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# King Weekly Sentinel

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## King council grants club an extension

By Angela Gismondi

King Township council has granted the King Curling Club a one-year extension on their phased-in user fee subsidy, but if the club runs a revenue surplus, they will have to pay it back.

Ward 2 Councillor David Boyd presented the idea to his council colleagues at a meeting on Jan. 12. The extended phase-in represents a savings of about \$3,845 in ice rental fees for the curling club.

In 2012 council approved a model which sees the subsidies phased in over three years, starting at 35 per cent and decreasing by five per cent each year. Approving the continued phase-in means the curling club will retain a higher subsidy for the 2015-2016 season than was originally adopted. For the 2015-2016 season, the subsidy rate will be 27.5 per cent for adults and 32.5 per cent for seniors and youth. No further extension of increased subsidy will be granted and the subsidy level of 25 per cent for adults and 30 per cent for youth/seniors will be applied to the rentals for the 2016-2017 season.

"We would allow one more year of the subsidy and if there is a surplus, they have to pay that \$3,800 back," explained Boyd. "This will give them the opportunity to take advantage of the subsidy for another year if needed. If they truly need it, it's available to them."

Mayor Steve Pellegrini agreed. "This will help them through one more year and then we're reducing the subsidy," he said, adding groups often run a surplus.

See 'Vote' on Page 3



## Council treats residents to breakfast

King councillors and staff treated residents to breakfast Saturday morning in Nobleton, during the annual pancake breakfast. It was followed by a free skate. Joining the Town Crier were councillors Bill Cober, David Boyd, Debbie Schaefer, Linda Pabst, Avia Eek and Mayor Steve Pellegrini.



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Input sought on Cold Creek plan.  
See Page 7



Lamaze a double winner in Florida.  
See Page 15



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### COUNCIL MEETINGS

#### MUNICIPAL OFFICE, COUNCIL CHAMBERS

Monday, January 26, 2015  
6:00pm - Council/Committee of the Whole  
- Consideration for Adoption:  
- 2015 Budget & Business Plan

Monday, February 9, 2015  
6:00pm - Council/Committee of the Whole  
- Public Meeting Re: Zoning By-law Amendment Application,  
File No. Z-2014-07

### EMPLOYMENT OPPORTUNITIES

Please visit the Township website at [www.king.ca](http://www.king.ca) for employment opportunities.

- Summer Student Positions
- Aquatics Positions

### COMPETITIVE BIDS

Please visit the Township website at [www.king.ca](http://www.king.ca) for competitive bid opportunities.

### PUBLIC NOTICES

#### PUBLIC INPUT SESSION

#### METRUS COMMUNITY PARK BLOCK

Township staff together with Thinc Design are hosting the second public input session for the Metrus Community Park Block on February 4th at 7pm at the Dr. William Laceby Nobleton Community Centre & Arena. Thinc Design have prepared panels and a presentation which will include 4 park options with images of different components and would like your input.

Park options include, but are not limited to:

- Playground equipment (focus on accessible play pieces) for a wide range of ages
- Splash pad components
- Fencing (for dog off-leash area and bike skills parks)
- Skateboard park elements (built in and catalogue pieces)
- Shade structures
- Images of bike skill park pieces (pump track, wall rides, jumps etc...)
- Fitness equipment pieces (for fitness trails)
- Labyrinth images

### PUBLIC NOTICES



#### VOLUNTEER FIRE SERVICE PERSONNEL

The Township of King Fire & Emergency Services is currently accepting applications for the position of a recruit volunteer fire fighter.

**King Fire & Emergency Services will be hosting an open house/ information session on Saturday Feb. 28th, 2015 at Station 38 in Nobleton (5926 King Rd.) at 10:00 am**

For more information, or to pick up an application, please contact:

James Arnold – Deputy Fire Chief @ 905-833-2800.

Applications are available at Station 34 in King City (2045 King Road) 8:30am – 4:30pm Monday to Friday  
Applications will be accepted in person at Station 34 in King City until Friday March 6th, 2015 until 4:30pm

We thank all applicants and advise that only those selected for an interview will be notified. Personal information is collected under authority of the Municipal Act and will be used to determine eligibility for potential volunteer employment. Personal information (PI) will be protected in accordance with Municipal Freedom of Information and Protection of Privacy Act (MFIPPA). Questions about the collection of personal information (PI) should be directed to Fire Chief, Township of King, 2075 King Road, L7B 1A1 or Fire Chief at (905) 833-2800.

## Public Information Centres LSRCA Watershed Development Guidelines

The Lake Simcoe Region Conservation Authority (LSRCA) is currently undertaking a comprehensive review of our Watershed Development Guidelines. The purpose of these Information Centres is to receive input on the revised Guidelines.

Draft #1 of the LSRCA's Watershed Development Guidelines were posted on the Authority's Website on July 21, 2014 for 60 days. LSRCA's member municipalities, neighboring conservation authorities and a variety of stakeholders were provided with a notice of Public Consultation associated with the Authority's Watershed Development Guidelines. The comments received have been reviewed and where appropriate, incorporated into the document. This revised draft (#2) is being posted on the LSRCA Website for an additional 60 day review period, which will end on February 28, 2015.

#### Dates and Locations of the PIC's

##### Town of Innisfil Municipal Office- Room B and C

2101 Innisfil Beach Road, Innisfil, L9S 1A1  
Tuesday, January 27, 2015 from 3 to 5 p.m. and 7 to 9 p.m.

##### Town of East Gwillimbury - Holland Landing Community Centre

**Simcoe Room** 19513 Yonge St. Holland Landing, L9N 1L8  
Thursday, January 29, 2015 from 3 to 5 p.m. and 7 to 9 p.m.



Lake Simcoe Region  
conservation authority

Beverley G. Booth, Manager,  
Planning, Regulations & Enforcement  
905.895.1281 x 230 or  
b.booth@lsrca.on.ca

### REMINDERS

#### MEET THE MAYOR & WARD COUNCILLORS

Tuesday, February 3, 2015  
Nobleton Library  
8 Sheardown Drive, Nobleton  
6:30 pm to 8:00 pm  
Councillors David Boyd & Linda Pabst



Tuesday, April 7, 2015  
King City Library  
1970 King Road, King City  
6:30 pm to 8:00 pm  
Councillors Cleve Mortelliti & Debbie Schaefer

Wednesday, March 25, 2015  
Schomberg Library  
77 Main Street, Schomberg  
6:30 pm to 8:00 pm  
Councillor Bill Cober

Thursday, April 16, 2015  
Ansorveldt Library  
18997 Dufferin Street  
Ansorveldt  
6:30 pm to 8:00 pm  
Councillor Avia Eek

**Informal Meet & Greet  
Discuss Ward/Township Issues**

All Welcome!



Severe winter weather can lead to power outages and icy road conditions. You and your family should be self-sufficient for at least 3 days. Items you can prepare ahead of time include:

- Non-perishable food items and a manual can opener
- 4 Litres of water per person per day
- Flashlights, battery operated lanterns and crank radio
- Extra Medications



# Township wants to ensure features are maintained

By Mark Pavilons

King Township wants developers to pitch in for the long-term costs of maintaining physical features of subdivisions, after the projects have been assumed by the municipality.

Council approved recommendations by staff, calling on developers to make provisions for keeping King beautiful in the long-term.

Many features of developments – decorative landscape features and structural elements – are created at the outset, but often fall

into disrepair. To remedy this, King wants developers to make financial contributions for future maintenance, as a condition of assumption.

That will require an update to King's subdivision agreement terms and the establishment of a maintenance program for existing features.

Staff indicated money can be put aside starting in the 2016 budget year.

Examples of these features include entranceways, noise barriers and fences, roundabout is-

lands, retaining walls and other decorative elements.

In his report, Mike Cole, manager of engineering, noted as growth continues, the inventory of such things is increasing rapidly. The Township doesn't have any maintenance programs for these things. Cole said some of these are already in disrepair and in some cases, the developer has been asked to return to make repairs. The Township has also made repairs at the request of homeowners.

The issue of ownership and responsibility of the decorative landscape features is becoming a concern.

Cole said the Township could simply remove them from publicly owned lands, but residents feel they enhance the aesthetics

of their community. He added it's also not feasible to "entice" developers to maintain these features many years after the projects are completed.

He recommended these features be recognized as "infrastructure" and be maintained by the Township, but only if funds and rights for access are provided by the developers who installed them.

The Township doesn't have any money earmarked for this added responsibility, so the plan is to create a maintenance reserve for proper upkeep of these things. The concept of asking developers for money isn't unusual, Cole said, pointing to nearby Aurora, which includes this as a condition of draft plan approval.

An inventory has been completed by staff for review.

## Vote close, but club gets subsidy

From Front Page

Although the majority of councillors agreed Boyd's idea was a good compromise, some councillors were concerned it is unfair for the Township's other clubs and user groups.

"I feel if we're going to give a \$3,800 subsidy to one group, we need to consider giving something to the other groups," said Councillor Cleve Mortelliti. He added the rates are reasonable for a sport which uses a lot of ice.

He pointed out that the club used \$6,000 from their reserves to purchase new furniture for the lounge.

"If the curling club needs funds and they have a reserve, why not use that for a potential shortfall in fees?" asked Mortelliti. "Maybe that shouldn't have been spent on frills for the lounge but should have gone to subsidizing the league itself."

Councillor Debbie Schaefer agreed.

"I very much echo what Councillor Mortelliti is saying," said Schaefer. "I don't see how I could justify this to other user groups. I'm not debating there is a challenge for the curling group, but I don't see how I can justify giving preferential treatment at this point."

She added that the club has been given due notice and has had three years to prepare for the subsidy reduction, just like other groups across the Township. "I will not be able to support it," Schaefer concluded.

Councillor Linda Pabst defended the curling club's position.

"It is a new club and they're asking for a favour," said Pabst. "If it helps them sustain a good group of curlers as a new club, I would like to see them succeed."

Councillor Bill Cober was concerned about the financial impact on other user groups.

"You know how I feel about a tax increase," said Cober. "If we're providing subsidies the money is coming from somewhere."

Boyd tabled a motion to extend the phase-in for the King Curling Club for the 2015-2016 season with a condition that the Township be provided with the King Curling Club's 2015-2016 financial statements and should there be a revenue surplus, the club will reimburse the Township the difference. The motion passed 4-3.

**ENE**  
**King 7-Day Weather Outlook**  
**FRESH-4 WEATHER FORECAST SYSTEM**

From Thursday, January 22 to Wednesday, January 28

THURS 22ND	FRI 23RD	SAT 24TH	SUN 25TH	MON 26TH	TUES 27TH	WED 28TH
Mainly Sunny High -4C° Low -12C° - Wind NW 10k	Sun/Clouds High -1C° Low -9C° Snow 1-3cm Wind SW 20k	Scattered Flurries High 0C° Low -3C° Snow ~1cm Wind NW 20k	Mainly Sunny High -5C° Low -12C° - Wind N 15k	Mainly Sunny High -7C° Low -13C° - Wind E 5k	Scattered Flurries High -7C° Low -12C° Snow ~5cm Wind S 10k	Scattered Flurries High -6C° Low -9C°

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**PRIME KING LOCATION, 2 ACRES, VIEWS!!**  
**\$799,000**

Wonderful 3 bedroom home well set back from the road with a winding drive and views for miles! This home is superbly built with many upgrades, finished walk-out lower level, cozy family room with brick fireplace, open concept living and dining rooms, oversized garage and more! A GREAT PLACE TO CALL HOME!

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# Editorial, Letters & Opinion

*"Public opinion shapes our destinies and guides the progress of human affairs"*

~ Frank B. Kellogg

## Parents no longer masters in our castles

We had thought that growing up, becoming adults and assuming the responsibility of home ownership came with certain perks.

As kids, we all wanted to be "king (or queen) of the castle."

Be careful what you wish for.

The other night my wife mentioned the roots of the term "master bedroom," which had a distinctly male connection.

I held back my usual witty comeback, but chuckled inwardly and thought of the dashing Ward Cleaver of Leave it to Beaver fame. There were many handbooks penned on "wifely duties" in the 1950s that pointed to a man and his castle.

But enough about reminiscing about the good, old days!

Society is one of the most fluid things on the planet and things like this show just how far we've come in only a few, short decades.

Today in the western world, we raise our girls to be confident, assertive women. We prove to them there is nothing standing in their way of success and achieving greatness.

The current generation gives its young a lot of rope, and allows them many freedoms not afforded by their parents.

When I was a teen, I was spoiled but by no means were my powers unlimited. I had chores, responsibilities, respect for my elders. Doing things around the house was a "given" and when mom or dad called you for dinner, or to give them a hand, you dropped everything. A cuff to the back of the head (until I learned to duck) was waiting in the wings.

Today's parents, in their quest to learn from the past and raise their young in best way they know how, have relinquished a great deal of power. And we've done so willingly.

Talk about the perfect coup!

Parents, we need to rally the troops and assemble our forces, before it's too late!



Mark Pavilons

My eldest, even though she's learning to drive, won't be completely free for a while. There are still many trips to and from her part-time job, the boyfriend's house, movies, parties, school trips, etc. These days, we get very little notice and few pleasant requests or cordial pleas.

My dance card is prepared for me and I'm often the last to know. My charges have come to expect a great deal.

Boy, how a generation has changed. Our role has transformed. No longer are we seen as commander in chief, rule-maker, security blanket and hug-giver.

We're the bank, tutor, chauffeur, chef, lunch-maker, trip planner, snack designer, entertainer.

Our kids today are entitled and perhaps pampered.

Again, we'd like to think of ourselves as progressive, leading-edge parents. Society's indecisiveness is a key factor. Concepts of firmness, discipline, freedom and consequences are always changing, swinging like the proverbial

pendulum. Even if there was a definitive parents' handbook, it would be rewritten every couple of years.

Spare the rod and spoil the child? I got the belt at home a few times (deserved) and was once whacked by my grade school principal with a ruler on the back of the hand (also deserved).

Was I scarred for life? Did I turn out to be a sociopath? No. In fact, I still display cordiality and respect.

With an absence of "firm hands" today, I think our teens are taking liberties and taking a lot for granted. They are seemingly untouchable at school or at home. No one can raise a hand to them and even loud voices are frowned upon in public. How is a lack of discipline preparing them for the real world?

How can our future doctors, lawyers, engineers and journalists succeed if they're not given responsibilities and instead handed everything on a silver platter?

Don't even get me going about clean rooms, laundry, picking up after themselves and helping siblings with homework.

So, parents, we must stem the tide.

I have a plan, so off to our closets, basements and garages for our battle gear.

First, dust off any marionettes, clowns and old dolls that appear scary. For starters, place them around the

house as your new "decorations," hopefully in strategic locations so the creepy eyes follow the young offenders around the house. If this doesn't generate any response, place them in the kids' rooms!

Create a list of chores and stick it to the refrigerator. Make sure they are exaggerated and so onerous that they can't be physically completed. Once the level of complaints reaches a certain level, knock it down a notch and the kids will feel as though they've won. Don't flinch and show no mercy!

Embarrass them at every occasion, especially if you have access to their social networking sites. Dig up a nice baby or childhood photo of them and post them on the Internet, along with sufficiently gushy parental sentiments. If this seems too extreme, just dig out the photos, show them to your kids and threaten to post them to your profile page. This could very well bring them to their knees!

Sign them up for volunteer work with a local charity.

If you really want to drive them mad, hide their cell phones, tablets and tinker with their video game connections.

We must be creative in our approach. We need to maintain order. How about a social network for parents who want to take back control?

Any ideas?

## Thanks extended to local faith community for hosting sustainability talks

When the Sustainability Advisory Committee was formed, one of its priorities was to conduct outreach activities to help residents to understand King's Integrated Community Sustainability Plan and build community support for implementing the Plan. One member, Susan Beharriell, chose the faith community as one demographic in King with whom to "spread the word."

In September 2013, York Pines United Church became the first of King's congregations to begin to learn more about sustainability. Recently, Susan completed her 15th such outreach presentation to a church in King.

She and the committee would like to thank each and every faith leadership team for their consideration and all the congregation members who welcomed her to share the community vision of this important aspect of all of our lives. It was a special privilege to meet you all.

If your organization, faith community or not, would like to learn more about sustainability in King – how you could become involved and Sustainable King funding opportunities – please contact Sara Puppi, King's Sustainability Coordinator, at 905-833-5321.



**KingWeeklySentinel WEBPOLL**  
www.kingweekly.com

Results from last week's poll:  
**Do recent events make you feel uneasy about possible terrorist attacks?**

a) Yes  50%

b) No  50%

The results of this poll are in no way considered to be valid or infallible.

**THIS WEEK'S QUESTION**

Who do you think will win the Superbowl February 1?

a) New England Patriots  
b) Seattle Seahawks

So go to the website and cast a vote!

**Brainteaser**

A man is looking at a photograph. "Brothers and sisters, I have none. But that man's father is my father's son." Who is in the photograph?

**Last week's answer:** The man ate duck eggs.

**King Township Trivia**

During the winter of 1912-13 the Nobleton arena collapsed due to heavy snow.

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<p>Simcoe-York Printing &amp; Publishing Limited, publisher of the King Weekly Sentinel and the New Tecumseth Times.</p>		<p>Published every Thursday</p>	

# Top environmental issues for the coming year

By Skid Crease

After gazing into my green crystal ball, and consulting with several legitimate scientific organizations (like the mythical anchor William Duncan McAvoy on The Newsroom, I protect my sources) I can pronounce with more certainty than a long-term Weather Channel forecast, the top environmental issues of 2015.

To put a positive spin on it, I can also announce the things we can do individually and collectively to address those issues.

#5 War and Terror: whether they are radicalized Tea Party republicans or radicalized Islamic jihadists, they are equally dangerous. The policies of hate produce displaced and disenfranchised peoples by the millions. They could be the American poor living downstream and downwind of toxic corporate waste, waiting for the trickle down of free market capitalism to get to them. Or they could be the thousands of families fleeing war and oppression in the Middle East, from Palestine to Syria.

Peoples in extreme need do not care one whit about environmental issues. They care about safety, shelter, water, and food. Then education. And maybe then the home planet.

#4 Conservation and Protection of Land, Water, and Air: it is long overdue that every municipality put the primary needs of their communities first, by ensuring that any development does not adversely affect the quality of the land, water, and air in their communities. The agribusiness lobby must finally acknowledge that water pollution from phosphate enriched fertilizers and manure runoff is one of the biggest water contaminant sources in Ontario. Business and industry must finally acknowledge that many of the most toxic substances in our environment enter the planetary waste stream via their effluent.

And both groups must accept responsibility to clean up their acts.

#3 Species at Risk: and that includes us. From Woodland Caribou to the Northern Shrike to the Blandings Turtle to the Wood Poppy, habitat alteration has vastly decreased the ability of species to adapt and survive. Whether it be resource extraction from forests or the tar sands, or urban sprawl and expansive residential development on agricultural lands, the impact is the same. More room for us, less room for them. Also, fewer healthy sustainable ecosystems for everyone.

#2 Toxic Chemicals: no more neonicotinoids on our plants; no more Triclosan in our toothpaste and hand sanitizers. Ontario Nature began a campaign last year to protect our pollinators, without whom our food sources would become totally dependent on Monsanto. And those who watch Kelly and Michael in the mornings might want to remind Ms. Ripa that Colgate Total toothpaste is NOT a healthy lifestyle choice.

#1 Accelerating Climate Change: still the number one issue on the planet. This single issue affects everything from environmental refugees to food production to insect disease vector displacement to species extinctions. From Nov. 30 to Dec. 11, the attention of the world should be focused on Paris at the UN Climate Change Conference, perhaps our last gasp to do something meaningful for life on Earth.

In Canada, we have a federal election coming up in October, hopefully. Whatever the government, a clear policy on conservation, species protection, economic sustainable development, human well being, climate change mitigation, and a carbon tax, polluter pay principle must be articulated. Every citizen can begin to demand that our elected officials at all levels acknowledge these priorities.



Skid Crease

What do we as individuals and communities do about these issues? War – be peaceful as a family and a community. Seek consensus resolution to our issues, and learn to live together. The optional choice is social chaos. Conservation – the old adage, use less, buy for the long term, and “reduce, reuse, and recycle.”

Species at Risk – plant native plants in our yards and greenspaces, ensure developers respect wetlands and woodlots and watersheds, and if not stop their projects! Find out who are our wild neighbours. Look at how popular the Jefferson salamander has

become!

To reduce toxic chemicals, simply refuse to buy products sprayed with them or containing them. Triclosan is an insidious ingredient in many “antibacterial” products. I would rather my children eat dirt. And let Home Depot and Walmart and Canadian Tire know that we will NOT be buying any of their spring plants if they have been sprayed, again, with neonicotinoids.

So, the future is really what we create, and if we are apathetic to the issues, if they are just sound bites on the nightly newscast, then we are truly deserving of our government and the future of our planet. It is only when we become informed, communicate our concerns to our municipal, provincial and federal representatives, that we can truly claim that we are a democracy.

If not, we are simply a herd, following the leader with the most bull.

*Skid Crease is an award-winning outdoor and environmental educator; a keynote speaker; a storyteller; an author; and a community volunteer. He taught with the North York and Toronto District School boards for 35 years. Skid has worked with scientists from Environment Canada (pre-2005), NASA, and the Hadley Centre for Climate Prediction and Research.*

## Workshops on natural history

By Mark Pavilons

For those wanting to learn about the natural history of the Oak Ridges Moraine, a 14-week general education course fits the bill.

Offered by University of Toronto's Koffler Scientific Reserve at Jokers Hill, the programs run Fridays from 1-5 p.m. Jan. 23 through May 22 (it stops for the month of March).

The course features active, seasonal learning at the Koffler Reserve in King, both indoors and outdoors.

The registration fee supports the Reserve's research and education mission. This unique, interactive course is open to everyone of all ages. Participants will learn about the physical and cultural forces that shape the Moraine. You will study mammals and birds; explore the biology of fungi, reptiles and amphibians, and follow plant ecology from winter through spring, to early summer.

This collaborative course is great for all nature-lovers, from casual learners to environmental professionals.

Students who take the course come away with an enriched, new perspective on the local region and a wealth of broad ecological knowledge.

The course is taught by Dr. Robin Marushia, plant ecologist.

Space is limited. For more, email Dr. Marushia at rmarushia@utsc.utoronto.ca.

## ASK hosts annual community group meeting

Arts Society King (ASK) is pleased to welcome and host the annual community groups meeting on Tuesday, Jan. 27.

A special acknowledgement and thank you to King Township, which has graciously offered the new section of the Museum to accommodate this event. Thank you Chris Fasciano, Director of Parks, Recreation and Culture and Kathleen Fry, King Township Museum Curator for your support.

The event will be held on Tuesday, Jan. 27, from 6:30 to 9 p.m. at the King Township Museum.

Two fantastic presentations will be provided, both featuring unique volunteering programs and benefits to the King community. Community groups will still have the opportunity to distribute promotional material and add key events to the calendar provided.

Those attending are asked to RSVP to info@artssocietyking.ca on behalf of your community group so that ASK can better prepare for the evening.

For all groups that RSVP by Friday, Jan. 23, their names will be entered in the draw for prizes.

For more, visit [www.artssocietyking.ca](http://www.artssocietyking.ca).

## Faces from King



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## The word around King

How has the drop in gas prices affected your driving?



Lewis Abramovitz

"It hasn't really affected it per se, but I'm happy to be spending less."



Shevon Dihn Vo

"I drive a really small car, so it basically costs me nothing to fill now. It's awesome!"



Shayne Cromoshuk

"I haven't been letting my car get to empty before refilling."



David Whittamaker

"Well, I have to get to work one way or another, but it's been great spending less to fill up."

# Kassie joins King Food Bank as new treasurer

By Mark Pavilons

Numbers can tell a story; much more interesting than mere facts and figures.

And that's the goal of the newly appointed treasurer of the King Township Food Bank.

Gail Kassie, a career banker turned entrepreneur, is anxious to help this local organization.

She sees this as a perfect fit for her skills and desire to see local results.

"I can contribute value to the Food Bank," Kassie said. "I like to see the benefit and know that the people in the community are being helped."

In the past, Kassie has helped with the Heart and Stroke Foundation's Big Bike fundraiser. This program involves a large, 30-seat bike where participants raise sponsorships for a good cause. The Big Bike is a team event geared towards companies, community organizations and groups.

She has also helped as a treasurer for her daughter's ringette association in Richmond Hill.

She's looking forward to working with the seasoned team at the Food Bank and is getting more familiar with the operation.

"I love the idea of how we can make it even better," she said.

Kassie currently operates Bow Wow Country Club on Highway 27 just south of Schomberg.

The facility is a retreat for your best friends, for boarding or day care. They offer private suites for naps and over-



Gail Kassie has joined the King Township Food Bank as its new treasurer.

night sleeping, while day time is filled with activities and romping in the large outdoor areas.

According to Carol Ann Trabert, executive director of the Food Bank, a well organized treasury is critical to the effective operation of the Food Bank, with responsibilities including the day-to-day duties of accounts payable, deposits, and maintaining records that will allow the board, and ultimately CRA to be assured that all is part of good governance, thereby maintaining the excellent reputation the Food Bank has earned.

The treasurer is part of a five-person working volunteer board, all of whom have excellent professional credentials

that they share to bring the very best to the workings of this organization. All share a passion for helping others make ends meet.

The board of King Township Food Bank is absolutely delighted to be welcoming Gail into the treasury portfolio.

"Her credentials and professional background are far beyond our expectations, and we are most fortunate that she is interested in the work of the Food Bank. Gail brings a wealth of experience in accounting and financial management, both essential to accountability and sustainability. Cheers to you, Gail! We are so pleased to have you on the team."

The annual budget of the Food Bank is roughly \$80,000, with about \$25,000 coming from food donations.

For many, it's hard to see there is need close to home. The Food Bank distributes a week of non-perishable groceries and food cards to about 170 people every

month. The demographic is wide, from single people on disability to seniors to large families trying to support three generations. The most vulnerable sector of the population (children, seniors and disabled) account for about 40% of those seeking help. Underemployment is the biggest single cause for seeking help.

With 2015 marking the 10th year of operation, King Township Food Bank is looking forward to entering its second decade of helping make ends meet. It is constantly examining its operations and menus to provide opportunities for healthier options for registrants, along with user-friendly ways for them to receive the food and cards.

You can learn more about the Food Bank at [www.kingtownshipfoodbank.ca](http://www.kingtownshipfoodbank.ca).

Carol Ann Trabert can be reached at 416-559-7898 to chat about the Food Bank and volunteer opportunities.

## Replacing our tree canopy

By Kathleen Fry  
Museum Curator

There are some fascinating programs involving trees happening in places like New York City, spreading through other municipalities in Canada and the world.

Called Million Trees NYC (or London or Mississauga etc.), it is an initiative to plant and care for one million trees within the 5 boroughs of New York City. Imagine a city as densely populated and busy as New York adding that many trees to the urban canopy.

These trees can offer the citizens many benefits including a closer connection to nature by providing nesting and feeding sites for birds, shade and cooling properties from a large green canopy, and health benefits such as cleaner air to people. In fact, an annual monetary value of \$200 has been placed on each tree because of the many measurable benefits inherent in trees.

For more information on this see [www.milliontreesnyc.org](http://www.milliontreesnyc.org).

This is all part of worldwide movement with participation from many diverse organizations such as; 50 Million Tree Program [www.treesontario.ca](http://www.treesontario.ca) and the United Nations Billion Tree campaign [www.plant-for-the-planet-billiontreecampaign.org](http://www.plant-for-the-planet-billiontreecampaign.org).

You can also see magnificent trees in context at a photographic exploration of 3 distinct forests: the wind-swept Atlantic coastal forests of Nova Scotia; the inland temperate forests of southern Ontario (affected by the sandy soils of the Oak Ridges Moraine or the Carolinian climate near Lake Erie) and the primary rainforest of Costa Rica that contains over 130 species of trees.

This takes place Jan. 31 through April 18 at the King Township Museum, 2920 King Road. For more, call 905-833-2331.



## Procyon Wildlife is looking for volunteer treasurer

Procyon Wildlife is recruiting for a volunteer treasurer to join their board of directors.

Procyon is a registered charity focused on rescuing, rehabilitating and releasing orphaned and injured wildlife. As well as working with wildlife, Procyon is developing an education program to take to surrounding schools as well as an on-site program for the general public.

Every year Procyon admits and cares for hundreds of animals and answers thousands of phone calls. With close to 100 volunteers this is a very active charity relying solely on donations and fundraising to operate.

If you have an accounting designation with experience generating financial statements and would like to contribute in a key position, please contact Debra Spilar at [spilar9722@rogers.com](mailto:spilar9722@rogers.com).

Advertorial

## What is Laser Therapy?

The technology utilizes superluminous and laser diodes to irradiate diseased or traumatized tissue with photons. These particles of energy are selectively absorbed by the cell membrane and intracellular molecules, resulting in the initiation of a cascade of complex physiological reactions, leading to the restoration of normal cell structure and function.

The process is curative and therefore results in the elimination of symptoms, including pain. In addition, it enhances the body's immune response and facilitates natural healing. No adverse effects have been experienced, indicating that the therapy is completely safe.

Laser Therapy is highly effective in the treatment of musculoskeletal conditions, arthritis, sports injuries, wound healing and a wide range of dermatological conditions. Laser Therapy Systems are currently being used in over 50 countries by a broad spectrum of healthcare professionals including physicians, physiotherapists, chiropractors, naturopaths, dentists, veterinarians, athletic trainers, etc.

It should be noted that Laser Therapy represents the first advance in rehabilitation science since the introduction of ultrasound, interferential current, tens, etc. and is rapidly replacing those modalities. Moreover, it provides treatment alternatives for patients that have not responded to conventional treatments and can be administered without risk in the treatment of many disease entities. Generally it obviates the need for pharmaceutical solutions and frequently makes surgical interventions redundant.

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- Compression
- Trauma
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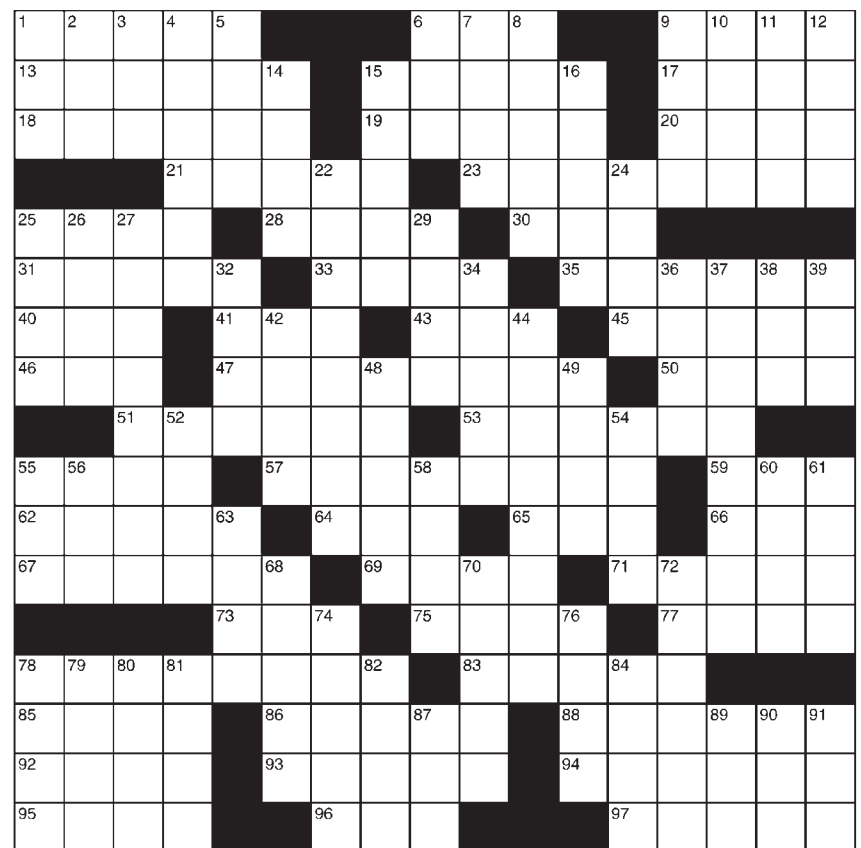
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### ACROSS

1. Pertaining to birds
6. Winter bug
9. Disaster
13. Doleful
15. Glide
17. Delayed
18. African nation
19. Madagascar tree-dweller
20. Allied by nature
21. The most
23. Look for gold
25. Wine sediment
28. Rosemary, for one
30. Sound of a punch
31. Should
33. Folk legends
35. Lavender
40. Away
41. Osaka clincher
43. Wood-chopping tool
45. Kind of eel
46. Male turkey
47. Choir director, usually
50. "Same \_\_\_\_, Next Year"
51. Acquire
53. Yell
55. Mentally healthy
57. Furniture joint
59. Physics measure
62. Cupcake topper
64. Reject
65. Night hours
66. Egg cells
67. Marble figure
69. Former Italian currency
71. Monet's stand
73. Spark
75. Meticulous
77. Dried up
78. Notorious
83. Apportioned
85. Standard
86. Bee bite
88. Furrowing machine
92. Bubbles
93. Creepy
94. Official witness
95. Aware of
96. Steep
97. Indian home

### DOWN

4. Take by surprise
5. Fastener
6. Friend or \_\_\_\_?
7. Light source
8. Seize
9. Tab
10. Huron, e.g.
11. Auricular
12. Enclosed
14. Thin slat
15. Cigar type
16. Scout group
22. Faith
24. Dog-paddled
25. Attic
26. Mediterranean currency, e.g.
27. "I" problem?
29. Type of muffin
32. Blow a horn
34. Have being
36. Roster
37. Evening \_\_\_\_
38. Skedaddle
39. Aperture
42. Tack's cousin
44. Lark
48. Blacksmith's tool
49. Barber's offering
52. Portable shelter

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**Solution on page 17**

# Cold Creek strategic plan released; input sought

By Mark Pavilons

The future looks bright for one of King's most precious natural resources.

King council recently received the draft Cold Creek Conservation Area Strategic Plan and is looking for feedback and recommendations from the public.

The plan guides the Township's operations of the site over the next five years. The property is enjoyed by residents and visitors and used for educational and recreational activities for school groups, community groups and public events.

Cold Creek was reopened in 2006 by the Township, after negotiating a 99-year lease with Toronto and Region Conservation Authority (TRCA).

Consultants Cambium Inc. were hired in September 2014 to create the plan. Consultation has taken place with Township staff, council and key stakeholders to identify the needs and future growth.

As an important next step, Cambium and staff will re-engage key decision-makers, stakeholders and community groups prior to finalizing the plan.

The plan outlines five strategic objectives and actionable projects.

Hopes are Cold Creek will become a "model of sustainability," and ways will be developed to reduce any environmental impacts of programs.

An invasive species management plan will be created to log, plan for and manage invasive species at Cold Creek. Hopes are the Township can call upon students at Seneca College and Fleming College to help complete the inventory.

The area contains a variety of forests, so a forestry management plan is recommended. An inventory and suggested tree thinning and/or harvesting would be part of the plan.

Cold Creek is a hive of activity and provides outdoor educational, cultural, heritage and recreational experiences.

It's recommended a spatial analysis



There's plenty of fun to be had at Cold Creek Conservation Area all year long.

and accessibility action plan be done.

A new decision-making model will reflect the need to generate self-sustaining revenue for the site. A market analysis will be done to ensure King is maximizing opportunities to generate money at Cold Creek, to offset the costs.

Volunteers and local "stewards" have been integral to the park's success.

It's suggested a "Friends of Cold Creek" group be established to help staff in various projects and functions.

There's also a push to develop a more comprehensive attraction, management and orientation program for volunteers supporting the area.

All of these can be completed in a few years, within the five-year scope of the plan.

After receiving feedback from council, stakeholders and community groups, Township staff will bring it back to be finalized by council Feb. 23.

From humble beginnings, Cold Creek became a hive of activity and the site was popular among sports shooting enthusiasts through the mid-1990s when resident complaints about the noise led to those activities being eliminated. It was closed to the public in 1992 and the property sat dormant, until local conservationists, TRCA and King Township staff came together to create a plan for the future of Cold Creek. TRCA initiated the comprehensive management plan in 2002 which includes an evaluation of the property and policies on features, functions, environmental constraints and opportunities. The plan provides a framework for the future.

Its name comes from the fact this Humber River tributary retains its cold temperatures. It's not uncommon for the water temperature to hover between 15 and 20 degrees Celsius in the summer. As the creek flows from the upswelling sources to the 11th Concession, the temperature rises only two degrees. By comparison, pond surface water is typically five to 15 de-

grees warmer than Cold Creek. This creates a "micro-climate" and the chilly groundwater in this area, combined with tree cover, lowers the air temperature about 10 degrees in the summer.

Cold Creek is a small ecosystem, which is part of several larger significant natural systems such as the Cold Creek subwatershed, Oak Ridges Moraine and Humber River watershed. The majority of the Cold Creek subwatershed is located on the moraine and serves a vital groundwater recharge function.





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## King supports TRCA's plan to protect Nashville tract

By Mark Pavilons

King Township supports the efforts of the Toronto and Region Conservation Authority (TRCA) in preserving the Nashville Resource Management Tract.

Council recently gave their support in principle to a report from TRCA.

TRCA has, over the past few years, been developing a plan for the NRMT to ensure the natural heritage is protected, while providing the public with nature-based recreation opportunities.

TRCA conducted an extensive consultation process, which included input from King Township. A vision statement was created, along with goals and objectives. King was well represented through the development of the plan and will continue to work with TRCA through the project's progression.

Chris Fasciano, King's director of Parks, Recreation & Culture, said the NRMT is a "positive program that supports the balance between preserving our natural and ecological areas while providing opportunities for celebrating cultural and natural heritage and enjoying recreational endeavours."

Fasciano noted King will be looking at potential connections to municipally owned lands and trails as they work through the creation of the Trails Master Plan.

TRCA's goals and objectives are closely aligned with King's Sustainability Plan and its Parks, Recreation and Culture Master Plan. These include developing innovative initiatives and partnerships with other agencies to encourage environmental stewardship and enhance ecological systems.

The NRMT is a large, TRCA-owned property in York within King and Vaughan. It spans some 820 hectares and contains many diverse habitats, including forests, meadows, wetlands and tributaries that feed into the Humber River. Because of its size, it's an integral part of TRCA's natural heritage system and has remained mostly untouched for the past 50 years.

Several communities are growing around the property and there's been demand for access to this green space. York and King have designed trail plans that use TRCA property. Other community groups, such as Bolton's Humber



This photo was taken on Concession 11 (off of King Road), along the Humber River in King. It's part of the Nashville Resource Management Tract.

Photo courtesy of TRCA

Valley Heritage Trail Association, as well as equestrian clubs, would like to use trails on the property. Currently there are three kilometres of authorized trails and roughly 40 kilometres of unauthorized trails.

The plan includes trails that connect Nobleton, Kleinburg and Bolton and the trail system will accommodate hiking, biking, cross-country skiing and equestrian use.

TRCA has developed a budget of \$3.4 million, spread out over the seven-year plan.

## Municipal gas tax payments not impacted by drop in prices

By Mark Pavilons

While plummeting gas prices can be a double-edged sword, it won't impact the municipal share of federal gas tax payments.

Reduced gas prices do not affect the federal Gas Tax Fund payments that the Association of Municipalities of Ontario (AMO) delivers to local governments.

According to Judy Dezell, gas tax implementation project manager at AMO, the federal Gas Tax, along with all other taxes collected by the federal government, is put into one "general revenue" account. Government programs and services are funded from that general account. The federal Gas Tax Fund is currently set at \$2 billion per year across Canada. This \$2 billion is drawn from the general account - it's not taken directly from the taxes collected on gasoline sales. The Fund is permanent in federal legislation and AMO's administrative agreement with the federal government has been extended to 2023.

While lower fuel prices won't affect the municipal Gas Tax allocation, the government will have less tax dollars to fund all programs and services.

"This calls into question the government's future ability to balance the budget in light of all of its fiscal commitments, including the federal Gas Tax Fund," Dezell said.

The federal Gas Tax Fund will provide Ontario's municipalities with \$3.8 billion between 2014 and 2018. AMO delivers the Fund to all Ontario municipalities, except the City of Toronto, on a per-capita basis, without the need for an application or matching funding. The Fund is one of the only permanent, stable, and predictable sources of funding for municipal infrastructure.

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**Street to be named named Britnell Court**

By Mark Pavilons

Former King mayor Margaret Britnell will be remembered for a long time to come.

Council recently approved renaming a street in a new King City subdivision, Britnell Court.

Staff preferred Britnell Court to a previous suggested name, Artist's Court.

Any preferred names that King chooses are put in an inventory and also require approval by York Region.

Staff noted progress is being made on the subdivision, off of Keele Street. Britnell's community involvement is reflected in this request, and it's in keeping with Township guidelines to preserve community history and heritage. The developer supports the new name.



# Caregiving Matters offers a free POA workshop

By Mark Pavilons

As part of a two-year technology-based pilot project that brings together a wide variety of experts, King-based Caregiving Matters is conducting a full day of free presentations later this month.

The workshop will also be seen as live webinars on their website.

The workshop, on Power of Attorney issues, will take place Saturday, Jan. 24 at Kingcrafts studio at 12936 Keele Street, King City. It runs 9:15 a.m. to 4:40 p.m. Participants are asked to bring their own lunch.

On tap will be some very interesting guest speakers.

Former King mayor and lawyer Margaret Black, of Black & Associates, Barristers & Solicitors, will be on hand.

Others include Mark Handelman, (bioethics), Whaley Estates Litigation; Elaine Blades, director of fiduciary products and services, Scotiatrust; Myron G. Neufeld, president, Encore Insurance Solutions Inc.; OPP D/Sgt Leslie Raymond, Abuse Issues Coordinator; RN Joan McDonald and Dr. Sandra Campbell, president of Commonpoint.

Speaker's time slots are posted on the website. Space is limited and those interested are asked to call 905-939-2931.

The project features live workshops, webinars, website videos, DVDs, on-line forums, podcasts and downloadable tools. Legal, financial and social service experts share their knowledge and give individuals and families an opportunity to have their questions addressed, increase their understanding and develop skills and strategies to help them deal with some of the complex and difficult issues of aging.

"This national, inter-generational, public education project is a "supported call to action" for families to start talking about their Power of Attorney issues and take definable steps towards their own greater peace of mind," said Mary Bart, chair of Caregiving Matters.

This project brings together a wide variety of experts from various disciplines to educate adult children and seniors on such topics as health and safety, housing options, tax issues, fi-

ancial planning, etc.

Power of Attorney (or POA) refers to attorneys or Substitute Decision Makers (SDMs). Although "POA" is an incorrect title for a person, it is the common title that most people will understand.

Each podcast features a specific topic and a new guest expert in a causal conversational, questions and answers format. The content is short, easy to understand and wide-ranging. Each podcast is intended to provide general information only and is not intended to be a substitute for seeking personalized legal, financial or other advice.

Their goal is to raise issues for our audience to consider and then further explore on their own, in their own local communities with their own local experts. The podcasts also include a social forum where website visitors can continue the conversations on-line and are able to offer suggestions for future podcast topics. Aired podcasts are stored and cataloged. Site visitors can scan the list of podcasts and "click, listen and learn" at their own pace. We are reaching our target market where they live, on their own terms, when they have the time and energy to listen and learn. Contact information about

each guest expert is included so that site visitors may contact the guest experts to further explore the topic and discuss their issues in a confidential manner.

Caregiving Matters is an Internet-based registered Canadian charity dedicated to educating and supporting family caregivers. Some 90% of their work is done on-line and by leveraging technologies, 10% is done by producing local educational events.

For more, contact Mary Bart at [mary@caregivingmatters.ca](mailto:mary@caregivingmatters.ca) or 905-939-2931.

## Eek seeks position on AMO board

By Angela Gismondi

Councillor Avia Eek is hoping to become a member of the Association of Municipalities of Ontario's (AMO) rural caucus.

Before the holidays, AMO issued a request for nominations to fill the 2014-2016 board vacancies. Through AMO, Ontario's 444 municipalities work together to achieve shared goals and meet common challenges.

Following the municipal election, Eek received an email from AMO regarding the vacancies and decided to try for the rural caucus position. She is in the process of getting together her resume and nomination papers to submit to the board by the Jan. 16 deadline. She will also submit a resolution which was supported unanimously by members of King council at the Dec. 15, 2014 meeting.

"It's very exciting," said Eek, adding she is grateful for the endorsement from council and the support from Township staff in getting the necessary documents ready. "Nobody from York Region sits on the AMO board of directors. It's the board that is the liaison between the municipalities and the province. To me that's a huge deal. I hope I have a really good shot at it. If I don't get it, at least I tried."

As a board member, Eek would be required to attend board meetings six days a year, in addition to the annual three-day AMO conference in August. She will also have the opportunity to serve on AMO task forces or other committees. Although the meetings don't represent a huge time commitment, she anticipates there will be a lot of prep work involved.

"Since AMO is about policy and working with the province and trying to get more for our municipality, I would imagine there's going to be quite a bit of reading and information involved," said Eek. "It's going to be a lot but I also think we have a lot to gain."

Eek sits on eight boards and committees in addition to King council and has always been an advocate for rural and agricultural issues.

"I sit on eight boards and committees for a reason," explained Eek. "Having that voice makes a difference."

Since being elected to council over four years ago, Eek has seen first-hand how important partnerships are. While King is small in population, it is large in terms of geographic area and there is a lot of infrastructure which requires attention.

"We need to make sure we are getting our dollars for infrastructure from the Province," said Eek. "If we can increase our partnership with the Province by having a voice at the table, I think it would be beneficial for our Town. In the last four years, I have seen some really incredible work accomplished because we are all working together."

Being a rural municipality with agricultural business means King doesn't always get all the tax dollars needed, she added.

"We are not the only small, rural municipality," said Eek. "I could be the voice of the smaller municipality pushing our agenda forward - we need more funding, we need more partnerships."

Should Eek be appointed to the AMO board, she does not expect the position to conflict with her role on municipal council.

"The people elected me to represent them all of the time not some of the time," said Eek, adding she never missed a council meeting in her first term. "It's all about looking after the interests of the residents of King and however I can do that, I will do it."



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# New youth leader at St. Paul's Church in Nobleton

## Nobleton Notes

By Angie Maccarone  
905-859-5174

### St. Paul's Church

We welcome our new Youth Leader Taylor Scott and invite all students from Grades 7 to 12 to come out and meet her on Friday, Jan. 23 as the St. Paul's Community Youth Group gets a fresh start! The group will meet at the church starting at 7 p.m.

Join us Sunday, Jan. 25 at 10 a.m. as Jeff begins a new series on the book of 1 Peter. Jeff's message this week - Christ our Sacrifice. FirstLink child care (for children 3 years of age and younger) is provided during the gathering and our Regular KidzKonnection and NextStep Program (for children ages 4 to 11) takes place at the same time.

Jeff has a blog and he records his weekly messages there after worship each Sunday. Anyone interested in listening to his messages can go to [www.passionatelyhis.com](http://www.passionatelyhis.com) to hear them.

For more information about any of our activities or events, please contact the church office at 905-859-0843 or visit our website at [www.stpaulsnobleton.ca](http://www.stpaulsnobleton.ca).

### St. Mary's Church

The St. Mary's Pierogi lunch fundraiser takes place Feb. 8.

The deadline for confirmation paperwork is due Jan. 31.

The Ordinandi dinner celebration takes place Tuesday, March 3 at the Pearson Convention Centre, 2638 Steeles Ave. E. Brampton. Tickets are \$70 per person. For more, contact the Parish office.

For each bag of used clothing donated, \$1 goes to the St. Mary's mortgage fund. Please leave your bags in the foyer of our churches after masses.

Parents of 1st Communion and Confirmation candidates are required to be registered at the parish of their choice when requesting these Sacraments.

Letters of Recommendation. For those being asked to act as Godparents for Baptism or Sponsors for Confirmation, letters of recommendation are issued only to the active parishioners who have been registered for at least 2 years at St. Mary's or St. Patrick's Parish.

### Women's volleyball

We play Thursday evenings from 8 to 9:30 p.m. in Nobleton and are looking to add a few players to the roster. If you enjoy playing recreational volleyball and are looking for a social activity on Thursday nights, please call Glenda at 416-561-6016.

### Anglican Parish

In these early days of Epiphany when the story of the three kings or magis visit to see the Christ Child is still vivid in our minds the St. Alban's Anglican community in Nobleton notes that the story of these visitors appears in only one place in the Bible, that being the Gospel of St. Matthew. In his recounting of that visit Matthew never says how many visitors there were. The number three seems to come from the fact there were three gifts - gold symbolizing a king, frankincense symbolizing a god and myrrh (used to anoint the bodies of important persons before burial) symbolizing death - an untimely one at that. The eastern Christian churches especially in Syria often say there were up to 12 wise visitors.

Matthew tells us that these men came from the east but does not say from where in the east and he says after seeing Jesus God tells them in a dream they are not to go back to report their findings to King Herod in Jerusalem but to return to their unnamed homelands by a different route. At this point they fade from the Bible and are never mentioned again.

However, 500 years later in a Greek manuscript from Alexandria in Egypt an unknown author, who refers to them as scholars, not only tells where Matthew's visitors came from but gives them names, Melchior from Persia (today's Iran), Caspar from India and Balthazar from Arabia!

Often portrayed as kings, this idea in the minds of early Christians seems to be based on the Old Testament's Psalm 72 part of which reads "May all kings bow down before him."

### Horticulture Hints By John Arnott

I don't know how true the old adage is that says "You must eat 7 before you can honestly decide whether or not you like

olives," but it took at least that many before I decided this fruit was not bad.

Yes the olive is a fruit like peaches, cherries and plums and like them an olive is botanically classed as a drupe since like the peach, cherry and plum its single seed is inside a hard shell called pit or stone around which is a fleshy covering.

Olives belong to a family of small trees found in Mediterranean lands, the Arabian peninsula and as far east as China. They are related to ash, Forsythia, lilacs and jasmine. The tree producing the olives we now originated in eastern Mediterranean region where Europe and Asia meet.

Olives have been cultivated for over 6,000 years but have existed in the wild much longer. Fossilized olive leaves dating back 37,000 years have been found on the Greek island of Santorini. These prehistoric leaves showed imprints of the olive white fly an insect found on this tree's leaves today.

Millennia later the exporting of olive products was an important source of wealth for the ancient Minoans in nearby Crete. In the Bible it was the branch of an olive tree that the released dove brought back to Noah on the ark signifying the Great Flood was over.

Olive branches were found in the tomb of ancient Egyptian pharaoh Tutankhamen. An olive tree planted to give shade once grew in the centre of the Roman Forum but it was destroyed during one of the wars and upheavals that swirled in and around ancient Rome. During the 1900s replacement was planted in what survives of this historic site.

Now olive trees can live for centuries and in fact there is an old twisted gnarled tree in Athens Greece that is said to have shaded part of Plato's Academy making it nearly 2,500 years old!

Olea europaea, Latin for European olive, is species responsible for the fruit we eat today. From this species come 6 subspecies and some several thousand cultivars (cultivated varieties). Under cultivation these broad-leaved evergreens are short and squat generally being 25 to 50 ft./4 to 10 m high. In spring on the previous year's wood. They are covered in feathery clusters of white flowers. The tree's 3in./10 cm oblong leaves are silvery green.

Olive trees prefer a light soil but will grow in heavier soils provided they get a long stretch warm sunny weather.

They can, however, survive light frost, snow and short periods of moderately cold temperatures.

About 10 years ago an olive orchard was planted in Britain on the Welsh island of Anglesey, making it the most northerly olive planting in the world and so far it is doing well. But wait a minute, I've been surfing and discovered that an olive orchard is thriving here in Canada on Pender Island, one of British Columbia's Gulf Islands!

## Five idling cars stolen in York

By Mark Pavilons

Letting your car warm up can have some very bad consequences.

Just ask the owners of five vehicles in York Region, who had their cars stolen while warming up Tuesday morning.

York Regional Police are reminding citizens to be vigilant to prevent warm-up vehicle thefts.

Police report that on Tuesday, Jan. 20, five vehicles were stolen from residential driveways in Richmond Hill and Vaughan.

In the first incident, which was reported at 6:30 a.m., a Honda CRV was stolen from a driveway on Vallemede Drive in Richmond Hill. At 7:30 a.m., a Honda CRV was reported stolen from a driveway on Avenue Road in Richmond Hill. About 10 minutes later another report was received regarding a BMW 325i that was stolen from a driveway on Chart Avenue in Vaughan. Shortly after 8 a.m., there was another report of a Toyota Camry that had been stolen from a driveway on Wycliffe Avenue in Vaughan. At 8:30 a.m. a report was received regarding a Honda CRV that had been stolen from a driveway on Matthew Drive in Vaughan.

In all of these cases, the vehicles were left unattended, unlocked and idling in driveways.

Throughout the winter, York Regional Police regularly responds to stolen vehicle incidents where cold weather has prompted drivers to warm up their vehicle while leaving it unattended. These types of thefts typically occur when a vehicle is left unoccupied and running. Criminals see an opportunity and seize the moment, simply driving off in the vehicle.

The Insurance Bureau of Canada (IBC) estimates 65 serious injuries and 40 deaths per year across Canada are related to stolen vehicles. Auto theft in Canada is estimated to cost \$600 million each year.



## MARK YOUR CALENDARS NOW FOR OUR 2 MAIN EVENTS!

The 11th Annual Schomberg Agricultural Society's **Farm Tour** is coming Saturday, March 14 from 10.00am - 3:00 pm.

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By **LAURA FACCILO**  
**KING CITY SECONDARY SCHOOL**

## How to Have the 'Perfect' Year

For many, the New Year marks a new beginning and the promise of a brighter future. It is a time to reflect on the past twelve months; to reminisce on the memories that were made, to mourn the losses and celebrate the triumphs. It is a time to welcome new opportunities and change. It's the time of year people worldwide create lists of resolutions; spend more time with family, start exercising, quit smoking, get good grades, find love, eat less, read more, travel, become a better person.

From personal experience, I know that throughout the year people complain about their lives, including myself. We always want more. We overlook the good and focus on the bad. We don't like the way we look, we want more money, we want new friends, we want to be in a relationship.

What we really need to learn to do this year is to appreciate and be grateful for our lives and our loved ones in this moment. Social media sites exploded on January 1st with posts like "This year will be my year!" Why as a society, do we fail to realize that we can make changes in our lives whenever we please? We shouldn't sit around hoping for a 'perfect year'. Bad days are inevitable – there will be times when you're too tired to get out of bed, times when you just don't want to show up to work or to school.

As a student in my final year of high school, I feel the pressure of time more than I ever have. This semester's exams are only a few weeks away. Prom is five months away and I graduate from King City Secondary the month after. I have the worries of a typical seventeen year old. I feel pressured to strive for perfection in many aspects of my life and can only hope that trying my best will do. I know I'll make mistakes along the way and I completely accept that – our mistakes don't 'ruin' us, they teach us.

One of my friends wants to start exercising and lose weight this year. Another wants to get accepted into her dream university. My mom wants to stop interrupting people when they are speaking. My brother just wants to finish all 10 seasons of the TV show 'Friends' before January is over.

Do what makes you happy this year, whether my brother or my friends inspire you. Let us not make unrealistic goals for this 2015. Let us not hope that this year will be 'perfect' but instead, hope that we will learn and grow. Hope that we will learn to forgive, and to forget. Hope that we will make new memories, new relationships and hold on to unforgettable moments of the past.

## EXAM EXTRAVAGANZA at King City Secondary School

Like other schools, King City Secondary School is having exams in January, starting the 23rd. In order to prepare the grade nine students for their first high school exam experience, the student mentors held an exam extravaganza.

Currently, there is approximately 996 students attending King City Secondary and 225 of those students are grade nine students. Forty student mentors ranging from grade 10 through to grade 12's organized the exam workshop sessions, or as the school refers them to be the exam extravaganza. It was a simple process which was strictly volunteer for all those that participated. The grade nines signed up for the extravaganza through their home rooms. The sessions were held over four days with the main day called the "Pizza Party Exam Extravaganza", which was packed with grade nines ready to learn.

Exam anxiety can be a severe problem with many students and the grade nines

tend to be more susceptible due to the fact that this is the first time they have ever written exams. Anxious students typically score lower marks in exams, however, some anxiety is normal and can be beneficial to ready the student for the importance of exam time. It is when it causes emotional and physical distress that it is problematic. Statistics state that somewhere between 25 to 40 percent of all students suffer from test anxiety.

The exam extravaganza workshops had handouts for the grade nines, which included a sample exam where they learned how to tackle fifty multiple choice questions, essay questions, and they learned how to reduce stress along with so much more. The importance of this exercise is to teach the grade nines how to manage their time in each area of an exam while they time themselves when they do the sample testing. They also learned the rules of attending exams, such as – No Cell Phones.

The exam workshops were also beneficial to the mentors as they get another opportunity to lead an event and to show support and guidance to the grade nines. They have personally written exams before and are students that can share their experiences and help give them on a peer to peer basis. There is nothing better than hearing it from someone who has recently been through the same situation.

Exercises like the exam extravaganza helps to eliminate some if not all of the anxiety for exam time as the students will enter the exam with more knowledge of what it is all about and with this knowledge, they can put more focus on how they study for it in a productive way. When the students know what to expect, the anxiety is decreased greatly.

The final result will likely mean higher scores within the school community and especially for the students that attended the exam workshop sessions.

■ WRITTEN BY CHRIS MCGOWAN  
PHOTO BY S. MULHOLLAND



## Mental Health night at Country Day School

On January 27th at 7:00 p.m., Country Day School is hosting a Mental Health night which focuses on helping parents build awareness and encourage communication with their teens.

The evening at Country Day will mental health concerns with teens. They may suffer from social anxiety along with excessive stress which can come from juggling school work, possibly a part-time job and moving towards University. This can be a very hard time for some teens and awareness of potential concerns helps to bring them support.

The evening at Country Day school will have a panel of guest speakers which will include;

Eric Windeler who founded The Jack Project or as it is now known Jack.org, along with his wife Sandra Hanington after their son died from a tragic suicide, while in his first year at Queen's University. The purpose of Jack.org is to bring awareness of mental health.

Karen Simmonds who is a certified grief and bereavement counsellor and educator. Her specialty is teaching and inspiring those who have been through difficult situations in life. She works with children, teens and adults.

There will also be student speakers from Jack.org as well as student speakers from Country Day.

The media has informed us that bullying and cyberbullying has been a problem within some student communities, where teens have been victims of repeated harm or harassment by other people. This harm is deliberate and shocking at times and can come in many different forms where some-

times students post rumors or gossip online and they do not think of the consequence. Unfortunately, cyberbullying has become very common. The evening at Country Day will help parents look for potential problems with your teens when they have been victim to something like this.

The result of bullying and or stress, can result in anxiety or depression with your teen.

It can be debilitating for some and it may be a very serious issue that needs to be addressed.

The good news is, there is help for both teens and parents alike. Open communication and the ability to talk about mental health will build a stronger world. There are also many tools to help teens deal with anxiety, which are held in workshops and through counselling. Mental health concerns are no longer something that should be hidden and there is no need for anyone to be ashamed of it. When they are not addressed, they often get worse and show up later in life.

Country Day is taking the approach to open the discussion, make the public more aware of potential concerns and help parents and teens deal with issues when and if they face them, before they get worse. The school is also providing the guests to the session with contacts that will give them further help and guidance if required.

It is only through open communication that concerning issues are resolved.

■ WRITTEN BY CHRIS MCGOWAN

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# SPORTS

KING WEEKLY SENTINEL

## Cougars in hunt for playoff home-ice advantage

By JAKE COURTEPATTE

With the Georgian Mid-Ontario Hockey League standings so tightly packed late in the season, every point counts for Schomberg's Junior C Cougars.

That was the attitude they took into last Thursday's rematch with the Penetang Kings, whose late-game efforts defeated the Cougars on the road two weeks ago.

This time in front of a home crowd at the Trisan Centre, Schomberg came out swinging as Kiefer McIntosh opened the scoring seven minutes in.

Nearing the end of the frame Brandon Savoy picked up his first point since mid-November, scoring off a helper from Justin Formenton.

Down 2-0 in the second, the Kings saw their opportunity when John Gage went to the box to serve two minutes on an interference call.

He was not in there long, as Penetang's Hayden Cole cut the lead in half just seven seconds into the power play.

All 14 Cougar shots were stopped by the Kings' Martin Lauzon in the period.

It was the mid-way point of the

third before the Cougars were able to beat him again, this time the team's leading scorer Blake Culley taking advantage of a power play of their own.

Culley has had a remarkable sophomore season with the Cougars, currently riding a 14-game point streak in which he has notched 31 points.

Needing to erase a two-goal deficit late in the game, Penetang pulled their goaltender for a sixth attacker with an ample amount of time left on the clock.

McIntosh capitalized on the opportunity, scoring his second of the game and eighth of the year.

Taylor Ewart was solid between the pipes for the Cougars, making 24 of 25 stops in the 4-1 victory.

The two points were crucial for the Schomberg squad looking for home-ice advantage in the playoffs. With only four games remaining in the regular season, the Cougars are now five points back of Penetang for fourth-place in league standings.

In order to do so they will have to get past the Caledon Hawks on Thursday, before visiting the red-hot Stayner Siskins on Sunday.

For stats, schedules, and more information, visit [www.schomberg-cougars.com](http://www.schomberg-cougars.com).



The Schomberg Cougars celebrate after earning another two points in their quest for a playoff berth.

File Photo by Jake Courtepatte



An exciting overtime victory gave the juvenile Red Wings the International Silver Stick title.

## Schomberg Red Wings win juvenile Silver Stick championship

As a result of winning the Regional Silver Stick tournament on Dec. 7, 2014 in Lucknow, the Schomberg Red Wings juvenile hockey team advanced to the International Silver Stick finals in Mooretown, which were held from Jan. 8-11.

The team made it to the semi-finals on the Saturday night and played against Lambton Shores which ended with a Schomberg victory with a score of 3-0.

The finals were held on Sunday and the Schomberg team faced the Loyalist Jets juvenile team, who had not lost a game in the tournament.

The game was a hard-fought battle with the Loyalist Jets team leading on the score board as the third period was coming to an end.

The Schomberg team pulled their goalie and the six attacking Schomberg players were able to put one past the Loyalist goalie with just 18 seconds remaining in the game, tying the score 3-3. The game then went into overtime periods with the play going back and forth, end to end with both teams getting scoring opportunities only to be shut down by the goaltenders.

It was half-way through the third overtime period that the Schomberg team scored on a wrap-around goal, winning the game 4-3 and becoming the International Silver Stick Juvenile C champions.

Parents wish to thank the players and coaching staff for their hard work and dedication.

The players included Dylan Fitzgibbon, Tyler Burt, Benjamin Hampson, Zack Butterworth, Tom Fortin, Luca Germinario, Luca Celebre, Stephen Leonard, Austin Maggiacomo, Ryan McLaughlin, Dan Giglio, Tristan Berry, Keenan Nicon-Willats, Lucas Panezutti, Devin Lampert, Brock Boyd.

Coaching staff is made up of Bruce Leonard, William Germinario and Dylan Maggiacomo.

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# Bantams brush to three-game winning streak

By SHELLEE MORNING

The King Cobra Bantams that play out of the King Curling Club are rapidly becoming a well-tuned curling machine.

Brent and Ashley Mills, Nicholas Caradonna and Natasha Porco, ranging between 15-16 years old, are turning heads and brooms in the bantam division of curling.

The Cobras, led by Karl Davis (drill instructor), assistant coach Barb Davis and coach Jim Smith, are making their mark in the Toronto Curling Association Bantam Interclub League. Interclub games are held every two weeks and are hosted by different curling clubs, allowing the youngsters different ice conditions and environments that simulate a top curling circuit. Half-way through their season the Cobras sit in 3rd spot of the West division in a league of 12 teams from across the GTA.

In his 5th year of curling, Skip Brent Mills controls the house for sister Ashley who plays Vice; Nicholas Caradonna as 2nd with 2 years of curling and Lead Natasha Porco with 3 years experience. In their first season playing together as a team, the youngsters have already gathered attention with some rather fine curling abilities and rapid improvements each game they play in.

In game one of the season, the four-some had the traditional rookie jitters

with strategy trouble, resulting in the team giving up steals in every end of a 7-end game losing 8-0. A lesson on strategy in their next practice was the leading topic.

The Cobras put their newly acquired strategy to work in game two against the Dixie Silver Ice Hawks earning an 8-2 lead after 6 ends. A few missed shots in the final 2 ends of the game, the Cobras reduced their big lead allowing the Ice Hawks to score 4 in the 7th then steal 2 more in the 8th ending in a tie game. Their next lesson was strategy on "what to do with a big lead."

By the 3rd and 4th games of the season, the Cobras were putting the whole package together. Keeping a clean sheet and simple clear strategy at both ends of the spectrum, paid off.

In Game 3 playing against High Park, it was down to the last rock for Skip Brent with a 5 foot raise to score one. Ashley called the line and had Natasha and Nicholas sweeping the whole way-down the ice to get through a two rock-wide port. A true team effort for a great shot and the 4-3 win.

Game 4 against the Oakville Ice Dogs, Vice Ashlea Mills executed a pristine hit and roll in the 8th end that went behind cover, with no chance of removal for Oakville that eventually led the King Skip a controlled take-out for another last rock victory of 6-5.

Winning by a point respectively in their last 2 challenges ensures the



King Cobras Vice Ashley Mills, Lead Natasha Porco, 2nd Nicholas Caradonna and Skip Brent Mills are members of the King Curling Club's Bantam Team. They are currently in third place in the West Division of the Bantam Toronto Curling Association Inter-club League.

Submitted Photo

Cobras' confidence for this level and allows the youngsters the ability to manage the house and play "their" style of game.

Communication is "key" in any sport, and the Cobras have taken to this element like water to ice – solid.

In Game 5 their opponents were not quite on top of their game, so the Cobras took full advantage. With ice that was extremely swingy (almost 6 feet of ice required on some draws), their weight was almost perfect all game and the team adapted to it very well. Skip Brent and his squad earned the 10-4 win improving their record to 3-1-1.

King Cobras coach Jim Smith says the team is constantly communicat-

ing between each other with improvements in every game. Natasha consistently throws up the free guards and Nicholas has vastly improved on switching from finesse to power as is so often required from a second. With their merited 3rd place in the standings, 5 more games to go and only 2 points behind 2nd, the Cobras are a team to watch and be considered as a threat.

Enthusiasm, supportive parents and coaches, and high-octane energy, completes this champion recipe. Who knows where these future curling stars will go? Look out Team Jacobs and Team Jones, there's a new team in town!

## Cultivating the spirit for better health: Tai Chi

The public is invited to learn about Taoist Tai Chi at two nearby open house events. The Newmarket open house will be held at 355 Davis Drive, Sunday Jan. 25, 10 a.m. to noon and again Thursday, Jan. 27, 7-9 p.m.

An open house in Aurora will be held at 73 Industrial Parkway N. Unit 2B on Thursday, Jan. 29, 9:30 to 11 a.m.

Join the organizers for tea, demonstration and introduction to Taoist Tai Chi.

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# Lamaze goes two for two in WEF Challenge Cup Series

It was a case of déjà vu as Canada's Eric Lamaze and Rosana du Park stood in the winner's circle following the \$30,000 Ruby et Violette WEF Challenge Cup Round II on Jan. 15 at the Winter Equestrian Festival in Wellington, FL. The pair had enjoyed exactly the same result one week earlier in the opening round of the 12-week WEF Challenge Cup Series.

For their second win, Lamaze and Rosana du Park were up against 72 other entries. A total of 13 found their way to a clear round over the track set by course designer Luc Musette of Belgium.

Lamaze and Rosana du Park were only the second pair back to challenge the shortened jump-off course. Much like a week earlier when he had been

the first one back for the jump-off, Lamaze once again set a blistering pace of 39.78 seconds and left it up to the rest of the field to try to catch him.

None who followed were able to post a time under 40 seconds, with Lamaze's long-time Canadian teammate, Ian Millar of Perth, coming closest with a time of 40.75 seconds for second place riding Dixon. Kent Farrington of the United States took third after crossing the timers in 40.92 seconds with Waomi.

"We knew we had to go for it, but she is naturally so quick in the air and dependable in the roll-backs," said Lamaze of Schomberg, of his jump-off strategy with Rosana du Park. "When a horse is good and they're careful, everything suits them. To be honest, I think she is very competitive. I can ask her to

go fast in a straight line, or turn very sharp to anything, and she gives 100%. I think she is a great mare and is going to win a lot."

Rosana du Park, a 10-year-old bay selle francais mare (Kannan x Quinine de Livoye), was purchased at the end of 2012 by Artisan Farms LLC in partnership Lamaze's Torrey Pines Stable. Following two years of careful and deliberate development, including being campaigned by Torrey Pines Stable rider Carly Anthony, Rosana du Park is now stepping up to the grand prix ranks.

"Carlene and I are thrilled with today's win," said Andy Ziegler, who owns Artisan Farms LLC with his wife, Carlene. "Eric and his team have done an extraordinary job bringing Rosana along, and it is nice to see the results of their hard work."

In addition to his win in the \$30,000 Ruby et Violette WEF Challenge Cup Round II, Lamaze also claimed a \$3,000 bonus for the second week in a row in the SSG Gloves "Go Clean for

the Green" promotion for wearing SSG "Digital" riding gloves on his way to victory.

The pair of wins signals good things to come for Lamaze on the 12-week Winter Equestrian Festival circuit. With a stable full of top horses, there is no doubt that Lamaze will soon make another trip to the winner's circle.

"I came to this circuit with fantastic horses," said Lamaze. "I have some new upcoming horses that are now ready to perform like Rosana and Check Picobello Z. I have a new stallion still in quarantine, Houston, that I think a lot of that is going to be coming out in a couple of weeks. Fine Lady is going to make her debut. And Powerplay and Zigali are still in the barn!"

"I planned this," continued the 2008 Olympic Champion. "I stopped my season after Barcelona (at the beginning of October) to rest some horses, and tried to arrive here with fresh horses. So far, it's paid off. I have to thank Carlene and Andy Ziegler for their support."

For more, visit [www.ericlamaze.com](http://www.ericlamaze.com).



For the second week in a row, Eric Lamaze and Rosana du Park, owned by Artisan Farms LLC and Torrey Pines Stable, won the \$30,000 Ruby et Violette WEF Challenge Cup at the 2015 Winter Equestrian Festival in Wellington, FL.

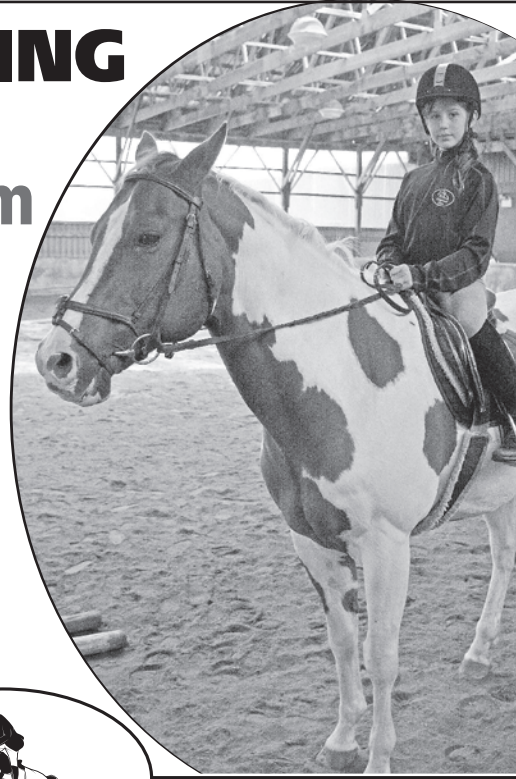
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# Plasa steals the show in shutout over Aurora squad

By JAKE COURTEPATTE

In what was mostly a goaltenders' battle at the Nobleton rec. centre on Saturday afternoon, the Knights' Matthew Plasa came out on top for his team.

Facing cross-town rivals the Aurora Tigers, NobleKing was looking to rebound from a tough 4-1 loss at the hands of the Tigers one night earlier on the road.

With both goaltenders maintaining a scoreless tie late in the first period, the Knights got on the board first when a nice deke to the backhand faked out the Aurora netminder to put NobleKing up 1-0.

Plasa was put to work just a few minutes later, making a nice stop on a wrist shot from the top of the slot, then denying the rebound opportunity as well.

Aurora's offence continued to put on the pressure for the remainder of the period as the entire final minute was spent in the Knights' end.

Much of the same continued into the second frame, as Plasa denied shot after shot to hold onto the goose egg.

The Knights forwards recognized their goaltender's strong play and rewarded him with a nice 2-on-1, just staying out of the net as the puck came to a stop under the Aurora goalie's pads.

Heading into the third grasping onto the 1-0 lead, the shots were still raining on Plasa. His defence also worked hard to limit the chances, highlighted by a nice defensive play by NobleKing's Brown on a 2-on-1, where his dive to block the passing line ended the scoring chance.

Later with Brown in the box for roughing, the Knights would give Plasa some breathing room shorthanded, as a wraparound found the back of the Aurora net to double the Knights' lead.

With time running out, Plasa put the topper on a fantastic outing by making an unbelievable diving save with his glove on a cross-crease opportunity.



NobleKing goaltender Matthew Plasa was stellar in the minor bantam A Knights 2-0 win over the Aurora Tigers Saturday.

Photo by Jake Courtepatte

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## 704 ANNOUNCEMENTS

**Tottenham Equestrian Club AGM**  
Feb. 8 @ 2 p.m., Tottenham Community Centre  
Everyone welcome!

## 707 BIRTHS

THOMAS IS PLEASED to announce the birth of his sister, CLARA GRACE, born Jan. 1, 2015 to Jill and Mauro Ritacca. Proud grandparents; June Copley and Andrea Franca and John Ritacca. B04

## 708 DEATHS

**DALE: James Alsey**  
At Southlake Regional Health Centre, Newmarket, on Friday January 16th, 2015. James Dale, at 49 years of age, beloved son of Ruth and the late Alsey Dale. Loving brother of Keith and Jean Dale of Beeton and Jean and Geoff James of Bath, Ontario. Fondly remembered by his nieces and nephews, Nicole (Alex), Augusta, Jesse (Carleigh), and Austin. Cremation has taken place and a private family interment will be held at a later date. Arrangements entrusted to Rod Abrams Funeral Home, Tottenham. [www.RodAbramsFuneralHome.com](http://www.RodAbramsFuneralHome.com) B04

## 708 DEATHS

**BREWER: John Thomas**  
Peacefully with family by his side at Southlake Regional Health Centre Newmarket, on Monday January 12, 2015. John Brewer at the age of 77, beloved husband of the late Elizabeth Brewer (nee: Keough). Loving father of John and Linda, and Wayne and Karen. Sadly missed "Poppy" of Jessica (Steve), Johnathan, Jordan (Kelly), Dylan, Justin, Joshua, and "Great Poppy" of Oliver and Alaric. Beloved brother of Mary Ring, Helen Oliver, Kay Fudge, Jim, Theresa Shishido, Rose Ward, Tom, and the late Frank, and Carol Ann. Forever in the hearts of all his extended family and friends. A Memorial Service will be held at Rod Abrams Funeral Home 1666 Tottenham Rd., Tottenham 905-936-3477 on Sunday January 25, 2015, with visiting from 2 pm until time of service in the chapel at 3 pm. For those who wish, donations to Southlake Regional Health Centre Newmarket, would be appreciated by the family. [www.RodAbramsFuneralHome.com](http://www.RodAbramsFuneralHome.com) B04

**DAVISON: KATHLEEN ELIZABETH (nee Hosford)**  
Peacefully at Stevenson Memorial Hospital, Alliston on Saturday, January 17, 2015 in her 89th year. Cherished mother of Janet. Predeceased by her husband Ralph Davison and her son John. She is survived by her sisters-in-law Betty & Jean. At Kay's wish, there will be no funeral. A memorial gathering will be held at a later date. If desired, memorial donations to the "Giving for Life" campaign at the University of Guelph - [www.givingforlife.ca](http://www.givingforlife.ca) or "The Library of the Future" fund at McMaster University - <http://library.mcmaster.ca/supporting/future-fund>. Memory Gardens Funeral Home 519-904-0400 B04

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# Junior Cyclones fall short in late-game comeback

By JAKE COURTEPATTE

The Country Day School junior Cyclone hockey team was riding a small victory into Monday's match-up against Toronto's Crescent School.

Earlier in the week the Cyclones were able to hold league-leading De La Salle College to a 5-5 tie.

Facing Crescent School at Buckingham Arena, the CISAA DI's second-ranked team, they were hoping for a similar or better result.



Crescent came out strong, scoring two quick goals to put C.D.S. in a hole early.

Luck was certainly not on the Cyclones side in the first period. Late in

the frame while shorthanded, a Cyclone breakaway resulted in a broken stick and no shot on net.

With only 10 seconds left on the clock, a Crescent backhand would find the five-hole for a 3-0 lead after one period.

However, it was C.D.S. that came out of the dressing room with momentum, putting on a ton of pressure to start the second.

They broke the shutout with only five minutes left in the period after a mad scramble in front of the Crescent net, with the puck somehow sliding in to cut the deficit to two.

Unfortunately for the Cyclones, the

eventual game-winner came as the result of a poor line change allowing a three-man Crescent breakaway shortly after.

Despite adding two more goals of their own and pulling the goaltender for an extra attacker, the Cyclones never found the equalizer in the 4-3 loss.

After facing Trinity College School on the road yesterday (Wednesday), CDS continues their road swing on Monday taking on cross-town rivals Villanova College in their second meeting of the year following a tie earlier in the season.

For stats and updated scores, check out [www.cisaa.ca](http://www.cisaa.ca).

## 708 DEATHS

Waldstein:  
Eva Luise



It is with the utmost sadness that we announce the passing of Eva Waldstein (nee Sperschneider) peacefully on Thursday January 15, 2015 at the Village of Humber Heights, Toronto at the grand age of 93 years, 360 days. Born January 20, 1921 in Jena Germany to Josef and Luise Sperschneider, she immigrated to Canada and proudly made it her home. She is pre-deceased by her husband Otto (1991), parents and siblings. Eva was the much beloved and loving mother of Karen (Guy), cherished grandmother to Erik, Toronto, and devoted aunt of Lutz and Dieter Sperschneider and families in Germany. Her love of life was amazing and her strength and independence were inspiring. We shall forever miss her beautiful smile and her "coffee breaks". Her greatest joy was time spent with family and friends and her community of neighbours in Beeton. Eva was a warm, vibrant, intelligent woman with a life long "can-do" attitude, always willing to lend her support and contributing to many worthy causes. A spring interment is planned at Trinity Cemetery, Beeton ON. We will always remember her with love and speak of her with smiles. Bye Mom, love you lots xOxO, Till we meet again ....  
[www.RodAbramsFuneralHome.com](http://www.RodAbramsFuneralHome.com)

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PILATES class in Nobleton. Starting Wednesday January 21, 2015 at the Wm.Lacey Community Centre from 7:00 to 8:00 p.m. First Class Free. Class size limited for personal touch. Certified Body Control Pilates™ movement educator. Call Pilates Link at 905-859-4374 or email [pilateslink07@hotmail.com](mailto:pilateslink07@hotmail.com) to register. B02-05  
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# Churches gear up for Robbie Burns celebration

## King's Corners

**King City United**  
By Eleanor Fry

Our sermon was based on the temptations the Devil threw at Jesus. Jesus stood firm in his faith and teachings, finally saying to the Devil "Get Thee Behind me, Satan."

Temptation is basically when we have an opportunity to do something we know we shouldn't. How do you decide? You are torn this way and that. Do you buy the new car you fell in love with, or can you be happy with the one you can afford? How many times do we have to stop and think, or should? How do you decide? Is it the Devil tempting you? Something for you to ponder.

Sunday, Jan. 25 is the anniversary of Robbie Burns's birthday. Rev. Evelyn (what could be more Scottish than McLachlan?) is of Scottish heritage, and very proud of it. She invites us to wear tartan or plaid to worship. We'll be singing some Scottish and Celtic tunes. She has some surprises in store during worship and after at fellowship time, so plan on lingering a wee while. You don't have to be Scottish, but you can pretend for a day.

The 2nd event for Sunday, Jan. 25 at 7 p.m. at All Saints Anglican Church is a celebration of the Week of Prayer for Christian Unity. Hosted by the King City Ministerial (all churches), there will be anthems presented by some of the different congregations and a mass choir anthem. At a time when there is so much hatred and mistrust in the world, this is a good time to shine the light of our Christianity in our community. Join us to enjoy this celebration.

Come out and shake off the winter blahs. Saturday Jan. 31 at 5:30 p.m. enjoy a spaghetti supper with tasty desserts and refreshments. Stay to listen to a concert of well loved hymns with Sandra Kirby accompanied by Oleg Samokhin, a very talented musician. The audience will be invited to join in at times. Supper \$8, concert \$10. Choose either or both. Children under 12, \$5 for each. This event is sponsored by the evening unit of the UCW. Call our office for your tickets, 905-833-5181. Open to all in the community. Come Hungry!

Our heartfelt sympathies and prayers of comfort go out to the families of Al O'Brien who passed away this week. Al was the "go-to" guy for the King City Lions. He purchased all the food for all of their events and no one ever went hungry. He will be missed by so many of us. Rest free of pain and at peace, dear friend.

If you enjoy music and would like to learn something new, our bell choir needs more bell ringers. To read music is not a prerequisite. Sandra will soon make you an expert. Meet every Thursday in the church, 6:30 to 7:45 p.m. You do not need to be a member of our congregation to join in. Come for a tryout.

Mark your calendar for March 13 for our Irish Dinner. Watch for more information.

Join us on Sunday, Jan. 25 to celebrate Robbie Burn Day. Stay around a wee while for refreshments and fun. Invite your Scottish friends. 50 Elizabeth Grove King City. Office, 905-833-5181; email kcuc@bellnet.ca; website www.kcuc.ca; Reverend Evelyn McLachlan, kcucmin@bellnet.ca

Do you know why you should update your Will and Power of Attorney? There have been significant changes to Ontario's estate administration process. How does this affect you? Wednesday, Feb. 4 at 2 p.m. learn about wills and estate planning. Trends Real Estate office 12967 Keele St. Unit 1 King City. RSVP with maria@trendsrealty.com office or 905-833-0111.

### Sacred Heart

Sacred Heart Church will be having a Mardi Gras fundraising dinner and dance on Feb. 7.

We will be having dinner plus an open bar. Plus many door prizes, a 50/50 draw and a good time for all. The cost is \$80 per person. For tickets and information please contact the following:

Sacred Heart Church 905-833-1161; Cinti Pereira 905-539-0231; Susy Payne 905-833-2447; Vince Cancelli 905-833-6305.

### King City Seniors Centre

The next Foot Clinic is scheduled for Friday, Feb. 6 from 2 to 4 p.m. downstairs in the Seniors Centre. Appointments are required. For further information, or an appointment call Kay Brooks at 905-833-5555 or Carol Field at 905-833-3324.

### Seniors' Travel Club

The Travel Club will be hosting its Destinations party on Wednesday, Feb. 11 at the Centre starting at 2 p.m. This is an opportunity to find out what adventures are in store for 2015. Here is a sneak peek at the first trip of the year.

On Thursday, March 5 we will be travelling to St. Jacobs Farmers' Market followed by lunch at the Crossroads Family Restaurant. After lunch we will head to the St. Jacob's Playhouse where we can sit back and enjoy "The Last Resort." The coach will leave the arena at 8 a.m. and return about 6 p.m. The cost is \$99.

This is a popular destination so reserve your spot early by calling Jane at 905-833-5870 or Nora at 905-833-6162.

### Pottery classes for children

Starting Feb. 5 on Thursdays, 5.30-8 p.m. for 8 weeks. The cost is \$150 and includes clay, glazing materials and two firings. It's geared for children 10-15 years and will be held at Kingcrafts Studio, 12936 Keele St., King City www.kingcrafts.ca. To register call 905-841-7649.

kingcrafts.ca. To register call 905-841-7649.

### King Bible Church

Join us on Sunday, Jan. 25 as Pastor Mark will be continuing our new sermon series called "Simplify." We will be learning each week how to unclutter our souls! This week we will learn how to "Fully Surrender."

We have Celebration Zone available downstairs for kids aged 3-Grade 10. We also have nursery available downstairs for babies 0-3.

It's time for our classic Super Bowl Party again! Come and enjoy a fun night of fellowship and great food! We will also have some half-time fun, so brush up on your NFL trivia.

It will be held Sunday, Feb. 1. Dinner is served at 5:30 p.m. before game time which is 6:30 p.m. The cost is \$12. Please

sign up in the foyer! This would be a great event to invite your friends and neighbours to!

The Overtimers seniors ministry group welcomes all ages. They meet the second Tuesday each month at 1 p.m.

Please join us for our first get together in the New Year! We will be meeting on Tuesday, Feb. 10 at 1 p.m. Our speaker will be Dr. Timothy Starr. He is an author, lecturer, leader, founder of Life After Fifty-Five and The Link. He has written the book "Aging Joyfully" which brings an enlightening perspective to the process of aging which is a transition with different stages. As the Seniors Pastor of People's Church, and as a senior himself, Dr. Starr is interested to speak at our next meeting.

We will begin our time with fellowship and refreshments before our program begins.

See 'Foodie' on Page 19

"Thank you, King Weekly Sentinel, for making a difference in our community."  
- Councillor Avia Eek

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Vol 41, Issue 15

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During Masters Golf

Polar Bear Dip raises money for Seneca students  
By Jeff Doner  
Seneca staff, faculty and students rallied together and took a chilly plunge for the third annual Polar Bear Dip to raise funds for the Campaign for students last week at the College's King Campus.  
Braving the frigid waters were 15 participants who collectively raised \$1,281 for the campaign that provides financial support to students.  
"I think one of the things that is special here is that the students

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"Thanks, King Weekly Sentinel. Your very active support for the Food Bank is helpful beyond words."  
- Carol Ann Trabert

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# Foodie events coming to All Saints Church

From Page 17

St. Andrew's  
By Kathy Patterson

The Rev. Dr. John Vissers recently started a new sermon series at St. Andrew's - Letters from Jesus - based on the letters to the early churches found in the book of Revelations.

Last Sunday John's sermon was entitled "It's Not Easy Being Church." Jesus knew that the church in Smyrna was experiencing great suffering in their loyalty and faithfulness to Him. He commended, comforted and called them to remain faithful.

Are we aware of Jesus's love and encouragement to us throughout our lives? Does He have our loyalty? This Sunday John will be away, however, Lynn Vissers will be leading the service with participation from the "Missional Church" workshop attendees and Elders. We will continue to look at what Missional Church means and how we can become more missional individually and collectively. Mark your calendar - following worship on Feb. 8, we will be

having a special lunch (Gifts and Gaps) where we will discuss our gifts/talents/interests and where and how we can use them in the church community and in King City.

Coffee and Conversation is led by Lynn Vissers on Wednesdays, at 10 a.m. in the church office where questions arising from the sermon are discussed. What a great opportunity to share and learn more from God's word. Come and join the conversation.

This Thursday at 2 p.m. (4th Thursday of the month) is our service and visitation time with the residents at King City Lodge. Meet in the church parking lot for car-pooling at 1:30 p.m.

The Ladies' Prayer Time continues at 9 a.m. each Tuesday, held in the Church narthex. Come for fellowship, a time of sharing or quiet contemplation. God promises to be there! How can our God bless you?

Should you have prayer requests, praise items or any questions or concerns, please contact the church office at 905-833-2325 or call Kathy Patterson, Clerk of Session at 905-833-0391.

St. Andrew's Sunday worship service

is held at 10:30 a.m. with Sunday school and nursery care running concurrently. Following the service, everyone is invited to stay for coffee. We would love to chat with you.

For pastoral care needs please contact Lynn Vissers, our Director of Congregational Ministries. Our church is located at 13190 Keele St., 2 blocks north of the King Rd.

All Saints  
By Nicola Skinner

We invite you this Sunday, Jan. 25 to a service to celebrate Christian Unity week. The Roman Catholics, Presbyterians, United and Anglicans are getting together for a service of joyful music and prayer. Each church choir will present a song or anthem and then join forces for a massed piece. The service is at 7 p.m. and all are welcome. A free will offering will be taken to raise funds for clean drinking water in Pikangikum, northern Ontario.

Pub Night is coming soon on Sunday, Feb. 8 at 5 p.m. Tickets are only \$20 (\$10 for children 12 and under) and are

now available, plus there will be live entertainment from the Nick Kavanaugh Band. As usual the food will be awesome. Buy your tickets soon or they will be gone with the wind.

We are currently in "foodie season" with the Pancake Supper hot on the tails of Pub Night. Book the date now for the best pancakes and sausages in town: Shrove Tuesday, Feb. 17 starting at 5 p.m. Don't forget that the next day is when Lent begins, so you can always shed a couple of pounds afterwards.

Having said that, our Saturday morning cooking classes return soon with Janet and Ian. Classes run from 9:30 to noon. There are a limited number of spots available, so you will need to sign up and pay soon. Classes are \$30 per person, recipe handouts are supplied and lots of delicious food as well. Anyone in the community is welcome to come and learn from our culinary experts. The courses are Soup-a-licious on Jan. 31, Comfort Foods on Feb. 28, Everything Chicken on March 21 and Hors D'Oeuvres on Saturday, April 25. With all this talk of food, we give thanks to the Creator for the bounty we are blessed with.

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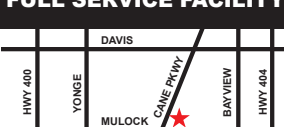
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