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FREE Thursday, February 19, 2015 Volume 42, Issue 8

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Witnesses sought in fire at former grow op in King

By Mark Pavilons

York Regional Police are hoping the public can help find answers following a suspicious fire in rural King last week.

Police investigators are looking into the fire that occurred Feb. 12 at 5 p.m. in a rural area at 14740 Keele Street, in the area of Keele Street south of 16th Sideroad. The fire was quickly extinguished but there was minor smoke and fire damage to the residence.

Police note the house was unoccupied at the time. A search was conducted and it was determined it was a former marihuana grow operation, but not currently in use. Police seized equipment indicating it was used to grow marihuana.

Police investigators and staff of the Office of the Fire Marshal and Emergency Management were on the scene last week.

Anyone with information is asked to contact the York Regional Police #1 District Criminal Investigations Bureau at 1-866-876-5423, ext. 7141. You can also call Crime Stoppers at 1-800-222-tips or leave an anonymous tip online at www.1800222tips.com or text your tip to CRIMES (274637) starting with the word YORK.



Winterfest family fun

Visitors flocked to Cold Creek Conservation Area Monday for some outdoor Family Day fun during the annual Winterfest. Youngsters kept themselves busy gliding down the hill next to the Education Centre on snow carpets. Turn to Page 9 for more photos of the day.

Photo by Mark Pavilons

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Abby is exceeding expectations.

See Page 6



King to receive interim payment.

See Page 3

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COUNCIL MEETINGS

MUNICIPAL OFFICE, COUNCIL CHAMBERS

Monday, February 23, 2015
6:00pm - Council/Committee of the Whole
- Public Meeting Re: Zoning By-law Amendment
File No.: Z-2014-11
Address: 16845 Jane Street

Monday, March 9, 2015
6:00pm - Council/Committee of the Whole
- Public Meeting Re: Zoning By-law and Official Plan Amendments
File No.: Z-2014-10 & OP-2011-06
Address: 17250 Highway 27

EMPLOYMENT OPPORTUNITIES

Please visit the Township website at www.king.ca for employment opportunities.

- Summer Student Positions
- Taxation & Assessment Analyst

COMPETITIVE BIDS

Please visit the Township website at www.king.ca for competitive bid opportunities.

PUBLIC NOTICES

**VOLUNTEER ORGANIZATIONS
COMMUNITY GRANTS PROGRAM**

Non-profit community organizations which provide or develop recreation, cultural or social opportunities within the Township of King are invited to submit applications for Grants from the Township of King for 2015. Applications must be completed and submitted to the Township by **Tuesday, March 31st, 2015**.

The Community Grants Policy Information and Application are available at the Township municipal office, or on our website at www.king.ca, under the "What's New" heading.

REMINDERS

INTERIM TAX BILLS

First Installment Due Date:
February 25th, 2015

Second Installment Due Date:
April 27th, 2015

INTERIM TAX bills have now been mailed. Ratepayers who have not received their bills should contact the Finance Department immediately.

PAYMENTS may be made by mail, in person at the Township Offices, or at most financial institutions. When making payments electronically, your account number is your fifteen digit roll number (i.e. 000XXXXXXX0000). After hours tax payments may be left in the drop box located at the Council Chambers entrance.



PUBLIC NOTICES

Seeking Nominations for
Volunteer Awards

Closing Friday, March 20th, 2015

VOLUNTEER APPRECIATION NIGHT
Thursday, May 7th, 2015

Council of the Township of King are now accepting nominations for awards to recognize volunteer contributions and achievements in the following categories:

- Citizen of the Year
- Lifetime Achievement
- Youth Award of Merit
- Special Recognition
- Senior Citizen Award of Merit

Nominations for Volunteer Awards must be submitted on the nomination form obtained from the Clerks Department and will be received by the undersigned until 4:30 p.m. Friday, March 20th, 2015. The nomination form and further information regarding the criteria for each category is available at the Township office or on the Township website at www.king.ca, under the "What's New" tab.

Awards will be presented at the Volunteer Appreciation Night on Thursday, May 7th, 2015.

Kathryn Smyth, Clerk
E-mail: ksmyth@king.ca

REMINDERS

VOLUNTEER FIRE SERVICE PERSONNEL

The Township of King Fire & Emergency Services is currently accepting applications for the position of a recruit volunteer fire fighter.

King Fire & Emergency Services will be hosting an open house/ information session on Saturday Feb. 28th, 2015 at Station 38 in Nobleton (5926 King Rd.) at 10:00 am

For more information, or to pick up an application, please contact:
James Arnold – Deputy Fire Chief @ 905-833-2800.

Applications are available at Station 34 in King City (2045 King Road) 8:30am – 4:30pm Monday to Friday
Applications will be accepted in person at Station 34 in King City until Friday March 6th, 2015 until 4:30pm

We thank all applicants and advise that only those selected for an interview will be notified. Personal information is collected under authority of the Municipal Act and will be used to determine eligibility for potential volunteer employment. Personal information (PI) will be protected in accordance with Municipal Freedom of Information and Protection of Privacy Act (MFIPPA). Questions about the collection of personal information (PI) should be directed to Fire Chief, Township of King, 2075 King Road, L7B 1A1 or Fire Chief at (905) 833-2800.



**The 2015
Spring & Summer
Community Guide
will be available
February 26th.**

**Look for your
copy in the
King Weekly Sentinel!**

*Additional copies will
be available at all
Township locations.*



Join us at the upcoming Official Plan Review
PUBLIC OPEN HOUSE

King Township has completed a Background Discussion Paper for Phase One of its Official Plan Review project.

You are invited to attend a Public Open House to learn about the key planning issues addressed in our Phase One Discussion Paper. This is an informal gathering to give members of the public an opportunity to ask questions and provide input on information we have collected with respect to options for moving forward. This is the rebooking of the previous meeting which was postponed in January, 2015.

Date: Tuesday March 10, 2015

Time: 6:00 p.m. - 7:00 p.m.
Presentation/Facilitated Discussion: 7:00 p.m.

Location: Trisan Centre
25 Dillane Drive
Schomberg, Ontario

To learn more about the Official Plan Review and view copies of relevant background material, visit <http://www.king.ca/Government/Departments/Planning/OfficialPlanReview/Project/Pages/default.aspx>.
Additional information and updates relating to the Official Plan Review are available by contacting the Planning Department: 905.833.5321 ext. 4066
Sign up to receive emails: officialplanreview@king.ca

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Adopt A Hydrant!**



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which would you feel
more safe with?**



**After a snowfall, check your hydrants for a
3 foot (1 meter) radius of clearance.
Where is your nearest hydrant?**

MAPLE SYRUP FEST

March 7, 10am - 2pm \$10/Car
COLD CREEK.CA

King to receive interim payment for ice storm costs

By Mark Pavilons

King Township will receive an interim payment from the Province, as part of their claim for the damages caused by the 2013/14 ice storm.

The Township received news Friday they'll be getting a cheque for \$73,310.57, which is 35% of the total claim of roughly \$210,000.

According to Shawn Parry, manager of the ice storm assistance program with the Ministry of Municipal Affairs and Housing, once the full review of King's claim is completed, they'll receive the remaining \$136,000.

King is required to sign a grant agreement before the interim payment is made.

Parry noted timing of the final payment depends on several factors, including the complexity of the claim and the completeness of the supporting documents filed by the municipality.

While some smaller municipalities have received their full payments, most are interim "offers."

The Province notes they're offering the interim payments to assist them with their budget planning while the rest of their claim is finalized. The remaining funding will be issued once the claims review is complete and eligible costs are verified.

By comparison, King's neighbours in York have also been notified of their interim payments.

York Region will be getting \$809,111; Aurora, \$102,833; East Gwillimbury, \$5,048; Bradford, \$34,552; Newmarket, \$43,548; Richmond Hill, \$1.137 million; Vaughan, \$3.579 million, and Whitchurch-Stouffville, \$109,039.

The deadline to submit a claim to the Ice Storm Assistance Program was December 31, 2014. The province is carefully reviewing each claim received and is paying the eligible funds as quickly as possible.

The province announced in February 2014 that it would pay 100 per cent of eligible disaster response and recovery costs to municipalities and conservation authorities severely affected by the December 2013 ice storm.

The Ice Storm Assistance Program is a one-time disaster relief program for the December 2013 ice storm. It focuses on costs related to the immediate emergency response, such as setting up warming centres, and the subsequent cleanup of debris necessary to protect public safety.

Ontario will be reimbursed by the federal government for a portion of the eligible response and recovery costs under the Disaster Financial Assistance Arrangements.

The ice storm caused widespread damage and blackouts across southern, western and eastern Ontario. At the peak of the storm, over 800,000 hydro customers were without power.



ENE King 7-Day Weather Outlook
FRESH-4 WEATHER FORECAST SYSTEM

From Thursday, February 19 to Wednesday, February 25

THURS 19TH	FRI 20TH	SAT 21ST	SUN 22ND	MON 23RD	TUES 24TH	WED 25TH
Sun/Clouds High -16C° Low -22C° - Wind NW 20k	Mainly Sunny High -14C° Low -22C° Snow ~1cm Wind NW 15k	Light Snow High -6C° Low -16C° Snow 2-4cm Wind S 20k	Mainly Sunny High -7C° Low -18C° - Wind NW 20k	Mainly Sunny High -12C° Low -20C° Snow <1cm Wind SW 20k	Light Snow High -7C° Low -12C° Snow 1-3cm Wind SW 35k	Mix of Sun and Cloud High -7C° Low -11C°



The King Weekly Sentinel

is your community newspaper.

Read us online at www.newspapers-online.com/king

King Township Food Bank open Saturday

Saturday, Feb. 21, the regular monthly distribution of the King Township Food Bank will take place from 9-11 a.m. at three locations covering King Township.

If you could use a bit of help, please call us at 905-806-1125 so they can be sure to ship enough food to the centre you plan to attend. Their new program is adding produce to the non-perishable foods to help with fresh and healthy options for meal preparation.



Food Bank volunteers are passionate about ensuring that nobody in King is hungry, but we need you to tell them!

There are more details at www.kingtownshipfoodbank.ca or call the dedicated line and leave a message for a confidential chat at 905-806-1125.

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It's cold outside, but spring is coming soon – we hope!!

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Editorial, Letters & Opinion

"Public opinion shapes our destinies and guides the progress of human affairs"

~ Frank B. Kellogg

Grasping the beginnings of life in the universe

Nihil fit ex nihilo – Nothing comes from nothing.

This is part of a thesis first argued by Greek philosopher Parmenides. It is associated with ancient Greek cosmology, contending there is no break in between a world that did not exist and one that did, since it could not be created "ex nihilo" in the first place. The Greeks also believed that things cannot disappear into nothing, just as they cannot be created from nothing. If they ceased to exist, they transform into some other form of being.

This is like today's laws of conservation of mass and energy that suggest energy can't be created or destroyed.

Humankind undoubtedly began postulating these things shortly after we wandered from the caves and formed an organized society. There's no question the stars at night presented untold marvels, questions and theories.

They still do. We now know they are not mere pinholes in the fabric of the heavens.

Religion has always fascinated me, in many ways. Originally christened Lutheran, I was welcomed into the Catholic faith prior to my wedding, and have since joined my family in this faith. My mother had no use at all for religion, largely because of the traumatic experiences she had during the Second World War.

As a thinking person and objective journalist, I try to keep an open mind about everything – and I mean everything.



Mark Pavilons

While most of us during the 1970s were more like Archie Bunker than we care to admit, I think we've all changed our viewpoints on many issues in the past few decades.

Here in Canada, we've enjoyed religious freedoms for some time. And these are enshrined in our Charter of Rights and Freedoms.

We've sailed through the last few decades in the Great White North with few religious confrontations. In recent years, of course, we in the West have been faced with terrorist ideology and trying to understand Islamist beliefs.

I'll admit it, I know very little about it, so I can't readily judge others. From the little I do know, it's safe to say that the Islamist belief contends that we always have a duty to God and must submit to the will of God. Extremists always use religion as justification for their actions, but acts by extremists violate true Islam, the fastest growing religion on the planet.

Again, I find all religious history fascinating and a really good read.

I also talk with visiting Jehovah's Witnesses who come to our door. Why not?

They're polite, good natured and well spoken. I accept "Awake!" and read it when I have time.

A recent issue contained some really interesting articles, one of which addressed the beginnings of the universe.

There's long been opposition and debate surrounding the theory of evolution. But there are a couple of questions that have yet to be answered, by both religious and scientific scholars:

How did life get its start and how did things in the universe develop?

Did, as some high thinkers contend, life spontaneously arise from existing matter?

There's a train of thought that attests the building blocks of life – amino acids, proteins, carbohydrates and DNA – floating around in primordial goo, accidentally came together and voila, life! The conditions in our atmosphere had to be perfect as well, with just the right amounts of sulfur, phosphorous, oxygen, nitrogen, carbon and hydrogen.

A typical protein molecule includes hundreds of amino acids connected in a certain sequence. The molecule must "fold" into a specific three-dimensional shape for it to serve a purpose. The odds of even one single protein molecule forming spontaneously is "improbable."

How about self-replicating molecules that miraculously come to life from inert organic material?

I'm a betting man, and yet I can't fathom all of this happening by chance. Creatures like ourselves develop

from fertilized eggs. Cells multiply and specialize inside the embryo and take on various shapes and functions. How do these cells "know" how to do this?

For us to "evolve" changes would have to take place inside the cell at the molecular level. How do "random mutations" arise and lead to a new and improved species? How can such beauty and complexity result from a seemingly random and unintelligent process?

We are self-aware; possess a consciousness, intelligence, moral qualities and emotions. We will sacrifice ourselves for others. We know right from wrong.

Some of these are inherent characteristics and not taught to us as youngsters. Some believe cells have inherent knowledge passed down through time.

The big bang theory may hold some measure of an explanation as to how the universe began. But my unanswerable question is: what existed prior to that? If something or some omnipotent being created the universe, where did they come from? If the universe is infinite, what's on the "other side"?

Of all the improbabilities and impossibilities, is humankind the best possible result in the cosmos?

Having studied and written about the human condition for more than three decades, my money is on the "accident" explanation. Surely an all-powerful force would have created something a little better LOL!

A higher purpose? The Creator? God?

"God said: 'Let us make man in our image, according to our likeness.'" – Genesis 1:26.

Again, the existence of such a great and powerful God would beg the question: was He created just for us? Who created Him? Did He create other worlds and bipeds in His image?

We will not likely find any answers in my lifetime. But, we find them in the afterlife!

From something, to something else? I really hope so.

If you're looking for clues, glance skyward on a starry night.

Letter to the Editor

A big thank-you from the Nobleton Christmas Drive

I would like to take this opportunity to say thank you to the many people and organizations who contributed to The Nobleton Christmas Drive this year. These people made it possible to help numerous children in our area and their families have a wonderful Christmas.

I am deeply touched at the response this year and have to say thank you from the bottom of my heart, to the following people and organizations:

The Nobleton Lions Club, King City Fire Department, Len and Rita of Tim Hortons Nobleton, King Chamber of Commerce, Nobleton Village Association, Rotary Club of Kleinburg, Nobleton Feed Mill, Boynton Brothers, Womans Institute, Mark Pavilons and The King Sentinel, KARS, John's No Frills, Tracy Marinucci, Ritson family, Bernhardt Family, Zaccagna Family, Gibb family, Keith Young, Hayhoe family, Pia Belperio, Heather Stewart, Tighe family, Reiss family, Taylor family, All Personnel Services Inc, United Church, Marrone Family, Hall family, Rudnitski family, Seymore Family, Pekkhia family, Lenard Lind, Beamish Construction, Jacquie Raaphorst, King City Dental, Lucy/King Print, Holy Cross Catholic School Student Council. Special thanks to President Andrew Sansone, Nobleton School Council. A special thanks to Cristiana Deachman, Nobleton Student Council, Peggy Weir and the students, parents and staff at Nobleton Public School.

As you can see we had so many amazing people and organizations helping this year, the response was truly overwhelming.

A special thanks go out to King Fire Chief Jim Wall and his staff at the King Fire and Emergency Services for their dedication to helping tirelessly with the toy donations.

On a personal note I would like to thank my husband Kevin who without him this would not be possible. I would also like to thank personally Patty Fleetwood, who is tirelessly supporting me in this cause.

Thank you again to everyone who supported and helped make this year one of our most successful years yet!

Mimi (Mary) Buchanan/Lyons
Nobleton Christmas Drive

KingWeeklySentinel WEBPOLL
www.kingweekly.com

Results from last week's poll:
Do you support a new law allowing physician assisted suicide?

a) Yes **100%**
b) No **0%**

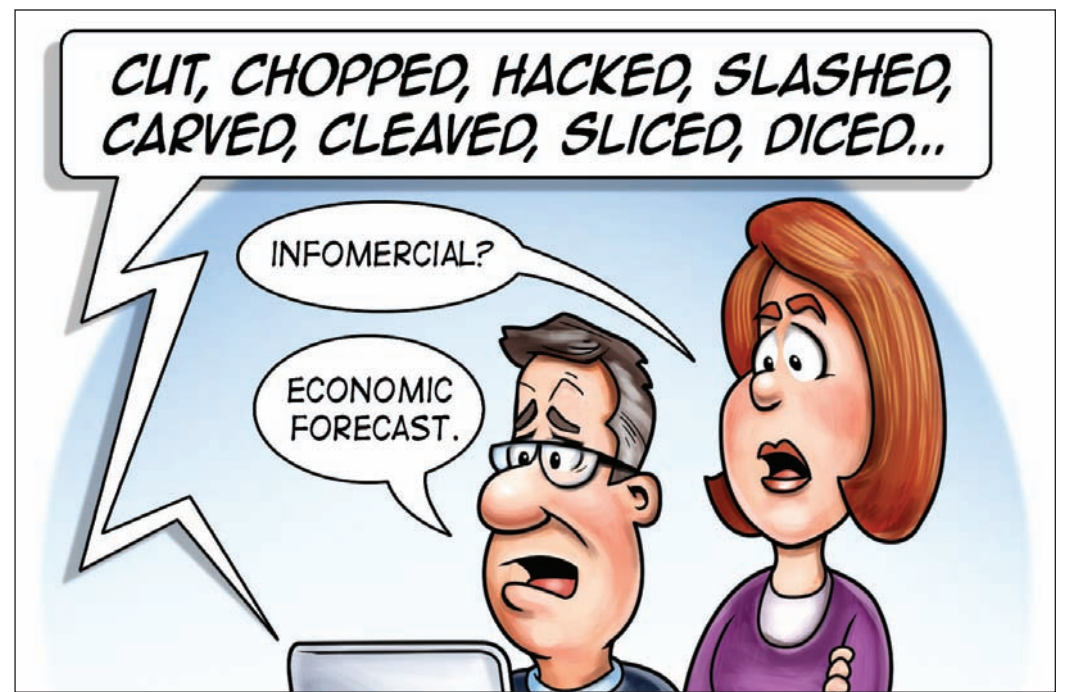
The results of this poll are in no way considered to be valid or infallible.

THIS WEEK'S QUESTION

Feb. 15 marked the 50th anniversary of the Maple Leaf becoming Canada's national flag. Should that date be a national holiday?

a) Yes
b) No

So go to the website and cast a vote!



Brainteaser

What does a cat have that no other animals have?

Last week's answer: A chair, bed and a toothbrush!

King Township Trivia

King Township Public Library created its first website in 1998.

<p>25 Queen Street N., Bolton, ON L7E 1C1 Toll Free: 1-888-557-6626 905-857-6626 Fax: 905-857-6363 www.newspapers-online.com/king</p>	<p><small>PUBLISHER: London Publishing Corp. VICE PRESIDENT SALES, MARKETING, BUSINESS DEVELOPMENT: Karin Rossi GENERAL MANAGER: Zach Shoub EDITOR: Mark Pavilons editor@kingweekly.com PRODUCTION: Lisa Clendening ADVERTISING: Zach Shoub zach@simcoeyorkprinting.com DISTRIBUTION: Cephise Cuming cc@cephisecuming.com OFFICE: Terry Muscat, Mary Speck CLASSIFIEDS: admin@caledoncitizen.com</small></p>	<p>Advertising & Administration Head Office 34 Main St. W., Beeton ON L0G 1A0 905-729-2287 Fax 905-729-2541</p> <p><small>The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non insertion of any advertisement beyond the amount paid for such advertisement. Copyright King Weekly Sentinel 2015</small></p>	<p>Subscription rates: Within 65 km except towns with letter carriers – \$39.00 + G.S.T. Beyond 65 km and towns with letter carriers – \$67.00 + G.S.T. Single copies 94¢ + G.S.T. or \$1.00 (includes G.S.T.)</p> <div style="display: flex; justify-content: space-around;"> </div>
<p>Simcoe-York Printing & Publishing Limited, publisher of the King Weekly Sentinel and the New Tecumseth Times.</p>		<p>Published every Thursday</p>	

Transitioning Care: A solution to how we care for each other

By Don Fenn

A community's strength is its ability to look after its older adults – safely and with compassion.

For more than 12 years my King City company, Caregiver Omnimedia, has heard directly from families about what they want from their health care system and we heard two inseparable truths: there is an abiding allegiance for universal healthcare but also the belief that it needs to be transformed to meet 21st century needs.

Or put in more practical terms, there are large number of boomers who are concerned about mobility, costs, access to community services, and dependence on their families for their future care. They are very concerned about where they will live in order to sustain their own independence. As a result, the demand for more options in age-appropriate housing is increasing substantially across Ontario and Canada.

Aging in place, aging at home and living independently.

When we hear these terms, we think of being able to spend the rest of our lives in the comfort of our own home as opposed to living in a health or nursing facility. But once we get beyond that thought, what does it mean? What exactly does aging at home encompass?

Imagine an orchestra, up front you have your string section, the second level is your woodwinds. Then there is the brass section. And in the back is your percussion. Despite all these instruments and sections, together they are an orchestra playing one piece of music.

An Aging in Place Campus within King could be your symphony of service. Rather than strings you have healthcare, including geriatric care managers, personal support workers, registered practical nurses, therapists. Instead of woodwinds you having unique housing choices, co-housing, supportive housing, some medical cottages, and some long term care housing options. They each have their own speciality but not their own tune. Instead, they have come together to provide us with something much more innovative and transformative – an attractive and manageable life choice –

an Aging in Place Campus similar to a university campus.

The Federation of Canadian Municipalities stated in their 2013 Report on Canada's Aging Population: "Small towns and rural communities, where 23% of Canadian seniors live, will face unique social, environmental, and healthcare challenges that can impact on quality of life different from those in larger urban populations. Seniors who wish to age in place in rural communities face greater barriers to remain in their homes, stay active, and remain engaged with their communities."

Over the past few years, King Township staff and council have put into place many covenants which allow for sustainable development, and which make it easier to build real solutions for the future and become a showcase for rural communities around the world.

The transitional generation

In understanding the challenges of our rapidly aging market and that there is no typical senior or mature market it is important to consider "stage" not "age." In other words, those in this population sector remain more likely to define themselves by their life stage rather than their physiological age.

There has been much said and written about the Silent Generation (1925-1942) and the Baby Boomers (1946-1964), as well as their differences and preferences. Members of the silent generation retain their recall of experiences surrounding the events of World War II and the Great Depression, maintain self-reliance in overcoming hardships, and value a regular predictable schedule.

Boomers on the other hand, happily embrace change, have grown up demanding things be done on their terms, and are redefining the very concepts of aging and retirement. Many Boomers of the "sandwich generation," and caught between raising their (sometimes adult) children and caring for elderly parents, physically and financially, a phenomenon that is affecting the future of King as it is the rest of the world.

Somewhere between these two gen-

erations a hybrid is developing and it has become to be known as the Transitional Generation. They are demanding a new way of living. Transitional Care Communities, Pocket communities, Med Cottage Communities and Co Housing Communities, are just a few of the names that describe this new way of community care and living.

As the need for long-term care grows along with the aging population's declining health, this transitional generation expects to enjoy active, healthy lifestyles for as long as possible. One major factor which defines transitional development is "community." One where residents are not only neighbours, but friends who act like family.

Several factors determine when one leaves their primary home, and everyone agrees there is "no right time," but many factors contribute to a decision, such as:

- The Economy – downsizing to put some dollars in your pocket.

- Financial Planning – home is too large to maintain.

- Family – move to be closer to the grandchildren.

- Health – family wants comfort knowing that should health care crisis arise your loved one will be cared for in a continuum where health care is provided but not necessarily in a nursing home or long term care facility that can be miles away from home.

Ontario requires a government-based assessment to be accepted in to long term care. The current wait time in King is 8 months, while the average wait time in the province is 2 years.

Don Fenn is the president of Caregiver Omnimedia, and a partner in Transitional Care Communities based in King City. Transitional Care Communities is hoping to repurpose the old Schomberg hockey arena in partnership with King Township.

Letter to the Editor Resident suggests park name

We recently had a community meeting about the new community park that is to be constructed east of Nobleton School in one of the new subdivisions. There was no discussion about the name for this park.

I believe that it should be named after two tireless community workers, Joe and Bernice Tasca. I would like the park to be named in their honour – "Tasca Park."

You may not know him, but Joe is an instrumental member of the Lions Club and is very community minded. He sits for hours up at the plaza selling tickets to whatever the Nobleton Lions Club is raising money for. The Nobleton Lions Club has done a lot for this town.

The seniors in Nobleton enjoy a free Christmas dinner put on by the Lions Club. Joe goes around and delivers flyers inviting the seniors, he negotiates deals from the local businesses to supply some of the ingredients for the meal. It is a wonderful event. If there is someone in need, the Lions step up without any fan fare and get help for that person. They helped a struggling family who lived behind me.

You may not know Bernice, but she has been a tireless worker for the Nobleton Women's Institute. The Nobleton Women's Institute has helped women over the years become more knowledgeable on lots of different topics and become confident in their own abilities.

We have Cherry Park where the Cherry family used to live.

How appropriate that we should name our new park "Tasca Park," where the Tasca family used to live!

Tasca is a good Italian name and our area is very Italian. Also this would honour two worthy organizations, the Nobleton Lions and the Nobleton Women's Institute.

Nancy Hopkinson
Nobleton



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The word around King

Are you in favour of physician-assisted suicide?



Thomas Distrito

"To a point, yes, as long as they regulate it properly."



Angela Martesupo

"Definitely. People should have the right to choose."



Rachel McCutcheon

"I am. I think if it's bad enough, you have the right to make that decision."



Martin Antao

"Yes. With all the technology we have these days, people can die with dignity."

Little Abby is exceeding all expectations

By Mark Pavilons

Abigail Eveson is exceeding all expectations.

This sentiment doesn't come from her pre-school teacher about her latest report card. It comes from world-class cardiologists and specialists at Toronto's SickKids, who are cautiously optimistic that Abby will beat the odds one day soon.

The Schomberg tot, who just turned 20 months old, has had enough hospital visits, procedures and close calls to last two lifetimes. And yet, she's doing well despite the roller coaster ride she's been on since birth.

Abby was born with multiple congenital heart defects and the biggest concern is the blood flow out of the heart to become oxygenated by the lungs. The condition, as in Abby's case, is evident at birth. Abby received her first open heart surgery within 16 hours of her birth, June 19, 2013 and spent a week in CCCU (Cardiac Critical Care Unit) at Toronto's SickKids.

Abby is settling in at home, after almost 12 weeks at SickKids, following complications from her third open heart surgery last fall (Oct. 28).

Mom Becky takes everything in stride, and has become a bit of a medical expert in her own right.

Abby underwent an operation called unifocalization, a procedure of rerouting blood vessels which was intended to make several repairs at once.

While the surgery was a success in that doctors accomplished what they set out to do, complications arose and little Abby ended up on Extracorporeal membrane oxygenation (ECMO), similar to the previous generation of heart-lung machines. It's one of the most extreme forms of intensive care, especially where little ones are concerned.

She remained on ECMO through Nov. 11, 2014 and Abby's chest was left exposed for some five weeks (due to multiple infections that caused her to become septic)

Word of Abby's condition, and the resulting support, was generated by one of Becky's friends who started a Facebook page.

Things improved for Abby by

mid-December and it was the first time in 37 days that Becky was allowed to hold Abby in her arms. After another blood infection was treated, Abby was discharged Jan. 18.

Abby's a trooper, a miracle of sorts.

If you didn't notice the feeding tube, you wouldn't know anything was wrong. Becky keeps a watchful eye on her as she scoots around exploring the house. Her vocal chords are working just fine, judging by her assertive outbursts. She was so excited to see her big brother Charlie again. The two share a very tight bond.

Becky said Abby has had follow up speech and hearing tests and she's progressing well for someone in her predicament. Abby's demeanor and outlook, even for a wee one, is remarkable.

Her next scheduled cardiology appointment is in March. Hopefully, the plan moving forward, is a full repair, allowing the heart to function normally. But that doesn't mean Abby will be in the clear, as future surgeries would still be a possibility. It could be that light at the end of the tunnel.

The support for Becky and husband Craig, a volunteer firefighter in King and King Township Roads employee, has been incredible, both locally and from far and wide. Schomberg Minor Hockey held a special fundraiser and through discussions with the Evesons it was decided to purchase two iPads to donate to the cardiac unit at SickKids. In their "pay-it-forward" belief, Becky and Craig donated money they received to other "heart families" from SickKids.

There have been cards, messages and anonymous donations, including donations made to SickKids Cardiac Units in Abby's name. The Township of King staff continue to be supportive in providing positive energy for Abby by encouraging pay it forward tasks and they've made a donation to SickKids in Abby's name. "They have really just done way more than we expected," Becky said.

The support that has been shown has put the family in tears a number of times.

Abby's journey has inspired others. The Evesons have been asked to



Schomberg's Abby Eveson had a rough time after her third open heart surgery last fall. But she's a tough one, exceeding all expectations. Mom Becky is shown below with Abby and Charlie.

Photos by Mark Pavilons

speak at York Pines United Church, about paying it forward.

While Becky does not feel comfortable leaving Abby unattended for even a moment, she's a bit more at ease these days. She's more familiar with what's "normal" for Abby.

It's still a lot of work. Abby is on a feeding tube, but her diet is changing for the better. She even has all of her teeth!

Fortunately, she's in good hands - Dr. Glen Van Arsdell, head of cardiovascular surgery at SickKids.

The Evesons are tired, but Becky still manages to smile. The strength of a mother is really unrivalled.

While Abby has inspired others, mom and dad deserve some of the praise, too.

For more on Abby's journey, visit the Facebook page at We believe in Abby.



Advertisorial

What is Laser Therapy?

The technology utilizes superluminescent and laser diodes to irradiate diseased or traumatized tissue with photons. These particles of energy are selectively absorbed by the cell membrane and intracellular molecules, resulting in the initiation of a cascade of complex physiological reactions, leading to the restoration of normal cell structure and function.

The process is curative and therefore results in the elimination of symptoms, including pain. In addition, it enhances the body's immune response and facilitates natural healing. No adverse effects have been experienced, indicating that the therapy is completely safe.

Laser Therapy is highly effective in the treatment of musculoskeletal conditions, arthritis, sports injuries, wound healing and a wide range of dermatological conditions. Laser Therapy Systems are currently being used in over 50 countries by a broad spectrum of healthcare professionals including physicians, physiotherapists, chiropractors, naturopaths, dentists, veterinarians, athletic trainers, etc.

It should be noted that Laser Therapy represents the first advance in rehabilitation science since the introduction of ultrasound, interferential current, tens, etc. and is rapidly replacing those modalities. Moreover, it provides treatment alternatives for patients that have not responded to conventional treatments and can be administered without risk in the treatment of many disease entities. Generally it obviates the need for pharmaceutical solutions and frequently makes surgical interventions redundant.

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- ° Fractures

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- ° Carpal Tunnel Syndrome
- ° Rotator Cuff Injuries



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- ° Inflammatory conditions
- ° Tendonitis (supraspinatus/achilles etc.), Bursitis
- ° Plantar Fasciitis
- ° Rheumatoid Arthritis
- ° Back Problems
- ° Degenerative Osteoarthritis
- ° Spinal Stenosis/Sciatica
- ° Disc Herniation
- ° Myofasciitis
- ° Dermatological Conditions
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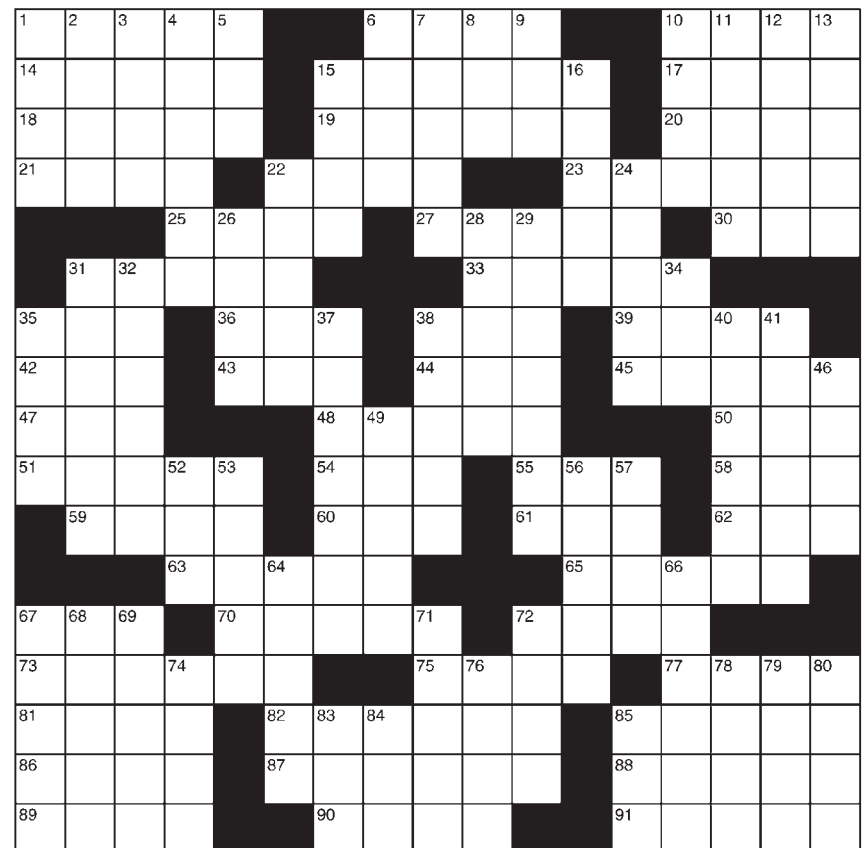
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ACROSS

- Reward
- Lyrical
- Hustle
- First Hebrew letter
- Romp
- Radius's companion
- Suspiciously alert
- Of the eye
- High seas
- Bird of yore
- Nuisance
- Self-centered person
- Elemental particle
- Navajo dwelling
- "Cry ___ River"
- Lean one
- Dark tea type
- Bear hair
- Keep a stiff upper ___
- ___ fleece was white . . ."
- Speck of dust
- Tarzan's friend
- Cartoon frame
- Young louse
- Foe
- Fresh
- Tropical palm

- Cheaper spread
- A friend in ___ . . .
- Noisy commotion
- Wary
- Seal hunter
- Moola
- Visiting General Hospital?
- "Alias" org.
- Japanese sport
- Allege
- Licorice flavoring
- Devilfish
- Stink
- Squeaking sound
- Elflike being
- Powder mineral
- Sight-related
- Develop slowly
- Fantastic
- Embroidery yarn
- Long timespan
- Snake's tooth
- Mollify
- Bungling
- Canopy frame
- Type of apple
- Yin's opposite
- Rustic

- Part of ENT
- "___ Dreams"
- Overexcited
- 12 months
- Pile up
- Make not as dangerous
- Prefer
- Nitrogen compound
- Anklebone
- Immature insect stage
- Promenade
- Or else
- Nerd
- Aware of
- Caustic material
- Folk wisdom
- "My ___ True Love"
- Purge
- Satchel

Solution
on page 15

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King bids encouraged for Premier's agri-food awards

By Mark Pavilons

Innovation in agriculture is being rewarded by the Province, and King operations are encouraged to submit their applications.

Have you developed and implemented an innovative product or process within your agriculture or food business?

The Premier's Award for Agri-Food Innovation Excellence Program is offering some great awards.

Top prize is the Premier's Award (valued at \$75,000), followed by the Minister's Award (valued at \$50,000), Leaders in Innovation Awards (three awards at \$25,000 each) and 45 Provincial Awards (valued at \$5,000 each).

Eligible applicants include primary producers, farmers, processors and agri-food organizations.

A copy of the Program Guidebook and Application Form, as well as information on previous award recipients is available at www.ontario.ca/agrifoodinnovation or by calling 1-877-424-1300.

The objectives of the Premier's Award for Agri-Food Innovation Excellence Program are to:

- Recognize and encourage innovators in the agri-food sector.
- Foster innovation in the agri-food sector that has an effect at the

farm level.

- Raise awareness about the importance of agri-food innovation and its impact on the Ontario economy.

Any one of the following four options will be acceptable for enrollment and application for the Premier's Award for Agri-Food Innovation Excellence:

Provide a valid 2014 Farm Business Registration Number (FBRN); provide a copy of your 2014 Gross Farm Income Exemption Certificate received from the Farm Tax Property Program.

Beginning farmers and those who actively farmed in 2014 can provide a copy of the Property Assessment Notice from the Municipal Property Assessment Corporation (MPAC) confirming the property is classified as "Farm Taxable: Full" (eligible for the Farm Property Class tax rate), or a copy of the municipal tax bill declaring the property as "Farm Taxable."

A "processor" must be a Canadian owned company with less than 100 annual full-time salaried and non-salaried employees in total and a minimum of 50% of the food ingredients used in the Ontario-based manufacturing facility must be sourced from Ontario growers/producers. The primary processing facilities must be in Ontario.

Applicants must be in compliance with all applicable federal, provincial and municipal legislation that apply to the operation of the innovation.

Examples of innovation areas include improved business practices in response to consumer demands (e.g. new product development, value added, marketing, strategic alliances, local food); environmental stewardship; energy and bio-economy; health and safety; food safety and traceability; education and marketing of the agriculture and food industry to society.

Applications will be accepted until 5 p.m. Friday, April 10.

For more, visit http://www.omafra.gov.on.ca/english/premier_award/index.html.



Premier Kathleen Wynne is opening dialogue with mayors and chairs of the GTAH. She's seen here at a Liberal event in King in 2013.

File Photo by Mark Pavilons

Mayors and chairs meet premier

By Mark Pavilons

Premier Kathleen Wynne has opened the lines of communication with her municipal counterparts.

The premier was the special guest at the CivicAction meeting with GTAH mayors and chairs, held Jan. 27 in Toronto.

Wynne spoke about traffic congestion throughout the GTAH, as well as regional express rail projects. She also addressed priorities for regional collaboration.

King Mayor Steve Pellegrini was on hand with his York colleagues, which included York chair Wayne Emmerson.

Pellegrini said he was impressed by Wynne and her willingness to speak to municipal representatives. She was engaging and stayed long after her speech to meet with her colleagues.

Pellegrini said it was definitely "good to have the premier's ear." He had an opportunity to ask about review of the Greenbelt and Oak Ridges Moraine legislation, as well as infrastructure funding commitments from the province.

The premier indicated she would like to have ongoing dialogue with GTAH mayors and chairs.

Wynne followed up with the local politicians after the meeting, sending them a personal note.

"I understand and appreciate the important role that mayors and chairs play individually and collectively in the GTAH. My government has made it a priority to strengthen and support municipalities across the province, including GTAH municipalities.

"As we discussed at the Civic Action forum, it's imperative for us to work together to see beyond local issues and develop broader solutions. I would like to build on that discussion by bringing GTAH mayors and chairs together at a summit on March 24 to discuss opportunities for improved collaboration in the GTAH.

"I look forward to the opportunity to meet with GTHA mayors and chairs at the summit, and to continue to support greater collaboration in the important work we do."

Chief Snowball is new coordinator

York Regional Council endorsed the appointment of Chief Bill Snowball from the City of Markham Fire and Emergency Services Department as Regional Fire Coordinator.

The Regional Fire Coordinator is a member of the Regional Emergency Control Group and is responsible for the administration of a mutual aid fire plan and an inventory of municipal fire resources. Chief Snowball will also provide advice, direction and coordination of resources in the event of an emergency.

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Photos by Mark Pavilons



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By RENATA GELLER

How universal are Human Rights?

They say that university opens your mind, makes you think differently and see the world in a whole new light. And it does, but it also makes you question your ignorant optimism for world peace. Since I began my international studies degree this fall, I've been enlightened about some of what goes on in our world, and what I find especially thought provoking is the idea of Human Rights. As ideal as the Universal Declaration of Human Rights appears to be, its fault ironically lies in humanity. Human rights are hence, not universal. So, where do we disagree?

I asked my peers this question during my presentation on human rights. Being one piece in a cultural mosaic of students, I was curious to get their perspectives on the matter. As I stood before my class, and listened to a heated debate, I realized what an idealist I was. How can you get the entire world to agree on a fundamental human right, if a class of fifteen individuals can't even come to a consensus? I realized then and there how impossible it is to co-exist peacefully when such disagreements are taken to the scale of warfare. At such a point, even the most fundamental right. The right to life is unvalued. How, then, can the world work towards peace? During this class discussion, one student remarked that the freedom of choice is what binds all people together, to which another student replied "In that case, anyone can choose to harm someone else". A third student jumped in "Well, the right to life is the most fundamental. Surely, we can all agree on at least that human right". And just as I thought this was the most sensible argument, someone fired back with a powerful question: "If the right to life is so inherent, why are people being killed for their innate traits? Women for being women, people of colour for their race, individuals for their beliefs? The list goes on.

And so, I remain puzzled by the notion of human rights. I live in a Western society with various parts of the world at war with us. Over the course of a few months, I have come to understand how deep-rooted and vast global issues are. There are too many to count, the reason for which my professor always asks at the end of his lectures "are you all depressed yet?" Most of the time, the class replies with a blank stare, almost as though they have the weight of the world on their shoulders.

I just wonder: what will it take for the world to reach some kind of agreement? How universal are human rights, really?

THE PROGRAMMING TEAM

at Villanova

The programming team at Villanova is comprised of ten students. Four members of the team were selected to participate in a Big Data Challenge lead by the Canadian Young Scientist Journal with assistance and sponsorship provided by SAS, SciNet and iEcarus. Mollie Bianchi, Alexandra Leone, Joseph D'Ercole and Thomas Lawrynuik rose to the challenge in the school's first year of participation. By hosting this event, SciNet is trying to encourage students at a high school level to learn and understand "big data", which is a term that is referred to in major corporations. It is a large or mass amount of data entries which are used for analysis that is then used to formulate sales strategies or understand market trends.

For the purposes of the challenge, the students of the Villanova programming team were given the data from five different grocery stores consisting of over 50,000 transactions. The students had to develop a program using Python which

is a computer programming language that is similar to Java in nature. The students had until January 12th to write the code and produce a report that contained; a prediction for next week's shopping list by customer, classify consumption by household and by demographics, classify consumption by lifestyle and by political preference or by any other criteria that the students might find interesting.

The students wrote the program themselves, working together diligently, doing the analysis to produce the most interesting data filled report where they suggested that shopping coupons or marketing strategies could be produced as a result of the shopping behaviours of individuals.

"They all worked really well together" said teacher Elissa Gileny who serves as Teacher-Moderator for the team.

As a result of their efforts, they placed in the top five, which allows them to move on to the next round of judging where they will make a fifteen minute presentation

about their findings and how and why they did their data analysis the way that they did. Their presentation will take place in front of a panel of judges from SciNet and SAS Canada and industry representatives in downtown Toronto on Friday February 13th.

"After the big data challenge, we usually compete in the CCC (Canadian Computing Challenge) as well as the ECOO competition which is a worldwide event" said Bianchi.

The programming team find the challenges they have been presented with to be fun. "It is our version of sports" said Lawrynuik.

Some of the students on the team have interests that will lead them to post-secondary educations in the fields of engineering and it is safe to say that most industries touch data analysis in some way in the business world today.

The students from the programming team at Villanova will be prepared for it.

WRITTEN BY CHRIS MCGOWAN
PHOTO BY S. MULHOLLAND



The Dilemma of Post-Secondary Education

The teenagers of today have lots of choices to make. There was a time when a University degree guaranteed a graduate a job, but in today's world, this is not always the case.

The unemployment rate of youth today is a staggering 15 - 20% and this is due to the following: University education, unless specialized provides youth with a degree based on theory, which in some cases cannot guarantee a job as the graduate has no experience. Also, in most recent years, the mandatory retirement age has been abolished, which means that more and more people are working later in life, which leaves fewer job opportunities for graduates.

And so, what are graduates to do? Some graduates from University are able to get some work experience by doing volunteer work in the field they are interested in to obtain some experience. And then there is also the opportunity for graduates to create their own business. Grants can be obtained through the Ontario Government after a business case has been written and approved and can be used towards start-up costs. Business mentors can be made in the area the graduate wishes to start their business in through the grant program.

Seneca College, King Campus has had an increase in students attending that have either a) a University education or b) are at a mature student age. "They come to Seneca to get skills that will allow them to obtain a job," said a spokesperson from Seneca.

So many University students and College students are underemployed, scraping by on low paying jobs or part-time jobs that don't

even require a degree. The statistics have stated that one in three 25 to 29 year olds that have recently graduated will end up in low paying jobs while carrying a debt on average of about \$27,000.00.

The landscape of College education has changed in most recent years as well, where they offer degree courses which are equivalent to a University degree. For instance, Seneca College, King Campus offers a degree in Recreational Therapy which is highly regarded in the field and is an education that is tangible to obtaining a good job at the end of the road.

With such a high unemployment rate, perhaps some thought should be paid to areas of education that would help a graduate obtain work and maintain an independent life after graduation. And the question is whose responsibility is that to educate our youth on these matters?

In the past, Doc Zone had a special documentary on this very issue. They have called it Generation Jobless due to the problem that the educational systems keep pumping youth out with the format of yesteryear while the requirements to obtain jobs in a great deal of the workforce requires experience they have not been able to obtain yet.

With that in mind, our youth needs to network, prepare, do volunteer work and take specialty courses that can land them an opportunity or at least allow them to get their foot in the door.

WRITTEN BY CHRIS MCGOWAN

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SPORTS

KING WEEKLY SENTINEL

Cougars take first game against Penetang Kings

By JAKE COURTEPATTE

It's familiar territory for Junior C clubs the Schomberg Cougars and Penetang Kings, but the Cougars are hoping for different results.

For the second year in a row, the teams are meeting up in the Georgian Mid-Ontario Hockey League's semi-final best-of-seven series.

The Kings, eventual 2014 league champions, got the best of the Cougar team last year in a season that saw them utterly dominate the competition on route to a 30-6-8 record.

This year, the match up is much less one-sided; the fourth-ranked Kings took down their regular season equals the Caledon Golden Hawks to earn a semi-final berth.

Meanwhile, the Cougars have flexed some muscle in the 2015 playoffs by taking down the third-place Huntsville Otters in the first round, capped off by a six-goal performance at the Trisan Centre last Thursday.

Opening Win

With little time for rest and Game 1 already in the books, the Cougars have jumped out to an early lead with a 6-3 road win on Monday.

It was an uneven game from the get-go as Schomberg jumped out to a 4-0 lead mid-way through the game.

Forward Brandon Savoy added another two-goal performance to his post-season stat card, and has now racked up five points over his last four games.

John Gage continues to lead the team

in points, finishing where he left off in the regular season. He earned a goal and an assist in the contest.

Derek Neilly, JP Crescenzi, and Brandon Yorke added two points each of their own.

Taylor Ewart earned the win for the Cougars and has been putting together an impressive performance since giving up five goals in Game 5 against the Otters.

He made 43 saves Monday night, and is likely to get the nod again in the future.

It's a tight schedule for the Cougars this week, with three games lined up over

the weekend.

Hometown fans can get a peek at some more playoff action this Thursday at 8:30 p.m. or Monday at 7:30 p.m., with both games going down at the Trisan Centre.

In other semi-final action, the top-ranked Alliston Hornets kick off their series this week with the Orillia Terriers.

The Terriers are a surprise second-round contender after upsetting the powerhouse Stayner Siskins in six games last week.

For stats, schedules, and more information, visit www.schombergcougars.com.



Acting Captain of Station 36 Randy Shepherd, his son Ben, and Warren Jackson with the two historic trucks.

Pond hockey tournament is March 1

Community support needed to help restore two local antique fire trucks

By Jake Courtepatte

Fire Station 36 in Schomberg is reaching out to the King community to help keep a part of history on the road.

Schomberg residents might recognize the Firemans Club's 1926 International Lorne Fire Pump, or 1940 Ford two-ton truck, from parades and celebrations about town.

But without the funds for repairs and maintenance, the trucks owned directly by the club may soon be off the road for good.

"Unfortunately our trucks need a substantial amount of work to keep them on the road this year and are in danger of not being able to participate in the various parades," said Acting Captain Randy Shepherd.

The firefighters are looking to raise the funds in the most Canadian way they can think of – the 1st Annual Restoration Classic Pond Hockey Tournament, taking place at Spray Lake on Keele St. on Sun. March 1.

The vehicles have a very colourful past.

"We bought the pump in 1929, and it was in service until 1954 when Hurricane Hazel came through," said Shepherd.

With the town flooded out, the pump was overused while trying to pump out basements – and has been in pieces ever since.

"Since then, it's been a parade truck."

The association purchased the 1940 truck in the mid-80s, restored it and used the pump in firefighter competitions.

"They picked the truck up in a field north of Bradford," said Shepherd. "The pump ended up being so strong that we would win fast-water competitions with it."

The years have taken their toll on the champion truck – although nary a spot is visible on the body of the truck. It's currently not drivable in its condition.

"It's got some driveline issues, some major front end issues," said Shepherd. "Both need new tires all around. A lot of work to be done. The pump was one of the first trucks in the community.

"Unless we get some major money, it's going to be parked all year. We don't want that to happen."

After the success of an in-house pond hockey tournament last winter, the Schomberg department decided to kick it up a notch and open it up to the community.

"It's a bigger format, and last year it was just for bragging rights. This year we have prizes and incentives."

The winners of the tournament will receive entry fees to the 2016 Canadian Pond Hockey Championship in Huntsville, and all participants will have access to raffles, a 50/50 draw, BBQ, and other additions on the day of the tournament.

The large surface at Spray Lake will be able to provide five ice pads for four-on-four hockey. Each team is guaranteed four games.

A number of sponsors have already put a foot forward for the event, including Spray Lake, Ranch Wakeboard Park, Tom Marchese Century 21, Motive Media Fleet Graphics, PRM Construction, Schomberg Pub and Grill, Milani Group, and King Fire.

The station is looking for any other individuals or organizations that would like to come forward as a sponsor for the tournament.

For more information on the tournament, or to become a sponsor, you can email them at restorationclassic@bell.net. You can also reach them on Facebook at www.facebook.com/restorationclassic, or find them on Twitter @resto_classic.



Brandon Savoy notched two goals including the game winner in the Cougars' Game 1 victory over the Penetang Kings in GMOHL playoff action.

Photo by Jake Courtepatte

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Calibre of curling goes above and beyond at King club

By SHELLEE MORNING

The score certainly didn't reflect the calibre of play for Skip Stephen Heise in last week's Wednesday night curling. The skipper more than once during his game against Veteran curler Wilf Robinson, demonstrated a clinic on perfect draw weight.

For the Robinson crew, who played a strategic game with well-placed rocks in the house, learned very quickly to not leave the sniper an open draw to the button.

During ends 3, 4, and 5, Heise found a path with exact weight to punch a Robinson stone out and collect a point.

Honourable mention needs to be handed to Lloy Bloom for her textbook hit and roll to the button during the 5th and a few timely noble take-outs by John Caruso for the Heise team.

Team Robinson can't go without mention either for the accurate and controlled play by 2nd Nick Keehn. Keehn consistently released skilled and precise draw weight to the T-Line benefiting his Vice

and Skip. Beverley Woodhead played Lead for Robinson and threw numerous guard deliveries solidifying a team advantage. Although it would be a Robinson win in the end, the talk around the table afterwards was all about the impressive draws from Stephen Heise, who also said that a game like they just had, "kept you humble."

Knowing or understanding the angles during a curling game is a skill that a lot of us don't always see or even realize.

Steve Broad was all about the angles and hitting the target in his against Team LaPlante during last week's mixed league. Broad and his team of Jessica Maier, Joe Brunato and Michelle Broad, played a tight competitive match where the score went back and forth. Mid-way through the game and where acting Skip John Frans thought he had his point secured for a steal, Broad delivered a thin 50 degree angle in-off hit to the button (from the far side of the sheet), astonishing the LaPlante team and more importantly keeping his team alive. The degree of difficulty for that particular shot would rank extraordinarily high, even among the very best at The Brier.

Victory was claimed in the end by Team LaPlante after a timely come-around to the button followed by a tight guard supplied by Frans.

During Friday play, Vice Don Smith for Team Brown delivered his stone in the 3rd end through a maze of guards and wrapping it into the red four-foot ring. The difficulty with this delivery was that Smith threw the rock on virtually fresh ice (players had not thrown down this side of the sheet yet) having Skip Cindy Brown guess where the broom should be and anticipate the amount of curl.

With ice that is weight sensitive; Smith threw with exact weight and accurately hit the broom warranting the well-deserved shot. The Brown team continued to play aggressively leaving their opponent in the chase and were ultimately awarded with victory.

It's a known fact that curlers always maintain their friendly demeanour during a game, even when things are not going their way. The traditional handshakes before to offer one another a good game, then again after the game to congratulate each other on the well-played game and the fun that they had. Curlers can always find something positive and don't seem to dwell on the negative. It's a



Don Smith (top) of the King Curling Club's Friday Night curling league delivers a pristine wrap-around draw to the four-foot ring. Skip Steve Broad (above) executed an incredible angle hit to the button during his game of the Thursday Mixed League.

Submitted Photos

non-contact sport that continues to challenge the mind for strategy as well as the physical aspects that's expected from the sweepers.

Team effort is relied upon from each but a great shot is congratulated, even if

it came from the opposition. An innocent bystander would marvel at the sound of laughter coming from the sport of curling and would wonder why this same behaviour could not be as important in more sports alike.

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King City skaters clean up at Central Ontario championship

By JAKE COURTEPATTE

Seven young athletes will get the chance to represent King City in the Provincial Starskate Championships next month after owning the podium at the Central Ontario level.

They took a total of eight medals home with them, in four different competitions in Milton, the culmination of over seven years of hard work.

Jade Danko-Dunstal and Danyal Tahir took home gold in senior bronze dance, while Sarah Ryan and Shaan Tahir earned gold in Junior Silver Dance.

Andrea Muscalu and Jordan Lam took the silver. In the Freeskate category, Lam also earned gold in Senior Silver Men's.

Julia Ferreira rounded out the medal count with a bronze in Silver Triathlon.

The dance team, coached by Brenda Ferreira and her group of coaches, have only been skating together for two years.

"They don't practice a lot together, as they're working on their individual skating programs as well," said Ferreira.

Lam, currently in Grade 12, has been with the King City Skating Club since he was nine years old.

Julia Ferreira, who first put on skates at the age of two, joined the program not long after.

"Triathlon is a combined total that determines the final results," said Brenda Ferreira. "Julia has to skate three programs, and has to stay on top for all three."

The skaters are now practicing to take the ice at the Cassie Campbell Community Centre in Brampton on March 14-15, skating for Central Ontario.



Sarah Ryan, Shaan Tahir, Jade Dunstal, Danyal Tahir, Andrea Muscalu, Jordan Lam, and Julia Ferreira all skated away with medals at the Skate Canada Central Ontario Starskate Championships earlier this month.

Photo by Jake Courtepatte

Pro soccer team coming to the City of Vaughan

The Ontario Soccer Centre in the City of Vaughan will be home to professional soccer team.

York Region Chairman Emmerston congratulated Vaughan Mayor Maurizio Bevilacqua and the City of Vaughan on the announcement of the new professional soccer team.

The Toronto FC II will play in a stadium currently being built at Martin Grove Road, south of Highway 7, and will have initial seating capacity of 2,000.



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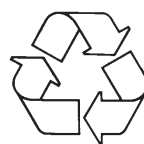
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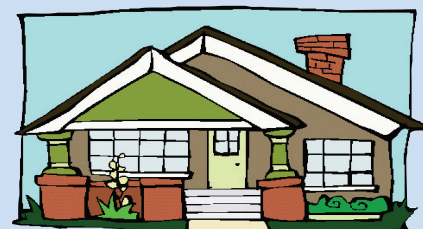
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The NobleKing Knights IP select teams were joined by supporters to pose for the photo for Kraft Hockeyville. Mayor Steve Pellegrini and Councillor David Boyd (far right) joined in the fun Friday evening. Also on hand was Lyndsay Brannon from the parks and rec. department. They were also displaying various Kraft products. The Township submitted an application to the Kraft Hockeyville program on Feb. 6 to make improvements to the Dr. William Lacey Nobleton Community Centre.

Submitted Photo

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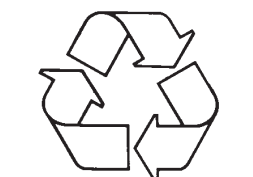
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Nobleton United welcomes Thinking Day groups

Nobleton Notes

By Angie Maccarone
905-859-5174

St. Paul's Church

We welcome our new Youth Leader - Taylor Scott - and invite all students from Grades 7 to 12 to come out and meet her on Friday, Feb. 20. The group will meet at the church starting at 7 p.m.

The King Township Food Bank will be open Saturday, Feb. 21 from 9 to 11 a.m.

Join us Sunday, Feb. 22 at 10 a.m. as we celebrate Communion. Jeff's message this week - Communion and Community. FirstLink child care (for children 3 years of age and younger) is provided during the gathering and our Regular KidzKonnection and NextStep Program (for children ages 4 to 11) takes place at the same time.

Jeff has a blog and he records his weekly messages there after worship each Sunday. Anyone interested in listening to his messages can go to www.passionatelyhis.com.

For more information about any of our activities or events, please contact the church office at 905-859-0843 or visit our website at www.stpaulsnobleton.ca.

Nobleton United

Take a look at our new website, www.nobletonunitedchurch.com. Keep up to date on news and upcoming events.

Sunday Feb. 22 at 11:15 a.m. Nobleton United Church is welcoming Pathfinders, Guides, Brownies, Sparks and the Nobleton Lions Club. We are celebrating the Guiding movement's Thinking Day and we are also aware that this is the first Sunday of Lent, the time when Jesus went into the wilderness to contemplate and to be tempted by Satan. Pathfinder Zoe Simmons will play "Blessings" on her guitar. Pathfinder Sarah Kolody will play "Song of Twilight" and "The Wind" on the piano. Sarah will report on the Guiding initiative called "Twinning Chile." The Nobleton Lions Club will also give a short message. We will sing Guiding's "Softly Falls the Light of Day" and "Daytime Taps." As the flags are processed out, we will conclude with "In the Bulb, there is a Flower." There will be a lunch afterwards.

to the Church via our website www.nobletonunitedchurch.com.

St. Mary's Church

If you wish to be a registered member of the parish, please use the pink envelope located in the Church foyer and fill out required info. When your envelope is received through the Sunday collection, the parish office will register you and prepare a box of envelopes, which can be picked up the following Sunday on the back table in the Church foyer.

Parents of 1st Communion and Confirmation candidates are required to be registered at the parish of their choice when requesting these Sacraments.

Nobleton Lions

The Lions Foundation of Canada Purina Walk for Dog Guides is planned for Sunday, May 31. This walk helps provide funding for six different specialty streams including Canine Vision dogs, Hearing Ear dogs, and Service dogs to help challenged Canadians overcome a variety of impairments. Check out www.purinawalkfordogguides.com for much more information, and think about coming out to walk.

After that comes the Nobleton Lions Club Annual Fund Raiser being held this year on June 7. This year, the Fund Raiser will consist of a Charity Golf Tournament to be held close to home, at Nobleton Lakes Golf Course. This event will be the major fundraiser for the club, and proceeds from the event go to sponsor numerous organizations in and around town. Golfers and hole sponsors are invited to contact Jim Kassam at KARS on King Road west of Highway 27 at 905-859-5277.

Watch this space for further details on these events as the dates get closer, and why not check out our website at www.nobletonlions.com.

Free advertising is available to non profit groups in and around Nobleton via the electronic sign at the library. Contact the Township of King for details on how to get your message up there at no charge.

Your support is greatly appreciated by the Lions, and those who we support, in keeping with our motto, "We Serve."

The Lions Club is seeking new members at this time. If you are interested in helping your community become a better place to live while having lots of fun, please call Bob Phillips at 416-522-9675.

Horticulture Hints

By John Arnott

Much of the Christian world has just observed two special days Shrove or Pancake Tuesday and Ash Wednesday as it prepares to usher in the solemn season of Lent a time of repentance and abstinence.

In mediaeval times Christians went to church early on the Tuesday before Lent to be shriven or forgiven for their sins. Once they had been shrived or shrove and received a blessing they could properly begin observe the holy season of Lent.

Now how did this evolve into Pancake Tuesday? Well the St. Alban's Anglican community in Nobleton wants to explain. It seems the eating of pancakes at a special time in mid-winter was a pre-Christian custom practised by the Slavic people of eastern Europe.

They believed every year there was a struggle between Jarilo their god of spring and the evil spirits of cold and darkness who abounded in winter. They believed they had to help Jarilo in his battle by strengthening what they saw

as the weakened winter sun. To do so they lit huge bonfires and ate hot round pancakes symbolizing the sun. The first pancakes were dedicated to the ancestors and those left over at the end of the celebration were burned in the bonfires. They felt by doing this they got energy light and warmth which in turn helped Jarilo overcome winter. And it always worked for year after year didn't spring always come back!

When the Slavs became Christians they kept their week long pancake celebration which became Shrovetide in their lands and other parts of Europe especially Britain.

Lent's 40 days was a time when mediaeval Christians gave up eating meat and rich foods. The ancient Slavic custom of making and eating pancakes became a way of using up such rich foods as eggs milk cream butter and lard which would spoil and thus be wasted if left until Lent was over. It was hoped that the psychological warmth, strength and energy gained from this act would see them through the sombre Lenten season.

Although we still carry on the pancake tradition Christian focus today is not so much on giving up certain foods but rather on giving up a bad habit and replacing it with a good one.

In the past the week-long Shrovetide had a carnival like atmosphere but gradually its innocent pleasures gave way to raucous behaviour and moral abandonment. At this point alarmed Church authorities stepped in and limited the celebration to just one day.

Carnivals are still held on Shrove Tuesday with those in Rio de Janeiro, New Orleans and Venice being the most famous. Carnival comes from 2 Latin words carne meat and vale farewell which reminded revellers to eat drink and be merry for come tomorrow things would drastically change. The French celebration is called Mardi Gras or Fat Tuesday because of course of the rich fatty food used up that day in preparation for Lent fasting.

Ash Wednesday solemnly reminds us that we all must die - ashes to ashes dust to dust are words used during Christian funeral services. The observance of Ash Wednesday had its beginnings in the early Middle Ages as well. Called Dies Cinerum Latin for Day of Ashes it is mentioned in the 8th century AD Gregorian Sacramentary (a book, containing all the words spoken or sung used by a priest celebrating mass).

Aelfric, a 10th century Anglo Saxon abbot of Eynsham in England, known as a historian and prolific writer, wrote "We read in old law and new men who repented of their sins bestrewed themselves with ashes and clothed their bodies in sackcloth. Now let us do this little at the beginning of our Lent that we strew ashes upon our heads to signify that we ought to repent sins of our during the Lenten fast."

Aelfric believed this ancient custom mentioned several times in the Bible's Old Testament was the outer showing of inner repentance.

Today wearing sackcloth (a very rough material made from goat hair) is not practised. But at the Ash Wednesday service the priest or minister dips his/her finger into a bowl of prepared ashes (usually made from burning leftover palm branches from Palm Sunday the year before) and marks the foreheads of worshippers with a small cross or in some cases just a dot while saying "For dust you are and to dust you shall return" to remind each of his/her sinfulness and mortality and the need to repent and get it right with God before it's too late.

708 DEATHS

ESKESEN: Kaj-Lykke

Passed away peacefully Saturday, February 7th at the age of 83. He is survived by his wife of 56 years, Esther Eskesen (nee Hansen), daughter Annelise Dent, daughter Susan Pohl (Chris), daughter Helen Landry (Pierre), daughter Diane Eskesen-Power (John), and son Kai-Erik Eskesen (Stacey). He will be sorely missed by grandchildren Kim Davison (Jason), Kevin Dent, Garrett, Brietta and Connor Pohl, Melissa Landry-Rioux (Pascal), Justin Landry, Jeremy Landry (Myriam), Zachary, Kristoffer and Amanda Power, as well as Kirsten, Camryn and Kate Eskesen. Proud great grandfather to Caiden and Easton Davison, William, Elyzabeth and Sean Rioux, Lijan Landry, and Olivia Landry. A private ceremony will take place in late April at Sunset MindePark, Puslinch, Ontario. In lieu of flowers, please send donations to the Alzheimer's Society.

MATSON: Doris.

At Southlake Regional Health Centre, Newmarket, on Monday, January 26, 2015, Doris Matson, Nobleton, in her 92nd year. Loving daughter of the late Norman and Stella Gray, Nobleton. A graveside service was held at Laurel Hill Cemetery, Bolton on Saturday morning, February 14 at 11 o'clock. Arrangements by Egan Funeral Home, Bolton (905-857-2213). Condolences for the family may be offered at www.EganFuneralHome.com.

MURPHY: Patrick

Peacefully at Simcoe Manor Long Term Care, Beeton, on Wednesday February 11th, 2015. Pat Murphy, in his 101st year, beloved husband of the late Frances (Cook). Sadly missed by his family, Mary and Jack McBride, his grandchildren Peter and Lissa, Jacquie and Richard, and his great-grandchildren Jacob, Ruby, Grace, Ava, and Noah. Fondly remembered by his nieces and nephews, especially the Keane family, his friends and staff at Simcoe Manor, and Simcoe Village, and his many friends in the community. Rested at Rod Abrams Funeral Home, 1666 Tottenham Road, Tottenham, 905-936-3477 on Friday February 13th, 2015 from 11:00 am to 12:30 pm. Mass of Christian Burial was held in St. James Church, Colgan, at 1:00 pm followed by interment in St. James Cemetery, Colgan. www.RodAbramsFuneralHome.com

GRAHAM: (nee Downey) Greta Leone.

Passed away peacefully with her family by her side on February 15, 2015 at Riverwood Retirement Home in Alliston. Beloved wife of almost 68 years to the late Trevor Reginald Graham. Much loved mother of Leone, Sandra, and Pamela. Loving grandmother of Graham and Huy Scully, Alicia, Hanna and Liam Close. Beloved daughter of the late Gertrude and Orland Downey and sister of the late Jean Auckland, Marion Downey, Edith Downey and Alma Stewart. Greta was an active participant in the Schomberg community, lifelong member of the Schomberg United Church Women and leader for many years of the Schomberg Arena Volunteer Group. Greta cherished both family and friends and took great pleasure in living life to the fullest. Visitation at Rod Abrams Funeral Home, 1666 Tottenham Rd., Tottenham, 905-936-3477 was held on Tuesday, February 17, 2015 from 2 - 4 pm and 7 - 9 pm. Funeral Service was held on Wednesday, February 18, 2015, at 11 am in the chapel. Reception followed at Schomberg United Church, 32 Church St., Schomberg, ON. In lieu of flowers, donations may be made to the charity of your choice. www.RodAbramsFuneralHome.com



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THE FAMILY OF James Dale wish to thank the DOCTORS, nurses of Southlake Regional Health Centre for their special care. To friends, neighbours and relatives for cards, flowers and donations to the hospital. To Rod and Staff of Rod Abrams Funeral Home, Thank you. Ruth, Keith & Jean, Jean & Geoff and families.

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Seniors host pot luck lunch, driver presentation

King's Corners

King City United
By Eleanor Fry

It was a frosty Sunday Morning. Many families were off enjoying their longer winter weekend, but those of us found comfort in our cosy warm sanctuary. We enjoyed Rosemary's choir singing a very upbeat two part anthem called "Happy Are They" and we were.

Reverend Evelyn's message was about crosses. She and Earle have friends who have an entrance wall displaying a collection of crosses. It is a great conversation piece. They have decided to do the same thing in their home and have started their own collection. Some people wear crosses as jewellery, or a statement of their faith. In Jesus's time the Romans displayed crosses at the entrance to their cities. If you came to cause any trouble, you just might end up on one of them, meaning certain death.

At Bible Study last week Rev. Evelyn discussed new ways of understanding what the comment "That's her cross to bear" might mean. We might experience suffering and pain after picking up the cross, but we will discover strength and joy. The one who cares for their parent or spouse with Alzheimer's, or any disability, may only be able to see sadness and despair. It can be very challenging to care for someone you love. Will we also derive joy and strength? Will there be some good that comes out of it? Whether you believe it or not, someone will be there to help carry the burden, even just a little bit. Keep your faith. Wear your cross. Hang one up in your home. Let it be a reminder. Believe in your faith, that Jesus is will always be by your side to help you with your cross to bear.

On Sunday, Feb. 22 we will continue our Lenten journey that began on Ash Wednesday. "The Nature Of Lent" will be the theme as we look at various parables through the gospel of Matthew and the Book of Esther. "The Nature Of Sin." Everything you wanted to know, but were afraid to ask. You will have to be there with us to hear Rev. Evelyn's interpretation.

World Day of Prayer Friday, March 6 at 1:30 p.m. at Sacred Heart Catholic Church on Jane Street. This is not only for women, but for everyone who is seeking to hold the world in prayer. Come and learn about the country that created the service.

Mark your calendars for the Irish Dinner on Saturday, March 14 at 5:30 p.m. at King City United. The date was changed from Friday to Saturday to enable the earlier start. Bring your friends and neighbours to enjoy a delicious Irish Dinner and lots of Irish music and entertainment.

Saturday, Feb. 28 at King City United Church, Arts Society King will present an amazing evening of local talent. This is part of the "Music in King" Series. This evening will feature Hugh Burnett and his Carrying

Place Band - lots of Canadian Folk Music. Marie-Lynn Hammond will play guitar and sing many of her own compositions - songs for the head, the heart, and the funny bone. Let's get out of our winter blues and support these great artists.

Tickets are \$20, email info@ArtsSocietyKing.ca or call 905-939-9357. Visit www.ArtsSocietyKing.ca for more information.

We welcome one and all to our 10 a.m. Sunday Service with Sunday School. Rev. Evelyn always has an interesting message with thoughts to get you through the week. Join us for coffee and cookies after. We're at 50 Elizabeth Grove King City. Our office is 905-833-5181; email kcuc@bellnet.ca or contact Reverend Evelyn McLachlan kcucmin@bellnet.ca. Check out our website www.kcuc.ca.

King City Seniors Centre

Friday, Feb. 20 is our monthly Potluck Lunch at 12:30 p.m. Everyone is welcome. All of our other social activities will continue during the week. Come join us and have some fun!

Following our Potluck Lunch this Friday, we will have a 45-minute presentation (approx. 2 p.m.) on the Senior Driver Renewal Program. In April 2014 the Ministry of Transportation made several changes for those 80+ drivers. As well, seniors 70+ involved in a collision may fine they are required to do a G2 Road Test. Do come and join us and bring your questions.

Potluck begins at 12:30. If you can't make the Potluck, feel free to join us for the presentation.

King Bible Church

Join us on Sunday, Feb. 22 as Pastor Mark will be continuing our sermon series "The Gospel Truth" with The Gospel-God's Answer.

We have Celebration Zone available downstairs for kids aged 3-Grade 10. We also have nursery available downstairs for babies 0-3.

Men, come join us on Saturday, Feb. 21 at 8 a.m. for our Men's Breakfast.

We will enjoy a delicious breakfast followed by a devotional. This year we will be doing the DVD study "Seven Questions that Rattle in the Minds of Most Men" by John Woodall. It will be an interesting study which will "...enable you to explore God's design for manhood." This month's study will be "Why Am I Here?"

It's a morning of nourishment for the body and soul!

York Pines United

We hope the community notices more kindnesses in the weeks ahead. During Lent the members of York Pines United Church are being asked to practice the discipline of "random acts of kindness."

Christians are supposed to be generous people and the vitality and viabil-

ity of congregations and service agencies act as a sign of that goodness. But, the personal charity of "random acts of kindness" may be new to some.

We heard more about "Pay it Forward" at a congregational pot-luck supper on Wednesday. The Eveson family talked about Abigail and her medical hurdles.

Their practice of "paying it forward" has been a help to many and believed to be a contributing factor to the wellness of Abigail. Belief is powerful, and so during Lent 2015 the York Pines Church members will do "random acts of kindness" in the context of their belief that God amplifies our good words and works in ways beyond our imagining.

You are welcome to join the congregation on April 1 at 6 p.m. for a pot luck supper when the stories of people's experiences with "pay it forward" during Lent will be told.

On Feb. 19 at noon the "fellowship lunch" group meets at the Swiss Chalet in Newmarket at the corner of Yonge Street and Green Lane.

Adults and children with adults are welcome to attend the Messy Church program on Friday, Feb. 27 at 5 p.m. The program starts with a snack and then active games and singing with sign language and story-time and crafts and prayers follow. This month's theme is Christ, the good shepherd and the rescue that might need to happen from some of the places in which we find ourselves. You are never late for Messy Church. Our leave-taking from one another is after our supper and at about 7 p.m.

For more information please call the church office at 905-727-8118. The York Pines United Church is located at 3150 the Aurora/Lloydtown Road, Kettleby. The congregation meets every Sunday morning at 10:30 a.m.

St. Andrew's By Kathy Patterson

This Sunday we welcome the Rev. John Mills, a retired Salvation Army Captain while the Rev. Dr. John Vissers is away. St. Andrew's invites you to join us at 10:30 a.m. for our worship service.

Sunday school and nursery care run concurrently.

Last Sunday, Lynn Vissers took the service along with the participation of several Elders and Liam Bray who read the responsive Psalm. Thank you to all. The sermon was entitled "Gifts of Love" based on Romans 12 which continued with the Missional Church concept we have been looking at. By using our gifts that God has given us, for Him, we are showing love - love for others and love for our loving God. After the worship service, Family Fun took place starting with lunch, followed by lots of fun activities led by Lynn.

Don't forget to mark your calendars: The World Day of Prayer is Friday, March 6 at 1 p.m. The Ecumenical Service will be held at Sacred Heart

this year. The theme country is the Bahamas. Our Annual Congregational Meeting is Monday, March 9 at 7:30 p.m. The Report is to be distributed on March 1. Communion Sunday is March 1, six weeks before Easter Sunday, April 5. All are most welcome to join us during Lent as we prepare our hearts for Easter.

The Ladies' Prayer Time has been changed to 10 a.m. each Tuesday, held either in the church narthex or office. Come for fellowship, a time of sharing or quiet contemplation. God promises to be there! How can our God bless you?

Should you have prayer requests, praise items or any questions or concerns, please contact the church office at 905-833-2325 or call Kathy Patterson, Clerk of Session at 905-833-0391.

For pastoral care needs please contact Lynn Vissers, our Director of Congregational Ministries. Our church is located at 13190 Keele St., 2 blocks north of the King Rd. There is a ramp available for accessibility. www.standrews-kingcity.ca.

All Saints By Nicola Skinner

Lent is the 40-day season leading up to Easter and is traditionally a time to make a concerted effort to fast, pray, and be more charitable. Some folk give up chocolate or coffee (which I personally don't really advise as it makes for grumpiness) or you might decide instead to do something rather than give something up. For instance you might decide to perform one random act of kindness per day, play a game with your kids instead of letting the DS or Xbox entertain them, start saying a prayer of gratitude before your evening meal, or forgive someone (sometimes that takes 40 attempts).

Why not spend some time and consider what you might do or not do for 40 days? If you really can manage it for 40 days you may find that it has become a new good habit and a spiritual discipline.

Youth in Grades 4-12 are invited to an overnight tubing event at Snow Valley. The cost is \$25 and runs Friday to Saturday, Feb. 27 and 28. The sleepover will take place at St. Paul's church in Innisfil. If you have any questions please call or email us.

Monday night is Bible Study night and we are just about to begin a new discussion and study of John's Gospel. This time we will start by watching the movie The Gospel of John at All Saints at 7 p.m. Newcomers are welcome to join in at any time. Please call if you are interested.

All Saints is an inclusive and welcoming Anglican church in the heart of King City. We strive to be a community of compassion and hope, following in the footsteps of Jesus. We are located at 12935 Keele Street, King City. Our office hours are Tuesday to Thursday 10 a.m. to 1 p.m., or call us at 905-833-5432. Visit www.allsaintskingcity.com.

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Social networking safety a priority for King minor sports

By Jake Courtepatte

Today's most vicious dangers for our children may not be in the playground

or the street, but rather in the screens that they are glued to.

That is the message of public speaker and social networking expert Paul

Davis, who made an appearance at King City Arena recently, speaking to parents and children alike about the dangers of social media.

As a father and with 25 years of IT knowledge, Davis presented a "how-to" guide for monitoring your child's use of the ever-growing amount of technology available to them.

Davis has spoken to over 194,000 students over four years. However, this time it was the King United Soccer Club, King Cobras Baseball, and NobleKing Minor Hockey who teamed up to bring the session to King.

"Our little club has faced some issues over just the past year with Twitter, Instagram, those sort of things," said Stefani Konidis, past president of KUSC. "We felt it was a priority to educate coaches, the board, members of the teams ... and help them discover what's going on in this new world."

Davis, who spoke on a variety of topics from cell phones and video games, to Facebook, to instant messaging, echoed Konidis's thoughts.

"We need to understand what our

children are doing online," said Davis. "How they think, how they act ... and what we can do as a parent."

According to e-safety watchdog I-SAFE, over half of adolescents and teens have been bullied online, with well over half of that number not telling their parents when they cyberbullying occurs.

"Where we have failed is allowing technology to babysit our children," said Davis. "We need to learn, and comprehend the actions of our children. Otherwise, how will we know what is right or wrong for them?"

Among his list of accolades is Davis's 13 years as a minor league soccer coach himself.

He said that being invited by sports organizations, rather than schools, showed parent and adult initiative in the pursuit of technological knowledge.

"I get all this, it hits right at home for me. It isn't just in the classroom and at home that kids are using social networks, it's on the soccer pitch, it's in the hockey rink."



Dufferin Marsh skate, bonfire

Residents braved the frigid temperatures Saturday afternoon and took to the Dufferin Marsh in Schomberg for the annual community skate and bonfire, put on by the Dufferin Marsh Committee. Huddling around the fire was definitely the way to go that day.

Submitted Photos

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"Thank you, King Weekly Sentinel, for making a difference in our community."

- Councillor Avia Eek

"Thanks, King Weekly Sentinel. Your very active support for the Food Bank is helpful beyond words."

- Carol Ann Trabert

King Weekly Sentinel

The King Weekly Sentinel was the proud recipient of the 2013 Chamber Special Recognition Award for outstanding coverage of businesses in King Township



Changing the way you think about behaviour

Launched in September 2013, the first cohort of Seneca College's Behavioural Sciences diploma program is looking ahead to graduation in the spring. As one of only three diploma programs in the province focused on Behavioural Sciences, the graduates of the program will no doubt be in demand.

"There is an incredibly high need for people with this training, across many fields," says Laura Cavanaugh, co-ordinator of the program. "Our graduates will be poised to be front-line workers providing direct service to clients that help to understand and modify behaviour and teach new skills."

Behavioural Sciences is a branch of applied psychology that focuses on understanding behaviour, with clinical applications in a number of different areas. Many agencies working with individuals with disabilities (including autism), troubled youth, residential clients, or other individuals with behavioural challenges use the applications of behavioural science to develop behaviour management plans to reinforce positive behaviours and minimize the use of intrusive procedures. Behaviour therapy is also an important part of anger management, rehabilitation, and other therapeutic treatment programs.

"The most attractive part of this program was that it allowed me the opportunity to work in many fields because it is such a diverse program

and encompasses so many topics," says student Jessica Ferrier. "In the future I can decide to work with individuals with disabilities, typically developing populations, or even in forensics."

Students in Seneca's Behavioural Sciences program all participate in field placements in order to gain valuable hands-on experience and exposure to the various career options available to them.

"I have completed placements at two autism agencies, one of which was publicly funded, the other being privately funded," said student Jayme Teplin. "I have learned so much from those placements and have been able to apply the theoretical content I learn in each class into practice."

Seneca will be hosting an event for community agencies and individuals who would like to learn more about the skills and training that Behavioural Sciences graduates will be able to provide to help them meet their goals. The Building Stronger Communities through Behavioural Sciences - Networking Breakfast will take place on Monday, February 23 in POD C at Seneca's King Campus (13990 Dufferin Street, King City). To RSVP, please visit senecacollege.ca/marketing/evites/bhs/networking-breakfast.html.

For more information on Seneca's Behavioural Sciences program, visit: senecacollege.ca/fulltime/BHS.html



Your Community. Your News.



Summer 2015 is right around the corner and so is CDS Summer Camp!

Register online today at www.cds.on.ca/summercamp



1 Junior School Gym

2 Performing Arts Centre

3 Middle School Gym

4 Hawksworth Field

5 Fields and Trails

6 Senior School Gym

7 Tennis Courts

8 Sports Dome

9 Centre Field (full size artificial turf)

Below is a snapshot of our eight high-level sports and specialty camps for children ages 6-17.

HIGH-LEVEL SPORTS PROGRAMS

Each camper will receive more than 15 hours of scheduled training and game action each week.

SPECIALTY PROGRAMS



NEW! RUGBY SKILLS CAMP (ages 13-15 - completed Grade 7, 8 or 9)
Week #2
Instruction will include:

- balanced foot work
- ball handling and management
- various game strategy
- techniques to improve playing in game situations



ROBOTICS CAMP (ages 9-14)
Weeks #1 and #4
Campers will experience the thrill of seeing their robotic creations come to life using the all-new LEGO® EV3 robot kit. The camp will explore the fundamentals of structural design and programming using this fun, hands-on approach. Activities will involve various theme-based challenges and will culminate in an exciting end-of-week demonstration.

The beginner camp requires no prior experience with robotics and will introduce campers to navigation and movement using motors and sensors. The advanced camp will challenge campers with tasks that require more sophisticated designs and more complex programming. Both camps will expose campers to valuable problem-solving skills and present rich connections to concepts in science, technology, engineering and mathematics.

BASKETBALL SKILLS CAMP (ages 8-14)
Instruction will include:

- balanced foot work
- ball handling and management
- various game strategy
- techniques to improve playing in game situations



MULTI-SPORT (ages 6-14)
Multi-Sport will run a variety of activities, including:

- soccer, ultimate frisbee, tennis, field hockey, soccer-baseball, basketball, dodgeball, floor hockey, catchball and golf
- opportunity to work with the expert coaches from tennis, soccer and basketball skills camps
- learn rules and strategies in all sports
- leadership games
- swimming



DRAMA CAMP (ages 9-14)
Weeks #1 and #4
Through fun and engaging experiences, this camp ultimately gives rise to the development of personal qualities that will benefit campers no matter where life takes them. Personal development includes self-awareness, communication skills, teamwork, leadership and confidence.
Camp activities and exercises include lots of physical movement - this is not a 'sit-in-the-audience-and-watch' drama camp! The campers will also be able to interact with the sports camps, taking part in camp games and swimming!

SOCCER SKILLS CAMP (ages 8-14)
Instruction will include:

- passing and receiving
- dribbling/footwork
- shooting /striking
- heading the ball
- first touch
- tactics and systems of game play (11-13)



TENNIS SKILLS CAMP (ages 8-14)
Instruction will include:

- ground strokes (forehand and backhand)
- volley (forehand and backhand)
- serves
- footwork/court coverage
- rules/scoring

LEADERS IN TRAINING (LIT) (completed Grade 9 to age 17)
Weeks #1 and #3
The Leaders in Training (LIT) program will offer up-and-coming camp counselors:

- the qualities and skills involved in becoming a good leader
- firsthand experience in working with children ages 8-13
- participants will earn 40 volunteer hours toward their high school diploma (during a second week spent as a camp volunteer)
- successful participants will receive a certificate of completion at the end of the week



CDS

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EDUCATION WITH BALANCE

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