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King Weekly Sentinel

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FREE
Thursday, August 6, 2015
Volume 42, Issue 32

Rockford's
BARANDGRILL 905-833-0400
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In Memory of Graeme Loader

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King Township's newest park is taking shape. Many features are planned for the 21-acre park in Nobleton.
Photos by Mark Pavilons

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Nobleton park construction under way

By Mark Pavilons

Nobleton's newest park is taking shape. Preliminary grading is taking place on the site. Council approved the tender in June and construction is under way.

According to Chris Fasciano, director of parks, recreation and culture, most hard services (playground, splashpad, trails, soccer field, skatepark) will be completed this year, with soft services (landscaping and sodding) being finalized in the spring of 2016.

"This is an enormous investment for our community and I am thrilled to see the project get under way," said Councillor David Boyd. "I look forward to celebrating the opening of the park next summer and enjoying the community spirit it will

provide for years to come."

The public embraced the project and dozens flocked to the final public meeting this past winter.

The large, 21-acre (8.5 hectare) park will be host a wide variety of unique features, literally offering something for everyone. The park is located behind Nobleton Senior Public School and is flanked by Park Heights Trail and Goodfellow Crescent. While a formal name has yet to be chosen, it's referred to as Metrus Community Park Block.

Among the features to be included in this facility will be a splash pad, soccer field, modern playground equipment, walkways, trails, furnishings and even a hill for tobogganing.

Feedback and input was gathered from the community to create this grass-roots facility.

S

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INSIDE	<p style="font-size: 1.2em; color: #000080;">REGULAR FEATURES</p> <table border="0" style="width: 100%; font-size: 0.8em;"> <tr><td>Editorial</td><td style="text-align: right;">Page 4</td></tr> <tr><td>Business</td><td style="text-align: right;">Page 8</td></tr> <tr><td>Sports</td><td style="text-align: right;">Page 10</td></tr> <tr><td>Classifieds</td><td style="text-align: right;">Pages 13-14</td></tr> </table>	Editorial	Page 4	Business	Page 8	Sports	Page 10	Classifieds	Pages 13-14	<p>Hindle works to promote, and preserve our industry.</p> <p style="text-align: center;">See Page 6</p>	<p>Classics in Nobleton for Cruise Nights.</p> <p style="text-align: center;">See Page 7</p>
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COUNCIL MEETINGS

MUNICIPAL OFFICE, COUNCIL CHAMBERS

Municipal Office, Council Chambers, 2075 King Road

Monday, August 24, 2015

6:00 pm – Council/Committee of the Whole

Public Meeting Re: Zoning By-law & Official Plan Amendments

File No.: Z-2009-06 & OP-2009-02

Location: Dufferin Street west side, south of King Road

EMPLOYMENT OPPORTUNITIES

Please visit the Township website at www.king.ca for employment opportunities.

- Curling Ice Technician (contract)
- Equipment Operator I
- Arena/Facility Operator I (contract)
- Lead Hand - Arenas

COMPETITIVE BIDS

Please visit the Township website at www.king.ca for competitive bid opportunities.

REMINDERS

TAX DUE DATE REMINDER

First Installment Was Due:
July 23rd, 2015

Second Installment Due Date:
September 24th, 2015



"Final" Tax Bills were mailed the week of June 29th with installments due on July 23rd and September 24th, 2015. In order to satisfy the taxes for your property for the entire year, the full amounts on both the "Interim" and the net balance of the "Final" Tax Bill must be paid.

PAYMENTS may be made by mail, in person at the Township Offices, or at most financial institutions. When making payments electronically, your account number is your fifteen digit roll number (i.e. 000XXXXXXXX0000). After hours tax payments may be left in the drop box located at the Council Chambers entrance.

Drop-In Climb Cold Creek Conservation Area

Come out and spend your afternoon testing your limits!

Cold Creek will be hosting drop-in climbing for participants 7 and up to participate in our High Ropes Course and New Climbing Tower. Mature adults welcome!

Bring a picnic and make a day of it!

Please note drop-in climbs are weather dependent and may be cancelled in the event of extreme weather.

Dates:

- Saturday, August 1st
- Saturday, August 15th
- Saturday, August 29th

Time: 12:00-4:00pm

Fee: \$15/person for up to 2 hours of climbing

Location: Cold Creek Conservation Area



For more information please visit our website:

www.king.ca

Magda Potoczna - 905-833-5321 ext. 5228, or mpotoczna@king.ca



FARMERS MARKETS



Schomberg Farmers' Market Trisan Centre from 9:00am-1:00pm

August 15th, September 5th, September 19th, October 3rd & October 10th

King City Farmers' Market All Saints Anglican Church from 8:00am-1:00pm

August 16th, August 30th, September 13th, September 27th & October 11th

www.kingcityfarmersmarket.ca



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PUBLIC NOTICES

NOTICE OF APPLICATION AND PUBLIC MEETING CONCERNING A PROPOSED OFFICIAL PLAN AMENDMENT AND ZONING BY-LAW AMENDMENT

TAKE NOTICE that the Council of the Corporation of the Township of King will hold a public meeting on:

MONDAY, AUGUST 24TH, 2015 AT 6:00 P.M.

at the **Township of King Council Chambers** at 2075 King Road, King City to consider a proposed Zoning By-law Amendment and Official Plan Amendment under Sections 22 and 34 of the *Planning Act*, R.S.O. 1990, Chapter P.13.

The proposed Official Plan Amendment and Zoning By-law Amendment submitted by Malone Givens Parsons on behalf of the owner, Hickory Hill Investments Inc., under Planning Files OP-09-02 and Z-09-06 respectively, concern a parcel of land located on the west side of Dufferin Street, south of King Road. The subject lands are legally described as being Part Lots 2 & 3, Concession 3. The subject lands are designated 'Rural Area', 'Environmental Protection Area' and 'Oak Ridges Moraine Natural Core Area' by the King City Community Plan (OPA #540) and are zoned 'Rural General (RU1)', 'Oak Ridges Moraine Feature Protection (ORMFP)' and 'Oak Ridges Moraine Natural Linkage Area (ORMNCL)' by Zoning By-law #74-53, as amended by Oak Ridges Moraine Conformity By-law #2005-23.

The purpose of the Official Plan Amendment application is to amend the 'Rural' designation to allow for non-farm residential development uses. The Zoning By-law Amendment application proposes to rezone a portion of the property from 'Rural General (RU1)' to 'Rural General (RU1)-Exception' with site specific zone requirements to address permitted uses, lot frontage, and area.

The intent of the applications is to facilitate the creation of two (2) rural non-farm residential lots by way of Consent, ultimately allowing one (1) single detached dwelling on each of the proposed lots. The proposed lots measure 1.31 hectares and 0.76 hectares, and are proposed to be accessed from Dufferin Street, and from a future public road in the draft approved Zancor Subdivision (19T-06K05) located to the north, respectively. The proposed retained lands, measuring 95.91 hectares, are intended to remain in the "Oak Ridges Moraine Natural Core Area" and "Environmental Protection Area" designations of the King City Community Plan.

The public meeting scheduled for August 24, 2015 is the second public meeting on the subject files. The first public meeting took place on May 2, 2011. Due to the amount of time that has lapsed since the first public meeting, a second public meeting was deemed to be required.

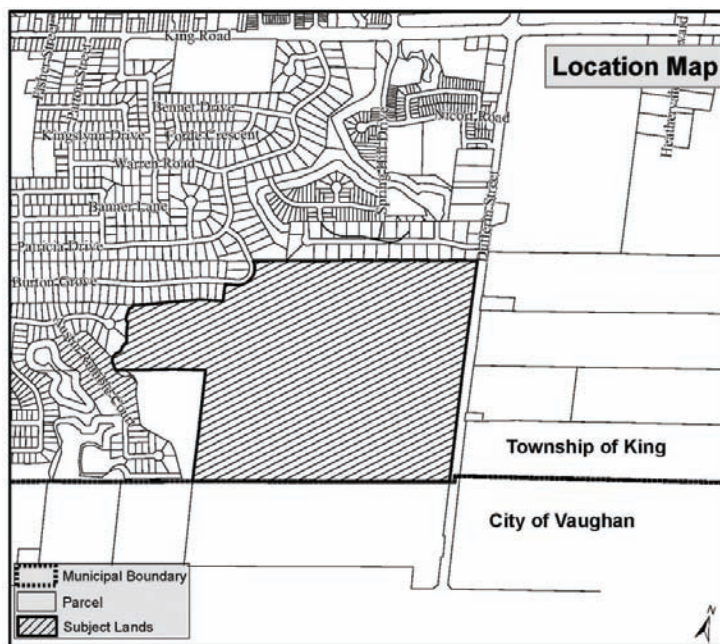
IF A PERSON OR PUBLIC BODY does not make oral submissions at a public meeting or make written submissions to the Township of King before the by-law is passed, the person or public body is not entitled to appeal the decision of the Township of King Council to the Ontario Municipal Board.

IF A PERSON OR PUBLIC BODY does not make oral submissions at a public meeting, or make written submissions to the Township of King before the by-law is passed, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Municipal Board unless, in the opinion of the Board, there are reasonable grounds to do so.

ANY PERSON may attend the public meeting and/or make written or verbal representation either in support of or in opposition to the proposed Zoning By-law Amendment.

ADDITIONAL INFORMATION relating to the proposed Zoning By-law or Official Plan Amendment, including the proposed Draft Zoning By-law for the site, are available for inspection at the Township Office between the hours of 8:30 a.m. and 4:30 p.m., or inquiries may be directed to the Planning Department quoting File Numbers Z-2009-06 and OP-2009-02 at (905) 833-5321 or 1-800-688-5013.

DATED AT THE TOWNSHIP OF KING THIS 4TH DAY OF AUGUST, 2015.



Kathryn Smyth, Clerk

Comments and personal information are being collected in accordance with the requirements of the *Planning Act*, R.S.O. 1990, Chapter c.P.13 as amended, and will become part of the decision making process of the application as noted on this form. Personal information will be protected in accordance with *Municipal Freedom of Information and Protection of Privacy Act (MFIPPA)*, all information received other than personal information may be included in the documentation which will become part of the public record. Should you have any questions or concerns with regard to the collection of personal information, please contact the Planning Department, Township of King at (905) 833-5321.

REMINDERS

NOBLETON LIONS OUTDOOR POOL IS NOW OPEN

June 27th – September 4th, 2015

PUBLIC SWIM TIMES

Weekends: 10:00am - 1:00pm
1:30pm - 6:30 pm

Weekdays: 2:00pm - 4:30pm

Pool rentals can be booked on weekends during morning public swim time. On days when a rental is booked, there will be NO morning swim available to the public.

For pool schedule information please call 905-859-4342 or e-mail nobletonpool@king.ca

For information about pool rentals please call 905-833-5321 or e-mail facilitybooking@king.ca

NEW! AQUAFITNESS

Saturday Mornings, 9:00am – 10:00am

This program is an introduction to basic aqua fitness techniques, postures and balance training for all ages and abilities. Benefits include: muscle stability, muscle strength and muscle endurance as well as aerobic endurance, flexibility and balance through participation in shallow and deep water exercises. For more information about the Aquafitness program, please contact:

POOL MANAGER: nobletonpool@king.ca
FITNESS COORDINATOR: aviola@king.ca

COOL OFF AT THE SPLASH PAD!
Enjoy King Township's first splash pad,
located at 21 Summit Ridge Dr. in Schomberg

NOTICE OF SERVICE DISRUPTION TEMPORARY SIDEWALK CLOSURE

There will be a scheduled temporary sidewalk closure on Keele Street and King Road in King City beginning within approximately two weeks to facilitate sidewalk reconstruction and enhancement. The works are expected to take between two and three weeks to complete.

Please use the alternate pedestrian-friendly pathway highlighted below as another route during this period.



All businesses will remain open during the closure. On behalf of the Township of King we thank you for your patience in this matter.

For more information contact Lyndsay Brannon in the Township of King Parks, Recreation & Culture Department at 905-833-5321.

CCKT endorses OGA position on planned corridor

By Greg Locke
Chair, CCKT

July 31 marked the deadline by the GTA West Project Team, part of a private consultancy group hired by the Provincial Government called "URS Canada Inc." to receive public input on the current phase of their environmental assessment for a proposed new 400-series highway route.

The corridor being examined as part of this planning exercise is quite broad: Originally envisioned as a route connecting Guelph to Vaughan, it has morphed over time into a more limited route connecting Milton to the

City of Vaughan via what is essentially a bypass route for the Highway 400 and 401 interchange.

It would cut through a large swath of Greenbelt, itself a large concern to CCKT, that presents just one of several major issues to be considered in the larger context of Ontario's economic, environmental and not to mention, financial sustainability.

CCKT has been watching and participating in this project for the past several years. We did not come to it with a pre-set perspective. In fact, there appeared to be some potential benefits of a new transportation corridor to our local village sustainability,

particularly Nobleton and King City. To date we have not released a formal public policy on GTA West.

For the most part, we've been observing and discussing the pros and cons as we perceive them, for this significant infrastructure project that would extend itself through a significant portion of Greenbelt.

We know that the car is not going away anytime soon.

We know that public transit will remain a challenge for several, if not many, years to come until new transit infrastructure can be completed.

We know that locally, Nobleton and King City both require road bypasses to preserve what we can of the intimacy of these villages.

We also know that for the most part, this potential toll highway will not physically touch King Township, other than a concerning route alternative - "Route 7F" - that comes close to a significant residential development.

That said, we are not a "NIMBY" organization (Not In My Back Yard). CCKT takes a broader geographic view of our environment (the Moraine and Greenbelt cross multiple jurisdictions for example) and our approach to GTA West is consistent.

Of late, we had been discussing in detail the route and interchange alternatives of the current Phase 2 plan, with this in mind, as well as the implications for King Township and specifically, Nobleton and King City residents.

We found ourselves mired in details over essentially, which alternatives are less troublesome than others. This corridor is massive, troubling, complicated, and fraught with compromises that only attempt to minimize the certain negative impacts on our environment.

Even we, one of the larger and more established environmental advocacy groups in York Region, are challenged to properly assess this proposal.

We decided after reviewing the Ontario Greenbelt Alliance's submission (CCKT is an active member) that it speaks to our fundamental concerns. There is much work to be done before such an expensive, potentially damaging, and arguably unnecessary project like this can be justified.

The GTA-West Project Team behaves as though this is a "done deal" - let us assure you it is not. The provincial government is accountable for this as part of its transportation strategy. It is they who must approve and account for this massive, and we now believe, misguided undertaking. And so far, the province has been noticeably silent, not to mention absent.

We encourage you to read the OGA submission. It recognizes that indeed car and truck transportation does have its place. It suggests:

- Expanding on existing routes rather

er than cut new ones through prime agricultural lands.

- Reinforcing the need for significant public transit investment.
- Challenging the need for this arguably antiquated form of investment in moving goods when it's clear Ontario is moving away from manufacturing and toward a service economy.

Recommending minimizing interchanges, if indeed it must be built, to minimize traffic disruptions in local communities.

- Locating the highway as far off the Greenbelt as possible, if indeed it must be built, and as close as possible to the areas it is supposedly designed to serve.
- Accounting for the full cost of the project. Land acquisition costs have not been included in their calculations to date. As well, the environmental cost has not been addressed in any significant form from which to make an informed decision on alternate routes and interchanges, and for that matter, the project as a whole.

It's for these reasons that CCKT has decided at this point in time to publicly endorse the OGA position on GTA West. Their policy is our policy.

If and when a more meaningful set of data can be made available, we will certainly revisit this. And as we have done since this exercise began, we will follow and participate where we can.

We at CCKT welcome and encourage your commentary on this and more issues we are following on our interactive web blog cckt.ca as well as on our Facebook page ([Facebook.com/CCKTCA](https://www.facebook.com/CCKTCA)) and Twitter at [Twitter.com/CCKTCA](https://twitter.com/CCKTCA).



Sanctuary rescues more horses

By Mark Pavilons

A King animal sanctuary rallied the troops once more, saving some magnificent horses from the worst fate of all.

Dog Tales staff visited an auction last week, purchasing the animals that were slated to be sold as meat.

According to Clare Forndran, media director for Dog Tales, the majority of the horses they rescued were in "bad shape" - several were bleeding, most had scars, and one was limping.

Sanctuary staff opted for larger horses, as their meat is sold by the pound. This time out, a pony and a donkey also captured their hearts.

Unfortunately the auctions provide no background information on the horses, only their size and weight, as this is all that most buyers care about.

Forndran noted it's difficult to say what uses the horses had been put to, and what their lives had been like.

"That said, many are very frightened and wary of humans, which implies a difficult past. Such has been the case with our rescued horses in the past, but over time, with patience and love from our staff and volunteers, they have come to trust people again.

"While we try to find families to adopt our rescued dogs, our horses are given a permanent home at the sanctuary, where they can live out the rest of their lives in peace."

Sadly, the issue of horse slaughter in Canada is not getting any better. It's kept low-key and few are actually aware of the practices, with even fewer taking action.

Agriculture and Agri-Food Canada reported that 71,961 horses died in Canadian slaughterhouses in 2013 - more than 1,380 per week. There are five federally licenced plants in Canada, but none in Ontario.

Almost 60% of these horses originate from the U.S. where horse slaughter ended in 2007.

The 48-acre property in King has plenty of room to roam and the animals are also encouraged to socialize with one another.

For more on the rescue efforts of Dog Tales/Horse Haven, visit www.dogtales.ca.

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King 7-Day Weather Outlook

From Thursday, August 6 to Wednesday, August 12

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Sun/Clouds High 22C° Low 15C° Wind W 15k	Sun/Clouds High 23C° Low 15C° Wind NE 15k	Mainly Sunny High 24C° Low 14C° Wind NW 15k	Showers High 23C° Low 15C° Rain ~15mm Wind N 15k	Sun/Clouds High 24C° Low 15C° Rain <1mm Wind SE 10k	Sun/Clouds High 22C° Low 16C° Wind E 25k	Mainly Sunny High 24C° Low 16C°

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Editorial, Letters & Opinion

"Public opinion shapes our destinies and guides the progress of human affairs"

~ Frank B. Kellogg

Insect consumption may be the answer

*"There was an old woman who swallowed a fly,
I don't know why she swallowed a fly,
Perhaps she'll die.
There was an old woman who swallowed a spider;
That wriggled and jiggled and tickled inside her;
She swallowed the spider to catch the fly,
I don't know why she swallowed the fly,
Perhaps she'll die."*



Mark Pavilons

I don't know if the world was ever designed to house and feed more than 7 or 8 billion souls.

There are those who are already ringing the alarm bells, saying we need to re-examine our food sources and agricultural production methods, to ensure long-term sustainability.

Even our local Holland Marsh – the food basket of Ontario – can't sustain us indefinitely.

Human beings have eaten all sorts of things over the millennia. We have no trouble eating two- and four-legged creatures. But when it comes to the six- and eight-legged varieties, watch us cringe. You're cringing right now, aren't you?

Yet insects may well be our saviour.

It's estimated that some 2 billion people eat insects around the world, primarily in Africa, Asia, and Latin America, where the practice has been around for more than a thousand-years, according to a new report by the Food and Agriculture Organization. Some say the estimate is even higher – at 80% of the world population. The most popular menu items include beetles, caterpillars, bees, wasps and ants. Other forms of appetizers include dragonflies, cicadas, crickets

and grasshoppers. I don't know about you, but I prefer my grasshoppers nice and crispy!

But don't take my word for it. A cooked grasshopper contains upwards of 60 per cent protein, with just 6 per cent fat. Compare that to a burger with 18 per cent protein and 18 per cent fat. Dried crickets weigh in at 65 per cent protein. It's a no brainer!

In addition to being high in protein, many edible insect species are also high in essential fatty acids, particularly omega-3s. Aquatic insects tend to have higher levels of essential fatty acids, though all edible insects contain them to some extent. Many insects, such as crickets, grasshoppers, ants, and certain caterpillars, are exceedingly high in calcium. Try a side dish of soldier fly larvae!

B12 can only be found in animal sources. Crickets and cockroach

nymphs are both good sources of B12.

Nutrient levels are so high in certain insects because we eat them whole, including their exoskeleton and internal organs. It's sort of like eating the shells of shrimp, crab, and lobster. If our livestock were somehow ground up whole, we'd get far more nutrition out of them.

There are so many reasons why we should be eating bugs, that we need to give our collective heads and legs a shake.

First, they're everywhere, by the billions. There are more than 1,900 edible insect species. That's more than enough to fill the menus of every fast food restaurant on the planet!

Insects release fewer greenhouse gases than traditional livestock. Rearing traditional livestock accounts for 18% of greenhouse gas emissions, which trumps emissions by the transportation industry. Both industries emit far more greenhouse gases than mealworm, cricket, and locust producers! Insects also release much less ammonia and methane than pigs and cattle. Bet you didn't know that!

Rearing insects uses less land and water than cattle-rearing. It's also a way to make use of organic waste. The Netherlands has invested \$1.3 million in finding ways to raise edible insects on food waste. Again, yummy!

Eating bugs makes economic sense. As global food prices rise, the cost of animal feed has weighed down farmers and driven up meat prices.

Insects require less energy to stay warm and are therefore more efficient at converting feed into protein. Crick-

ets need 12 times less feed than cattle, four times less than sheep, and half as much as pigs and broiler chickens to produce the same amount of protein. The cost of gathering insects or producing them at scale is relatively low.

Experts say bugs are less likely to make us sick. Insects are taxonomically distant from humans, which makes them less likely to transmit diseases. Think SARS, H5N1 or mad cow. I kinda like the sound of "mad cricket" though.

If this still bothers you, look on the bright side. You already consume insects and insect parts, unintentionally.

Have you heard of shellac, the substance that makes your apples shine? It comes from, wait for it, the resin secreted by the lac bug, on trees in the forests of India and Thailand. It's used to coat certain medications and it has replaced wax on fruit to make them nice and shiny. Modified, it's also used on candy coatings. Eat up!

If you come across crimson lake, natural red 4, or E120, you're eating the finely ground red beetle abdomen.

The health officials here and the FDA in the U.S., allow a certain amount of bug parts in our food. Yes, my dear friends, if you eat canned foods, rice, grains and chocolate, you're regularly digesting bug bits. This amounts to one to two pounds a year, according to one university study.

So, I say, dig in and let's eat! The more we eat, the less we have crawling on our skin or in our hair, ruining our summer picnics! Bugs beware, the humans are coming!

Letter to the Editor

Embrace the speed humps!

Your paper ran an article recently on the problems of traffic and speeding. These are indeed perennial problems in our Township, getting worse as the population increases.

To that end, the Township recently elected to install two speed humps on the periphery of the hamlet of Kettleby. The decision was made by Township staff who have training and expertise in such matters, and have monitored traffic flow and speed to make the determination.

As with any change of this type, there are supporters and detractors. Since the installation a scant fortnight ago, I have seen cars swerve around those who slow down for the humps, accelerate hard (and brake just as hard) between them, and even attempt to swerve onto the (nonexistent) shoulder to avoid them.

Please, people, embrace the spirit of their presence. We don't have to like them, but they are there to slow us down through a residential area that has many kids, pets and pedestrians, and where the houses are not set back from the road more than two or three metres. Zooming over them can hurt more than your suspension. Flying through the village itself, because you are indignant that the humps exist, is dangerous and discourteous.

It takes less than a second to cross a speed hump. If they inconvenience you so much by slowing you down, please leave home two seconds earlier and think about why they're there.

Aladin Jarrah
Kettleby



Brainteaser



If you are under pressure then what is above you?

Last week's answer: A deck of cards has 13 hearts!

King Township Trivia

About 90 percent of all Asian vegetables consumed in Ontario are grown in the Holland Marsh.

KingWeeklySentinel WEBPOLL
www.kingweekly.com

Results from last week's poll:
Do you think Toronto did itself proud hosting the 2015 Pan Am Games?

a) Yes **75%**

b) No **25%**

The results of this poll are in no way considered to be valid or infallible.

THIS WEEK'S QUESTION

Prime Minister Stephen Harper has dissolved Parliament for the Oct. 19 federal election several weeks before he had to. Is this long election period a benefit for Canadians?

a) Yes
b) No

So go to the website and cast a vote!

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Senate offers check on the tyranny of the majority

By William Gairdner

In the long Western tradition, the changing conceptions of what a Senate ought to be are intimately related to changing conceptions of human nature, and serve as a kind of mirror in which to see ourselves.

The senates of ancient Greece and Rome, despite their differences, shared an underlying classical model of human nature considered universally true: human beings are wilful and impulsive, and therefore prone to error in the measure that their actions are heated and hasty. For the pagan, this was an eternal truth of human nature. For the Christian, human beings, though once perfect in Eden, fell into sin through disobedience to God. Common to both pagan and Christian, however, was the commonsensical belief that will originates in the "appetitive" parts of the body, whereas reason originates in the mind, or head.

Accordingly, the traditional Western image of humanity has been of divided beings forever tormented by a lifelong internal struggle between two internal forces — will and reason — each vying to be master of the whole person by making the other a slave. As it was for the body, so it should be for the body politic. The architects of the ancient democracies felt that public passions ought to be acknowledged and heard, but never granted control of the body politic. In the Greek democracy under Demosthenes, the senate (called the boule, and appointed by lot) set the legislative agenda for the people, who were expected to discuss and vote on those laws. But the majority of laws originated with the senate and were sent down to the people, rather than the other way around, as in the modern democracies.

For the founders of Canada and the United States, this duality was accepted as an obvious fact of personal and political life: when acting without sufficient experience or reflection, individuals and their factions in a legislature will tend to behave emotionally according to selfish interests and will seek to crush minorities and weak regions. Hence, the ideal was that an appointed upper house, or senate — filled with mature, experienced people who have a stake in the country but are untouched by party — ought to have the final say over the will of the people. In our tradition it has

been widely accepted for centuries, but forgotten in periods of ecstatic celebration of individual will, that to omit such a check on the impulsivity of the people is to render them slaves to their own passions.

In periods of high skepticism concerning natural goodness, the safety check of an appointed senate is called for to protect democracy from its own passions. Restraint is the cry. Conversely, in a liberalizing period such as our own when there is a widespread desire for the full expression of personal appetites, we hear loud cries for the abolition of senates, because they are widely viewed as an intolerable brake on the pure will of the people. Freedom from restraint is the cry.

Since the Romantic period of the late 18th century, which insisted on the natural goodness of human nature, the historical trend has been to dissolve or discount this dualistic metaphor of master and slave because when human passions and appetites are considered good in themselves there is said to be no need for restraint. Social and moral examples of this liberalizing trend are such as our present release of restraints on divorce, homosexuality, pornography, abortion and euthanasia.

Our private bodies are now almost wholly unrestrained. It requires but one more step in the logic of unrestraint to dissolve the same dualism in the larger public body: once the people accept the notion that their will is an unalloyed good, it follows that as they can no longer be duped by their own passions — enslaved to themselves — there is no need for a senate to check their will.

In June 2013, Preston Manning published an open letter to Canada's senators in the National Post, in which he opined that "the greatest weakness of the Senate as presently constituted is that senators are unelected and unaccountable to electors. The Senate lacks the democratic legitimacy required to command public support."

If we accept the view that the will of the people is always good (because the people are naturally good), then he is right on, as they say. But if we accept the view that the will of the people is improved by restraint; that at the end of the day reason ought to be the final arbiter of will, then such a view is upside down, and the reply ought to be: "the greatest strength of the Senate is that

senators are unelected and unaccountable to the electors. The Canadian Senate has the legitimacy required to command public support precisely because it is not democratic, and was never intended to be."

The latter position seeks to avoid the conflict of democratic legitimacy that inevitably arises whenever there are two elected bodies, each vying to represent the true will of the people (as presently displayed in American-style political gridlock), thereby to preserve what has historically been considered the proper relationship between reason and will. Are we prepared to abandon the master/slave metaphor central to our tradition?

The weakness in the call to abandon it is that elected senators will immediately become slaves to the will and appetites of the people who elected them. The weakness of the case for preserving it is the apparent paucity of senators of sufficiently high character to refuse the corruption of their own selves, thus to become slaves to their own appetites.

This is the mirror in which we are reflected.

William D. Gairdner, Ph.D., has had a busy life as an athlete, an academic, a businessman, and latterly, as a successful author. He is presently retired and lives in King. As a young athlete, Bill competed in the decathlon at the 1963 Pan-Am Games in Brazil (silver medal), and at the Olympic Games in Tokyo in 1964 (11th place), and then in two Commonwealth Games in the 400-metre hurdles event (6th place both times). After earning a number of higher degrees, including a Doctorate in Literature and Philosophy from Stanford University (1970), he taught at York University in Toronto for several years, and then decided to pursue a career in business, from which he retired in 1988 to devote his time to writing. Beginning in 1990, he produced a string of bestselling books in quick succession.

William Gairdner's most recent publication is The Great Divide: Why Liberals and Conservatives Will Never, Ever Agree (Encounter Books, 2015).

Shaun Tanaka ready for election

Shaun Tanaka, a University of Toronto geography professor from East Gwillimbury, is ready to run, and win.

"I'm proud to be Canadian. I'm excited for Canada to return to the values and principles we hold dear. Canada is ready for change, and our riding is bursting with potential," said Tanaka. "I'm running to be the next Member of Parliament for York-Simcoe. I want real change. Real change doesn't just happen; it's hard work — listening, learning, knocking on doors. I won't stop until we have real change; I run for my kids and my family, to build a better country for us all."

"Mr. Harper has the unprecedented legacy of being the only prime minister to have two recessions under his watch, and his record of cuts to our healthcare, transit and housing have made local problems worse. He's done this all while still running a deficit, piling on debt over the past decade. We need real change to grow our economy, lower taxes for the middle class, ensure quality healthcare, make commuting easier and deliver affordable seniors' housing," Tanaka argued.

"In the 2014 provincial election (adjusted to the new York-Simcoe riding boundaries), the Conservative candidate received 39% to the Liberals' 36%, a gap of only a few hundred votes. The NDP candidate was a distant third," observed York-Simcoe federal Liberal association president Scott Crome.





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The word around King

How are you coping with the heat this summer?



Julian Sciani

"Spending as much time as I can by the water."



Brittany Whitlock

"Air conditioning."



Shannon Rowan

"I don't mind. I like being outside."



Emily Preston

"It hasn't been that bad, actually."

Hindle working to ensure industry has staying power

By Mark Pavilons

Countless souls are beating the drums, working behind the scenes to ensure that Canada's film and TV industry has staying power.

One such cheerleader is veteran actor and King resident Art Hindle. If you're involved in the entertainment biz, Hindle and his colleagues have your back.

A solid, in-demand character actor, Hindle has changed his circle of friends from Hollywood A-listers to provincial and federal politicians and civil servants, lobbying to help retain our moniker as "Hollywood North."

And to some extent, it's working and politicians are listening. No one can deny the economic benefits of this estimated \$20 billion a year industry in Canada.

The most recent success came this past May, thanks to an NDP MPP private member's bill presented by Paul Miller. The legislation covers both the live and the recorded entertainment industries and contains provisions to protect a portion of minors' income, ensure their education is not compromised, guarantees parental supervision, age-appropriate hours of work and breaks, and health and safety measures. Under the terms of the Act, the law comes into effect on Feb. 5, 2016.

He noted it's the only industry in Canada that allows children of any age

to work and their protection needed to be enshrined in law.

"We're so excited, we're jumping for joy," Hindle explained. "That's the kind of thing we do."

He's referring to the incredible amount of work carried out by executive members of ACTRA (Alliance of Canadian Cinema, Television and Radio Artists), the union of more than 22,000 professional performers working in English-language recorded media in Canada including TV, film, radio and digital media. Hindle is currently vice-president of external affairs.

Wearing another ACTRA hat, Hindle is a resource for young Canadian filmmakers, offering his support and recommendations for many up-and-comers. He's even appeared in some shorts to help boost made-in-Canada productions.

Canada has a long history of amazing shows, some that have suffered what's known as the "Canadian irony" – quality programming loses out to the larger demographics and bottom line business practices. Canadian shows simply don't generate the required advertising revenue.

One recent example is Remedy, a gritty medical drama, starring Nobleton's Enrico Colantoni. Others include Bomb Girls and Working the Engels.

And yet, who can forget memorable shows like The Beachcombers (387 episodes), The Littlest Hobo, The Red



Veteran actor Art Hindle and ACTRA work to ensure the longevity of Canada's film and TV industry. Below, ACTRA members Theresa Tova, Grace Lynn Kung and Clara Pasioka celebrate the passing of protective legislation at Queen's Park.

Green Show, This Hour Has 22 Minutes, Degrassi High, Corner Gas, Street Legal (124 episodes), Danger Bay (123 episodes), King of Kensington (111 episodes), Katts & Dog (107 episodes), North of 60 (90 episodes), E.N.G. (96 episodes, starring Hindle), Night Heat (96 episodes), Road to Avonlea (91 episodes), Psi Factor, Traders, Paradise Falls, Due South, Counterstrike and Lexx.

We have had some wonderful TV shows like The Book of Negroes, X Company, 19-2, Continuum, etc. Even the current sensation The Strain, created by Guillermo del Toro and Chuck Hogan, is a made-in-Toronto show. Audiences are now enjoying, in record numbers, programs like Heartland, Rookie Blue and Orphan Black.

The last provincial budget cut back the amount of tax credits they offer production companies and that came as a blow to ACTRA. But Hindle won't be deterred and they will continue to hammer away at provincial leaders to get those credits reinstated.

As well, the Canadian Radio-Television and Telecommunications Commission (CRTC) once had very clear rules demanding a certain level of Canadian content. Those rules fell by the wayside and were scaled back in 1999, 2000 and again this year. That puts a noticeable dent in local content on prime time TV.

Ideally, ACTRA wants the CRTC to revisit these rules.

While many think actors are guaranteed millionaires, that isn't always the case. For them it's typically feast or famine and some years there's little or no work at all. For that reason, ACTRA would like to see some form of "income averaging" for income tax purposes.

Hindle stresses ACTRA not only supports actors, but all manner of arts and culture, which suffer from chronic under-funding and a lack of government support.

The arts and culture generates an estimated \$80 billion annually in Canada, adding more to our GDP than the mining and forestry industries combined. Using the recent TV shoot in Schomberg, Hindle notes for every \$1 the industry spends in a community, it generates roughly \$5 in spinoff business. Local business in Schomberg were compensated for the days the filming disrupted their business.

Canada, he said, needs to promote arts and culture in the schools and communities, and that means providing education and employment opportunities for our extremely talented youth.

Instead of harping on the negative, Hindle sees everything as a learning opportunity, a way to increase awareness and promote ourselves.

Canada, and Ontario in particular, has become a movie tourist destination – a location of choice for American film companies. Tax credits and a lower Canadian dollar help attract U.S. business. But Hindle is quick to point out what keeps them coming back is the quality of the Canadian crews.

To ensure this relationship endures, Hindle has even held court with Ontario Premier Kathleen Wynne and he's pleased that Toronto Mayor John Tory is a strong supporter of the arts.

One fact remains – the influx of money thanks to a vibrant film industry is "a golden goose." And Hindle would prefer we "not mess with it."

The future does look bright in Ontario, he noted. Since 2008, there's been a steady increase and it brings and estimated \$1.2 billion into this province every year.

Ontario, and Toronto, are vibrant in terms of both talent and post-secondary education in film related courses.

"The young ones are incredibly talented," Hindle said. "There's a steady stream through ACTRA. They're also socially and politically aware."

Raised on a diet of Mad magazine, Superman comics and Jerry Lewis movies, Hindle was drawn to the business at a young age. He's been entertaining audiences since 1968 with such classics as Face-Off, Black Christmas, Invasion of the Body Snatchers and Porky's, which is the highest-grossing Canadian film of all time in Canada's domestic box office, with a total of \$111 million by 1999.

He's still in demand. He's heading up to Sault Ste. Marie for a film in which he becomes a bit of a monster. He wrapped up RDG Entertainment's "Adam's Testament" co-starring Nick Mancuso.

With or without make up, Art Hindle is a force to be reckoned with. And that's very good for the Canadian film and TV industry.



Forest Rangers' reunion brings together fans and cast

By Mark Pavilons

Fans and cast members of an iconic Canadian TV show gathered at Cinespace Film Studios in Kleinburg June 13, to rekindle friendships and memories.

The Forest Rangers was a Canadian television series that ran from 1963 to 1965. It was a co-production between CBC Television and ITC Entertainment and was Canada's first TV show produced in colour.

The series ran for three seasons, a total of 104 30-minute colour episodes (although Canadian and UK audiences only saw them in colour long after the series ended).

Early episodes of the series were broadcast in serialized form as part of a CBC children's series entitled Razzle Dazzle, hosted by Alan Hamel and Michelle Finney.

This was the first appearance in a major series by Gordon Pinsent. He left the series in 1965 to star in Quentin Durgens, M.P.

In June 2004, there was a reunion for ex-cast and fans just south of Kleinburg, where the show was originally filmed. Six of the ex-junior rangers appeared and Peter Tully flew in from his home in Ireland. Another reunion occurred in 2013 at the actual studios where the show was filmed. This time nine junior rangers and Gordon Pinsent were in attendance.

The show's first season was released on DVD by Imavision in early 2007.

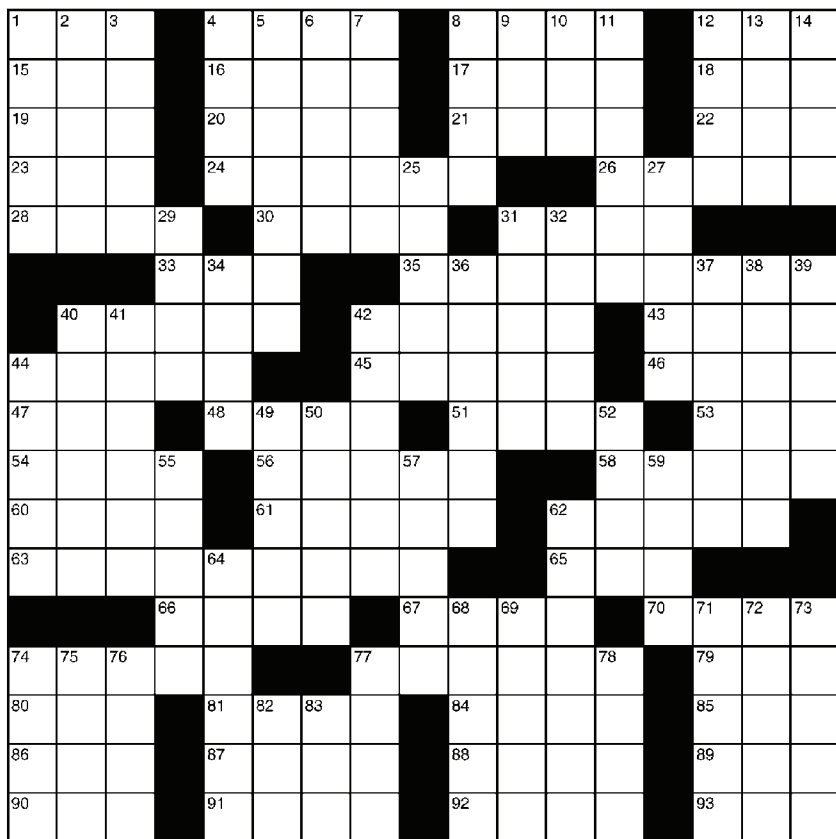
On hand was Nobleton's John "Frenchie" Berger, who worked as an animal trainer on many of the show's episodes.

He shared stories, answered questions and stayed for autographs and a meet and greet session.

Ralph Endersby, actor, producer, writer and director, began his career as a youngster on the show. He was also on hand for the reunion activities.

X CROSSWORD

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ACROSS

- 1. "___ Loves You"
- 4. Teasing taunt
- 8. Chafe
- 12. Deadly reptile
- 15. Iced beverage
- 16. Cognizant about
- 17. Hodgepodge
- 18. Thick substance
- 19. Scrap
- 20. Afresh
- 21. Choir part
- 22. Exist
- 23. "___ Got Sixpence"
- 24. Northern
- 26. Herring
- 28. Salon offering
- 30. Chime
- 31. Nautical position
- 33. Adverse
- 35. Benefit
- 40. Receiver
- 42. Rye or whole wheat, e.g.
- 43. Spoonbill's kin
- 44. Candle parts
- 45. Computer
- 46. Clothes

- 47. Dock rodent
- 48. Diplomat's skill
- 51. Staff symbol
- 53. A Khan
- 54. Milky jewel
- 56. Sweepstakes
- 58. Too soon
- 60. Maui goose
- 61. Fatty liquid
- 62. Soar
- 63. Novice
- 65. Former
- 66. "___ Window" (Hitchcock film)
- 67. Brace
- 70. Continental currency
- 74. Imitation leather
- 77. Red shade
- 79. Lightweight metal
- 80. Distinctive period
- 81. Keep
- 84. Venerable
- 85. Produce lace
- 86. Turkey type
- 87. Accessible
- 88. Make a ringing sound
- 89. Zeta follower
- 90. Less than two

- 91. Barber's call
 - 92. Swirl
 - 93. Type of music
- DOWN**
- 1. Expose
 - 2. Throw
 - 3. Ardent
 - 4. Commander in David's army
 - 5. Dignify
 - 6. Cordwood measure
 - 7. Bath item
 - 8. Score for Pele
 - 9. Each and every
 - 10. Set ablaze
 - 11. Slacken
 - 12. Culture medium
 - 13. Marsh bird
 - 14. Frost, e.g.
 - 25. Clock feature
 - 27. Small
 - 29. Stoat's kin
 - 31. Be of use
 - 32. Soup server
 - 34. For fear that
 - 36. Church official
 - 37. On ship
 - 38. Laugh
 - 39. Theme

- 40. Baby's garment
- 41. Gas pump number
- 42. Improved
- 44. Awry
- 49. Hilo howdy
- 50. Pigment
- 52. Plummeter
- 55. Suspiciously alert
- 57. Trace
- 59. Attache
- 62. Unexpected boon
- 64. Wrestling hold
- 68. Testy
- 69. Stiff
- 71. Speak
- 72. Gaucho's tool
- 73. Drawn from a keg: 2 wds.
- 74. Presidential refusal
- 75. Shackles
- 76. John Doe, e.g.
- 77. Part of a dollar
- 78. Tense
- 82. Tarzan's chum
- 83. Provoke

Solution on page 15

Classic cars come to Nobleton for Cruise Nights

By Jake Courtepatte

Car enthusiasts will want to take a cruise down to the Nobleton plaza every Sunday night this summer to feast their eyes on some of the best classic, exotic, and unique rides the area has to offer.

Back Alley Cruisers Woodbridge, a division of a much larger group of car enthusiasts, are hosting a 'Cruise Night' every Sunday evening until Thanksgiving weekend, right in the heart of Nobleton.

Holding regular (and highly attended) meetups in Vaughan at the AMC theatre every Monday, the team at Back Alley Cruisers found a number of their attendees coming from the King area, whether it is car owners or simply enthusiasts.

Hosted by Mario's Bake Shop, and sponsored by Tim Horton's, Daisy Mary, and Two for One Pizza, 5p.m. is when the night is open to listen to some tunes and talk some shop.

Photos by Jake Courtepatte



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King offers a junior firefighter camp in August

What do Fire trucks, bike helmets and puppies have in common? They are topics that are covered by KFES Jr. Firefighter Safety camp.

During the first two sessions of camp, Junior Firefighters learned about what firefighters do and the equipment they use. The campers got a chance to spray a hose, dress up in kid size bunker gear and see the trucks at the fire station.



This year the program has expanded to include other safety messages. Guest speakers included a police officer from York Regional Police, the Red Cross, a flight medic from ORNGE.

There are a few spots left for campers aged 7-9 this Aug. 10-14. The cost is \$150 and includes an optional daily swim. To register, contact King Township's Parks, Recreation and Culture department.

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Dog Tales sanctuary holds its first two-day festival

By Mark Pavilons

The public is invited to get a glimpse into King's leading animal sanctuary this weekend.

Enjoy the first Dog Tales Festival, which will become an annual event. Its goal is to raise awareness for the shelter, and for the dire situation of abused animals in general.

Organizers are excited about the two-day festival which provides an opportunity for other rescue groups to participate and showcase the incredible work that they do every day.

Guests who visit the King farm this Saturday and Sunday can enjoy fun-filled activities for the whole family, from discovering other rescues, to sampling delicious food from local vendors, to meeting their wonderful animals. Activities include live mu-

sic, a dog spa, vendors, face-painting, a draft horse parade and raffle prizes.

All proceeds raised by the festival will go directly to the animals, and will not be used for any other purpose.

The festival runs Aug. 8 and 9 from 10 a.m. to 6 p.m. both days. The facility is located at 1405 19th Sideroad just east of Dufferin.

Dog Tales is a one-of-a-kind dog and horse sanctuary that takes in abused and neglected dogs that would not have otherwise been given a second chance at a better life. They take care of their medical needs, and provide them with unconditional love (and walks). Their goal is not simply to find dogs homes, but to find them the right homes, where they will be loved and cared for the rest of their lives. Their passion is animals, a passion that is shared by our incredible staff and vol-

unteers.

The sanctuary also houses more than 36 horses that were purchased at auctions where they would have been sold for slaughter. These horses are provided with the best care avail-

able, including vetting, food, and, of course, love, something most of them have never known.

For more, visit <http://www.dogtales.ca>.



King's Dog Tales sanctuary is holding its first public two-day festival this weekend. Visitors can check out the facility and learn more about the efforts to save dogs and horses.



Enjoy nature hikes in Happy Valley Forest

By Mark Pavilons

Happy Valley Forest has a rich cultural and natural history. It's waiting to be explored.

The old-growth forest abounds with natural beauty – striking in its untouched majesty. It's a naturalists dream.

Guided and narrated walks, courtesy of Thom Unrau, conservation technician with the Nature Conservancy of Canada, are opening the forest to visitors and giving them a new perspective.

"It's more than a walk in the park," Unrau observed. "We're opening everyone's eyes to the diversity of nature and getting them connected."

And what better place to connect with nature and our past, than an unspoiled tract, left behind on the Oak Ridges Moraine, after the last glaciers retreated some 12,000 years ago.

Happy Valley Forest is one of the largest remaining intact upland deciduous forests on the Moraine. This 1,560-acre area, much of which is donated by land-owners, supports more than 110 breeding bird species and is an outstanding example of mature sugar maple and beech upland forests. The wetlands and forest are critical to the survival of nationally significant species such as the Acadian flycatcher and cerulean warbler. The area also holds a cultural significance as it's connected to the Toronto Carrying Place trail, a historic portage and travel route.

The Oak Ridges Moraine Trail runs through the forest and several of NCC's properties also feature hiking trails.

Unrau will lead visitors of all ages in three more upcoming hikes. They are slated for Aug. 18, Sept. 26 and Oct. 17. All walks run from 9:30 to 10:30 a.m. You can sign up or register contact Thomas.Unrau@natureconservancy.ca.

There are other walks in King, including Cold Creek and the Thornton Bales Conservation Area.

Unrau said these are themed walks, presenting different aspects of the different parcels of land within the forest. Happy Valley Forest, he said, is an example of how the landscape of the entire GTA would have looked if left undisturbed.

A hike in Happy Valley Forest is like a trek back in time.

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Hockley

She's a Classic!

Carol Ann Trabert
Volunteer with the King Twp. Food Bank



Carol Ann's major volunteer involvement is with the King Township Food Bank. For over 10 years it has been her passion to help alleviate hunger in the community, and she has seen the organization grow from a committee of three with a handful of volunteers to a Board of Directors of five with an additional 25 volunteers as the need has expanded to serve nearly 200 people in King. When talking for the first time to someone seeking help, her standard phrase is "I'm so glad you called," reflecting the attitude of the entire organization that would love to see the end of hunger in King. Classic!

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Canadian baseball hero Orr has roots in King

By JAKE COURTEPATTE

It was a moment every “boy of summer” dreams about.

Down two runs and down to its final two outs in the 10th inning, the Canadian Pan Am baseball team was in danger of failing to defend their gold medal to the rival United States team. With runners on first and second, a single by Peter Orr, hailing from Newmarket, brought the Canadian team within one.

His eventual dash from first base to home plate would be the biggest few seconds of his life.

On the next batter, USA’s pitcher David Huff tried to make a sneaky pickoff of Orr at first, a wild throw that hit the fence in foul territory. Skyler Stromsoe was waved home from second, and with the third-base coach’s arm waving wildly, Orr was sent around third as well towards home. The ball beat him to the plate, but a strong head-first slide sent it out of the catcher’s mitt and gave the Canadians a thrilling 7 – 6 victory. The wild moment was capped off with a victory cry from Orr, still on his knees.

“I’m still confused about how it all ended,” joked Orr. “It probably hasn’t fully sunk in yet.”

A mostly career minor-leaguer with the Atlanta Braves, Washington Nationals, Philadelphia Phillies, and now Milwaukee Brewers organizations, Orr attended Newmarket



Richmond Hill’s Peter Orr (right) scores the game-winning run under the tag of United States catcher Thomas Murphy’s in the 10th inning of the gold medal baseball game at the Pan Am Games.

Photo courtesy of the Canadian Olympic Committee

High School before moving down to Texas to play college ball. His roots, however, remained grounded in York Region.

His grandparents Gordon and Mary Orr lived in King City for decades, while Mary’s sister had another athletic connection in the bloodline. She was the grandmother of Nick Boynton, who brought the Stanley Cup to Nobleton after the Chicago Blackhawks won it in 2010. Orr’s father Don still lives in the area, while his uncle Ken runs an insurance firm in King City and Schomberg.

“Mostly my entire family lives around the King area there,” said Orr. “It’s a beautiful area. The proximity to Toronto made the whole experience that much better for me.”

Around 40 family members and friends were at the semi-final match up with Puerto Rico, in which Canada won handily 7-1. Unfortunately, tickets were sold out for the gold medal game with the USA, so most had to settle watching from outside the sta-

dium.

Orr said he appreciates any support he gets and welcomes it all.

“The support I received was just unbelievable. Everyone has been congratulating me, texting me, calling me ... all that is what really makes a moment like that worthwhile.”

The last time Orr played in front of a Canadian crowd was at the World Baseball Classic in 2009. Although he has played over 400 games in the majors over his 10-year career, he was never called up from the minors during a visit to the Toronto Blue Jays, MLB’s only Canadian team.

“It’s been so long since all my family and friends have been able to watch me play, and for that I’m pretty grateful.”

At 36 years old, the gold medal moment is a nice cap to Orr’s golden years of professional baseball. As for his future, he wants to stay in the game, whether at a coaching or front office level.

Pie Squared bats on fire in win over division leader

Steven Sansone

On July 30, King’s Pie Squared mosquito house league team played against the first place team in the division, Aurora Periodontal.

Aurora started the game off strong by scoring four runs in the first. Pie Squared responded in the bottom of the inning.

With bases loaded and two out, Joseph Carvalho went to the plate and blasted the ball all the way to deep centre field for a grand slam! Tyler Oletic, Luke Bottero, and Sam Matukas scored off the home run and Pie Squared took a 5-4 lead. Massimo Amodio had a terrific outing on the mound. He held Aurora’s powerful lineup to just one run in his inning of work.

Pie Squared’s bats continued to be on fire as Michael Critelli hit a bases-clearing triple to give his team a 10-5 lead. Aurora’s offence found its groove as the game went on. They put together a couple of excellent rallies and put themselves in position to extend their perfect record to 8-0.

Down by three in the bottom of the fourth, Pie Squared looked to make a comeback. Brandon Petrova went to the plate with the bases loaded and one out. Brandon sent the ball deep to centre field for his biggest hit of the season. Brandon cleared the bases and Pie Squared won a thrilling game 14-10. The player of the game goes to Brandon Petrova.

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MacLennan cheers on athletes at Special Olympics

By JAKE COURTEPATTE

This past Tuesday marked the three-year anniversary of King City's Rosie MacLennan rising to the heights of trampoline star, winning Canada's only gold medal at the London Olympic Games.

But over the Civic holiday weekend, the only thing on her mind was getting in some water sports up north while taking a well-deserved break.

"I did some wakeboarding and some wake surfing," said MacLennan. "Just taking some time off."

At the same time, MacLennan's idol, and bronze medallist to Rosie's Pan Am gold, Karen Cockburn, was redeeming herself with Canadian Open gold in Calgary.

"Karen, to be honest, has been my role model since I was a kid," said MacLennan of the Stouffville native. "Working with her is a dream to me."

After defending her trampoline gold in the 2015 Pan Am Games in Toronto, MacLennan said she needed "some time away," spending the last few months in the spotlight as one of the athletes to watch for Canada.

But as one to never shy away from the international stage, MacLennan has been keeping an eye on, and supporting her fellow Canadian athletes at the 2015 Special Olympics World Summer Games in Los Angeles. The Games closed on Sunday, with the Canadians grabbing a total of 37 medals for a successful outing.

"Anytime an athlete gets to represent their country, it's special," said MacLennan. "The stage isn't what's important, it's really wearing your country's colours. I know what it feels



Trampoline gold medallist Rosie MacLennan (left) celebrates with her mentor and bronze medallist Karen Cockburn at the 2015 Pan Am Games in July.

Photo provided by the Canadian Olympic Committee

like to represent Canada, it's amazing, and they do, too."

"There's always some sort of compe-

tition going on to watch, even if you're not in it, whether it be international or Canadian Championships or something ... even when you get away you want to know what's going on."

With the Parapan Am Games set to kick off this weekend in Toronto, Rosie will have her eyes on Canada's representatives there as well. What sport is she looking forward to the most?

"The basketball. It takes so much athleticism to play basketball in a

wheelchair, it's pretty exciting."

And on the trampoline, it's back to training as usual for Rosie, who trains out of Skyrider's Trampoline Place in Richmond Hill.

"My training schedule is pretty strict, there's a lot to adhere to," said MacLennan, who trains with the likes of Cockburn and Aurora's Samantha Sendel. "You can take little breaks here and there but it's not good to go too long off the trampoline."

KNSC gear drive a success

The KNSC Soccer Gear Drive was a huge success.

They extend their thanks to all, for their generous contributions of new and used soccer gear. The clubhouse lobby was overflowing with bags full of gear that will be well utilized in lesser privileged communities around the world.

"This season, all of you received your new KNSC uniforms, and while this was a very exciting time of year for all of us – you all remembered those who do not share in this luxury. So many of our membership helped those less fortunate than us by contributing to our #KNSC Clothing & Equipment Collection Drive. Rather than tossing aside previous year's gear, you helped by donating them to those who would be extremely happy to have a matching set of uniforms and soccer gear."

Aside from the slightly used soccer gear that we were collected, they also received new unused equipment as well. Thank you everyone!

All donated items will be delivered to an under-served soccer community some place within the world. Part of the KNSC used clothes and soccer gear will be shipped to the Philippines and be received by Missionaries of Charity in Tacloban and be distributed to orphanages. Other parts of KNSC clothes and soccer gear are packed and shipped in December, through the Samaritans Purse operation, Christmas Child shoe boxes. They go all over the world to developing countries like Nepal, Afghanistan, Africa, Haiti, Costa Rica,



Colombia, etc. All backpacks and soccer balls that were donated will be used for the backpack ministry and sent to northern Ontario through Georgian Native Ministry to serve school age First Nations children.

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The Ride Across Canada winds its way through King

More than 700 veterans and serving Canadian Forces members are expected to join Paul Nichols by the time he completes a seven-month, cross-Canada horseback ride to support veterans and their families.

And several of those veterans will be joining him Aug. 7-12 as the Communities for Veterans Foundation's Ride Across Canada comes to King Township and the GTA.

In mid-April, veteran Paul Nichols of Quesnel and his wife Terry officially launched the Communities for Veterans Foundation Ride Across Canada to raise awareness and funding to support veterans and to say thank you to the men and women who sacrifice so much for our country during a ceremony with Lt.-Gov. Judith Guichon at the BC Parliament Buildings in Victoria.

Paul, Terry and their crew will spend roughly 211 days on the road, travelling from Victoria to St. John's, Nfld., to share the stories of Canadian veterans, raise money for programs that support veterans and their families and raise awareness about the challenges veterans face when they return home and about the fact that the profile of veterans is changing to include younger men and women who have served in recent deployments.

Paul, a former Calgary Highlander who served with the Princess Patricia's

Canadian Light Infantry in Croatia, is riding the entire way, inviting veterans to join him on horseback in, or near, their community. Terry, a therapeutic riding instructor, will give veterans a riding lesson, and as the veterans join them on the ride, Paul and Terry will record their stories so that they can share them with the people of Canada.

As it stands, the ride will travel from Bradford to King City on Aug. 8. Paul and his riders will travel to Aurora on Aug. 9, arriving at the Aurora Legion at 1:30 p.m. The riders' arrival overlap with the Veteran's Luncheon for the Second World War and Korean War veterans from the Sunnybrook 'K' wing. On Aug. 11, the ride will continue to head east and finish north of Pickering. The next day, the riders will continue south to Pickering, where there will be an afternoon barbecue and a dance at the Legion.

"This ride is not about one veteran and his family riding across the country for a cause," said Paul. "By the time our horses get us to the Atlantic coast, we will have been joined by and have heard the stories of over 700 Canadian veterans. As these stories are collected and reflected on, we will create awareness and encourage discussion of the challenges that our servicemen and women face as they transition back into the world of civilians. The Canadian people

love their troops, and our communities will support them but often times don't know who they are after they clear out of the military. By educating our communities and raising awareness to the changing face of their veterans, we can give them the opportunity to truly support their troops. We believe that this timely help from the communities that they have served will lower the incidence of PTSD and family break up, and I personally know that timely help can change a life."

Part of the inspiration for this ride comes from an experience Paul had a few years ago.

He was out of town and was at a small shop buying a necklace for Terry. The woman behind the counter recognized a regimental crest on his jacket and asked him if he was Canadian Military. He expressed that he was out now but, yes, he and served in the Canadian Army.

She went on to tell him that she had survived the siege of Sarajevo. She had lived in an underground parking lot for two years, and every time she went out for food or water, she had to face sniper and machine gun fire. They were shelled most nights. It was Canadian troops that got her out. When Paul said that he had never seen Sarajevo but he had served in the former Yugoslavia, the woman cried and hugged him, grateful for the service of Canadian soldiers.



The moment passed, and Paul was worried that they had made a scene. He was surprised to see that every person in the lineup behind him was wiping away tears.

That is when he learned the power of a heartfelt story. He learned that it could be healing for the person telling the story and that it can make a difference to the veteran who is wondering if his or her service was worth the hard work and sacrifice.

And now Paul is in a position to share his story and other veterans' stories through The Ride Across Canada.

To learn more about the ride, visit www.communitiesforveterans.com.

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Mother-daughter book club meets Aug. 17

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York Pines United Church

Children aged five to 12 are welcome to register for the Vacation Bible Camp program at the York Pines United Church in Kettleby. The dates are August 17-21 and the time is from 10 a.m. to 3 p.m. Your child's lunch is provided. The cost is by donation. The theme is "God's Mission - Our Gifts." Come for games, stories, crafts, songs, fun and adventure. To register or for more information, please call the church office at 905-727-8118. The York Pines Church is located at 3150 Aurora Lloydtown Road, Kettleby.

St. Mary Magdalene

St. Mary Magdalene's Anglican Church welcomes back Father (Canon) Leonard-Kofti Abbah from the Anglican Benedictine Monastery of the Holy Cross in Toronto as guest celebrant at our 10:30 a.m. combined (with Christ Church Kettleby and the St. Alban's

Anglican community Nobleton) parish Holy Communion service this Sunday, Aug. 9.

Why is it called the Parish of Lloydtown when there is no church in Lloydtown Anglican or otherwise? Well, the first St. Mary Magdalene's was built in Lloydtown in 1843 when the parish stretched south to Pinegrove (Woodbridge), west through Bolton to Sandhill and east to Kettleby.

St. Alban's Nobleton built in 1889 (now sadly closed) and Christ Church Kettleby built in 1891 with the Schomberg church make up today's parish. The church in Lloydtown closed and a new church retaining the old one's name, St. Mary Magdalene's, was built in Schomberg and opened in 1925 about 3/4 of a mile east but still on Church St.

The Anglican cemetery remains on the grounds where the original church stood and is still in use.

Courtyard on Main

The Courtyard on Main will be open for shoppers and vendors every Saturday throughout the summer, 10 a.m. to 2 p.m.

A collaboration between Anichue and Purple Door it is set in the middle of Main St. in downtown Schomberg. Walk through the newly created archway and enjoy the plantings on the way

to the shopping area. Have a coffee, shop and enjoy the music, meet friends and make friends. It is a great space to spend a Saturday morning.

We have an open mic for musicians who wish to share their talents.

If you are interested in being a vendor please contact us at info@thecourt-yardonmain.com.

Schomberg Public Library

The Mother-Daughter Book Club in King City is planning their next meeting for Monday, Aug. 17 at 6:30 p.m. The Book they will be discussing is "Ella Enchanted" by Gail Carson Levine.

How can a fairy's blessing be such a curse? At her birth, Ella of Frelly was given a foolish fairy's gift - the "gift" of obedience. Ella must obey any order given to her, whether it's hopping on one foot for a day or chopping off her own head! But strong-willed Ella does not tamely accept her fate. She goes on a quest, encountering ogres, giants, wicked stepsisters, fairy godmothers, and handsome princes, determined to break the curse, and live happily ever after.

Everyone is welcome to attend. The reading level for this book is approximately Grade 4 - something moms and daughters can do together.

Mosquito pools test positive for WNV

Two mosquito pools have tested positive for West Nile Virus (WNV) in York Region. The pools were located in Markham, close to the intersection of Warden Avenue and Highway 7, and in Newmarket, close to the intersection of Davis Drive and Prospect Street.

"Residents can take simple steps to reduce the risk of West Nile virus and exposure to mosquitos," said Dr. Karim Kurji, York Region's medical officer of health. "Cover up when heading outside, especially during dusk and dawn and eliminate standing water around your property to reduce mosquito breeding."

As part of York Region's 2015 West Nile virus (WNV) Control Plan, York Region Public Health larvicides catch basins to interrupt mosquito breeding, educates residents on self-protection, investigates human cases and conducts surveillance.

York Region treats catch basins along Regional and municipal roads and other stagnant public water sources, including roadside ditches. Private backyard catch basins are treated upon request. For more information on this or any other public-health related topic, please contact York Region Health Connection at 1-800-361-5653 or TTY 1-866-252-9933 or visit york.ca/westnile.

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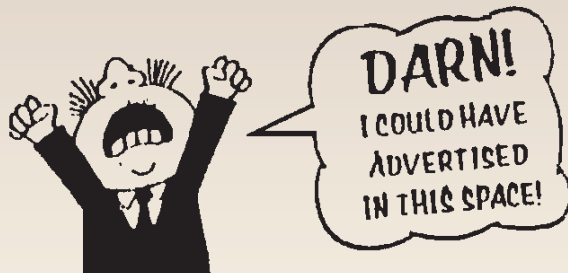
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