our many friends and neighbours for their kindness and sympathy extended at this time of loss, of a loving mother, grandmother, great grandmother and friend. It has meant more to us than anyone could ever imagine. We would also like to extend our appreciation and thanks to Reverend Sheila Ashworth for her sound pastoral support and her wonderful service, Organist Joy Gannicott for playing the organ so beautifully, as well as Rod Abrams and the staff of Rod Abrams Funeral Home for their assistance and compassion in coordinating the arrangements for our family service and interment.

Sincerely, The Marchant Family

#### **708 OBITUARIES**

#### Wallace: William Wilson At Southlake Re-

gional Health Centre, Newmarket, on Wednesday August 29th, 2018. Bill Wallace, in his 74th vear. beloved husband of Betty (Aitken). Loving father of Dawn Morris, and Andrew (Sheila). Sadly missed by his grandchildren Aaron (Janie), Kyle (Sarah), Scott (Mareena), Gillian, Caleb, Alice, Katrina, Grace, and 2 great-grandsons Aiden and Eliot. A Celebration of Bill's Life will be held on Sunday September 9th, 2018 from 1-4 pm at the Royal Canadian Legion, 25 Richmond Street, East, Tottenham. Legion service will take place at 1:30 pm, followed by a time of spoken remembrances by the Rev. Jon Dennis. Donations to the charity of your choice would be appreciated by the family. Arrangements entrusted to

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**708 OBITUARIES** 

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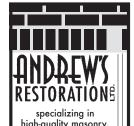
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#### King's Corners

**King City United** By Sheryl Sinka

If you are looking for some conversation this summer, Tea and Talk continues to meet on Fridays at 10 a.m. at the Sunset Grill (1700 King Road, King

If you have any questions please contact the office at 905-833-5181.

#### **King Bible Church**

Join us for our fall kick-off service and BBQ on Sunday, Sept. 9.

Encounter God."

"Every day is full of various encounters, encounters with our families, encounters with our neighbours, encounters with those we work with or go to school with. Each one of those encounters in varying degrees has had a part in shaping who we are and who we will become. This coming year we as a church are going to focus on another encounter, the encounter to meet with God. We are going to walk through 8 different places that God has said through his Word he will meet us and transform us. We would like to invite you to join us on this life changing journey."

Please take advantage of our excel-Pastor Mark will be beginning our lent children's ministry. Our Sunday

#### their class at the start of the service. If you have children aged 0-3 then we invite you to bring them to our beautiful and safe Nursery facilities which are located on the lower level.

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aged 4 to Grade 8. Our children's pro-

gram is staffed by screened volunteers

who care about your kids! The children

in Grade 1-8 will join their parents for

the beginning of the service until they

are invited to go downstairs. The chil-

dren in Kindergarten can go directly to

Caregivers will meet you there.

You can find us at King Bible Church, 1555 King Rd. King City (at King Rd.& Dufferin), 905-833-5104 www.kingbiblechurch.com or info@kingbiblechurch.com

#### St. Andrew's By Kathy Patterson

Welcome to St. Andrew's this September! Morning worship is at 10:30 a.m. Sunday School will resume this Sunday, Sept. 9. A nursery is also available. Join us after the service for refreshments in the lounge and a chance to get to know each other better.

Doug Harkness from Ethnos Canada Ministries will be sharing with us. Outreach ministry is a mandate from the Lord and such a blessing!

St. Andrew's plans for the fall include our Sunday School year, the Welcome Back BBQ next week, Sept. 16, follow-

journey on "The Guaranteed Places to morning "Celebration Zone" provides ing the morning service. Also, Messy Church will be starting up in September! Tell your neighbours and friends that it's coming – once a month, 5 to 6 p.m., a special family time doing crafts, singing, learning about God's love and sharing a communal meal at the end of the hour. Our first Messy Church is Sept. 23. Mark your calendars and plan on joining us!

How wonderful to be able to talk with God anytime and anyplace. God is there with us! Call Kathy Patterson if you would like to go on a prayer walk or meet for prayer over coffee, at 905-833-0391 Come mid-September, there will be more opportunities to get together for prayer. Hoping you'll be able to join us.

For pastoral care needs contact Lynn Vissers, Director of Congregational Ministries at the office, 905-833-2325 or contact our Interim Moderator, the Rev. Paul Johnston, 705-341-7738.

We are located at 13190 Keele St., 2 blocks north of the King Rd. www.standrews-kingcity.ca

#### **Terry Fox Run**

King Township Terry Fox Run is on Sunday, Sept. 16 at Wellesley Park, King City (northwest corner of Keele Street and King Road). Registration begins at 8:30 a.m. with an open start, any time between 9 a.m. and 1 p.m.

More on Page 25

#### King City Senior's Centre activities

**By Carol Kanitz** 

September is the start of the fall season at the Centre. A very full schedule is in place for your enjoyment.

Most regular activities will resume the week of Sept. 10. Zumba will start on Sept. 17. Check with your contact person for firm dates.

Friday, Sept. 21 at 4 p.m. we will hold our annual corn roast – good food and great entertainment.

On Friday, Sept. 28 from 2 to 4 p.m. join us for a fashion show sponsored by Tanjay/Alia of UCM. Time to spruce up the winter wardrobe with a few new pieces.

Movie night will be held on Wednesday, Oct. 3. More information to come. Art classes will be available on Fridays from 9:30 am starting Oct. 5. All skill levels are welcome to join artist Denise Flys at this time.

Updated information can be found at our website - www.kingcityseniors.ca







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### King's Corners

From Page 24

There is a 2km, 5km and 10km route that is bicycle, stroller and wheelchair accessible, dogs are also welcome but on leash only.

#### All Saints Anglican Church By Patrick Gossage

Return to 10:30am Sunday service Our Sunday sung Eucharist led by Rev. Dr. Elizabeth green returns to the main church this Sunday, Sept. 9. We welcome back all who have been on holiday for our inspiring worship and warm fellowship – particularly the new families who joined us last year. We now have the blessing of many children and young people who enrich our time together and enjoy our Sunday school. New comers s are always welcome. Come as you are.

Blessing of Backpacks – The Sept. 9 10:30 a.m. service will be particularly appealing to young people starting their school year since there will be a blessing of their backpacks during the young people's time. We invite them to bring their friends for this very special event. It will remind us that God is with us in everything we do and watches over our young people as they come and go from school with their backpacks and use them in their studies.

#### **Kingscrafts show**

Kingcrafts show returns in September - Saturday, Sept. 22 and Sunday, Sept. 23, 10 a.m. to 4 p.m.

The highly-acclaimed "Fine Art by Nine" show is on again. If you have a wall that needs some beautiful new art this is the sale to attend. Starting at as little as \$50, these oil and acrylic works are the latest by this gifted group. Book the date and bring an art-loving friend.

Works by Geri Adam, Shirley Binns, Svea Frantila, Maryam MKhani, Janice Kobold, Heather Miller, Evangeline Munns, Karola Steinbrecher and Dorothy Tomaszewski.

#### Horticulture By John Arnott

So I asked my friend, a fellow member of the Nobleton-King City Horticultural Society (garden club), about these "clover" weeds I'm constantly pulling out all over my garden. "It's not clover, it sounds like sourgrass," he said. Well I didn't believe him but didn't say so. I was sure it's a kind of clover. And the conversation went on to something else. A couple of days later while at my computer I, out of curiosity, checked out sourgrass and when it came up picture and all guess what, he was right, my look-alike clover wasn't clover at all but his sourgrass, or more correctly oxalis stricta from Greek oxys for sour/ bitter and the Latin for erect/straight.

These annuals or short lived perennials, native to much of the temperate northern hemisphere, favour full sun and disturbed ground such as that in fallow fields, vacant lots, along roadsides, railway tracks, open trails or, clearings in the woods, on building sites lawns and gardens.

Also known as vellow wood sorrel (from the old German sur through the French surele meaning sour) or lemon clover this attractive plant sports several 5 petaled tiny bright yellow flowers each with10 tiny stamens. The pollen source in each centre all held in place by a cup of 5 light green sepals that once enclosed each bud. Flowers close at night and on overcast days.

Usually the plant grows from 4 in./10 cm to 1ft./30 cm tall but where it needs to compete with other vegetation it can be 18 in./45 cm high. The straight stem is more heavily branched near its base. The taller plants can become top heavy causing them to flop on the ground and stay there. The bright green leaves are attached to the main stem and its branches by long petioles [thin stemlets]and each carries a leaf with 3 deeply lobed parts. These lobes are wider than clover lobes and each has a small indent at the top that makes it look heart shaped. The centre of each lobe is creased by a prominent central vein that allows the leaves to fold up at night.

Once flowers die off the plants produce tiny cylindrical seed pods that when they burst open can send the seed up to 12 ft./4 m away.

Oxalis stricta has a shallow root system consisting of 1 main tap root with much smaller thread like roots branching from it. Near the top of this root system a horizontal root may form and new plants will grow from it.

First Nations used the tart tasting juice squeezed from the leaves as vinegar and pioneers who called it pickle plant used it as a vinegar substitute. Leaves and flowers made an herbal tea or lemonade like drink. And poultices to relieve swelling were also made from the leaves.

As its name indicates this plant contains oxalic acid which in large amounts can be poisonous.

If wasn't so prolific this oxalis would make a great garden plant!



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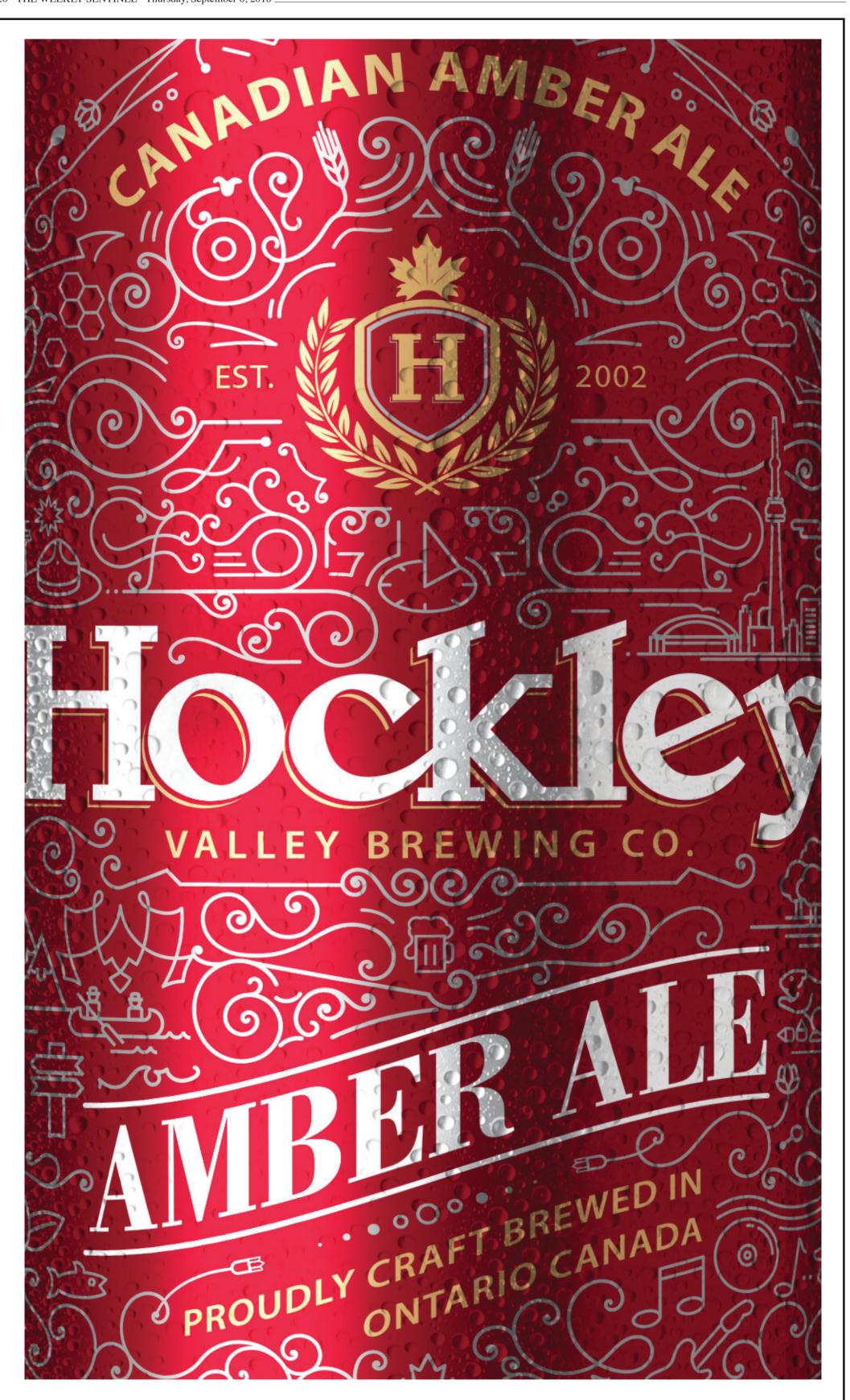
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