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King Weekly Sentinel

King's Community Newspaper

Weekly Circulation: 10,200

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FREE Thursday, August 17, 2017 Volume 44, Issue 33

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Residents encouraged to explore Happy Valley Forest in King

By Mark Pavilons

The Nature Conservancy of Canada is trying to get people in York Region to explore the Happy Valley Forest because they want them to appreciate the health and ecological benefits of intact nature. The NCC hopes make Happy Valley a key natural recreation destination.

The not-for-profit, private land conservation organization is working to make the Happy Valley Forest a destination for nature-starved GTA residents by increasing its biodiversity and providing more opportunities for interactive visits.

It's easy for us to think of ourselves as separate from nature, but we rely on it for our daily health. The Happy Valley Forest (an NCC conservation site) protects part of the watershed that provides much of the GTA's drinking water, and the forest's carbon sequestration cleans our air.

Recently, NCC held a special, free guided hike. Conservation experts led hikers through ravines, forests and ridges, providing information on the area's history, ecology and significance.

Most of the GTA has been logged, developed, and changed. Happy Valley Forest is an old-growth forest in the making, which is pretty special for a place that's right in our backyard.

NCC is currently working on a conservation plan to support the continued protection of the forest and the nearby Pottageville Swamp, an important wetland habitat in the area. The organization is also devising a battle strategy to tackle the ongoing problem of invasive species in the area — most notably garlic mustard.



The Nature Conservancy Canada wants to make King's Happy Valley Forest a key destination in the GTA. A recent guided hike saw a group hug of this massive tree.

See 'X' on Page X

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Skid Crease crosses Canada for 150th

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Singer lands spot in Magna Showdown

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UPCOMING MEETINGS

MUNICIPAL OFFICE, COUNCIL CHAMBERS

2075 King Road

Monday, August 28, 2017

6 pm – Council/Committee of the Whole

Monday, September 11, 2017

6 pm – Council/Committee of the Whole

To view full Council and Committee of the Whole agendas, visit king.civicweb.net/filepro/documents

EMPLOYMENT OPPORTUNITIES

- Public Educator/Fire Prevention Inspector - closes Sept. 8
- Recreation Facility Receptionist (PT, contract)

Please visit the Township website at www.king.ca for employment opportunities.

REMINDERS

COMMERCIAL/INDUSTRIAL PROPERTY TAX BILLS

2017 Final Billing - 1st Installment
Due Date: August 25, 2017

COMMERCIAL / INDUSTRIAL PROPERTY TAX BILLS are due. Please contact the Finance Department immediately if you have not received your bill.



PAYMENT OPTIONS:

Tax	Bill Payment Options
X	By pre-authorized bank withdrawal (PAD)
X	At most financial institutions, including via personal on-line banking
X	By cheque

If paying in person at a financial institution, please present the entire tax notice.

When making payments electronically, search for "King" and select Tax, enter your 15 digit roll number with no decimal (i.e. 000123456780000)

After hours tax payments can be left in the drop box located to the left of the Council Chambers entrance at 2075 King Road, King City.

Pre-Authorized Debit Program (PAD): PAD program is available for property tax accounts. The enrolment form is available at www.king.ca (search for "PAD")

For the 2018 Property Taxation Billing Cycle, PAD enrollment will be accepted until **December 1, 2017**.

Please visit our website for details.

PUBLIC NOTICES

DON'T LIGHT THAT FIRE!

Township of King OPEN AIR BURNING By-law 2015-109 requires the following:

- A valid burn permit must be on-site at all times
- The property owner or agent acting on behalf of the property owner must be on-site at all times
- The property must be at least 1 acre in size and cannot be located within the restricted boundaries as per By-law 2015-109
- Only clean, unpainted, untreated wood may be burned
- Only 1 single fire at a time
- This fire cannot be any larger than 2 metres in height and 2 metres in diameter (6 feet in diameter and 6 feet in height)
- An approved means of extinguishment must be available at all times

Failure to comply with Municipal By-law 2015-109 could result in charges being laid under the Ontario Fire Code including charges under the Municipality's Fees and Charges By-law.

For more information on open air burning, please contact King Fire & Emergency Services @ (905) 833-2800 to find out if you actually qualify for an open air burn permit

REMINDERS



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9 am to 1 pm, June 3 to Oct. 7 at the Schomberg Agricultural Arena, 251 Western Ave.
Aug. 26; Sept. 9, 23; Oct. 7

For more information, email

schombergfarmersmarket@gmail.com or call 416-898-8019

PUBLIC NOTICES

NOTICE OF PASSING OF A ZONING BY-LAW AMENDMENT BY THE CORPORATION OF THE TOWNSHIP OF KING

TAKE NOTICE that the Council of the Corporation of the Township of King passed By-law Number #2017-74 on the 9th day of August, 2017 under Section 34 of the Planning Act, R.S.O. 1990, Chapter P.13. Zoning By-law Amendment #2017-74 amends the Township's Zoning By-law for the Nobleton Urban Area (By-law 2016-71, as amended). By-law 2017-74 concerns a parcel of land located at the south-west corner of Highway 27 and MacTaggart Drive, in the Village of Nobleton. The subject lands are identified as 191 MacTaggart Drive and measure 1.22 acres (0.49 hectares). The property is currently vacant. The intent of the zoning by-law amendment is to amend the Township's Zoning By-law for the Nobleton Urban Area (By-law 2016-71, as amended) to rezone the property from 'Commercial Shopping Centre Holding (C3-H) to Commercial General (C1) exception section 7.5.2.3 to allow for more than one commercial use on the property and includes, but not limited to, a restaurant (excluding drive thru's), bakeshop, child care centre, and retail and professional offices. The proposed uses will be in a new multi-tenanted 3-storey commercial building with 72 parking spaces and 20 bicycle parking spaces on the lands.

AND TAKE NOTICE that any person or agency may appeal to the Ontario Municipal Board in respect of the by-law by filing with the Clerk of the Corporation of the Township of King not later than the **5th day of September, 2017** a notice of appeal setting out the objection to the by-law and the reasons in support of the objections, together with 1 cheque in the amount of \$300.00 (certified cheque or money order only) payable to the Minister of Finance to cover the Ontario Municipal Board fee, and a cheque for \$210.00 representing the Clerk's Department administrative fee, payable to the Township of King. Should this date fall on a holiday or weekend, you will have until 4:30p.m. of the next business day to file your appeal. If you wish to appeal to the Ontario Municipal Board, a copy of an appeal form is available from the Ontario Municipal Board website at www.omb.gov.on.ca or from the Clerk of the Township of King. Please note the Board will only accept filing fee payments by certified cheque or money order.

Only individuals, corporations and public bodies may appeal a by-law to the Ontario Municipal Board. A notice of appeal may not be filed by an unincorporated association or group. However, a notice of appeal may be filed in the name of an individual who is a member of the association or the group on its behalf.

No person or public body shall be added as a party to the hearing of the appeal unless, before the by-law was passed, the person or public body made oral submissions at a public meeting or written submissions to the council or, in the opinion of the Ontario Municipal Board, there are reasonable grounds to add the person or public body as a party.

Comments received and considered in the preparation of By-law 2017-74 from the public were summarized and included in the Planning Department Recommendation Report (P-2017-31). The report is available on the Township's website www.king.ca. Comments received were in relation to potential concerns with respect to traffic and parking, proposed uses, the scale of the development, fire safety, need of landscaping features such as sidewalks, acoustic fencing, benches, street lights, potential devaluation of nearby residential properties and overall congestion. The property will be subject to Site Plan Development Control (file # SPD-2015-02) through which staff will require finalizing the stormwater management plans, grading and drainage plans, tree inventory and preservation plans, and landscape plans as well as to ensure that additional items as noted in the Planning Recommendation Report mentioned above have been addressed to the satisfaction of the Township and all external agencies.



Subject property

An explanation of the purpose and effect of the By-law and a key map showing the location of the lands affected by the By-law are available on our website at www.king.ca. Dated at the Township of King this 17th day of August, 2017.

Kathryn Moyle
Director of Clerks/By-law Enforcement
Township Clerk
2075 King Road
King City, ON
Telephone: (905) 833-5321
Email: kmoyle@king.ca

Comments and personal information are being collected in accordance with the requirements of the Planning Act, R.S.O. 1990, Chapter P.13 as amended, and will become part of the decision making process of the application as noted on this form. Personal information will be protected in accordance with Municipal Freedom of Information and Protection of Privacy Act (MFIPPA), all information received other than personal information may be included in the documentation which will become part of the public record. Should you have any questions or concerns with regard to the collection of personal information, please contact the Planning Department, Township of King at (905) 833-5321.

Giant Hogweed

There have been numerous reports of Giant Hogweed throughout York Region. Here is some information to keep you safe from its toxic sap.

Giant Hogweed is a poisonous, invasive plant that can cause skin rashes, burns and blisters. If you suspect you've found Giant Hogweed, do not touch any part of the plant.



Appearance

Giant Hogweed is an invasive plant that looks similar to cow parsnip or Queen Anne's Lace. Its flower stalks can grow up to 20 feet tall.

Health Risk

Giant Hogweed can be a serious health risk. If you see Giant Hogweed, do not touch it. The plant's sap can make skin especially sensitive to sunlight, causing a rash and blistering.

Symptoms

A reaction to sunlight because of exposure to Giant Hogweed sap can occur up to 48 hours after contact and result in severe burns and blisters. Sap contact with the eyes can sometimes cause temporary blindness. In rare cases it can result in permanent blindness.

Treatment

If you think you have come in contact with Giant Hogweed:

- Wash affected areas immediately
- Keep the affected areas out of the sun
- Seek medical attention

For more information, visit www.york.ca.

PARKS, RECREATION & CULTURE

Stay cool in King



Looking for a good way to cool off this summer? There are plenty of options. Nobleton's outdoor pool is now open. It's located at 15 Old King Road, Nobleton, ON (behind the Nobleton Arena).

Hours of operation:

Monday to Friday: 2 pm – 4:30 pm & 7 pm – 8:30 pm

Weekends and Holidays:

10 am – 1 pm & 1:30 pm – 6:30 pm

On the occasional Saturday or Sunday, the Nobleton Outdoor Pool is closed for the first public swim time due to a private rental of the pool. On a day where there is a private rental, the first public swim time is cancelled. To confirm Saturday public swim times, please call 905-859-4342

You can also visit one of King's three splash pads in the villages of Nobleton (49 Parkheights Trail), Schomberg (21 Summit Ridge) and *New* King City (25 Doctors Lane).

All splash pads are now open. For more information please contact parks@king.ca.

Fall and Winter Community Guide

Coming soon! Don't miss your copy of King's 2017/2018 Fall/Winter Community Guide, released as an insert in the King Weekly Sentinel on Thurs., Aug. 24. It will also be available online at www.king.ca.



Mulroney seeks nomination

Bradford West Gwillimbury Councillor Raj Sandhu, campaign co-chair for the York-Simcoe Provincial Liberal Association, announced that Caroline Mulroney is seeking the nomination for the Conservatives in York-Simcoe.

"I want to welcome Caroline Mulroney to York-Simcoe; she seems like a fine individual, and she will find that Bradford West Gwillimbury, Georgina, King Township and East Gwillimbury

are wonderful communities.

"Our region is rapidly growing and needs a strong, local, experienced voice who can advocate for investments in transit to fight traffic gridlock, to protect our environment and deliver smart growth, and ensure good schools and reliable health care.

"York-Simcoe Liberals look forward to nominating a dedicated, experienced, local candidate in the coming months."



PHOTO SUBMITTED

DISCUSSING THE ISSUES – Stephen Lecce with Caroline Mulroney, candidate for nomination in York-Simcoe, at Coppa's in King Township. They met to discuss what matters to local families: affordability, ending waste in government and tackling gridlock. "As the new star candidate for the Ontario PC Party and as an individual who is highly skilled and experienced in the private sector, in leadership and as a 'hockey Mom' to four children, I can attest that she brings all the right ingredients to government. My hope is that Caroline and myself work hard for the residents of King Township. Life is harder and unaffordable under Kathleen Wynne. That is why Caroline and myself are determined to fight for affordability for middle-class families, to end waste in government and tackle gridlock in King Township and across York Region," said Lecce.

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What do I do if my home is unoccupied?

Depending on how long you are away from your home, you need to make arrangements to ensure your dwelling is checked regularly and you may need to inform your insurer.

When away for a short time
If you will be away from your home for fewer than 30 days you do not need to inform your insurer. However, you do need to arrange for a competent person to look in on your home every day or two to make sure that everything is in

good order. If a deep freeze and a broken furnace result in frozen pipes and water damage that went unnoticed for several days, your insurer could refuse to cover the costs if no one was looking in on the house.

For longer absences
If you are away for more than 30 days your home is considered "unoccupied" because you plan to return. In this case you should contact your broker to determine whether you will need to inform your insurer and obtain a special permit to leave the house empty. You will still need to arrange regular checks on the property, and you might want to consider draining water pipes and installing a good security alarm.

If the property is empty
A fully vacant property is one with no occupants and no contents. This may

occure if a house sale is delayed and the property remains vacant until sold. In this case you need to obtain a vacancy permit from your insurer. This permit will maintain most of your coverage, except for risks associated with vacancy such as broken water pipes, broken glass or vandalism. These permits can be obtained for up to three months.

Traveling?
Personal items covered by your home, condo or tenants insurance are also covered when they are temporarily away from these locations, for example, when you are traveling. Items belonging to a dependent temporarily living outside your home to attend school, for example, are also covered. Home-business items, however, require additional coverage.

Before you leave your dwelling unoccupied, check with your broker to be sure that you are covered.

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RURAL KING BUNGALOW!!! \$799,900

Totally renovated bungalow on a 150x150ft manicured lot in a park-like setting!! Modern kitchen and baths, hardwood floors, finished walkout basement, wood stove, floor to ceiling windows, small barn and professionally landscaped!! Coming soon!! Call Joe today for more details.

NOBLETON LAKES GOLF COURSE! 2+ ACRES, POND, \$1,688,000

Custom built ranch bungalow backing on to Nobleton Lakes Golf course!! Beautiful lot with pond and views. Solid well built 3 bedroom bungalow with open concept kitchen, sunken family room and main floor laundry! Priced to sell asap and tremendous value! Call Joe Today!

NOBLETON BUNGALOW!! 3/4 ACRE LOT, 3 CAR GRG, \$1,395,000

Large 3 bedroom bungalow on a sought after street with a beautiful lot!! Nice layout, cozy family room, solarium addition, finished basement and more. Perfect for a renovation or new build. Great location connected to sewers!! Priced to go!! Call Joe today!

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Beautiful Renovated Home On Very Large Private Ravine Lot W/Circular Drive & I/G Pool! Stunning Open Concept Chef's Kitchen W/Stone Tops, Custom Cabinetry & Top Of Line Appls, Hdwd Flrs, Pot Lts, Main Flr Laundry Rm+Dr To Garage, Cozy Family Rm W/FP & W/O To Pool, Prof Finished Bsmt W/Gas Fireplace, Newer Thermal Windows, Majestic Lot & Private Backyard W/Large Patio & 38Ft Covered Deck! Must Be Seen!!

NOBLETON LAKES GOLF COURSE LEASE OPPORTUNITY! \$3,000/MTH

Custom built home on 2 acres with open concept layout and 3 car garage. Looking for long term tenants. Utilities not included. Call Joe for more info.

Editorial, Letters & Opinion

"Public opinion shapes our destinies and guides the progress of human affairs"

~ Frank B. Kellogg

Living vicariously through Lexie's adventures

"Youth is the gift of nature, but age is a work of art."

– Stanislaw Jerzy Lec

Oh, to be young and adventurous! I'm just in the early stages of young maturity – "the youth of old age," according to Victor Hugo.

I don't consider myself mature, despite the occasional ache and pain. Inside, I feel like an adolescent, and my wife would attest that I'm quite child-like at times. *La joie de la jeunesse!*

I think of my childhood friends from time to time. None are nearby, but I can still reach out to them. I feel guilty that I don't connect more often. As adults we tend to tell our friends, "hey, we haven't gotten together in a long time, we should really meet up." We say this over and over until someone dies.

Not so with the youngins. My oldest daughter Lexie makes it a point to see all of her friends when she can. She makes time for them – all of them. She has many friends and there's no shortage of love to go around. I know they would all help each other if necessary.

There's nothing preventing me from getting together with my buds, I simply make excuses not to. I know one day I will regret it.

And so, I live through the adventures



Mark Pavilons

of my children. I guess it happens to every parent at some point.

Lexie is a world traveller. She's visited Haitian sugar cane workers on humanitarian missions; helped build a school in Kenya; trekked across Europe and played with manta rays in the Cayman Islands. She took a couple of acting classes in Hollywood, and enjoyed the

sights and sounds of New York City.

I'm so jealous! At first, letting go of our first-born was a bit tough. She got the travel bug quite early. Once bitten, she never looked back, and grabbed every opportunity she could to travel somewhere new and exciting.

After our pockets were sufficiently drained, we told her she needed to work if she wanted to continue this globe-trotting practice. She worked, sometimes two jobs, to save the money to travel.

And good for her! We encouraged this behaviour, largely because we know the joy that travelling can provide. My wife and I are blessed to have seen what we have in our lives together. I would not trade any of those moments for all the tea in China. We vow to return to Freeport or make our way to the Turks and Caicos.

So far, we've been unable to pull it all together, for a number of reasons, not the least of which is subsidizing a world-travelling university student!

Lexie just returned home from a week in Iceland. Yes, Iceland. It's a unique Nordic island, home to volcanoes, geysers, hot springs, lava fields and even glaciers.

She chose this chilly landscape after her plans to visit Peru fell through. After watching a video by pop star Justin Bieber, Lexie was hooked on the beauty of this largely untouched nation. She convinced her boyfriend to throw caution to the wind and go exploring.

I'm not a big fan of anywhere you find the terms "frozen, tundra" or "glaciers." But there's no doubt Iceland has many charms, not the least of which are the gorgeous vistas unlike anything you've seen anywhere else on Earth.

Lexie kept in touch via Snapchat and through iMessage, but she was often out of reach. They were quite busy and there's a four-hour time difference between our countries.

No matter how old, or how experienced our kids are, we still worry – con-

stantly. We had to tell her how to handle a malfunctioning kettle!

During our preliminary research, we discovered that Iceland can be expensive in terms of food and getting around. The somewhat remote country has limited natural resources, so everything is imported, jacking up the prices. Surprisingly, the locals prefer Icelandic Krona to any other currency, even U.S. dollars.

Lexie will carry these memories as long as she lives.

The highlight of my summer is a week-long stay at a Muskoka cottage. It was the first time we've been away all together as a family for several years.

Not very glamorous, but relaxing nonetheless.

We've had some really neat cottage experiences over the years, so it was nice to escape the shackles of my office and the ties that bind us to this hectic lifestyle we've created.

Every once in a while, I question our current lifestyle and our whole existence. I wonder if I'm doing anything right, and whether I'd be missed. Many of us worry about making a difference, so much so that we lose ourselves in our work, our missions and our causes.

There have been many occasions when I wanted to pack it all in, sell everything and move to a tree house or remote island in the south Pacific. I would be quite content to live out my days eating coconuts, catching fish and wearing a bamboo skirt.

But we are limited by our obligations, commitments and financial encumbrances.

The freedom of youth is far behind me. But I do smile each and every time my kids revel in the simplicity of adolescence. What I would give to feel "new" again.

Maybe one day I'll join Lexie on one of her excursions, and help save the world! Or maybe I'll have to just hear about it!

Letter to the Editor

Development limited to settlement areas

In the series of recent letters about property taxes there has been erroneous comments made about development occurring in King City.

As I stated, there will not be a substantial increase in our industrial base as more than 99% of Township is in the Greenbelt and a major portion of that is protected by the more restrictive Oak Ridges Moraine Conservation Plan (ORMCP). All lands within the ORM are assigned a certain land use designation. One of those designations is settlement areas. Within the ORM development is directed to occur within the settlement areas. King City is a settlement area and that is why substantial development is happening here.

To protect the ORM development needs to happen in the settlement area otherwise the wetlands and woodlands north of the 15th Sideroad, for example, will be at risk. The ORMCP is practical. Rather than prohibiting development across the ORM the ORMCP seeks to minimize the encroachment and impact of development by focusing it on some defined areas i.e. the settlement areas. The intent is to encourage more efficient land-use with transit supportive densities; to encourage the building of communities offering access to a mix of employment and local services.

Developing on the Moraine is not the same as doing so outside the ORM. For example, developments in King City are required to respect the 120-metre buffers from natural heritage features. Since the original KC Community Plan in 2001 this has been challenged by every single developer, but Council has not given in except for a few small "pinch points." Natural heritage evaluations are required and have influenced plans. Developments have been modified because of requirements under the ORMCP to respect landform conservation areas.

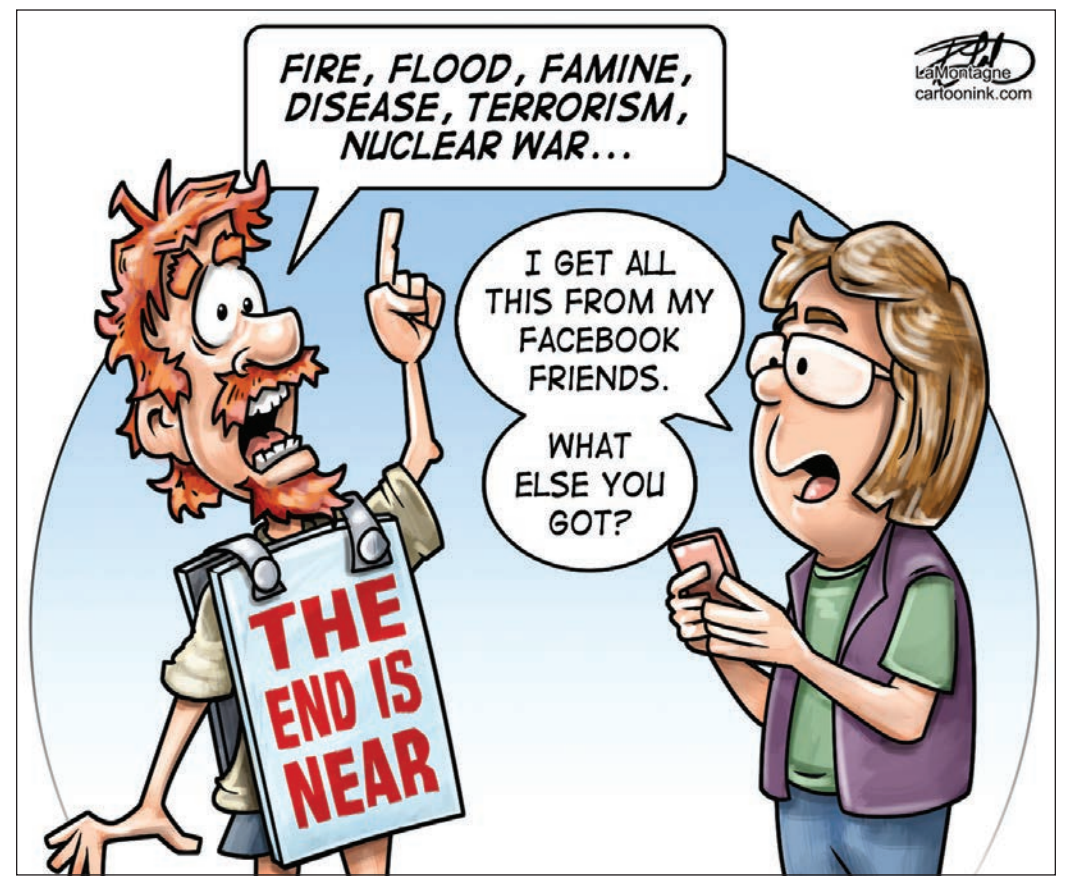
The settlement boundaries of King City do not match the King City Plan. The former's east boundary is Dufferin and the west is Jane.

A development like the one in progress today, south of 15th Sideroad, for example, will not happen farther north, as it is outside the settlement boundaries. The recently completed review of the Conservation Plans and the Growth Plan fully support maintaining current boundaries.

To make any changes Municipal Comprehensive Reviews at both upper and lower tier are required and there needs to be evidence that the growth forecast for the settlement area cannot be satisfied with intensification and development of the currently identified greenfield sites.

I can appreciate how easy it is to lose sight of the big picture, which is protecting the hydrological integrity of a 160 km landform (the ORM). The health of the latter is critical to the region. Designating where and how development is allowed is critical for protecting the ORM. Across the ORM development of different magnitude is permitted depending on how the area has been designated. And depending on the designation there are different regulations.

Councillor Debbie Schaefer



Brainteaser



How many bananas can you eat on an empty stomach?

Last week's answer: If there's a hole in your pocket.

King Township Trivia

Seneca College's King Campus opened a new spacious hospitality lab in Eaton Hall in January 1974.

KingWeeklySentinel WEBPOLL

www.kingweekly.com

Results from last week's poll:

Do you think the government is doing enough to assist flood victims in Ontario?

a) Yes **60%**
b) No **40%**

The results of this poll are in no way considered to be valid or infallible.

THIS WEEK'S QUESTION

Which do you prefer: Games of Thrones or The Walking Dead?

a) Game of Thrones
b) Walking Dead

So go to the website and cast a vote!

KING Weekly Sentinel

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Toll Free: 1-888-557-6626
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www.kingsentinel.com

PUBLISHER: London Publishing Corp.
GENERAL MANAGER: Zach Shoub
EDITOR: Mark Pavilons editor@kingsentinel.com
PRODUCTION: Lisa Clendening
ADVERTISING: Doug Sherritt doug@pcmedia.ca
DISTRIBUTION: Cephise Cuming cc@cephisecuming.com
OFFICE: Mary Cephise
CREDIT DEPT.: Al Lord
CLASSIFIEDS: admin@caledoncitizen.com

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New Environment Minister grew up on the Moraine in King

BY BROCK WEIR

Newmarket-Aurora MPP Chris Ballard was appointed Ontario's new Minister of the Environment and Climate Change on Monday by Premier Kathleen Wynne.

The Aurora resident, who was serving as the Province's Minister of Housing and Minister Responsible for Poverty Reduction, succeeds MPP Glen Murray to the portfolio.

As a native of King Township, Ballard grew up living on the Oak Ridges Moraine. As an MPP, and earlier as a municipal councillor, he was a particularly vocal champion of its preservation. Now that very preservation rests, in part, in his portfolio, a twist of fate he describes as "so wonderful."

"I would call myself an outdoors guy and to be in a portfolio where I can have real influence on preserving green space and preserving the environment and helping people deal with climate change has absolutely made my day," Ballard said.

"Standing up to the environment, which I had a reputation for doing on Aurora Town Council as well, really advocating that a strong and healthy natural environment means stronger and healthier human being is an understanding I have had from the time I was a kid running through the fields of King Township, fishing and hiking the East Humber River. Until today I have seen too much of a decline in that quality of life and I am really excited to be able to make some contributions to reversing that trend."

Hitting the ground running, week, he says his immediate focus now and into the fall will be communicating with Ontarians about all the "good things that have come out of legislation that has been passed by the government related to the envi-

ronment and climate change.

These, he said, include the cap and trade system which has allowed for the investment of \$1.9 billion into green projects, investing in the expansion of the GO Train network, incentives for electric vehicles and housing retrofit programs which will help homeowners save money and combat climate change.

"We have put \$100 million into home retrofits to help people reduce their energy costs," he said. "We're putting \$200 million into public schools for furnaces, windows and lights. The list goes on and I compare that to what the opposition has been calling for and I think ours is a far more solid fiscal one that costs taxpayers a lot less money and is far more effective."

"My initial goal will be to continue working on communications, working on getting our message out to people and to continue travels across Ontario to listen to what people are talking about and listen to what is important in their lives and to better understand how the government through policy in my new ministry how that policy can help make their lives better."

There will also be the challenge of addressing climate change in an era where Canada's neighbours to the south have a commitment to the fight that is currently on life support. That roadblock, however, is at the top, and Ballard said it is important to understand that there's plenty of fight still with state legislators.

"They are more committed than ever to climate change," he said. "We will continue to work closely with California and they are a big influencer. They are not backing off from their climate change activities. We are all part of the cap and trade system together. While some people

may not be enthusiastic, my sense is the vast majority of the space where the real work gets done when it comes to climate change initiatives, quite frankly, will continue to move ahead. Climate Change is such a big topic. We have been talking about it exhaustively for 15 or 20 years.

"I need to continue to make sure people understand the gravity of the situation but at the same time I don't want to overwhelm people; I want people to know there is a pathway out. Working together, all of us, there is a pathway through this and we can do it together."

The cabinet shuffle was sparked by the resignation of Glen Murray who, although no longer in Cabinet, will continue to serve as MPP in his Toronto riding.

"With the resignation of Glen Murray from cabinet, we are taking advantage of the depth of talent in our caucus and making sure that our government can continue to work together to make a difference in people's lives," said Premier Wynne in a statement. "I want to thank Glen for the dedication he has always shown to his constituents and to people across Ontario as a cabinet minister. I also want to thank the ministers appointed today for taking on these new responsibilities. I know the entire team looks forward to working together in this cabinet to build a fairer, better Ontario."

Peter Milczyn, MPP for Etobicoke-Lakeshore, succeeds Ballard as Minister of Housing.

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Notice of Completion

Barrie Rail Corridor Expansion
Transit Project Assessment Process

The Project

Metrolinx, an agency of the Province of Ontario, has completed an Environmental Project Report (EPR) in accordance with Ontario Regulation 231/08 for the Barrie Rail Corridor Expansion. Metrolinx intends to proceed with the project in accordance with the EPR.

Metrolinx, an agency of the Province of Ontario, is upgrading its commuter rail system into Regional Express Rail. The Greater Toronto and Hamilton Area (GTHA) is now home to nearly 7 million people and heading towards 10 million by 2041. To address the urgent transit needs of the GTHA, the Province of Ontario committed to implement Regional Express Rail and make other improvements to the GO system. By 2025, electrified trains will be running every 15 minutes or better, all day and in both directions, within the most heavily travelled sections of the GO network.

To support this service increase, Metrolinx is undertaking the Barrie Rail Corridor Expansion (BRCE) Project which includes the following:

- Provision of a second track between Lansdowne Avenue in the City of Toronto to Allandale Waterfront GO Station in the City of Barrie;
- Upgrades to existing GO Stations along the corridor: Rutherford, Maple, King City, Aurora, Newmarket, East Gwillimbury, Bradford, Barrie South and Allandale Waterfront; and
- A new train layover facility within the Town of Bradford West Gwillimbury for overnight storage of trains.

30-day Public Review Period Begins August 9

The environmental effects of this transit project were assessed and an EPR prepared according to the Transit Project Assessment Process as prescribed in Ontario Regulation 231/08, Transit Projects and Metrolinx Undertakings. The EPR for the Barrie Rail Corridor Expansion is **now available** at metrolinx.com/RERBarrie and the following locations **for a 30-day public review period starting August 9, 2017 and ending September 7, 2017.**

Metrolinx

Head Office
97 Front Street – 2nd Floor Reception
Toronto, ON M5J 1E6
tel: 416-874-5900
Monday to Friday: 8:30 a.m. - 4:30 p.m.

Ministry of the Environment and Climate Change

Central Region Office
Metro Toronto District Office
5775 Yonge Street, 8th Floor
North York, ON M2M 4J1
tel: 416-326-6700
Monday to Friday: 8:30 a.m. - 5:00 p.m.

Ministry of the Environment and Climate Change

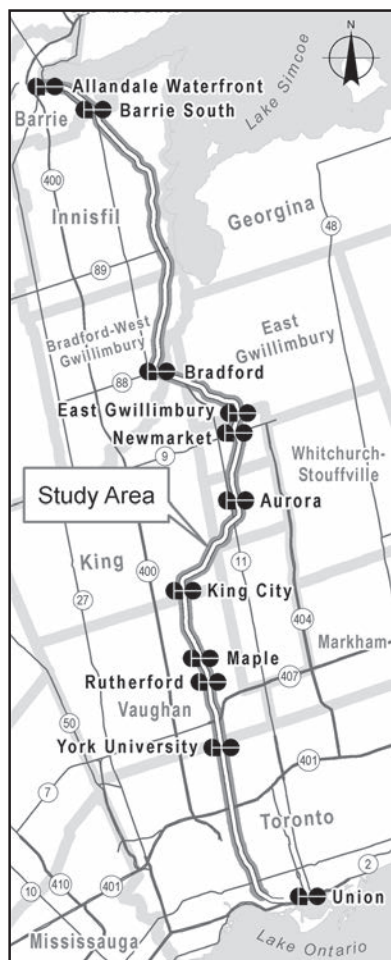
Environmental Approvals, Access and Service
Integration Branch
135 St. Clair Avenue West, 1st Floor
Toronto, ON M4V 1P4
tel: 416-314-8001 / toll-free: 1-800-461-6290
Monday to Friday: 8:30 a.m. - 5:00 p.m.

Civic Centre Resource Library

2191 Major MacKenzie Drive
Vaughan, ON L4H 2Z7
tel: 905-653-7323
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Friday: 9:00 a.m. - 6:00 p.m.
Saturday & Sunday: 9:00 a.m. - 5:00 p.m.

Aurora Public Library

15145 Yonge Street
Aurora, ON L4G 1M1
tel: 905-727-9494
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Tuesday to Thursday: 9:30 a.m. - 9:00 p.m.
Friday & Saturday: 9:30 a.m. - 5:00 p.m.



Newmarket Public Library

438 Park Avenue
Newmarket, ON L3Y 1W1
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Friday & Saturday: 9:30 a.m. - 5:00 p.m.
Sunday: 1:00 p.m. - 5:00 p.m.

Downtown Barrie Public Library

60 Worsley Street
Barrie, ON L4M 1L6
tel: 705-728-1010
Monday to Thursday: 9:30 a.m. - 9:00 p.m.
Friday & Saturday: 9:30 a.m. - 5:00 p.m.
Sunday: 12:00 p.m. - 5:00 p.m.

Interested persons are encouraged to review this document and provide comments by **September 7, 2017** to:

Barrie Rail Corridor Expansion

c/o Georgina Collymore
Senior Advisor – Environmental Assessment Communications and Community Relations
20 Bay Street, Suite 600, Toronto, ON M5J 2W3
tel: 416-202-4921
e-mail: RERBarrie@metrolinx.com

There are circumstances where the Minister of the Environment and Climate Change has the authority to require further consideration of the transit project or impose conditions on it. These include if the Minister is of the opinion that:

- The transit project may have a negative impact on a matter of provincial importance that relates to the natural environment or has cultural heritage value or interest, or
- The transit project may have a negative impact on a constitutionally protected Aboriginal or treaty right.

Before exercising the authority referred to above, the Minister is required to consider any written objections to the transit project that he may receive within 30 days after the Notice of Completion of the Environmental Project Report is first published.

If you have discussed your issues with Metrolinx and you object to this transit project you can provide a written submission to the Minister of the Environment and Climate Change no later than September 7, 2017 to the address provided below. All submissions must clearly indicate that an objection is being submitted and describe any negative impacts to matters of provincial importance (natural/cultural environment) or Aboriginal rights. Objections must be received within 30 days after the Notice of Completion of the EPR is first published.

Ministry of the Environment and Climate Change

Environmental Approvals Branch
Attention: Adam Sanzo, Project Officer
135 St. Clair Avenue West, 1st Floor, Toronto, ON M4V 1P4
tel: 416-314-8001 / 1-800-461-6290
fax: 416-314-8452
e-mail: EAABGen@ontario.ca

All personal information included in a submission such as name, address, telephone number and property location is collected, maintained and disclosed by the Ministry of the Environment and Climate Change for the purpose of transparency and consultation. The information is collected under the authority of the *Environmental Assessment Act* or is collected and maintained for the purpose of creating a record that is available to the general public as described in s. 37 of the *Freedom of Information and Protection of Privacy Act*. Personal information you submit will become part of a public record that is available to the general public unless you request that your personal information remain confidential. For more information, please contact the Project Officer or the Ministry of the Environment and Climate Change Freedom of Information and Privacy Coordinator at 416-314-4075.

This Notice first issued on August 8, 2017.

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Sun/Clouds High 25°C Low 18°C 2-4mm Wind SE 20k	Chance of Shower High 25°C Low 16°C <1mm Wind W 20k	Sun/Clouds High 24°C Low 15°C - Wind W 16k	Mainly Sunny High 26°C Low 15°C - Wind NW 15k	Mainly Sunny High 28°C Low 18°C - Wind S 17k	Chance of Shower High 28°C Low 18°C ~5mm Wind SW 17k	Mix of Sun and Clouds High 27°C Low 18°C



The King Weekly Sentinel
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Screening for documentary 'The Other Side of the Hero'

BY MARK PAVILONS

A ground-breaking documentary with roots in King, will be shown to the public.

"The Other Side of The Hero," is a new independent documentary that takes us into that world of the first responder we rarely see: life out of uniform.

Actor and King resident Enrico Colantoni, who played Sgt. Greg Parker for five years on the international hit series Flashpoint, is our guide on this journey.

We'll get to know first responders through their families, their spouses, their co-workers, and themselves; people who have experienced the flip-side of what can happen when a hero discovers that they are not emotionally immune to all that they deal with during their shifts.

The film is produced by Colantoni and Karen Shopsowitz.

A portion of the proceeds from the screening will be donated to The Tema Center Memorial Trust (www.tema.ca), an organization formed by King resident Vince Savoia.

The film was a team effort with Heroes are Human/Tema Center Memorial Trust, Peabody-award-winning Canadian director Shopsowitz and Colantoni, who has been a spokesperson for Tema Center for several years.

Savoia, founder of Heroes are Human, has been diligently working on making PTSD among responders a national issue.

The film will plunge viewers into the world of the first responder; the camaraderie and dark humour back at the station and the flip side to all of this – depression, darkness and solitude. These are what happen when a "hero" discovers they are not emotionally immune to what they encounter during a typical shift at work.

Things are changing and the consciousness is growing bigger and bigger. This cause is still grass-roots, Colantoni observed, but "we're on the right road." The level of increased awareness is seen in small communities. Savoia led a cross-Canada tour, doing workshops and presentations literally from coast to coast.

"It's very exciting when you meet people who fill a need in their own community," Colantoni said. By featuring the testimony of other human beings, the impacts can "become viral."

Savoia pointed out that not every first responder will be affected by PTSD, but the resources need to be in place to deal with them when they do need help.

The film will be shown Wednesday, Aug. 23, at 8 p.m. at The Regent Theatre, 551 Mt. Pleasant Road, Toronto.

For more, visit tema.ca or www.theotherherosideofthehero.ca



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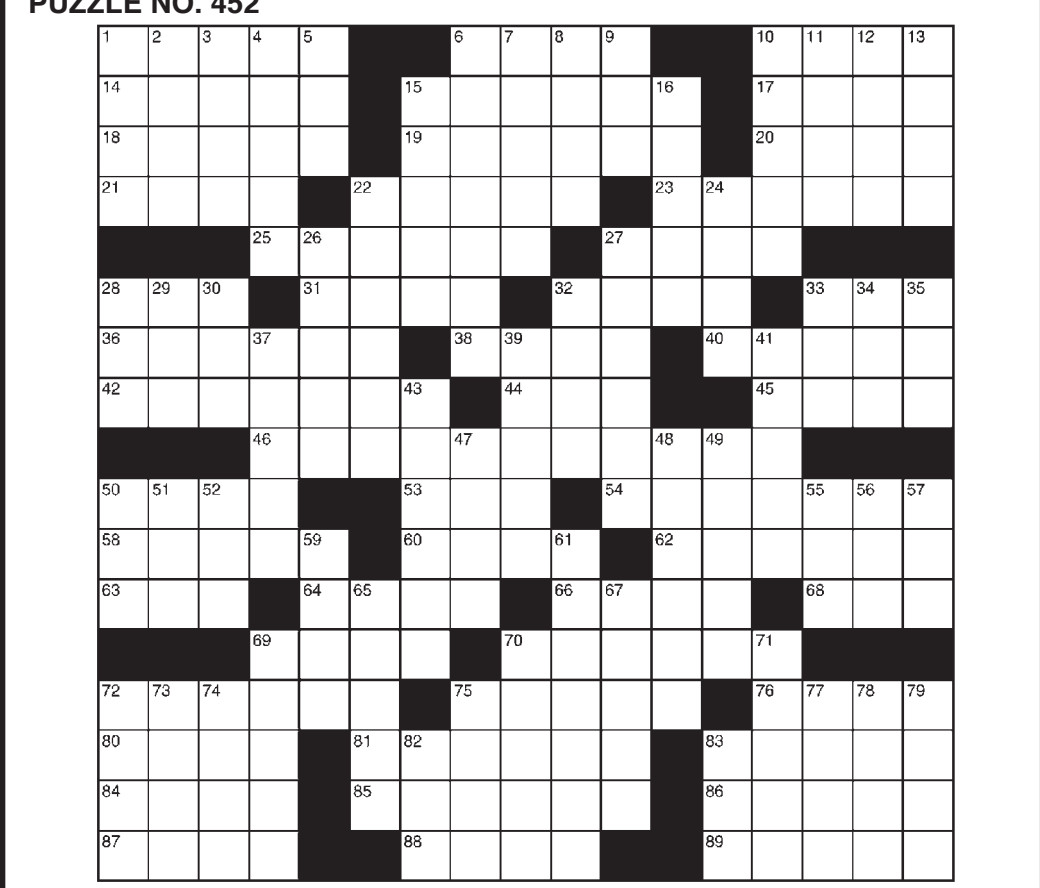


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ACROSS

- Evade
- Retired
- Formerly, of old
- Greek marketplace
- Minister
- "___: Warrior Princess"
- Baking and bread-making need
- Blazing
- Anjou or Bosc
- Period
- Coveted chalice
- Clear of silt
- Cell-out?
- Comet feature
- Hoodwink
- Baby cow
- Divide
- Hog's home
- Long-legged shorebird
- Distantly
- Scary
- Tout's client
- Fired (up)
- Gold leaf
- Magician's word
- Woe!

- Beta Kappa
- Allow back in
- Renaissance fiddle
- "A Whiter Shade of ___"
- Hold superficially
- Athens vowel
- Assist a burglar
- Geometry points
- Certain legume
- Shadowbox
- Brave
- Universe
- ___ being
- Bit of lemon peel
- On the sheltered shore
- Pollen-bearing organ
- Flavor
- Moon trench
- Tea variety
- Eat
- Dunce
- A legal wrong
- School theme

- Postern
- Sourpuss
- Maize unit
- Forage crop
- Disprove
- Of a time
- Without much light
- Kick out
- Clarinet accessory
- Hitch
- Weight allowance
- December song
- ___ waxwing
- Cheese ___
- Ceremony
- Sour
- Mongol
- Crow's call
- Future chicks
- "Holiday Inn" drink
- Settled up
- Indian title
- "___ There Was You"
- Besides
- Quit
- Toss about
- Mild oaths
- Coolio, e.g.

- Informal talk
- Warning signal
- Diameter components
- "You ___ My Sunshine"
- Say yes to
- "L.A. Law" group: abbr.
- Broom's kin
- Strong resentment
- "TV Guide" abbr.
- Guitar attachment
- Range coil
- Choir member
- Short ape?
- Refine, as metal
- Funny-bone tickler
- Despots
- Businessman's ID
- Melange
- Merchandise
- Saint's headwear
- Epic poetry
- Bicarbonate of ___
- Three, in poker
- Kid
- Date regularly

Solution on page 17

Advertorial

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However, many people are hesitant to have surgery given its invasive nature. It is important to know that although surgery is sometimes necessary, it is considered a last resort in most cases.

Also, you may have heard that there are serious health risks associated with chronic use (or overuse) of pain pills or anti-inflammatory drugs that include damage to the liver, kidneys and gut.

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Wow! Local Ontario Tomatoes for Sauce from **18.99** /box/bushel



Large Clementines Product of Uruguay **4.99** /5 lb. box



Local Ontario Strawberries **3.99** /pint



Local Ontario Peaches **3.99** /ltr. basket



Wow! Local Celery **69¢** ea.

Weekly Recipe

Grilled Veal Cutlets with Peach, Mozzarella and Basil

Ingredients:

- 2 tsp olive oil, plus extra for frying
- 1 tsp finely chopped thyme
- 1/2 garlic clove, finely chopped
- 4 veal cutlets (about 250gm each)
- 4 thin prosciutto slices
- 6 ripe peaches quartered
- 1 buffalo mozzarella (about 200gm), coarsely torn
- 1 shallot, thinly sliced
- 70 ml extra-virgin olive oil
- 30 ml balsamic vinegar
- Juice of 1/2 lemon, or to taste
- To serve: coarsely torn basil and mint

Directions:

- Preheat oven to 200C. Combine olive oil, thyme and garlic in a bowl with some salt. Brush each cutlet with mixture and wrap with a slice of prosciutto.
- Heat a little olive oil in a large frying pan over medium-high heat, add cutlets and cook, turning once, until browned (1-2 minutes each side), then transfer to an oven tray and roast until cooked to your liking (4-5 minutes for medium-rare). Rest for 5 minutes.
- Meanwhile, combine peaches, mozzarella and shallot in a bowl, drizzle with extra-virgin olive oil, vinegar and lemon juice, season to taste and toss to combine. Scatter with herbs and serve with veal cutlets.

Recipe by Emma Knowles

Enjoy!



Ben & Jerry's Ice Cream Assorted Flavours **4.99** ea.



Yorkshire Valley Farms Nest-Laid Organic Eggs **5.99** dozen



Lactantia Milk 1%, 2% **5.99** 4 L



Chips Ahoy Cookies 2 for **5.00**



GP8 Oxygen Flat & Salt free Sparkling Water **1.99** ea. 750mL No glass bottle



Lilydale Oven Roast Turkey **2.44** /100g



Mastro Sopressata Hot or Sweet **2.44** /100g



Santa Lucia Provolone **1.76** /100g



Norwegian Jarlsberg Cheese **2.44** /100g



Santa Lucia Mozzarella Fior di Latte **3.49** /ea.

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Call to Action offers a "human experience"

By Brock Weir

Amid the heated rhetoric and unprecedented antics of the most recent American presidential campaign, Canadian artist Joanna McEwen found a singular human moment.

Watching live coverage of an event in Flint, Michigan, at which Hillary Clinton and Bernie Sanders were appearing side by side, she was immediately moved when a local African American gospel choir got up and sang the most beautiful version of The Star Spangled Banner she had ever heard.

"It made me weak," she says. "I thought, 'Holy God, they sang that song every much as American as anybody else.'"

She drew parallels between the racial strife which has punctuated so much of American history with the similar treatment of Canada's Indigenous peoples north of the border and it was a watershed moment for her.

"What they do and how they see the world is so beautiful and it makes us so rich as a country to have that," says Ms. McEwen of the Indigenous voice, a voice with which she has come up close and personal over the last couple of years.

Joanna McEwen is the lead non-Indigenous artist of Call to Action #83, a traveling art exhibition bringing together the works of 16 artists – eight Indigenous and non-Indigenous – for a very important conversation, through art, on Truth and Reconciliation.

The exhibition is a response of artists from York Region, Simcoe Region, Durham Region and beyond to Call to Action #83 contained in the final report from Canada's Truth & Reconciliation Commission for "a strategy for indigenous and non-indigenous artists to undertake collaborative projects and produce works that contribute to the reconciliation pro-

cess."

The collective started off with one piece of art created by an Indigenous artist which was subsequently passed to a non-Indigenous artist who used the first work as inspiration for the second. This second piece was then handed over to an Indigenous artist who repeated the same process down the line. The caveat: each artist was only able to see the work immediately preceding theirs.

"I was delighted to say yes," says Ms. McEwen when asked to participate as the exhibition's lead non-Indigenous artist. "When someone creates something and they pass it on to another person, we call it 'wildfire' and the next person has to take elements or an element of what they have received. I was excited about the prospect and looking forward to seeing the work that would be passed on to me."

What she ultimately received was a very dark-in-tone work from Mercedes Sandy, a younger Indigenous woman. Ms. McEwen describes the piece as "a very dark piece, angry without much hope" and informed by the Residential School experience as well as the inquiry into Missing and Murdered Indigenous Women.

"I thought, there has to be some light at the end of this tunnel," she says, adding she enjoyed the inter-generational dialogue that also took place between herself and Ms. Sandy. "We can't on like this forever and what I did with my work was try and indicate a turnaround."

Her finished piece features wild strawberries, a hopeful symbol of the first fruits of spring.

"The artists who came together were very amenable and determined to be a positive experience, provide in-depth learning, and [facilitate] coming to grips with each other," she explains. "The non-Indigenous artist is probably taken aback and surprised by the flow. Follow

the threads from one to the other. Threads can be elements of design, but there are content threads going through.

"I saw this as a human experience, completely equal in every way. I hope the message is, 'We can get over this, we will get over this.' It is totally unique and I think it is very uplifting and hopeful."

Call To Action, which has spent much of the last year touring galleries all around Ontario lands at the Aurora Cultural Centre this Saturday, August 12. It features the works of Peter Adams, Nathalie Bertin, Jennie Clark, Xavier Fernandes, Marilyn George (Nahtwekakatusake, Lakota: Holy Star Woman), Robert Henry (Sagajiwegiiwegiizhik, Coming from the Sun), Clayton Samuel King (Waab Shki Makoons, New Little White Bear), Nancy King (Ogimaakwebnes, Chief Lady Bird), Jeannette Luchese, Christina Luck, Joanna McEwen, Mary Louise Meiers, Jon Oelrichs, Mercedes Sandy, Paul Shilling (Dazaunggee), and Paul Whitman (Negik, Star Otter)

A formal opening reception will be held Saturday, August 19, from 1 – 4 p.m. in conjunction with Doors Open Aurora.

Second phase of upgrades to Memorial Park

BY MARK PAVILONS

King council recently approved staff recommendations to approve the work.

The tender was awarded to Latitude 67 for the work, totalling some \$929,397.

Phase one of the park's restoration and upgrades were approved in 2016. Work included the replacement of playground equipment and a revamping of the lower baseball diamond.

Earlier this year, the committee approved the second phase, designed to improve the upper ball diamond, upgrade the hydro service, replace the existing shade structure and washroom, and build a new splashpad.

The tender pricing for parts of the project were higher than originally anticipated. The lighting and washroom/shade components upped the cost noticeably. Staff removed this from the tender, and will be re-tendering it separately. Staff pointed out this washroom/shade structure is very close to four other planned projects in other King facilities like the Nobleton sports park and the King Heritage and Culture Centre Amphitheater. All of the facilities are slab on grade, block and wood beam construction with metal roofs. Staff believes there is potential for cost savings if they revamp their procurement plans.

Harlequin brings "the soundtrack of our lives" to Ribfest

BY BROCK WEIR

It has been over 40 years since singer and guitarist George Belanger jumped at an opportunity to join a fledgling band and, over that time, he and Harlequin have criss-crossed North America, building up a staggering fan base.

Some musicians itch for a change after four decades on the road, but each fan encounter fuels the passions which lie deep within the classic Winnipeg band.

He was raised with the sounds of Ray Charles, Nat King Cole and the Mills Brothers, firm favourites of his fathers, bouncing off the walls of his home. He saw how happy these performers made his father and, when Belanger himself saw bands like the Beatles on TV, he experienced a similar high.

They had their first rehearsal in that big ole' hotel and in the middle of their set, a hunter, dressed in head to toe camouflage gear walked in, parked himself in front of the hockey game on TV, but was distracted by the band. As luck would have it, this apparently everyday hunter was actually an agent with ties to the likes of John Lennon and Aerosmith, and the rest was a road paved with hits, accolades, and fans.

"People want to hear the soundtrack of their lives," says Mr. Belanger of the concert experience. "There are seven or eight songs in our repertoire that they have to hear and if you don't play them there will be a riot!"

"I am hoping they show up in droves and ready to rock because we still have a lot of energy, we still love to play, and we like to meet the people we met many years ago. We've been getting emails saying, 'We're so excited you're coming to Aurora. We haven't seen you since you were playing high schools.' Now these people are in their fifties and they are recalling their high school days. It is pretty thrilling to believe they still remember, still care, and still want to see you. I've got the best job in the world."

Harlequin headlines next week's Aurora Ribfest along with David Wilcox. Harlequin will take the stage Friday, August 25 at 9 p.m., with Wilcox following the next evening at the same time. Admission is free, age of majority past 8 p.m. Ribfest will take place August 25-27 at Machell Park. (2A Aurora Heights Drive, Aurora).

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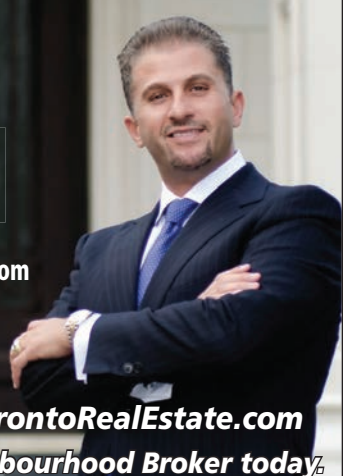



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Mindfulness Reflection Group in King

A new, 8-week Mindfulness Group for Youth and Adults who Experience Anxiety, Depression and Pain Management, will be starting in King, led by Mary Ventrella.

Here are her sentiments on why these groups are needed:

"One day, 19-year-old Stacy could not get out of bed because she was supposed to present an assignment to her group. She did not show up at school. One day led to three weeks. She had fallen so far behind she actually thought about quitting school altogether. She had decided she was too stupid. She did not share her problem with anyone: who would ever understand her anyway? Bed was the safest place to be..."

Mindfulness has become essential to my practice of counselling people with diverse life challenges, from nervous college students to people battling cancer. Anxiety has become a significant obstacle to living life to its full potential.

Stacey's story has a happy ending. She was able to share her fears and get help. With a school meeting and some accommodation, she was able to attend school and complete her courses. Her last report card boasted a 76 per cent average. Working together on changing her thoughts, and practicing mindfulness meditation allowed her to think differently without fear of judgement.

Angelina was diagnosed with cancer. She had lost hope and spent most of her days focusing on death and on how her children would suffer without her. She joined a mindfulness group where she began to see herself as more than just a cancer sufferer. She found it easier to live in the moment and focus on her healing. Today, she is cancer free and lives a bigger life than ever before.

Eli enrolled in Child and Youth Care studies, even though he had been told that he would never complete higher level education. He had his anxiety and learning challenges. Eli discovered his strengths in a Mindfulness Drumming Circle in a creative activity and fun space that provided the compassion and empathy he needed. He was able to share his story with supportive classmates in a classroom where the day always began with a few minutes of meditation, which has now become a regular practice for Eli. He passed his courses, but more importantly, he discovered a more comprehensive and capable self.

Mindfulness is a pathway to self-awareness and personal growth. Mindfulness casts a brighter light on life and the world and provides a clearer view. When we see, we begin to understand the nature of our anxiety and identify the symptoms of depression. When we suspend judgement of ourselves and begin to react with constructive objectivity, we can manage anxiety, depression and pain.

Studies have shown that women with early stage breast cancer receiving eight weeks of MBSR? Spell it out in lay words along with radiation therapy improved in sixteen areas of psychosocial health, including coping, meaningfulness, emotional control, reduced helplessness, depres-

sion, anxiety, and more positive affects.

Mindfulness practices can be traced back to at least early fifth-century B.C. The Buddha was an iconic figure in the exploration of intentions and actions as a way to understanding the world. By slowing down and organizing the mind, direct visualization and clarity become possible. Mindfulness is paying attention for real, with less interference from emotions, judgment and impatience. It is well known that such eastern practices have shown us how holistic healing is connected to our thoughts, emotions, body and spirit. Mindfulness is supported by many Western practitioners today as a way of relieving stress and chronic pain, improving immune systems and lowering blood pressure. Mindfulness has shown to make significant physical changes to our brains. Harvard professor Ellen Langer outlined that mindfulness led to greater understanding of one's environment, more openness to new information, and new ways of seeing familiar things, and heightened awareness of problem-solving.

When I chose Child and Youth Care as my avocation and began working with families, I discovered in people the need to find a way to look inward without fear and judgement. My research focused on mindfulness and creativity among leaders in organizations, and drew on the experiences of practitioners in my field as well as my own. Children and youth need to feel prepared to build their futures, and adults are the cornerstone of families and need support with their challenges in order to nurture their children. The environments of home, school and workplace need to be safe places to interact with others, to explore and learn about who we are so that we can live an authentic life in relation to others. Mindfulness is a retreat wherein quiet reflection gives us pause and makes us stronger to face the moment."

Starting in September Mary Ventrella, PhD, will be giving an 8-week mindfulness course for groups at St. Andrew Presbyterian Church, 13190 Keele Street in King City. To receive more information, or to register, visit maryventrellacounselling.ca, or call 416-896-5525. Find Mary on Twitter @mary_ventrella



PHOTO BY SONIA SACCO

Founder of King City Mindfulness Group, Mary Ventrella.

King Township Food Bank open Saturday

This Saturday, August 19th, marks the regular monthly Distribution at three centres across King. The Centres are open from 9-11 a.m. to distribute to registered users. There will also be a pop up Clothing Giveaway from 12-2.

If you need assistance and are not registered, it's important to call the Food Bank at 905 806-1125 so that food for you can be shipped to the right location.

Visit www.kingtowshipfoodbank.ca or e-mail ktfoodbank@gmail.com for more details. At the September Distribution, Christmas in King forms will be completed with requests for gifts and special food hampers.

Sincere thanks are extended to Hillside Gardens and a generous grower of cucumbers for produce donations that complemented the groceries available last month.

York Energy Centre is a Platinum Web Sponsor this year supporting KTFB for the second year in a row, and thanks also go to Knights of Columbus of St. Mary (Nobleton) for their cheque for \$1,450.

London Calling, this year's Sip & Savour fundraiser, will be held again at Nobleton Lakes, on Thursday October 19th. Businesses across King and beyond are pledging sponsorships, which means every penny of ticket sales will go directly to providing for those struggling in difficult times. Tickets will be \$50, with a discount to \$40 for advance sales. Mark your calendar, and find your broolly!

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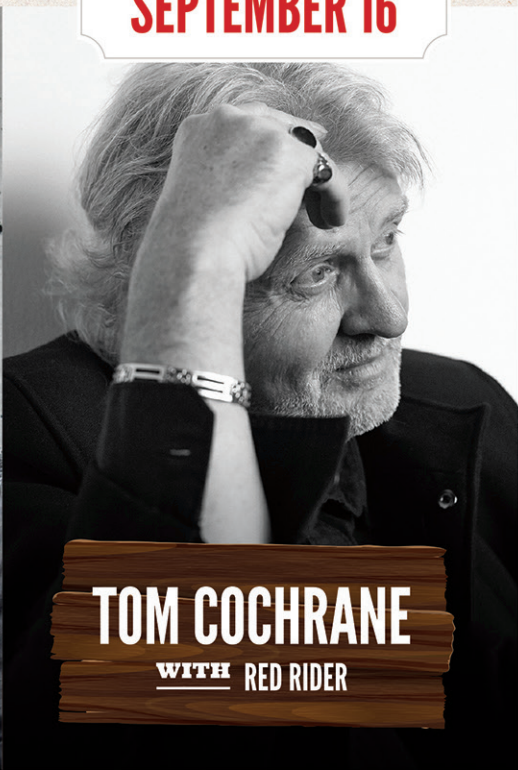
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Nobleton Notes

BY NANCY HOPKINSON

Nobleton United is joining Schomberg United for August. We will be enjoying services in Schomberg as follows:

On August 13, at 10:30 a.m., at St. Mary Magdalene, 116 Church Street, we will join Schomberg United and the Schomberg Anglicans for an Anglican lay-led morning prayer service.

On August 20, at 10:30 a.m., also at St. Mary Magdalene for an Anglican Communion service led by Rev. Sheilagh Ashworth.

On August 27, at 10:30 a.m., there is an ecumenical service with Anglicans, Presbyterians, and United Church people at the Dufferin Marsh in Schomberg. Park on Dr. Kay Dr. All three ministers are involved and sharing the service. All are welcome. Refreshments and snacks afterwards. Please bring something for the refreshment table if you can.

The August Senior's Luncheon is available to all local seniors on Tuesday August 29, 12 noon at 116 Church St., featuring BBQ hamburgers, hot dogs, sausages and salads. Local entertainment. For info, call Sheila 905 939-2315.

The picnic at Jack and Kim Campbells was a lot of fun. The Front Porch Harmony sang many songs. Minister Carol-Ann Chapman gave a brief message and then everyone socialized, ate from the BBQ and the pot luck salads and desserts. The younger folk used the trampoline, did cannonballs from the diving board, went on the swings and the slide and found frogs in the stream. The older folk sang "Happy Birthday" to Betty Huisman and enjoyed her birthday cake.

If you would like to meet Minister Carol-Ann Chapman, come to Sunday service, Wednesday service or phone the church and make an appointment. You are welcome to come to the church to meet, or Carol-Ann can visit you. Carol-Ann will be taking two weeks holidays in August, and returns August 22.

For more information, visit nobleton-unitedchurch.com, our Facebook page, or call 905 859-3976. Messages are picked up regularly. We are located at 6076 King Rd., north side, about six buildings west of Hwy 27. We have a big parking lot at the rear of the building, an accessible ramp at the rear of the building, chair lifts and accessible washrooms.

St. Paul's Church

Youth Group will be taking a break for the rest of the summer and will resume in September. Should you have any questions, you may contact our Youth Leader - Taylor Scott at scottie_taylor@yahoo.com / 289 338-2539.

A2J is taking a break for the summer and will resume the second Friday in September.

Join us Sunday, August 20th at 10 a.m. for

worship as we welcome Adelle Lauchlan to the pulpit. Adelle's message - Created to Pray. Child care (for children 3 years of age and younger) is provided during the gathering. Our summer program for NextStep and KidzKonnection takes place at the same time.

Jeff has a blog and he records his weekly messages there after worship each Sunday. Anyone interested in listening to his messages can go to www.passionatelyhis.com to hear them.

For more information about any of our activities or events, please contact the church office at 905 859-0843 or visit our website at www.stpaulsnobleton.ca

St. Mary's Catholic Church

2018 First Holy Communion & Confirmation Registration

Requirements: posted on Church website. Extra copies are available for pickup at the Parish office in Schomberg.

1st Holy Communion

Thurs. September 7, 2017 @ 6:30 pm - 7:30 pm @ St. Patrick Church

Thurs. September 14, 2017 @ 6:30 pm - 7:30 pm @ St. Patrick's Church

Sat. September 16, 2017 @ 9:00 am - 11:00 am @ St. Patrick's Church

Confirmation

Mon. September 18, 2017 - 6:30 pm - 7:30 pm @ St. Patrick's Church

Fri. September 22, 2017 - 6:30 pm - 7:30 pm @ St. Patrick's church

Mon. September 25, 2017 - 6:30 pm - 7:30 pm @ St. Patrick's Church

Late registration fee after Oct. 8th:

1st Holy Communion = \$60.00 Confirmation = \$70.00

Schedule of Events

Aug. 26th - Bettencourt/Schmitz wedding
Aug. 27th - St. Patrick's Cemetery mass @ 2 p.m.

Sept. 6th - Baptism Class - 7 p.m. @ St. Patrick's Church, Schomberg

Sept. 23rd - Maietta/Lazzara Wedding



PHOTO SUBMITTED

RBC SHORES UP FOOD BANK - Every year, RBC King Township performs a summer pack for the Food Bank at the Depot, giving Food Bank volunteers a two month vacation from this task. Seen above, Gary Vogan (in the hat), Operations Director with part of this year's team from RBC. In addition, RBC provides a cheque for \$1,000 that helps provide food cards.

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PHOTO BY SKID CREASE

Ionic "wolf" of Peyto Lake, Banff-Jasper corridor

Cross Canada for the 150th Birthday Party

BY SKID CREASE

When our Humberview grad got his acceptance to the cooperative program in Engineering at Waterloo, we realized that this could be our last summer holiday with him for the next five years. So, being Canada's 150th, we decided to make it a cross-country summer, stopping in at as many National Parks (NP) as we could.

It was far more spectacular than we expected. A journey like that makes you appreciate the size and splendour of our incredibly diverse country. The fact that it takes three days alone to get out of Ontario was one small indicator. After Tobermory, the Chi-Cheemaun Ferry to Manitoulin, the spectacular coastline of Lake Superior, and Kakabeka Falls in Thunder Bay, we were already exhausted.

But then came Riding Mountain NP in Manitoba, a cross between Blue Mountain Resort, Disneyworld and Algonquin Park – a very polished resort-style National Park. Contrast that with the Prairie wilderness of waving grasses, high winds, and endless horizon line at Grasslands NP in Saskatchewan, complete with prairie dogs and bison. Note to self: who knew black widow spiders liked to hide in prairie dog burrows? Check shoes in the morning...

Then it was through Cardston and the magnificent Mormon Temple there, to the splendour of Waterton Lakes NP. Nothing can compare to driving off the total flat of the Prairies and coming into the sheer vertical rise of the Rocky Mountains. Breathtaking and humbling. The Waterton hikes give spectacular views across the Rockies and south into Montana, while the Townsite offers an eclectic mix of shops and cafés – could have spent a month here.

Next, it was off to Gladstone Provincial Park in BC for a quick overnight, and a lot of smoky haze from the William's Lake wildfires before taking our young engineer to the Hope Slide and bear witness to what

happens when the earth moves. In 1965, in less than four minutes, the entire mining town of Hope was buried under tonnes of rock when the entire side of Turtle Mountain sheared off. A sobering site for young engineers to remember where the real power resides.

It was a quiet ride up to Vancouver, the Pacific Ocean and a family visit and rest time before the return journey. Relaxing hikes in the Lynn Valley Canyon, walking Lion's Gate Bridge to Stanley Park, and digging for clams in the Port Hardy estuaries. Good playtime with a brand new grandchild and then packing up tight for the return journey.

The return trip back from Vancouver was nothing short of spectacular. First, you rise through the Coast Mountains from Vancouver, and then cross the Intermountain Plateau, and next the Rockies via Glacier and Yoho National Parks via Roger's Pass. Each vista is more breathtaking than the last, and the Trans-Canada highway itself makes the best ride at Canada's Wonderland look like tame by comparison. This IS Canada's wonderland.

After walking the trail to Yoho's Takakkaw Falls with a crowd composed of every culture under the sun, we headed for our final Canadian visit along the Icefields Parkway for three days in Banff National Park. It was pure luck that the William's Lake, 100 Mile House, and Sunshine Village wildfires had been contained (with 40,000 evacuees much relieved), so the skies were crystal clear when we did our area hikes. I had to scramble out onto a rocky outcrop to get a tourist-free shot of the turquoise waters of Peyto Lake, but it was worth it! We hiked this trail with all ages and stages and languages that you could imagine – a triumph of diversity and community – the world invited to share our True North, respectful and free.

Cont'd on Page 12



Self Employed?

3 Ways You Can Obtain a Great Mortgage

Many Canadians find self-employment to be highly exhilarating and rewarding. In Aurora and Newmarket there are over 8,200 self-employed people pursuing their passions and the numbers are growing.

While most of the self-employed prefer being their own boss, they often struggle with obtaining a mortgage.

These borrowers do not meet the bank's lending criteria for income requirements, and are therefore turned down. Banks require that they use their tax assessments to qualify for a mortgage. While maximizing expenses, their tax return may show a significantly lower figure than what they actually take home as income.

There is some good news however. If done right, securing a mortgage can be quite easy.

Some common advice has been to simply write off fewer expenses in the two years leading up to the property purchase or mortgage refinancing. However, this defeats the purpose of self-employment and results in paying more taxes.

Instead, self-employed individuals are taking advantage of these 3 different ways to qualify for a mortgage, whether for purchasing or refinancing.

QUALIFY WITH BUSINESS REVENUE

"We take into consideration all sources of the client's income, including stated business income, something the banks don't do," said Victor Camba, a mortgage agent who specializes in matching self-employed borrowers with lenders.

There are specialized programs for those who have a proven history of managing their business, credit and finances responsibly. **Unlike at the banks, consideration is given to the borrower's business revenue in addition to personal income.** Generally, a self-employed borrower can qualify and obtain a great rate if they can prove their business activity can support the desired mortgage and they have a minimum 20% down payment.

QUALIFY WITH NET-WORTH

There is a new program ideal for self-employed borrowers who have accumulated net-worth and have at least 25% down-payment. **There is no income**

verification for qualification. In addition to the down-payment, the borrower's net-worth must be at least 20% of the size of the mortgage, and may include liquid assets such as cash and investments.

As an example, if the desired mortgage is \$400,000, the borrower is required to have a down-payment of \$100,000 and additional assets of \$80,000 in cash or investments, such as RRSP or mutual funds.

QUALIFY WITH A DOWN-PAYMENT

This program rewards business owners who have managed to save and can provide a down-payment of at least 50%. **This program is also ideal for borrowers who are looking to downsize and carry a smaller mortgage.** There is no income verification, but good credit is required.

"The fact is, many self-employed individuals and business owners are unaware of their options," said Victor. "They would greatly benefit from working with a mortgage broker specialist who understands their specific needs and the complexities of the market."

An experienced mortgage broker will also have close professional relationships with multiple lending institutions. This increases the chance of getting the borrower an approval, as well as obtaining attractive rates.

"We do all the heavy lifting for our clients – the paperwork, the rate comparisons, and negotiations," said Victor.

The road to home-ownership for the self-employed may be a bit more of a challenge than for others; however, by being prepared and knowing available options, they too can enjoy the fruits of their hard-earned labour as home-owners. If you are self-employed and looking for some advice, contact Victor today for a free consultation.

Email: victor.camba@unioncapital.ca

Call: 416-435-8340

Victor Camba is the Director of Business Development, Lending for UNION Capital Management. Mortgage Brokerage Lic# 10318 - Mortgage Agent license #M14001907



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The Nuances of Colour

Ever since I was a young child, I recall having a very strong reaction to colour. It always annoyed me that playground equipment was painted in primary colours. My father's selection of colour for our 1973 Mustang was canary yellow, much to my objection.

These days I ask clients if they have any "colour allergies" and the answers vary widely: "nothing too dark.... nothing too muddy.... we don't like beige tones...."

What is being expressed here is one's emotional reaction to colour, and just like emotion, colours have nuances.

Understanding the nuances in a colour will help you to make more successful choices and please those inner voices. The first step is understanding the undertones of a colour. Blue undertones will cool and orange will warm.

Do you wonder why after picking a colour in the store you take it home and it just doesn't work? And why do some colours look great in the day, but just look 'off' at night? It is the affect that lighting has with the undertones in the colour. So make sure you test your colours at different times of the day.

The Colour Stories Collection from Benjamin Moore has some of my favourite colours for depth and nuance variation that is stunning both day and night. Smoke and Mirrors & Vintage Pewter are 2 greys that are my go to's for "Restoration Hardware" inspired spaces. Check out First Crush, French Macaroon and Picket Fence for uber delicate, yet sophisticated palettes for your pied a terre.



Marcy Nemes is Principal Designer at Design on King, with over 25 years as a Registered Interior Designer.

Cont'd from Page 11

We made a nostalgic visit to our wedding site under the peaks of the Three Sisters in Canmore, and to the Hoodoos near our Tunnel Mountain campsite at Banff, before we packed up and headed home via Estevan, Saskatchewan. This was the crossing point for so many Syrian refugees this winter. One could only imagine their desperate quest for freedom that they braved the -40°C temperatures and limb freezing Prairie winds as they crossed from Portal, North Dakota into Canada.

We had decided on the faster U.S. route home and made the trip across North Dakota, Minnesota, Wisconsin, Indiana and Illinois as quickly as possible. After one hotel night in St. Paul, Minnesota our last campsite was near Grand Rapids, Michigan. It was at a KOA campgrounds and was by far the largest, most comfortable campsite of the entire trip. The facilities, however did not compare to the excellence of our National Parks. The other difference, perhaps the most profound revelation of the trip, was that at this campsite, everyone was white and spoke English.

When crossed the border and saw that first big Canadian flag waving proudly over the American-Brazilian owned Tim Hortons, we all spontaneously broke into our national anthem, in English and French, including "In all of us command", with a heartfelt Miigwetch at the end. Old wisdoms, new realities.

Oh, Canada, thank you for your diversity in landscapes and in peoples. In celebration of 10,000 years of First Peoples cultures, and 150 years of European nation building, Happy Birthday Canada. It was the trip of a lifetime!

For the six years prior to this trip we did the run every summer from Caledon to family on the East Coast, so Québec, New Brunswick, Prince Edward Island, and Nova Scotia have been well explored,

including the Cape Breton's iconic Cabot Trail. I have been fortunate enough to have swum in the Atlantic, the Pacific and the Arctic Oceans, panned for gold in Dawson City, danced under the Northern Lights in Arviat, and shared mukluk in Iqaluit. We are blessed with a beautiful country.

Maybe one day my children will get to The Rock for Newfoundland's 100th Birthday. It is always the journey though, never just the destination. Happy trails!



PHOTO BY SKID CREASE
TAKKAKAW FALLS - Shawna, Boston, and William at the "Red Chairs" lookout.

Schomberg Should Know

BY JOHN ARNOTT

St. Mary Magdalene's Steve Cress and Christ Church, Kettleby's Geoff Peat handled the 10:30 morning service [Morning Prayer] this past Sunday August 6th with flare and grace as combined parish 10:30 am services returned to St. Mary Magdalene's Schomberg for the August month—thank you gentlemen. Arlene Cress hosted the refreshments following the service—thank you Arlene.

This coming Sunday August 13th we look forward to welcoming members from the Schomberg and Nobleton United Churches for a 10:30 am Morning Prayer Service with Christ Church, Kettleby and St. Mary Mag-

dalene's in the Schomberg Anglican Church 116 Church. Refreshments will follow

On Sunday August 20th we welcome back from holidays parish priest Rev. Sheilagh Ashworth who will take the 10:30 am Morning Prayer Service as we once again host members of the above mentioned United Churches. Refreshments follow.

Several churches in the Schomberg area will join together for a special ecumenical morning service in the Schomberg's Dufferin Marsh on Sunday August 27th. Light refreshments will be available

Everyone is cordially invited to take part in one, some or all of these upcoming events.

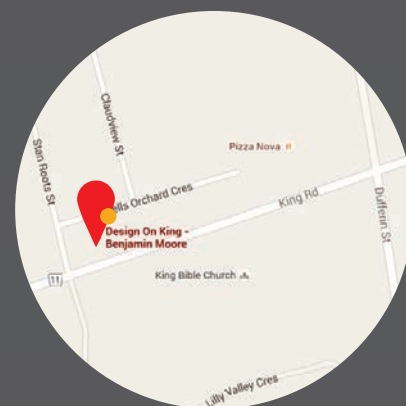
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King's Corners

All Saints Anglican Church By Diana Armitage

ALPHA @ ALL SAINTS! Want to find out if God might be good for you? Join the world-renowned Alpha Course – Good food and good discussion. All Saints King City, 12935 Keele St., is inviting anyone in search of more meaning in their life to join ALPHA, a carefully designed 12-week course on Christian basics which has inspired tens of thousands of spiritual seekers in over 100 countries.

Beginning September 19, at 6:30 p.m. with a light supper at the church, the evening moves into a challenging video presentation to inform and motivate discussion among participants in smaller groups. These conversations are informal and wide open – there are no “correct” answers, and no exam at the end of the course!

We'll be welcoming our ALPHA guests every Tuesday evening at 6:30 p.m. from September 19 to November 28. Email allsaints3@bellnet.ca if you would like to join us – we'll be happy to meet you! Find out more about the course at the Alpha Canada website (alphacanada.org) or check our Facebook page (All Saints, King City).

Our Summer Worship Schedule continues through August with 8 am and 10 am services in our chapel. Thank you, Lavinia, for your beautiful music! We wish Lavinia all happiness and welcome back Quirino who returns from holiday this Sunday. Reverend Claire Goodrich-Dyer continues with us for the month of August while Reverend Elizabeth Green is away.

St. Andrew's By Kathy Patterson

How wonderful it was to have Alison Agnew back with us again to lead us in worship! We have been richly blessed this summer at St. Andrew's with our “pulpit supply” and we invite you to join us at 10:30 a.m. on Sundays! This Sunday Pastor John Mills will be returning and August 27 Lynn Vissers will be back from vacation and will take the service.

Last week Alison challenged us with the story found in Luke 18 about someone who thought he “had it all”, but was told by Jesus that he lacked one thing...he didn't have the faith to place the Lord first in His life. His things, his treasures were more important and so he missed out on really living the abundant life that Jesus had to offer him.

Sunday School will be starting up once the children are back in school. Children are welcome to sit with their parents in the sanctuary and quiet activities are

available for them. A nursery is also available. Stay for coffee after the service.

This summer we are encouraging folks to pray while they take a walk! Pamphlets are available that may be used as a guide. Anyone may participate at anytime, wherever, with others or on their own. Let's get out there. God will be listening! Pamphlets are in the narthex or call the office if you would like some pamphlets for your prayer walk.

As wildfires remain active in B.C., please continue to pray for the affected communities and the first responders. Check out www.presbyterian.ca for reports regarding the Cariboo Mission and how you can help.

Mark your calendars! Only a month away...The Welcome Back BBQ is Sunday, September 17 following the morning Worship Service. Hope to see you there!

Our church office number is 905 833-2325. We are located at 13190 Keele St., 2 blocks north of the King Rd. A ramp is available for accessibility. <http://www.standrews-kingcity.ca/>

During the summer holidays, should you have pastoral care needs please contact our Interim Moderator, the Rev. Dr. Neal Mathers at 905 895-5512 or the Rev. Dr. Jeff Loach, St. Paul's, Nobleton at 905 859-0843.



PHOTO SUBMITTED

KNIGHTS CONTRIBUTE – The Knights of Columbus, Sacred Heart, presented a cheque for \$500 to the King Township Food Bank. The money was raised at their lasagna cookoff. King Township Food Bank is grateful for the generous support from the Sacred Heart community; the church has been sending a monthly cheque for several years, making them a Founding Platinum Sponsor. Shown are (l to r) Fr. Michael of Sacred Heart, Carol Ann Trabert KTFB, Greg Maltby Grand Knight.



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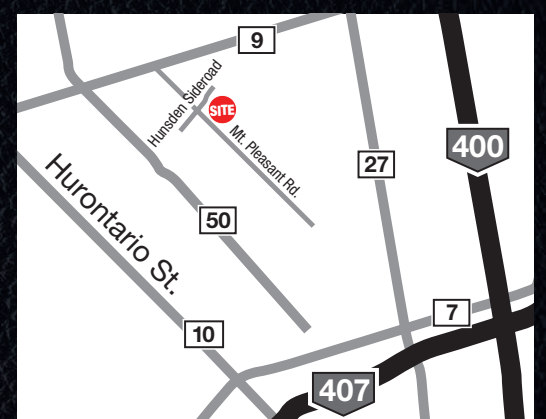
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Singing from the heart lands Schomberg's Jayne into Showdown

BY BROCK WEIR

Stepping onto the stage in front of the judges can be a little daunting for even the most hardened performers, but for Schomberg resident Zoe Jayne, all it took was a little heart.

Ms. Jayne was one of the Top 40 contestants, whittled down from entries from all



across Ontario, in the 2017 Hoedown Showdown, the annual contest hosted by Magna International searching for Canada's next country music superstar.

Held each year in conjunction with Magna's Wild, Wild West Hoedown, York Region's biggest fundraising party, the Hoedown Showdown attracts a wide variety of contestants ranging in age from 13 to 80-plus.

Zoe was in good company when she took over the Theatre Aurora stage for the preliminary rounds last Thursday, performing Kacey Musgraves' "Somebody to Love" for judges Tom Cross of Metal Works Studios, Magna's Steve Hinder, country star Beverley Mahood, and media personality and philanthropist Joan Walker.

"Everyone is so unique and different from one another, which is going to make it tough because there is nothing to compare it to," said Ms. Mahood. "Each have their own thing and we're just sitting here impressed with the originality of each one of the contestants so far."

Added Ms. Walker: "Some of the con-

stants we have seen are back from previous years and the improvements have been incredible. It is really nice to see that growth and that is why we are doing this: to give people a stage, an opportunity, give them some feedback, and hopefully they learn and grow from it."

Telling judges she chose a song by Musgraves because "she sings from the heart" Ms. Jaynes subsequently tugged at the judges hearts as well.

"You have a beautiful stage presence," said Ms. Mahood.

Added Mr. Cross: "I don't know how you're going to do in this competition, but you have been my favourite so far. You sound like a very old soul."

Needless to say, Ms. Jayne cracked the Top 20.

The Top 20 will perform for judges and audiences alike at Aurora's Ribfest next Saturday, August 26, where the Top 10 will continue on for a mentorship week before the ultimate finals under the Hoedown big top on Friday, September 15.

The Top 20, in alphabetical order are:

1. John Anderson, 16, Barrie
 2. Kylie Angel, 28, Ancaster
 3. Sarah Campbell Mills, 14, Burlington
 4. Mike Chianelli, 17, Sutton West
 5. Pierina Cincinnato, 46, Mississauga
 6. Patrick James Clark, 23, Mulmur
 7. Darren Evorglens, 41, Oakville
 8. Abby J. Hall, 17, Burlington
 9. Zoe Jayne, 17, Schomberg
 10. Dave Lang, 41, Newmarket
 11. Alannah Lipsett, 21, Claremont
 12. Nicole Mastrangelo, 20, Enniskillen
 13. Christopher Normandeau, 29, Stouffville
 14. Omarr Rahal, 21, Stouffville
 15. Jayme Lynn Reed, 21, Keswick
 16. Katie Sacco, 17, Toronto
 17. Melissa Suma, 15, Aurora
 18. Lauren (Renee) Vandervecht, 22, Sharon
 19. Cameron von Criegern, 19, Peterborough
 20. Colette Zorzella, 40, Aurora
- For more information, including the Top 20 round at Ribfest and Hoedown itself, visit www.hoedown.ca

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LASKAY HALL SOCIAL – This year's Laskay Hall Raspberry Social was a happy event. No rain appeared, so the event was able to be enjoyed outside with lovely tables decorated with fresh flowers. The raspberries were heaped on the cake or on the raspberry pie with ice cream if you wished. Everything was delicious. Many thanks to the worker bees to ensure another successful event. Bob Sharer, Carol Sharer, Joan Jackaman, Deb Burgess and Darlene Jones. Joan and Deb, ex-Noble-tonians, now live in St. Thomas and made the two-hour trip to rejoin Nobleton friends.

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Community News & SPORTS



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Amy Millar and Heros

Millar wins two events at Caledon Premier

There's no denying that last week was a good one for Amy Millar.

The 2016 Olympian from Perth got things started last Thursday by winning the \$35,000 FEI Open Welcome, presented by RAM Equestrian. Then she repeated the winning performance Saturday in the \$50,000 CSI2* Grand Prix, at the Caledon Premier II at Caledon Equestrian Park in Palgrave.

She did it on Heros, her mount in last year's Olympic Games in Rio.

Saturday's event saw Millar up against 20 other competitors. The course designed by Marina Azevedo of Brazil yielded eight clear rounds, setting the stage for an exciting jump-off.

The first four riders to return for the jump-off all incurred faults, leaving the door wide open for the final four. Shannon Clifford of Paris, Texas was the first to post a clear round, guiding her 12-year-old Selle Francais gelding Riesling de Milvrault home in a time of 43.01 seconds.

Palgrave area resident Erynn Ballard was next into the ring and moved into the lead with a clear round in 40.66 seconds riding Thalys Z, a nine-year-old Zangersheide mare owned by The Thalys Group. Her time at the top was short-lived, however, as Rachel Cornacchia of Foothills, Alberta, and Valkyrie de Talma, an eight-year-old Selle Francais mare owned by Eventyre Farms Ltd., were faster still, clocking in at 39.08 seconds.

As the final challenger, Millar knew what she had to do, and rode a tight course with time-saving turns that saw her stop the clock at 38.05 for the win.

"It was lovely that I drew last, and then got to go last in the jump-off because I knew how fast I had to go," she said. "On Thursday, there were 12 in the jump-off and there were a lot of double clears, going faster and faster, so I went all out. Today, going last, I knew I had an inch here and there. It's a nice feeling to know exactly what you have to do, and my horse jumped so well."

At this time last year, Millar was in Rio de Janeiro, making her Olympic Games debut as a member of Canada's fourth-placed team. Fast forward one year, and Millar and her Olympic mount Heros found themselves standing in the winner's circle twice in one week.

"Heros is on form, and I am so happy," said Millar of the 10-year-old Belgian Warmblood gelding owned by AMMO Investments. "Last year was such an amazing experience; the horse kept giving me more and giving me more right up until the Spruce Meadows 'Masters' in September. Then he was a little hit or miss, so it's been a process. This year had not been nearly as exciting until this week. He's right back on form and hasn't touched a rail all week.

"He's so talented, and when he's game and with me like he is right now, he's unbeatable," continued Millar. "I have to say

thank you to my owners and the people who support me, especially the Matthews, Overlund, and Millar families for standing behind me. Without a fabulous horse to do these things with, I wouldn't be where I am today."

Last Thursday's event saw half the field make it to the jump-off, and the course in the second round proved to be a lot more exacting, especially along the first portion. The first four competitors picked up faults before Millar's brother Jonathon was able to ride clear on Daveau, turning in a time of 42.77. He didn't have the lead very long, as his wife Kelly completed the course in 42.34. on Cacharel. Other fast times were entered, and Millar and Heros were the second last combination to go, completing the course in 38.65.

Ballard and Thalys Z were the last to go out and they came within half a second of Millar's time, but they weren't able to beat it and they had to settle for second.

"The first round was friendly today," she commented after the award ceremony Thursday, observing the jump-off was more of a challenge. But she also knew her mount was up to it.

"He's a good boy," she said. Kathryn Dafoe of Nobleton competed both days on Eos van de Donkhoeve, turning in two clear rounds. She, alas, took a little too long to do it and picked up one time fault each day, keeping her out of the jump-off.

Another important member of the Millar Brooke Farm team was also a winner over the weekend. Danny Ingratta, who has worked for the Millar family for seven years, was selected as the recipient of the McKee-Pownall FEI Groom Appreciation Award.

"I know everyone probably thinks their staff is the hardest-working, but I think Danny works harder than anybody at the horse show," said Millar, who was accompanied to the Rio Olympics by Ingratta. "There are four Millars now between Ian, Jonathon, Kelly and myself, and he supervises all of our grand prix horses. He is a very important member of our team, and it's great to see his efforts recognized."

While nothing can beat the experience of competing at the Olympic Games, the Caledon Equestrian Park is special in its own right, having hosted the equestrian events for the 2015 Pan American Games where Canada won the team gold medal.

"It's always fantastic coming to the Caledon Equestrian Park," said Millar, 40, who is a regular competitor in Caledon. "The footing, the FEI stabling, the course designing; the whole set-up is wonderful for our horses. If it rains, we can ride indoors, and there's lots of space to train your horses properly."

The Caledon Equestrian Park will host its fourth and final FEI-sanctioned competition of the 2017 season, the ever-popular CSI2* Canadian Show Jumping Tournament, from Sept. 20 to 24.

Sisters on Women's Rugby World Cup squad

BY BILL REA

Canada's senior women's head coach Francois Ratier has named a 28-player roster for the 2017 Women's Rugby World Cup to be held in Ireland next month, and there are two members from Bolton.

The squad features 18 returnees from Canada's 2014 squad that won silver including captain Kelly Russell and her sister Laura.

Laura, 28, was on the team in 2014, having been a member since 2011, and Kelly, 30, has been a member since 2007.

They both got their start with Toronto Nomads, and then with Cowichan Rugby Football Club of Vancouver Island.

The 2014 tournament saw Canada take the silver behind England.

"We're hoping to do one better," Kelly commented.

Rugby is something of a family tradition for the Russells.

"Our dad played when we were growing up," Kelly commented, recalling they used to attend his games when they were kids. She started playing when she was in Grade 10 at Humberview Secondary School.

"As soon as I got to Humberview in Grade 9, I joined up," Laura said.

The sisters are currently based in B.C. Laura works at Shawnigan Lake School on Vancouver island in the office, but she also coaches rugby and helps out at the boarding house. Kelly is a residential facility assistant at Brentwood College School, also on Vancouver Island, and coaches rugby and works with students on strength and conditioning.

"We're rivals," Laura said, referring to the two schools' rugby teams.

There's been considerable preparation for the coming tournament.

Laura said they took part in a tournament in Ireland in November, as well as a Can-Am series in April. And they just got back from a tune-up tournament in New Zealand.

The squad selected shows very little turnover from Canada's Can-Am Series and International Women's Rugby Series (IWRS) earlier this year.

Canada beat the U.S. twice in March, winning 39-5 and 37-10 before heading to New Zealand for the IWRS.

Canada finished third in the IRWS after a 28-16 loss to the Black Ferns, a 27-20 defeat to England and a resounding 45-5 win over Australia.

Canada currently ranks third in the world. In Ireland, they will face second-ranked New Zealand, 10th-ranked Wales and 23rd-ranked Hong Kong. All three pool games will take place at Billings Park UCD in Dublin.

"First we need to get through the pool," Ratier said. "With this tournament format, there is no room for mistakes."

The team will be leaving for Ireland July 26. Canada faces Hong Kong Aug. 9, Wales Aug. 13 and New Zealand Aug. 17.



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Twenty-four male drivers and four female drivers were charged with impaired-related driving offences between Monday, August 7, and Monday, August 17. Twenty-six drivers were charged for being impaired by alcohol and two drivers failed to provide a sample of their breath. Ten of those drivers were stopped by officers conducting general patrol or at RIDE spot checks, 15 impaired drivers were stopped as a result of calls from concerned citizens two drivers were arrested after being involved in a collision.

On Friday, August 11, shortly after 11 p.m., York Regional Police were called to the intersection of Weston Road and Blue Willow Drive in the City of Vaughan for a report of street racing, where one vehicle lost control and drove into a garage of a house. When officers arrived they located a Nissan GTR that had struck a parked vehicle and house on Foxchase Avenue and were advised the driver fled on foot. Officers located the driver nearby and he was placed under arrest. Officers could smell alcohol coming from the driver and he was also found to be in possession of drugs. He was taken to #4 District Headquarters for a breath test which he failed. The inves-

tigation is ongoing and investigators are looking for any witnesses that may have seen the race that led up to the collision.

Charged is a 25-year-old man from the Township of King with:

- Impaired Driving
- Over 80
- Dangerous Operation of a Motor Vehicle
- Fail to Remain
- Possession of a Controlled Substance
- Public Mischief

On Friday, June 30, 2017, York Regional Police launched a summer impaired-driving prevention campaign Not One More, with the goal of preventing another impaired driving-related tragedy like the devastating collision that claimed the lives of the Neville-Lake children and their grandfather. As a part of this campaign, York Regional Police has been posting and handing out drawings that were done by the close friends of Daniel, Milly and Harrison Neville-Lake that depict the pain and loss suffered by the children as a result of impaired driving.

York Regional Police thanks the citizens who chose to make the right decision this weekend to not drink and drive.

If you see dangerous driving or behaviors on the road that could jeopardize the safety of motorists and pedestrians, you are encouraged to contact police immediately.

For more information call 1-866-876-5423.

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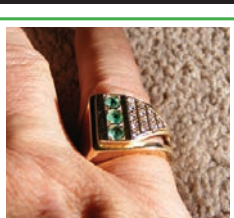
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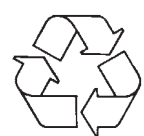


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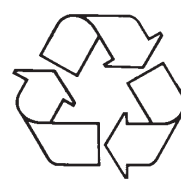
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708 OBITUARIES

Agar, Eileen
Peacefully at Southlake Regional Health Centre, Newmarket, on Tuesday, August 8, 2017, Eileen Agar (nee Dunn), beloved wife of the late William Ronald (Ron) Agar. Dear and loving mother of Douglas and Laurie, Gordon and Angie. Proud grandmother of Kevin, Daniel, and Kristy. Dear sister of Susan Loach and predeceased by Audrey, Albert, Lillian, and Ronald. The family received their friends at the Egan Funeral Home, 203 Queen Street S. (Hwy. 50), Bolton (905-857-2213) Thursday evening 5 - 8 o'clock. Funeral service was held in the chapel on Friday, August 11 at 2 o'clock. Private interment Nashville Cemetery. Condolences for the family may be offered at www.EganFuneralHome.com

708 OBITUARIES

Batherson: Barbara Jean
Peacefully, at Matthews House Hospice, Alliston, on Sunday August 13th, 2017. Barbara, in her 88th year, beloved wife of the late Gerry Batherson. Loving mother of Lorina (Gary) Stevens and Penny Batherson (Warren Mitchell). Sadly missed by her grandchildren, Adam (Sarah) Stevens, Melissa Washington, and Christopher Washington. Dear sister of the late Shirley Gregory and Delores Broadbent. The family will receive friends at Rod Abrams Funeral Home, 1666 Tottenham Road, Tottenham, 905-936-3477 on Friday August 18th, 2017 from 10:00 am until time of memorial service, in the chapel, at 11:00 am. Donations in Barbara's memory to Matthews House Hospice would be appreciated by the family. www.RodAbramsFuneralHome.com

708 OBITUARIES

Emmett: Dennis Stephen
Peacefully at his home, with family by his side on Sunday August 13, 2017. Dennis Emmett at the age of 63 years, beloved husband of Ann Emmett (nee: Middleton). Loving father of Vicky Bamford (Rob), Charlotte Emmett (Jay Hiles), Rebecca Emmett-Crombie (Heather), and Tristan Emmett. Dear grandfather of Lily, Jack, Aiva, Tavia, Alexander, Victoria, and Gavin. Sadly missed by his close pal "Sadie". Forever in the hearts of his sisters, brothers, nieces, nephews, extended family, and many friends. A special thank you to Dr. Nishikawa and all the nurses who came to visit Dennis; and the doctors and nurses at Southlake Regional Health Centre. A Celebration of Life will be held on Thursday August 17, 2017 from 6-9 pm, with a Legion Service and Words of Remembrance at 7 pm, held at the Tottenham Legion (Branch #329 - 25 Richmond St. E. Tottenham ON). In lieu of flowers, donation to the Tottenham Legion would be appreciated by the family. Arrangements entrusted to Rod Abrams Funeral Home Tottenham. Online condolences may be made at www.RodAbramsFuneralHome.com

708 OBITUARIES

Graham, Jean Agnes Elizabeth
Passed away peacefully on Wednesday, August 9, 2017 in her 89th year at the Eden Place Retirement Home in Belleville, Ontario. Jean was the loving wife of the late J. Walter Graham; dear mother of Don (Elizabeth) Graham, Nancy (Harry) Dunning, Jim Graham, Linda Reid (Neil Owens). A beloved sister to Harry (Marilyn) Matthews, Marion McGee and the late Doris Brady. She was also very proud of and loved by her 11 grandchildren and 18 great-grandchildren. She will be dearly missed by her many nieces and nephews and forever remembered by Fran Isetta Graham and Greg Reid. Jean will be sadly missed by her many friends of both Belleville and King City. Jean's wishes were for cremation with an interment and a Celebration of Life. The Celebration will be held on Saturday, October 14, 2017 from 1-4 pm at the King City Seniors Centre, 30 Fisher St. King City, Ontario.

709 IN MEMORIAM

Randy Lemire
June 29, 1948 - August 15, 2015
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Nobleton Notes

Nobleton United Church
By Nancy Hopkinson

Our minister Carol-Ann Chapman is enjoying two weeks vacation and returns on Tues. Aug. 22. We are joining Schomberg United on Aug. 20th at 10:30 a.m. at St. Mary Magdalene for an Anglican Communion service led by Rev. Sheila-lagh Ashworth.

On Aug. 27th, at 10:30 a.m. there is an ecumenical service led by Ministers Carol-Ann Chapman (Nobleton & Schomberg United Churches), Rev. Sheila-lagh Ashworth (Kettleby's Christ Church & Schomberg's St. Mary Magdalene) and John Hung (Schomberg's Emmanuel Presbyterian) at the Dufferin Marsh in Schomberg. Park on Dr. Kay Dr. All are welcome. Refreshments and snacks (fruits and desserts) afterwards.

The August Senior's Luncheon is available to all local seniors on Tuesday August 29, noon at 116 Church St., featuring BBQ hamburgers, hotdogs, sausages and salads. Local entertainment. For info, call Sheila 905 939-2315.

We at Nobleton United were sad to learn that our beloved former organist Eileen Agar passed away on August 8. Eileen and her husband Ron were saying "Goodbye" to their cottage two months ago (it had been sold), when Eileen took a serious fall and Ron died after rushing to get help for her. Eileen never really recovered. She and Ron were long-time Nobleton residents. Eileen loved the church hymns and played them on her organ at home when Ron went out for a walk. When she was our organist, she directed both Senior and Junior choirs. She was a perfectionist and strived to have the choirs do their best, but she was also a fun person, full of good-hearted laughter.

Messy Church returns on Tuesday Sept. 19, 5-7 p.m. with optional crafts, activities (including table tennis) and a short interactive Bible story followed by a meal. The admission price is free. For more info, ask for me, Nancy, at 905 859-0761.

If you would like to meet Minister Carol-Ann Chapman, come to Sunday service or phone the church and make an appointment. You are welcome to come to the church to meet, or Carol-Ann can visit you. Carol-Ann will return from holiday on Aug. 22.

For more info, visit nobletonunitedchurch.com, our Facebook page, or call 905 859-3976. The Nobleton United Church office is normally open on Tues., Wed., and Thurs. mornings, but right now the office is closed for holidays. Messages are picked up regularly. We are located at 6076 King Rd., north side, about 6 buildings west of Hwy 27. We have a big parking lot at the rear of the building, an accessible ramp at the rear of the building, chair lifts and accessible washrooms.

King City United Church

BY EARLE LAYCOCK

Rev. Evelyn McLachlan based her sermon on Acts 2: 37-42 where Peter is inviting everyone to be baptized. Baptism is a symbol of new life, forgiveness of sins and an invitation to lead the best lives we can into the future. As Rev. Evelyn noted: "...The racist and fear-mongering behaviour of the white supremacists in Charlottesville, Virginia on Friday as they beat those standing for God's call to support and love one another, is against everything that our baptism invites us to. We have all been created by God and we are all equal in God's sight. Jesus did not bring swords to speak against the religious authorities who wanted him destroyed. He healed the ear of the soldier who came to arrest him after one of his disciples cut it off. He asked God to forgive those who had sentenced him to death. He lived his baptism right to his dying day. That is what we are called to do. That is the invitation that Jesus offers us each and every day."

Are we living our lives to be the best we can be? Remember the words of Jesus when asked what the greatest commandment was: "...you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. The second is this, you shall love your neighbour as yourself. There is no other commandment greater than these." (Mark 12: 28-31)

King City United was filled Saturday with family, friends and coworkers, celebrating the life of William Heaslip who died peacefully on July 15th 2017. A kind, gentle but thoughtful man, Bill will be missed by his children David, James, Anne, John, Patricia, Robert, Kathleen and Paul; his 12 grandchildren and 4

great-grandchildren. Bill was one of the members of the congregation responsible for the design and construction of our current church building. KCUC will miss Bill's guiding hands. We hold the Heaslip family in our thoughts and prayers.

It's not too late to send us a postcard during your summer travels! There will be a prize once again for the person who has travelled the farthest (or maybe sent the most postcards). Wherever you travel, find time to join another community of faith in worship and bring them greetings from King City UC.

Hungry for breakfast? If your Friday mornings are free and you desire something a little different for breakfast, join us for Tea and Talk at King City Sunset Grill Friday mornings at 10 a.m. We usually are seated at the table to the right of the doors. This is a time to make some new friends, enjoy a delicious breakfast and discuss the latest news or scores.

Please remember that King City United will hold worship services every Sunday morning at 10 a.m. during the summer. Join us and give thanks for the gifts we enjoy as residents of this beautiful area. Sunday school, for the young people, will resume in the Fall. Young folk are welcome to join their family in the Sanctuary for worship and participate in a story for children every Sunday. King City United is located at 50 Elizabeth Grove, King City. For more information, call our Office Administrator Kristen at 905 833-5181 or visit our website: www.kcuc.ca



York writer promotes first book



Valerie Bevilacqua was at The Roost Cafe recently, signing copies of her first book.

BY MARK PAVILONS

A Richmond Hill woman is waxing poetic about her newest venture.

Valerie Bevilacqua has self-published her first book, "Chocolate Covered Syllables," a collection of all of poetry and imagery about self-love, life, relationships, and more.

Bevilacqua wrote and illustrated the book, and she's been making the rounds to promote her work.

The book just recently made its debut on the shelves of Indigo in Richmond Hill, while also being currently distributed at Blue Heron Books in Uxbridge, Book City TO at the Yonge and St. Clair location. It's also on consignment at The Roost Cafe in King City, where Bevilacqua appeared recently, signing copies for customers.

Bevilacqua is a freelance writer from

Richmond Hill/Toronto (born and raised); with a passion for anything entertainment, fashion and lifestyle-related. Her work has been published in various print and online brands, such as The Huffington Post, BuzzFeed, Maxim Canada, Complex Canada, MSN India, iVillage Canada, XXL.com, and more.

Bevilacqua said she was bitten by the bug after reading "Milk and Honey" by Toronto-based author Rupi Kaur. It was an anthology of the author's own poetry, but it was very short prose, along with her original illustrations produced by black sharpie pen. She found it thought-provoking.

She noticed a trend of "instapoetry" - poetry of short prose and quotes with illustrations or backgrounds of various memes, posted on Instagram, Facebook, Twitter and the like.

In a more technologically advanced society where everyone's on their cell phones, and our attention spans are shorter, these types of books more effectively reach out to different demographics who may not have the time to read or understand traditional, old-fashioned poetry. It took her a few months to gather all of the content for a book and it was released this past April.

"I kept being fuelled by my emotion, and eventually I accumulated enough of my own quotes to assemble my own book," she said.

The slogan of "Chocolate Covered Syllables" is that "words hurt, but the taste is bittersweet."

Pain resonates through those pages, of the feelings and emotions Bevilacqua describes from certain situations. She discussed issues such as a lack of self-love, insecurities with our bodies and relationships, etc.

She hopes her tidbits of wisdom will help readers learn a lesson and become stronger to overcome life's hurdles.

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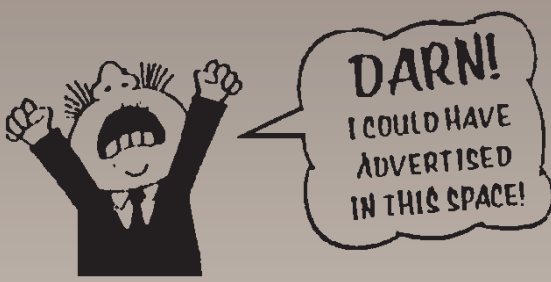
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Runners stride forward for youth mental health



By Brock Weir

Whether it is anxiety, depression, or even addiction, it is estimated that as many as two million young Canadians are now struggling with a mental health issue.

All too often it is something youth live with in silence, but local teens are looking to help break that stigma one step at a time.

For many students, the summer holidays are a time for rest, relaxation, and maybe a part-time job, but for the CDS Runners, it is a time for training and fundraising as they prepare to take on the RBC Race for Kids.

32 runners – and counting – from King’s Country Day School (CDS) are gearing up for the September 16 race, which benefits the Family Navigation Project at Sunnybrook Hospital.

The CDS Runners initially started out with a fundraising goal of \$1,400 earlier this year, but after quickly surpassing that amount, and their next goal of \$4,000, they’ve significantly upped the ante – aiming to collect more than \$25,000 for the organization which aims to provide families the resources they need to navigate the complex world of mental health.

“When we heard that over two million youth in Canada suffer from a form of mental illness, and we saw how the Family Navigation Project at Sunnybrook really helps youth in the Greater Toronto Area and their families overcome mental illness, we decided to take part in the RBC Race for Kids,” says student Kiyan Heybati. “Not only is it fun for a friend group to take part in and enjoy the day, but it is also to fundraise and raise awareness for the

cause.

“As an organization, they did a survey and found out that one in five youth will experience – or are suffering from – a form of mental illness right now in our society, but the problem with mental illness today is there is so much stigma and shame surrounding it that even though we have tried so much to improve this, many people decide to go through this on their own. We can see the detrimental and destructive impacts that has had on the lives of youth in our society and that is why this organization wants to change that. The project wants to show, ‘You can turn to us for help, we’ll navigate your family to get the services that you desperately need and require.’”

Adds fellow student Nicolas Gesualdo, “Many teens suffer from mental illness, and I have a couple of close friends who do struggle with it. This is a great way to help out and just donate to the cause and see it improve.”

According to student Kosta Tzanis, the growing collective of CDS Runners started out as a handful.

Now numbering 32, spanning at least three grades over both Country Day School’s Senior and Middle Schools, their ranks also include teachers who were also inspired to join the cause.

Some of the members – including Kiyan and Shayan Heybati – are part of CDS’ Cross Country team, so they initially pitched the RBC Race for Kids as a fun and beneficial way of training over the summer ahead of their upcoming season.

“But it got much larger than that,” says Kiyan, noting that, once the impacts of the cause began to sink in, he started to change his pitch to the student body. “We wanted to show how this organization really helps people, showing the testimonials this organization has received, as well

as the devastating statistics that not only do over two million suffer from mental illness, but only 20 per cent receive the treatment they require.

“[After we make the pitch] there are honestly no questions regarding the cause because it is just so great and everyone has such a passion for it. It has been great.”

With their \$25,000 fundraising goal set, the team is now fanning out into the local community to help spread awareness as well as passion.

Shayan says they started reaching out to local restaurants including Buffalo Wild Wings, Boston Pizza and David’s Team looking for monetary and in-kind donations, and they have stepped up to the plate.

Throughout the month of August, they have a full slate of fundraising events including initiatives at Buffalo Wild Wings in Newmarket and Vaughan, three “Celebrity Server” events at Boston Pizzas in Aurora, Stouffville and Markham, as well as grocery bagging days at Loblaw’s.

“In order to even further raise our donations, we have numerous corporate donors who have helped our team, such as Davis Orthodontics, Le Biftheque Steakhouse & Bar, Roots and Loblaw’s, and support has been great so far,” says Kiyan. “Mayor Dawe has been an integral part of our team helping us grow further in the community.”

If you would like to support the CDS Runners in their efforts for the RBC Race for the Kids, visit support.rbcraaceforthekids.ca and input the team name.

The students will also hold their fundraising nights at Boston Pizza Aurora on Wednesday, August 23, from 6-9 p.m., Boston Pizza Markham on September 10 from 12 noon to 4 p.m., and a further date at Boston Pizza Stouffville to be determined.

Buffalo Wild Wings dates include August 21 from 4-9 p.m. in Newmarket.

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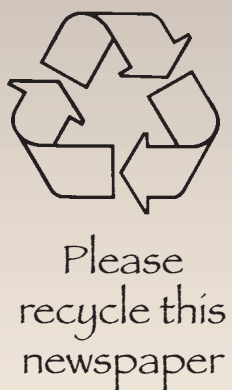
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