

King Weekly Sentinel

Weekly Circulation: 10,200

905-857-6626 1-888-557-6626 www.newspapers-online.com/king

FREE



2124 King Rd, King City www.Rockfords.ca

Budget keeps service levels; banks money

By Mark Pavilons

King's recently passed 2015 Budget and Business Plan maintains service levels and puts money aside in reserves.

This follows the Township's commitment to financial sustainability and responsible management of growth. The budget reflects the increasing cost of maintaining existing programs at current service levels, as well as making additional contributions to infrastructure reserves and tax supported capital projects.

As adopted, the 2015 Budget & Business Plan, when combined with the Draft Regional (+3.79%) and Education (0.00%) components, results in a blended increase of 2.69% to the municipal property tax bill. For a home assessed at \$614,000 (average assessment in King), this will add \$156 to the total 2015 property tax bill.

Thursday, February 5, 2015







Estate Planning

905-503-4100

+ HST

HöllisWealth. 520 INDUSTRIAL PARKWAY SOUTH SUITE #LL100 AURORA (AT YONGE ST.)

FURNACE DIAGNOSTICS

905-939-2350

HEATING AND AIR CONDITIONING

www.SchombergSM.com

OVER 30 YEARS OF SERVICE EXCELLENCE

Buying or Selling a Home?

Call for all your

Home & Rural needs

This is one of the most important

private viewing

HEET METAL LTD.

CHOMBERG

The Township's operating budget increases "net" operating resources by \$578,000 (2.97%). On the strength of projected assessment growth of \$1.9 million (9.63%) the approved 2015 operating budget increases the Township's commitment to infrastructure reserves (\$722,000) and 2015 tax supported contribution to capital (\$220,000) by a total of \$942,600 (4.84%). There budget ensures more than 50% of property taxation revenues generated through increased assessment is either invested to support 2015 capital project needs or set aside to support planned future infrastructure requirements.

Mayor Pellegrini noted that "staff should be commended for proposing a budget and business plan that strikes an appropriate balance between maintaining existing service level standards, while also ensuring that steps are being taken to implement a sustainable fiscal

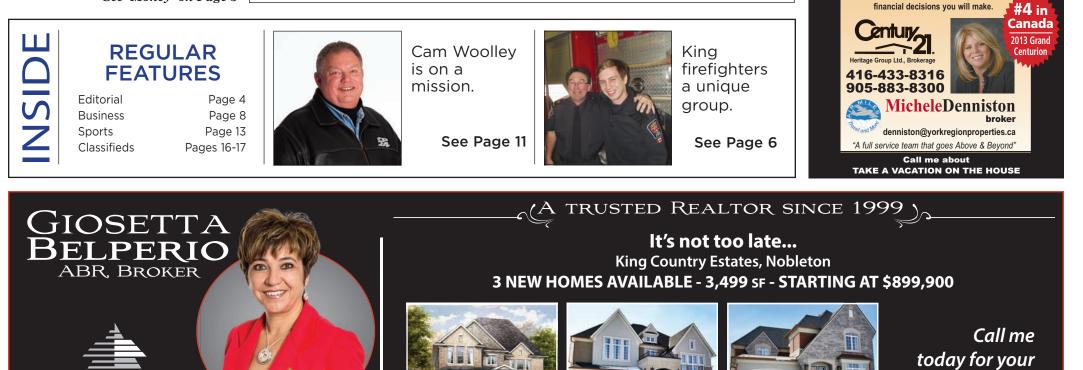
REALTY SERVICES INC BROKERAGE

See 'Money' on Page 3

Good Guys at nearby event

The Good Guys Carting Dogs, with several members from King, appeared at the Acton Winter Carnival recently. Volunteers, like King's Ross Hamilton (shown here) helped provide some 300 rides for youngsters.

Submitted Photo







King Township 2075 King Road King City, ON Canada L7B 1A1 Phone: 905.833.5321 Email: Info@king.ca



COUNCIL MEETINGS

MUNICIPAL OFFICE, COUNCIL CHAMBERS

Monday, February 9, 2015

6:00pm - Council/Committee of the Whole - Public Meeting Re: Zoning By-law Amendment & Plan of Subdivision Application, File No. Z-2014-07 & 19T-14-K01 Address: 13120 8th Concession

Monday, February 23, 2015

6:00pm - Council/Committee of the Whole - Public Meeting Re: Zoning By-law Amendment File No.: Z-2014-11 Address: 16845 Jane Street

EMPLOYMENT OPPORTUNITIES

Please visit the Township website at <u>www.king.ca</u> for employment opportunities.

- Summer Student Positions
- Library Assistant

COMPETITIVE BIDS

Please visit the Township website at <u>www.king.ca</u> for competitive bid opportunities.

PUBLIC NOTICES



PUBLIC NOTICES

NOTICE OF APPLICATION AND PUBLIC MEETING CONCERNING A PROPOSED ZONING BY-LAW AMENDMENT

TAKE NOTICE that the Council of the Corporation of the Township of King will hold a public meeting on:

MONDAY, FEBRUARY 23RD, 2015 AT 6:00 P.M.

at the **Township of King Council Chambers** at 2075 King Road, King City to consider a proposed Zoning By-law Amendment under Section 34(15) of the *Planning Act*, R.S.O. 1990, Chapter P.13.

The proposed Zoning By-law Amendment submitted by Murray Snider of behalf of the owner 2355480 Ontario Limited under Planning File No. Z-2014-11, concerns a parcel of land located on the east side of Jane Street, south of Davis Drive, municipally addressed as 16845 Jane Street, and measuring 36.8 hectares (90.9 acres). The property is situated in the Oak Ridges Moraine Conservation Plan area and currently supports agricultural uses. The application proposes to amend the Township's Zoning By-law (74-53, as amended) to re-zone the property from 'Rural General (RU1)' to 'Rural General (RU1) – Exception Section 6.30(ii)(xx) and Exception Section 22.xx' to permit an additional dwelling for full-time farm help. A site plan development application has also been submitted to implement the proposed development.

IF A PERSON OR PUBLIC BODY does not make oral submissions at a public meeting or make written submissions to the Township of King before the by-law is passed, the person or public body is not entitled to appeal the decision of the Township of King Council to the Ontario Municipal Board.

IF A PERSON OR PUBLIC BODY does not make oral submissions at a public meeting, or make written submissions to the Township of King before the by-law is passed, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Municipal Board unless, in the opinion of the Board, there are reasonable grounds to do so.

ANY PERSON may attend the public meeting and/or make written or verbal representation either in support of or in opposition to the proposed Zoning By-law Amendment.

ADDITIONAL INFORMATION relating to the proposed Zoning By-law Amendment, including the proposed Draft Zoning Bylaw for the site, is available for inspection at the Township Office between the hours of 8:30 a.m. and 4:30 p.m., or inquiries may be directed to the Planning Department quoting File Number Z-2014-11 at (905) 833-5321 or 1-800-688-5013.

DATED AT THE TOWNSHIP OF KING THIS 3RD DAY OF FEBRUARY, 2015.



Kathryn Smyth, Clerk Township of King

The Library is seeking to fill Library Assistant: Program Presenter with Circulation Duties (1 year Maternity Leave)

Please see the complete posting for this position on our website at kinglibrary.ca for details.

FAMILY DAY OFFICE CLOSURE

Municipal offices will be closed for Family Day on Monday, February 16th, and will re-open at 8:30 a.m. on Tuesday, February 17th, 2015 for regular office hours.

If you have an urgent matter requiring attention during the closure, please call the Township's answering service at 905-833-5321 and your call will be forwarded to the appropriate personnel.

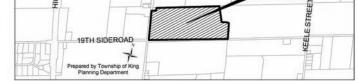
INTERIM TAX BILLS

First Installment Due Date: February 25th, 2015

Second Installment Due Date: April 27th, 2015

INTERIM TAX bills have now been mailed. Ratepayers who have not received their bills should contact the Finance Department immediately.

PAYMENTS may be made by mail, in person at the Township Offices, or at most financial institutions. When making payments electronically, your account number is your fifteen digit roll number (i.e. 000XXXXXXX0000). After hours tax payments may be left in the drop box located at the Council Chambers entrance.



Comments and personal information are being collected in accordance with the requirements of the Planning Act, R.S.O. 1990, Chapter c.P. 13 as amended, and will become part of the decision making process of the application as noted on this form. Personal information will be protected in accordance with Municipal Freedom of Information and Protection of Privacy Act (MFIPPA), all information received other than personal information may be included in the documentation which will become part of the public record. Should you have any questions or concerns with regard to the collection of personal information, please contact the Planning Department, Township of King at (905) 833-5321.



Congratulations to the **Toronto Wildlife Centre** who received a Sustainable King Grant to deliver a series of interactive community workshops that will focus on 'Living with Wildlife' in King. The workshops will take place in April 2015! If you are a member of a community group that is working on a project or initiative that helps to further the vision, goals, strategies and actions identified in King's Community Sustainability Plan you may be eligible to receive funding or resource support from the Township in 2015.

For more information contact (905)833-4080 or <u>sustainability@king.ca.</u>

When was the last time you cleaned your bathroom exhaust fan? How about your dryer lint trap?



• Just like any other electrical appliance, exhaust fans and dryers can get hot. Any build up of lint, dust or dirt would fuel a fire. Clean your dryer lint trap after every use.

• According to the Ontario Fire Code 2.4.1.5., lint traps in laundry equipment shall be cleaned to prevent the accumulation of lint that creates an undue fire hazard.

Remember: Keep your appliances clean and keep your family safe!



REMINDERS



PUBLIC NOTICES



VOLUNTEER FIRE SERVICE PERSONNEL

The Township of King Fire & Emergency Services is currently accepting applications for the position of a recruit volunteer fire fighter.

King Fire & Emergency Services will be hosting an open house/ information session on Saturday Feb. 28th, 2015 at Station 38 in Nobleton (5926 King Rd.) at 10:00 am

For more information, or to pick up an application, please contact: James Arnold – Deputy Fire Chief @ 905-833-2800.

Applications are available at Station 34 in King City (2045 King Road) 8:30am – 4:30pm Monday to Friday

Applications will be accepted in person at Station 34 in King City until Friday March 6th, 2015 until 4:30pm

We thank all applicants and advise that only those selected for an interview will be notified. Personal information is collected under authority of the Municipal Act and will be used to determine eligibility for potential volunteer employment. Personal information (PI) will be protected in accordance with Municipal Freedom of Information and Protection of Privacy Act (MFIPPA). Questions about the collection of personal information (PI) should be directed to Fire Chief, Township of King, 2075 King Road, L7B 1A1 or Fire Chief at (905) 833-2800.





Township's CIP funding program moves forward

By Mark Pavilons

its communities took a step forward, thanks to a decision by council recently.

Councillors received a report from Jamie Smyth, economic development for a grants program under the Community Improvement Plan (CIP).

Smyth will administer the CIP program and staff will create a review committee consisting of staff from finance and planning. Program promotional material, forms and details of the actual process were also approved.

The CIP process takes a long-term agreement. approach to village revitalization in Schomberg, Nobleton and King City. Real change takes time, Smyth noted, adding small changes will all add up to big ones over time.

As we move toward implementing the CIP's financial incentives program during the first year of what could be a 10-year program, it's important to achieve some "quick wins" that will set the tone and create momentum.

"It is ... essential for the Financial Incentives Program application and approval process to be nimble, responsible, efficient and aligned with property and business owners' decision-making cycles," Smyth wrote in his report.

The process for applying for financial incentives involves three

Money earmarked for hard services

From Front Page

strategy that will support long-term renewal of existing and planned future municipal infrastructure requirements.'

Increasing the Township's tax supported operating budget by 2.97% sees investments in:

 Capital/infrastructure projects totaling \$1.8 million, a \$3000,000 increase over 2014.

 Infrastructure reserve contributions to \$1.5 million up from \$800,000 last year.

• Program changes that add \$421,000 to improve access to recreation & cultural facilities, special events/programs and enhancing our ability to improve efficiency of municipal facilities.

The 2015 Capital Budget of \$7.1 million includes infrastructure investments as follows:

• Park developments in King City

steps. First, applicants meet with Smyth; submit their application each application will take two months King's commitment to beautifying which he then confirms or requests further information. Then the review committee meets to go through the application and makes its decision.

Successful applications will then officer, laying down the groundwork result in an agreement being prepared and signed and it will outline any conditions on the funding. Once the project is complete, the applicant submits final details and photographs of the work. The grant is then paid by the Township upon confirmation that everything was completed in accordance with the conditions of the

Annual benefit for CF Canada this Saturday

Schomberg Music presents its 5th annual benefit night for Cystic Fibrosis Canada.

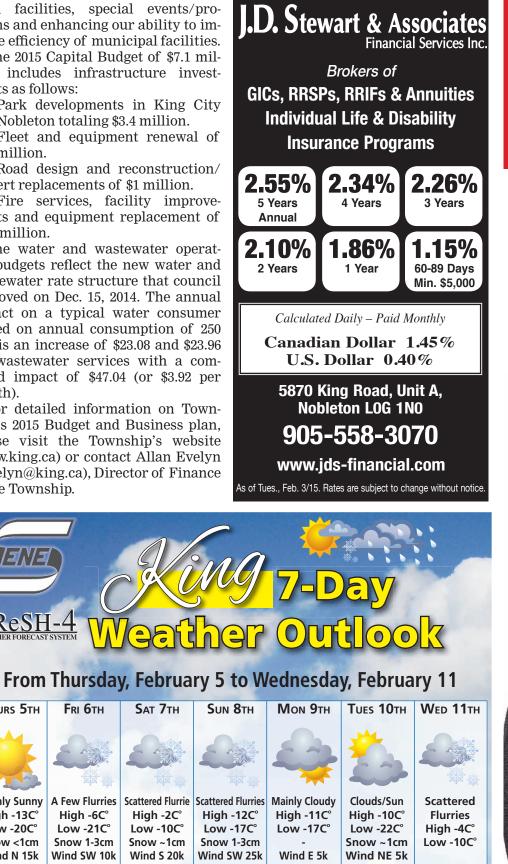
The event will be held Feb. 7, starting at 7 p.m. at the Schomberg Community Hall. Tickets are \$10 and it's open to the public.

On tap will be live music, dancing and an auction.

For tickets and more information, contact smforcfc@gmail. com or call 905-590-0095. Children under 9 are free. Those 19 and older are asked to come after 10 p.m.

If you purchase tickets before February 1st, you get a beverage ticket of your choice free!

Their raffle draw is Saturday night (Jan. 31) and tickets are one for \$5 and three for \$10. Prizes include \$75 GC - The Keg; \$75 GC - Canadian Tire; \$75 GC - LCBO and \$75 worth of lottery scratch tickets.



Smyth said he hopes the process for tax rebates. or less.

The marketing and promotion of business and property owners can get are only eligible for certain grants. all the details.

include facade and signage improve- CIP grant reserve fund will be rements; landscaping; building accessibility; parking; property conversion and building permits and property jsmyth@king.ca.

Property owners and tenants can apply and only mixed use, commercial and institutional properties are eligithis program will begin shortly, so ble for grants. Residential properties

For 2015, a total of \$30,000 has been Types of things that fit the criteria set aside for these improvements. The viewed on an annual basis.

For more on the program, conor repurposing; rebates for planning tact Smyth at 905-833-4016 or email



Acts of kindness support local child

Schomberg "superhero" Abby Eveson was born with a rare congenital heart defect that severely limits the blood flow to her lungs. She had her third openheart surgery in October 2014 and spent almost three months in the hospital. Her parents, friends and family are performing random acts of kindness to create positive energy for Abby as she continues her recovery.

A "We Believe in Abby" Random Acts of Kindness Tree is set up in the main reception of the Township office. Residents of King and visitors to the office are encouraged to take a random act of kindness heart to support Abby in her journey to get well.



and Nobleton totaling \$3.4 million.

• Fleet and equipment renewal of \$1.4 million.

• Road design and reconstruction/ culvert replacements of \$1 million.

• Fire services, facility improvements and equipment replacement of \$1.2 million.

The water and wastewater operating budgets reflect the new water and wastewater rate structure that council approved on Dec. 15, 2014. The annual impact on a typical water consumer (based on annual consumption of 250 m3) is an increase of \$23.08 and \$23.96 for wastewater services with a combined impact of \$47.04 (or \$3.92 per month).

For detailed information on Township's 2015 Budget and Business plan, please visit the Township's website (www.king.ca) or contact Allan Evelyn (aevelyn@king.ca), Director of Finance at the Township.

Fri 6th

High -6C°

Low -21C°

Snow 1-3cm

Wind SW 10k

THURS 5TH

Mainly Sunny

High -13C°

Low -20C°

Snow <1cm

Wind N 15k

SAT 7TH

High -2C°

Low -10C°

Snow ~1cm

Wind S 20k

The King Weekly Sentinel

is your community newspaper. Read us online at www.newspapers-online.com/king Candidate for the Liberal Nomination King-Vaughan

YOU'RE INVITED MEET AND GREET WITH DEB SUN FEB 8 2015 2-4PM KING CITY LIBRARY | 1970 KING RD, KING CITY

Deb Schulter is a seasoned politician, businesswoman and environmentalist most capable of representing our diverse environmental, cultural and economic interests of our new riding.

> "I am seeking the Liberal nomination because of my passion for public service and my belief King-Vaughan that residents deserve a representative with a track record of results."

Deb Schulte Campaign

416 230 5241 | info@debschulte.ca www.debschulte.ca

Editorial, Letters & Opinion

"Public opinion shapes our destinies and guides the progress of human affairs"

~ Frank B. Kellogg

Fine-tuning a municipal budget is never easy

Every year our esteemed local politicians and staff set about a laborious and delicate task of creating a multi-million-dollar game plan for this municipality.

Regardless of the upper-level expertise, it's never easy and the process is fraught with hurdles, pitfalls and ramifications.

It's a delicate balance between bottom line economics and the wants and needs of a growing population.

Not unlike a large business, King Township has to be frugal and manage its revenue to please the majority of its 21,000 "shareholders." Just how do you do that?

This year, council approved its 2015 business plan with a 2.97% increase. Blended with other levels of government, the impact to local homeowners is likely to be around 2.69%. This will add an average of \$156 to your property tax bill (based on an assessment of \$614,000). You can add another \$47 for increased charges for water and waste water rates if you're on municipal services.

This increase is in keeping with neighbouring municipalities in the GTA and is comparable to the 2.59% King levied in 2014. Nearby Caledon has tabled its preliminary budget with a tax hike of 4.7%.

The Township has to provide certain services and they want to ensure residents get those. They also want to sock



Mark Pavilons

some money away for that proverbial "rainy day." And, if there is any money left over, they can accommodate internal and external "wish lists."

Councillors debated for hours during the last council meeting, trying to find ways to cut \$200,000 in order to bring in a tax hike below 3%. It wasn't easy.

This year, Fire Chief Jim Wall wanted sprinklers in the fire halls. Sounded reasonable, but considered non-essential.

Input from residents indicate that

Letter to the Editor **Generosity acknowledged**

Empty Bowls events take place annually across North America and around the world in an effort to relive homelessness and hunger. There is no Canadian city or town immune from the effects of homelessness and sadly this is not going to change any time soon. These events are a great example of the vibrant communities such as ours in action. This year, Pine Tree Potters' Guild hosted their 5th annual Empty Bowls event at the Aurora Cultural Centre to help raise funds to aid those in York Region.

We would like to express our gratitude to everyone who participated in the 2014 Empty Bowls Event held Dec. 4. Volunteers from our Guild, the community, Welcoming Arms and Inn from the Cold did a wonderful job with the many tasks relevant to our fundraiser. Particularly, we would like to thank the chefs, restaurants and caterers who donated and served their signature soups and the bakers who donated the delicious variety of breads for both the lunch and dinner servings; Meridian Credit Union for a generous grant; Tucker's Pottery Supplies for donating clay to make the bowls and David Schembri Design. We would also like to thank our musicians, Jude Wood, Dave Parsons and Sam Carrothers. Last, but not least, we would like to thank the members of Pine Tree Potters' Guild who made and donated over 500 soup bowls. As a lasting reminder about the poverty and hunger individuals face daily, each patron took home a keepsake of a beautiful hand crafted bowl which will serve to inspire guests to direct their efforts to help fill the empty bowls in our community and around the world. Overall, the event was an overwhelming success, raising over \$18,000 this year to be shared by Welcoming Arms and Inn from the Cold. Each year we have been able to increase the amount donated partially due to the generosity of those who donated to our Silent Auction and Charity Table as well as those attending the event. We are looking forward to the 2015 Empty Bowls Fundraiser, Nov. 19. The following generous restaurants, caterers and bakeries were instrumental in the success of our event and we can not thank you enough: Bijov's Restaurant, Cookery Catering, Dorio's Kettleby Italian Bakery, Joja Restaurant, Gabriel's Café, Gravstones Restaurant, Pickell Barrel, Maunder's Food Shop, Catharina's Kitchen, Eat Inn Catering, Taste It Catering, King's Riding Golf Club, Jonathan's Fine Foods, Catherin Devo Holistic Nutrition, King Richard's English Pub, Lifesyle Cooking, Shiraz Grill and Café, Fred's Breads.

roads are a priority so the Township listened and has earmarked funds for that. Not only does it take a great deal of money to maintain this rural municipality's roads, but it takes equipment; very expensive equipment.

Residents want their recreation facilities maintained - another costly proposition.

New this year is the addition of a communications staffer for the municipality. Some may see this as a luxury, but Councillor Avia Eek pointed out King is the only municipality in the N6 of York without one. Most municipalities in the GTA have a communications department that handles of multitude of tasks, not the least of which is dealing with the public and disseminating information. Councillors and staff believe this will be an improvement and elevate King even further in its evolution.

Councillors, who are paid part-time wages often for full-time work, have to be bookkeepers, accountants, cheerleaders and advocates, all within the confines of a relatively small budget.

Mayor Pellegrini noted that "staff should be commended for proposing a budget and business plan that strikes an appropriate balance between maintaining existing service level standards, while also ensuring that steps are being taken to implement a sustainable fiscal strategy that will support long-term renewal of existing and planned future municipal infrastructure requirements.'

King is bolstered by increased assessment growth from both residential and business investment.

They have to act smartly and efficiently, and considering the accomplishments in the past term, they have.

The public placed their faith in their elected councillors and re-instated a mayor without a contest.

Our leaders don't take this stamp of approval lightly and all have vowed to continue the good fight and to continue making improvements.

The fruits of their labour will pay off. of that. We've already seen a lot of development in the past year, and there's more

to prepare us for the future. They want King to remain the jewel in the northern GTA and to do that, a lot of groundwork has to take place.

Even the baby steps taken today will pay dividends down the road. And it's not easy for taxpayers to see that pot of gold at the end of the rainbow, especially when they open their tax bills.

But councillors, and many Township staffers, are residents and homeowners, too, so they share the pain.

Let's not forget that budgets are fluid documents, much like all governing master plans and strategies. They set the course, but are subject to change.

King, like many other municipalities, had to dish out money unexpectedly in early 2014 to deal with the ice storm damage and they have yet to receive provincial compensation.

Granted, few emergencies topped this one.

Creating a long-term business plan takes a huge, coordinated effort by all departments.

Everyone has to know the state of their hard assets (buildings, fire trucks, graders). They have to know what needs to be done and what can wait.

The public has to place their faith in their municipal government for leading with the best of intentions and making sound decisions. While it's easy to criticize and complain, we need to cut them the slack they need, or our entire democratic system fails.

That's not to say we're perfect or that things can't be improved. Sure they can.

The onus is on the public to be aware, engaged and motivated to ask the tough questions. We need frank, open discussions about issues facing the municipality and a forum to exercise our rights. We have it.

The process is open and councillors and senior staff are accessible and even willing to respond to pubic inquiries.

Taxpayers are not isolated and while they may feel powerless at times, the truth is they yield a great deal of power. The recent municipal election is proof

Some great ideas arose out of honest discussions and debates that took place. Hopefully, residents, and those who ran for office, will apply their enthusiasm to helping to make King better.

Empty Bowls Committee Pine Tree Potters' Guild, Aurora

Should the

in place?

a) Yes

b) No

25%

75%

www.kingweekly.com

THIS WEEK'S

QUESTION

Provincial government

put a carbon tax

So go to the website

and cast a vote!

to come.

Most of it has met all standards, community guidelines and received public approval. A few contested projects have reached compromises.

A lot of what council and staff do is

Ultimately, that should be everyone's goal.





Brainteaser

From what heavy seven-letter word can you take away two letters and have eight left?

Last week's answer: The man opens his car door first.

King Township Trivia

The Nobleton Ice Arena opened in 1966.



KingWeeklySentinel WEBP

a) Yes

b) No

Results from last week's poll:

Has the drop in gas prices

affected your driving habits?

The results of this poll are in no way considered to be valid or infallible.

PUBLISHER: London Publishing Corp. VICE PRESIDENT SALES, MARKETING, **BUSINESS DEVELOPMENT: Karin Rossi** GENERAL MANAGER: Zach Shoub EDITOR: Mark Pavilons editor@kingsentinel.com PRODUCTION: Lisa Clendening ADVERTISING: Zach Shoub zach@simcoeyorkprinting.com DISTRIBUTION: Cephise Cuming cc@cephisecuming.com OFFICE: Terry Muscat, Mary Speck CLASSIFIEDS: admin@caledoncitizen.com

Advertising & Administration Head Office 34 Main St. W., Beeton ON LOG 1A0

905-729-2287 Fax 905-729-2541

The advertiser agrees that the publisher shall not be liable for the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non insertion of any advertisement beyond the amount paid for such advertisement. Copyright King Weekly Sentinel 2015

Subscription rates: Within 65 km except towns with letter carriers - \$39.00 + G.S.T. Beyond 65 km and towns with letter carriers - \$67.00 + G.S.T. Single copies 94¢ + G.S.T. or \$1.00 (includes G.S.T.)



Published every Thursday

Simcoe-York Printing & Publishing Limited, publisher of the King Weekly Sentinel and the New Tecumseth Times.

Schulte seeks Liberal nomination in King-Vaughan

By Angela Gismondi

Deb Schulte is hoping to win the Liberal nomination for the new federal riding of King-Vaughan.

Schulte held two meet and greets in King recently, one at the King Township Museum and the other at Arbour Restaurant in Schomberg.

"I am seeking the Liberal nomination because of my passion for public service, my belief that the citizens of King-Vaughan deserve a representative with a proven track record of positive results and my confidence in the Liberal Party to deliver the best approach to leading Canada to a better future," said Schulte.

The federal Liberal nomination meeting has not yet been called, but it is expected to be in the next few weeks. When it is, Schulte hopes she gets enough votes to be nominated the Liberal candidate to represent the riding.

As a former regional councillor for the City of Vaughan, Schulte has served the residents of Vaughan and King as a representative on York Region Council for the past four years.

"I have always had a soft spot for King, "said Schulte who is married with two children and resides in Woodbridge. "I've had a lot of connections in King true to take the country in the right diand I know about the issues here. I feel more affinity with King than I do with Woodbridge and I want to be your representative. There is a lot I can do at the I would like to bring all my skills to federal level."

"During my term, I was a strong advocate for the environment but I'm not all about the environment," added Schulte. make that change." "I'm all about good government and fiscal responsibility and accountability."

In terms of education, Schulte earned a degree in mechanical and aerospace engineering from Princeton University, and spent 22 years with Bombardier Aerospace before entering political life.

"I got to be known as a problem solver and a change agent," said Schulte. "I've always been interested in fixing things. I love connecting with people and trying nominees are vying for the position into make things better for all of us."

After leaving Bombardier Aerospace, Schulte served the Province on the Greenbelt Task Force and the Oak Ridgyears.

Schulte believes the Liberal Party, led by Justin Trudeau, has the best vision to guide Canada in building a positive future.



Deb Schulte is seeking the Liberal nomination for the riding of King-Vaughan.

"The direction is true, the heart is rection and I'm inspired to be part of his team," said Schulte. "I think this is the time. There is a momentum for change. the Party and build a better future for Canada. It's an exciting time, a time for change and I want to work together to

her at the nomination convention. In order to participate in the nomination process you have to live in the riding and be a member of the Liberal Party. She urges anyone that signs up with the Party contact her to let her know so that she can inform them when the nomination meeting is called.

In addition to Schulte, three other cluding Gary Gladstone, Major Khalifa and Mario Racco. There are no nominees from King.

"I can't do it alone," said Schulte. "It es Moraine Foundation Board for four all comes down to the person who can get the most people to the nomination meeting voting for them wins. That's how it works. We are racing to get every person we can signed up and in. A lot of people are not comfortable signing up

Snowball Hearth

& Home (since 1983)

SMARTFIRE SYSTEM

and vote for your representative for the ensure that the riding's issues are heard Liberals. We need big numbers and we and addressed at the federal level in Otneed to mobilize everyone we can to get tawa. memberships for me."

with a Party. It's a chance to come out be a strong voice for King-Vaughan to

For more information visit www.deb-

She hopes to have the opportunity to schulte.ca.

Ontario expresses a love for bees

By Gideon Forman and Beatrice Olivastri

Back in November, the Ontario government signaled its intention to reduce the use of "neonic" pesticides on corn and soy seed by 80% by 2017.

A prime motivator for the proposal was a new analysis from the Task Force on Systemic Pesticides, a group of 29 independent scientists from around the world. They examined 800 scientific papers and concluded neonics "pose a serious risk of harm to honeybees and other pollinators such as butterflies ..." A second motivator was a survey from the Canadian Association of Professional Apiculturists, showing nearly 6 out of 10 Ontario honeybee colonies did not survive the winter of 2013/2014.

The issue may seem obscure – "apiculture" is not always discussed at cocktail parties – but the extraordinary thing is just how many Ontarians care about pollinators and want government to take action to protect them.

Research done by Oraclepoll Research Limited in December 2014, following the release of the government's proposals, shows a remarkable consensus emerging: irrespective of whether they're male or female, urbanites or rural folks, social democrats or conservatives, the vast majority of residents feel Ontario is "on the right track" with its plan to limit neonic use.

For example, Oraclepoll found the proposed neonic cuts are supported by 81% of those living in Toronto. Given the city's reputation for environmental concern that comes as no surprise, but support is at 77% in conservative eastern Ontario and at 85% in the mostly rural southwest. Overall, support among city and country people is virtually identical at 78.7% and 78.4%, respectively.

As might be expected, the proposed policy is backed by young people, with 78% of those aged 18 to 34 endorsing it. But almost exactly the same number in the 35 to 54 cohort support it. And even among Ontarians 55 and older, who might be more resistant to change, support for neonic cuts is at 76%.

One-hundred per cent of those planning to vote Green endorse the pesticide But she needs supporters to vote for restrictions (no news there), but so do 85% of Liberals, 81% of Progressive Conservatives and 80% of New Democrats.

Seldom does one find a policy that enjoys such extensive public support. What explains this?

Ontarians know bees are vital to a healthy environment. But they also know their loss threatens human nutrition. These insects pollinate about a third of our food. Dr. Jean-Marc Bonmatin, a lead author of the Task Force report mentioned above, has written: "Far from protecting food production the use of neonics is threatening the very infrastructure which enables it, imperiling the pollinators, habitat engineers and natural pest controllers at the heart of a functioning ecosystem."

The necessity of safeguarding our food supply, by phasing out bee-killing chemicals, is something we can all agree on.

Perhaps, as well, we now view bees as an iconic species, as important and vulnerable in southern Canada as the Polar Bear is in the north. If these creatures are in jeopardy, so too is a part of our identity. That's enough to unite folks right across the province, irrespective of their political persuasion, age, or place of residence. People know that if we lose our bees, we lose a part of ourselves as Canadians.

Gideon Forman is Executive Director of the Canadian Association of Physicians for the Environment; www.cape.ca.

Beatrice Olivastri is CEO of Friends of the Earth (Canada); www.foecanada.org.

The word around King



diant heat replaces the chill lost to cold windows and walls. Valor can reduce your energy bill and increase your overall comfort.

HEAT DURING A POWER FAILURE – Valor fireplaces are fully functional heaters that don't use electricity. The perfect mixture of radiant and convective heat. No need for a noisy, inefficient fan. No power, no problem with Valor.

324 Wellington St. W., King City **905-727-2392** WOOD • GAS • FIREPLACES • STOVES

Faces from King



A blast from the past...

Is this you?

Contact us to claim your prize!

King Weekly Sentinel

Call us at 905-857-6626 or email editor@kingsentinel.com

What is your favourite winter activity?



Shelby Pawluch

"Skating, just like at an outdoor rink or a pond."



Genevieve Pouliot



Meghan MacGowan

"Watching my sons play hockey."



Deborah Hartwig

"Sitting in front of a warm fire."

Volunteer firefighters in King are a unique breed

By Mark Pavilons

Our communities are constantly growing and changing.

One thing that hasn't changed is the public's respect for the local volunteer firefighter. If anything, it's the highest it's ever been.

Even though the public may not fully understand the firefighters' culture, they embrace these dedicated men and women. We place our lives in their hands without question.

Just what drives this special group of volunteers?

With a volunteer force of some 125 members, King Township's Fire and Emergency Services prides itself on a long tradition of exemplary service. Not only are they among the best equipped and best trained personnel in the province, they care.

And it shows in the rank and file of the enthusiastic "black hats."

The volunteers are as varied as the community itself. They hail from all walks of life, but this is a definite plus as they bring their own expertise to the field, raising the bar.

Ken Atkinson, a Nobleton dairy farmer and 20-year veteran of the fire department, is a prime example of King's closeknit community nature.

Watching the red trucks go up and down the road led him to serve his community. He's seen a lot of changes in his tenure, not the least of which was the amalgamation of the three separate stations into the King Fire and Emergency Services it is today.

serve and availability were all it took to and become proficient. get in the door. "We trained as we went along," he observed.

Despite the fact they all came from different backgrounds, "when we entered the residents don't realize they're volunthe fire hall we were all equal."

Today, the Nobleton station itself has some 40 volunteers, many of whom are above and beyond. fixtures in the village.

"It's about helping your neighbours," Atkinson said. When they respond to local calls, chances are someone on the department knows the family.

ble-edged sword. They'll go above and department's leaders. beyond to help their friends and neighbours, but are equally devastated should of expectation for them to perform is a tragedy occur.

pecially proud of the trust the public urban department, is that local firefight-

Advertorial



The technology utilizes superluminous and laser diodes to irradiate dis-



Veteran Ken Atkinson and newcomer Elliott Antonacci are just two of King's volunteer firefighters who are dedicated to serving their community.

Photo by Mark Pavilons

But their equipment, training and

response times are among the best. The

equipment is aimed at the "customers"

– the residents. Thankfully, the service

has a great relationship with Township

but his love started when he was quite

took hold of the incredible training op-

portunities and ran with it. He said he

with this close-knit group of people.

beneficial," he observed.

Antonacci has also completed para-

ing a grasp of that is more essential and

stand their needs.

young.

crews.

newcomers to the profession.

places in firefighters. Even when filling ers don't live at the station. up at the local gas station, strangers will approach him to say thank you.

"It's a nice feeling to know you're wanted," he said. "It keeps me coming out."

The younger recruits also help keep Atkinson on his toes. He's provided driver training for countless volunteers and In his day, a strong commitment to he brims with pride when they succeed

The long-term resident loves the rural charm of King and its diversity. They've been to countless homes and many of teers. That's because their level of service and performance is so high. They go

And that's part of the whole package, and makes the King service so attractive to other agencies who love to cherry pick our ranks.

Atkinson said this dedication and top- has enjoyed every minute of working time. That's good and bad, a proverbial dou- notch training comes from the top – the

Fire Chief Jim Wall said the level medicine and paramedic training, things very high. The only difference between Atkinson loves his role and feels es- King's volunteer service and a full-time

but firefighting has been his first love.

Chief Wall said Antonacci has received training to allow him to offer First Aid, CPR and defibrillation instruction to the public and Township staff. He really enjoys this aspect of the job.

"It's a chance to get out in the community," he said. "I'm teaching my neighbours.

"And that's why I jump out of a bed at 3 a.m. - to protect my neighbours."

Even though the population and demands are growing, King still has that small town flavour.

That's reflected in the various charities supported by the firefighters' associations at each station. They've really stepped up their involvement locally, and are major supporters of the King Township Food Bank.

The Nobleton members run the biggest and longest-running private fireworks displays in the province at the annual Nobleton Victoria Day celebration. Atkinson said it's a huge event that takes a lot of manpower. They also go door-todoor soliciting donations.

'The more you put in, the more you get out of it," he observed.

This pride permeates each fire hall. The spit and polish is impressive to say the least.

Antonacci said he's learning a great deal from the older members who pass down their accumulated knowledge. In turn, he will one day do the same.

Crews work like a well oiled mastaff and council, who all fully under- chine. Antonacci recalled the first time he served on a pumper at a car fire on This is the perfect training ground for Highway 400. No one spoke – they simply tackled the job and did it quickly. It was a King City's Elliott Antonacci has been great feeling that all their training paid with the department for four years now, off.

Being a volunteer firefighter is a huge responsibility and does impact life at As a co-op student in 2009, Antonachome. Your family has to be on-side and ci logged a whopping 4,000 hours - he luckily both Atkinson and Antonacci have that support in spades.

Antonacci is also impressed that the was fortunate to have worked at all three captains and chiefs get in there and roll stations, learning a lot from the different up their sleeves time and again.

King's volunteer firefighters don't pat In 2011 he started "on the trucks" and themselves on the back. They don't have

Take comfort in the fact they're here to serve.

King Fire & Emergency Services will that are invaluable as a firefighter. "Hav- be hosting an open house and information session on Saturday, Feb. 28 at the Nobleton station on King Road, starting He's not sure which path he will take, at 10 a.m.

CROSSWORD

PUZZLE NO. 459

eased or traumatized tissue with photons. These particles of energy are selectively absorbed by the cell membrane and intracellular molecules, resulting in the initiation of a cascade of complex physiological reactions, leading to the restoration of normal cell structure and function.

The process is curative and therefore results in the elimination of symptoms, including pain. In addition, it enhances the body's immune response and facilitates natural healing. No adverse effects have been experienced, indicating that the therapy is completely safe.

Laser Therapy is highly effective in the treatment of musculoskeletal conditions, arthritis, sports injuries, wound healing and a wide range of dermatological conditions. Laser Therapy Systems are currently being used in over 50 countries by a broad spectrum of healthcare professionals including physicians, physiotherapists, chiropractors, naturopaths, dentists, veterinarians, athletic trainers, etc.

It should be noted that Laser Therapy represents the first advance in rehabilitation science since the introduction of ultrasound, interferential current, tens, etc. and is rapidly replacing those modalities. Moreover, it provides treatment alternatives for patients that have not responded to conventional treatments and can be administered without risk in the treatment of many disease entities. Generally it obviates the need for pharmaceutical solutions and frequently makes surgical interventions redundant.

Tissue And Sports Injuries

- ° Ligament/tendon/muscle tears
- ° Knee Dysfunction(meniscal/liga mentous tears)
- ° Fractures

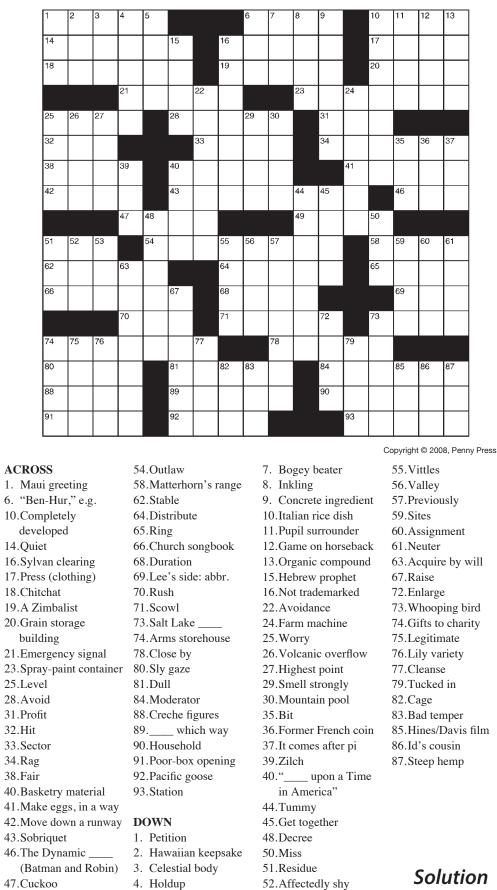
Repetitive Stress Injuries

- ° Carpal Tunnel Syndrome
- ° Rotator Cuff Injuries



° Epicondylitis			
Inflammatory conditions			
°Tendonitis (supraspinatus/achil			
les etc.), Bursitis			
° Plantar Fasciitis			
° Rheumatoid Arthritis			
Back Problems			
° Degenerative Osteoarthritis			
° Spinal Stenosis/Sciatica			
° Disc Herniation			
° Myofascitis			
Dertmological Conditions			
° Eczema			
° Psoriasis			
° Herpes (Post-herpetic Neuralgia)			
° Dermatitis			
Neurological Conditions			
° Neuropathies			
° Reflex Sympathetic Dystrophy			
° Multiple Sclerosis			
Wounds & Dermal Ulcers			
Secondary to:			
° Compression			
° Trauma			
° Atherosclerosis			
° Diabetic			
° Venous Stasis			
Others			
° Temporo-mandibular Joint Dys-			
function			
° Lymphedema			
° Gout			
° Fibromyalgia			
Headaches, Whiplash, TMJ			
dysfunction, Trigeminal neuralgia,			
So many more. Feel free to ask for a consulation.			

King West Centre at 905-773-2225 FREE consultation and one FREE treatment INCLUDED in plan.



5. Person opposed

6. Gnome

53.Nightmare street of

film

on page 17

49."Titanic" obstacle

51.Playing card

King Music Collective presents a Valentine's Day celebration of jazz

By Mark Pavilons

Fresh on the heels of a standsenting a Valentine's Day celebration, visit http://www.brownpapertickets. replete with chocolate, champagne com/event/1171147. and swinging jazz.

Day.

finest arranger/composer/producers, John Sherwood on piano, first call jazz bassist Steve Wallace and mul- ly events will take place from April tiple Grammy and Juno winner and through October. Upcoming artists Member of The Order of Canada, Terry Clarke on drums. The trio will be Stephanie Trick, Latin piano giant joined by King Music Collective found- Hilario Duran trumpet legend Guido er and delightful vocalist/composer Basso and international jazz pianist Michele Mele, who will put visitor in and multiple Grammy/Juno winner, the mood with a selection of romantic Renee Rosnes. love songs! Prior to the performances, talented vocalist and pianist Cynthia and a tasty snack. In addition, there Tauro will entertain as guests indulge will also be brief question and answer in hand-made chocolates and light periods with the performing artists snacks. Pianists John Sherwood and that will be hosted by noted jazz jour-Mele's gorgeous Fazioli piano, argu- presentation of unique circus perforably one of the finest pianos in the mances during intermissions.

world.

Tickets are \$30, \$20 for students and ing-room-only Dec. 13 holiday launch a limited amount of tickets will be event, the King Music Collective is pre- available at the door. To order yours,

The King Music Collective is a The event will take place Saturday, brand-new local music society, which Feb. 14 from 2 to 5 p.m. KMC members will feature monthly musical perand all arts and music lovers are wel- formances from internationally recome to celebrate a jazzy Valentine's nowned jazz/music artists as well as from many of our finest Canadian jazz Performers will include an amazing musicians, all presented in an intijazz trio, featuring one of Canada's mate setting, with all pianists tickling the ivories.

Throughout the 2015 season, monthwill include American stride pianist

Ticket price will include a beverage Cynthia Tauro will be performing on nalists and broadcasters, as well as the



Seneca to offer new Large Animal Health and Production program

Farms need them. Racetracks need them. Horse shows need them. Registered Veterinary Technicians (RVTs) with specialized skills and knowledge on how to work with large animals are in demand in many areas.

In order to meet this need, Seneca College is launching a new Large Animal Health and Production graduate certificate program. Beginning in September, the program is the first of its kind in Ontario.

"In the past, students would have to go travel to Alberta or the United States for this type of in-depth large animal training," said Kirsti Clarida, RVT, co-ordinator of the Large Animal Health and Production program. "This graduate certificate will not only cover nutrition and health, but specific education related to reproduction and accelerated breeding programs in cows, horses and small ruminants"

There is a shortage of Veterinarians and RVTs with large animal expertise. Dr. Bernd Stanglmeier has been a veterinarian for more than 30 years and opened his own equine practice in 1990.

"Working with large animals is very different than small animals. Everything is different from the way you draw blood to the way you x-ray," said Dr. Stanglmeir. "In my experience, you really need someone with large animal experience and knowledge, so they can immediately start working and there is less on-the-job training required."

The eight-month graduate certificate, which will be offered at the King Campus, is open to RVTs and those with a postsecondary diploma or degree in a Veterinary Technician or Veterinary Technology program entering the RVT profession.

Emilija Puteris is currently a Veterinary Technician student at Seneca. When she heard about the new program, she decided it was a great opportunity to add to her credentials.

"I've always loved large animals and this new program could open up

additional career options for me," says Puteris. "The large animal health graduate certificate being launched as I am finishing my Veterinary Technician diploma will work out perfectly. My ultimate plan is continue building on my education and become a physiotherapy rehabilitation specialist for animals.'

Formore information on Seneca's new Large Animal Health and Production graduate certificate program, visit: senecacollege.ca/fulltime/LAH.html



Seneca student Jessica Garbutt gets an introduction to large animal health as part of the Veterinary Technician program. Students in the Large Animal Health and Production graduate certificate program will gain specialized skills in husbandry, reproduction, nutrition, and acquire the business expertise essential in the large animal and equine veterinary industry.





Oak Ridges lifestyle!

If your wish list for a perfect retirement includes good friends, beautiful surroundings, superb service and a choice of enjoyable activities each day, then Oak Ridges is about to make your dreams come true. Call today to arrange your personal tour and lunch. We can help you design your perfect retirement!



Valentines Day Lunch

Friday, February 13 • 12:00 - 3:00 pm Don't have a date for Valentine's Day? No problem! Come and be 'our' Valentine at Oak Ridges Retirement Community. Join us in the elegant Bellagio Dining Room for a lovely Valentine's Day lunch. A special meal will be prepared by our Executive Chef and we will be providing some wonderful entertainment. Check out our website for additional details.

Celebrate The Chinese New Year With Us

Tuesday, February 17 • 2:00 - 4:00 pm

Let's celebrate the Chinese New Year! Oak Ridges Retirement Community will be hosting an afternoon of fabulous entertainment and festivities. Join us for a presentation and demonstration on Chinese customs as well as some phenomenal Chinese dancers and music.

SEATING IS LIMITED FOR ALL EVENTS! RSVP TO JEANNINE OR KRISTEN AT (905) 773-4220.

(905) 773-4220

12925 Yonge St, Richmond Hill Info@OakRidgesRetirement.com www.OakRidgesRetirement.com



Business, Finance REAL ESTATE SOLUTIONS FOR YOU! & Real Estate



www.KingChamber.ca Your Voice for Business in King



Steering committee to identify opportunities for growth

By Mark Pavilons

A new provincial initiative is in keeping with King's sustainability goals.

Premier Kathleen Wynne announced a new Growth Steering Committee to help drive agri-food industry growth and create jobs across the province.

The Growth Steering Committee will be co-chaired by Ontario Ministry of Agriculture, Food and Rural Affairs Deputy Minister Deb Stark and Ontario Pork board of directors chair Amy Cronin. It will identify and pursue future opportunities, and design a growth measurement system. It will bring together industry and government leaders and experts to identify opportunities to help the industry meet the Growth Challenge.

Jamie Smyth, King's economic development officer, said rural economics play a an important part in the local economy. In various local strategies, the Township encourages value-added agricultural operations. He pointed to the success of the Holland Marsh Wineries as an example of such rural uses.

This move by the province only supports this culture of entrepreneurship.

Supporting growth and innovation in the province's agri-food industry is part of the government's economic plan for Ontario. The four-part plan is building Ontario up by investing in people's talents and skills, building new public infrastructure like roads and transit, creating a dynamic, supportive environment where business thrives, and building a secure savings plan so everyone can afford to retire.

At last fall's summit, Premier Wynne challenged the industry to double its growth rate and create 120,000 new jobs

in Ontario by 2020.

The summit also recognized the work of local agri-food businesses whose new ideas and products are creating jobs, growing local economies and bringing quality Ontario food to consumers.

The Premier's Award was presented to Kaley's Acres of Castleton for converting former tobacco fields into a successful kale production operation.

The Minister's Award was presented to A. Driedger Farms Inc. of Wheatley for developing a self-propelled tomato harvesting machine that speeds up harvesting by 19 per cent, while preserving the quality of the fruit.

Three Leaders in Innovation awards

were also presented to:

its quadruple-distilled wheat-based algrains, which are particularly well-suithigher sugar content.

The Garlic Box of Hensall for bringing back Ontario's commercial garlic production. By developing a range of value-added products such as oils, salts, condiments and seasonings, all made with locally grown garlic, and by flash-freezing whole peeled cloves. The Ontario garlic year-round.

Truly Green Farms of Dresden for

running a 22.5-acre carbon neutral The Rheault Distillery of Hearst for greenhouse, which uses the carbon dioxide that GreenField Ethanol emits. cohol made using northern Ontario Not only does using the CO2 promote tomato growth, it ensures that 15,000 meted to vodka production because of their ric tonnes of planet-warming gases stay out of the atmosphere each year.

Since 2007, 425 producers, processors and agri-food organizations have received a Premier's Award for Agri-Food Innovation Excellence.

Ontario's agri-food sector supports farmers, communities and the economy - employing more than 760,000 Ontari-Garlic Box is providing customers with ans and contributing over \$34 billion to the province's economy.



Helping with the ribbon cutting at Bolton's Drake Apothecary were Councillor Annette Groves, Rob Spence, Mayor Allan Thompson, Michelle Marino Drake and Councillor Rob Mezzapelli.

Drake Apothecary soothes your heart and soul



We live in the area we service **Cedar Springs Water** www.cedarspringswater.ca

sales@cedarspringswater.ca 416-798-7675

By Mark Pavilons

Have you ever felt like cuddling up with a good book and a cup of herbal tea, in someone else's living room?

The operators of Drake Apothecary in Bolton are offering just that, and much more.

What started in Michelle Marino Drake's kitchen, has led to this quaint storefront on Chapel Street in historic downtown Bolton.

Drake, a master level Reiki practitioner, offers hand-made, aromatherapy and custom-made products of all descriptions. From Drake's own brand of Lotion Potion to a cornucopia of teas, soups, spices, personal care products and fashion accessories, stepping into the Apothecary is like plopping on your favourite sofa.

And that's exactly what Michelle and

partner Rob Spence were aiming for. It was a long road, filled with plenty of hard work, but the long-time Bolton residents are thrilled with their unique store.

Along with the bounty of products. as well as home decor and creations from local artisans, Drake Apothecary is home to a well loved library of classic and antique books. There are literally hundreds of years of history on the shelves of the store that beckon to be relived by customers.

Spence noted some customers have done just that – taken their shoes off, put down their bags and relaxed with a good book.

The couple has been avid book hunters for years and are constantly on the lookout for these gems. They make it affordable for their customers because their ultimate goal is to get a book in

people's hands.

"We want to make reading accessible," Spence said, adding they love it when someone puts down their electronic tablet and picks up a book.

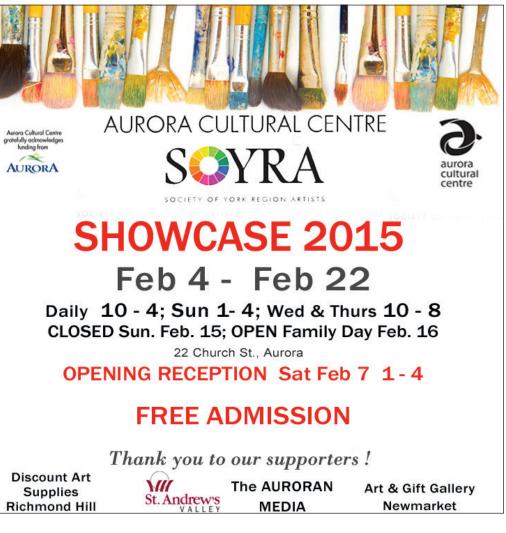
Books really do speak volumes. At the entrance to the store is a display of items found inside some of these books a rose, tickets, newspaper clippings, photographs and love letters.

They want artisans and those who sell at seasonal markets to drop in and make their products available to the public. The store is an outlet for local artisans and it's a win-win scenario.

Bolton's core just got a lot more interesting.

They're located at 10 Chapel Street, next to the Coin Laundry. For more visit www.drakeapothecary.com or http:// trilogybooks.ca.







50' SINGLES ON RARE CONSERVATION LOTS

3 Car Garages and up to 4,700 sq. ft. **NO LOT PREMIUMS!**

STARTING FROM \$1.2 MILLION

39 Sim Hill Crescent, King City (Lot 51) Mon - Thurs: 12pm - 7pm Wknds & Hol: 11am - 6pm T: 905-539-1055



Limited time offer. Rendering is an artist's concept only. Prices and specifications are correct at press time and are subject to change without notice. E. & O. E.

zancorhomes.com

KING

Published the 1st Thursday of each month. For advertising information, please contact: zach@simcoeyorkprinting.com or bob@auroran.com or amberley@lpcmedia.ca

Schomberg

Agricultural

Society

FOOD • DRINK • MARKETS • EVENTS •





FEATURE RECIPES





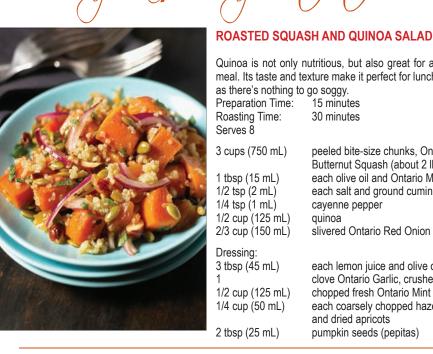
EVENTS

Valentine's Dinner Saturday, February 14

Menu Soup: Hearty Beef Vegetable Salad: Your choice of Greek or Caesar Main Course - choice of: ~ Grilled Salmon with Shrimp skewer, rice and vegetables topped with lemon caper tomato sauce ~ 10 oz. New York Steak with mashed potatoes, vegetables, melted blue cheese and garnished with grilled tomato ~ Seafood Penne with mussels, calamari, shrimp and pesto rosé sauce

Entrées are served with dessert of your choice \$29.99

ALSO 1/2 price selected bottles of wine BARANDGRILL 905-833-0400 2124 King Rd, King City www.Rockfords.ca **e** f KING TOWNSHIP **Community Blen** Available for \$13 (340g) a bag at: The Trisan Centre, **Nobleton Arena or at** special events held throughout the year. It can be pre-ordered to ensure freshness at



Quinoa is not only nutritious, but also great for a make-ahead meal. Its taste and texture make it perfect for lunch the next day as there's nothing to go soggy. Preparation Time: 15 minutes 30 minutes 3 cups (750 mL) peeled bite-size chunks, Ontario Butternut Squash (about 2 lb/1 kg) each olive oil and Ontario Maple Syrup 1 tbsp (15 mL) each salt and ground cumin cayenne pepper 1/2 cup (125 mL) quinoa 2/3 cup (150 mL) slivered Ontario Red Onion each lemon juice and olive oil clove Ontario Garlic, crushed 1/2 cup (125 mL) chopped fresh Ontario Mint 1/4 cup (50 mL) each coarsely chopped hazelnuts and dried apricots

pumpkin seeds (pepitas)

In large bowl, stir together squash, oil, maple syrup, salt, cumin and cayenne. Place on baking sheet. Roast in 400°F (200°C) oven for 15 minutes; stir and roast until tender, 10 to 15 minutes. Meanwhile, in a sieve, rinse quinoa very well under cold water. Place in medium saucepan; cover with 1 cup (250 mL) water. Cover and bring to boil; reduce heat and simmer until quinoa is tender, about 15 minutes. If any water remains, drain. Cover quinoa and let stand for 5 minutes. Fluff with fork.

In large bowl, place squash, quinoa and red onion; let cool slightly.

Dressing: In small bowl, whisk together lemon juice, oil and garlic. Pour over salad. Add mint, hazelnuts, apricots and pumpkin seeds; toss to coat.

Nutritional Information: 1 Serving 4 grams PROTEIN: 10 grams CARBOHYDRATE: 26 grams CALORIES: 205 FIBRE: 3 grams SODIUM: 156 ma

FAT:



ROASTED POTATO AND CRISPY LEEK SALAD

Potato salads aren't just for summer. Serve this roasted salad either warm or at room temperature with your favourite roast. If you have bacon in the fridge, it's a great substitute for pancetta.

Preparation Time: Roasting Time: Serves 6 to 8	15 minutes 30 minutes
3	Ontario Potatoes (peeled if
2 tbsp (25 mL) 1/2 tsp (2 mL)	desired), cut into bite-size chunks olive oil each salt and pepper
1	Ontario Sweet Potato, peeled and cut into bite-size chunks
1	Ontario Leek (white part only),
1 tbsp (15 mL)	sliced fresh Ontario Rosemary Leaves,
	noon ontano noocinary Leaves,

minced

olive oil (approx)

balsamic vinegar

diced pancetta, about 1 oz (30 g)

chopped fresh Ontario Parsley

Dressing:

1 tbsp (Ĭ5 mL)

1/4 cup (50 mL)

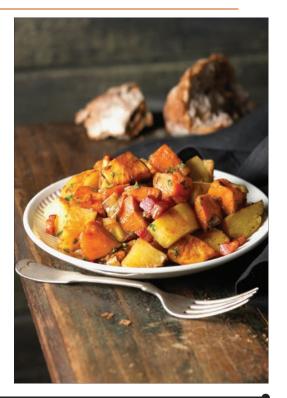
1/4 cup (50 mL)

2 tbsp (25 mL)

Place potatoes on 1 baking sheet; toss with 1 tbsp (15 mL) of the oil, and 1/4 tsp (1 mL) each of the salt and pepper. On second baking sheet, toss together sweet potato, leek, rosemary and remaining oil, salt and pepper. Roast in 400°F (200°C) oven, stirring after 15 minutes, until potatoes are tender and crispy, 20 to 30 minutes in total (sweet potatoes may take less time). Place potatoes, sweet potatoes and leeks into serving bowl

Dressing: In medium skillet, heat oil over medium heat. Add pancetta; cook until crisp, stirring occasionally, 2 to 3 minutes. Drain 2 tbsp (25 mL) fat into small bowl; discard any remaining fat. If there is less than 2 tbsp (25 mL); add more oil. Whisk in vinegar; pour over potatoes. Add pancetta and parsley and toss to coat. Serve warm or at room temperature.

Nutritional Information: 1 Serving (When recipe serves 8): PROTEIN: 3 grams FAT:





Time is too slow for those who wait, too swift for those who fear, too long for those who grieve, too short for those who rejoice, but for those who love, time is eternity.

~Henry Van Dyke



THIS VALENTINE'S DAY, TREAT YOUR SPECIAL LOVE TO A FABULOUS DINNER AT ONE OF KING'S WONDERFUL **RESTAURANTS**!



Our Brewmaster had a penchant for English ale, so he created something better, combining two styles of ales he fancied while studying and brewing his way across the UK. It's an ingenius hybrid of a Northern Brown Ale and a Midlands Mild, with a body tweaked to give it a lighter, more North American appeal.

Hints of roasted nuts, caramel, chocolate, and coffee combine to make this award winner one of Ontario's best-selling craft beers. www.hockleybeer.ca

7 grams CARBOHYDRATE: 19 grams CALORIES: 145 FIBRE: 2 grams SODIUM: 260 ma



HOGAN'S INN AT FOUR CORNERS

Whether it's your first visit or one of many, you'll be wrapped in the historic ambience of this beautifully appointed eatery. Careful attention to each and every detail, from the garden patios, to the warmth of fireside tables gives Hogan's its reputation amongst Canada's best known restaurants. Join us to try a selection from our limited time Game Menu,

featuring Wild Boar, Elk, Caribou, & more. Cabernet wine pairings available such as Duckhorn, St. Francis & Edge. Ask us about our private business meeting rooms and

party rooms, our live entertainment, our exciting Hunt Pub and our off-site catering and event catering from Hogan's Inn. Now booking reservations for our Valentine's Day Dinner.

For Reservations, Call 905.833.5311 HOURS: Mon.-Sat. 11am-10pm; Sun. 11am-8pm Hunt Pub open until 2am weekends





BECAUSE

Eating well. Good food. Chatting with friends. Sharp minds. Crazy ideas. Agreeing. Disagreeing. Going for a hike. Riding a bike. Going for it.

MATTERS.

If it matters to you, it matters to us. Your future. A path to a career you love. Pursuit of your passion. Whatever it is, it's all here. Seneca has the programs, professors and an abundance of learning opportunities to help you succeed.

becauseitmatters.ca



Serving the public is Cam Woolley's ongoing mission

By Mark Pavilons

Cam Woolley is on a never-ending mission.

If there's a lesson to be learned, he'll be the first to share it with the public.

His journey and accomplishments have made him a celebrity, one of the most recognizable faces on the airwaves.

But it's not fame that drives him, but rather a passion and sense of duty, qualities honed over his extensive police career.

Woolley is a traffic and safety reporter for CP24 and a former police sergeant with the OPP in the GTA. Woolley appears on CP24 Breakfast as well as on CP24 promos such as Safety First with Cam Woolley and Know Your Rights. He shares his expertise with viewers and drivers through the reality show Canada's Worst Driver.

The officer-turned TV reporter is a unique character. He uses his safety expertise and investigative prowess to size up any crime or accident scene he attends, providing an accurate assessment. His instinct and skills are as sharp as ever, making him a trusted journalist among his former peers.

Woolley is a hands-on kind of guy. Not only is he a competent mechanic in his own right, but he learned a lot from mechanics and MTO officers and engineers during his career.

His contribution to the enhancement of traffic safety in Ontario is unparalleled, consistently breaking new ground in the field of "forensic mechanics" to utilize computer technology to reconstruct collisions and traffic crimes. He's considered an expert witness at all levels of court proceedings and inquests. His testimony has resulted in new traffic legislation to improve the safety of Ontario's roads.

As he put it, he's not only familiar with a vehicle's nuts and bolts, but the "nuts behind the wheel."

He's investigated numerous fatal accidents, and just last week he was onfatality.

When he's on scene as a reporter, he has a job to do and puts thing in perspective. His motivation comes from sharing lessons with the public, in the hopes of preventing future tragedies. He genuinely wants to help the public.

During his police career, Woolley spe-



Cam Woolley always tries to find a lesson to pass on to the motoring public.

cialized in traffic crime, collision investigations and enforcement. He was the lead investigator on many high-profile, precedent-setting fatal motor vehicle collisions in the Toronto area, involving everything from unsafe transport trucks and flying truck wheels to criminal investigations into hit-and-runs.

He's quite proud of his testimony given at inquests that have helped shape Ontario laws, even highway design features.

He chose to appear on Canada's Worst Driver as part of his sense of duty to the public. "I'm not an actor," he said. He gets his informative message across in an entertaining way. The message is sinking in among viewers. He said he often gets hugs and thanks from strangers who learned techniques from watching the show. If they learn something and take it with them, that's what it's all about.

Woolley is CP24's primary morning scene at another Toronto pedestrian reporter, who often patrols the highways and streets. He puts in a full day by the lunch hour.

His reporting role is both fun and fulfilling he said, adding he's always cognizant of what's in the public interest.

Roads across southern Ontario are busier these days and longer commutes are commonplace, increasing fatigue

and road rage.

You can find him regularly patrolling Highways 9 and 400 in the vicinity of King. He's also a familiar face in Schomberg and has agreed to help judge the ambassador competition at this year's Schomberg Spring Fair.

He comes across as a seasoned news hound, even though he only joined CP24 in September of 2008, after leaving the a company that supplied emergency OPP. He's likable and has become a popular on-scene face.

In October 2012, Woolley was presented with the York Region Labour Award for reporting on the York Region Transit strike of 2011. In April that same year, he and CP24 were recognized for their gracious support of the St. Johns Ambulance. This award was endorsed by The Governor General of Canada, David Johnson.

He has escorted world leaders, the Pope and royalty safely along provincial highways to their destinations.

Woolley is also quite proud of his lobbying efforts in the aftermath of an epic gun battle in 1993. He joined officers from several detachments in chasing a serial bank robber (and former soldier) from Orangeville. It ended in a dio. shootout in Caledon.

During the confrontation, Woolley was attempting to reload his .38 revolver, but was jostled and lost his speed loader. The culprit took aim at Woolley who was defenceless. He was decorated for bravery for his actions.

But what followed was even more interesting. That incident led him to lobby the government in changing the sidearms carried by police officers, recommending the semi-automatic handguns used today.

Woolley can't sit still, and he's up every day at 4 a.m., anxious to hit the road and see what the day brings.

It must be in his blood.

He enjoys his media colleagues at CP24 and even doesn't mind getting into the spirit on "Dance Fridays."

He's always been mechanically inclined, he says, tinkering with everything from cars to old radios. He learned by doing and he's now a very competent mechanic and has restored literally dozens of vehicles, ranging from ambulances and police cars to a Universal Gun Carrier (commonly referred to as a Bren Gun Carrier) used during the Second World War. He still uses a Canadian military 1.25-ton pickup, complete with

camo paint, to plow his driveway in rural New Tesumseth. He loved his 1953 Ferret Scout Car, made in the UK by Daimler and used by the British army (as well as many other countries). When the mood strikes him, he hops in his menacing M37 Vietnam-era gun truck and treks around the back 40.

Woolley, along with a partner, owned vehicles to movie sets and he worked on several Toronto-shot films and TV series, including the pilot for the acclaimed Flashpoint, starring Nobleton's Enrico Colantoni. He also worked on FX, Monk and Psi Factor to name a few. His company was unique in that he not only supplied accurate vehicles, but uniformed, off-duty personnel. In the movie business, it's feast or famine, and Woolley said after 20 years, he sold the company.

His newest prize is a 1969 Corvette Stingray, which sat in a local barn for more than 13 years gathering dust. While it had been restored, the years sitting idle took their toll and he had to review and revamp almost every system in the car, even the clock, gauges and ra-

He loves it, though. And he enjoys hunting for parts. Fortunately, a reliable and knowledgeable auto guru in Caledon manages to offer advice and find almost every part Woolley needs. Coincidentally, he even worked on this very same car. Woolley has all the bills and paperwork on this beauty.

Cam Woolley is having the time of his life.

His fans can take comfort in the fact he's sharing his knowledge and wisdom in helping make our roads safer for everyone.





Call for Reservations

lentine S

There's nothing like a home-cooked meal. And the owners of Nobleton's newest eatery – Raffaele's Cantina – not only know this, they live it. The father and son duo of Louie and Raffaele Maietta have joined forces to bring fine Italian cuisine – a downtown culinary experience - to the country.



[A PIECE OF OUR COUNTRY, IN THE COUNTRY]

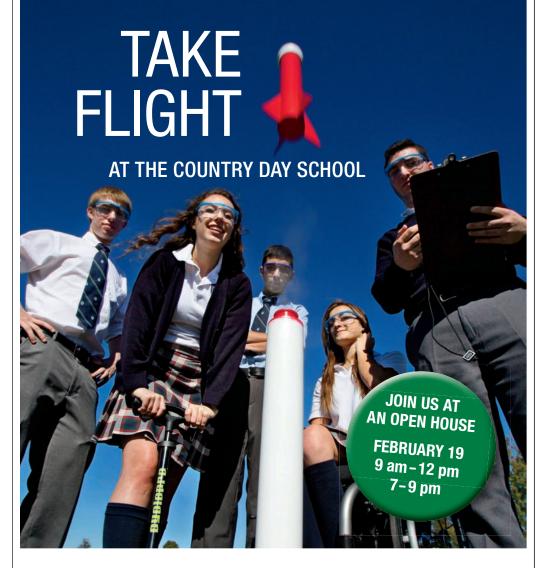
Casual Italian dining at its best – magnifico!

Many catering options available. Choose our regular menu to feed your guests or work one on one with our chef to develop a custom menu for your event. Please contact us for more information.

Daily Features, Private Functions & Take Out Available.

Reservations Recommended!

5975 King Rd. (at Hwy. 27) Nobleton 905-859-4429 www.raffaelescantina.com



It could be a pair of track shoes, a theatrical costume, or maybe even a robotics set. If your child has a passion for something, we will harness it and take it to a whole new level. We will essentially attach a big set of sub-woofers to it and allow it to be amplified to the world. If they have yet to find it, we will dig down deep and explore all the possibilities, and not stop until we unearth that one thing that opens their mind and their eyes as big as humanly possible. It's an incredible place to discover big, dreamy answers to the question.

WHO WILL YOU BE? cds.on.ca/whowillyoube

ASK US ABOUT OUR \$10,000 ENTRANCE SCHOLARSHIP FOR GRADES 9 AND 10. **DEADLINE IS FEBRUARY 27, 2015.**

The Country Day School offers JK-12 in a co-ed, non-denominational environment located on 100 beautiful acres in King.

13415 Dufferin St., King, ON L7B 1K5 T: 905 833 1220 www.cds.on.ca



Cruise for the Cure takes on a personal tone for 2015

By Mark Pavilons

has switched gears, taking an all too fa- to raise as much money and awareness miliar road - the journey to fight can- about the chosen charities, and throw a cer.

Organizers Tim and Brenda Schmidt course of their lives.

Brenda was diagnosed with lung cancer and the days and weeks that followed ed the King event. A total of 658 show were not easy for the family.

Charles, to lung cancer in 2012, so she's heimer's Society of Ontario and Prosall too familiar with the disease.

"But those who know and love Brenda know she is a fighter, and her positive outlook on life will help her get through it."

She's been receiving treatment at Sunnybrook's Odette Cancer Centre, one of the top comprehensive cancer da's Place has hosted more than 1,900 centres in the world.

massive car show fundraiser.

"We will do the show and we will make it even bigger than last year," Brenda told Tim.

place on Sunday, July 19. All proceeds 2015. Let's do this!" will go to the Odette Cancer Centre.

"Let's pray for my wife and make this place.com.

the biggest show of the year!"

When Tim & Brenda's Cruise for the The renowned Cruise for the Cure Cure began in 2011, the objective was party for all those3 who attended.

Inclement weather hindered the turngot some devastating news after last out in 2014, and even though the number year's event, one that has changed the of show cars dropped a little this, the number of visitors remained strong.

In all, just under 10,000 people visitcars participate in the event, which was Brenda lost her mother, Teresa Mc- a major fundraiser for both the Alztate Cancer Canada. In all, more than \$116,000 was raised.

> As well, an estimated 3,000 people lined up to meet Danny "The Count" Koker and Kevin Mack from the hit TV show "Counting Cars.

In the past four years, Tim and Brenshow cars and welcomed more than Brenda remained committed to the 24,000 visitors through the gates. They raised an impressive \$346,500 for charities and the lives of the people they touch.

"From our family, we look forward On New Year's Day, it was decided the to hosting the biggest and best Tim 5th annual Cruise for the Cure will take & Brenda's Cruise for the Cure ever in

For more, visit www.timandbrendas-

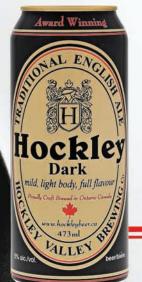


Tim and Brenda Schmidt pose during their annual Cruise for the Cure fundraiser.

File Photo

What's the 'Hockley secret'? You'll have to ask Mr. Kohnen.

Andrew Kohnen **Brewmaster**



Hockley

IT'S ALL TRUE.

HOCKLEYBEER.CA



Cougars meet Otters in first round of playoffs

By JAKE COURTEPATTE

The Georgian Hockev League regular season has of Cougar goaltender Luke Gambeen put to bed, the standings have ovda. been locked, and the quarter-final series have been set.

team after finishing the season in place Penetang Kings, who had sixth, the Schomberg Cougars veterans hold the advantage in play- a few one-sided match ups. off experience as they prepare to take on the Huntsville Otters.

the 2014-2015 season, the Otters did not make it out of the play-in home-ice advantage. round last year, and fell in straight games to the Alliston Hornets the time the two teams met, putting year prior.

They are a different story this goals in a lopsided victory. year, finishing behind on the powerhouse Alliston and Stayner teams in the league standings.

ry, however, as in the end only five penalty minutes in the GMOHL. points separated fifth-place from eliminated ninth-place by the sea- ters finished second in PIMs. son's final whistle.

their final game of the season Saturday, sitting only one point back. at 8:30 p.m.

They were on the road in Erin ly giving up a 2-1 lead on three straight unanswered goals to fall 4 -2 in regulation.

power play in the game.

Despite the loss, the Cougars

can say they ended their season in a high note, as the last play of the game was an Erin penalty Mid-Ontario shot that was stopped by the pad

From a "glass half-full" perspective, the Cougars may have dodged Despite facing the third-place a bullet by evading the fourth-Schomberg's number all season in

In terms of the regular season series against Huntsville, it could Experiencing a resurgence in get interesting as the teams split their games 2-2 with no clear

> It was all Schomberg the last on an offensive display for eight

If the Cougars want to find postseason success, they will have to look to their special teams. They It may have been a different sto- finished the season with the most

It could get interesting – the Ot-

Fans can get their first taste of Schomberg looked to jump ahead post-season action Thursday night of the Caledon Golden Hawks in at the Trisan Centre, with the puck dropping on the 2015 playoffs

The series moves to Huntsville facing the Shamrocks, eventual- the next night for the first of two games on the road.

For stats, schedules, and more Schomberg went 0-12 on the information, visit www.schombergcougars.com.



Liam Spurgeon attempts to settle down the puck in last Saturday's 4-2 loss to the Erin Shamrocks.

Photo by Jake Courtepatte





The King Cavalry midget team won gold at the recent Orangeville Sweetheart Tournament.

King Cavalry midgets win gold at Orangeville tourney

King has another reason to celebrate. The King Cavalry midget BB squad captured gold at the Orangeville Sweetheart Tournament, held Jan. 29 to Feb. 1.

The King Cavalry team went 1-1 in the first two games of the tournament with a win against the Orangeville Tigers and a 2-1 loss to the Whitby Wolves.

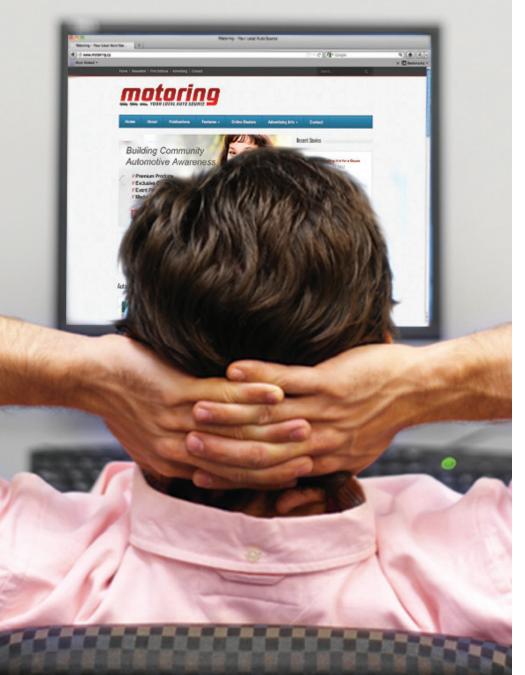
They won a hard-fought third game in the round robin to advance to the gold medal game against the North Simcoe Capitals.

The Cavalry came out hard with an early goal in the first and led 2-0 at the end of the 1st period. Both the King Cavalry and the North Simcoe Capitals scored in the second making the score 3-1 for the Cavalry going into the 3rd period.

With just under two minutes left in the game, the score 4-2 for King Cavalry, the Capitals pulled their goalie. King took a penalty with just over a minute to go. The Capitals took advantage of the 6-on-4, scoring with 22 seconds left in the game. With the score 4-3, the Cavalry, back to full strength, battled hard to keep the puck out of their own end until the final buzzer went to end the game. The Cavalry won gold!

The King Cavalry finished their regular season with a remarkable 17-2-3 record to secure first place in their division.

The squad of Alex, Bri, Cambria, Cassie, Chloe, Jenna, Julia, Kendra, Lauren, Lyla, Marissa, Mckenna, Mikaela, Sabrina and Sara will head to the Lower Lakes and Provincial playdowns.



Your Local Auto Source for Hometown Auto Related Stories and News... from a Grassroots, Independent Perspective.

Rosie rebounds for the tie in King curling action

By SHELLEE MORNING

For Skip Rosie Kamstra, curling is all about having fun. Of course "making her shot" is very important, too and is right up there on the scale of achievements.

During last Friday night play Kamstra was matched up with Skip Gerald Duffy's team, and as both teams supported spares, they went into the hack with a determination to win one for a win." their AWOL comrades.

In the opening end, Kamstra posted a well-deserved three points. A slightly perplexed Duffy strived to locate the red 4-foot ring and get his team back in belts, and improving their record to 4-1the game. Rosie, along with Jim Smith 1, King Curling Club's bantam team has (spare for Steve Niepage), Patti Agnew, moved into a first place tie with the Dixand Joanne Mumford (spare for Tamara ie Silver Ice Hawks. Niepage) prohibited Duffy's team in their quest and stole one more for a 4-0 lead after two ends.

Duffy, John Zaina, Lorna Mulroney aldson) dodged a bullet and collected a ing finishes. point in the 3rd.

played a solid 4th end mesmerizing only leading by a single point. The Cothe Kamstra squad that resulted in a 5-point steal and taking over the lead by 6-4. With the turning point now behind, them team Duffy ran with the adrenaline and prepared a change of strategy.

Kamstra re-grouped in the 5th and the team brushed the skippers stone in presented itself, and by Skip rocks had for a count of 2 making it now 6-6.

The 6th end resulted in one more for Team Kamstra and the go-ahead score of 7-6. Duffy down by one and with the hammer in the 7th scored another 3 point end to re-gain the lead and go house and leaving the Bombers Skip the ahead by 2. Rosie desperately needed to pull out her silent weapon in the final end of what resulted in a well-played contest that included great shot making by both teams. Duffy had his final stone in for the count, but a slender window of opportunity was left for Kamstra.

draw through a narrow port tapping match. the opponents counting stone to the back of the house, would give them 2 for a tie. As the pressure didn't seem to bother her, Rosie released her final rock and relied on her sweepers Agnew and Mumford to complete the task. Mission build confidence in the rings. accomplished and the jovial Kamstra team saluted their skip for the perfect weighted throw on a very tough shot.

Both Duffy and Kamstra commented later that their game had it all with hits, and draws and near misses. Rosie graciously complimented her team on their efforts and thanked her spares for filling in. Skip Duffy approved the same for his team in that everyone stayed focused and not letting the 4-0 score they were facing get them down in the early stages of the game. Rosie's final comment was "after giving up a 5-ender and bouncing back for the tie, this really felt more like

King Cobras

With another great game under their

The Cobras Skipped by Brent Mills, played in a nail-biting game against the Brampton Bombers in game 6 of a 10game schedule last weekend that could and Darlene Share (spare for Bev Don- have easily made the top 10 great curl-

The score was 5-4 as the Cobras head-With newly found hope, Duffy's team ed into the 8th end without hammer and bras were well aware the game could go either way as any mistake could spell disaster. Mills, who prefers to play with an aggressive flare, guided his team through the final end with confidence, took advantage when the opportunity 3 in the counting position.

While the Cobra coaches held their breath, Skip Mills threw his last rock to tap up a guard and protect their 3, released too much weight opening up the chance to tie.

As nerves were to get the better of the Brampton Skip, his rock came up too short and handed the Cobras the 8-4 win. Superior sweeping by his front end of Natasha Porco and Nicholas Caradonna enabled Vice Ashley Mills to as-Vice Jim Smith agreed that the tight sist their skip in a tight but well played

> Sitting tied for first place in the West Division and second overall due to number of ends won, the remaining games should be very exciting for the youngsters as they continue to improve and

> The Cobras next game is Feb. 8 at 5 p.m. at the Toronto Cricket and Curling Club against the Thornhill Thunder.





Skip Rosie Kamstra delivers her final rock tapping an opponent's counting stone to the back of the rings and collected 2 points for a 9-9 tie.

Submitted Photo



The NobleKing atom Knights earned gold at a recent tournament in Toronto. Submitted Photo

Atom A Knights claim tournament gold in Toronto

FAMILY DAY

Monday, February 16, 2015

At the King Curling Club **The Trisan Centre** 25 Dillane Cr. Schomberg, ON

Discover curling, hone your skills or play a game!

Choose a session that best suits your schedule: 8:30am – 10:00am • 10:30am – Noon 1:00pm – 2:30pm • 3:00pm – 4:30pm

Space is limited.

Light snacks and drinks are provided throughout the day for registered participants.

Cost: \$5.00 per person or \$15.00 for a family of 3 or more.

Basic equipment (brooms, grippers & sliders) are provided.

Children must be 7 years of age or older. Children under 12 years must bring & wear a helmet. All children must be accompanied on the ice by an adult/guardian/caregiver.

Registration cut off is: noon, Friday, February 13, 2015

To register, go to: www.kingcurling.com

The atom A Knights attended the Toronto Aeros winter Challenge Tournament in Toronto last weekend, holding strong as a team to become victorious.

Game one was played against Humber Valley Sharks and ended in a tie, with Julien DiTullio scoring both the NobleKing goals.

In the second game, the NobleKing team handily beat the Toronto Eagles by a score of 4-1. Goals were scored by DiTullio, Sebastian Lisi, Mike Critelli and Brogan Grammenz. Great forward support was added by Felicia Provensano and Ben Wright.

The third game ended in a 0-0 tie against the Vaughan Panthers, resulting in a successful shutout for goalie Will Swanson who played with tenacity and determination in every game.

The Knights' powerful defence held the line with David Paglia, Keiran Purvis, Noah Willis and Eva Harrison.

Off to the semi-finals, the Knights found their scoring opportunities against the Richmond Hill Stars. The game ended in a 6-3 win for the Knights, with two goals each for DiTullio, Lisi and Peter Mueller.

In the finals, the NobleKing atom team kept their eye on the prize and pulled off a 4-0 win over the Humber Valley Sharks to clinch the cup. Amazing goals by Lisi, Lucas Manfrini, Matthew Siarkas and Grammenz. NobleKing's Swanson faced 16 shots in the final game to shut out the Sharks.

Great hard work and persistence resulted in bringing home the championship.



www.ridgewoodfarm.ca 416-727-8231

Follow us on: You Tube $\boldsymbol{\mathcal{P}}$ E

AutoShow.ca

BUCKLE UP! THE FUN STARTS FEB. 13

MASERATI ALFIERI CONCEPT







METRO TORONTO CONVENTION CENTRE, NORTH & SOUTH BUILDINGS

BUY TICKETS ONLINE AT AutoShow.ca

THE 2015 CANADIAN INTERNATIONAL AUTOSHOW IS SPONSORED BY



TOP IT OFF WITH CAA Terms and Conditions: No purchase necessary. For a copy of the complete contest rules, please ask one of the CAA Representatives at the booth. (B) CAA and CAA logo trademarks owned by, and use is authorized by, the Canadian Automobile Association.

16 - THE WEEKLY SENTINEL - Thursday, February 5, 2015 Juvenile Red Wings cruise to OMHA quarter-finals

By JAKE COURTEPATTE

It was a tense atmosphere in the Trisan Centre Saturday afternoon as the Juvenile Red Wings looked to take a stran- The puck found a hole, but deflected just glehold on their first-round match up wide. with the Newcastle Stars.

own home rinks, both teams were clearly sitting on the goal line unnoticed by any searching for the edge in what would turn Red Wings players. The Stars tapped it in out to be a nail-biter.

Up 2-0 mid-way through the game on front of the Schomberg net.

twine only a few minutes later on a rebound, the Schomberg offence was shut down for an extended period of time.

and the Red Wings on the penalty-kill for it home from the top of the slot. the first time all game, a deflected puck snuck through the five-hole of McLaugh- in position to end the best-of-five series. lin to lower the deficit to 3-2.

a beating just one minute into the third, tle's home ice the next day and promptly as the Stars completed their comeback disposed of the series with a 2-0 shutout

shorthanded to tie the game at three.

Tom Fortin had a chance to put deke around a defenceman one-on-one before going five-hole on the Stars goalie.

One minute later, a mad scramble in After exchanging wins in each of their front of the Schomberg net left the puck for their first lead of the game.

Putting on the pressure trying to find goals from Austin Maggiacomo and Dylan the tying goal, the Wings aimed shot after Fitzgibbon, goaltender Ryan McLaughlin shot at the Newcastle net. Finally, with was finally beaten on a wild scramble in 2:33 left on the clock, a Tristan Berry shot from the point found its way through traf-Although Dan Giglio was able to find fic and past a screened goalie to send the game to overtime.

It was Giglio again in the extra frame, making a nice move to put the puck With time running out in the second through a defender's stick before wristing

The 5-4 overtime victory had the Wings

The Wings' special teams kept taking Red Wings stepped back onto Newcas- in Juvenile playoff action Saturday.

victory.

The Juveniles will be getting a well- the tournament championship. Schomberg back on top, making a nice earned rest for a few weeks before facing off against the Loyalist Jets in the quar- revenge on the team that finished second ter-final series. Interestingly enough, the in YSMHL standings this year. Wings defeated the Jets in last month's

Silver Stick tournament in Sarnia to take

The Jets will be looking to exact some



With momentum on their side, the Calvin McHugh is stopped in close by the Newcastle goaltender in Schomberg's 5-4 OT win

Photo by Jake Courtepatte

Siarkas

416.727.4159

For All Your Real Estate Needs... Call Today!

Bill

Classifieds Phone 905-857-6626 or 1-888-557-6626

or email admin@caledoncitizen.com

201 APARTMENTS FOR RENT

BEDROOM APT. NANNY 1 Available Feb. 1st. 2015. Private entrance, parking, heat and hydro. No smoking, no pets. 905-859-0644. Call B03-06

1 BEDROOM. Private, bright, quiet, clean, parking, heat, hydro included. No smoking, no pets. 1st & last required. 905-729-4332 B02-06

303 BUSINESS SERVICE

ADVERTISE ACROSS ONTARIO or across classified ad. Choose - Location: Nobleton. the area you want to Safe designated play cover. Rate structure:

502 CHILD CARE WANTED

WANTED: Seeking a full-time livein nanny or live-out nanny to care for two children, ages 4 and 7 years-old in our home near Nobleton. Prior experience and CPR training preferred. Valid driver's licence required. Wages negotiable. Please send resume to: erdocs@mvmts.net. Phone: 905-859-1551 B04-11

503 CHILD CARE AVAILABLE

Canada, in a blanket IN HOME DAYCARE environment. educa-

505 GENERAL HELP WANTED

LOTS OF FULL TIME JOBS **Controller (Assistant) Etobicoke** Administrator - 6 month assignment Bookkeeper - A/R, A/P, Trial Balance, Jonas software - \$50k Millwright - Bolton - \$30.00 / hr. **CNC - Water Jet Operator** Welding Supervisor - Afternoon shift \$22/h Production Supervisors -Metal Forming Shipping Supervisor strong Computer skills MIG Welders - \$15.35

708 DEATHS

HAMMETT: Mary Elizabeth

(Life Member Eastern Star Pinecrest Chapter #263 Cookstown, ON). Peacefully at Southlake Regional Health Centre Newmarket. on Sunday February 1, 2015. Mary (Shaw) in her 103rd year. Beloved wife of the late William "Bill" Hammett. Loving mother of Carolyn and her husband Joseph Huson. Remembered with love by her grandchildren: Kristi Heacock and Krishna Balkissoon. Jeffrev Heacock and Melodie Tammert, and her 3 great grand-

708 DEATHS

McCABE: John

Peacefully passed away with family by his side on Sunday February 1, 2015 at Stevenson Memorial Hospital Alliston. John McCabe at the age of 80, beloved husband of Karen Mc-Cabe (nee: Davidson). Loving father of Samantha Bodnar (Bob), Tammy Ricketts (Shane). Sean (Melissa), and (Kylie). Sadly missed by his grandchildren: Meghan and Ryan Ricketts, Katelyn, and Matthew McCabe, and Brett and Colby McCabe. Beloved



info@Siarkas

www.SiarkasSallsHomes.com

RESIDEATIONE specializing in hiah-quality masonry, and natural stone Got masonry needs? We do it all. parging repointing brick & block work mortar colour matching brick tinting openings & closures chimneys window sill replacement

805 HEALTH/ **FITNESS**

Homes.com

SERENITY HEALTH Colon Hydrotherapy. Effectively removes toxins. Increases energy. Helps with weight loss, constipation, digestion, bloating, irritable bowel. Consultations available. 905-857-1499 B16-TFN

975 PETS & ANIMALS

MATURE PET NANNY makes house calls Happy pets in their home environment. Cuddled, fed, walked, Mail brought in, plants watered. Excellent references. 905-729-0237 B06-11

PLACE YOUR

WORD AD

FOR ONLY

\$28.00 + HST

AND REACH

ALMOST

50,000

HOMES

UP TO 30

WORDS

SPECIAL

RATES FOR

IN

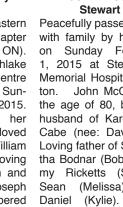
MEMORIAMS

DEADLINES

FOR ADS

5 PM

MONDAYS



Up to 25 words - all Ontario \$429, Central Ontario \$139. Eastern Ontario \$143, Western Ontario \$133. Northern Ontario \$82. All rates subject to H.S.T. For all of Canada or additional words or further information call this newspaper at 905-729-2287 or 1-888-559-2287. B1tfn BUSINESS CARDS. PROMOTE your busiwith attractive ness cards. Stock and custom. Stock cards as low as \$39 for box of 500 Simcoe-York Phone Printing and Publishing Ltd., 905-729-2287. **B1TFN** PHOTOCOPIES - CO-LOUR and black and white. Check out our quality and prices. Various sizes. Simcoe-York Printing & Publishing Limited, 34 Main St. W. Beeton 905-729-2287 B31tfn

402 USED CARS/ TRUCKS/VEHI-**CLES FOR SALE**

2008 Jeep Grand Cherokee. Excellent Condition, Mercedes Diesel Engine, 4x4, Leather, Rust Undercoating, Towing, Power Windows/Locks/Seats, \$16,000 OBO, Call (905) 936-2287. B06-08

406 VEHICLES WANTED

CASH FOR SCRAP VE-HICLES. Wanted scrap vehicles, any size. No ownership required. Fast service, free towing, loose scrap removed. Also, cash paid on the spot. Call 905-859-0817 or 647-227-3954. Open Sundays. B36-- TFN

FREE TOW FOR unwanted cars or trucks. Cash paid, top prices paid. Call today! Call Joe @ 647-297-1970 or 705-436-6806. C42-51

tional activities, nutritious snacks, hot meals, smoke free environ-Public/Catholic ment. designated bus stop. Available for full time, part time and before and after school. Patient and experienced professional in a loving environment. Weekend services available. Call Patricia at 416-949-5585 B12 - TFN

505 GENERAL HELP WANTED

EXPERIENCED MEAT CUTTERS and LA-BOURERS wanted. Cutting and deboning poultry products an asset. Labourers, \$11-\$14/hr. Butchers with minimum two years experience - \$16/hr. Apply to Abate Packers Ltd by email at: jobs@abatepackers.com or by fax: 519-848-2793. O03-09

JAN

General

Stuart

JAN

RE-

905-951-8257

email: srobinson@leb-

elcambium.com B03-06

(2001) INC. lebelcam-

bium.com located in

Bolton, is now hiring:

Forklift Operators. Per-

manent / Full Time /

Days. Benefits in 3

months. License is an

asset. Fax resume: 905-

951-8257 Attn: Stu-

art Robinson or email:

srobinson@lebelcam-

LIVE OUT POSITIONS

available for experi-

enced Superintendent

and cleaner in condo-

minium building. King

Please fax resume:

905-948-1300 or dan@

aragonbuilding.com

location.

bium.com B03-06

Township

C03-06

WOODLANDS

FULL TIME HELP for woodworking busy shop. Some experience and knowledge of tools and machinery preferred .905-939-7693. Email: trademark.kitchens@gmail.com C05-06

RF-HAIRDRESSER QUIRED with license and experience. Full or part time available. Please email resume to: aditagui@msn.com

B03-06 HAIRSTYLIST QUIRED in Tottenham

for busy salon. Full or part-time. Salary plus commission. Ask for Frank. 905-936-4547 or 705-458-9756 B07-08



Please Recycle This Newspaper

Mechanical Assemblers - \$13.25/hr. General Labour - Outside - \$15/hr. General Labour - Odd Days

Metal Fabricators - \$13.25

Forklift Operators

• Resumes only, no phone calls • Only qualified persons will be contacted

> DaveG@motivatedstaffing.com 905-951-6300 Tel/Fax 866-274-7231 Toll Free



LANDSCAPE CO-ORDINATOR

We are looking for an experienced person with relevant landscape/construction experience

- excel, adobe, Autocad computer experience
- support estimating team in the tender process
- issue Purchase Order's/ schedule deliveries
- schedule all utility locates schedule and order materials for warranty work
- general office administration as required.

Please apply by email to: charlie@brucewilsonlandscaping.com

WOODLANDS (2001) INC. lebelcambium.com located in Bolton, is now hiring: MADE TO SHINE: Machine Operators & Nobleton area cleaning Labourers. lady. 10 years experi-Permanent / Full Time ence. Call 416-939-/ Days, Benefits in 3 9461 B52-05 months. Fax resume: Attn: Robinson or

701 COMING EVENTS

RICH HILL UNITED CHURCH Sundav School Pancake Supper. February 17, 2015 - 5 pm - 7 pm. cost: Donation! Corner of 2nd Line and 10th Sideroad. B06-07

ADVERTISING LOCALLY WORKS!

Lord' B06

children: Maddox. Isabel, and Phoebe. Sadly missed by her dear friends Betty Huisman and Ethel Wilson. The family received friends at Rod Abrams Funeral Home 1666 Tottenham Rd., Tottenham 905-936-3477 on Tuesday February 3, 2015 from 2-4 and 7-9 pm. Funeral service was held in Schomberg United Schomberg Church on Wednesday February 4, 2015 at 11am. Followed by interment Schomberg Union Cemetery. Donations to the Southlake Regional Health Centre Foundation (304 -615 Davis Dr.. Newmarket ON, L3Y 9Z9), would be appreciated by the family. www. RodAbramsFuneral-Home.com B06

LOGAN: Dorothy

Jean.

died peacefully in her

is predeceased by her

Logan and leaves her

son lan Logan (Jack-

ie) of Tottenham, and

rison (Alister) of Hunts-

and especially much

Amy Graham (Peter),

Heather Fujimoto (Phil),

Laura Logan (Rhett),

chelle), Brad Harrison

(Jenn) and delighted

Great Grandmother of

Aidan, Naomi, Elliot,

and Luke. Funeral Ser-

vice took place in To-

ronto on January 29,

2015. 'Absent from the

Warzin (Alec),

Harrison (Mi-

Abby

Todd

the late Evelyn McTaggart (the late Stanley). Forever in the hearts of all his extended family and friends. A special Thank-you to the Innisfil Lions Club and all the staff at Simcoe Manor Beeton. Rested at Rod Abrams Funeral Home 1666 Tottenham Rd., 905-936-Tottenham 3477 on Wednesday February 4, 2015 from 2-4 and 7-9 pm. Funeral service will be held on Thursday February 5, 2015 at 1pm. Interment to follow in Morningside Cemetery Palgrave. www.RodAbramsFuneralHome.com B06

brother of Irene Hall

(the late Ross), Anson

McCabe (Fileen), and

SHAW: **Richard Roy.**

Peacefully at Hospice Simcoe, Barrie, on Dorothy Jean Logan Thursday January 29th, 2015. Richard Shaw, in 99th year on Friday Janhis 40th year, beloved uary 23, 2015 with her son of Joan (Clive) family at her side. Jean Chamberlain and Ken Shaw. Dear brother of husband Victor Angus Jo-Anne Shaw. Sadly missed by his niece Jessica and his nephews Randy and Rodney. daughter Janice Har-Lovingly remembered by his aunts, uncles, ville. Mom was a much and his Barrie family, Victor, Rodney, Diane, loved part of our lives and Lindsay. A memoloved Grandmother to rial Mass of Christian Burial was held in St. John Vianney Church, 13 Baldwin Lane, Barrie, Ontario, 11:00 am Wednesday February 4th, 2015. Interment of cremated remains will be held in Laurel Hill Cemetery, Bolton in Nolan, Maeve, Nathan the spring. Donations to Simcoe Community Services, 190 Little Ave. Barrie, ON., L4N 6L1 would be appreciated by the family Arrangebody, present with the ments entrusted to Rod Abrams Funeral Home, Tottenham. www.RodAbramsFuneralHome.

com B06

a specialty The brick stops here!

fireplaces

stone walls & flatwork

cultured stone

alass block

1-866-796-2663 ALLSMALLENGINE

PARTS.CA We have your parts! New local Tottenham

business offers free shipping for \$45 orders or more to Beeton/Tottenham area. Shop online today! B06-07

805 HEALTH/ FITNESS

LOSE WEIGHT. STOP SMOKING, Relax, Ease Anxiety, Improve Sleep with Hypnotherapy. Private sessions via Skype or in-person in Bolton. Free Consultation. Refund Guarantee. Call 647-891-0777 today: www.victory-nlp.com C02-11 REFLECTIONS OF THE SOLE February promotion. 90 min Aro-

EMAIL YOUR AD TO maReflexology Treatment. Reg. \$95.00, Now admin@cale-\$75.00. Please contact doncitizen. 905-936-1149 B06-07 com

Remember your loved ones in a special way... **IN MEMORIAMS** \$30 + HST

510 DOMESTIC CLEANING

Thursday, February 5, 2015 - THE WEEKLY SENTINEL - 17 Congregational meeting to be held Sunday

King's Corners

King City United By Eleanor Fry

Thanks to all who attended our spaghetti dinner and concert. It was a tremendous success. Sandra and Oleg compliment each other so beautifully in their music. Thanks to the new evening UCW unit for planning it and to all the helpers from setting up to the last clean dish.

Reverend Evelyn is on study leave, returning Thursday, Feb. 5. Fred Jesty presided for our service, with help from the Schoenhardts and Al Henderson. Everything was going quite smoothly. with Rosemary's choir presenting a beautiful anthem "Blest are They."

Now comes Al. Fred has moved to the back of the sanctuary. Al begins

name."

"Just a minute" a voice booms from the back. Now Fred has become God. "What does 'hallowed' mean?" Well, Al doesn't really have an answer.

As Al continued, God just desiccated almost every line that Al recited. However, in the end, with God's help, Al really understood how to recite "The Lord's Prayer" with much more meaning. He even conceded to forgive a debt owed to him by a friend that he had wanted to "get back at," to know that God is with him all the way. Now we will all have a smile on our faces this very humorous but thought-provoking interpretation.

Bible Study will resume on Wednes-

reciting the Lord's Prayer. After all, day, Feb. 11. The Messiah Bible Study tainer in our Narthex marked "Coldhe has his faith, says his prayers ev- Part 2 will begin on Sunday, Feb. 8 at 7 water UCW" is for donations to buy ery day, goes to church, gives his dona- p.m. If you were not able to take part supplies for this very worthy cause. tions. He's alright. "Hallowed be Thy in this during Advent you are wel- Please help with whatever you can. come to join in now.

gational meeting after worship. Read comfort of our worship with refreshit on your computer and print off a ments after in the auditorium. Rev. copy to bring with you. There are a Evelyn always has a humorous but They finally get that sorted out. few hard copies available. To read it in also serious side to her messages. For advance gives you an overview of the any information call our office 905reports and to consider any questions 833-5181 email kcuc@bellnet.ca; Revyou may have. Refreshments will be erend Evelyn McLachlan, email kcucavailable in the sanctuary.

Saturday, Feb. 14, Valentine's Day, join us in the auditorium at 3 p.m. for a variety of fun games followed by a potluck dinner at 5 p.m. The games will then continue if anyone wishes.

when we recite this daily prayer, after Day the UCW of Coldwater United dance on Feb. 7. Church will gather to assemble sanitary kits to enable young girls to stay in school during "those days." A con-



United Church spaghetti dinner

King City United Church held a spaghetti dinner Saturday evening for church members and those in the community. The church wishes to thank all the helpers "from setting up to the last clean dish."

Photo by Jake Courtepatte

Come in from the cold any Sunday Sunday, Feb. 8 is the annual congre- at 10 a.m. to enjoy the warmth and min@bellnet.ca, or visit www.kcuc. com.

Sacred Heart

Sacred Heart Church will be having To celebrate International Women's a Mardi Gras fundraising dinner and

> We will be having dinner plus an open bar. Plus many door prizes, a 50/50 draw and a good time for all. The cost is \$80 per person. For tickets and information please contact the following:

Sacred Heart Church 905-833-1161; Cinti Pereira 905-539-0231; 905-833-2447; Vince Susy Payne Cancelli 905-833-6305.

King City Seniors Centre

This is a reminder that the annual "Destinations" party will be held at the Centre on Wednesday, Feb. 11 at 2 p.m. At the event, your Travel Club Committee will present the activities planned for 2015. You will be able to sign up for trips at that time. Light refreshments will be served.

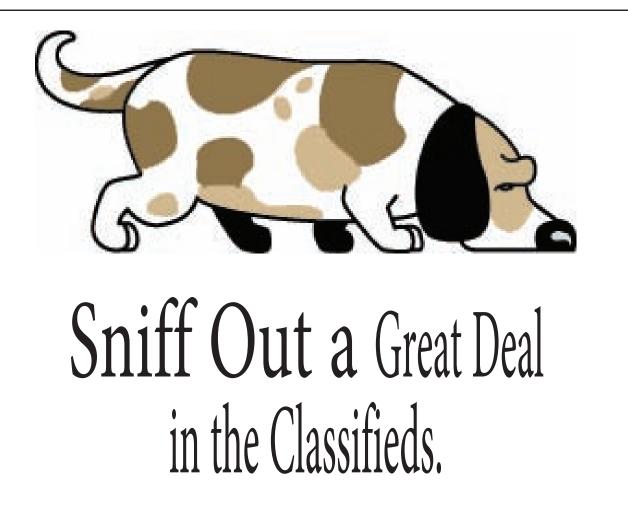
Here is a sneak peek at the first trip of the year.

On Thursday, March 5 we will be travelling to St. Jacobs Farmers' Market followed by lunch at the Crossroads Family Restaurant. After lunch we will head to the St. Jacob's Playhouse where we can sit back and enjoy "The Last Resort." The coach will leave the arena at 8 a.m. and return about 6 p.m. The cost is \$99.

This is a popular destination so reserve your spot early by calling Jane at 905-833-5870 or Nora at 905-833-6162.

Pottery classes for children

Starting Feb. 5 on Thursdays, 5.30-8 p.m. for 8 weeks. The cost is \$150 and includes clay, glazing materials and two firings. It's geared for children 10-15 years and will be held at Kingcrafts Studio, 12936 Keele St., King City www. kingcrafts.ca. To register call 905-841-



Shoppers with a nose for bargains head straight for the Classifieds.

In the Classifieds, you can track down deals on everything from cars to canine companions. It's easy to place an ad or find the items you want, and it's used by hundreds of area shoppers every day.

> Go with your instincts and use the Classifieds today. Call 1-888-557-6626

]	PLACE YOUR	kingcrafts.ca. To register call 905-841 7649.		
	WORD AD	King Bible Church		
	FOR ONLY	We will be mee	ting on Tuesday	
	\$28.00 + HST	Feb. 10 at 1 p.m. Our speaker will be Dr. Timothy Starr. He is an author		
	AND REACH	lecturer, leader, four Fifty-Five and The l	Link. He has writ	
	ALMOST	ten the book "Aging brings an enlighten		
	50,000	the process of agin	g which is a tran	
	HOMES	sition with different niors' pastor of Peo	-	
	UP TO 30 WORDS	as a senior himself, ested to speak at our We will begin our	r next meeting. time with fellow	
	SPECIAL RATES FOR	ship and refreshmen gram begins. <i>See '</i> e	nts before our pro Cooking' on Page 16	
	IN MEMORIAMS			
	DEADLINES FOR ADS 5 PM MONDAYS			
	EMAIL YOUR AD TO admin@cale- doncitizen. com	WORKS!		
	CROSSWORD SOLUTION Remember			
	$\begin{array}{c c c c c c c c c c c c c c c c c c c $		your loved ones in a special way IN MEMORIAMS \$30 + HST	

Church

18 - THE WEEKLY SENTINEL - Thursday, February 5, 2015 _ Cooking classes held at All Saints Church

From Page 17

St. Andrew's By Kathy Patterson

cold outside, but there is always a warm based on the letters to the early churchwelcome at St. Andrew's!

nursery care running concurrently.

This Sunday, we're looking forward to the Rev. Dr. John Vissers continuing Welcome to February! It might be his sermon series – Letters from Jesus es found in the book of Revelations. We

Local artists at SOYRA Showcase 2015

Bv Mark Pavilons

A month-long art showcase has plenty in store for local residents.

And King will be well represented by our native artists, at the Society of York Region Artists (SOYRA) Showcase 2015 art exhibition and sale.

The event runs through Feb. 22 and there's an opening reception this Saturday, Feb. 7, from 1-4 p.m. at the Aurora Cultural Centre.

This annual show and sale runs for 18 days and last year drew more than 500 visitors.

This year's show features 45 artists from York Region and vicinity with four from King Township: Brigitte Granton, Marianne Broome, Hans Martin and Mary Morganelli. There is something for everyone's taste from watercolours, oils, acrylics and photography to more unusual materials. For example, entries include mixed media with found objects, wood carvings and works from an artist who uses alcohol inks.

New this year, visitors can observe an artist at work or demonstrating a technique. Nancy Newman invites you to observe her class at work Thursday afternoons (Feb. 12, 19). On Saturday, Feb. 21, come to the Farmers' Market in the morning and then watch oil painter Susan Walker-Ing at work in the Blue Gallery. It may be all the encouragement you need to take up painting!

SOYRA members will be on hand daily to answer questions about the organization or even "how did they do that"?

The organization has grown and evolved and is now in its 28th year of operation. As well as three major shows a year, the group exhibits in various venues on a regular basis including the Newmarket Courthouse, the Town of Aurora and most recently in the McAlpine Gallery located in McAlpine Ford Lincoln in Aurora. Community partnerships such as these are great opportunities for the artists, good for the business and the community.

SOYRA meetings, the second Tuesday of each month, are well-attended with members and visitors coming to see artist demonstrations, presentations or hear interesting speakers. The Feb. 10 meeting features First Nations artist and gallery manager, Suzanne Smoke with a presentation about Native women in the arts.

SOYRA SHOWCASE starts Feb. 4 and runs daily from 10 a.m. to 4 p.m. to Feb 22. For more specific details on hours, visit SOYRA (www.soyra.ca) or the Aurora Cultural Centre online for details.



12988 Keele Street (just south of King Rd.) 905.833.1200 or 416.603.1200 visit our website @ www.keeledental.com

At Keele Dental Care, our team of professionals are committed to providing you with a high level of professional and personal care in a welcoming and comfortable environment! We offer...



- Cosmetic Dentistry Sports guards Restorative Dentistry
 Sedation dentistry
- Cleanings Dental care for
- Emergency dentistry ALL ages!

CALL TODAY AND ASK US ABOUT OUR

- Free Whitening!
- Free Sports Guards!
- Invisalign discounts!
- Free consults for invisalign and implants! Take home and ZOOM! whitening

Our worship service is at 10 a.m. Sun- looked at the third letter last Sunday if you still hope to come. If you do miss day morning with Sunday school and and how it speaks to us today. Faith out, never fear. The Pancake Supper is we believe, and what difference does it make in our lives? Come out to Coffee and Conversation, held Wednesday mornings at 10 a.m. in the church office with Lynn Vissers. It's a great opportu-Sunday's sermon. After the worship service this Sunday, Feb. 8, we're invited to stay for "Gifts and Gaps" where we ests in our church and in our King City community.

Friday at 7 p.m. instead of this week.

Mark your calendars - the annual congregational meeting is Monday, March 9 at 7:30 p.m.

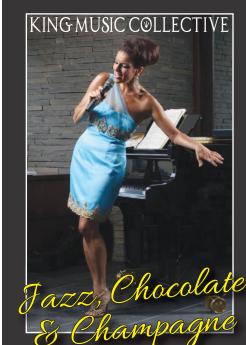
9 a.m. each Tuesday, held in the Church week we also have a book club and Bible narthex. Come for fellowship, a time of sharing or quiet contemplation. God promises to be there! How can our God bless you?

cerns, please contact the church office Clerk of Session at 905-833-0391.

For pastoral care needs please contact Lynn Vissers, our Director of Congrega- it www.allsaintskingcity.com. tional Ministries. Our church is located at 13190 Keele St., 2 blocks north of the King Rd. There is a ramp available for accessibility. www.standrews-kingcity. ca.

All Saints By Nicola Skinner

Our famous Pub Night is almost sold out. There are a few tickets left for Sunday, Feb. 8 at 5 p.m. Please call the office



does matter! We were challenged to ask on Shrove Tuesday, Feb. 17 starting at 5 ourselves: what do we believe, why do p.m. Come and fill yourself full of pancakes and sausages before the Lenten fast begins the next day on Ash Wednesday.

Do you know someone who could do with a cooking class; your husband, nity to discuss questions arising from perhaps? Or maybe you want to brush up on your own skills. Come to one of our cooking classes led by chefs Ian and Janet Rodger. Comfort Foods on Feb. 28; will have lunch and discuss where and Everything Chicken on March 21 and how we can use our gifts/talents/inter- Hors D'Oeuvres on May 2. Courses run 9:30 a.m. to noon and cost \$30.

Anyone is welcome to drop into All Please note, the Junior youth met last Saints when we are open. The chapel and church are places of prayer and quiet where you can sit if you need some space to think or pray. We feel God's presence in our sacred spaces and The Ladies' Prayer Time continues at we invite you to experience it too. Every study, which anyone is welcome to join in with.

All Saints is an inclusive and welcoming Anglican church in the heart of Should you have prayer requests, King City. We strive to be a community praise items or any questions or con- of compassion and hope, following in the footsteps of Jesus. We are located at at 905-833-2325 or call Kathy Patterson, 12935 Keele Street, King City, Our office hours are Tuesday to Thursday 10 a.m. to 1 p.m., or call us at 905-833-5432, or vis-

King students make it on the dean's list

Three King Township students have earned top honours at Niagara University.

The trio was named to the Niagara University academic dean's list for the fall 2014 semester. To qualify, students must attain a 3.25 academic grade-point average for the semester.

The local achievers were Joseph D'Uva, Danielle Malfatti and Patti Rivard, all from King City.

Founded by the Vincentian community in 1856. Niagara University is a private liberal arts university with a strong, values-based Catholic tradition. Its four academic divisions include the colleges of Arts and Sciences, Business Administration, Education, and Hospitality and Tourism Management. The university also maintains an Academic Exploration Program that provides a learning environment for students who are undecided about their major.





Featuring John Sherwood, **Steve Wallace and Terry Clarke** Saturday, February 14, 2015 2:00 to 5:00 p.m. at the home of Michele Mele, 15785 8th Concession, Schomberg LOG 1T0 Tickets: www.brownpapertickets.com

Price: \$30 (includes beverage & snack)

Network **ADVERTISE ACROSS ONTARIO OR ACROSS THE COUNTRY!** For more information contact your local newspaper. **DRIVERS WANTED** FINANCIAL SERVICES **ADVERTISING** ANNOUNCEMENT VACATION/TRAVEL REACH MILLIONS OF CUSTOMERS IN ONTARIO WITH ONE EASY FREE Consultation \$\$ MONEY \$\$ CALL! Your Classified Ad or Northern Youth Abroad Display Ad would appear in weekly newspapers each week ADVENTURE across Ontario in urban, suburban **HOST FAMILIES NEEDED!** CANADA and rural areas. For more information Call Today 647-350-2558, Northern Youth Abroad is looking Email: kmagill@rogers.com or visit: for families to host 2 youth from • 1ST, 2ND & 3RD MORTGAGES www.OntarioClassifiedAds.com. Nunavut/NWT volunteering in your NEWFOUNDLAND CHARM MEETS FOR ANY PURPOSE LABRADOR SPLENDOUR! community July/August. DEBT CONSOLIDATION **MORTGAGES** (No Single Supplement) BAD CREDIT www.nya.ca • TAX OR MORTGAGE ARREARS \$\$\$ 1st, 2nd, 3rd MORTGAGES -Experience ancient geology at Gros 1-866-212-2307 DECREASE PAYMENTS Debt Consolidation, Refinancing, Morne, lose yourself in the Torngat **UP TO 75%** Renovations, Tax Arrears, no mountains and spot whales, polar CMHC fees. \$50K you pay • SELF-EMPLOYED bears, and seals from our beautiful FOR SALE \$208.33/month (OAC). No • NO PROOF OF INCOME ship. income, bad credit, power of sale stopped!! BETTER **Quote Ontario Newspapers** Ontario-Wide Financial OPTION MORTGAGES, CALL 1-888-307-7799 Acanac-Inc. www.adventurecanada.com TODAY Toll-Free 1-800-282-1169, www.ontario-widefinancial.com www.mortgageontario.com (LIC# TOLL-FREE: 10969). (Licence #12456) 1-800 363-7566 **#1 HIGH SPEED INTERNET** AS SEEN ON TV - Need a MORT-\$32.95/Month GAGE, Home Equity Loan, WANTED 14 Front St. S. Mississauga Better Rate? Bad Credit, Self-(TICO # 04001400) Absolutely no ports are blocked WANTED: OLD TUBE AUDIO Employed, Bankrupt? Been Unlimited Downloading turned down? Facing Foreclosure, Power of Sale? CALL US NOW EQUIPMENT. 40 years or older. Up to 11Mbps Download & Amplifiers, Stereo, Recording **STEEL BUILDINGS** 800Kbps Upload and Theatre Sound Equipment. TOLL-FREE 1-877-733-4424 Hammond organs. Any condition, STEEL BUILDINGS ... "REALLY and speak to a licensed mortgage ORDER TODAY AT: no floor model consoles. Call agent. MMAmortgages.com specializ-BIG SALE!" All steel building Toll-Free 1-800-947-0393 / 519-853es in residential, commercial, rural, www.acanac.ca models and sizes. Plus extra 2157. savings. Buy now and we will store agriculture, farms, & land mortgages. until spring. Pioneer Steel 1-800-668or Visit: www.MMAmortgages.com **EMPLOYMENT OPPS.** (Lic#12126). 5422 www.pioneersteel.ca CALL TOLL-FREE: MEDICAL TRANSCRIPTION is 1st & 2nd MORTGAGES from 1-866-281-3538 STEEL BUILDINGS/METAL BUILDan in-demand career in Canada! 2.45% VRM and 2.99% FIXED. INGS 60% OFF! 20x28 Employers have work-at-home All Credit Types Considered. SAWMILLS from only \$4,397 - MAKE 30x40, 40x62, 45x90, 50x120, Let us help you SAVE thousands on MONEY & SAVE MONEY with positions available. Get the 60x150, 80x100 sell for the right mortgage! Purchasing, Reyour own bandmill - Cut lumber online training you need from an balance owed! Call 1-800-457-2206 employer-trusted program. Visit: financing, Debt Consolidation, Home any dimension. In stock ready www.crownsteelbuildings.ca CareerStep.ca/MT or 1-888-528-0809 Renovations...CALL 1-800-225-1777, to ship. FREE Info & DVD: to start training for your work-at-home www.homeguardfunding.ca (LIC www.NorwoodSawmills.com/400OT 1-800-566-6899 Ext:400OT. career today! #10409). Connect with Ontarians – extend your business reach! www.networkclassified.org

THE ROSEDALE GROUP

...Our people make it happen.

Owner Operators Required

Requirements 2009 must be trucks or newer We will inspect older equipment Clean driver's abstract/CVOR/FAST Card

Minimum 2 years cross border exp.

Cross Border Company Drivers Required

Clean driver's abstract/CVOR Criminal Record Search Minimum 2 years cross border exp. Must complete pre-employment drug test

APPLY TO:

recruiting@rosedale.ca

OR CALL TOLL-FREE:

1-877-588-0057 ext. 4612 for more details on each position.

Mississauga terminal also looking for licensed LCV Drivers.

LAIDLAW CARRIERS VAN DIVISION requires experienced AZ licensed drivers to run the U.S. Premium mileage rate. Home weekly. New equipment. Also hiring Owner Operators. 1-800-263-8267

CAREER TRAINING

NEW YEAR, NEW CAREER! Can-Scribe Medical Transcription graduates are in high demand. Enrol today and be working from home in one year! info@canscribe.com. 1-800-466-1535. www.canscribe.com

Thursday, February 5, 2015 - THE WEEKLY SENTINEL - 19 Use of dill weed dates back to 3,000 BC

Nobleton Notes

By Angie Maccarone 905-859-5174

St. Paul's Church

We welcome our new Youth Leader - Taylor Scott - and invite all students from Grades 7 to 12 to come out and meet her on Friday, Feb. 6. The group will meet at the church starting at 7 p.m.

Join us Sunday, Feb. 8 at 10 a.m. as Jeff continues his series on the book of 1 Peter. Jeff's message this week - Christ our Example. FirstLink child care (for children 3 years of age and younger) is provided during the gathering and our Regular KidzKonnection and NextStep Program (for children ages 4 to 11) takes place at the same time.

Jeff has a blog and he records his weekly messages there after worship each Sunday. Anyone interested in listening to his messages can go to www. passionatelyhis.com to hear them.

For more information about any of our activities or events, please contact the church office at 905-859-0843 or visit our website at www.stpaulsnobleton.ca.

St. Mary's Church

The St. Mary's Pierogi lunch fundraiser takes place Feb. 8.

The Ordinandi dinner celebration takes place Tuesday, March 3 at the Pearson Convention Centre, 2638 Steeles Ave. E. Brampton. Tickets are \$70 per person. For more, contact the Parish office.

Women's volleyball

We play Thursday evenings from 8 to 9:30 p.m. in Nobleton and are looking to add a few players to the roster. If you enjoy playing recreational volleyball and are looking for a social activity on Thursday nights, please call Glenda at 416-561-6016.

Anglican Parish

As the church season of Epiphany draws to a close and the story of the wisemen visiting the young Jesus fades in our minds until next year St. Alban's

Anglican community in Nobleton has the Muslim Ottoman Turks Mara, a Ser-flavour food especially borscht that bea few closing thoughts to share about bian Christian princess, the stepmoth-loved red beet soup. these mysterious visitors from the East.

In at least one early Christian writing it is claimed that these men almost immediately became followers of Christ but other early writings say it was St. Thomas the Apostle (of doubting fame) who converted them to Christianity over 35 years later on his way east where he would found a Christian community in southern India which still flourishes.

As travel was relatively safe and easy while what is today Israel Syria, Iraq and northern Saudi Arabia were under Roman rule is it possible that one or more of these wisemen learning of Jesus's activities made a return journey to Judea and heard him speak becoming a follower/s at that point?

Some 300 years later Roman empress Helena (later St. Helena) a Christian on a visit to the Holy Land came into possession of what was believed to be the bones of the wisemen. She had them sent to Constantinople from where hundreds of years later they were taken to Milan in Italy. In 1164 the Holy Roman Emperor Frederick 1 had them taken to Germany where today they are kept in a magnificent gold covered tiered chest or reliquary in the Shrine of the Three Kings in Cologne Cathedral.

However Saveh and Saba both in Iran claim to have tombs where these wisemen are buried! Marco Polo visited the Saveh tombs in 1270. Saba even boasts their bodies are in a miraculous state of preservation.

Now what happened to the gifts the wisemen brought? Some say the gold was used to support the Holy Family during their stay in Egypt where they'd fled to escape King Herod's murderous wrath. Later Jesus is said to have offered the frankincense as a gift to the Temple in Jerusalem when at the age of 12 he went there for his Bar Mitzvah. The myrrh was rumoured to have been kept by Mary and used to anoint the body of her husband Joseph when he died or Jesus' body after his crucifixion.

Now there is a surprising account that tells that the same St. Helena already mentioned also came into possession of the 3 intact gifts during her stay in the Holy Land and that she sent these to Constantinople as well from where in the late 1400s after the city had fallen to

er of the conquering sultan had them smuggled out of the city and taken to ly. It grows from 16 in. to 2ft. /40 to 60 the remote Monastery of St Paul of Mt. cm tall with green feathery leaves and Athos in Turkish ruled Greece for safe has clusters of white or yellow flowers. keeping.

In 1999 they were put on temporary display in Athens to raise money for earthquake victims and then last year they left Greece for the first time since they arrived in the 15th century and were on display in Belarus and Russia over the Christmas season just past.

Horticulture Hints By John Arnott

Do you like sour pickles? I can't say months. that I really like them except perhaps dill flavoured ones and with me that was an acquired taste.

been a favourite with many people. And come late summer or fall the tangy smell of dill pickle-making will emanate from dill seed teas were used to treat naumany a town or country kitchen.

Dill or dill weed is native to the eastern Mediterranean where Europe and hands of skilled practitioners of herbal Asia meet. Ancient Egyptian writings dating to 3000 BC show this annual herb was much in use then both as a medi- It likes rich well drained soil however it cine and for flavouring food. Ancient will do quite well in average garden soil. Greeks used it as the base of a popular It needs full sun as even in partial shade fragrance. Athletes of the time rubbed it will do poorly. This plant is a prolific this essence of dill on their bodies as seeder and you will probably only ever a muscle toner. In Ukraine, Russia and need to buy 1 package of seeds! Poland it has been used for centuries to

Dill is a member of the celery fami-These clusters which are generally flat topped but can be almost globe like are formed by several short stalks spreading out from one point on the stem much like Queen Anne's lace.

It's the aromatic leaves of this plant that are used to flavour foods from cheese through potatoes to pickles. These leaves should be used while fresh as when they dry they quickly lose flavour. But when freeze dried they will keep much of their flavour for several

Oil taken from dill leaves is used in the making of some soaps.

The tiny flat oval shaped dill seeds But certainly dill pickles have long have a flavour like caraway and are also used in food flavouring and pickling. In traditional herbal/folk medicine sea, headaches, stomach and liver complaints. But such use is best left in the medicine.

Dill is fast and easy to grow from seed.

Eaton Hall topic of talk at AGM

The King Township Historical Society cordially invites you to their annual general meeting on Sunday, March 1.

The event will run noon to 4 p.m. starting with a potluck lunch. It will be held at the King City Seniors' Centre, 30 Fisher Street.

The guest speaker will be Kelly Mathews, the Manager of Community Recreation, Summer Camps, and the Outdoor Education Centre at Seneca College, King Campus, home of Eaton Hall. She will talk about her research on Eaton Hall and its history in the Township. She is writing a book about the 35,000-square-foot Norman-style chateau that will be published next June.

A potluck lunch will be followed by the annual meeting and then Kelly's fascinating illustrated talk.

The KTHS board is looking for volunteers who would like to help with future events and for anyone who is familiar with desktop publishing software to help with formatting their newsletter. Please contact Elaine at 905-841-4041 or visit www.kingtownshiphistoricalsociety.com.





A TRUSTED REALTOR SINCE 1988









PRIME VAUGHAN LOCATION, 2+ACRES, 3500 SF BUNGALOW, \$1,099,000

Older Custom Built Estate Home, Approx 3500 Sf And On A Private 2+ Acre Lot! Superb Location Amongst Large Estates & Rural Farms, Property Is Treed & Has A Small Pond, Bungalow Is In Need Of Repair But Has A Grand 2-Storey Foyer, Open Riser Staircase, Great Layout, 3-Car Garage And Suits A Renovation Or Tear Down & Rebuild. A Rare Offering & Blue Chip Investment!!!





VAUGHAN SHOWPIECE BUNGALOW! \$2,299,000

Incredible custom built home w/wonderful layout & quality workmanship & materials throughout. This sun filled 4 br bungalow has open concept layout w/lrg eat-in kit & sunken fam rm w/soaring ceilings. Each br has ensuite bath &e master features 6 pc ensuite, walk-in dressing rm & w/o to covered patio & i/g pool! Prof fin lower level & incredible premium lot backing & siding on to protected forest lands ensure privacy & vistas in every season! End of court location & mins to downtown make this a superb family home & great investment!



SHOWPIECE SCHOMBERG HOME, 3/4 ACRE LOT, \$799,900

Stunning 4 Bdrm Bungalow, 2300 Sq.Ft., Only 3Yrs New, On Beautiful 3/4 Acre Country Lot Just 2-Mins To Downtown Schomberg! Open Concept Layout, High Ceilings, Pot Lights, Hdwd & Porcelain Flrs, Lrg Eat-In Kit W/Centre Island, Top Of Line Stainless Steel Appls, Granite & W/O To Deck, Huge Great Rm W/Gas FP, 3-Car Grg, Main Flr Laundry, Beautiful Property W/Views For Miles! Must Be Seen! Will Not Last!!!



BEAUTIFUL CONDO IN MAPLE, 900 SF, ONLY \$309,900

Beautiful Unit Of Approx 900 Sq.Ft. That Has Been Totally Renovated!! New Flooring, New Kitchen/Baths, 9Ft Ceilings, Open Concept Layout, New Appliances, Breakfast Bar, Living Room Has W/O To Balcony, Master Has His/Her Closets & 4Pc Ensuite, Insuite Laundry With Stacked Washer/Dryer. Great Location--Walking Distance To All Amenities, Perfect For Seniors!!

NOBLETON INVESTMENT OPPORTUNITY \$675,000

Great opportunity for investor or user with tremendous exposure on Highway 27 in growing Nobleton! This home is very well maintained & in great condition. New bathroom, spacious layout, newer roof, eat-in kitchen with walk-out to balcony, walk-out basement/built-in garage, easily converted to commercial in downtown core - perfect for business use!



KLEINBURG JEWEL! POOL, CUSTOM FINISHES, PREMIUM LOT, \$1,698,000

Outstanding Kleinburg Estate Home On Premium Lot & Walking Distance To Village Core, Shopping, Schools & McMichael Art Gallery! Georgian Inspired Home Has Breathtaking Curb Appeal, Oversized Front Entry Dr & Covered Flagstone Porch. Superb Floor Plan W/Lrg Princ Rms, Main Flr Office, Formal LR/DR, Spacious Bdrms W/Ensuites & W/I Closets! Wide Plank Hdwd Flrs, Stunning Chef's Kitchen W/Top Of Line Appls.



West Realty Inc., Brokerage Independently Owned and Operated.





Linked in Gootser You Tube

THE BEST MOVE YOU COULD MAKE