

King Weekly Sentinel

Thursday, January 28, 2016

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Volume 43, Issue 4

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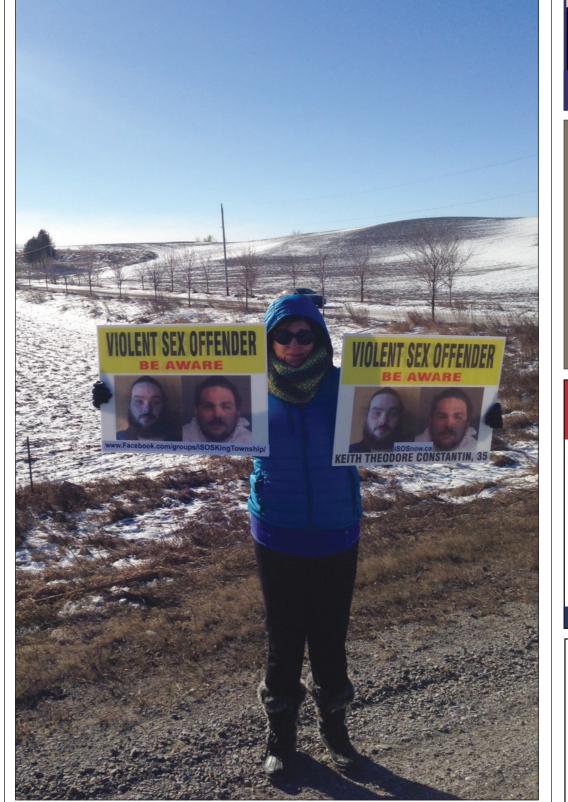
King budget passes with 2.95% hike

By Mark Pavilons

King Township's 2016 budget "invests in the capital of this municipality."

Township council approved the 2016 budgets and business plan Monday night. It contains a 2.95% tax hike for residents, but it addresses some vital infrastructure and capital needs. The blended tax levy increase, taking York's 2.85% increase and the school boards' zero hike into consideration, will be a 2.29% overall increase, or \$142 per household (based on an average assessment of \$664,000).

Since the draft plan was released in December, staff finetuned the numbers and through some extra assessment revenue and less directed towards reserves, King can actually address some of its much-needed projects that range from sidewalks to culverts. Infrastructure - the cost of roads, water and sewermains – is a major issue in King. The need is evident in every ward in the township. Mayor Steve Pellegrini praised staff for coming up with an "incredible balance" in this year's budget. He admitted they can't do all the needed work at once, but this is a very good start. Councillor Bill Cober echoed the sentiment, noting infrastructure is King's biggest need. While admitting "it's tough out there" economically, the "modest" tax increase goes a long way to addressing the shortfalls.



Residents protest over offender

King residents braved the cold Saturday to stage a protest over a high-risk offender living in the Schomberg area. Armed with posters, residents made their point clear that they want convicted offender Keith Constantin moved to a more suitable facility. Turn to Page 3 for the full story.

Submitted Photo



Editorial **Business** Sports Classifieds

See 'Budget' on Page 8

REGULAR FEATURES Page 4 Page 8 Page 13 Pages 14-15



Summerhill has some surprises in store.

See Page 6

Studio combines art, yoga.

See Page 8







Sheri Bernhardt

Sales Representative

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COUNCIL MEETINGS

MUNICIPAL OFFICE, COUNCIL CHAMBERS

Municipal Office, Council Chambers, 2075 King Road

Monday, February 8, 2016

6:00 pm - Council/Committee of the Whole

· Public Meeting Re: Official Plan & Zoning By-law Amendment Applications File Nos. OP-2015-05 & Z-2015-09 Property: 325 Warren Road, King City **Owners: Mark & Liina Peacock**

Monday, February 22, 2016

6:00 pm - Council/Committee of the Whole

EMPLOYMENT OPPORTUNITIES

- Building Inspector
- Summer Camp (various)
- Summer Aquatics (various)
- Recreation Program Instructors (various, casual, PT)
- Outdoor Program Facilitator (6 month contract, PT)
- Cold Creek Site Operator (6 month contract)
- King City Crossing Guard (contract)
 - Please visit the Township website at www.king.ca for employment opportunities.

COMPETITIVE BIDS

Please visit the Township website at www.king.ca for competitive bidding opportunities.

PUBLIC NOTICES

FAMILY DAY OFFICE CLOSURE

Municipal offices will be closed for Family Day on Monday, February 15th, and will re-open at 8:30 a.m. on Tuesday, February 16th, 2015 for regular office hours. Township libraries will also be closed for Family Day.

PUBLIC NOTICES

NOTICE OF APPLICATION CONCERNING A PROPOSED **OFFICIAL PLAN AMENDMENT**

The Township of King has received an Official Plan Amendment application on the property outlined below and will consider the proposed amendment under Section 22 of the Planning Act, R.S.O. The Township has determined that the application is considered complete and the Planning Department has commenced processing. We welcome your comments regarding this application.

SUBJECT PROPERTY

Location: West Side of Dufferin St., North of King Rd., South of 15th Sideroad Part of Lot 6 -10, Concession 3, King City, ON

Applicant:

King City East Landowners Group Our File Number: OP-2015-02

PROPOSAL

The applicant is proposing to amend the Township's Official Plan (King City Community Plan) to facilitate subsequent and future related applications for approval of a Functional Servicing/Development Area Study, Draft Plans of Subdivision, and Zoning By-law Amendments. More specifically, the proposed Official Plan amendment application proposes to allow for alternatives to enable a reduction in the environmental buffers/minimum vegetation protection zone, and to allow an increase in the permitted residential density. A gross density of an average of 7 units per hectare is proposed. The existing King City Community Plan policies for which the amendment is proposed permit a maximum gross density of 3 units per hectare on the majority of the subject lands and 5 units per hectare on the portion of the subject lands located immediately north of the railway corridor.

At such time a public meeting has been scheduled in accordance with the Planning Act, the Township of King will provide further notice specifying the date and time of the meeting.

APPEAL PROCEDURE

IF A PERSON OR PUBLIC BODY does not make oral submissions at a public meeting or make written submissions to the Township of King before the proposed official plan (or official plan amendment) is adopted, the person or public body is not entitled to appeal the decision of Council of the Township of King to the Ontario Municipal Board.

IF A PERSON OR PUBLIC BODY does not make oral submissions at a public meeting or make written submissions to the Township of King before the proposed official plan (or official plan amendment) is adopted, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Municipal Board unless, in the opinion of the Board, there are reasonable grounds to add the person or public body as a party.

ANY PERSON may attend the public meeting and/or make written or verbal representation either in support of or in opposition to the proposed Official Plan Amendment.

ADDITIONAL INFORMATION

A copy of the proposed Official Plan Amendment, as well as related background and supporting information, is available for inspection at the Planning Department, Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m., or by telephone at 905-833-5321, quoting File Number OP-2015-02 (King City East Landowners Group). Written comments may be mailed or personally delivered to the Planning

If you have an urgent matter requiring attention during the closure, please call the Township's answering service at 905-833-5321 and your call will be forwarded to the appropriate personnel.



Severe winter weather can lead to power outages and icy road conditions. You and your family should be self-sufficient for at least 3 days. Items you can prepare ahead of time include:

- Non-perishable food items and a manual can opener
- 4 Litres of water per person per day
- Flashlights, battery operated lanterns and crank radio
- Extra Medications





Department and will become part of the public record.



Dated at the Township of King this 28th day of January, 2016 Kathryn Moyle Director of Clerks & By-Law Enforcement Township Clerk Township of King

REMINDERS





	A
A B B	

Tuesday, February 2 Nobleton Library	Wednesda Schomber		
8 Sheardown Drive	77 Main Str		
6:30pm to 8:00pm	6:30pm to 8		

Thursday, April 14 Ansnorveldt Library ay, March 23 g Library 18997 Dufferin Stre 8:00pm

Monday, April 25 King City Library g Road 6:30pm to 8:00pm

Councillor David Boyd & Linda Pabst

6:30pm to 8:00pm **Councillor Bill Co** Councillor Avia Eek

Councillor Cleve Mortelliti & Debbie Schaefe

Informal Meet & Greet = Discuss Ward/Township Issues

All Welcome!

Thursday, January 28, 2016 - THE WEEKLY SENTINEL - 3

Residents hold protest over high-risk offender

By Mark Pavilons

day to renew their efforts and show one might reasonably expect children their dismay at the fact a high-risk offender is living in the area.

The protest, staged by members of Incarcerate Sex Offenders in Society or consumption of drugs, narcotics, (iSOSnow.ca), was meant to draw attention to the case.

placed last week in a rural facility out- possession, purchase or consumption side of Schomberg in December. Con- of alcohol or alcohol-based products. stantin was released following a fouryear jail term for sexual assault with vision and the York Regional Police a weapon, and an 18-month term for High-Risk Offender Unit and the Minviolating his curfew conditions. His rap sheet includes sexually assaulting rectional Services Probation and Paa seven-year old boy, sexually assaulting a 45-year-old blind woman, robbing two variety stores with a starter pistol, and raping and beating a woman at tures for its petition. Visit iSOSnow.ca knife-point.

ing to group member Susan Heslop, was to let Christian Horizons and MPP Helena Jaczek know "that we are aware of their plans to continue hous- not only relocates from the King Towning dangerous offenders in our area and we strongly object. We want these offenders put in a more secure location, with closer police response and away from any small community.

"We are paying to protect him from us; we should be paying to protect us from him."

Heslop added protesting is an important part of democracy.

"Protesting is awesome! I highly recommend it," she said. "I have a nine- nity as the goal is the relocate Keith year-old son, and I want him to see that Constantin to a more appropriate lohis mother is a fighter, and she stands up for what's right!"

According to group member Amy Castellano, Constantin resides in a unlocked group home run by Christian dication of how the community feels Horizons. He lives there under minimal security. "He is so dangerous, not able to live in society with out harming others. He must be institutionalized before he claims a fourth victim," she said.

way 9 and Highway 27 in Schomberg, roadways. is not close to law enforcement and out of the jurisdiction for Simcoe and are not aware that he is there, according to Castellano.

under section 810.2 of the Criminal Code and his conditions include: Not

be present in any day care, swimming for parents to address with their chilarea and/or public swimming area, dren, the signs may raise more ques-Residents braved the cold on Satur- school ground or playground where to be present or any community centre where children are present; abstain absolutely from the possession, purchase controlled substances or marihuana, except in accordance with a medical of the provisions of the Township's Keith Theodore Constantin was prescription; abstain absolutely from sign bylaw and may not be permitted

He is currently under strict superistry of Community Safety and Corrole Office will continue to monitor his activities.

The group is still collecting signato sign the petition and for more infor-The purpose of the protest, accord- mation about the high risk violent sex offender.

According to the group's website:

"We need to ensure this sex offender ship area but most importantly also receive the rehabilitation he requires in a permanent and secure institution. We find it outrageous that our government officials would allow a person with such a criminal resume to move into a neighbourhood with such a high density of children and families."

Local politicians support the residents.

"I applaud the efforts of the commucation that has the rehabilitation services and is close to a police station," said Mayor Steve Pellegrini.

"The demonstration is a clear inabout this offender being placed here in King Township," said Councillor Bill Cober. "Nobody is supportive of this placement."

While local politicians support the residents, they caution them about The house, in a rural area near High-placing any sort of signs along the

Mayor Pellegrini said local bylaws prohibit it, to prevent "sign pollution" Caledon. Many residents in the area and protect public safety. Signs tend to distract drivers, he observed.

"I think it is important to note that Police note he is bound by an order while the matter is deeply concerning to many residents, other members of the community may not respond posto be alone with anyone under the age itively to a local advertising campaign of 16 unless the minor is accompanied on this issue. I would also add that by a responsible adult over 18; not to while this issue is extremely difficult

tions than they answer for parents and children that travel through the area but are not residents of Schomberg and surrounding villages. I think there is a respectful dialogue that can be had on this issue that does not require the installation of signage that is outside by the Region of York or Ministry of Transportation on their roads," Pellegrini said.





Residents ramped up their efforts to protest against a high-risk offender living near Schomberg. They took to the road Saturday to show their dismay over convicted offender Keith Constantin living in a rural facility.

Submitted Photos

ect Billings







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Scattered Flurries	Sun/Clouds	Light Snow	Cloudy/Showers	Sun/Clouds	Sun/Clouds	Light
High 0C°	High -3C°	High 2C°	High 5C°	High 3C°	High 0C°	Snow
Low -5C°	Low -6C°	Low 0C°	Low 0C°	Low -4C°	Low -2C°	High -1C°
Snow ~1cm	Snow ~1cm	Snow 1-3cm	Rain 1-3mm		Snow ~5cm	Low -9C°
Wind SW 25k	Wind NW 25k	Wind W 20k	Wind S 25k	Wind W 25k	Wind N 15k	



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Editorial, Letters & Opinion

"Public opinion shapes our destinies and guides the progress of human affairs"

~ Frank B. Kellogg

Are we all doomed by our own creations?

"The only thing that will redeem mankind is cooperation."

Bertrand Russell

World renowned physicist Professor Stephen Hawking says our species could be wiped out by our own creations within the next century.

Hawking said basically our own curiosity has led to our undoing. Our crazy fast pace to improve life and technology could very well lead to our end.

He has suggested in the past that colonizing other planets will be the only way that the human race can survive. But, given our relative ignorance in that regard, we'll likely lose our home planet to a major disaster before we have a chance to resettle somewhere in the cosmos.

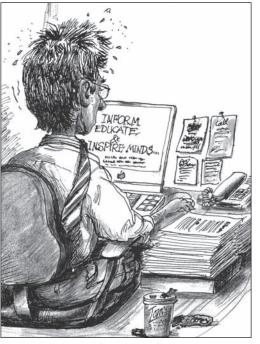
"Although the chance of a disaster to planet Earth in a given year may be quite low, it adds up over time, and becomes a near certainty in the next thousand or 10,000 years.

"By that time we should have spread out into space, and to other stars, so a disaster on Earth would not mean the end of the human race.

"However, we will not establish self-sustaining colonies in space for at least the next 100 years, so we have to be very careful in this period."

From artificially intelligent robots standing it yourself. running amok to malevolent aliens, our future is filled with challenges to be sure.

Hawking's latest warning comes with the footnote that further research into science and technology will provide "new ways things can go wrong.



Mark Pavilons

changes are heading in the right directions," he said.

"In a democratic society, this means that everyone needs to have a basic understanding of science to make informed decisions about the future.

knows, you might even end up under-

"We are not going to stop making progress, or reverse it, so we must recognize the dangers and control them."

Maybe we should heed his warnings. After all, Hawking is one of the most brilliant people on the planet. He's also beaten the odds - he's lived with motor "It's important to ensure that these neurone disease for more than 52 years;

is confined to a wheelchair and commu- (and others) should help shrink the balnicates through a computer. He's likely one of the most recognized scientists there are.

But Stephen's predictions are only that abound all around us.

There are many reasons why humankind deserves what it gets.

I love those TV specials that speculate what the modern landscape would look like after humans were wiped off the face of the planet. It doesn't take long for nature to "reclaim" what once was. Flora and fauna would thrive and our cities would resemble majestic forests and jungles, instead of steel and concrete monoliths.

I will provide some real world examples of why the flora and fauna should Don't take it away! reign supreme.

Like many others, I was surprised to hear that Goodwill is struggling financially, and a "cash flow crisis" forced it to close stores. Some 430 employees did not receive their pay cheques last week, but I'm sure the CEO did. She earns phone to chat, or actually visiting someover \$200,000 a year. There is something one or shooting the breeze over coffee? wrong with this picture, right?

A bank losing money? Well, appar-"So communicate plainly what you ently, Deutsche Bank has lost millions are trying to do in science, and who of dollars in its most recent quarter, and has to do some major restructuring. A severance from the Swiss Franc and some bad investments in the auto industry (can you guess which one?) have led to the losses.

> Cut thousands of jobs and dividends to shrink the balance sheet. That's how these types refer to people and their livelihood.

Perhaps the top brass of this bank

ance sheet by taking a pay cut!

Technology has, and will continue, to eliminate human jobs.

Can you image what would happen if part of the numerous warning signs the Internet went down for even just a day? Total chaos.

> Every time I venture into my bank, I am asked whether I do online banking. "If I do, won't that mean you will be out of a job?" I ask the tellers plainly.

> As I line up patiently to do my banking, I'm approached and encouraged to use the ATM inside the branch. Again, doesn't anyone see the trend here?

> Maybe I'm old-fashioned, but I enjoy interacting with my fellow human beings. Going to the bank and chatting with tellers is a simple pleasure in life.

> This technology has also affected characters and social interaction. For some, their only human contact is over the Internet, through social networking and via email and Facebook.

Whatever happened to picking up the

Our devices, which for many are glued to their hands, are turning us into cold, self-indulgent automatons. We may not be destroying the planet as Hawking says, but we aren't improving our social skills. Emoticons be damned!

But the doomsters may be right in saying our planet will blow up long before we ever achieve world peace or "Heaven on Earth."

As long as we're motivated by greed, success, status and material wealth, we are doomed. Even self-driving cars won't save us from ourselves!





Night skies

By Gary Boyle The Backyard Astronomer

Human civilizations have looked up at the night sky for entertainment as well as science.

It was noticed from a very early time that five "stars" seem to move across the back ground constellations. These mystery objects were called "planet," which comes from the Greek meaning "wanderer," Uranus, Neptune and (minor planet) Pluto were discovered within the past few hundred years by telescope.

Most times we can see the naked eye planets at night or in the morning except when a planet disappears in the solar glare and is dangerous to venture too close. On rare occasions the naked eye planets are fanned out in one area of sky.

Through Feb. 20, step outside about an hour before dawn and look south to see the other members of our solar system. In fact five planets as well as the sun and moon are named for the seven days of the week.

Gary Boyle is the past president of the Ottawa Centre of the Royal Astronomical Society of Canada. He is an astronomy lecturer and media contact across Canada. The wonders of the night sky has been his passion for the past 50 years.

www.kingweekly.com

83%

17%

KingWeeklySentinel WEBP

a) Yes

b) No

Results from last week's poll:

Would a lottery win change

your life dramatically?

The results of this poll are in no way considered to be valid or infallible.



Brainteaser

Take off my skin and I won't cry, but you will. What am I?

Last week's answer: You can drown in quicksand without getting wet.

King Township Trivia

In 1962 King's building department issued 237 permits – 77 for new dwellings, 58 for additions, 1 new store, 2 schools & additions, 1 church, 1 bank, 42 private garages, 5 greenhouses, 26 accessory buildings.



THIS WEEK'S

QUESTION

a) Carolina Panthers

b) Denver Broncos

So go to the website

and cast a vote!

Who's going to

win the Super

Bowl Feb.7?

First World War project seeks 'citizen historians'

By Mark Pavilons

A British project is hoping Canadians can shed some light on service records from the First World War.

The global project will research the lives and wartime service of "Geordies" - those from the North East of England – in the armies of Australia, New Zealand, Newfoundland, and Canada during the First World War.

Dominion Geordies in World War One, funded by the Arts and Humanities Research Council, will seek to crowdsource research by recruiting volunteer researchers in Canada and overseas.

"The first stage of the project will involve collecting information that will help us build a comprehensive and fascinating insight into the stories of so many of the local men and women of the North East who, having left their native land in the three decades or so before the war, found themselves volunteering to return and fight for the homeland in the campaigns of the war across the world," said Dr. James McConnel. History Lecturer at Northumbria University. "By better understanding their complex identities, we hope to get a clearer picture of a fascinating aspect ing project to work on," said Dr. McConof the First World War that has been almost completely forgotten."

Take, for example, George Burdon McKean. Originally from Willington, County Durham, he was a student at the University of Alberta when the war broke out and served in the Canadian Expeditionary Force. He was awarded the Victoria Cross, the Military Medal and, after he was commissioned as an officer, the Military Cross, making him one of only a handful of people who have won all three and survived the war.

The research will consider not only individual "migration histories" like these, but also the way that individuals and communities saw their own identities as Geordies and Britons, but also Australians, Canadians, or New Zealanders.

The information for the database will be gathered by "citizen historians" and the 12-month project is open to anyone. All you need is an interest in the First World War.

Using this information, the project organizers plan to produce a short film and write a number of research papers in order to profile the men of the North East who fought in the armies of the Dominions.

"It will be an interesting and challengnel. "And we want to get as many people as possible involved, from experienced

York Region hosts information fair for sponsoring Syrian refugees

The Regional Municipality of York, in partnership with Welcome Centre Immigrant Services, is hosting a Refugee Sponsorship Information Fair for York Region residents and organizations planning or currently in the process of sponsoring Syrian refugees.

The information fair will feature 35 agency booths set up to provide information on services they offer and how they can help support the sponsorship efforts of residents.

Tuesday, Feb. 2 from 6-8 p.m. It's a drop-It will take place in event with sessions on the sponsorship process and supports for newcomers in York Region happening at 6:15 p.m. and 7 p.m.

It will be held at the Welcome Centre Immigrant Services, Markham North, 8400 Woodbine Avenue, City of Markham (one block south of Highway 7 and Woodbine Avenue – parking in rear of building).

Adelina Urbanski, York Region's commissioner, community and health services, will speak. Also, representatives of Welcome Centre Immigrant Services will be on hand to answer questions.

More information about the Refugee Sponsorship Information Fair is available at YorkWelcome.ca/refugees.



Participants will have the opportunity project." to learn the skills necessary to research the lost stories of these service men and ion Geordies in World War One project women's lives and to work with other or for more information, please visit researchers across the world.

can take the time to learn just a little bria.ac.uk about the scale and impact of the war

researchers to first-time historians. will be encouraged to play a part in the

To volunteer to be part of the Dominhttp://dominiongeordiesinww1.co.uk/ "We are confident that anyone who or contact james.mcconnel@northum-

King for Refugees ready to help

The Syrian refugee crisis continues to impact us all.

King for Refugees is ready to help! King for Refugees was formed to gather individuals and to co-ordinate the effort of local residents, businesses, and groups that want to help refugees.

It is a grassroots organization with a goal of welcoming and supporting new Canadians in King Township.

Months ago people came together and began to plan and organize. Much has been accomplished and membership is still growing. Now, we are ready to welcome and settle newcomers.

As your friends, neighbours, and colleagues, we are asking you to help by doing what you can. Please donate to King for Refugees so that families can be sponsored and the work of welcoming begin.

You can help right now donate funds online. Go to www.kingforrefugees. org.

You will receive your charitable donation tax receipt from this site.

Donate by cheque to send a cheque made payable to Humanity First, with King for Refugees noted on the memo line, to King for Refugees, P.O. Box 135, King City, L7B 1A4.









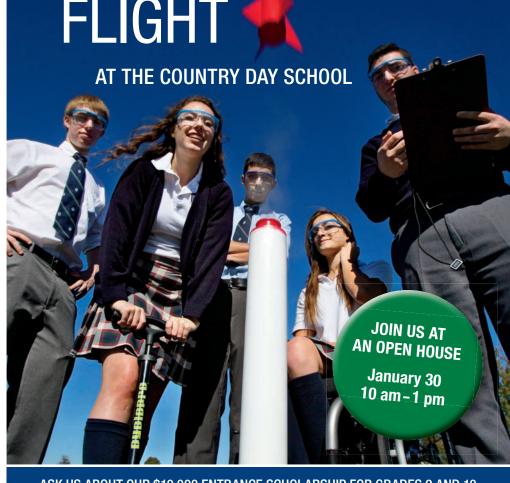
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King Weekly Sentinel

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By Mark Pavilons

The creative culinary team at The Summerhill likes to play with your food.

And that's a good thing, too. The result is an unbelievable variety of unique signature dishes, unlike anything you'll find in the area.

Not only are the menu items appealing and well presented, the staff at The Summerhill Resto Pub Patio are very conscious about sustainability. In fact, it drives them to seek out the healthiest and most sustainable meat and seafood products. They want their customers to eat the very best and invite them to taste the difference.

According to co-owner John Green, a King City native, we all have to take a serious look at what we're eating and where it comes from. Most consumers are simply unaware that the bulk of processed seafood (for example) is poor quality and comes from countries with lower standards and regulations.

"Sustainability is not just a buzz word around here," Green said. "It's our mantra."

ever-changing menu:

"At The Summerhill, our proteins and produce are sourced from farmers and fisher folk that share the same values and respect for the land and the environment that we do, and encourage environmentally responsible practices.

"Sustainability, animal welfare and

ShopKING winners noted

Residents are cashing in and helping the Township at the same time.

King is looking for input on local shopping expectations, and if you answer a survey, you have a chance to win prizes.

So far, six winners have been named. They each won \$25 Tim Hortons gift cards as a result of the ShopKING survey.

Winners were Susan Beharriell, Jill Armstrong, Amanda Oranato, Ali Lloyd, Karen Wright and Patt Ward.

To take the survey, visit https:// www.surveymonkey.com/r/Shop-KINGResidentSurvey

integrity are the cornerstones of what our core beliefs are at The Summerhill."

In fact, chef Peter Keegan can trace their Carolina stone bass to the very boat and crew that caught it and hauled it in.

And that's important to the Summerhill team, led by Jaclyn Dubar. They genuinely care and are quite passionate about it.

Patrons can rest assured they're getting some very high quality products.

"It's important to know where it's from," Keegan said.

Keegan's passion goes much deeper than the kitchen. He spent time with the David Suzuki Foundation and the WWF Choose Wisely programs that spread awareness about sustainable fishing and conservation practices.

At The Summerhill, you're getting a terrific meal and an education about sustainability, all brought to your table. Keegan is more than happy to emerge from the kitchen and talk with guests, giving them insights and details about their meals.

The meats they source tend to be ani-Their commitment is printed on their mal welfare approved, free of hormones and steroids. Some of their suppliers go as far as keeping the families of animals together to create a stress-free environment.

> Variety is vital at The Summerhill. and the menu changes like clockwork, almost every two weeks.

> Keegan said his dishes are a "marriage of different ingredients" and he likes to keep things simple.

> "Simple ingredients make sense," he said, adding he likes to play with the food.

> The response to the food has been "amazing."

And it seems word has gotten out. Guests feel more comfortable since Dubar, a Schomberg native, has taken the reins of the landmark restaurant just north of Nobleton. Couples, families and groups now flock to the restaurant and stay for hours, soaking in the ambiance.

They're constantly improving the aesthetics to both the pub and dining room, with Jaclyn adding her personal touch.

The pub remains a popular spot, but it's far from typical pub fare. Yes, they still have chicken wings, but try the tempura green beans – they're delicious and addictive. Their nine-ounce burger



Jaclyn Dubar and chef Peter Keegan of The Summerhill in Nobleton, offer some great, unique dishes at the restaurant.

Photo by Mark Pavilons

contains four different meats and their French onion soup is to die for. Skip the fries and order the Indonesian prawn She saw a lot of potential in the place. fritters or Bombay curry.

Staff at The Summerhill are more than happy to accommodate all tastes, allergies and dietary needs.

They're all very excited to present the new-look Summerhill. All of them are thrilled to see the looks on customers' faces. It's a testament that all of their hard work is paying off.

miliar brand names and the list of craft beers is long, indeed.

The Summerhill encourages diners to venture out of their culinary comfort zones and try some new dishes.

the place, something they take great pride in.

"I'm proud to put that plate of food in front of our guests," Green said.

The popular pub, along with the patio in the summer months, is licenced for more than 200 people. The upstairs restaurant, for more fine dining, can comfortably accommodate 60.

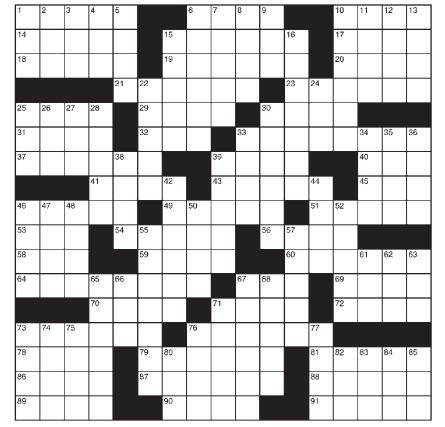
Dubar took over the restaurant last October and opened in early December. Jaclyn worked at The Arbour for seven years, getting to know the business and her loval customers. She is planning to get further involved in the community she loves and has a long list of activities and features planned for the summer. Special events, cabanas and an herb garden are on the to-do list.

When you enter the dining room or Jaclyn has created a wine list with fa- pub, the tall harvest tables grab your attention. The idea behind the high-top tables, Green said, is to bring everyone to the same level, sitting comfortably at the table, sharing a great meal and some tall tales. It's a unique way of "forc-They've created an amazing vibe in ing" people to get along and interact. It has a way of bringing neighbours and even strangers together.

> Currently, The Summerhill is closed Mondays. They're open noon to midnight and the dining room opens at 6 p.m. Thursday through Sunday. For more, call them at 905-859-4445. They're located at 13775 Highway 27, just north of 15th Sideroad.







_ and shine!

52.Express de rision

ACROSS

1. Tenth 6. Miffed 10.Molding curve 14.Spam source 15.Rejuvenate 17.Hog 18.____-ski 19.Coed 20.Draw a salary 21.Royal fur 23.Turn sour 25.Apportion 29.English horn 30.Pedro's dough 31.Nudge 32. Active hostility 33."____ in Blue" 37.Grumble 39.Switch 40.Deviate from course 41.Soft-drink flavor 43.Gala 45.Malt beverage 46.Withered 49.Green, glassy mineral 51. Theater guide 53.Consciousbeing 54.Corpuscle's passage- 4. Go hastily way

56.Knitter's material 6. Final year student 58.Benefit 7. Sheepish 59. Agreement 8. ____ 60.Paradise 9. Holiday night 64.Flowering shrub 10.Actress Merle 67.Michael Jackson 11.Spur 12.Nobleman album 69.Orange covering 13.Coastal bird 15.Cuban music 70.Marathon segment 71.Creche figures 16.Passage from a book 72.Mind 22.Spur wheel 73.Wimpy 24.Operate 25.Car info 76.Succeed 78.Kind of admiral 26.Go astray 79. Soup ingredient, 27.Likewise possibly 28.Elicit 81.Pale 30.Heaven's ____ Gates 33.Rock back and forth 86.Chanted 87.Harassment 34.Indian nursemaid 88.Tenant's document 35.Wide valley 36.Decorative jug 89.Trim 90.Pinochle term 38.Fizzy beverage 91.Expire 39.Herring 42.Scuff DOWN 44.Mongolian dwelling 1. Social drink 46.Sport 2. Ornery small fry 47. Money exchange fee 3. Popeye is one 48.Silent okays 50.Inscribe

5. Different

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55.Posh 57. Television sound 61.Mom and apple 62. Tourist lodging 63.Sumup 65.Develop 66.Nipped 67.Narrative poem 68.Shoelace tip 71.Miniature 73.OldGaelic 74.Quarrel 75.Tusk 76.Nicklaus's cry 77."____ Street" (film) 80.Unit of resistance 82.Adriatic, e.g. 83.Luck 84.Hook shape 85.Formerly named

> Solution on page 14

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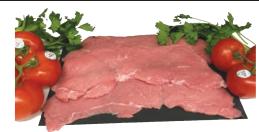
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King City studio combines both yoga and art

By Mark Pavilons

Art comes in many forms. And combining them only expands the human condition.

King City's Stretching Canvas Yoga Studio & Paint Loft bridges the gap between physical and spiritual art.

found her niche in the studio. She retraining as a yoga teacher. She also ran Messy Hands, a mobile art stu- non-judgmental self awareness." dio where she offered art programs to schools and children.

in King City, noting it would be an ide- ages. al spot for a yoga studio. But D'Angelo wasn't ready to open a studio. But she soon realized she could combine her two passions into that space.

Stretching Canvas is a yoga studio and painting studio. They offer yoga classes daily for beginner to intermediate levels. They also offer family yoga, mom & daughter yoga, kids yoga, teen yoga, yoga with essential oils, yoga & art, yoga for the chakras, hot rocks restorative yoga, private yoga therapy, Thai yoga massage and reiki energy healing.

They also offer yoga and art parties for kids, as well as private parties and gatherings for adults, corporate team building workshops, intuitive painting courses, weekend workshops and monthly healing circles.

D'Angelo takes pride in the fact they are unique in what they provide. Their strength also comes from the staff.

"My staff are incredible," she said, point out that three of the teachers, including her, are Kripalu teachers. Kripalu is a form of yoga known as on compassionate, non-judgemental four corners at 12994 Keele Street, self-awareness. Two of her instructors 2nd Floor Unit 7. Visit them at www. are Hatha yoga teachers offering amaz-stretchingcanvas.ca or text/call D'Aning Vinyasa flow classes.

"I fell in love with yoga in 1996 when I tried my first class. I love how yoga calms and relaxes me, but more importantly how it helps me connect to my body, mind and spirit, bringing me into the present moment," D'Angelo said. "With the use of conscious breath, proper alignment of postures and med-Tiziana D'Angelo believes she's itation, yoga helps bring awareness of our whole being into the moment, cently graduated from her 200-hour accepting ourselves exactly as we are and where we are with compassion and

D'Angelo urges everyone to give voga a try, because it's designed for ev-A realtor friend showed her the space eryone – all body types, abilities and

Stretching Canvas offers options to modify a pose to help make it more gentle or more intense – whatever the student wants.

"We try to teach our students that 'vou are vour best teacher.' Listening to the wisdom of the body is more important than following exactly what the teacher is doing. Teachers are here to support guide and ensure you are safe in your posture at all times."

Yoga, she stressed, is the most perfect form of exercise because it cultivates cardiovascular health, musculoskeletal strength and flexibility, as well as tuning up every organ system in the body. It helps the body to relax and reduces the negative side effects of stress.

"With regular yoga, we breathe better, eat better, sleep better and feel better overall. You'll feel the benefits after your first class."

D'Angelo recently offered her first intuitive painting workshop and more are planned in the future.

Stretching Canvas-Yoga Studio & "the yoga for everyone," focusing Paint Loft is located in the King City's gelo at 905-303-6377.



Stretching Canvas Yoga Studio & Paint Loft, run by Tiziana D'Angelo (below left) brings yoga and art together.

Budget addresses local needs

From Front Page

Councillors had one last chance to lobby for their own priorities to be included in the budget, while remaining within the 2.95% increase.

Councillor Cleve Mortelliti was visibly frustrated when his request for sidewalks on Keele Street in King City were not specifically mentioned in the budget. He said he's been asking about this work for some time, stressing it's a very busy area and residents have no sidewalks. He even took the time to drive around his community with staff to point out the shortfall.

The budget for sidewalk work across King, according to Allan Evelyn, King's director of finance, totals some \$185,000 this year and together with Andrew Drzewiecki, public works director, they vowed to find the roughly \$80,000 to get this work done this year.

Councillor Debbie Schaefer urged council to grant her requests for extra money for King's tourism effort (\$19,000 for "Experience King") and a small amount to cover the salary of a cultural co-ordinator (\$2,500). While councillors went along with those, they nixed an extra bylaw officer and the cost of a heritage study for Schomberg.

Councillors, on Mayor Pellegrini's direction, stressed to staff that these extra costs cannot impact the overall budget or tax rate, and have to come from the





roughly \$297,000 directed into reserves. The mayor also noted that at the end of the Township's fiscal year, they often enjoy a surplus, which can also be applied to these costs.

Evelyn said since the draft budget was presented in December, staff have gone back and evaluated programs and costs, figuring in the incremental increase of some \$763,000 in assessment growth revenue. They "took a hard look at core ingredients" of the budget and prioritized some program changes.

The focus, he said, was on infrastructure needs.

While the creative budgeting could have resulted in a zero tax increase, that would have noticeably impacted service to residents. By using the assessment funds and lowering reserve contributions, King tried to satisfy all the needs. They're getting more done with that 2.95% tax increase.

That being said, it's clear the municipality has to make a commitment to its reserves and, at the same time, make a long-term commitment to infrastructure renewal.

The tax increase is both "reasonable" and "affordable."

Hydro costs (with the removal of subsidies), staff salaries and servicing the debt on water and sewer works have all driven up King's budget needs.

Gross spending for 2016 will come in at \$34.1 million, with revenue of \$33.46 million. The capital budget, on the other hand, is seeing a massive increase in costs. The 2016 capital budget is pegged at \$12.7 million, compared to the \$7.2 million in 2015.

King's investment in its infrastructure, with roads taking the biggest chunk, is almost \$7 million alone.

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LLANOVA O L L E G E



Liberal MP Deb Schulte officially unveiled her new office located in Vaughan recently, months after being elected as the first representative of the new riding of King-Vaughan.

MP's office open to serve

King-Vaughan MP Deb Schulte opened her new constituency office recently, surrounded by community members.

"It has been a busy few months since the election, selecting my team and setting up our offices in Ottawa and here in the riding. It is a privilege to be serving the community as the first MP for King-Vaughan, and this office will be an important resource to hear and address constituents' needs," said Schulte. "My staff and I are dedicated to the highest standards of service. Throughout my career as an elected official, I have been proud to be accessible, transparent and as helpful as I can be, and I look forward to continuing that approach from this office."

Joining Schulte were MP Francesco Sorbara, Vaughan Councillor Marilyn Iafrate, King Councillor Avia Eek, York Region District School Board Chair Anna DeBartolo and Trustee Lynda Aversa, as well as nearly 50 community members.

Deb Schulte is a strong voice for our community, focused on delivering positive results. She was elected as the first Member of Parliament for the new constituency of King-Vaughan in 2015.

As a regional councillor, Deb saved taxpayers millions of dollars, through fiscal discipline and accountability at Vaughan City Hall. Deb has been fighting grid-lock by improving traffic flow, expanding capacity, making roads safer, and build-ing more transit and cycling infrastructure.

As a recognized environmental champion, she has saved hundreds of hectares of greenspace through advocacy and sustainable development. Deb served on the Greenbelt Task Force, the Humber Watershed Alliance and the Oak Ridges Moraine Foundation board of directors. A dedicated community leader, Deb was a soccer coach and convener of the Kleinburg-Nobleton Soccer Club, a school council chair and ratepayer association president. Deb earned a mechanical and aerospace engineering degree from Princeton University and spent 22 years in business and management at Bombardier Aerospace.

The riding of King-Vaughan includes King Township wards 1-5, and the City of Vaughan communities of Maple, Kleinburg and a portion of northeastern Woodbridge.





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ASK to select winners of the 'Golden Brush Award'

By Grazyna Tonkiel

King (ASK) has brought art and culture tions. Her works have been exhibited in Artist Juried Exhibition is being estab- Award winner will also receive an ASK to our community.

Thursday, Feb. 4 at 6:30 p.m. at the Heritage and Cultural Centre (Museum), 80 public and private collections worldthe three finest young visual artists and high school students from Villanova College, will be recognized for their ronto, and authored many publications artistic achievements as winners of the about art. inaugural Arts Society King Young Artists Juried Exhibition. The exhibition and received her Master's Degree in will run for the entire month until Feb. graphic art from the Vienna Academy 29.

All of the submitted works will be ju- Royal Canadian Academy of Arts. ried by two iconic Canadian artists: Helen Lucas and Ernestine Tahedl, ASK's corporate and private collections and honorary members.

presence of King Mayor Steve Pellegri- pan. Her awards include the Graduani, president of Villanova College Paul tion Prize of the Austrian Government, Paradiso, and Villanova College visual the Bronze Medal of the Vienna Interarts teacher, Angelo Casbarro.

claimed Canadian artist, the recipient or's Prize at Kyoto Japan, and many, all secondary schools in the region. of The Queen Elizabeth II Diamond Ju- many more. For the past decade, Arts Society bilee Medal, and almost 20 other distincover seventy solo exhibitions and even lished as ASK's newest initiative. It has President Award. To my heart's content, this coming more group exhibitions, in Canada, USA and Mexico, and are part of over wide. She was a drawing and painting Master Teacher at the University of To-

> Ernestine Tahedl was born in Austria of Applied Arts. She is a member of

Her work is represented in public, galleries in Canada, United States, The rewards will be presented in the France, Switzerland, Austria, and Janational Exhibition of Paintings, The Helen Lucas is an internationally ac- Queen's Golden Jubilee Medal, the May-

been conceived by ASK's executive director, Teri Hastings. Our aim is to help works of young artists. Your presence young and talented visual artists start at the ceremony will recognize their their careers and develop an artistic talent, and encourage them to grow and presence in the community.

This year, only high school students but starting next year we plan to include al Centre (Museum) in King City.

Gold, silver and bronze Brush Awards The Arts Society King Annual Young will be granted. The Golden Brush

> Please, come and see the spectacular develop artistic skills and sensitivity.

Hope to see you all on Thursday, Feb. from Villanova Collage will participate, 4 at 6:30 p.m. at the Heritage and Cultur-



Flood impacts Nobleton business

A Nobleton business is still cleaning up after a flood that took place last Wednesday.

A pipe burst upstairs at the entrance of KNG Total Fitness facility and Physiomed Nobleton, located at 12931 Hwy 27.

The building had to be evacuated while the police and firefighters took over. Unfortunately, it took them over 45 minutes before they could shut the water off so there was quite a lot of damage.

The Guardian Pharmacy, Nobleton Walk-in clinic and Nobleton Optometry were all affected by the water. The pharmacy has re-opened and is open to the public, however, the upstairs which was home to the new fitness facility and Physiomed, has been shut down and will not be re-open until further notice.

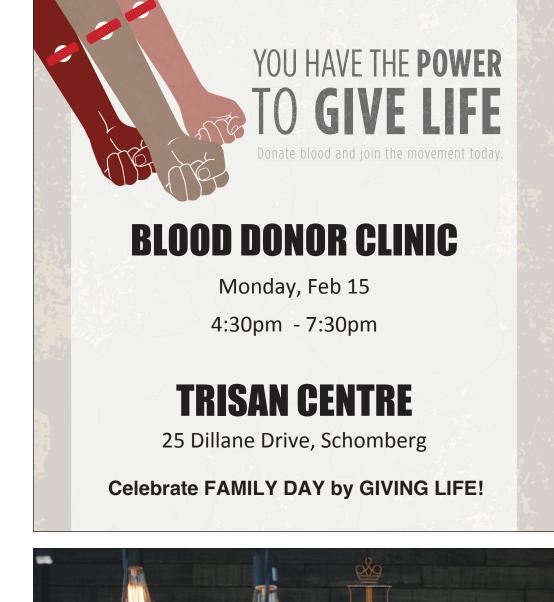
As Nobleton's first fitness facility and gym, owners are very saddened to have had this happen especially since so many members had just gotten into their healthy new fitness routines.

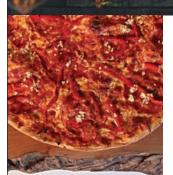
They are looking to see if any community centres will help them out and allow them to rent some space to run some fitness classes for their members.

"We love and appreciate our members and will do our best to try and make something work so that we can help out our members," said Lorena Santacruz.

If anybody has any questions or suggestions as to how they can further support our members and community please email Lorena@kngtotalfitness.com.

Committee, staff draw praise





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By Mark Pavilons

The efforts of King's Accessibility Advisory Committee drew praise from local councillors recently.

After review the staff report including a 2015 update on activities, Councillor Linda Pabst noted this is one of the best committees ever. A full slate of people has contributed to many successes over the past year.

Mayor Steve Pellegrini said he was very proud of the committee's work. "You had a good year," he said.

Under provincial legislation (Accessibility for Ontarians with Disabilities Act, 2005), municipalities are required to prepare annual repots on efforts to implement local accessibility plans.

In 2013, the Township began a multi-year accessibility planning process and a combined staff-committee process developed the 2013-2017 plan, which was approved in December 2013.

"Building communities where every person can participate fully is important for people, businesses, tourism and community life," according to the staff report prepared by administrative clerk Diane Moratto. "With the ongoing implementation of the AODA, the Township continues to integrate accessibility planning into business practices, policies and processes across all departments."

The advisory committee continues to play a "critical role" in making the Township accessible, by providing direct input into the standards under the AODA.

FEATURE RECIPE OF THE MONTH

4 boneless, skinless chicken breast halves

- 1/4 cup all-purpose flour salt and pepper to taste
- 1 tablespoon dried oregano
- 2 tablespoons olive oil
- 1 tsp butter
- 1/4 cups of chicken stock 3 cups sliced portobello mushrooms 3/4 cup sun-dried tomatoes
- 1/2 cup packed fresh spinach

 Place chicken breasts between two pieces of wax paper, and pound to 1/4 inch thick with a meat mallet. Dust chicken with flour, salt, pepper and oregano.

• In a skillet, fry chicken in olive oil over medium heat. For 3 minutes each side, turning to cook evenly. Set aside, and keep warm.

• In the same pan, melt the butter over medium heat; add mushrooms, sun-dried tomatoes, chicken stock and Marsala wine.

Cook for approximately 10 minutes, stirring occasionally. Mix in spinach, and cook for about 2 minutes. Serve over chicken.

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Schomberg Agricultural Society

The 12th annual Schomberg Agricultural Society's Farm Tour is coming on Saturday, March 12 from 10 a.m. to 3 p.m.

This very popular and well-attended "drive yourself tour" will showcase 4 local farms that are sure to impress visitors of all ages and interests.

There is always a theme to their tours and it is a great way to see and partake in another side of life that you may otherwise never be privy to. I know kids up here know that chocolate milk doesn't come from brown cows and "cow tipping" doesn't actually exist but this privileged entry into the agricultural way of life may just open your eyes to their lifestyle and the absolute, imperative importance of maintaining, protecting and honoring all things agricultural in our society!

Blood Donor Clinic

In the month of December we asked for your help and you responded. 72 units of blood were collected at the Trisan Centre on Dec. 8. We were able to achieve 124% of our collection goals. To a hospital patient and their family, this was an incredible gift.

Why not give life through blood donation. Continuing to support our community by encouraging people to become blood donors is important as we start off a new year. With still just 4% of el-

To help meet future blood needs, why not bring a friend to our special Family Day clinic.

Schomberg, will be Monday, Feb. 15, from 4:30 to 7:30 p.m. at the Trisan Centre. 25 Dillane Drive.

Either book your appointment at Blood.ca or pop in on Monday, Feb. 15. Celebrate Family Day by giving life "It's in you to give!"

Dufferin Marsh Association

The Dufferin Marsh Group have two events coming up that they welcome everyone to:

On Saturday, Feb. 13 the annual community skate will be held at the Dufferin Marsh (dependent on ice conditions) from 3 to 6 p.m. There will be a bonfire, hot drinks, and hotdogs and marshmallows to roast. Follow the trail in from the bulletin board on Dr. Kay Drive.

On Monday, Feb. 15 (Family Day) we will be hold a guided Great Back Yard Bird Count. Join us to identify and count the number of winter birds we have in Schomberg. The data we collect will be submitted as part of an international bird count that is happening all across the world on the same days. Meet at the bulletin board on Dr. Kay Drive. Dress for the weather and bring your binoculars.

King For Refugees

The Syrian Refugee Crisis continues to impact us all. We are ready to help!

King For Refugees was formed to gather individuals and to co-ordinate



ther needing blood themselves or know- es and groups that want to help the ref- torical elements will be presented using ing someone who will, there is no better ugees. It is a grassroots organization a slide show, but the emotional scars with a goal of welcoming and support- will be felt through a simulation exering new Canadians into our beautiful cise. Township of King.

This next blood donor clinic in began to plan and organize. Much has ment is limited to 60 persons. The paybeen accomplished and membership is ment of your registration fee secures still growing. We have accommodations leased in King City; we are acquiring household goods; we are learning what Lloydtown/Aurora Road, Kettleby, L7B our roles will be and when sufficient 0G3. funding has been obtained we will be ready for our first refugee family to King!

As your friends, neighbours and colleagues, we are asking you to help by doing what you can. Please donate to "King For Refugees" so that families can be sponsored and the work of welcoming them can begin!

You can donate funds online by visiting www.kingforrefugees.org and you will receive your charitable donation tax receipt from this site. Or you can also donate by mailing us a cheque the service by our treasured organist made payable to Humanity First, with Joy Gannicott. And the crucifer (carrier King For Refugees noted on the memo of the processional cross) wore his kilt. line and mail it to King For Refugees, P.O. Box 135, King City, L7B 1A4. Include your full name and return mailing address to receive a charitable tax receipt.

Cystic Fibrosis Benefit

Everyone is invited to the 6th annual Cystic Fibrosis Canada fundraising event at the Schomberg Community Hall on Saturday, Feb. 6.

There will be prizes, raffles, cash bar and a great deal of live entertainment, bra; Hank; Slow Towns.

Tickets are \$10 at the door. What a great way to support such a worth fundraising effort and have a great night at the same time!

York Pines Church

The York Pines Church announces its sponsorship of a workshop on Saturday, Competency."

It is presented by staff from the Ontario Federation of Indigenous Friend- or contact parish priest s.ashworth@ ship Centres in Toronto. The workshop rogers.com or visit our website www. is intended to help non-aboriginals to anglicanparishoflloydtown for more inunderstand better the cultural back- formation.



igible Canadians donating and 50% ei- the efforts of local residents, business- ground of First Nations' peoples. His-

The cost of the workshop is \$40. This Months ago people came together and amount includes your lunch. Enrollyour place. Please send your cheque to the York Pines United Church, 3150 the

For more information please call the church at 905-727-8118. It is a goal of the York Pines' congregation to draw closer to First Nations' peoples in 2016. This is a step towards realizing that goal.

St. Mary Magdelene

Beloved Scottish poet Robbie Burns was remembered this past Sunday at St. Mary Magdalene's Anglican Church, Schomberg with the playing of his beautiful "Flow Gently Sweet Afton" during

Saturday, Jan. 30 will see the men of the Anglican Parish of Llovdtown hold their monthly 9 a.m. breakfast and Bible study at St. Mary Magdalene's at 116 Church St. in Schomberg.

On Sunday, Jan. 31 the Right Reverend Colin Johnson Anglican Archbishop of Toronto will address all those, including members of Christ Church Kettleby and St. Mary Magdalene's Schomberg attending the Youth Retreat at Muskoka Camp.

AA meetings are held Monday eveincluding The Wheat Kings; Jonny Co- nings at 7:30 p.m. and Brown Bag (lunch) Bible Study continues on Wednesdays starting at 12:30 p.m. Both events at St. Mary Magdalene's.

A parish-wide Pancake Supper will be held at St. Mary Magdalene's on Shrove Tuesday starting at 5:30 pm. Popular local band "Sentimental Journey" will entertain.

All are welcome to attend Holy Communion services Sunday mornings 9:30 Feb. 27 from 9 a.m. to 4 p.m. The work- at Christ Church Kettleby (Kettleby Rd. shop is entitled, "Aboriginal Cultural halfway between Jane St. and Keele St.) or 11:15 at St. Mary Magdalene's.

Call the church office 905-939-2314





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Cougars' losing streak hits six with shutout loss

By JAKE COURTEPATTE

Every point matters with the end of the GMOHL season looming, but somebody forgot to tell the Schomberg Cougars.

Shamrocks and Huntsville Otters over the weekend, the club is falling farther and farther down the standings ladder and into dangerous territory, all with only two games left on the schedule.

Overtime loss

into the second period, after Declan pipes for the Cougars on Friday, facing ing with the Alliston Hornets, who are Lampe, Carter LeRoux, and Justin Formenton gave the Cougars a 3-0 lead, carrying over into the final frame.

There, an epic special teams collapse was the culprit in a comeback for the Shamrocks, who notched three consec-With a pair of losses to the Erin utive power play goals to send the game to overtime.

> It took Alec Littlejohn less than a minute to beat Schomberg goaltender Vince Michelizzi, once again on the power play.

> > Otters tough

Thursday's final battle with Erin In an attempt to shake things up, seemed all but over just five minutes Alex Traikos got the nod between the

the 20-15-3 Huntsville Otters.

goals in the second period in a 4-0 shutout loss. Huntsville goalie Nathan Antonides stopped all 39 shots he faced in 25 points up on the second place Otters the contest.

The loss was the sixth in a row for Schomberg, picking up only one point in dreaded match-up, the road forward is the three-week period.

This level of play nearing the end of the season could have drastic consequences for the Cougars. While a spot in the post-season is already secured thanks to the basement-dwelling Orillia currently tied in seventh place in the played one more game. nine-team league, and are very much in position.

That would set up a first-round meet-

experiencing a season never before seen He fared no better, allowing three in the Junior C league. The perennial powerhouse team has lost just one game both on the road and at home, and are heading into the final weekend of play.

In order for the Cougars to avoid that paved with cruel irony. Both remaining games on the schedule are against the Hornets, a home-and-away series that starts Thursday at 8:30 p.m. at the Trisan Centre.

Currently tied with the Shamrocks at Terriers' elimination, the Cougars are 29 points (13-22-3), Schomberg has also

For stats, schedules, and more infordanger of dropping into the last playoff mation, visit www.schombergcougars. com.

Juvy Red Wings looking to repeat as OMHA champs

By Jake Courtepatte

It's a lofty goal, but the Juvenile Schomberg Red Wings look primed to retain their belt as Ontario champions.

Having finished the regular season in third place (15-4-1) in the Eastern Ontario Minor Hockey League, the Wings drew the Newcastle Stars in the first round of the post-season, a team on the other end of the spectrum, having finished the season with four straight losses.

And Schomberg has just kept them coming.

The series opened last Friday at the Trisan Centre, with Cameron McKnight providing the first goal mid-way through the first period on a shot from the point. From there the floodgates opened, taking Game 1 by a final score of 5-0, and an early lead in the six-game series.

Offensively, the Wings didn't slow down for Sunday's road game, taking a commanding lead in the series with a 6-3 win in Newcastle.

Last year, it took the Wings six games in the OMHA championship series to come out on top of the Beverly Bandits as the province's "CC" division winners.

While obviously among the favourites to repeat, they are hoping not to make the same mistakes that cost them a back-to-back title of a different sort just two weeks ago.

The reigning champions of the 2015 International Silver Stick tournament in Mooretown, it seemed like a case of deja-vu in this year's incarnation in early Januarv.

They breezed through both the Wainfleet Wild and Central Perth Drive in round robin action, steadied only by a 3-3 tie with the South Bruce Blades to finish the round undefeated.



A 4-0 shutout of the Lambton Shore Predators in the semi-final set up a championship date rematch with the Blades.

A hard-fought contest proved to be a goalie battle, with the Blades taking the title from the Wings in a 2-0 shutout.

You can catch the Wings back in action this Saturday against the Stars at Trisan Centre. Puck drop is set for 4:50 p.m.

Brendan Spencer (left) and Blake Culley eye down the puck against the Huntsville

Otters on Friday. The 4-0 loss brought the Cougars' losing streak to six games.

Photo by Jake Courtepatte



Curlers achieve commanding performances

By SHELLEE MORNING

On any given night curlers may be lucky enough to witness some of the finest curling in the land and last week the sheets of King experienced some rather command performances by some of its own members. The calibre of curling within the club, in only its 5th season of operation, has amplified to now being one of "the" clubs north of the GTA.

Fausto Mussato spared for Team Howard (in the Thursday Mixed League) throwing second position rocks, and was undoubtedly on fire. Whether it was a guard or a come-around to the four foot ring, Mussato complied. And never once losing his composure to nerves when the game was indeed, a high pressured contest. Adding to his list of play making accomplishments were numerous controlled take-outs where the shooter rock would be left in the rings to be contended with by the opposition. His solid play making allowed his team to get back into the game after a 7-0 start for their challengers.

Mussato was a key component for his team and even though it was still a loss, they chipped away at the board closing from the hack with a stick. This past

game that showcased Mussato as he carried out a personal best performance.

Claude LaLonde, a member of the Friday night league, found his rhythm by the 3rd end of his game executing 2 perfect draws – once to the 4 foot ring, and then followed with another to sit as a guard on the 8-foot ring. By doing this, LaLonde set the end up for his Vice and Skip for a commanding lead as they headed to the forth. Throwing a 40-pound piece of granite is difficult but to do it accurately is another thing altogether. LaLonde zeroed in on his skips broom and precisely threw takeout weight with expert ease. LaLonde continued throughout the remainder of the game with a strong performance with his help in aiding his team to victory. In only his 3rd year of playing, LaLonde is well on his way to a very rewarding curling career.

Enzo Gianfrancesco, The gentleman with a warm smile who can make you feel happy about life. He is competitive but tranquil. Gianfracesco who has been curling for a few years has made the switch from sliding from the hack to walking he curled this way for decades.

Gianfrancesco targeted the broom, measured his walk with an even pace, and turned the stick's handle ever so slightly, for that right amount of curl. Playing Vice-Skip, he is most certainly a curler to reckon with especially now with his weapon of choice to which he seems to have caught on and grasped like a pro!

First-year curler Nicole Redigonda is turning heads in the Tuesday night Ladies League. Redigonda, who plays Lead for Team Abbotts, joined the club in October, but had a few pre-season lessons on the living-room floor of friend and Skip Torie Abbotts' home last summer. This was all in preparation for her first game on the ice. Whatever was discussed or practiced on the floor has certainly paid off.

Nicole pushes from the hack with authority and has mastered a soft touch de- your family for at a cost of \$5 per person livery. Solid balance is key to which Nicole has conquered and while delivering a ter please visit www.kingcurling.com and guard still seems a challenge to the rookie, look for the Family Day link on the right she improves her weight game each week side of the page under Upcoming Events. she comes out. During last week's play Hurry hard and register early!

the gap for a 10-9 loss. A remarkable Thursday was his first game in using the Nicole effectively took out her opponents stick and as a spectator, you would swear rocks when they were on top of the rings or back of the house establishing herself to being a very stable and solid curler.

Club hosts Family Day fun

Monday Feb. 15, the King Curling Club is inviting anyone who would like to try the sport of curling at the Trisan Centre's curling facility in honour of Family Day.

Learn the basics, have some fun and throw a few rocks at the house. Basic equipment (brooms, sliders and grippers) and coaching are provided for free and light snacks and drinks will be on hand throughout the day for registered participants. Children must be 7 years or older and those between the ages of 7-12 must wear a helmet.

All children must be accompanied on the ice by an adult. There are various scheduled times that you can register or \$15 for a family of 3 or more. To regis-



sive. Call H.R. Horizon Realty Ltd., Brokerage 416-706-0419

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Tottenham room for Available Feb. rent. 15th. 705-434-7346

303 BUSINESS SERVICE

ADVERTISE ACROSS ONTARIO or across Canada, in a blanket classified ad. Choose the area you want to cover. Rate structure: Up to 25 words - all Ontario \$429, Central Ontario \$139, Eastern Ontario \$143, Western Ontario \$133, Northern Ontario \$82. All rates subject to H.S.T. For all of Canada or additional words or further information call this newspaper at 905-729-2287 or 1-888-559-2287.

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\$17/hr. Resumes only, no phone calls Only qualified persons will be contacted DaveG@motivatedstaffing.com 905-951-6330 Fax

905-951-6300 Phone 866-274-7231 Toll Free

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REGISTERED NURSE: Casual & part time positions available in busy family practice. Drop off or mail resume to:Tottenham Medical Centre, 119 Queen St. N., P.O. Box 2000Tottenham On., LOG 1W0. Successful applicants will becontacted for an interview. SNOW

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required to help Loretto plower in Richmond Hill area. Call Rick at 647-888-0180 or rick@del-

ing the horses as well as various other chores around the farm. Working knowledge of farm machinery is definitely an asset. Compensation to be determined based on qualifications. Only selected candidates will be contacted. Please forward your resumes to Careers@jrlhvac.com

position could

duties to include but

not limited to feeding,

mucking and exercis-

Newspaper

set - \$60, Antique solid walnut chest - \$185, 6 gallon preserving jar -\$65. Call 905-936-5301

707 BIRTHS

DONOVAN-WESLEY DOMINIC, was born January 14, 2016, 7 lbs. 8 oz. A Brother for Mya! (nee Proud Parents: Tim & Amelia Donovan, Proud Wednesday Grandparents: Tom & 20th 2016. Darlene Donovan, Dominic & Wilma Marchese, Great-Grandparents: Jacob & Marie Korevaar and Newmarket.

708 DEATHS

BAHEN: Leonard Allen (29 year member of New Tecumseth Fire/ Rescue, Station 2, Beeton).

Suddenly at his home in Beeton, on Saturday January 23rd, 2016. Len Bahen, at 59 years of age, beloved husband of the late Kathy (Winter) and loving companion of JoAnne Beram. Loving father of Nicole. Dear brother of Rick (Bonnie), and Christina (Paul) Donner. Sadly missed by his many nieces, nephews, greatnieces, great-nephews, brothers and sisters-inlaw. The family received friends at Rod Abrams Funeral Home, 1666 Tottenham Road, Tottenham, 905-936-3477 Tuesday January on 26th from 7-9 pm and Wednesday January 27th from 2-4 and 7-9 pm. Funeral service will be held in the chapel, Thursday January 28th, 2016 at 11:00 followed by cremation. Donations in Len's memory to the Beeton Firefighters Association, 130 Prospect Street, Beeton, On., L0G 1A0 or the charity of your choice would be appreciated by the family. www.RodAbramsFu-

neralHome.com.

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TAYLOR: Helen 710 CARDS OF THANKS Helen Frances Taylor

Frances

Janice, Patty (Brian),

and her God-daughter

Maureen. Nana will

love by her grandchil-

dren: Meaghan, Sarah

(Hugo), Michael, Lisa,

Scott, Trevor, Andrea,

and Laura. Helen will

be missed by her many

nieces and nephews

and by her extended

family, especially Jay

and Paul Feehely and

their families. The fam-

ily will receive friends

at Rod Abrams Funeral

Home, 1666 Tottenham

day January 30th 2016

from 10:00 am until

11:45 am then to St.

James Church Colgan

for Mass of Christian

Burial at 12 noon. In-

terment, St. James

Cemetery Colgan. In

lieu of flowers, dona-

tions to the Southlake

Regional Health Centre

Newmarket, would be

appreciated by the fam-

FuneralHome.com

www.RodAbrams-

Tottenham, (905)

3477, on Satur-

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936

ily.

Walsh) passed A BIG THANK YOU to away peacefully on my family for the won-January derful 90th party they Born May put on for me. Thanks 5, 1940 in Tottenham, to friends, neighbours, Ontario and long time acquaintances for the resident of North York cards, gifts, phone Precalls, flower arrangedeceased by Kent Tayments etc and for all the Predeceased by people who attended. parents Joseph You made my day! Speand Agnes Walsh, and cial thanks to Jean Sirr her siblings Bill, Mary, and Nancy Watson for Gladys, and Thomas. the lovely luncheon they Helen will be dearly provided. Thanks again. missed by her daugh-Olga Severn. ters: Kim (late Allan),

WOULD LIKE to extend a heartfelt thank you to my family and friends for joining me to celebrate my 80th birthday. Your gifts, cards, flowers and well wishes were more than I could have ever hoped for! I am truly grateful for all the people that have touched me so deeply on my special day. Joan Burton

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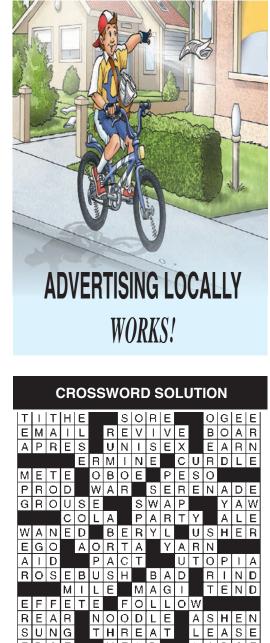
family for watching over ical res Mom. If it wasn't for your support, we wouldn't have been able to keep Mom where she was. Thank you to Rod, Alan and staff for your personal service that we

don't take for granted and really appreciated. Thank you to the wave of support from everyone since Mom's passing, the food, cards and phone calls. This means so much to all of us. It will never be forgotten.

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A S H E N L E A S E

LAPSE

Seniors invite all to their pancake supper

King's Corners

King City United Bv Eleanor Frv

The third Sunday after Epiphany. Rev. Evelyn continued with the stories of the parables of Jesus.

Jairus was Jewish. He was part of the religious officials who were very wary of Jesus. His daughter was very sick. He could do nothing further to help her. He goes looking for Jesus to heal her. Into the midst of this story comes another person. She has also heard about this preacher who heals. For 12 years she has hemorrhaged. It's natural for a woman. We bleed. But she was looked upon as unclean. For 12 years no one would acknowledge that she existed, being thought of as not worthy of being with anyone else. She approached Jesus and just reached out to touch the edge of his garment.

Meantime, Jairus is pushing his way through the crowds to get to Jesus. He wants Jesus to come with him to heal his daughter. Suddenly Jesus stops. "Who touched my clothes?" The woman, trembling with fear, stepped forward and confesses what she did. Jesus says "Your faith has healed you. Go in peace and be free of your affliction."

But what about Jairus? They arrive at his house too late. They are met by mourners and wailers. Jesus wonders what all the fuss is about. The girl is merely sleeping. He says to the girl "get up" and she does, and wants something to eat, completely healed.

Where do you go for your healing? You go to the source. You go to Jesus. You speak the truth. You let go and let him raise you to wholeness and into a new life. MARK 5: 21 - 43.

Tea and Talk was a busy one last Friday. Nine people enjoyed lots of conversation and laughter. Join Rev. Evelyn and company at Sunset Grill each Friday at 10 a.m.

Bible study continues each Wednesday at 10:30 a.m. in the chapel. Join in for discussions on the upcoming scriptures and sometimes go for lunch.

There will be NO Bell choir or vocal choir practise this week January 28.

"Love ... Ain't it Crazy!" is fast approaching and arrives Saturday (Jan. 30). Spaghetti dinner at 5:30 p.m. with the concert to follow with Sandra Kirby and Oleg Samohkim accompanying. Enjoy Gershwin songs, love songs, and many old favourites. Tickets are \$25, available through our office 905-833-5181, email kcuc@bellnet.ca. Get your tickets promptly. A few remain. What a wonderful Valentine's date.

Sunday, Feb. 7 is our annual congrega-

freshments will be served at the back of freshments. The date has been changed, \$40. This amount includes your lunch. the sanctuary.

Valentine's Day is Sunday, Feb. 14. Wear red and stay for a potluck lunch. There will be a quiz about Valentine's and we hope to sing some love songs. Invite everyone you know.

On Sunday, March 6 a "Downtown Abbey" tea is being planned. Dress up as your favourite character. You will be home in time to catch the last episode. Watch for further details. Rev. Evelyn and Flora Passini would welcome some help and any ideas.

News from Lorne Barker. His mom Mary Barker is now in a nursing home nearby, but Don remains in Appleby Place. We continue to hold both Mary and Don in our prayers.

Our Sunday services are at 10 a.m. with Sunday School. 50 Elizabeth Grove, King City. Join in for refreshments after. For any information call our church office 905-833-5181 email kcuc@bellnet. ca.

Reverend Evelyn McLachlan may be a.m. reached at kcucmin@bellnet.ca.

King Bible Church

Join us on Sunday, Jan. 31 as Pastor Mark Nowell will be continuing our sermon series "Gospel Shaped Outreach" with What is the Gospel Plan?

We have Celebration Zone available downstairs for kids aged 4-Grade 6. We also have a Youth Bible Study for students in Grade 7-12. They meet 2-3 Sundays each month. Please see our website each week for the schedule.

We have nursery available downstairs for babies 0-3.

Each week the children in Grade 1 and older will join their parents for the beginning of the service until they are invited to go downstairs. We ask that you sign in your child at the Celebration Zone table in the foyer before bringing them into the service or taking them downstairs.

Our Overtimers group invites everyone to join them on Tuesday, Feb. 9 at 1 p.m. Our resident naturopath, Danielle Sinclair, will tell us about naturopathy, acupuncture and food issues. We will begin with a time of refreshments and fellowship.

It's time for our classic SuperBowl Party again! Come and enjoy a fun night of fellowship and great food! We will also have some halftime fun, so brush up on your NFL trivia.

It will be held Sunday, Feb. 7. Dinner is served at 5:30 p.m. before game time which is 6:30 p.m. Please call or email the church if you are interested in joining us – 905-833-5104 or info@kingbiblechurch.com.

and be part of the life and work. Re- ing sausages, scrambled eggs and re- exercise. The cost of the workshop is so mark your calendars for Tuesday, Enrollment is limited to 60 persons. The Feb. 16 at the Centre. There will be two sittings for this popular event, one at 4:30 and the second at 6:30. Tickets are \$10 for adults, \$5 for children and are available form Mary Aldcroft at 905-833-0448, Carolyn Kanitz at 905-833-0792 or Vince Cancelli at 905-833-6305.

King City Seniors Travel Club

Early registrations are now being accepted for trips in March and April. To make a reservation, please call Jane at 905-833-5870 or Carol at 905-833-3324. Everyone 55+ years is welcome.

Wednesday, March 9 we will be travelling to the Old Mill in Toronto for their wonderful buffet, followed by "Spy School," presented by Mysteriously Yours. This event is always a popular one, so be sure to make your reservation early. The cost is \$109 per person and the coach leaves the King City arena at 10:30

the Toyota manufacturing facility in Nursery Care take place during the wor-Cambridge with lunch at the Old Marine Restaurant. We will also be making a stop at the Ontario Christian Gleaners Foods in Ancaster, where day-old food is processed by Mennonites and donated to Third World countries. The cost is \$81 per person with pickup at the arena at 8:30 a.m. There are a number of restrictions on prohibited clothing materials as well as items that cannot be taken on the Toyota tour. For a complete list, check the bulletin board at the Seniors' Centre, or pick up the information upon registration.

Wednesday, Feb. 10 everyone is welcome to join our Travel Club for the very popular annual "Destinations" party. The festivities get under way at 2 p.m. at the Centre. At this time you will be entertained with travel plans for the coming year, including details on all the finalized trips, and you will have the opportunity to pre-book the trip(s) of your choice. We look forward to seeing all our regular travellers, as well as welcoming some newcomers. Please join us and bring your friends. Light refreshments will be served.

York Pines Church

The York Pines Church announces its sponsorship of a workshop on Saturday, Feb. 27 from 9 a.m. to 4 p.m. The workshop is entitled, "Aboriginal Cultural Competency." It is presented by staff from the Ontario Federation of Indigenous Friendship Centres in To-

payment of your registration fee secures your place. Please send your cheque to the York Pines United Church, 3150 the Lloydtown/Aurora Road, Kettleby, L7B 0G3.

For more information please call the church at 905-727-8118. It is a goal of the York Pines' congregation to draw closer to First Nations' peoples in 2016. This is a step towards realizing that goal.

St. Andrew's **By Kathy Patterson**

Is the Bible relevant today? How are we to read the scriptures and understand what's in them for us at this time -2016?

St. Andrew's invites you to join us this Sunday at 10:30 a.m. to hear the Rev. Dr. John Vissers preach on that topic. We're all encouraged to bring our questions and stay for lunch following the worship service where John will lead us Tuesday, April 5 we will be visiting in a Q and A. time. Sunday School and ship service.

> We have been blessed to have Pastor John Mills with us this month. He will continue to be with us most Sundays through to the end of March, however, John Vissers will be with us again March 6 (Communion) and March 27 (Easter Sunday).

> Last Sunday Pastor Mills had us read Isaiah 9:1-7 and Matthew 5:13-16. In his sermon he spoke to us about our Christian witness. As we look to Jesus, are we being the salt and the light that God would have us be?

> The King For Refugees information board was available to us following the church service. For information on this community-wide effort to sponsor Syrian refugees and how you might support this great need which impacts us all, go to www.kingforrefugees.org. Contacts are Kathy and Bill Patterson, 905-833-0391

The King City Lodge Visitation is Thursday, Jan. 28 at 2 p.m. Meet at the church at 1:30 p.m. to carpool.

The Youth Group started last Friday at 7 p.m., and have a new project to collect medical and school supplies to give to Lynn Vissers for Cuba. Lynn and John along with students from Knox College will be travelling there in February for a week.

Coffee and Conversation starts up again Friday, Feb. 5 at 10 a.m. with Lynn Vissers.

The Ladies' Prayer Group continues Tuesday mornings at 9 a.m. Join us to ronto. The workshop is intended to help pray or quietly reflect. It is such a blessnon-aboriginals to understand better ing to be together and as God has promthe cultural background of First Na- ised, He is with us, hearing and answering our prayers.

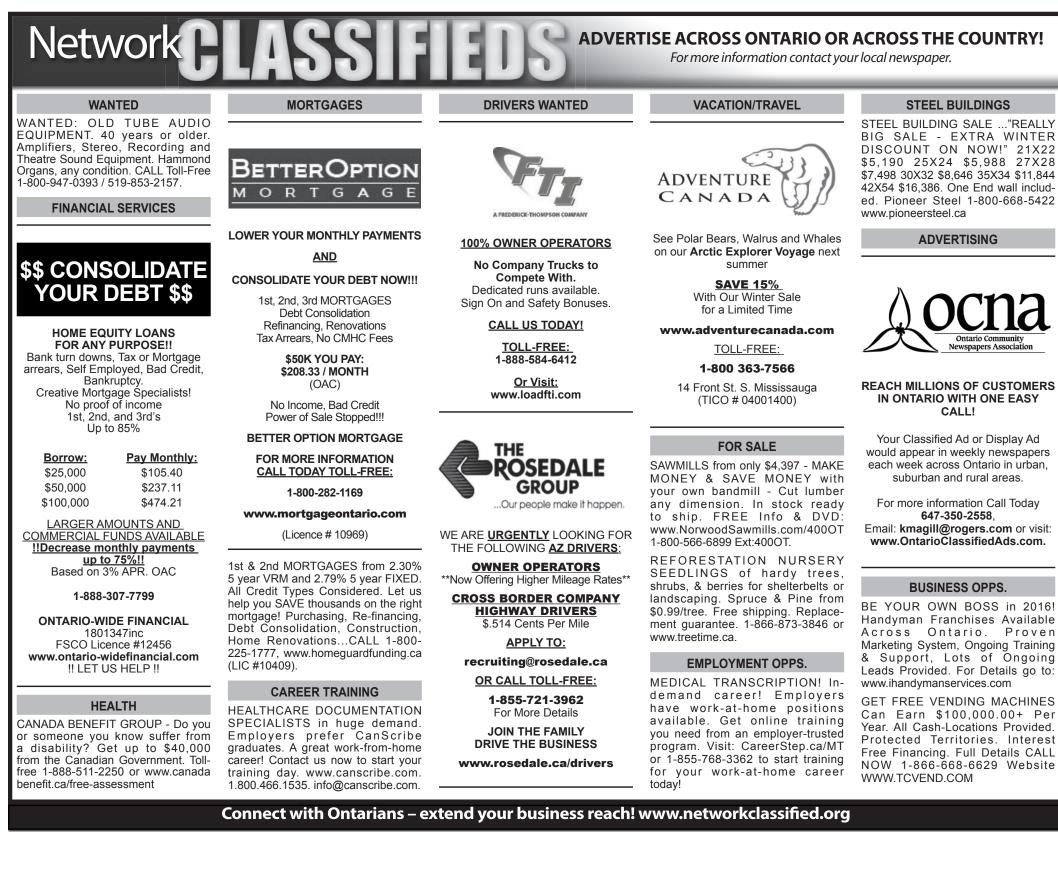
tional meeting immediately following a shortened worship. There are many important matters to be discussed. We need everyone to share your voice and

Seniors' Pancake Supper

tions' peoples.

Historical elements will be presented Everyone is welcome to the King City using a slide show, but the emotional vision. This is YOUR church, so come Seniors' annual Pancake Supper includ- scars will be felt through a simulation

See 'Pub' on Page 16



Lions host annual supper on Shrove Tuesday

Nobleton Notes

By Angie Maccarone 905-859-5174

St. Paul's Church

The Youth Group meets on Wednesday evenings from 7 to 9 p.m. Check here for details or contact our Youth Leader Taylor Scott at scottie tay@yahoo.ca or 289-338-2539.

A2J is a program for kids in Grades 3 to 6. A2J meets the 2nd and 4th Friday evenings each month from September to May. It starts at 7 p.m. and goes to 9 p.m. It promises an evening of Bible stories, songs, games, crafts, self-confidence building and lots of fun.

Join us Sunday, Jan. 31 at 10 a.m. as Jeff continues his series "Experiencing God Through Prayer." Jeff's message this week is "Coming Clean."

Taylor Scott has begun a program for the youth following the worship gathering. It is called 4:12 Unplugged. It is a chance for teens to hang out, drink hot chocolate and ask tough questions about God and to talk about the sermon

connected in the church.

On Tuesday, Feb. 2, the Ladies Who Serve group will meet for an afternoon of quilting at the church starting at 1 p.m. They are always looking for extra helping hands so please come join them Love, and giving us another chance. if you are interested.

years of age and younger) is provided during the gathering and our Regular KidzKonnection and NextStep Programs (for children ages 4 to 11) take place at the same time.

Jeff has a blog and he records his weekly messages there after worship each Sunday. Anyone interested in listening to his messages can go to www. passionatelyhis.com to hear them.

For more information about any of our activities or events, please contact the church office at 905-859-0843 or visit our website at www.stpaulsnobleton.ca.

Nobleton United Church By Nancy Hopkinson

On Sunday, Jan. 31, communion will be celebrated. All are welcome at the Lord's table.

One of the scriptures is 1st Corinthimessage. A fun, laid back way to get ans 13: 1-13, the one that is often read at

Pub night was a big success

From Page 15

For pastoral care needs please contact Lynn Vissers at the church office, 905-833-2325. Our church is located at 13190 Keele St., 2 blocks north of the King Rd. There is a ramp available for accessibility. www.standrews-kingcity.ca.

All Saints Anglican Church By Diana Armitage

Our Pub Night last Sunday was a great success. Thank you, Denise and Leah, and to all who came to enjoy the grub! We made over \$800 for the Refugee Resettlement Committee.

Thank you to Bishop George Elliott for serving as our Celebrant and Homilist last week.

January is Leprosy Month. Jo-Anne's piggy bank, at coffee hour, welcomes loonies and toonies!

weddings because it talks about love. or four student volunteers (teens or 20s) "Love is always patient and kind."

day. Feb. 9. from 5-7 p.m. The focus of

We remember God's re-creation of FirstLink child care (for children 3 the world after Noah and the flood. One it. We can train the volunteers to operof the activities is to make an ark using ate the equipment. Only one volunteer pre-formed pieces of wood. Bob Shar- would be needed each Sunday. If you er, an experienced wood crafter, has shaped the pieces of wood, sanded them hopkinson.ca or phone 905-859-0761. and pre-drilled them so that the children can screw the pieces together to church.com, our Facebook page, or call experience being a carpenter, like Noah 905-859-3976. The church office is norwas and of course Jesus and Joseph. mally open on Wednesday and Thurs-The other activities will include making origami boats, doves with feathers, regularly. We are located at 6076 King creating edible arks, making rainbows, Rd., north side, about 6 buildings west aqua play in a baby bath and decorating of Hwy 27. We have a big parking lot at cookies in the theme.

> Messy Church crafts and activities are from 5-6 p.m., then story time at 6 lifts for the 7 steps to get up or down and p.m., food at 6:15 p.m., and then socializing and/or doing more crafts until 7 p.m. Families are free to come late, leave early, whatever fits their schedule. There is no charge for Messy Church. Messy Church activities are run by Spring planned, beginning with the an-Nancy Hopkinson, Cathy Castator and nual Pancake Supper on Shrove Tues-Margaret Brookes, with assistance be- day, Feb. 9. The location is downstairs hind the scenes from Sheila Darnowski. at the Old Community Hall just north

> mous Pasta Dinner with pasta sauce Prices remain the same as last year and meatballs from Gino DiFebo's her- at \$7 for adults and \$3 for kids 12 and salad, buns and dessert. Tickets are \$18 dollar! Please come out and help your per adult, and \$40 for a family (12 and Lions Club support the community Adunder). For tickets call Linda Olsen at mission proceeds will be to be donated 905-859-0442. The meal is organized by to the Nobleton Skating Club. Gino & Sue DiFebo and Val Ball. There serve your tickets.

> on Sunday, Feb. 21. We have our regular streams including Canine Vision Dogs, Sunday service at 11:15 a.m., then lunch, Hearing Ear Dogs, and Service Dogs to then the meeting. All are welcome to at- help challenged Canadians overcome tend. We value everyone's opinion and a variety of impairments. Check out welcome new ideas for more outreach. www.purinawalkfordogguides.com for Do come if you can.

Nobleton United is looking for three

to operate AV equipment, especially our The next Messy Church is on Tues- power point presentations. We would give two community hours for each this Messy Church is on Love. God's Sunday service, 10:45 a.m. to 12:45 p.m., as this would involve setting the equipment up, running it and then storing are interested, please email nancy@

For more info, visit nobletonunitedday mornings. Messages are picked up the rear of the building, an accessible ramp at the rear of the building, chair accessible washrooms.

Nobleton Lions Club

The Nobleton Lions has a very busy Friday, Feb. 19 is the date for the fa- of the arena between 5 and 7:30 p.m. itage Italian recipe. The meal includes under. It's great value for your dining

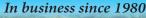
The Lions Foundation of Canada Puis only one serving, so call ASAP to re- rina Walk for Dog Guides is planned for Sunday, May 29. This walk helps pro-Nobleton's annual general meeting is vide funding for six different specialty much more information.

See 'Society' on Page 17





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Society already planning for spring shows

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After that comes the Nobleton Lions Annual Fund Raiser on June 5. This year the event is a Charity Golf Tournament to be held close to home at Nobleton Lakes Golf Course. This is the major fundraiser for the Lions Club, with proceeds planned to go to numerous organizations in and around town. Golfers and hole sponsors are invited to call Jim Kassam at KARS on King Rd. west of Hwy. 27 at 905-859-5277.

Watch this space for further details as the events get closer, and why not check out our website at www.nobletonlions. com

Free advertising is available to non-profit groups in and around Nobleton via the electronic sign at the library. Contact the Township of King for details on how to get your message up there at no charge.

Your support is greatly appreciated by the Lions and those who we support, in keeping with our motto, "We Serve."

The Lions Club is seeking new members at this time. If you are interested in helping your community become a better place to live while having lots of fun, please call Bob Phillips at 416-522-9675.

Anglican Parish By John Arnott

The Anglican Parish of Lloydtown will hold a weekend Youth Retreat at the Muskoka Bible Camp Friday, Jan. 29 to Sunday, Jan. 31. For more information, contact parish priest Rev. S. Ashworth at 905--939--2314 or email s.ashworth@ rogers.com or go to our website www. anglicanparishoflloydtown.com

Holy Communion services in the parish are held every Sunday morning at 9:30 a.m. at Christ Church Kettleby just south of Hwy. 9 on Kettleby Rd. half way between Jane St. and Keele St. Stay for tea coffee or juice and homemade treats following the service at 11:15 a.m. at St. Mary Magdalene's on Church St. in Schomberg. Children's focus and Sunservices.

AA meetings are held at St. Mary Magdalene's Mondays at 7:30 p.m. and bring your own lunch "Brown Bag Bible Study" happens Wednesdays at the same location a 12:30 p.m.

Myrrh

Bitter is the meaning of the word but myrrh the third precious gift brought by the Wise Kings for Jesus is bitter to the taste not to the nose.

Like frankincense, myrrh is a sap or resin from small trees found growing in the semi desert regions of Yemen, and Oman on the Arabian peninsula and Somalia that strife torn country on the Horn of Africa. Unlike frankincense, these trees belong to the commiphora (from the Greek for gum bearing) family and have long sharp thorns like our hawthorns.

At certain times of the year the tree trunks especially of the species c.myrrha are carefully slashed through their bark into the outer edge of the sapwood. The trees then react by exuding a waxy sap to close the wound. This clear to opaque resin hardens fast turning a yellowish brown which darkens with age and is then cut from the trunks.

In ancient times myrrh or "murr" in Aramaic, the dialect of Hebrew Jesus spoke, was much prized as an ingredient in the making of Ketoret, the consecrated oil used to anoint Jewish highpriests and kings It was also burned as an incense in temples including Solomon's Temple in Jerusalem. Moses made a holy oil using liquid myrrh and it is more than likely the prophet Samuel anointed David king of Israel with the same type of oil. The olive oil used to anoint our Queen during her coronation would have contained myrrh along with spices to make it fragrant.

This sap because of its antiseptic qualities was once used to coat cloth for bandaging wounds.

was offered water mixed with myrrh.

Perhaps as the St. Alban's Anglican community in Nobleton notes this is shows must have been in the exhibitor's symbolic in that the most important use of myrrh in the ancient world was a only be shown once in the year. somber one, to anoint the bodies of important people when they died. It could ing normal sized blooms and ready for be that this resin was used to ready Jesus's own body for burial.

Myrrh was widely used in the embalming of Egyptian pharaohs preparing them for their journey into the afshepsut Egypt's only woman pharaoh wanted brought back from the land of Punt (probably Somalia) by the historic members of the gesneriad family. expedition she sent there in 1493 BC.

comes as a bit of a letdown to find out that today myrrh is used as antiseptic like damp soil it is recommended it be in such unromantic mundane things toothpaste, mouthwash, salves for minor cuts and abrasions, medicine to relieve toothaches, indigestion colds and coughs.

However, myrrh used for centuries in herbal medicine is now being seriously re-examined by medical researchers for its now proven ability to kill certain cancer cells.

Horticulture **By John Arnott**

Do you grow that lovely popular hardy easy care house plant African violets? Well there are categories for this flowering plant in both Nobleton-King City Horticultural Society's (N-KCHS) Monday, March 21 and Monday, April 24 flower shows.

In March, you can show an African violet with single flowers or one with double flowers or a miniature with either single or double blooms. In the April show there are categories for single flowering and double flowering plants but if you have a miniature bring it along and it will fit one of the 2 cate-St. Mark in the gospel attributed to gories. If you have African violets to fit

day school are available during both him tell us that during his crucifixion more than one of the categories by all means bring them and show them.

> House plants for N-KCHS flower possession for at least 3 months and can

For keeping the plant healthy, producshowing African violets must only have one main growing part called a crown above the soil. If a plant has more than one crown the secondary one should be carefully pulled away and replantterlife so it's no surprise that this resin ed in its own container. African violets was high on the list of treasures Hat- are native to the tropical forests of east Africa and not really violets at all but like their distant cousins gloxinias are

Keep them in a place where they After its long fascinating history it won't get cold drafts. They like lots of light but not direct sun. Although they allowed to dry out just slightly between waterings. If at all possible water them from the bottom by setting the whole pot in shallow water until the surface soil is damp but avoid letting the soil become saturated. If you do water from the top try not to get water on the leaves so they don't get marked. Keep plants well dead headed to encourage new flower buds.

> Now if you don't have one you've still got time to get an African violet for the April show!

York EMS becomes 'Paramedic Services'

York regional council approved the renaming of York Region Emergency Medical Services (EMS) to York Region Paramedic Services. The renaming represents the multi-faceted skills of York Region's paramedics, which can make a life-saving difference to patients. Sophisticated treatments during transport and innovative health-care programs strive to achieve better health outcomes for patients, fewer emergency calls and decreased hospital stays.



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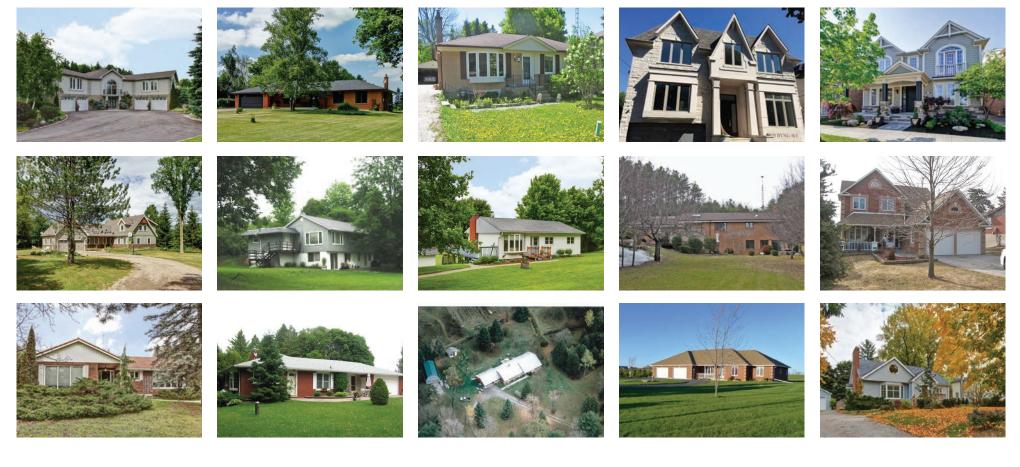
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